

Karuk Tribe of California



Quarterly Newsletter

www.karuk.us

Summer 2003 Edition

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-5305 • (800) 505-2785 (800-50Karuk)

Current Council Members and Term Limits

Alvis Johnson, Chairman	November 2003	Hermanett Albers, Member	November 2003
Leaf Hillman, Vice Chair	November 2006	Karen Derry, Member	November 2004
Carol Day, Secretary	November 2003	Robert Goodwin, Member	November 2005
Leeon Hillman, Treasurer	November 2006	Frank Wood, Member	November 2004
		Vacant, Member	November 2005

Notice of Election

Karuk Tribe of California

NOTICE IS HEREBY GIVEN that on Tuesday, November 4, 2003, the Karuk Tribe of California will conduct a Tribal election. Polling places will be open from **7:00 A.M. to 7:00 P.M.** at the following locations:

- Happy Camp Community Center "Old School Gym" 64326 2nd Avenue.
- Yreka Karuk Health Clinic Conference Room, 1519 South Oregon Street.
- Orleans Community Center, Highway 96.

TO BE ELIGIBLE TO VOTE: you must be an enrolled member of the Karuk Tribe and eighteen years old or older on the day of the election.

CANDIDATE ELIGIBILITY REQUIREMENTS AND PETITIONS: will be available on **Tuesday, July 22, 2003** at the Housing Authority Offices in Yreka and Happy Camp, the Karuk Medical Clinic Buildings in Orleans and Yreka, and the Tribal Administration Building in Happy Camp. Nominating petitions and proof of residency must be returned to the Tribal Administration Office in Happy Camp **no later than 5:00 P.M. Friday, September 5, 2003.**

Subject Matter of Elections:

Council Positions:

CHAIRMAN	4 YEAR TERM
SECRETARY	4 YEAR TERM
MEMBER AT LARGE	2 YEAR TERM
MEMBER AT LARGE	4 YEAR TERM



**** ABSENTEE BALLOTS**:** Requests for absentee ballots must be signed by the voter requesting the ballot and his or her signature must be verified by one of the following three methods:

- 1) by a notary public
- 2) by two eligible voters of the Tribe
- 3) by providing a copy of a State, Federal or Tribal signed I.D. card.

Any request for absentee ballots must be submitted in writing, with a return address, to the election committee (P.O. Box 1016, Happy Camp, CA 96039) by **5:00 P.M. Tuesday, October 21, 2003.** Special circumstance exceptions can be made by majority vote of the Election Committee.

For more information we encourage you to call the Election Committee at (800) 50-Karuk or (530) 493-5305.



Karuk Contents:

- 2 Karuk People's Center Newsletter Submission Info.
- 3 Karuk Website Update
The Way I Feel
Clinic Grand Opening
Elder Homes
- 4 Contract Compliance Update
Karuk Ceremonial Dates
Quality Management Update
- 5 Karuk Senior Center
Maintenance Update
- 6 Karuk Language Restoration
New Physicians & RN
- 7 Hello From T.E.R.O.
Nurse's Corner
- 8 Yreka Head Start
- 9 Karuk Tribal Reunion Dates
Karuk Head Start
- 10 Finance Department News
Karuk Tribal Court
- 11 Karuk Tribal Dental
- 12 Karuk Mission Statement
Karuk Tribal Council
Newsletter Production

Karuk People's Center

Fred Nahwoosky

The Karuk People's Center has been open since September, 2003. Regular open hours are Thursday, Friday and Saturday from 10AM to 5PM. The Center has a Sales Shop, a library, an education classroom, a collections/archival storage area, a gallery and an office where the Karuk Language Program is housed. The phone number at the Center is (530) 493-5305, ext. 2201 for the gift shop, or ext. 2002 for Fred Nahwoosky.



The People's Center in Happy Camp, California



Sales Shop in the People's Center

held at the Siskiyou County Museum in Yreka on Tuesday, September 9 and at the People's Center on Wednesday and Thursday, September 10 and 11. Fifteen Native participants will be selected by the Smithsonian through an application process. Local Karuk and others are invited to attend at no charge. Call the People's Center for a copy of the training session agenda and let us know if you plan to attend and on which days so that we may be sure to have enough chairs for each session.

Sales Shop: The People's Center Sales Shop features locally made Native arts, silver jewelry, books, Native music CDs and People's Center t-shirts and coffee mugs. We also have Karuk flags, shirts and caps with the Karuk flag image and other products of interest. The Sales Shop purchases Karuk made arts & crafts for resale. Contact the Center if you are interested.

Displays: The displays in the People's Center Gallery include baskets, stone objects, a Karuk canoe and dip net, a dance dress and other local objects. A video plays in the gallery during regular hours.

Training Session: The People's Center will host a "Museum Basics" training session on September 9-11. Sponsored in collaboration with the National Museum of the American Indian, Smithsonian Institution, sessions will be

Tribal Members Art Show: The People's Center will sponsor a Karuk Tribal Member's Art Show in December, 2003. Creative minds and hands are invited to review the guidelines for the show and submit artwork for display and sale (optional). Call the People's Center (530) 493-5305 ext. 2202 or drop in for a copy of the guidelines and information about the show. A reception will be held in conjunction with the opening of the show in December.

Basketweavers Gatherings: The People's Center has received a grant award from the Seventh Generation Fund to host two gatherings of basketweavers in Happy Camp. We will host one gathering in the Spring of 2004 (possibly April) and one in the Fall of 2004 (possibly September). We hope to make these gatherings an annual activity. More information will be available in the coming months.



Newsletter Articles



If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@ca.ihs.gov. All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

Karuk Website Update

Sara Spence, Human Resources Manager

The Karuk Tribe of California is working toward the goal of having a Tribal Website up and running. Once completed, the website address will be www.karuk.us.

In the meantime, a site has been established at www.karuk.us/jobs where you can see what positions are open, what the salary range is, where the position is located, and view the full position description for the job. You can also download our employment application as a PDF file from this site. The site includes the contact information and the process to be followed to apply for a job.

As always, I will continue to update the telephone recording as often as possible at (800) 505-2785, extension 2047 for those of you who don't have Internet access. This is a pre-recorded message that lists the positions that are currently open.

I hope this new process of accessing information makes opportunities more accessible to those of you that are not in the local area!



Dennis Heffington, IHS Regulations Officer; Margo Kerrigan, Director of the California Office of the Indian Health Service, Alvis Johnson, KTOC Chairman, & Wes Valentine, KTOC Executive Director

Clinic Grand Opening

Wes Valentine, Executive Director

The renovation of the Yreka Medical and Dental clinic is finally complete. The grand opening was held on Friday June 6, 2003 with a dedication provided by Alvis Johnson.

In attendance was the Director of the California Office of the Indian Health Service, Margo Kerrigan, and Regulations Officer Dennis Heffington along with members of the Karuk Tribe and the surrounding community. We want to thank Dr. Stephen Bates for his generous donation which allowed us to commission the beautiful fountain sculpture by local artist and Tribal member Ralph Starritt which is displayed in our new entrance. We would also like to thank Indian Health Service for their assistance. Without their help, we would not have been able to secure the funding necessary to complete this project.

The Way I Feel

By: Panther Risling

All I want is to be free,
I just want to be me,
But I can't because I'm in here,
When you're in here you're filled
with fear,
The feeling I feel,
Is nothing but real,
It sucks living behind bars and steel,
The doors, I don't want them locked no more,
The pain I feel goes all the way to the core,
Having your family and friends knowing you're in here,
Makes you feel sore,
My advice to you,
Be cool, stay in school,
Listen to what your parents tell you,
Stay out of this place,
Come back you'll be known as a disgrace,
Live your life while you still can!



Elder Homes

Christina McMaster, KTHA

As you may be aware, Karuk Tribe Housing Authority Elders Homes in Yreka, Happy Camp and Orleans are currently being worked on. There is no completion date yet, but K.T.H.A is taking applications for placement in homes. Enrolled Karuk Tribal elders will be placed first, then placement will be based on the waiting list, so if you are an elder or know of an elder interested, please submit a complete application. For more information please contact K.T.H.A. at (530) 493-5434. Thank you.

Quality Management and Compliance Update

Lessie Aubrey, Director of Quality Management and Compliance

Barbara Snider, Quality Assistant



Because the Karuk Health Program was reaccredited for the third time, by the Joint Commission on Accreditation of Healthcare Organizations in March 2003, you may be thinking that our department doesn't have much to do, right? Wrong!

Besides maintaining compliance to JCAHO standards, which is a must, we are following many changes being made in the survey process. These changes will bring about strategy, structure, and procedural changes, as we rethink our work to conform to the Joint Commission's new survey processes. In addition, we must focus our attention on their priorities to ensure that standards and their intent are in compliance. Just for your information, safety is one of their highest priorities.

Compliance and HIPAA are new duties added to our list of responsibilities. Compliance and HIPAA are both programs that must be developed, and they both must consist of a plan and policy and procedures that must be implemented. They both originated from Federal Laws and Regulations, and constitute penalties for non-compliance.

Compliance is concerned with provider documentation in the medical record, and how it relates to billing and coding for Medicare and Medicaid reimbursements, and the quality of healthcare being provided. HIPAA, which stands for "Health Insurance Portability and Accountability Act", is concerned with patient privacy practices, and the security of transferring patient information. These are both works in progress from both the federal and Tribal side.

Contract Compliance Update

Erin Hillman, Contract Compliance Specialist

At this time, the Karuk Tribe administers 41 separate grants and contracts. These agreements are between the Tribe and different agencies from local foundations, county and state governments and the federal government. These contracts and grants fund programs within the Tribe to provide direct services to Tribal members from health, education and social programs, and programs like the ones administered by the Department of Natural Resources for the preservation of cultural resources that benefit the Tribal membership as a whole.

Since the beginning of 2003, grant writers and directors of programs within the Tribe have written 18 new or continuation applications for grant or contract funding for their programs totaling \$1,953,577. Since January, the Tribe has received notice of award of 19 applications for new or continuation funding. Some of these applications awarded were submitted prior to January 2003. These nineteen (19) awards total \$1,132,076. In addition, we have submitted the close out documents for eleven (11) contracts or grants that have been completed.

Prior to submission to funding agencies, all contracts or grant applications are reviewed by the program director responsible for administering the program and by at least two members of the management team, which, for the purposes of reviewing grant applications, include the Chairman, Vice Chairman, Executive Director, Chief Financial Officer, Contract Compliance Specialist, and Director of Self Governance. Upon completion of the review by the management team, the application is submitted to the Tribal Council for review and approval.

If you have a question regarding a specific grant or contract administered by the Tribe, please feel free to contact my office at 530-493-5305, ext. 2017. I will gladly answer your questions or put you in touch with the appropriate program director.

Karuk Ceremonial Dates for 2003

August 8-17, 2003: Jump Dance

August 21-30, 2003: Inam Pikyowish



September 6-15, 2003: Tishawnik Pikyowish

September 19-28, 2003: Katimin Pikyowish

Karuk Senior Center Program, Orleans

Babbie Peterson, Senior Center Supervisor

September 4 – 6, 2002 the National Indian Council on Aging (NICOA) held a conference in Albuquerque, New Mexico called “*Healing Ourselves, Healing Our Spirits, Healing Our World*”. Alvis Johnson, Merlin Tripp, and Babbie Peterson attended, representing the Karuk Tribe of California. There were 14 countries represented and 150 Native American Tribes, with 2,500 people 60 years old and older attending.



Bud Johnson & Merlin Tripp

May 2003, Viola Silva has volunteered to do the Strength Training Resources for Osteoporosis-Northcoast Group (S.T.R.O.N.G.) training to become a fitness class leader. Vi and Babbie have worked with a physical therapist from the Area Agency on Aging in Eureka, and are attending a class to become certified through the American Senior Fitness Association (SFA) to lead fitness classes.



This training and the equipment we are receiving is made possible from a grant for Innovative Osteoporosis Prevention and Education in Humboldt and Del Norte counties. Funding has provided training for 15 sites from Crescent City to Garberville with more than 250 people participating in weekly classes. Classes in Orleans are on Thursdays from 2 to

3pm, and everyone is welcome to attend. When our workers complete the SFA certification classes, we will start a class in Happy Camp.

We are in the process of creating a database of caregivers for those in need of these services to better meet the needs of our elder community. If you are a caregiver, please call us to be listed on our Caregiver Registry, and to be referred to potential employers. Caregivers who choose to be listed on the registry will be screened. This screening includes a criminal background check (with the California Department of Justice) and a reference check. We will also interview each caregiver who would like to be on the registry, and orient them to the caregiver registry. This is a new program, so please be patient while we collect the data to better meet your needs. Call us if you find that you need to hire a caregiver for yourself, for a family member or for someone else close to you. We will discuss your situation and assist you in identifying a caregiver whose skills fit your needs and preferences. We do have a caregiver support program that is able to offer limited respite care, and we can go over this with you when we discuss your situation and need for

assistance. This registry will refer caregivers to those who request care. The Tribal Caregiver Registry is not the caregiver's employer and does not pay for this service. This is an information assistance service only, and it is up to each family to hire and pay for a caregiver. We can assist you with information and help you contact organizations and agencies that may be able to help you with financial aid for these services. You may also contact us for information about upcoming classes, special training sessions and social events.



Panamnik Center, October 2002

Panamnik Center is moving toward completion. We are still working on the inside of the building, finishing the kitchen and furnishing the rest of the building. We have received funding for the Senior Center Kitchen and back up generator from the Labuda Family Foundation, Ben Chaney Foundation, Bertha Lytel Russ Foundation, Scott Valley Bank, and the California Endowment Foundation. Although this seems to be a slow process and people are very anxious to move in, we are very pleased to be receiving the support from these generous foundations so that we can set this beautiful building up and begin using it.



Maintenance Update

*Fred Burcell, HIP/Maintenance Supervisor
Trust Land Building Inspector*

The Maintenance crew has just completed construction of a new bathroom facility at the Katimiin cultural site. The building measures 16'x24' and has four toilet and four shower units divided into two rooms.

The crew is currently repairing and extending the irrigation system at the Happy Camp complex. After the irrigation system is up and working, the bathroom at the upper Head Start building in Happy Camp will be rebuilt. When that project is complete, both bathrooms in the old gym, the kitchen bathroom and the “old teacher's room” bathrooms will be rebuilt and updated. This of course, is in addition to the normal wear and tear maintenance and yard maintenance done every week.



ayukîi. naníthvuuy uum atáychurip. athithúfvunupma nikriit. káruk chi nuchúuphi!

Karuk Language Restoration Committee

Susan Smith, Karuk Language Program Director

Thanks to a three-year grant from the Administration for Native Americans, we are hosting a whole series of community language classes, a weekend immersion workshop, language teacher trainings, and developing a variety of Karuk language materials.

Phil Albers, Nisha Supahan and Elaina Supahan are teaching a class in Ashland, Oregon. They received college credit for the work involved in preparing and teaching the class, and a big yôotva goes to Phil for graduating with his Bachelor's degree from Southern Oregon University! For class times and locations, call Phil at (541) 488-4626.



Karuk Language Immersion Dinner held on June 19th at the Naa Vura Yeeshiip offices in Yreka.

Jim Ferrara is teaching a class in Orleans on Monday and Wednesday evenings. For more information, you can call Jim at (530) 462-4663. There may be language classes in the Yreka and Eureka/Arcata areas this summer. Also, mark September 14th and 15th on your calendar for the Karuk Language immersion weekend.

The Karuk Language Restoration Committee meets regularly to assist in the revitalization of the Karuk language. The committee consists of all Karuk tribal members present at each meeting. To make sure you are notified about upcoming meetings, let us know you'd like to be placed on our mailing list.

For more information on classes, to get on the Karuk Language Restoration Committee mailing list or to receive an application for the immersion weekend, call Susan Smith, Language Program Director, at (800) 505-2785, ext. 2205.

Karuk Tribe Welcomes New Clinic Physicians and RN to Yreka Clinic

Amy Coapman, RN, FNP

The Karuk Tribal Health Clinic in Yreka is pleased to announce the association of two physicians, Dr. Barbara North and Dr. Michael Hess.



Dr. Barbara North

Dr. North has been practicing in Yreka for over nine years, and now will be working out of our clinic on Wednesdays and Fridays. She brings a wealth of general medical experience with a special focus on women's health.

Dr. Michael Hess has just relocated his family to the Scott Valley. He is a Family Practice physician who will be working Monday through Friday for the next several months. His intent is to open his own office in Fort Jones, at which time he will continue to work out of our Yreka office two days a week. Dr. Hess is particularly interested in obstetrics and will be providing pregnancy care and hospital deliveries, as well as office procedures such as skin biopsies, laceration repairs, circumcisions and vasectomies.



Dr. Michael Hess



Sharon Denney, RN

We would also like to welcome the newest member of our nursing staff, Ms. Sharon Denney, RN. Sharon has worked in many areas during her nursing career, including corrections, office nursing, and as an educator.

The Karuk Tribal Health Clinic is now accepting new patients and all types of insurance, including Medi-Cal. Please feel free to drop by the clinic and see our newly remodeled facility and meet all the staff!

Hello, from T.E.R.O.

Judy Waddell – TERO Director

The Karuk Tribe TERO Office is in the ongoing process of updating all of the Skills Bank Files, and will be sending out new TERO applications throughout the coming months to all applicants who have not updated over the past year. It is important to keep all files “current” for future employment referrals from the TERO Office. When completing the new application, please include all new and current information such as:

1. Current Address and phone number.
2. Current work history.
3. Copy of Current Drivers License.
4. Copies of recent training certificates, etc.
5. Copy of current Resumé.



The TERO Office works in collaboration with the California Indian Manpower (CIMC) and the Northern California Indian Development Council (NCIDC) on a continuous basis with various training programs, and is continually seeking qualified individuals to apply for training slots as they are allocated.

TERO is currently seeking individuals interested in training in the “Medical Field”, “Construction Field”, and in the field of “Engineering” as there are current demands in these areas.

Please feel free to call the TERO Office at 530-493-5305 Ext 2030 to inquire about current job and training possibilities.

Thank you.

The Nurse's Corner

Information for Health and Wellness

David Eisenberg, PHN

Medicine at the Speed of Light

The Karuk Tribe is part of an exciting new program where a patient can be evaluated by a specialist hundreds of miles away without leaving the medical clinic. Recently the Orleans Medical Clinic installed a camera that takes detailed pictures of the retina, located at the back of the eye. This program is designed to reduce the need for patients to travel long distances by sending the image electronically to the doctor's office.

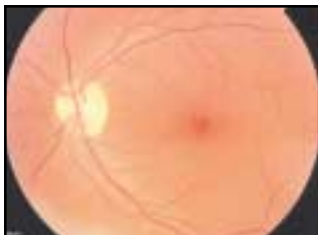


Image of the retina - the physician would evaluate the image to determine if there has been any change from the previous year.

The image of the back of the eye is scanned into a computer, then sent to an ophthalmologist for analysis. Three staff members, Tom Shellenberger PA, Bettysue Peugh LVN and David Eisenberg PHN received training at the Doheny Eye Clinic in the operation of the camera. The program is specifically designed to monitor patients who have diabetes. Over time, diabetes can damage the blood vessels in the retina. With early detection, some treatments are available to prevent loss of vision. Before this camera was available, all patients had to travel to Eureka or Yreka to be seen.

This system is an example of how the Karuk Tribe is continually looking for ways to improve the health of our patients. If you have any questions about this program, please contact David Eisenberg PHN, at (530) 493-2201 ext. 2115.



External shot of a normal eye.



Eye / Retina Camera

Karuk Tribal Head Start - Yreka Center

Cathy Scott, Yreka Head Start Teacher

Ayukii from the Karuk Tribal Head Start/Yreka Center. We had a great year starting with hot air balloon rides in September and ending with a class trip to the Family Fun Center in Central Point. The staff and families work hard to provide a great variety of fun, educational and cultural activities for our children. We enjoy singing songs in Karuk and English, and we implement the Karuk language daily in our curriculum. We provide a literacy rich environment and have daily activities that help children build skills in all developmental areas. Our staff is a great team and our teamwork shows! Our team consists of Cathy Scott, teacher; Marlene Rodriguez, assistant teacher; Josie Jerry, bus driver/aide; Betty Robinson, cook; and Nicole Finch, volunteer and temporary aide.

Please feel free to drop in and visit whenever you are in the Yreka area.

Twinkle, Twinkle Little Star Imsirih, Imsirih Ninamich Atayram

Twinkle, twinkle little star
Imsirih, imsirih ninamich atayram

How I wonder what you are
Tani xuti akay iim

Up above the world so high
Aah avahkam ithivthanen avarih

Like a diamond in the sky
Kunish imsirih as aha avahkam

Twinkle, twinkle little star
Imsirih, imsirih ninamich atayram

How I wonder what you are
Tani xuti akay iim



Friends, Friends Afyiiv, Afyiiv

Friends, friends one, two three
Afyiiv, afyiiv sas yitha, axax, kuyraak

All my friends are here with me
Koo vura nani afyiiv saas na koovan ook

You're my friend, you're my friend
Miikun nani afyiiv, miikun nani afyiiv

Friends, friends one, two three
Afyiiv, afyiiv sas yitha, axax, kuyraak

All my friends are here with me.
Koo vura nani afyiiv sas na koovan ook.

Karuk Head Start

Toni McLane, Head Start Director

The Karuk Head Start Program ended their school year May 23 with end of the year celebrations held at Happy Camp and Yreka. Fun was had by all. This past year the Head Start Programs focused on Child Profiles that succeeded in following each child's development throughout the year. All Child Profiles were shared with parents and sent on to Elementary Schools for those children who will be entering Kindergarten to provide teachers with assessment in the transition period. The programs also focused on child and family literacy, providing assistance to parents, and sharing literacy with children on the importance of reading, how to take care of books and library activities.

Head Start grants that have been sent to Head Start funding sources are partial funds for a new Head Start facility in Yreka and for Cost of Living Adjustments and Quality money.

Karuk Tribal Head Start, Yreka Center

Class of 2003



Back Row: Betty Robinson, Marlene Rodriguez, Cathy Scott, Nicole Finch, Josie Jerry.

Third Row: Breanna Williams, Daniel Thom, Jason Kelly, Nichelle Lafoon, Juan Cota, Nikki Finch, Kortni Bennett.

Second Row: Valerie Rodriguez, Gabriel Rodriguez, Gladys Donahue, Nathan Black, Lilo Finch, Kyanna Rice.

Front Row (sitting): Sadie Johannsen, Minnie Hockaday, Shyanne Killingsworth and Nikita Harrison.

(Not Pictured: Clayton More-Smith, Ryan Meyers-Jones.)

Please join us for our
7th Annual

Karuk Tribal Reunion



Saturday, September 27th
Sunday, September 28th
in Happy Camp

Head Start is Currently Recruiting 3 & 4 Year Old Children



Happy Camp & Yreka Karuk Tribal Head Start programs have openings for 3 and 4 year old children for the 2003 - 2004 school year. Three-year olds must turn three on or before December 2, 2003.

There will be a morning and an afternoon class in Yreka and a morning class in Happy Camp. Both will have classes Tuesday through Friday, with Mondays set aside for staff work days.

Our Children Deserve a Head Start!

For applications, please call 1-800-505-2785 to have an application sent to you. Please return the application to the Karuk Tribe Administration Office, Attention: Head Start.

Have a safe and happy summer from the Head Start staff!



Karuk Tribe of California Finance Department News

Laura Mayton, CFO

The finance department for the Karuk Tribe of California is a service department paid for by indirect cost revenue. A few of the many services provided by the finance department are listed below:

- Coordinates Budgeting Process
- Coordinates Financial Audit
- Draws Funds Down
- Makes Travel Arrangements for Staff and Council
- Monitors Contract Compliance
- Prepares Indirect Cost Proposals
- Processes Cash Receipts
- Processes Checks to Pay Vendors
- Processes Payroll to Pay Employees
- Provides Detail General Ledger Reports upon Request
- Provides Instruction on How to Read and Understand Financial Data
- Reconciles Bank Statements



- Statement of Expenditures, Encumbrances & Appropriations
- Tracks Fixed Assets
- Writes and Updates Fiscal Policies as Needed

The current finance department staff is as follows:

- Cecilia Arwood – Travel
- Tamara Barnett - Payroll
- Erin Hillman - Contract Compliance
- Tina King - Cash Receipts
- Laura Mayton – Chief Financial Officer
- Jamie Orge - Accounts Payable

The staff of the finance department is always striving to improve our performance and processes. If you have any suggestions or comments that may help us to improve, we would like to hear from you. If the fiscal department can be of service to you, please let us know.

Karuk Tribal Court Peacemaker Dispute Resolution/Mediation Forum & Indian Child Welfare Program

Michele Kerr

The Karuk Tribal Court is located at 500 Fourth Street in Yreka. However, the court will travel to Happy Camp and Orleans for matters approved. The Court is under the guidance of the Self-Governance Coordinator/ICW Program Administrator, April Attebury. After fifteen months of planning, research and technical training, it is anticipated that Tribal council will approve its codes, policies and procedures in the month of August. The types of matters to be heard or mediated will consist of KTHA Tenant/Relations disputes, TERO, and ICW legal matters. Furthermore, the Court is working towards offering a self-help clinic to assist in filling out court forms for Tribal members.

The Court has on board its own mediator, Marlon Sherman of the Oglala, Lakota tribe from Pine Ridge, South Dakota. Marlon has extensive background working directly with tribes and Native groups in the areas of negotiation, mediation, tribal self-governance, economic development, and government-to-government relations, including teaching, training, facilitating, grant writing and fund development. Marlon has received his law degree from the University of Colorado School of Law in Boulder, Colorado, and served for two years as legal intern for the Native American Rights Fund/National Indian Law Library.

The Court also has its own Paralegal/Clerk, Michele Kerr, who has a Bachelors of Arts degree in Ethnic Studies from California State University, Hayward. While working towards her degree, she interned for the Indigenous Nations Child and Family Agency in Oakland, California, which helped place Tribal children in Tribal foster homes. Michele has also obtained a Paralegal Certificate from Denver Paralegal Institute. Furthermore, Michele has recently passed the Notary exam, and the Court will provide Notary Public services at the end of August. The Notary is free to all Karuk Tribal members and \$10.00 for non-tribal members.



Currently the Court is advertising for proposals to contract for a Judge which should be filled by the end of July.

If you have any questions or need further information, you may contact the Tribal Court directly at (530) 842-9228.



Karuk Tribal Dental Department Activities

Vickie Walden, Dental Clinic Manager

Happy Camp Dental

We are still advertising for a full time dentist position in Happy Camp. We have Dr. Wakim, DDS, working in Happy Camp **when he has time available** on Fridays.

Appointment Information:

The dental clinics have very full schedules, so it may take you several phone calls to schedule a routine examination or treatment appointment. **There is a set time in the appointment schedule for walk in emergencies.** Please call for more information.

New Dental Services

Dr. Todd Weaver, DDS will be doing limited orthodontic treatment at the Yreka Clinic.

For more information call:

Yreka Karuk Dental: 1-800-371-8080 ext. 5.

Happy Camp Dental: 1-800-50 Karuk ext. 2150.

School Dental Screenings

In the fall during the 2003/2004 school year, we will be doing free dental screenings for our Head Start Program and for some elementary schools in Siskiyou County.



Dental Prevention Advice Oral Cancer Self Examination

You are at a higher risk for developing oral cancer if:

- you use tobacco products
- drink excessive amounts of alcohol
- you are exposed to sunlight on a regular basis
- have habits such as lip biting and cheek chewing
- have ill-fitting dentures

It is important to learn how to examine yourself for signs of oral cancer and to have regular check-ups in order to increase the chances of discovering the condition in the early stages before it progresses.

Some Early Warning Signs of Oral Cancer are:

- any sores on the face, neck, or mouth that do not heal within two weeks
- swellings, lumps or bumps on the lips, gums or other areas inside the mouth

- white, red, or dark patches in the mouth
- repeated bleeding in the mouth
- numbness, loss of feeling, or pain in any area of the face, mouth or neck

To perform the oral cancer self examination, just follow these 7 easy steps by looking at and feeling your:

1. Head and Neck

- look at your face and neck in a mirror. Normally, the left and right sides of the face have the same shape. Look for any lumps, bumps, or swellings that are only on one side of your face

2. Face

- examine the skin on your face. Do you notice any color or size changes, sores, moles, or growths?

3. Neck

- press along the sides and front of the neck. Do you feel any tenderness or lumps?

4. Lips

- pull your lower lip down and look inside for any sores or color changes. Next, use your thumb and forefinger to feel the lip for lumps, bumps, or changes in texture. Repeat this on your upper lip

5. Cheek

- use your fingers to pull out your cheek so you can see inside. look for red, white, or dark patches. Put your index finger on the inside of your cheek and your thumb on the outside. Gently squeeze and roll your cheek between your fingers to check for any lumps or areas of tenderness. Repeat this on the other cheek

6. Roof of the Mouth

- tilt your head back and open your mouth wide to see if there are any lumps or if the color is different than usual. Run your finger on the roof to feel for lumps



7. Floor of the Mouth and Tongue

- Stick out your tongue and look at the top surface for color and texture. Gently pull your tongue forward to look at one side first and then the other. Look for any swellings or color changes. Examine the underside of your tongue by placing the tip of the tongue on the roof of your mouth. Look at the floor of your mouth and the underside of your tongue for color changes that are very different from what is normal. Gently press your finger along the underside of your tongue to feel for any lumps or swellings

If you find anything out of the ordinary, particularly anything that does not heal or go away in two weeks, or that has recently changed, discuss it with your oral health professional or physician.



Karuk Tribal Council

Summer, 2003

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Chairman

Leaf Hillman,
Vice-Chairman

Carol Day,
Secretary

Leeon Hillman,
Treasurer

Hermanett Albers,
Member at Large

Karen Derry,
Member at Large

Robert Goodwin,
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Frank Wood,
Member at Large

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K.T.O.C. Staff,
Members &
Descendants

Printed by:
Mosaic Press,
Happy Camp

Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write or call and let us know your current address and phone number for future reference.

Karuk Tribe of California
Post Office Box 1016
Happy Camp, CA 96039-1016

Bulk Rate
U.S. Postage
PAID
Permit No. 2
Happy Camp, CA 96039

Karuk Tribe of California

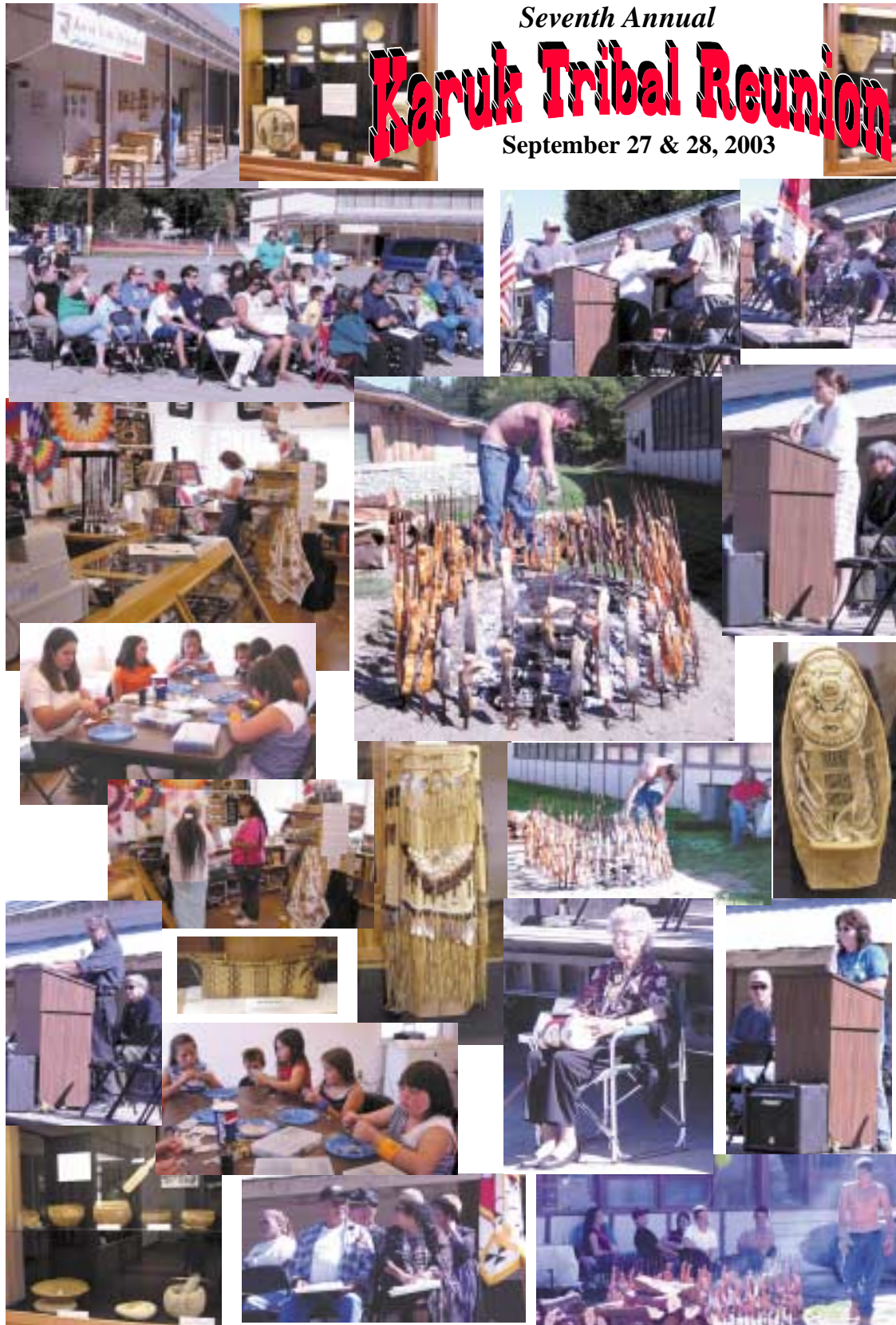


Quarterly Newsletter

www.karuk.us

Fall 2003 Edition

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-5305 • (800) 505-2785 (800-50Karuk)



Seventh Annual
Karuk Tribal Reunion
September 27 & 28, 2003

Karuk Contents:

- 2 Karuk People's Center Newsletter Submission Info.
- 3 Karuk Language News
New Tribal Pharmacy Maintenance Update
- 4 Karuk Tribe Wins Trophy
Shasta Hinkle at NYLC
- 5 Indian Gaming Funds
- 6 Contract Compliance Update
Hello From T.E.R.O.
- 7 KTHA Update
22nd Annual Elders Dinner
- 8 Karuk Head Start, Happy Camp
- 9 Karuk Head Start
Danae Clark Makes Dean's List
- 10 Department of Quality Management, Reunion Survey
- 11 Caregivers Class/Training
- 12 CHS Approved Levels of Care
- 13 Outreach Profile
The Nurse's Corner
- 14 Karuk Dental News
- 15 California Indian Day
Child Care Development Fund Grantees United
- 16 Karuk Mission Statement
Karuk Tribal Council

Karuk People's Center

Fred Nahwooksy

The Karuk People's Center is open Thursdays, Fridays, and Saturdays from 10am to 5pm, excluding holidays. Call the center sales shop for information or if you have questions at (530) 493-5305 ext. 2201.

Photo by Tonia Moro



Participants in the Karuk/Smithsonian Museum Training Workshop, September 2003, Happy Camp, California

Museum Training: September was a very busy month for the People's Center. From September ninth to the eleventh, the Karuk Tribe of California hosted a Museum Training Workshop for Tribal museums in partnership with the Smithsonian Institution's National Museum of the American Indian. The workshop focused on museum basics and covered a broad range of topics from starting a museum to collections

care and handling. The first day of the workshop was held at the Siskiyou County Museum in Yreka, California and the final two days were held at the People's Center in Happy Camp. The workshop was attended by fifteen Tribal museum workers from across the U.S. and Canada and ten local Karuk people from Yreka to Arcata. The workshop evaluation forms reveal an overwhelming excellent grade for all aspects of the experience. The Smithsonian hosts one or two of these workshops per year and we are fortunate that we were able to offer this training in our region.

Museum: On another front, the People's Center Museum gallery continues to develop. Recent changes include the display of cultural items that are on loan to the center from the California Department of Parks and Recreation Museum Collections, and from the California State Indian Museum; both located in Sacramento. From the state museum collections, we have seven baskets on display and from the State Indian Museum, we have several items including a jump dance basket, a deer skin apron with flicker feathers, dentalium beads, and three eagle feathers. Leo Carpenter, Jr. and Julie Burcell have facilitated the loan of these items and have prepared for installation in the gallery.

Sales Shop: The People's Center will have a ten-percent off sale of all items in the center's sales shop from November 20 to December 24. Please come by and shop for those special holiday gifts. We will have new shipments of music CD's, books, and jewelry in time for the sale.

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to **sspence@karuk.us**. All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, **January 15** for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

!! Job Website Reminder !!

Sara Spence, Human Resources Manager

The Karuk Tribe of California implemented a website to get job information out to as many people as possible about three months ago. Since its creation, the website has had 542 visitors and seems to be a success!

The address is www.karuk.us/jobs and the site contains detailed instructions for applying for positions as well as an employment application and position descriptions for all vacancies that can be downloaded as Adobe Acrobat files. If you do not have Adobe Acrobat Reader, you can download it free from their website at <http://www.adobe.com/products/acrobat/readermain.html>.

I continue to update the website and add more information. It includes salary and benefit information for prospective applicants and we are also listing our Requests for Proposals on the site. Please take a minute to look at the site and e-mail me any comments you may have!

Karuk Language News

Susan Gehr, Language Program Director

The Language Immersion weekend of September 13-14 went very well. It was attended by over thirty people, and provided a too-rare opportunity for us to hear our ancestral

language spoken. Bill Bright led a workshop on how Karuk grammar works. A similar event will be held in 2004, possibly in May.

So far, the Language Program has given away over fifty copies of the new video hùt ipíti: A Guide to

Karuk Pronunciation. There are some copies remaining. Please call or e-mail Susan Gehr at (800) 505-2785 ext. 2205 or sgehr@karuk.us if you would like a copy for your family.

Language classes have started up again for the fall. For more information on classes in Orleans, contact Jim Ferrara at (530) 462-4663. Regarding classes at Southern Oregon University, contact Phil Albers Jr. at (541) 488-4626. For classes in Happy Camp, contact Susan Gehr at the number mentioned above.

Thanks to André Cramblit, Karuk Language Restoration Committee Chairman, there is an e-mail group for those interested in Karuk Language preservation. It's called "Karuk Language Restoration Issues (Karuk Language)." The purpose of the group is to serve as a place for those interested in the Karuk Language to discuss items, events, learning strategies, ideas and more. There are two ways to subscribe to the newsletter. Either go to the following web page at <http://www.topica.com/lists/KarukLanguage/subscribe/?location=listinfo> or send an email to KarukLanguage-subscribe@topica.com

Once you've subscribed, you can post a message to the group by sending an e-mail to KarukLanguage@topica.com

Finally, Ed Battistella, Dean of Arts and Letters at Southern Oregon University in Ashland, asked me to remind everyone about the fact that enrolled members of the Karuk Tribe who live outside of Oregon can attend Southern Oregon University at in-state tuition rates. This status applies to all universities in the Oregon University System. Please go to <http://www.ous.edu/sr/nonres/> for details.



*Taken during the
Language Immersion Weekend:
(l to r) Violet Super,
Bill Bright, Susan Gehr*

New Tribal Pharmacy

Wes Valentine, Executive Director



To further improve the health services that we provide, the Karuk Tribe is in the process of opening a pharmacy on Second Avenue in Happy Camp.

The site is prepared and we are relocating our old Head Start building to be used as the new pharmacy. We hope to be open some time in November of this year.

We are in the process of developing guidelines for use of the pharmacy and instructions for use will be in our new patient handbook as well as the next issue of this newsletter.

I would like to welcome our new pharmacist, Michael DeHart, to our staff. Mike is an experienced pharmacist who has moved to Happy Camp with his wife and daughter.

We will be providing daily delivery service to both the Orleans and Yreka clinics so that our patients will be able to pick up their prescriptions locally. We are very excited about this new addition to our health program!



Maintenance Update

*Fred Burcell, HIP/Maintenance Supervisor
Trust Land Building Inspector*

The Maintenance Department has benefited from and enjoyed having Joe Alvarez on staff the last two months. The bathroom rehab project in the Happy Camp Multipurpose room is well under way. Both inner walls have been opened up so that access from the main big room is possible. The toilets are now handicap accessible in both bathrooms. New cabinets and sinks are being installed now. Several sprinklers were removed and the lines capped off so the pharmacy building could be moved in.

The siding on the People Center has started to pull away from the furring boards due to swelling as the boards get wet then dry out, so a clear sealant will be sprayed on this fall.

Karuk Tribe Wins First Place Float Trophy in Bigfoot Jamboree Parade



Tribal members and descendants danced for judges and parade onlookers at the Bigfoot Jamboree Parade in Happy Camp on Labor Day Weekend.



Vera & Cecilia Arwood with Tribal Chairman Alvis (Bud) Johnson proudly holding the first place trophy.

Hinkle Returns From Our Nation's Capital Shasta Hinkle Attends Junior National Young Leaders Conference

WASHINGTON D.C. - Miss Shasta Hinkle of Fort Jones attended the Junior National Young Leaders Conference August 9, through August 14, 2003. Shasta helped make history by attending this conference as this was the beginning of more sessions for middle school aged students. Shasta was one of 202 students hand-picked to attend these first conferences.

Miss Hinkle studied skills in leadership; i.e. character, communication, courage, problem solving, motivation, goal-setting, perseverance and teamwork. Shasta was able to meet young people from all across the United States. The students shared ideas, hopes for the future of our country, knowledge and friendships. Hinkle's days were long and very busy; she visited the Capital Building, Capital Hill, the FDR Memorial, the Lincoln Memorial, the Korean War Memorial, the Vietnam Memorial, Arlington National Cemetery, the National Museum of American History and had a sleepover at the Maryland Science Center. Shasta studied the Cold War time period in history.

"Traveling 3,000 miles away from home was an eye-opening experience", says Shasta. "I saw so many sights and experienced so many new things I shall remember all of my life. I am grateful I had the opportunity to be present at this history making event."

Shasta wishes to thank everyone who made donations to her fundraisers. Without the support of these individuals and organizations, this trip would not have been possible. Special thanks go to the Karuk Tribe of California for paying her tuition to the conference. All contributions were truly appreciated.

The Congressional Youth Leadership Council (CYLC) is a nonprofit educational organization. Founded in 1985, it is committed to fostering and inspiring young people to achieve their full leadership potential.

EDITOR'S NOTE:
Shasta Hinkle can be reached for a personal account at:

Miss Shasta Hinkle
14107 Quartz Valley Drive
Fort Jones, California 96032
(530) 468-2543



Indian Gaming Special Distribution Fund & Indian Gaming Revenue Sharing Trust Fund

October 9, 2003

Laura Mayton, CFO



In August of 2001 the Karuk Tribe of California received its first payment of \$300,000 from the Indian Gaming Revenue Sharing Trust Fund. Since that time, the Karuk Tribe has received several additional payments from the Indian Gaming Special Distribution Fund and the Indian Gaming Revenue Sharing Trust Fund. To date, the total amount received from these funds equals \$1,787,704.90.

Capital received from the Indian Gaming Special Distribution Fund and the Indian Gaming Revenue Sharing Trust Fund are different than most funds received by the Karuk Tribe because they do not have to be spent for a specific purpose. The Council has a great deal of discretion regarding their use. The Council has been questioned by Tribal members asking why the Karuk Tribe is not distributing the funds to its membership like some other Tribes, and wanting to know what the Tribe is spending this discretionary money on.

The following are some of the reasons the Karuk Tribal Council has decided not to distribute any of these funds at this time:

- The Karuk Tribe of California is the second largest Tribe in California. Currently, the Tribe has 3,234 enrolled members. Each \$100 distribution to the Tribes membership would cost \$323,400.
- The Karuk Tribe has expenses that can only be paid out of discretionary funds, and the Karuk Tribe's main source of discretionary funds comes from the Indian Gaming Funds.

The following details some of the items that the Karuk Tribe has spent Indian Gaming funds on:

- The Tribe has spent over two hundred and thirty thousand dollars on casino related expenses such as property, lawyers, and a feasibility study. These expenses are necessary to the Tribe's goal of becoming a gaming Tribe.
- The Tribe used \$115,577 to pay off the Karuk Building Center in Happy Camp. The Karuk Tribe of California is receiving payments of \$1,140 per month, which include 4% interest, from the Karuk Community Development Corporation to repay the \$115,577.
- The Tribe loaned \$200,000 to the Karuk Community Development Corporation.
- The Tribe spent \$126,713 to repay the BIA Compact for amounts overspent on programs in the early 90's. Most of the amount overspent, \$111,703 of the total, was for housing improvement projects.
- The Tribe has spent over one hundred thousand dollars of discretionary money in developing the new People's Center in Happy Camp. The People's Center is a cultural center which includes a museum, a library, and a gift shop. Basket weaving classes and Karuk language classes are held at the People's Center.
- Discretionary funds are also used for the newsletter, the Tribal Reunion, the free Spay & Neuter Clinic, sports, and other special requests.

The Karuk Tribe still has a fair amount of unspent discretionary funds. However, some of these funds have been obligated for new vehicles. Some of the new vehicles will replace older worn out vehicles with high maintenance costs and others will be used to reduce the amount of mileage that the Tribe must pay employees when they use their own vehicles for Tribal business. Some unspent discretionary funds will also need to be used to continue the pursuit of a casino.

Although the amount of money received from the Indian Gaming Special Distribution Fund and the Indian Gaming Revenue Sharing Trust Fund seems large, it is very small compared to the amount of profit that can be generated from a casino. It appears that using the Indian Gaming Funds to pursue a casino is a good investment for the Karuk Tribe of California and its membership.

Contract Compliance Update

Erin Hillman, Contract Compliance Specialist

September thirtieth marked the end of the Tribe's fiscal year. It is at this time my office becomes busy completing end of the year reports and accounting entries to close out programs and draw down funding that reimburses the Tribe for expenditures against those programs. Expenses and cash receipts are tied back to reports and draw down requests that are maintained in the contract and grant files. All these tasks are done for the purpose of preparing for the financial audit that will be scheduled in the spring of 2004.

In the last quarter, the Tribe's program directors/grant writers submitted ten (10) grant applications totaling \$1,697,737. Six (6) of these applications were submitted by Earl Crosby, Watershed Restoration Coordinator. Earl wrote these proposals to support the Department of Natural Resources



program that focuses on restoration of watersheds within the Karuk ancestral territory.

Other noteworthy applications submitted during this time were the Department of Justice, Tribal Court Implementation Project; Bureau of Indian Affairs, Water Management Planning; the Department of Health and Human Services Child Care Program; and submitted to the Department of Housing and Urban Development, a grant for the construction of a new Head Start facility in Yreka.

In addition, thirteen (13) applications were approved by funding agencies. These included funding for child care, Head Start, NAGPRA (Native American Graves & Repatriation Act), Karuk Language Program, Watershed Restoration, Library, and Title IVB (support for foster care) funding.

If you have any questions regarding the information provided above, please feel free to contact my office at 530-493-5305 extension 2017.

Hello From T.E.R.O.

Judy Waddell, – Tero Director

The Karuk Tribe currently employs 177 employees which includes Karuk Tribe Housing Authority (KTHA) employees. The TERO office keeps track of the percentage rates of Native American employment within the Tribe and offers the following calculations for the current year and the previous years of 2002 and 2000.

As you can see by the charts, there is a definite increase in the percentages for Native American employment throughout the Karuk Tribe, which reflects positively on the TERO program.

The TERO office is continually updating all Skills Bank files, and currently has 997 files in its Skills Bank.

Over the past month, there have been five California Indian Manpower Consortium (CIMC) trainee placements throughout the Tribe in; Medical Billing, Medical Records, Data Entry, the People's Center, and for a Tribal Court Clerk Assistant. We anticipate at least four more trainee placements over the next month.

Please feel free to call the TERO Office at 530-493-5305 Ext 2030 to inquire about current job and training possibilities.

Thank you.....

Judy Waddell – TERO Director

TERO Commissioners:

Carol Day
Dolores Voyles
Alvis Johnson
Vera Davis
Lynn Parton
Elsa Goodwin - Alternate

Data	Employees	Percentage Rate
March 2000		
Karuk Tribe Employees	107	
Karuk:	51	48.00%
Karuk Descendant:	4	5.50%
Karuk Spouse:	6	5.50%
Other Indians:	9	8.00%
Non Indians:	35	33.00%
December 2002		
Karuk Tribe Employees	139 including KTHA	
Karuk:	67	48.00%
Karuk Descendant:	9	6.50%
Karuk Spouse:	8	6.00%
Other Indians:	9	6.50%
Non Indians:	46	33.00%
October 2003		
Karuk Tribe Employees	177 including KTHA	
Karuk:	90	51.00%
Karuk Descendant:	13	7.00%
Karuk Spouse:	11	6.00%
Other Indians:	12	7.00%
Non Indians:	51	29.00%

Karuk Tribe Housing Authority

*By: Jessaca J. Lugo, Operations Manager
& Rhiannon D. Quinn, Administrative Clerk*

It is an exciting time for the Karuk Tribe Housing Authority. We are building a new administration building, putting in twenty-five (25) new elders' homes, and creating new programs to assist Tribal members and their housing needs. Some new and existing programs KTHA has to offer are:



Elders Modular Homes -Yreka and Orleans

Orleans: Drawing for the Orleans site is nearly complete, but our engineer is waiting on design information from PG&E to complete the utility drawings. Rod Hartman is following up with PG&E to expedite their information to the engineer. Bid solicitation will not be initiated until the week of 10/23/2003. The hope is to have the homes delivered to Orleans by mid December.

Yreka: Utility work is complete, and road construction and engineering work is underway. (No projected completion date is available at this time.)

Down Payment Assistance Program

This program is developed for first time homebuyers who are buying a home in the KTHA service area (Siskiyou and Humboldt Counties). This program will assist homebuyers with a down payment of twenty percent (20%) of sale price not exceeding twenty thousand dollars (\$20,000.00). There are four (4) available grants – two (2) low-income and two (2) 80-100%.

Mortgage Relief Program

This program is developed to assist the first time homebuyer who entered into a purchase contract within the last five (5) years and whose debt to income ratio exceeds forty-one percent (41%) of their income and their household income is between 80-100% of national median. The home must have been purchased in the KTHA service area

(Siskiyou and Humboldt Counties). The grant amount is a maximum of ten thousand dollars (\$10,000.00) and shall not exceed twenty percent (20%) of the value of the home.

Rehabilitation and Weatherization Home Improvement Loan Program

This loan program is developed to assist Tribal homeowners who live in the KTHA formula area, who qualify for very low to low incomes for paying the cost of minor repairs and improvements in order to make the dwelling safe and sanitary. The maximum loan amount is ten thousand dollars (\$10,000.00) and must be repaid at three percent (3%) per annum. within twenty (20) years.

Home Grant Program

This home grant program is designed to assist Native American families who are very low income, and are in need of house replacement assistance. Funds (not exceeding \$100,000.00) will be utilized for purchasing new manufactured homes, foundation, and infrastructure costs only. All home sites must have functioning water, sewer, and electricity services in accordance with county requirements prior to the placement of the manufactured home. Applicant must be an enrolled Karuk Tribal member, must be residing within the KTHA formula area, must hold legal title to property where house will be placed, and must be at or below thirty percent (30%) of Siskiyou County median income (approx. \$10,900 per year for two people).

Home Loan Program

This home loan program is developed to assist low to moderate income Native American families residing within the KTHA service area by providing home loan assistance for purchasing a home and necessary infrastructure construction (not exceeding \$100,000.00). The loan will be repaid by the borrower with a term of twenty-five (25) years at four percent (4%) interest. Five (5) loans will be available each year for five (5) years.

Please contact our KTHA office at (800) 250-5811 to receive the complete policy and procedures guide for the above programs and an application to apply.

Twenty-Second Annual Elders Dinner

The Northern California Indian Development Council is pleased to host the Twenty-Second Annual Elder's Dinner to be held from noon-4 pm on November 15, 2003 at Redwood Acres in Eureka, CA. The event also features an Inter-Tribal Gathering with California and Inter-Tribal dances throughout the day, which ends at 10 pm. There is no charge for entrance to the gathering. The dinner is free to all Elders (ages fifty-five and over). For those under fifty-five, a \$6.00 donation per dinner ticket is requested.

This event is sponsored by the Northern California Indian Development Council, but relies on the assistance of community partners and volunteers to help make the day a success. Donations are needed to support this effort. If you would like to volunteer, please contact Anna House at (707) 445-8451

Sara Spence

Karuk Head Start
632 Jacobs Way
Happy Camp, CA, 96039

Karuk Head Start

Happy Camp

Linda Davis-Site Supervisor/Teacher
Nena Creasy-Associate Teacher
Leona Peter-Cook
Denise West-Bus Driver

"We use the creative curriculum."



For more information
on our program, we
invite you to call
(530) 493-2929



Mission Statement

*"The Karuk Tribal Head Start Mission
is to establish a culturally diverse
quality program serving children and
their families."*



Philosophy

- To encourage each child to express their feelings
- To provide a safe, warm, accepting environment
- To foster curiosity, language skills, perceptual and problem solving skills
- That each child would be respected for his/her own personality and that your child would be held in high regard



Karuk Tribal Head Start

*Sylvia Parry,
Program Services Coordinator*

Head Start Nutrition

Head Start offers nutritious meals free of charge to all enrolled children. All children experience a variety of foods. We not only nourish the child's body, we nourish their natural curiosity about foods and help them explore new types, tastes, color, textures and smells. They also learn where the food comes from, and how it is grown or raised. Cultural foods are served when available. The Karuk Head Start has a reputation for having good cooks and serving delicious meals!

Head Start Transportation



Karuk Tribal Head Start offers bus transportation to all enrolled children. We have well trained and experienced bus drivers who comply with all California regulations. The most recent regulation (Head Start Program Performance Standard 1310.11), comes from the Head Start Bureau mandating all Head Start buses be equipped with child safety restraints (harnesses). These safety restraints have been installed in all three buses. Our bus drivers, children, and staff are busy adjusting to these time consuming apparatuses.



Yreka Head Start Car Wash

Cathy Scott, Center Supervisor

On October 1st we had our first Head Start car wash ever (we washed the teacher's car). This was a great skill building activity. The children learned how to share, since we only had two buckets and we had to take turns spraying the car off with the hose. We also learned about teamwork by all working together washing and rinsing. After three times around we reached our goal of a nice clean shiny car!

Danae Clark Makes Dean's List

Information submitted by Danise Talley

Danise Talley recently submitted a letter to the Karuk Tribe announcing that her granddaughter, Danae Clark, was on the Dean's List at Sonoma State University. She is in her third year there. Her parents are Dave and Diane Clark and she is the great-granddaughter of Jeff and Nellie Aubrey.

An excerpt from the letter she received from the Dean of Sonoma State University reads: "Congratulations on achieving the distinction of Dean's List for the Spring 2003 Semester. I know that making a grade point average of 3.5 or better, while taking a full schedule at the University requires not only intelligence, but also hard work and dedication on your part. In fact, this semester, only a small percentage of all Sociology majors did so."

The Karuk Tribe of California is VERY proud of Danae and wishes her the best in her academic future. It is truly wonderful to see our youth succeeding!



Department of Quality Management Karuk Tribal Reunion Survey Results

*Lessie Aubrey,
Director of Quality Management and Compliance*

The results of surveys conducted at the Karuk Tribal Reunion are analyzed by charting the data collected (your answers), and then checking the outcomes.

Who did we get our answers from?

Approximately sixty people visited our booth and out of that sixty, only fifteen completed the survey. The answers came from only twenty-five percent of our booth visitors.

The majority of survey responses came from female, Karuk Tribal Members between the ages of thirty and sixty, who live in the aboriginal territory, and vote in both Tribal and governmental elections. The survey indicates that thirty-three percent of the respondents work for the Tribe and the other fifty-three percent do not.

What programs are the most helpful (excluding health)?

Out of the many programs listed, these programs were selected. Housing received 3 votes, and Head Start, Naa-Vura-Yee-Ship, Childcare and LIHEAP, all received two votes. Social Services, Senior Nutrition, Self-Governance, Education, TERO, KCDC, and Enrollment received one vote each.

What Individuals have been the most helpful?

The following all received one vote; Tom Waddell, Melodee Conrad, Dolores Voyles, Barbara Snider, Carrie Davis and David Eisenberg.



*Tribal Reunion visitors viewing
display at the People's Center*

Questions:

Most responded that they had visited the People's Center or were going to. They thought it was very nice, but could benefit from a few improvements.

The majority of respondents were satisfied with the Tribal Newsletter, but would like to have additional materials; i.e., Council minutes, stories from the elders, letters to the editor (comment/complaints), and more information.



*Basket making materials on
display at the People's Center*

Surprisingly, most attend Council meetings, and believe the Council is approachable, but only four of the respondents were satisfied with the Council's management. Based on these comments, it appears members don't feel respected by their leaders.

Obtaining responses from at least one-hundred people would have made this survey more reliable. However, we did get a few thoughts from the individuals who answered.

Now that we have analyzed the outcomes, what would we do about our findings (act)? Finding out what programs and staff were most helpful was collected for informational purposes only. However, since twenty-five percent voted for them, I believe presenting them with a certificate would be appropriate.

The People's Center received excellent reviews, so we shall present them with a certificate as well.

A more in-depth follow-up survey regarding the newsletter and Council would be indicated to come up with specifics for improvements.

Results of the Karuk Tribe Health Program (KTHP) 2003 Patient Satisfaction Survey:

The results gave evidence that our patients like our staff and the kind and courteous care they provide. They were not happy with the long waits at their appointments and the difficulty in getting an appointment. These were mentioned as something they would change.

KTHP is planning on using these findings to do an in-depth study to improve these processes.

Caregivers Class/Training

Babbie Peterson, Senior Center Supervisor

We just completed our first thirty-hour caregiver class with seven people completing the course. These graduates serve as valuable community assets by honing their skills in this field.



*Caregiver Training Participants:
Sitting, Kathy Wheeler, R.N.;*

*Standing from left to right: Donna Zook- Happy Camp;
Tina Glasessner - Orleans; Rose Mary Davis - Happy Camp;
Gloria Bravo - Happy Camp; Lisette Ingalls - Orleans;
Kristen King - Orleans.*

*Not pictured here are
Babbie Peterson- Orleans; and
David Eisenberg - Happy Camp*

This training was taught by Kathy Wheeler, R.N., who works with the Area 1 Agency on Aging and the Hospice program in Humboldt County. If you talk with any of the people who attended the class, you will find this class allowed brought the participants a wealth of knowledge. They also have more confidence in caring for family and community members who need in-home care.

David Eisenberg, our Karuk Public Health Nurse, enhances our ability to bring to our area the service that outside areas are offering by teaching many health related classes on a local level. We will be offering this thirty-hour caregiver class annually in hopes that people from all our Tribal health care areas will attend.

Participants who are interested in chore work also filled out applications and submitted them to Lisa Aubrey's program. If an elder needs help with household chores, you can contact Lisa Aubrey for assistance through our Tribe at the administrative office in Happy Camp. If you or a loved one needs caregiver assistance in the home, start by asking for

assistance from your medical provider. They can refer you to agencies in the county who can assist you with financial needs and assessments for care.

The Senior Program will be sharing information about our class participants with our Tribal clinics and social workers. There are many programs available to assist seniors. County, state, and regional programs are funded to help seniors stay at home even if they have special needs for independent living. I am also available at my office in Orleans at **(530) 627-3440 ext. 17** and I can direct you to the appropriate agency if you have any questions about these programs.

Locally we have been working with the Happy Camp Family Resource Center, which has provided a room for the Happy Camp Senior Exercise Class. They are in the process of purchasing some small items, such as scarves, that are used in the class. We have also utilized the Happy Camp Family Resource Center when we need to borrow health care items such as bedside commodes, walkers, and other health aids. Although some items are available through a prescription and your health care coverage, it's nice to know we have these resources in our community. Many locals have donated equipment to render this community resource available. Your local CHR, Elder's Worker, or Public Health Nurse can usually help you through a tight spot. Whether it's a short or long-term equipment loan – don't be afraid to ask. We also have Humboldt/Del Norte County Senior Resource booklets we can give you. Although they are for specific counties, you will find much of the information is for state and national programs. If you are from out of the area, you will find toll free numbers to assist you in locating the information you need for your area.



*David Eisenberg,
Karuk Public Health Nurse*

As baby boomers reach sixty, our nation is reaching out to programs such as ours to meet the needs of seniors on a local level. What this means to us, is that funding will be opening up for programs that demonstrate they are meeting or exceeding government expectations. With your involvement, we will be able to offer some awesome programs to our elders. To continue to receive funding, we need seniors to participate in these programs and activities that are offered. Government and private grant foundations require us to show the number of people who receive their services. We cannot count people who do not participate, so the future of this program is a partnership with you, the people we work for.

CHS Approved Levels of Care

Marsha Jackson, RPMS Site Manager

It's that time again when Contract Health Services (CHS) policies and procedures are reviewed and updated. In October, the CHS department submitted new policies and procedures to the Health Board, and were approved. Below is a list of the approved levels of care. We are currently covering to level 2 (II). There are many policies and regulations a person must abide by in order to be eligible. A copy of all approved policies and procedures are available at any of our clinics and/or you can contact CHS at (530) 493-5305 x2155, 2151, or 2156. Please contact us if you have any questions regarding these policies. Our office hours are Monday through Friday from 8am to 6pm.

Karuk Tribal Health Program CONTRACT HEALTH SERVICES APPROVED LEVELS OF CARE

Policy # 10-105-019

I. Purpose: To specify the Levels of Care approved by the Karuk Tribal Health Board.

A. Policy:

1. Level I:

- a) All prescription medications (Temporary)
- b) Pregnancy related items
- c) Nutritional Supplements (Temporary)
- d) Head Lice Medicine (Temporary)
- e) Abortion Services:
 - 1.) Only when necessary to save the life of the mother, or in the case of rape or incest, consistent with federal regulations.
 - 2.) With a written Dr. Report stating the cause of the complication.
 - 3.) With a written referral from the referring Karuk Tribal Health Provider.



2. Level II:

- a) Consulting Services (Evaluation & Management Services)
- b) X-rays
- c) Lab services for Students & Transients when the professional service has been approved for payment by CHS
- d) Diagnostic Test
- e) Emergency Services (ER)
- f) Urgent Care Services
- g) Sleep Apnea Evaluation
- h) Medical Supplies
- i) Oxygen
- j) Orthopedic Appliances (air casts, splints, etc.)
- k) Outpatient Chemotherapy
- l) Outpatient Radiation Therapy
- m) For patients having Medicaid or other medical coverage

for office visits, CHS will pay Travel Expenses at the following rates.

- 1) Per Diem up to \$30 per day plus one night's lodging at government rate, and
 - a.) CHS resources shall be provided for transport greater than 20 miles. The CHS program will reimburse the patient/escort \$0.25 per mile. (Additional nights' stay may be approved on a case by case basis)
 - b.) Patient must have referral from a Karuk provider
 - c.) An escort may accompany individuals unable to travel without assistance, (e.g. children and handicapped adults). CHS will pay the escort up to \$30 per day for food
- n) Optical examination for vision (refractive exam)
- o) Orthopedic Devices
- p) In Office procedures
- q) Glasses/ Contacts limited to one pair every two years
 - 1) There will be a \$250.00 cap
- r) Hearing Aids
 - 1) \$1600.00 cap for both ears and CHS will only pay once.
- s) Physical Therapy/Message Therapy
 - 1) Limited to ten visits per episode the provider may refer the patient twice consecutively for the same episode; the next referral must get approval from the Managed Care Committee.

3. Level III:

- a) Home Health Services
- b) Mental Health Services
- c) Durable Medical Equipment
- d) Chiropractor, for spinal manipulation
- e) Acupuncture, by certified acupuncturist, for pain management
- f) Traditional Indian Health
- g) Therapy Services: Occupational and Speech

4. Level IV:

- a) Drug and Alcohol Treatment Services
- b) Inpatient Care
- c) Outpatient Surgery, Ambulatory Surgery
- d) Skilled Nursing Facility

5. Level V:

- a) Dialysis
- b) Transplants

6. Level VI:

- a) Excluded Services: Nursing Home Care (Long Term Care Services), Sex Change Operations
- b) Laboratory Services: Are covered under direct care services, and must be ordered by a KTOC provider.



**Approved on the 9th day of October 2003
By the Chairman of the Karuk Tribe of California**

Outreach Profile

Kristen King - Community Health Representative

David Eisenberg, PHN

Kristen King has been working for the Karuk Tribe as a Community Health Representative (CHR) covering the Orleans / Forks of Salmon area for the last nine years. She traces her heritage from the Beck and McLaughlin families. Kristen has two sons and recently became a proud grandmother.

As a the CHR for the Orleans area, she works closely with the staff of the Orleans medical clinic to serve our patients. Kristen has received training to allow her to monitor blood pressure, check blood sugars, perform diabetic foot exams and assist with the health care needs of her clients.

Kristen has also organized Bike Safety Rodeos, and distributed Bike helmets and child car seats. In October of 2003 Kristen became the CHR Supervisor, becoming responsible for the day to day activities of her fellow CHR's in Happy Camp and Yreka

Kristen can be reached at her office in Orleans at 627-3440 extension 18.



Kristen King, Community Health Representative (CHR) Supervisor

The Nurse's Corner

Information for Health and Wellness

David Eisenberg, PHN



Flu Season - Have You Had Your Shot ?

The Flu is a disease of the lungs that is easily passed from one person to another. Every flu season about 110,000 people are sent to the hospital and over 36,000 die from the flu. Most deaths from the flu are people over 65.

The Flu season typically starts in December and lasts through March. In the last twenty years, January and February have been the months with the most cases of the flu. The flu shot protects you from the most common strains of flu, but does not protect you from all viral illness. If you have a flu shot, you can still get the flu, but you will be less sick than someone else who hasn't had the flu shot.

The flu shot uses an inactivated or "killed" vaccine. No matter what anyone says, you cannot get the flu from the vaccine. Feeling some response to the shot is not unusual. The most common reaction is some soreness, swelling or redness on the arm where you had the shot. You may feel these symptoms, if any, within a few hours of the shot.

The symptoms typically cause discomfort, not sickness and last for a day or two.

The most important group of people who should have the flu shot are people over 65, and/or those who have a chronic health condition (such as high blood pressure, heart disease, diabetes or asthma). Other people who should consider getting a flu shot are people who are in close contact with Elders or people with chronic health conditions.

Look for announcements about flu clinics in your area or call any of our Tribal Clinics for more information.

Yreka Clinic	842-9200
Happy Camp Clinic	493-5257
Orleans Clinic	627-3452

Karuk Tribal Health Program

Karuk Dental News



Vickie Walden, Dental Clinic Manager

The Happy Camp Dental Clinic can only offer limited dental services at this time.

We have not had a full time dentist for over a year and our contract dentist is scheduled for seven Fridays for the next two and a half months.

When our contract dentist is not available, we do our best to help patients find a dentist to take care of their dental needs. At this time we are making appointments for emergencies, treatment appointments for patients who have had an exam by Dr. Wakim within the last year, for routine one-year recall exams, and for dental hygiene appointments.

Through the winter months, the clinic schedule can be canceled or changed without much notice due to bad weather, staff illness, power outages, etc.

We are doing the best we can to provide services and hope we will be able to hire a full time dentist soon.

Trends and Techniques:

The Next Generation of Sonicare Elite® is More Effective

Philips Electronics recently introduced the next generation of sonic care toothbrushes for dental patients. We highly recommend this toothbrush for most adult patients.

The Sonicare Elite® provides dental professionals and their patients the most advanced power toothbrush to date to enforce and promote optimal oral hygiene.

Its patented second-generation sonic technology uses a combination of high-frequency bristle motion and dynamic cleaning action that generates three times the bristle tip speed of other leading power toothbrushes.

The Elite®'s new slim, angled, and tapered brush head focus powerful cleaning actions in hard-to-reach interproximal, subgingival and posterior areas to remove 20% more plaque.

The Elite®'s contour-fit bristle design surrounds teeth for precision cleaning. The new ergonomic grip improves maneuverability with two speeds to allow the user to choose "high" for optimal power and "low" for highly sensitive areas, including tongue brushing

and gum massage. For more information, call 1-800-676-7664 or visit online www.sonicare.com.

These toothbrushes are available for sale at the Happy Camp Dental Clinic. If you can prepay, we will order for about half the cost you would pay at a retail store. Contact Nikki Hokanson, RDH, at 530-493-2201 ext.2116

The following Dental Products are sold at cost at the Happy Camp Dental Clinic:

- Children's battery operated toothbrushes (Spinbrushes)
- Adult battery operated toothbrushes (Crest Pro-Spinbrushes)
- Several kinds of toothpaste
- Topical fluoride gel

We also have: free sample toothbrushes, infant tooth care products, free denture home care products and floss.

Dental Health Reminders

Diabetics

It is very important for a person with diabetes to have a dental check up at least once a year. The Karuk Dental Hygiene Department will do free dental screenings for anyone who is diabetic. We will screen for decay, gum disease, and other oral diseases.

Patients scheduled for major surgery

Medical Doctors are now recommending that patients have their teeth cleaned before undergoing most major surgeries. They have found that it helps reduce the risks of post-operative infection.

Canker Sores -VS- Cold Sores

The Real Story

Debbie Whitman

Question	Cold Sore	Canker Sore
1. Where does it strike?	Outside the mouth	Inside the mouth
2. What does it look like?	Tiny, clear fever blisters usually on the lips or under the nose	Small ulcer with a white or gray base and red border
3. What triggers it?	Flare-up of herpes simplex virus	Trauma-Biting your cheek or jabbing gum with toothbrush
4. How long does it last?	About a week	One to two weeks
5. Is it contagious?	Yes	No
6. How do I treat it?	<ul style="list-style-type: none"> • Aloe Vera or over-the-counter topical anesthetics to ease pain and discomfort • Over-the-counter medications or, if needed, prescription antiviral drugs to prevent outbreaks 	<ul style="list-style-type: none"> • Rinse with antimicrobial mouthwash or warm water and salt • Over-the-counter oral anesthetics

California Indian Day Celebration

at Happy Camp Elementary School
October 3, 2000



Jennifer Goodwin,
Event Organizer



Celebrations lasted all day and included storytelling, singing, displays, dancing and food



Former Karuk Education/Child Care Director & Sister Unite 263 Child Care Development Fund Grantees

Article submitted by Dion Wood

Tribal members Dion Wood and Darlene Colston had the honor and privilege to work on a project that united the 263 federally funded Child Care Development Fund (CCDF) grantees representing over five hundred Tribes in Indian Country. Through Dion's previous place of employment, the Tribal Child Care Technical Assistance Center, it was his duty to assist in the design and development of the Annual Tribal Child Care National Conference. Dion presented the idea of having a "Cultural Fair" where each Tribe was invited to share their culture by sending in pictures of their Tribal child care centers, children and pictures of cultural activities. Part of the cultural fair was having each Tribal CCDF representative design a quilt block. In the months that followed the conference, Dion's mother, aunt and sister Darlene, with the help of approximately twenty-two

volunteers, sewed the fourteen by eleven foot quilt together in time for the next annual conference where the quilt was displayed in the Sheraton Hotel lobby in San Antonio, Texas. Darlene, her mother and aunt were recognized at the conference and given special awards honoring their efforts in making the Tribal CCDF quilt. Recently, the Quilt was displayed in Washington, DC at the Annual State CCDF Administrators meeting, where representatives from every State CCDF program in the union were represented. The Tribal CCDF quilt will also be displayed at future child care conferences. It was even discussed of having the Tribal CCDF quilt on display at the new Native American Smithsonian museum when it opens in September 2004.

Congratulations to these Karuk tribal members for bringing together 263 CCDF grantees. This quilt has opened the eyes of many, portraying the story of Tribal child care in Indian Country in the United States.





Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Fall, 2003

Alvis Johnson,
Chairman

Leaf Hillman,
Vice-Chairman

Carol Day,
Secretary

Leeon Hillman,
Treasurer

Hermanett Albers,
Member at Large

Karen Derry,
Member at Large

Robert Goodwin,
Member at Large

Frank Wood,
Member at Large

Newsletter Production:

Desktop Publishing:
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Editor:
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K.T.O.C. Staff,
Members &
Descendents

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Happy Camp

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.



Karuk Tribe of California

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Arch Super Elected New Tribal Chairman

Sara Spence, Human Resources Manager

The Karuk Tribe of California held their annual Tribal election on Tuesday, November 4, 2003, with Arch Super of Yreka elected as chairman with 166 votes.

Incumbent Chairman Alvis Johnson came in a close second with 160 votes.

Florence "Flo" Lopez received 32 votes, and Douglas Goodwin received 12 votes, also for the chairman position.

The chairman position is a four-year term.

Florrine Super of Yreka was elected secretary with 230 votes, and incumbent Carol Day received 137 votes. The secretary position is also a four-year term.

Florence Conrad of Somes Bar was elected to the Four-Year Member at Large seat with 189 votes.

Incumbent Hermanett Albers received 176 votes.

Roy Arwood of Yreka was elected into the uncontested Two-Year Member at Large seat with 291 votes.

Voters cast their ballots either by absentee or at one of the three polling locations in Yreka, Happy Camp and Orleans. There were a total of 375 valid ballots counted in the election.

All four new council members were sworn into office on November 18, 2003.



From left to right: Arch Super, Karuk Tribal Chairman; Florence Conrad, Four-Year Member at Large; Florrine Super, Secretary; and Roy Arwood, Two-Year Member at Large.

Karuk Contents:

- 2 Notes from the Secretary
Newsletter Submission Info.
- 3 Notes from the Secretary
Karuk Website Update
- 4 Karuk Pharmacy Update
Change in Clinic Closures
- 5 Karuk People's Center
- 6 GA/SWEEP/Adult Services/
LIHEAP/HIP Departments
Self Portrait by Courtney
Culver
- 7 Karuk Language News
CHS Levels of Care Reminder
KTHA Update
- 8 Karuk Military Intelligence
Tribal Court Summary Report
- 9 Tribal Committees
Maintenance Update
Project Jumpstart
- 10 Kimberly Weeks to Graduate
with Honors
Staff Changes at KTOC
Finance Office
New Playgrounds in Yreka &
Orleans
- 11 Birth Announcement: *Gavin
Machmatach Albers*
The Nurse's Corner
- 12 Contract Compliance Update
Karuk Dental Activities
Report
- 13 Karuk Dental Department
Honors Dental Assistants
- 14 Karuk Head Start
- 15 Information for the Dental
Patient
- 16 Karuk Mission Statement
Karuk Tribal Council

Notes from the Secretary

Florrine Super, Council Secretary



Ayukii, my name is Florrine Super and I'm your newly elected Secretary. To give you a little of my history, I have lived in the Yreka area all my life. My parents are Peter Super, Sr. and Nancy (Jerry) Super. I am honored that I have been elected to this position and have the opportunity to represent Karuk Tribal members.

On November 18, 2003, I was sworn in with the other newly elected Council. Since then I have been very busy educating myself on all the projects and programs that the Tribe is involved in.

I have attended several meetings which include:

Road's Meeting on November 19, 2003 – The Tribe has a construction company which paved the roads for Yreka Housing. Some regulation differences were discussed with the Bureau of Indian Affairs (BIA). There was a slight variance of grade in road materials, but the matter was worked out between the construction crew, the Karuk Tribe, and BIA.

Council Meeting in Orleans on November 20, 2003 – At this meeting, I was appointed to sit on the Low Income Assistance Program (LIAP) Committee. Our goal is to revamp the program to run more efficiently for the director, Lisa Aubrey, and all participants. I also met our new Judge, Steve Campbell.

Tribal Court Information Meeting on November 22, 2003 – April Attebury, Tribal Court Administrator, and Judge Campbell gave a presentation and overview of what the Tribe's goal is for our Tribal Courts.

Tribal Courts Meeting on November 24, 2003 – Met with Stephanie Dolan, of California Indian Legal Services, April Attebury, and Judge Campbell. That same day we attended a housing meeting to introduce the Judge to the Housing Committee.

Interviews for Grant Writer and Resource Developer on December 1, 2003 – Trista Parry was hired.

Interviews for Self Governance Coordinator on December 3, 2003 – Hector Garcia was hired.

Land Management Meeting on December 11, 2003 – Met with Scott Quinn and Carrie Davis. They went over the process of placing land into trust, what the obstacles are, and what projects they are working on. We also met with the Tribe's Tribal Employment Rights Ordinance (TERO)

Committee. Judy Waddell and Corina Alexander were appointed to sit on the TERO Committee.

Health Board Meeting on December 11, 2003 – I was appointed to sit on the Health ACQI Board. They previously met every Wednesday but due to budget restraints, they now meet the first Wednesday of every month. Leaf Hillman was appointed to work with the Forest Service during fire season. Karen Derry and Florence Conrad were appointed to oversee implementing a Men's Transitional Facility.

Budget Meeting on December 16, 2003 – Met with Laura Mayton and Erin Hillman. Budgets reviewed were: BIA; National Environmental Protection Act (NEPA); Cultural Resource Archive; and Social Services.

Management Team Meeting on December 18, 2003 – I attended the meeting to observe. Management Meetings are held the third Thursday of every month. The following people sit on the Management Team: Arch Super – Chairman; Leaf Hillman – Vice-Chairman; Hector Garcia – Self Governance Coordinator; Erin Hillman – Contract Compliance Specialist; Vacant – TERO Director; Laura Mayton – Chief Finance Officer; Marty Waddell – Information Technology Manager; Sandi Tripp – DNR Director; Tom Waddell – Acting KCDC Director; Wes Valentine – Executive Director; April Attebury – Tribal Court Administrator; Trista Parry – Grant Writer and Resource Developer; Sami Jo Difuntorum – KTHA Director; Rod Hartman – Construction Manager. The purpose of these meetings is to go over new projects, resolutions, monthly reports, etc.

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to **sspence@karuk.us**. All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and **April 15** for the spring issue. These dates will be the same every year.

Notes from the Secretary, continued from previous page...

Council Meeting in Happy Camp on December 18, 2003

– I was appointed to implement an Indian Child Welfare Act (ICWA) Committee. Members attended the meeting to ask why the contract with Saint Joseph's Hospital and the Orleans Clinic was terminated. Arch Super will have Wes Valentine set up a community meeting in Orleans to discuss the issue and answer questions for those who are concerned. We also assisted a Yreka Youth Girl's Basketball Team who asked for a contribution to help them with tournament entry fees.

Information Technology Meeting on December 19, 2003 – Met with Marty Waddell, Jonathan Parton, and Marsha Jackson. They discussed how Marty and Marsha can assist each other regarding all of our computer systems. The Tribe is going to require that all Tribal employees use *karuk.us* for business emails. We must discuss this with the Health Program before we implement the new guideline. We also talked about the Tribal Webpage. Our goal is to have the webpage available to the Membership by the end of January.

I attended the Housing and Karuk Tribe's Christmas parties. I was able to introduce myself to most of the staff. The Council gave Outstanding Employee Awards to selected employees; however, the Council appreciates all the hard work and dedication that every employee contributes to the operation and success of the Tribe.

LIAP Meeting on December 22, 2003 – Met with Lisa Aubrey and LIAP Committee. We are revamping the program. The committee edited program guidelines. We were unable to complete all program guidelines so we scheduled a meeting for December 29, 2003 but were snowed out. We plan to meet again but a date has not been confirmed.

During the week of December 29, 2003 we had difficulty carrying on Tribal business due to heavy snow and no electricity.

Providers Meeting on January 7, 2004 – We met with all Tribal Health providers from Orleans, Happy Camp, and Yreka. It was great to be able to meet all those who provide health care in our clinics. The Council met with the providers to discuss how they can help with the health budget crisis. Solutions were to advertise that we accept Medi-Cal to help with our patient count, and to make sure we are current with our billing. A goal was set for each provider to see 400 patients per month.

Department of Natural Resources Meeting on January 12, 2004 – Met with DNR Staff. Sandi Tripp accepted the position of DNR Director. A revised office organization chart was approved by the Council. Florence Conrad was appointed to sit on the DNR Management Team. They will meet every Monday for the next six months.

Karuk Website

Sara Spence, Human Resources Manager

The Karuk Tribe of California is proud to announce that a Tribal website is finally being posted on the internet and will be completely up and running soon. The address is <http://www.karuk.us>

At first, only basic information will be available about staff and programs, (though currently, there are job openings listed at: www.karuk.us/jobs). The website content will continue to grow as items are added and we receive feedback

from the Membership and the public letting us know what they would like included. We hope the website will increase communication between the Tribe and the Membership, plus provide information to anyone who is interested in learning about the Karuk Tribe!



Our Information Technology Manager, Marty Waddell, and Information Technology Trainee, Jonathan Parton, have been working very diligently to bring the Tribe into the "technology age" and we are very proud of their hard work and accomplishments!

Notes from the Secretary, continued...

Karuk Community Development Corporation Meeting on January 12, 2004 – Met with KCDC Board. 2002 and 2003 financial information must be entered into the computer so we can prepare for the annual audit. We will hire three people to do data entry. We will have a follow up meeting (date not set). The Council is closely monitoring the situation. A detailed report can be provided to the membership once the audit is complete.

This is a note from your Secretary. My goal is to communicate with Tribal members, staff, and Council members. If you would like additional information and/or have any questions, feel free to contact me at any time. I send out a weekly schedule and information on upcoming meetings or openings for jobs and committees. If you would like to be put on my email list, send me your email address with a note saying you would like to receive this information.

Florraine Super (530) 842-7094 or fsuper@karuk.us Yootva.

If you would like detailed minutes from Health Board and Council Meetings, contact Sara Spence at the Tribal Administration Office in Happy Camp (we also hope to post these on the website soon!).

Karuk Tribal Pharmacy Update

*Wes Valentine,
Executive Director of Health and Human Services*

Due to the extreme weather in Happy Camp just prior to the New Year, we have had some additional construction delays. The pharmacy will be opening in early February of this year. Prescriptions sent to the pharmacy will be available for pick up at the Yreka and Orleans clinics the following day. For those patients who live in remote areas, prescriptions can be mailed. The Karuk Tribal Council has approved the pricing schedule which will be used. The policy is as follows:



*Updated photo of the Karuk Tribal Pharmacy still under construction.
Taken January 16, 2004.*

KARUK TRIBAL HEALTH PHARMACY CHARGING POLICY SUMMARY

I. Karuk Tribal Members

No charge for covered medications.

II. Medi-Cal Patients

- Native American- No charge for Medi-Cal covered medications.
- Non-Native American- Share of cost must be met first, then no charge for covered medication.

III. Karuk Descendents and Other California Indians Living Within the Karuk Service Area

\$2 for each 30 day supply of medication, maximum charge not to exceed \$10 per each day medication are filled. NOTE: Patients must call refills in at least two business days in advance for this \$10 daily cap to apply, otherwise patients will be expected to pay \$2 for each individual 30 day supply of medication. Non-prescription items (OTC) are not included in the \$10 daily cap.

IV. Non-California Indian Living Within the Karuk Service Area

Cost of medication plus \$5 dispensing fee, or usual and customary price, whichever is less.

V. Any Non-Karuk Tribal Member Living Outside the Karuk Service Area

Cost of medication plus 20% plus \$5 dispensing fee, or usual and customary price, whichever is less.

VI. Non-Indian Beneficiaries

Cost of medication plus 30% plus \$5 dispensing fee, or usual and customary price, whichever is less.

VII. Spouses and Dependents of Tribal Members

Cost plus 10% plus \$5, or usual and customary price, whichever is less.

Payment must be made at the time of service. The pharmacy will accept cash, checks, money orders, and credit cards.

We are very excited to be able to provide this service to our membership and our community.

Change in Regularly Scheduled Clinic Closures

*Lessie Aubrey,
Director of Quality Management and Compliance*

Previously, all Karuk Tribal Health Clinics were closed Wednesday mornings from 8 – 11am each week, for the purpose of Quality Improvement and Accreditation activities.

Clinical directors have decided to change that closure to one Wednesday every month, which means the clinic will be closed all day from 8 am – 5 pm on the designated day. This is being done to allow more provider time with patients.

Please note that these are only the “regularly” scheduled closures and there may be other times and reasons a closure may take place, though we will try to limit them.

Regularly scheduled closures will be the Wednesday just before the Health Board Meeting, which is every second Thursday. The following days have been designated for clinic closure:

- | | |
|---------------------|-----------------|
| ● January 7, 2004 | ● April 7, 2004 |
| ● February 11, 2004 | ● May 12, 2004 |
| ● March 11, 2004 | ● June 9, 2004 |

Sometimes scheduled closures may be changed for some unforeseeable reason, so please call if you need more information.

Please don't hesitate to contact me at 530-493-5305 extension 2042, if you have any questions.

Karuk People's Center

Fred Nahwooksy

The Karuk People's Center is the museum/cultural center of the Karuk Tribe of California. Located in Happy Camp at the Karuk Tribal Office Complex, the Center is open on Tuesday through Saturday from 10am to 5pm, excluding holidays. The Center's Library is open on Tuesday and Thursday evenings from 6pm to 9pm. Call the Center Sales Shop for information or if you have any questions at (530) 493-5305 ext. 2201.

Basketweavers Project: The People's Center has received two grants to support the Karuk Basketweavers Project. With the support of the *Seventh Generation Fund* and the *National Endowment for the Arts* we will be able to host two gatherings of weavers; one in April 2004 and one in September, 2004. Dates for these two gatherings will be determined soon. You may call the People's Center for information. In addition, we will be able to honor some Karuk basketweavers as artists-in-residence at the People's Center. The artists-in-residence will be in-residence in the Center's education classroom during weekly business hours, and will make baskets while engaging visitors in dialogue. Also, the weekly basketweaving class that is hosted by Verna Reece will continue as part of the project. During each basketweavers gathering (April and September), the People's Center will exhibit baskets made by participants in the weekly basketweavers class, and participants in the basketweavers gatherings.

The Basketweaver's Art: Beyond the utilitarian role that baskets serve in culture and traditional activities, Karuk basketweaving is an art form characterized by balance, continuity of form, color, evenness of weave, and detailing of design. The materials that form the foundation or

framework for all Karuk baskets are hazel sticks and willow sticks. The materials that are to hold the framework of a Karuk basket together and establish the body and geometric design of the basket are bear grass, woodwardia fern, maidenhair fern, willow root, grape root and porcupine quills. Some of these materials are dyed, as is the case with woodwardia fern that is dyed by alder bark (red), to give additional



Display of basketmaking materials at the People's Center



Baby basket with sun visor made by Madeline Davis. On display at the People's Center

color to the basket design. Some of the basket forms that Karuk weavers make include caps or hats, baby baskets, trinket baskets, berry baskets and burden baskets, medicine baskets, tobacco baskets and herb baskets.

Baskets continue to be used in Karuk dances, ceremonies, as gifts, as art objects and as sources of pride, memory and identity. The significance and role that fine baskets serve in Karuk culture is almost inestimable except to say that baskets are Karuk

and Karuk are baskets. The examples shown here are only some of the many fine examples of the Karuk basketweaving art that are on display at the People's Center.



Trinket basket made by Verna Reece. For sale in the People's Center Sales Shop

GA/SWEEP/Adult Services/ LIHEAP/HIP Departments

Lisa Aubrey,

Low-Income Assistance Program Administrator

Ayukii, my name is Lisa Aubrey and I administer Low Income Programs. I will briefly expand on how these programs can assist low income families. They are as follows:

- **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance. The GA program is a secondary resource and must not be used to supplement or supplant other programs. To qualify you need:
 1. To be a member of an Indian Tribe
 2. Be income eligible
 3. Reside in the ancestral territory (Eastern Humboldt County from Bluff Creek area near Weitchpec to the Salmon River and Siskiyou County)
 4. Apply concurrently for financial assistance from another resource
 5. Must not receive any comparable public assistance

If the applicant is deemed eligible, he/she can receive \$250.00 annually for food and/or clothing, up to \$500.00 for a shelter voucher, up to \$2,500.00 for burial and \$1,000.00 for emergency assistance. All payments are payable to the vendor and not the applicant.

- **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. To qualify you need:
 1. To be a member of an Indian Tribe
 2. Be income eligible
 3. Reside in the ancestral territory (Eastern Humboldt County from Bluff Creek area near Weitchpec to the Salmon River and Siskiyou County)
 4. Apply concurrently for financial assistance from another resource
 5. Must not receive any comparable public assistance
 6. Have needs that require personal care and supervision due to advanced age, infirmity, physical condition, or mental impairments
 7. Cannot be cared for in their own home by family members

The Individual Service Provider needs to be licensed or certified for homemaker service.

- **Skills, Work, Education Enhancement Program (SWEEP):** This program was created to enhance eligible Indians with skills/work and/or education to meet the goal of becoming more employable while obtaining an incentive payment. The eligibility guidelines are the same as General Assistance.
- **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible Tribal members. We can assist households with electricity, propane, wood and minimal weatherization. To qualify you need:
 1. To be an enrolled member of the Karuk Tribe
 2. Meet income eligibility
 3. Send in utility bill or energy burden
- **Housing Improvement Program (HIP):** This program provides grant assistance to repair or replace your home. To qualify you need:
 1. To be a member of an Indian Tribe
 2. Be income eligible
 3. Reside in the ancestral territory (Eastern Humboldt County from Bluff Creek area near Weitchpec to the Salmon River and Siskiyou County)
 4. Apply concurrently to two other lending resources for assistance
 5. Send a Disability/Handicapped Statement (if applicable)
 6. Send a copy of your deed, ownership papers or 25 year lease
 7. Current year tax statement

For further information regarding any of these programs, you may call me at the Happy Camp Administration Building, 1-800-505-2785 or 530-493-5305 Ext. 2025.



Self Portrait

*by Tribal member,
Courtney Culver, age 8*

Karuk Language News

Susan Gehr, Language Program Director

We have a new phrase booklet ready for distribution. It's called *payêem vúra araráhíh ichúuphiti* and it contains many common words and phrases, as well as a conversation between three fluent Karuk elders. An audio CD is included with the book, so you can hear the language being spoken by native speakers. If you recently requested a copy of the pronunciation video, you probably received a copy of the new book too. We've given away over 130 copies of the video *húut ipíti: A Guide to Karuk Pronunciation*. There are still copies left so please contact Susan Gehr at (800) 505-2785, ext. 2205 or sgehr@karuk.us if you need a copy for your family.

Language classes are going very well in Orleans and Yreka. In Orleans, Jim Ferrara and Violet Super are using the Coyote and Osprey story in their class. In Yreka, Phil Albers Jr. teaches a class at Discovery High School, and Vina Smith often comes to support Phil during his class. The Happy Camp class, which was on Tuesday nights, never had more than two students, so we'll reschedule this class to start Tuesday, January 27th, from 12:15 to 12:45pm in the Council Chambers. If there is enough interest in this lunchtime class, we'll have it twice per week.

Would you be interested in taking a Karuk language class for college credit this summer? Phil Albers is in the process of applying to teach a Karuk language class through Southern Oregon University in Ashland, Oregon. It would take place June 21 through July 6 and students would earn three units of college credit. Once the University approves the course, he'll need ten students to register in order to teach the class. For more information, call Phil Albers at (541) 488-4626.

Thanks to a print-on-demand arrangement with Legal Books Distributing, William Bright's book, *The Karuk Language*, is again available for sale both at the People's Center in Happy Camp for \$22.00, or through Legal Books Distributing for \$19.95 plus shipping and sales tax. *The Karuk Language* contains a description of Karuk grammar, a collection of stories, and a dictionary. The grammar section is difficult reading, but if you look closely at the examples and don't sweat over the linguistic terminology, you can gain an understanding of how our language is put together. To purchase this book, stop by the People's Center or call Legal Books Distributing at (800) 200-7110.

In other Karuk dictionary news, we now have over 3,200 entries in the database from which our new dictionary will be printed. A limited run of this dictionary will be printed in the fall of 2005, but a quality dictionary takes a long time, so work will continue on the project after that printing.

During the week of February 22nd, William Bright is returning to Karuk country. We'll have a language-immersion dinner sometime during that week, so give Susan a call to get the exact day and time. Finally, we'll be setting the dates for another language immersion weekend some time in the near future.

yôotva! súva nik!



CHS Approved Levels of Care Reminder

*Wes Valentine,
Executive Director of Health and Human Services*

We would like to remind the Membership that the Contract Health Services (CHS) Office is currently serving Tribal members up to Level II. The Levels of Care appeared on Page 12 of the Fall 2003 Newsletter for informational purposes. If you did not receive it or would like to request a copy of the Levels of Care, please contact the CHS Office at (800) 505-2785: extensions 2151 (Cheryl Titus); 2155 (Candace Atto); or 2156 (Anna Myers).

Karuk Tribe Housing Authority

**KTHA is One of Twenty-Four Tribes on the
Negotiated Rulemaking Committee**

Jessaca Lugo, Operations Manager

Sami Jo Difuntorum, the Executive Director of the Karuk Tribe Housing Authority, is representing the Karuk Tribe on the Negotiated Rulemaking Committee. The Karuk Tribe Housing Authority is one of twenty-four representatives in the United States, with only three from California. This is a great opportunity for the Karuk Tribe to have a voice in the review and revision of regulations that determine the amount Tribes are funded under the Indian Housing Block Grant (IHBG) Program.

Sami has done an excellent job keeping the Karuk Tribe informed on regulation changes. Sami has voiced the recommendations that would be beneficial not only for our Tribe but for Tribes with similar demographics as ours. If you have any questions in regards to the Negotiated Rulemaking Committee or any of KTHA's Programs, please call (800) 250-5811.

Karuk Military Intelligence

Tribal Member “Buzz Busby” is now a Private First Class- Military Police Officer for the United States Army. Buzz was born in Carmel Valley, California, to Tanya Harrison and Ken Busby, and raised in Seiad Valley, California. Buzz graduated from Happy Camp High School on June thirteenth 2003, where he excelled in sports such as football, baseball and track and field. His extracurricular activities include paintball competitions with his friends, hunting and jiu jitsu.



*Buzz Busby,
PFC-Military Police Officer*

and chow time, because that was one of the few times the drill sergeants were not yelling at you.

Buzz will be stationed in Vaighen, Germany, a little town outside of Stuttgart, for three years with the 64th Adjutant General Replacement Battalion, 554th MP (Military Police) Company.

Airman Apprentice Nickolaus Hillman, son of Tribal Member Leeon C. Hillman, joins the ranks of sailors aboard the USS George Washington (CVN-73), stationed at Norfolk VA, after a short visit with his family during the holidays.

Hillman is a 2003 graduate of Happy Camp High School who joined the U. S. Navy in September of 2002 in the delayed entry program. He graduated from basic training at Great Lakes Naval Base outside of Chicago, IL in October. From there he went on to attend Advanced Individual Training in Pensacola Florida where he was recognized for excellence in class team leadership while engaged in EMT and fire fighting training.



*Nickolaus Hillman,
Airman Apprentice*

The USS George Washington (CVN-73) is a Nimitz Class Aircraft Carrier that is scheduled to be deployed for six months in late January 2004.

If you have information about a Tribal member or descendent in the military that you would like to share via the newsletter, please feel free to contact Erin Hillman at 800-505-2785, extension 2017.

Tribal Court Summary Report

Karuk Tribal Judge Steven A. Campbell

Dear Tribal Members:

Happy New Year. There are many exciting developments occurring at the Karuk Tribal Court. I have been happy to attend three community informational meetings regarding the Tribal Court. Meetings were held in Yreka, Orleans and Happy Camp. It is very important to receive input from as many Tribal members as possible concerning the Tribal Court.

The Court has been busy researching Tribal codes and drafting sample codes for the Tribal Council to consider. The Children's Code should be ready to present to Council no later than the February Council meeting. My goal as your judge is to begin hearing cases as soon as practical.

During the week of January 12-15, I met with the State Court Judges in Yreka to begin the process of collaboration

between the two courts. I provided the State Court judges with a packet of information regarding Indian Law and Tribal Courts. Most state court judges do not have experience dealing with Indian law issues so general reference material will be useful.

I also had a meeting with Siskiyou County Counsel for the Department of Social Services. The County raised several questions they had regarding the Tribal Court. I explained my visions and goals for the court and the role the county could play in the future.

We agreed to continue meeting and trying to resolve legal issues that present a barrier to cooperation between the County and Tribe. I am pleased with the willingness of the State and County to work with the Tribal Court and further development of the Tribal Court.

I work four days a month as your judge. This schedule may increase in the future depending on the caseloads and needs of the Tribe. I look forward to serving as your judge.

Tribal Committees

Enrollment Committee - Main Contact: **Dolores Voyles**
(800) 505-2785, ext. 2028

1. Pauline Attebery
2. Jeanerette Jacups-Johnny
3. Charlene Martin
4. Millie Grant
5. Leaf Hillman, Council Representative

Tribal Employment Rights Ordinance (TERO) Commission - Main Contact: Vacant, TERO Director (800) 505-2785, ext. 2030

1. Dolores Voyles, Vice-Chairperson
2. Lynn Parton
3. Elsa Goodwin
4. Alvis Johnson
5. Judy Waddell
6. Corina Alexander, Alternate

Election Committee - Main Contact: Judy Waddell, Acting Chairperson

1. Judy Waddell, Acting Chairperson
2. Florraine Super, Secretary, Registrar of Voters
3. Cecilia Arwood
4. Elsa Goodwin
5. Scott Quinn
6. Ellen Johnson
7. Florence Lopez



Karuk Tribe Housing Authority (KTHA) Housing Committee - Director: Sami Jo Difuntorum (800) 250-5811

1. Leaf Hillman, Chairman
2. Verna Reece, Vice Chairperson
3. Sheila Jerry, Secretary
4. Paula McCarthy, Treasurer
5. Ellen Johnson
6. Roy Arwood, Council Representative
7. Vacant

Karuk Community Development Corporation (KCDC) Board of Directors - Acting Director: Tom Waddell (530) 493-5376

Board of Directors vacant at this time.

Indian Child Welfare Act (ICWA) Committee - Main Contact: Lisa Sartuche-Goodwin (800) 371-8080, ext. 104

1. Florraine Super, Council
2. Florence Conrad, Council
3. Steven Zufelt, Yreka Representative
4. Vacant, Happy Camp Representative
5. Joshua Saxon, Orleans Representative

Committees continued...

Low Income Assistance Programs (LIAP) Committee - Main Contact: Lisa Aubrey (800) 505-2785, ext. 2025

1. Arch Super
2. Florraine Super
3. Florence Conrad
4. Karen Derry



Maintenance Update

*Fred Burcell, HIP/Maintenance Supervisor
Trust Land Building Inspector*

For two weeks at the end of 2003, the crew stayed busy moving snow and clearing snow damaged trees and brush. Many of our bigger projects are on hold until the weather stabilizes and things dry out a little. A commercial coffee pot, icemaker, sink and three tables were assembled and installed at the Panamnik Center kitchen. Flower boxes are being made for the Yreka Head Start, and Miller Farms in McKinleyville has been approached about appropriate species of shade trees for the Happy Camp administration and medical buildings. The trees should go in this spring. Two upcoming projects down river are installations of an icemaker at DNR, and a fire hose washing machine in Somes Bar.

Project Jumpstart

Marketing Native America's Entrepreneurs



Kauffman & Associates, Inc. (KAI), under contract with the Small Business Administration (SBA), is offering technical assistance to fifty Native American entrepreneurs in targeted areas of Indian Country including Washington, Northern California, New Mexico, Montana & South Dakota.

KAI will assist Indian owned businesses to: develop an Initial Needs Assessment; market research & planning; message development & branding; web site development & hosting for one year.

The application deadline is February 20, 2004.

For more information or for a program application, visit www.marketingindianbiz.com or call KAI at (509) 747-4994.

Kimberly Weeks to Graduate With Honors

Submitted by Glenn E. Weeks

Kimberly Weeks is a high school senior in Phoenix, AZ this year. She is graduating in June and has won merit by maintaining above the straight A academic average— which is an A+ at a 4.2 grade point average. A 4.2 is possible due to her having taken honors classes which add grade points beyond the standard A or 4.0 rating.



Kimberly recently took the Scholastic Aptitude Test (SAT) and her achievement score of 1360 points has won her the coveted Provost Scholarship award from Arizona State University (ASU). This award is for a full four-year tuition scholarship at ASU with additional yearly stipends. In addition, she has been invited to join Barrett Honors College at ASU. Barrett is rated among the top seven or eight honors colleges in the country.

Needless to say, her parents are very proud of their daughter and her accomplishments. We feel Kimberly's achievements might be inspirational to other Karuk members.

Staff Change at KTOC Finance Office

Laura Mayton, Chief Financial Officer

Tina King has taken a job with the Puyallup Tribe in Tacoma, Washington as an accounts payable clerk. Her last day of work for the Karuk Tribe was on January 16, 2004.

Tina King came to work for the Karuk Tribe Housing Authority as TERO Director in January 1997 and has worked for KTHA, KTOC, and KCDC in various positions since that time. The following positions were held by Tina during her time in Happy Camp.

- TERO Director – KTHA
- Medical Data Entry – KTOC
- Job Developer – KCDC
- Accounts Payable / Accounts Receivable Clerk - KTOC

We thank Tina for her years of work, and we wish her much happiness in her new position.

Michael Thom who was working as an accounts receivable clerk in the Tribe's billing office took Tina's place as accounts payable / accounts receivable clerk on January 19, 2004. Michael Thom has had many years of experience in accounting and in Tribal government. He was the Vice Chairman of the Karuk Tribe from 1996 to 2000. The following Tribal job positions have been held by Michael in the past:

- Elders Worker – KTOC
- Accounting Clerk – KTOC
- Contract Compliance Specialist – KTOC
- Tenant Relations – KTHA
- Accounts Receivable Billing Office – KTOC

We welcome Michael and wish him much success in his new position.

New Playgrounds in Yreka and Orleans

Playground in the community of Orleans



The Karuk Tribe Housing Authority has purchased brand new playground equipment for the communities of Yreka and Orleans. This was a long overdue project, and we are excited to give the children a safe and fun playground to enjoy themselves in. Special thanks go to North State Playgrounds and Randy Davies Construction for their hard work.

Birth Announcement

Gavyn Machnatach Albers

Pamu taat: Elaina Supahan

Pamu aka: Philip Albers Jr.

Wt.: 8 lbs 9 oz.

Ht.: 21 inches

December 9, 2003

Ashland Community Hospital, Ashland, OR



Picture is at 12 days old.

The Nurse's Corner

Information for Health and Wellness

David Eisenberg, PHN

Pregnancy - Suggestions for Staying Healthy and Happy

The birth of a child is a joyous occasion and during pregnancy many factors can affect the growth and development of the new life. The Karuk Health program wants all women to receive early and regular prenatal care. Here are some suggestions:

Alcohol: It is best not to drink alcohol at all (beer, wine, whiskey). Alcohol is a drug and any product that contains alcohol is a drug.

Bathing: Use the tub or shower, whichever you prefer. Your balance can be more difficult later in pregnancy so have a non-slip surface in the bathtub.

Bowels: Some bowel habits can change during pregnancy. Use your diet to prevent constipation. Add more bran and roughage, eat lots of fresh and dried fruits, vegetables and drink plenty of water. Don't use a laxative enema or other drugs without checking with your health practitioner.

Drugs: Don't use any drugs without discussing them with your doctor. This would include all prescription and non-prescription drugs, vitamins, laxatives, cold remedies, pain remedies etc. For the sake of your unborn child, as well as yourself, completely avoid marijuana, cocaine, methamphetamines, tobacco, alcohol, tranquilizers, sleeping pills or any other mind altering drugs.

Emotions: You may experience more emotional ups and downs than usual. This is quite normal during pregnancy.

Working: You can safely continue working as long as you remain comfortable at your job, but avoid lifting heavy objects.

Sex: You can enjoy sexual intercourse as long as it is not uncomfortable.

Rest: Include rest periods in your routine several times a day for short periods.

Periods: Lie on one side, rather than flat on your back, because blood flow through the placenta can decrease when you lie on your back.

Smoking: Smoking is injurious to you and your baby. If you need help quitting, talk to us at the clinic about methods and support groups.

Be moderate in your activities. Seek a balance between work, play, reflection and rest. Try to be of good humor. Be a friend, give and accept love. Keep a positive outlook on life. Good attitudes towards yourself and others are powerful allies during your pregnancy.

Contract Compliance Update

Erin Hillman, Contract Compliance Specialist

Child Care Program News



Due to a recent decrease in funding to the Tribe's Child Care Program, the Tribal Council implemented revisions to the program to lower costs and bring that program into compliance with federal regulations. Unfortunately, these revisions have also impacted the level of service that can be provided to our Tribal Members.

The Tribe had previously been funded at \$162,492 in Fiscal Year 2003, but for the current Fiscal Year 2004, funding is \$65,962, a reduction of 59%. Funding for this year was determined by the number of enrolled Tribal members under the age of 13 in our service area. We have submitted revised numbers obtained from our health program that includes all Indians and descendants in our area, so if additional funding is distributed for this program, we may see an increase for this year.

Notification was sent to each child care provider and recipient that due to funding cutbacks, changes were to be initiated. Because descendent children were not included in the calculation of the Tribe's funding for this year, services had to be decreased. New applications are still being accepted, but will be placed on a waiting list and processed in the event that funding becomes available.

All current providers and recipients submitted updated information that is required annually by our program. For providers, the requirements included completed registration forms, background release, current tuberculosis tests, valid identification and if applicable, first aid certificates and day care licenses. For parents, annual recertification requirements included the submission of an updated, completed, signed application, income/employment verification, proof of residency, birth certificates, immunization records and verification of Tribal enrollment.

Parents are required to apply for child care assistance through their local child care council prior to receiving services through the Tribe. A share of cost to each parent is calculated based on a sliding fee scale that takes into consideration their income, family size and whether the children are in part or full time care. Families below the poverty level on this scale are not required to pay a share of cost, and for others, their share of cost will not exceed 10% of their income. This sliding fee scale is incorporated as part of the Tribe's Child Care Plan that is submitted to and approved by the Department of Health and Human Services.

Karuk Tribal Dental Department Activities Report

Vickie Walden, Dental Clinic Manager

February is Children's National Oral Health Month

Elementary School Projects:

- We are currently working on a screening schedule for Elementary Schools in the Happy Camp Area.

- We are planning a school sealant program this year. This is a new project so we will start small and plan on expanding if the project goes well.

- We have completed almost all of the Karuk Tribal Head Start School Screenings for this school year.



KTHP Happy Camp Dental

- We are still working only part time with a contract dentist and are advertising to hire a full time dentist.

- We do have hygiene services on Wednesdays and Fridays at the Happy Camp Clinic

- We are taking calls from people who need emergency care and we are doing our best to treat them or refer them to where they can get treatment.

KTHP Yreka Dental Clinic

- The Yreka KTHP Dental Clinic is taking walk-in emergencies at 8:00 am and 1:00 pm. Please call ahead to check whether a dentist is available.

- The KTHP clinics may be closed on the first Wednesday of every month for staff meetings and trainings.

- The KTHP Orthodontic Program appointment schedule is full, but patients can still get an orthodontic evaluation and a referral from a KTHP clinic dentist.

Contract Compliance Update, Continued...

We are hopeful that the next fiscal year will realize an increase in funding back to normal amounts. To everyone who has been affected by these recent decisions, we thank you for your patience.

For questions about the Child Care Program you may call 800-505-2785 and speak to Sara Spence, extension 2010, or Lynn Parton, extension 2036.

Karuk Tribal Health Program Karuk Dental Department

Vickie Walden, Dental Clinic Manager

A Time to Honor Dental Assistants

No matter where the setting or location, assistants enhance the delivery of quality dental health care and are critical members of the dental team. The role of dental assistants has evolved over the years, with assistants now involved with many aspects of a dental practice.

March 7, 2004 to March 14, 2004 has been designated by the American Dental Assistants Association, along with the American Dental Association, and the Canadian Dental Association, as the perfect time to acknowledge and recognize the versatile, multitalented members of your dental team – the dental assistants.



Happy Camp Dental Clinic

Here is a little Karuk dental assistant history:

Throughout the years our, dental assistants and receptionists have had to do double duty. Staff usually consisted of three people; the dentist, the receptionist and the dental assistant. The assistant & the receptionist had to know how to do each other's jobs. Those jobs included; data entry, billing, revenue collections, bank deposits, chairside dental assistant duties, and other duties as assigned. Our clinics have come a long way since we began, but we still could use a few more hardworking dental assistants.

Some of the previous KTHP Tribal Dental Assistants / Receptionists were:

Lessie Aubrey–Recept./DA
Shirley Peters/Barker–Recept./DA
Sharon Crocker–Recept.
Bonnie Lyons–Recept. /DA
Teresa Valin–DA
Dorothy Lantz/Bridenstine–DA
Viola Silva– CHR, fill-in DA
Tami Rompon–DA Trainee

Nadine McNeal-DA
Nadine Jones/McElyea–DA
Florrine Super–DA
Trista Parry–Recept./DA
Vicki TenBerge–Recept.
Marsha Jackson–Recept.
Bessie Munson–Elders Worker, DA Trainee
Andree Beals–DA Trainee

Bonnie Thom–DA
Joanne Driskell–DA
Shannon White–Recept./DA
Deeanne Peterson–DA Trainee
Darlene Mendoza–DA
Julie Burcell–Recept.
Tanya Harrison–Recept.
Andrew Lewis–Transporter, fill-in DA

Here is a short work history on the current KTHP Dental Assistants



- In May of 1987, Vickie Walden was hired as a Chairside Dental Assistant and trained on the job. She continues to work as Office Manager and Chairside Registered Dental Assistant. Vickie passed her Registered Dental Assistant boards 06/07/2002. Over the years she has worked with at least 10 different dentists and received a service award from the Indian Health Services Department.

- Susan Beatty RDA, worked for the Karuk Tribal Health Program prior to being hired as a Chairside Dental Assistant in the dental department in 1979. In 08/2001, Susan was the first Karuk Tribal Dental Assistant to pass her Registered Dental Assistant boards.

- Debbie Whitman, RDA was hired as the Happy Camp Dental Receptionist and cross trained to work as a fill in dental assistant. She became a full time dental assistant in 1999 and she passed her Registered Dental Assistant boards 12/22/2002.

- Pat Doak was hired as part time Yreka Dental Receptionist and cross trained as a Chairside Dental Assistant. She was hired as a full time Chairside Dental Assistant in 2001 and is working on taking her Dental Assistant boards.

- Jessica Thom was hired under the California Indian ManPower Program as Yreka Dental Receptionist/Chairside Dental Assistant. Jessica is now working as full time Dental Receptionist and is cross trained to work as a Chairside Dental Assistant. In the near future she plans on taking the Dental Assistant boards.

Karuk Head Start

Submitted by: Linda Davis, Center Supervisor, Happy Camp Head Start



Happy Camp Head Start children performing a demonstration Brush Dance on the playground.



Above & Below: Happy Camp Head Start children, parents, and staff at the Nielsen's Pumpkin Patch in Seiad Valley.



Below this picture was a letter that was presented to the Elders at Karuk Housing on October 31, 2003. The children made wreaths at the Happy Camp Center for the Elders .



Karuk Head Start Yreka Center

Cathy Scott, Center Supervisor

The year is going by quickly at the Yreka Center. We have been busy studying snow and ice which goes right along with our weather! We are having fun doing ice experiments and spray painting snow. We have two classes going in Yreka and we have openings in both morning and afternoon classes. Karuk Head Start is a great place to be so if you know any children who are age eligible (they must turn three years old on or before Dec. 2nd), please have them contact us at 842-9225. As always we enjoy visitors, so if you are in the Yreka area, come by the center and check us out. We are located at the Karuk Tribal Housing, 1306 Yellowhammer, Yreka, CA.

Dear Elders:

Please accept these fall wreaths (made with natural materials) that the children made at our Head Start Center. It's important that our children learn to give and not always receive. Happy fall!

Thank you,
Karuk Head Start
Happy Camp, Calif.

Information for the Dental Patient

Clean Teeth and Gums

Having a clean mouth is important. In addition to being healthier, it gives you fresh breath and a nicer smile.

When you eat, bits of food, some too small for you to see, remain in your mouth. They feed bacteria that grow in a sticky film on your teeth. This film, called plaque, is the main cause of tooth decay and gum disease.

Why brush?

Brushing your teeth after meals and between-meal snacks not only gets rid of the food particles that you can see, it removes plaque from your teeth. Using a fluoride toothpaste is important because the fluoride can help kill bacteria, as well as make your teeth stronger.

Ask your dentist to recommend the best toothbrush for you. Generally, a brush with soft, end-rounded or polished bristles is less likely to injure gum tissue. The size and shape of the brush should allow you to reach every tooth.

Children may need smaller brushes than those designed for adults. Remember: worn-out toothbrushes can not properly clean your teeth and may injure your gums. Toothbrushes should be replaced every three or four months.



Why floss?

Flossing removes plaque and food particles from between teeth and under the gumline— areas your toothbrush cannot reach. Because tooth decay and periodontal disease often start in these areas, it is important to clean them thoroughly on a daily basis.

Flossing is a skill that needs to be learned. Do not be discouraged if you find it difficult at first. With practice, you will find that flossing takes only a few minutes of your time each day.

What about mouthrinses and mouthwashes?

If used as directed, in addition to brushing and flossing, mouthrinses and mouthwashes can help to prevent tooth decay.

Diet and Dental Health

You know that what you eat can make a difference in the way you feel and perform. That is why you should try to choose foods that will help your body stay strong and healthy.

But did you know that your choice of foods and your eating patterns also may affect your dental health?

How often should I see my dentist?

If possible, you should visit your dentist every six months for a preventive check and cleaning. Infants should see a dentist at about 12 months of age.



How does diet affect dental health?

If your diet is low in certain nutrients, it may be harder for the tissues of your mouth to resist infection. This may be a contributing factor to periodontal (gum) disease, the main cause of tooth loss in adults. Although poor nutrition does not actually cause periodontal disease, many researchers believe that the disease progresses faster and is more severe in patients whose diet does not supply the necessary nutrients.

To make sure that you are getting enough nutrients for good general and oral health, you should choose foods from the four basic food groups: fruits and vegetables, breads and cereals, milk and dairy products, and meat, fish, and eggs. When you do snack, avoid soft, sweet, sticky foods, such as cakes, candy and dried fruits that cling to your teeth and promote tooth decay. Instead, choose dentally healthy foods such as nuts, raw vegetables, plain yogurt, cheese, popcorn and sugarless gum or candy. To have a diet that promotes dental health, you must develop sensible eating habits.

How can I get enough fluoride?

If you and your family have a balanced diet, you will get all the nutrients you need for good dental health, with one possible exception— fluoride. Fluoride is vital for strong, decay-resistant teeth. If there is not enough fluoride in your community water supply, the level of fluoride can be adjusted to the right amount for good dental health (about one part fluoride per million parts water). If your drinking water is not fluoridated, ask your dentist how you can get the fluoride you need.

Fluoride toothpastes and mouthrinses that carry the seal of the American Dental Association's Council on Dental Therapeutics have been proven effective in helping prevent dental decay. However, they do not contribute to your dietary fluoride.

Together, a balanced diet, daily use of fluoride, brushing and flossing, and sensible eating habits, can reduce the risk of or even prevent dental disease.



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Winter, 2004

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Karen Derry,
Member at Large

Robert Goodwin,
Member at Large

Frank Wood,
Member at Large

Newsletter Production:

Desktop Publishing:

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Sara Spence

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K.T.O.C. Staff,
Members &
Descendents

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Mosaic Press LLC,
Happy Camp

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.



Karuk Tribe of California

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Happy Camp, CA 96039

Karuk Tribe of California



Quarterly Newsletter

www.karuk.us

Spring 2004 Edition

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-5305 • (800) 505-2785 (800-50Karuk)

Athithúfvuunupma Brush Dance

Chewich, ti yura com ni araam sip tih



Long, long ago, the People would get together and conduct a healing ceremony for an unhealthy child on an as needed basis. That ceremony is now widely recognized as a "Brush Dance". In prehistoric times the Brush Dance was held in a



makeshift dance pit that was usually the unhealthy child's family living house with the sides and roof removed.

In modern times, the People have constructed Brush Dance pits with the healing medicine, prayers and rituals, continuing to give the People healthy bodies, minds and souls.



Pa Karuk Tapaas Arara are happy to announce the opening of a Brush Dance pit on the Tribally owned Ish Kayish Ranch near Athithúfvuunupma (Happy Camp). We would like to thank Fred Burcell and his crew, Alvis Johnson, and the Karuk Tribal Council for helping to make this healing place a reality. The dance pit will be dedicated to Alvis Johnson and the late Vera Davis Arwood, respected Tribal Elders who have remained active in traditional ways of life, while helping the Tribal administration forge a path for our children. We would like to take this opportunity to invite you and your family to come and participate in the first healing ceremony to be held in Athithúfvuunupma in a long, long time. The Athithúfvuunupma Brush Dance Ceremony will be held July 8 to July 12, 2004. We hope to see you there. Suva Nik.



Dance photos on this page courtesy of Chewich



Above, pictured from left to right: Vera Arwood, Cecilia Arwood, and Alvis Johnson.

The Athithúfvuunupma Dance Pit will be dedicated to Vera Arwood and Alvis Johnson.



Karuk Ceremonial Dates for 2004

June 17 - June 20: Panamniik Brush Dance
July 8 - July 11: Athithúfvuunupma Brush Dance
July 17: Inam Salmon Ceremony (Inamvaan)
July 22 - July 25: Katimiin Brush Dance
July 30 - August 9: Aamekyaraam Jump Dance

August 11 - August 17: Inam Pikyavish
August 28: Ti Bar War Dance
August 31 - September 6: Tishawniik Pikyavish
September 10 - September 15: Katimiin Pikyavish

Arch Super, Tapas yaas araara (Chairman)

Faat nikuupiti (what I'm doing)

Ayukii, koovura pa Karuk araaras (Hello all of the Karuk People)

We are implementing the Karuk language. We speak, listen and learn the **Karuk language** now at our Council and health board meetings. I feel it is very important for the leadership of our Tribe to encourage and demonstrate the restoration of our Native tongue. Our language director currently has class sessions in the Council Chambers every Tuesday for those interested in speaking Karuk. The average attendance is three to seven members, which is very encouraging. I also speak a lot of language with staff, and hope one day that we will be a Karuk speaking Tribe.



Arch Super,
Karuk Tribal Chairman

Karuk Contents:

- 4 Tribal Council Secretary on Staff
Karuk Website Update
Frank G. Wood
- 5 Karuk Language News
Karuk People's Center
- 6 Building for Tomorrow
Maintenance Update
- 7 Pharmacy Update
New Pharmacy Services
- 8 Staffing Update
- 9 Karuk Tribal Court
Tribal Grants
- 10 Fiscal Audit
Contract Compliance Update
- 11-12 Notes from the Secretary
- 13 Creator Put Fire on the Mountain
- 14 Fisheries Scholarship
- 15 Department of Natural Resources
- 16 Head Start Report
Head Start Recruitment
Newsletter Article Submission
- 17 Senior Center News
Military News
- 18 Quality Management & Compliance
Honoring Nursing Staff
- 19 Patient Drug Assistance
The Nurse's Corner
- 20 Dental Department Activities
Yootva: Joe Snapp
- 21 Yootva: Dr. Carlson
Education Department

We recently met with **Karuk Community Development Corporation (KCDC)** to analyze and direct the structure and function of that part of our entity. We hope that within the near future, the KCDC will be back in good operating status.

We have had meetings with the providers of our **Tribal health clinics** from Yreka, Happy Camp and Orleans. Our goal is for our health departments to be highly efficient, productive and to provide top quality services to our Tribal Membership. Our providers are reporting good results and we hope our Membership feels the same. The Tribe over-hired about a year ago and we had to eliminate positions in the health department, but our health operations are currently working on staying within their budgets.

I attended a Native American Housing and Self Determination Act (NAHASDA) negotiations conference with the **Karuk Tribe Housing Authority (KTHA)** in Las Vegas. These negotiations were for housing issues to be addressed in Washington DC. The process was a consensus forum. It was interesting to note that all Housing Authorities had to agree on one issue or the issue was not addressed in DC. In early February, the Tribal Council, along with the KTHA Committee, met at Seven Feathers Casino in Canyonville to review and approve the one and five year housing plans for the KTHA. KTHA had some very good plans and the director and staff put together some good information to process. Later in February, I attended the NAHASDA Conference in Washington DC with KTHA. It was very interesting being involved with the process of taking our housing issues to the table and meeting our state representatives. The conference is annual and I look forward being a part of our Tribal government that deals with Washington DC on behalf of our Tribe.

We have very informative monthly **Management Team** meetings with the directors and coordinators of Tribal operations. These meetings allow all departments to work together by communicating with each other their current projects.

The Council has participated in **Tribal Planning** work days. These sessions are to study the operations of our Tribal government. There are many plans brought forth by the Council and the Membership. Periodically, we need to take the time, along with our other scheduled meetings, just to focus on what we envision the Tribe to be in the future, and plan accordingly. Soon, we hope to have a one to five year plan ready to be presented to the Membership.

We have been working with the **Education, TERO, and SWEEP** programs to be more informed about their services and operations. Our goal is for these programs to be highly beneficial to the Membership, and for them to be more accessible and well distributed throughout the Tribe.

I have attended **Department of Natural Resources (DNR)** staff meetings also. DNR is a complex department and is a very busy entity of our Tribe. There are several business and operational projects in the works, and I look forward to learning more

about them and working with the department to ensure services, to and for, the Karuk Tribe.

We have been meeting with our **Trust Reform Consortium**. This consortium deals with the lands management of our Tribe. Land management is handled through the Bureau of Indian Affairs (BIA) but we are striving to manage our own lands. We already do most of the work, and would like the government to issue those monies to us. Lands management is a big issue in our Tribe and it is only logical that we govern our lands ourselves. Our Self Governance department is working hard to meet this goal.

We have also attended meetings with the **California Nations Indian Gaming Association (CNIGA)**. This is a consortium of many California Tribes. Their agenda is to defeat the California State's proposition to allow slot machines to be put in California's race tracks and card rooms. They also want to defeat California's proposal requiring gaming Tribes to pay the state 25% of their gaming revenue. This is very unfair to the Natives of this land.

We have had meetings with our **Karuk Tribal Court**. Our Director has put in a lot of hard work and the Tribal Court has come a long way. We are working on a few ordinances that have to be in line as our court continues to develop, but it is looking very good and promising. I believe our Membership will be very impressed with the Tribal Court.

We have met with the **US Forest Service**. We wish to ensure government to government relations. It is very important that the USFS comply with Tribal rights to

Á'uuyich (Sugarloaf Mountain)

"The Center of the World"

Photo courtesy of Chewich



Newsletter Distribution

By: The Karuk Tribal Council

Starting with the next edition of the newsletter, we will only be sending one newsletter to each household, rather than to each individual person. Should you wish to continue receiving individual copies for each person in your household, please contact Dolores Voyles at (800) 505-2785, extension 2028.

ceremonial grounds regarding work that they do in and around our sacred areas. So far, they are sensitive to those issues.

I attended a conference of the **Indian Health Services (IHS)** for Tribal leaders. It was very interesting. The main topic was diabetes and obesity, and how it is evident within our people. Attending all these meetings and conferences is getting me more connected with the issues and helping me become more familiar with the business of the Tribe and other governments and agencies we deal with.

Overall, the step into Chairmanship has been extremely interesting. The correspondence and amount of work that comes across my desk is phenomenal. The meetings, conferences and trainings are many. Our staff, directors, and Tribal Council seem to be working very well together. We are elected officials, elected by our Tribal Membership and we are here to work for our Tribe. I do believe that we try very hard to always keep our Tribal Membership's interests at hand. We encourage any and all members to correspond and communicate with us. Our goal is to always keep our

Tribe informed of issues, services, resources, funding, budgets, etc. Our website, www.karuk.us is up and running. Our Internet Technology Department has done a very good job building it up. We have a

lot of information online and we encourage everyone to visit the site and let us know how you feel about it. Inform us of the pros and cons. Please tell us what you would like to see on the site. The Council and Tribal staff have our emails listed there, so you will have access to get in touch with us.

We appreciate the support of our Tribal Membership and encourage you to be part of the building of our Tribal government. We are here for you.

Yootva,

*Arch Super
Tribal Chairman*

Tribal Council Secretary on Staff

Sara Spence, Human Resources Manager



*Florraine Super,
Council Secretary*

The Tribal Council is pleased to announce that Florraine Super began working in the Happy Camp Office as the full time Council Secretary on April 19, 2004. This is a paid position, and is a much needed addition to the Tribal government which will benefit the

organization and its operations.

Through this full time employment position, Florraine will be able to coordinate Tribal activities and keep the Membership and staff informed on the Council's activity. She will keep up to date the information on the Tribal website, coordinate the Tribal newsletter, and begin the process of establishing a Registrar of Eligible Voters for future elections, just to name a few projects she will work on in addition to the daily business of the Tribal Council.

We are very pleased with this progression and now have three of the officer positions on the Council as paid positions!

If anyone has questions or comments regarding this change, you are encouraged to send them to council@karuk.us.

Tribal Website Up and Running

Sara Spence, Human Resources Manager

As promised in the last edition of the newsletter, the Tribal Website is up and running! The address is <http://www.karuk.us> and the site includes information about the Tribe, including pictures.

The site also includes information about the Tribe's departments and programs. Be sure to check back as this list will be growing as information is gathered.

There are pages available to access information about Council members, staff, how to get on agendas for meetings, when the meetings are, where the meetings are held, you can even read the minutes from the meetings online as they are approved!

You can also access announcements for current events, read past editions of this newsletter, and obtain information about jobs.

We look forward to the website being a way to disseminate information to the Membership in a timely fashion to keep everyone informed. I welcome any comments you may have regarding the website and items you would like to see added so I can forward them on to our Information Technology Technician, Jonathan Parton, who developed and maintains the site.



Frank Gar Wood

October 11, 1942 to January 26, 2004

Karuk Tribal Member, Frank Gar Wood, 61, passed away January 26, 2004. A memorial service was held on January 31, 2004 at St. Joseph's Catholic Church in McCloud. Frank was born October 11, 1942, to William and Agnes Mae Wood.

On March 22, 1969, he married his wife, Priscilla, in Reno, Nevada. Frank attended Happy Camp schools and the College of the Siskiyous. He served in the US Army from 1966 to 1968. Frank worked in the timber industry for 30 years.

Frank was appointed to the Karuk Tribal Council on May 27, 1999. He was then elected by the Membership to the position of Member at Large on November 16, 2000 for a four-year term.



Frank Wood

Survivors include his wife, Priscilla Wood of McCloud; son and daughter-in-law Brandon and Jené Wood of Klamath Falls, Oregon; son Dion Wood of Happy Camp; daughter Kimberly Kent of Redding; grandsons Kaden and Tanner Wood of Klamath Falls, Oregon; siblings Raymond Wood of Salyer, Freida Titus of Medford, Oregon, Patricia Bailey of Penryn; and numerous other relatives and extended family members.

Frank was preceded in death by his parents, Agnes Mae and William Wood; and his brother, Bill Wood.

The Tribal Council and Staff of the Karuk Tribe will deeply miss Frank and send their condolences to his loved ones.

araráhih mukxáarev

Language News

Susan Gehr, Language Program Director

Better weather means a very busy and active time for the Karuk Language Department. Two important events coming up this summer are a Language Immersion Weekend and Language Teacher Training. Dates and locations have not yet been set, but you can call Susan Gehr at (800) 505-2785, extension 2205 to be put on a mailing list.

At the regular Yreka Karuk language class on Wednesday, May 26th, Bill Bright, the linguist who first visited Karuk country 55 years ago this February, will talk about some basics of Karuk grammar. The class meets at the Yreka Karuk Tribal Head Start every Wednesday at 5:30pm.



Pictured left to right: Violet Super, Vina Smith and William Bright at Sandy Bar Ranch in Orleans, hard at work transcribing a story from Violet's childhood she told in Karuk.

While Bill was here in February, he worked with Violet Super and Vina Smith. Violet told some stories from her childhood in Karuk, while Bill, Jim Ferrara, Vina and Violet worked together to transcribe her speech. Bill also gave a speech to the Tribal Council in Karuk and in English. The stories can be downloaded from Bill's site at <http://ncidc.org/bright/karuk.html>

Registration is now open for the Introduction to the Karuk Language course offered at Southern Oregon University in Ashland this summer. Phil Albers Jr. is the instructor. The three-unit class will meet Monday through Thursday June 21 – July 18th. For more information, call Phil at (530) 842-1644 or visit the web site <http://www.sou.edu/summer/>.

Speaking of Phil Albers Jr., he asked me to pass on something very nice that happened at his son's four-month checkup. The doctor asked if Gavyn Machnatach had started to say 'baa' or 'daa' or 'gaa.' Phil and Elaina said no, but that he had been making 'x' sounds, as in 'xáyfaat' or 'xáath,' and 'oo' and 'uu' sounds. They've been speaking mostly Karuk to him this whole time, and now that he's beginning to try

Language News: continued...

out speech, he's repeating the Karuk sounds he's been hearing! How very nice, to be part of bringing up one of a new generation of Karuk speakers.

If you've been to a Tribal Council meeting lately, you'll hear more Karuk language being used to conduct the meetings. When voting, all Council members vote either hãa (yes), pûuhara (no) or puupítihara (I abstain – literally 'I'm not saying.'). When a motion has been made and seconded, Arch Super, Chairman, says so in Karuk. After the vote is cast, Arch announces in Karuk whether the vote was yes or no. Váa vúra yéeship!

The People's Center

Fred Nahwooksy

The Karuk People's Center is the museum/cultural center of the Karuk Tribe of California. Located in Happy Camp at the Karuk Tribal office complex, the Center is open on Tuesday through Saturday from 10AM to 5PM, excluding holidays. Additional evening hours for the Center's Library are Tuesday and Thursday from 6PM to 9PM.

Library: The People's Center Library is supported by a Basic Grant from the Institute of Museum and Library Services and contains some 550 books, videotapes and periodicals that are available for use on-site during regular daily hours and on Tuesday and Thursday evenings. Two computers and a printer are available in the Library for research and word processing.



The People's Center Library

Basketweavers Project: The Karuk Basketweavers Project is sponsored, in part, by grants from the Seventh Generation Fund and the National Endowment for the Arts. The first Karuk Basketweavers Gathering was held on April 24 & 25 at the People's Center. A full article with photos will be included in the next issue of the Karuk Newsletter.

Exhibitions: Displays in the Center's gallery were recently updated and include a white deer skin loaned by the Hillman Family. Julie Burcell and Leo Carpenter, Jr. have contributed valuable time and effort to the installation and interpretation of the gallery displays. Our thanks to them for their hard work.

Building for Tomorrow

by Rod Hartman, Construction Manager

Construction activity by the Karuk Tribe and the Karuk Tribe Housing Authority is in high gear, and has been – even over the winter just past. From Yreka to Orleans you can see many new projects which will benefit the Karuk people and the communities in which they live.

In Yreka, we are nearing completion of extending roads and utilities in our housing development which will open up approximately forty new home sites. Although this project had to be suspended over the winter, we will soon get back to work to stripe the roads, install new guardrails and speed limit signs, crosswalks and a bicycle lane. Apsuun will be completely paved from end to end. Our engineers are completing bid documents for new roads and utilities to add fifteen elder-friendly homes in the area of Apsuun and Dove Lane. These high quality, factory-built homes, have already been ordered by KTHA, and you can look for work to start in the next four to six weeks. We also completed the expanded Karuk Tribe Health Clinic, which opened last May and is now providing improved medical and dental services.

Happy Camp has a new Tribal pharmacy building on the grounds of the Tribe offices. This building was once used by Head Start near Happy Camp Elementary School, and was relocated to Second Avenue. Our force account crew built a new “no-leak” roof, totally renovated the interior, repainted the building and made a silk purse out of a sow’s ear for our pharmacist and staff. We will soon add a new driveway lane off Second Avenue to allow for two-way traffic into the parking lot, and parking spaces for the pharmacy.



Newly built Karuk Tribe Housing Authority office building

KTHA’s new administration building is substantially complete and open for business. The housing staff has moved in, and the vacated offices across the way will soon be occupied by the Head Start personnel. The new building includes a large meeting room for housing committee sessions, a geothermal heating system, and generous use of woods indigenous to our area.

There are two new manufactured homes on Upper Itroop, with sites available for seven more. And we are planning for a new shop building for the KTHA maintenance crew. Three new homes are under construction for Tribal elders under the Bureau of Indian Affairs’ HIP program. One home is nearly ready for move-in, and the others should be complete within a few months. We encountered many obstacles getting building permits from Siskiyou County for two of these homes, but your Tribal Council

was determined to see these homes built – and we are!

In Orleans we are completing new roads, utilities and sitework for ten elder-friendly homes off Big Rock Road. This former run-down trailer park will soon see brand new three-bedroom homes with garages and front porches, treed lots, and plenty of open space. The homes are ready and waiting in Oregon, and the contractor is getting the foundations ready now. By the time this goes to press, you might see houses sprouting up.

I’d like to express my appreciation for Lori Arwood, who was recently hired by the Housing Authority to help me in organizing the contract files, bid documents, purchasing and correspondence that these projects generate. I can see the top of my desk again, and she’s already filled a four-drawer filing cabinet – in alphabetical order!!

Maintenance Update

By the time this article reaches print, twenty-two trees will have been planted at the Happy Camp administration site. So far the response has been very positive. The big news for the maintenance crew is the beginning of the excavation for the new Happy Camp Brush Dance pit. This dance site will be located on the Ish



Trees planted at the Happy Camp Administration Site

*Fred Burcell, HIP/Maintenance Supervisor
Trust Land Building Inspector*

Kayish Ranch just up river from the Horse Program corrals. The excavation can be seen from Highway 96, across the river, just past the upriver side of town. Dates for the actual construction of the “house” will be advertised and posted for those who care to be a part of the building process.

Karuk Tribal Pharmacy Update

*Wes Valentine
Executive Director of Health and Human Services*

The Karuk Tribe's Pharmacy officially opened its doors on March 8, 2004. In the first three weeks we have filled over 1500 prescriptions. We continue to provide next day service to the Orleans and Yreka communities. The charging policy printed in the last edition of the newsletter did not properly address those Tribal members living outside of our service area. This has been clarified. The Pharmacy Charging Policy as approved by the Tribal Council is as follows:

1. Karuk Tribal members living within our service area or receiving care at one of our facilities
 - a. No charge for covered medications.
2. Medi-Cal patients living within our service area or receiving care at one of our facilities
 - a. Native American – No charge for Medi-Cal covered medications.
 - b. Non-Native American – Share of cost must be met first, then no charge for covered medication.
3. Karuk descendants and other California Indians living within our service area or receiving care at one of our facilities
 - a. \$2 for each 30 day supply of medication, maximum charge not to exceed \$10 per each day medications are filled. NOTE: Patients must call refills in at least two business days in advance for this \$10 daily cap to apply; otherwise patients will be expected to pay \$2 for each individual 30 day supply of medication. Non-prescription items (Over the Counter - OTC) are not included in the \$10 daily cap.
4. Non-California Indians living within our service area.
 - a. Cost of medication plus \$5 dispensing fee, or usual and customary price, whichever is less.
5. Karuk Tribal members and members of other federally recognized Tribes living outside the Karuk service area who do not receive care at one of our facilities.
 - a. Cost of the medication plus 20% plus \$5 dispensing fee, or usual and customary price, whichever is less.
6. Non-Indian beneficiaries
 - a. Cost of medication plus 30% plus \$5 dispensing



Karuk Tribal Pharmacy, Happy Camp

New Pharmacy Services in our Clinics

*Lois Gonzales,
Administrative/Medical Records Supervisor*

Now that the Karuk Tribal Pharmacy has opened in Happy Camp, pharmacy services in Yreka have changed somewhat. Here is a summary of the changes:

Medications ordered through the Karuk Tribal Pharmacy are usually available for pick-up at the Yreka Clinic after 3 o'clock p.m. on the following day. Depending on the client's eligibility status, there may be a charge for medications. Payment may be made in cash or by credit card.

If you have medication refills on file, you may call the Karuk Tribal Pharmacy directly for refills at 493-2022 or toll-free at 877-580-9051. Please allow 72 hours to process medication refills.

Please call the pharmacy if you have additional questions.

Pharmacy Update: continued...

fee, or usual and customary price, whichever is less.

7. Non-Indian spouses and dependents of Karuk Tribal members living within our service area or receiving care at one of our facilities.

- a. Cost plus 10% plus \$5 dispensing fee, or usual and customary price, whichever is less.

In addition, the Karuk pharmacy is a California licensed facility. We are unable to fill prescriptions from physicians and practitioners from outside of California unless they have a California license.

Please call in refills 72 hours before you run out of medication so that we can make sure your prescription arrives on time.

If you have any questions you may contact our pharmacy at (530) 493-2022.

Staffing Update

Sara Spence, Human Resources Manager

As the Karuk Tribe of California continues to grow and employees continue to come and go, we thought it would be beneficial to start publishing updates on changes that take place. The following changes were made since January 1, 2004, and I sincerely apologize if I missed anything but I think it is pretty well covered. Please visit our website at www.karuk.us for a complete listing of all employees as well as their titles and contact information.

Currently, there are more than 150 employees working for the Tribe. Summer will bring an increase in seasonal and fire crew employees and we expect that number to reach nearly 200 employees!!!

I will continue to publish this update on a quarterly basis to let everyone know what is going on – please let me know what you think!

Trista Parry was hired as Grant Writer and Resource Developer in Happy Camp on 1/5.

Hector Garcia was hired as Self Governance Director in Happy Camp on 1/12.

Judy Blind was hired as Family Nurse Practitioner in the Orleans Clinic on 1/30.

Jennifer Goodwin was hired as Education Program Coordinator in Happy Camp on 2/2.

David Arwood was hired as Accounts Receivable/Billing Clerk in Happy Camp on 2/9. **Michael Thom**, the previous AR/Billing Clerk, resigned this position to take the Accounts Payable position in the finance office in Happy Camp.

Darlene Navarro was hired as Tribal Court Appointed Special Advocate (CASA) Volunteer Coordinator at the Yreka Tribal Court House on 2/23. This is a new position in the ever-growing Tribal Court House.

Sheila Barger was hired as Community Health Representative in the

Yreka Clinic on 3/1. **Philip Albers, Jr.**, the previous CHR, resigned this position to take the Resident Services Coordinator position with the Housing Authority in Yreka.

Martha Sakota and **Geraldine Peters** were hired as Pharmacy Couriers to Orleans and Yreka for the newly opened Happy Camp Pharmacy on 3/8. These are new positions created for the pharmacy.

Alissa Johnson was hired as the Temporary Registered Nurse in the Orleans Clinic on 3/8 to fill in for **Bettesue Peugh** who is on a leave of absence at this time.

Jonathan Parton was hired as Information Technology Technician in Happy Camp on 3/9. This is a new position created to handle the growing need for information technology support.

John Jerry, Sr. was hired as Tribal Court Co-Mediator/Family Unity Facilitator at the Yreka Tribal Court House on 3/17. This is another new position in the Tribal Court House.

Bessie Munson was hired as the On Call Custodian in Happy Camp on 3/18. She will fill in for any of the Happy Camp custodians when there is a need.

Ramona Driver was hired as the Environmental Administrative Coordinator in the Orleans Department of Natural Resources on 3/25. **Sandi Tripp**, the previous Environmental Administrative Coordinator, was promoted the Director of Natural Resources and Environmental Policy!

Melinda Avechuco was hired as the DNR Clerical Technician in the Orleans Department of Natural Resources on 3/31.

DNR has started hiring back their seasonal employees and recently brought on **Harold “Sonny” Mitchell** as a Water Resources Technician, and **Daniel Goodwin, Clarence “Hawk” White, and Jay Jay Jackson (Reed)** as Biological Technicians in the Orleans Department of Natural Resources. They will work in the field on various projects throughout the Ancestral Territory.

Sheila Robinson was hired as the Clinic Receptionist in the Yreka Clinic

on 4/1. This is a new position created to help accommodate the higher flow of patients due to increased hours and providers.

Leeanna Tello was hired as the Medical Records Clerk in the Yreka Clinic, she is currently the Medical Records Clerk at Happy Camp Health Services and **Laura Ward**, the Happy Camp Dental Receptionist, will be taking her place when she relocates. Leeanna is taking **Lois Gonzalez’** position as Lois has been promoted to Administrative Supervisor/Medical Records Supervisor in the Yreka Clinic. **Leslie Alford**, the previous Administrative Supervisor at the Yreka Clinic resigned her position to take the Tenant Relations Officer position at the Yreka Housing Authority Office.

Kendra Whitman has resigned her position as Administrative Receptionist in Happy Camp to relocate to Grants Pass, Oregon. We will not be filling this position as changes are being made to allow the Council Secretary position to come on staff.

Florraine Super began working in the Happy Camp office as the full time Council Secretary on 4/19. This is a much needed addition to the Tribal government which will benefit the organization and its operations.

Marty Waddell has resigned his position as Information Technology Manager in Happy Camp to relocate to Medford, Oregon. We are currently in the process of filling this position.

Current Openings:

We still have three positions which remain open until filled which are:

- Bookkeeper at the Happy Camp Administrative Finance Office
- Chief Finance Officer at the Happy Camp Housing Authority Office
- Operations Manager in the Happy Camp Housing Authority Office

If you or anyone you know is interested in any of these positions, additional information can be obtained on our website at www.karuk.us. Just click on Employment Opportunities for more information about employment with the Tribe, to get an employment application, or to view position descriptions.

Karuk Tribal Court

April Attebury, Tribal Court Administrator

On February 26, 2004, the Tribal Council approved the proposal to establish a Tribal Court and the KARUK TRIBAL COURT began to function.

The mission of the Karuk Tribe of California (KTOC) is *to promote the general welfare to all Karuk people; to establish equality and justice for our Tribal traditions, customs, language, and our ancestral rights; and secure to ourselves and our descendents the power to exercise the inherent rights of self-governance.*

To further these efforts, the establishment of a Tribal Court that can exercise jurisdiction over civil disputes and criminal acts occurring on the Tribe's lands wherever situated, particularly those disputes and acts that the courts of the State of California lack jurisdiction over, is necessary to maintain peace and order on Tribal lands.

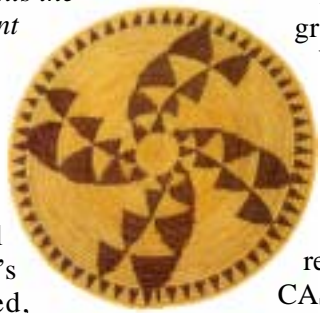
The court consists of a Peacemaker Dispute Resolution Mediation Forum, A Civil Division, Children's Division, Family Law Division and operates a Self-Help Office.

Court personnel currently include: April Attebury, Tribal Court Administrator; Darlene Navarro, Tribal CASA Volunteer Coordinator; Barbara Norman, Attorney and Mediator; John Jerry, CO-Mediator/Family Unity Facilitator. Volunteer Robert (Bobby) Goodwin provides clerical and administrative support.

The Tribe's Peacemakers Dispute Resolution Mediation (PDRM) program is fully operational, and many Tribal members utilize this valuable service to resolve disputes in a non-adversarial, culturally appropriate forum. A number of mediations have occurred since November, 2003, mostly in the family

and juvenile areas.

The Court thus far is funded by grants and has recently applied for funding to assist in entering into a multi-agency agreement in Siskiyou County. The Siskiyou County Domestic Violence and Crisis Center and the Tribal Court are reviving the Tribe's role in first response to domestic violence cases involving Tribal members, and hope to offer a trained domestic violence advocate who can appear in court in cases involving Tribal members.



The Court has secured a grant (through the Office of Victims of Crime) to fund a Tribal CASA (Court Appointed Special Advocates) Program. The Tribal CASA Volunteer Coordinator is targeting recruitment for six (6) Tribal CASA volunteers, who will be brought on board and trained by July, 2005.

The Tribal Court and the State Superior Court have submitted for legal review to the California State Administrative Office of the Courts in San Francisco, a draft Inter-Governmental Agreement regarding the two Courts relationship and mutual desire to work cooperatively in Indian Child Welfare matters.

In March, the Tribal Council appointed Jim Falkoski, David Arwood, Tom Waddell and Marlene Rodriguez to serve as the Judicial Oversight Committee. All Candidates had to file petitions with the support of at least twenty-five documented Tribal members, and letters of intent. The Oversight Committee will have their first quarterly meeting in June. The Oversight Committee is responsible for assuring that the Judicial Branch operates ethically and in accordance with policies and procedures.

If you have any questions, please contact the Karuk Tribal Court at 530.842.9228.

Tribal Grants

Trista Parry, Grant Writer/Resource Specialist

Ayukii,

I'm back! I was rehired on January 5th to be the Grant Writer/Resource Developer.



For those of you who don't know me, I was originally hired by the Karuk Tribe on January 4, 1993 and served in many different positions until October of 2001 when I moved out of the area with my family. It is great to be home and to once again be writing grants for the Tribe.

As the grant writer, I work closely with program staff to identify possible funding sources, plan program design and staffing, create project budgets and develop funding proposals. Although we cannot discuss specific proposals currently under review by funding agencies, I can report that since January we have submitted three letters of intent, three full proposals for new funding requesting a combined total of \$1,835,544, and two proposals for reoccurring funding requesting a combined total of \$52,181. These proposals have been submitted separately to federal, state, and private agencies. Keep in mind, these are only the proposals that were submitted through my office. Many Tribal programs do a great job of writing and submitting proposals for their own programs and are in addition to those listed above. Keep your fingers crossed! Remember, it takes a considerable amount of time to receive a reply for most grant programs, so in the interim, we will continue to coordinate Tribal and local needs with possible funding sources.

Please feel free to contact me with any questions you may have. You can e-mail me at tparry@karuk.us or through the staff directory on our website www.karuk.us I can also be reached by phone at 1-800-505-2785 extension 2021.

Fiscal Department

2003 Fiscal Audit

Laura Mayton, Chief Financial Officer

Ribail, Stauffer & Associates, LLP, have been hired to audit all of the Tribe's entities for fiscal year 2003. Fieldwork for the 2003 audit has been completed for the Karuk Tribe of California and the Karuk Tribe Housing Authority. The fieldwork went very well, and our auditors have indicated that there are no reportable audit findings for either of these entities.

Fieldwork for the Karuk Community Development Corporation is scheduled to begin the week of May 3, 2004.

Fiscal Year 2003 Spending Levels:

The Karuk Tribe of California spent about \$11.9 million for fiscal year 2003. This does not include spending by the Karuk Tribe Housing Authority or the Karuk Community Development Corporation.

Most of the Tribe's revenue comes from federal and state funds and must be spent on specific programs. Approximate spending levels for the Karuk Tribe of California for fiscal year 2003 in thousands are shown below:

• Health: -----	\$3,949
• General Government: -----	\$2,594
• Yreka Clinic Remodel: -----	\$1,201
• Natural Resources: -----	\$1,163
• Pass-through to other entities: -----	\$683
• Social Services: -----	\$480
• Roads: -----	\$477
• Capital Projects (Excluding Yreka Clinic Remodel): ---	\$457
• Education (Including Head Start): -----	\$449
• Culture: -----	\$145
• Tribal Court: -----	\$118
• Fire Crew: -----	\$117
• Housing & Community Development: -----	\$100

Job Opening

The Karuk Tribe of California is currently looking for a bookkeeper in Happy Camp. The pay range for the job is \$25,000 to \$38,000 per year depending on experience, and the new bookkeeper will report to the Chief Financial Officer. If you are interested in this job, please contact Sara Spence at the Karuk Tribe of California administration office in Happy Camp.

Contract Compliance Update

Erin Hillman, Contract Compliance Specialist

In March, the Tribal Council approved a Memorandum of Agreement between Indian Health Services, the Happy Camp Community Services District and the Tribe for the purposes of providing \$75,000 toward the cost of replacing the pipeline crossing on the Klamath River Bridge. This is just one example of how our Tribe works in collaboration with many different agencies to upgrade services to the surrounding communities.

The funding provided by Indian Health Services is based on the Native American population in the Happy Camp area. The project was first developed for the installation of new water tanks, infiltration water intake system, treatment filter and water line replacement. Some of the other funding that contributed toward this project came from the Karuk Tribe Housing Authority, Federal Emergency Management Agency (FEMA) and USDA Rural Development. The replacement of these fifty-year old pipelines is the last step in the Happy Camp Community Services Water System Upgrade Project and had been delayed until now, due to lack of funding.

The annual self monitoring of the Education Program was also initiated in March. I met with Executive Director Wes Valentine, TERO Director Dion Wood and the newly hired Education Coordinator Jennifer Goodwin to audit the program. All identified deficiencies in the client files during the audit were corrected and I am happy to report that Jennifer has made outstanding progress in organizing information, updating grant recipient files and implementing procedures that will help this program run more efficiently.

Currently this office is monitoring and reporting for 72 open contracts and grants. In the first quarter of 2004, the Tribe has submitted thirteen (13) applications for funding totaling \$1,250,830. Twenty-three (23) professional services contracts were reviewed and approved for submission to Tribal Council and seven (7) contracts/grants have been closed. The Tribe received Notification of Award for nine (9) grants in the amount of \$590,732. The awards were for new funds for CASA (National Court Appointed Special Advocate Association), Bureau of Indian Affairs 2004 Watershed Restoration Program, Bureau of Indian Affairs Hazardous Fuels Reduction and continuation of funding for the Tribal Court, the Elders Program, Title IVB, State of California Community Services and Development (2), and LIHEAP (Low Income Home Energy Assistance).



Notes from the Secretary:

Florrine Super, Council Secretary

Ayukii, I'm happy to be able to continue what I strongly believe in, and that is to communicate Council activities to the Tribal Membership. The following excerpts are notes on meetings I participated in during the last quarter.

Special Council meeting held in Happy Camp on 1/18/04: Being a new Council member, I felt we needed to discuss and carry out unfinished tasks. Some issues we discussed were: Have the Department of Natural Resources publish their organizational chart in the newsletter; work on having a resource computer in all three communities so people could access our website; have Wes continue to work on an agreement with Hoopa Ambulance to provide services to the Orleans area; inform all committees that the Tribal Council would like to have their committee reports and minutes so we can hand them out to members; continue to follow up on the health budget; have training for the Tribal Council and all committees; have Lynn post meeting minutes at all our Tribal offices; continue to research Temporary Assistance for Needy Families (TANF); research options for our Oak Knoll building; have Lynn put director and committee reports on the website; rearrange office space so departments are in appropriate areas; have the Gazebo be the designated smoking area for staff; and have staff meetings to update employees about Council issues.

Trust Reform Consortium Review meeting in Happy Camp on 1/29 & 1/30/04: The purpose of the trust reform review was to evaluate the Tribe's procedures for trust asset management. Trust assets are defined as land, timber resources, and natural resources. Through a consortium of several Tribes, a pilot project has been presented to the BIA to allow those Tribes to manage their own trust asset records. Fiscal Department and Contract Management policies and procedures were explained during interviews. In addition, Information Technology staff were interviewed on procedures regarding the safeguarding of the Tribe's computer system. Several BIA staff members and Sacramento area office personnel participated in the review. As a



Florrine Super

funds and how we use those funds to provide services to the Membership.

People's Center meeting held on 2/2/04: Fred Nahwoosky requested this meeting with the Council. We reviewed the People's Center Policies and Procedures. A suggestion was made to take three girls and five boys to Washington DC to perform a demonstration dance for the Smithsonian's Native American dedication. Fred is working on having a basket weavers gathering honoring Madeline and Grace Davis. This will be held April 23-25 in Happy Camp.

Indian Child Welfare (ICW) Committee meeting held on 2/3/04: The purpose of the Karuk Tribe ICW Committee is to help our social workers attain compliance with the Indian Child Welfare Act, and maintain an on-going communication with Tribal Council and other appropriate entities. ICW Committee members are; Florrine Super (chairperson), Florence Conrad, Steve Zufelt (Yreka representative), and Josh Saxon (Orleans representative). Staff who participated were; Wes Valentine (recording secretary), Lisa Goodwin (social worker), and Daniel Pratt (social worker). At this meeting we revised the committee procedures. We also set a goal to have a foster home located at our Yreka housing. (We are still working on this goal)

Tribal Courts meeting held on 2/5/04: April Attebury requested meeting with the Council. We reviewed Tribal Court policies. The Tribal Court feels that in many cases, mediation is preferable to utilizing a judge, and has made this their goal. A Judicial Oversight Committee will be developed. Applicants will submit letters of intent. We plan to put these positions on our election ballot at a later date. April suggested using our Tribal flag or the DNR logo as our official

Council member, it was great to see how knowledgeable and competent our employees are. They did a great job showing how we process government

seal. April has been working very diligently to have ordinances, policies, and codes in place for our judicial system.

ACQI Meeting in Yreka held on 2/11/04: This meeting was attended by all providers, billing clerks, and the executive director. The medical records department is doing exceptionally well with their quarterly reports. They realize that some areas need improvement, but they are on top of it. Diabetic project: Dental wants to assist more diabetics. Providers need to refer their patients over to our dental department. Leeanna gave her audit report and they have improved in all areas. This was a good meeting for me as a Council member to participate in because they addressed issues regarding services to patients, what the clinic is doing and what they must do to improve that service.

Election Committee meeting in Happy Camp held on 2/12/04: The Council requested meeting with the election committee. We wanted to share ideas with them as they are planning for the upcoming 2004 elections, as well as discuss future goals. Currently, Ellen Johnson, Scott Quinn, Flo Lopez, Cecilia Arwood, and Florrine Super sit on the committee. Flo Lopez has been appointed chairperson. At this time, we have two openings to fill. A question came up as to why a member has to prove their Membership twice. Once when requesting a ballot and again when submitting their vote. Another goal is to have members register to vote. We would like a clarification of the background check for candidates. A long term goal is to have area representatives. The committee will meet and work on these goals. The election date for this year is November 2, 2004. We have two, four-year Member at Large positions to vote in.

Social Service meeting in Yreka on 2/20/04: I met with our Social Service Department. Wes Valentine (executive director), Lisa Goodwin (social worker), Daniel Pratt (social worker), Robert Super (substance abuse counselor), Joe Snapp (substance abuse counselor), Dr. Burns (medical director), Mary Matchett (social services receptionist/billing clerk), and Marsha Jackson (RPMS site manager), was in attendance. We covered the billing process, forms that need to be completed, and services to be billed.

Notes.... continued on page 12

Notes... continued from page 11

Election Committee meeting in Happy Camp held on 2/23/04: We will begin the process of having members register to vote. We will develop new forms to make it easier for members to vote and to request an absentee ballot. We also revised the Election Ordinance.

Quartz Valley Indian Reservation (QVIR) hosted a meeting in Yreka on 2/27/04: Olin Jones was a speaker who presented Public Law 280. This law addresses having a police force on Tribal land. SB911 is a bill that gives Tribal police the same authority as a police officer in California. Practicing this law does not waive a Tribe's sovereignty. Public Law 280 is hard for a Tribe to establish because it costs a lot of money, so to make this work, Tribes have to collaborate with different task forces. This was the main purpose of the meeting. Those in attendance included several different county agencies, representatives from the Karuk Tribe, and also from QVIR. Another meeting is tentatively scheduled for April. Connie Reitman was another speaker who presented information on domestic violence referrals. Her organization works out of Sacramento and covers Siskiyou County. They provided information on emergency food, shelter, counseling and advocacy. The Karuk Tribe is not on their consortium, but has been invited to participate. I plan to ask Connie to attend our Council meeting in April to give a presentation.

Planning meeting in Happy Camp held on 2/29/04: The purpose of this meeting was to discuss program goals with department

managers, so when we are required to make decisions on behalf of their programs, we have the background information we need. The TERO director's goal is to have representation on the CIMC Board, and to have more information on the webpage regarding TERO. Finance directors explained the need for an additional bookkeeper in our finance department. The Council gave approval to fly this position. Hector Garcia (self governance coordinator), would like to look into purchasing a truck stop in Yreka. The education departmental goal is to look into after-school projects. To do this she would need to seek additional funding. A Council goal is to educate our directors in grant writing, therefore, a grant presentation will be conducted by Sue Burcell in May. The Council would like all programs to seek funding so we can provide more Tribal members and support Tribal issues. The IT Department is planning to create a survey to assist all departments within the Tribe. These are the highlights I had in my notes. For more information, you can contact Sara Spence.

Department of Natural Resource weekly meeting in Orleans held on 3/1/04: Items discussed were: Interviews for the Environmental Administrator will be scheduled soon. DNR staff offered to do a presentation for the Council. Their goal is to keep the Council informed of DNR activities. DNR has extra money and would like to use it on grants for consultants, and to pay off some DNR vehicles. DNR also enters into complex negotiations with the federal government on occasion, and Ronnie Piece can assist our DNR office with those negotiations. Council involvement is needed to advocate for our Tribe regarding our natural resources. Ron Reed would like a summer camp to introduce our youth to fisheries. Our fire crew is looking for work when there are no fires. They also need the money for two people to head the fire crew.

KCDC meeting in Happy Camp held on 3/3/04: Newly appointed board members are David Arwood, Michael Thom, Alvis Johnson, Robert Goodwin, and Leon Hillman. The hardware store is having financial difficulties. We went over expenditures and took out what we could to bring cost down. The obstacle is having competitive prices and having better stock on hand. There was a lot of discussion on how we could improve our profit, but it

will take money. Council approved giving the hardware store \$30,000 for inventory and suspend the \$1140 owed by hardware. The \$30,000 will be added to the previous loan once they get back on their feet.

CASA Planning meeting in Yreka held on 3/5/04: This meeting was requested by Darlene Navarro. Their main objectives were to look over the CASA program, develop a mission statement, and plan dates for fund-raising. We selected the following mission statement: *The mission of the Karuk Tribal Court, Court Appointed Special Advocate program is to train and support court approved volunteers to advocate for Native American children who need representation in the State/Tribal Juvenile Court system, serving the children's best interests quickly and efficiently while preserving Tribal traditions and restoring common bonds.*

Met with a few Tribal members in Happy Camp on 3/9/04: The issues discussed were; Give Tribal members and/or employees written rights when Council has declined and/or made a reversal of decision. This will assist the people involved with their next step. Council has been offered to have Human Right's classes presented. Leaf Hillman suggested setting up a goal to have due process through our TERO program to make sure we have checks and balances.

ACQI meeting in Yreka via phone conference on 3/10/04: Went over provider qualifications, policies and guidelines, blood pressure control and patients receiving diuretics at Yreka Clinic. We set a goal to educate non-Tribal members about Native American issues. (I will be on this committee.)

The Tribe is having a difficult time recruiting people to sit on boards/committees. If you are interested in sitting on a committee or would like more information, please contact me. Our goal is to have a representative from all three areas.

If you would like additional information and/or have any questions, feel free to contact me at any time. I send out a weekly schedule and provide information on upcoming meetings or openings for jobs and committees. If you would like to be on my email list, send me your email address with a note saying you would like to receive this information. Florraine Super (530) 842-7094, (530) 493-5305 extension 2052 or fsuper@karuk.us. Yootva.



*View of Happy Camp from the Town Trail.
The Karuk Tribe of California
Administration office complex is located
in the center of the picture.*

The Creator Put Fire on the Mountain

Bill Tripp, Air Quality Coordinator

Long ago, when people lived in harmony with their surrounding environment, fire was deeply entwined into the native societies of the Pacific Northwest. During this time, people had learned to use fire for many reasons. One of these reasons was to enhance the quality and quantity of basketry materials. There was an abundance of fire dependent cultural use plants that were used not only for baskets but as critical food sources and ingredients for medical remedies. Another use of fire was to maintain mid-slope grasslands for deer and forage for other wildlife.

People during this time were uniquely adapted to living with fire. Cultural uses of fire were a part of every day life. Certain individuals would spend a good portion of their life just gathering wood for heating and cooking. In the fire adapted ecosystems that existed during that time, people would walk in excess of ten miles a day in order to find enough wood to carry home.

In the early 1900's, strict fire suppression policies were introduced. During this era, fire was seen as a negative



influence on the landscape, harming the young conifer trees that were the primary management focus of the US Forest Service. Not only was there the enactment of the new fire policies, but there were also programs established to eradicate porcupines and gophers. These creatures have a purpose just as fire has a purpose. It just so happens that their purposes are directly related. As fire burned through the forest to maintain the ecological balance, the porcupines thinned the conifers to help ensure low intensity burns when fire returned. The gophers reduced the seedlings and aerated the soil for healthy root growth and water penetration.

After nearly a century of effective fire suppression, we are faced with a whole new set of dilemmas, issues and problems. Under the direction of the National Fire Plan, we are faced with a task that will take well more than a century to effectively implement. There are many more aspects to achieving the long term goal of restoring natural fire regimes than people currently realize. We know many agencies are able to receive funds and complete on-the-ground work just

like they have for so many decades; but our current objective is to begin teaching the philosophies of natural fire.

The Karuk Tribe sees the management strategy that is needed as being more like managing “into the mirror” (working backwards with a widening view). When you look into a mirror, the first thing you see is yourself. Then you can widen your view and look past yourself to see what you need to do to enhance the ever expanding multitude of resources and ecological processes. The further you look back in time, you see the steps to take in order to implement the integrated management process that will re-establish the well balanced ecological systems that were once in place throughout the Pacific Northwest.



There have been many projects completed to date in the Karuk Ancestral Territory. Fuels reduction treatments have been performed by the Tribe, the Forest Service, and local Fire Safe Councils. The Tribe is currently attempting to incorporate the protection and enhancement of Black Oak trees, and the reintroduction of porcupines, into areas slated for landscape level fuels treatments. With the Fire Safe Councils performing treatments on and around private property, the Forest Service Managing the NEPA process, and the Tribe filling in the gaps, we can establish partnerships and build the local capacity to handle local problems as outlined in the National Fire Plan.

The Karuk Tribe believes that these partnerships are critical to completing the overwhelming task at hand. Our partnerships are getting stronger and collaboration is getting better, but we need to get away from small scale project implementation. It is time for the acquisition of program based funding. In order to implement the national fire strategies, we now need to build local capacities. By having local crews work year-round completing fuels treatments and maintenance of treated areas, there will be a specialized workforce with intimate knowledge of the geographic area in which they work. This specialized knowledge will enable crews to respond quickly to wildland fires as they occur and will know where to put fires out and where to let it burn.

In utilizing this strategy to complete the reintroduction of natural fire regimes while protecting our homes, supporting wildlife habitat, enhancing our forest resources, reducing global air quality impacts and lowering fire suppression costs, we can help bring back the original reasons for *why the creator put fire on the mountain.*

Fisheries Scholarship

Molli White, Fisheries Office Manager

The Karuk Tribe of California Department of Natural Resources would like to invite you to apply to our Klamath River Inter-Tribal Fish and Water Commission Scholarship Fund. This scholarship is designed to further the education of Karuk Tribal members pursuing a career in Natural Resources.

This scholarship will be in the amount of \$1,000 delivered over two semesters. Each semester will have an

award of \$500; grades must meet set standards in order for the second semester award to be valid. Applicants will be ranked based on their applicant information package.



Interested students must provide the following information by June 15, 2004 to the Karuk Tribe Department of Natural Resources. (NOTE: There is not an application form)

- A letter from the applicant demonstrating (1) An interest in Natural Resources, (2) Commitment to education, community/culture, (3) Academic merit, and (4) Financial need. The letter should address all four points. The letter may be up to two pages in length.
- Resume
- Two letters of reference
- Copy of Karuk Tribal Membership card
- Minimum grade point average of 3.0
- 2004 graduating high school seniors: Please provide documented proof of application to an institution of higher education to study in the area of Natural Resources along with a copy of school transcripts.
- College students: If you are currently enrolled in a higher education program, please provide documented proof of studying in the area of Natural Resources along with transcripts.

Scholarship information and inquiries should be directed to:

Department of Natural Resources

Attn: KRITFWC Scholarship

P.O. Box 282

Orleans, CA 95556

-or-

Fax your application to:

(530) 627-3448

Attn: KRITFWC Scholarship

Scholarship Withdrawal Guidelines

Questions can be directed to: (530) 627-3446

Scholarships: continued..

1. Scholarships shall be withdrawn only by the individual named on the account.
2. Each written scholarship withdraw request shall be presented to the Department of Natural Resources director and the chief fiscal officer.
3. Each written scholarship withdraw request shall be accompanied by picture identification and proof of enrollment in a university, college, or vocational training facility.
4. Each scholarship recipient shall show proof of at least one (1) natural resources related course in a higher education institution.
5. Scholarship funds may be used for expenses such as tuition fees, books, travel costs, and living expenses.



Kenneth Brink and Tuffy Tims hard at work

Department of Natural Resources

Sandi Tripp, DNR Director

Mission/Narration/Departmental Structure

The mission of the Karuk Tribe Department of Natural Resources is to protect, promote and preserve the cultural/natural resources and ecological processes upon which the Karuk People depend.

With a Membership roll of over 3,300, the Karuk Tribe is the second largest Indian Tribe in California. The Tribe's Ancestral Territory includes over one million acres within the Klamath River Basin.

In 1850, many Karuk People were made to flee and were suddenly displaced from their Ancestral Territory. This resulted in an abrupt discontinuance of well established stewardship activities and management of Tribal ancestral lands. Hunting, fishing, native plant gathering, burning and ceremonial practices were well planned following cultural, spiritual, seasonal, and ecological principals.

By the early 1900s, most of the Karuk Ancestral Territory was placed under the administrative jurisdiction of the U.S. Forest Service. Though times were difficult, the Karuk People always stood strong, and recognized Tribal sovereignty and inherent rights in the protection and preservation of culture and traditions.

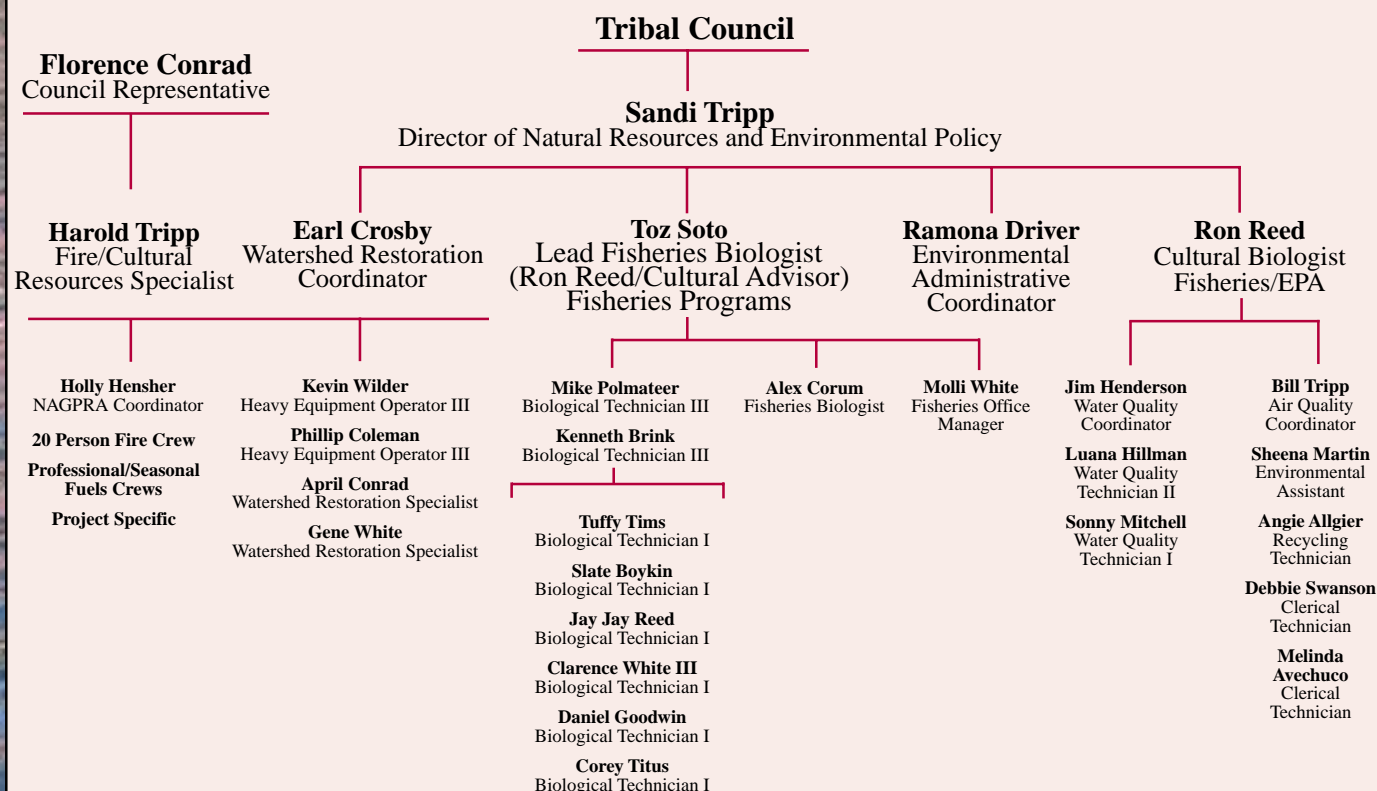
The people strived to maintain the well established ecosystem management practices that were passed down from generation to generation for over ten-thousand years. Karuk People never lost sight of the need to directly and actively participate in resource management decision-making and project implementation throughout our area of influence.

In 1990, the Karuk Tribe established the Department of Natural Resources (DNR) to address Karuk Tribal concerns related to land and resource management throughout the Ancestral Territory. Our primary objective is to implement a carefully planned cultural management strategy to enhance, protect and preserve the environmental quality within the Karuk Ancestral Territory. In an effort to achieve this objective, the Karuk Tribe Department of Natural Resources is leading and actively participating in all issues concerning the protection and preservation of Tribal trust resources.

The following flow chart illustrates the Natural Resources Departmental staffing structure. The staff members of DNR are professional and dedicated individuals who strive to meet the mission goals of the Department of Natural Resources.

The Karuk Tribe Department of Natural Resources is located in Orleans, California. If you're interested in more information regarding our programs or projects please feel free to come by our office or contact us at (530) 627-3446/ dnr@karuk.us.

Karuk Tribe Department of Natural Resources Departmental Structure Plan





Head Start Report

Toni McLane, Head Start Director

Here it is springtime and the Head Start Program will be celebrating another successful year with classes ending on May 21. Currently, Happy Camp Head Start has nineteen children in their center, and the Yreka Center has created opportunities for Yreka children and families by providing a morning and afternoon class serving approximately 34 children. The Head Start Program has focused on child outcomes in the eight domains of child development, which includes language; literacy; mathematics; science; creative arts; social and emotional development; approaches to learning; physical health and development. The growth and progress of these children are noticeable each and every month that goes by.

The program was scheduled for a Federal Review April 19 – April 23, however, federal staff notified the program that they are unable to meet this timeline and would be rescheduling the review at a later date.

The Head Start Policy Council and Tribal Council guided Head Start staff in implementing the Head Start Policies and Procedures Manual. We appreciate their time, effort and guidance.

The Head Start Policy Council has been very beneficial for the Head Start Program this school year. Policy Council members for Yreka are: Lorelie Jerry; Suzie Cost; April Attebury; Richard Black; and community representative Lorelei Super. The Policy Council members for Happy Camp are: Raina Stoner; Danielle Cruz; Carrie Davis; Dorcus Harrison; Amy Harrison; and community representative Nadine McElyea. Head Start thanks them for their dedication and commitment in helping Head Start comply with the Head Start policies, procedures, rules and regulations.



Head Start students learning traditional Karuk dance in Happy Camp

Head Start Recruitment

Toni McLane, Head Start Director

The Karuk Tribal Head Start is recruiting for the 2004/2005 school year.

If you have little ones who are Head Start age which is three to five years old, or know someone who has children in this age group, please let them know we are accepting applications at this time. The child must be three years old on or before December 2nd, 2004.

All children currently enrolled this year are automatically eligible to return in September without filling out a new application. However, we will need to update information in your child's file.

Karuk Head Start is a full service program, providing bus service, nutritious meals, services to children with special needs, medical and dental examinations, hearing and vision screenings. We implement the Creative Curriculum with a strong emphasis on early literacy, language, and numeracy skills, including social/emotional development, culture and the Karuk language.

If you have any questions or would like an application mailed to you, please contact Toni McLane at: 1-800-505-2785 ext. 2053. Monday through Friday 8am to 4pm.

Applications can be picked up at, and returned to, the Karuk Tribe Administrative Office in Happy Camp.



Hands-on learning at the Yreka Head Start Center

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us. All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

Senior Center Program

Babbie Peterson, Senior Center Supervisor

Orleans - We have been serving senior lunches at Panamnik Center in Orleans since February 13, 2004. Everyone is invited to attend our Grand Opening celebration on May 13, 2004 at 3:00 p.m. The May Health Board Meeting will follow the Grand Opening.



Mealtime at Panamnik Center

The Orleans Community Computer Center signed a Memorandum of Understanding (MOU) with the Karuk Tribe on

October 27, 2003 that states that the Tribe will provide room to house the Computer Center at Panamnik Center and provide utilities and janitorial services. The Computer Center will continue to operate as an independent, non-profit business, as it has since it opened. The Computer Center also has an MOU with Orleans Elementary School for internet access, and provides time for the school to use the center. We are happy to share our space with them for the benefit of our communities.

We are working toward opening the community library. Many donations of books were from a grant for libraries that the People Center received, from community members, and from Tribal members as far away as Montague. Many thanks to everyone who has donated to this program. At this time we do not have library services in the Orleans/Somes Bar area, since the Humboldt County Library Book Mobile is out of service, so we are looking forward to opening. We will have books to check out, some reference books that will remain in the library, some videos that will remain in the building, and computers for tutoring and school work.

Lavern Glaze moved traditional basket classes to Panamnik Center on Sundays. We have taken elders to gather acorns at their favorite gathering places, and look forward to having cultural and other activities in our new building.

We have had multi-generational activities, with Somes Bar's Junction School, Orleans Headstart, and the Orleans Elementary School. Our next planned activity is the Forest Service bringing Smokey and a fire engine to do a fire safety presentation. The Orleans Headstart, and Orleans/Somes Bar Fire Safe Council have been invited to join us for that activity.



*Elders gathering acorns.
Pictured: Ora Smith in
background and the late
Ruth Knudsen*

Military News

Erin Hillman



PFC Josh Hillman

Private First Class Joshua Piccoruk Hillman, son of Leeon and Erin Hillman, graduated from boot camp at Fort Knox Kentucky on February 5, 2004. PFC Hillman is a 2003 graduate from Happy Camp High School where he excelled in track and field and computer graphics design. Hillman joined the Delayed Entry Program in February 2003. He is one of seven of his high school class of 26 who have entered the military service. His hobbies include paint ball competitions and hunting.

PFC Hillman was one of six soldiers of his graduating troop of 162 that were rated an Expert Marksman with an M-16 Rifle. Hillman is stationed in Fort Lewis Washington with the Stryker Brigade, he has just returned from a 9 week long Joint Readiness Training Command (JRTC) in Fort Polk Louisiana, and will now continue his training as a driver of eight-wheeled armored vehicles.

If you would like to submit an article about a Tribal member or descendent who is serving or has served in the military, please contact my office at 800-505-2785, extension 2017. I would love to help you submit your article.

Senior Center Program continued...

The Caregiver Support Program started the 2nd Annual Caregiver Training. This year it is located in Orleans at Panamnik Center, with Kathy Wheeler, R.N., from the Area 1 Agency on Aging, facilitating this 33-hour class. We had twelve people attend the class and share lunch with the seniors. We will offer this course once a year and hope more people will participate. This is a very informative class on caring for people who are in need, and caring for yourself when you are providing that care.



*Caregiver Training classes at
Panamnik Center*

We are still working to open a meal site in Happy Camp - We received a small grant to work on the flooring in the Community Room Kitchen, to buy a commercial mixer, food storage containers, and service ware. We are currently looking for more funding to hire a cook and buy food to provide this service.

Quality Management and Compliance

*Lessie Aubrey,
Director of Quality Management and Compliance*

The Department of Quality Management and Compliance has recently submitted credential files to the health board for reappointment to the Karuk Tribal Health Program medical staff. Appointment to the medical staff must be completed every two years. Last month, Steven L. Burns, MD, Medical Director; Todd J. Weaver, DDS, Dental Director; and John S. Carlson, DDS, received their reappointments.

New providers receiving initial appointments to the medical staff this year were, Barbara North, MD; Lillian Maresca, MD; Michael Hess, MD; Mike Dehart, Pharmacist; and Jesse D. Drake, LCSW.

The Accreditation Continuous Quality Improvement Committee has completed selecting this year's performance improvement activities. They are:

- Blood Pressure Control
- Colorectal Screening
- Rx Delivery
- Diuretics with Potassium
- Adult Hepatitis B Immunizations, and
- Dental Diabetic Exams

For the Failure Mode and Effects Analysis, we have chosen to do a study on the safety of using nitrous oxide in the dental department. In this study, we look for ways the process could fail on a proactive basis, and then set up a plan to correct any identified deficiencies or risk.

All of the above mentioned projects have been selected as priority number ones. Priority 2, 3, 4, and 5 are listed in order below.

2. Identification Verification
3. Cultural Sensitivity
4. Leadership Communication, and
5. Human Resources Communication

Many of our patients have been involved in our annual Patient Satisfaction Surveys, and similar to them, we also do an Employee Satisfaction Survey. The Employee Satisfaction Survey was just completed last month. Some of the problems noted were:

- Poor communication
- Small chance to receive a merit raise
- Low opportunity for advancement
- Other departments don't understand your job
- Clarity of organizational goals, and
- Low level of team work

The level of pride felt by employees in our organization, and our organization's ratings, were good compared to other places.

Surveys are performance improvement activities, and through them we identify problems or deficiencies to focus on for improving our organization.

Honoring Our Nursing Staff

We would like to take the time to honor our Nurses during **National Nurses Week**, which is celebrated the week of May 6-12, 2004.

Yreka Clinic

Amy Coapman, RN, MSN, FNP
Sharon Denny, RN
Nita Still, LVN
Sharon West, Medical Assistant
Amanda Slay, Medical Assistant

Happy Camp Health Services Karuk Clinic

Carrie McLaughlin, CDE, MSN, FNP
Linda White, RN
Doreen Mitchell, Medical Assistant
Beth Reidiger, Medical Assistant
Suzanna Greeno, Clinic Aide

Karuk Orleans Medical Clinic

Judy Blind, BSN, FNP
Alissa Johnson, RN
Bettesue Peugh, LVN

Administration

Wes Valentine, RN, EDHHS
David Eisenberg, RN, PHN, Director of Community Services
Lessie Aubrey, LVN, Director of Quality Management and Compliance

Patient Drug Assistance Program

Amy Coapman, FNP



*Mary Kelly,
Patient Drug
Assistance*

The Patient Drug Assistance Program is going strong at the Yreka Clinic! Mary Kelly has been in charge of the program since September, 2003 and she currently has 69 clients enrolled. Mary works with patients to help them obtain medications at no cost directly from the pharmaceutical companies. This involves filling out and mailing forms specific to each company and medication, obtaining prescriptions from the medical providers, tracking refills, and notifying patients that their medications have arrived. Since October 1, 2003, the value of medications that Mary has obtained is \$67,272.32. This represents money that would have been spent by the Tribe or by people themselves that has been saved by Mary's program.

Each pharmaceutical company has its own regulations and restrictions. If you think you may qualify for the program, please notify your primary care provider or call Mary at 842-9200 ext. 119.

The Nurse's Corner

Information for Health and Wellness

David Eisenberg, PHN

The Lowdown on High Blood Pressure

At the clinic or when a CHR comes to call, you are sure to have your blood pressure checked. A soft cuff is placed around the upper part of your arm. The person doing the checking has a stethoscope in their ears and pumps on a soft rubber bulb. You feel the cuff tighten and then it slowly releases. Frequently, you can feel a pulsation in your arm as the pressure goes down. You are told your blood pressure is something over something, say 130 over 70. So what does that mean? What is healthy? What things affect my blood pressure?

The heart is a pump. It contracts and relaxes 60-90 times a minute when we are at rest. When the heart beats, it sends blood out to all parts of the body. You can feel that wave of pressure when you take your pulse. In between beats, the pressure is lower. These two measurements, the heart at work and the heart at rest are what make up blood pressure.

The higher pressure, when the heart is working is called systolic, and the lower pressure when the heart is at rest is called the diastolic. Blood pressure is always written systolic (higher) over diastolic (lower).

Many people who come to our clinics have high blood pressure. Current guidelines describe "normal" blood pressure as having an upper number less than 130 and a lower number less than 85.

As we all get older, our bodies tend to work less efficiently. According to a National Institutes of Health estimate, half of all Americans over the age of 65 have high blood pressure, which makes it more common than you may realize.

The good news is that you can take some very simple steps to help control your blood pressure, including:

Get up and move. Walk, swim, dance. Any aerobic exercise is better than none. It doesn't have to be strenuous. The point is to get your heart going strong.

Go for better eating, less cheating. Reducing salt and cholesterol are the biggest culinary factors in lowering blood pressure. Talk to your healthcare provider before starting a new exercise or diet routine.

Blow off smoking. Still smoking? Well now's a good time to stop. Smoking increases your chances of having a stroke or heart attack. Talk to your healthcare provider about the best ways to quit.

If prescribed, take your medication. If your healthcare provider has prescribed medication for you, you need to take it as directed, whether you're having a good or bad day, taking your medication regularly can help keep your pressure at a healthy level.

Dental Department Activities

Vickie Walden, RDA, Karuk Dental Office Manager

Dental Department Clinic Closures in May

In May the dental department will be closed from May 24th through the 28th.

Dental staff will be attending the Annual Indian Health Service Dental Conference in Lake Tahoe. There will be no dental services available during that week.

Monday May 31 we will be closed for Memorial Day

The Clinic will re-open on Tuesday June 1st

- The Hygiene Program has nearly completed our local school children's dental screenings. We try to do these screenings for grades K – 3 every year. Screenings are being handled by Nikki Hokanson, Registered Dental Hygienist, and Debbie Whitman, Registered Dental Assistant.
- The Karuk Happy Camp Dental Clinic continues their search for a full time dentist. At this time, we do have some dental services available. You can call (530) 493-2201 to find out about emergency walk-in services and if there are any routine treatment and/or examination appointments available.
- The Yreka Karuk Tribal Health Services Dental Clinic has a very full schedule, and Native Americans can call (530) 842-9200 ext #5 or 1-800-371-8080 ext # 5 for information on scheduling dental appointments and inquiring about walk-in emergency hours.
- Staff changes. The Karuk Dental Department would like to thank Laura Ward for the time she has spent working in the Happy Camp Dental Clinic. She will be missed even though she is not leaving the Karuk

Tribal Health Program. She is starting her new job as the Medical Records Clerk for the Karuk Tribal Happy Camp Health Services Clinic. Congratulations Laura. All the staff in the dental department wishes you luck and we hope you enjoy your new job.



Happy Camp Dental Examination Room

Yootva: Karuk Employee

Joe Snapp

Vickie Walden, RDA, Karuk Dental Office Manager



*Joe Snapp,
Substance Abuse
Counselor*

The Karuk Dental Department would like to honor co-worker Joe Snapp.

Joe is employed as a Karuk Tribal Substance Counselor.

Joe is a dedicated employee and takes pride in his work. I am sure most of the Tribal people in our local communities have met Joe and (like me) found him to be a pleasant, helpful person and very much a gentleman.

Joe was hired by the Karuk Tribe on August 19, 1993, as a drug and alcohol counselor. At that time, Joe had a college AS degree. He has worked as a counselor for eleven years, and during that time he has also continued to further his education, even though school took up a lot of his personal time. During the last eleven years, he has earned an AA degree, and when he completes this year's college classes, he will have a BS degree in human services. Joe told me it seems like he has been in school forever and he is looking forward to June 19, 2004, which is graduation day.

Joe supervises the following programs: Substance Abuse; Domestic Violence and Relapse Prevention.

In an interview I had with him, Joe answered the following questions for me:

1. What part of your job do you enjoy the most?

Joe: Helping people

2. What kind of future do you see for your program?

Joe: I see us having a residential treatment facility; a transitional living facility; women's domestic violence shelter and several businesses operating under the substance umbrella to support them.

3. What do you feel are the unmet needs in your program?

Joe: Recognition about the seriousness of the problems of substance; domestic violence and economic stability.

4. Do you have any memorable moments you can share with the readers?

Joe: I have a memorable moment every time one of our people straightens their life out.

5. Is there anything else you would like to share with our Tribal people?

Joe: I can't begin to express the importance of getting our people clean, sober and educated.

Yootva: Karuk Employee

Dr. J. Stan Carlson P.H.D., D.D.S.

Vickie Walden, RDA, Karuk Dental Office Manager

The Dental Department would like to express their thanks to Dr. Carlson for his many years of service to the Karuk Tribal Health Program. He was hired to work at the Yreka Karuk Dental Clinic on January 04, 1993. He started out working part time because he still had a dental practice in Oakland, CA. He traveled back and forth from Oakland to Yreka for about a year. During this time he was selling his practice in Oakland and preparing to move his family to the Yreka area. He had a tough schedule that year.



*Dr J. Stan Carlson,
P.H.D., D.D.S.
Yreka Dental Clinic*

He has been there for us for eleven years. He always made sure staff had his home phone number and a phone number we could call when he was on vacation, in case of a dental emergency. Thank goodness emergencies did not happen very often! When they did happen, he came into the office and took care of them. I personally had to place at least three after hours' calls to him because of dental emergencies. He has also been known to make home visits to patients that were unable to come into the clinic for treatment. He made emergency visits and provided treatment for a patient at the hospital: and during a time when Happy Camp did not have a dentist on staff, Dr Carlson traveled to Happy Camp one day a week to do emergency treatment for our patients.

He has been known to keep his patients and staff entertained with stories of his personal experiences.

He has been a school teacher, an oceanographer, and he decided to make dentistry his third career. He is one of the strongest advocates I know for higher education. He still talks about going back to college to further his own education.

He is a hunter, he loves ocean fishing, he has a great interest in studying bugs (he has staff & patients collecting bugs for him); he is a gardener (he loves to grow berries) and is one of the most knowledgeable people I know. When we travel anywhere with him it is like traveling with a walking audio encyclopedia. When we went to Lake Tahoe for a dental conference, he told us how much water there is in Lake Tahoe, what kind of algae grows in it, about the rock formations in and around it, about the quality of the water, how it was formed, and other items of interest.

Thank you, Dr Carlson and for your many years of services to the Karuk Tribal Program and it's people.

Ayukii, from the Education Department

Ayukii, my name is Jennifer Goodwin. I was hired on February 2nd as the new Education Coordinator at the administration office in Happy Camp. I am responsible for administering higher education grants, the Student Rent Voucher Program and also the Tutoring Program.

If you plan to attend college in the fall, now is the time to apply for a higher education grant and the Student Rent Voucher Program for the 2004-2005 school year. In collaboration with the Karuk Tribe Housing Authority, the Student Rent Voucher Program provides rental assistance for a limited number of low-income Native American resident students and non-resident Karuk Tribal member students, as determined on an annual basis. The deadline to submit your Student Rent Voucher Application is June 15, 2004.

The deadline to submit your higher education application is July 15, 2004. You can request applications by calling 1-800-50-KARUK, extension 2034, or e-mail me at jgoodwin@karuk.us and leave your name and mailing address. I am available Monday through Friday 8:00-5:00 to answer any questions you may have. If you need help with registering/applying for college, filling out financial aid applications or other education related activities, please just ask. I encourage our Tribal members to obtain their goals in education and am here to assist you to the best of my ability. In order to qualify for a grant with the Karuk Tribe you must:

- (1) Be an enrolled Karuk Tribal member
- (2) Be pursuing an AA, AS, BA, or BS degree, (no funding is available for graduate students as per BIA regulations)
- (3) Be enrolled full time, defined as 12 or more units
- (4) Maintain a 2.0 grade point average
- (5) Complete all required paperwork: Grant application, Financial Needs Analysis, Letter of Acceptance and submit a copy of your class schedule

Tutoring services are available during the school year for students in elementary and high school. In order for your child to qualify for the tutoring program they must be an enrolled member of a federally recognized Tribe and reside within the boundaries of the Aboriginal Territory. It is the parent/guardian's responsibility to choose a tutor for their child, but I can help you choose if necessary. (If you are a tutor who is available to offer services to students, please let me know.) Tutors must be 16 years of age or older. Requests for adult tutoring services are handled through the TERO office.

If you have any questions about the Tutoring Program, the Higher Education, or Student Rent Voucher Programs, please feel free to call me anytime.



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Spring, 2004

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Karen Derry,
Member at Large

Robert Goodwin,
Member at Large

Vacant,
Member at Large

Newsletter Production:

Desktop Publishing:

Rosie Bley

Editor:

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Written by:

K.T.O.C. Staff,
Members &
Descendents

Printed by:

Mosaic Press LLC,
Happy Camp

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.



Karuk Tribe of California

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Happy Camp, CA 96039-1016

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Karuk Tribe of California



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www.karuk.us

Summer 2004 Edition

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NOTICE OF ELECTION

Karuk Tribe of California

NOTICE IS HEREBY GIVEN that on Tuesday, November 2, 2004, the Karuk Tribe of California will conduct a Tribal election. Polling places will be open from **7:00 A.M. to 7:00 P.M.** at the following locations:

- Happy Camp Community Center "Old School Gym" 64326 2nd Avenue.
- Yreka Karuk Health Clinic Conference Room, 1519 South Oregon Street.
- Orleans Community Center, 39051 Highway 96.

TO BE ELIGIBLE TO VOTE: you must be an enrolled member of the Karuk Tribe and eighteen years old or older on the day of the election.

CANDIDATE ELIGIBILITY REQUIREMENTS AND PETITIONS: will be available on **Friday, May 14, 2004** at the Housing Authority Offices in Yreka and Happy Camp, the Karuk Medical Clinic Buildings in Orleans and Yreka, and the Tribal Administration Building in Happy Camp. Nominating petitions and proof of residency must be returned to the Tribal Administration Office in Happy Camp **no later than 5:00 P.M. Wednesday, August 4, 2004.**

Subject Matter of Elections:

Council Positions:

MEMBER AT LARGE	4 YEAR TERM	2004 - 2008
MEMBER AT LARGE	4 YEAR TERM	2004 - 2008

**** ABSENTEE BALLOTS**:** Requests for absentee ballots must be signed by the voter requesting the ballot and his or her signature must be verified by one of the following three methods:

- 1) by a notary public
- 2) by two eligible voters of the Tribe
- 3) by providing a copy of a State, Federal or Tribal signed I.D. card.

Any request for absentee ballots must be submitted in writing, with a return address, to the Voter's Registration Office. Forms can be requested from the Voter's Registration Office. (P.O. Box 815, Happy Camp, CA 96039) by 5:00 P.M. Wednesday, October 20, 2004.

It is highly recommended that absentee ballot requests be received by the Voter's Registration Office in a timely manner for those members who live outside the aboriginal territory, due to the amount of time it takes for mail to reach Happy Camp.

For more information we encourage you to call the Voter's Registration Office at 800-505-2785, ext. 2052.

Karuk Contents:

- | | |
|------------------|--|
| 2 & 3 | NIKYAAVIICHA, From the Chairman |
| 4 | Notes from the Secretary
Dr. Willett Joins KTHP |
| 5 | Ayukii, from Roy Arwood
Karuk Ceremonial Dates |
| 6 | Staffing Update |
| 7 | 8 th Annual Karuk Tribal Reunion
Contract Compliance Update |
| 8 | KTHA Update
Thanks to the Old Timers
Karuk Tribal Casino Update |
| 9 | Youth Mentor Program |
| 10 | Karuk Language News
Excellence in Leadership &
Professionalism Award
Exercise |
| 11 | Head Start Summer News |
| 12 | Kelly Lake Fishing Derby
Madeline Marie Davis
Department of Quality
Management & Compliance |
| 13 | LIHEAP, HIP, GA, SWEEP,
ADULT SERVICES Update
California Indian Legal Services |
| 14 | KCDC Update |
| 15 | Tribal Obituaries |
| 16 | Education Department News
Joe Snapp Earns Bachelor's
Degree
Congratulations Brett Rhodes! |
| 17 | Karuk Military News |
| 18 | Senior Center Update
Employment Opportunities |
| 19 | Who's Who in the Outreach
Department |
| Center
Insert | T.E.R.O., What is it?
Cultural Skills Information
Form |

Vote on November 2nd - Your Vote Counts!

Arch Super, Tapas yaas araara (Chairman)

NIKYAAVIICHVA (My work).....

Ayukii pa Karuk araaras, huut kich? Yaxa faat nikuupaheen. Ikiich iimkun piipi “faat takun ikupaveenahiti pa Yaas araaras karu pa Tapas yaas araar”. Tanixxuti iimkun ikxuriktiheesh karu uhyanavameesh pa Yaas araaras karu pa Tapas yaas araar, itihan. Yootva. *Hello Karuk people/relatives, how are you? Look what I have done. Maybe you folks say, “what they doing, the Council and the Chairman”. I think you folks be writing and calling the Council and Chairman all of the time. Thank you.*



Arch Super,
Karuk Tribal Chairman

The Chairman and the Council is open at all times to talk and listen to our Tribal Membership. If anyone has questions and concerns regarding our Tribal government, I encourage each and every one of you to get in touch with us.

Tribal Planning – The Tribal Council has an average of two meetings per month to cover issues of Tribal governmental development and Tribal Membership issues and concerns. These meetings give the Tribal Council several hours to work together.

Karuk Community Development Corporation (KCDC) Planning – The Tribe is continuing the process of getting the KCDC back in operational status. Management of this entity has been unsuccessful. Because of this, there have been changes in staff, programs and projects. We hope to have the KCDC back in order within the next few months.

Self Governance Communication – Councilmen, Robert Goodwin, Leaf Hillman, myself and Self Governance Coordinator, Hector Garcia, attended a Self Governance Communication conference in Orlando, Florida. Tribal leaders throughout the US were present to voice their issues and concerns regarding monies that are delivered to all Tribes. It was reiterated that those who represent our Tribes in Washington, DC must remember to fight for our rights and concerns.

Karuk Language – Vina Smith, other language representatives, and I, attended a language conference workshop in Klamath, California. The conference was super. There were several different Tribes in attendance. We covered many techniques of learning and teaching language. The program is strong and we are still striving to implement courage and continuous use of the Karuk language.

Panámniiik Center – We had an open house ceremony for the Panámniiik Center on May 13, 2004. The center is now open for use by the Indian and Orleans community.

Tribal Court – We attended a Tribal Court Laws and Policy workshop in Palm Springs. In attendance were Councilperson Florrine Super; Tribal Court Director, April Attebury; California Indian Legal Services attorney Stephanie Dolan; and Mediator/Consultant, Barbara Norman. April and her staff are doing very well at getting the Council up to speed with the development and progress of our Tribal Court. April has had several meetings with the Council and provides us with continuous updates. Our Tribal Court is doing well.

Management Team Meetings – We conduct monthly Management Team Meetings. The meetings are held with the directors of the Karuk administration. We go over issues, concerns, projects, and operations for the Tribal administration. The input of our departments is very important for smooth operations and progress. We encourage our members and employees to contact us at any time.

Department of Natural Resources (DNR) – I am continuing to learn the operations, programs, projects and grants that are run through the DNR department. Our DNR staff is very good at what they do. Their professionalism and goals to do the right things for our Tribe are outstanding. I attended meetings in Redding with Ronnie Reed of DNR, and Councilman Roy Arwood, regarding our relationship with the Bureau of Reclamation (BOR), which is another component of DNR. BOR has a lot to do with our water rights on the Upper Klamath. We continue to advocate for our rights. We are working on issues concerning Bunker Hill. I still have a lot to learn about Bunker Hill, but Scott Quinn, Leaf Hillman, Carrie Davis and Hector Garcia know



Karuk Ancestral Territory



our stand on the issue. We have continued relations with the Friends of the River, the US Forest Service, Caltrans and others. Before too long, I will know the ins and outs of the Department of Natural Resources.

Congressman Wally Herger – Hector Garcia made an appointment for our Council to meet up with Wally Herger. Congressman Herger visited the Horse Creek area to view the clearing of undergrowth in the forest. I was able to participate in the visit, along with DNR employees, Bill Tripp and another employee. The owners of that property were seeking assistance through the State of California to assist in land clearing. The cleaning project in that area was splendid. If the State would assist in such a project and if the Tribe was able to engage as well, it would bring work and employment to the area and for our Tribe. Hector Garcia will be looking into the possibility. We were also able to meet up with Congressman Herger in Yreka. Hector Garcia, Scott Quinn, Carrie Davis and I went about discussing issues regarding some of our DNR projects.

BIA Budget – Councilperson Florraine Super, Hector Garcia and I attended a Bureau of Indian Affairs (BIA) Budget meeting in Arcata with BIA representatives. It was a very interesting setting. We learned about line items that our cost budgeting comes from. This clarifies the budgeting process and makes it easier for us to understand and to relay information to the Council and our membership. Our budget is basically the same as it was last year. I believe one of our line items has more money coming to us.

Tribal Employment Rights Ordinance (TERO) – I attended a TERO conference with the TERO Committee. The conference was good. There was a lot of Tribal testimony about how TERO has impacted many Tribes and what TERO can do for Tribes now and in the future. I was hoping the conference would have covered more rules, regulations and guidelines of TERO but I feel that our direction and instruction will come from our TERO Director, Dion Wood. We also had some of our Tribal youth in attendance. They made a good appearance with involvement, presentations and speeches.

Happy Camp Computer Center – We have been working with KCDC, Happy Camp High School and the California Wellness Program. Because of our KCDC status, there have been changes in staff and program moves. We plan to have our Community Computer Center back in operation by August.

Condolences – I send my regards to the family, friends and relatives of our Karuk full blood elder, Barbara (Davis) King, elder Willis Conrad Jr., and Tribal members Hoss Bennett Jr., and Richard Johnson. I also send my condolences



Ishkêesh Ranch, Happy Camp

to our other Tribal members, family and friends who have passed on.

Casino – Councilpersons Florraine Super, Roy Arwood, myself and Self Governance Director Hector Garcia met up with our attorney Bradley Downes, and State representative Dan Kolkey, regarding the stance on our casino venture. The meeting was productive. It appears that we do have our process in order. We have started a Memorandum of Understanding (MOU) with the City of Yreka; we are waiting for a Lands Determination from the National Gaming Commission which they say should be determined within two weeks; the State is coming up with new provisions, and our Tribe is hopeful about dealing with them; so I would say that we have some positive connections in our Casino endeavor.

Casino Legislation / Washington DC – Hector Garcia and I went to a conference in DC on July 13, 2004. The conference reiterated the issues of Tribal gaming. It appears that a lot of our representatives in DC are in favor of Tribal self efficiency, self governance and Tribal prosperity. It is very important that we continue to receive their support and the support of our brother Tribes.

Lines of Communication – It was suggested that the Council review the Communications that we have put in place on our Karuk website. We have information, but the information is not being updated as often as it should be. I will be working with our program directors and the IT department to ensure updates.



*Arch Super
Tribal Chairman*

Notes from the Secretary:

*Florrine Super,
Council Secretary*



Florrine Super

Ayukii, Well it's that time to report to the Karuk membership. I've decided to report on projects that I am specifically involved in.

ELECTIONS: For 2004, we have two positions open for Member-at-Large. Both are four-year terms. We have a hard working and dedicated committee that consists of the following people: Flo Lopez

(Chair), Scott Quinn (Vice-Chair), Cecilia Arwood (Secretary), Elsa Goodwin, April Attebury, and Donna Sanchez-Goodwin. Notice of elections were posted the beginning of May. Petitions are due August 4, 2004. This year we are requiring the candidates to turn in fingerprints with their petitions instead of waiting to approve their paperwork. Background checks take some time to get back and have the information needed to deem a person eligible. Be a part of the new tradition—Vote on November 2, 2004.

TRIBAL REUNION: This year's Tribal reunion will be held on September 18-19, 2004. I've had three community meetings and received a lot of great ideas. The Council approved to hold the Basket Weavers Gathering during the Tribal reunion. We are planning a softball tournament, volleyball tournament, horseshoe tournament, and talent show. We will also provide more traditional activities such as card

games, demonstration dances, stick games, and we will provide traditional food. Our staff will have booths set up so you can get information on different programs and meet our employees. Camping and motel information will be on our website for your information. Volunteers are needed. Contact me if you would like to be involved!

KARUK TRIBE FOSTER HOME: Our goal is to have a Karuk Tribal Family Foster Home located at the Yreka Karuk Tribal Housing. We will be recruiting couples who are interested in becoming foster parents. The need is great for our Tribal children. We plan to provide a safe, loving and culturally sensitive home environment. Please contact me if you're interested.

GAMING ENDEAVORS: There will be an update on the website soon.

WEBSITE: This web site is dedicated to providing information about the Karuk Tribe of California's upcoming events such as Tribal Reunion, elections, and updates on gaming endeavors. Also, it provides Council and staff contact information to the membership. Please be sure to check it out at www.karuk.us!

If you would like additional information or have any questions, feel free to contact me at any time. I send out a weekly schedule with information on upcoming meetings and openings for jobs and committees. If you would like to be on my email list, send me your email address with a note saying you would like to receive this information.

Florrine Super 530-842-7094 or fsuper@karuk.us
Yootva

Dr. Michael Willett Joins the Karuk Tribe Health Program

Wes Valentine, Executive Director

The Karuk Tribe Health Program is very happy to announce the addition of Dr. Michael Willett to our staff. Dr. Willett will be working at the Orleans Clinic two days per week from now until the middle of October. In October, Dr. Willett will become our primary provider in Orleans, working Monday through Thursday from 8am until 5pm. Dr. Willett and his wife are residents of Orleans. Dr. Willett graduated Medical School from Washington University and completed a residency in Family Practice at the Community Hospital of Sonoma County in Santa Rosa. He has recently worked at the Urgent Care Center of St. Joseph's Hospital in Eureka, and for the United Indian Health Service. Dr. Willett also worked for a year in New Zealand as the only doctor within a

200 mile patch of bush country. We are delighted to have him as our provider of medical care to our Orleans community.

Judy Blind, our current Nurse Practitioner in Orleans, will continue working at the Orleans Clinic two days per week until Dr. Willett is able to assume the full schedule. Judy will be staying with us and transitioning to our Happy Camp facility to replace Carrie McLaughlin who departed in June. We look forward to having Judy join us in Happy Camp and wish Carrie much success with her new career in Redding, California.



Dr. Michael Willett

Ayukii Tribal Members



Roy F. Arwood, Sr.

*Roy F. Arwood, Sr.
Councilmember At Large*

I feel very fortunate to be part of the Karuk Tribal Council. I am very appreciative of the quality of staff that we have administering our programs and how hard working they are. I feel that we have made great strides since the Tribe has become federally recognized, but we still have a long way to go before we reach our goals. My main goal is for the Tribe to work towards total self sufficiency.

Since becoming a Council member, I have been actively involved with the following committees:

Housing –

Housing is a very important subject to me, because of my mother Vera Davis Arwood. She was very dedicated to providing housing for our Indian people. She worked many years to assist in establishing the Housing program that we now have. I am committed to her vision for adequate housing for all Tribal members. Our Karuk Tribal Housing Authority staff has impressed me as being efficient, positive, and fun to work with. I would welcome any contact or correspondence if you have any concerns or questions.

Turtle Health/CRIHB

Health care is an extremely important issue for our Tribal members. Because Native Americans in general are so underfunded when it comes to health care, it is very important that we give our best effort to affect legislation-which is why we are involved in these different groups.



California Rural Indian Health Board (CRIHB) is a coalition of Tribes that are committed to affecting legislature on Indian health issues and the special needs of our Indian people in the health area. At this time the prison system spends more per capita on health care for the inmates than is allocated for Native Americans. CRIHB is currently developing statistics to present to the US Congress to show the need for better comprehensive health care for Native American People. Turtle Health Plan (TURTLE) is a non-profit Indian owned managed health care organization that is in the process of becoming licensed to administer Medi-Cal benefits to California residents who receive health care at Indian health programs throughout the state. They expect to become operational by September of 2004. Turtle Health hopes to offer benefits for Healthy Families participants and commercial health insurance for employees of Indian

organizations in 2005. TURTLE seeks to improve the delivery and quality of health care to Indians in California.



I am also involved in continuing efforts to provide rehabilitation and after-care services for our Tribal members who are seeking a better quality of life for themselves and their families.

TERO/Education –

Tribal Employment Rights Ordinance Department (TERO) and the Education Department go hand in hand by helping our Tribal members find productive and rewarding lives. TERO is in the process of refining our policies and procedures so that we can be more consistent when we administer goods and services. I would strongly encourage all Tribal members and descendants to register with TERO's Skills Data Bank, so when opportunities for employment arise, we will know right away who is qualified and available.

Our education committee is actively seeking additional funding to meet our educational needs.

I have discovered that this first year on the Tribal Council has been a learning process for me. With each meeting I have attended, I have learned something new that may be of use to our Tribal members. At one of the Housing Conventions I attended, I had the pleasure of meeting Commander John Herrington– the first Native American in space. What inspired me the most about his accomplishments was the fact that he did not have any special circumstances other than his desire and willingness to do whatever it takes. He said that our lives are shaped by the choices we make. Good choices seem to attract positive opportunities.

If anyone has any questions, please feel free to contact me and I will be more than happy to discuss your concerns with you.

*Respectfully Submitted
Roy F. Arwood, Sr.
Councilmember at Large*

Karuk Ceremonial Dates for 2004

July 30 - August 9:

Amekyaraam Jump Dance

August 11 - August 17:

Inam Pikyavish

August 28: Ti Bar War Dance

Aug 31 - Sept 6:

Tishawniik Pikyavish

Sept 10 - Sept 15:

Katimiin Pikyavish

Staffing Update



*Sara Spence,
Human Resources Manager*

*Sara Spence,
Human Resources Manager*

Here is the quarterly update from my office. This information covers April through June. We currently have nearly 150 employees on staff!

Dion Wood was hired as the Tribal Employment Rights Ordinance (TERO) Director on 4/19; he is taking **Judy Waddell's** place as she resigned in December of 2003.

Florrine Super joined the Happy Camp Administration Office as the Council Secretary on 4/19 and now works full time in that position.

Alissa Johnson was hired as the Registered Nurse in the Orleans Clinic on 5/3 and will be staying on staff as a regular employee in that Clinic.

Chris Kleeman was hired as the Information Technology Manager in Happy Camp on 5/14.

Rodney Hartman resigned his position as Construction Manager on 5/14; interviews were held June 29-30, 2004 and the position has been offered. We are still waiting for an official reply before announcing who the new employee will be.

Ducayne "Duke" Arwood was hired as the Groundskeeper/Maintenance Worker in Somes Bar/Orleans on 5/17.

Jeanerette Jacups-Johnny, and **Dennis Donahue** have been hired by the Department of Natural Resources to work as Cultural Monitors on various projects throughout the ancestral territory this season.

Janis Madkins, DDS has been hired as the full time dentist in the Happy Camp Dental Clinic and started 6/1. She

comes to us from Albuquerque, New Mexico and we can now offer full time dental services in Happy Camp!

Amanda Slay resigned her position as Part Time Medical Assistant at the Yreka Clinic on 5/19 and Elizabeth Reidiger from the Happy Camp Health Services Clinic accepted this position and transferred over on 6/7.

Ellen Johnson has been hired as the Administration Office Receptionist and works part time from 1 to 5 PM each day. She started on 6/11.

Susanna Greeno has accepted the position of Medical Assistant at Happy Camp Health Services that **Elizabeth Reidiger** vacated, and **Jamie Robinson** has been hired to fill her position at that Clinic. She started on 7/6.

Tanya Busby has been hired as the Assistant Social Worker in Yreka and started on 6/21. This is a new position to increase the services offered by that department.

Elke Head recently resigned her position as Patient Assistant/Referral Clerk at the Happy Camp Health Services Clinic and has started working on the Somes Bar Watershed Restoration Crew. Their seasonal crew has also grown to include **Angela Coleman** and **Jason Wilder** for this year's work.

Carrie McLaughlin resigned her position as Family Nurse Practitioner at Happy Camp Health Services on 6/18 to relocate to Redding. Her position will be filled two days per week by **Judy Blind** the Nurse Practitioner at the Orleans Clinic, and **Dr. Michael Willett** will be starting at the Orleans Clinic two days per week on 7/7 until he comes on full time in October of 2004. At that time Judy will transfer to Happy Camp full time and Dr. Willett will be in Orleans full time.

If you or anyone you know is interested in employment with the Tribe, current jobs openings are listed on page 18, and additional information can be obtained on our Website at www.karuk.us. Just click on Employment Opportunities for more information about employment with the Tribe, to get an employment application, or to view position descriptions.

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, **October 15** for the fall issue, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

8th Annual Karuk Tribal Reunion

*Coincides
with*

Basket Weavers Gathering

September 18-19, 2004 in Happy Camp, California

Don't miss the Tribe's staff information booths, vendors, demonstration dances and card games. Meet the 2004 candidates for two Member at Large positions, and honor our full blooded Karuk Tribal Members.

Motel, camping information and tentative event schedule will be posted on the Tribe's website at www.karuk.us.



Contact People:

Basket Weavers Gathering

Fred Nahwooksy 530-493-5305 ext. 2202

Open Co-ed Softball Tournament

Joyce Jones 530-842-6157

Open Volleyball Tournament

Arch Super 530-493-5305 ext. 2019

Open Horseshoe Tournament

Robert Grant, Sr. 530-842-1752



*Dinner at the 7th Annual
Tribal Reunion*



Tribal Reunion Director Florrine Super

PO Box 1016, Happy Camp CA 96039
1-800-50-KARUK extension 2052
fsuper@karuk.us

Contract Compliance Update

Erin Hillman, Contract Compliance Specialist

The Federal Government, through the Office of Management and Budgets Circular A-102, established the Uniform Administrative Requirements for Grants and Cooperative Agreements to State and Local Governments. The Tribe is responsible for adhering to these requirements in the administration of all its contracts and grants, with the exception of some state funds which have other similar guidelines.

Circular A-102, known also as the "Common Rule", dictates pre-award, post award and after the grant requirements. Pre award requirements include forms for applying for grants, state plans or special grant or sub grant conditions for "high risk grantees". Post award requirements include standards for financial administration, changes, property and sub awards, reports, records, retention and enforcement. After the grant requirements include close out, later disallowances and adjustment and collections.

Compliance to this circular by Tribal Staff is mandatory; the 54 page document is not an easy read but is a valuable tool for our staff for the consistent application of policy. Each program may have different goals and objectives but each is able to function more effectively by using these basic rules. Our directors are each responsible for knowing how this circular is applicable to their programs. This office, in partnership with the chief financial officer, has prepared in-service training on compliance to Circular A-102 and A-87 for staff members that is to be scheduled this fall.

For the third quarter of this fiscal year, March 1 through June 30, this office reviewed a total of fifteen (15) grant applications that were submitted for funding totaling \$3,479,393. Eighteen (18) Independent Contractor agreements and two (2) amendments were reviewed and submitted to the Tribal Council for approval. Nine (9) grants were closed out. The Tribe received notification of award for nine (9) grants totaling \$823,051. These included Department of Natural Resources grants for Watershed Restoration Projects (NOAA, BIA) \$136,964; Fisheries Projects (BOR, USFW) \$115,343; Department of Health & Human Services (Elders Programs, Title IVB and Head Start) \$570,744.



*Fisheries crew hard at work on a chilly
spring morning*



KTHA Update

Sami Difuntorum, Executive Director

The Karuk Tribe Housing Authority is pleased to have added four new staff members since January, 2004.

Yreka Office: Leslie Alford, Tenant Relations Officer
Phil Albers, Jr., Resident Services Coordinator

Happy Camp: Eddie Davenport, Loan Officer
Josh Saxon, Operations Manager

The KTHA administers a revolving loan program for first time homebuyers and has been able to assist four Tribal families in buying their first home this year.

We are in the process of developing a Community Development Financial Institution (CDFI). The initial focus of the CDFI will be home loans, financial literacy assistance, and small business loans.

KTHA is finishing the construction of ten Elder's Life-Estate rental units in Orleans. We anticipate being able to begin the move-in process for Orleans Elders in August.

The construction of fifteen Yreka Elder's Life-Estate rental units is underway. We anticipate utility and road construction to begin by the first of August.

For more information on services and programs offered by the Karuk Tribe Housing Authority, please call or visit one of our offices.

Yreka: 530 842-1644 - 1320 Yellowhammer Street, Yreka CA

Happy Camp: 530 493-5434 - 635 Jacobs Way, Happy Camp, CA

This writing was found in nanitaat's papers, I'm sure she meant to publish it.

Yootva. achiivich arwood

Thanks to the Old Timers

I lived in a mobile home since 1982 and I have moved into a new elderhouse on August 15, 2001 in Happy Camp.



Thanks to many past KTHA Executive Directors and Board Members who made this happen.

Vera Davis Arwood

John Isabel, Audrey Flower and Judith Marasco come to mind. Board Chairman Skip Davis, Board members Kenneth Peugh, Lorelie Super, Robert Super, Michael Thom, Viola Silva, Nina Benson. Past employees, Elsa Goodwin and Alvis Johnson.

Thanks to Sami Jo and John Frank, present committee Members and Council Members. It's a dream come true.

*A Happy Camper
Vera Davis Arwood*

(Vera's years of service for her people, both in KTHA and KTOC government merits her inclusion on this list.)

Karuk Tribal Casino Update

Bradley Bledsoe-Downes, Gaming Attorney

On Monday, July 12, 2004, representatives of the Karuk Tribe of California met with representatives of the State of California to negotiate a Tribal-state compact. The meeting was a follow-up to an initial meeting that occurred in February 2004. The Tribe's representatives included Chairman Super, Council Member Arwood, Council Member Super, and Self-Governance Director, Hector Garcia. The State's representatives were Daniel Kolkey and Deputy Attorney General Sara Drake.

The Tribal representatives discussed the Tribe's history, the Tribal Membership, local government support, and services provided by the Tribe to its members and the general public. The State's representatives discussed the various amended compacts recently approved by the State legislature and the issues contained therein. Specifically, the State's representatives noted that all Tribal-state compacts are entered into on a case-by-case basis and that the recent amendments to the 1999 compacts would serve as the basis for discussion. The State recognizes that the Tribe should be the primary regulator of Tribal gaming, but that the State would insist on provisions regarding the inspection and testing of slot machines,

licensing of employees, adherence to identified building codes, certain employee protections (including the right to organize (labor) and workers' compensation), and, finally, most importantly, revenue sharing with the State and non-gaming Tribes.

Tribal representatives expressed concerns regarding any requirement that the Tribe diminish its sovereignty or waive its sovereign immunity. Likewise, Tribal representatives expressed concern about any requirement that it be required to share excessive revenues with the State to the detriment of the membership. Both parties discussed those issues and determined that the next step is to obtain the National Indian Gaming Commission's "Indian lands" determination, provide financial projections to the State in order to adequately discuss revenue sharing, and to provide an update regarding local support for the Tribe's gaming project. The National Indian Gaming Commission's determination is expected by the end of July 2004. Discussions with the local governments are on-going.

Youth Mentor Program

March 2004 through June 30, 2004

Robert N. Goodwin, Cultural Practitioner

Corina Alexander, Naa Vura Yee Shiiip Program Supervisor



*David Goodwin
receiving certificate
from Larry Ketcher,
Chairman, Council
for Tribal
Employment Rights*

Our Youth Mentor Program started out with seven students. One dropped out and the program picked up two new students.

The program held several meetings where the students gathered information for the presentation: "Alcohol on Trial". This skit focused on the effects of alcohol on the body. Each student was assigned a part as they prepared to present the skit to the Happy Camp, Orleans and Yreka student communities.

Amanda "LuLu" Alexander from Yreka played the 'Judge'. Dillon Myers from Happy Camp played 'Zachery Daiquiri'. Danielle Quinn from Happy Camp played the 'Stomach'. Trevor Bailey from Yreka played the 'Liver'. Tonya Albers from Yreka played the 'Brain'. Monique Souza from Happy Camp played the 'Heart' and David Goodwin from Happy Camp played the 'Bailiff'. Tamara Alexander from Yreka filled in as needed to play the 'Stomach' and video the presentations.

Our first presentation was for the Yreka Head Start morning and afternoon classes. There are approximately fifteen to eighteen students in each class. Then we went to Jackson Street Elementary School and presented the skit to the seventh grade class of approximately 150 students. This was the largest audience and the presentation went over well. The principal was very impressed with four of our students who were former Jackson Street School students. The

principal remembered David Goodwin because he wore his Karuk necklace when he graduated from the eighth grade. This impression stayed with her, as that was her first year as principal. Some of these students had been in the Naa Vura Yee Shiiip Program at one time and it was nice to see them and for them to say 'hello' to the group.



*Amanda "LuLu"
Alexander Speaking
before the TERO
participants about
what she's learned*



Back row is the Youth Leadership panel with David Goodwin. Students who are standing includes Tonya Albers, Amanda Alexander and Dillon Myers

For the next presentation, we went to Happy Camp Elementary School and spoke to the sixth and seventh grade students. It was much easier on the Youth Mentors speaking before a smaller group. One of the student helpers was very impressed with David Goodwin's experience with alcohol, as this student is also battling with some of the same issues. It was good for both students to appreciate each others struggle in overcoming the daily challenges they go through to keep from going back to that life style.

Next we went from Happy Camp to Orleans Elementary School to put on the skit. Orleans Elementary School was a much smaller audience because it was getting close to school being out and some of the students had already left for the summer.

The Youth Mentor students worked well together. Throughout the program, two leaders and three potential leaders emerged. As they receive more training in the area of leadership, they will sharpen their leadership skills.

On June 14th-16th, the Youth Mentor Program went to the 27th Annual National TERO Convention in Reno, Nevada. This was the first time the TERO Council had invited youth to the convention. As future leaders of our Indian Tribes, it was very fitting for our youth to be in attendance. The theme: "Partnering to Enhance Opportunities" stressed the primary purpose of the TERO program to enforce Tribal law in order to insure that Indian Native people gain their rightful share to employment and all other economic opportunities on and near native lands.

Special activities for the students were part of the program and the youth participated in the general session each morning. Out of the forty youth that attended, Youth Mentor David Goodwin, from our Tribe, was chosen to represent the group. The panel of eight students (seven girls and one boy) was given about fifteen minutes to address the audience. David spoke of the importance of Tribal members to be involved in the culture and language of their Tribe, and how this relates to employment. David did an excellent job addressing the convention and was a good example of our Tribal youth getting involved with all areas of Tribal government.

The Youth Mentor Program is a great program and we hope to see it continue next year. This group of students has some good ideas of their own that show their leadership skills. They would like to have a Tribal Student Council and have students on committees to give their perspective. They all are willing to learn how Tribal government works. The Naa Vura Yee Shiiip Program wishes our youth the best in this regard.



*Dillon Myers with David
Goodwin in the background.
These are all pictures of the
students at the TERO
Conference in Reno, Nevada
June 12th through the 16th*

Karuk Language News

Susan Gehr, Language Program Coordinator

The Language Program has given away all 250 copies of the hûut ipíti: *A Guide to Karuk Pronunciation* video and the payêem vúra araráhîh ichúuphîti phrasebook with CD. Thanks to everyone for their interest. Copies of the video are now on sale for \$15.00 through the People's Center gift shop.

Our next releases include a CD collection of Karuk songs and a video of children's songs.

Recently, Karuk language teachers attended two workshops to improve their language teaching skills: The Advanced Teacher Training hosted by the Advocates for Indigenous California Language Survival, and the Stabilizing Indigenous Languages Conference at University of California at Berkeley.

We have weekly classes happening in Orleans on Wednesday evenings from 6:30 to 8:30 pm. The location for this class has been the A-frame next to Orleans Elementary, but will move to the new Panámniik Center any time. Phil Albers Jr. will start up the Yreka class again on Wednesday August 11th. The Happy Camp class, which meets Tuesdays 12:15-12:45 in the Council Chambers has been well attended. Starting the week of August 11th, Happy Camp will have classes twice per week, adding a class on Thursdays 12:15-12:45pm. For more information on these classes, you can call Jim Ferrara at (530) 462-4663 (Orleans), Phil Albers Jr. at (530) 842-1644 (Yreka), or Susan Gehr at (800) 505-2785, ext. 2205 (Happy Camp).

The Introduction to Karuk Language course taught by Phil Albers, Jr. at Southern Oregon University was a great success. It gave the eight students who completed the four-week intensive course a much-needed opportunity for immersion in the Karuk language. Topics covered in the course included Karuk pronunciation, writing and grammar basics, conversational basics and people and kinship terms.

We would like to thank the Karuk Tribal Council and Northern California Indian Development Council for their generous donations of scholarships for this class. Without their support, this valuable class would not have happened.

Excellence in Leadership and Professionalism

Sara Spence, Human Resources Manager

Congratulations to Dion Wood, TERO Director, who was recently awarded a plaque at the Region IX Childcare



Bob Garcia, Region IX Program Specialist, presenting Dion Wood with an award at the conference.

Conference held in San Francisco recognizing his leadership and professionalism by the US Department of Health and Human Services, Administration for Children and Families, Childcare Bureau. The plaque reads "The recipient of this award embodies the spirit of exemplary leadership and professionalism. He has inspired the Tribal Childcare Development

Fund (CCDF) communities, and is expected to continue achieving unprecedented standards for others to follow." Dion has administered the CCDF Program for our Tribe for five years and has served in Indian Country as Early Childhood Tribal Technical Assistant Consultant over the past two years. We expect that he will utilize these skills in his new capacity as the TERO Director for our Tribe. Good job Dion!!

Exercise

Sheila Barger-Jerry, Community Health Representative

Imagine a wonder drug that lowers your need for insulin or oral medication. One that improves your circulation, reduces your cholesterol, controls your blood pressure and lowers your risk of heart disease. A drug that improves your insulin sensitivity and reduces blood sugar levels up to 24 hours, reduces body fat, enhances muscle function, instills a sense of control and self-esteem, and provides some fun and excitement to boot.

Would You Be Interested in such a miracle pill!?!? What is it? EXERCISE!

We are starting the 100 mile walking club sponsored through the Karuk Tribe of California Community Health Representative Program. We meet at upper Greenhorn in Yreka from 9am-11am.

Contact Sheila Barger-Jerry at (530) 842-9200 ext. 127 to enroll. The Club has started but encourages new people to sign up. All ages are welcome... especially our youth!



Head Start Summer News

Toni McLane, Head Start Director

The Head Start Program is currently accepting applications for the 2004-2005 school year in Yreka and Happy Camp. Please call 530-493-2226 for an application. We accept three and four year-old children. The child must be three prior to December 2, 2004 to qualify. The application must also include child's birth certificate, proof of updated child immunizations and proof of family income. The Head Start Centers will resume class operations in September, so get your applications in soon.

The Head Start Program is funded by the Department of Health and Human Services, Head Start Bureau. It is funded yearly from January 1 to December 31. Our current budget is \$447,463 per program year. The budget operates Head Start, paying salaries for fifteen staff members, fringe benefits, Tribal indirect cost @ 15%, operating classrooms, utilities, transportation, parent services, disability services, building maintenance and repair, staff training, food costs, supplies, materials and equipment.

The Head Start Program is regulated through the Head Start Performance Standards, and the Head Start Act. The program is accountable for providing services to children and families. It provides transportation, early childhood curriculum, literacy, meals, parent services and involvement, field trips, dental services, health tracking, mental health assessments, community partnerships, reporting to Tribal Council, Policy Council and Center Committees.

The program strongly encourages community members, mothers, fathers, and guardians to be involved with their children.

The Head Start Program needs volunteers throughout the school year. If you are interested please let the Center staff know. They can always use an extra hand by reading stories to children, monitoring children, building repairs, yard work, or other skills. VOLUNTEERS are necessary to provide the programs with IN-KIND, which is another word for donated time, services or materials. The program is required to provide 20% Non-Federal Share through volunteers, donated items, and services.

Please volunteer at one of our Head Start Centers. We could sure use your valuable time!

The Head Start Administrative offices are now housed at the offices located next to the Happy Camp Head Start Center at 632 Jacobs Way in Happy Camp. Our phone number is 530-493-2226, and our fax number is 530-493-2223. Stop by and visit our new location.



*Karuk Head Start Administrative Office
and Happy Camp Center*



Visit our website at:
<http://www.karuk.us>

Staff at the Head Start Office are: Toni McLane, Director; Donna Goodwin Sanchez, Health and Education Coordinator; Sylvia Parry, Program Services Coordinator.

Center Staff are as follows:

Yreka AM: Cathy Scott, Teacher/Center Supervisor; Marlene Rodriguez, Teacher Assistant; Josie Jerry, Bus Driver ; Betty Robinson, Cook; Justine Jerry, Bus Monitor/Janitor.

Yreka PM: Nicole Finch, Teacher; Tara Quinn, Teacher Assistant; Rene Bussard, Cook; Josie Jerry, Bus Driver; Justine Jerry, Bus Monitor/Janitor.

Happy Camp: Linda Davis, Teacher; Nena Creasy, Teacher Assistant; Leona Peters, Cook; Denise West, Bus Driver.

2004 Fishing Derby at Kelly Lake

Carrie Davis



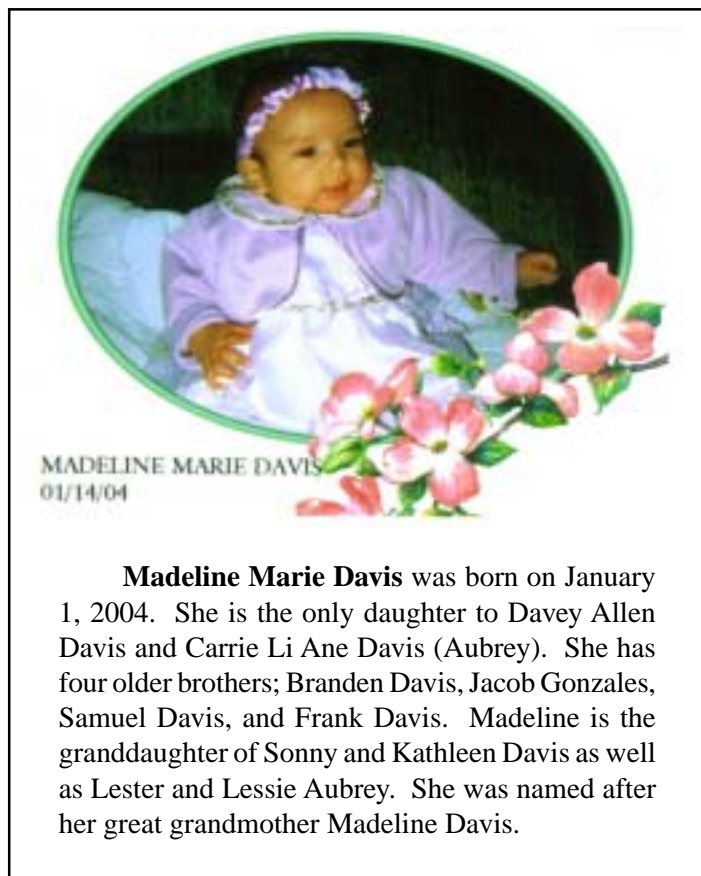
Frankie Snider caught the biggest fish of the day!

were biting and family and friends all gathered together to help the children fish. A large number of prizes were given out. Karuk Tribal Member Frankie Snider, age 8, was the big winner of the day with a 14" long fish. Frankie is the daughter of Frank and Barbara Snider.

This year's Fishing Derby at Kelly Lake on June 9, 2004 was quite a success. The United States Forest Service along with other contributors, sponsored the Fishing Derby. Many of our young Tribal Members were up early and at the lake just after daybreak. More than a few even stayed the night to make sure they got their favorite spot. It was a great day, the weather was wonderful, the fish



Karuk Tribal Member Frank Davis, age 3, with his catches!



Madeline Marie Davis was born on January 1, 2004. She is the only daughter to Davey Allen Davis and Carrie Li Ane Davis (Aubrey). She has four older brothers; Branden Davis, Jacob Gonzales, Samuel Davis, and Frank Davis. Madeline is the granddaughter of Sonny and Kathleen Davis as well as Lester and Lessie Aubrey. She was named after her great grandmother Madeline Davis.

Department of Quality Management and Compliance

New JCAHO Survey Process

Lessie Aubrey, Director of Quality Management and Compliance

Built into the new version of the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) survey process is a mid-cycle Periodic Performance Review (PPR), which is required at the eighteenth month of a triennial survey.

* The PPR is defined as "an additional requirement of the accreditation process whereby an organization reviews its compliance with all applicable JCAHO standards; completes and submits to JCAHO a Plan of Action for any standard not in full compliance, including the identification of Measures of Success; and engages in a telephone conversation with a member of the Standards interpretations group staff to determine the applicability of the corrective action plan".

* The Periodic Performance Review benefits a Health Care Organization in the following ways:

- Provides an educational tool to assess compliance;
- Encourages ongoing compliance with the standards;
- Helps reduce cost for survey preparation; and
- Facilitates a more continuous, efficient accreditation process by incorporating an additional form of evaluation.

Joint Commission

on Accreditation of Healthcare Organizations



We have reached our mid-cycle and have received our PPR Tool. We have three months in which to complete and submit the PPR to the Joint Commission. Our staff members are required to help complete the PPR and they will need time to meet with teams/committees and to review current procedures. The Karuk Tribal Health Program will do its best to keep clinic closures at a minimum.

Thank you for your patience as we prepare to provide our patients with improved quality care.

LIHEAP, HIP, GA, SWEEP, ADULT SERVICE Departments

Happy Camp Administration Building
1-800-505-2785 or 530-493-5305 Ext. 2025

Lisa Aubrey, LIAP Administrator

Ayukii!!!! It's that time again. I hope all of you are doing great. What I do for the Tribe is assist low income families with the following:

- **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible Tribal members. It provides eligible households with electricity, propane, wood and minimal weatherization. **WE NOW HAVE FUNDING AVAILABLE.**
- **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Tribal member.
- **Housing Improvement Program (H.I.P.):** This program provides grant assistance funding to repair or for the replacement of your home. To qualify you must:
 1. Be a member of a federal recognized American Indian Tribe or Alaska Native village
 2. Be income eligible
 3. Reside in the service area
 4. Send a disability/handicapped statement
 5. Have Proof of Ownership or Lease
 6. No prior HIP assistance

These BIA Programs are secondary Low Income Assistance programs. An applicant will have to apply or have applied for assistance from other federal, state, county, Tribal or local agency in the service area. The applicant must not receive any comparable public assistance.

- **General Assistance (GA):** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).
- **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining an incentive payment. An applicant can be on the program for two years final.
- **Adult Services:** Adult care assistance provides non-

medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.

For further information on any of the programs, call me at the above number. Yootva.

California Indian Legal Services

California Indian Legal Services (CILS) is the first Indian-controlled law firm organized to provide specialized legal representation to Indians and Indian Tribes. CILS provides free or low-cost representation on matters that fall within the priorities set by our Board of Trustees.



- **Free and low-cost legal services**
- **Indian Rights' Advocates for 35 years**
- **Serving California Indian communities**
- **Five office locations throughout California**
- **Legal education and self-help guides available**
- **Secures and protects the full civil rights of California Indians**

Case representations include:

- Use of and access to individual trust allotments
- Probates of Indian land and small estates
- Parent-student rights committees
- Indian students' rights
- Health care access
- Civil rights related to race or Indian religion
- Applicable tax exemptions
- Fee-to-trust land transfers
- Tribal representation on Indian child welfare
- Guardianship and Indian custodianship
- Eligibility of Indians for special benefits programs
- Unsealing Indian birth records

For more information, go to www.calindian.org
or call

California Indian Legal Services
324 'F' Street
Eureka, CA 95501
Phone: 707/443-8397 Ext. 105
(800) 347-2402

K.C.D.C. Update

Laura Mayton, Chief Financial Officer

The Karuk Community Development Corporation (chartered and owned by the Karuk Tribe of California) was created in 1994. Section 3 of the Corporation's Charter and Bylaws states that its purpose is as follows:

- 3.1 **PURPOSE:** The primary purpose of the Charter is to establish and authorize the Corporation to act in cooperation with the Tribe with respect to income-producing enterprises owned by the Tribe as a separate and distinct entity from the Karuk Tribal Council. The other purposes are stated as follows:
- 3.2 To develop resources in an orderly manner and to maximize wealth derived from such resources on behalf of the Tribe and its members;
- 3.3 To provide for separation of the Tribe's enterprise management systems from Tribal political processes;
- 3.4 To provide opportunities for investing resources in future enterprises based on viability, feasibility, efficiency and profitability.
- 3.5 To generate surplus revenue issuing to the benefit of the KCDC and the Tribe, which surplus revenues shall be used to provide necessary governmental services and other direct benefits to Tribal members.
- 3.6 To administer other programs identified by Resolution of the Karuk Tribal Council that do not compete with the Karuk Tribal Council and that contribute to the social welfare, education and employability of Tribal members and the communities in which they live.
- 3.7 To further Indian industry and labor, and economic development, within the Tribal jurisdiction as provided for in the Act of June 25, 1910, 36 Stat. 861 (25 U.S.C. 47), Section 1 of the act of May 9, 1938, 52 Stat. 302 (25 U.S.C. 306), and other federal laws supporting economic development in Indian country; and
- 3.8 To do any and all activities which may be necessary, useful or desirable for the furtherance, accomplishment, fostering or attainment of the foregoing purposes, either directly or indirectly, either alone or in conjunction or cooperation with others, whether such others be persons or organizations of any kind or nature, including corporations, firms, associations, trusts, institutions, foundations or governmental bureaus, departments or agencies.

The Karuk Community Development Corporation has struggled since its inception to achieve the goals of the organization. However, to date, the entity's success has been marginal. KCDC has started several for profit business ventures including the Karuk



Karuk Building Center in Happy Camp

Building Center, Design Works, and a construction company. The Karuk Building Center is still operating, but it is not profitable, and the Tribe has had to contribute capital to continue its operation. With the help of grants, Design Works, a rustic furniture business, was started. The products of Design Works were very nice but Design Works did not generate a profit, and is no longer in operation. The construction company started by KCDC lost money and was discontinued. When the construction company was dissolved, the Tribe paid off its debts.

The Karuk Tribe of California has spent several hundred thousand dollars to help the Karuk Community Development Corporation over the years, but the entity continues to struggle. The Tribe has loaned KCDC money to pay for management staff and overspent grants. Recently the Karuk Tribe of California paid the costs of the fiscal year 2002 and 2003 audits for KCDC. The Karuk Community Development Corporation currently does not have the funds to pay an executive director, so oversight of the entity's programs have become the responsibility of its board of directors. The Tribe's management has been helping the board when possible.

Despite the struggles of the Karuk Community Development Corporation, the entity has the potential of being very beneficial, and the Tribe plans to continue its operation. However, it has become clear that some restructuring is necessary. Currently the Tribe plans to continue the operation of the Karuk Building Center and to continue a partnership that it has with Stemple Wiebelhaus & Associates. The Tribe plans to administer the grants of KCDC through the Karuk Tribe of California until funding can be found to pay for the necessary administrative staff for KCDC. Currently KCDC has grants for the operation of the Naa Vura Yee Shii program and the Happy Camp Community Computer Center.

The Happy Camp Community Computer Center was closed for the month of July so that Happy Camp High School could clean the facility and so that an inventory of furniture and equipment could be taken. The Computer Center is scheduled to reopen on August 2, 2004.



Happy Camp Community Computer Center

Richard Allen Johnson

May 1, 1950 - July 2, 2004

Siskiyou County Native, Richard Allen Johnson, 54, passed away July 2, 2004 in Happy Camp.

Graveside services were held on July 8, 2004 at the family cemetery at Irving Creek, near Somes Bar.

Richard was born May 1, 1950 in Yreka, to Allen and Mildred Johnson Nash. He lived with his wife Debra Johnson in Shady Cove, OR but visited Happy Camp often.

Richard held office with the Karuk Tribal Council for several different terms. He was a medicine man and was very involved with the Tribe.

Survivors include his wife, Debra Johnson of Shady Cove; children, Ward Allen Johnson and his wife, Trudy of Happy Camp, Fred Johnson of Yreka, Jericho Lee Johnson, Elaine Rose Johnson and Lucy Louise Johnson, all of Shady Cove; sisters, Elaine Louise Cook and Geneva Lynn Donahue, both of Hoopa and Lee Leanette McCovey of Redding; brothers, Dennis Ray Donahue of Somes Bar and Edwin Gail Donahue of Eureka; and grandchildren, Nicholas Landrum, Ward Johnson, Jr., Sarah Louise Lambert and David Eugene Lambert.

Richard was preceded in death by his mother, Mildred Alberta Johnson; and a sister, Juanita Rose.

Barbara June Davis King

February 12, 1934 - June 24, 2004

Barbara June Davis King passed away June 24, 2004, surrounded by her loving family.

Barbara was born on Feb. 12, 1934 at Ti Bar. She attended many schools up and down the river, and eventually attended Chemawah Indian School in Salem, Ore., where she played the clarinet in the marching band.

Barbara also played the accordion, guitar and piano. Later Barbara attended college in Oklahoma.

Barbara lived her life as a giver which resulted in her failing to acquire many material possessions. She preferred to lavish her generosity onto others, especially her grandchildren. She was an avid reader and wherever she went you would find a book with her also.

Barbara was a lifetime member of the VFW Women's Auxiliary. She was a full-blooded Karuk Arara and was considered a family spiritual warrior.

Barbara met Aaron King, Jr. on July 4, 1955 and they were married on Oct. 11, 1955. They had three children, Martina June King, Shirlee Marlen King McAllister and Daniel Aaron King.

Barbara worked for and retired from the Eureka Fisheries in Crescent City. After retirement Barbara and Aaron Jr. returned to Happy Camp.

Barbara will be deeply missed by her survivors which include husband Aaron King, Jr.; son Daniel of Happy Camp; daughter and son-in-law Shirlee and Jeffrey McAllister; grandchildren

Willis Conrad Jr.

March 7, 1936 - June 27, 2004

Siskiyou county native, Willis Conrad, Jr., 68, passed away June 27, 2004. A funeral service was held on July 1, 2004 at the Karuk Community Center in Orleans.

Willis was born on March 7, 1936, to Willis and Letha Conrad. Willis married Florence Conrad of Somes Bar.

Willis served in the U.S. Army and was very active in Karuk Tribal ceremonies and was a charter member of the Karuk Tribal Organization. He was a story teller and avid hunter.

Survivors include wife, Florence Conrad of Somes Bar; children Carol Albertson, Willis Conrad III, Irene Avechuco, April Conrad Gayle, Melodee, Brewington, Tonner Conrad, Shawna Conrad, Karla Conrad, Tyler Conrad, Amber Conrad, and Briana Conrad; sister Wilma Attebury, brother Warren Conrad; 20 grandchildren; and numerous nieces and nephews.

Leslie Clarence 'Hoss' Bennett Jr.

September 22, 1937 - June 24, 2004

Forks of Salmon resident, Leslie Clarence "Hoss" Bennett, Jr., 66, passed away June 24, 2004 at his home.

Hoss was born in Quincy on Sept. 22, 1937, to Leslie C. Sr. and Lillian M. Bennett. He worked as a heavy equipment operator in construction for 20 years. Hoss loved mining. He was a member of the Karuk Tribe.

Survivors include children Tammy Rohn and Leslie Bennett, both of Ohio, Mariah Duran of Germany and Sun Bennett of Coos Bay, Ore.; his mother Lillian M. Bennett of Forks of Salmon; brothers Raymond, Jim, Jack and Robert Bennett, all of Forks of Salmon; sisters Shirlee Lincoln of North Bend, Ore., Nelda Jones of Roseburg, Ore., Linda Bennett of Etna and Tina Bennett of Forks of Salmon; and numerous grandchildren and great-grandchildren.

Graveside services were held on June 29, 2004 at the Bennett Family Cemetery in Forks of Salmon.

Barbara June Davis King... Continued

Zachary, Andrew and Laura Ann McAllister, all of Loleta; Jeffrey McAllister, Jr. and his fiancée, Sarah Reynolds of Crescent City; Randall McAllister on the USS Michigan in Banger, Wash.; Crispin K. McAllister stationed in Iraq and wife Evina; Jared Charley McAllister at Aviation Airman School in Pensacola, Fla.; and great-grandson Tyler Reynolds of Crescent City; plus numerous other relatives and friends.

Barbara was preceded in death by her parents, Francis S. Davis, Sr. and Grace Charley Davis; her brothers Francis S. "Sonny" Davis Jr.; Darvin "Mr. D2" Davis, Sr. and Floyd Davis; her sisters, Vera Davis Arwood and Shirley Davis Conrad White; and grandson Aaron Francis McAllister.

A celebration of Barbara's life was held on June 28, 2004 at the Davis-Charley Cemetery at Ti Bar.

Ayukii, from the Education Department

Jennifer Goodwin, Education Coordinator



*Jennifer Goodwin
Education Coordinator*

With college students getting ready for the 2004-2005 school year, the education department has been very busy assisting Tribal members with applying/enrolling for school, applying for financial aid and assisting with other paperwork and forms required by Colleges and Universities. The deadline for the Karuk Tribe of California higher education grant application was July 15. This year I have received 47 applications, last year there were 42, which means there is an increased number of our Tribal members seeking higher education. If you did not meet the deadline for the grant, there may still be limited funding available for the 2005 spring semester. You may contact the education department in October for further information. In order to qualify, you must be an enrolled Karuk Tribal member, be pursuing an AA, AS, BA or BS degree, be enrolled full time, maintain a 2.0 grade point average and complete all required paperwork.

There is still funding available for tutoring services for children and high school students who are struggling with their studies. The student must reside in the boundaries of aboriginal territory to receive services. The education department is still seeking qualified tutors, so if you or someone you know would like to be a tutor, please call the Administration office at 1-800-50-KARUK extension 2034.

The new Education Committee has been formed. The first meeting was held on May 25th. The committee meets semi-annually or as needed to help with decisions of the education coordinator/staff, review student files, sign grant award letters, attend training, research grant opportunities, assist in education department planning, chaperone travel and outings involving students, and other duties requested by the education department.

The education department encourages all of our Tribal members to obtain their goals in education. If you have any questions about the higher education grant, tutoring or any other education related inquiries, please do not hesitate to contact Jennifer Goodwin, Education Coordinator.

Joe Snapp Receives Bachelor Degree

Sara Spence

Joe Snapp, Substance Abuse Counselor for the Karuk Tribal Health Program, received his Bachelor of Science Degree in Human Services with a minor in psychology at the seventy-eighth annual commencement exercises of Southern Oregon University on Saturday, June 12, 2004 in Ashland, Oregon.

Joe has worked for the Tribe since 1993 and was featured in the spring edition of the Karuk Tribal Newsletter. We are very proud of Joe and the hard work and commitment he has put into his education to receive this degree.

The Tribal Council honored Joe at the July 29, 2004 Council Meeting by presenting him with a diploma frame with a lithograph of Southern Oregon University to display his diploma in style.



Joe Snapp

Congratulations Brett Rhodes!

To a bright and prosperous new future!
We are all proud of you!

Mom (Lisa Aubrey) & Family



*Brett Rhodes & Lisa Aubrey
at Brett's Graduation*

Karuk Tribe Military News

Erin Hillman

Parents Jeff and Shirley McAllister of Crescent City California have much to be proud of. Three of the McAllister's sons are currently serving in the United States Navy. Tribal Members Randall David McAllister, Crispin King McAllister and Jared Charley McAllister are the great grandchildren of the late Frances and Grace Davis and the grandchildren of Aaron and the late Barbara King of Happy Camp and Frank and Josie McAllister of Shelton, Washington.



Randall McAllister

Randall David McAllister

Randall David McAllister is assigned to the U. S. S. Michigan as a Culinary Specialist Third Class, stationed at the submarine base in Bangor, Washington.

Jared Charley McAllister

Jared Charley McAllister has recently graduated from the U. S. Navy Recruit Training in Great Lakes, Illinois.

Jared is scheduled to attend advanced training at Anti Submarine Warfare School in Pensacola, Florida, where he will become air crew and search and rescue qualified.



Jared McAllister

Crispen King McAllister

Crispen King McAllister is a Navy Corpsman with the 3rd Battalion 7th Marine Division out of Twenty Nine Palms, California. Crispin is married and is currently serving in Iraq near the Syrian border near Al Quirra on the Euphrates River.



Krispen McAllister

Jefferson Duran Brink

Tribal Member Jefferson Duran Brink, son of Ken and Karen Brink of McKinnleyville, California, is serving as a Corporal in the Marine Corp. Cpl. Brink is a 1999 Eureka High School graduate and joined the Marines on December 2, 2001. He graduated from boot camp at MCRD San Diego, Marine Combat Training in San Diego



Jefferson & Lynnea Brink

and heavy equipment operators training in Fort Leonardwood, Missouri. His home station is Twenty Nine Palms, California, with the Heavy Equipment Operations Engineering Battalion MWSS-374 (Marine Wing Support Squadron #374), part of the MAW (Marine Air Wing). Brink has two children, Lynnea, 3, and newborn Marissa. He is married to his wife Joal whom he met in Quantico, Virginia, while on the Marine Corp wrestling team. Cpl. Brink is currently serving in Iraq.

Daniel Sam Butterfly

Lance Corporal Daniel Sam Butterfly is the son of James and Kathleen Butterfly and the grandson of Eugene and Lorelei Super. His parents and grandparents are extremely proud of him. LCPL Butterfly was born in Yreka and moved to Westwood, California, when he was six. He graduated from Westwood High School where he played baseball, basketball and his favorite, football. His hobbies are fishing, hunting, camping and spending time with his family. LCPL Butterfly graduated from boot camp at Camp Pendleton on May 11, 2001 where he specialized in infantry with his division known as CRCZ 1st Marine and his platoon known as Charlie Company. Butterfly is stationed in San Diego and is currently serving in Iraq.



Daniel Butterfly

Walter, Henry, Ranold & Oren Beck

In honor of Karuk Tribal Members' past service in the military, we are proud to recognize four brothers for their contributions. Walter, Henry, Ranold and Oren Beck, seen in this black and white photograph taken in 1950 in Sasebo, Japan, have a combined record of service in the United States Navy of 82 years. These four brothers served on a total of 34 different ships, mostly destroyers. Oren Beck served in WWII, all four served in Korea, and three in Vietnam. Among them, they accumulated 31 Battle Stars from the three wars. All served in the Gunners Mate rating and are very proud of their service to their country. As Ranold stated, "To us, it was an honor and a privilege to serve our country." These four brothers grew up in Orleans, California, the sons of the late Hank and Lottie Beck. Oren, the oldest, passed away in 1991, Walter lives in La Puente, CA, Henry lives in Hoopa CA and Ranold resides in Sparks NV.



Walter, Henry, Ranold & Oren Beck

Current Employment Opportunities with the Karuk Tribe

Construction Manager @KTOC-Happy Camp – Salary DOE

Construction Manager @ KTHA-Happy Camp – Salary DOE

Clinic Nurse (RN or LVN) @ Happy Camp – Salary DOE

Pharmacy Technician I @KTOC-Happy Camp – Salary DOE

Chief Finance Officer @KTHA -Happy Camp – Salary \$50k to \$70k DOE

Request for Proposals:

Computer Center Director @ Happy Camp Community Computer Center

(DOE = Depends on Experience)

For more information,
go to
www.karuk.us
for PDF file of
job description,
or call Sara Spence at
530-493-5305, ext. 2010

Senior Center Program

Babbie Peterson, Senior Center Supervisor



Community support fills Panámniik Center Library with books

Happy Camp will soon be serving senior lunches at the Karuk Community Room. The new flooring in the kitchen is finished and we should see new paint in the kitchen soon. The Karuk Tribe Senior Center Nutrition Program will be serving lunches starting in August 2004 from 12 to 12:30 Monday – Friday. Lunches will be served to all community elders who are 60 years old or older, and their spouses of any age who wish to attend. We request a \$2.00 donation for each meal. Guests under sixty years old are required to pay \$5.00 per meal. You will be required to fill out intake forms to meet our funding regulations and track the quality of service our program provides to you. We hope that the Senior Center Program will be a popular place to hang out and enjoy a meal with friends. Right now, we are still in the process of meeting all of our requirements to open, and will post the opening date soon.

At Panámniik Center, the Orleans Senior Center participants held a flea market to raise money for senior activities on July 10, 2004. The Orleans senior group is in the process of organizing their group with officers and doing more activities together. They have shown an interest in working with the

seniors in Happy Camp to coordinate senior trips that the Happy Camp Senior club has had in the past, such as the bus to Reno. Other ideas are to purchase things for the center, such as a pool table or other equipment.

The Orleans Community Computer Center has made it's move into Panámniik Center. It is staffed with community volunteers and is open from 1:00pm to 5:00pm on most days. They have received new computers from a recent grant and have donated two of the older computers to the Pana'mniik Center library.

We are still receiving donations of books for the Panámniik Center library; we are applying for several small grants to receive children's books for the library. We have been working with CalWorks to place a worker in the library to start cataloging books and putting the check out cards into the books. Once that is complete, we will open and start checking out books to the public.

Our library is also used for Karuk Tribal Court and Karuk Language classes. The center offers space for meetings to Karuk Housing Authority Tenant Group, Orleans Community Service Club, and Karuk Basket Weavers.



The Orleans Community Computer Center, is now housed in Panámniik Center and open for use



Who's Who in the Outreach Department

David Eisenberg, PHN

The Outreach Department of the Karuk Tribe is staffed by one public health nurse, two elder's workers and three community health representatives (CHRs). In this issue, we'll introduce you to the CHRs, Kristen, Robert and Sheila.

The Karuk Tribe's three outreach workers specialize in health and wellness for all members of the community. Each community health representative services one part of the Tribal health area. Many of you know them, and for others, this will be chance to learn more about each one.

Kristen King has served downriver communities since February of 1995. Kristen is the supervisor for the CHR program. She has received specialized training in HIV education, breast cancer awareness, Infant massage, community exercise / fitness, tobacco education, high blood pressure and diabetes prevention, women and men's wellness, substance abuse prevention, and has certification as an in home care giver.

Kristen can be reached at her office in Orleans at 627-3440 ext 18 or by email at kking@karuk.us

Panánniik ——— Orleans
Ka'timiin ——— Somes Bar
Masu'hsav ——— Salmon River



Kristen King

Inaam ——— Clear Creek
Athithu'fvuunupma — Happy Camp
Sâamay ——— Seiad Valley



Robert Attebery

Bob " Basketball Bob" Attebery has been the CHR for the Happy Camp / mid-river area twice - First in 1996-97 and most recently from December of 2001 as a patient transporter, and since November of 2003 as the CHR based in Happy Camp. Bob attended a three week orientation to learn about health, wellness and prevention activities. In addition to his health duties, Bob is very involved in traditional ceremonies and is a talented singer.

Bob can be reached at 493-2201 ext 2112 or at battebery@karuk.us.

Sheila Barger-Jerry has worked for the Karuk Tribe in many capacities before joining us as the Yreka CHR in March of this year. Before this she served the people of Yreka as a clinic transporter, elder's worker, patient assistance staff, breast cancer educator and finally as the community health representative. Because of her extensive and broad experience in different positions, Sheila is uniquely qualified to serve all Native Americans in her area.

Sheila can be reached through the Yreka Medical Clinic at 842-9200 ext 127 or by email at sjerry@karuk.us

Kahti'shraam ——— Yreka
Tishraam ——— Scott Valley



Sheila Barger-Jerry



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Spring, 2004

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Vacant,
Member at Large

Vacant,
Member at Large

Newsletter Production:

Desktop Publishing:
Rosie Bley

Editor:
Sara Spence

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K.T.O.C. Staff,
Members &
Descendents

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Happy Camp

Change of Address
If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.

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Tribal Employment Rights Ordinance **T.E.R.O.**

Dion Wood, TERO Director

What the heck is TERO? It is an ordinance adopted by our Tribal council in 1993 that prescribes the authority for us to enforce Indian Preference in all our employment and construction activities. There are several federal laws which require Indian Preference. Because we are a sovereign Tribe, having this ordinance in place gives us the authority to enforce these laws for the benefit of Araras. (The People).

The Karuk Tribe TERO Department is overseen by a commission appointed by the Tribal Council consisting of eight Tribal members. Currently the members of the TERO Commission are: Lynn Parton, (Chairperson), Dolores Voyles, (Vice-Chairperson), Corina Alexander, (Treasurer/Secretary), Roy Arwood, (Tribal Council Member), Alvis Johnson, Elsa Goodwin, Cecilia Arwood and David Nelson. Through monthly meetings held the second Wednesday of each month, the commission reviews requests to TERO and oversees TERO Director Dion Wood, and activities of the TERO department.



*Dion Wood,
TERO Director*

The primary focus of the TERO department is to ensure that opportunities for employment and training are gained for Tribal members through the enforcement of federal laws that require Indian preference. Contractors for any construction or employment activities on Tribal land are taxed and monitored by TERO for compliance with these federal laws in the areas of equal opportunity, wages, safety and training to name a few. Through the resources that are raised through the TERO tax, the Tribe is able to use its own discretion to determine the areas of assistance that are granted to Tribal members. This is the role of the TERO Commission.

Another focus is job readiness and training for Tribal members. The TERO department can assist Tribal members with adult education tutoring, including computer tutoring, GED preparation and fee reimbursement, books and other potentially necessary materials. For the most part, these services are available to all Tribal members regardless of where they live, but where monitoring is necessary, (such as tutoring) we are limited to the ancestral service area. TERO also administers the Adult Vocational Training (AVT) program and can sometimes assist with certification or recertification fees, make loans to pay union dues, or advocate on your behalf for your specific employment or training need. Important TERO duties also include educating contractors and subcontractors regarding TERO, maintaining a database that lists the skills of our Tribal members as well as a database of Indian owned businesses, employee grievance matters, and coordination with job training programs. It is highly recommended that you have your TERO file updated

continuously to reflect your skills and certifications! If you have any questions or suggestions please contact me, Dion Wood, at 1- 800-505-2785 ext. 2030.



The TERO Department is expanding its skills bank to include a new database to register the cultural skills of our Tribal members. Please fill out the voluntary confidential survey on the opposite page and return it to the TERO department. Anonymous information may be provided to the appropriate cultural program. The name of each Tribal member who responds will be placed into a raffle prize contest that will be held at the Tribal Reunion this September! YOOTVA!

Karuk Tribe of California

Confidential Cultural Skills Voluntary Information Form

Name _____ Roll Number _____

Language (Please circle one)

When speaking the Karuk language do you consider yourself:

Beginner/Intermediate/Advanced

When listening to the Karuk language do you consider yourself:

Beginner/Intermediate/Advanced

Would you be willing to participate in a Tribal language gathering?

Yes No

Would you buy products designed to assist in learning the Karuk language?

Yes No

Do you have any suggestions for the Language Program? _____

Please list your cultural skill (or gift): For example, language speaking, singing, drumming, ceremony dancing, fishing, basket weaving, basket material gathering, regalia making, net making, flint knapping, drum making, carving, herbal/botanical knowledge, story telling, cooking cultural meals, dreaming, etc. In addition, please list any artistic skills you may possess such as story writing, poetry, art work, bead work, crafts, or any other skill that you have that you associate with our Karuk culture.

Primary Cultural Skill: _____

Secondary Cultural Skill: _____

Other Cultural Skills: _____

Yootva for your response! Please make copies for additional Tribal members within your household or call the TERO department at 1 800 505-2785 ext. 2030.

Please mail or deliver this survey to:

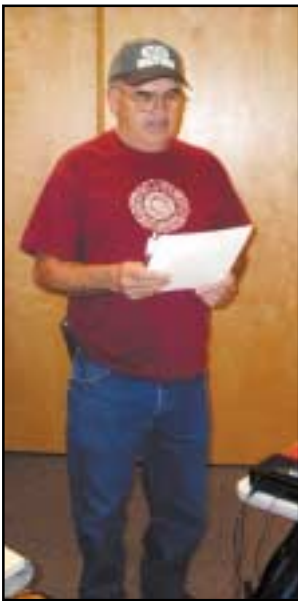
TERO Department, Karuk Tribe of California, 64236 Second Avenue, P.O. Box 1016, Happy Camp, CA 96039





❖ 2004 Election Results ❖

The Karuk Tribe of California held their annual Tribal election on Tuesday, November 2, 2004 for two vacant Member at Large positions. Both of these positions are for four year terms.



*Robert Grant, Sr.,
Newly Elected Council
Member at Large*

Robert Grant, Sr. of Yreka and Alvis Johnson of Happy Camp were the two Tribal members on the ballot for these vacancies.

Voters cast their ballots either by absentee or at one of the three polling locations located in Yreka, Happy Camp and Orleans. There were a total of 173 valid ballots counted in the election.

The two new council members were sworn into office on November 4, 2004 in Happy Camp at the Regular Health Board Meeting.



*Alvis Johnson,
Newly Elected Council
Member at Large*

Karuk Tribal Council



From left to right: Leaf Hillman, Leon Hillman, Roy Arwood, Florence Conrad, Arch Super, Robert Goodwin, Robert Grant, Sr., Alvis Johnson, Florraine Super

Karuk Contents:

- 2 & 3 Chairman Arch Super's Corner
- 4 Notes from the Secretary
- 5 Contract Compliance Update
- 6 From the Vice-Chairman
- 7 Military News
Basketweavers Receive Award
- 8 Staffing Update
- 9 KCDC Hires
New CFO for KCDC
- 10 Judge Joseph Flies-Away
- 11 Karuk Tribal CASA Team
Certificate of Appreciation
- 12 Karuk Language News
- 13 The People's Center
- 14 & 15 Taking Back What We Already
Have
- 16 Naa Vura Yee Shiiip Program
Karuk Youth Competes in
Sacramento
- 17 KTHA Reunion Activities
Back to the Basics
- 18 Karuk Tribe Housing Authority
Senior Center Program
Casino Update
- 19 Medicare Prescription Drug Card
- 20 Birth Announcements
- 21 Karuk Head Start
- 22 Waylon Lenk Attends Lewis &
Clark College
Break Free
The Nurse's Corner
- 23 Adult Services Department
Darvin E. Davis, Jr.
- 24 Dr. Weaver Selected for JCAHO
Computer Center News
- 25 KTHP Performance Review
Health Program Planning
- 26 CHS Approved Levels of Care
- 27 Stephen Jay Mader, MD
Karuk Dental News
- 28 Education Department News
- 29 Spending Tips for the Holidays

Chairman Arch Super's Corner

The Chairman and the Council are open at all times to talk and listen to our Tribal Membership. If anyone has questions and concerns regarding our Tribal government, I encourage each and every one of you to get in touch with us.

JULY: Wes Valentine, Hector Garcia and I went to an **Indian Health Service** consultation in Las Vegas.



*Arch Super,
Karuk Tribal Chairman*

The Council met with **Judge Flies-Away**. He is the Judge that will be working for our **Tribal Court**. He and April Attebury are working very hard at building our court system. We met Judge Flies-Away in the Judicial Court Law and Policy Training held in Palm Springs back in May.

AUGUST: The Tribe held a three day **Grant Writing Workshop** for our Tribal employees. The Workshop was presented by Sue Burcell. The sessions seemed to be beneficial and our employees plan to try their hands at applying for grants.

The Tribal Council holds **Tribal Planning Meetings** twice each month to go over issues, concerns and requests that we are unable to complete or address at our regular Health and Council meetings. This has been very productive for us, time wise, for decision making.

We met with the **Siskiyou County Board of Supervisors** to discuss issues and concerns regarding a **Memorandum of Understanding** regarding the Tribe's proposed **Casino Gaming** venture. We are keeping them informed of the process and progress of our venture.

The employees of our Tribal workforce participated in a **Rafting Staff Day** on the Klamath River. There were many good reports of the fun day.

We have had a couple of **KCDC Planning** work days. KCDC has been building up its entity of the Tribe. Our audits have been completed. Our committee is working hard on development and planning. The Computer Center is up and going. The programs under KCDC are moving. We have hired a chief fiscal officer who is a Tribal member. KCDC is being jump started.

We have been meeting with the **Tribal CASA Program**. The program will be running through our Tribal Court. April Attebury and Darlene Navarro are our key directors of the program. Tribal CASA should be up and running sometime in November. CASA is the advocate voices for children in the judicial system.

The **Tribal Casino Gaming** Work Group has met with

the **City of Yreka** to discuss a **Memorandum of Understanding** regarding our casino gaming venture. We have also discussed some negotiations of funds from gaming. The whole process of our gaming venture is on the table. There have been no solid decisions.

The **Naa Vura Yee Shiip, Youth Culture Program** held their **Annual Camp** down in Mt. Shasta. I was able to attend a couple of daytime sessions of the Karuk Language with our Elder's Speaker, Vina Smith.

We have had a couple of meetings with the **US Forest Service** in regards to our **lawsuit** with them. The Forest Service is responsible for the monitoring and directing of gold dredging prospectors, and this is not being done. We have been trying to get the issues taken care of and resolved.

Some Karuk Tribal Council members and other Tribal leaders have been meeting with **PacifiCorp** to address issues of the **FERC Re-licensing**. The process has to do with dams on the Klamath River that are affecting the cycle of the salmon. There are many legal matters and negotiations that need to be considered. Leaf is taking the lead on these issues.

Our **Roads Project on the KTHA property** in Yreka is slowly coming to an end. We are hoping to be completed by the end of the year. There have been a number of complications.

The Tribal Council has **monthly meetings with the DNR Department**. With all of the work and projects that go through the DNR, Sandi Tripp has to set up meetings with the Tribal Council to complete contracts, grant proposals, and other business that needs to be reviewed and approved by Council.

The Chairman, Vice Chairman and Secretary of the Karuk Tribe have **Monthly Management Team Meetings** to go over operations of the Tribe. Many of our Directors attend these meetings for input on daily operations, plans and collaboration of departments.

The Self Governance Department and I have been meeting with **Cal Trans on the Bunker Hill Litigation**. We are trying to get easement and reimbursement issues resolved and brought to the table. At this point, we have no reporting.

SEPTEMBER: The Tribal Council has looked at the idea of doing an **Elder's Service Survey** to see how our services are working for our Elders. We are hoping to have the local survey completed by the end of October. Input by local and out of the area Elders would be appreciated as well.

Councilpersons Florraine Super, Florence Conrad and I went on a **Watershed Project Field Trip** with staff and other specialists in the watershed field. The project and work that is being done is phenomenal. Meeting and visiting with the professionals of this work teaches us the values and direction of our watershed projects.

Hector Garcia, Roy Arwood, Florraine, and I met with a

representative of **Assemblyman Doug LaMalfa's** office. In our endeavors for Casino Gaming, we are trying to become familiar with the representatives who work in the California State Office. It allows our dealings and requests to be more personal.

Our **Karuk Tribal Reunion** was held on September 18-19, 2004. The weather held very well. It was a bit cold, but the weather did get better. There were a lot of people in attendance. There was a lot going on. It appeared that we had an okay turn out. As always, we strive for a better celebration every year. Input and comments are always welcome and appreciated.



Arch Super with his Aunt Nellie (Super) Laffoon of Parker, AZ.

Florrine, Wes Valentine and I went to an **Indian Health Service Conference in Washington, DC**. The purpose of our attendance was to get input on the services and programs that IHS provides, including health issues such as diabetes, obesity, and wellness. The conference was very beneficial and gave us ideas that we could possibly implement into our service. We were also honored to visit the **National Indian Museum** and see the Native participants showing and demonstrating their support. The museum was very nice and we hope that it will improve as time passes.

Florrine and I attended a meeting with Harold and Bill Tripp from DNR and the **US Forest Service**. They invited us to an award ceremony. We were also able to meet with the Deputy Chief, to discuss our interest in **forest stewardship**. The Deputy Chief listened to our concerns and will be working with us to apply and possibly implement such a project.

There was a meeting held with the KTHA regarding building and providing **security for the KTHA**. A presentation was given. We held a discussion of what kind and how much security would be adequate for our communities. The KTHA Committee will pursue the options.

Florrine and I were invited to a **Luncheon with the Kiwanis Club**. It was a lot of fun. We were able to share information on the strides of the Karuk Tribe. One of my favorite duties was to share the Karuk language as well.

OCTOBER: The Casino Gaming Group met with a couple of **gaming investor/management groups**. We are trying to get a feel for who we wish to hire for investment of our gaming casino, and who would do a good job at training and managing our gaming facility.

There was a **CDFI Loan Meeting** at the KTHA office in Yreka. The meeting was held to get information and input from the community regarding the wants and desires of a loan program that the KTHA is in the process of applying for. The meeting had good attendance and was presented by loan officer, Eddie Davenport from the KTHA.

We held an **Audit Review Meeting** which included an overview of the audits of our three entities, KTOC, KTHA and KCDC. KCDC was not as good as it should be, but it's getting better and I believe we will be on the up and up soon. Overall, our audits are doing fine.

Business with the Tribe has been good. It is always busy and we have many programs, projects, and directions. As always, we encourage our Tribal Membership to contact us at anytime. We would like to see you at any and all of our meetings. Input and concerns are always welcome. Yootva.



(530) 493-1600

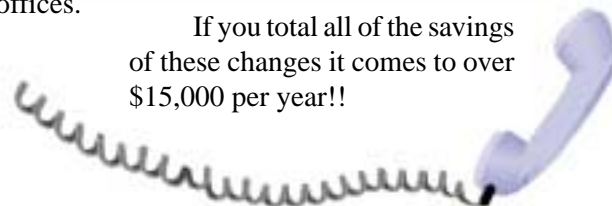
New Phone Number!

The Tribe has a new telephone number which is **(530) 493-1600**. The Happy Camp Dental Office will soon have a new number as well which will be (530) 493-1650.

The (530) 493-5305 and (800) 505-2785 numbers will continue to work indefinitely but we want to start informing everyone so that they can begin using the new number.

Our Information Technology Manager, Chris Kleeman, was able to identify twelve phone lines that were in service unnecessarily, and there are an additional fourteen lines that will be shut off once the conversion is complete. Chris has converted our analog phone line to a T1 line which has given the Tribe a set block of phone numbers. This allows for a faster response when you call in to the new number, provides a better quality of phone service, and also allows more phone services to be offered in the offices.

If you total all of the savings of these changes it comes to over \$15,000 per year!!



Notes from the Secretary

Florrine Super, Council Secretary



Florrine Super

Ayukii, I am coming up on one year of serving the Karuk Membership. I would like to take the time to review the goals I set in my letter of intent. I know my number one goal is communication. I hope the newsletter, emails, and website have kept you involved with the Tribe's actions. I will continue to work on communication by having an informative website.

The website is up and running and now we need to put pertinent information with current updates.

Year Two Goals:

1. Provide more youth programs
2. Educate local governments on the Karuk Tribe
3. Gaming endeavors
4. Actively engage members to register to vote for Tribal elections
5. Continue to support our newly developed programs
 - a. Hearing our first case in the Children's Division of the Tribal Courts
 - b. Recruiting and overseeing our CASA volunteers

Quarterly Report:

ELECTIONS: Announcing the candidates for Member at Large – Term 2004 to 2008: A call for candidates for the Karuk Tribe of California Member at Large appeared in the August issue of our Tribal newsletter. After reviewing the applications, **Alvis Johnson and Robert Grant, Sr.**, are your two candidates for Member at Large. Letters of Intent were available at each polling station. **Tuesday, November 2, 2004**, the Karuk Tribe of California conducted a Tribal Election. Polling places were held from **7:00 A.M. to 7:00 P.M.** at the following locations:

- Happy Camp Community Center "Old School Gym" 64326 2nd Avenue
- Yreka Karuk Health Clinic Conference Room, 1519 South Oregon Street
- Orleans Community Center, 39051 Highway 96.

Be a part of the new tradition and VOTE!

TRIBAL REUNION: This year's Tribal reunion was held September 18-19, 2004 with activities held on Saturday, September 18 and basket weavers gathering continuing on

Sunday the 19th. I am writing to extend a heartfelt thank you to the volunteers and organizations that were responsible for making our Annual Karuk Tribal Reunion extremely successful. This was my first year of coordinating our Tribal reunion and I was honored to work with everyone who contributed to making this a successful event. This was my first year of coordinating our tribal reunion.

First, **A BIG THANK YOU** goes to all the Karuk Tribe of California staff for once again providing displays, holding demonstrations, exhibits promoting the Tribe, or helping with the activities. Without your devotion our reunion would not have been a success. Second, I wish to thank Andre Cramblit



*Michael Thom, selling Karuk Tribal DesignWorks items
Photo courtesy Judy Bushy*

for being our Master of Ceremony, Philip Albers, Jr., and Vina Smith for doing our opening prayer in Karuk. Your time and dedication is truly appreciated. Third, I want to thank the following volunteers who coordinated different activities. Arch Super, Volleyball Coordinator; Joyce Jones, Softball Coordinator; Robert Grant, Sr., Horseshoe

Coordinator; Junalynn Ward, Dance Coordinator; and Andre Cramblit and Philip Albers, Jr., Card Game Coordinator. Last but not least, I want to thank the Council members who participated and took time out of their busy schedules to be there for our Membership.

KARUK TRIBE FOSTER HOME: Our goal is to have a Karuk Tribal Family Foster Home located in the Yreka Karuk Tribal Housing. (A house is available for a couple to move into). We will be recruiting couples who are interested in becoming foster parents. This is greatly needed for our Tribal children. We want to provide a safe, loving and culturally sensitive home environment. Please contact me if you are interested.

REQUEST FOR LETTERS OF INTENT TO BE FOSTER PARENTS

The following requirements must be met to be an eligible foster parent:

- Must be 21 years of age, or older;
- Must be an enrolled member of a federally recognized Tribe;
- Must be willing to participate in Native American customs and traditions including, but not limited to,

social, cultural, spiritual, and ceremonial events;

- Must be in good physical and emotional health;
- Must have the skills, attitude and stamina to effectively deal with the many behaviors and feelings displayed by children and youth;
- Must have a non-punitive attitude and ability to demonstrate some level of acceptance toward parents of the children in care;
- Must have the ability to work cooperatively with the representatives of the Karuk Tribe's Behavioral Health Program;
- Must be accepting of the temporary nature of foster care and willing to help a child transition back into his/her family or permanent adoptive placement;
- Must be willing to submit to a criminal background check, including a fingerprint background check;
- Must successfully pass a drug and alcohol screening test.

Letters of Interest should include the following:

A statement detailing how you meet all of the requirements listed above; and A statement explaining why you should be selected to serve as a Foster Family/Parent for the Tribe. Letters must be hand, mail, e-mail or fax delivered to Sara Spence at the Administration Office, PO Box 1016,

Happy Camp, CA 96039,
Fax: (530) 493-2275, Email:
sspenca@karuk.us



WEBSITE: This website is dedicated to providing information about the Karuk Tribe of California's upcoming events such as the Tribal Reunion, elections, and updates on

gaming. Also, it provides Council and staff contact information. Please be sure to check it out at www.karuk.us/. We have hired an Information Technology Assistant Manager who will be assisting to keep the website current.

COMMITTEES: I also hold positions on the Indian Child Welfare Act (ICWA) Committee, Court Appointed Special Advocate (CASA) Committee, and Low Income Assistance Program (LIAP) Committee. If you would like additional information and/or have any questions, feel free to contact me at any time. I email out a weekly schedule and information on upcoming meetings or openings for jobs or committees. If you would like to be put on my email list, send me your email address with a note saying you would like to receive this information. Yootva – Florraine Super, Council Secretary, (530) 493-1600, Ext. 2052 or email: fsuper@karuk.us

Contract Compliance Update

Erin Hillman

Contract Compliance Specialist

I'd like to take the opportunity to thank the residents of the Yreka Housing Community for being so patient with the roads construction project that has been taking place for over a year now. The contractor, KSWA is currently working on the final items on their punchlist and we hope to have their contract completed before bad weather sets in. Yootva, Yreka residents.

I have been working on the pass-thru grants at KCDC (Karuk Community Development Corporation). With the hiring of a new chief financial officer for the corporation, we hope to start passing thru more grants. We have reestablished the Memorandum of Agreement between KCDC and the Tribe, and revised the document to include tighter internal controls over the administration of these grants.

I have been volunteered by the Tribal Council to sit on the Low Income Assistance Program Committee (LIAP). At our last meeting, the committee reviewed a draft Policies and Procedures. The committee was able to complete the review of the document, recommend changes and it is ready to be presented to Council at the October 28th meeting for approval. These Policies and Procedures give the committee guidance as to their roles in the administration of the LIAP programs.

On a more fun note, I had a great time at the reunion painting faces. We plan on doing the same booth next year and I already have a volunteer to help (Thanks Sandi Tripp) so she and I can get to everyone who asks.

For the last quarter of fiscal year 2004, July 1 to September 30, this office reviewed a total of thirteen (13) grant applications that were submitted for funding totaling \$912,623. Twenty three (23) Independent Contractor agreements and five (5) amendments were reviewed and submitted to the Tribal Council for approval. Seven (7) grants were closed out. The Tribe received notification of award for eight (8) grants totaling \$335,166. These included Department of Natural Resources grants from Seventh Generation Fund, and Environmental Protection Agency Air Quality; the Peoples Center grants from Institute of Museum and Library Services, and National Endowment for the Arts; Health and Human Services programs for Diabetes, Title IVB, and Cal Works Drug & Alcohol. Our Tribal Court secured funding for Children's Court and National CASA, and last but not least, the Naa Vura Yee Shiip program was successful in its application for fiscal year 2005 funding.

From the Vice-Chairman



*Leaf Hillman
Vice-Chairman*

*Leaf Hillman,
Council Vice-Chairman*

Greetings from the Center of the World. For those of you who I have not had the honor to meet, let me start by introducing myself. My name is Leaf Hillman and I currently serve as the Tribal Vice-Chairman. I was born in Orleans and my ancestors originated from the ancestral Karuk village of Pishi-Pishi, located at the Center of the World. I was raised along the banks of the Klamath River in Karuk country, and continue to call this place my home.

As we move into fall and all of our Tribal ceremonies have been concluded, I would like to take this opportunity to thank all of the people who attended, participated, assisted and supported our ceremonies. I strongly believe that the continuance of our sacred Tribal ceremonies is vital to the perpetuation of our culture, language, religion and our identity as Karuk people. The continued importance and relevance of our ancient ceremonies cannot be overstated. In fact, the continuing persistence of our ceremonies was the primary factor relied upon by the BIA back in 1979 when our Federal Recognition was confirmed. Often, great personal sacrifice is required by individual participants, in order to conduct our ceremonies. Some of our people schedule their annual vacation to coincide with one of our Tribal ceremonies, so they can come home and participate and renew their bonds to family and friends. Others travel great distances (often from other states) to attend and participate. Some parents must make special arrangements with the schools that their children attend, because of their strong beliefs and commitment to our ceremonies. Our Tribal fishermen...fish, and our hunters...hunt, while others spend many long hours gathering, processing and cooking acorns and other foods, in order to provide for the people. To the cooks, dancers, spectators, regalia owners, dance makers, ceremonial leaders, and all those who contribute in any way they are able... THANK YOU. Please watch for the 2005 Karuk Ceremonial Calendar in our next newsletter, and make plans to come and participate.



Tishawnik Medicine Dance, 2004

Now, I would like to take a moment to express my gratitude and pride, by honoring our Tribal youth who are currently serving in the Armed Forces.

Marines:

CPL Jefferson Duran Brink ~ currently at home in 29 Palms

LCPL Daniel Sam Butterfly ~ unable to confirm, but believe he is still serving in Iraq

Army:

PVT 1st Class Kenneth "Buzz" Busby ~ Basra, Iraq

PVT 1st Class Joshua P. Hillman ~ Tel Afar, Iraq

Navy:

AA ABH AN Nickolaus L. Hillman ~ currently in Norfolk Virginia awaiting deployment

Randall McAllister ~ out at sea serving on submarine assigned to USS Michigan

Jared McAllister ~ completing AIT (Advanced Individual Training for Airmen) Pensacola, Florida

Crispen King McAllister ~ is safely back at 29 Palms, broke his little toe, the Navy performed surgery and put a pin in it.

Hats off to all of these young people and any others I may have missed. We are very proud of you all, and you are in our thoughts and prayers.

Until next time, su-wu-nik !

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to **sspence@karuk.us**

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, **January 15** for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

Military News

Erin Hillman

At the reunion in September we had our first "Honor Wall" to display the photographs and stories of our people who are serving or have served our country. For those of you out there who have a member of your family currently serving in the military or have past service in the military, please contact me to put their stories in the next newsletter. I have enjoyed being a part of honoring our Tribal members and descendants service and want to continue to do so in the future. I encourage everyone to get involved. Contact your local ombudsman to find out how you can support our troops in Iraq and overseas. There are many "Adopt a Soldier/ Sailor" programs where you can correspond with someone and send them a care package over the holidays. So, if you have a story about a Tribal member or descendant in the military, please contact me at 800-505-2785 extension 2017. Yootva.



Military Honor Wall at the 2004 Karuk Tribal Reunion

Basketweavers Receive Award

Fred Nahwooksy

Following the Smoke, a U.S. Forest Service project conducted in conjunction with the Karuk Indigenous Basketweavers and other partners, received the Advisory Council on Historic Preservation's (ACHP) Chairman's Award for Federal Achievement in Historic Preservation at an August 4, 2004 ceremony at the Minnesota governor's mansion.

ACHP is an independent federal agency that promotes historic preservation nationally by providing a forum for influencing federal activities, programs, and policies that affect historic properties, advising the President and Congress, advocating preservation policy, improving federal preservation programs, protecting historic properties, and educating stakeholders and the public.

Following the Smoke is a seven-year-old project to sustain and share with the public the full process of basketweaving, from gathering materials to creating the finished basket.

The award was presented by ACHP Chairman John L. Nau, III, at a recognition ceremony in August at Minnesota Governor Timothy Pawlenty's residence in St. Paul, Minnesota. Governor Pawlenty represents the nation's governors as a member of the ACHP.

(ACHP press release information)

Award ceremony participants from left to right: Minnesota Governor Pawlenty and First Lady Mary Pawlenty, Kathy McCovey-Barger, Deanna Marshall, Jeff Walter, Renee Stauffer, Randy Moore, Dori Rose Marshall, Martha Ketelle, Verna Reece, Ken Wilson, and John Nau



Staffing Update

*By: Sara Spence,
Human Resources Manager*



*Sara Spence,
Human Resources
Manager*

Here is the quarterly update from my office. This information covers July through September. We currently have 156 employees on staff, plus a twenty-person fire crew for a total of 176!

Tracy Burcell was hired as the Patient Referral Clerk at the Happy Camp Health

Services Clinic and she started on 7/26.

Leaf "Chook Chook" Hillman was hired by the Department of Natural Resources as a Water Resources Technician and started on 8/9.

Linda White resigned her position as Registered Nurse at the Happy Camp Health Services Clinic on 7/30 and Claudia Ross-McLeish filled this position on 8/10.

Lucille Tiraterra was hired as the Happy Camp Dental Receptionist and started on 8/16.

Dennis Donahue returned to work for the Tribe on 8/23 as a Cultural Monitor; Norman Goodwin is also assisting with these duties temporarily after which he will return to his position doing Water System Maintenance at the Somes Bar Work Center.

Ducayne Arwood resigned his position as Maintenance Worker/Groundskeeper in the Orleans/Somes Bar area and Wilson Donahue started in this position on 8/23.

Jonathan Parton resigned his position as Information Technology Technician on 8/20 to return to school. The position has been revised to be an Information Technology Assistant Manager to provide support to current Manager Chris Kleeman, and Paul Rydings will be starting on this position sometime in the next month. Paul is new to the area and will be relocating from Southern Oregon; he previously resided in England where he worked for Her Majesties Royal Air Force.

Junalynn Ward was hired as the Happy Camp Senior Nutrition Center Cook and started on 8/23. The Tribe is now providing Senior lunches in both Happy Camp and Orleans,

however, Junalynn accepted a position as the Clinic Receptionist at Happy Camp Health Services as Jamie Robinson resigned her position on 9/23 so we are now in the process of hiring a replacement for Junalynn as well as hiring a second cook for the Happy Camp Senior Nutrition Center.

Melissa Kleeman was hired as the newest Natural Resources Biologist in Orleans and she started on 8/30. Melissa previously worked for the US Fish and Wildlife Service and if you recognize her name it is because she is the wife of Chris Kleeman, our Information Technology Manager.

Betty Fayette was hired as the Pharmacy Receptionist and she started on 9/13. This is a new position to help with the Happy Camp Pharmacy which opened in March of this



Ariel view of Happy Camp. Circled in black is the Admin Office and other Tribal buildings and structures.

year.

Melodee Conrad resigned her position as Orleans Elder's Field Worker on 7/26, but she decided to return to work for the Tribe and started again on 9/27. The Elders have stated they are very happy to see her back as are we.

Denise West, our Happy Camp Head Start Bus Driver resigned from her position on 10/26 and we are in the process of finding a replacement. It is hard to find individuals in this area with the necessary certifications to drive a school bus!

Jessie Thom was hired as an On Call Custodian for the Yreka Clinic. She became an employee on 10/1.

Jesse D. Drake, PhD was hired as our Licensed Clinical Social Worker in the Yreka Clinic. Jesse has been a contractor for the Tribe since August of 2003 and became a full time

KCDC Computer Center Hires

By: Sara Spence, Human Resources Manager

As the Karuk Community Development Corporation (KCDC) is currently in a transition phase, the Tribal Administrative Staff are assisting with oversight of their activities. The following employees/contractors have been hired at that entity.

Rosie Bley was retained as a consultant to provide the day to day oversight and direction of the Happy Camp Community Computer Center's staff and activities on 9/1. Rosie is also the contractor that produces our Tribal Newsletter which you are reading now! We have received rave reviews on the informational content of this publication.

Since there were no staff members at the Community Computer Center, one of Rosie's first tasks was to advertise and hire the following part-time employees: Jeanette Quinn, Gerry Canning and Kelly Worcester. They have all been hired at the Happy Camp Community Computer Center and started late October. They will be working to provide classes and services at that Center.

Vacancies for the Karuk Community Development Corporation are posted on the Tribal website at www.karuk.us/jobs/ along with all other positions and Requests for Proposals. Check it out!

New Accounting Chief Financial Officer for KCDC

Laura Mayton, KTOC Chief Financial Officer

The Karuk Community Development Corporation has hired Jim Berry to be their Chief Financial Officer. Jim, who is a member of the Karuk Tribe of California, began work on October 18, 2004.



Jim Berry, KCDC CFO

Jim grew up in Yreka. He attended Chico State University where he earned a Bachelor of Science Degree in Business Administration. Jim has spent the past nine years working for Siskiyou

County, first in the Office of Education and then in the Tax Collectors Office. Before going to work for Siskiyou County, he spent seven years working for Timberline Community Bank.

Staffing Update, continued from page 8...

employee on 10/11.

Kayla Bridwell was hired as the Yreka Dental Receptionist and started on 10/11. She is a new employee to help handle the patient flow in the Dental Clinic.

Leslie Alford returned to work for the Yreka Clinic as our Medical Records Clerk; she started on 10/18. Leslie was previously the Administrative Supervisor of this Clinic before she went to work for the Housing Authority. We are glad to have her back!



*Dorothy Bridenstine &
Leslie Alford of
Yreka Health Clinic*

If you or anyone you know is interested in employment with the Tribe, we currently have openings. Additional information can be obtained on our website at www.karuk.us/ then click on Employment Opportunities for

more information about job listings. On this website you can download an employment application as well as read full position descriptions for vacancies. As you can see from these photos, Happy Camp is a beautiful community to live and work in!



View of the Klamath River, and Ishkêsh Tribal lands

A Letter of Introduction to the Karuk Tribe

Judge Joseph Thomas Flies-Away



*Judge Joseph Thomas
Flies-Away*

Hello, I am Joseph Thomas Flies-Away. Last month I was hired to serve as the Chief Judge of the Karuk Tribal Court and will serve in this capacity for the next two years. This responsibility is indeed an honor for me and I will work diligently for the Karuk Tribe and people to continue the development of a judicial institution that advances your community and nation building journey and promotes your tribal sovereignty. Your Tribal Council, Court Staff, April Attebury and others have done a lot over the last few years to develop a judicial system that

serves your people in a dynamic and distinctive manner. Tribal members can be proud of the work done thus far.

Currently, the Karuk Tribal Court Peacemaker Dispute Resolution Mediation Forum resolves various conflicts in a tribally traditional manner, one of a few in all of Indian Country, and a type that many are trying to develop. The Tribe has also developed a Tribal Court Ordinance and Children's Code. The Tribal Court has developed Rules of Court. The Court's first judicial case will be a Children's Court case. We plan to hear an Indian Child Welfare (I.C.W) case by the end of the year. Once Karuk Tribal Court begins hearing children's court cases, it will be one of a few Tribal courts in the State of California to do so.

During my tenure as the Chief Judge, I will travel to Karuk one week of each month to help develop the trial and appellate courts. Over time the Karuk Tribal Court will hear housing and other civil issues. I will assist with these types of cases and will endeavor to continue to incorporate your culture and tradition in the court procedure, particularly by using the language whenever feasible. This will require me to learn some words and expressions in your language. Please forgive my mispronunciation while I learn. I believe using language is important to further the uniqueness of the court. Ms. Attebury and I met with Susan Gehr to discuss ways to utilize the language in the judicial proceedings and process.

I have been judging for nearly nine years. For seven I have been hearing appeals cases, reviewing what the lower court (trial judge) decided. For the most part, all the courts I have heard cases in do things in a somewhat similar fashion, though they do not have the exact same rules of court. I have to admit that at times I get confused and have to check myself and remember what jurisdiction I am in and what the court rule is, or what the tribal law says. I can also get confused with all the state and federal law I have learned in law school. So far I have heard cases in 6 tribal courts. Karuk will be the 7th. Moreover, I have studied the constitutions, laws and court rules of dozens of other tribal governments in the United States and countries from around the world. What sticks out in my mind most, however, are the ways some tribes have developed unique ways of handling cases, controversy or conflict. Conciliation or conflict resolution systems such as the Peacemakers of Navajo Nation, Grand Traverse Band of Ottawa and Chippewa Indians, and of course here in Karuk, are unique and culturally accordant methods, tied to their histories, pasts, and traditions. The Karuk Tribe and places like it should be proud of their efforts and of the people who put these institutions in place because they are distinct and different than the norm and uphold the culture of your people.

Tribes around 'Indian Country' are also developing Teen Courts, Domestic Violence Courts, D.U.I. Courts, and Traditional Courts where elders are used to help decide matters and disputes. Family and Juvenile Healing to Wellness Courts (drug courts) are also in big demand these days. Karuk Tribal Court has requested planning funding from the U.S. Department of Justice to plan this kind of Court. Creating these innovative ways in handling problems for your people show your distinct natures as indigenous peoples and nations. All indigenous peoples should strive to make their primary institutions unique and of their own indigenous or Karuk personality while at the same time making sure all people or persons who live and work in your community are provided equal protection of the laws, due process, justice, and peace.

I look forward to helping the Karuk Tribe of California develop further your judicial system as well as learn from you in regards to your peacemaking dispute resolution mediation system. I believe over time, other tribes will look to Karuk for help in developing this kind of dispute resolution method. I hope someday that my home tribe, Hualapai, can develop a like traditional way to hear cases perhaps utilizing our elders or Pai Band leaders (if we can find a way to identify and choose them). I hope each of you will help to think about these judicial possibilities with me and the Court Staff and make known your ideas and thoughts about them. If tribal members, tribal leaders, way-showers, and others continue to work together, all development goals can be reached. I certainly will try to help with this during my time at Karuk.

Yootva, Joseph Thomas Flies-Away

Karuk Tribal CASA Team

*April Attebury
Karuk Tribal CASA Administrator*

The Karuk Tribal CASA Team participated in the Humboldt County CASA Fun Run, October 15, 2004. The Fun Run was organized to raise money for the Humboldt County CASA Program and to raise awareness for the State and National Court Appointed Special Advocate Programs.

Karuk Tribal CASA (Court Appointed Special Advocates) volunteers are community members appointed by the court to advocate for Native children who are victims of abuse or neglect.

A CASA is an independent, objective advocate for the Native child, who makes recommendations to the court regarding the Native child's best interests. The CASA volunteer gathers independent information by reviewing all records pertaining to the Native child and talking with the child and others involved in the case. The volunteer then makes recommendations to the court and monitors the progress of the court approved plan for the family.

If you care about Native American children, have time to commit, and are over the age of 18, then you may qualify to be a CASA volunteer. No special experience is required. Karuk Tribal CASA volunteers are selected on the basis of their objectivity, competence, and commitment.

Once accepted, volunteers receive the tools they need to serve as a CASA, including in-depth training and ongoing monthly support sessions. They learn about courtroom



Karuk Tribal CASA Team Fun Run Participants

procedure, the Tribal and state court system, the social services system, how to work with families in crisis, and the special needs of Native American children who have been abused or neglected. The CASA program provides support and assistance on an on-going basis.

The Indian Child Welfare Act states that "there is no resource that is more vital to the continued existence and integrity of Indian Tribes than their children."

The Karuk Tribal CASA program provides an opportunity for individual community members to demonstrate that they truly believe that the children are their community's most precious resource.

If you are interested in becoming a Karuk Tribal CASA Volunteer, please contact the office at (530) 842-9228.

Certificate of Appreciation for KTOC Automotive Department



The Karuk Tribe Automotive Department is the recent recipient of an "Atta-Boy" from the Karuk Tribe Recycling Program.

Angela Allgier of the Recycling Program has noted that Mike Tiraterra, John Parton, and Richard Bridenstine, are devoted to assisting the needs of all departments and also find time in their busy schedule to recycle. Angela Allgier, Recycling Technician, and Sandi Tripp, Director of the Department of Natural Resources, got together to work on the appropriate thank you for this hard working group. They came up with a Certificate of Appreciation. A simple thank you would have been great, but a certificate will show our appreciation for years to come. This certificate will show current and future employees that they are appreciated for their hard work and dedication to the team. Again, thank you for all the time and effort that you have put into your work Mike, John and Richard.

Karuk Language News

Susan Gehr, Language Program Coordinator

This quarter, we asked some participants in the Tribal language program to answer the following questions:

- Why do you think it is important to learn Karuk?
- Describe a situation where your knowledge of Karuk has helped you.
- What words of encouragement would you give to someone who wants to learn Karuk?

Here's what they said:

Julia, kahtíshraam

It's important to learn Karuk because it's my native language. My knowledge of Karuk has helped me driving through (Tribal) housing. No matter how hard (learning the language) seems, it's all worth it.

Phil Albers Jr., ishraamhírak

Our language helps identify us as Karuk people, which is very important in terms of establishing Tribal sovereignty. It also helps to identify our connection to our environment before European contact.



Susan Gehr, Karuk Language Program Director, reading from the book, "Pi'èep yánava káan xuntápan" at the Tribal Reunion. The book is available from the Indian Education Program of the Klamath-Trinity Joint Unified School District (530) 625-4412.

My knowledge of the language helps me to identify with the thought process and emotional patterns of our people.

My words of encouragement: "Just don't stop. Sometimes it'll be easy, sometimes it'll be hard, just don't stop."

Judi Armbruster, athithúvunupma

I'm studying it because it's a connection to the culture and anything that preserves the culture is important to me. Language is the culture, at this point, for a lot of people.

Sally Bartosiewski, athithúvunupma

Being in the volunteer fire department, I'll hear the dispatcher name the streets in Indian housing, and it's incredibly bad. He says "puuth" for "piith" and he really butchers "virusura eempah". I wonder if someone should inform them how to say the names of the streets. I think if people live up here they

definitely should know how to say the names of the streets. It's the language of the people here.

Alma Mendoza, kahtíshraam

It's important to learn Karuk so that our children will be able to speak it and we will have more fluent speakers in our Tribe.

Luke Supahan, ameekeyáaraam

Learning Karuk has brought me closer to my culture. I would encourage people not to give up.

Arch Super, athithúvunupma

A lot of people really like our language. Once you start speaking it and using the different accents... it's almost like we're singing our language. It's a beautiful language.

It's our language, and if we don't learn it and speak it and pass it on, it's going to come to a stop, and we'll have to pick it up again from where we left off. And the next time it will only be harder because the elders won't be here to help us, and we'll only be able to learn from those who are learning now (as adults).

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The People's Center

by Fred Nahwooksy

The People's Center, the museum and cultural center of the Karuk Tribe, sponsored the second Karuk Basketweavers Gathering on September 24 and 25 in Happy Camp, CA. With support from the Karuk Tribe of California, the Seventh Generation Fund and the National Endowment for the Arts, the event coincided with the Karuk Reunion.



Although approximately 200 weavers pre-registered for the Gathering, some 130 actually attended. On Saturday morning, September 24, basketweaver and Karuk Reunion activities were held under a large tent at the Karuk Tribal Office Complex. On Saturday afternoon, a group of about 30 people went to the Fort Goff area to collect woodwardia fern. Upon returning to the Karuk People's Center, weavers spent time preparing their woodwardia fern for future use.

Rain showers forced a minor retreat of the weavers on Sunday but still, 30 weavers were around for the final group photo for the event at noon. Evaluation forms for the Karuk

Basketweavers Gathering indicate an on-going desire by the weavers to get together regularly to share basket weaving techniques and to visit the forest to gather materials.



Museum Advisory Committee

The Karuk Tribe of California has established a Museum Advisory Committee. The Committee held its first meeting on October 16. The role of the Museum Advisory Committee is to meet quarterly and to advise the Karuk Tribal Council on matters related to the People's Center including; recommendation of an annual budget for the Center, recommendation of a museum director, recommend acceptance or decline of object donations to the Center, review



annual plans for the Center's exhibitions, collections, fundraising, staffing and programming. Members of the Museum Advisory Committee are Paula Allen, Holly Hensher, Cassandra Hensher, Susan Gehr, Julie Burcell, Leo Carpenter, Jr., and Andre Cramblit.

Holiday Sale

The People's Center Sales Shop will host a holiday sale from November 23 through December 31. All items in the Sales Shop will carry a 10% discount during the holiday sale. Regular hours of operation at the Center are Tuesday through Saturday from 10AM to 5PM. Additionally, the Center's library is open on Tuesday and Wednesday evenings from 6PM to 9PM. Support for the Center's library program comes from the Institute of Museum and Library Services (IMLS). For information or questions regarding the People's Center, call (530) 493-1600 x. 2201.

Basket Class

The People's Center sponsors a weekly basketweaving class that is taught and facilitated by Verna Reece. The class is held each Wednesday from 6PM to 8PM in the Center's classroom. The class is regularly attended by five to eight participants and is part of the Center's Karuk Basketweavers Project.

There is no charge and new participants are always welcome. The class is partially supported by a grant from the National Endowment for the Arts.



Taking Back What We Already Have



By: David Goodwin, Age 17

Ayukii. Nani ithvuuy David Goodwin. I write this letter to inform all the people, young and old, about my feelings of which direction this Tribe is being led. I have many concerns that I shall discuss in this letter, which include the three following means of our survival.

First, our culture— one of the most important aspects that carries our wisdom and proves that we are Native American. Second, our language— a strong part of our culture, which if we all don't learn soon, we will be lost, leaving us speaking the only language we've been forced into speaking. I, for one, would have rather come door to door to exchange with each and every one of you my feelings on

David Goodwin, singing to children during Native American Day at Happy Camp Elementary School

these vital issues. But because of the language we all speak today, I would rather express my feelings through writing and not through series of verbal arguments. Thirdly, most important, the KEY! The one true proof of our past and present hardship: the children. Now is the time to come together and rebuild, rather than take back what we already own. Not for revenge against the people who are responsible for where we are today, but for the love of our people and of ourselves, because these issues, either positive or negative, are still ours. I am one of the receiving generations who are patiently waiting the time of when my experience with the Karuk way of life will shine into the blackest corners in the White House. Because these ways of survival cannot be practiced in a political way, the culture must be brought back, and it will take the effort of every one of us. It cannot be on account of who owns which dance or who owns which fishing day, for these are the things that are tearing us apart. We are in this together forever, whether we win or lose the battle of preservation. A new way of living has arrived for our people, and I am determined to make Karuk a people that everyone remembers as determined. Can you help me?

The Importance of Our Culture

All up and down the river, I seek the opportunity of talking to people about the issues of our culture. Hopefully,

the people I have yet to talk with will get a full look at what lies in my heart while reading this letter.

So far, from what many different people state, they do not attend the ceremonies for many different reasons. The main reason is that from their viewpoint, the ceremonies are not being conducted correctly, while the question of "what is wrong about them" is yet to be individually answered. Why must a person rely on the opinion of someone else? I ask myself, and you to think about this: "Who am I, and what can I do to bring the knowledge of cultural survival to the heart and spirit of the Upriver People?" So I urge you, brothers and sisters, come to the ceremonies physically and mentally to find your own feelings about what needs to be done, no matter the issue. Set aside your family feuds so that we can come together as Arara's of truth. As for addressing the members of the Council, you simply must become more involved in the inspiring of the people and yourselves.



*Earl Aubrey, fishing Ishi Pishi Falls
Photo courtesy Chewich*

The importance of our culture should be understood by all of us. We must look inside our hearts to find the strength so we can educate the part of us that is missing. We need this part for future survival; this part I am talking about is our past.

The Importance of Our Language

In the beginning, our language was a harmony. Then it was stripped away, not completely, but just enough to inspire me to write this letter on how important it is to rebuild what we have left. If we do not fight now it will be lost forever. We have no one else to blame but ourselves for not fighting, and the rules stay the same; it takes everyone, I mean everyone, to win a war.

From the time we were put here to the time we will be taken to somewhere new, communication has been a useful

source in many ways; physically, mentally, and spiritually. One example of each would be prayer, which is a powerful force of communication to the Creator. In fact, if it weren't for prayer, I would still be out running the streets and not writing this letter. I have put much prayer towards these issues and the time for action is now.

Our language is a very important part of communication and Karuk way of life. The preserving and using of it will benefit us forever. I ask you now to please read these quotes of wisdom from one of our people, not Karuk, but Native American, who knows the feeling of having someone attempt to steal their very lifestyle. These quotes come from Forest Carter's true story **The Education of Little Tree**:

...Granpa said, *"that's how the damn fool word-using gits folks all twisted up. When ye hear somebody using words agin' somebody, don't go by his words fer they won't make no damn sence. Go by his tone, and ye'll know if he's mean and lying..."*

...Anyhow it's another one of them dadblamed words that we can do without. There is, I've always said, too dadblamed many words..."

These quotes are full of common sense. Personally it seems that more words are created every day for unnecessary use, which have the potential to trick people. The words from English dictionaries have confused, taken advantage of, lied to, slandered, misused, ruined, cheated, changed, polluted, spoiled, tainted, distorted, altered, and misled many people of Native America. The sad thing is that most people would say that it is that person's own fault for having been tricked. You can blame the early ways of the American government for these problems. But what's worse? These bad ways are finding their home in the heart of the Karuk people. I myself can barely get through a day without wondering how many lies I will hear.

Our language used to be simple, pure, and honest, but a new way of the language has arrived. We need to put this language to use so that we do not lose what's left. We need to raise our language interests to a level where everyone is strongly involved. After accomplishing this, we can



Emma (Charley) Effman

only take it higher. Learn the language, get involved, and give ideas of how to keep everyone interested. Your fighting continues my fighting; our fighting will inspire the children and the benefit for the children will be everlasting!

Carrying the Culture Forever

What is a teacher? Is it a person who will teach valuable things only if they get a steady paycheck? Is it a person who has boundaries of what to teach? Who taught you the things you know? Was it a person who went beyond their obligation, and came to your home every time you failed to attend school each day? If you can't answer these questions than that person



Brian Colegrove, demonstrating traditional salmon barbecue to local students

was not a true teacher. A true teacher will teach morals, respect, honesty, pride, and the things a person must know in order to survive the devious ways of America. When a person can be thankful for learning, the teacher has truly accomplished their job. In order for anything to be accomplished, the person called "teacher" should not just be one person. Everyone, no matter what they choose to do in life, is always a teacher.

Most people had to teach themselves the things that they know today. We learn by experience! It's realizing that we taught ourselves that will craft us into being great teachers and people. We need to teach our children the culture and language so that they can pass it on to their children. We need to learn the language fluently so that we can override our past suffering and bring the Karuk way of life into present day living. Your children and my children are the ones who will or will not carry the language. My children and their children are the ones who will or will not carry the culture. Those children and their children will or will not carry the Karuk name forever. We need to practice and learn the culture and language by heart. So in conclusion to the Council, the people, my peers, the children and anyone else willing to be involved; I am ready to stand with you... are you ready to stand together?

Naa Vura Yee Shiip Program

Robert N. Goodwin, Cultural Practitioner

Ayukii, huut kich!? If xara xas tanupmah. (Greetings, How are you! I have not seen you in a long time.)

As the program year comes to an end, I would like to reflect on the accomplishments for this year. First I would like to help you understand the purpose and mission of the program. The Naa Vura Yee Shiip Program (I feel great!) is a grant from the California Office of Emergency Services that is a culturally relevant, comprehensive and preventative program targeting young Karuk victims of crime, ages 3-18. The program helps to develop self-esteem through strengthening Tribal identity via a variety of cultural education and enrichment activities, including classroom projects, field trips and camps.

We have been busy providing culturally-centered healing therapies that help the children with the knowledge necessary to understand their place within the dominant society, assist them to develop a sense of self and purpose, collaborate within group settings, instill pride in their heritage, and develop resiliency. On August 12-16th a cultural camp was held at the Shasta Methodist Campground in Mount Shasta, CA, near Castle Lake. Each day started at 7:00am with a wake-up call to begin the day's activities. For the five days of the camp, the participants enjoyed a number of cultural activities that included necklace making, ceremonial bow making, acorn paddle making, basket weaving, hair ties, cards, and many presentations on Karuk culture and other Native American cultures. Drug and alcohol presentations were made each day from the youth mentors who attended the camp. Youth workers Latoya Super and Tonya Albers worked with the 3-5 age group helping them with different projects such as finger puppets, necklaces, painting and feathers. The camp ended with a family dinner with the highlight of acorn soup and salmon. The program also had participants attend the ceremonies throughout the summer with the highlight of the World Renewal Ceremony at Ka'tim'iin. Youth mentor participant, David Goodwin served as the Fataveenaan (Medicine Man) for this ten-day ceremony.



Age groups 3 to 5 painting

As the program year comes to an end and we look forward to another successful year, we would like to thank all of the participants, volunteers and employees for making the program work. The program will be holding a fundraiser for the upcoming Christmas program with a Big Money Bingo on November 5th at the Greenhorn Grange in Yreka. We invite



Young Bucks working intensely on their projects, with Phil Albers, Jr., Cultural Practitioner, and Brian Gonzalez, Youth Worker, helping out.

all to come and have fun with us. If you would like more information on the program or to donate anything for the Christmas program on December 18, 2004, please call the office at (530) 841-0729. We hope that through the program we have helped to instill pride in our Karuk culture and we all can say "Naa Vura Yee Shiip!" ("I Feel Great!")

Suva nik, mateek ikeevriikeesh! (See you later, may you live to get old!)

Special thanks to Vina Smith and Chairman Archie Super for the Language Presentation, Kathy McCovey for the plants and basket materials presentation, and Hermanett Albers for planning and organizing the camp.

Káruk Youth Competes in Sacramento

*Philip Albers Jr., Resident Services Coordinator
Karuk Tribe Housing Authority*

Football Star Arron Hockaday, Jr. traveled to Sacramento for the semi-final Punt, Pass and Kick competition, sponsored by the National Football League. Arron Jr. competed last year and qualified for the regional competition. This year, his placement and scoring was so high that he has automatically qualified for the semi-finals, and a chance to compete at the halftime of a professional NFL football game. Arron plays football for the Yreka Charger Peewees, starts on offense at Running Back, and on defense at Outside Linebacker and Defensive End. He is also the 1st team kicker and 2nd team punter. The young Karuk traveled to Sacramento, CA, on October 29, for the competition on October 30. The Karuk Tribe of California helped sponsor Arron. He contributes to the KTHA community, the local community, and the Tribal community. Arron has a strong arm and powerful leg, which blasted him into 4th place, missing 3rd by a mere 6" out of forty participants! Arron, ím vúra yéeshiip! Ím yav i'kuupheesh!



Arron Hockaday, Jr.

KTHA Reunion Activities

Philip Albers, Jr., Resident Services Coordinator

The Karuk Tribe Housing Authority saw Karuk Araaras from all over the nation at the Karuk Tribal Reunion. We had a small informational booth set up, and had a couple of interesting quizzes for the membership, both on traditional Native American housing, with one encompassing housing across the nation, and the other focusing on our Tribal traditional housing. Sami Difuntorum, the Karuk Tribe



Housing Authority's Executive Director, scored the only perfect score on the national Native housing quiz, matching all 12 houses with their corresponding region/affiliation. Robert "Bobby Coon" Goodwin had the highest score on our traditional Tribal quiz, ranking in at "Elder", while the rest of the membership averaged a ranking of "Elder in Training" and "Adult". The KTHA staff averaged in at "Adult". We also had an acorn-guessing contest. The winning guesses were 296, 307, 263, and the actual number of acorns totaled 293. The prizes for the acorn-guessing contest were jars of salmon, prepared by Ana Lisa Tripp, and the Tripp family. Nanu yíchaacha vúra yéeshiip.

Yôotva,

Philip Albers Jr.
Resident Services Coordinator
Karuk Tribe Housing Authority
530.842.1644
palbers@karuk.us

Karuk Tribe Housing Authority
635 Jacobs Way
Happy Camp CA, 96039
530.493.5434

Back to the Basics

*Joseph E. Snapp, B.S. CSAC II
Substance Abuse Counselor*

Every human being needs food, shelter, protection from enemies, and love, to survive and prosper in this world. Everywhere I look, there are homeless Tribal members, young and old, with no visible means of support. These folks are lacking job skills, transportation, and education.

How did our people get into this predicament? The white man taught us how to hide our pain and shame of oppression by using alcohol and later with drugs. Our people were then torn from their families and sent off to boarding school to be turned into civilized people by beating the culture out of them and forcing them to forget their language.

The boarding school generation was not raised by loving parents and therefore did not know what normal family relationships looked like. Their parents were angry and turned to alcohol to numb their pain. These children were angry and also turned to alcohol to numb their pain when they got out of boarding school. Then they got married and had children of their own and tried to raise them with basically no parenting skills while active in drug/alcohol addictions, which makes a poor recipe for a family.

This unfortunate chain of events has left our culture in a very unstable condition. It seems that there is agreement on what ceremonies are, but not about how they should be performed and by whom. I would submit that these differences need to be resolved before our Tribe can make significant progress. All things change and evolve over time, and I would hope that our Tribal members could meet and reach an agreement about what is ceremony and how it should be carried out in a good way.

The Tribe has made much progress in the last ten years as far as programs and jobs go, but there is much healing of the spirit needed throughout the membership to make a cohesive Tribe that can stand on it's own. I cannot stress enough, the importance of having a clean and sober, educated Tribal membership in order to attain Tribal independence.



Artwork by Tribal Member, David Wright, Jr.

Karuk Tribe Housing Authority

Sami Difuntorum, Executive Director

The ten Elder's units in Orleans are close to being ready for occupancy. We have three families that have moved into their new homes. The Karuk Tribe Housing Authority's (KTHA) force account crew (George Rivera, Michael Moore, and Patrick Willson) is constructing the porches and ramps. We are anticipating all porches and ramps to be complete by the end of October. The KTHA construction manager – Richard Black – is designing the garage and storage area for these units.



Elder's Unit in Orleans

The Yreka Elder's project of fifteen homes is also underway. The utilities and roads contractor has begun work with a 90 day contract scheduled for completion December 22, 2004. The house contractor will perform work concurrently to maximize the remainder of our construction season.

KTHA has funding available for home loans. Qualified Tribal Members can borrow to purchase or build homes.

Contact: Eddie Davenport 530 493-5434 ext.105

Managing construction of three H.I.P. homes has been a challenge. The Guy home is complete; the Aubrey home is scheduled for completion within two weeks; and the Swearingen home is substantially complete. Thanks to the following Tribal and Housing Staff whose dedication and skill has moved these projects forward: Lori Arwood, Jo Alvarez, Fred Burcell, Wes Mayton, and Erin Hillman - Yootva.

The KTHA Resident Services Program (RSP) is being revitalized and revamped under the direction of the RSP Coordinator Phil Albers, Jr. Many hours have been devoted to policy and guideline development to sharpen the focus of the program toward employment and self-sufficiency. Contact: Phil Albers, Jr., at 530 842-1644

KTHA welcomes employees: Duke Arwood, Orleans Maintenance; and Richard Black, Construction Manager.

Senior Center Program

Babbie Peterson, Senior Center Supervisor

On October 6, 2004 the Senior Center Program opened another senior nutrition site in Happy Camp. Juna Ward is the cook and we are hiring another cook for this site as we have been told to anticipate 75 seniors when we get the word out that we are open. The first 3 days we did intake forms and served lunch to 27 seniors. We are funded through two grants for senior nutrition – one through the Department of Aging that covers meals for Native American elders and one through the California's Planning and Service Area 2 (PSA2) - Area Agency on Aging. At this time we are conducting interviews with our Native American elders for a needs assessment in conjunction with the University of North Dakota. This assessment is a funding requirement for the Department of Aging and we are also doing a needs assessment for PSA-1 to collect the needs of seniors in the Orleans area for Humboldt County. Your help with getting the information to our workers is greatly appreciated. The CHR's and Elders workers have been doing these interviews for us and we truly appreciate their hard work and dedication to the senior services that our Tribe provides.



Juna Ward

Babbie Peterson, Senior Center Supervisor,
bpeterson@karuk.us, 530-627-3056, Fax 530-627-3058

Casino Update

The Tribal Council would like to take this opportunity to give the Membership an update on the progress of the casino.

The Tribe has implemented a workgroup comprised of Council Members and staff to work on this project, and preliminary issues related to the development of a casino are being addressed at this time. Until they are resolved, there will be no forward movement on the project.

We would like to encourage you to express your questions, comments, and suggestions regarding the casino in writing to: Newsletter Casino Comments, PO Box 1016, Happy Camp, CA 96039. It is quite possible that many of these questions can be easily answered by the Tribal Council in the next edition of the newsletter to make sure everyone is informed about the project.

The Medicare Prescription Drug Card



Wes Valentine

Frequently Asked Questions

Wes Valentine, Executive Director of Health and Human Services

What is the Medicare Prescription Drug Card?

The Medicare Prescription Drug Card will pay for \$600 of your medication expenses in 2004 and again in 2005. For some Medicare recipients, it will provide a 20% discount on prescription drugs. Which plan you are enrolled in depends on your annual income.

How do I know if I qualify for the Prescription Drug Card?

If you are married and have an annual income below \$12,569 or are single and have an annual income of less than \$9,310, you will definitely qualify for the plan. The best way to find out is to apply. It is a very simple application form which can be completed quickly.

I already get my medications for free from the Karuk Pharmacy, so why should I apply?

In order for the Tribe to continue to provide free medications to its members and discounted medications to Native Americans from other Tribes living in our service area, we need to continue to bring in as much third party billing revenue as we can. By signing up for this card, you will allow us to bill \$600 from the government each year to use to support our program. We do not receive adequate funding for health care from the Federal Government and we need to take advantage of every dollar we can receive from them to be able to expand services to the Tribal Members.

Do I qualify for this program if I have Medicare and MediCal?

No, if you are also receiving MediCal benefits, you are not eligible for the Medicare Card. However, we will be able to bill MediCal for your prescriptions so please supply that information to us at the pharmacy.

There are many different companies providing the Medicare Prescription Drug Card. Which should I choose?

There are only two companies that have been specially designated for Native Americans and Alaska Natives. The plans are Criterion Advantage and

Pharmacy Care Alliance. The Tribe is eligible to bill Medicare through either of these plans, so we do not recommend one over the other, the choice is yours.

This year is almost over, should I wait until next year to apply for the card?

Absolutely not. If you enroll for the plan by December 31, 2004, you will be entitled to the full \$600 in benefits for this year. All unused money for 2004 will be carried forward to be used next year. By signing up by the end of this year, you will be entitled to the entire \$1200. Please sign up by the end of this year.

How do I get the forms to apply for the Medicare Prescription Drug Plan?

If you did not receive this information in the mail, we can provide it to you. Please contact the elders worker in your area: (Yreka) Jim Falkoski 842-9200, (Happy Camp) Flo Lopez 493-1600, (Orleans) Melodee Conrad 627-3452 and let them know that you need the form for enrollment. I will have the forms available for them to send to you and they can assist you in completing them if necessary.

What happens after this plan ends?

That is still to be determined. This is just an interim step to provide seniors with a prescription drug plan. A permanent plan is to be presented which will go into effect January 1, 2006. I will let you know as soon as I know what the coverage and benefits of the new plan will be.

I hope this answers many of your questions about the Medicare Prescription Drug Card. Please feel free to contact your elders' worker if you have additional questions or you can reach my office by calling 493-1600.



Karuk Tribal Health Clinic, Yreka

Birth Announcements

Sara Spence

Eduardo Cecil Escobar

Karuk Name: **Ishkiit (Lucky)**



Parents: Pedro and Cyd Ann Escobar

Grandparents:
Maternal – Late Cecil Harrie & Millie (Super) Fielden, Paternal – Eduardo Escobar & Micaela Maria Rinoso

Siblings: Hazel, Alyse, Reuben, and Micaela

Details: Born on July 3, 2004 in Mt. Shasta, CA at 1:36 PM weighing 9 lbs., 10 oz. and measuring 20 inches long.

Special Thanks: Ishkiit and family would like to thank the Karuk Tribal Housing Authority employees for the baby basket and extend a special thank you to the basket maker, Paula McCarthy.

Lillia Ashlee Besedin

Karuk Name: **Kuusrah Imkata'xrih (Bright Moon)**



Parents: Naomi Lang and Vladimir Besedin of East Brunswick, NJ

Grandparents: Maternal – Jason Lang of Happy Camp & Leslie Dixon of Allegan, MI, Paternal – Vera (Sierota) Besedin & Late Leonid Besedin of Kiev, Ukraine

Details: Born August 26, 2004 in Brooklyn, NY at 2:37 PM weighing 7 lbs. and measuring 19 inches long.

Julie Adwina Kathleen Murray

Parents: Bobby & Michelle Murray

Grandparents: Wilma Llewellyn & Rodney Heiser

Siblings: Aaron, Amber, Truly, and Justuce



Details: Born on July 8, 2004 in Oroville, CA weighing 7lbs., 3 oz. and measuring 19 inches long.

Julian Christopher Brown

Mother: Bridget Chante Brown

Grandfather: Terrance J. Brown

Great Grandmother: Caroline Brown



Details: Born on March 16, 2004 in Alexandria, VA. Julian's baby basket was made by Madeline Davis.

It is so great to receive all of the beautiful (and handsome) baby pictures! If you would like to include your birth announcement along with a picture, send it to me at: Sara Spence, PO Box 1016, Happy Camp, CA 96039 or email me at sspence@karuk.us I can return the photos if you cannot email them.

Karuk Head Start

The Karuk Head Start Programs began their classroom sessions on September 21, 2004.

The 2004–2005 Yreka Head Start Center A.M. Staff are:

Cathy Scott/Teacher; Marlene Rodriguez/Teacher Assistant; Josie Jerry/Bus Driver; Justine Jerry/Bus Monitor; Betty Robinson/Cook; Rana Bussard/Cook. The A.M. children are: James Balsz, Kailee Bennett, Matthew Bennett, Serenity Boyles, Payton Charlesworth, Micaela Escobar, Brad Hahn, Hazel Hockaday, Nicolas Kienlen, Sara Lane, Tyler Patterson, Jaci Richardson, Maria Rodriguez, Holly Tower, Brandon Wessel and Cameron Behrendt.

The 2004-2005 Yreka Head Start Center P.M. Staff are: Nicole Finch/Teacher; Tara Quinn/Teacher Assistant; Josie Jerry/Bus Driver; Justine Jerry/Bus Monitor; Betty Robinson/Cook; Rana Bussard/Cook. The P.M. children are: Curtis Armstrong, Breanna Bangle, Brandon Bailey, Jazmin Budzak, Michael Beals Jr., Cord Crawford, Christopher Crowe, Tass Croy, Imala Croy, Alauna Grant, Samuel Lopez, Dathon Prudhomme, Ty Velasquez, and Kelsey Virgin.

The 2004-2005 Happy Camp Head Start Center Staff are: Linda Davis/Teacher; Maria (Nena) Creasy/Teacher Assistant; Denise West/Bus Driver; and Leona Peters/Cook. The Happy Camp Head Start children are: Brittany Barnett, Tashawna Brink, Tyler Cook, Breann Cortes, Kai Crockett, Frank Davis, Gerald Harrison, Daniella Hill, Devin Jackson, Athena Jerry, Megan Martin, Shaye McCartney, Matilda Peters, Chance Rasmussen, Tiffany Stanley, Phoenix Stoner, Kyle Whitman and Meeka Wright.

The Karuk Tribal Head Start program daily schedule consists of bus service, children meals, tooth brushing, Karuk language & cultural activities, language and literacy, math, socialization, fine & large motor skills, music, field trips, indoor & outdoor play.

The Head Start Program implements child health status which includes vision screenings, hearing screenings, dental screenings, well child

Karuk Head Start Version of Twinkle, Twinkle, Little Star



Twinkle, twinkle little star
Imsirih, imsirih ninamich atayram

How I wonder what you are
Tani xuti akay iim

Up above the world so high
Aah avahkam ithivthanen avarih

Like a diamond in the sky
Kunish imsirih as aha avakam

Twinkle, twinkle little star
Imsirih, imsirih ninamich atayram

How I wonder what you are
Tani xuti akay iim



Happy Camp Head Start children, staff & volunteers at breakfast time

screenings, daily health checks, nutrition, safety practices and behavioral health.

Happy Camp Center has a full enrollment of twenty children and a waiting list. The Yreka Center currently has openings for enrolling children. Please call 493-2226 to receive an application. Contact Toni McLane/Director; Sylvia Parry/Program Services; or Donna Goodwin-Sanchez/Health & Education, for more information.

The Head Start Program welcomes Tribal and community volunteers.

Would you like to volunteer and visit the children in the classroom? If so, please call the Yreka Center at 842-9225 and inform Cathy or Nicole, or call the Happy Camp Center at 493-2919 and inform Linda or Nena. Volunteers make the Head Start world go around!

Waylon Lenk Attends Lewis & Clark College in Portland

Waylon Lenk has begun his freshman year at Lewis & Clark College in Portland, Oregon. He graduated this past spring from Ashland High School and also attended Thurston High in Springfield, Oregon for two years.

In high school, Waylon was active in theater, National Honor Society and ran cross country. He has been learning the Karuk language for the past five years, studying first with Susan Gehr (now the Tribe's Language Director) and more recently with Phil Albers, Jr.

Waylon plans to major in both political science and theater.



Waylon Lenk

BREAK FREE!

Feel like you are in a rut?

Don't like your job? Not getting the pay you'd like?

Break Free from this self destructive behavior! Travel the road to financial and personal freedom. Get the training you need to succeed! Find the right vocation to have a fulfilling career. Follow your bliss to find the right work that you are passionate about! The Karuk TERO Department can help. Call or stop by...

(530) 493-1600 Ext. 2030

The Nurse's Corner

Information for Health and Wellness

David Eisenberg, PHN

Telemedicine is Coming to Happy Camp and Orleans!!

The Karuk Tribe will be expanding our telemedicine capacity by installing two new telemedicine units. One will be in Happy Camp and the other in Orleans.



*Telemedicine Unit located
at the Yreka Clinic*

What is telemedicine and how can it help our patients? Most medical specialists are located long distances from our clinics. Instead of driving patients 6 – 8 hours to an appointment, a visit can take place over two televisions. The first is in one of our clinics. The second could be anywhere in the world. The two locations can see and talk to one another. We have been using this system at our Yreka Clinic for the past year.

Recently the Karuk Tribe received a grant from the Northern Sierra Rural Health Network to provide this service in Happy Camp. The equipment will be installed in November. For our Orleans clinic, the Tribe will be adding the components by using funds from our Diabetic Care Grant.

Once this system is in place, clients from all our health clinics will have the opportunity to participate. This system will also allow the staff from each of our clinic sites to participate in tele-conferences, inservice training and internal staff meetings. We think this is an exciting and innovative way to overcome the time and distance involved in providing high quality care to our patients

LIHEAP.HIP.GA.SWEEP. Adult Service Departments

Happy Camp Administration Building

1-800-505-2785 or 530-493-1600 Ext. 2025

It's getting around that time all of us get ready for the cold winter months. For those Tribal members who live outside of the Tribal Service area, I would like to let you know of an energy assistance referral program called National Energy Assistance Referral (NEAR). NEAR is a free service providing information on where you can apply for LIHEAP. You can speak to someone Monday through Friday, from 6 a.m.- 6 p.m. (Mountain Time). Call the toll-free phone number at: 1-866-674-6327.

Low Income Assistance Programs:

- **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible Tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.

- **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Tribal member.

- **Housing Improvement Program (H.I.P.):** This program provides grant assistance funding to repair or for the replacement of your home. This program is only funded once

a year. The deadline for applications are due around August of every year. To qualify you must:

1. Be a member of a federal recognized American Indian Tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Have proof of ownership or lease
6. No prior HIP assistance

These BIA programs are secondary Low Income Assistance programs. An applicant will have to apply or have applied for assistance from other federal, state, county, Tribal or local agency in the service area. The applicant must not receive any comparable public assistance.

- **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).

- **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more

employable while obtaining and incentive payment. An applicant can be on the program for two years final.

- **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.

For further information on any of the programs, call me at the above number, or email me at lisaubrey@karuk.us/. Yootva.

Karuk Tribe of California Service Area



Annual Darvin E. Davis, Jr. Memorial Softball Tournament to Benefit Ti-Bar Cemetery



Darvin E. Davis, Jr.

The "DD" Annual Co-Ed Softball Tournament was held the first weekend of October in Crescent City, California.

Our family decided to put this tournament on last year after our brother Darvin E. Davis, Jr. passed away on the 4th of July. We wanted to have a special headstone made for him but no one had that kind of money so we decided to have a Memorial Softball Tournament for him as he was an avid softball player.

Our family has since decided to make it an annual event

Submitted by: The Davis Family

to bring our family together, and to purchase further headstones for the Ti-Bar Cemetery. We are seeking the help of other family members who have information on the graves in the cemetery that don't have headstones or nameplates.

Thank you so much to the Tribe for their donations and help and to the others who came from afar to help us out. We are hoping that more and more family members can bring their ideas to make this bigger and better every year. If you have information or ideas, call Debbie at (707) 465-3786. Please leave a message if no one answers.

Todd Weaver, DDS Selected as Poster Presenter for JCAHO Conference



Todd Weaver, DDS

Lessie Aubrey,

Director of Quality Management and Compliance

Dr. Todd Weaver, Dental Director for the Karuk Tribal Health Program, was recently notified that the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) Abstract Review Committee has selected his abstract for the poster session at the "Ninth Annual Ambulatory Care Conference", to be held October 14th and 15th, in Chicago.

Dr. Weaver has been invited to present his Proactive Risk Analysis on the Use of Nitrous Oxide in Dental Treatment.

Dr. Weaver graduated from the UCLA School of Dentistry in 1998 and has been practicing clinical dentistry with the Karuk Tribe for the past six years.

Dr. Weaver serves as a member of the KTHP Accreditation Continuous Quality Improvement Committee, and has served as Chairman of the Credentialing and Privileging Committee, as well as serving on other committees designed to bring quality into the organization.

Dr. Weaver enjoys working with his staff and is dedicated to providing quality care to his patients. He has lived in California his whole life and enjoys spending time with his family and playing with his 16 month old son.

Because Dr. Weaver is unable to attend, Nicole Hokanson, RDH, will be presenting in his place. Ms. Hokanson graduated from the American Institute of Health Technology, Boise, Idaho, in 2002. She was hired by the Karuk Tribal Health Program on October 16, 2002, to provide dental hygiene services between two Karuk Clinics; Yreka and Happy Camp.

Ms. Hokanson, a native of Happy Camp, grew up in the Karuk Tribal community and culture, and decided to return to Happy Camp to gain employment with the Tribe.

Her parents still reside in Happy Camp, and she is the mother of a six year old son.

Happy Camp Community Computer Center News



Rosie Bley

Rosie Bley, Center Director

The Happy Camp Community Computer Center has been going through major changes. It is thanks to the Karuk Tribe and KCDC Board's dedication and determination that has kept the Center open through some unstable times.

I am very excited to have been hired to rebuild the program. We have a room full of computers that are loaded with software, have high-speed internet access, and are available for use.

For those of you who feel you have no hope of ever figuring out these complex machines, our job is to help you. Do you need to research an illness or symptom? Would you like to take computer classes? Do you need to write and print a letter? Learn to reproduce a photo? Would you like email even though you don't own a computer? Use the internet to find hard to locate items? Do you own a computer but it is temporarily on the blink and you need access to your email? Are you thinking of buying a computer but don't know what to get? Do you have a technological question?

We have three new part-time employees on our team to help you. Jeanette Quinn, a credentialed teacher who is proficient in many software programs and internet research. Gerry Canning, who has extensive experience in Photoshop, computer and network repair and web page design. And Kelly Worcester, who is experienced in Microsoft Office, computer repair, networks and web page design.

Evening classes are being planned according to survey results. If you would like to fill out a survey, they are available at the computer center. We will be sending a newsletter via local US Mail when class schedules are complete to let you know what will be offered and when to sign up.

Open Access hours are as follows:

Monday - Thursday 12 – 1:30 and 2:30 to 5:30.

Friday 12 through 5:30pm.

Our location is in the old band room at the high school, across the street from the Happy Camp Volunteer Fire Station and Sheriff's Substation. Just look for our logo on the side of the building or call 493-5213.



Karuk Tribal Health Program Periodic Performance Review

*Lessie Aubrey,
Director of Quality Management and Compliance*

The Karuk Tribal Health Program has just completed its Periodic Performance Review, a JCAHO requirement eighteen months after the triennial survey. Actually, it's halfway between surveys. In this process we are required to assess ourselves with all the Joint Commission's standards, and develop a corrective action plan in the areas where we find ourselves non-compliant, either partially or totally.

There are nine functional chapters, each with its own set of standards. To complete this process I selected team leaders and assigned teams. The team leaders were:

- | | |
|--------------------|---------------------------|
| • Lessie Aubrey | Rights and Ethics |
| • Todd Weaver, DDS | Leadership |
| • David Eisenberg | Environment of Care |
| • Vickie Walden | Infection Control |
| • Barbara Snider | Human Resources |
| • Sharon Denney | Provision of Care |
| • Marsha Jackson | Performance Improvement |
| • Lois Gonzalez | Management of Information |
| • Wes Valentine | Medication Management |

Team members served on one or two teams and were Lillian Maresca, MD; Sharon West; Sheila Robinson; Jessica Thom; Dora Bowland; Steven Burns, MD; Judy Blind, FNP; Barbara North, M.D.; Amy Coapman, FNP; Michael Willetts, MD; Mike Dehart; Mary Kelly; Sharon Denney; Alissa Johnson; David Eisenberg; Claudia Ross McLeish; Susan Beatty; Debra Whitman; Nicole Hokanson; Doreen Mitchell; Beth Reidiger; Susanna Greeno; Edward Peters; Lois Gonzalez; Wes Valentine; Todd Weaver, DDS; Vickie Walden; Marsha Jackson; Lessie Aubrey; Florraine Super; and Nita Still.

Team leaders met to discuss their roles, and then reviewed the standards with their teams. They discussed where they felt we either met the standard, or why they felt we were deficient. If we were deficient, then they developed a corrective action plan. Next the Team Leaders met again to discuss the findings and approve the corrective action plans, which worked out very well as there were additional suggestions made that finalized their plans.



Health Program Strategic Planning 2004

*Lessie Aubrey,
Director of Quality Management and Compliance*

On July 28, 2004, the Karuk Tribal Health Program held a strategic planning session in Happy Camp. Three Council members; Archie Super, Florraine Super, and Roy Arwood, and seventeen health staff members, joined Dawna Cozzalio, our facilitator from College of the Siskiyous, to review and develop new health program goals.

Readers may be interested in learning that our Mission, Vision, and Value statements were revised, and will be placed in all our clinics soon.

The majority of the participants were pleased with the outcomes. Many of their issues were brought to the forefront and openly discussed with managers and other coworkers.

We all felt that this activity was quite successful and it will become an annual event. A follow-up session is scheduled for October 27, 2004, and the next Strategic Planning session will meet again July 2005.

Periodic Performance Review, continued...

The Joint Commission provided use with a tool on the internet/extranet to report our findings to them. After the Team Leaders approved the plans, the team leaders were asked to go to the tool and add in their scores and corrective action plans. Then they were reviewed again by Lessie Aubrey, who finalized the process and submitted the entire report.

This was a huge task, and each player took on extra responsibility to get this completed. I was very proud to see how well they worked with each other. They took this task very seriously, and worked very hard to complete it. By utilizing the team method it enabled us to keep the clinics open, which is something that should have made our patient's happy.

On October 27, 2004, at the biannual health staff meeting, Lessie Aubrey, Director of Quality Management and Compliance will present the team leaders with "Team Leader" pins, and the team members with "Teamwork Award" pins, to show appreciation for their efforts.



CHS Approved Levels of Care

Anna Myers, CHS Clerk

There are many Karuk policies and procedures plus federal regulations that patients must abide by in order to be eligible for CHS. A copy of all approved policies and procedures are available at any of the Karuk clinics.

The Contract Health Services (CHS) policies and procedures for the coming year were reviewed and approved in October by the Managed Care Committee. New services were added to level two that will be paid for by CHS as resources allow. These policies and procedures were reviewed and approved by the Health Board on October 14, 2004. CHS is currently covering to Level (II). The approved policies and procedures are listed below.

For more information please contact the CHS office at (530) 493-1600 ext 2156 or 2151.

Approved Levels of Care

I. Purpose: To specify the Levels of Care approved by the Karuk Tribal Health Board.

A. Policy:

Level I:

- a.) Pregnancy related items.
- b.) Abortion Services:
 1. Only when necessary to save the life of the mother, or in the case of rape or incest; consistent with Federal Regulations.
 2. With a written Doctor report stating the cause of the complication.
 3. With a written referral from the referring KTHP Provider.

Level II:

- a.) Prescription medications.
 1. Prescriptions not covered under the Karuk Tribal Health Pharmacy guidelines may be reimbursed on a case by case basis only (CHS appeal process may apply).
- b.) Consulting services (evaluations & Management Services).
- c.) X-rays.
- d.) Lab services for students & transients when the professional service has been approved for payment by CHS.
- e.) Diagnostic test.
- f.) Emergency Services (ER).
- g.) Urgent Care Services.



- h.) Sleep Apnea Evaluation.
- i.) Medical Supplies.
- j.) Oxygen.
- k.) Orthopedic Appliances (air casts, splints, etc.).
- l.) Outpatient Chemotherapy.
- m.) Outpatient Radiation Therapy.
- n.) For patients having Medicaid or other medical coverage for office visits, CHS will pay Travel expenses at the following rates;
 1. Per diem up to \$30 per day plus one nights lodging at the government rate, and
 2. CHS resources shall be provided for transport greater than 20 miles. The CHS program will reimburse the patient/escort \$0.25 per mile (additional nights stay may be approved on a case by case basis).
 3. Patient must have referral from a KTHP provider.
 4. An escort may accompany individuals unable to travel without assistance, (e.g. children and handicapped adults). CHS will pay the escort up to \$30 per day for food.
- o.) Optical examination for vision (refractive exam).
- p.) Orthopedic Devices.
- q.) In office procedures.
- r.) Glass/Contacts limited to one pair every two years.
 1. There will be a \$200.00 cap.
- s.) Hearing Aids.
 1. \$1,600.00 cap for one ear and CHS will only pay once.
- t.) Physical Therapy/Massage Therapy.
 1. Limited to ten visits per episode the provider may refer the patient twice consecutively for the same episode; the next referral must get approval from the Managed Care Committee.
- u.) Dental Emergency Care.
 1. Included those dental services which are necessary to relieve or control acute oral conditions, such as: a potentially life threatening difficulty, maxillo-facial fractures, swelling and severe pain, or other signs of infection. (This will not cover periodontal services).
- v.) Mental Health Services limited to five visits, as resources allow.
- w.) Chiropractor, for spinal manipulation limited to



*In Memory***Stephen Jay Mader, MD**

The Karuk Tribal Health Program would like to pay tribute to Stephen Jay Mader, MD., who was the Chief Medical Officer in the California Area Indian Health Service for the last twelve years. During that period, many of our health employees enjoyed their working relationship with Dr. Mader, and his death comes as a shock to us all.

Dr. Mader was born on January 16, 1951, in Teaneck, New Jersey. He passed away on July 28, 2004, in Placerville, California. He was the Husband of Paulette; the father of Ryan and Justin; the brother of David Mader and Nancy Onorato.

As the Chief Medical Officer he provided guidance, technical help, and coordinated operational activities between the Tribes Medical Services and Indian Health Services. He also helped us reach our goal of JCAHO Accreditation by conducting on-site mock surveys. He will be greatly missed.

Ayukii from the Karuk Dental Department



Vickie Walden

Vickie Marie Walden, RDA

Karuk Dental Clinic Office Manager

- Congratulations to Yreka's dental assistant, Pat Doak, RDA. She has passed her dental boards and is now a Registered Dental Assistant.
- CIMC worker Kayla Bridwell has been training as dental receptionist at the Yreka Dental Clinic. Her CIMC position will end on 10/08/04. On October 11, 2004, Kayla was hired as the Yreka Dental Receptionist/Medical Records Clerk. The Dental Department would like to thank her for the job she did as a CIMC Worker and welcome her to the Karuk Dental Department.
- This year we were able to increase the Yreka staff by one dental assistant. The dentist said that with this staffing addition, they would be able to see more patients. Congratulations to Jessica Thom. She has been promoted into the new Chairside Dental Assistant position.
- The Happy Camp Dental will be closed Thanksgiving week, starting November 22, 2004 and will re-open on Monday, November 25, 2004
- Christmas Week will also be closed starting December 20, and will re-open on Monday December 27, 2004.

CHS Approved Levels of Care, continued from page 26...

five visits, as resources allow.

- x.) Acupuncture, by certified acupuncturist, for pain limited to five visits, as resources allow.

Due to funding limitations, CHS does not currently cover levels III through VI listed below.

Level III:

- Nutritional Supplements.
- Home Health Services.
- Durable Medical Equipment.
- Traditional Indian Health.
- Therapy Services: occupational and Speech.

Level IV:

- Drug and Alcohol Treatment Services.
- Inpatient Care.
- Outpatient Surgery, Ambulatory Surgery.
- Skilled Nursing Facility.

Level V:

- Dialysis.
- Transplants.

Level VI:

- Excluded Services: Nursing Home Care (long term care services), sex change operations.
- Laboratory services: are covered under direct care services, and must be ordered by a KTHP provider.



The Karuk Dental Department would like to acknowledge and thank the following co-workers, for the services they provide the Karuk Tribal People:

- Anna Myers – CHS Clerk
- Barbara Snider – CQI Assistant – Minute Taker for many Health Committees
- Debbie Whitman RDA – Happy Camp Dental Assistant
- Doreen Mitchell – Happy Camp Health Services
- Charlie Bowland – Orleans Medical Receptionist

Dental Disease Prevention Information:

- Diabetics please call the dental clinics and schedule a diabetic dental screening. Diabetics need to have the screening done once a year.
- Halloween – This is a time for parents and patients to be sure they have new toothbrushes. Have a fun holiday and remember to brush & floss after eating sweets.
- Children's National Oral Health Month is February.

Ayukii, from the Education Department

Jennifer Goodwin, Education Coordinator

(530) 493-1600 ex. 2034 or 1-800-50-KARUK ex. 2034

It's never too early to start thinking about college. Get an early start. There are things families can do to start planning early on. Here are a few tips...

In Jr. High

- Help your kids with homework, but encourage them to develop independent and critical thinking skills through reading, writing, solving problems and asking questions.
- Ask the school counselor if your child is reading and doing math at grade level.
- Start saving for college. Even a few dollars a week will impress upon your child the importance of making a commitment to get a college education. Help your kids find ways to earn money (like babysitting, yard work, odd jobs) so they can start saving part of their earnings for college. Consider opening a college savings account.
- Meet with teachers to see how your child is doing in his or her classes.
- Visit college campuses. Talk to neighbors, relatives, or friends with students in college to learn about their experiences.
- Attend college information programs at the middle school. Representatives from different schools will share information on programs, scholarships and financial aid.
- Talk to your kids about the importance of studying hard and getting good grades to prepare for high school and college.

In High School

- Get information about what courses your student needs to take to graduate high school and be eligible for college by attending back-to-school nights and meetings with the high school teachers and counselors.
- Help your student plan his or her four-year high school curriculum so he or she will be eligible for college upon graduation.
- Visit college campuses, take tours, and talk to the students on campus about their experiences. Contact the Outreach Office at the campus to schedule a tour and get information about academic programs, admission requirements, and financial aid. Bring

your student transcripts or a list of courses completed since the 9th grade.

- Start talking to your child about what college they would like to attend and what subject they would like to major in.
- Begin to inform yourself about colleges, financial aid, scholarships, and the educational requirements of the different careers your child may be interested in.
- Attend college information programs and meet with campus representatives when they visit your high school.
- Prepare for the SAT (Scholastic Assessment Test) or ACT (American College Testing) by reviewing test preparation books with sample questions. Attend a workshop on how to prepare for these entrance exams. Financial aid may be available for some workshops or for the test fee; check with your counselor.
- Meet with admission and outreach representatives from college campuses that you are interested in.
- Check frequently with high school counselors or career center directors for scholarships awarded by schools, local companies, and community groups.

High School Seniors

October 1st – November 30th: Very important: Apply to campuses for next fall during this initial admission application-filing period (some campuses may continue to accept applications after November 30th)

January: Complete and file the FAFSA (Free Application for Federal Student Aid)

February, March and April: Unless your test scores or approved college courses exempt you, take the English Placement Test (EPT) and Entry Level Math (ELM) exams.

May: Take AP (Advanced Placement) exams for any Advanced Placement subjects you have taken. Scoring well on the test(s) will give you college credit for these courses.

June: Congratulations! Your hard work paid off and you reached your goal of graduation!

Summer: Take part in summer orientation programs for incoming college freshmen.

Fall: See you in college.

Parents and future college students, use the resources that are available to you. If you have questions please ask teachers, counselors, or your Tribal education coordinator.

A-B-C-D-E Spending Tips for the Holidays



*Eddie Davenport, KTHA
Loan Officer*

Buying presents, long drives or flights to visit relatives, having special dinners and parties – consumers spend more money in the three months before New Year's than at any other time of the year. In fact, retailers often make about half of their annual profit during this time, according to the National Retail Merchant's Association. Much of the buying will be done on credit. It's not surprising, then, that many people get so carried away at the holidays that they can't dig themselves out for months or even years.

To help keep your holiday cheer intact before and after the holidays, we've compiled a few tips on being generous without inviting disaster. If you want to save some money, this is the time to make your resolutions – not after the New Year when it's too late!

Alternative Gift Giving can save substantial dollars. You might think of reducing your long list (aren't there some on there that you question year after year? Be creative with homemade treats, jams, cookies, or a basket with some small items plus cookies for the kids. Maybe a coupon for your services such as babysitting, family photos in a frame, or stationery and envelopes pre-addressed and stamped so an older person can easily keep in touch.

Budget requirements: you have to come up with a budget if you're going to save money, and you have to stick with it. If you don't stick to it, there's no sense kidding yourself. If you want to save money and be able to see daylight in January you have to plan ahead and avoid temptations. Take someone with you that will keep you in line when you head for the city shopping mall!

Careful Shopping is a must! Check features and options, especially on expensive items such as cameras, audio-video equipment, sporting goods, stereos and computers. The internet is loaded with places to comparison shop. Read up on different makes and models – the most expensive is not always the best! Don't be swayed by zealous, commission-hungry salespeople!

More Tribal Reunion Photos



*Hard at work
weaving baskets*

*Elaina Supahan
& Gavin
Machnatach
Albers*



*Peggy Lynn Ryther
with deerskin
dress she made
herself*



*Friends getting together and chatting...
(Hi Doris 'ita!)*

*Left, right &
bottom photos
courtesy
Judy Bushy*

Don't Buy the Extended Warranties! Especially audio-video equipment and appliances. Some credit card companies double the manufacturer's warranty, but resist the pressure (of the salesman) to purchase the extended warranty or service contract. They are rarely worth the extra cost.

Early Shopping will save you money. Not only will you be able to compare and plan, but you will find that the best bargains are before the Thanksgiving Holiday bash. Prices are lower as models are being phased out at the end of the year. Now is the time to plan – otherwise you'll get in the rush and overspend due to lack of planning!

If you use credit cards for your purchases, plan on how you'll pay those off ahead of time. If you spend \$1,000 and pay the minimum \$30 per month at 18% interest, it will take you four years to pay off the debt – and next Christmas is only a year away! Use credit wisely and don't charge what you can't pay for in the next 2 to 4 months. Otherwise, you'll be into the summer, planning a vacation or whatever. If your credit cards are already out of control, don't use them this Christmas. You have to start sometime to get hold of the financial situation, and now is the time to plan it.

If you are interested in a budgeting class to help you with day-to-day living, call Eddie Davenport at KTHA, Happy Camp – 493-5434 ext 105. We'll put a class together and challenge you to stick to it!

Be careful – plan early – spend wisely – and love the holiday spirit!

The Karuk Tribe of California

*Wishes you a
Wonderful
Holiday
Season!*





Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Fall, 2004

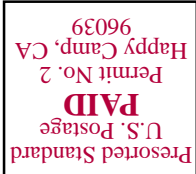
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Chairman
- Leaf Hillman,
Vice-Chairman
- Florrine Super,
Secretary
- Leeon Hillman,
Treasurer
- Roy Arwood,
Member at Large
- Florence Conrad,
Member at Large
- Robert Goodwin,
Member at Large
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Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.



Post Office Box 1016
Happy Camp, CA 96039-1016



Karuk Ceremonial Dates for 2005

- ▶ **June 17 - June 20:** *Panamniik Brush Dance*
- ▶ **July 8 - July 11:** *Athithufyuunupma Brush Dance*
- ▶ **July 17:** *Inam Salmon Ceremony (Inamvaan)*
- ▶ **July 22 - July 25:** *Katimiin Brush Dance*
- ▶ **August 5 - August 14:** *Amekyaraam Jump Dance*
- August 11 - August 17:** *Inam Pikyavish* ◀
- August 28:** *Ti Bar War Dance* ◀
- August 31 - September 6:** *Tishawniik Pikyavish* ◀
- September 10 - September 15:** *Katimiin Pikyavish* ◀

Karuk Contents:

2/3	Chairman Arch Super's Corner of the World	10	Basketweavers Award Making Peace	17	DNR Water Quality Program Language Program Update
4	Notes from the Secretary	11	TERO Update	18	DNR Scholarship Award Senior Center Update
5	Karuk Tribe CASA Program Expands	12	2004 Good Samaritan Employee of the Year	19	Patient Satisfaction Survey The Nurse's Corner
6	Staffing Update DOI Requests Assistance	13	KTOC Office Phone Directory	20	Head Start News Dental Prevention Activities
7	Indian Gaming Special Distribution Fund	14/15	Administrative Office Extensions	21	Birth Announcements Happy Birthday Wishes
8	Contract Compliance Update Self Governance Update	16	2004 Annual Employee Awards Banquet	22	What are the Signs of Alcoholism?
9	DNR Watershed & Environmental Education Program		Adult Services Department	23	In Loving Memory of Bernice Mae Kalkow

Chairman Arch Super's Corner of the World

OCTOBER - We attended a Children's Judicial Training in Mathers, CA. Judicial Court Director April Attebury, Tribal Secretary Florraine Super and I went to a training conference with the Office of Emergency Services (OES). We went over what our court system is doing. OES had some additional monies they were going to be able to distribute to us and two other Tribes. Our Temporary Assistance for Needy Families (TANF) work group has been getting together on a couple of occasions to look at the possibilities of establishing a TANF program through our Tribe. TANF is a Tribal welfare system and the services would be more than the County could offer us.



*Arch Super,
Karuk Tribal Chairman*

The gaming work group met with the Native Sons Casino Investors. We met with a couple of Tribal Casinos to get information on the building, purchasing, investing, and operating of Tribal gaming. The meetings were to get us ready for the next steps into our gaming endeavor. Also in October, we had conference calls with our gaming attorney Bradley Downes and his associate Eric Eberhard. We had been working on strategies for continuing our gaming venture. We have been given advice from our attorneys as well as giving them direction as to where we would like to be headed. We are still trying to get our papers filed with the National Indian Gaming Commission (NIGC) and the Bureau of Indian Affairs (BIA).

The Council met and reviewed the coming year's budget with our CFO, Laura Mayton. She gave us a complete breakdown of monies in all department budgets; what monies they have in their budget; what monies were carried forward and the outlook on all department budgets.

Our Low Income Assistance Program (LIAP) Committee has been meeting on a monthly basis. We are meeting with the LIAP coordinator, Lisa Aubrey. We are trying to ensure that the program is running smoothly. In this department, there are a lot of programs, services and resources that are being offered to our Tribal Members.

Our Court Appointed Special Advocate (CASA) program started its initial training in October. April Attebury, Judge Flies Away and their staff planned and presented the training with other professionals in attendance. The program is up and running.

NOVEMBER – Tribal and US elections were held on November 2, 2004. We had a below average turnout. Two positions were available and only two Tribal members ran. The Council would like to encourage our Tribal members to consider being part of the leadership for Tribal government. If anyone is interested, please get in touch with your Council members for information on the process and ongoing politics of our Tribe and other governments that we deal with.

The KTHA is looking into security for Tribal Housing. Some of the Tribal Council met with the KTHA committee to interview and review the process of having security in our Tribal Housing. The plan is under way and we hope to have some processes and progress in the near future.

We continue to have our Mid Month Meeting with the Department of Natural Resources (DNR). Sandi Tripp and her staff gives us weekly and monthly updates of what is happening in DNR. They also have a quarterly Newsletter that is distributed to our Tribal Membership. DNR presents proposals and contracts to the Tribal Council for the ongoing work and projects within the DNR. They currently have a few projects and programs that maintained.

A self governance conference was held in Seattle, Washington. I traveled with our Health Director, Wes Valentine; Self Governance Coordinator, Hector Garcia; and Tribal Council Members Florraine Super and Roy Arwood. The conference covered legislative issues with Tribal Nations. Hector spoke to the panel on some issues he was concerned about for the Karuk Tribe. The conference was very informative.

The gaming work group has been working on a gaming appeal letter. The NIGC and BIA denied our request for gaming in Yreka. The gaming work group is working on a letter of appeal with our attorneys for submission.

The Tribal Council and the Karuk Community Development Corporation (KCDC) Committee met to review the status of KCDC and the Karuk Building Center. We have been monitoring the operations of both departments to ensure stability.

The Head Start Federal Review was held the last week of November and the first week of December. The review was interesting. We did well. Information was shared with the program managers and directors that work with our Head Start Program. We were able to inform them of services and additional monies that our program needs. We are hoping that we can advocate for more funding.

DECEMBER – The Tribal Council seeks to review, update, and possibly amend our Tribal Constitution. We met with our California Indian Legal Services (CILS) attorney, Stephanie Dolan, to go over our Tribal Constitution. Our Constitution has many updates and revisions that need to be reviewed and addressed.

We attended our Human Resources Services



Administration (HRSA) grant workshop/training conference in Baltimore, Maryland. I traveled to Baltimore with Health Director, Wes Valentine and CFO, Laura Mayton. We participated in the training for new HRSA Grantees and met our program representatives. We already had

much of the procedures and planning necessary for the grant in place. We have now started our three year grant plan with HRSA.

We attended a consultation meeting with PacifiCorp Settlement Group in Redding. The group discussed and debated the language and protocol of the mediation process regarding FERC and PacifiCorp. Councilmen Leaf Hillman and Roy Arwood were in attendance along with DNR staff, Sandi Tripp, Jim Henderson, Ron Reed and Toz Soto.

Our entire staff of Tribal Employees had their annual Awards Banquet. It was good to see a big turnout of over 150 employees and guests. We had dinner and awards. We had two Memorial Office Closures in honor of our full blood Tribal Members, Fanny Juanita (Webb) Fisher and Priscilla "PJ" Dean (Jerry) Ainsworth. The Tribe was very saddened by the passing of our Tribal Members.

JANUARY – The Tribal Council met with our Self Governance Coordinator, Hector Garcia regarding the Tribe's association with the California Trust Reform. The Trust Reform consists of a consortium of six other Tribes and the consortium unites to push issues that we have with the US government. The Karuk Tribe will continue to provide give and take on important issues with the California Trust Reform.

We traveled to the NEV/CAL Tribes meeting and the SWIHA Tribal Consultation in Scottsdale, AZ. I traveled with the KTHA Director, Sami Jo Difuntorum, KTHA Committee members, Verna Reece and Tribal Councilman, Alvis Johnson. The NEV/CAL meeting was to discuss issues of concern and priority for Housing represented through NEV/CAL. It was their quarterly meeting. The SWIHA meeting was for HUD representatives to listen to the concerns regarding issues that deal with HUD and the US government with Tribal Housing. These issues and concerns will be taken back to DC and Congress in February.

2005 Meeting Schedule for the Health Board and Tribal Council

Each month the Tribal Council holds two meetings; the Health Board and the Council meeting. The Health Board meetings are held the second Thursday of the month starting at 5 PM at the Happy Camp Administrative Office, and the Council meetings are held the fourth Thursday of the month starting at 5 PM. The Council meeting location rotates between Yreka (Housing Authority Office), Happy Camp (Administration Office), and Orleans (Natural Resources Office). The following dates are the tentative schedule for 2005. To check for changes, you can access the schedule on our website at <http://www.karuk.us/staff/meetinginfo.php>

From this website you can also access previous meeting minutes and request to be added to the agenda.

Health Board Meetings

Jan. 13 – Happy Camp
Feb. 10 – Happy Camp
Mar. 10 – Happy Camp
Apr. 14 – Happy Camp
May 12 – Happy Camp
June 9 – Happy Camp
July 14 – Happy Camp
Aug. 11 – Happy Camp
Sept. 8 – Happy Camp
Oct. 13 – Happy Camp
Nov. 10 – Happy Camp
Dec. 8 – Happy Camp

Council Meetings

Jan. 27 – Yreka
Feb. 24 – Orleans
Mar. 24 – Happy Camp
Apr. 28 – Yreka
May 26 – Orleans
June 23 – Happy Camp
July 28 – Yreka
Aug. 25 – Orleans
Sept. 22 – Happy Camp
Oct. 27 – Yreka
Nov. 17 – Orleans
Dec. 22 – Happy Camp

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and **April 15** for the spring issue. These dates will be the same every year.

Notes from the Secretary

Florrine Super, Council Secretary



Florrine Super

Ayukii, Happy New Year! I would like to take the time to thank all Tribal staff for the hard work and dedication they give to the Tribe. Congratulations to those employees who received awards at the annual Awards Banquet. It has been great to work with all the different employees. The Head Start staff has always made me feel welcomed and has shared their program and on-going activities. Tribal Courts has involved me in planning and implementing their program's goals. Department of Natural Resources has graciously offered to educate me on all projects and goals they have set for their department. Social Services and Tribal health has made me feel welcome and has always been helpful when I stopped by their office. Our administrative office is always helpful. I hope to work more with all the other departments this coming year. Keep up the good work!

Here's my quarterly report:

Youth Leadership: Our Future Leaders!

I am working on implementing a youth council. Our goal is to teach our youth how to work with other young people on a local level as well as on a national level, develop greater self-esteem and self-confidence, develop communication and leadership skills, enhance their public speaking skills, learn how to work with Tribal and community leaders, and learn to be role models! Letters of intent and a completed application will be required, the applicant must hold a "C" average, and must be active in their community. Be sure to look for the application notice on our webpage or call my office. I am looking for parent/adult volunteers so give me a call if you are interested.

Elections: Be a part of the new tradition and VOTE!

The election committee will meet in January to close out the 2004 elections. Our goals for this year are to revise the current election ordinance; register our membership to vote; advocate voting in federal, state, and Tribal elections; and begin election 2005.

Election Committee: PO Box 815, Happy Camp CA 96039

Tribal Reunion: NEW Date for Tribal reunion.

Should the Tribal Reunion be held earlier in the year? This is what the Council has been discussing. Usually, it has been held in September which sometimes conflicts with ceremonies and hunting season. Once a decision has been made, we will let you know. For an update, go to www.karuk.us or give me a call. Please contact me if you would like to help with this year's Tribal reunion.

Karuk Tribe Foster Home:

We are still recruiting Tribal foster families. Our goal is to have a Karuk Tribal family foster home located at Yreka Karuk Tribal Housing. A house is available for a couple to move into. We will be recruiting couples who are interested in becoming foster parents. The need is great for our Tribal children. We want to provide a safe, loving and culturally sensitive home environment. Please contact me if you are interested.

Indian Child Welfare Committee (ICW):

Mission Statement: *The Indian Child Welfare Committee is hereby created for the purpose of protecting the best interests of the child and promoting the stability and security of the Karuk Tribe of California (the Tribe) and its Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act of 1978 and these Policies.*



We continue to work on protecting our Tribal children. We work closely with the Karuk Tribal Court, CASA program, and Social Services department. Our duties will increase as our Tribal Court takes their first case. This is a very exciting time for our Tribe. Our ICW committee is also responsible for the Karuk Tribe foster home.

Court Appointed Special

Advocate (CASA):

Mission Statement: *The Karuk Tribal Court Appointed Special Advocate program is to train and support court approved volunteers to advocate for Native American children who need representation in the State/Tribal Juvenile Court system, serving the children's best interests quickly and efficiently while preserving Tribal traditions and restoring common bonds.*

We are continually recruiting CASA volunteers. A CASA volunteer is an independent, objective advocate for the child who makes recommendations to the court regarding

the child's best interests. The CASA volunteer gathers independent information by reviewing all records pertaining to the child and talking with the child and others involved in the case. The volunteer then makes recommendations to the court and monitors the progress of the court-approved plan for the family. A CASA volunteer usually handles only one or two cases at a time - so they can concentrate solely on the needs of the child. Training is available. What training and support do CASA volunteers receive? Once accepted, volunteers receive the tools they need to serve as a CASA, including in-depth training and ongoing monthly support sessions. They learn about courtroom procedure, the Tribal court system, the social services system, how to work with families in crisis, and the special needs of children who have been abused or neglected. The CASA program provides support and assistance on an on-going basis. If you are interested, please contact me.

Low Income Assistance Program (LIAP):

Mission Statement: *The Karuk Tribal Low Income Assistance Programs are to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies.*

We have been continually working on a system so the LIAP department processes all applications in a timely manner. Also, we're working on communication by informing Tribal members on all LIAP services and letting clients know where they are in the process of being approved or not approved. Our goal is to make this program more efficient so it works for the program coordinator and Tribal members.

Gaming Endeavors:

No new actions at this time.

Website:

Interviews for our Information Technology Assistant will be in February. Staff has updated meeting dates and announcements on our website. We plan to have our directory updated and current events available soon. We also plan to have ordinances, policies, and program applications available. Please let me know what else you would like to see on the Karuk website.

I also hold a position as Head Start Representative. If you would like additional information and/or have any questions, feel free to contact me at any time. I send out a weekly schedule and information on upcoming meetings and committee openings. If you would like to be put on my email list, send me your email address with a note saying you would like to receive this information.

Yootva

Florraine Super, fsuper@karuk.us



Pictured are Karuk Tribal CASA Program participants being sworn in. From left: (second) Johnny Jerry; (third) Jennifer Goodwin; (sixth) Robert "Coon" Goodwin; (seventh) Darlene Navarro.

Karuk Tribal CASA Program Expands Into Humboldt County

Darlene Navarro, Tribal CASA Volunteer Coordinator

Eureka, CA – Friday January 15, 2005, after a week of intensive training, four participants representing the Karuk Tribal CASA program were sworn in as Court Appointed Special Advocates in Humboldt County. They were Johnny Jerry, Jennifer Goodwin, Robert Goodwin, and Darlene Navarro. Other participants not pictured were Corina Alexander, Hermanett Albers and Amanda Alexander. With the addition of these four sworn-in volunteers, our program can now serve children in Humboldt County. A Court Appointed Special Advocate for Native American children is a trained community member appointed to represent the best interests of a child in Tribal or state juvenile court. CASA volunteers generally are community members appointed by the court to advocate for children who are victims of abuse or neglect. The Indian Child Welfare Act (ICWA) states that "there is no resource that is more vital to the continued existence and integrity of Indian Tribes than their children." The Karuk Tribal CASA program provides an opportunity for individual community members to demonstrate that they truly believe that children are their community's most precious resource. CASA volunteers understand the work may be challenging, but it is also gratifying. CASA provides a unique community experience - the opportunity to work for abused and neglected children in a meaningful way and the opportunity for personal growth and development through challenging work. Although each case is different, a CASA usually spends about 10 hours doing research and talking to persons involved in the case prior to a court appearance. More complicated cases take longer. Once initiated into the system, volunteers generally work about 10-15 hours a month. With the exception of court appearances, CASA volunteers have considerable flexibility in scheduling interviews and other appointments. Consequently, you can serve as a CASA even if you have a full time job. If you are interested in becoming an advocate or just want more information, please contact Darlene Navarro at 530-842-9228 or email her at dnavarro@karuk.us.

Staffing Update

Sara Spence, Human Resources Manager



Sara Spence

Here is the quarterly update from my office. We currently have 152 employees on staff.

Viola Silva and Amber Ward-Ariza were hired as the Cooks for the Happy Camp Senior Nutrition Center. Vi started on 10/27 and Amber started on 11/29. Unfortunately, Vi will be leaving us and we have hired Bonnie Alvarez to take her place with Amber at the Center.

Both the Happy Camp and Yreka Head Start Centers lost their bus drivers and fortunately we were able to find replacements quickly to get the kids to school. Linda Thompson was hired for the Happy Camp Center on 11/2 and Lori Nesbitt was hired for the Yreka Center on 11/18.

Michael Tiraterra resigned his position as Mechanic in Happy Camp on 12/10. He accepted a position with the US Forest Service and we wish him well in his new position. Loren Offield, Jr. has been hired to take his place.

Marsha Jackson resigned her position as Resource Patient Management System Site Manager on 12/24. She worked for the Tribe for 6 years and we wish her well. We have revised her position to be a Database Administrator for all Tribal databases and the position has not been filled at this time.

Wilson Donahue resigned his position as Orleans Maintenance/Groundskeeper on 12/24 and we have not found a replacement as of this time.

Marlene "Sunday" Tripp-Kalua was hired as a Billing Clerk in the Happy Camp Billing Office and started on 12/6. Brenda Franklin was also hired as a Billing Clerk Trainee to replace Helen Attebery who retired on 1/7.

Bob Kupa's Smith was hired as the Language Program Dictionary Specialist and started on 12/8; he will be working with Susan Gehr on the Dictionary Project.

Hermanett Albers, Robyn Reed, and Chandra "Bianca" Alvarado were hired as Tutors through the Education Program and will be working with the kids in Yreka, Somes Bar, and Orleans. They all started in December.

Sheila Robinson has been transferred to the position of Yreka Elder's Field Worker and Michelle Charlesworth has been hired to fill her position as Clinic Receptionist at the Yreka Clinic. She started on 1/5.

DOI Requests Assistance

Sara Spence

The Department of the Interior (DOI) Office of the Special Trustee for American Indians (OST) requests assistance in securing current addresses for Individual Indian Money (IIM) account holders associated with the Tribe. Below is a list of IIM account holders who do not have a current address in the Trust Funds Accounting System. They have requested our assistance in securing these addresses by posting this list in the Tribal Newsletter.

If your name is on the list or you are a family member or friend that has a current address for one of these individuals, please contact the OST Office by calling toll free 1-888-OST-OTFM (678-6836), extension 392. You may also contact them in person or by mail at: Trust Program Management Center, 4400 Masthead Street NE, Albuquerque, NM 87109.

If you are a survivor of a deceased individual on the list, you may also contact the OST Office to let them know the person has passed away. We also ask that you contact Dolores Voyles in Enrollment so we may update the address on the mailing list as well. She can be reached at (800) 50-KARUK (505-2785), extension 2028. You may also contact her in person or by mail at 64236 Second Avenue, Happy Camp, CA 96039.

John T. Burcell, Gertrude E. Carlile Fall, Jerome Conrad, Judy Conrad, Edward E. Davis, Pauline Davis, Leonard Eagle, Kathryn Davis Kintano, Mason Joseph Kintano, Charles F. Lowery, Donald Mathews, Richard Mathews, Daniel Louis Mathus, Deborah Lynn McWilliams, Judy D. Rowton, Richard Lynn Scandone, Loren H. Smith Jr., Jackie Lynn Stolle, Adriana Mae Summers, Karen L. Tamblyn, Michael Thomas, Carol Thornton, Lawrence Thornton, Minerva Belnap Trumbo, Lisa Laarae Weber, Lloyd D. Wilbur, Barbara (Conrad) Wilson.

We are still currently seeking applicants for several positions. If you or anyone you know is interested in employment with the Tribe, additional information can be obtained on our Website at www.karuk.us. Just click on Employment Opportunities for more information about employment with the Tribe. On this website you can download an employment application as well as read full position descriptions for vacancies.

Indian Gaming Special Distribution Fund

Laura Mayton, CFO



In August of 2001 the Karuk Tribe of California began receiving payments from the Indian Gaming Revenue Sharing Trust Fund which is administered by the California Gambling Control Commission. The fund makes quarterly payments to Tribes who do not have a Gaming Compact and to Gaming Tribes who have less than 350 gaming devices. To date, the Karuk Tribe has received a total of \$2,972,755 from the Trust Fund.

The funds received from the Indian Gaming Revenue Sharing Trust Fund are the Tribe's main source of discretionary funds. Unlike grant funds which must be spent for a specific purpose, the Tribal Council may use its own judgment regarding how these funds are spent. The Council has recently been questioned by Tribal Members about how this money is being spent.

The following list shows where the money has been spent in the last 3 years.

- ▶ Pay Off Loan on the Karuk Building Center in Happy Camp -\$115,577
- ▶ Transferred to the Karuk Community Development Corporation -\$250,000
- ▶ Transferred to Karuk Building Center - \$30,000
- ▶ KCDC Construction Crew Project Completion - \$21,455
- ▶ KSWA Partnership - \$5,100
- ▶ Accounting Services for KCDC - \$53,946
- ▶ KCDC and Housing Audit Costs - \$58,752
- ▶ Gift to Housing for Purchase of Two Pieces of Property in Happy Camp -\$15,000
- ▶ Repay BIA Compact - \$126,713. This amount is for overspent programs from the early 90's. \$111,703 of the amount overspent was for Housing Improvement Projects.
- ▶ Operation of People Center - \$164,297
- ▶ Tribal Vehicles - \$159,988
- ▶ Property Purchase in Yreka - \$218,160. This amount includes interest and other acquisition costs.
- ▶ Council and Committee Stipends - \$70,223

- ▶ Newsletter - \$51,773. This amount includes creation, printing, and distribution.
- ▶ Travel - \$35,093
- ▶ Tribal Reunion - \$20,437
- ▶ Pharmacy Parking Lot - \$35,880
- ▶ Professional Fees - \$205,093
- ▶ Childcare - \$37,708
- ▶ Indirect Costs for Fire Crew - \$40,076
- ▶ Property Taxes for Land Not in Trust - \$34,875
- ▶ Casino Feasibility Study - \$10,800
- ▶ Election Expenses - \$12,864
- ▶ Head Start - \$15,970. Note that an additional \$376.451 needs to be set aside to cover indirect shortfalls for fiscal years 2002, 2003, and 2004. Head Start's indirect shortfall for 2002 = \$119,829, 2003 = \$124,545, and 2004 = \$132,077.

Funds have been spent on the free spay & neuter clinic, sports, Karuk Cycling, special requests, and miscellaneous other items.

Also several loans have been made to Tribal Members. These loans are not listed as expenses because we expect them to be repaid.



Contract Compliance Update

Erin Hillman, Contract Compliance Specialist

Agencies that receive federal funds like ours are required to comply with GPRA- the Government Performance and Results Act of 1993. The primary purpose is to hold federal agencies accountable for results, focusing on outcomes, improve internal management, and link that performance to budgets. The Tribe was invited to participate in the Program Assessment Rating Tool or PART Workshop to develop a program evaluation/ review tool. This tool will be used to measure the effectiveness of programs to ensure accountability. LIAP Administrator Lisa Aubrey and I attended the workshop in late November. Our goal was to gain knowledge that we would use to be successfully reviewed when the Tribe's programs are rated. We attended three days of workshops and after returning home, completed our comments on the PART process and submitted them to the BIA.

The programs that are scheduled to be reviewed by PART in May 2005 for the 2007 Fiscal Year budget are Economic Development, Welfare Assistance & Human Services (including Social Services, Indian Child Welfare, Welfare Assistance, and Alcohol and Substance Abuse Prevention) HIP (Housing Improvement Program) and Dams & Irrigation. The Karuk Tribe administers all but the BIA Economic Development and Dams & Irrigation Programs.

In December we received acceptance from the Bureau of Indian Affairs for the work performed by Karuk/SWA on the construction of the

roads in the Yreka Housing Community. This contract has now been closed. Some minor work will be performed on the roads in the spring of 2005. This will include the fixing of cracks in the sub grade on a small portion of Apsuun & Chuufich, culvert work, a guardrail repositioning and the slurry seal of the entire road system. We are waiting for the final Scope of Work from the BIA and will be putting this job out for bid at that time.

Although Maintenance Supervisor Fred Burcell and I have enjoyed inspecting and managing the Tribe's construction projects, we are still advertising to fill the Construction Manager's position. If you are interested in applying, please contact Sara Spence for information, or review the job description and application on our website at www.karuk.us.

For the first quarter of Fiscal Year 2005 which is October 1, 2004 through December 31, 2004, I reviewed a total of eight (8) grant applications totaling \$863,492. Twenty one (21) Independent Contractor Agreements totaling \$170,221 were passed through for Tribal Council approval. Documents to close out eight (8) expired grant agreements were filed with their respective funding agencies. The Tribe received notification of eleven (11) grant awards totaling \$1,781,402. The Department of Natural Resources was successful in their applications for Bureau of Reclamation, United States Fish & Wildlife, and Environmental Protection Agency funds amounting to \$891,050. The Tribal Court received notification for \$90,000 of National CASA and Department of Justice funds. The Health Program received its first year of a three year grant in the amount of \$649,212 for expansion projects. Miscellaneous grant awards include \$4,750 from Fund for Folk Culture for the Peoples Center, Title IVB for \$2,691 for foster care assistance, Karuk Community Development Corporation (KCDC) was awarded \$30,000 from the California Consumer Protection Foundation, DHHS awarded the Tribe \$106,405 for our Child Care program.

Self Governance Update

Hector Garcia, Self Governance Director

The Office of Self-Governance advocates local control by Indians. The road to achieving local control has been slow, but sure. The fruit of this idea can be seen in the development of housing, health and the Tribal court programs. These programs are successfully administered by the Tribe.

As the Self-Governance Director, I frequently receive emails and telephone calls from Tribal members who have such varied questions as: "Why can't I have a dog at housing?" to "Why are there long waits to get an appointment at the health clinic?" More recently I have received inquiries from Tribal members concerning the "Karuk Casino" and the conditions at the Elders' homes in Orleans.

This is not the place to discuss why dogs are not welcome at Tribal Housing, or what is going on at the clinic. Rather, I would like to remind Tribal members, that we are a self-governance Tribe and this means that each member is a participant in the administration of the various programs.

I know that this sounds incredible. That each of you is a participant in the administration of housing, the clinics, and the court. How can this be true?

The programs are ultimately run by our Tribal Council. Each of you have elected that Tribal Council member. They in turn must answer to you.

If self-governance is to be truly realized, then you need to get involved in the process itself. The next time you hear that the Council is meeting, show up and ask your Council about those things that are important to you. Better yet, take a friend along. Ask those hard questions. Your involvement will only make things better. I can't guarantee you will end up with a dog in your yard, but at least you will help raise important questions that many other people are thinking about, and you will be involved in the process of local Indian self-governance.



Karuk Tribal Council

Department of Natural Resources Watershed and Environmental Education Program

Jeanette Quinn, DNR Education Coordinator

Part of the mission of the Karuk Department of Natural Resources (DNR) is to "protect, promote, and preserve the cultural/natural resources and ecological processes upon which the Karuk People depend." One way the DNR does this is through our Watershed and Environmental Education Program at local schools. The DNR's Education Coordinator works with teachers, local agencies, and community members to help students and their families learn about the natural resources in our area and how to use them wisely.



An enthusiastic student collects aquatic invertebrates at Wolf Creek Environmental Camp

Projects that the Education Coordinator implements include Fall Salmon Spawning Surveys, Aquarium Incubators, Native Plants/Ethno Botany Studies, Stream Monitoring, Gardening, Recycling, Worm Composting, and other watershed/environmentally related projects that teachers request. The Education Coordinator is currently working on projects with three teachers at Orleans Elementary, two teachers at Jefferson High/Community Day School in Happy Camp, one ROP teacher at Happy Camp High School, and eight teachers at Happy Camp Elementary. The Education Coordinator will work with other local teachers as requested.

In October and November 2004, the Education Coordinator assisted Orleans Elementary with several projects: Wolf Creek Environmental Camp at Prairie Creek State Park for third through eighth graders, a service-learning field trip to Rock Creek Butte for students who will help develop a site for eco-tourism, and the second annual Garden Harvest Party.

In October, students from Junction Elementary, Forks of Salmon Elementary, Orleans Elementary, and Jefferson High/Community Day School participated in a Salmon Spawning Survey Training in preparation for the Fall 2004 Surveys on the local rivers and creeks. The training was



The Education Coordinator helps youngsters stuff a scarecrow at the Harvest Party.

coordinated by Tera Palmer of Salmon River Restoration Council (SRRC) and collaborators included DNR Fisheries, US Forest Service, CA Dept. of Fish and Game, SRRC, Mid Klamath Watershed Council (MKWC), and community volunteers. Students learned how to identify Chinook salmon, Coho salmon and Steelhead trout, how to collect data on redds (fish "nests"), how to be safe in and around the water, and how to process a fish carcass.



While at Rock Creek Butte, a student obtains a core sample from a fir tree in order to determine the tree's age



The pumpkin painting station at the Harvest Party was a great place for students to be creative.

The Fall Surveys took place throughout October and November. Students from Junction Elementary and Forks of Salmon Elementary participated in weekly surveys on the Salmon River. Community, MKWC and SRRC volunteers assisted with these surveys. Students from Orleans Elementary also participated in weekly surveys on Camp Creek. AmeriCorps workers, Forest Service employees, Fish and Game employees, and Yurok Tribe Fisheries crew helped lead these surveys.

In the near future, students and community members will be able to watch Steelhead trout grow from eggs to fry in aquarium incubators at the Tribe's Administration Office, at Orleans Elementary, and at Happy Camp Elementary. Students in Happy Camp will also be learning about Native Plants and their uses in coming months.

If you have questions about the Watershed and Environmental Education Program, or would like to find out how you can volunteer to help, contact Jeanette Quinn by phone at (530) 627-3446, or by e-mail at jquinn@karuk.us.



Under the watchful eyes of a Fish and Game Biologist, students practice safely crossing the Salmon River at the Salmon Spawning Survey Training

Basketweavers Receive 2004 Annual California State Governor's Historic Preservation Award

Following the Smoke, the Karuk Indigenous Basketweavers' project, has received another award.

On November 17, 2004, members of the Karuk Indigenous Basketweavers, representatives from the U.S. Forest Service, and Bureau of Land Management, traveled to Sacramento to receive the California State Governor's Historic Preservation Award.

The Governor's Historic Preservation Awards are presented annually, under the sponsorship of California State Parks and the Office of Historic Preservation, to many organizations, groups, and state and local agencies whose contributions demonstrate outstanding commitment to excellence in historic preservation.

Following the Smoke is a Passport in Time project wherein the Karuk Indigenous Basketweavers use cultural exchange to promote the understanding of fire ecology and the benefits of fire on cultural resources. This project enables the public and resource managing agencies to come to the realization that preserving local culture, and managing the local resources go hand in hand.

The numerous awards this project has received are an indication of the program's success. It is the Basketweavers' hope that our message continues to be conveyed to public participants as well as project partners (US Forest Service, Karuk Tribe of California, Bureau of Land Management, Department of Transportation and the Passport In Time (PIT) Traveler program).



From right to left: Bryan Colegrove (Basketweaver), Kathy Barger (Basketweaver and Archaeologist/Anthropologist, Six Rivers National Forest), Jenny Stauffer-Jackson (Basketweaver), Ruth Coleman (Director, California State Parks), Ken Wilson (California State Archaeologist, BLM), Laverne Glaze (Basketweaver), Virginia Larson (Basketweaver), Ana Dittmar (Heritage Resources Program Manager, Six Rivers National Forest), Wayne Donaldson (State Historic Preservation Officer) and Renee Stauffer (Basketweaver).

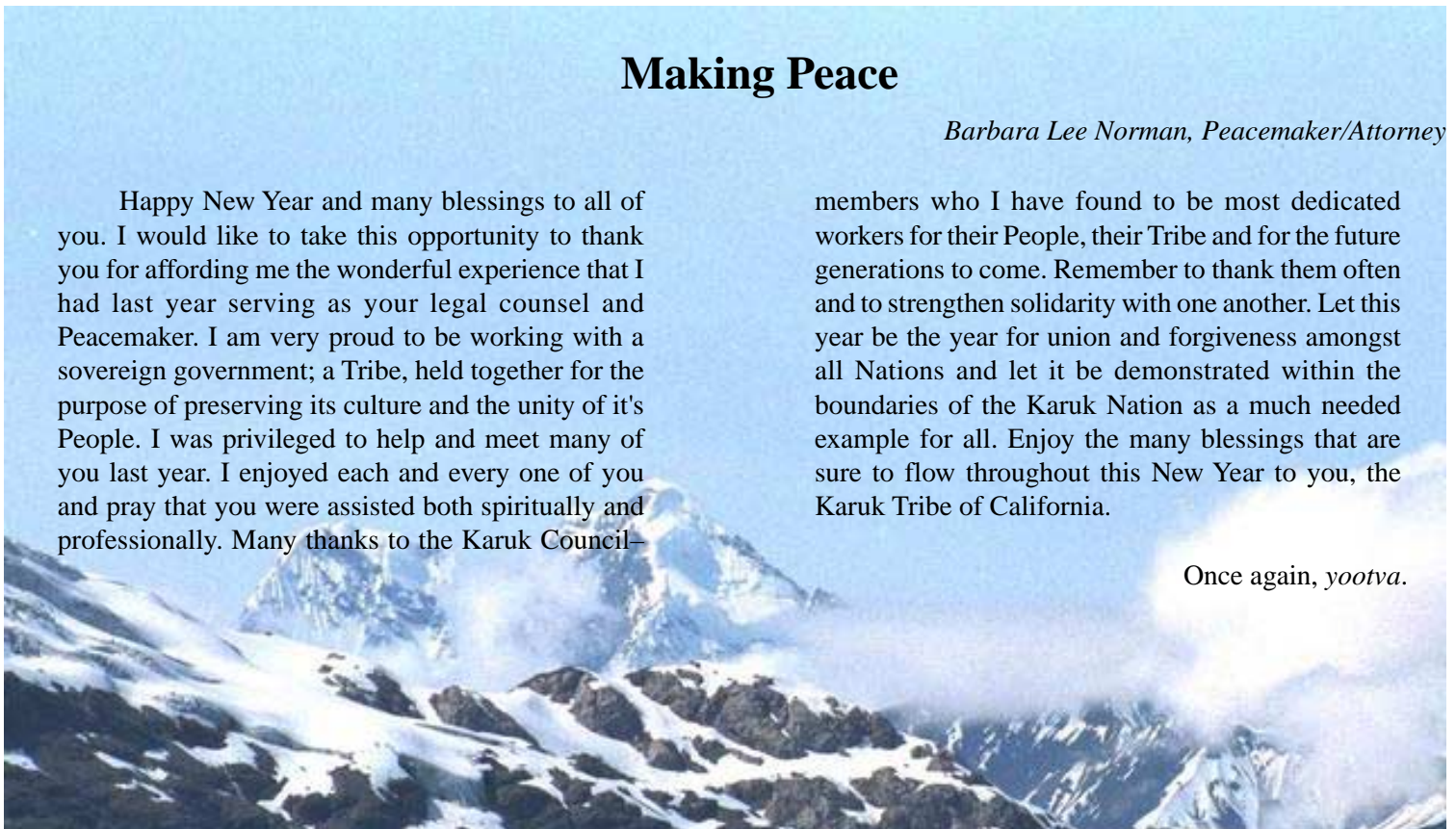
Making Peace

Barbara Lee Norman, Peacemaker/Attorney

Happy New Year and many blessings to all of you. I would like to take this opportunity to thank you for affording me the wonderful experience that I had last year serving as your legal counsel and Peacemaker. I am very proud to be working with a sovereign government; a Tribe, held together for the purpose of preserving its culture and the unity of it's People. I was privileged to help and meet many of you last year. I enjoyed each and every one of you and pray that you were assisted both spiritually and professionally. Many thanks to the Karuk Council—

members who I have found to be most dedicated workers for their People, their Tribe and for the future generations to come. Remember to thank them often and to strengthen solidarity with one another. Let this year be the year for union and forgiveness amongst all Nations and let it be demonstrated within the boundaries of the Karuk Nation as a much needed example for all. Enjoy the many blessings that are sure to flow throughout this New Year to you, the Karuk Tribe of California.

Once again, *yootva*.



Happy New Year Karuk Tribe and Friends!



Dion Wood

Dion Wood, TERO Director

The Tribal Employment Rights Ordinance (TERO) Department would like to wish everyone a prosperous and productive New Year!

Our goal in TERO is to support the employment and training needs of our members, as well as to be an active participant in the contracting process of the Tribe to ensure that Tribal members have a chance to gain meaningful employment. We support the learning of new vocational skills and support opportunities for training to increase skill levels and the value of work so Tribal members can obtain a more profitable livelihood and a greater quality of life for their families.

Through the past year the Tribal Council has demonstrated support of TERO's goal by approving the recommendations of the TERO Commission and amending the Tribal TERO Ordinance to reflect "Tribal preference" which will support more Tribal families and Tribal members

*Bessie Munson &
Verna Reece
learning new
computer skills
from Happy Camp
Community
Computer Center
teacher Gerry
Canning*



in our communities as they seek employment with the Tribe.

Currently, the TERO department is in the process of updating the Tribal "Skills Bank" so that we can have the latest skills information for any Tribal members and others who would like to be considered for any kind of employment or consultant opportunity that may become available within the Tribe or neighboring Tribes in the future. Updating your file would include submitting an updated resume or any certification documentation that you have received for any training that you participated in, or even reference letters or any other information that is pertinent to you. This is an ongoing process, and as the Tribe grows in economic development, we will be looking to our Tribal membership first to fill the needs of a growing and diverse organization such as the Karuk Tribe!

The TERO Commission is excited as it looks ahead to see what is developing for TERO and for all the TERO's in Indian Country! Soon, the Pacific Northwest Region of Tribal TERO departments will have all adopted policies and procedures and forms so that when one Tribe in the region certifies an Indian owned business, that same business will be certified within that entire region! This means that our own Tribal businesses can be certified by our own Tribe and at the same time be recognized in Indian Country in four states. That same business would appear on a contractor's list of eligible bidders for every Tribe in the region that has contracting opportunities. It is only a matter of time when all the Tribal TERO departments in Indian Country will be consolidated in this way so that an Indian owned business can be registered and be considered for contracting by every Tribe in Indian Country nationwide. We may see this happen in 2005!

The current TERO Commission consists of: R. Lynn Parton, Dolores Voyles, Alvis Johnson, Elsa Goodwin, David Nelson and Cecilia Arwood. The TERO Director is Dion Wood. If you would like more information or have any questions please contact Dion at 800 505-2785 extension 2030.

2004 Good Samaritan Employee of the Year

*Submitted by: Branda Wegner
(Twyla's Sister)*

Twyla Jean Owens, a Native American from the Karuk Tribe of California, moved to Lovington, NM from Fontana, CA in February 2001. She was hired by the Good Samaritan Society in July 2001 in the housekeeping/laundry department. She enjoyed volunteering there before her employment. She has been named the 2004 Employee of the Year. She was honored for her compassionate nature and willingness to go the extra mile in assisting others and most of all for her rapport with the residents of the nursing home. She is often seen hugging and helping the residents. Twyla has a son Joe Owens and a grandson Michael. When Twyla takes time to relax, she enjoys playing with her cat "Tuffy" and trying her luck at the casino.



*Twyla Jean Owens,
with 2004 Good
Samaritan Employee
of the Year award*

Karuk Tribe of California - Office Phone Directory

Yreka Tribal Clinic

1519 South Oregon Street
(800) 371-8080 or (530) 842-9200

Medical Services – Dial Extension 0
Dental Services – Dial Extension 5
Medical & Dental Fax: (530) 842-9217

Social Services – Dial Extension 126
Social Services Fax: (530) 841-5150

Yreka Housing Authority
1320 Yellowhammer
(530) 493-1644 - Fax: (530) 842-1646

Yreka Head Start
1316 Yellowhammer
(530) 842-9225 - Fax: (530) 842-9226

Yreka Tribal Court House
201 S. Broadway
(530) 842-9228 - Fax: (530) 842-9227

Naa Vura Yee Shiip Program
361 Oberlin Road
(530) 841-0729 - Fax: (530) 841-0768

Happy Camp Dental Clinic
64236 Second Avenue
(800) 505-2785 or (530) 493-1600
Dial Extension 2150 For Dental
Fax: (530) 493-5364

Orleans Department of Natural Resources
39051 Highway 96
(530) 627-3446 - Fax: (530) 627-3448

Fisheries Department
(530) 627-3116 - Fax: (530) 627-3055

NAGPRA/Mid-Klamath Subbasin Coord.
(530) 627-3893

Somes Bar Watershed Program Office
99300 Highway 96
(530) 469-3454 – Fax: (530) 469-3347

Happy Camp Health Clinic

38 Park Way
(530) 493-5257 - Fax: (530) 493-5270

Happy Camp Housing Authority
635 Jacobs Way
(800) 250-5811 or (530) 493-5434
Fax: (530) 493-2485

Happy Camp Head Start
632 Jacobs Way
(530) 493-2226 or (530) 493-2919
Fax: (530) 493-2223

Happy Camp Computer Center
25 Fourth Avenue
(530) 493-5213 - Fax: (530) 493-2019

Karuk Building Center (Hardware Store)
63735 Highway 96
(530) 493-2330 - Fax: (530) 2295

Community Development Corp. (KCDC)
533 Jacobs Way
(530) 493-5376 - Fax: (530) 493-5378

Happy Camp Pharmacy
64236 Second Avenue
(877) 580-9051
(530) 493-2022 - Fax: (530) 493-2355

Happy Camp People's Center Museum
64236 Second Avenue
(530) 493-1600 Extension 2201 (Gift Shop)
Fax: (530) 493-2564

Orleans Medical Clinic
39051 Highway 96
(530) 627-3452 - Fax: (530) 627-3445

Orleans Panamnik Center
459 Asip Road
(530) 627-3056 - Fax: (530) 627-3058

Somes Bar Water Quality Office
99300 Highway 96
(530) 469-3456 or (530) 469-3258

Karuk Tribe of California - Administrative Offices

(800) 505-2785 • (530) 493-1600 • 64236 Second Ave., Happy Camp, CA 96039-1016

<u>Name</u>	<u>Department/Title</u>	<u>Extension or Phone Number</u>
Amber Ariza & Bonnie Alvarez -----	Senior Nutrition Center	2020
Anna Myers -----	Contract Health Services	2156
Arch Super -----	Chairman	2019
Barbara Snider -----	CQI Assistant	2145
Betty Fayette -----	Pharmacy	2300
Brenda Franklin -----	Billing Office	2103
Carrie Davis -----	Self-Governance/Land Assistant	2031
Cecilia Arwood -----	Finance – Travel	2057
Cheryl Titus -----	Contract Health Services	2151
Chris Kleeman -----	Information Technology	2050
David Arwood -----	Billing Office	2104
David Eisenberg -----	Public Health/Safety/Outreach	2115
Debbie Whitman -----	Registered Dental Assistant	2133
Dental Office -----	Main Numbers	(530) 493-2201 or Ext. 2150
Dion Wood -----	Tribal Employment Rights	2030
Dolores “Doozie” Voyles -----	Enrollment	2028
Dorothy Beck -----	Enrollment/Tribal Census	2039
Ellen Johnson -----	Administration Receptionist	0
Erin Hillman -----	Contract Compliance Specialist	2017
Florence Lopez -----	Elders Program Director	2132
Florrine Super -----	Council Secretary	2052
Fred Burcell -----	Maintenance Department Director	2054
Hector Garcia -----	Self Governance Director	2041
Jamie Orge -----	Finance – Accounts Payable	2015
Jennifer Goodwin -----	Education Program	2034
Jennifer Jones -----	People’s Center Gift Shop	2201
Laura Mayton -----	Chief Finance Officer	2013
Leaf Hillman -----	Council Vice Chairman	2040
Lessie Aubrey -----	Director of Quality Management	2042
Lisa Aubrey -----	Low Income Assistance Programs	2025
Lucille Tiraterra -----	Dental Receptionist	2150
Marlene “Sunday” Kalua -----	Billing Office	2131
Mechanics -----	Mechanic Shop	(530) 493-5244
Michael Thom -----	Finance – Accounts Payable/Rec.	2014
Muriel Frederick -----	Billing Office	2105
Nicole Hokanson -----	Registered Dental Hygienist	2116
Patti White -----	Billing Office	2107
Renaë “Lynn” Parton -----	Administrative Assistant	2036
Robert Attebery -----	Community Health Representative	2112
Sara Spence -----	Human Resources Manager	2010
Scott Quinn -----	NEPA/Land Management	2033
Sharon Meager -----	Data Entry	2154
Susan Gehr -----	Language Program	2205
Suzanna Hardenburger -----	Medical Coding	2106
Tamara Barnett -----	Finance – Payroll	2011
Trista Parry -----	Grant Writer	2021
Vickie Walden -----	Dental Office Manager	2111
Wes Valentine -----	Executive Director	2134

2004 Annual Employee Awards Banquet

Sara Spence



The staff of the Karuk Tribe held their Annual Awards Banquet in Happy Camp on December 17, 2004. There was quite a turnout this year (I believe the wonderful raffle prizes the Council purchased had something to do with it)!

Each year there are award categories that all employees are invited to vote on. The categories are: Most Fun to Work With, Best Team Player, and Most Optimistic Attitude. Each employee receives a ballot and votes for the employee they feel fits the award. All employees are also asked to nominate an employee for Employee of the Year and give a reason why they feel that person should be selected. The Tribal Council then reviews the nominations and makes the final decision of who will receive the award and also presents Council Recognition Awards for exemplary performance by employees throughout the year.

Employee of the Year for 2004 was Harold Tripp! Harold has worked for the Tribe since 1991 and during that time has worked on numerous projects. Quite often he works 7 days a week to get the job done and goes well beyond his job duties. He looks for ways to make the lives of Tribal Members more rewarding and strives to provide them with gainful employment. His work over the past several years to develop and establish a Tribal Fire Crew employing



Leaf Hillman presenting Employee of the Year for 2004 award to Harold Tripp

twenty Tribal Members has been critical in giving many of the Tribe's youth a good start and hope that they can achieve their goals. He works with state and federal agencies to build relationships that can help the Tribe achieve its goals in protecting and preserving the cultural and natural resources of the Karuk People. His work is his life and it shows.

The awards in other categories were:

Most Fun To Work With: There was a four-way tie between David Eisenberg (Public Health Nurse in Happy Camp), Ellen Johnson (Administration Office Receptionist in Happy Camp), Ann Escobar (Tenant Relations Officer at the Yreka Housing), and Nicole Finch (Head Start Teacher in Yreka).



Ellen Johnson, David Eisenberg, Leaf Hillman, Ann Escobar & Nocole Finch

Best Team Player:

There was a three-way tie between Erin Hillman (Contract Compliance Specialist in Happy Camp), Sara Spence (Human Resources Manager in Happy Camp), and Nita



Leaf Hillman, Sara Spence & Erin Hillman

Thank You

I would like to thank all the employees that voted for me for the Employee of the Year award. I appreciate your support for the years of work that have been put into the fire crew, the youth program and the many other projects that I am involved in.

I would also like to thank the Karuk 1 fire crew for their ongoing participation, particularly the members of the crew that have contributed since the beginning.

And thanks to Tamara Barnett for all the time that you have dedicated to the endless paperwork that is involved in the fire program.

Lastly, I appreciate the Tribal Council supporting the need to provide our Tribal People with opportunities to work in our Ancestral Homelands managing our cultural resources.

Harold Tripp

Still (Nurse at the Yreka Clinic).

Most Optimistic Attitude:
Cristina Townsend (Fiscal Clerk at the Happy Camp Housing Office).

Council Recognition Awards:



Leaf & Tamara Barnett



Daniel Pratt

Daniel Pratt (Social Worker III in Orleans), Fred Burcell (Maintenance Director in Happy Camp), Tamara Barnett (Payroll

Clerk in Happy Camp), Toz Soto (Fisheries Biologist in Orleans), and Earl Crosby (Watershed Restoration Coordinator in Somes Bar).

The Council also presented **Special Achievement Awards** to Wes Valentine (Executive Director in Happy Camp), Mike DeHart (Pharmacy Director in Happy Camp), and Lessie Aubrey (Director of Quality Management in Happy Camp) for their outstanding performance throughout the year and dedication to their positions for the Tribe.



Leaf & Mike DeHart



Susan Gehr & Phillip Albers, Jr.

The Housing Authority presented two awards at the banquet. Their Employee of the Year was Danny Thom of the Yreka Housing Authority. A plaque was also presented to Sami Difuntorum,

Executive Director, of the Housing Authority.

Susan Gehr presented awards thanking the individuals that have worked with her in the Language Program over the past couple of years. Their work and dedication are instrumental in the



Bessie Munson & Arch Super

revitalization of the Karuk Language. Bessie Munson presented a Thank You Award to the entire Karuk Tribal Staff for supporting her throughout the past year. Sharon Denney presented an award to Nita Still for her dedication and hard work as a Licensed Vocational Nurse at the Yreka Clinic.



Leaf presenting Danny Thom his Housing Employee of the Year award

All in all it was a great time and everyone had a great afternoon. We may need to look for another location to hold next year's banquet as the staff is quickly outgrowing the facility and it was standing room only in the gym!



Left: Erin Hillman, Auntie Jeanne Burcell, Leaf, Chaas Katip-hirak Hillman & Molli White



Leaf & KTHA Director, Sami Difuntorum



Blanche Moore & Lynn Parton serving up another great meal



Good crew, friends, family and fun, great food, fantastic prizes and holiday cheer to all who were there



LIHEAP. HIP. GA. SWEEP. ADULT SERVICE Departments

1-800-505-2785 or 530-493-1600 Ext. 2025

Lisa Aubrey, LIAP Administrator

ATTENTION Tribal members. We are currently accepting LIHEAP Applications (Home Energy Assistance). If you live in the Tribal service area and are in need of assistance with wood, propane/kerosene, or electricity, please call or write for an application. The LIHEAP program is based on income, family size and energy burden.

I would also like to inform Tribal members about the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill.

Great Northern also helps with energy assistance. You can apply for an application by calling 530-938-4115 *828.

For those Tribal members who live outside of the Tribal service area, I would like to let you know of an energy assistance referral program called National Energy Assistance Referral (NEAR). NEAR is a free service providing information on where you can apply for LIHEAP. You can speak to someone Monday through Friday, from 6 a.m.- 6 p.m. (Mountain Time). Call the toll-free phone number at: 1-866-674-6327.

Low Income Assistance Programs:

➤ **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible Tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.

➤ **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Tribal member.



➤ **Housing Improvement Program (H.I.P.):** This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need:

1. Be a member of a federal recognized American Indian Tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Proof of Ownership or Lease
6. No prior HIP assistance



These BIA Programs are secondary Low Income Assistance programs. An applicant will have to apply or have applied for assistance from other federal, state, county, Tribal or local agency in the service area. The applicant must not receive any comparable public assistance.

➤ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).

➤ **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining and incentive payment. An applicant can be on the program for two years final.

➤ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.

ATTENTION TRIBAL MEMBERS: I will be sending out HIP applications to every adult Tribal member who lives within our service area. I encourage every individual to complete an application and mail it back to the Karuk Tribe.

I will be collecting the information needed to complete the applications that I receive and mail them to the BIA Sacramento office no later than September or October 2005. Please fill out an application. Yootva.

My name is Lisa Aubrey and if you have any further questions please call 530-493-1600 ext 2025.

DNR Water Quality Program

Jim Henderson, Water Resources Coordinator

The Water Quality Program is currently maintaining six hydrolab water-monitoring units on the Salmon River, Beaver Creek, Indian Creek, Elk Creek, Ti-Creek and Irving Creek. The units measure a suite of parameters in the form of data shared with other state and federal agencies. During the winter months, we are mostly concerned with monitoring levels of turbidity.



because the results could be used within the relicensing framework. The results will also help us to better understand what is killing juvenile and adult salmonids.

The WQP is also helping to bring Humboldt State University into the fray of Klamath River and Tribal issues. The Tribe is sponsoring research regarding the socio-economic effects of salmon decline, impaired religious practices, and the detrimental health impacts of a diet altered from traditional foods. Dr. Kari Norgaard has just completed a study that looks into some of the health consequences that Karuk people have encountered as a result of an altered diet. She is also acting as a liaison to graduate students from HSU

The WQ program has contracted the Oregon State University to conduct research into the relationships between water quality parameters and fish diseases, specifically *Ceratomyxa Shasta*. This research is extremely timely

and to a Karuk Tribal member that is a practicing dietician.

A scoping meeting on Environmental Justice (EJ) sponsored by Cal/Fed and Cal/EPA was just held in the Sacramento EPA building. They are currently seeking public input and case suggestions that can be used as pilot projects to see how EJ is applied and navigates through the state and federal bureaucracies. It is being applied in four ways: water, air, toxic compounds and pesticides. Current rumors suggest that a pilot project will be applied to the four Tribes of the Klamath River together. While this effort will not focus on the Karuk Tribe solely, it can help keep Tribal concerns on the radar.

Negotiations with PacifiCorp and FERC are ongoing. The WQP is helping to provide technical support to this process, as it is needed. FERC recently held a public meeting in Orleans to seek input on the Klamath Project relicensing. The Tribe had hoped for a true government-to-government meeting as required by U.S. Federal law but that has yet to be seen.

The WQP is also funding a study to characterize the "fate of nutrients" throughout the Klamath system. That is to say, what happens to fertilizers as they progress through the river system from the headwaters to the mouth. This information is critical to understanding the river and refuting the PacifiCorp claim that the dams are cleaning up the water.



Four very good reasons why the Klamath River is so important to Tribal people...

Karuk Language Program Update

Susan Gehr, Language Program Director

We are finishing up production on a Karuk songs video for children and a CD of traditional songs. Julian Lang's Institute for Native Knowledge is working on both of those projects. As with the phrasebook and video, we will have 250 copies to give away.

Also soon to be available is "Ethnographic Notes" a collection of John P. Harrington's unpublished field notes. He collected stories, cultural information and even some gossip during his visits to Karuk country in the 1920's. It contains much information that would have otherwise been lost, though at times it reveals more about his interests than it does about us.

Additionally, he had an excellent ear for the Karuk language, and his work greatly adds to the body of knowledge about it.

We still have weekly classes in the communities of Orleans, Happy Camp and Yreka.

Please contact Susan Gehr at (800) 505-2785, extension 2205, or at sgehr@karuk.us if you are interested in attending our weekly language classes or would like to receive one of the items mentioned above as they become available.



Susan Gehr, telling a Karuk story to elementary school children

DNR Scholarship Award

Molli J. White, Clerical Technician

Congratulations to Elaina Supahan for being selected to receive the 2004 Karuk Tribe Department of Natural Resources Klamath River Inter-Tribal Fish and Water Commission scholarship.

The Department of Natural Resources (DNR) would like to acknowledge her outstanding commitment to education, her community and the Karuk culture.



Leaf Hillman awarding scholarship check to Elaina Supahan

Students interested in applying for the Fall 2005/Spring 2006 scholarship must provide the following information to the Karuk Tribe Department of Natural Resources by July 29, 2005.

A letter from the applicant demonstrating:

- (1) An interest in natural resources,
- (2) Commitment to education, community/culture,
- (3) Academic merit, and
- (4) Financial need

The letter should address all four points. The letter may be up to two pages in length.

Resume

Two letters of reference

Copy of Karuk Tribal Membership Card

Minimum Grade Point Average of 3.5

2005 graduating high school

seniors: Please provide documented proof of application to an institution of higher education to study in the area of Natural Resources along with a copy of school transcripts.

College students: If you are currently enrolled in a higher education program please provide documented proof of studying in the area of Natural Resources along with transcripts.

The scholarship information and inquiries should be directed to the Karuk Tribe Department of Natural Resources:



Senior Center Program

Babbie Peterson, Senior Center Supervisor

Be a part of a national movement and become a mentor, be active in our native communities by sharing your wisdom. Below are excerpts of a press release from Harvard School of Public Health dated 12/16/2004.

The "first wave" of boomers will mark their milestone 60th birthday starting just over a year from now. Thanks to the longevity revolution, the average 60-year-old can expect to live to 83, and many will continue well into their 90s.

"I don't think people need to retire and just sit on the front porch and rock," former Senator Glenn says in the public service announcement.

"They've had a lifetime of experience. They can pass that on. There's nothing like inspiring a young person in these areas of curiosity of their own, and a mentor can do that. It's very important today for young people to have mentors in their lives. It's life experience, and that's what the young people lack. January is National Mentoring Month.

So share what you know. Become a mentor."

Thursday January 13, 2005 there will be a meeting at Panamnik Center with community members interested in starting a crafts club. The Orleans Seniors who participate in the nutrition program had a couple of fund raising activities this past year and are planning more. This senior group is independent from the Karuk Senior Center Program. The Karuk Senior Center Program encourages seniors and other community members to become volunteers and organize classes, clubs, fundraisers, etc., for social enrichment in all of our native communities. Let us know if we can help you by assisting with coordination for scheduling activities in Tribal buildings in your community. You can call us at 530-627-3056. By being a volunteer with senior exercise classes, being a senior companion or caregiver, we can provide some training when it becomes available. These funds are limited and will be used to train people that are actively volunteering on a regular basis.

Department of Natural Resources

Attn: KRITFWC Scholarship

P.O. Box 282

Orleans, CA 95556

(530) 627-3446

Patient Satisfaction Survey

Wes Valentine, Director of Health & Human Services

Each year the Karuk Tribal Health Program conducts a Patient Satisfaction Survey to monitor their services to Tribal Members and their level of satisfaction with those services. The information gathered is invaluable to the Health Program and allows them to continually adjust and improve the levels of service they provide.

In past years there has not been an overwhelming response to our requests for patients to complete the survey, so this year there was a different approach. We offered each



*Norine McLaughlin,
survey raffle winner*

patient that submitted a survey the opportunity to receive an entry in a raffle drawing for a \$50.00 gift certificate to the People's Center Museum Gift Shop in Happy Camp. This incentive allowed us to receive many, many surveys that will help us in our Continuous Quality Improvement (CQI) activities.

I would like to personally thank every patient that submitted a survey for taking the time to fill it out and congratulate the winner of the raffle which was Norine McLaughlin of Orleans!

The Nurse's Corner

David Eisenberg, PHN

During the last 20 years the weight of the average American has risen. It's hard to know exactly why so many people are weighing more, but there are many suspects:

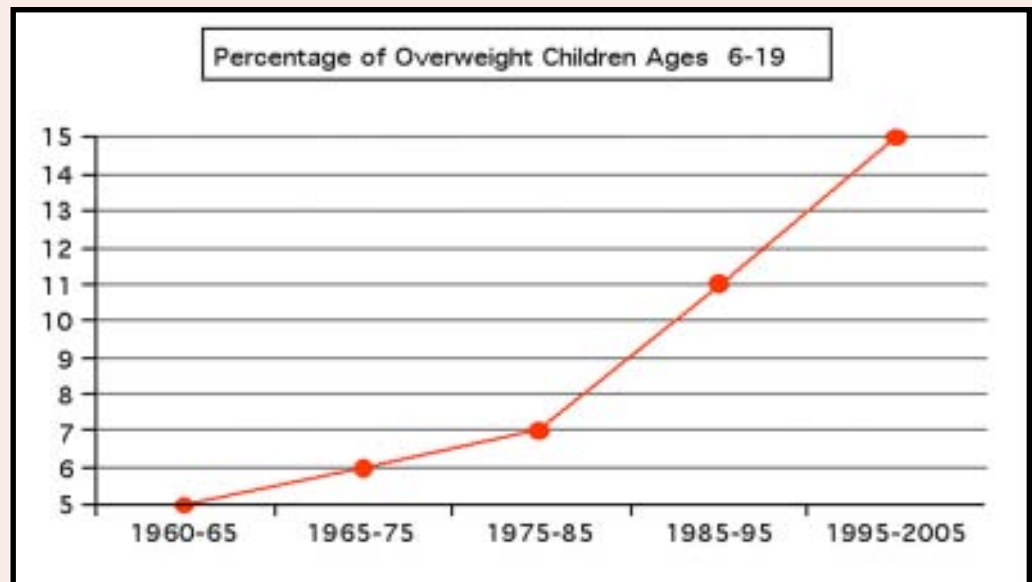
- ☉ We are less active
- ☉ Many of the foods we eat are high in fats and sugar
- ☉ We have the cheapest and most plentiful food in the world
- ☉ We are taking in more calories in food than we are putting out in exercise
- ☉ We have more sedentary activities (watching TV – playing video games)

The trend is especially worrisome among young people. Rising weight is a risk factor for medical conditions, including heart disease and diabetes. And

Native Americans already have higher rates of diabetes than other Americans. The graph shows the number of children who are considered overweight has risen from 5 percent to 15 percent.

What can we do? Many traditional foods of the Karuk People are higher in protein and lower in saturated fats and sugar. Aama (salmon) and Xunyeep (acorns) are some examples. The Karuk Tribe is active in making sure that Tribal members will always have access to their native foods. In addition to traditional foods, here are some other things to consider.

- ☉ Be more active
- ☉ Eat a healthy breakfast
- ☉ Have more fruits and vegetables
- ☉ Avoid foods high in sugar and fat



Head Start News

Toni McLane, Head Start Director

Volunteers Needed - The Happy Camp Head Start Center is seeking volunteer(s) to provide Karuk language and songs to three and four-year-old children. Contact Linda at 493-2919. We would also like to encourage any volunteers to contact the Yreka Center at 842-9225 or Happy Camp Center at 493-2919 or 493-2226 if you would like to volunteer for any services you can provide.



Happy Camp Head Start children and staff take a break after a fall nature walk at the Curly Jack Campground in Happy Camp



Look who visits the Yreka Head Start Center! Wouldn't you know it, they brought candy and toothbrushes for all the children



One of a kind structure created by these Happy Camp Head Start students

National Reporting System – All Head Start Programs Nationwide have participated in this mandated assessment tool which assesses four-year-old children in all Head Start Programs. The Karuk Tribal Head Start Program has participated since the fall of 2003 and the current results as of December 22, 2004 of the Karuk Tribal Head Start Tribal Program are as follows:

	Karuk Tribal Head Start Average	National Average
Understanding Spoken English	98%	89%
Vocabulary	71%	67%
Letter Recognition	44%	54%
Early Math Skills	64%	68%

Dental Prevention Activities

Vickie Walden, Dental Clinic Manager

We are celebrating Children's National Oral Health Month in February 2005. During this month we are going to scheduling dental Prevention activities at Karuk Tribal Housing, Head Start Programs, Family Resource Centers, Elementary Schools and by request other children's programs.

Free Dental Screenings are available upon request at both Karuk Dental Clinics. It is very important for pregnant mothers, children, diabetics, and people who have used or are currently using tobacco products to have an annual dental screening or check up at least once a year. The screenings are being done by Nicole Hokanson RDH, our Dental Hygienist.

We like to start seeing children as soon as they get their first tooth. Then they get used to coming into the clinic, the clinic environment and the clinic staff. Also the hygienist will share her knowledge on oral diseases and the best way to take care of you teeth at home.

Possible Lifestyle Changes for Tooth Decay / Cavities

Eat a diet high in fruits and vegetables. Avoid carbonated soft drinks; they are high in sugar and lead to loss of calcium in

tooth enamel. Avoid refined sugars and do not smoke. Do not use chewable vitamin C tablets, they erode tooth enamel. Practice good oral hygiene by brushing after every meal and snack, flossing daily and seeing a dentist for a professional cleaning and examination at least twice a year.

How can sealants help prevent cavities?

Coating your teeth with a slippery plastic material makes it harder for plaque to stick to the tiny grooves on the biting surfaces of the teeth - reducing the risk of forming cavities and tooth decay



A tooth abscess forms around the tip of the tooth's root. This will cause the tooth to ache constantly, and be extremely painful to chew on. If the abscess is left untreated, it will begin to erode the bone around the tooth, and may lead to the formation of a small fistula, or canal, through the bone and its overlaying gum. Just before the fistula reaches the surface of the gum, a swelling, or boil may form. This can persist, or burst releasing foul tasting pus into the mouth.

Tooth decay usually does not pose a serious health risk if treated early; however, if the decay is allowed to progress, the tooth will likely die, and the spreading infection may result in general blood poisoning, fever, swelling in the face and neck, and a general feeling of unwell.

ELIJAH JON GREER



June 15 th 2004

6 Lbs 13 Oz

12:19 AM

Parents: Rebecca & Jon Greer

Grandparents: Wendy & Larry Stephenson, Lee Greer, and Margie Larson

Born: June 15, 2004 at 12:19 AM in Everett, WA
6 lbs. 13 oz
19.5 inches long

Andreas Christopher Kufner

Parents: Chris and Laura Kufner;

Grandparents; John and Linda (Davis) Kufner, Happy Camp;

Born: December 14, 2004 in Sacramento, CA
8lbs 9 oz, 21 inches long.

Basket was made by Madeline Davis



Chaas Katip-hirak Hillman Nick-nekich Ikpihan Hillman

Chaas (little brother)
Katip-hirak
(village at old Hillman Ranch)

Nick-nekich (sparrow hawk)
Ikpihan (strong)



Born: November 12, 2004 in Arcata, CA
8 lbs. 11 oz.,
21 inches long.

Born: May 1, 2003 in Eureka, CA
9 lbs. 3 oz., 22 inches long.

Parents: Leaf Grant Hillman & Molli Jane White

Paternal Grandparents: Grant and Laurine Hillman

Maternal Grandparents: Harold & Sandi Tripp, & Clarence White

Happy Birthday Wishes!

Rita's birthday was January 12 and she is 20. Jeana's birthday was December 25 and she turned 21.

The birthday wishes are from their cousins: Arch, Florrine, and Kayla Super.



Rita and Jeana Thom

What Are the Signs of Alcoholism?

Joe Snapp, Substance Abuse Counselor

By definition, chemical dependency is a pathological relationship to mood altering experiences that have life threatening consequences. It is a way not to feel the feelings.

The following questions will help you learn of some of the symptoms. Accurate diagnosis depends on the reliability of the answers given.

1. Do you occasionally drink or use heavily after a disappointment, a quarrel, or when the boss gives you a hard time?_____
2. When you have trouble or feel under pressure, do you always drink more heavily than usual?_____
3. Have you noticed that you are unable to handle more liquor than you did when you were first drinking?_____
4. Did you ever wake up on the "morning after" and discover that you could not remember part of the evening before, even though your friends tell you that you did not "pass out"?_____
5. When drinking with other people, do you try to have a few extra drinks when others will not know it?_____
6. Are there certain occasions when you feel uncomfortable if alcohol is not available?_____
7. Have you recently noticed that when you begin drinking you are in more of a hurry to get the first drink than you used to be?_____



8. Do you sometimes feel a little guilty about your drinking?_____

9. Are you secretly irritated when your family or friends discuss your drinking?_____

10. Have you recently noticed an increase in the frequency of your memory blackouts?_____

11. Do you often find that you wish to continue drinking after your friends say that they have had enough?_____

12. Do you usually have a reason for the occasions when you drink heavily?_____
13. When you are sober, do you often regret things you have said or done while drinking?_____
14. Have you tried switching brands or following different plans for controlling your drinks?_____
15. Have you often failed to keep the promises you have made to yourself while drinking?_____
16. Have you ever tried to control your drinking by making a change in jobs, or moving to another location?_____
17. Do you try to avoid family or close friends while you are drinking?_____
18. Are you having an increasing number of financial and work problems?_____
19. Do more people seem to be treating you unfairly without good reasons?_____
20. Do you eat very little or irregularly when you are drinking?_____
21. Do you sometimes have the "shakes" in the morning and find that it helps to have a little drink?_____
22. Have you recently noticed that you can not drink as much as you once did?_____
23. Do you sometimes stay drunk for several days at a time?_____
24. Do you sometimes feel very depressed and wonder if life is worth living?_____
25. Sometimes, after periods of drinking, do you see or hear things that are not there?_____
26. Do you get terribly frightened after you have been drinking heavily?_____



If you answered "yes" to any of the questions, you have some of the symptoms that may indicate alcoholism.

"Yes" answers to several of the questions indicate the following stages of addiction.

Questions 1 - 8

Early Stage

Questions 9 - 21

Middle Stage

Questions 22 - 26

The Beginning of Final Stage

In Loving Memory

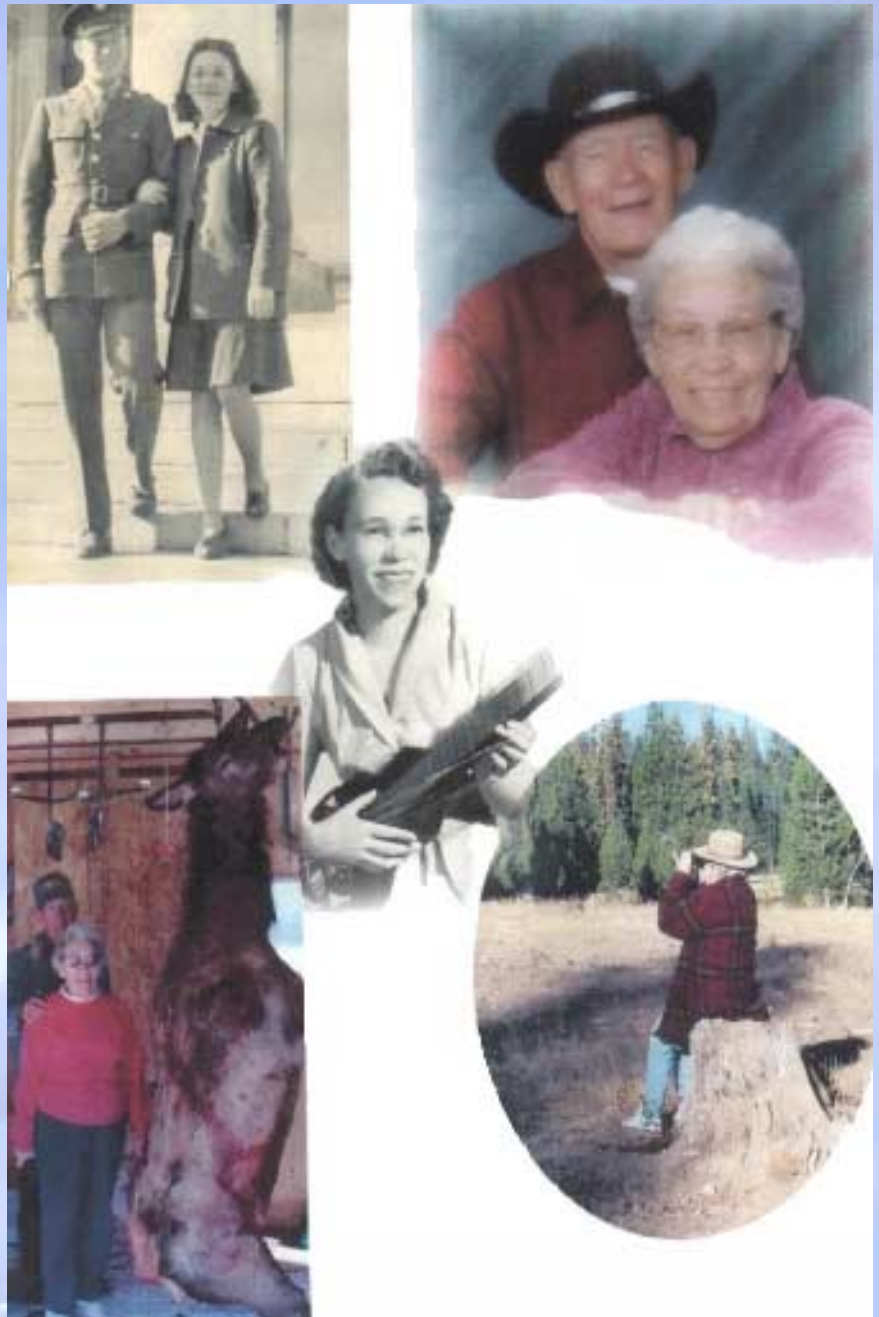
Bernice Mae Kolkow

Bernice Mae Kolkow, 82, of Grants Pass, Oregon died Wednesday Dec 8, 2004 at Highland House Nursing and Rehabilitation Center. A memorial service was held at Chapel of the Valley-L.B. Hall Funeral Home, with her nephew Charles "Bo" Brazille, officiating. Private interment will be at Eagle Point National Cemetery.

Bernice was born April 8, 1922 at Store Gulch, down the Illinois River, to John & Christina (Thomas) Brazille. In 1927 her family moved to Three Pines where she grew up. She worked in the hop yards and on the bulb farms. She also worked as a waitress at the Club Cafe in Grants Pass. On Nov 15, 1943 in Reno, she married Clarence Kolkow, a boy she had known since she was 5 years old.

She was a member of the Karuk Indian Tribe in Happy Camp, Calif. She was also a life member of the Veterans of Foreign Wars in Malin, Or. She enjoyed crocheting, hunting, fishing, taking drives in the woods, and studying about her Indian heritage.

In addition to her husband, survivors include a daughter, Juanita Brood of Phoenix, Ore; a son, Alan Kolkow of Auburn, Wash; 3 sisters, Irene Kolkow and Julia Brownfield of Grants Pass, Or, and Joanne Fry of Coquille, Or; eight grandchildren and 11 great grand-children; numerous nieces and nephews.





Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Winter, 2005

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Robert Grant, Sr.,
Member at Large

Alvis Johnson,
Member at Large

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Descendents

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Happy Camp

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.

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Karuk Tribe of California



Spring
2005

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

Join us for the 9th Annual Karuk Tribal Reunion June 25, 2005!

More info on page 10 and at www.karuk.us

Áuuyich

Sugar Loaf
The "Center of our World"

Photo courtesy chewich

Inside This Issue...

Highlights...

The Chairman, His Story 2/3
Notes From the Secretary 4
Basket Weavers Gathering 5
Executive Director Staffing Change & Housing News 6
Contract Compliance / Congratulations Geneva 7
KTOC Staffing Changes 8
Organizational Chart / Childcare Update 9
9th Annual Tribal Reunion Information 10
Karuk Community Loan Fund / Tribal Reunification 11
KTHA, a Success Story 12/13
Karuk Tribal Court 14

CASA 15
Senior Center / Language Program 16
Recycling Award to Angela Allgier & KTOC 17
Karuk Head Start 18
Children Going Somewhere 19
Notice of Election 20
Low Income Assistance 21
KCDC Update - NEAT Program 22
Education Update 23
T.E.R.O. / Bring the Salmon Home 24
Search & Rescue / Youth Grant Award 25
Baby... Baby! 26
Joined Together / Walk Across America 27
Dental News 28
Mabel Leslie Turns 100! / Ruth Jane Wingo 29
Nurses Corner 30
Barbara Cecilia Warren 31

Arch Super, pa tapas yaas araara, mu pika

(the Chairman, his story)



Arch Super, Tribal Chairman

Nichuupiti nanu araaras, xaypipshiinvarih pa karuk araarahih, chimi kiik chuupiti pa karuk araarahih, itihan. Pa karuk araarahih nanu aaniv, yootva. *(I talk to our people, don't forget the Karuk Indian language, let us speak the Karuk Indian language, all of the time. The Karuk language is our medicine. Thank you.)*

January: The Tribal Council and the KTHA Committee held their **Annual Housing Plan Conference** at the Seven Feathers Casino in Canyonville. The group had gone over the Housing budgets, policies and plans for the one year and five year plans.

The Karuk Tribe has been instrumental in forming the Northern California Tribal Court Coalition (NCTCC), comprised of the Tribal Courts of the Hoopa Valley Tribe, the Karuk Tribe of California, the Yurok Tribe, the Qual-a-wa-loo InterTribal Court (Comprised of Table Bluff Reservation - Wiyot Tribe, Bear River Band of Rohnerville Rancheria, Resighini Rancheria, and Blue Lake Rancheria), the Pit River Tribal Department of Justice, the Redding Rancheria Tribal Court, and the Fort Bidwell Tribe. These Tribal courts are all at differing stages of development and implementation. The Karuk Tribe hosted the meeting in January and April Attebury, Judge Joseph Flies Away and consulting attorney Stephanie Dolan facilitated the meeting. Over the past several months, NCTCC participants have been discussing the importance of collaboration to address issues of jurisdiction, resources, training and possible joint efforts. The NCTCC has met three times thus far (meeting every six weeks) and is in the process of developing an MOU to define the Coalition participants' roles and objectives.

Our LIAP Committee (Florence Conrad, Florraine Super, Erin Hillman, Wes Valentine and myself) meet monthly to assist Lisa Aubrey with the ongoing General Assistance Programs for Food, Shelter, Clothing and Heat. We encourage our members to utilize and become aware of these programs.

We held Interviews for our Museum Director, in which Mr. Leo Carpenter was selected. With his contract and schedule, he will start in April. We foresee our Museum moving forward.

Hector Garcia, Scott Quinn, Carrie Davis, Florraine Super and I met with the Cal Trans Office in Redding regarding the acquisition of the Bunker Hill property near Independence Creek. We were able to get the paperwork and agreements completed to acquire excess land that Caltrans purchased for disposal purposes.

February: *The California Trust Consortium* has been meeting every month. We are a group of seven Tribes (Karuk, Guidiville, Big Lagoon, Hoopa, Yurok, Redding Rancheria and Cabazon) working on issues affecting the Tribe such as "trust reform" and "fee to trust" transactions. We also continue to work to get adequate funding for our Tribe.

I am happy to report that we are moving important pieces of legislation through Congress with the help of Senator McCain. I will keep you informed of our efforts in future articles.

We have summit meetings with the **US Forest Service**, every third month. A lot of the Tribal Council is involved along with the DNR department. Government to Government issues are discussed for better and improved communications. I feel that we work well together.

Sami Jo Difuntorum, Verna Reece, Alvis Johnson, Josh Saxon and I attended the annual **NIAC Conference in Washington DC**. We met with representatives of Senator Boxer's and Feinstein's offices. We addressed issues of our Tribal Housing and the need for adequate funding to continue to be granted to us. Personal appearances by Tribal leaders are very important.

The **Tribal Gaming Committee** (Hector Garcia, Florraine Super, Roy Arwood, Scott Quinn, Carrie Davis, Alvis Johnson and myself) met with our attorney, Dennis Whittelsey, for some foresight with our Gaming venture. We met with representatives of Governor Schwarzenegger's office and we met with the National Indian Gaming Commission (NIGC). We hope to have possibly two options towards our endeavor. A Section 20, which allows us to have gaming

off reservation and not have to go through the NIGC. The other option would be to resubmit our previous application to the NIGC. We will be getting more information possibly in May.

We held interviews for the **Tribe's Health Director**; a few of the Tribal Council members were present to interview. Mr. Larry Jordan of Bishop was selected as our new Health Director. The Tribal Council and Staff look forward to working with him. We encourage our Tribal members to come and meet him when you get the chance.

March: We met with the Sheriff's Department to work on a possible collaboration for **Search and Rescue**. The meeting was good and it looks like there is a big possibility of having a coordinated Search and Rescue team in Happy Camp and later, in Orleans.

Erin Hillman, Lisa Aubrey and I went to **CSBG training in Eureka**. The training and information will add to our process of service to our members through the general assistance programs.

Kari Norgaard and two of her college interns interviewed a group of Yreka Tribal Members regarding the effects of moving up into the Yreka / Scott Valley area. They asked questions about why we moved, effects it had on our diets (salmon, deer, acorn, etc.), effects it had on our religion, tradition and culture. This information was gathered to enhance our struggle over fisheries and the river dams that affect fisheries.

A big group of Tribal Members, staff and members from other river Tribes showed up for the **Dam Protest in Sacramento**, at the steps of the State Capitol. The protest was well organized and a message was given to the Governor about how the dams are affecting the river's way of life.

April: On April Fools Day the office staff from all three areas held a **grand departure celebration** for Wes Valentine. Wes has taken a new job with a company in the San Francisco area. Wes was the Tribe's Health/Executive Director for around six years. He did many things with and for our Tribe. He is liked and well respected. We are going to miss him, but he says he will still live in Happy Camp and will be around for us to visit.

Hector Garcia, Roy Arwood and I traveled to Indio, CA (Palm Springs) for a **California Consortium Meeting**. Indio is the home of the Cabazon Tribe and they are part of the consortium. They chose to host the meeting. We discussed our Fee to Trust Land files and also the strategy work group for the National Budget Meeting to be held in Miami, Florida in May.

Florrine Super, Roy Arwood and I attended a **CRIHB meeting/training in Sacramento**. Florrine and Roy had been involved with CRIHB for awhile. I attended to be updated and informed of my part as Tribal Leader. Mr. Larry Jordan is well versed in CRIHB, so we will be brought up to current involvement.

Overall, Tribal business and politics has been very busy. We continue to stride forward. We encourage our members to always get in touch with Tribal Leaders for information about where the Karuk Tribe is headed. I hope to see the entire Tribe at the Tribal Reunion in June. Elections are in November, so get your representatives ready for the petitions. Good luck. Yootva.

Busy fingers, weaving...



Ukonom Lake. Photo courtesy Teeter Spence

Notes from the Secretary:

Florrine Super, Council Secretary



Florrine Super

Ayukii!

There has been a change with my council status. The Council Secretary is no longer a paid position as of February 18th. I have gone back to council stipend pay only. This has not slowed down my workload. Although, I do not have an official office space at the Tribal administration building, you can still leave messages on extension 2052, and I will return your call. I will be available to our membership and staff at all times.

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Youth Leadership: Our Future Leaders!

We are continuing to create an application and selection process for the Youth Leadership Council. Applications are tentatively scheduled to be available on May 1, 2005. Our goal is to teach our youth how to work with other young people on a local level as well as on a national level, develop greater self-esteem and self-confidence, develop communication and leadership skills, enhance their public speaking skills, learn how to work with Tribal and community leaders, and learn to be role models! Letter of intent and a completed application will be required, applicants must have a "C" average, and must be active in their community. Be sure to look for the application notice on our webpage. I am looking for parent/adult volunteers so give me a call if you are interested.

Elections:

Be a part of the new tradition and VOTE!

Look for more information on page 20 of this edition of the newsletter.

Election Committee:

PO Box 815, Happy Camp, CA 96039

Tribal Reunion:

Mark your calendars for this year's Tribal Reunion -- June 25, 2005!

Look for reunion information on page 10 of this edition of the newsletter. A new date for the Tribal Reunion has been confirmed. Contact me if you would like to help with this year's event.

Karuk Tribe Foster Home:

We are still recruiting Tribal foster families. Our goal is to have a Karuk Tribal family foster home located at Yreka Karuk Tribal Housing. (A house is available for a couple or individual to move into.) We will be recruiting couples and individuals who are interested in becoming foster parents. The need for Tribal member foster families is great. We want to provide a safe, loving and culturally sensitive home environment. Please contact me if you are interested.

Indian Child Welfare Committee (ICW):

Mission Statement: The Indian Child Welfare Committee was created to protect the best interests of the child and promote the stability and security of the Karuk Tribe of California and its Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act of 1978 and these Policies.

We are continuing to work on protecting our Tribal children. We work closely with the Tribe's Tribal Court, CASA program, and Social Services Department. Our duties will increase as our Tribal courts start taking cases.

I would also like to take this time to welcome Mike Edwards who is our new Social Worker. He is an asset to our Social Services Department.

ICW committee members are: Florrine Super, Chair; Florence Conrad, Vice-Chair; Corina Alexander, Yreka Representative; Flo Lopez, Happy Camp Representative; and Josh Saxon, Orleans Representative.

Low Income Assistance Program (LIAP):

Mission Statement: The Karuk Tribal Low Income Assistance Programs are available to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.



Sacramento CA, Dam Removal Rally
Back Row L-R: Hazel Croy, Florrine Super, Rita Thom, Kayla Super, Jeana Thom. **Front L-R** Tina Rodarte and Hillary Dodge

We are continually working on an upgraded system so the LIAP department processes all applications in a timely manner. In addition, we are working on communications by informing Tribal members of all LIAP services and letting clients know where they are in the approval process. Our goal is to make this program more efficient, so it works for the program coordinator and the Tribal members. No new action at this time.

Court Appointed Special Advocate (CASA):

Please refer to CASA Program Manager/Volunteer Coordinator's Report on page 15.

Website:

I would like to welcome our new Information Technology personnel, Patty White (RPMS Manager) and Gerry Canning (IT Technician). With the addition of new staff, we hope to reach our goal of having a very informative and user friendly website. Please let me know what you as a Karuk Tribal member would like to have available on the Karuk website.

I also hold a position as Head Start Representative. If you would like additional information and/or have any questions, feel to contact me at any time. I send out a weekly schedule for myself and information on upcoming meetings and committee's openings. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive this information. Yootva



Chairman Arch Super at the Sacramento Dam Removal Rally

2nd Annual Basketweaver's Gathering

April 15th & 16th, 2005

Weavers of all ages came together to learn and practice the art of Karuk weaving



Photos courtesy Gerry Canning



Executive Director of Health and Human Services

Staffing Change

Sara Spence, Human Resources Manager

Wes Valentine, who worked for the Karuk Tribe for six years, has resigned his position effective April 1, 2005. Wes started working for the Tribal Health Program in 1999 as the Health Program Director and eventually progressed through the various transitions of the Tribal organization to the Executive Director of Health and Human Services position in 2001. Wes has left to pursue a personal venture and the Tribe wishes him well in this new chapter of his life.

The Tribal Council presented a plaque to Wes thanking him for his dedication to providing and expanding services for the Tribal Membership, Staff, and Communities of the Karuk Tribe at the Council Meeting held on March 24, 2005 and also held a Going Away Party for Wes on his last day. He was presented with a drawing of traditional Karuk fishermen dip-netting at the Falls that was drawn by Loren Offield, Jr. as a gift of gratitude and appreciation from the Karuk Tribal Council. We will miss Wes and appreciate all of his contributions to the programs of the Karuk Tribe.



*Wes Valentine, former
Executive Director of Health &
Human Services*



*Larry Jordan, new Executive Director of
Health & Human Services
pictured with a photo of his aunt*

Larry Jordan has taken over Wes' position and comes to the Tribe with thirteen years' experience as a Service Unit Director with the Indian Health Service and seven years' experience as an Executive Director for Tribal Programs. He possesses a Masters Degree in Social Work (MSW) and a Bachelor of Arts (BA), both from the University of Washington and is a Member of the Colville Confederated Tribes in Washington State. He is familiar with the workings of Tribal Health and Administrative Programs and has worked hands-on obtaining and maintaining JCAHO Accreditation and understands and appreciates its importance for the Health Programs. He has also been actively involved with the California Indian Health Service offices and the California Rural Indian Health Board (CRIHB).

We look forward to working with Larry and hope that good things will come from these changes!



Sami Jo Difuntorum



Tribal Housing News



Sami Jo Difuntorum, Executive Director

Elders Houses: Our Orleans Elders Project is just about finished. The garages should be complete by the end of April and the driveways by mid-June.

The Yreka Elders Project is also moving along. The utility and road contractors should be finished with their work by mid-June.

CDFI: We have received over two hundred responses to the Community Development Financial Institution (CDFI) survey that was distributed in January. The winner of the DVD player and three movies is Cecil Offield, Jr. of McKinleyville, California.

Unfortunately, we were not successful in obtaining a technical assistance grant for this year.

We are currently recruiting members for our board of directors. If you are interested, please contact Eddie Davenport at edavenport@karuk.us by May 31, 2005.

Home Loans: We expect to receive our FY 2005 Indian Housing Block Grant by the end of April. Once we are funded, we will have \$500,000 available for low income first time homebuyers.

For further information on the home loan program or other housing related services and programs, please contact us at 530 493-5434 or 530 842-1644.

Contract Compliance Update

Erin Hillman

Director of Administrative Programs & Compliance

NCIDC (Northern California Indian Development Council) graciously invited Tribal Staff members and committee members who work with the Low Income Assistance Program to attend the CSBG (Community Services Block Grant) workshop in Eureka. Arch Super, Florence Conrad, Lisa Aubrey and I attended the one day workshop. Norm DeYoung from the Sacramento office presented information to the group about the Tripartite Board requirements, the elements of a Community Action Plan, ROMA (Results Oriented Management & Accountability), National Performance Indicators and new reporting forms. Also in attendance were our Northern Area Representatives from Hoopa, Jeannette Nelson and Jaime Hostler and NCIDC Subcontractors from various Tribes that NCIDC serves in the north state.

The CSBG Community Action Plan is required to be filed with the State of California by June 30. It has many components, including narrative responses, strategies and a needs assessment. We have approached the Needs Assessment requirement by requesting that Program Directors within the Tribe provide up to four questions for the survey by March 31. I will format the survey for distribution by the end of April. If you are in our offices you may get a chance to fill out one of these questionnaires. I know that these can be a nuisance, but it is important to get the information from all of you in our community in order to determine how we can all serve our membership better. We would appreciate your assistance in this matter.

I stayed one extra day to attend a meeting at the NCIDC offices where Greg Gehr, former Executive Director for the Karuk Tribe, presented each of us with a copy of a software program that he developed which makes our reporting for this program easy. It can be installed on our Server to allow multiple users and can be accessed by whoever provides CSBG services. It is password protected to insure that unauthorized access to confidential information is not an issue.

I have written a Draft Contract Procurement Policy to be included in the Tribes Fiscal Policy. Modeled somewhat after the existing KTHA construction procurement policy, it also includes procedures for the solicitation and award of Independent Contractor Agreements as well as construction procurement. At this time it is in the working stages and has been emailed to the Tribal Council, Management Team and other staff that use these types of agreements on a regular basis. Upon receiving comments and suggestions, the draft will be reworked and reviewed and then submitted to Tribal Council for a vote.

The Karuk Tribe Housing Authority and the Tribal Council have initiated a Self Monitoring Review of



Congratulations to My Daughter

Sonny Oscar

I would like to share with the Karuk Tribe my daughter's latest achievement. Geneva Johannsen of Karuk Tribal Housing in Yreka has recently been nominated for the National Deans List. Only 1/2 of 1% of our nation's college students receive this award.

Geneva is a full-time student at College of the Siskiyous, and is majoring in accounting. The whole family wants to congratulate her and let her know we are supporting her.

Sonny and Eva Oscar, Jake Johannsen, her husband Chris, her children Sadie and Sandra, Krista and Shannon Canada and family, and her aunt Tanya Busby.

the Housing Authority's waiting list. A Self Monitoring Committee has been established, including Housing Authority Staff, Council and Housing Committee members and I will meet and review compliance to Housing Authority's policies regarding placement of new tenants and position of prospective tenants on the waiting list. Though this step in the self monitoring process is a new one, it is just one of the ways that this program and others within our organization incorporate internal controls to insure consistency and compliance to established policies and funding agency requirements.

For the second quarter of Fiscal Year 2005, January 1, 2005 through March 31, 2005, I reviewed a total of ten (10) grant applications totaling \$1,159,552. Fifteen (15) Independent Contractor Agreements were passed through for Tribal Council approval. Documents to close out six (6) expired grant agreements were filed with their respective funding agencies. The Tribe received notification of four (4) grant awards totaling \$402,279. The Department of Natural Resources was successful in their applications for funding from The California Endowment and the Klamath River Inter Tribal Fish & Water Commission for a total of \$243,000. The Tribal Health Program received notification for \$157,554 of Special Diabetes and the Low Income Assistance Program received an amendment to their existing LIHEAP grant for \$1,725.

Staffing Update



Sara Spence

Sara Spence
Human Resources Manager

Here is the quarterly update from my office. We currently have 156 employees on staff.

Lillian Maresca, Clinic Physician in Yreka, resigned on 12/15/04 and we are still

recruiting for this position.

Wilson Donahue resigned his position as Orleans Maintenance/Groundskeeper on 12/24 and we hired **April Conrad-Gayle** to fill this position. She started on 2/7.

Mike Edwards was hired on 2/9 to fill the position of Social Worker III for the Yreka area. He is available in the Social Services Department of the Yreka Clinic.

Melinda Avechuco resigned her position as Clerical Technician I for the Department of Natural Resources on 2/25 and we have not filled the position at this time.

Elizabeth Super was hired on 2/28 as the Clinic Receptionist Trainee in Yreka.

Patti White was promoted to the position of Database Administrator on 2/28 and **Lora Burns** (no relation to Dr. Burns ☺) was hired to take her position as a Billing Clerk. We are looking into the possibility of hiring a Business Office Manager to oversee the Billing/Accounts Receivable operations of the Health Program and recently advertised for this position. The Council will make a final decision on what they will do with that vacancy in the near future.

Steven "Craig" Tucker was hired on 3/1 to be the Klamath River Campaign Coordinator. More information about the River Issues can be found on the website under [Press Releases/Campaigns](#).

Jim Henderson resigned his position as Water Quality Coordinator on 2/11 and **Susan Corum** was hired to fill this vacancy on 3/7. Susan is the wife of **Alex Corum**, Biologist, for the Department of Natural Resources.

Robert Goodwin was hired on 3/16 to fill in as the

Temporary Teacher's Assistant at the Happy Camp Head Start Center as they are currently short one employee until next school year. Robert is the son of Council Member **Robert Goodwin**.

Gerry Canning was hired as the IT Technician in Happy Camp on 3/21. This is a new position to help with the long list of technology requests the Tribal programs and staff have.

Wes Valentine resigned as the Executive Director of Health and Human Services on 4/1 and **Larry Jordan** was hired to take his place on 4/12. A full article on these staffing changes is located on page 6 in this edition of the Newsletter – complete with pictures!

Along with Wes' resignation came several changes to the reporting structure of the Tribe and I have included an updated Organizational Chart to show where different programs fall within the organization. The chart is on page 9.

Amber Ward-Ariza resigned her position as Cook at the Happy Camp Senior Nutrition Center on 4/4 and **Nell Sakota** was hired to fill this position.

Trista Parry resigned her position as Grant Writer/Resource Developer on 4/15 and we are currently advertising to fill this vacancy.

Michelle Stark, DDS was hired as a Clinic Dentist in the Yreka Clinic and will start on 6/14. She comes to the Tribe from the Redding Rancheria. The addition of this dentist is a portion of the Dental expansion that is taking place during this year due to the receipt of the HRSA grant dollars. We will be seeking several Registered Dental Assistants in the near future so keep your eye on the website!

We are still currently seeking applicants for several positions. If you or anyone you know is interested in employment with the Tribe, additional information can be obtained on our website at www.karuk.us. Just click on Employment Opportunities for more information about employment with the Tribe. On this website you can download an employment application as well as read full position descriptions for vacancies.

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@sisqtel.net.

All submissions must include your name and address. No anonymous articles will be included.

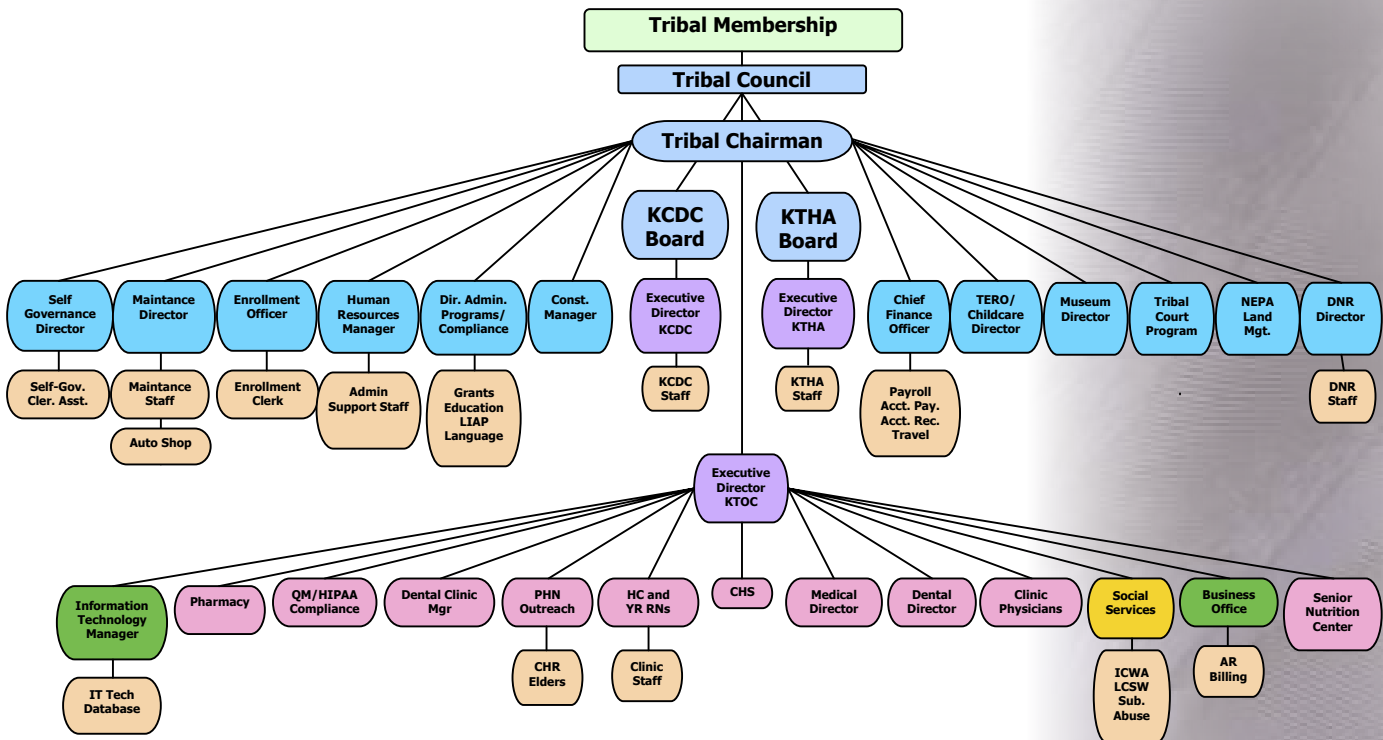
Article deadlines: July 15 for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.



Mountain roars into river between
Happy Camp & Orleans

Karuk Tribe of California

Organizational Chart



Child Care Program Update

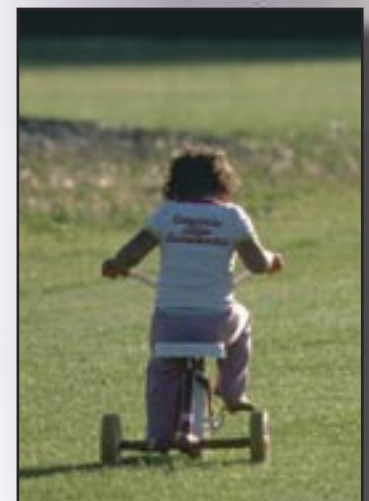
Dion Wood, TERO Director

The Karuk Tribe Child Care Program is in the process of assembling the next Tribal child care plan for federal child care and development funds. Federal regulations require us to demonstrate what we plan to do with child care funds for the next two years and submit our two-year plan by July 1st of this year. This plan includes how we determine eligibility, pay rates, the sliding fee scale we adopt, health and safety issues, quality issues, identifies collaboration partners, and also certifies to the federal government the number of children that are eligible to receive services that live within the service area.

As many Tribal members know, this program falls terribly short of the existing need for quality child care within our ancestral territory and service area. Because of limited funding in the past, we have not been able to take on any new participants in this program and we are maintaining a waiting list. With the submission of our new plan, we feel that we will be able to make the proper adjustments to facilitate more participants in the program. If you have not attended a public meeting to provide your input into the development of our plan, it is not too late! You can still send your comments to Child Care Program Director Dion Wood at dwood@karuk.us or write to us at:

ATTN: Child Care Program
P.O. Box 1016
Happy Camp, CA 96039

Child Care Providers Needed!



If you live in the communities of Orleans, Happy Camp, or Yreka, we are looking for Child Care Providers! First Aid and Child/Infant CPR training is a must! If you are interested please contact Dion Wood at 800 505-2785 ext. 2030.

Join us, for the
9th Annual Karuk Tribal Reunion
June 25, 2005 in Happy Camp, California

This is a drug and alcohol free event.

CONTACT INFORMATION:

1-800-50-KARUK or (530) 493-1600

Tribal Reunion Coordinator: Florraine Super

Co-Coordinator: Carrie Davis

Vendor/Booths: Sara Spence

Open 3 on 3 Basketball Tournament (Outdoor)

Joyce Jones 530-842-6157 (jonezee57@yahoo.com)

Open Volleyball Tournament (Outdoor)

Arch Super 530-493-1600 ext. 2019 (asuper@karuk.us)

Open Horseshoe Tournament

Florraine Super 530-842-7094 (fsuper@karuk.us)

64236 Second Avenue

P. O. Box 1016

Happy Camp California 96039

Event Schedule on website (coming soon)



- Games for Kids & Adults
- Demonstration Dances
- Card Games
- Open Horseshoe Tournament
- Open Outdoor Volleyball Tournament
- Open 3 on 3 Basketball Tournament
- Vendors
- Staff Information Booths
- Honor our full-blooded Karuk Tribal Members & Elders

MOTEL AND CAMPGROUND INFORMATION

Next to Karuk Tribe of California Administration Building

- **Klamath Inn Motel:** 110 Nugget, Happy Camp CA 530-493-2860
- **Klamath River RV Park / Campsite:** 110 Nugget, Happy Camp CA 530-493-5377

In Happy Camp

- **Klamath River Resort Inn:** 61700 Hwy, Happy Camp CA 530-493-2735 (www.klamathriverresortinn.com)
- **Forest Lodge Motel:** 63712 Hwy 96 -530-493-5296 (www.forestlodgemotel.com)
- **Elk Creek Camp Ground & RV Park:** 921 Elk Creek Rd, Happy Camp CA 530-493-2208 (www.elkcreekcampground.com)



For more information, call 1-800-50-KARUK or go to www.karuk.us

Dance at the Happy Camp River Park

The band "Taxi" is tentatively scheduled

Dinner will be provided

Traditional Fish & Acorn Soup will be served!

The Karuk Tribe of California and its insurers are not responsible for thefts, accidents, or injuries.

Karuk Community Loan Fund Board Members Needed

Eddie Davenport, KTHA Loan Officer

The Karuk Community Loan Fund (KCLF) is looking for a few effective, dedicated persons to serve on a dynamic Board of Directors or a Steering Committee. Interested individuals should be community minded individuals who look at the growth potential that financing alternatives could bring. In a community where there is low income and economic hardship, the availability of economic opportunity could help many.

A background that may include banking, real estate, mortgage brokerage, accounting, non-profit operations, Karuk culture, government regulations concerning Native Americans, fundraising, community development, or business development and operations would be helpful.

Persons interested will serve various functions and needs of this corporation. The Karuk Community Loan Fund will provide financial and educational services to the people of Siskiyou, Humboldt and the surrounding areas of Southern Oregon and Northern California. Financial services will include real estate related loans, business development and expansion loans, and loans for micro enterprise operations. Educational services include homeownership counseling, entrepreneurial education, banking and financial literacy training, and seminars on retirement planning, understanding credit, and other issues that meet the needs of the community.

If you have an interest in serving on a Board of Directors or a Steering Committee that will "give back" to the community, please contact The Committee at the Karuk Tribe Housing Authority, P.O. Box 1159, Happy Camp, CA 96039, Phone 530-493-5434 ext. 105, or email: edavenport@karuk.us.

Interested individuals should respond by May 31, 2005.

An Appeal For Tribal Reunification

Joe Snapp, Substance Abuse Counselor

In the process of recovering from substance abuse life styles, culturally sensitive counselors across the country use sweat lodge ceremonies for healing a wounded spirit.

I would like to have feedback from the readers of this newsletter. Please call, write, or email me with your opinions and suggestions.

A universal kind of sweat lodge consists of a covered dome, capable of holding 4 to 6 people, men and or women, with a spot in the center for stacking rocks which have been heated in a nearby fire. A spiritual leader sometimes tells stories, sings and drums during the ceremony and a fire tender passes more hot rocks into the center as requested by the leader. Water is sprinkled on the rocks to create steam. Women are not allowed to participate while they are on their moon.

My understanding of the original Karuk sweat lodge is that it is a wooden structure with a low roof and a fire pit in the center. A fire is built in the center to create dry heat, which provides the sweat for cleansing. Women are not allowed to partake in this ceremony.

My question is: who could be considered to be a spiritual person in Happy Camp, Orleans, and Yreka? Preferably two people for each area would suffice. Do you think both kinds of ceremonies should be performed on a regular basis, or which one? Would you like to see one or both types of lodges built and maintained by the Tribe? On what Tribal land should they be located?

Please give this recovery process some thought and let me know what you think. My contact information is (530) 842-9200 ext. 132 or jsnapp@karuk.us.



Karuk Sweat Lodges at Ka'tim'uin

Photo courtesy of the Phoebe Apperson Hearst Museum of Anthropology and the Regents of the University of California.

Photographed by Alfred L. Kroeber, #15-1379



The Karuk Tribe of California and its Housing Program

A Story of Success



Hector Garcia, Self Governance Director

This month I would like to update members of the Tribe with a success story of self-governance.

The Karuk Tribe of California was Federally recognized in 1979 and following this recognition, the Tribe embarked on a program of land acquisition through its Housing Authority. The Housing Authority was established to serve three distinct population centers located in Yreka, Happy Camp, and Orleans.

In 2005 the Karuk Tribe Housing Authority is able to claim that it has acquired a sizeable housing stock and manages an impressive array of programs designed to assist Tribal



*Karuk Tribal Housing,
Happy Camp*

members in their quest for home ownership. The program, as described below, contains a total of 174 units on Tribal trust land.

This report examines the highlights of the Housing Authority during the last 5 years.

City of Yreka

In Yreka the Housing Authority acquired approximately 228.9 acres of land and then caused to be constructed a complete community, which required the construction of roads, installation of utilities and the placement of a 750,000 gallon water storage tower with a pumping station.

Today, the Housing Authority manages this housing community, while concurrently administering programs designed to assist Tribal members interested in home ownership.

The housing stock in Yreka can be broken down as follows: 63 apartments units, which are used as a stepping stone to home ownership; 23 single family dwellings, which it has leased with an option to purchase; 7 single family dwellings, which the Housing Authority has rented to Tribal members; and currently under construction, 15 dwelling units, which will be made available to Elders under a life

estate arrangement.

Happy Camp

In Happy Camp the Housing Authority has purchased 347.61 acres of land and constructed 18 single family units, 14 elders life estates, and 4 single family dwellings which have a lease with an option to purchase.

The Happy Camp community is adjacent to a Tribal operated Head Start program, which is used to advance the educational needs of local children.

Orleans

In this community, the Housing Authority has 15 single family units, three dwellings that have a lease with an option to purchase, 10 elder life estates, and 2 mutual help units.

Most recently the Housing Authority has complemented this community with a community center, complete with a kitchen, community room and social rooms for reading and socializing.

Administered Programs

The Housing Authority has implemented various programs in order to assist Tribal members in securing housing, as pride in ownership is deeply valued. Some of the programs assist the purchase of a home, others are designed to assist the elders of the Tribe.

A breakdown of these programs is listed below.

Down Payment Assistance	\$120,000 (8 grants)
Revolving Loan Program	\$757,096 (7 first time buyers)
Mortgage Relief Program	\$40,000 (4 grants @\$10,000)
Student Rent Vouchers	\$120,000 (34 students annually)
Elders Rent Vouchers	\$109,200 (23 elders annually)

Acquisition of Property

The purchase of land is central to a successful housing program. Our Housing Authority has been very successful in this regard.

Below is a list of land and properties that have been purchased during the last five years.

Oak Knoll	\$146,000
Orleans Resident Center	\$95,525
Hamblin Property	\$100,000
Former Headway Market	\$115,000
Feuillye Property	\$40,000
McKinnley Property	\$25,000

Hysteck China Grade	\$85,000
Stone Forest House	\$60,000
Eastlick Parcel	\$22,500
Holm Property (200 acres)	\$402,000
Borg Property	8,000
Bowers Property	\$16,000

Construction Projects

The Housing Authority does not just administer a housing program. After acquiring land it has developed the land for housing installing roads, utilities and other infrastructure as needed in order to develop what may be characterized as a master planned community.



Former Headway Market

During the last five years the Housing Authority has been involved in the following projects:

Yreka

This community is a mixture of elder housing, single family dwellings for purchase by an expanding family and rental stock. Integrated among these structures are the park and open spaces.

Thirty single family units were constructed in Yreka at a cost of \$3,600,000. This project required various infrastructure improvements. For example, water, sewer, and electricity needs had to be addressed. This required a development project that brought all of these improvements to the community. Most impressive was the construction of a 750,000 gallon water storage tank and pumping station.

The project was structured around certain areas where development was preferred, others where it was allowed and still others that were highly sensitive environmentally.

Happy Camp

Construction of the 14 elders life estates cost approximately \$1,680,000. The cost of installing utilities (water, sewer and electricity) was approximately \$530,000.

The 3 units which are leased by Tribal members with an option to buy cost \$310,000 to construct. The cost for basic infrastructure (water, sewer and electricity) was \$435,000.

A water storage tank to handle the water needs of the participants was \$199,000.

Here, aggressive grading of the hills is tempered by lush landscaping and pleasant streetscapes. The result is a unique system of land use designations that contain user friendly

amenities.

Orleans

The Housing plan in Orleans encompasses a general plan, where housing is built around the elders center where elders are able to socialize, and participate in the lunch programs. Here, the Housing Authority has truly created a sense of place and sense of community for our elders.



Water storage tanks locted on the former Eastlick parcel above Happy Camp Housing



One of the recently built elders' homes in Orleans

Success Behind The Success

Measuring the success of the Housing Authority in constructing and administering such a large and varied program must be considered in light of the difficulty in securing funding for the housing program as our Housing Director can never be confident that the government will provide funding from one year to the next. Despite this fact, Sami Jo Difuntorum is able to push the program forward while concurrently balancing the needs of such diverse entities as the City of Yreka, Cal-Trans, the County of Siskiyou and Humboldt County. Thank you Sami Jo!



Elders' homes in Happy Camp

A Judicial Update from Tribal Court Judge, Joseph Thomas Flies-Away

On March 29, 2005 the Children's Division of the Karuk Tribe of California Tribal Court entered a Court Order in response to the very first Children's Court petition duly filed in the Children's Court. The March 29 court order was the first order of the Children's Division. This event represents a significant governmental milestone for the Karuk Tribe of California as well as other Tribal courts located in the State of California.

The Karuk Tribe, lead by the efforts of Ms. April Attebury, has been diligently working on the Children's Division of the Tribal Court and this Order represents a substantial product of their labor. Additional efforts are underway, such as Title IV-E funding negotiations, which will further strengthen the Children's Court ability to decide and address Children's Court issues for the Karuk Tribe. On April 22, 2004 the Karuk Tribal Council adopted the Children's Code (Res. No. 0-R-32). Just recently this code was amended with final revisions (February 16, 2005) that pronounces the jurisdiction of the Children's Division of the Tribal Court. The Children's Court Ordinance gives the Tribal Court the power to hear Indian Child Welfare cases and other child in need of care matters.

While the Karuk Tribal Court intends to hear Children's Court cases initially, it will eventually hear other Civil Matters in housing, employment, and other civil issues. In fact, the Karuk Tribal Court has been in operation since February 26, 2004 pursuant to the Tribal Court Ordinance adopted on that date (Res. No. 04-R-10, amended February 16, 2005 by Res. 05-R-12). Since that time the Tribal Court has heard matters in the Peacemakers Mediation Forum deciding matters in a more culturally accordant manner. The Peacemakers Mediation Forum is one of a few peacemaking processes operating in Tribal courts



*Amanda Alexander being sworn in for
the Tribal Court Children's Division,
Happy Camp, CA.*

all across the United States and the only such process in California. The Court is anticipating having the Tribal Court Ordinance, Children's Court Ordinance, the Civil Court Rules of Court, and Peacemakers Mediation Forum Rules available for review by the end of May on the Tribal website at www.karuk.us.

Beginning at the end of April, 2005 for approximately a year, the Tribal Court, with the help of Tribal service providers and community members, will begin planning a Family Healing to Wellness Court. A Wellness Court is a Court that addresses substance abuse issues among Karuk and other eligible families. This planning process will entail working very closely with various State of California agencies and the County Court. Once the Karuk Family Wellness Court is established it will also be a first among Tribal courts in California. The planning is funded by a planning grant the Tribe received from the Department of Justice's Drug Court Initiative. Watch for announcements from the Court that identify community planning meeting dates for this project. Questions about the Tribal Court can be directed to Ms. April Attebury or Mr. John Jerry at 530-843-9228. Yootva.

~~NEGLECTED~~



Nurtured

Be the difference...!

Karuk Tribal CASA Program

Darlene Navarro, Tribal CASA Volunteer Coordinator

YREKA, CA

January – March 2005, after a 50+ hour training, participants representing the Karuk Tribal CASA Program, were sworn-in as Court Appointed Special Advocates in Siskiyou County Superior Court and in the Karuk Tribal Court-Children's Division.

In January, the CASA staff, volunteers and committee members attended the **California CASA Academy 2005 Symposium** in Long Beach, CA. This gathering offered opportunities to exchange knowledge with peers and learn from other experts. The title of this symposium, "Advocating for Paths to Permanence," emphasized three attributes of high-quality advocacy: (1) enduring results, (2) continuous skill development, and (3) long-term service. Topics included emerging factors affecting children in California, innovative techniques in child advocacy, nonprofit management skills, as well as CASA specific tools and processes. Participants had the opportunity to learn, network, share, and receive concrete tools that will enable them to get tangible work accomplished in improving and expanding the Karuk Tribal CASA Program.

A Court Appointed Special Advocate is a trained community



member appointed to represent the best interests of a child in Tribal or state juvenile court. CASA volunteers generally are community members appointed by the court to advocate for children who are victims of abuse or neglect. The Indian Child Welfare Act (ICWA) states that "there is no resource that is more vital to the continued existence and integrity of Indian Tribes than their children." The Karuk Tribal CASA program provides an opportunity for individual community members to demonstrate

that they truly believe that the children are their community's most precious resource. CASA volunteers understand the work may be challenging, but it is also gratifying. CASA provides a unique community experience - the opportunity to work for abused and neglected children in a meaningful way and the opportunity for personal growth and development through challenging work. Although each case is different, a CASA usually

spends about 10 hours doing research and talking to persons involved in the case prior to a court appearance. More complicated cases take longer. Once initiated into the system, volunteers generally work about 10-15 hours a month. With the exception of court appearances, CASA volunteers have considerable flexibility in scheduling interviews and other appointments. Consequently, you can serve as a CASA even if you have a full time job.

If you are interested in becoming an advocate or for more information, please contact Darlene Navarro at 530-842-4924 or email at casa@karuk.us.

Friends of CASA

Becoming a CASA is not the only way you can help. A fundraising committee "Friends of CASA," was established in February and meets on the first Friday of each month. The funds that are generated from the activities go to support the Volunteers in their work as well as cover some costs of training and out reach materials. Some of the activities that are scheduled for the remainder of the year are:

On going raffle of theme "baskets" to be awarded on Aug. 14, 2005

Food booth at the Tribal Reunion

Yreka Sidewalk Sales July 16

Siskiyou County Fair Booth August 10-14

For more information about this committee, meetings or to help out, contact Cathy Scott at 530.842.9225 or cscott@karuk.us.



*Tribal Court Swearing-in, Yreka, CA (left to right):
Judge Joseph Flies-Away, Robert "Coon" Goodwin,
Cathy Scott, Hermanett Albers,
Corina Alexander, Johnny Jerry, Jr.,
Sheila Barger-Jerry, Marlene Rodriguez.*

Senior Center Program

530-627-3056

Babbie Petersen, Senior Center Supervisor

May 3, 2005 will be the start of our 3rd Caregiver Support Training. This 33-hour, hands-on course will be held at Panamnik Center in Orleans. If you or a loved one needs information about elder care, you can contact our senior center program, the CHR and Elders worker Programs – or you can contact the national Elder care locator – this service is valuable if you have loved ones you care for long distance. Call the National Eldercare Locator number at (800) 677-1116 and you can find out what services are available where your loved one lives. We also have information handouts at both the Orleans and Happy Camp Senior Center Nutrition Program sites. We would like to start a local caregiver support group – with interactive activities, such as group exercise or crafts. If you are interested and need a break, let us know how we can help provide assistance for you to have someone come into your home and care for your loved one while you participate.

We have opened the Panamnik Center library – it is staffed by Laura McLane who is working under the Cal-Works program of Humboldt County. At this time the library is opened from 9:00AM to 2:00PM. We still need children's books, if anyone would like to make a donation. This library is stocked largely with books that have been donated by you and a small amount has been funded by a library grant through the People's Center in Happy Camp. We would enjoy having senior volunteers in the library, if you are interested please contact JoAnne or Babbie to set up a schedule.

Staff training is ongoing for our program to guarantee you receive the best service we can provide to you. Our cooks have attended ServSafe Food Handlers class and this year two of our cooks will be attending a hands-on cooking class at the Indian Health Service Training Facility called "Nutrition for the Elders: Meeting the Special Needs of Our Seniors." This class goes in depth about nutrition for elderly, food presentation, symptoms awareness for elderly, food safety, and menu planning. The Center Supervisor and Florence Conrad, Tribal Council Member, will be traveling to a Title VI Listening Session. This conference allows Title VI (Elders/Senior) Programs to voice concerns to our program leadership in Washington, D.C. There are also breakout sessions that keep us up to date with program requirements and opportunities to network with other Tribal programs to share ideas.

pa nanúhih chími kiik chúuphi

Let's all Speak Our Language

Susan Gehr, Language Director

On February 26, 2005, the Karuk Language Restoration Committee (KLRC) met to discuss the goals that it would next seek to achieve for the language and how to seek the resources needed to achieve them. One of the goals we want to achieve is to be able to provide every Karuk person with the opportunity to learn Karuk. Towards meeting that goal, the KLRC recommended that the Tribe apply to the Administration for Native Americans to renew funding for the Karuk Language Program. Following is the summary of that application:

The Karuk Tribe of California has approximately eleven fluent speakers of the Karuk Language. There is at least one child who since birth, has been raised with Karuk as his first language. With a total Tribal enrollment of 3,379, the need to create a growing number of speakers that are increasing their speaking capabilities is a significant goal in the overall effort to preserve the use of the Karuk Language.

At this time, there are only a handful of second-language speakers who are teachers of the Karuk Language, and our Karuk Ancestral Territory spans across two California counties and touches a part of Josephine County, Oregon. The driving distances between the institutions that wish to host Karuk language classes make the idea of a roving Karuk language instructor unfeasible. For example, the Klamath-Trinity Joint Unified

School District, who has a Native Languages Department at Hoopa Valley High School, actually has funding available for a Karuk Language teacher to conduct a daily Karuk language course. That teacher position has been vacant since Susan Gehr left it in 1999 to move to Eugene, Oregon to get her MA in Linguistics. None of the few remaining teachers were able to make the commitment to commute to Hoopa five days a week to teach one class. A distance education curriculum will enable us not only to revive the Karuk language component of the Native Languages Program, but also to reach all Karuk people who live outside of the communities of Orleans, Happy Camp and Yreka, where Karuk language classes have historically been held.

The goal of this ANA Language Project is the design, development, implementation and sharing of a Tribally-certified Karuk language distance learning course with at least 75 enrolled students and a 75% completion rate.

According to a survey conducted by the KLRC, Tribal members were strongly in support of the continued development

Continued on next page...



Karuk Language classes at the Panamnik Center Library/Senior Center

of an ongoing comprehensive Language program. According to statistics from our Enrollment Department, two-thirds of Karuk people live outside of the service area of the Karuk Tribe. The ability to utilize a distance-learning program would best suit the progress of language attainment for the broadest range of Tribal members.

Our service area goes even further beyond our Ancestral Territory, and includes 150 miles of narrow winding roads that separate the outermost population centers of Yreka and Orleans. To adequately establish any services, a partnership of support between the Tribe and the local non-Indian communities in our homeland is needed. The isolation, which exists from community to community, indicates the need for a distance learning approach to language instruction.

Having recently completed three sets of curriculum and the first edition of our dictionary, we want to develop a distance education class that will enable us to deliver those curricula and the dictionary to the widest audience possible. The project can impact all Karuk people who wish to study and communicate in their language, because it will be able to reach even those people who have not been able to participate in the classroom-based classes that were held in the communities of Orleans, Happy Camp and Yreka where we have historically sponsored community language classes.

Recycling Technician/Tribe Gets County Award

Angela Allgier, Recycling Technician



Angela Allgier receiving award from Louise Jeffrey, Waste Reduction Coordinator for the Humboldt County Department of Health and Human Services, Division of Environmental Health, for "Most Effective Recycling Program." The Award is a lamp made from old computer parts, a blender bottom, old brass cupboard handles and other scrap items. The lamp even works too!

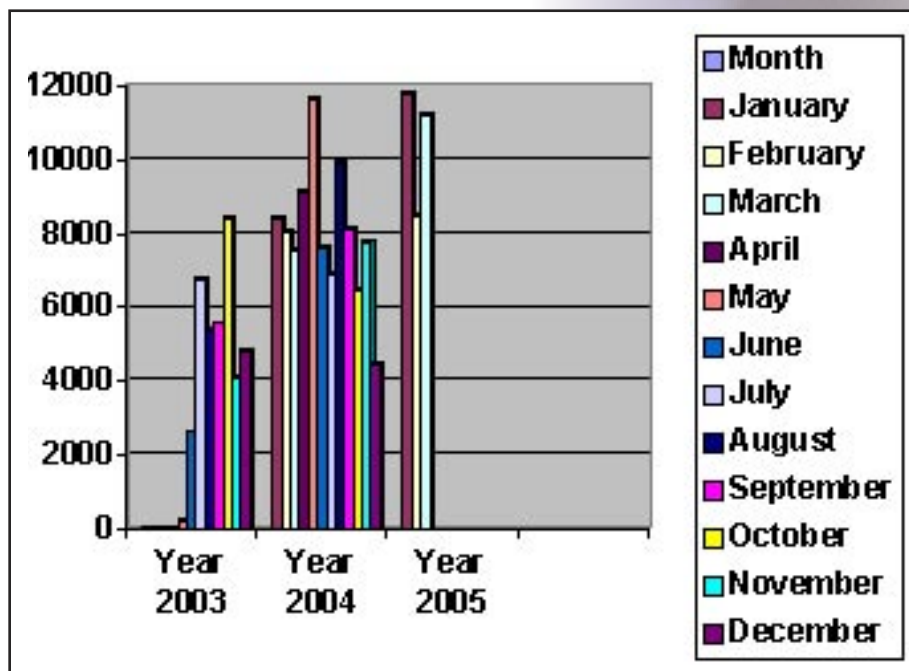
The 13th Annual Waste Reduction Awards committee was asking for nominations for the 2005 awards so I put the Recycling Program up for nomination this year. Come to find out we were nominated by the Humboldt County Department of Health and Human Services Division of Environmental Health. After the committee "sifted through more than 30 applications" we were chosen as award winner for "Most effective recycling program". This is a great honor to be considered for all the hard work and effort that has gone into the Recycling Program. I am on my 3rd year with the program and it is growing in leaps and bounds. For more information on the Annual Waste Reduction Awards call Louise Jeffrey, Waste Reduction Coordinator, (707) 445-6215. For more information on the Karuk Tribe's Recycling Program call Angela Allgier, (530) 627-3446 ext. 16. At right is a chart showing the amounts of recycling (in pounds) I have collected each month.

Exact Totals Are:

2003: 37,906,67 lbs

2004: 95,939.07 lbs

2005: 31,502 lbs (so far)



Karuk Tribal Head Start

Now accepting enrollment applications for Head Start Preschool Enrollment

Do you have a 3 or 4 year old child?
Apply now for Early Childhood Development Program



Yreka Center AM & PM Classes
1306 Yellowhammer
Yreka, CA 96097
(530) 842-9225

Happy Camp Head Start Center
632 Jacobs Way
Happy Camp, CA 96039
(530) 493-2919



Our programs offer:

- Education
- Bus Transportation
- Nutritious Meals
- Health Screenings
- Dental Screenings
- Developmental Screenings
- Native Language and Culture
- Safe Learning Environment
- Qualified and Caring Staff
- Appropriate Early Childhood Practices



**Applications are available at
either Head Start Center**

For more information, call 1-800-505-2785,
press 0 and ask to be transferred to the
Head Start Administration Office, or call the
Administration Office at (530) 493-2226



**All Children Could Use A
H**ead Start!



Children Going Somewhere

Dolly Elston

Today there is little mentioned of our children in the Karuk Newsletter unless they have participated in an "Indian Activity." It is nice that the young people can learn their culture, but there is far more to life. We must remember that our youth of today are our future of tomorrow. They must be educated to be able to carry on in the many fields of operation which the Karuk Tribe has so far started and will continue to add to as time passes.

I would like to bring recognition to some of the students who are of Native American descent that excel in school. These are children who have worked very hard in school to keep their grades up and education is so important to them because they want to succeed in life. Also, many of them are able to participate in competitive sports with other schools because of their good grades. When you see a child excelling in school, it is because there is a parent, grandparent, or some other caretaker giving them encouragement and helping them along the way to become someone who will have a decent future.

The students in the photo are outstanding students from Happy Camp Elementary School who are of Native descent, most of whom are Karuk. These students excel in school and have also received many other types of awards from their teachers, some of which are perfect attendance, good behavior, most improved, math, reading, science, exceptional citizenship and many more, including one from President Bush for Outstanding Academic Excellence. We should all be very proud of them and encourage them to go on into the future with the knowledge that they will not be one of those left behind.

I encourage all the parents to attend the awards assemblies when you get the note from the teacher telling you that your child is receiving a special award as it shows him/her that you are really cheering them on. If you can't attend, have someone else go. Perhaps other schools could write in and let us know about their students of excellence. Also a token of appreciation from the Karuk Tribe would be nice. Let's keep helping our youth to better themselves with lots of encouragement.



Left to Right, Top to Bottom: Ginamae Willson, 7th Grade; Justina Harrison, 8th Grade; Clayton Tuttle, 4th Grade; Ashley Goodwin, 8th Grade; Krista Reynolds, 5th Grade; Alan Gibson, 5th Grade; Elizabeth Harrison, 6th Grade; Florence Peters, 5th Grade; Jacob Gonzalez, 4th Grade; Talonna Nelson, 4th Grade; Daniela Sanchez, 6th Grade; Misti Titus, 5th Grade; Regis Jerry, 7th Grade; Elizabeth Tripp, 4th Grade; Corey Barnett, 5th Grade; Pihneftuuf Elston, 6th Grade; and Cheyenne Moore, 4th Grade.

NOTICE OF ELECTION

Karuk Tribe of California

NOTICE IS HEREBY GIVEN that on Tuesday, November 8, 2005, the Karuk Tribe of California will conduct a Tribal election. Polling places will be open from 7:00 AM to 7:00 PM at the following locations:

- * Happy Camp Community Center “Old School Gym” 64326 2nd Avenue
- * Yreka Karuk Health Clinic Conference Room, 1519 South Oregon Street
- * Orleans Community Center, 39051 Highway 96.

TO BE ELIGIBLE TO VOTE: you must be an enrolled member of the Karuk Tribe and eighteen years old or older on the day of the election.

CANDIDATE ELIGIBILITY REQUIREMENTS AND PETITIONS: will be available on Friday, May 14, 2005 at the Housing Authority Offices in Yreka and Happy Camp, the Karuk Medical Clinic Buildings in Orleans and Yreka, and the Tribal Administration Building in Happy Camp. Nominating petitions, proof of residency and fingerprints must be returned to the Tribal Administration Office, Voter’s Registration Office in Happy Camp no later than 5:00 PM Wednesday, August 10, 2005.

Subject Matter of Elections:

Council Positions:

MEMBER AT LARGE	4 YEAR TERM	2005-2009
MEMBER AT LARGE	4 YEAR TERM	2005-2009

**** ABSENTEE BALLOTS**:** Requests for absentee ballots must be signed by the voter requesting the ballot and his or her signature must be verified by one of the following three methods:

- 1) by a notary public
- 2) by two eligible voters of the Tribe
- 3) by providing a copy of a State, Federal or Tribal signed I.D. card.

Any requests for absentee ballots must be submitted in writing, with a return address, to the Voter’s Registration Office. Forms can be requested from the Voter’s Registration Office. (P.O. Box 815, Happy Camp, CA 96039) by 5:00 PM Wednesday, October 20, 2005.

It is highly recommended that absentee ballot requests be received by the Voter’s Registration Office in a timely manner for those members who live outside the aboriginal territory, due to the amount of time it takes for mail to reach Happy Camp.

For more information we encourage you to call the Voter’s Registration Office at (800) 50-Karuk or (530) 493-1600, extension 2032.



Low Income Assistance Program

1-800-505-2785 or 530-493-1600 Ext. 2025

Ayukii, I'm Lisa Aubrey and I administer the Low Income Assistance Programs. I will briefly explain how these programs can assist low income families. They are as follows:

Low Income Assistance Programs:

- **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible Tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.
- **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Tribal member.
- **Housing Improvement Program (H.I.P.):** This program provides grant assistance funding to repair or for the replacement of your home. This program is only funded once a year. The deadline for applications are due around August of every year. To qualify you must:
 1. Be a member of a federal recognized American Indian Tribe or Alaska Native village
 2. Be income eligible
 3. Reside in the service area
 4. Send a disability/handicapped statement
 5. Have proof of ownership or lease
 6. No prior HIP assistance

The following BIA programs are secondary Low Income Assistance programs. An applicant will have to apply or have applied for assistance from other federal, state, county, Tribal or local agency in the service area. The applicant must not receive any comparable public assistance.

- **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).
- **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining an incentive payment. An applicant can be on the program for two years.
- **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.

ATTENTION Tribal members! I would also like to inform you about the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. I encourage all to apply. If you need an application please call and request the CARE application be sent to you.

For those Tribal members who live outside of the Tribal service area, I would like to let you know of an energy assistance referral program called National Energy Assistance Referral (NEAR). NEAR is a free service providing information on where you can apply for LIHEAP. You can speak to someone Monday through Friday, from 6 a.m. - 6 p.m. (Mountain Time). Call the toll-free phone number at: 1-866-674-6327.

The HIP Program

I will be sending out HIP applications to every adult Tribal member who lives with the service area. I encourage every individual to complete an application and mail it back to the Karuk Tribe. I will be collecting the information needed to complete the applications that I receive and mail them to the BIA Sacramento office no later than September or October 2005. Please fill out an application.

Included below is a map of the service area. Yootva.



KCDC- If at First You Don't Succeed....

Ben Riggan, Economic Development Coordinator

Rising from the ashes of a fiscal breakdown, the Karuk Community Development Corporation (KCDC) is now going through a rebuild process, thanks to new energy and vision and the ongoing commitment of Tribal leadership. KCDC was originally established by the Tribal Council to oversee community development projects and small business start up projects.

The original concept for KCDC was and still is, sponsoring community development, small business startup, and providing fiscal management to other local Tribal and non-profit organizations, which are clear needs within the Mid Klamath communities.

The Board of Directors and Tribal Council have expressed a strong interest in assuring KCDC's success. To that end, KCDC has recently hired Ben Riggan, from Orleans, as Economic Development Coordinator to oversee and develop KCDC's programs. He has been working with the Fire Safe Councils to try to develop local economic opportunities from forest and cultural resource restoration efforts such as forest stand thinning projects. He is glad to be working to help rebuild KCDC and looks

forward to working with some of the talented members of the Tribe and community to develop economic solutions to our forest and community health dilemmas.

Part of KCDC's goals is to improve the technical capacity of local groups and non profits. KCDC will be sponsoring a series of training workshops for Happy Camp and Orleans community members. If your organization has a particular training need, please give us a call and we'll try to help. Ben can be reached at 530-469-3216. We look forward to hearing from you.



KCDC Log Building

Tribal Descendent Participates in NEAT Program

Karuk Tribal Descendent, Tyson Tuchscherer from Lakeview, Oregon, was selected to participate in the Network of Educator Astronaut Teachers (NEAT). He was able to attend three days of extraterrestrial fare at the National Aeronautics and Space Administration's (NASA's) Johnson Space Center in Houston, Texas, June 15-18, 2004.



Tyson had earlier applied to be one of the educator astronauts for the 2004 year but was not selected. However, because of his application, he was selected by a NASA review team, as an outstanding educator who would benefit and contribute to specially designed workshops.

His invitation to the program read, "NASA recognizes your enthusiasm, leadership skills, and commitment to educational excellence, and we are

therefore establishing special programs to engage "outstanding educators" and facilitate communication between NASA and the K-12 community."

While attending the NEAT workshop he was able to have his photo taken with Educator Astronaut, Barbara Morgan, who Tyson describes as "his hero". She was the first teacher in space on shuttle mission STS-118.

Tyson was allowed to suit up in replica gear that is worn by the astronauts outside of the space shuttles during space walks. He was also selected as one of 12 teachers to take part in a space-stimulation exercise in the Shuttle Motion Base Simulator.



Ayukii from the Education Department!

Submitted by: Jennifer Goodwin, Education Coordinator

Plan to start college in the fall for the first time? Here are 5 helpful tips to get you on track right from the start. (Information collected from fastweb.com)

1. Adopt a 9 to 5 Mentality

There is no simpler or more powerful college success tip. Get up and be “at work” by 9:00 a.m. – don’t stop studying until dinner, regardless of your class schedule. You were in high school eight hours per day, Monday through Friday. That same effort in college will produce 20+ study hours every week and produce better results for you than any other single thing you can do. If you plan to work during the day, schedule study hours at the beginning of the week and follow the schedule religiously. College is the job that will keep you from doing the burger flippin’ job for the next 40 years!

2. Get Organized

In high school, teachers talk to each other and spread tests and major assignments over the semester. In college, it will be you, not your teachers who will manage your schedule. Start by copying key dates from each of your syllabi (schedules given to you by each professor) in chronological order into a planner. The only way to avoid getting crushed when you have two exams and two major papers due in a given week is to know they’re coming several weeks in advanced. Budget your workload accordingly.

3. Seek out a Study Spot

It should be quiet and isolated. A dorm room is a clear loser for this objective. Your roommate, his or her favorite new CD, and the repeated question, “what are we going to do tonight?” will have a severely negative effect on your efforts. Student unions are typically losers as well, as they are crowded, noisy, and full of people who want to tell you how many days they have gone sleepless preparing for a test. Even if you venture to the library, all sections of the library are not created equal. Some are better for getting a date, some are better for finding people to borrow notes from, and some are better for high intensity, productive studying. If you’re going to put in the time, make the most of it.

4. Sit in the “Worst” Seat in Every Class

Sit front and center. If you sit up front, you’ll be forced to pay attention, no matter how boring you may find the lecture. If you have a question, you’ll be more likely to ask it from the third row than from the back row. Finally, if you sit in the front, the professor will get to know your face and your name. This is a good thing for a number of reasons. If you are “on the bubble” between two grades and want to plead your case for the higher grade, or if you need to negotiate on a test score (which can work), you’ll be much more effective if the professor knows who you are. The professor could also be a big help later on in the internship or job search if he or she knows you and thinks you’re a star.

5. Write Down Your Goals

Something about putting your objectives to paper helps make them happen. Make a list on paper of all the goals you would like to accomplish in college. Break the goals into academics, extracurricular, and work experience. If you make the commitment to write down these goals (and look at them occasionally throughout the year), twelve months from now you’ll be amazed at how effective you were at reaching the objectives you were willing to commit to paper.

Hopefully these suggestions will be of some help for new college students. Feel free to call or e-mail the Education Department at anytime for assistance with your educational needs. The Education Coordinator, Jennifer Goodwin, will assist you to the best of her ability. Wishing you much success in all of your educational endeavors.

Note: Higher Education Grant Award Applications are due August 1, 2005 for the 2005-2006 school year. Call the office for more information.

T.E.R.O. Department News

Dion Wood, TERO Director

The Tribal Employment Rights office (TERO) is proud to assist Tribal members who are bettering themselves through vocational education and with work related needs. All TERO department activities are overseen by the TERO Commission. Members of the Commission are as follows:

Lynn Parton, Chair

Elsa Goodwin, Secretary/Treasurer

Dave Nelson, Commissioner

Dolores Voyles, Vice-Chair

Alvis Johnson, Tribal Council Representative

Cecilia Arwood, Alternate Commissioner

The TERO Commission has set guidelines regarding the types of employment related assistance that they can provide. TERO can assist with job searches, skills building, GED certification, Adult Vocational or GED Tutoring, employment related loan requests, resume building, or even computer skills building.

The TERO department also monitors Tribal contracts for Indian preference in hiring and also for compliance for payment of prevailing wages. These are some of the activities required by certain federal regulations.

TERO also works with our community partners such as Northern California Indian Development Council (NCIDC) and California Indian Manpower Consortium (CIMC) for employment and training resources. Our Tribe is so lucky to have Joyce and Rosie to work with from NCIDC as they work from their hearts and have steadfastly served Tribal people for many years here in Northern California Indian country! Thanks also to Bev from the CIMC Hoopa branch office that has served our Tribal members so diligently over the past few years! Yootva Girls for all you do for the Karuk Araaras!!!

The TERO Commission is also interested in facilitating pride within the Tribal membership. If you have an idea about how the TERO Commission can make things better for you or those around you or if you have any questions about TERO, please do not hesitate to contact the TERO Department.

TRIBAL REUNION RAFFLE!!

*The TERO Commission has authorized funds to facilitate a great raffle drawing to be held at the Tribal Reunion this year in June!
Look for us to get in on the action!!!*

‘Bring the Salmon Home’ Campaign

Craig Tucker, Klamath River Campaign Coordinator

I’m proud to introduce myself as one of the Tribe’s newest staff members. As the Klamath River Campaign Coordinator, I will be focused on restoring salmon runs on the Klamath by winning our ‘Bring the Salmon Home’ campaign. At the heart of this campaign is working through the current relicensing process to have Iron Gate and other Klamath River dams removed.



*Craig Tucker & son
Carson at the Sacramento
Dam Removal Rally*

I come to the Tribe from Friends of the River, a California statewide river conservation organization. At Friends of the River I began working with the Karuk, Yurok, Hoopa, and Klamath Tribes on devising a grassroots and media strategy to generate public support for dam removal. Little did I know when this campaign began that I would find myself halfway around the world in Scotland protesting a shareholders meeting and eventually back in Orleans working directly for the Karuk Tribe!

To win this campaign, we will need a grassroots effort from Tribal members as well as other residents of the basin. We will continue to hold rallies, organize lobby visits to Sacramento and Washington, write letters to decision makers, and implement any other strategies needed to win. Dams are relicensed only once every 50 years, so we consider this a once-in-a-lifetime opportunity to remove them.

In addition to regular updates in the newsletter, Tribal members will be able to get the latest news regarding our campaign at the Karuk Tribe website, just click on the link for ‘campaigns and press releases’ on the home page.

When I’m not busy working to ‘Bring the Salmon Home,’ you’ll find me spending time with my wife Amy and 11 month old son Carson. We all love the water and spend lots of time swimming, canoeing and rafting.

If you have questions about the campaign or would like to meet us, please get in touch. I can be reached by email, ctucker@karuk.us or call 916-207-8294. We look forward to making a new family of friends in Karuk country.

Siskiyou County Sheriff's Department and the Karuk Tribe of California are Looking for Volunteers!

Sara Spence, Human Resources Manager



Siskiyou County Search & Rescue

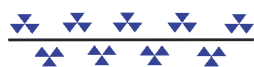
The Siskiyou County Sheriff's Department is considering developing a locally-based division of the Search and Rescue Team. This division would respond only to incidences occurring within the Mid-Klamath River Region (Klamath River, Seiad, Happy Camp, Somes Bar, and eventually Orleans).

The Karuk Tribe is coordinating with the Siskiyou County Sheriff's Office in an effort to recruit non-paid volunteers who are willing to complete all necessary training and certifications to become search and rescue team members. All required

training will be offered in Happy Camp and made available at no cost to the participants. Once certification is obtained team members will be dispatched to participate in official searches within our area. Volunteers must be willing to submit to a criminal background check, complete the required training, and participate in monthly on-going training and/or meetings of the team.

Confidential Search and Rescue applications can be picked up at all Tribal Offices or can be downloaded from our website at www.karuk.us/jobs/.

Applications must be returned to Sara Spence at the Administration Office, 64236 Second Avenue, Happy Camp, CA 96039 or PO Box 1016, Happy Camp, CA 96039. There is no deadline; applications will be submitted to the Sheriff's Office on an ongoing basis.



Local Youth Plan LAN Gaming Night



Jeanette Quinn, HCCCC Learn & Serve Project Coordinator

Happy Camp Community Computer Center (HCCCC) is pleased to announce that a local youth group, LAN Gaming Night, has received a \$1,000 grant from GABY, the Grants Advisory Board for Youth at the Shasta Regional Community Foundation. The money will help support the development of a bimonthly night of computer games at HCCCC. Local youth (and interested adults) will be able to play games on computers connected by the Center's LAN (local area network). Kids also will be allowed to use a donated PlayStation 2 game system, Dance Dance Revolution Max 2 game and two professional dance pads for those who want to play a more physical video game against each other.



Andrew Bley upgrading computers under the tutelage of Center teacher, Kelly Worcester

also compete against each other on networked computers. Several other students joined Andrew in raising funds for the project. In addition to the GABY grant, students have raised funds by writing letters to community businesses asking for donations and by holding a bake sale. So far, the community has contributed over \$850 to the LAN Gaming Night fund. All funds will be used to purchase video cards and other necessary equipment to upgrade HCCCC computers and to buy computer games.



Krista Reynolds upgrading computers at HCCCC



Students using computers at HCCCC

There are a number of benefits of the LAN Gaming Night project. Students are learning how to upgrade computers and will learn how to install games under the supervision of HCCCC staff. These upgrades will benefit the Center and the community by providing much needed equipment. The students involved in this project are learning how to write and submit grant proposals, as well as organize activities and events. Community youth will benefit from having a drug-free, supervised environment in which to enjoy playing video games. Kids under 13, depending on their age, must have their parent in attendance or written permission to participate, as some games are teen rated.

If you are interested in contributing to or volunteering for the Community Gaming Night project, contact HCCCC or make checks payable to LAN Gaming Night and mail to Happy Camp Community Computer Center, c/o Rosie Bley, P. O. Box 1148, Happy Camp, CA 96039. For further information, contact HCCCC at (530) 493-5213 or email hcccc@karuk.us.

Yupsítanach... Yupsítanach!



Tahsa Violet Tripp

(Tahsa is Doe in Yurok)

Parents: Emilio and Tanna Tripp

Paternal Grandparents: David and Jan Tripp

Maternal Grandparents: Axel Lindgren III and Cynthia Monges

Details: Born on April 28, 2004 at 10:10 AM in Arcata, CA weighing 7 lbs, 13 oz, 20 inches long.

Baby rattle was made by Frankie Tripp

Lashae Liane Banta

Parents: Inez Marie Polmateer and Vince Banta of Eugene, OR

Grandparents: Teresa and James Page also of Eugene.

Great-grandparents: Frank and Dixie Merrill of Eugene, OR and Beverly Bailey of Hoopa, CA

Details: Born on December 7th 2004, at 10:40 PM weighing 6 lbs 3 oz. and 18 inches long



Left to Right: Aliyse Ciana Dominguez Aguilar (3 years old) and Nalani Shriver (21 months).

Joined Together in Marriage *Deborah Dee Brannon & Richard Aubrey, Jr.*

Married December 17, 2004

Hoopa, CA at Kristen Aubrey's home by Nonie Smith.

They were married in the company of family & close friends.

The couple has 13 children.



Walk Across America

Alissa Johnson, RN, Orleans Medical Clinic

Obesity in America is at an all time high and the problem continues to grow in adults and children. Being overweight significantly increases health risks such as: diabetes, heart disease, stroke and high blood pressure. The solution to this growing problem is altering lifestyle habits like inactivity and unhealthy eating.

Karuk Americans have some major health risks happening due to denied access of traditional foods, poverty, and lack of meaningful exercise. The Karuk Tribe is working hard to regain some of the healthy foods traditionally eaten in large quantities like salmon. In the meantime it is important to try and stay away from processed foods and fats. Don't grab that store bought burrito or pizza pocket at lunch. Make something at home like a sandwich and some fruit or a salad. Cut down on butter and try lower fat substitutes. Take the skin off your chicken and cut back on bacon, sausage, donuts and whole milk. This doesn't mean you can't ever eat these, but try to minimize. If you eat bacon every day for breakfast cut down to twice a week and try cereal or oatmeal instead. Make one small change in your diet at a time instead of trying to quit the fat cold turkey.

Now we need to talk about one of the best things you can do for yourself and that is exercise. Try to make this a habit for your life and for your heart. It doesn't matter what kind you do— just get up and start moving. You don't have to kill yourself trying to jog five miles a day. Start small and work your way up. Walk a half a block a day for a week then increase to a whole block a day. Within a month you will be surprised at how far you are walking. If you have a treadmill or Nordic track, get on it for 5 minutes, then start increasing the amount of time you spend on it at your own pace. Chopping and stacking wood, gardening, swimming, hunting, mushrooming, gathering acorns, hiking to a good fishing spot or dip net fishing are all good exercise too. If you do one of those things three days a week for around 30 minutes you are doing great. When it's not the season to do something you like then get on the treadmill or walk down to the river. Basically do anything that gets your body up and moving. Find a partner to join you and help keep you motivated.

Dr. Michael Willett recently heard some alarming news from the State Health Officer. The news was that 1 in 3 children born in the year 2000 will become a diabetic. We are taking this news very seriously. Dr. Willett said, "Let's walk across America," so we started walking. The goal is to go from Orleans to Washington D.C. on a US map. So far we have a total of 1254 miles and about 1230 miles to go, with 80 children and 40 adults participating. We walked this far in 2 months and thought it would take about a year to get to D.C. When we get to D.C., we are going to have a potluck and write a letter to the President letting him know how hard the people of the River are working to be healthy under very difficult circumstances. This is just the beginning; Orleans Clinic has purchased a World Globe and we plan to walk across many countries. Start your engines and get moving toward a healthier life!

Ayukii from the Karuk Dental Department

Vickie Walden, RDA , Karuk Dental Clinic's Office Manager

The dental staff would like to thank Wes Valentine, former Director of Health & Human Services, Trista Parry, former Karuk Tribal Grant Writer and Lucille Tiraterra, former HC Dental Clinic Receptionist, for their time with the Karuk Tribe and wish them well in their futures. The HC Dental Clinic will be hiring a new Dental Receptionist/Medical Records Clerk soon.



New Dental News

The Yreka Karuk Dental Clinic will be expanding the dental services in June of this year. We will have a third dentist and several new Dental Assistants working with us there.

Prevention Activities 2005 by RDH Nikki Hokanson

The Elementary School Dental Screenings are completed except for Junction School in Somes Bar. Nikki Hokanson, RDH, was the team leader for this year's project. We completed 140 dental screenings on Head Start and elementary school children.

- **The Head Start screening results were:**

Happy Camp – 45% (9 children) no visible decay, 30% (6 children) had visible decay, 10% (2 children) were in need of emergency treatment, 5% (1 child) had no teeth, and 10% (2 children) were uncooperative and we were not able to do their screenings.

Yreka – 43% (9 children) had no visible decay, 43% (9 children) had visible decay, and 14% (3 children) were in need of emergency treatment.

- **Screening results for elementary school children in grades K-3.**

63.6% (63) had no visible decay, 28.3% (28 children) had visible decay, and 8.1% (8 children) were in need of emergency treatment.



Why It Is Important To Discuss Drug Use If A Dentist Asks For A Medical History?

If you are a new patient, a first dental exam will include questions about your medical history, including all drugs, prescriptions, or otherwise, that you are taking. It's important to provide complete accurate information.

Failure to disclose all drugs you are taking could result in increasing the likelihood of dangerous drug interactions (for example: between cocaine and epinephrine), or an adverse reaction such as excessive bleeding during a dental procedure. A recovering alcoholic who has degenerative liver disease should not be prescribed large doses of acetaminophen to relieve pain. If you are addicted to heroin you should not be prescribed an opiate for pain because of the increased likelihood of relapse.

How Do Street Drugs Adversely Affect Oral Health?

Bad breath, rotting teeth, hair loss, and changes in pigmentation are telltale signs of methamphetamine abuse. A 30 year old hardcore meth user may look more like a senior citizen than a young adult, and be a candidate for dentures because the drug so severely rots teeth that a dentist may need to remove them. In teenagers, dentists have noted a condition called "Meth Mouth," which is characterized by significant tooth decay, gum disease, and cracks in the tooth surfaces. The drug also dries out the glands that produce saliva, which combats plaque on your teeth by acting as a buffer against acids.

If you smoke crack cocaine, you may develop fungal infections in your mouth, or blisters, sores, and cuts on the lips & mouth. You also may experience a decrease in salivary secretions, abnormal tooth wear patterns and acute gum inflammation. A few cases of oral ulcers resulting from crack cocaine use have been documented. If you abuse both alcohol and cocaine you may show signs of dry mouth, decayed and missing teeth, advanced gum disease, and severe tooth grinding (also called bruxism).

Chronic marijuana users tend to have an increased incidence of decayed, missing, stained teeth and larger amounts of plaque, resulting in gingivitis.

Karuk Tribal Member Turns 100!

Submitted by Vickie M. Kingsbury-Simmons

On February 25, 2005 my great Aunt Mabel Leslie (born Miranda Mabel Offield) reached the grand old age of 100 years old.

Aunt Mabel was born to Jacob D. and Sarah Susan (Shinar) Offield in Hamburg. My great grandmother Sarah (affectionately known as Little Grandma) was the daughter of Elizabeth (Charles?) and Marmaduke Shinar. Elizabeth was Karuk.

Aunt Mabel is a former resident of Seiad Valley where she lived with her husband Richard C. Leslie. Uncle Richard died in November of 2001. Aunt Mabel's siblings were Albert Myron Kingsbury (my grandfather), Edna Kingsbury, Sally (Aileen), Lorna and Maxine Offield.

Aunt Mabel's family is proud of their Karuk ancestry. Although we do not presently live in the area, we have strong ties to the Seiad Valley and Hamburg areas.

Aunt Mabel's mother, three sisters, brother, nephew (my father Myron) and various Shinar aunts and uncles are laid to rest in the Fort Goff Cemetery.

I and many others of Aunt Mabel's family came from Washington State and Southern California to be with Aunt Mabel on this important date. This picture does not give justice to the beauty my Aunt Mabel was in her earlier years.

The Karuk Tribe wishes Tribal Elder Mabel Leslie a very happy birthday!



Mabel (Offield) Leslie at her 100th birthday party

In Loving Memory of Ruth Jane Wingo

January 22, 1937 to February 27, 2005

By: Marvinette M. Columbus, Eldest Granddaughter of Evelyn Wingo-Columbus

Ruth Jane Wingo was born on January 22, 1937 in Ti Bar, CA to Daisy Alpheus Pepper and Chester Pepper. She was the seventh child born into this union and is survived by two brothers, Chester "Butch" Pepper and Kenneth Pepper, and one sister Ella Vina Smith.

Ruth met Alvin Lee Wingo Jr. in the early fifties and they were joined in marriage, settled in Bell Gardens, CA, and had six children: Evelyn, Clyde, Alvin Jr., Kenneth Owen, Kevin, and Ruthie (Kenneth preceded her in death).

She is survived by her husband, 5 children, 12 grandchildren, 8 great grandchildren (one of which preceded her in death), 3 daughters-in-law and a host of nieces, nephews, and other family and friends.

Gramma was a Rod Stewart fan and loved to crochet and decorate cakes. She will be forever missed and loved by us all.

NOTE: The artwork from the memorial card was done by Vernon Manual (Pomo/Karuk) who is Ella Vina Smith's son.



Newsletter Article - The Nurses Corner

Families, Advanced Directives and End of life Decisions

David Eisenberg, Public Health Nurse

What did they want? What should we do? Are we doing enough? How much is too much?

The recent case of a brain damaged woman, Terri Schiavo, and the conflict over her care, points out the importance of people telling family and doctors what kinds of treatments they would - or would not want if illness or injury left them unable to make decisions.

Advanced Directives are legal documents that can allow you to make your wishes known to your family and your doctor. Living Wills, Durable Power of Attorney for Health Care and Do Not Resuscitate Orders are different forms of advance directives.

- **Living Wills** are advance directives that take effect when you are at the end of life. It does not let you select someone to make decisions for you. In a living will you can say if you want or do not want your life prolonged, address questions about pain, organ donation or write other wishes.
- **Durable Power of Attorney for Health Care (DPA)** becomes active when you are unconscious or unable to make medical decisions. It allows you to name another person will have the authority to make medical decisions on your behalf.
- **Do Not Resuscitate Orders** tell your doctor not to perform CPR if your heart stops or if you stop breathing. It doesn't prevent you from getting other types of medical care. Most advanced directives are written by older or seriously ill people. For example, someone with terminal cancer might not want to be placed on a breathing machine or fed by a stomach tube.

Even if you are in good health, you might want to consider writing an advanced directive.

Serious illness or trauma can happen suddenly, and if you have your desires written in advance, that will help your friends and family honor your wishes.

How do you talk about the end of life?

Many people have thought about letting their loved ones know about what kind of treatments they would or would not want at the end of life. For others, they may not want to think about it. It's normal for people to want to avoid this discussion.

Some ways you could start the conversation:

"I'd like to talk about the best way someone might care for you if you got really sick, is that ok?"

"I want to talk to you about if I got really sick or injured, and what I would want. Can we do this now?"

Once you have started the conversation, there are many resources to get information and forms for different types of advanced directives. You can call your local hospice organization.

In Siskiyou County, contact Madrone Hospice (530) 842-4274

In Humboldt County, contact Hospice of Humboldt (707) 445-8443

Web sites that have forms for each state are available at:

Living Wills for each state: www.legaldocs.com/htmdocs/livin_st.htm

Durable Power of Attorney for each state: www.nhpco.org

In Loving Memory of Barbara Celia Warren



Barbara Celia Warren, 71, of Grass Valley, California passed away on Friday, February 11, 2005. A celebration of eternal love for Barbara Warren and her husband, Louis P. Warren, who preceded her in death in November of 2002, will be held on July 12, 2005.

She was born April 22, 1933 in Yreka to Lena Emma Orcutt and Earl Sterling Boeson and was the Granddaughter of Maime Thomas. She attended Nevada City High School and married Louis Paul Warren on July 12, 1954 in Reno, Nevada. She was a homemaker. She was a member of the Women of Moose during the 1970's. She enjoyed sewing, computers, and Karuk Tribal research. She was a

member of the Karuk Tribe in Happy Camp, California.

She is survived by her children Sharon Williams, Terry Warren, Bobbie Warren, Ron Warren, and Shirley Jackson. She had 10 grandchildren and 9 great grandchildren. If the Orcutt family would like to contact Terry Warren he can be reached by email at terry56768@yahoo.com and they are welcome to do so.

Left Below – Written by Bobbie Warren, February 12, 2005

This morning I awoke the dawn had broke
Opening my eyes to bright blue skies

Wondering if you were safe at home
Gazing upon the bright blue dome

See you running swift with the deer
Your face filled with glorious cheer

Locks flowing behind in your own breeze
Laughter comes as easily as you please

The weight of life lifted off your soul
As you gaze upon us left below

The eagle soars away on high
Your spirit lifts up to the sky

Now you sail upon the space
Never imagining such wonderful grace

You get such joy from this new delight
Your spirit filled with the bears great might

You see we grieve for your passing
The freedom you fill is all surpassing

Aware that you missed your one true love
You couldn't wait to race above

We'll miss you so, this is true
It won't be long 'til we follow you

We'll meet soon on a great green plain
Singing and dancing in a gentle rain

Our time on earth is never long
Every second spent a melodious song

We'll all be together of this I'm sure
For time is no match for our love so pure

You gave us life and love from the beginning
This great clag of ours is never ending

This poem I write in memory of you
Telling you that we love you too

Mother relax and ease your soul
We'll be fine, the ones left below





Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Spring, 2005

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

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Change of Address
If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.



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9th Annual Karuk Tribal Reunion



June 25, 2005



Highlights...



The Chairman, His Story 2/3
Administrative Programs Update 3
Notes From the Secretary 4/7
CONSTITUTIONAL REVISIONS 7
Staffing Update 8
Housing Update 9
Karuk Tribal Reunion Photos 10/13
Karuk Tribal Health Fair 13
HERSA Meeting in Washington D.C. 14
Tribal Teenagers, We Need You! 14
Smithsonian National Museum of the
American Indian Archives 14
Enrollment News 15
SPECIAL ANNOUNCEMENT 15
New People's Center Director 16

Karuk Tribal Fall Basketweavers Gathering 16
Language News Update 17
New Grantwriters 17
Questing for Success 18
Karuk Marine Wrestling Champ Defeats Oneida 18
About Probate 19
Karuk Community Healing Vegetable Garden 19
Congratulations Graduates! 20/21
Education Department Update 21
Karuk Twins as Commencement Speakers 22/23
Samuel Davis 23
Yupsitanach (Baby) Page 24
Karuk Head Start 25
Lessie Aubrey Celebrates 25 Years! 26/27
We Walked Across America! 27
Dr. & Dentist Team Joins Yreka Clinic 28
Nurses Corner - West Nile Virus 29
Low Income Assistance Programs 30
Karuk Service Area Map 31
Medicare Prescription Drug Benefits for 2006 31

Arch Super, pa tapas yaas araara, mu pika

(the Chairman, his story)

Ayukii, nanithvuy uum Ayuaach Axruuh Supahan, Naa tapas yaas araara pa Karuk araaras. Tanixxuti, koovura pa araaras pananu chuupitiheesh pa araarahih. Kukkuum tani piip pa araarahih uum pananu aaniv. Xay pipshiinvarih pananu araarahih. "Hello, my name is Arch Super (right on Squirrel Super). I'm the Chairman (top/real/best leader) of the Karuk Tribe. I think all the Karuks, we be talking our Indian language. Again I say, the language is our medicine. Don't forget our language."



Arch Super, Tribal Chairman

April In the middle of April, Judge FliesAway, April Attebury, and I attended a Tribal Drug Court Training in Albuquerque, NM. This was one of the first of a series of trainings put on by the Bureau of Justice Administration (BJA). It was basically the introduction to developing a court system, which we have been working on for the past couple of years. The Northern California Tribal Courts Coalition (NCTCC) met in Redding, CA. The Coalition was put together to empower the Tribal Courts around us, with other tribal judges, attorneys, administrators and tribal councils. The group meets every other month. The next meeting is scheduled for June in Burney, CA.

We inspected the Oak Knoll facility (old Forest Service building) for the proposed Men's Recovery Home (or whatever other projects we might decide to put there). A lot of planning is required for this location.

May In May, Hector Garcia, Councilmen Roy Arwood and I went to a Self Governance Conference in San Diego, CA. The conference was our bi-annual meeting. The conference was a meeting with Self Governance tribes to go over budgetary issues. We had a meeting with our attorney, Stephanie Dolan, on the Update and Revision of the Tribal Constitution. There have been a few new ideas to help our constitution become more adequate and updated for the tribe. These changes will be brought forth to tribal members for input. I encourage our tribal membership to contact your tribal council for information.

We have been also working with our Gaming attorney, Dennis Whittelsey, on our Gaming Venture. He and Hector Garcia have been working with the Board of Supervisors, the Yreka City Council, the State, and the tribal Casino work group. We have a very big task this year. Each year, the demands of the state become more stringent. We have many tasks and duties to perform to get us in the door for gaming and we are hoping to be there by August 31, 2005. We will keep the membership informed. It appears that we still have the support of the city and County. They are requiring a more detailed proposal of the building and size of the casino. There have been several meetings with them in the past few months. We met with the Shasta tribe (one of the factions). The meeting was held with four of their representatives and four of ours, along with attorney Whittelsey and anthropologist Dr. Stephen Beckham. The meeting was good. They appeared to want to work with us in cooperative agreements. The city and county would like to see our tribes working together.

June Councilmen Roy Arwood, Hector Garcia and I attended our Annual Funding Agreement meeting in Arcata, CA with the Regional BIA, our area Rep from Seattle, Washington, and the tribes of our consortium, to go over this year's budget. Our budget is usually the same every year, but we have to make sure they don't leave any monies out.

Our second session of the Drug Court Training was held in Tucson, AZ. April Attebury, Judge FliesAway, Joe Snapp and I attended. The training was geared at getting us prepared to apply for the different funding grants and resources that could sustain our tribal courts.

The 2005 Karuk Tribal Reunion was grand. There were a lot of our tribal members and descendants that attended. We got a lot of compliments on the festivities. We are always open for suggestions, comments, and ideas for this year and the next year's annual event.

July We have been working toward and looking at the possibility of applying for and operating the Title IV E Foster Care Program. There is a lot of work to be done and we have staff and our attorneys working on the ups and downs, ins and outs of the program. We are concerned whether the program would be cost effective for our tribe.

The Cultural Monitor Training was held this month in Happy Camp, CA. It sounds like the training was a success. We are hoping to train our tribal members to be employable for required monitor work.

Overall, the past couple of months have been the usual busy. The Casino is one of our major projects for the months of July and August. The tribe needs to get our foot in the door for gaming and we are striving to get there. With the input and support of the Council and staff, we should be able to do ok. Vice Chairman, Leaf Hillman, has been working on our venture to save and preserve the Natural Resources (the river) downriver. We have a couple of new projects and programs that we continue to monitor and evaluate for solvency, (ie., Tribal Court, Tribal Pharmacy, Tribal Foster Care and Home,

Tribal Garden Project and others). New projects and programs are between one, two and three years in the making.

The Tribal Council and tribal committees have been working on updating the Tribal Constitution, election and enrollment ordinances. We are looking to strengthen our ordinances and policies to help Tribal operations and Tribal law run smoothly. As always, we encourage our Tribal Membership to communicate and correspond with your Tribal Council. Our job is to serve our Tribe and we welcome your letters, email and phone calls.



Arch Super and his parents, Nancy & Peter Super at the Karuk Tribal Reunion

Administrative Programs Update

Erin Hillman

Director of Administrative Programs & Compliance

In April a request was made to our communities to complete a Needs Assessment Survey that was prepared in order to satisfy a requirement for the State of California Community Services and Development. We received an overwhelming response to our survey – over one hundred people completed the survey and were entered into a drawing to win one of four prizes, the winners of the drawing are as follows:

- 🌀 DVD/ VHS player and movies- Jodie Frank of Yreka
- 🌀 \$50 Gift Certificate People's Center- Sami Jo Difuntorum-Happy Camp
- 🌀 Two lift tickets Ashland for Ski Park- Dorothy Beck-Happy Camp
- 🌀 Thermos- Alberta Alford- Yreka

The results of our Needs Assessment Survey were incorporated into a Community Action Plan that was available for public comment at the Tribal Reunion and Tribal offices. We received several positive and constructive comments regarding our Low Income Assistance Program. These comments were included in our report to the State and will be used in determining the use of 2006-2007 CSBG funding. We hope to have demonstrated how important this funding is to the Tribe and along with other recipients hope to convince the State not to cut the program from its budget.

On June 6, we welcomed our new grant writing team, Julie Burcell and Rick Hill. Julie and Rick will assist staff members to identify sources of funding for their programs, provide technical assistance in the writing of those grants, in addition to planning and research for funding to create new programs. Two major areas they will be focusing on are the creation of a Strategic Plan for the organization and



Administration Building, Happy Camp

the construction of a new health care facility in Happy Camp.

In June, I traveled to Washington DC to attend a grantee conference for HRSA. (Heath Resources and Services Administration). Our HRSA grant is funded to us from the Department of Health and Human Services. Included in the activities of this three year grant are the expansion of dental services in Yreka- year one, behavioral health in year two and after hour care in Happy Camp in year three. The conference was attended by more than 1800 representatives from HRSA health care clinics. I attended technical assistance sessions on the Federal Tort Claims Act, Accreditation, Opportunities and Strategies for Getting Grants, Performance Review Expectations and Experiences, Leveraging of Resources and, Creating and Maintaining a Healthy Work Environment. I found these trainings to be very informative and I learned a great deal about the complex issues that face our health care program.

In July, Fred Burcell, Scott Quinn and I met with the Bureau of Indian Affairs Roads Department to finalize the bid package for the Yreka roads project. This process has consumed a lot of time as we have had to wait for as built construction documents to be completed in order to prepare the bid package. The scope of work is to include the correction of minor structural deficiencies and to complete work that was delayed due to weather conditions. The Tribe realized a cost savings in the prior contract and will use that funding for this project. The mandatory pre bid meeting has been set in Yreka on August 11th and on the 26th we will open bids in Happy Camp at two pm.

For the third quarter of Fiscal Year 2005, April 1, 2005 through June 30, 2005, I reviewed a total of eleven (11) grant applications totaling \$1,308,938. Twenty five (25) Independent Contractor Agreements were passed through for Tribal Council approval. The Tribe received notification of twelve (12) grant awards totaling \$968,704. The Head Start Program, Elders programs, and CASA received their notices of continuation funding. The Department of Natural Resources Program was successful in their applications for funding from The Bureau of Indian Affairs for Wildland Urban Interface projects, Integrated Resource Management Plan and 2005 Water Resources Funding. Close out documents were filed for the 2004-2005 Elders funding, Seventh Generation funding (basket weavers) and National Endowment for the Arts (basket weavers).



Florrine Super

Notes from the Secretary

Florrine Super, Council Secretary

Ayukii!

It has been very busy in Karuk Country. As your Secretary, I have been working with the community, staff, and Tribal Council to accomplish several goals. These goals include: strategic planning for our tribal programs and committees, promoting and recruiting CASA volunteers, recruiting tribal foster families, planning fund raising projects in support of the Tribal CASA program, implementing youth programs and activities, overseeing our tribal foster home for Karuk children, and coordinating our annual Tribal Reunion. Any volunteers out there to help these goals succeed?

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Workshop: I recently attended a three day workshop entitled Building a Bridge for Change. This workshop was attended by staff and tribal members, young and old. Topics included; getting children to open up to adults, encouraging expression of true feelings, and developing communication and understanding of each other. The sharing of our fears, hurts, hopes and joys brings us closer as a family and together as a community.

I really enjoyed the training because it helped the participants start talking to one another and develop new skills and awareness through challenging and fun activities. Some of the activities included role play, experiential and group processes, education videos, personal interaction, and fun activities. It was great to see my parents Peter and Nancy Super participating in the workshop. They are great role models for our community.



Building A Bridge for Change Workshop

Tribal Youth: Our youth made a list of activities they would like to see happen in their communities. I will continue to express their ideas to the Council and look into any new or existing tribal programs available to our youth. I would like to call on any tribal members who would like to help to make this youth group succeed. This generation of upcoming Karuks need to be encouraged and guided to reach their full potential. We want them to be trained to handle the needs of the Tribe in the future.

Our Tribe received two youth applications for the \$500 education award! The two applications were submitted by Jaclyn Goodwin and Alma Navarro. Both tribal members have shown great success in school and in their community. I'm happy to have them aboard. Though this project had not reached its intended goal of selecting six representatives, I feel we made a gracious effort to announce our new idea and encourage participation. This opportunity was posted in the Tribal newsletter. Applications were made available via mail, on the website and at the tribal offices.



Youth Mentor Program - 2004

Our vision is to develop a Youth Leadership Council which will represent and support our teens. The award is aimed at those students who are participating in making their community a better place.

I am requesting that our members help assist this program which provides activities for our youth. We need continual support from our local communities.

We are recruiting adult volunteers to help our two new board members carry out their goals. A planning meeting will be set with our youth council to discuss goals for our youth, the concerns of our youth, plan activities, and advocate tribal issues from the youth's point of view.

Elections: Reaching out to members: As a committee, we have set goals to encourage our membership exercise their vote in all Federal, State, local and Tribal elections. This may be difficult, but it will be a rewarding effort for me. The reason I make this statement is that at one time I only voted in Tribal elections. I did not feel like other governments affected me as a tribal member. But, I was wrong. As a Tribe, we work government to government on a daily basis. Therefore, we have elected officials who make decisions on continuing or cutting budgets or who advocate or oppose tribal issues. We have many programs. I'm sure that at least one of them affects you or a family member (casinos, dam removals, Indian Child Welfare Act compliance, health care, education and low income assistance programs). I encourage you to let your voice be heard and vote. Remember to encourage others to vote for the people who most care about the Karuk People.

Karuk Elections: Key Dates to Remember

- **August 10, 2005** - Deadline for petitions, fingerprints, and \$50 candidate's fee
- **October 11, 2005** - Posting of eligible candidates and absentee ballot reminders
- **October 20, 2005** - Last day to mail out absentee ballots
- **November 8, 2005** - Election Day (2 Members at Large Positions available)

Remember to register to vote! Go to www.karuk.us for a registration form. Or contact your Karuk Election Committee at: PO Box 815, Happy Camp, CA 96039.

Siskiyou County Election Information - Go to: <http://www.co.siskiyou.ca.us>

Humboldt County Election Information - Go to: <http://www.co.humboldt.ca.us/election/>

California Statewide Election Information - Go to: <http://www.ss.ca.gov/elections/elections.htm>

Federal Election Information - Go to: <http://www.congress.org/congressorg/home/>

Indian Child Welfare Committee (ICW): It is the ICW Committee's intent to protect the best interests of the children and to promote the stability and security of the Karuk Tribe of California and its Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act (ICWA) of 1978 and these Policies.

Councilwoman Florence Conrad, Social Worker Daniel Pratt and I attended the 12th Annual ICWA State Conference. During General Session, a presentation by Judge Abby Abinanti (Yurok Tribal Member) gave the history and overview of the Indian Child Welfare Act. Judge Abinanti expressed the importance of exercising tribal sovereignty over our Indian children. During break out sessions, I attended "Tribal Courts & Justice for Indian Children in California. Speaker Jenny Kim gave a brief history of Indians first contact with white settlers through today's Indian. This lead up to why a tribe can exercise the right to have a tribal court. Jenny spoke highly of the Karuk Tribe of California and used our tribal court as a model. During another general session, we had several other attorneys' use the Karuk Tribal Court, Karuk CASA and Karuk Foster Home as model for other tribes' to follow.

This training gave us a great overview of ICW successes and the struggles tribes face in State court. The Karuk Tribe of California will serve as co-host for the 13th Annual ICWA State Conference, upon approval by the council.

At the ICW Conference, Tribe's were informed of SB 678. The California State Senate Judiciary Committee will be conducting a hearing and voting on SB 678 on August 16, 2005, at 1:30 p.m. in Room 112 at the Capitol Building, Sacramento. This bill represents an important means of protecting the interests of Indian children, families and tribes by comprehensively amending state law to help ensure compliance by state courts and county agencies with the Indian Child Welfare Act (ICWA). **THIS IS A CRITICAL TIME FOR YOUR SUPPORT AND ASSISTANCE.** If you can, travel to Sacramento and be present with all the Tribes who will push for the successful passage of this Bill.

How can you help?

- Mail or fax letters and/or resolutions of support to Senator Denise Moreno Ducheny at: State Capitol, Room 4081, Sacramento, CA, 95814, Fax (916) 327-3522
- Contact your local Senators and Assembly Members to ask them to co-sponsor now or vote for the bill when it comes before them. Locate legislators serving your area at: www.leginfo.ca.gov/yourleg.html
- Encourage other tribes, tribal entities, other organizations, and individuals to do the same
- Send representatives or personally attend this Senate Judiciary Committee Hearing. Even though only a limited number of persons can testify, there is an opportunity at the end for others to come forward to express their support on the record. If you can attend, please contact Joanne Willis Newton at jwillisnewton@calindian.org or (800) 743-8941, ext. 114, to be included in the planning process

FOR MORE INFORMATION: Watch our website, www.calindian.org for regular updates on the bill, including a



Notes from the Secretary-continued from page 5

regularly updated list of supporters. You may also contact Joanne Willis Newton, Senior Staff Attorney, at the CILS Escondido office, tel. (800) 743-8941, ext. 114, or jwillisnewton@calindian.org. Or Contact the Karuk Tribe's Social Services Department (Mike Edwards, Tanya Busby, Barbara Norman or Daniel Pratt).

I hope you take this opportunity to let your voice be heard. Our role as ICW Committee members expand with the knowledge we gain from our own cases to statewide issues. And we will be there to support this cause!

Karuk Tribe Foster Home: Part of the ICW Committee's responsibility is to start and oversee our own Karuk Tribe Foster Home. ICWA re-establishes tribal authority over the placement of Indian children into foster and/or adoptive care.

"Many American Indian families have struggled to overcome historical trauma as well as adjustment difficulties resulting from negative boarding school experiences, urban relocation, or other life-changing events. As a result, many Indian children are vulnerable to violence or neglect and often require temporary placement outside of their home until therapeutic intervention can take place. Under the guidelines of the Indian Child Welfare Act, a child placed outside of the home should remain culturally "intact," and active efforts should be made to reunify that child with the natural parents. Until reunification occurs, a safe and loving home will be provided while encouraging strong ties to the natural family and traditional ways."

The Tribal Council has set aside a tribal home in the Yreka Housing to ensure our tribal members are placed in a safe and loving home. We have been faced with many obstacles while pursuing our dreams. It has taken much time in recruiting foster parents who are Tribal members. Our committee needs people to commit to this cause. If you believe that you could serve as a foster parent, please step forward. If you have a little extra time, help us to create guidelines, the application process, and acquire Title IV E funds in order to pay our foster families. I hope the council will continue to support our efforts. It is an important cause and you must direct the Council to not give up on this project.

Karuk children have the right to grow up among their own people so we will continue to hunt to recruit foster parents. If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application. When approved by the ICW committee, fingerprints for background check will need to be taken of all people living in your household over the age of 18. A home evaluation will be completed by our social services department.

Friends of CASA (FOC): FOC has been established to support our Karuk CASA Volunteers and CASA's basic operational expenses. As the Vice-Chair of FOC, I would like to outline the FOC Committee's goals and duties. Friends of CASA share the same mission as the Tribal CASA program. We contribute to Tribal CASA by organizing fund raisers throughout the year. The Karuk CASA program relies entirely on grants and monetary support from our communities. Such contributions enable us to recruit, screen, and train tribal advocates who will speak for abused and neglected children in Juvenile Court. It also helps with gas cost for volunteers to visit and/or transport children to necessary appointments. There is a \$55 cost for the mandatory fingerprinting and background check. This is a big cost for our CASA program and contributions are so needed.

As you can see, our request for help is for a very worthy cause. Your Karuk CASA program is the first Tribal CASA in the State of California. This achievement brings great recognition to our Tribe. It would be a shame to fail at keeping it going due to lack of money or help from our tribal members. Be committed to supporting this program in as many ways as you can. Your contribution will help further our children's advocacy efforts and help us provide service to our tribal children.

- Volunteer for an event
- Help Out at the Siskiyou Golden Fair Casa Booth
- Food Booth
- Dinner/Dance
- Sell Raffle Tickets
- Sponsor one Event
- Bake Sale
- Help from your own home

1st Annual CASA/Head Start Native American Day Gathering *Celebrating Fatherhood!*

- September 23, 2005
- Yreka, California
- 10am-8pm

**Kids Activities, fatherhood
book give-away, bingo,
horseshoe tournament,
outside volleyball
tournament and more!**



Call CASA 842-4924 or 598-4222 for more information

- Call for donations
- Make arrangements for fund raiser location
- Send out letters to inform others of upcoming events

We appreciate the dedication and support from our staff, committee members and contributors. It takes a community to raise a child!

Low Income Assistance Program (LIAP): The LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

Our goal was to assist our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need of assistance. The Council has obligated some funding to help those who need help. This program has helped many elders and families with children. As Secretary of the LIAP Committee, I will be working on policies or point systems to help us make fair and consistent decisions.

We will continue to look for funding for an assistant for our LIAP Program. We hope to expand our program and reach our goal of helping tribal members become self-sufficient and employable.

Website Revisions: Our goal is to have a very informative and user friendly website. We are still working on completing this project. I felt there needed to be one person dedicated to updating our website. Council agreed and we now have a full staff. I met with IT Technicians Chris Kleeman & Gerry Canning. We planned to get more Tribal program information posted including information sites for Karuk Housing, People's Center, and Enrollment, Policies and Procedures, and our Tribal Ordinances and Constitution. A page will be dedicated to the Chairman and Secretary for updates on tribal issues. Other council members are encouraged to submit updates and make use of this communication system. We would like to create a chat server for tribal members and employees to connect.

If you have any digital pictures of Tribal events, buildings, local nature, members, etc., that you would like to share, please forward copies to Gerry Canning (on CD or disc please - otherwise it will bog down the email server) and those will be added to the website.

Please let me know what you as a Karuk Tribal member would like to have available on the Karuk website. .

Head Start: Youth is our Future— The director of Head Start is required to have policy council meetings. We meet to go over program corrective plans and review the overall effectiveness of the program. This review is an ongoing process designed to implement continued development and success. I really enjoy this program especially when I do classroom visits.

If you would like additional information and/or have any questions, feel free to contact me at any time. If you would like to be put on my email list, send your email address to fsuper@karuk.us saying you would like to receive this information.

CONSTITUTIONAL REVISIONS!

Karuk Tribal Council

The Tribal Council has been hard at work on proposed revisions to the Constitution for the past six months. Key proposed changes include greatly expanding Tribal jurisdiction to better protect our resources and reinstating District Elections, consistent with the intent of the Karuk governing body before adoption of the current BIA Constitution.

Your feedback and participation in these important changes are needed!

The Tribal Council has posted the proposed changes on the website at www.karuk.us/constitution/ and will be sending out a bulk mailing to all eligible voters in the Tribe announcing upcoming community meetings that will be held in Yreka, Happy Camp, and Orleans to discuss the proposed changes and to receive your valuable input. The meeting dates, times, and locations are as follows:

Monday, Sept. 12, 2005 from 5 to 7 PM at the Yreka Housing Authority Office
 Monday, Sept. 19, 2005 from 5 to 7 PM in the HC Multi-Purpose Room (Old Gym)
 Monday, Sept. 26, 2005 from 5 to 7 PM in the DNR Community Room

Staffing Update

Sara Spence, Human Resources Manager

Here is the quarterly update from my office. We currently have 166 employees on staff.

Trista Parry resigned her position as Grant Writer/Resource Developer on 4/15 and Julie Carpenter and Rick Hill were hired on 6/6 to fill that department. Julie will work in the office full time and Rick will work part time to expand the level of planning and grant writing produced from that department.

Sherile Grant resigned her position as Custodian at the Yreka Clinic and Jessie Thom was transferred into that position. Jessie previously worked as the On Call Janitor in the Clinic; George Wilson was hired on 5/19 to fill that position.

Lucille Tiraterra resigned her position as Dental Receptionist in Happy Camp and transferred to the CHS Clerk I position which was vacated by Cheryl Titus who moved over to the Pharmacy full time during the month of May. Tammy Rompon was hired on 4/19 to fill the Dental Receptionist vacancy which was vacated by Lucille.

Laura Olivas was hired on 5/9 to fill the Bookkeeper vacancy in the Finance Office. She comes to us from the Pit River Tribe in Burney where she still serves as Treasurer for her Tribal Council (see below).

Donald Solus, MD was hired on 6/13 to fill the Yreka Clinic Physician vacancy. He is the husband of Michelle Stark, DDS who was recently hired at the Yreka Dental Clinic. Donald is from Yreka and very excited to be a part of the community again. A more detailed article on both providers is in this edition of the Newsletter.

Sharon Denney resigned her position as Registered Nurse at the Yreka Clinic on 5/31 and we are in the process of filling that vacancy.

The seasonal Watershed Crew was hired on 6/21 including Jason Wilder, Wayne King II, Angela Allgier, Eugene White and Angela Coleman. They will work throughout the season on road decommissioning projects in the Orleans Area. Angela was previously the Recycling Technician for the Department



Sara Spence

of Natural Resources and resigned that position to transfer over to the Watershed Crew. Karen Lowry was hired to fill this position on 7/11.

Jason Jackson was hired on 6/27 to work seasonally for the Fisheries Department as a Technician.

Delila Cortes was hired on 6/29 to work as Temporary Medical Assistant in the Yreka Clinic, and George Wilson was hired on 7/11 to work as a Temporary Data Entry Clerk in the Yreka Clinic. George is also the On Call Custodian for that Clinic. These two employees will fill in for Elizabeth Reidiger and Sarah Abono who are leaving us temporarily for the birth of their children – congratulations to them and their families!

Maria Miranda was hired on 7/5 to fill the Patient Eligibility Clerk vacancy at the Yreka Clinic. This is a new position created by the HRSA Grant which will focus on assisting patients in all clinics to sign up for assistance such as Medi-Cal, Healthy Families, EAPC, etc.

Several dental changes were made as a result of the HRSA Grant as well; Kayla Bridwell was transferred from her position as a Dental Receptionist in the Yreka Clinic to Dental Assistant. Tammy Rompon was transferred from her position as Dental Receptionist in the Happy Camp Clinic to Dental Assistant. Dorothy Bridenstine was transferred from her position as Medical Receptionist in the Yreka Clinic to Registered Dental Assistant (RDA). We have advertised and are in the process of filling the Dental Receptionist vacancies in both Happy Camp and Yreka at this time.

It seems as though there is always a vacancy of some sort. If you or anyone you know is interested in employment with the Tribe, additional information can be obtained on our Website at www.karuk.us. Just click on Employment Opportunities for more information about employment with the Tribe. On this website you can download an employment application as well as read full position descriptions for vacancies.

Bookkeeper Hired

Laura Mayton, Chief Financial Officer

The Karuk Tribe has hired Laura Olivas as a bookkeeper. She will be working in the fiscal department where she is a welcome addition to the staff.

Laura has a Bachelor of Science Degree in Business Administration from California State University, Sacramento. Prior to coming to work for the Karuk Tribe, Laura worked as a bookkeeper for the Pit River Tribe Casino. She is a member of and the treasurer for the Pit River Tribe. Her casino experience will be valuable to the Karuk Tribe if

we build a casino of our own.

Laura spent part of her youth in Happy Camp and grew up in Yreka, so she already knows many people in the area. She has a wonderful sense of humor and likes traveling, hiking, and sports. She is a fan of the Sacramento Monarchs and the Los Angeles Lakers.

We welcome Laura, and we are very happy to have her working for us.

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@sisqtel.net.

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, **October 15** for the fall issue, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.



Tribal Housing News



Sami Jo Difuntorum, Executive Director

Construction season is finally here. Work on our Yreka Elder's construction project continues to progress. We have all utility lines installed and the roads are in the process of being paved. We hope to have Elders moving into their new homes very soon.

The Direct Home Loan program at the Karuk Tribe Housing Authority (KTHA) is a huge success. KTHA currently has \$909,857.00 obligated in first time homebuyer loans to thirteen Tribal members. We have a balance of \$347,239 available in the 2005 Indian Housing Block Grant for loans to first time homebuyers.

The Karuk Tribe Housing Authority would like to thank Roy Arwood and Ellen Johnson for their service as members of the KTHA Housing Committee. Being



Yreka Housing Project

a member of the Housing Committee requires a lot of dedication and is often a thankless job. It seems to go unnoticed – the amount of time that Housing Committee members commit for the purpose of learning policy and Federal law, representing KTHA at regional and national meetings, and conducting housing business.

Roy and Ellen's participation and support contribute to the on-going success of the KTHA's mission of improving housing conditions for Tribal members. The Karuk Tribe Housing Authority also welcomes our two newest members, Joseph Schuler and Charlene Naef.

Ralph Starritt has designed a plaque for re-dedicating the Happy Camp Elder's garden in memory of Grace and Madeline Davis. Fred Burcell and David Arwood are building the structure and stand for the plaque that will be located in the garden. The garden was originally dedicated June 24, 1995.



*Happy Camp Elder's Garden in Memory of Madeline Davis
Located on Jacob's Way, across from the Head Start Center*



Many Thanks!

The **Happy Camp Community Computer Center** would like to thank **Scott Quinn, Andrew Bley, and Rick Offield** for helping to move everything (computers, printers, monitors, tables, chairs, desks, and everything on the floor) out and then back into the computer center after stripping and waxing the floors. Thanks to Andrew for helping reconnect all equipment.

Special thanks go to Chris Kleeman for rewiring the whole center and mounting conduit! You are awesome! Thanks also to Gerry Canning for coming over to troubleshoot reconnection issues when Kelly was indisposed.

Very special thanks to Siskiyou Union High School District for housing our Center. Without them, we would not exist! **Thanks to Frank Sanchez and Grant Mcelyea** for stripping and waxing the floors, and **Greg Macdonald** for his custodial services.

2005 Tribal Reunion: A Great Success!

Florrine Super

As the Tribal Reunion Coordinator, I can say this year's Tribal Reunion was a great success. It was great to see the Council, tribal members and descendants (especially those attending for the first time). Everyone seemed to enjoy the day. There was a demonstration Brush Dance, live music performance by tribal member Julian Lang and friends, vendors, tribal informational booths, horseshoe tournament, volleyball (kids and adults), jump house, raffle drawings, dinner, evening dance at the River Park, a Health Fair, and the enjoyment of the company of family and friends.

Our Tribal Reunion was uplifting, rewarding, and worthwhile to me. A sincere Yootva to all the many people who contributed their time and talents to this event.

Last year, I discovered that I needed one person in charge of our vendors and tribal booths. Sara Spence accepted this responsibility, prepared the site map for our reunion program (with the assistance of Dion Wood and Gerry Canning), and designed, ordered, and distributed the reunion T-shirts. Sara was a great help with many other details which needed attention. A special Thank You goes out to Sara.



2005 Tribal Reunion: A Great Success!

Continued from page 10...



goes to Carrie Davis.

There isn't enough room in our tribal newsletter to thank everyone individually. This message is meant for you helpers:

"Thank you for taking time out from your busy schedule to participate in the 9th Annual Karuk Tribal Reunion. As the Tribal Reunion Coordinator, I do not know what I would have done without you. You gave our Tribal Members, families, and community an enduring impression of the Karuk Tribe of California and the employees who are so dedicated. I applaud you for a job well done. I hope you will continue to put your ideas and talents to good use by participating in future Tribal Reunions. Yootva! Yootva!"

I sent out a survey via email as well and had great compliments and concerns regarding this year's reunion. Some comments included:

"Overall I think the Reunion was better than ever before... however, I was saddened to see how many full blooded members and even Elders that attended... Maybe move more toward a pow-wow (or Indian gathering). Women in their dresses and jewelry, men dancing, Indian games, elders... (Send the elders a fancy invitation, and provide them transportation..., pay the lodging for them; make them feel as special as they are). The Council speaking was nice, I like that everyone had something to say, and they seemed



Above: Susan & Greg Gehr

Below: Sean, Kevin, Jim (KCDC CFO) & Brenden Berry



Above: Karuk Demonstration Dancers

Right: Jessie Thom & Tanya Busby



Left: Carrie Davis
Below: The youngest Tribal Member at the Reunion



Continued on page 12...



Above: Councilman Roy Arwood

2005 Tribal Reunion: A Great Success!

Continued from page 11...

relaxed. You did a very good job by offering activities during the Reunion, so that people would interact with each other, and have fun, that was very clever. I don't think there was enough food.... booths, or dinner. Great Job on the event, I heard a lot of people say great things about the Reunion!"

"This year's reunion was the best one so far and I was glad to be a part of it. Thanks for all the planning, give a ways, and t-shirt. I didn't mark the location question down below because I think the health tent should have had more aisle room, it was kind of crowded. Thanks again for including our program."

Tribal Reunion photos are courtesy of Juna Ward, Florrine Super, Rosie Bley & Jennifer Goodwin

"Not enough food."

"Elders should have a separate dining area in the People Center parking lot. Set up a tent with tables and chairs. Have elders sit at tables and food brought to them."

Recommendation: "Have an Indian Comedian, pool tournament, and Indian Band."

I am always looking for ways to get people to attend and participate in the Reunion. Most of the comments help us improve with better planning. Although, there may be some concerns that requiring additional expenses and make it harder to address. Please contact me with any additional ideas or concerns you may have.



Men enjoying a game of chance and skill



Right: Honoring Tribal Elder Violet Super



Soon to be new parents, Jeanette & Scott Quinn

Hazel Davis Gendron



Karuk Tribal Health Fair

Larry Jordan, Executive Director

The first annual Karuk Tribal Health Fair was held on June 25, 2005, in conjunction with the Karuk Tribal Reunion. The California Rural Indian Health Board and Indian Health Service provided health program promotion materials. There were booths for: blood pressure screening, blood sugar checks, Karuk Language Jeopardy, cholesterol screening, nutrition, tobacco education, dental education, diabetes prevention, and substance abuse prevention. The event was highly successful and we will do it again next year. Thank

you to all of the staff that participated to make this such a great event!



Above: CRIHB and IHS visitors: Shelley Whitebear, Lisa Avila, and Beverly Calderon.



Left: Flo Lopez

Below: Housing Loan Officer, Eddie Davenport

Below Right: Susanna Greeno & Claudia Ross-McLeish

Right: Judy Blind & Rae Ellen Fields

Below Right: Dr. Burns & daughter Lauren



Informational booths, food and fun was available throughout the Tribal Reunion



HRSA Meeting in Washington D.C.

Larry Jordan, Executive Director

I, along with Erin Hillman, Director of Administrative Programs and Compliance, and Alvis Johnson, Council Member, attended the Health Resources and Services Administration (HRSA) All Grantee meeting in Washington, D.C., June 20-24, 2005.

I attended sessions on the Federal Torts Claim Act, JCAHO Accreditation, Building a Comprehensive Health Care System in an Underserved Community, Performance Reviews, Blending Mental Health and Primary Care, and Creating a Healthy Work Environment. I have submitted an application to HRSA for Federal Torts Claim Act coverage, which will give the health staff additional liability coverage for services provided within the scope of our contract.

As part of the HRSA grant, a patient eligibility worker was hired to assist patients in applying for Medi-Cal, Medicare and Private Insurance. The patient eligibility worker began working on July 5, 2005 and will be serving patients at the Happy Camp, Orleans, and Yreka clinics.

Smithsonian National Museum of the American Indian Archives



Alvis Johnson, Erin Hillman and Larry Jordan stand between two Alaskan Totem Poles at the Smithsonian National Museum of the American Indian Archives in Washington, DC. Leo Carpenter, Karuk People's Center Museum Director, was able to arrange a private tour of the museum's archives where we were able to view several Karuk items that are housed there including the Jump Dance Basket that Alvis Johnson is seen holding. Also in the photo is Terry Snowball who led the tour.

Tribal Teenagers: We Need You!

Submitted by: Larry Jordan, Executive Director

Dear Tribal Teenager:

We need you. You truly are the future of our tribal nation. You are at your first crossroads between a child and adult, standing there uncertain and full of the potential for greatness. Your choices will matter a great deal to us.

Will you choose to get your education and join the tribe as a doctor taking care of us as we age? Will you become a biologist and protect our water quality? Will you become a lawyer and advance our rights? Will you learn our traditions and teach them to your children? Will you participate in our ceremonies and keep our spirituality alive? Will you be a parent who puts your children first and carries on our nation?



Or will you develop a drug habit and force us to intervene before you take your life or the life of others? Will you be a defendant in our courts for harming the tribe? Will you spend your life receiving aid and assistance, draining tribal resources? Will we have to go to your funeral and cry over the loss of a life with great potential?

Will you let us cheer you on in your achievements in the tribal community and all of society? Will you join us as an adult to help your tribe, another tribe or the larger world? We are waiting for your answer by watching your actions; and always, always remember – we need you.

Wambdi Awanwicake WasteWin Sisseton-Wahpeton Dakota Oyate Owasso, Olka.

Extracted from Indian Country Today

Enrollment News

The Enrollment Staff, (Dolores Voyles) and (Dorothy Beck), would like you to know some of the services the Enrollment Office has to offer that you may not be aware of.

We process applications for membership and descendency. We make family trees, verifications of membership/descendency and ID cards. We issue California Fishing License Fee Exemption forms to low income households where the head of household makes less than \$9,310.00 a year, plus \$3,180.00 for each additional family member living with them. We issue sales tax exemption forms to members living on BIA Trust Land. Members living on BIA Trust Land can also receive DMV License fee exemption forms from us. We maintain the newsletter mailing list. The mailing list is very important and we urge you to be sure to let us know if you change your address. The Enrollment Staff also does the census and would like to thank those of you who have completed your census forms. The information we get from the census helps all Karuk departments plan for the future. Although you may not need or qualify for certain services at this time, things could change for you or your children in the future. If we have appropriate census information, we can plan how many elders may need housing, how many college age members may need educational assistance, how many members may need to go to Head Start, how many people need home improvements and much, much more.

We would also like for you to know the process of becoming a member or documented descendant. After you send your application and county issued birth certificate to us, we process the application. We meet with the Enrollment Committee to go over the applications



Left to Right: Jeanerette Jacups-Johnny (Committee Vice Chairman), Dolores Voyles, (Enrollment Officer), Dorothy Beck, (Enrollment Specialist), Millie Grant, (Committee Chairman), Pauline Attebery, (Committee Member).
Kneeling: Leaf Hillman, (Council Vice-Chairman/Committee Member), and Charlene Naef, (Committee Secretary).

once a month. If the Committee approves the application, we take it before the Council at the regular Council meeting that takes place every month. Qualified persons are approved by resolution number at the Council meeting. Once approved for membership, the enrollment staff assigns a roll number and sends a new member packet to you. The new member packet has your new member letter with your assigned roll number, family tree, newsletter, language book, medical benefits handbook, and an ID card form. Your birth certificate is mailed back to you at this time. If you have less than 1/8 Karuk Blood Degree you become a documented descendant. You receive a Letter of Descendency, Family Tree, medical benefits handbook and ID card form. Descendants are eligible for certain medical and dental benefits.

Descendants are also eligible for the same California fishing license fee exemptions as members.

SPECIAL ANNOUNCEMENT

The Karuk Tribal Council has adopted an amendment to the Enrollment Ordinance for relinquishment from the Tribe. As a result of the changes, the Council has authorized a special one-time open enrollment period of one year. The special open enrollment period begins August 15, 2005 and ends August 15, 2006. Please take note that this special one time open enrollment period represents an exception to the five year waiting period. At the close of this one year special enrollment period, all future Tribal Member relinquishments will be required to adhere to the five year waiting period specified in the enrollment ordinance.

This provision applies only to those individuals who have previously relinquished their membership in the Karuk Tribe and wish to re-enroll.

New People's Center Director

Leo Carpenter, Jr., People's Center Director

Ayukii,

My name is Leo Carpenter, Jr. and I am the new Director of The People's Center. I am a Hoopa Tribal Member, but am also of Karuk and Yurok descent. My family (Sandy Bar Joe's) has been active in Karuk ceremonies from time immemorial; we are Jump Dance owners from Chimikeenich.



Leo Carpenter, Jr.

I hold a B.A in Native American Studies, with a minor in American Indian Education from Humboldt State University and the Indian Teacher Education Personnel Program (ITEPP). I have also earned a Graduate Certificate in Museum Studies from one of the leading Museum Study programs in the Nation: John F. Kennedy University in Berkeley, California. As part of my formal education, I interned at the National Museum of the American Indian in New York, the Phoebe Hearst Museum in Berkeley, and the Oakland Museum of California. I also completed an internship with the California Department of Parks and Recreation, Museum Services Division which eventually led to my full time employment with the agency where I served as a Museum Planning Assistant/Community Liaison for State Parks, a position which has allowed me to work with many Tribal museums and cultural centers throughout the state.

I plan to use my working knowledge and skills in both Museum Planning and Traditional Cultural Practices to work with the newly formed Museum Advisory Committee, the Tribal Council, and the three major community centers in Orleans, Happy Camp and Yreka to develop goals and objectives to meet the needs of the Karuk people. I envision the People's Center as a focal point for education for our people, but also as an opportunity to educate a larger public. This People's Center is an opportunity for us to interpret our past, present, and future – from our perspective!

Ongoing activities include development of a mission statement and Standard Operating Procedures, event and program planning, Museum Store development, grant writing and fund solicitation, and most importantly, serving as Community Liaison



Sales Shop

and advocate for the People's Center. Projects planned for

the immediate future include making arrangements to set up interpretive exhibits in the Orleans and Yreka Karuk communities, and working with other Karuk Tribal entities and program supervisors to educate Tribal members about our many programs.



People's Center Museum Displays



Jennifer Jones, Program Assistant, Leo Carpenter, Jr., Director, & Summer Youth Intern, Veronique Sanchez

I helped coordinate the 2nd Annual Karuk Basketweavers Spring Gathering in April. It was a huge success and we are working on the 2nd Annual Karuk Basketweavers Fall Gathering scheduled for September 23-25, 2005. If you would like more information please call Jennifer Jones at: (800) 505-2785 Ext 2201. If you have any concerns or questions about The People's Center, please feel free to contact me at anytime at: (800) 505-2785 Ext 2202 or email me at

lcarpenter@karuk.us I look forward to serving the Karuk People and meeting many of you as soon as possible.

Yootva!

The People's Center

Presents:

The 2nd Annual Fall Basketweaver's Gathering

Where: Karuk Tribal Administrative Complex
Happy Camp, California

When: Friday thru Sunday
September 23-25, 2005

Contact: Jennifer Jones
(800) 505-2785, ext. 2201

The Karuk Tribe invites you and your family to share in this celebration of our proud basket making heritage.

Language News Updates

Susan Gehr, Language Program Director

Language Immersion Luncheons



Charlie Thom & Susan Gehr Language Program office at (800) 505-2785, extension 2205 for more information.

Chi nukyáamiichvi Jeopardy! Thanks to David Eisenberg, the Language Program hosted two very rousing rounds of Jeopardy at our booth. The competition was fierce but friendly, and a good time was had by all.

Julian & Lyn Risling came to the reunion to sing for the people. Julian sang

We held our second language immersion luncheon at *kahtíshraam* (Yreka) Friday, July 15th. About fifteen people attended, including three fluent speakers: Vina Smith, Charlie Thom and Lucille Albers. We will be having at least two more this summer.

Contact the Language Program office



Pictured L to R: Lucille Albers, Corina Alexander, Kiko Gomez, Alex Navarro and Roman Navarro.



Julian Lang, Lyn Risling, Laura Harlan, Joel Croy, Brianna & Rose Conrad.

some contemporary songs, and then he and Lyn sang songs that they had recorded for the new CD *ithíythaneen'aachip vapákuri: Songs From the Center of the World*.

Afterwards, Julian said that it was so nice to see all the people gathered at the reunion. He enjoyed being able to attend the reunion for the first time, and that he hoped he would attend many more in the future.

Meet Our New Grant Writers/Resource Developers

Rick Hill and Julie Burcell-Carpenter joined the Karuk Tribe's staff on June 6, 2005. In addition to expanding the grant writing program, Rick and Julie will work together to assist the Tribe with upcoming strategic planning efforts. Both have grant writing experience, as well as extensive knowledge of federal legal frameworks. Their past experiences in federal planning should prove to be particularly helpful.

Rick, his wife and two children moved to the area in 1978 when he began working for Naturegraph Publishers. He recently retired from twenty years of service with the Klamath National Forest where he served as a cultural resource specialist, working exclusively with the Karuk Tribe in a liaison capacity. He will now be assisting the Tribe with their grant writing and planning needs two days a week. Rick is especially interested in using his expertise to assist the Tribe in addressing sustainable rural economic development needs; he has a background in commercial art marketing and fine arts.

Julie is a Tribal member, and was raised in Happy Camp. She left Siskiyou County in 1993 to seek employment and meet her educational goals. She has worked in the federal resource management field for fifteen years, serving as an archaeologist for the Bureau of Land Management, Ukiah Field Office for the last eight years. She received her B.A. in Anthropology in 1997, and will soon complete her last unit toward completion of an M.A. in Cultural Resource Management (CRM). Julie and her husband (Leo Carpenter, Jr., the new People's Center Director) recently moved back to the area to be closer to their families and culture. Julie's primary interests include promoting stronger relationships with land management agencies to ensure active Tribal involvement in stewardship of ancestral territory and preservation and protection of traditional cultural properties.

Both Rick and Julie are looking forward to the challenging nature of the program, and are particularly excited to be able to apply their planning knowledge and experience to assist the Tribe with informed future growth.

Should you have any questions regarding the grants/resource development program, please don't hesitate to contact Rick Hill or Julie Burcell-Carpenter at (530) 493-1600, ext. 2021.



Julie Burcell-Carpenter & Rick Hill

Questing for Success

Dion Wood, TERO Director

Many of us within the tribe find ourselves at turning points in our lives or at a place of new opportunities. Change can sometimes be rude, but it always leaves opportunity in its wake. If you are at such a place in your life, consider undertaking a good old fashioned vision quest to find your path or to gain the confidence you need to carry you through the threshold of opportunity! Vision questing is a traditional way to become centered enough to allow the Great Spirit to commune with you. It is a way to get in touch with your Highest Power to receive personal guidance and revelation as well as receive personal visions that can sustain you throughout your life. There is no real specific way to perform a personal vision quest, but there are some traditional things you can do to help you. There are traditional places to go as well. Ask someone you know about it. Sometimes during a vision quest, an animal will reveal itself to be a guide for you to learn from and as continual confirmation as you travel your path in life.

How does this relate to TERO?

The TERO department can assist you to gain the training you need once you have decided what career path you want to take or once you have decided the path you want to take to better your life skills or to gain certification in order to take one step higher in your career. The TERO Commission's goal is to support self-sufficiency for our membership. Your visions and dreams can come true! If you have questions about TERO please contact Dion Wood at extension 2030.



*Oneida Champion James Fish defeated by
Jefferson Brink, Karuk Champion*

Karuk Marine Wrestling Champion Defeats Oneida

Ayukii, Jefferson Brink here. I was just writing a letter to whomever might be interested.

I wrestle for the All Marine Corps Wrestling team in Quantico VA. On June 29th through July 2nd 2005, I competed in the First Annual National Native American Wrestling Tournament. After three matches I defeated James Fish from the Onieda tribe in Wisconsin.

During my time there I held a clinic for novice, cadet, and junior wrestlers and met many people from different tribes around the United States. The experience was outstanding and I was proud to be representing the United States Marine Corps, and more importantly the Karuk people.

If you would like to contact me, you can either call my home phone at 540-786-7718, my cell phone at 540-207-8368, or my work number at 703-784-2036. You could also email me at jeffbrink554@hotmail.com.

Yôotva

Probate

Carrie Davis, Self Governance/Land Office

Probate is a complicated area of law that takes place after a person dies. There are two kinds of probate proceedings for Indian people. These are State Court and Bureau of Indian Affairs (BIA).

When it comes to "Trust Assets" (Trust Allotments, Restricted Property, Individual Indian Money (IIM) accounts) the BIA will do the probate. Everything else is handled by the State. However, if a person has "Trust Assets" and "Fee-Land" (Taxable Land) the probate will need to be handled by both BIA and State.

State Probate can take on the average one year for completion. It may take longer if there are a lot of assets or the assets are complex.

BIA Probate takes longer and can range from one to four years. With each passing year this process is taking longer due to Fractionalizations of Property.

The problem of fractionated (divided) interests in Indian Trust Land is the most important problem to date. Individual Indians who hold an interest in Trust Land could leave their interest in Trust to their descendants or other Indians. If a Will is made that leaves the interest to only one person, the entire interest would stay intact. However, most Indians did not make wills and to this day they still do not. As a result

the land just keeps on being divided until it is no longer usable because nobody knows who has a say on the land. In order to make decisions on the land, it takes over 51% ownership. However when building or doing large projects on the property, you may or may not need BIA approval. In other Tribes there have been as many as 505 landowners to a 40-acre parcel.

This makes it hard to complete a Probate because there could be as many as 1-10 probates happening at the same time on the same piece of property. As months go by more people may pass away and the land issue never gets a chance to be settled. During this time the land in many cases may not be used without BIA approval.

The Government is working on ideas to get rid of the fractionalized interest and in doing this it may cause the "Trust Land" to go back to "Fee Land" and slowly the individual Indian people will not have "Trust Land" (allotments). We do not want this to happen.

To prevent this from happening to our people we ask individuals who have interest in trust land to make a will and leave the land to one or two people. If the land is already divided into fractions the land may also be given or sold to the Tribe. This allows the land to stay in Trust. The land may also be sold to the other landowners upon BIA approval.

Karuk Community Healing Vegetable Garden

Joe Snapp, Substance Abuse Counselor

The KARUK TRIBE Substance Abuse Program is sponsoring a community healing vegetable garden that is located on the tribal ranch in Happy Camp.

Recovering community members who are in the SWEEP program or who have community service hours to fulfill are welcome to participate.

Perhaps an elder or two would like to participate by watering or as much as they feel they can contribute.



*Community Healing Vegetable Garden
on Ishkêesh Ranch*



*Community Healing Vegetable Garden and the
Klamath River in background on Ishkêesh Ranch*

A market exists for carrots, strawberries and apples. We intend to grow the carrots and strawberries, but will be asking for donations of apples in the fall to complete the order.

Whatever is grown besides that can be sold in farmers markets and will be given to the elders and the needy. There are 23-200 ft. rows available to plant. The carrots and strawberries will only take four or five rows, so there is plenty of room for other vegetables.

Contact Joe Snapp at 842- 9200 ext. 132

Congratulations Graduates!



Proud Father Lariel Super and daughter Terra Super



Peter Super Sr, Ronda Croy, and Nancy Super



L-R: Happy Camp High Class Valedictorian Jaclyn Goodwin, Robert R. Goodwin, Elsa Goodwin, and Council Member Robert A. Goodwin



L-R Patty Super, Pamela Lawe, Neiamiah Jerry, and Nellie Laffoon.

***You Honor Your
Tribe, Your
Families &
Yourselves***



L-R Ricky Gregory, Jeana Thom, Victoria Conrad, & Rita Thom

*Joe "Blackhawk" Harrison
& Savannah Britton*

Blackhawk Graduates from Happy Camp Elementary School

Blackhawk is 14, and is the fourth son of parents Hawkeye & Dorcas Harrison. Blackhawk is a Karuk Tribal member and has lived in Happy Camp all his life. He began his school years at Karuk Headstart, attended eight years at Happy Camp Elementary School and plans to attend Happy Camp High School and be the fourth in his family to graduate from here. Blackhawk has several brothers & sisters in the area that are beside him to help him become successful.

Savannah Britton, daughter of Tim Britton, is an honor student and has lived in Happy Camp for six years.



The Karuk Tribe is proud of you all and we wish you the best to come!



Tate Family left to right; Sharon, Carena, Edward, and Shurina.

**Tribal Member Carena Tate
Graduates from Chico State!**

Submitted by: Edward and Sharon Tate

We would like to congratulate our daughter, Carena Tate. We would like to thank the Karuk Tribe for their assistance with tuition and housing. We are very proud of Carena Tate's accomplishments. Her strong persistence, hard work, and determination put her at the top of her class in the Engineering Department at Chico State University. She received a Bachelor of Science Degree in Civil Engineering with options in Structural Engineering.

Accomplishments Carena achieved while attending Chico State include:

- ◆ President of the National Society of Black Engineering (2004-2005)
- ◆ President of American Indian Science and Engineering Society
- ◆ National Science Foundation Award (2002-2004)
- ◆ Mentor for (MESA) Math, Engineering, and Science Achievement Scholarship Award (2002-2004)
- ◆ Assistant Engineer Intern, Duke Nuclear Plant (Summer 2004)

Chico State University presented Carena with a plaque for "Most Outstanding Female 2005." They said she made a lasting impression and was one of their hardest working students; working in the lab or library every morning at 5 AM. They said "she took the CSU Engineering Department to a new level not only for blacks and Indians, but for all students."

Upon graduation from Chico State, Duke Nuclear Power Plant employed Carena in North Carolina as a Civil Engineer with a two-year scholarship to Graduate School. Her family supports her on her new professional endeavor. We would also like to thank all of our friends and family for their support.

Special thanks go to her sister, Shurina Tate, for her strength and encouragement.



Education Department News

Jennifer Goodwin, Education Coordinator

The Education Department and the Education Committee is proud to announce a new scholarship open to all Tribal members who Graduated High School in 2005.

For more information call Jennifer Goodwin, Education Coordinator at,
1-800-50-KARUK or (530) 493-1600 extension 2034.

The deadline for this scholarship is September 1st 2005, so please call soon.

Congratulations!!

All of you who stuck with it and made it to GRADUATION!

AWESOME!

AWESOME!

AWESOME!

Please notify the Education office if you or someone you know graduated. We'd like to have the graduate's name, picture (e-mail to jgoodwin@karuk.us), the school they attended and any special accomplishments or certificates so we can honor them in the next newsletter. We also have a little something we'd like to give them from the Education Department.

Karuk Twins Chosen as SOU Commencement Speakers

Article by Sarah Supahan

Elaina and Nisha Supahan, Hoopa High School graduates (Class of 2000), have just recently graduated from Southern Oregon University in Ashland, Oregon on June 11, 2005.

Elaina received a Bachelor of Science Degree in Geography with a certificate in Native American Studies and minors in Applied Multimedia and Land Use Planning. Elaina has also been on the Dean's list four terms and has received the AAUW award of Outstanding Woman in the Geography Department. Elaina plans to use her degree working in Geographic Information Systems (GIS).

Nisha received a Bachelor of Science Degree in Photojournalism with a certificate in Native American Studies and minors in Applied Multimedia and Photography. Nisha has been on the Dean's list eight terms, on the President's list three terms, and graduated Magna Cum Laude. Nisha will have one of her photographs displayed in the Wheelwright Museum of the American Indian in Santa Fe, New Mexico this coming fall. She plans to continue work in photography as a profession.

Nisha and Elaina were chosen together as the 2005 SOU student commencement speaker and their speech was given in both Karuk, their Native language, and in English. Their speech, written by Elaina, is included here.

iii, yéef yâamach páy pamáh'íitnihach hámi.

Good Morning (Ooh, it's such a beautiful morning, isn't it?)

yôotva ôok patajuuvhíhuk.

Thank you all for coming.

nuu vúra tanu'aachíhha panuchúuphinaati koovúra.

We are honored to be speaking on behalf of this years graduating class.

koovúra yíththa kúuk nu'áarahiti.

Every graduate has his or her own unique story and background.

nuu vúra káruk va'áaras.

We are Karuk Indians from the middle course of the Klamath River.

paxuntáppan kumá'ii pananu'áaras kun'áarahiti.

Our people survived for many generations by the incredible cycle of the acorn.

hittíhaan xúun kich nu'áamti, uum vúra pananu'avahéeshiip.

The tan oak acorn was our main source of sustenance.



Elaina & Nisha Supahan

xuntáppan mûuk xúun takuníkyav.

And was used for soups (With acorns they make acorn soup.)

káru vúra vaamûuk sára takuníkyav.

Bread (And with them they also make bread.)

káru vúra píish takuníkyav káru.

And even a form of treat (And they make píish too.)

kúnish pakachakkâach u'úhthaamvuti paxuntáppan, vaa vúra panu'ákkah kaáru pananúttaat takin'úhthaamvuti paxuntáppan.

Just as the acorn, seeds are planted by the blue jay, each of us are planted here at SOU by parents and loved ones and tended by teachers and mentors.

nuu vúra nîinamich kúnish paxunyéep'anamahach.

like the tan oak, we start out small, a simple seed.

nuu vúra chíimich panu'aapúnmuti péemyaati.

Our knowledge and education is young.

kári xás tupathrih. kári xás patoomcháxxaha.

Just as the rain falls and the sun shines on the acorn,

hâarih vúra ikyáakaam káru hâarih vúra yâamahukach.

all of us have had our hard times and our good times throughout the years.

xás táay tanu'aapúnmutiheesh, xás nu'íf.

These give us memories and experiences to grow from.

kári xás pa'éepuum tu'if. uum vúra pa'ipaha'affíviich. vaa vúra uum kúnish pananúmyaah my'éepuum.

Our education has grown like the roots of the acorn grows. The acorn's roots are the foundation for the life of the tree. Our knowledge is the foundation for our lives.

pa'ipahá'anamahach tu'if.

Over time the young tree develops,

vúr uum ikpíhan, kári xás tukáririhá páttaay u'íifti.

becomes strong, and prepares for the next stages of life.

nu'áapunma akkâay nuu uum, káru vúra paffâat nu'innêesh.

In the same way, we learn who we are and who we can become.

payêem nuu vúra kúnish pa'ipahákkaaam nu'árihish. kári xás kôokaninay vúra nuváypiithva.

As graduating students we become the full grown tree, ready to spread our knowledge like acorns on the land.

nuu vúra koovúra chí nu'íttapeesh koovúra nu'áarahiti.

Today we all need to understand our potential in the world.

koovúra sáamna paffâat kukupavêenahiti.

We should keep our past and mold our future around what we have learned in this community. Whatever you choose to accomplish, don't forget who you are and where you came from. (Bring your own story, your own background to what ever you choose to accomplish.)

paffâat ku'aapúnmuti u'íffeesh kúnish paxuntáppan.

And remember that your knowledge, your acorns may grow to feed a single person or an entire community.

yôotva

Thank you/ Hurrah!

mattéek xarah kúmyahtiheesh koovúra.

May you all live a long time.

mattéek íshkiit kummáheesh.

And may you find good luck.

Elaina is left and Nisha is on the right reviewing her speech. Violet Super said "this is the best graduation I have ever been to", and she nearly cried when she heard her great-great nieces' speech.



Karuk Twins Finish With Language and Culture

Philip Albers Jr.

These girls are an excellent example of our young Tribal members utilizing the programs and departments our Tribe has to offer. As each of them are directly involved and active with the Language Program, Elaina and I, Philip Albers Jr., are raising a family and we only speak Karuk to our first son and are expecting to continue with our new baby due at the end of January 2006. Nisha is expecting a child and planning to speak Karuk and Okanogan. Each received the Student Rent Voucher and the Higher Education Grant from the Education Department. Both participate and are active with Tribal Ceremonies and Tribal events/activities, and our Tribal Communities.

Less than 30% of the US population receive a BS or BA, and even less than that receive such high honors as these two have. Their accomplishments were hard earned. I personally witnessed the effort and dedication put forth to achieve such a high level of success, and I am very proud and grateful to be a part of their lives.

Samuel Davis... A Son to be Proud of!

School is very important in the development of a child. In order to achieve success, it takes parents, grandparents, teachers, and the child. Samuel completed his kindergarten year without missing one day of school. There were times when we had to go out of town and wanted to take him with us but he would not go if he would have to miss school. This is where the grandparents came in, his out of town grandparents would come and stay at our house to make sure he got to school or his local grandparents would keep him at their home. We would like to thank the teachers who have given our son his love of learning: Karuk Head Start- Linda Davis, Nena Creasy, Jennifer Goodwin, Leona Peters (he loves her cooking), Denise West, Virginia Moehring, Jodi Henderson and all the rest of the staff. Then there is Happy Camp Elementary School-Mrs. Horvath, Mrs. Driskel, Mrs. Holms and all the rest of the staff.

We would like to thank Samuel Davis for making our job easier. He is very eager to learn to read and is willing to do what it takes. When asked why he wanted to learn to read he said "so I can read the directions to my video games".

We are very proud of you!

Your Parents - **Davey and Carrie Davis**



Samuel Davis

Yupsítanach (Baby) Page



Madison Michaela Kane

Parents: Robert Kane Sr. and Ella Coleman of Hoopa, Ca.

Paternal Grandparents: Millie Grant of Hoopa, Ca. and Henry Kane of Sebastopol, Ca.

Maternal Grandparents: Eugene and Billie Coleman of Orleans, Ca.

Siblings: *Four brothers;* Bobby Jr., Curtis, Clinton, and Cole. *Two sisters;* Mariah and Jurnie.

Details: Born on May 6, 2005

Welcome to the family Taylor Rose Odbert

From Your Aunt Florraine



Proud Parents: Shasta Super and Brian Odbert

Brother: Caden Colby

Details: Born April 18, 2005 at 3:50 pm
8 lbs, 15 oz. - 20" long

Trinity Lynn Holden

Parents: James Douglas & Jenny Lynne Holden of Redding, Ca.

Paternal Grandparents: Jim and Bonnie Holden of Redding, Ca.

Maternal Grandparents: Skip and Linda Davis of Happy Camp, Ca.

Details: Born on March 14, 2005 at 7:57 AM

7 lbs, 0.6 oz,
19 1/2" long.

The baby basket was Jenny's when she was a baby, made by Madeline Davis. The baby rattle was made by Verna Reece.



Happy Belated Birthday... TyRee Jade Bentley

Turned 1 on April 7

Love, Auntie Florraine



Parents: Elizabeth Super and Spencer Bentley

Maternal Grandparents: Donald and Susan Super of Yreka CA



Karuk Tribal Head Start

Now accepting enrollment applications for Head Start Preschool Enrollment

Do you have a 3 or 4 year old child?

Apply now for Early Childhood Development Program

Over Income, Native and Non-Native Children Accepted!
Apply now for an Early Childhood Development Program

Our programs offer:

- Education
- Bus Transportation
- Nutritious Meals
- Health Screenings
- Dental Screenings
- Developmental Screenings
- Native Language and Culture
- Safe Learning Environment
- Qualified and Caring Staff
- Appropriate Early Childhood Practices
- Family Partnerships
- Safety & Hygiene Practices

Yreka Center AM & PM Classes

1306 Yellowhammer
 Yreka, CA 96097
 (530) 842-9225

Happy Camp Head Start Center

632 Jacobs Way
 Happy Camp, CA 96039
 (530) 493-2919



Applications are Available at Either Head Start Center

For more information, call 1-800-505-2785,
 press 0 and ask to be transferred to the
 Head Start Administration Office, or call the
 Administration Office at (530) 493-2226

Karuk Head Start 2004/05 Service Report

Number of:

Children served	60			
Children served for a 2nd year	22			
Children who had a CHDP	54			
Children who had	Anemia 2	Asthma 3	Vision Problems 1	Overweight 2
Children with up to date immunizations	53			
Children who had dental screenings	59			
Children who received preventative dental care	38			
Children diagnosed as needing dental treatment	19			
Children who received recommended treatment	14			
Children who received a Behavioral Health Screening	53			
Children identified with a disability	5			
Disabilities identified	Speech/Language 4	Developmental Delay 1		
Children who transitioned to Kindergarten	36			
Children who received a Developmental Screening	56			
Families served	60			
Family composition	Two Parents 33	Single Parents 27		
Parents who work	46			
Parents who are unemployed/retired/disabled	14			
Parents in job training or school	4			
Identified childcare needs	16			
Families receiving TANF benefits	26			
Families receiving SSI benefits	3			
Families receiving WIC benefits	34			
Fathers who participated in organized activities	27			
Homeless families served by Head Start	1			
Staff members	15			
Staff members who are previous Head Start parents	6			
Volunteers	130			
Race of children served	Native 41	Asian 1	African American 2	White 21
Primary Language Spoken	English			
Parent's Education Level	Less than high school diploma 7	High School Graduate 48		
	Some college/vocational school/associates degree 1			

Head Start!
Works!



Lessie Aubrey Celebrates 25 Continuous Years with the Karuk Tribal Health Program

Lessie Aubrey will celebrate her 25th year with the Karuk Tribal Health Program on September 1, 2005. She transferred to the Karuk Tribal Health Program from the Shasta, Trinity, Siskiyou Rural Indian Health Project when the Karuk Tribe began Health Program operations on September 1, 1980.

Lessie Aubrey is a Karuk Tribal member, roll number 15, the daughter of Frank and Barbara (Smith) Evans. She is married to Lester Aubrey and is the mother of Carrie Aubrey Davis, and Keith Aubrey. She has two step sons; Troy and Barry Hockaday, and is the grandmother of 12 wonderful grandchildren.

Lessie graduated from Happy Camp High School in 1965 and Modesto Junior College in 1969, where she earned her Vocational Nursing Degree. She returned to Yreka where she was employed at Siskiyou General Hospital. After her marriage, she returned to Happy Camp and enjoyed being a wife and mother for the next several years. Then in 1975, she became employed by the Happy Camp Karuk Council as a Community Developer. During this period she began compiling the first Karuk roll, and assisted her coworkers in establishing a land base to gain Federal Recognition. In 1977, Lessie went to work for Shannon Thornton, MD, as an office nurse in Happy Camp. However, her interest and dedication to Tribal development continued to be active. In 1978, she was hired by Shasta, Trinity, Siskiyou Rural Indian Health Project to provide Community Health Representative (CHR) services along the Klamath and Salmon Rivers. Then in 1981, the Karuk Tribe hired her to develop the CHR program employing her as their CHR Coordinator.



Lessie entering CHR data on one of the first computers to enter the organization in 1985

Lessie would like to acknowledge the CHR's that worked under her to show her appreciation for all their efforts. They were Cynthia Werder Facey, Mildred Donahue, Karol Purcell, Mavis McCovey, Linda Crawford, Viola Silva, Linda Reynolds, David Arwood, Robert Attebery, Frank Wilson, April Attebury Martinez, Melodee Conrad, and Hazel Ward. She says she enjoyed them all, had many good times, and great laughs with them. Each one had their own individual character that she enjoyed.

While Lessie was still employed in the CHR Program, she took on the role as the AIDS

Coordinator where she was to implement policy and procedures, education, and preventative services, to control the AIDS epidemic that was spreading throughout the country. In order to expand on these services she wrote her first grant and was granted \$50,000.00 for AIDS/HIV Prevention and Education. Several small IHS grants followed throughout the years. Her efforts in HIV/AIDS led her to receive two awards. She received the "IHS Area Director's Award for Outstanding Employee", and the "Indian Health Service Health Promotion and Disease Prevention Award".



Lessie pictured with T.J. Hardwood, California Area Director of Indian Health Services. He is presenting her with the Outstanding Employee Award in 1992

survey. The Tribe was granted a three year grant, which was funded at over \$300,000.00. The Tribe offered her the job as CQI Coordinator, to coordinate preparation for JCAHO survey. It took three and a half years to prepare for survey and she much appreciated the talented secretarial skills of James Morton during that period. The KTHP received its first JCAHO Accreditation in 1997, and has been accredited twice more. Presently, she is preparing for their 2006 survey. Lessie would like to thank Colleen Goodwin, Lynn Parton and Barbara Snider for their assistance to her in the Quality Management Program, after Jim left.



Flo Lopez and Lessie providing blood pressure screening, glucose testing and first aid at the Bigfoot Jamboree in 1982



Open House for Orleans Medical Clinic in 1983 or 1984. L-R, Viola Silva, Pat Ainsworth and Lessie



Lessie with Everett C. Rhodes, Executive Director of Indian Health Services, in Washington DC at the IHS Education Conference. 1992

We Walked Across America!

Alissa Johnson RN, Orleans Medical Clinic

We made it!!! Orleans and Somes Bar walked from Orleans to Washington D.C. in just three short months. About 130 people participated over half of them were students from Orleans and Junction Elementary. The community response has been outstanding. The top three participants were: 1st place - Wayne King (306 miles), 2nd place - Harold (Little Man) Tripp (246.5 miles), and 3rd place - Isha Cename (220 miles). The grand total cumulative miles walked are 3175. The next walk is going to be across Australia starting on July 18th and will be about 2500 miles. Ask your local Karuk Tribal Clinic about joining.

We are celebrating by having a community potluck and giving awards to all participants as well as sending a letter to President Bush. The following is the tentative letter to the President of the United States. It is written by Dr. Michael Willett and edited by Karuk Tribal Member Bill Tripp:

Dear President Bush,

The Karuk Tribe is the second largest Native American Tribe in California. The Karuk People have recently experienced a dramatic shift from a native diet of primarily deer, elk, salmon, sturgeon, lamprey, fruit, bulbs, grains, and acorns to a high-fat, processed, high calorie diet. As a consequence, we have acquired the fruits of such a diet - obesity, hypertension, heart disease and diabetes. Unfortunately, we suffer from these ailments at a rate considerably higher than our non-native neighbors.

The Karuk Tribal Health Department recently initiated a symbolic "Walk Across America" as a means of increasing regular physical activity in the lives of our members. We were the first tribe in California to join "Just Move It", a national organization dedicated to promoting exercise as a preventative health measure. We have now completed our journey and walked the distance from the Klamath River Valley, our ancestral home, to Washington, D. C. in order to bring this message to you.

Exercise is a natural part of native food collection and we would like restored access to a more traditional, healthier diet with the labor inherent in its production. Regulatory agencies have influenced this access not only from lack of recognition of our aboriginal rights, but from improper management actions that adversely impact the quality and quantity of these foods.

We therefore urge you to develop and support water and natural resource policies that would result in the restoration and enhancement of species diversity and the reproductive habitats of our native food sources. **We WALKED ACROSS AMERICA!**



For Lessie's achievement with JCAHO Accreditation, the Karuk Tribe of California presented her with the 1997 "Employee of the Year Award".



Colleen Goodwin, Lessie and Trista Parry, entered in the Employee Halloween Costume Contest in 2001

Throughout the years Lessie has also worked in the clinics as a Nurse wherever she was needed. In 1994, Lessie received her Associate of Arts degree at College of the Siskiyous. She returned to school in 2001 to upgrade her LVN to a RN degree and continued in this effort until surgery was needed in November 2004.

Additions to her present position as the Director of Quality Management, have been Corporate Compliance, and compliance to the Health Insurance Portability and Accountability Act (HIPAA) Privacy and Security.

Lessie commented, "I've always been interested in health care, but being able to deliver it to my people has been the source of my gratification".



Lessie presented with roses. Pictured with Colleen Goodwin in 2000

New Husband & Wife, Doctor & Dentist Team Joins Yreka Clinic



Don Solus, M. D.

Ayukii

Don Solus, M.D.

I was asked by Mr. Jordan to compose a letter of introduction for my wife and myself and I instantly thought of “ayukii”– the friendly greeting I had heard so many times when we called to work out the details of our employment here with the Karuk Tribal Health Program.

My name is Don Solus and I am the new physician at the Yreka Clinic. My wife is Michelle Stark and she is the new dentist at the Yreka Clinic. I am originally from Yreka; my family has been here since the 1850s. I completed all of my schooling here including graduation from Yreka High School in 1980. My wife was raised in an Air Force family and she spent time in the Philippines and central California, but most of her youth was in Central Valley, California, where she graduated from high school. We both worked a few years before going off to college; we eventually met at Butte College. I transferred to UC Davis and my wife to Chico State. We later married and both moved to Los Angeles where Dr. Stark attended UCLA School of Dentistry and I was across town at USC Medical School. Dr. Stark completed advanced training in dentistry after graduation and taught at the dental school for one year. I went on to internship at UC Davis and then residency training at Mercy Hospital in Redding.

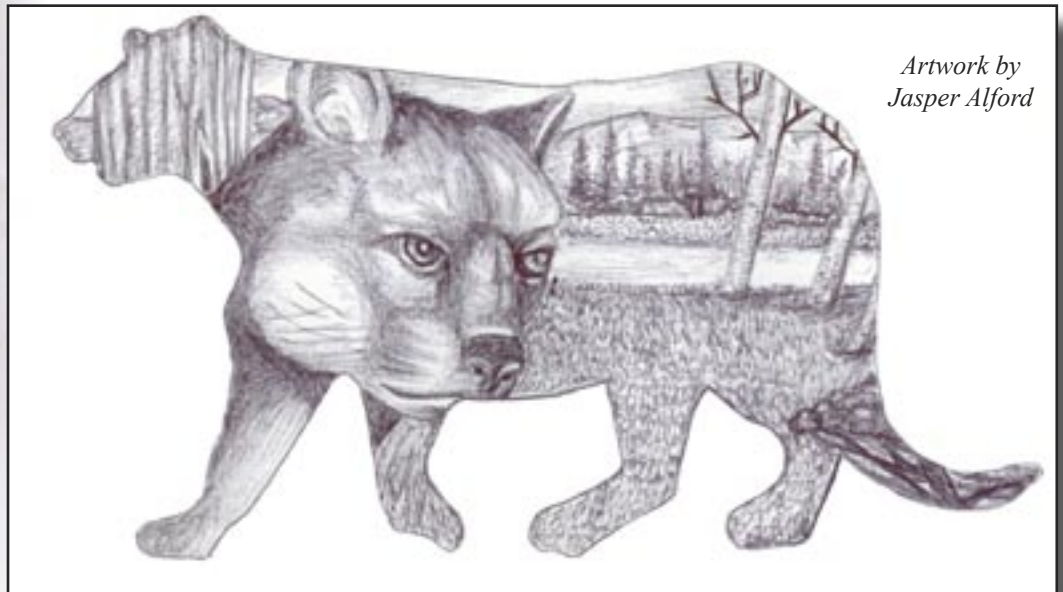
After completing her formal education, Dr. Stark joined a long time friend in a private dental practice in Central Valley, California. I worked for the Valley ER group, and at various urgent care clinics in Redding. We bought a house near Montague and lived here and worked in Redding. We had our first child, a son, Isaiah, and life changed a bit. We had our second child, a daughter, Isabella, and life changed a bit more. My wife joined Redding Rancheria as their dental director and I joined an urgent care group in Redding (Hilltop Medical Clinic). For family reasons we moved back to the Redding area. We always longed to return to Yreka full time. After the passing of my mother in law we decided to make the move back, and here we are.

Our children are now 5 and 3 years old, we have a dog Ruby and a cat Reba. We are very much outdoor people and enjoy all types of exercise and physical activity. Family members say I am addicted to exercise. I am currently swimming, cycling, running, and training for some future triathlon, bike race or running race. I love to fish, hunt, ski, boat, tube or kayak down the river, or just be outdoors enjoying nature. Dr. Stark is currently cycling and running, and similarly enjoys the outdoors. She strives to balance her roles as mother, wife and dentist with grace and poise. We are both dedicated to our children; we are Catholic and enjoy our extended Portuguese family throughout Siskiyou County.

I started with the definition of ayukii because I genuinely intended this as a warm hello from us to you. Additionally when I first researched the meaning of this word I felt it fit well with our own nostalgic feelings of this place we now call home. We are very glad to be back, and look forward to meeting you all soon.



Isaiah, Isabella & Michelle



*Artwork by
Jasper Alford*

The Nurses Corner

David Eisenberg, PHN

West Nile Virus - It's Not Somewhere Else Anymore

David Eisenberg, PHN

West Nile virus is in California. There are some real health risks connected with this infectious disease that is spread by mosquitoes. By knowing more about this disease, we can protect ourselves. If someone is infected with the West Nile virus, most, (80%) will have no symptoms, some will feel sick (20%) and less than 1 out of 150 can have a serious health problem from the infection.

The West Nile Virus is found in 139 species of birds. Mosquitoes pass the virus from bird to bird. Occasionally a mammal (horses or people) become infected. There is no proof that this disease can be spread by handling dead or dying birds.

People can get sick if they are bitten by an infected mosquito. It is not spread by kissing or touching. Most cases occur in the summer or fall months. Symptoms, if they occur, happen 3 - 14 days after being bitten by an infected mosquito.

West Nile is mainly a disease of birds, and infection of people and horses is incidental. Most infected horses recover. There is a vaccine against West Nile Virus for horses but not for people. There is no specific treatment for West Nile Virus infection.

Symptoms

Serious symptoms happen in about 1 out of 150 infections. This includes severe headache, neck stiffness, numbness or paralysis. In severe cases the person may need to be hospitalized.

Milder symptoms (about 20% of cases) can have flu like symptoms: fever, nausea, vomiting or rash. These symptoms will get better on their own.

The great majority who are infected (4 out of 5) have no symptoms at all.

Prevention

Use insect repellent containing DEET. These products, used as directed, are safe for adults and children. DEET can be used on children as young as two months in low concentrations (less than 10%) Children should have repellent applied by adults.

Repellents with higher concentration of DEET are not more effective, but they last longer. (High 30% last about 5 hours and low 5% last 1-2 hours.) Other repellents are available but do not last as long as DEET containing products.

When outdoors, use a mosquito repellent containing DEET— especially at dusk. Wear long sleeves and pants and use repellent on the clothing. Reduce breeding sites by removing standing water.



Low Income Assistance Programs (LIAP)

Lisa Aubrey at 1.800.505.2785 or 530.493.1600 Ext. 2025



Low Income Heating Energy Assistance Program (LIHEAP):

This program provides energy assistance to eligible tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area. For those of you that live outside of the service area try

www.acf.hhs.gov/programs/liheap/tribal.htm or
www.acf.hhs.gov/programs/liheap/states.htm

Housing Improvement Program (H.I.P.):

This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need to:

1. Be a member of a federal recognized American Indian tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Proof of Ownership or Lease
6. No prior HIP assistance



Live outside the Tribal Service area?

Call The National Energy Assistance Referral (NEAR)

1-866-674-6327

Monday through Friday, 6 a.m. to 6 p.m.

ATTENTION!!!!

The CARE program offered by PP&L and PG&E gives a discount on your utility bill. I encourage all to apply. If you need an application please call me at 800-505-2785 and request the CARE application be sent to you.



Community Services and Development (CSD): This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a tribal member. For those of you that live outside of the service area try

www.acf.dhhs.gov/programs/ocs/csbgi/index.htm

- ★ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).
- ★ **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining and incentive payment. An applicant can be on the program for two years or 48 payments.
- ★ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.



Medicare Prescription Drug Benefit Coming In January 2006

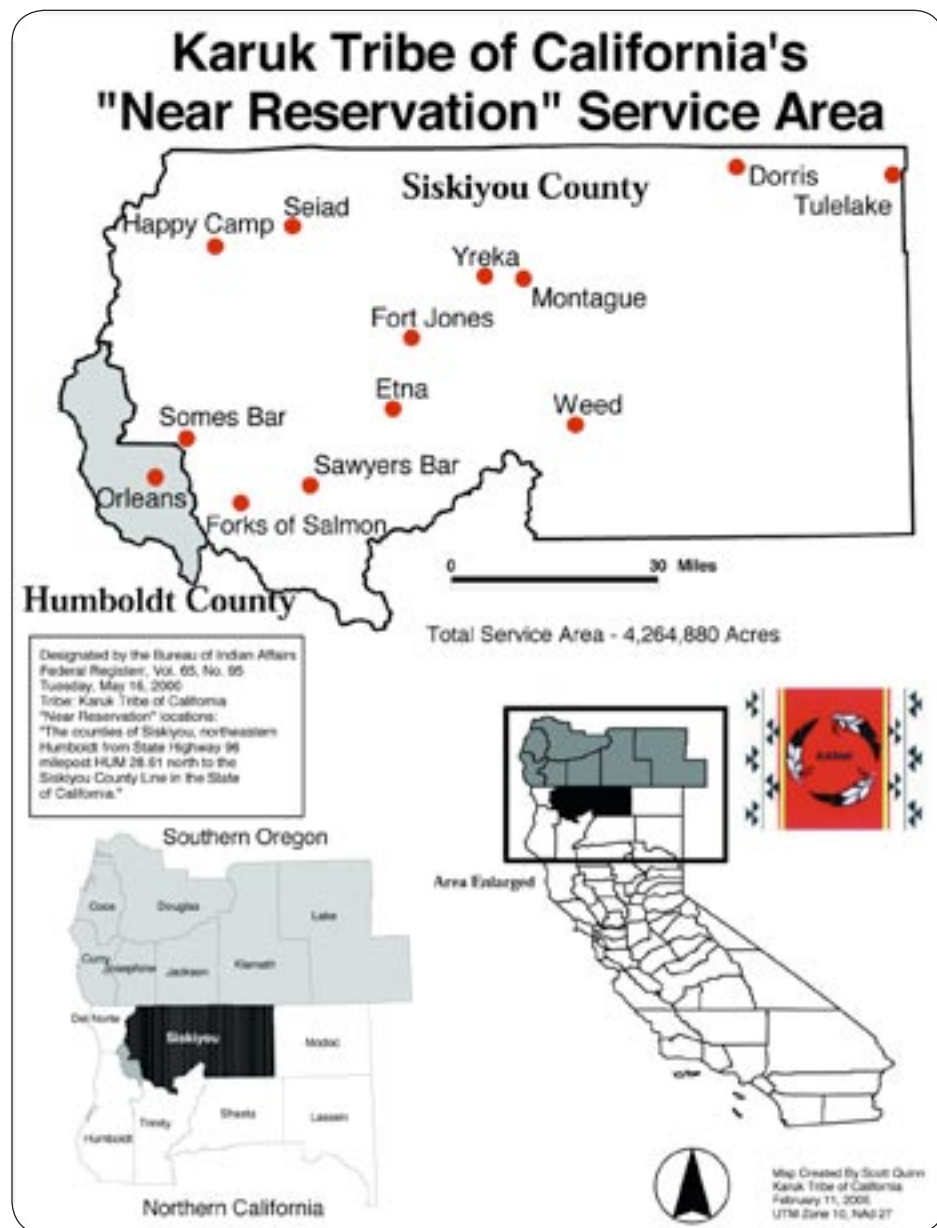
*Babbie Petersen,
Senior Center Supervisor*

Beginning in January 2006, Medicare will offer prescription drug plans to beneficiaries. But now is the time to see if you qualify for some extra financial help in paying for your monthly premiums, annual deductibles and prescription co-payments under the new program.

From late May through mid-August, Social Security is mailing letters to nearly 19 million people who are potentially eligible for this extra help. The letter includes an application and a return-addressed, postage-paid envelope.

If you receive a letter in the mail, please read the information carefully. The letter will explain the prescription drug program, and tell you how to apply for the extra help. Those who qualify for the extra help could save an average of \$2,100 per year.

Even if you do not get an application in the mail, you still might be eligible for help with prescription drug costs. See if you might qualify and apply online.



at Social Security's website, www.socialsecurity.gov. You also can contact Social Security at 1-800-772-1213 (TTY 1-800-325-0778) for more information or to apply over the telephone.

To qualify for the extra help, a person or married couple living together must have limited income and resources. You can qualify for this help as an individual if your total annual income is below \$14,355 and your resources are valued below \$10,000. The limits for a married couple living together are higher: \$19,245 in combined annual income and \$20,000 in resources. These resources can be slightly higher -- an additional \$1,500 per person -- if you will be using some of your money for burial expenses. Even if your income is higher, you still may be able to get some help if, for example, you or your spouse supports other family members who live with you, if you have earnings from work or if you live in Alaska or Hawaii.

There are also certain exclusions from both income and resources. For example, your home and cars are not counted as resources. So if you think you might be eligible, you should apply.

It is important to note that some beneficiaries will automatically qualify for the extra financial help. Anyone who has both Medicare and Medicaid, or Medicare and Supplemental Security Income, or anyone whose state pays his or her Medicare premiums, will not have to complete an eligibility application. But even if you automatically qualify for extra help, you still need to enroll in a Medicare-approved prescription drug plan to obtain both coverage and the extra help.

For more information about getting extra help with Medicare prescription drug costs, call Social Security at 1-800-772-1213 (TTY 1-800-325-0778), or visit www.socialsecurity.gov. To learn more about the Medicare prescription drug plans, call 1-800-MEDICARE (1-800-633-4227) or visit www.medicare.gov.



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Summer, 2005

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Robert Grant, Sr.,
Member at Large

Alvis Johnson,
Member at Large

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Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

Printed By:

*Mosaic Press LLC,
Happy Camp*

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.



Karuk Tribe of California

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96039

Karuk Tribe of California



Fall 2005

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Tribal Enrollment Is Currently At 3,411 Enrolled Members

*Klamath River, Happy Camp
Photo by Rosie Bley*

Highlights...

Inside This Issue...

The Chairman's Corner	2	Second Annual Fall Basketweavers Gathering	13
Staff Day	3	Karuk Family Wellness Court	14
Notes from the Secretary	4-6	Preventing and Reporting Elder Abuse	15
Karuk Youth Council	7	SWEET Success Stories	16
Contract Compliance / Christmas Bazaar	8	Who is Ellen?	17
CRIHB Meeting/Senate Bill 678 Hearing	9	Grant McElyea / Money Management Tips	18
Earned Income Tax Credit	9	Neva Lenk Attends U of O/COS DL now at HCCCC	19
Staffing Update/GABY Grants Available for Youth	10	Education Department Update	20
Elder Shares Local History	10	The Baby Page	21
KTHA Update/KTHA Securities & Emergency Services	11	CHS Levels of Care	22
Karuk Tribe Military News	12	Patient Feedback/Medicare Drug Coverage	23
		LIAP Update	24-25
		Nurses Corner/Screening Prevents Colon Cancer	26
		KTHP Turkey Trot/KTHP Charging Policies	27

ARCH SUPER • CHAIRMAN'S CORNER



Arch Super, Tribal Chairman

CASINO – The Tribal Casino Workgroup has been working with our Casino Gaming venture for the past few months. Our last proposal was submitted incorrectly by our former attorney. We have been working with our new attorney, Mr. Dennis Whittelsey to submit a better proposal to the Governor's Office and we are hoping to get our Gaming Compact to move forward. We plan to meet with the Governor's Office at the end of October. We encourage our Tribal Membership to get in touch with Tribal Council or the Tribal Casino Workgroup for further information.

TRIBAL CONSTITUTION – The Tribal Council has been working with our attorney, Stephanie Dolan on research, review and possible revision of our Tribal Constitution. Our original constitution, adopted in 1987, had many regulations that were forwarded to our Tribe by the BIA. At this time, the Tribe would like to update our constitution to better serve the interests of our membership. We hope that more Tribal Members will write, email or call us with input.

TRIBAL COURT – Our Tribal Court Administrator and Wellness Court Team has finished their training sessions in preparation of applying for a grant to implement, develop and fund a Wellness Court for the Tribe. The Wellness Court would have many components to assist our Tribe and communities. It would be like another avenue of the Justice System.

NANI AKA, NANI TAAT XAKKAN, ITIHAN (Our father and mother together, all the time).

Our father, Peter Ray Super Sr., tribal member and our mother Nancy Lee (Jerry) Super, full blood tribal member, celebrated their 50th wedding anniversary on October 4, 2005. Dad and Mom were married on October 4, 1955 in Ashland, Oregon.

Dad was born in Hupa and was raised in the Valley. He went to school in the valley and Sherman Indian School in Carson City, NV. He has worked his whole life in the logging industry and still logs at 71. Mom was born in Yreka, CA, and was raised in the valley. She went to school in Chemowa in Oregon. She had been a homemaker most her life. They raised their children, Peter Jr., Donald, Lariel, Archie, Robert, David, Gary and Florrine in Siskiyou county, (downriver, the valley, Yreka, Hilt and finally Grenada). Dad and mom are grandparents of 13; estranged grandparents of 3; and great grandparents of 11. They celebrated their special day with their children, brothers and sisters, and many relatives and friends at the Miner's Inn Convention Center on October 8, 2005. We hope they go another 50 years.

*Peter & Nancy Super,
Married for 50 years*



STAFF DAY – Staff was able to spend the day at the Jet Boat Excursion in Grants Pass Oregon in September. Each year a staff day is planned to honor our employees for the hard work that they continuously do for the Tribe. Many of our employees keep an eye out for the best interest of our tribal members. Our work force consist of administration, department of natural resources, tribal housing, KCDC, health, etc. I encourage our members to get to know the people that work for us. They are very cool.

NEWSLETTER – For a long time, we have had good reports on our continuous newsletter. Recently at our constitution meetings, there were some negative reports on our newsletters. It was news to us that there were any such reports. I would like to encourage our membership to let us know how you feel about our newsletter; what you want to hear and see; what you like and don't like about our newsletter. Please write, call, or email us.

Staff Day 2005

Sara Spence, Human Resources Manager

Every year the Tribal Council sponsors an Inter-Tribal Departmental Relations Day (AKA: Staff Day) where all employees of the Karuk Tribe of California, Karuk Tribe Housing Authority, and Karuk Community Development Corporation are invited to spend the day enjoying a recreational activity together. This day is to promote the "team" environment of the Tribe and allow the staff to get to know each other as quite often with three sites so far from each other, staff sometimes don't have faces to put with the voices they hear on the telephone each day.

This year's activity was a jetboat trip on the Rogue River in Grants Pass, Oregon, with lunch at the OK Corral guided by Hellgate Jetboat Excursions. We allowed employees to bring along guests this year at their own expense as there was extra room on the boats and the turnout was great.

Everyone had a wonderfully WET trip on the boats and the food was great with plenty of it! This is just one of the many "perks" the Tribal Council provides for the staff working for them and it is greatly appreciated – Yootva to the Tribal Council!



Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@sisqtel.net.

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, **January 15** for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

Karuk Tribe of California organizational employees enjoy a fun day together on the Rouge River in Grants Pass, Oregon



Notes from the Secretary

Florrine Super, Council Secretary

Ayukii!

I would like to take this time to wish everyone Happy Holidays! As the holidays come up we begin to think more about our community. The Tribe has a lot to offer if you want to contribute to your community and Tribe. Please look for opportunities to serve our communities, take time to help raise money for your favorite tribal program, and attend council meetings to give your input concerning upcoming issues. Look for these opportunities as you read through my quarterly report.

Tribal Council Secretary Quarterly Report

Youth Leadership:

The Karuk YOUTH Council will meet regularly to plan for an upcoming Youth Leadership Conference.

Yav pa anav Conference (The Medicine is Good Conference)

Karuk Culture * Healthy Lifestyles

December 3, 2005 • One day event • Happy Camp, California

More information is on page seven.

When we have youth doing positive things for our tribe we should support them as much as we can. We are looking for volunteers. We need transporters, chaperones, and donations for give-away prizes! For more information please contact me.

We are looking for 5th through 12th grade youth to participate. We encourage all tribal members to attend, although this is open to all youth. We will accept 75 participants on a first come first serve basis.

The Youth Council's goal is to teach youth about healthy lifestyles while applying their culture to everyday life. Advertisements will be located in all tribal offices, local schools, the tribal newsletter, local newspapers, and the tribal website.

Aja Conrad ★ Jaclyn Goodwin ★ Alma Navarro
Karuk YOUTH Council

Tribal Healing to Wellness Court - YAV PA ANAV

I attended training in Seattle, Washington and Albuquerque, New Mexico. It was a five day training that included 5-8 team members. If you're wondering why we would send this many people to training, the grant requires and pays for a team to work together to create a wellness court.

What is wellness court? The goal of the Family Drug Court Implementation Program is to build the capacity of states, state courts, local courts, units of local government, and Indian tribal governments to develop and establish drug courts for substance abusing adults who are involved with the family court due to child abuse and/or neglect issues.

Things I learned: As we are planning, our team needs to have a vision of what our community will look like as families graduate from our wellness court. Family is an important part of recovery so how do we get families involved... especially fathers? Our target population must consist of families in need and stay within our budget, so we plan to work with five families as a starting point. As we begin, we need to have a good process to get people into our wellness court. We always need to focus on what will make our clients and team stronger to have a successful program.

For more information please contact our Karuk Tribal Court Administrator and/or Judge.

Elections:

Are you wondering what it means to be registered with the Tribe to vote? Our constitution states in ARTICLE VII - ELECTIONS AND NOMINATIONS, Section 1. All members of the Tribe who are eighteen years of age and over and who meet the eligibility criteria and have registered with the Tribe pursuant to the provisions set forth in the Tribe's Election Ordinance, shall have the right to vote.

The Election committee has created a form so tribal members can "register" with the tribe to vote. You may register at the polling booths or beforehand by requesting a form from the election committee or downloading a form on the Karuk website. Our intent is to make this as easy as possible and not to interfere with your voting rights.

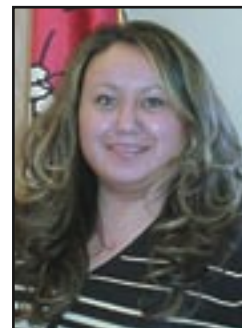
Remember to stay active in your tribal, local, state, and federal issues. It's important for you, your family, and your tribe!

Register to vote today! Go to www.karuk.us for a registration form. Or contact your Karuk Election Committee: PO Box 815, Happy Camp, CA 96039.

Election Results:

Go to <http://www.co.siskiyou.ca.us> for Siskiyou County Election Information:

Go to <http://www.co.humboldt.ca.us/election/> for



Florrine Super



*Judge Flies-Away, Joe Snapp & Florrine Super
at the "yav pa anav" (Wellness Court)*

Humboldt County Election Information

Go to <http://www.ss.ca.gov/elections/elections.htm> for California Statewide Election Information

Go to <http://www.congress.org/congressorg/home/> for Federal Election Information

Indian Child Welfare Committee (ICW):

It is the ICW Committee's intent to protect the best interests of the child and promote the stability and security of the Karuk Tribe of California and it's Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act (ICWA) of 1978 and these Policies. We continue to review cases, intervene, and represent our Karuk children.

Your ICW Committee attended SB 678 hearing and supported its intent. SB 678, the bill to improve compliance with the Indian Child Welfare Act by amending the California Family Code, Probate Code and Welfare and Institutions Code. (To read the bill itself or a summary of it, visit www.calindian.org.) The bill is widely supported by Tribes and Indian organizations. The list of supporters continues to grow and is updated weekly at www.calindian.org. If you are interested in learning what you can do to help support this effort, visit www.calindian.org for more information. I also wanted to take this time to thank California Indian Legal Services (CILS) for all their support and efforts towards this senate bill – YOOTVA!

Karuk Tribe Foster Home:

Part of the ICW Committee's responsibility is to start and oversee our own Karuk Tribe Foster Home.

I am pleased to announce we have two adults who are going through the process to become certified foster parents and to oversee our tribal foster home! As I travel through Indian Country, it's has been said several times we just don't have enough family homes for our children, so it is an honor to have our own Karuk Tribe Foster Home. Also, we have four other families who are going through the certification process to become foster parents from their own home!

Karuk children have the right to grow up among their own people so we will continue to recruit foster parents. If you would like to offer your home and family and become a foster family, Please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application. When approved by ICW committee, fingerprints for background check must be taken of all people living in your household over the age of 18. A home evaluation will be completed by our social services department.



Cathy Scott managing the CASA fair booth

Friends of CASA (FOC)

FOC has been established to support our Karuk CASA Volunteers and CASA's basic operational expenses. As the Vice-Chair of FOC, I would like to explain the FOC Committee's goals and duties. Our members share the same mission as our CASA program; therefore we contribute to CASA by organizing fund raisers throughout the year. The Karuk CASA program relies entirely on grants and monetary support from our communities. Such contributions enable us to recruit, screen, and train tribal advocates to speak for abused and neglected children in Juvenile Court. It also helps with gas for volunteers to visit and/or transport children to necessary appointments. Fifty-five dollars (\$55) for fingerprinting and a background check is a big cost for our CASA program.

As you can tell, this is a worthy cause. YOUR KARUK CASA IS THE FIRST IN CALIFORNIA. So when you see our FOC Committee selling tickets, selling t-shirts, or looking for volunteers, please support your Karuk CASA Program. Your contribution will help further our children advocacy efforts and help us provide service to our tribal children. Volunteers are needed! We can use your time, your contacts, or your monetary support.



Cathy Scott, receiving a Certificate of Appreciation

ASPECIALTHANKS
TO CATHY SCOTT who help to coordinate our fair booth which is one of our big events. (FOC members do not receive stipends for their time) Cathy-Thank you for an outstanding job as the chair! The way you organized our volunteers as a team enhanced the success of this exciting event. You made sure every detail was in place, and your people skills added a cooperative atmosphere to the valuable experience. People like you make all

the difference in the world! YOOTVA (A certificate of appreciation and a \$50 People Center certificate was given to her by the council)

Low Income Assistance Program (LIAP):

LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

Our goal was to assist our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need. So the council has obligated some funding to help those who need assistance. It has helped a lot of elders and families with children. As Secretary of the LIAP Committee, I will be working on policies or point systems to help us make a fair and consistent decision.

We will continue to look for funding to get an assistant for our LIAP program so we can expand our program and reach our goals by helping tribal members become self-sufficient and employable.

Tribal Reunion: Planning for 2006 Tribal Reunion

Before we know it, our 2006 Tribal Reunion will be here. We will continue to plan for the upcoming event. A date hasn't been officially chosen but we plan to have it

early in the year (around June).

If you have never attended, I encourage you to attend as we have many activities available for all ages! Contact me if you have ideas or concerns with the upcoming Tribal Reunion.

Website: Revisions

Our goal is to have a very informative and user friendly website. We continually work on updating our webpage. A KARUK CHAT ROOM IS COMING SOON!

If you have any digital pictures of Tribal events, buildings, local nature, etc. that you do not mind sharing, please forward copies to Gerry Canning (on CD or disc please – otherwise it will bog down the email server) so that he can use them on the website. As he updates the content it would be greatly appreciated!

Please let me know what you as a Karuk Tribal member would like to have available on the Karuk website.

Head Start: Children are our Future

The new school year has begun! I have visited the Yreka Head Start and it's great to see all the returning and new children. We have a very reputable Head Start. This success is because of our great administration and classroom staff. Keep up the good work!

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information. Florraine Super



Virginia Peters

Nov. 12, 1932 - September 4, 2005

Virginia Mae Peters, life-long resident of Siskiyou County, recently passed away in her home after a long illness. She was preceded in death by her mother Edith Albers, and her brother James Albers. Virginia is survived by her husband of 56 years, Raymond Lyle Peters, a resident of Happy Camp. Other members of her family who will miss her deeply are her five daughters and their families: Theresa and Alan Lawton of Willow Creek and their daughters Trudy and Valerie; Terrie and Deverous Frank of Redding and their children Mini and Deverous Ray; Leona Peters of Yreka and her children Vyron, Jodie and Trina; Patricia and John Murphy of Anderson and their children John Jr., Craig, and Alisha; Elsa and Bob Goodwin of Happy Camp and their children Robert Ray and Jaclyn. There are also 16 great-grand children and numerous other nieces, nephews and wonderful brothers and sisters in-law that will miss her deeply. She enjoyed hunting, woodcutting and taking rides with her husband. Virginia loved gardening, playing Bingo and her annual trip to Reno with the Happy Seniors, of which she was a member for many years. Virginia was a member of the Karuk Tribe of California and enjoyed talking Tribal politics. She was a very loving wife and mother and she will be missed very much. Services were held at the Karuk Community Center Building in Happy Camp on Friday, September 9, 2005 at 11:00 am.

Karuk YOUTH Council

Yav pa anva Conference

("the medicine is good" conference)

December 3, 2005

Conference 8am-7pm • Movies 7pm-9pm • Dance 9pm—12am

People of all ages and ethnic background are welcome to attend the Karuk Tribe's first annual youth conference. We will be teaching children about our traditions to help them make healthy decisions. There will be food and games provided. This youth day is for kids to get together and discuss our traditions and culture; we will go over diabetes, obesity, and drugs and alcohol. We will switch groups throughout the day and watch movies that have to do with our tribe. We only have enough room for 75 people so hurry and fill out a registration form at www.karuk.us or contact any tribal office. This is a free event for 5th grade and up. Afterwards there will be a dance for teenagers ages 13-19 from 9:00 pm-12:00 am.



Prize Giveaways!

Housing Available Upon Request

Transportation Provided Upon Request

Free Conference T-shirts & Bags

Snacks, Lunch, & Dinner Provided

No Registration Fee!

TEEN DANCE

9pm – 12am

No cover charge!

High School Students Only

Clean & Sober Activity

Return your registration form by 11-18-05 to:

Karuk Tribe-Florrine Super

PO Box 1016, Happy Camp CA 96039

1-800-505-2785 ~ Fax: 530-493-5322



Aja Conrad ★ Jaclyn Goodwin ★ Alma Navarro

Registration Form:

Form may be duplicated. Each person attending must fill one out and return by Nov. 18

Last name: _____ First Name: _____

Mailing address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Email: _____

Emergency Contact Person/Phone Number: _____

Age: _____ Date of Birth: _____ I plan to ride with: _____

☐ YES, I Need to be housed ☐ YES, I Need transportation

My t-shirt size is: S M L XL XXL

**PLEASE TELL US HOW YOU HEARD ABOUT YAV PA ANVA CONFERENCE:

<input type="checkbox"/> Karuk Website	<input type="checkbox"/> Karuk Newsletter	<input type="checkbox"/> School / Teacher
<input type="checkbox"/> Karuk Staff Member	<input type="checkbox"/> Friend	<input type="checkbox"/> Council Member
<input type="checkbox"/> Youth Council Member	<input type="checkbox"/> Flyer at Tribal Office	<input type="checkbox"/> Other

Contract Compliance Update

Erin C. Hillman

Director of Administrative Programs & Compliance

A separate component of the Tribes' fiscal department, the compliance department, under the direction of the Tribal Council, operates as a liaison between tribal departments and the fiscal department. The compliance department provides assistance and direction to program directors, staff and council in understanding and complying with Tribal, State, and Federal grant administration and contractual requirements. The department is a necessary step in the internal control process to ensure that applicable rules and regulations are adhered to. The goal is to make positive contributions toward fiscal and programmatic integrity of the Tribe.

The end of Fiscal Year 2005 has fast come upon us, and it's been a busy year. The Tribal administration has made several transitions including the restructure of Tribal Transportation/Construction Management and the Compliance Department. The transportation department responsibilities now fall under the NEPA/ Land Manager Scott Quinn, and construction project management has been delegated to long time employee Fred Burcell, formerly Maintenance Crew Supervisor. The compliance department has assumed the responsibility for supervision and oversight of the Education, Low Income Assistance, Language programs and Grant writing staff.


Update on Roads: Minor work that was to be performed in the spring of 2005 to complete the Yreka Roads project has experienced many unexpected delays. The development of the Scope of Work by the Bureau of Indian Affairs for the project took longer than expected. When the project was finally bid out at the height of construction season, no bids were received. Our construction manager is now in the process of negotiating with contractors to perform these services as allowed by our construction procurement policy.

As traffic control (speed limit enforcement) is a serious issue within the Yreka housing community, the Housing Authority intends to install speed bumps to slow traffic as soon as the project is complete. The Tribal Council and staff take these concerns seriously. Since permanent measures to address this issue such as speed bumps cannot be installed until the construction is complete, alternative methods to control traffic are being investigated as a temporary solution to the problem.

Policy Development: The Tribal Council reviewed and adopted the compliance department's draft amendment to the fiscal policy for contract procurement. This policy had been in development for several months and had been drafted to be consistent with other tribal entities and compliant to federal regulations.

Christmas Bazaar

Leo Carpenter, Jr.



We are planning a People's Center Christmas Bazaar in conjunction with the Karuk Tribe of California Annual Christmas dinner on December 10, 2006. We will have 18 tables for local vendors to set up inside the People's Center exhibit area. We will have table applications available on line at www.karuk.us or by calling 530-493-1600 ext. 2202 or 2201 for more information.

Other policy developments in the works are a waiting list audit policy for the Housing Authority and a policy for the compliance review and approval of Memorandums of Agreement and Memorandums of Understanding, for both internal agreements between tribal entities and with outside agencies.

Programmatic Review: Internal audit reviews were initiated and completed for the Department of Natural Resources, Child Care program and Education department. In addition to the internal audits, a programmatic review with the State of California Department of Community Services and Development was conducted and the Tribe had no findings.

Required by the State of California Department of Community Services and Development in order to receive continued funding, the Tribe developed a Community Action Plan (CAP). My office was overwhelmed with responses to our Needs Assessment Survey that was a critical component of the CAP. Without the contributions of our communities, this task would have been impossible to complete. Yootva.

Grants: Currently the Karuk Tribe is administering 82 open grant files. This does not count the individual departments funded within the Indian Health Service or Bureau of Indian Affairs Annual Funding Agreements, which support in part our Natural Resources Department, Health Clinics and Social Services programs to name only a few.

From October 1, 2004 to September 30, 2005, forty two (42) grants and contracts were submitted for total funding requests of \$5,027,934.00. A total of 35 grants and contracts were awarded to the Tribe totaling \$3,943,007.00. Close out documents for twenty (20) expired contracts or grants were filed. Independent Contractor Agreements submitted and approved by the Tribal Council numbered seventy two (72).

Bi-Annual Joint CRIHB/IHS Meeting

Lawrence Jordan

On July 19-21, 2005 the Karuk Tribe participated in the Bi-Annual Joint Meeting for the California Rural Indian Health Board (CRIHB) and the Northwest Portland Area Indian Health Board in Lincoln City, Oregon. One of the highlights of the meeting was a visit by Dr. Charles Grim, Director of Indian Health Service.

The primary reason for the Bi-Annual meeting is to pass resolutions jointly in support of Tribal health issues which affect Tribes in California and the Pacific Northwest.

Dr. Grim discussed the Indian Health Service budget, the Medicare Part D Pharmacy Benefit, and the IHS Scholarship Program.



Photo L-R: Lawrence Jordan (Executive Director), Doni Wilder (Portland Area IHS Director – also wife of Karuk Tribal Member Leroy Wilder), Dr. Charles Grim (IHS Director), and Margo Kerrigan (California Area IHS Director)

Senate Bill 678 Hearing

Lawrence Jordan

On August 23, 2005, the Indian Child Welfare Act (ICWA) Committee attended a hearing on Senate Bill 678 in Sacramento, California. Arch Super testified in support of this bill on behalf of the Karuk Tribe of California. SB 678 will improve State Court compliance with the Indian Child Welfare Act by amending the California Family Code, Probate Code, and Welfare Institutions Code. As a result of the Tribe's testimony, the Senate Judiciary Committee voted in favor of SB 678.



Photo L-R: Daniel Pratt (Social Worker III – Orleans Area), Arch Super (Chairman), Mike Edwards (Social Worker III – Yreka Area), Florence Conrad (Council Member), Florraine Super (Council Secretary), Barbara Norman (Tribal Attorney), Tanya Busby (Case Worker), and Lawrence Jordan (Executive Director)



Earned Income Tax Credit

**Low-Income Individuals and Families Can Get Extra Money Back
In Their Tax Return**

What is the Earned Income Tax Credit (EIC or EITC)?

Established in 1975, the Earned Income Tax Credit provides a refund for certain low-income working families and individuals.

- For the 2005 tax season the EIC can return up to \$4,400-the average credit for eligible workers with children is about \$2,100

Who Is Eligible for the EIC?

Single or married people who worked during the tax year, are between ages 18 and 64 (or 25 to 64 if no children) with a valid social security number, and who are U.S. citizen or legal permanent resident may qualify for the EIC if their income is under certain amounts (other factors may apply).

For more information, about the EIC and our free tax preparation,

go to www.calindian.org or call • California Indian Legal Services

Bishop • Escondido • Eureka • Oakland • Santa Rosa • Washington, D.C.

E-mail: contactCILS@calindian.org

**California Indian Legal Services
Administrative Office Telephone
(510) 835-0284**

Eligible Income Levels for 2005 Tax Year

Number of children	If taxpayer is single	If taxpayer is married
0	\$11,750	\$13,750
1	\$31,030	\$33,030
2 or more	\$35,263	\$37,263

Staffing Update

Sara Spence, Human Resources Manager



Sara Spence

Here is the quarterly staffing update; we currently have 162 employees on staff.

Jessie Thom resigned her position as Custodian at the Yreka Clinic on 8/8; we have hired a private company, **Pioneer Cleaning Services**, to clean that clinic at night as the task has become rather large with all of the staff/departments out there.

Monty Mollier filled the Maintenance/ Groundskeeper vacancy in Somes Bar/ Orleans on 7/18.

Sharon Denz filled the Patient Assistance Clerk vacancy in the Yreka Clinic on 7/25.

Lana Givant filled the Registered Nurse vacancy in the Yreka Clinic on 7/25, this position was previously held by **Sharon Denney** who resigned on 5/31.

Jolena Jerry filled the Dental Receptionist vacancy in the Yreka Clinic on 8/17 and **Christina Kelley** filled the Dental Receptionist vacancy in the Happy Camp Clinic on 9/6.

Janet Burcell resigned her position as Pharmacy Billing Clerk on 9/16 and **Kathi Hauzer** filled the position on 10/17.

Bonnie Alvarez and **Nell Sakota** resigned their positions as Senior Nutrition Center Cooks on 8/26. **Wilson Donahue** started on 8/29 and **Stephanie Griffin** started on 9/6 to fill these vacancies. Nell resigned her position to transfer to the Head Start Cook vacancy in Happy Camp that was created when **Leona Peters** transferred to the Yreka Head Start Cook position, which was vacated when Rana

Bussard transferred to the bus driver position.

Linda Davis resigned her position as Head Start Teacher in Happy Camp on 8/2 and **Maria Nena Creasy** was transferred into that position. Maria was previously the Teacher's Assistant in the Happy Camp Head Start Center and **Daria Tripp** filled that vacancy on 8/28.

Lora Burns resigned her position as Billing Clerk on 9/22 and we are still in the process of filling that vacancy. We are also advertising for a Temporary Accounts Receivable Clerk to try and keep up to date on the AR/Billing that needs to be done to allow the Health Program to function.

Leaf C. Hillman, Harley Moore, and Grant Hillman were hired on 9/22 as seasonal Biological Technicians to work in the Department of Natural Resources.

Darlene Navarro resigned her position as CASA Program Manager on 10/14 and we still in the process of filling that vacancy.

It seems as though there is always a vacancy of some sort. If you or anyone you know is interested in employment with the Tribe, additional information can be obtained on our Website at www.karuk.us. Just click on [Employment Opportunities](#) for more information about employment with the Tribe. On this website you can download an employment application as well as read full position descriptions for vacancies. We have also implemented an email list you can sign up for to be notified when new positions are posted on the website. In one month I had 15 people sign up to find out about employment with the Tribe.

**Attention: Siskiyou County Youth
11-19 years old.
Grants for Youth are Now Available!**

**Grants Advisory Board for Youth
(GABY)
is awarding grants from Shasta
Regional Community Foundation
Get up to \$1,000
for youth led community service projects!**

Write a proposal for a grant to help you complete a project. For assistance or more information, go to <http://www.shastarcf.org/grants.cfm>. You can also call GABY board member, Andrew Bley at 493-5442, the Happy Camp Computer Center at 493-5213 or Kathy Suvia at 244-1219.

Proposals are due at Shasta Regional Community Foundation by December 14, 2005.

Elder Shares Local History and Genealogy

Rosie Bley



*Hazel Davis Gendron,
Historian*

Hazel Davis Gendron is a remarkably talented woman who is a fountain of information on local tribal and mining history. She has generously shared her memories and knowledge to many (myself included) seeking information on local families and historical people, places and events. Her web site is, in her words, a "work in progress" and has many hidden jewels for those who seek insight into native and non-native history in western Siskiyou County.

To visit, go to:

<http://www.hazelshobbies.com/index.php?module=ContentExpress&func=display&ceid=>

Also:

<http://freepages.genealogy.rootsweb.com/~siskiyou/index1.htm#PageTop>



KTHA Update

Sami Jo Difuntorum
Executive Director
Karuk Tribe Housing Authority

The summer went by quite fast at the Housing Authority. The construction season in Northern California was short this year due to a very wet spring. Even so, the Karuk Tribe Housing Authority (KTHA) construction department moved many important projects forward.

The long anticipated Yreka Elder's community is substantially finished. Our first eight Elder's have moved into their new homes. We have fifteen Elder's homes in the Yreka community, fourteen in Happy Camp, and ten in Orleans. If you would like more information on Elder's housing, please call me at 530 493-5434, extension 113, email sdifuntorum@karuk.us, or Ann Escobar at 530 842-1644, email aescobar@karuk.us.

The KTHA loan program has over \$978,000.00 obligated in first time homebuyer loans to eligible Tribal members. To qualify for this program, you must live in Siskiyou or Humboldt County. KTHA loan officer Eddie Davenport is the contact person for the loan program and the upcoming Community Development Financial Institution (CDFI). If you are interested in loans programs offered by KTHA, please call him at 530 493-5434 ext 105, or email edavenport@karuk.us.

KTHA is pleased to announce the hire of our Director of Security and Emergency Services, Lisa Haas. Lisa is currently residing in the Yreka community and will be the first Tribal Law Enforcement officer employed by the KTHA. She is busy developing security programs, including Neighborhood Watch. You can contact Lisa in the Yreka office 530 842-1644.

We just ended our program and fiscal year at the KTHA. At the end of each year we compile a report called the Annual Performance Report (APR). KTHA staff will be scheduling public comment meetings in Orleans, Yreka, and Happy Camp for public review and comment on the APR. Once the dates are scheduled, they will be posted in all Tribal offices.

KTHA welcomes our newest Housing Committee member Sheila Robinson of Yreka. Sheila is serving the remainder of the term vacated by former board member Joe Schuler which expires May 16, 2007.

KTHA Securities and Emergency Services

Ayukii!

I am Lisa Haas and I am the new Security Director for the Karuk Tribe.



Lisa Haas

I have worked in the security/law enforcement field for over fourteen years. I was born and raised in Happy Camp and my family has lived on the river for over 8 generations. I have an eleven year old son who is enjoying getting to know his extended family and our Karuk heritage.

My job as director is to implement the Karuk Tribal Police Department.

I will be entering into the California Peace Officer Standard and Training (P.O.S.T.) program in the near future. Currently, I along with the residents in the Yreka Housing Community, are starting a Neighborhood Watch Program.

I would like to take this opportunity to thank the residents of the Yreka Housing Community and the Karuk Tribal Housing Authority for all their support and encouragement while we develop these programs together. The success of the Security Department lies with strong community involvement and continued support from all.

Feel free to contact me with any questions, suggestions, or concerns by calling (530) 842-5355.

Yootva!



*Karuk Tribe Housing Authority Administration
Building, Happy Camp*

Karuk Tribe Military News

SPC Richard George Kozma

Leaf Hillman

SPC Richard George Kozma, son of Richard and Tribal Member Patricia Kozma of Dunedin, Florida is serving in the US Army. SPC Kozma is with the 440th Signal Battalion, 22 Signal Brigade, which is part of the 5th Corp, stationed at Cambrai-Fritsch Kaserne outside of Darmstadt, Germany. SPC Kozma graduated from Countryside High School, Clearwater, FL, in June 2000 and joined the Army August 2000. He graduated from boot camp at Ft. Knox, Lexington, KY. From there he went on to attend AIT in Fort Gordon, GA. First tour of duty for three years, was Darmstadt, Germany. SPC Kozma was deployed to Iraq March 2003 and returned to Germany February 2004. His tour in Germany was extended due to his deployment to Iraq. He married SPC Bevelyn Cowans, of Lexington, NC, September 2004 and they became parents May 2005. In November 2005 SPC Bevelyn Kozma will be deployed to Iraq.



SPC Richard George Kozma

SPC Kozma's parents, brothers Michael, Chris, Kyle, Aunts and Uncles, Andrew and Tribal Member Birdie Whipple; Lynda and Tribal Member Leo Chase; Nick and Tribal Member Andi Cossman; Tribal Member Steven Martin and too numerous to name cousins, want him to know how much he is loved and how proud we all are of him. He is now serving his second tour in Iraq, deployed 5 Oct 2005.

Seaman Recruit Grant Henry Peterson Seaman Apprentice Heather Linnae Peterson

Erin Hillman

Tribal Member Babbie Peterson has had a very busy summer, first attending her children's high school graduations and then traveling to Chicago Illinois twice to witness each of them graduate from boot camp at Great Lakes Naval Base. Babbie and husband Dwayne Peterson's son, Grant Henry, and daughter, Heather Linnae, who both attended Junction



Dwayne, Grant, Babbie & Heather Peterson with Grandpa Willard Titus in chair

Elementary school in Somes Bar, graduated from Hoopa Valley High School in June, and then within weeks of each other, left their home for the Navy.

Seaman Recruit Grant Henry Peterson (E-1) graduated from Great Lakes Naval Base on August 19, 2005. He is now stationed in Groton Connecticut where he is receiving a year of training in computers and electronics which he will use as a submariner. In his spare time at home in Orleans his interests include computers, computer games, running, wrestling, reading and hanging out with his friends.



Seaman Recruit Grant Henry Peterson

Seaman Apprentice Heather Linnae Peterson (E-2) graduated from Great Lakes Naval Base on September 23, 2005 and is currently in San Antonio Texas training to be a culinary specialist. Heather's extracurricular interests include writing, cooking, playing saxophone, learning guitar, listening to music and like her brother, reading and hanging out with friends.



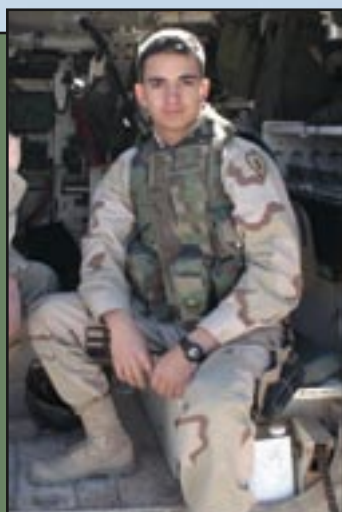
Seaman Apprentice Heather Linnae Peterson

Grant and Heather come from a family with a history of military service, their Grandfather, Karuk Tribal Member Willard Titus Sr. is a WWII Army Veteran and their Uncle Willard "Bucky" Titus Jr. is a Vietnam War Army Veteran. Willard Titus Sr. is very proud of his grand children's decision to join the service. So are we.

Home Safe

SPC Josh Hillman

*back after a year
in Northern Iraq
to Ft. Lewis*



Second Annual Fall Karuk Basketweavers Gathering

Leo Carpenter, Karuk People's Center Director



Leo Carpenter, Jr.

The People's Center hosted the 2nd Annual Fall Karuk Basketweavers Gathering on September 23rd through the 25th of 2005. There were 125 registered participants for the three day event held at the Karuk Tribal Administration Complex.

For three days participants shared meals, weaving tips, and good conversations, given at no cost to the participants because of a grant from the National Endowment of the Arts and the Karuk Tribe. The delicious meals were planned and prepared by head cook Carrie Davis and her helpers, Laura "Loli" Ward, Gaby Ward, Mrs. Lora Ward and Kathy Davis. After dinner on Friday evening a Bingo game offered prizes of Karuk jewelry, keychains, a t-shirt, a Navajo blanket and a beautiful star quilt donated by the People's Center.

Verna Reece was the lead teacher of Karuk basketry. Brian Colegrove, taught the men the open weave style. One person Brian taught to weave, made himself a open weave cap.

On Saturday morning Verna Reece led about thirty people on a field trip to gather Woodwardia fern. Verna then taught how to re-seed the area while gathering by stripping the leaves on the site. The students returned to and extracted the fibers used to weave the baskets. In the evening before dinner The Davis Dance group put on a demonstration Brush dance. After the dance, dinner of salmon, cooked in the traditional Karuk way was served by Carrie and crew.

On Sunday after breakfast most of the participants went home. We are planning our 3rd Annual Spring Karuk Basketweaving Gathering for April 2006.



yav pa anav

Karuk Family Wellness Court

by Judge Flies-Away

The *institutionalization* of Healing to Wellness Courts amid some American Indigenous Nations suggests that a *spiritual revolution* is slowly unraveling on the rez. Something stunningly spiritual (related or joined in and energy that brings people together - reconnects) is happening to Indigenous North American jurisprudence. There seems to be a reverent revival and renaissance of traditional and enlightening ways. For tribal government, the movement is almost like the berthing from one world to the next - like the stories in some creation myths - which indicate a major change of context and circumstance. Though this 'native' revolution does not employ a 'call to arms' strategy, it does demand the thoughtful application of indigenous intellect and innovation to the incessant - and intricate - community and nation building campaign.

It appears that this native revolution's primary purpose is to rid the indigenous psyche of the remaining symptoms common to a conquered and cowed people. For many North American Indigenous Nations, symptoms include extensive alcohol and drug abuse and their related devastating crime, delinquency, and dependency. Encouragingly, Tribal Healing to Wellness Courts attempt to address this particular devastation, depression, and decay of the human spirit; most of which is preventable and needless. Wellness Courts signify that this *spiritual revolution* is beginning to swirl—at least among a few tribal communities. These revolutions not only matter to Indigenous people individually as they each heal and get reconnected, they are of big consequence and concern to their peoples' collective paths as they travel/develop from *Tribes to Nations*.

A Healing to Wellness Court is a tribal version of a Drug Court. Both can be considered a treatment court. Wellness Courts have been implemented in various tribal communities throughout Indian Country and each has taken on its own personality and characteristics derived from its own community and those people who have helped fashion and design each court and its process. Initially, Wellness Courts were alternative criminal court dockets for non-violent drug offenders that provided close judicial supervision of a participant's treatment program and progress, and supervision of their aftercare. Now, wellness courts are working more and more with the family to assist and support the entire family in their efforts to be healthy. To address preventable substance abuse and consequences among tribal families, Wellness

Courts utilize a wide variety of treatment modalities ranging from traditional individual and group counseling to acupuncture, a c u p r e s s u r e and even Zen

meditations. Treating the whole person and family is what is central to the Family Wellness Court approach.



Florence Conrad & another participant

The development of the Family Wellness Court, or what the Team is tentatively calling *yav pa anav*, is fueled by the Karuk's Tribe's desire to respond to alcohol and drug related family issues among the Karuk people and community. Jail time, fines, and punishment alone, do not change a person's behavior; it takes another approach, a healing approach. *yav pa anav*, which translates into Good Medicine, hopes to bring together a wide spectrum of perspectives and treatment services, that can help individuals regain personal and community responsibility and accountability. Treatment possibilities all depend on what healing resources Karuk already provides or is planning to provide, and how well providers can collaborate and make their services available to *yav pa anav* participant families.



Daniel Pratt, Julie Burcell-Carpenter
& Judge Flies-Away

It is planned that participant families in *yav pa anav* receive support not only from their counselors and treatment staff, but from the judge and entire Wellness Court Team. A Wellness Court Team can include treatment staff, social services, law enforcement, schools, education and training counselors, elders, community members, judicial officers and others. And in order for participant families to succeed, the Court must track and follow up with participants and provide prompt and swift responses to successes and non-compliance. While the literature on Healing to Wellness Courts is young, evaluations have shown that they can work. Recidivism is down among offenders and participants learn to lead healthier and fuller lives.

In April 2005, with financial support from the U.S. Department of Justice - Drug Court Planning Initiative, the Karuk Tribe began planning its Family Healing to Wellness Court. A Planning Grant supported the travel for a Team from Karuk to attend 4 Meetings/Trainings to learn more about wellness courts, treatment, and potential planning issues that bring the two together. The last training ended on October 15,

Preventing and Reporting Elder Abuse

Babbie Peterson, Senior Center Director

Were you aware that when you continue to use an elder's phone and place the burden of your long distance phone bill on them, that is reportable elder abuse?



Preventing & Reporting Elder Abuse participants

To learn more about physical and emotional elder abuse and reporting, the Siskiyou County Sheriff's Department conducted

training for community members on October 5, 2005. This training was provided in cooperation with The Happy Camp Family Resource Center, the Forest Service, and the Karuk Senior Center Program. It is a requirement for our Senior Center Nutrition Staff to be mandated reporters of Elder Abuse.

HOW TO REPORT ELDER ABUSE:

- ☒ If a known or suspected instance of elder abuse has occurred in a long-term care facility, the report should be made to the local Long-Term Care Ombudsman, the local law enforcement agency or the Bureau of Medi-Cal Fraud and Elder Abuse.
- ☒ If abuse has occurred anywhere other than in a facility, reports should be made to the local

county Adult Protective Services agency or to the local law enforcement agency.

- ☒ The reporting person is protected from both criminal and civil liability.

Local Adult Protective Services:

Humboldt County Department of Social Services
808 E Street
Eureka, CA 95501
(707) 476-2100 or (866) 527-8614

Siskiyou County Human Services Department
490 South Broadway
Yreka, CA 96097
(530) 842-7009

Ombudsman (Investigative) Programs:

Humboldt, Del Norte, Lassen, Modoc, Shasta, Siskiyou and Trinity Counties
1910 California Street
Eureka, CA 95501
707-443-9747 • FAX 707-444-2065

Ombudsman Program

1647 Hartnell Ave., Suite 6
Redding, CA 96002
(530) 223-6191 • FAX (530) 223-5292



Pam Cunningham (left, in black) facilitated the training.

yav pa anav... continued from page 14

2005 and over the next few months will continue planning and develop a grant proposal for implementing *yav pa anav*. Of course, collaboration with the State - the Counties of Siskiyou and Humboldt - is required in order to fully develop *ya pa anav*. The Tribal Court will continue to work with building its relationship with the County Court and welcomes other County participation in *yav pa anav*. Various issues must be worked out and may restrain the tribe's creativity at first but it does not prevent the Tribe from developing an infrastructure necessary to support this important responsibility and expression of tribal sovereignty.

The Team that began outlining the contours of *yav pa*

anav - Karuk Wellness Court - consisted of Chairman Super, Council members Super and Conrad, Chief Judge Flies-Away, Court Administrator Attebury, social services and behavioral health staff Snapp, Pratt, Busby, and Edwards, and administrative staff Hillman and Burcell. The Team is looking for more input from community members and staff, particularly elders, and is planning a presentation to the Council and Membership in the near future as well as prepare the grant application for three years of implementation. If you are interested in learning more about *yav pa anav* please forward your inquiries to the Court Administrator and she will bring them to the Team. Look for announcements for the community presentation in the near future.

SWEEP Success Stories

SWEEP stands for Skills, Work, Education Enhancement Program: This program is to enhance eligible Indians' lives with skills/work and/or education. The goal of the applicant is to become more employable while obtaining an incentive payment. An applicant can be on the program for two years or 48 payments while they acquire skills for permanent employment.

Wesley Mayton, Tribal Member, Happy Camp, CA



*Wes Mayton
SWEEP Success Story!*

So give us some background of who you are? Born and raised here.

How long have you lived in the area? Most of my life

How did you hear of the SWEEP Program? Florence Lopez, Elder's Director

What year did you sign up for the Program? 1997 – I think

What were your circumstances at the time? Desperate

What duties did you do while in the program? I filed, typed minutes for Lessie Aubrey, CQI Director's Happy Camp Health Office.

How did this lead to your employment? A little job here, a little job there. I just worked into one.

In your own words, how has the SWEEP program changed your quality of life? It helped me get on my feet when I needed it the most.

What do you think can improve the SWEEP Program? I am not sure.

Would you refer Tribal members to the program? I think everyone needs help once in a while regardless of who they are.

Marlene "Sunday" Kalua, Tribal Member, Happy Camp, CA

Lisa Aubrey, SWEEP Director

So give us some background of who you are? My name is Marlene W. Kalua. Most know me as "Sunday Tripp" from Somes Bar, CA. I lived in Somes Bar until I entered High School, which moved me here to Happy Camp. Right after school I moved to Hawaii, homeland of my mother Violet Tripp, whom I lost in 2001. I married and lived in Hawaii until January 2004.

How long have you lived in the area? All my childhood life

How did you hear of the SWEEP Program? Terry Tripp, sister

What year did you sign up for the Program? May 7th 2004

What were your circumstances at the time? I was starting over in my life and needed a home and job.

What duties did you do while on the program? I thank the Karuk Housing Authority for promptly taking me on board with their maintenance department. But with no positions open for permanent work, I was offered to do SWEEP time assisting Lisa Aubrey, LIAP Administrator. During that time I worked with the TERO program, Dion Wood, Tero Director who pointed me toward another program, California Indian Manpower Consortium Inc. (CIMC) who paid for job training.

How did this lead to your employment? Today, I have a good full-time job. I am self-sufficient and I work with good people. I'm so happy!

In your own words, how has the SWEEP program changed your quality of life? The SWEEP program helped and supported me through my transactions. I'm very thankful for the helping hand reaching out!

What do you think can improve the SWEEP Program? I always thought that a social worker should be incorporated into the program.

Would you refer Tribal members to the program? Its there - reach back. I recommend it!



*Marlene "Sunday" Kalua
SWEEP Success Story!*

Who is Ellen?

Sara Spence, Human Resources Manager

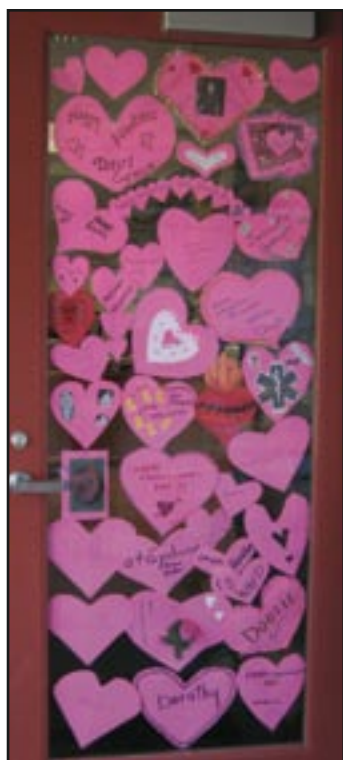


*Ellen Johnson,
Administrative Office Receptionist*

office mail, etc. Ellen also keeps us all on our toes so that we consistently check in with her and let her know where we are so when you call, she can tell you where we are!

Do you ever wonder who that voice is that answers the phone when you call the Happy Camp Office? It is Ellen Johnson, (AKA, Dingy by long time friends) our dedicated Administrative Receptionist! Ellen always answers the phone ready to help direct your call to the appropriate place in such a pleasant manner.

She also does several other things for the Tribe including office supply ordering, logging in and out *every piece of mail* that comes into and out of the Administration Office. She distributes memos, faxes, inter-



She spreads happiness and laughter throughout the office wherever she goes and encourages us to express our "creative" side during the holidays with required homework... like making a door decoration for the front door. The most recent example was Halloween and another good one was Valentine's Day as seen in the photos.

Ellen was born and raised in Happy Camp where she lives with her husband Bill. She has one daughter, Lisa Haas, who works for the Karuk Tribe Housing Authority as their Security Director in Yreka Housing.

One demonstration of Ellen's wonderful contribution to the community was the development of the Happy Camp Old Town Park that was built in 1999 across the street

from Evan's Mercantile. For those of you who remember, it was previously the site of the Timber Inn and Del Rio Theater, and

later had become a field of old cement blocks and garbage with overgrown weeds for years. Ellen and her husband Bill, along with other community members, took the time, money, and effort to clean it up and make it into a lovely park for the community to enjoy. They continue to mow and maintain it to keep it looking nice!



*Old Town Park
Downtown Happy Camp*

I figured I would take this opportunity to give you a face to put with the name since several of you hear it on a regular basis. I would also like to thank all staff who pitch in at the front desk by helping answer phones when we are short staffed!

Grant McElyea Receives Ford Family Foundation Scholarship

Submitted by Nadine McElyea



Grant McElyea, a Tribal member and 2005 graduate of Happy Camp High School, is attending College of the Siskiyous in Weed thanks to the help of the Karuk Tribe of California Education Program and the Ford Family Foundation Jump Start Scholarship. Grant is enrolled in the Administration of Justice AA Degree Program. His plans are to become a law enforcement officer and work in Siskiyou County.

In the attached photo, Grant is receiving his scholarship award plaque from Anne Leavitt, Director of the Ford Family Foundation Scholarship program at an awards banquet held at COS on September 19th. Grant was nominated for this scholarship by Monica Van Baren, Happy Camp High School counselor. The Ford Family Foundation, based in Roseburg, Oregon, provides scholarships to students in Oregon, and in Siskiyou County, California.

10 Money Management Tips

Laura Mayton, CFO

1. Be a saver not a borrower. If you save \$1,000 for a year at 5% interest, you will have earned \$50. If you borrow \$1,000 for a year at 5% interest, it will have cost you \$50. The difference is a \$100 shift in your overall spending power. Earning interest increases your future spending power. Paying interest decreases your future spending power.
2. Pay off credit cards before paying extra amounts towards your home mortgage. Credit cards usually have a much higher interest rate than home mortgages so you are saving money on future interest payments by paying credit cards off first. Also the interest you pay on your home mortgage is tax deductible.
3. When making a purchase choose the best value. The best value is often not the least expensive or the most expensive choice. Sometimes when you purchase the least expensive choice, the quality is not good and you end up spending more to replace the item later. Sometimes when you purchase the most expensive choice, you are paying for a name brand that may not be any better in quality.
4. When making large purchases shop around. There are often significant differences in price between retailers on the same or similar items.
5. For Christmas shop the day after Thanksgiving and get great bargains. Most retailers open early and offer great deals the day after Thanksgiving. Plan your shopping strategy by purchasing a newspaper a day ahead of time and deciding in advance which stores you want to go to and what items you plan to purchase. Plan to start early and expect large crowds.
6. If you read a lot, yard sales and thrift stores are a great place to purchase books. You will be able to purchase several used books in excellent condition for the price of one new book.
7. Have a yard sale. You will earn extra cash, clear your house and garage of unwanted items, and help someone else save money on their purchases.
8. Plan vacations in advance. If you plan your vacation ahead of time, you will have time to look for the best deals on air fare and lodging. You may also be able to find package deals which will save you money.
9. Invest in a 401K plan at work or purchase an IRA. Money that you invest in a qualified 401K plan is not taxed until it is distributed.
10. Get organized. By being more organized you will save money on many items. For example you will use less gas if you do not have to make extra trips to town because you forgot something, and you will not spend money on something that you already have but cannot find.



Neva Lenk Attends University of Oregon

Submitted by Marty Lenk

Neva Lenk has begun her freshman year at the University of Oregon in Eugene.

She graduated this past June from Ashland High School, but also attended Thurston High in Springfield, Oregon for her freshman year.

In high school, Neva lettered in both Theater and Dance Team. She has been learning the Karuk language for the past six years, studying first with Susan Gehr and later with Phil Albers, Jr. She is a member of the California Indian Basketweavers Association and did her senior project on Karuk basket weaving.

Neva plans to major in elementary education and hopes someday to teach somewhere along the Klamath River.

Go The Distance

College of the Siskiyous
Distance Learning

Videoconferenced Classes are now available at Happy Camp High School, room 11, connected to the Happy Camp Community Computer Center.

Why travel to school? College courses are available in Happy Camp. Online courses are also offered.

Pre-register for spring classes now through mid-January.

Contact the KTOC
Education Department for
Financial Assistance

Call (888) 397-4339
<http://www.siskiyous.edu>

Happy Camp High School Video Classroom (Room 11 or through the Computer Center)

<u>Class</u>	<u>Units</u>	<u>Teacher</u>	<u>Day</u>	<u>Time</u>	<u>Dates</u>
MATH 5B Calc/Analyt Geom II	4	Hatton, J	MW	8:00 AM 10:00 AM	1/20/06 5/24/06
			F	8:00 AM 8:50 AM	1/20/06 5/24/06
MATH 81 Pre-Algebra	4	Broussard, K	M	1:00 PM 1:50 PM	1/23/06 5/22/06
<i>Balance of Class Taught Online</i>					
ECE 5 Human Development	3	Thatcher, P	MWF	11:00 AM 11:50 AM	1/20/06 5/24/06
WEE 1 Work Exp Orientation	0.5	Kirsher, S	SAT	8:00 AM 5:00 PM	3/18/06 3/18/06
BA 18 Legal Envirn/Busines	3	Graves, M	T	2:30 PM 5:30 PM	1/24/06 5/23/06
BA 4 Business Communicatn	3	Dunn, S	T	6:00 PM 9:00 PM	1/24/06 5/23/06
ECE 3 Child Guidance/Mgmt	3	Thatcher, P	TH	6:00 PM 9:00 PM	1/19/06 5/25/06
ECE 7 Child/Family/Comty	3	Thatcher, P	TTH	1:00 PM 2:15 PM	1/19/06 5/25/06
ECE 27 Adult Supervision ECE	2	Thatcher, P	W	4:00 PM 6:00 PM	1/25/06 5/24/06
ECE 14 Materials and Curriculum	3	Skinner	W	6:00 PM 9:00 PM	1/25/06 5/24/06

Look for online courses at <http://www.siskiyous.edu>

Ayukii from the Education Department

Jennifer Goodwin, Education Coordinator
Information collected from FastWeb

Here are tips on how to cut corners on college costs

College costs are going through the roof. The average debt of a student finishing college is \$18,000! To reduce the costs of your education follow these strategies.

Ask about application fee waivers.

The cost of applying to college, taking standardized tests and having those scores sent to schools can add up. If you're strapped for cash, consider asking about application fee waivers. But keep in mind: Availability is limited, and you must meet some pretty stringent standards to qualify.

Apply for financial aid.

Even if you think you're not eligible, be sure to apply for financial aid by filling out the FAFSA (Free Application for Federal Student Aid). This form is the first step for applying for all kinds of aid, from federal aid (grants, loans, and work-study), to state-based funding (grants and other programs), to college-based aid (special awards, grants and work-study programs).

Search for free money.

And since every little bit counts, you should also apply for scholarships. Try using the FastWeb scholarship search to help you find awards and then apply! You can also visit www.finaid.org to learn about all of your funding options.

Complete some of your credits at a lower-cost school.

You can save a lot by completing your general education requirements at a community college or less expensive school and then transferring to complete the degree. Talk to an admissions counselor to be sure your credits will transfer, and learn as much as you can about the financial aid policy. Some schools restrict financial aid for transfer students.

Get to know the financial aid officer at your college.

While specific rules apply for financial aid calculations, financial aid officers still have a certain amount of leeway in determining how aid is allotted. It's important to let your financial aid officer know about any special circumstances that affect your ability to pay for college.

Look for ways to pay in-state tuition.

Most public colleges and universities charge considerably less tuition to in-state students in comparison to students from out of state. Pick a college in your state to keep costs down. Or if your heart is set on going out of state, consider moving a year before starting college. After you've established residency (usually one year), you should be eligible for in-state tuition. Policies vary from school to school, so be sure to check with your school of choice.

Accumulate credits before college.

You'll save a lot in tuition by earning college credits while you're still in high school. Take Advanced Placement courses or think about taking courses at a local community college to get a head start on your college career.

Combine degrees to save time and money.

If you're planning to earn multiple degrees, you can save a year's tuition by enrolling in a combined degree program. Some schools will allow you to combine a bachelor's degree with a master's degree or a master's degree with a doctoral degree.

Live at home during college.

You can save a lot if you live in your parents' home when you go to college. You might miss out on the dorm experience, but your food and housing bills will be a lot lower. If you really want the residential college experience, compromise by spending some years at home and some years living on campus.

Apply for "life experience" credit.

If you're entering school from the work force, you may be able to earn college credit for your employment and life experience. Some schools administer their own tests and standards while others allow you to take tests for college credit.

Keep costs down and maximize your financial aid, and you'll look forward to graduation day all the more!

Forge Ahead With All Of Your Educational Goals!

If I may be of any assistance to you or if you have any questions please feel free to contact me at any time.

Jennifer Goodwin
Education Coordinator
530-493-1600 ex. 2034 or 1-800-50-KARUK ex. 2034

Yupsítanach (Baby) Page

Casey Alan Quinn



Details: Born September 4, 2005 at 5:23 PM at Mad River Community Hospital in Arcata, CA

Weight: 6 lbs. 6 oz., 19.5 inches long

Parents: Scott and Jeanette Quinn of Somes Bar, CA

Paternal Grandparents: Alan and Lillian Quinn of McCloud, CA

Maternal Grandparents: The late Gene Courtney; Julia Courtney-Williams and Joe Williams of Trinidad, CA

Paternal Great-grandparents: Robert and Jenevieve Quinn of Eureka, CA and the late Stan and Aline Wilder of Orleans, CA

Rayann Lynn Jerry

Details: Born August 7, 2005
5 lbs 13 oz., 19 inches long

Parents: Joe and Lyndsey Jerry-Janesville

Paternal grandparents: Anthony (Sunny) Jerry-Yreka

Great-grandparents: Lorelie & Eugene Super-Yreka

Anthony & Berta Jerry-Montague

Maternal grandparents: Robert & Janice Watts-Janesville

Great-grandparents: Leo & Millicent Heinz-Glendale



Dakota John Scott Kozma



Details: Born on May 25, 2005 at 4:44 PM in Heidelberg, Military Installation, Germany
8 lbs 9 oz. 21" long

Parents: SPC Richard Kozma and SPC Bevelyn Kozma

Paternal Grandparents: Richard and Patricia Kozma of Dunedin, FL

Maternal Grandparents: Bevelyn "Pete" and Caroline Cowans of Lexington, NC

CHS Levels of Care for FY 2006

Effective: October 1, 2005 through September 30, 2006

The Contract Health Services (CHS) Levels of Care were reviewed and updated by the Karuk Tribal Health Board on October 6, 2005. The Karuk Tribe will cover the following expenses for all **eligible patients** that **meet all requirements** of the CHS Department. **Items that were changed are in *italics*.** Please call Anna Myers, CHS Supervisor, at 493-1600, Extension 2156 or Lucille Tiraterra, CHS Clerk, at 493-1600, Extension 2151 for further information.

Level 1 A. Pregnancy related items.

B. Abortion services.

1. Only when necessary to save the life of the mother or in the case of rape or incest; consistent with Federal Regulations.
 - a. With a written doctor report stating the cause of the complication.
 - b. With a written referral from the referring KTHP provider.

Level 2 A. Prescription medications.

1. Prescriptions not covered under the Karuk Tribal Health Pharmacy Guidelines may be reimbursed on a case by case basis only. (CHS appeals process may apply).

B. Consulting services (evaluations and management services).

C. X-rays/Medical Imaging.

D. Lab services for students and transients when the professional service has been approved for payment by CHS.

E. Diagnostic testing.

F. Colonoscopy with or without polyp removal, sigmoidoscopy.

G. Emergency Services (ER).

H. Urgent Care Services.

I. Sleep Apnea Evaluation.

J. Medical Supplies (*Not Durable Medical Equipment*).

K. Oxygen (*Re-certification needed no less than annually*).

L. Orthopedic Appliances/Devices.

M. Outpatient Chemotherapy.

N. Outpatient Radiation therapy.

O. For patients having Medicaid or other medical coverage for office visits, CHS will pay for travel expenses at the following rates:

1. Per diem up to \$30 per day plus one nights lodging at the government rate, *will be paid to patients whose appointments (medical/dental) require travel over 7 hours round trip in one day, or in special circumstances determined on a case by case basis.*
2. Patient must have a referral from a KTHP provider.
3. An escort may accompany individuals unable to travel without assistance (eg; children and handicapped adults) CHS will pay the escort up to \$30 dollars per day for food.

P. Optical examination for vision (refractive exam).

Q. *OB/GYN devices.*

R. In office procedures.

S. Contacts/Glasses limited to one pair every two years (\$200 cap).

T. Hearing aids (\$1,600 cap for one ear and CHS will pay only once).

U. Physical Therapy

1. Maximum of 10 visits per referral, with a maximum of 2 referrals per episode. Further referrals for the same episode must be approved by Managed Care.

W. Mental Health Services (limited to five visits).

X. Chiropractor, for spinal manipulation (limited to five visits).

Y. Acupuncture, by certified acupuncturist, for pain (limited to five visits).

Patient Feedback is Very Important!

By Lessie Aubrey, Director of Quality Management, Compliance and HIPAA

The Karuk Tribal Health Program is very interested in what our patients have to say about their care. In order to obtain this information we have instilled:

- Suggestion boxes in each clinic lobby
- Complaint Forms which are located in the lobby
- Compliment forms, also located in each lobby called "Rave Review", and
- Patient surveys to determine their level of satisfaction.

How Do We Use This Information?

We collect this data and use it in our Performance Improvement Process. This means we use what information is obtainable and appropriate to our mission statement.

Several years ago we learned after installing a new phone system, that our patients were having a difficult time reaching staff or trying to make an appointment. We tried various ways to make the system work more efficiently, and after several modifications and satisfaction surveys, it no longer presented itself as a problem. Therefore, we improved our process and gained patient satisfaction.

Suggestion boxes are occasionally a source of jokes and discrimination against employees, but mostly provide good and needed Performance Improvement Activities. Diaper changing tables, lobby water coolers, and outside clinic benches have all been obtained through patient suggestions. Lobby toys have been requested, but because of infection control standards, we are unable to place them in the clinic lobbies.

We cannot place soda or snack machines in our lobbies either, because they are contrary to our prevention and educational activities. To do so would only encourage this behavior.

We will take constructive suggestions very seriously, but suggestions for beer, cigarettes and matches, etc., will be ignored. Please use the suggestion boxes wisely.

Patient Complaint Forms are pink and located in the lobby. The outline for making the complaint is included on the form. All complaints are sent to Lessie Aubrey, who investigates them. The complaints usually tell us that something has gone amiss, and we try to resolve the issue(s).

The Rave Review is a form (blue) to compliment a staff member on their services or care. When we receive a Rave Review, that staff member is then presented with a certificate.

Patient Survey's are usually done annually. Next time you receive one, please respond quickly and truthfully, and send it in to us. We analyze this information and come up with ideas to improve the care we offer our patients.

I hope you can see that your input is very important to the quality of services we provide, and I hope to hear from you soon through one of our Performance Improvement Activities.



Medicare Drug Coverage Update

Beginning January 1, 2006, Medicare Part D, Prescription Drug Coverage will take effect. This is considered the most significant change to Medicare in 40 years. It has also been called the most complicated drug benefit ever created. A lot of details need to be resolved with the plan and new information is coming out every day.

This program is completely voluntary but Indian Country is unique in that there will be a loss of funding sources if eligible elders refuse to register. In an effort to simplify things, keep in mind the following key points: 1) In January, the program starts in earnest but in the meantime there are things to be aware of; 2) MediCal/Medicare dual eligible beneficiaries will be automatically enrolled into the Medicare Part D plan and will have no co-pays; 3) Elders with limited income should ask for extra help; and 4) Elders have uninterrupted access to their prescriptions while ensuring that clinic income is not diminished.

Timeline: Open enrollment begins November 15. Individuals will have a choice of at least two (2) plans. Enrollment is optional/voluntary. However, it is important

that eligible patients discuss enrollment with their local clinic. This will help ensure that those who should sign up get it completed, and it will help protect the clinic's funding for prescription drugs.

MediCal/Medicare dual eligible patients will be automatically enrolled into a randomly selected Medicare plan. This is intended to simplify things for elders but again in Indian Country it is just a bit different. The best plan is for elders to check with their clinic if they receive a letter from Medicare indicating that they were automatically enrolled.

Low income elders should consult with their local clinic to see if they are eligible for the Extra Help program which assures that the elder and clinic maximizes the amount of money expected from Medicare.

The goal is to seamlessly help all elders receive the medications that they need without interruption. At the same time funding sources are changing and, hopefully, elders will take this opportunity to help the clinic and community. By maximizing enrollment in the Medicare Drug Coverage plan clinics can stretch each dollar and provide the most services to the community as possible.

Low Income Assistance Programs (LIAP)

Lisa Aubrey at 1.800.505.2785 or 530.493.1600 Ext. 2025



Low Income Heating Energy Assistance Program (LIHEAP):

This program provides energy assistance to eligible tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area. For those of you who live outside the service area, try energyassistance@ncat.org or the LIHEAP programs administered by tribes at: www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at: www.acf.hhs.gov/programs/liheap/states.htm

Housing Improvement Program (H.I.P.):

This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need to:

1. Be a member of a federal recognized American Indian tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Proof of Ownership or Lease
6. No prior HIP assistance



ATTENTION!!!! Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you. Let's save on energy and our budgets.



Starting this month teachers in California, Oregon and Washington, can request safety presentations to be given to their 5th grade classes, or to the 4th grade classes in Wyoming, by calling Pacific Power at 1-800-375-7085.

Oregon customers can also purchase ENERGY STAR compact fluorescent light bulbs for .99 to \$1.99 through a special offer from Energy Trust of Oregon now through December 31st. For a list of participating retailers, visit www.energytrust.org/residential/ehp/swat.html. *Eight bulbs max per customer and is not valid with any other utility offer. (Bi-Mart Medford, Grants Pass) (Fred Meyer, Medford)

Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agency in the service area. An applicant must not receive any comparable public assistance.

- ✦ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).
- ✦ **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining and incentive payment. An applicant can be on the program for two years or 48 payments.
- ✦ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.



Live outside the Tribal Service area?

Call The National Energy Assistance Referral (NEAR)

1-866-674-6327

Monday through Friday, 6 a.m. to 6 p.m.

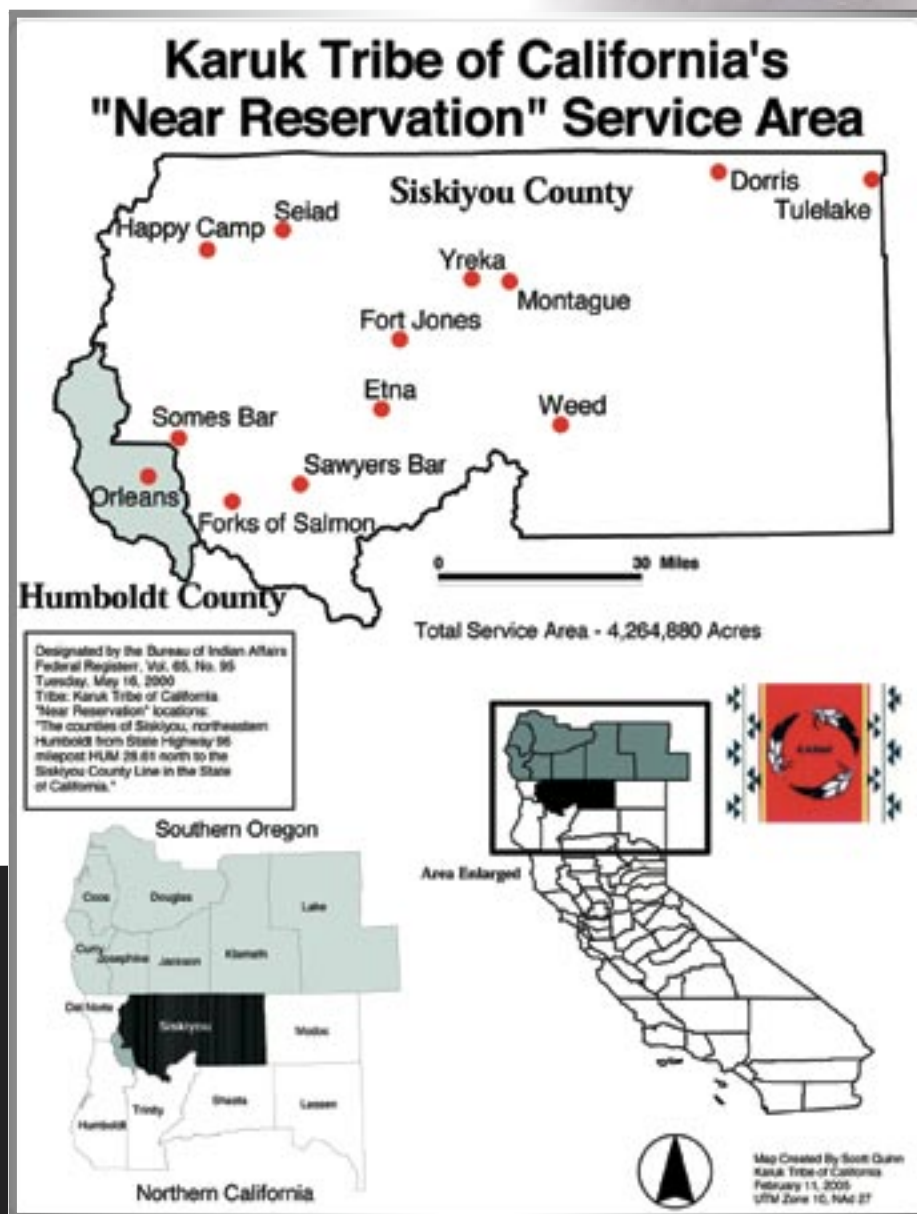
Community Services and Development (CSD):

This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a tribal member. For those of you that live outside of the service area try

www.acf.dhhs.gov/programs/ocs/csb/index.htm

Coming soon!!!! Low Income Assistance Program Applications on our webpage!

Congratulations to Nancy Allen and Arlene Sanderson. They won the \$50 Wal-Mart gift certificates for filling out the 2006 HIP application!!!!!!!!!!!!



The Nurse's Corner

This month we are going to place the Focus on Fitness

David Eisenberg, PHN

To get in shape, you need to:

- | | |
|---|---|
| <input type="checkbox"/> Train for a marathon | <input type="checkbox"/> Make physical activity party of your daily routine |
| <input type="checkbox"/> Work out in a gym | <input type="checkbox"/> Purchase stylish fitness clothing |

You don't have to go to the gym or be a fitness fanatic to be active. Think "activity" instead of "working out". Little things, like taking the stairs, parking your car farther away and walking, washing your car or taking a walk after dinner all add up.

For overall fitness, concentrate on:

- | | |
|---|--|
| <input type="checkbox"/> Aerobic exercise | <input type="checkbox"/> Strength Training |
| <input type="checkbox"/> Flexibility training | <input type="checkbox"/> All of these |

A well rounded fitness program includes each of these types of exercises. Aerobic exercises raise the heart rate, strength training builds stronger muscles and flexibility helps us move our joints.

If you exercise regularly, you can eat whatever you want:

- | | |
|-------------------------------|--------------------------------|
| <input type="checkbox"/> True | <input type="checkbox"/> False |
|-------------------------------|--------------------------------|

Oh... if were only true! - In reality to maintain a healthy weight you have to watch what you eat, even if you are exercising regularly. Regular exercise means you are burning more calories, but that is not a green light to over indulge. Strike a balance between the number of calories burned when you exercise and what you are taking in with daily meals.

Regular exercise may help to prevent:

- | | | | |
|--|--|-------------------------------------|---------------------------------------|
| <input type="checkbox"/> Coronary artery disease | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Depression | <input type="checkbox"/> All of these |
|--|--|-------------------------------------|---------------------------------------|

All of these conditions can be helped by regular physical activity. If you have a chronic illness, you should consult with your doctor or nurse practitioner before starting an exercise program.

When exercising, you may be pushing yourself too hard if you ...

- | | |
|--|---|
| <input type="checkbox"/> Break out in a sweat | <input type="checkbox"/> Are too winded to carry on a conversation |
| <input type="checkbox"/> Go longer than 15 minutes | <input type="checkbox"/> Can't watch TV or read a magazine at the same time |

Breaking out in a sweat can happen, but if you're too winded to talk, you may be pushing yourself too hard. In fact the "talk test" is one of the best ways to measure your exercise intensity.

Screening Prevents Colon Cancer Deaths!

Studies have shown that a very simple painless screening that you can do at home can cut death rates from colon cancer by 35%! Colon cancer develops slowly over as much as a decade. The problem is that it seldom causes symptoms until it is far advanced.

Luckily, colon cancers tend to leak blood into the intestine. A simple test you can do at home on your bowel movement can detect blood. If there is blood in the stool, your doctor can do further studies to find out if you have a developing cancer. In this way, many, colon cancers are picked up at an early curative stage.

See your doctor for a home colon cancer screening kit if you

- Are more than 50 years of age
- Have a family or personal history of cancer
- Have polyps in your colon
- Have ulcerative or Crohn's colitis

A Personal Health tip from the Karuk Tribal Health Program

Karuk Tribal Health Clinic - Turkey Trot

Saturday, November 19, 2005

5 K Run (3.1 Miles) and 2 Mile Fun Walk/Run

Commemorative T-shirts will be given to the first 50 participants

Start and finish at the Karuk Tribal Health Clinic, 1519 South Oregon Street, Yreka



- 5 K course leaves the Clinic and proceeds to and around Greenhorn Park
- 2 mile walk/run follows a similar shorter route with courses clearly marked
- Post-event refreshments will be served
- Registration at 8:00 am. Events begin at 9:00
- Prizes will be awarded in all categories



Categories: 12 and under • 13-18 years • 19-30 years • 31-50 years • 51-64 years • 65 +

Free raffle at the end of the event • For more information, call Amy at 842-9200

Karuk Tribal Health Pharmacy - Charging Policy Summary

Effective October 1, 2005

I. Karuk Tribal Members Living Within The Karuk Service Area

A \$2.00 charge per 30-day prescription of covered medication.

II. Medi-cal Covered Patients

a. Native Americans-- \$1.00 dispensing fee.

b. Non-Native Americans—Share of cost must be met first, then \$1.00 dispensing fee.



III. Karuk Descendants And Other California Indians Living Within The Karuk Service Area

\$5.00 charge per 30-day prescription of covered medication.

IV. Karuk Tribal Members Living Outside Of Karuk Service Area

A \$2.00 charge per 30-day prescription or cost of medication, whichever is greater.

V. Non-California Indians living within karuk service area

Cost of medication plus \$5.00 dispensing fee.

VI. Any Native American Living Outside Of Karuk Service Area

Cost of medication plus 20% plus \$5.00 dispensing fee per 30 day prescription.

VII. Non-Indian Beneficiaries

Cost of medication plus 30% plus \$5.00 dispensing fee.

VIII. Spouses And Dependents Of Karuk Tribal Members

Cost plus 10% plus \$5.00 dispensing fee per 30-day prescription.

Native California - If you or somebody you know has a problem with Drugs or Alcohol, free help is available.



California
American
Indian
Recovery

Call the CRIHB CAIR Toll Free Number for information about how you can get on the road to recovery.

Call Today!
1-866-350-8772

Council Approved: August 11, 2005



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Fall, 2005

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Robert Grant, Sr.,
Member at Large

Alvis Johnson,
Member at Large

Newsletter Production:

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Rosie Bley

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Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

Printed By:

*Mosaic Press LLC,
Happy Camp*

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Change of Address

The Karuk Tribe of California
would like to wish you all
Happy Holidays!

Presorted Standard
U.S. Postage
PAID
Permit No. 2
Happy Camp, CA
96039

Karuk Tribe of California

Post Office Box 1016
Happy Camp, CA 96039

Karuk Tribe of California



Winter 2006

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

Tribal Enrollment Is Currently At 3,420 Enrolled Members



*Same view
Jan. 23, 2006*

High Water!

More photos on page 13

*Indian Creek high over the Attebery Swimming Hole
December 30, 2005
Photo by Rosie Bley*

Inside This Issue...

***Happy
New Year!***

<i>The Chairman's Corner</i> 2	<i>2005 Staff Awards Banquet</i> 14 & 15
<i>Lessie & Lester Together for 35 Years</i> 3	<i>Tribal Booster Club / Emp. Banquet Raffle Winners</i> 16
<i>Notes from the Secretary</i> 4 & 5	<i>Meet Lisa Beals Schamehorn</i> 17
<i>Staffing Update</i> 6	<i>TERO Department News</i> 18
<i>Contract Compliance Update</i> 7	<i>Yreka Karuk Head Start Halloween Clinic Visit</i> 19
<i>Robert Goodwin, Rookie Firefighter of the Year</i> 8	<i>Doreen Mitchell is Cherokee Award Winner</i> 20
<i>Pakunihanich Martin With Maria Shriver</i> 8	<i>Education Department / Birthday Wishes</i> 21
<i>Karuk Tribal Member Buck Martinez Team USA Manager</i> 9	<i>Contract Health Services / Yreka Clinic Hours</i> 22
<i>Karuk Election News</i> 10	<i>Jeffery P. Oscar Artwork / Excel Class</i> 23
<i>New Karuk Language Dictionary Now Available</i> 11	<i>Happy Camp CD by Jim Waddell</i> 23
<i>Community Christmas Party</i> 11	<i>The Baby Page</i> 24
<i>Local Mental Health Services / Why Get A Pap?</i> 12	<i>The Great Fry Bread Debate</i> 25
<i>Overcoming Addiction</i> 12	<i>Yreka Clinic Diabetic Luncheon</i> 26
<i>Winter Weather Views</i> 13	<i>Health Appreciation Awards/Thanks to Council</i> 27

The Chairman's Corner

Arch Super, Tribal Chairman

Ayukii, Tanixxuti, koovura pa araaras pananu chuupitiheesh pa araarahih. Kukkuum tani piip pa araarahih uum pananu aaniv. Xay pipshiinvarih pananu araarahih. *Hello, I think all the Karuks, we be talking our Indian language. Again I say, the language is our medicine. Don't forget our language.*

OCTOBER

Health Director, Larry Jordan and I attended a conference of the National Indian Health Board in Phoenix AZ. A lot of the information given was information that would assist our current health programs. There were awards to honor many of the directors and leaders that have worked the many functions of the National Indian Health Programs. The Tribal Council and Court Administrator, April Attebury continues to research, develop, plan and build our Tribal Court. The Gaming workgroup met with the Ellis Gaming Group (EGG) in the month of October. EGG gave us a good presentation but later felt our gaming venture was not within their realm of development.

NOVEMBER

The Tribal Council and our attorney, Stephanie Dolan, have been working on and reviewing the Constitution. She has been in the process of compiling issues, ideas and concerns for the Tribal Council and Membership on revising our Constitution. Head Start held Training for the Tribal Council and the Head Start Policy Council. The training was very informative regarding the rules, regulations and responsibilities of the Council and the Policy Council. Self Governance Director, Hector Garcia, Carrie Davis and I attended a meeting with the California Fee to Trust Consortium in Sacramento. The consortium is working to encourage the Cabazon Tribe to remain a part of our consortium. Their participation and financial support is important to the consortium. Council Member Robert Grant and I did a presentation at the College of the Siskiyous in regards to the Karuk Tribal government. The College was very appreciative. Ms. Vina Smith and I gave a Karuk language presentation and Ms. Verna Reece gave a basket weaving demonstration to the College for the month of November to honor Native Americans (Natives of this land). The Tribal Gaming Workgroup continues to meet with the Siskiyou County Board

of Supervisors and the Yreka City Council on negotiation agreements for our gaming venture. Vice Chairman Leaf Hillman, Hector Garcia, Land Manager, Scott Quinn, our Gaming attorney, Dennis Whittlesey and I met with the governor's office staff in Sacramento to present our new proposal for Indian gaming. We feel that we have a very good, updated proposal for the governor to consider. The intake by his staff appeared to be positive. We are hoping to hear back from his office within a few weeks.

DECEMBER

In the month of December, Tribal Secretary, Florrine Super and the Tribal Youth Leadership officers, Alma Mendoza, Jaclyn Goodwin and one representative from Orleans promoted and organized a Youth Leadership Conference which was held in Athithufvuunupma (Happy Camp). The conference was excellent. There were a couple of Tribal Council Members in attendance and a few Tribal employees and volunteers there also. It was a very good conference for our Tribal youth. They learned a lot and had a lot of input. We hope to have annual or bi annual conferences for our youth. Head Start Director, Toni McLane, Karuk Language Director, Susan Gehr, Florrine Super and I attended a Conference/Training for Head Start Child Care and ANA application. As we have endured for the past years, the Head Start budget is always short and with the nation's budget, it has not improved. Tribes are continuing to strive to direct monies to budgets for Head Start. In December the Tribe held their Annual Staff Awards Banquet. The purpose of the banquet is to honor and appreciate some of the hard workers who work for the Tribe. We had a good attendance like we have in the past.

JANUARY

The Tribal Gaming Workgroup met with another casino developer. The developers name is Ingenious. Ingenious is a very good candidate for the proposed casino. They were very genuine and had a



very nice presentation package for the Tribe. As we get closer to Gaming negotiations we will have a better idea of which developer we will hire and the membership will be informed as well. The Tribe will be working on implementing an Integrated Resource Management Plan (IRMP). This plan will be to generate the development of monies, projects and programs for the Department of Natural Resources. The plan will also involve the communities of the river, the County, the Forest Service, Fish and Game, etc. and we will ask for public comments. I encourage anyone who may be interested in this venture to give our DNR entity a call at any time. Tribal Council met with the Self Governance department regarding the implementation of the Tribe's Probate Code. The Probate Code is going to be very crucial for members who own land on Trust and Fee lands. A big component of the code has a lot to do with members who have written wills. We will keep the membership informed of the process and outcome of our Probate Code endeavor. The Tribe is continuing to research, develop and review the Tribe's Constitution. We are working directly with the Tribe's attorney, Stephanie Dolan. The Constitutional Revision is a very big issue with the Tribe and it will be very important that all members know the direction and intent of the proposed revision. Again, we encourage all concerned members to email, write or call your Council representatives.

BULLETIN In the last Tribal Newsletter edition. I had mentioned that my father Peter Ray Super Sr. attended Sherman Indian School in Nevada, but the Indian School in Nevada is Stewart Indian School. Sherman Indian School is down by Riverside, CA and is the Indian school his mother, Bessie Mae (Albars/Attebury) Super went to. My mother Nancy Lee (Jerry) Super went to Indian School at "Chemawa". I was Yreka High, woohoo!🎉

We would like to encourage our Tribal membership to feel free at anytime to call, write, email or come and see your Tribal

BULLETIN

representative in regards to

Tribal issues, Tribal planning and Tribal decisions. Few members voice their concerns, but many times a lot of issues and concerns are not brought forth, and we are unable to respond if we are not approached. We do not bite.

Calendar

February: Karuk Tribe Housing Authority 5 year planning session.

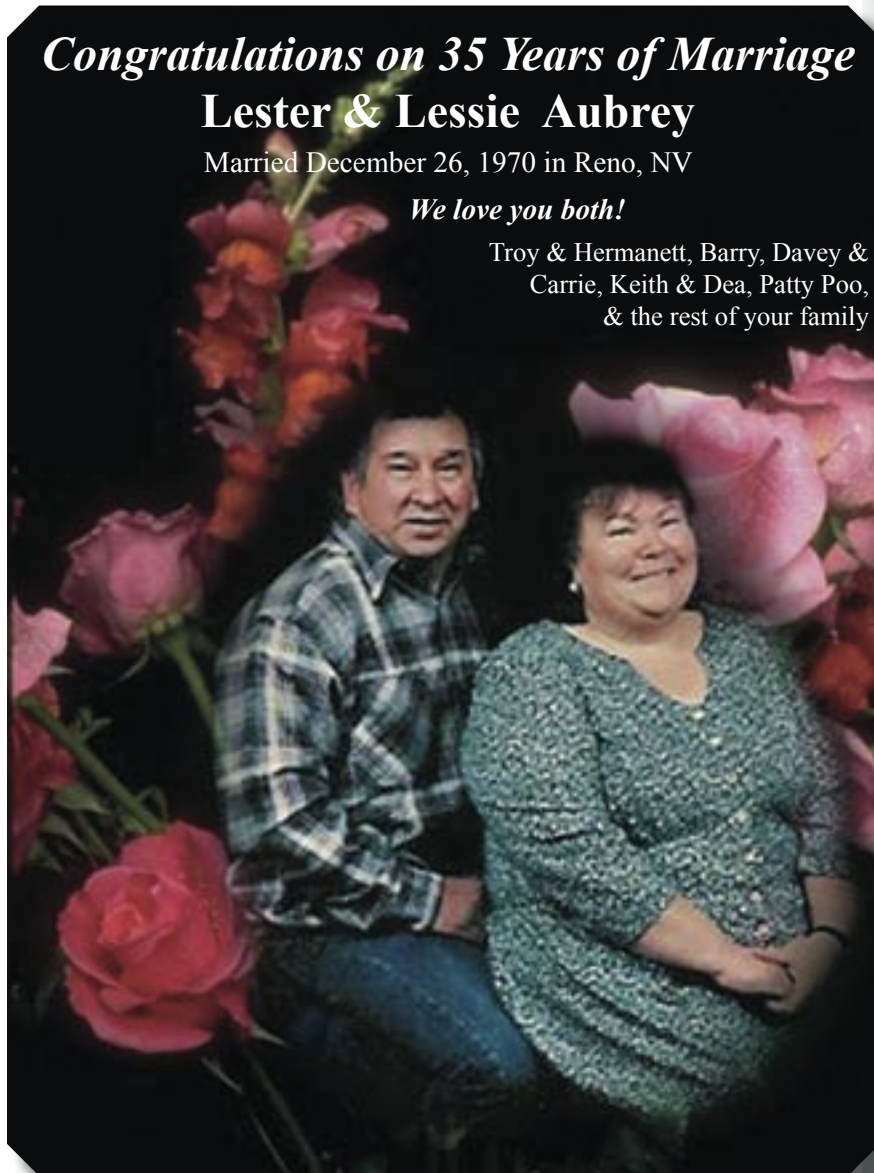
November: Tribal Elections for Vice Chairman and Treasurer; Open seat on the Yreka City Council and the Siskiyou County Board of Supervisors (we hope to get our Tribal membership involved with city and county politics since it affects our Tribe. Please talk to one of your Tribal Council representatives. We would be grateful to inform and educate you on how important this is).

Congratulations on 35 Years of Marriage Lester & Lessie Aubrey

Married December 26, 1970 in Reno, NV

We love you both!

Troy & Hermanett, Barry, Davey &
Carrie, Keith & Dea, Patty Poo,
& the rest of your family



Notes from the Secretary:

Florraine Super, Council Secretary

Ayukiii! Happy New Year! I hope everyone's holidays were happy! Here we are in 2006 and we have a lot going on within our Tribe. Here's my report to explain some of those events!

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Youth Leadership:

Rain, sleet, snow, or flood couldn't keep the First Annual Yav Pa Anav Youth Conference from happening on December 3, 2005. More than 35 students came to hear presentations by: Kristen King, Diabetes; Robert Attebury, Obesity; Tanya Busby, Drug and Alcohol; Kim Irwin, Traditional Tobacco; Vina Smith, Susan Gehr, and Arch Super, Language; Terry Supahan, Leo Carpenter Jr., Robert Attebury, Kayla Super, and Kira Super, Traditional Dances; Trisha Weldon, Financial Aid – College of the Siskiyous; Jennifer Goodwin, Education; and Florraine Super and



Arch Super, Tribal Council / Youth Council. We had games, prizes, and interaction with our youth.

I would like to thank all those who helped! Joyce Jones, head cook with help from Hazel Croy and Ronda Croy. Registration Booth: Kayla Super, Rita Thom, Sherile Grant, and Kira Super. Overall Support: Erin Hillman, Sara Spence,



Barbara Snider, Mike Edwards, Nancy Super, Junalynn Ward, Bessie Munson, Troy Hockaday, Corina Alexander, Dorcas Harrison, Tass Croy, Richard Super, Larry Jordan, Vina Smith, Verna Reece, and Leo Carpenter. A special thanks to all the presenters!

Karuk YOUTH Council member Alma Navarro deserves a very special thank you and recognition for her outstanding youth leadership skills. Alma was responsible for welcoming everyone, giving direction for our daily events, and making sure we stayed within our agenda goals. I'm very proud of her performance and being a positive role model for our youth!

We plan to make this an annual event. This year we hope to have it during September or October before the snow gets here. I hope

more students and community members will get involved. The youth were great to work with and had a positive experience with Tribal leaders, staff, and community members.



Aja Conrad * Jaclyn Goodwin * Alma Navarro
Karuk YOUTH Council

Elections:

Our election committee is working very hard to have a smooth 2006 Election. Our vice-chair and treasurer positions are coming up for 2006. We are also working on ballots for the proposed Constitutional changes with this coming election. More information will become available as it comes in.

Remember to stay active in your Tribal, local, state, and federal issues. It is important for you, your family, and your Tribe!

Reminder from the last newsletter: Are you wondering, what it means to be registered with the Tribe to vote? Our constitution states in ARTICLE VII - ELECTIONS AND NOMINATIONS, Section 1. All members of the Tribe who are eighteen years of age and over and who meet the eligibility criteria and have registered with the Tribe pursuant to the provisions set forth in the Tribe's Election Ordinance, shall have the right to vote.

The Election committee has created a form so Tribal members can "register" with the Tribe to vote. You may register at the polling booths or before the election by requesting a form from the election committee or downloading a form from the Karuk website. Our intent is to make this as easy as possible and not to interfere with your voting rights.

Register to vote today! Go to www.karuk.us for a registration form or contact your Karuk Election Committee at P.O. Box 815, Happy Camp, CA 96039.

Indian Child Welfare Committee (ICW):

It is the ICW Committee's intent to protect the best interests of the child and promote the stability and security of the Karuk Tribe of California and its Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act (ICWA) of 1978 and those policies. We continue to review cases, intervene, and represent our Karuk children. We also participate in Title IV B Meetings, State ICW Conferences, meet with other



governmental bodies, work closely with housing, Tribal court, and CASA, and recruit foster parents.

Reminder from last newsletter article: Your ICW Committee attended the SB678 hearing and supported its intent. SB 678 is the bill to improve compliance with the Indian Child Welfare Act ("ICWA") by amending the California Family Code, Probate Code and Welfare and Institutions Code. (To read the bill itself or a summary of it, visit www.calindian.org.) The bill is widely supported by Tribes and Indian organizations. The list of supporters continues to grow and is updated weekly at the [calindian.org](http://www.calindian.org) website. If you are interested in learning what you can do to help support this effort, visit www.calindian.org for more information.

Karuk Tribe Foster Home:

Part of the ICW Committee's responsibility is to start and oversee our own Karuk Tribe Foster Home.

IMPORTANT NOTICE: We are seeking Tribal members who are already certified to be foster parents or are interested in becoming certified foster parents. Contact Mike Edwards at Karuk Tribal Health Social Services. Call (530)842-9200 ext. 102, or stop by 1519 South Oregon Street, Yreka CA.

Karuk children have the right to grow up among their own people so we will continue to recruit foster parents. If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply, you must complete and submit a foster family application. When approved by the ICW committee, fingerprints for background checks will need to be taken of all people living in your household over the age of 18. A home evaluation will be completed by our social services department.

Friends of CASA (FOC):

FOC has been established to support our Karuk CASA volunteers and CASA's basic operational expenses. As the Vice-Chair of FOC, I would like to explain the FOC committee's goals and duties. Our members share the same mission as our CASA program, therefore we contribute to CASA by organizing fund raisers throughout the year. The Karuk CASA program relies entirely on grants and monetary support from our communities. Such contributions enable us to recruit, screen, and train Tribal advocates to speak for abused and neglected children in Juvenile Court. It also helps with gas for volunteers to visit and/or transport children to necessary appointments. Fifty-five dollars (\$55) for fingerprinting and a background check is a big cost for our CASA program.

As you can tell, this is a very worthy cause and our need is great. YOUR KARUK CASA IS THE FIRST TRIBAL CASA IN CALIFORNIA, so when you see our FOC Committee selling tickets, selling T-shirts, or looking for volunteers, please support your Karuk CASA Program. Your contribution will help further our children advocacy efforts and help us provide service to our Tribal children. Volunteers

are needed! We can use your time, your contacts, or your monetary support.

Low Income Assistance Program (LIAP):

The LIAP Committee was established to provide necessary emergency assistance or services not being provided by federal, state, county, Tribal or other agencies for our members.

Our goal is to assist our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal is to help those who don't qualify for LIAP but are very much in need, so the Council has obligated some funds to help those who need assistance. It has helped a lot of elders and families with children. As secretary of the LIAP Committee, I will be working on policies or point systems to help us make a fair and consistent decision.

We will continue to look for funding to get an assistant for our LIAP program so we can expand our program and reach our goals by helping Tribal members become self-sufficient and employable.

Planning for the 2006 Tribal Reunion:

We are continuing to plan for the upcoming event. A date hasn't been officially chosen, but we plan to have the reunion early in the year (around June).

If you have never been to this culturally rich celebration, I encourage you to attend as we have many activities available for all ages! Contact me if you have ideas or concerns with the upcoming Tribal Reunion.

Website: Revisions:

Our goal is to have a very informative and user friendly website. We continually work on updating our webpage.

If you have any digital pictures of Tribal events, buildings, local nature, etc. that you do not mind sharing, please forward copies to Gerry Canning (on CD or disc please – otherwise it will bog down the email server) so that he can use them on the website as he updates the content. It would be greatly appreciated!

Please let me know what you as a Karuk Tribal member would like to have available on the Karuk website



Head Start: Children are our Future

As a liaison for Head Start and the Council, I attend all policy meetings, Yreka center meetings, and regularly meet with staff. The Policy Council reviews all policies before submitting them to the Council and we address all classroom concerns brought to our attention.

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send your email address to: fsuper@karuk.us with a note saying you would like to receive Tribal information. Florrine Super



Staffing Update

Sara Spence, Human Resources Manager

Here is the quarterly staffing update. We currently have 146 employees on staff.

There have been quite a few changes in the staffing; the most significant was the transfer of the Head Start Program to the Karuk Community Development Corporation on 1/1/2006. The current staff of the Head Start includes:

Head Start Administrative Staff - Happy Camp

Toni McLane, *Director*

Donna Goodwin-Sanchez, *Health and Education Coordinator*

Sylvia Parry, *Program Services Coordinator*

Yreka Center

Cathy Scott, *Center Supervisor/Teacher*

Nicole Finch, *Teacher*

Marlene Rodriguez, *Teacher's Assistant*

Tara Quinn, *Teacher's Assistant*

Betty Robinson, *Cook*

Leona Peters, *Cook*

Rana Bussard, *Bus Driver*

Justine Jerry, *Bus Monitor/Custodian*

Happy Camp Center

Nena Creasy, *Center Supervisor/Teacher*

Javier Lopez, *Teacher's Assistant*

Nell Sakota-Anderson, *Cook*

Linda Thompson, *Bus Driver*

Darlene Navarro resigned her position as CASA Volunteer Coordinator on 10/14 and previous Tribal Employee, Barbara Houle has accepted the position and started on 1/23.

Tara Trent was hired as a Billing Clerk in the Happy Camp Business Office on 10/17 and filled the vacancy created by Lora Burns who resigned on 9/22. Sheila Devlin was also hired to work as a temporary Accounts Receivable Clerk in the Business Office on 11/16.

Douglass Tilden was hired on 10/24 as the On Call Recycling Technician. He will fill in for Karen Lowry as needed.

Debbie Morton was hired on 10/31 as the Happy Camp Health Services Clinic Receptionist. This vacancy was created by restructuring the clinic which transferred Junalynn Ward into the position of Clinic Aide.

Clarence Barger III was hired on 10/31 as the Yreka Clinic Transporter. The Tribal Council voted to add this position back into the Health Program Budget for FY 2006 as the demand for this service is so high.

Verna Reece was hired on 11/9 to fill in temporarily at the People's Center Gift Shop until a full time

employee could be selected. Lisa Schamehorn (Beals) filled this position on 12/29 and Verna will continue to fill in as needed.

Bonnie Alvarez returned to the Happy Camp Senior Center Cook position on 11/28.

Patricia (Norlyn) Peters was hired as the Quality Manager and HIPAA Privacy Officer on 12/15 and filled the vacancy created when Barbara Snider transferred to the position of Administrative Assistant.

Diana Lemos was hired as the Registered Dental Hygienist at the Yreka Clinic on 1/3 and now Nicole Hokanson will be working full time in Happy Camp as the Registered Dental Hygienist.



Happy Camp Head Start Admin Building

Lester Aubrey was hired on 1/6 on a temporary basis as a Cultural Monitor to oversee the work being done in the Aubrey Creek area to clean up from the flooding.

Leaf (Chook) Hillman and Grant (Ike) Hillman have been laid off seasonally from the Fisheries program. Ike is temporarily working as a Cultural Monitor in the Seiad Valley area monitoring the work being done to clean up from the flooding over New Year's. Robert Garrison was also hired on 7/31 to be an on call Cultural Monitor when the need arises in addition to Dennis Donahue who is also an on call Monitor for the Department of Natural Resources.

Mike DeHart resigned his position as Pharmacy Director on 12/29 and the Tribal Council voted to close the Pharmacy effective 1/1/2006. Kathi Hauzer and Betty Fayette were laid off as a result of the closure and Cheryl Titus was transferred back to the position of CHS Clerk which she previously held.

It seems as though there is always a vacancy of some sort within the Tribe. If you or anyone you know is interested in employment with the Tribe, additional information can be obtained on our Website at www.karuk.us. Just click on Employment Opportunities for more information about employment with the Tribe. On this website you can download an employment application as well as read full position descriptions for vacancies.

I have also implemented an email list you can sign up for to be notified when new positions are posted on the website. I currently have 24 people signed up to monitor employment opportunities with the Tribe which is up from only 15 last quarter!

Contract Compliance Update

Erin Hillman

Director of Administrative Programs & Compliance

Managing some grant awards is an exercise in collaboration between multiple departments of the Tribe. Take as an example the construction of the new Housing Authority Community Facility and offices in Yreka. From the onset of the planning process for the grant application, many department directors and board members have to be involved. In addition to the Grantwriter, the Head Start staff, both KTOC (Karuk Tribe of California) and KTHA (Karuk Tribe Housing Authority) Construction Managers, NEPA (National Environmental Policy Act) Coordinator/Land Manager, KTHA Executive Director and KTOC Director of Administrative Programs & Compliance— all contributed to the planning process. The Tribal Council role was critical as they had to review and approve the proposed project prior to the writing of the grant.

In this case, the housing authority staff had outgrown its offices on Yellowhammer Street that they have occupied for over ten years. The Head Start program, which operates a morning and afternoon program, was in desperate need of a new facility that would provide adequate room for staff and children. Community meetings, Tribal Council and KTHA Committee meetings are cramped for space in the rooms that they are currently forced to use and don't provide enough space for Tribal members who attend to be comfortable.

So then, how to make the best out of limited funding opportunities?

The solution is to construct a new facility that includes offices for KTHA staff, designed with a larger room for community meetings and in addition, offices to house two KTOC staff who will work with the Elderly in the community. Head Start will be moved to the old offices now occupied by the housing authority staff, and modifications to those rooms will be made by grants obtained by the Head Start Program.

Now here is the tricky part. The funding for this project is combined NAHASDA-IHP (Indian Housing Plan) and ICDBG (Indian Development Block Grant); although both are from the Department of Housing and Urban Development, some of the guidelines are different. Since there are two sets of compliance rules, both KTOC staff and KTHA staff must adhere to each.

Both HUD guidelines require that an Environmental Assessment (EA) be completed for the project prior to expending any money for construction. At this time the EA document is 95% complete. The next steps in this process are the publishing of the FONSI (Finding of No Significant Impact) and RROF (Request for Release of Funds). This involves the review and approval of the draft EA by the Housing Executive Director, Director of Administrative Programs & Compliance and KTOC NEPA Coordinator, Land Manager. Subsequently this report is furnished to the council for their review and approval before it is signed by the Chairman.

Architectural services have been procured with Gary Breeden and Associates from Medford, Oregon, and the preliminary design documents are in development. Draft design documents will be prepared and then reviewed by both KTOC and KTHA staff and Housing Committee members. It is important to receive the input of staff that is responsible for inspection of the construction and maintenance of the building as well as those that will occupy it when it has been finished. I'll keep you posted on the progress of this project in my quarterly newsletter submissions.

For the quarter ending December 31, 2005 eight (8) applications for grant funding were prepared, twenty (20) independent contractor agreements were approved, seven (7) awards/ amendments were received by Tribal departments, and five (5) expired grants were closed.



*Yreka Head Start Building
Jan 20, 2006*



Karuk Tribe Housing Authority, Yreka

Achievements and Memorable Events of Karuk Members & Descendants



Robert Goodwin was chosen as Sycuan Helicopter Fly Crew Rookie Firefighter of the Year. Robert also served with the Sycuan Hotshots on an assignment in the rugged mountains of the Idaho panhandle area.

First Lady of California, Maria Shriver and Pakunihanich (little singer) Martin



Pakunihanich Martin, daughter of tribal member, Steve Martin, Jr., and Maggie Peters, is posed with California's First Lady, Maria Shriver, at the opening of the Remarkable Women Exhibit at the State Museum in Sacramento on Sept. 28th 2005. Pakunihanich was a living exhibit at the museum opening, wearing traditional regalia earlier in the evening (exhibit dress not shown in the photo).

Military News Wanted!

If you have a Karuk family member serving or having formerly served in the Armed Forces, we would like to hear about it, and share their story and photo with others.

You can email your picture to sspence@karuk.us or send your photo to Karuk Tribe of California, C/O Erin Hillman, PO Box 1016, Happy Camp, CA 96039. We will gladly return your photo in excellent condition.

Karuk Tribal Member Martinez named Team USA Manager

Former Jays skipper announced at Monday's news conference

Article written by Tom Singer, courtesy of MLB.com

12/05/2005 3:00 PM ET



"Everything else I've accomplished in my career is what has prepared me for this challenge," Team USA skipper Buck Martinez said on Monday. (Ben Platt/MLB.com)

"It's a tremendous honor," said Martinez. "I can't hardly believe it. To be invited to do anything with Team USA is such an exciting experience. To be the manager of a team with this group of guys is something I'll always remember."

Former Rockies and Cubs manager Don Baylor was Martinez's chief competition for the position.

Baylor, the former American League MVP who played with six teams during his 19-year career, spent nearly nine seasons managing the Rockies, whom he took to the playoffs in 1995, and the Cubs. He had a 627-689 record and was the manager of the expansion Rockies for their first six seasons.

Martinez, who managed the Blue Jays in 2001 and for part of the 2002 season, will have a team in March that is expected to include the likes of Giants slugger Barry Bonds, Houston potential Hall of Fame right-hander Roger Clemens and Derek Jeter of the New York Yankees.

"Just to name a few," Martinez said. "The rest of the team will be along those lines, players of that ilk. I've talked to a lot of players, and every one of them who has been involved with Team USA at any level has told me it's a singular experience. Come March, as this tournament is taking place, I think a lot

DALLAS -- Buck Martinez, the former Toronto Blue Jays skipper, has been tabbed to manage Team USA in next year's inaugural World Baseball Classic, said Bob Watson, the general manager for USA Baseball and Major League Baseball's vice president of on-field operations.

"He's definitely qualified for the job," Watson said. "He was the front-runner among a group of extremely qualified candidates."

of players who chose to remain on the sidelines are going to watch this unfold and wonder why they hadn't taken part in it."

The 16-team tournament sanctioned by the International Baseball Federation (IBAF), will take place March 3-20 in Japan, the United States and Puerto Rico, and will feature the world's best players competing for their home countries and territories for the first time. Fans will be able to follow all the games live exclusively online at MLB.com.

John Albert Martinez, a former catcher who was a .225 career hitter in his 17 seasons, the last six with Toronto, was hired as much for his experience as a baseball broadcaster and ability to handle the media as he was for his managing acumen.

He has had only one job coaching or managing in the Major Leagues, for the Blue Jays in 2001 and part of the 2002 season. Martinez replaced Jim Fregosi and had an 80-82 record during his only full season. He was brought down from the broadcast booth at the time to take the job as manager.

But J.P. Ricciardi replaced Gord Ash as general manager during that offseason and put Martinez on notice that the team needed to quickly improve. When the Blue Jays started out 20-33, Carlos Tosca replaced Martinez.

"To start off, I'm a California Indian, which makes this a very sweet challenge, indeed," said Martinez, who spent the last season doing baseball analysis for XM Radio's Major League package. "Then, everything else I've accomplished in my career is what has prepared me for this challenge."

The naming of Martinez makes him the 13th manager to be selected among the 16 teams participating in the first international hardball tournament ever to include Major League players.



Martinez Brothers

Left to right: Jeff, Jim, Jerry and John (Buck)

Photo courtesy Shirley Martinez

Buck Martinez is the son of Shirley Martinez of Happy Camp, and the nephew of Happy Camp natives Pauline Attebery, Jeanne Burrer, Patty Whitman, Sharon Crocker, Paul "Bud" Titus and Willard Titus.

Outstanding Career Achievements

- Played 17 years as a Major League catcher.
- Acquired a business degree from Sacramento City College, missing spring training each of the first three years of his pro career.
- Played in three division championships, 1976 & 1977 with Kansas City and 1985 with Toronto.
- Hit .333 with 5 RBIs in 5 games vs. Yankees in 1976 American League Championship Series.

- Team rep with Major League Baseball Players' Association in Milwaukee 1978-1980 and Toronto 1983 to 1986.
- Central figure in contract negotiations during the 1985 players strike. One of two major leaguers to sign the final agreement on behalf of the players.

Karuk Tribe of California

2005 ELECTION RESULTS

Robert Goodwin.....117

Roy Arwood.....98

Paula Allen.....78

Ed Sanderson.....44

Photos show newly elected incumbent Council Members being sworn in at the Council meeting on November 17, 2005. The winners were:

Left: Roy Arwood - **Right:** Robert Goodwin



Thank You For Your Votes

Submitted by Pimm Tripp Allen

I would like to take this opportunity to thank all of those who voted in the last Karuk Tribal Election, and thank everyone for their support. Although not elected to council, I look forward to continuing to serve the Karuk Tribe as a member of the People's Center Advisory Committee and I hope to run for council again in the future.

I am the daughter of Amos and Maria Tripp, and am both Karuk and Yurok Indian. On the Karuk side of my family my grandparents were Amos and Violet Tripp and my great-grandparents were Emily Ike (Ahsumnamkaruk) and Jasper Donahue (Ishi Pishi) and Emily Jerry (Katamiin) and George Tripp (Wuhnkahdah). My husband, Alme Allen (Tishawnik), and I had our tenth anniversary this past September and we are the parents of a beautiful eight year old daughter, Ty ithreeha.

I am very interested in working for the Tribe in the areas of culture and language, youth and education, health and wellness and protecting our natural resources.

Thanks again for your support. Yootva, yootva. And I look forward to seeing you next summer at Katamiin.

It's your turn to get into line and

REGISTER TO VOTE

with the *Karuk Tribe of California!*



**Let your voice
be heard!**

For more information, contact your Election Committee

P.O. Box 815, Happy Camp CA 96039

1(800) 505-2785 or (530)493-1600 ext 2052

Karuk Language Program News

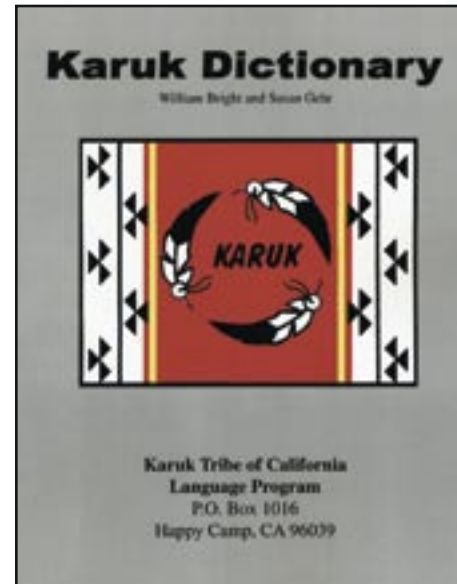
Susan Gehr, Language Program Director

The first edition of the Karuk Language Dictionary has now been published. 150 copies will be available at no cost, and further copies will be available for sale through the People's Center gift shop.

The new dictionary includes a pronunciation guide, a glossary which explains many of the grammatical terms used to describe our language. There will be a reception before the February 23rd council meeting in Orleans.

Thanks to a great deal of technical help from Andrew Garrett of the Linguistics Department of UC Berkeley, a searchable electronic version of the dictionary is now available online at <http://corpus.linguistics.berkeley.edu/~karuk/karuk-lexicon.html>

Starting in February, Phil Albers Jr. will be a Research Assistant for the Karuk Language Program. He'll be responsible for doing reviews and surveys in preparation for a distance education Karuk Language class.



Karuk Community Christmas Party

Carrie Davis

The Karuk Community Christmas Party, on December 10, 2005 was a very big hit. We had over 300+ people attend and in the past years we have had between 150-200 people in attendance. Santa handed out gifts to all children ages 1 day to 13 years. Many different activities took place, Coloring Contest, Children's raffle, Adult raffles, and a free meal. At the same time we had the 1st Karuk Christmas Bazaar being held at the People Center next door. I would personally like to thank all the people who helped; **The 3 elf's**: Erin Hillman, Sara Spence, and Barbara Snider; **cooking**: Kathleen Davis, Mrs. Ward, and Loli Ward; **planning**: Dion Wood, Leo Carpenter, Tamara Barnett; **gift wrappers**: Lessie Aubrey, Scott Quinn, Suzanna Hardenburger, Sharon Meager;

shopping:

Tamara Barnett, Dora Bernal;

everyone who donated gifts;

clean up crew:

Tamara Barnett, Lessie Aubrey, Mrs. Burns,

Gabby Ward;

and last but not least **Santa** and everyone else

who helped.



Elves Barbara Snider, Erin Hillman & Sara Spence with Santa



for their financial support. I know that the community of Happy Camp and the surrounding areas look forward to this each year.

See you next year!

Right: Blanche Moore tells Santa what she wants for Christmas.



Below: Christmas Party fun.



Local Mental Health Services

Mike Edwards, Social Worker III



During the last several months, communities in Siskiyou county have formed committees to address unduplicated mental health needs. These efforts are designed to help write a grant to help secure a portion of the Mental Health Services Grant, Prop 63 for Siskiyou county. Larry Jordan Director of Health and Social Services for the Karuk Tribe and myself have been on these committees.

If you would like any information about this program or the grant, please feel free to call me at 842-9200. Thank You, Mike Edwards, Social Worker III

Why Get A Pap Smear??

Judy Blind, FNP, Happy Camp Clinic

In the United States in 2005 there were 10,370 new cases of cervical cancer found. 3,710 women died from cervical cancer in 2005. It is the seventh most common cancer in women. This is a preventable disease if detected early. Thus the importance of a yearly Pap Smear and at the same visit we will do a breast examination and order your mammogram.

All the Karuk Clinics have programs available to assist with payment for cervical and breast cancer screening if you are eligible.

So let's unite mothers, grandmothers, aunts, cousins, sisters, and daughters and help us to help you have a longer and healthier life!

Overcoming Addiction

Joe Snapp, Substance Abuse Counselor

Do you have a problem with drugs and or alcohol? The word problem is a relative term. What may be a problem for me may not be a problem for another person. Pain and suffering are two other relative terms that are used many times in the recovery world.

Each one of us must examine our lives with an open mind and heart to determine if drugs or alcohol are causing problems in our lives. We might ask some questions like; am I having conflict in my relationships with my spouse, my peer group, or in the workplace? How much money am I spending, really, on my personal gratification?

When we are active in our addictions we are unable to break free by ourselves. Once we realize that our lives have become unmanageable, we can ask for help to get back into the mainstream of society. Please call (530) 842-9200 EXT. 132 for options on a treatment plan for your needs and your situation.



Winter Weather Views in Karuk Country

December 30, 2005



Aubrey Creek - Photo by Scott Quinn



*Indian Creek at Whitman Bridge
- Photo by Davey Davis*



*Above & Below - Aubrey Creek
Photos by Scott Quinn*



December 30, 2005



January 22, 2006

Buchanan Falls/Indian Creek



*Klamath River at Mouth of Indian Creek
Photo by Davey Davis*



Snow at Mouth of Indian Creek 1/20/05

Photos by Rosie Bley



Snow on Ishkêesh Tribal Lands



Mouth of Indian Creek

2005 Staff Awards Banquet and Christmas Party

This year's Awards Banquet was held on Friday, December 16, 2005 in the Happy Camp Multi-Purpose Room. There was a wonderful home cooked meal prepared by Blanche Keller and Michael Moore that was fabulous! There were also home baked pies and home made rolls provided by the Happy Camp Grange. There was once again a huge turnout and the raffle prizes went over VERY well.

Thank you to the Tribal Council, Housing Committee, and TERO Commission for donating toward this year's raffle prizes. There were also several donations of prizes from outside entities including the NCIDC Gift Shop, the Oregon Shakespeare Festival, Parry's Market, Seven Feathers Hotel & Casino Resort, Win River Casino, and the Medford Slick Cart Track.



*Ellen Johnson
Most Fun to Work With*

Awards were given in several categories. Many were based on nominations/votes from co-employees and others were selected by the Tribal Council.

Most Fun to Work With was selected based on nominations and votes of co-employees. This was awarded to Ellen Johnson, Administrative Receptionist, for the second year running! Comments on her nominations included: "She is a crack, she keeps me laughing" "She's a nut!" "She makes me laugh" "She is the first person you see and she makes you laugh" "Cheerful, caring, and likes to get everyone involved" "She is always getting everyone in the spirit of whatever holiday is in the air – love the artwork and the happy voice in the front office". Ellen received a framed certificate and a Paid Day Off.

Most Optimistic was selected based on nominations and votes of co-employees. There was a two way tie this year, both employees received the award. They were both presented with framed certificates and a Paid Day Off. The winners were David Eisenberg, Director of Community Outreach/Elders/PHN: "He has a positive attitude and contributes positive energy to all levels of the Tribe" "No matter how hard I try I can't "get to



*David Eisenberg
Most Optimistic*

him"! He is always upbeat" "Consistently Gung-Ho!" Sheila Barger, Community Health Representative was the other winner. "She is constantly smiling, always has a positive – can do attitude – is always looking to find solutions, and not complaining about problems" "Always expecting to be the best, and won't do anything but the best for people" "She's a ray of sunshine – Always smiling and cheerful".

Best Team Player was also selected based on nominations and votes of co-employees. The award went to Nita Still, LVN at the Yreka Clinic. Comments from nominations included: "Always taking on new challenges" "This lovely lady is always so helpful to others. When she is assigned to one doctor to work with, she is often seen helping others" "Calm, helpful, willing to take challenges" "Willing to help" "Always ready to pitch in and lend a hand no matter what the task! Very concerned and caring about the patients". She received a framed certificate and Paid Day Off.



*Nita Still
Best Team Player*

The Tribal Council presented Certificates of Appreciation to the staff members in the Finance Office to thank them for their dedication to their work and the Tribal Staff and Membership. They each received framed certificates and a Paid Day Off. The staff in the Finance Office includes: Laura Mayton, Chief Finance Officer; Jamie Orge, Accounts Payable Manager; Tamara Barnett, Payroll Clerk; Michael Thom, Accounts Receivable/Payable and Vehicles; Cecilia Arwood, Accounts Payable and Travel; and Laura Olivas, Bookkeeper.

The Tribal Council also presented Council Recognition Awards to several employees for outstanding performance both within and beyond their positions. They each received framed certificates and a Paid Day Off. The staff members recognized for their performance were: Earl Crosby, Watershed Restoration Coordinator; William Tripp, Air Quality Coordinator; Ron Reed, Cultural Biologist; Erin Hillman, Director of Administrative Programs & Compliance; Susie Cost, Yreka Housing Authority Administrative Receptionist; David Eisenberg, Director of Community Outreach/Elders/PHN.

Employee of the Year was based on nominations of co-employees and voted on by Tribal Council Members.

The winner was Sara Spence, Human Resources Manager. Comments from nominations included: "She has a lot of responsibilities and deals with others jobs very well. She's always happy and very helpful" "Sara is



*Sara Spence
Employee of the Year*

a key employee for the Tribe. She wears many hats and performs a variety of functions. She assumes additional duties and responsibilities with a smile on her face. She deserves recognition for her contributions to the Tribe" "Hard worker, always there to lend a helping hand" "Sara helps make the Tribal wheel go around

and is very helpful regardless of which department we are from. If she doesn't know the answer to an inquiry, she is very willing to find the right person who has the right answer. Her knowledge of the internal workings of the Tribe, her discretion, her organizational skills and her willingness to help whether it's her job or not is a great asset. She is always friendly and professional and makes the Tribal organization a better place to work". Sara was presented with a plaque, Paid Day Off, and beaded necklace made by the Indian Club.

Several Departments took time to present awards/certificates to staff members and individuals they wanted to recognize.

Toni McLane and the staff at Head Start presented a plaque to Linda Davis. Linda worked as the Head Start Teacher in the Happy Camp Center from 1989 through 2005 and was recently unable to return to work due to an injury. The plaque she was presented read: With Sincere Appreciation for Sixteen Years of Head Start Service to the Children, Families, and Communities of the Karuk Tribal Head



*Linda Davis receives
appreciation plaque for
16 years of service*

Start Program 1989 to 2005.

Florrine Super, Arch Super, and Florence Conrad presented Certificates of Appreciation to all individuals serving on Tribal Committees. They wanted to



recognize the hard work these members do and the time they commit to the programs of the Tribe.

Rosie Bley presented a Certificate of Appreciation to Susan Gehr for her time to present a Beginning Excel Class at the Happy Camp Computer Center. Susan is a devout Macintosh user – as is Rosie, and she wanted to recognize the fact that she presented the class on PC's and did a WONDERFUL job.

Nita Still presented an Appreciation Award to Lessie Aubrey, Director of Quality Management, Compliance, and HIPAA for all of her hard work and dedication to the Karuk Tribal Health Program.

Leaf Hillman presented several awards for the Karuk Tribe Housing Authority including recognition awards for Kevin Peters, Happy Camp Maintenance; Ann Escobar, Yreka Tenant Relations; and Susie Cost, Yreka Receptionist.



*Steve Mitchell was Housing
Authority Employee of the Year*

The Employee of the Year for the Karuk Tribe Housing Authority was Steve Mitchell of the Happy Camp Office. Steve was given a beautiful framed certificate for his achievement and his outstanding performance during the year.



Support

Our

Karuk

Athletes!

Tribal Booster Club

Roy Arwood, Jr.,
Council Member

Several KTOC council members are in the planning stages of starting a Tribal Booster Club to support youth/adult athletes. We will be having a meeting for interested volunteers in February. By the time this newsletter is printed, a February date for this meeting will have been set so please contact us to find out when the meeting will be. You can either call the Administrative Office at 530-493-1600, toll free at 800-50KARUK, check our web site at www.karuk.us, or email me at rarwood@karuk.us for the date and time. We hope you can attend!

Employee Banquet 2005 Raffle Prize Winners

1. **Seven Feathers Resort** – One Night Stay at Hotel and up to \$30 toward a meal at one of the restaurants: **Sharon West.**
2. **Win River Casino** – One Night Stay at the Hilton Garden Inn and \$50 toward a meal at the Elements restaurant: **Bessie Munson.**
3. **Stainless Steel Thermos** and 2 Travel Coffee Cups: **David Arwood.**
4. **Tote Bag with two DVDs** – Cinderella 2-disc Special Edition and Batman Begins: **Brenda Franklin.**
5. **Two tickets to the Oregon Shakespeare Festival** in Ashland, Oregon: **Roy Arwood.**
6. Three gift certificates for \$16.50 to the **Medford Slick Cart Track**: **Alex Corum.**
7. **\$25 Wal Mart Gift Card**: **Richard Bridenstine.**



Above: Danny Thom accepts his Digital Camera and Printer

Below: Corina Alexander looks overjoyed with her new Gateway Laptop



8. **\$25 Wal Mart Gift Card**: **Rosie Bley.**
9. **NCIDC Gift Shop Gift Certificate**: **Sheila Devlin.**
10. **\$50 Parry's Market Gift Certificate**: **Jessica Thom.**
11. **\$50 Parry's Market Gift Certificate**: **April Spence.**
12. **Apple 2GB Black iPod Nano w/color LCD**: **Anna Myers.**
13. **Kodak 5MP Digital Camera w/Printer Dock**: **Danny Thom.**
14. **DeLonghi Caffe Nabucco Espresso/Coffee Maker**: **Craig Tucker.**
15. **Oregon Scientific Weather Station**: **Dr. Solus.**
16. **Delphi XM MyFi Portable/Home/Auto Satellite Radio**: **Stephanie Griffin.**
17. **Gateway Notebook Computer**: **Corina Alexander.**
18. **RCA Home Theater System**: **Carrie Davis.**
19. **Gift Bag from People's Center** (Sweatshirt, flags, day planner, etc.): **Mike DeHart.**



Meet Lisa Beals Schamehorn

New Sales Clerk for the People's Center Gift Shop

Leo Carpenter, People's Center Director

Lisa Beals Schamehorn

The People's Center is proud to announce and introduce Lisa Beals Schamehorn as the new Sales Clerk / Program Assistant. Lisa was hired December 22, 2005 by the Karuk Tribe and has been working with Verna Reece to catch up on store matters. Lisa is a member of the Karuk Tribe and enjoys spending time with her three children—Dakota, Elijah, Cierra and her husband Arron.

Lisa is glad to be on board and to be a part of the People's Center family. Lisa brings experience and ideas to help promote a better future for the People's Center. Lisa looks forward to working with local vendors and with local public and future volunteers.

Lisa also enjoys meeting and being around people... she is a people person. Lisa is always willing to assist



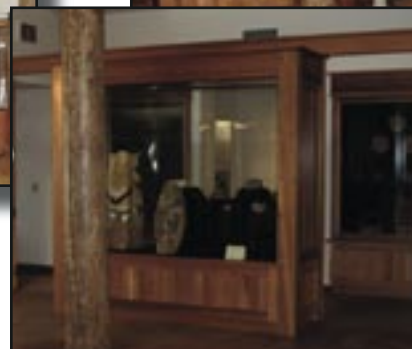
Lisa and Verna Reece hard at work at the People's Center Sales Shop

and help people to the best of her abilities. She is caring and honest and looks forward to assisting with future classes in basket weaving, dress making, and other programs. Lisa is proud to have participated in local ceremonies in the past and looks forward to sharing her experiences with the visiting public.

We also hosted the first annual People's Center Christmas Bazaar. We had 15 vendors from all over Northern California. The vendors sold jewelry, baked goods, clothing, plants, knitted caps and blankets, pictures, books and other great stocking stuffers. The Bazaar was in conjunction with the Karuk Tribe's Community Christmas Party. The event staff and vendors are already looking forward to next year.

We are planning to break ground on building a community sweathouse near the People's Center Museum soon. We are also planning our 3rd Annual Spring Basketweavers Gathering for April 14th through the 16th, 2006, to be held at the Karuk Administration Complex in Happy Camp.

People's Center Museum Displays



Ayukii Karuk Araaras!

Dion Wood, TERO Director

The Tribal Employment Rights Ordinance (TERO) Commissioners and Director wish you a successful and prosperous 2006! Presently our TERO Commissioners are: Dave Nelson, Dolores Voyles, Elsa Goodwin, Cecilia Arwood and Alvis Johnson. Presently the Alternate Member position is vacant.

The TERO Commission wishes to thank Lynn Parton, former Chairperson, for her service to the TERO office and the Tribe.

Through the past year the TERO Commission has served the Tribe in various ways such as providing new benches for the Elders (and everyone else) in Orleans outside the Natural Resources Department office and in Happy Camp outside

the Senior Nutrition Center lunch site.

Beyond providing day to day employment and training services, the TERO Commission also contributed some great raffle prizes at our last Tribal reunion and provided funds to support the Employee Christmas Party and the Community Christmas Party.

The TERO Commission receives its funding through a fee that is charged to every contract that is made with the Tribe over \$2500.00. The TERO Commission oversees the administration of these funds while the Tribal Council makes the final approval on any major undertaking by the Commission.



Announcing A Request For Ideas

Dion Wood, TERO Director

This coming year the TERO Commission is proud to announce with the Tribal Council's blessing that we are going to facilitate creating a veteran's monument for our Tribe and Tribal membership. Our monument will be to inspire the living and honor our deceased veterans. In discussions about what our Tribal Veterans Monument should look like, many visions and ideas have been presented. After much deliberation, the Tribal Council decided to ask the membership what they would like to see in our Tribal monument. We are asking for ideas! We would like to know what your vision is for our monument. Should we hold a contest like we did for our awesome Tribal Flag? Should we just ask for ideas and decide among the best ones? What do you think? You can e-mail your thoughts to dwood@karuk.us or call the TERO Director and express your thoughts at 800 505-2785 extension 2030. WE HOPE TO HEAR FROM YOU!



Good Luck to everyone in the year ahead! Remember you can call the TERO Department for employment and training and occupational skills building related needs, Adult Vocational program information, adult computer tutoring, GED assistance and Child Care program information. We are here to serve you as you strive for self-sufficiency!



Yreka Karuk Head Start Visits

Yreka Health Clinic for Halloween



Children visit the Yreka Clinic and explore the “Scary Tunnel” created by clinic staff for their Halloween enjoyment.



The morning and afternoon classes of Yreka Karuk Head Start visited the Yreka Karuk Tribal Health Clinic for their annual Halloween event. Each year the staff at the Yreka Clinic prepares the office for the much anticipated arrival of the Head Start children by decorating the office with a “scary tunnel” and other decorations throughout the clinic. The children look forward to this event every year, receiving “goody bags” (and toothbrushes from the dental department.) It’s hard to say who enjoys the event more, the children or the staff!



EMT & Medical Assistant Doreen Mitchell Wins Cherokee Inspired Comfort Award Grand Prize

Californian honored for life-saving volunteer work and service in the Karuk Tribal Health Program

Happy Camp, Calif., Dec. 29, 2005 — There are movie heroes and superheroes, and then there's Doreen Mitchell — a true real-life hero, whose everyday experiences and life-saving rescues are as touching and dramatic as any you'll see on the big screen. When the stakes are high and the chips are down, Mitchell rises to the occasion — providing critical medical care to people isolated by geography or circumstance.

She is one of 14 honorees nationwide to win the Cherokee Inspired Comfort Award, and one of only four Grand Prize winners, in 2005. The award is granted annually by Cherokee Uniforms — a leading designer and manufacturer of healthcare apparel — to recognize nurses and other non-physician healthcare professionals who demonstrate exceptional service, sacrifice and innovation and have a positive impact on others' lives.

Mitchell, who has worked in healthcare for three decades, is a full-time medical assistant at a small health clinic in Happy Camp, Calif., that is part of the Karuk Tribal Health Program. She and the physician, nurse and nurse practitioner provide medical care and testing for up to 40 people per day — area residents, including Karuk Native Americans (a heritage she shares), as well as tourists drawn to the area's natural beauty and outdoor activities.

The clinic and the Happy Camp Volunteer Ambulance Service represent the only medical care in the rural, 100-mile timberland region near the California-Oregon border, which has rivers, mountains and winding roads. At the service, which logged 300 calls in 2005, Mitchell is the president



Doreen Mitchell

and one of two volunteer emergency medical technicians (EMT).

"Time and time again, Doreen Mitchell has put the welfare of other people first, often at great physical risk or personal inconvenience to herself," said Wendell Mobley, who directs the national award for Cherokee. "But she is not only a giving person. She is also an extremely skilled medical professional and an all-around courageous human being. It is a pleasure to give her Cherokee's highest Inspired Comfort Award honor — the Grand Prize." As the Grand Prize Winner

in the award's Non-Physician Healthcare Professional category, Mitchell receives an all-expense-paid cruise for two to the Cayman Islands, a crystal award and a wardrobe of Cherokee healthcare apparel. She also will appear in the nationally distributed Cherokee Inspired Comfort Award 2006 calendar.

A 52-year-old wife and mother of three, Mitchell was nominated for the Cherokee Inspired Comfort Award by her sister, Nadine McElyea, who described the "physically and emotionally taxing" situations Mitchell encounters in her EMT service: "One time, she spent over an hour in the river, supporting a diver with a broken neck. At a forest fire, she was at the scene of a fire engine accident that killed three fire fighters. After caring for the survivors and loading them on a helicopter to the hospital, she had a heart attack and got her own ride in a helicopter." Mitchell, irritated by her attack's "inconvenient" timing, put herself on a monitor while waiting for medical transport and also called her doctor to discuss her symptoms.

She once participated in a foggy, 32-hour search-and-rescue mission to find an injured hiker in the forest, during which she attended to several fellow rescue members who fell ill or got hurt. "I like and enjoy my work because I get to work with people when they are at their best or at their worst. When a person is pushed to the limits of their capacity to function with care they come through like champs," she commented. "We get out of this life what we put into it, and I see that on a daily basis in a positive manner."

At the ambulance service, Mitchell is one of only two EMTs certified to provide advanced life support services. "Doing our job well is critical to



Dr. Steven Burns and Larry Jordan presenting Doreen Mitchell with the award



Audience at Health Board Meeting on 12/8/2005

the health of our patients. It is usually 1-1/2 hours to our base hospital, and we do not have radio contact with our base hospital physician until we are five minutes from that hospital," she explained. "We can use cell phones for contact but that, too, is very limited in coverage. Because of the distance involved, what we do for the patient in the back of the ambulance can make a critical difference in whether that patient lives or dies." Often needed for multiple, all-night trips, she took her youngest son on an

ambulance call when he was six-days-old.

Admired for her calm confidence in crisis situations, Mitchell often gives food and gas money out of her own pocket to people in need. "In my job, I have to provide 'emotional care,' too," she said. She has established a group to address drug and alcohol abuse and serves on task forces to bring dental, mental and behavioral health services to the area, which has many poor, uninsured and unemployed residents who must travel considerable distances for that treatment.

Since the Cherokee Inspired Comfort Award was established in 2003, more than 3,400 health care professionals have been nominated in the Registered Nurse, Licensed Practical Nurse/Licensed Vocational Nurse, Student Nurse and Non-Physician Healthcare Professional categories. A panel of nursing professionals and Cherokee representatives evaluates nominations and grants the awards. For every nomination in 2005, Cherokee Uniforms donated \$1 to Nurses House, a national fund that provides short-term financial assistance to registered nurses facing serious hardship. Cherokee donated \$1,300 to Nurses House in 2005.

Education Department



If you are a Tribal Member needing financial assistance while attending College, please call Jennifer Goodwin, Education Coordinator at

1-800-50-KARUK extension 2034.

Coming soon...

Applications and forms will be available at karuk.us!

Happy Birthday to:

Frank Davis 5 yrs in November 2005

Mara Lei Allec in November 2005

Forrest Davis 13 yrs in December 2005

Mike Davis in January 2006

Madeline Davis 2 yrs in January 2006

Amanda Rhodes 17 yrs in January in 2006

Lisa Aubrey in January 2006

*We love you all,
Davey and Carrie Davis*

Happy Birthday...

Devon Anthony Miranda who turned 3
Dec. 3rd

Love always,

Auntie Enny and Uncle Dewey



Contract Health Services Program

Anna Myers, CHS Supervisor

What Is Contract Health Service?

Contract Health Service (CHS) is a federally funded program administered through Karuk Tribe of California. Karuk Tribal Health assists eligible Indian clients with payments for approved medical and dental services. Following are some criteria listed below.

Eligibility for Contract Health Service:

One requirement to be eligible for CHS program is Indian Verification which includes:

1. A member of a federally recognized California Tribe or a descendant of CA Indian with a Certificate Degree of Indian Blood (CDIB) living within the Karuk Tribe of California service area.
2. Any Indian in California who is included on one of the California judgment rolls,
3. Or their descendants (A copy of the judgment roll that includes the individual's name must be provided).
4. Non-Indian woman pregnant with an eligible Indian's child is eligible during her pregnancy through six weeks postpartum.

How To Use Contract Health Service:

1. Patient must have a referral from one of the Karuk Tribal Health medical or dental provider for assistance with an outside service. Pre-authorization is required for all non-emergency services and follow-up care.
2. Emergency room visit must be reported to CHS within 72 hours after the services are rendered to be eligible for CHS coverage. Any ER visit will be reviewed and prioritized for payment by CHS staff, which means an alternate resources or a denial from Medi-Cal which is a Federal Regulation... Elders (60 and above) are allowed 60 days to notify CHS staff of an ER visit.
3. Any client requesting CHS must fill out an annual family intake for Medi-Cal if they have no other insurance, this also is a Federal Regulation to help CHS fund cover the entire fiscal year.
4. Client must mail to CHS all bills and insurance explanation of benefits (EOB) that they have received within 60 days of the outside service. Please maintain close contact with CHS clerk for coverage updates.

Remember... Refusal to Apply for Alternate Resources Will Result in a Denial of Payment!

Karuk Tribe of California CHS Program: If, after CHS staff has determined patient has no alternate resources, CHS will pay the approved service. The disadvantage of having no insurance is that not all services are covered. Since Karuk Tribal Health receives limited funds for CHS, there may not be available funds as the fiscal year approaches. CHS does not cover surgery or inpatient stays at the hospital. Funds are limited and these services could exhaust the money in a short time.

For Those with Insurance: All correspondence from a client's private insurance, Medicare, Medi-Cal, etc. explaining how they processed the claim, must be sent to the CHS office within 60 days. If a client fails to comply with these requirements, CHS may deny payment.

Expanded Yreka Clinic Hours

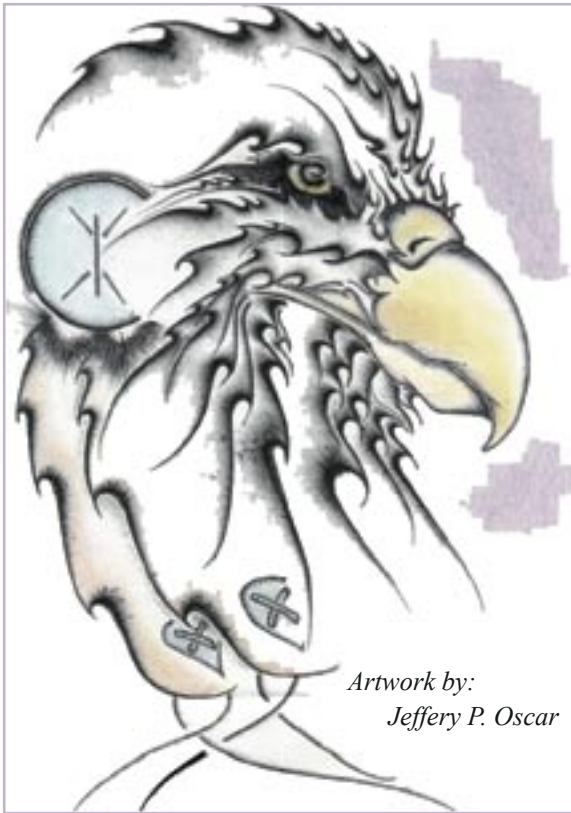
Dr. Solus

The Yreka Clinic is now OPEN on the **first Wednesday of the month from 7:30 AM to noon**. (previously closed for meetings). Dr. North will be seeing patients so please call for an appointment or for more information

Yreka Clinic hours are:

7:30 AM to 6:30 PM Mon - Thurs
8 AM - 5 PM Fridays





On January 24, 2005, Tribal employees participated in Advanced Excel Training at the Happy Camp Community Computer Center. Customized training was provided by Skillpath/Compumaster Seminars



CD On Happy Camp Area For Sale

It is with a certain amount of pride in the areas of Happy Camp, CA that people learn of an item for sale that allows neighbors, friends, and relatives to see and tour the Klamath River land! ...right on your computer!

A member of the Karuk Tribe has finished more than five years of memory search, history research, and sorting through thousands of outdoor photos to complete the Outdoor Scenic Photo Tour CD. You can put this compact disk into your computer and see a photo tour of history and scenery of northern California. The Land of the Karuk Arara and the Shasta tribe's lands.

From Preston Peak to the mighty Mt. Shasta, you can see the main tour of Jefferson Scenic Byway, the Klamath Wild & Scenic River, and nearly 500 pages of the main tour, plus 96 hyperlink articles with over 300 outdoor photos.

See happycampoutdoors.com to see further information on this CD. Author and photo journalist James A. Waddell has now completed this CD and is making advertisements to sell the disks on the internet and with ads in outdoor publications. There are such articles as Karuk Spirit World, Karuk Arara poem, and Native American Languages. There are picture of jumping salmon, stalking deer, and stories such as the Ghost Dance of 1872.

James A. Waddell is a member of the Karuk Tribe of California, and was one of the origination Tribal Council some thirty years ago. That membership also included the writing and construction of the Karuk Tribe's constitution and bylaws along with Dave Titus, Josephine Aubrey, and Hazel Davis. Jim is a fifth-generation descendant of Klamath River gold pioneers and grew up on the Waddell/Sedros Family Homestead and then lived there with his wife from South Korea for another twenty-nine years; that included camping, hunting, horse-packing, fishing guide service, writing, and photography. For medical reasons, Jim and Lee moved to Antelope, CA in 2002.

Address for Waddell or ordering the CD is James A. Waddell Outdoor CD, 7615 Feather Court, Antelope, CA 95843-2444 and the CD is priced at \$26.95 total.



Yupsítanach (Baby) Page

Nae-rew Chee-shep Emma Jo Martin

(Pretty Flower)



Born: July 23, 2005 at Mad River Hospital

Parents: Maggie Peters & Steve Martin, Jr.

Weight & Length: 7 lbs 2 oz & 19 in long

Maternal Grandparents: Sue Burcell & Chris Peters

Paternal Grandparents: Charlene Naef and Steve Martin, Sr.

Cheyene Alexis Peters

Born: 12/18/2005 at 12:27 AM in Redding, California

Weight: 6 lbs. 10 oz. 19 inches

Parents: Harlen Robinson and Elena Tapia

Paternal Grandparents: Jeff Peters and Lelanette Donahue

Maternal Grandparents: Claude and Vicky Taylor



Parents: Tribal Member Nick Alexander and wife Kiarra

Born: 8/9/2005 at 3:24 PM

Weight & Length: 7 lbs. 11 oz. and was 19" long.

She joined big sisters Kyanna, age 7, born on 10/14/1998, and Malliya, age 2, born on 7/29/2003.

Maternal Grandparents: Larry and Diane Snyder & Jeri Nevenschwander.

Paternal Grandparents: Corina and Tommy Alexander. **Paternal Great-Grandmother:** Lucille Albers.



Hannah Janae Alexander

Alyssa Holly Abono



Born: 7/19/05 12:40 pm in Mt. Shasta, CA

Weight & Height: 6 lbs 9.5 oz & 19 1/2 inches

Parents: Sarah Lee Super & Paul Abono Jr.

Maternal Grandparents: Donald and Susan Super

Paternal Grandparents: Greg and Andrea Abono

Miliana Lisbet Rosas-Whiting

Born: July 18, 2005

Weight & Length: 8 lbs & 23 inches

Parents: Hazel Whiting & Jaime Rosas

Grandparents: Ann & Pedro Escobar & (Late) Karl Whiting



The Great Fry Bread Debate

Submitted by David Eisenberg, PHN
(Adapted from Angie Wagner - Associated Press)

Susan Shown Harjo, a Cheyenne and Muscogee Indian wasn't trying to cause a debate when she published an article in Indian Country Today, calling Fry Bread junk food that produces fat Indians.



Holly Hensher & Molli White
making fry bread

But she was tired of having yet another family members diagnosed with diabetes, and wanted to get people thinking about all the food they eat, not just fry bread.

Fry Bread is synonymous with Indian culture. (It is the state bread of South Dakota). It's tasty and takes many forms: an Indian Taco topped with red chili and beans or the extra sweet version with powdered sugar, honey or jelly on top. Its also loaded with calories - at least 700 for a paper plate sized portion with a whopping 27 grams of fat.

But Native Americans didn't have fry bread until the federal government moved them off their land and away from traditional foods. They were replaced by rations of flour, salt and lard and Indian women did what they could , creating the wonderful fry bread that has become part of the culture.

" Fry bread isn't the culprit that has made Indian people heavy," says Tammy Brown, a nutrition consultant. It's the whole mix; fast foods, the sugary drinks too many calories, it's the whole diet."

So what's a person to do. Some consider giving up fry bread like giving up Turkey at Thanksgiving.

And even when people want to change their eating habits, it can be hard to change the way you cook.

"People see what is happening to their community" says Steve Deo, a Creek Indian. "The increase in obesity and diabetes and at some point we need to confront what they are eating, to strive for bigger and better things. I still like to eat fry bread, but instead of eating the whole pie, I just eat half"

Recipes (From Cooking with Three Sisters - Mantaka American Indian Council)

Navajo

3 Cups Flour
1/2 Cup Powdered Mild
1 Tbsp baking powder
1/2 tsp salt
1/2 Cup warm water or milk

Combine all ingredients in a large bowl. Brush with oil and let stand 20 minutes to two hrs. Heat oil to 375. Pull off egg sized balls and roll, or pat into large plate sized circle. Ease into the hot oil one at a time. Cook about 2 minutes a side. Drain.

Blackfeet

4 Cups Flour
1 Tbsp Powdered Milk
1 Tbsp baking powder
1 tsp salt
1 1 / 2 Cups warm water

Mix all dry ingredients Add water. Knead until soft and set aside for 1 hour. Shape into small balls. Flatten each into a circle with a rolling pin or by hand. Fry in hot oil until golden brown in each side. drain on paper towels.

Chickasaw

2 Cups Flour
1/2 tsp salt
4 tsp baking powder
1 egg
1 / 2 Cup warm milk

Mix first three ingredients then stir in the beaten egg. Knead lightly. Roll out on a board to 1 / 2 inch thick. Cut into strips 2 x 3 inches and slit in the center. Drop into hot oil and brown on both sides. Drain.

Hint: The hotter the oil the less time it takes to cook, which results in a lighter texture and less fat.

Note: If you have a Karuk Fry Bread recipe and photo you would like to submit for a future newsletter, please send it to the Karuk Tribe C/O Sara Spence or email it to sspence@karuk.us.

Yreka Clinic Diabetic Luncheon

Michelle Stark, DDS

Ayukii. My name is Michelle Stark and I am a general dentist in the Yreka Clinic. I was invited to give a presentation about the relationship between diabetes and oral health at the November 2005 Diabetic Luncheon. Our clinic staff is committed to helping our diabetic patients understand the importance of controlling their blood sugar. For the past seven years, the clinic has been having these gatherings as a way to reach out to our diabetic patients and educate them on this disease. Our gratitude is extended to Sharon West who organizes these gatherings; Sharon plans and prepares all of the delicious meals that are served.

Some of the important points of the presentation were as follows:

- Bacteria that live in the mouth gather on the teeth to form plaque. This soft goopy substance can be easily cleaned off the teeth by thorough flossing and brushing twice a day.
- Tartar or calculus is plaque that has remained on the teeth for a prolonged period, (more than 24 hours); it begins to absorb the minerals in the saliva and gets hardened. This tartar can be likened to a barnacle on the side of a ship; it must be removed by a dentist or dental hygienist. Simply flossing and brushing at this point will not remove the tartar from the teeth.
- Gingivitis is the condition of red, swollen, tender gum tissue. The gum tissue is responding to the presence of the plaque accumulations. This condition is reversible by thorough flossing and brushing twice a day.
- Periodontal disease is the loss of the supporting gum



*Sharon West
Luncheon Organizer*



and bone around the teeth. The plaque and tartar on the teeth cause the gum and bone to move down the tooth. This condition is not reversible and if left untreated, will result in the loss of the teeth.

- Diabetics with uncontrolled blood sugar have a higher risk of developing gingivitis and periodontal disease (the process which results in the loss of the supporting gum and bone around the teeth).
- Smokers are five times more likely to have gum disease. Smokers with diabetes are at even greater risk of developing gum disease.
- High blood sugar can cause other oral health problems as well; such as, tooth decay, thrush (a fungal infection in the mouth), and dry mouth.
- See your dentist regularly (at least every six months) for evaluations of your teeth and supporting structures.

These luncheons are a terrific success, and the patients that attend are benefiting from them. I encourage all of our diabetic patients to come and learn more about how they can help themselves stay healthy.





Laura Ward, Tracy Burcell, Junalynn Ward, Judy Blind, Doreen Mitchell, Dr. Burns, Debbie Morton, Claudia Ross-McLeish, April Spence

Health Appreciation Awards to Karuk Tribal Health Employees



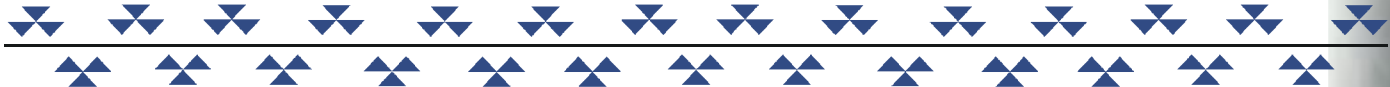
Dr. Donald Solus, Patti White, Jessica Thom, Sharon West, Michelle Charlesworth, Barbara North, Leslie Alford, Lana Givant, Debbie Whitman



Liz Super, Sharon Meager, Sara Spence, Geraldine Peters, Barbara Snider, Tracy Burcell, Nita Still, Laura Ward, Dorothy Bridenstine, Lois Gonzalez



Sheila Barger, Michelle Stark, Todd Weaver, Jolena Jerry, Delila Cortes, Mike Edwards, Amy Coapman, Pat Doak, Sheila Robinson, Nicole Hokanson, Susan Beatty, Dr. Carlson



The Happy Camp Community Computer Center

Would like to thank the

Karuk Tribe of California

for providing continued operating costs and financial support to keep the HCCCC open in these difficult economic times. Center users and staff greatly appreciate your efforts in our continued success and in keeping the center operating six days per week!

Thank you!





Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Fall, 2005

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Robert Grant, Sr.,
Member at Large

Alvis Johnson,
Member at Large

Newsletter Production:

Desktop Publishing:

Rosie Bley

Editor:

Sara Spence

Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

Printed By:

*Mosaic Press LLC,
Happy Camp*

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Change of Address

The Karuk Tribe of California
Wishes You A Very Happy 2006!

Presorted Standard
U.S. Postage
PAID
Permit No. 2
Happy Camp, CA
96039

Post Office Box 1016
Happy Camp, CA 96039-1016

Karuk Tribe of California

Karuk Tribe of California

Spring 2006

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

Tribal Enrollment Is Currently At 3,442 Enrolled Members

June 24th

10th Annual Karuk Tribal Reunion

See page 12 for more Reunion details...



Photo courtesy Robert Goodwin

Information for

Tribal Ceremonies

can be obtained by contacting the
**Department of Natural
Resources**

via email at karukdnr@karuk.us
or by telephone at

(800) 505-2785 or (530) 627-3446

NOTICE OF ELECTION

Karuk Tribe of California

NOTICE IS HEREBY GIVEN that on Tuesday, November 7, 2006, the Karuk Tribe of California will conduct a Tribal election.

Subject Matter of Elections:

Council Positions:

Vice Chair	4 YEAR TERM	2006-2010
Treasurer	4 YEAR TERM	2006-2010

See page 2 for more information...

Contents

Notice of Election	2
Notes from the Secretary	3-6
Foster Parents	4
Karuk CASA T-Shirts	5
Dam Removal Effort	6
Contract Compliance Update	7
Housing News/Grant Family Thank You	8
Karuk Language News	9
Staffing Update	10
K.C.D.C. Update	11
Tenth Annual Karuk Tribal Reunion	12
Karuk Head Start Happenings	13
The Baby Pages	14-15
SWEET Success Stories	16
Third Annual Spring Basketweavers Gathering	17
Lisa Haas, Police Officer/TERO Updates	18
Karuk Military News	19
Flagger Training a Success/Understanding Credit	20
Mabel Leslie/High Blood Pressure/Tooth Decay	21
"Follow the Smoke" Basketweavers Handmade Gift Raffle	22
"Full Moon Howl" Musicales/Hot Shots Basketball	23
Need Transportation?/Energy and Money Saving Tips	24
Education Department Update	25
LIAP Update and Programs	26
Senior Center Program Update	27

NOTICE OF ELECTION

Karuk Tribe of California

NOTICE IS HEREBY GIVEN that on Tuesday, November 7, 2006, the Karuk Tribe of California will conduct a Tribal election. Polling places will be open from 7:00 AM to 7:00 PM at the following locations:

- * The People's Center next to the "Old School Gym" 64236 2nd Avenue, Happy Camp
- * Yreka Karuk Social Services Conference Room, 1519 South Oregon Street
- * Orleans Community Center, 39051 Highway 96.



TO BE ELIGIBLE TO VOTE: All members of the Tribe who are eighteen years of age and over and who have registered with the Tribe shall have the right to vote.

CANDIDATE ELIGIBILITY REQUIREMENTS AND PETITIONS: will be available on Friday, June 19, 2006 at the Housing Authority Offices in Yreka and Happy Camp, the Karuk Medical Clinic Buildings in Orleans and Yreka, and the Tribal Administration Building in Happy Camp. Nominating petitions, proof of residency, fingerprints, and \$50 filing fee must be returned to the Tribal Administration Office, Voter's Registration Office in Happy Camp no later than 5:00 PM Wednesday, August 8, 2006.

Subject Matter of Elections:

Council Positions:

Vice Chair	4 YEAR TERM	2006-2010
Treasurer	4 YEAR TERM	2006-2010

**** ABSENTEE BALLOTS**:**

Requests for absentee ballots must be signed by the voter requesting the ballot and his or her signature must be verified by one of the following three methods:

- 1) by a notary public
- 2) by two eligible voters of the Tribe
- 3) by providing a copy of a State, Federal or Tribal signed I.D. card.

Any requests for absentee ballots must be submitted in writing, with a return address, to the Voter's Registration Office. Forms can be requested from the Voter's Registration Office. (P.O. Box 815, Happy Camp, CA 96039) by 5:00 PM Wednesday, October 23, 2006.

It is highly recommended that absentee ballot requests be received by the Voter's Registration Office in a timely manner for those members who live outside the aboriginal territory, due to the amount of time it takes for mail to reach Happy Camp.

For more information we encourage you to call the Voter's Registration Office at (800) 50-Karuk or (530) 493-1600, extension 2052.



Notes from the Secretary:

Florrine Super, Tribal Council Secretary

Ayukii, the Karuks have been busy in Indian Country! We have so much going on and we're taking the lead on a lot of different issues. I'm excited to be a part of the progress in children's issues, such as co-sponsoring the 13th Annual Indian Child Welfare Conference, negotiating Title IV-E Funds, and protecting our sovereign rights to protect and have legal jurisdiction over our Karuk Children.

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Indian Child Welfare Committee (ICW):

It is the ICW Committees intent to protect the best interests of the child and promote the stability and security of the Karuk Tribe of California and its Indian families by fully exercising the Tribe's rights and responsibilities under the Indian Child Welfare Act (ICWA) of 1978 and these Policies. We continue to review cases, intervene, and represent our Karuk children. We also participate in Title IV-E meetings, State ICW Conference, meet with other governmental bodies, and work closely with housing, tribal court, and CASA, and continue to recruit foster parents.

State ICW Conference:

The Karuk Tribe is co-sponsoring the 13th Annual State ICW Conference. It will be held June 26-28, 2006 in Eureka, California at the Red Lion Inn. Our theme for this year's conference is "*Indian Child Welfare weaving strength in our families and children, the past, the present, and the future of ICWA*" Some of our topics are: History and Hope, ICWA Basic/Advance, Tribal Courts in Indian Country, Coming to the Table: Multi-Tribal Round Table, County Perspective on ICWA, Collaborative Strategies in Address Historical Trauma and Unresolved Grief, Courtroom Advocacy for Tribal representatives, and Working together to Achieve the Objectives of the Indian Child Welfare Act.

Karuk Tribe Foster Home:

Part of the ICW Committee's responsibility is to start and oversee our own Karuk Tribe Foster Home. **We have certified two volunteers through Remi Vista! CONGRATULATIONS**


Notes From the Secretary: Continued next page



*Florrine Super,
Council Secretary*



*Someday, he will want to
fish for his family...*



*Someday, she will want
to gather basketmaking
materials...*

**It's up to you to VOTE for those
who will support our causes!**

Protect Our Children!

Preserve Our Culture!

Your VOTE Counts!

*Remember to VOTE in all Federal, State,
County and Tribal Elections!*



Someday, they will need to further their education...

Notes From the Secretary: *Continued from previous page*

to those who completed the necessary requirements it takes to become a certified foster parent! This is an important role for our ICW committee. This will help with some of the compliance issues for our Title IV-E negotiations. This also shows that the Karuk people care about their children's rights to grow up among their own people. We will continue to recruit foster parents. If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply, you need to complete and submit a foster family application. When approved by ICW committee, fingerprints for background check will need to be taken of all people living in your household over the age of 18. A home evaluation will be completed by our social service department.

YOOTVA--Just wanted to thank Stephanie Dolan for all her hard work and dedication to the Karuk Tribe and Karuk Families!

WELCOME—The ICW Committee is excited to have Robert Super aboard as a Caseworker Assistant. We will miss Tanya Busby! Congratulations Tanya on your new position as Substance Abuse Counselor.

Look at our new webpage regarding Indian Child Welfare-www.karuk.us

Friends of CASA (FOC)

WELCOME- We have a new CASA Program Coordinator. Welcome aboard Barbara Houle. FOC has been established to support our Karuk CASA Volunteers and CASA's basic operational expenses. As the Vice-Chair of FOC, I would like to explain the FOC Committee's goals and duties. Our members share the same mission as our CASA program; therefore we contribute to CASA by organizing fund raisers through out the year. The Karuk CASA program relies entirely on grants and monetary support from our communities. Such contributions enable us to recruit, screen, and train tribal advocates to speak for abused and neglected children in Juvenile Court. It also helps with gas for volunteers to visit and/or transport children to necessary appointments. Fifty-five dollars (\$55) per person for fingerprinting and background checks is a big cost for our CASA program.

Foster Parents

IMPORTANT NOTICE:

Seeking Tribal members who are already certified to be foster parents or are interested in becoming certified foster parents.

Contact Mike Edwards at the Karuk Tribal Health Social Services. (530)842-9200 ext. 102 or stop by 1519 South Oregon Street, Yreka CA.

W
a
n
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d



As you can tell the need is a worthy cause. YOUR KARUK CASA IS THE FIRST TRIBAL CASA IN CALIFORNIA. So when you see our FOC Committee selling tickets, selling T-shirts, or looking for volunteers, please support your Karuk CASA Program. Your contribution will help further our children advocacy efforts and help us provide service to our tribal children. Volunteers are needed! We can use your time, your contacts, or your monetary support.

Youth Leadership:

Our Youth Leadership objective has changed. To serve more youth and stretch the money amongst the youth we have changed our objectives. Our goal is to continue to have our Annual Youth Leadership Conference. We will focus on teaching our youth

to become strong leaders and teach them to become healthy adults. We want our youth to learn how to stay drug and alcohol free, how to eat and exercise to stay healthy, how to be a leader by speaking up on issues that affect the tribe, how to work with others to reach a common goal, and learn about Karuk's traditions and culture.

Please contact me if you'd like to volunteer your time to our Karuk youth. October has been selected for the 2nd Annual Youth Leadership Conference.

Story... I attend the National Indian Child Welfare Conference in April. They had a type of group home for boys. Four boys lived in a home where they were being mentored by native men. As the boys

talked about how important it was to have men who "volunteered" their time to talk and listen to them. It made them feel wanted and complete. I would like to see our community make a commitment to our youth and help them through this life. Life is fast pace theses days. Lets slow the kids down and show them Karuk ways so they become strong healthy adults. This is going to take your commitment by sharing your stories, experiences, and time with our youth. Let's take a lead and show other tribes and communities what we have to offer our youth.

Elections:

Our election committee is working very hard toward a smooth 2006 Election. We have our Vice-Chair and Treasurer position coming up for 2006. We are also working ballots for the proposed Constitutional changes with this coming election. More information will become available as it comes in.

Remember to stay active in your tribal, local, state, and federal issues. It's important for you, your family, and your tribe!

Reminder from last newsletter: Are you wondering, what it means to be registered with the Tribe to vote? Our constitution states in ARTICLE VII - ELECTIONS AND NOMINATIONS, Section 1. All members of the Tribe who are eighteen years of age and over and who meet the eligibility criteria and have registered with the Tribe pursuant to the provisions set forth in the Tribe's Election Ordinance, shall have the right to vote.

The Election committee has created a form so tribal members can "register" with the tribe to vote. You may register at the polling booths or beforehand by requesting a form from the election committee or downloading a form from the Karuk website. Our intent is to make this as easy as possible and not to interfere with your voting rights.

Register to vote today! Go to www.karuk.us for a registration form. Or contact your Karuk Election Committee: PO Box 815, Happy Camp, CA 96039.

CASA T-shirts for Sale

CASA-Court Appointed Special Advocate

HELP SUPPORT CASA PROGRAM

by purchasing CASA T-shirts.

Price: M-L-XL--\$15 XXL--\$17

To Purchase T-shirts contact:

CASA Program
530-842-4924
212 Lane Street
Yreka CA



Friends of CASA (FOC)

We have a new CASA Program Coordinator. Please stop by your CASA office in Yreka to meet Barbara Houle. She is recruiting new CASA volunteers and people to sit or volunteer for the Friends of CASA committee. She's very active in organizing fundraisers. See her report to learn about all the upcoming fundraisers and see which ones you may be interested in!

Low Income Assistance Program (LIAP):

LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

Our goal was to assist our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need. So the council has obligated some funding to help those who need assistance. This has helped a lot of elders and families with children. As Secretary of the LIAP Committee, I will be working on policies or point systems to help us make a fair and consistent decision.

Tribal Reunion:

A date has been set for **June 24, 2006 in Happy Camp, California!**

My goal for our reunion is to have various activities for tribal and community members to participate in. We will have a volleyball net set up for people to play volleyball, horseshoe tournaments, table to play cards, dominos, or dice, Indian card games, and vendors for people to buy local crafts. Please let me know if you have ideas to attract tribal members to attend the tribal reunion. If you have never attended, I encourage you to attend as we have many activities available for all ages!

Website: Revisions

Our goal is to have a very informative and user friendly website. We continually work on updating our webpage. Please look for the new Indian Child Welfare Committee page. Coming soon: Tribal Court, Elections, Education, and Booster Club pages!

If you have any digital pictures of Tribal events, buildings, local nature, etc. that you do not mind sharing, please forward copies to Gerry Canning (on CD or disc please – otherwise it will bog down the email server) so that he can use them on the website as he updates the content. It would be greatly appreciated!

I have not heard if people feel our website gives the information they need as tribal members. Please let me know what you as a Karuk Tribal member would like to have available on the Karuk website.

Notes From the Secretary: Continued next page



*JC Boyle Dam, One of Four Dams
Targeted for Removal on Klamath River*

Dam Removal Effort Gets Boost From Feds

By S. Craig Tucker, Ph.D.

The Department of the Interior made a bold statement favoring salmon restoration recently by issuing mandatory conditions that must be fulfilled on order for PacifiCorp to relicense the Klamath Dams.

For the past several years, the Karuk, along with neighboring Tribes, conservation groups, and fishermen, have been demanding the removal of the lower four Klamath dams. The dams deny salmon access to over 350 miles of spawning habitat upstream and degrade water quality.

“Interior’s recent filing requires PacifiCorp to install ladders on all the dams. The estimated cost for such measures

would cost nearly \$200 million,” according to Natural Resources Director Sandi Tripp. Tripp goes on to point out that “removal of the lower four dams would cost half that much.”

Although PacifiCorp will likely challenge the ruling in court, the Karuk Tribe and our allies have built a strong case that fish belong in the Upper Basin. According to Tripp, “there’s a lot of pressure on Washington to solve the ‘Klamath problem.’ We are putting forward dam removal as a big part of that solution.”

Tribal leaders are trying to craft a bi-partisan approach to win dam removal. Recently the Karuk Tribe, Yurok Tribe, and the Klamath Water Users Association co-authored an editorial that ran in several Oregon and California papers. The message in the editorial was clear. “We need the dams out, they need help with their power rates. We are listening to one another and looking for a win-win solution,” according to Karuk vice chairman Leaf Hillman, co-author of the editorial. Hillman adds, “we envision a Klamath Basin where farmers can farm and Indians can fish, but we do need to make major changes in how the resources are managed. A key step for getting there is removing those dams, another is increasing river flows at critical times of year.”

The fate of the dams is yet to be determined, although Tripp believes that we have until March, 2007 to craft a settlement agreement with the company or have the Federal Energy Regulatory Commission order them removed.

Notes From the Secretary:

Continued from previous page

Head Start: Children Are Our Future

As a liaison for Head Start and the council, I attend all Policy meetings, Center meetings in Yreka, and regularly meet with staff. The Policy Council reviews all policies before submitting them to the council and they address any classroom concerns.

New Karuk Booster Club:

We are looking for membership! The council has formed a new committee. We have youth who request money throughout the year for sporting events. The council has allotted money with the intent of the Booster Club replenishing this account as they donation funding request. Also, this committee will be responsible to honor those tribal members who have accomplished goals in college and pro sports.

Some Booster Club goals:

- Help in the recruitment of individuals who share our vision.
- Recognize each individual and value his or her role as a Karuk athlete.
- Empower young tribal members to be champions in life through excellence in sports.
- Organize fund raisers to help pay for tournament entrance fees and sport camps.

Sports builds character, instills discipline, provides leadership, enhances self esteem, promotes physical fitness and teaches teamwork, all of which can be used throughout life.

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information.

Florraine Super

Contract Compliance Update

Erin Hillman,
Director of Administrative Programs & Compliance

In the last edition of our newsletter I described collaborative efforts between Tribal Departments and the process involved in the successful completion of a grant funded project. The project I referred to is the construction of the Karuk Housing Authority/ Community Facility in Yreka. The project is on schedule and to date we have been able to review preliminary floor plans and elevations of the building. The Housing Authority Committee also reviewed the plans and recommended some changes which are currently being incorporated into a final draft prior to being developed into construction documents which the Tribe will then use to go out for bid.

On April 13, 2006 the Karuk Tribe approved a partnership with Indian Health Services (IHS) and the Happy Camp Community Services District (HCCSD), through a Memorandum of Agreement, \$149,000 will be provided to the District for water system improvements. An additional \$96,500 in engineering services is dedicated in the form of technical assistance to the project. The Indian Health Services funding provided is calculated based on the number of Tribal and other Native American residents who use this water system.



Water storage tanks above Karuk Tribal Housing in Happy Camp

The Tribe, IHS and HCCSD have been working together on the water system improvement projects for several years. In total, \$1,607,095.00 has been contributed on behalf of the Tribal population through funders like USDA Rural Development, FEMA and Indian Health Services. The Karuk Tribe Housing Authority made significant contributions on behalf of the housing community and HCCSD has been very successful in securing grant funding for the other \$1,717,000.00 from USDA, California Department of Health Services and Community Services and Development Block Grant.

The construction of the water system upgrades started in 1999 with the installation of two new water tanks, booster station and water intake modifications. It continued on to include meter installation and waterline replacements. The project funded through this agreement will replace 3,900 linear feet of water main that are leaking and undersized for current usage.

The Tribal Council adopted a new policy for Memorandums of Agreement and Memorandums of Understanding. The policy was developed to provide guidance for staff to obtain Council approval for these types of documents. It outlines the process for preliminary review by management staff in order to prevent conflicts of interest between programs and ensures centralization of recordkeeping.

On March 14 the Tribe awarded a contract to Northern California Paving to complete the Yreka Roads Project. After a competitive bid process, Northern California Paving was the lowest, most responsive, responsible bidder. Tribal Staff, Contractor, Council and the Bureau of Indian Affairs met with Northern California Paving for a preconstruction meeting. Topics discussed were payment schedules, start dates, length of project, materials, change orders and TERO compliance. The project start date is contingent upon weather conditions in the Yreka area and will most likely be completed in six (6) weeks or less.

In March, Tribal Staff had the privilege of working with Tribal Member Sue Burcell in her development of a proposal to Administration for Native Americans (ANA) for Social and Economic Development Strategies (SEDS) for the Tribe. The proposal is for a three year, 1.5 million dollar project called "Karuk Paths to Prosperity". Objectives for the grant include increasing employment and self employment opportunities for Tribal Members living in the aboriginal territory, to increase postsecondary educational opportunities for Tribal Members in the aboriginal territory, and to build the Tribes capacity to facilitate the lifelong career development of its members and employees.

For the quarter ending March 31, 2006, seventeen (17) applications for grant funding were prepared for a total of \$1,370,263, fourteen (14) independent contractor agreements were approved, seven (7) awards/ amendments were received by tribal departments, and four (4) expired grants were closed.

Housing News

Sami Difuntorum, KTHA Director

Page 8

It is construction season at the Karuk Tribe Housing Authority. We are in the final design phase of a new office and community center in Yreka. We anticipate construction beginning in late May or early June. It will be located near our Yreka Elder housing. The new building will have a room for Elder's, a computer center, and a cultural room. We plan to have cultural activities including language and basket weaving classes in this facility.

The Elder's memorial in Happy Camp is finished. The dedication will take place on Friday, June 23, 2006 at 2:00. The garden was originally dedicated to Grace and Madeline Davis on June 24, 1995.



Pictured: Employees with 5+ years of service in Indian housing. From left to right: Phil Albers, Sr., Steve Mitchell, Suzie Cost, Deanna Miller, Elsa Goodwin, Daniel Thom, Sr., Richard Black, & seated, Ann Escobar. Not pictured, but also recognized is Donna Nance and Preston Willson

employees were recognized for 5 – 9 years of service with Indian housing: Donna Nance, Elsa Goodwin, Richard Black, Daniel Thom, Deanna Miller, Preston Willson, Phil Albers, Sr., Steve Mitchell, and Suzie Cost. Two employees were recognized for 10 + years of service: Cyd Ann Escobar and Sami Difuntorum. Housing Board members recognized with a minimum of two years service are: Sheila Barger, Leaf Hillman, Verna Reece, Alvis Johnson, Paula McCarthy, and Charlene Naef. Congratulations to all and thank you for your dedication to Tribal Housing.

The Karuk Tribe Housing Authority was also recognized at the annual Nevada / California Annual meeting by the Southwest Office of Native American Programs for Superior Accomplishment. KTHA was one of four Tribal Housing Departments in all of California and Nevada to receive recognition from HUD for performance.

KTHA is seeking proposals from qualified architects for the future development of the Orleans property known as Shivshaneen. This will be a KTHA homebuyer community. If you are interested in becoming a homebuyer and living in the Orleans area, please contact Eddie Davenport at edavenport@karuk.us to inquire about our loan program.

We are very pleased to have completed construction of ten Elder units in Orleans and fifteen Elder units in Yreka. We have a total of forty Elder units in our three KTHA communities.

At the annual Southwest Indian Housing Association meeting nine Karuk Tribe Housing Authority



Ann Escobar receiving award from KTHA Executive Director Sami Difuntorum for 10+ years of service in Indian housing

Grant Family Thank You

Roxanne & Grant Super

Robert Grant was diagnosed with Pancreas Cancer in March 2005. Shortly after he was diagnosed, he was scheduled for surgery at UC Davis.

Robert & Judy Grant and their family would like to THANK the following people and organizations for their help with the costs incurred in traveling to UC Davis. His family and friends held fundraisers including; an Indian Taco Feed, a car wash, and a raffle.

We would like to take this time to thank; all the volunteers, the Yreka Karuk Tribe Housing Authority, the Yreka Karuk Tribal Health Clinic, NCIDC, and most of all the people who kept the Grant's in their thoughts and all their prayers!

We thank everyone who donated the items for the raffle, the food for the taco feed and everyone who donated their time and money. We cannot begin to thank you enough for your help during this difficult time, as your gestures are very much appreciated!



Council Member Robert Grant, Sr.

Karuk Language Program



Violet Super (middle) holding babies Chaas T. Linwood, 6 months (left) and Íhaan C. Albers, 1 month (right). Picture taken by Nisha Supahan at the Karuk Language Restoration Committee meeting in February 2006.

*Phil Albers, Jr.,
Karuk Language Program*

ayukîi áraaras. hûut kich iimkun? iimkun araráhih kuchúuphiti hum?

Hello people. How are you all? Are you all talking in the people's language?

I am Phil Albers, Jr. I grew up in Yreka, and have traveled along the river my whole childhood. I live in Orleans with my wife, Elaina Supahan, and our two sons, Machnátach and Íhaan. I am the Language Research Assistant, and I am filling in for Susan Gehr, Language Program Director, while she is away on maternity leave. The Gehr family is expecting a baby boy. We are all very excited for their family. While Susan is on leave, you can direct phone calls, emails, and correspondence to:

Phil Albers Jr. - 800 505-2785 ext. 2203 - palbers@karuk.us

My basic job duties are to assist the Karuk Language Restoration Committee (KLRC), and the

Language Program in researching best practices for Distance Learning Native Languages. I have written a literature review on this topic, and I am developing a survey for identifying what other Tribal language programs are doing in the area of distance education. This survey inquires about the effectiveness of their program, what their process is for teacher certification, and their guidelines/policies for determining levels of fluency. I will compile the results, and present the analysis report to the KLRC.

páy uum vaa payêem pánukupiti

The Advocates for Indigenous California Language Survival (AICLS) hosted the 7th Biennial Language is Life Conference in Sausalito, California. The conference is for California Languages, and offers multiple workshops, presentations, and panels on different areas of Indigenous California Languages. The Karuk Language was well represented with the following speakers attending the conference: Vina Smith; Elaina Supahan; Susan Gehr; Florrine Super; Terry Supahan; Arch Super; Andre Cramblit; Homer Bennett, III; myself, Phil Albers, Jr.; and my two sons, Machnátach and Íhaan Albers.

Susan Gehr, Andre Cramblit, and I presented the Karuk Language Program and our Distance Education Project. We introduced ourselves and the Language Program and partners. Then we briefly described our project, and the current status of progress. The primary grant objectives are:

1. Establish a Tribal language teacher certification policy; a Karuk language fluency level assessment policy; and select/establish a distance education delivery model.
2. Field-test the distance education Karuk language course in six sites within and near the Karuk Ancestral Territory.
3. The Karuk Language Program will have a six-month 20-lesson tribally certified distance education language class of 75 students with a 75% completion rate.

We had a fairly large turnout, and inspired other California Language Programs to consider similar options.



Tribal Member David Wright shows his Native Pride

Staffing Update

Sara Spence, Human Resources Manager

Here is the quarterly update; we currently have 150 employees on staff.

Marsha Jackson was hired on 2/1 into the newly reclassified Enrollment/Census Specialist position. She will be assisting Dolores Voyles, Enrollment Officer.

Phil Albers, Jr. was hired on 2/13 as the Language Program Research Assistant. He will be working with Susan Gehr, Language Program Director, and also filling in for her while she is away from the office.

Rel Bailey was hired on 2/13 to work as a Student Clerk at the Happy Camp Health Services Clinic. This is an after school training position being funded by the Tribal Employment Rights Office to increase interest in employment in the medical field for the Tribe's youth.

Eric Counts was hired on 2/24 to be the On Call Happy Camp Custodian; he will fill in as needed in Happy Camp. He also currently volunteers with the Maintenance/Automotive Department.

Robert Super was hired on 3/1 as the Indian Child Welfare (ICW) Case Worker in the Yreka Social Services Office. He is filling the vacancy created when Tanya Busby was promoted to the position of Substance Abuse Counselor in Happy Camp. This was a new position created with the second year of funding from the Health Resources and Services Administration (HRSA) Grant received.

Daniel Goodwin was hired on 3/1 to return to his seasonal position as a Biological Technician with the Fisheries Department.

This round of funding also includes a third Substance Abuse Counselor in Orleans, Anthony Ballard, who will start on 5/8 and previous Tribal Employee, Charles Lent, will be returning as the Behavioral Health Clinician (LCSW) who will be serving both Happy Camp and Orleans starting in early June.

Donna Zook was hired on 4/3 as the Senior Center Cook at the Happy Camp Senior Nutrition Site. She will be working with Bonnie Alvarez in that Center.

Arron "Troy" Hockaday was hired on 4/3 as a Cultural Monitor to observe work being done on his family's allotment downriver. He joins a group of Cultural Monitors already in place including: Dennis Donahue, Robert Garrison, and Grant "Ike" Hillman. There are plans to expand this group so that Certified Monitors can be accessed quickly and easily in locations throughout the Tribal communities as needed. For



more information on how to become a Certified Cultural Monitor, contact either Sandi Tripp at DNR or Dion Wood in the TERO Office.

Colleen Goodwin was hired on 4/3 as the Low Income Assistance Program Clerk. She will be working with Lisa Aubrey in that department.

Laura Claiborne was hired on 4/12 as the On Call Social Services Receptionist for the Yreka Social Services Office. She will fill in as needed for Mary Matchett when she is unavailable to ensure that Social Services needs continue to be handled for the Tribal Membership.

Sarah Abono resigned her position as Part Time Data Entry Clerk in the Yreka Clinic on 2/3 at which time a decision was made to convert that position from two part time positions back to one full time position. George Wilson, the other Part Time Data Entry Clerk in that Clinic left his position on 3/31 and Leslie Alford was hired into that full time position on 4/3.

Michelle Charlesworth will be transferring into the position that Leslie Alford vacated as Medical Records Clerk in the Yreka Clinic.

Lana Givant resigned her position as Registered Nurse in the Yreka Clinic on 3/24 and Nita Still resigned her position as Licensed Vocational Nurse in that Clinic on 4/11. The Council is continuing to evaluate the staffing in that Clinic to decide how to proceed with recruitment.

We continue to recruit for an Executive Director of Health and Human Services as well as a Clinic Dentist for the Happy Camp Dental Clinic.

We are also gearing up for recruitment of the Year 3 HRSA Positions to expand the Happy Camp Health Services Clinic to provide after hour care and emergency services at that clinic.

We will be seeking a physician, nurse, medical records clerk, and receptionist to staff this expansion. Keep your eye on our website for these new employment opportunities in the Happy Camp community to join the Karuk Tribal Health Program!

For more information on employment with the Tribe, benefits, how to apply, etc., visit our website at www.karuk.us/jobs/

Karuk Community Development Corporation News

Yootva, Paula McCarthy!



Paula McCarthy at the K.C.D.C.

The Board of Directors and staff of the Karuk Community Development Corporation are grateful for the dedicated service of tribal member and employee, Paula McCarthy.

Paula worked in several local businesses in our community before taking a position with Scott Valley Bank. After her employment with the bank, she accepted a bookkeeping position with the U.S. Forest Service. She retired from her job with the Forest Service and then served the Karuk Tribe as Council Treasurer from 1995 to 2003. More recently, she has played a vital role in getting the Karuk Community Development Corporation back on track by providing her much needed bookkeeping experience to K.C.D.C. She is also currently serving the Tribe as Treasurer of the Karuk

Tribe Housing Authority. Paula also served on the Tribal Election Committee this past year.

Paula is an honored Elder of our community. She is an experienced Basketweaver and Gatherer and a respected Cultural Resources person for the Tribe. Paula is an active volunteer with the Peoples Center and is the Fundraising Coordinator for the Follow the Smoke Gathering event. Paula is an avid sports fan and can be found at many of our local athletic events.

The Karuk Tribe of California is truly fortunate to have dedicated members like Paula who keep things going! We thank you for all you do!

Cristina Townsend Joins K.C.D.C. Staff

Cristina Townsend is the newest addition to staff at the Karuk Community Development Corporation. Cristina is the new Finance Assistant at K.C.D.C., and she brings over three years of tribal work experience to our department. She holds an Associate of Arts degree from College of the Siskiyous and is currently working on her Bachelor of Science degree in Business Administration.

We are happy Cristina will be helping our various programs and projects that are being administered through the Karuk Community Development Corporation! Welcome Cristina!



Join us, for the **10th Annual**
Karuk Tribal Reunion
June 24, 2006 in Happy Camp, California

This is a drug and alcohol free event.

CONTACT INFORMATION:

1-800-50-KARUK or (530) 493-1600

Tribal Reunion Coordinator: Florraine Super

Co-Coordinator: Carrie Davis

Vendor/Booths: Sara Spence

Poker / Cribbage / Pinochle

Ellen Johnson 530-493-1600 (ejohnson@karuk.us)

Open Volleyball Tournament (Outdoor)

Arch Super 530-493-1600 ext. 2019 (asuper@karuk.us)

Open Horseshoe Tournament

Florraine Super 530-842-7094 (fsuper@karuk.us)

64236 Second Avenue

P. O. Box 1016

Happy Camp California 96039

Event Schedule on website (coming soon)

- Games for Kids & Adults
- Demonstration Dances
- Card Games
- Health Fair
- 5K Fun Run / 3K Fun Walk
- Open Horseshoe Tournament
- Open Outdoor Volleyball Games
- Vendors
- Staff Information Booths
- Honor our full-blooded Karuk Tribal Members & Elders

MOTEL AND CAMPGROUND INFORMATION

Next to Karuk Tribe of California Administration Building

- **Klamath Inn Motel:** 110 Nugget, Happy Camp CA 530-493-2860
- **Klamath River RV Park / Campsite:** 110 Nugget, Happy Camp CA 530-493-5377

In Happy Camp

- **Klamath River Resort Inn:** 61700 Hwy, Happy Camp CA 530-493-2735 (www.klamathriverresortinn.com)
- **Forest Lodge Motel:** 63712 Hwy 96 -530-493-5296 (www.forestlodgemotel.com)
- **Elk Creek Camp Ground & RV Park:** 921 Elk Creek Rd, Happy Camp CA 530-493-2208 (www.elkcreekcampground.com)



For more information, call 1-800-50-KARUK or go to www.karuk.us

Dinner will be provided

Traditional Fish & Acorn Soup will be served!

Dance at the Happy Camp River Park

Live music at the Pavilion!

Dance begins at 8 PM with the Merv George Band!

Karuk Tribal Head Start Happenings

Toni McLane, Director

Greetings from the Happy Camp Karuk Tribal Head Start! We cannot believe our year is almost over! We have had a fast moving, fun, learning time here. Some of our themes have been "Personal Space", "Personal Hygiene", "Butterflies", "Frogs", "911", and one of my personal favorites "I Am Special!" And our dear pre-schoolers are special indeed, each with their own unique love for life and love of school! We have ten children moving on to Happy Camp Elementary School Kindergarten and two going on to Seiad Elementary School Kindergarten. And so that leaves us with around six who will hopefully continue on with us for the next year.

This year has been an enlightening year for many of us since this was the first year for many



of the staff working at Head Start. This year was filled with a lot of learning and personal development. My hat is off to the efforts and ideas that helped make our year a successful one. As a team, we strive to make the preschool years beautiful years, watching our children develop social skills and grow into eager learners.

Just a reminder that you, our community, are always welcome to come into our class to share a story, read a book, or just spend some quality time with our children. Volunteers are always welcome!

Yootva from the Happy camp Karuk Head Start Staff; *Nena Creasy, Javier Lopez, Nell Sakota and Linda Thompson*

Fatherhood Activity

Our thanks go to Damon McCartney and Alonzo Jackson for building picnic tables and benches for the Happy Camp Head Start Center. They put in thirty volunteer hours each to make the picnic tables. Allen Stanshaw and Nehmiah Jerry completed the sanding jobs.



Dangerous Tree Removal

The Head Start Program would like to thank the Karuk Fire Crew for supporting our program in its efforts to remove trees from around the Happy Camp Head Start Center. The trees were leaning toward the building and were unsafe for children and adults who occupy the building. Many of the trees were dying and widow makers were hanging over, posing safety issues. We would like to thank Harold Tripp for his expertise in "safely" falling the huge trees, and his crew members, Philip Courts, Leland Donahue, Wayne Courts, and Gene Shinar for cutting and clean up. Thanks to Allen Stanshaw and Jeff Peters for helping with clean up.

THANK YOU ALL FROM THE HEAD START CHILDREN AND STAFF!



Yupsítanach (Baby) Page



Ginger Noell Bliss

Born 10/28/05 at 3:50 PM in Lebanon, OR

10.5 lbs., 21.5 inches

Mother: Chandra Leigh Loveland

Father: Matthew Oscar Bliss

Maternal Grandparents: Loren E. Loveland and Carol J. and Joel Thornton

Paternal Grandparents: Fredrick Bliss and Beverly Reid

**Íhaan and Cháas
are two healthy
beautiful boys.
They are both
learning the
Karuk language.**



Íhaan Cayden Albers

mutáat - Elaina Supahan

mu'ákah - Phil Albers Jr.

aax - karuk

súpaah - January 30, 2006

tu'uum - 11:56 pm

hôoy - Ashland Birth Center

ifyaa u'máatheen - 9 lbs. 8 oz.

ifyaa vâaram - 22 in.

Cháas Supáhan T. Linwood

mutáat - Nisha Supahan-Linwood

m'ákah - R. Toby Linwood

aax - okanogan/karuk

súpaah - August 15, 2005

tu'uum - 9:20 pm

hôoy - Ashland Birth Center

ifyaa u'máatheen - 8 lbs. 12 oz.

ifyaa vâaram - 21 3/4 in.



Jerry Edward Steven Brink

D.O.B. – 10/21/05

Wt. – 6 lbs. 4.9 oz.

Length – 19 1/2”

Proud Parents: Rabbit Brink and Brittany Souza

Proud Grandma: Blanche Moore



**A Message To The New Parents,
With Love**

As I look at the new additions to my family,
my heart swells with pride.

It was just like yesterday,
when you were that size.

Parenthood will be the toughest job ever
that you'll love,
but if ever you need help
call on me or the creator up above.



With Love Always,
Mom/Grandma

Athena Marie Pollard

D.O.B. – 11/27/05

Wt. – 9 lbs. 8 oz.

Length – 22”

Proud Parents: Anita Moore and Jason Pollard

Proud Grandparents: Alan & Missy Smith

Proud Great-Grandma: Blanche Moore



Bryson Daniel DeMain

D.O.B. – 1/8/06

Wt. – 7 lbs. 12 oz.

Length – 20 1/4”

Proud Parents: Bryan and Darla
DeMain

Proud Grandma: Blanche Moore



Taydin Pay Saruk Brink

D.O.B. – 12/29/05

Wt. – 6 lbs. 11 oz.

Length – 19 _ “

Proud Parents: Binks and Jennifer Brink

Proud Sister: Kara Dawn Brink

Proud Grandma: Blanche Moore

Sweep Success

Bessie Munson, Tribal Member, Happy Camp, CA

So give us some background of who you are?

My name is Bessie Munson. I am proud to be a Karuk Tribal Member. I have four children, Sonja, Tessa, Nakima & Talonna. All are Karuk Tribal Members.

How long have you lived in the area? All my life.

How did you hear of the SWEEP Program? While looking for work at the Tribe.

What year did you sign up for the Program? In February 2003.

What were your circumstances at the time? Desperate to find a job.

What duties did you do while on the program? I worked with Elders, Housing, Head Start, Happy Camp Dental Clinic, KCDC and Happy Camp Medical Clinic.

How did this lead to your employment? I started at HC Medical Clinic doing charts, there was a job opening and I was hired.

In your own words, how has the SWEEP program changed your quality of life? I am now a functional member of the community.

What do you think can improve the SWEEP Program? Have the SWEEP director place the people in jobs, instead of participants finding their own jobs.

Would you refer Tribal members to the program? Yes! I would refer other Tribal Members, and I believe in the program. SWEEP helps you build good experience and commitment to work.



Sweep Success

Tanya Busby, Tribal Member, Happy Camp, CA

So give us some background of who you are?

My name is Tanya Harrison Busby. I have two grown kids, my son Kenneth Busby 21yrs. who is in the Army and my daughter Dessie Busby 20 yrs. I recently resigned my position as the ICW Case Worker in Yreka and I am now the Substance Abuse Counselor for the Karuk Tribe located in Happy Camp.



How long have you lived in the area? I have lived here all of my life and I'm a proud member of the Karuk Tribe of California

How did you hear of the SWEEP Program? Lisa Aubrey called me.

What year did you sign up for the Program? 1999

What were your circumstances at the time? I had no job skills and was excited to hear of a program that would offer me the chance to learn skills.

What duties did you do while on the program? The first time I was placed at the Happy Camp Dental Office as the receptionist and was eventually hired the second time I was placed as the Social Workers Assistant in Yreka and was hired there also as a result of the SWEEP Program.

How did this lead to your employment? Gave me the skills and experience needed to apply for the jobs I was hired for.

In your own words, how has the SWEEP program changed your quality of life? Gave me the opportunity to be employed by the Karuk Tribe and be a service to my people.

What do you think can improve the SWEEP Program? Support from the Karuk Tribe of California to be ready to employ more of the participants coming from the SWEEP Program.

Would you refer Tribal members to the program? In my program I refer clients to the SWEEP Program all of the time.

3rd Annual Spring Karuk Basketweavers Gathering

Leo Carpenter, People's Center Director



Tribal Member Sue Sander

The People's Center once again hosted the 3rd Annual Spring Karuk Basketweavers Gathering at the Karuk Tribal Offices Complex in Happy Camp April 7-9, 2006. Over two hundred people from far away south as Sacramento, California and Coos Bay, Oregon to the

north braved the rainy weather to visit and weave. A weaving group, the South Coast Basketweavers (SCB) from Powers, Oregon brought a large, stuffed golden eagle (Vakaar, in Karuk) with them to gift to the Karuk Basketweavers. SBC director and weaver Nan Dupaquier-Macdonald explained that the eagle was donated from the California area and the weavers wanted the eagle



back where it came from and to show their respect for the Karuk Basketweavers. On Friday we started off with a welcome and wonderful dinner by our head cooks Blanche Keller and Anita Moore. After dinner we played bingo for items donated by the People's Center gift shop and

many local vendors. After breakfast the weavers noticed a break in the weather so they car pooled to ferry point and gathered some willow. Many weavers came back for lunch and returned to gather more willow sticks. Debra McConnell and Renee Stauffer from the California Indian Basketweavers Association gave a talk on issues facing weavers across the State. We were also blessed with a visit from an elder from New Mexico. Mr. Elton Thompson a Dine man traveled to our gathering with the Shasta College Indian Club. Elton sang several songs and asked the Indian Club members to perform a Dine basket dance. After dinner on Saturday we were entertained with a traditional card game. Again, we played bingo into the evening. According to the many evaluations we received



Dori Marshall & her grandmother, teacher and Tribal Member, Laverne Glaze



Karuk descendent Laura Sander holding her basket



everyone had a good time and everyone is making plans to attend our 3rd Annual Fall Basketweavers Gathering to be held October 6, 7, 8, 2006. On Sunday we ate breakfast and many stayed to weave and many started for home. This successful event was made possible by funding from The Institute for Museum and Library Services and the Karuk Tribe. Also the many volunteers Verna Reece, David Arwood, Lisa Schamehorn, Aaron Schamehorn, Teresa Kienlen, Rabbit Brink, Harley Moore, Jennifer Goodwin, Shirley Lincoln, Brian Colegrove, Kathy McCovey, Virgil and Trudy, Michael Masten, Nan Mac Donald, Vernita Robinson, Fred Burcell and his maintenance crew; Sam, Joe, and Don.



Lisa R. Haas, Police Officer/Security Consultant

Lisa R. Haas is currently enrolled at College of the Redwoods, CA., attending police academy training. Following Lisa's graduation on June 2, 2006 she will be employed by the Karuk Tribe Housing Authority as the first Karuk Tribal Police Officer. She will be based at the Yreka Housing Authority.

As a parent, I am very proud of Lisa's accomplishments. She and my grandson, Devin have been committed to this training. They both moved to the area near her college and will remain there until she returns to Yreka. This was a new experience for both Lisa and Devin, and I am very proud of both of them.

Congratulations Lisa, you make me proud!

Ellen Johnson, Mom, Grandma, and Karuk Tribal Member!



Lisa & Devin

TERO Department News ~ Spring 2006

Dion Wood, TERO Director

The TERO Department is continually updating the Tribal Skills Bank to register our skills as a membership for upcoming work or jobs within our ancestral territory. If you would like to update your skills information or have any questions, please call us!

WHAT IF?

It seems almost a year ago when the TERO Department requested information from the tribal membership through the "What If?" survey asking who among the membership might be interested in working in our Tribal Casino if the state ever allowed us to have one. It seems that this economic venture may still be a possibility for our tribe and if this is the case, would YOU like to work in our Tribal Casino if we built one? Now you have one more chance to make it known if you are interested. Showing your interest will not guarantee you a job, but it will give us an idea how to plan for opportunities for our membership. Please keep in mind that if we do build a gaming facility, it will need all sorts of support services including landscaping, laundry, vendors for supplies and so on and so forth. This may be an opportunity for you and your expertise! Please contact the TERO Department to let us know if you are interested in any way in being a part of this economic opportunity for our tribe! If you responded to the "What If?" survey previously you can respond again if you like.

Karuk Tribe of California Veteran's Project

Request For Veterans Information

Ayukii! The Karuk Tribal Council and the Tribal Employment Rights (TERO) Commission are determined to establish a Tribal Veterans Monument. Taking into consideration that this monument will be an everlasting symbol demonstrating our honor to those who have served our land and America, the Tribal Council and TERO Commission wants to be sure to consider every idea and concept regarding what we should construct. It is not something that they want to rush into without exhausting every opportunity to gain ideas about the best possible thing we could do for our veteran Tribal Members. We are compiling names so that we can look at the possibility of a veterans program and for future reference so that we might honor those members who have served our country.

We would like to announce that we will hold a "Listening Session" at the Tribal Reunion on June 24th to hear your ideas and thoughts about what kind of monument we can build as a tribe to celebrate those that have served to protect our way of life. Please take some time to think about this. The TERO Department will be available to take your ideas and thoughts about this at our upcoming reunion, so please be ready to contribute your vision!

If you are a veteran, or have a veteran in your family or if you know of a tribal member veteran, even those who have passed on, we would like to know who you and they are! Please ensure that you provide their name and service information to the TERO Department as we are collecting information on our Tribal veterans. Please submit your Veteran's information to TERO Director, Dion Wood via email at: dwood@karuk.us or by calling 1 800 505-2785 extension 2030. Thank you so much for being a part of doing something good to recognize our past and present tribal service members! Yootva!

P.S. The TERO Commission will be sponsoring an awesome raffle once again at this years' Tribal Reunion on June 24, 2006, we look forward to your support and seeing you there!

Karuk Tribe Military News

Erin Hillman



Anthony Nicholas Dinatale- USMC

Marine Corps Pvt. Anthony Nicholas Dinatale graduated from basic combat military training in San Diego on February 3, 2006. He graduated with exemplary marks as an expert with the M16-A2 service rifle and reported to Camp Pendleton on February 14. He will report to Pensacola Florida where he will begin his training as a basic avionics Marine with a Military Occupation Specialty (MOS) as an aviation electronics technician. Dinatale is the son of Dora (Davis) Bernal and grandchild of the late Darvin E. Davis, Sr. (known as Mr. D).



David Aaron "Chief" Burcell- US Army

Son of Tribal Members David and Jeannie Burcell, born in Yreka and raised in Happy Camp California, was drafted by the US Army in 1969 and served in Vietnam at Qui Nhon. Chief returned to the States after one year and served out his remainder at Homestead Air Force Base where he maintained missile sites.

Harland L. Murphy III-US Army

Son of Harland and Tribal Member Lillie Fry Murphy, Harland L. Murphy III served with the 13th Artillery as a Cannoneer. Shown here in a picture taken in 1970 near Ho Chi Min, SPC Murphy served 18 months in Vietnam. His mother Lillie recalls those months as very scary, only hearing from Harland a few times by short wave radio. During his service in Vietnam, Harland was promoted to Army Specialist Four.



Robert Murphy- US Navy

Brother of Harland L. Murphy, III, Tribal Member Robert Murphy served in Vietnam in the United States Navy. According to his mother, Lillie Fry Murphy, while stationed in Da Nang, Roberts efforts to rescue fellow servicemen trapped under a boat that had capsized in the delta earned him the second highest South Vietnamese military award, the Hellelgoland Medal.

Flagger Training, March 24, 2006

Happy Camp

Lisa Aubrey, LIAP Administrator



The Flagger training was a success!!!!

I would like to congratulate all 38 participants for passing their Flagger test with flying colors!

It was a positive learning experience and we would like to thank our instructor Joan Kinney for her time and effort and answering all participants questions.

Thanks also to Lisa Aubrey, Carrie Davis, Donna Zook and Colleen Goodwin for all the “behind the scenes” work that helped make the training a success for everyone.

Understanding Your Credit Report

Eddie Davenport, KTHA Loan Officer

It seems that many people do not understand what is on their credit report or why they should care. Credit reports follow you all your life and more and more agencies are looking at them to make decisions on whether to give you credit, or to rate you as to what you will pay for insurance and other items. Want to rent or purchase furniture on credit? Need to buy a car on credit? How about auto or home insurance – do you have it or need it? Your credit profile will effect what you pay for many things.

OK. Maybe now I have your attention. If your credit profile is not very good, it may take months to change it, but it won't change unless you take the steps to make your credit profile better. What does it take? That depends on what's on your credit report. Here are some ideas you might be able to use.

You can get a copy of your credit report for free from the internet. The free report won't have all of your “Credit Scores” also known as “FICO Scores” but it will show you who your creditors are and if you have collections or other derogatory credit on your report. The only one approved by the Federal Trade Commission is www.annualcreditreport.com. This site explains how to get a free credit report once per year as allowed by law. You can also go to www.ftc.gov/credit and link from there. If you haven't seen one in the past year or two, it's a good place to start. You can also get a free report from each of the credit bureaus once per year. The three bureaus are Experian, TransUnion and Equifax. If you would like more information about this, give me a call.

If you have a copy of your report and you don't understand what's on it, give me a call. I'll walk you through it item by item and help you understand each item and what can be done about it.

Here are some “Cautions” and “Don't Do” comments:

If you have a credit card that is in good standing but you don't use it and it has no balance, Do Not Cancel It! One of the factors that make up your score is the amount of credit you use versus how much credit you have available. Less credit available means you'll lower your credit score! For instance, if you have 3 credit cards with \$1,000 limits but you only use one and it has a \$300 balance, you are “10% utilized” on the total credit you have available. If you decided to close the two cards you don't use, you would then have \$300 balance with only \$1,000 total credit available, which is 30% used. Your credit score would plummet.



The auto industry uses a different type of scoring, so before you go shopping for a car you need to know what score they use, and you need to know your own scores. Different car dealers use different scores from the “big three” mentioned above and those three scores will be very different for you. To know which score the car dealer uses and to know what your own scores are is solid gold information when it comes to negotiating for a car deal.

If you only have collections and bad stuff on your credit report, do not despair. There may be ways to get some of them to “go away” and there are still ways to build your own credit so that someday in the “not too distant” future you can get the “good deals” that are available to those with good credit.

If I can help you with your own situation, or if you would like more information about this topic, email me with your questions or thoughts at edavenport@karuk.us. I'll email back or we can arrange for a phone conversation or a time to meet person to person.

The Nurses Corner Celebrates Mabel Leslie's 101 Years!

David Eisenberg, PHN



Mabel Leslie was born in Hamburg, CA on February 25, 1905 in a small house that still exists. Mabel is the first child of Sarah and Jake Offield. Mabel had a half brother and three sisters. Mabel was raised on the Klamath River and several other places in the Western U.S. including Spokane, WA.

In 1943 while working in Petaluma, CA, Mabel met Richard Leslie, a native of Long Beach, CA. Richard was in the Army at Two Rock Station during WW II. On April 9, 1944, Richard and Mabel were married in Petaluma. In 1945 Richard became a commissioned officer in the Army after the end of WW II. As an officer, Richard was assigned to many postings including Okinawa, Alaska, Massachusetts, Virginia and Panama. Mabel was able to accompany Richard on most of these postings and was a very loyal officers wife.

In 1962, Richard retired from the Army as a Major. At that time he and Mabel bought a property with 2 houses in Seiad Valley. They spent many happy years there together until Richard's death in 2001. Currently Mabel is 101 years old and she is a resident of Mountain View Manor in Yreka. Mabel is certainly one of the oldest Siskiyou County residents and the oldest living Karuk Tribal Member.

High Blood Pressure



"The Silent Killer"

Steve Burns MD, Medical Director

According to recent estimates, nearly one in three U.S. adults has high blood pressure, but because there are no symptoms, nearly one-third of these people don't know they have it. In fact, many people have high blood pressure for years without knowing it. Uncontrolled high blood pressure can lead to stroke, heart attack, heart failure or kidney failure. This is why high blood pressure is often called the "silent killer." The only way to tell if you have high blood pressure is to have your blood pressure checked.

Get the facts on high blood pressure and how to live a heart-healthier life.

Find out how you can reduce your risks for heart attack and stroke with proper monitoring by a healthcare provider and simple lifestyle changes, even if you have high blood pressure. The Karuk Tribal Health Program wants to help you lead a longer, healthier, happier life. Come see us.

Importance of Fluoride in Prevention of Tooth Decay

Michelle Stark, DDS, Yreka Clinic



Many parents bring their children in for dental check ups and ask, "Should my child be taking fluoride supplements?" The answer is absolutely, YES, depending upon the age of the child. Fluoride supplements will not be as beneficial in children over the age of 10, because the bulk of their teeth have already been manufactured by the body. If fluoride supplements are taken early in development, when the teeth are being formed by the body, the fluoride is actually incorporated into the structure of the tooth. This makes the tooth much harder and more resistant to decay.

There is a very distinct difference in the number of cavities between children who have had fluoride, and those who have not. Children who have had the benefit of early fluoride supplements have little or no decay throughout their lives.

When should children begin taking fluoride supplements? Generally, we start children on fluoride drops at 6 months of age, and continue these supplements until age 16. Ask your Dentist or Physician at your next visit if he/she thinks fluoride supplements are appropriate for your child.



Tobacco Basket #8



*Medicine Basket
Necklace #5*



*Above: Basket Necklace #11
Below: Elk Hide Drum #3*



*Fish Trap
#12*



Hair Pieces #10



Salt & Pepper #9



Doll Basket #17



*Basket Necklace
#1*



*Baby Basket Earrings #4
Porcelain Doll #6*



Above: Sipnuk Basket #13

Below: Deer Hide Drum #2



Follow The Smoke Indigenous Basketweavers Gathering

Raffle Fundraiser

A fundraising raffle will be held on July 13, 2006 at the Basketweavers Gathering in Orleans. Tickets are \$1.00 each. Winners need not be present to win. Tickets can be purchased by contacting Florraine Super, 842-7094 in Yreka; Paula McCarthy, 493-5157 in Happy Camp; or LaVerne Glaze, 627-3112 in Orleans.

PRIZES TO BE GIVEN AWAY...

- 1) Basket Necklace, Made and Donated by Lena Hurd
- 2) Deer Hide Drum, Made and Donated by Leeon Hillman
- 3) Elk Hide Drum, Made and Donated by Earl "Sam" Super
- 4) Baby Basket Earrings, Made and Donated by Synthia Figueroa
- 5) Medicine Basket Necklace, Made and Donated by Jennifer Goodwin
- 6) Porcelain Doll, Made and Donated by Glenda Hockaday
- 7) Sipnuk Basket, Made and Donated by Verna Reece
- 8) Tobacco Basket, Made and Donated by Paula McCarthy
- 9) Basket Covered Salt/Pepper Shakers, Made and Donated by LaVerne Glaze
- 10) Hair Pieces, Made and Donated by Ashley and Alexis Allgier
- 11) Basket Necklace, Made and Donated by Laura Sanders
- 12) Fish Trap, Made and Donated by Josh Saxon-Whitecrane
- 13) Sipnuk Basket, Made and Donated by Deanna Marshall
- 14) One Night Stay/Sunday Brunch, Donated by Seven Feathers Hotel and Casino Resort
- 15) Music CD, Created and Donated by Basketball Bob Attebery
- 16) Herb Basket, Made and Donated by Dora "Dolly" Elston
- 17) Doll Basket, Made and Donated by Debbie McConnell

Hot Shots Youth Basketball Tournament Players

Boys Division

Happy Camp

Ballaz

Sequoi Myers-*All*

Star

Kevin Harrison-*All*

Star

Craig Reece-*All*

Star

Charlie Eastlick

Phillip Bryant *All*

Star

Cody Britton

Pihneftuuf Elston

Alan Gibson

Regis Jerry

Street Ballers

Tavin Minium

Brian Bledsoe

Corey Barnett

Josh Jordan-

Sportsmanship

Justin Wright-*All*

Star/Mr. Hustle

Clayton Tuttle

Ben Harrison

Kanuk Jones

Ethan Cook

Eli Doty

Dawg Pound

Arron Hockaday-

Mr. High Point/All

Star

Tyler Hockaday

Serome Eng-*All*

Star

Myron Aubrey-*All*

Star

Derek Tatum

Darren Tatum

Matthew Super

Jesse Hogg

Joey

Down River Boys

Ron Reed

Charlie Reed-*All*

Star

Brent Boykin-*All*

Star

Sterling Conrad

Keith Reading

DeLyle Hackett

Talon Davis

Junior Davis

Thomas Wilson-

MVP/Mr. High

Point

Lee Ammon-*All*

Star

Girls Division

River Runners

Erica Ammon

Ashley Myers-*All*

Star

Sami Jo Goodwin-

Ms. High Point/All

Star

Summer Goodwin

Ladeyle McCovey

Mariah Coleman

Rosie Conrad

Mardi Attebery-*All*

Star

Putawans

Shauniece

Polmateer-*All Star/*

Ms. Hustle

Kassandra Polmateer

Carly Hammon-*All*

Star

Cayla Hammon

Daniela Sanchez-*All*

Star

Amy Wyckoff-*MVP*

Leah Evans

Florence Peters

Shaelynn Hauzer

Jessica Conrad

Pretty Woman

Laura Croy

Shell Croy

Kaligina Albers

Salina Grant

Jolenn Super

Sabrina Spence-*All*

Star

Alyssa Titus

Cassie Spence

Misti Shrank-

Sportsmanship

Kayla Wilson

Alyssa Reidiger

FULL MOON HOWL *Spring Musicale!*

Benefit for the Happy Camp Library

Featuring Live performances by:

Jesse & Susan
Sienna (Gerry & Malaya)
Jim Wainwright
Mark, Blythe & Rex

Saturday, May 13th, 7-10pm
Happy Camp Grange

Tickets \$5, for more info call the library at 493-2612
(available at the library or from any library board member)

There will be a delicious variety of sweets and savories
available for purchase

G.Canning © 2006

1st Annual Happy Camp Hot Shots Youth Basketball Tournament

Tamara Barnett

On March 17th the first annual Happy Camp Hot Shots Youth Basketball Tournament was under way. There were 4 boy's teams and 3 girl's teams. It was a great turnout and fun was had by all who participated. In the girls division, 1st place went to Happy Camp Putawans. The River Runners took 2nd and Pretty Girls took 3rd. Ms. Hustle went to Shauniece Polmateer, Ms. High Point was Sami Jo Goodwin with 14 points. The girls All Stars were Carly Hammon, Shauniece Polmateer, Daniella Sanchez, Sabrina Spence, Sammy Jo Goodwin, Mardi Attebery and Ashley Myers. Amy Wyckoff was voted MVP and Misty Shrank received Sportsmanship. In the boys division 1st place went to the Down River Boys. Happy Camp Ballaz took 2nd and 3rd went to The Dawg Pound, Mr. Hustle went to Justin Wright who had a game high score of 20 points. Mr. High Point was a tie between Arron Hockaday, Jr., and Thomas Wilson with a high score of 24 points. The boys All Stars were Charlie Reed, Brent Boykin, Lee Ammon, Craig Reece, Sequoi Myers, Kevin Harrison, Phillip Bryant, Arron Hockaday, Myron Aubrey, Serome Eng and Justin Wright. Thomas Wilson was voted MVP. Sportsmanship went to Josh Jordan. We should all be very proud of these young athletes. They played hard and showed great sportsmanship.

Need Transportation?

Hi, My name is Clarence Barger and I am the transporter for the Karuk Tribal Health Clinic in Yreka, California.

If you need transportation to and from medical, dental, or social services and have a referral to the clinic or to any of your other medical appointments, feel free to contact me at 842-9200 and talk to the front desk regarding your transportation needs.

Transporter services are provided to all tribal members and their families.

Thank you! **Clarence Barger, Transporter (530) 842-9200**

Use Energy Wisely on the Road

Tips You Can Use to Save Gas

- Have your car tuned regularly. An engine tune-up can improve car fuel economy by an average of 1 mile per gallon.
- Keep your tires properly inflated. Underinflated tires can decrease fuel economy by up to 1 mile per gallon.
- Slow down. The faster you drive, the more gasoline your car uses. Avoid exceeding posted speed limits for safety and to get the best fuel economy possible.
- Avoid jackrabbit starts. Abrupt starts require about twice as much gasoline as gradual starts.
- Pace your driving. Unnecessary speedups, slowdowns and stops can decrease fuel economy by up to 2 miles per gallon. Stay alert and drive steadily, not erratically. Keep a reasonable, safe distance from the car ahead of you and anticipate traffic conditions.
- Use your air conditioner sparingly. The use of air conditioning can reduce fuel economy by as much as 2 miles per gallon under certain speeds and operating conditions.
- Avoid lengthy engine idling. Turn your engine off when you are delayed for more than a couple of minutes.
- Plan your trips carefully. Combine short trips into one to do all your errands. Avoid traveling during rush hours if possible, to reduce fuel-consumption patterns such as starting and stopping and numerous idling periods. Consider joining a car pool.



Summer Money Saving Tips

Lisa Aubrey, LIAP Administrator



Listed below are some tips and suggestions you can use to save money on your utility bills, heating and air conditioning equipment, and service.

Set the thermostat The most economical operation of your system comes from setting the thermostat properly. Set the thermostat at the highest summer setting or the lowest winter setting at which you are comfortable. Typical settings are 78 degrees for summer cooling and 70 degrees for winter heating. When cooling, your operating costs increase from 3% to 8% for each degree your thermostat is lowered. When heating, your operating costs increase for each degree your thermostat is raised.

Keep the air filter clean The easiest way to ensure your system operates efficiently and economically is by keeping the air filter clean. There are several types of air filters and several possible locations for the air filter.

Keep doors and windows closed Close all doors and windows to the outside. This will reduce the heating load in winter and the cooling load in summer. Your system will operate more economically as a result.

Keep vents and grilles unobstructed Arrange your furniture and drapes so that all output vents and intake grilles are free from obstruction. This will reduce the cooling and heating load on your system, providing more economical operation.

Avoid excessive use of exhaust fans Excessive use of kitchen or bathroom exhaust fans will make your system work harder. This will increase energy consumption and costs. Keep costs in check by making wise use of exhaust fans.

Education Department News

Submitted by: Jennifer Goodwin, Education Coordinator

The Education Department is proud to announce the High School Graduate Scholarship

Eligibility Requirements

- Student must be a High School Graduate.
- Student must be an enrolled Karuk Tribal member.
- Student must have at least a 2.5 accumulated grade point average.
- Students must submit their application by August 1st, 2006.
- Only completed applications submitted by the deadline will be considered.
- Students must supply a copy of their High School Diploma, GED Certificate or Equivalency/High School exit exam.
- Students must supply a copy of their high school transcripts along with the application.
- Students must submit a copy of their acceptance letter or proof of enrollment into the college, university or technical institute they plan to attend.
- Students must submit a one-page essay on what their educational goal is and how this scholarship will assist them in reaching this goal. And how will this benefit the Tribe, if awarded.
- This is a one time only scholarship opportunity for current high school graduates. You must be between the ages of 16-19.
- The Education Department encourages students to return to the Tribe on mentorship programs while attending school.
- All applications will be reviewed on a competitive ranking system.

The Higher Education Grant Award is also available to all Tribal members who will be attending College or a University for the 2006-2007 school year.

Deadline: August 1st 2006.

To request an application or for more information contact:

Jennifer Goodwin, Education Coordinator at,
1-800-50-KARUK or (530) 493-1600 extension 2034.

If you need help with College forms, Financial Aid, or other education questions or assistance please feel free to call anytime!

Education Department Activities

Our Department has been informed that funding for Education programs may be cut by the federal government. Members of the Education Committee, the Education Coordinator and Self Governance are working on a presentation to Congress to express the need for this funding. One of the best ways to influence this decision is through personal experiences or stories. If you would like to share your experience on how funding through the Karuk Tribe Education Program has helped you with your educational endeavors, please contact the Jennifer Goodwin at the number listed below. Yootva!!!

We are now accepting letters of intent for two vacant seats on the Education Committee. Check <http://www.karuk.us> for more information or call Jennifer Goodwin at 530.493.1600 or 1.800.50.KARUK extension 2034.

Low Income Assistance Programs (LIAP)

Lisa Aubrey at 1.800.505.2785 or 530.493.1600 Ext. 2025

Ayukii, I'm Lisa Aubrey and I administer the Low Income Assistance Programs. I'd like to introduce you to Colleen Goodwin the LIAP Clerk. She will be assisting me with the SWEEP Program, GA, LIHEAP, CSD, etc. You may reach her at 1-800-505-2785 ext 2045.



Colleen Goodwin,
new LIAP Clerk



Low Income Heating Energy Assistance Program (LIHEAP):

This program provides energy assistance to eligible tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization.

The applicant must reside in the service area. For those of you who live outside the service area, try energyassistance@ncat.org or the LIHEAP programs administered by tribes at: www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at: www.acf.hhs.gov/programs/liheap/states.htm

BIA Financial Assistance!

Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agencies in the service area. An applicant must not receive any comparable public assistance.

Utility Bill Discounts!

ATTENTION!!!! Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you. Let's save on energy and our budgets.

Conduct an "energy audit" of your home to evaluate your heating system's efficiency and determine where heat loss may be occurring. Many fuel dealers and utility providers offer these audits as a free service. You can also perform your own home energy audit on the Internet by going to the Department of Energy's Web site at <http://www.homeenergysaver.lbl.gov> and following the instructions found there.

Live outside the Tribal Service area?

Call The National Energy Assistance Referral (NEAR)

1-866-674-6327

Monday through Friday, - 6 a.m. to 6 p.m.

The LIHEAP programs administered by tribes are at www.acf.hhs.gov/programs/liheap/tribal.htm. Those administered by States are located at www.acf.hhs.gov/programs/liheap/states.htm. For Oregon residents you can contact www.oregonheat.org for social service agencies and utilities working to keep the homes of low income Oregonians warm and safe.

Low Income Food, Shelter, Health & Safety Assistance!

Community Services and Development (CSD): This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a tribal member. For those of you who live outside of the service area try

www.acf.dhhs.gov/programs/ocs/csbgi/index.htm

THE SWEEP PROGRAM NEEDS YOUR HELP!!!!

We are accepting equipment donations for the SWEEP program. Some of the SWEEP Participants work in yard maintenance for elderly, disabled or for people who cannot supply these items to clean their yards. Due to budget restraints were unable to provide these items to the participants. Any donations are appreciated. You can bring the items to the Karuk Tribal Administration Office or call 1-800-505-2785 ext 2030 (Dion) or 2025 (Lisa) or 2045 (Colleen) Here are some examples of what is needed:

Weed Eaters

Shovels

Lawn Mowers

Pruning Shears

Pruning saw

Hand Clippers

Ladder

Rakes

Senior Center Program

Babbie Peterson, Senior Center Director



We have had four outreach meetings for seniors. Two were in Happy Camp, and one each was held in Yreka and Orleans for the new Medicare Part-D program. We received a mini-grant from the National Association of Nutrition and Aging Services (NANASP) to do outreach education, counseling, and sign-ups for our seniors in coordination with other programs and agencies working in our service area.

We've reached out to approximately 1,500 seniors to date via US Mail, individual sessions, group meetings and phone calls. Many had previously signed up for the new program that Medicare has for prescription drug cards, and many more came to listen to the Social Security representatives who came and held a power point presentation in Happy Camp and Yreka.

Maria Miranda, Patient Eligibility Worker for the Karuk Tribe also assisted a large number of clients with their enrollment process. We welcomed Sharon Denz and Maria to Orleans as they worked with seniors at Panamnik Center. You can reach Maria at 800-371-8080 or at mmiranda@karuk.us.

The Happy Camp Family Resource Center and John Goodwin from the senior information and assistance program located in the old log high school has helped seniors sign up for plans. You can also get assistance from the Fort Jones Family Resource Center, or stop by the Social Security office if you need more information. The Social Security office cannot sign you up – but they can answer questions you may have about the program. In other areas, you can contact the Area Agency on Aging, your local senior resource centers, or your local tribal or Indian Health Service offices for assistance.

If you haven't signed up for a plan, the deadline is May 15, 2006. After May 15th there will be a 1% penalty per month for every month past the deadline if you are not covered by insurance that offers coverage that is as good or better than one of the 48 plans Medicare is offering. If you need help or more information please feel free to contact us.

LIAP Programs, *continued...*

- ✦ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).
- ✦ **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining and incentive payment. An applicant can be on the program for two years or 48 payments.
- ✦ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.



Housing Improvement Program (H.I.P.):

This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need to:

1. Be a member of a federal recognized American Indian Tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Have proof of home ownership or lease
6. No prior HIP assistance



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Spring, 2006

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Robert Grant, Sr.,
Member at Large

Alvis Johnson,
Member at Large

Newsletter Production:

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Rosie Bley

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Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

Printed By:

*Mosaic Press LLC,
Happy Camp*

Change of Address
If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.



Karuk Tribe of California

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Tribal Enrollment Is Currently At 3,456 Enrolled Members



June 24, 2006 **10th Annual Karuk Tribal Reunion**

Reunion news on pages
10 through 13



The Chairman's Corner	2-3	National Indian Justice Center Survey	20
Notes from the Secretary	4-6	COS Distance Learning Fall Schedule	20
Staffing Update / Dr. Solus Says Good-Bye	7	SCORE Project	21
Admin Programs & Compliance Update	8	Karuk Sports Page	22-23
Accounting Staff Contact Information	9	Baby Page	24-25
Karuk Tribal Reunion	10-13	Karuk Tribal Health Program	26
Enrollment Update / New CASA Manager	14	Newsletter Article Submission	26
Cultural Practitioners Wanted / Grants Dept.	15	"Go to the Top of the List" Website Training	27
Karuk Language News	16	Quality Management Update	27
Housing News / History Fair Winners go to State	17	Karuk Senior Programs	28
CASA / Arson at Katimiin	18	Karuk Graduates	29
5 Generations / Welcome Dinner / NCIDC Thanked	19	Follow the Smoke Raffle Winners	30-31
		Cost Cutting Tips for College	32
		Hot Weather Safety	33

The Chairman's Corner

Arch Super, Karuk Tribal Chairman



Arch Super

Ayukii, Tanixxuti, koovura pa araaras pananu chuupitiheesh pa araarahih. Kukkuum tani piip pa araarahih uum pananu aaniv. Xay pipshiinvarih pananu araarahih. ***Hello, I think all the Karuks, we be talking our Indian language. Again I say, the language is our medicine. Don't forget our language***

JANUARY

Our self-governance/lands manager assistant Carrie Davis, our in house attorney Barbara Norman and I attended a **Probate/Will training in Vegas**. It is very important for the Tribe and individual members to learn and write wills for their families and we are willing to assist with this task.

We have initiated the **Karuk Booster Club** to help in assisting youth and adult sports. We continue to look for volunteers to help build up the club and are always looking for ideas on making ishpuk (money).

There have been quarterly meetings with the **Northern California Tribal Court Consortium**. This consortium was developed to work with eight tribes and their Tribal court systems. It has been very beneficial to all courts.

In January, the Tribe sponsored a **Supervisors Training** session for the directors and supervisors of Tribal departments and entities. We hope it will help us supervise more efficiently.

FEBRUARY

Our **Tribal Court** continues to strive to serve local, county and state Tribal jurisdiction, mainly in child welfare issues. They also make referrals to our Tribal attorneys for any assistance we can offer our members.

The Tribe is continuing to work on our **Integrated Resource Management Plan (IRMP)** with the Department of Natural Resources. The Plan is to enhance our programs which run through DNR and other programs and get more monies. Membership is very welcome to provide input so contact DNR or the Tribal offices at any time.

I meet with my **language speaker/teacher, Vina Smith** on a weekly basis. The language is good medicine to me and I hope one day, many of our Tribal Members will have the same vision. It goes hand in hand with our religion, culture and traditions.

We have been working on a **Temporary Assistance for Needy Families Program (TANF)**. Dion Wood, TERO director and other staff members have been diligently working on the program. Within the next couple of months, July or August, we will have a full report.

The Tribal Council and the KTHA Committee and Staff met to review and discuss **KTHA Budget and Policies** at Seven Feathers Casino in Canyonville, OR. The conference was productive and I encourage members to communicate any questions, issues and concerns with the KTHA Committee, KTHA Staff and/or Tribal Council

Our Drug and Alcohol department is still working with staff to build and develop some kind of program at our **Oak Knoll Building**. There are several ideas, like men's traditional housing and others on the drawing board.

MARCH

The Tribal Council met with candidates for County DA and County Sheriff, Kirk Andrus and Rick Riggins. It was good for them to come to the Tribe to introduce themselves and have question and answer sessions. I would like to inform and encourage our Tribal Membership to always be part of our **Tribal, City, County, State and Federal elections**; we have numbers in membership and our vote counts.

Scott Quinn, Tribal Lands Manager and other staff met with the BIA regarding the **Tribe compacting our roads** dollars. This is in the best interest of the Tribe to manage these funds under our direction and control.

Council members, Robert Grant, Florraine Super, Acting Health Director Lessie Aubrey and I attended an **Indian Health Services (IHS) conference in Pala, CA**. Conferences are always very informational and give us updated and ongoing business in regards to our Tribal Health Services.

Council member/language apprentice Florraine Super, language master Vina Smith and staff members Susan Gehr, Phil Albers and myself attended a **language Conference near San Francisco**. The conference is annual and meets up with many tribes that have the same interests and values in language restoration and preservation. As always, the gathering was grand.



APRIL

Our **Gaming Venture** stills moves forward, very slowly. Currently, we have two plans in. Our first plan was to send a new proposal to the Governor's Office and seek a Section 20 gaming compact. This was done in December and we are still waiting for the Governor's Office to reply. We don't know what and/or when to expect an answer. Our second option is to finalize a new proposal with the National Indian Gaming Commission (NIGC). The proposal to the Governor's Office would be better, but we are also planning on going with what will get us closer and sooner to gaming. We will keep the membership informed.

Craig Tucker, our Tribal Rights Media Specialist, conducted a **Media Presentation Training**. I believe our Council and staff do very well at addressing the media. The Media Training gave us the tools and expertise to present ourselves more effectively and accurately. Craig does a very good job on our Tribal Rights issues through the media.

MAY

Our Self Governance department is continuing to work with our **Probate Codes**. The department and code is very essential for future lands determination, probates and wills. Self Governance assistant, Carrie Davis and I also attended the **Annual Self Governance Conference in Acme, Michigan**. As I mentioned before, conferences are always good gatherings and provide current updated information for Tribal affairs.

We meet annually with the BIA in regards to our **Annual Funding Agreement (AFA)** negotiations held in Arcata. The meeting was attended by our CFO, Laura Mayton; Self Governance Coordinator, Hector Garcia; Carrie Davis; Scott Quinn; council member, Florrine Super; and myself. We are receiving our usual funding, but we are also looking for possible additional funding. Hector and Scott are always keeping an eye out for us.

**JUNE**

I attended a meeting in Ashland for the **Yainix Partnership**. Our DNR Director Sandi Tripp and Tribal Rights Media Specialist Craig Tucker were in attendance. The meeting was in regards to the Tribes interest in dam removal, and negotiations and collaboration with water users. The meeting was very interesting and it looks like there is a lot of work and compromising at hand. We will keep the membership updated on this issue.

I attended a **Tribal Leaders Meeting in Temecula, CA**. The meeting was an update about ongoing information on Section 20, Casino Regulations and policies for Indian Gaming. Tribal Leaders voiced their concerns on the drafted policies. Most tribes have many of the same concerns when it comes to Section 20. All concerns are based on the conditions of each tribe. Our concern is that we have a very good case for having our Gaming set in the Yreka area. If any tribal members have any questions regarding Gaming and Section 20, please feel free to give your Tribal Council a call.

Council Members always try to attend monthly **Board of Supervisor and Yreka City Council meetings** to keep up with the issues, concerns and collaboration with County and City government.

JULY

In July, our Department of Natural Resources and some of the Tribal Council was able to meet with the US Forest Service. We are trying to relay our concerns regarding government to government relations with the Forest Service. It appeared that there has always been some miscommunication. I believe that they are willing to open up with us for more communication. The Tribal Council's job is to ensure that communication gets better. That goes for all government to government relations.

REMINDER..... Elections are in November. Don't forget to Register and Vote.

The Tribal Council is still moving forward with the Proposed Revision of the Tribal Constitution.

Don't forget to attend meetings, correspond through letters, call or email the Tribe. Membership is always welcome to the Tribal Council Meetings. The August meeting is in Orleans; September is in Happy Camp; and October is in Yreka, and then rotation locations continue.

Yootva, (thank you)

Suva nik. (see you later)

Notes from the Secretary

Florrine Super, Tribal Council Secretary

Ayukii, the Karuks have been busy in Indian Country! We have so much going on and are taking the lead on a lot of different issues. I'm excited to be a part of the progress in Children's issues such as co-sponsoring the 13th Annual Indian Child Welfare Conference, negotiating Title IV-E Funds, and protecting our sovereign rights to protect and have legal jurisdiction over our Karuk Children.



Florrine Super

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Indian Child Welfare Committee (ICW):

What is the Indian Child Welfare Act?

The Indian Child Welfare Act (ICWA) is a federal law that creates strict standards for state courts to follow in Indian child custody proceedings. The ICWA declares "the policy of this Nation is to protect the best interests of Indian children and to promote the stability and security of Indian tribes and families."

The Karuk Tribe's ICW Committee Mission is *to preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.*

What does the Karuk Tribe's ICW committee do?

We continue to review cases, intervene, and represent our Karuk children. We also participate in Title IV-E Meetings, State ICW Conference, meet with other governmental bodies, and work closely with housing, tribal court, and CASA, and continue to recruit foster parents.

State ICW Conference a SUCCESS:

We held the 13th Annual State ICW Conference on June 26-28, 2006 in Eureka, California at the Red Lion Inn. Our theme for this year's conference is *"Indian Child Welfare weaving strength in our families and children, the past, the present, and the future of ICWA"*

It was a very successful conference. I was very proud of our staff. We organized and did a majority of the presentations at this year's conference. The first night's pre-conference meeting on June 25th, we had Julian Lang do a welcome and presentation of songs with local children— which made a very nice reception for the participants. The first day, Cheryl Seidner, Chairperson for the Wiyot Tribe, gave a very heartfelt welcoming speech. Judge Flies-away gave a prayer, and Robert Super, Caseworker for the Karuk Tribe, sang a gambling song to open this year's conference. Keynote speaker was Judge Abby Abinanti who gave a speech regarding building your own tribal court and being responsible to our tribal children. Then in the afternoon we had several break-out sessions. The second day we had Gary Marcussen do the opening prayer, and with the help of Robert Super a gambling song was sung. Keynote speaker was Teresa Contreras and Anne Smith from California State Department of Social Services. Again, in the afternoon we had break out sessions. The third day was opened by Lola Henry who did a prayer. Our day continued with an open panel for questions and answers from various judges and attorneys. I would like to say YOOTVA to all the help, presenters, and participants.

Karuk Tribe Foster Home:

Part of the ICW Committee's responsibility is to start and oversee our own Karuk Tribe Foster Home and oversee foster parents who offer their home to tribal children.

This is an important role for our ICW Committee. This will help with some of the compliance issues for our Title IV-E negotiations. This also shows that the Karuk people care about their children's rights to grow up among their own people. We will continue to recruit foster parents.

If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare- www.karuk.us



Friends of CASA (FOC):

FOC has been established to support our Karuk CASA Volunteers and CASA's basic operational expenses. The Karuk CASA program relies entirely on grants and monetary support from our communities. Such contributions enable us to recruit, screen, and train tribal advocates to speak for abused and neglected children in Juvenile Court. It also helps with gas for volunteers to visit and/or transport children to necessary appointments. Fifty-five dollars (\$55) for fingerprinting and background check is a big cost for our CASA program.

As you can tell the need is a worthy cause. **YOUR KARUK CASA IS THE FIRST TRIBAL CASA IN CALIFORNIA.** So when you see our FOC Committee selling tickets, selling t-shirts, or looking for volunteers, please support your Karuk CASA Program. Your contribution will help further our children advocacy efforts and help us provide service to our tribal children. Volunteers are needed!

Youth Leadership:

We will begin planning sessions for this year's Youth Conference which tentatively is scheduled for October. My goal is to implement culture into being healthy in today's world.

Please contact me if you'd like to volunteer your time to our Karuk Youth. *APPLICATIONS will be available on the webpage and at your local Karuk Tribal Offices.*

Elections:

Remember to stay active in your tribal, local, state, and federal issues. It's important for you, your family, and your tribe!

Reminder from last newsletter: Are you wondering, what it means to have registered with the Tribe to vote? Our constitution states in **ARTICLE VII - ELECTIONS AND NOMINATIONS, Section 1.** All members of the Tribe who are eighteen years of age and over and who meet the eligibility criteria and *have registered with the*

Tribe pursuant to the provisions set forth in the Tribe's Election Ordinance, shall have the right to vote.

The Election committee has created a form so tribal members can "register" with the tribe to vote. You may register at the polling booths or before hand by requesting a form from the election committee or downloading a form on the Karuk website. Our intent is to make this as easy as possible and not to interfere with your voting rights.

Register to vote today! Go to www.karuk.us to download a registration form. Or contact your

Let Your Voice Be Heard! VOTE

Your voice helps...

- to restore and preserve Tribal traditions, customs, language and ancestral rights
- to secure to ourselves and our descendants the power to exercise the inherent rights of self governance

KARUK TRIBAL ELECTIONS - NOVEMBER 7, 2006

For more information, contact your Election Committee

P.O. Box 815, Happy Camp, CA 96039

1 (800) 505-2785 or (530) 493-1600 Ext. 2052

Karuk Election Committee: PO Box 815, Happy Camp, CA 96039.

Low Income Assistance Program (LIAP):

The LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal is to help those who don't qualify for LIAP but are very much in need. To address this, the council has obligated some funds to help those who need assistance. It has helped a lot of elders and families with children.

Continued on next page...

Website: Revisions

Our goal is to have a very informative and user friendly website. We continually work on updating our webpage. Please look for the new Indian Child Welfare Committee Page. Coming soon: Tribal Court, Elections, Education, and Booster Club pages!

If you have any digital pictures of Tribal events, buildings, local nature, etc. that you do not mind sharing, please forward copies to Gerry Canning (**on CD or disc please – otherwise it will bog down the email server**) so that he can use them on the website as he updates the content it would be greatly appreciated!

I have not heard if people feel our website gives the information they need as tribal members and/or community members. Please let me know what you would like to have available on the Karuk website.

Head Start: Children are our Future

School is out for summer! I'm looking forward to the children returning and new ones coming to Head Start. We have a great program and I can't wait to work with staff again during the school year.

New! Karuk Booster Club:

Looking for membership! The council has formed a new committee. We have youth who throughout the year request money for sporting events. The council has allotted money with the intent of the Booster Club replenishing this account as they receive donations. Also, this committee will be responsible for honoring those tribal members who have accomplished goals in college and pro sports.

Some of the Booster Club goals:

- Help in the recruitment of individuals who share our vision.
- Recognize each individual and value his or her role as a Karuk athlete.
- Empowering young tribal members to be champions in life through excellence in sports.
- Organize fund raisers to help pay for tournament entrance fee and sport camps.

Sports builds character, instills discipline, provides leadership, enhances self esteem, promotes physical fitness and teaches teamwork, all of which can be used throughout life.

Yreka Community: Get Involved!

Yreka Greenhorn Park Development: We are looking for tribal members who would be interested in participating in planning meetings for Yreka's Greenhorn Park Development. As per the Ford Institute "The purpose of the Greenhorn Park Development Initiative is to conduct a broad-based community process that will result in a comprehensive master plan for the long range development of Greenhorn Park. The need is for a comprehensive plan to complete planning for some of the remaining, unused area. The process will involve distribution of promotional packets to increase community awareness of the Initiative, public-input meetings hosted by a facilitator, and development of a master plan." **Meetings:** Meetings are held the second Tuesday of every month at 7pm at the Fish & Wildlife Building. For more information contact: Selma George – 530-842-3219.

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information.

Florraine Super

Recruiting Foster Parents!



IMPORTANT NOTICE:
We are seeking Tribal members who are already certified to be foster parents or are interested in becoming certified foster parents. Contact Mike Edwards at the Karuk Tribal Health Social Services. (530)842-9200 ext. 102 or stop by 1519 South Oregon Street, Yreka CA.



Because we care about our children... our future!

Staffing Update

Sara Spence, Human Resources Manager



There are currently 151 employees on staff!

Tami Clayton was hired on 4/25 to work with the Water Quality Department as a Biologist seasonally. She

will be working with other staff on Water Quality Projects.

Hester Miller was hired on 5/15 into the full time Grant Writer/Resource Developer position in Happy Camp. She will be joining Rick Hill who also works in that Department. An introduction of Hester can be found in Erin Hillman's article on page 8, and Hester has a Grant Department Update on page 15.

Kathleen Davis was hired on 6/12 to work as the On Call Cook in the Happy Camp Senior Nutrition Program. Kathleen is also the cook for the Tribal Council's Health Board and Council Meetings each month.

The TERO Department, Department of Natural Resources, and NCIDC have all worked very hard in a collaborative effort this summer to put youth workers in the offices in Yreka, Happy Camp, and Orleans.

Thank you for all of your effort putting this together, especially Dion Wood, Holly Hensher, and Joyce Jones!

The youth who are working this summer are listed below. Look for a detailed article in the Fall Newsletter.

Yreka: Santana Grant (Naa Vura Yee Shiip), Esteban Aleman (NCIDC Office), Alyse Whiting (Yreka Clinic).

Happy Camp: Janelle Jackson-Reed (Administration), Nathan Shinar-Davis (Administration), Amanda Rhodes (Maintenance), Bernadette Lowry (Computer Center), and Bernard Lowry (KCDC Office).

Orleans: Mariah Coleman (DNR Office). The remaining youth are working as Youth Resource Technicians on various jobs in the Orleans/Somes Bar Area: Dori Marshall, Aja Conrad, Travis Gayle, Sammi Jo Goodwin, Jess McLaughlin, and Alexis Rush. Ella Coleman was also hired on 6/19 as the DNR Youth Resource Technician Crew Supervisor to work with the kids.

Sheila Barger resigned her position as Community Health Representative in Yreka on 5/10. Due to tight budgets we are not advertising to re-fill that position at this time.

Several of our staff in the Maintenance/Automotive Department retired from their positions this year. Richard Bridenstine retired from his position as Auto Mechanic on 5/19. Donald Voyles retired from his position as Maintenance Supervisor on 6/20. Joe Alvarez retired from his position as Maintenance Crew/Landscaper on 6/16. We wish them all a long and relaxing future!

Eric Counts who was previously the On Call Custodian for Happy Camp has transferred into the Auto Mechanic vacancy created by Richard Bridenstine's retirement. Davey Davis was hired on 6/21 into the Maintenance Supervisor vacancy created by Donald Voyles' retirement. TJ Day was hired on 7/10 into the Maintenance Crew position created by Joe Alvarez' retirement.

Dr. Donald Solus announced that he will be resigning his position as Clinic Physician in the Yreka Clinic on 7/21. We are very sad to hear this news as the patients seem to care for him very much.

We continue to search for a Registered Nurse in the Yreka Clinic as well as a Clinic Physician. We are also recruiting for a Registered Nurse/GPRA Coordinator to be hired in the Happy Camp Clinic this December through the HRSA Grant that was awarded. We are offering signing bonuses for the RN positions!

For more information on employment with the Tribe, benefits, how to apply, etc. visit our website at www.karuk.us/jobs/

Good-Bye Letter

Donald Solus, MD



I am leaving my position at the Yreka Clinic to open an urgent care clinic in Yreka. I have considered it a privilege to work with all of you over this past year. I hope all of my patients appreciate how much I desire the best life possible for all of them. The tribe has a fantastic health care program and you all should take advantage of that. More importantly we all control our own destiny and the decisions we make daily impact our health directly. My hope is that I may have inspired some of you to make good and healthy choices in the future. Remember diet, exercise and lifestyle are the most important aspects of your health. These are things that we as individuals control. Your doctor can help, but mostly it is up to you.

Health and happiness to all.

Donald E Solus, MD

Administrative Programs & Compliance Update

Erin Hillman

Director of Administrative Programs & Compliance

At this time I'd like to introduce the membership to our new Grant writer/ Resource Developer Hester Miller. Hester comes to us from the Cherokee Nation, she holds a Law Degree from the University of Arizona, College of Law and BA Degrees in English and in Native American Studies from the University of Montana. Hester joined our grant writing team in July and hit the ground running on the 2006 Indian Community Development Block Grant application. Her educational background, diverse experiences, organizational skills and sense of humor have already produced positive results in that department. Since May, she has assisted in the ICDBG application and FEMA Hazard Mitigation, Emergency Response and Administrative Plans, submitted the State Indian Health application and is the lead on the Oak Knoll project- a plan to turn that building into a transitional living facility. Hester and Rick make a great team.

Recently there has been a positive development in the Tribe's collaborations with community organizations. The Happy Camp Health Services Board (HCHS) and both Tribal Council and Staff had met several times to discuss the transfer of the health clinic building owned by the Board in Happy Camp to the Tribe. Though the Tribe had originally intended to build a new clinic in a different location, funding constraints and lack of available, suitable land sent us back to the drawing board. Realizing that the goals of both the Tribe and HCHS are to provide quality health care to both Native and Non Native American patients, on April 26, 2006 HCHS unanimously voted to begin the process of transferring the building to the Tribe. Because HCHS Inc. is a non profit corporation, they must abide by certain legal requirements including notification to the Attorney Generals office, Board and membership approval. When the transfer of the clinic building is completed, the Tribe will be able to access Indian Health Services annual maintenance funding and other grant funding to rehabilitate the facility. Future plans include the replacement of the roof, drainage work, handicap accessibility and interior remodels and expansions to provide better privacy for patients and additional medical services such as telemedicine, physical therapy and behavioral health.

For the third quarter of fiscal year 2006 the following grant / contract activity is being reported:

Grants/ Contracts submitted:

Office of Emergency Serv.	Naa Vura Yee Shiip	\$125,000
HUD	ICDBG	\$605,000
Blue Shield Foundation	Core support	\$25,000
Amerind	Cultural Support	\$ 2,000
Scott Valley Bank	Cultural Support	\$ 2,000
CASA	Continuation Funding	\$40,000
ANA	Language Program	\$137,812
Bureau of Reclamation	Thermal Refugia	\$25,842
Bureau of Reclamation	Annual Funding Agreement	\$77,000
U S Fish & Wildlife	Mid Klamath Planning	\$30,000
U S Fish & Wildlife	Upper Klamath	\$30,000
U S Fish & Wildlife	Chinook Spawner	\$10,610
EPA	Solid Waste Project	\$84,273
EPA	Performance Partnership	\$1,530,000
Klamath Intertribal Fish & Water Commission		\$124,933
State Water Resources Control Board		\$250,000

*Happy Camp Health Services
Karuk Clinic, Happy Camp*



Twelve (12) professional services contracts were approved, fifteen (15) Memorandums of Agreement (MOA's), seven (7) Agreements, and three (3) Addendums were approved by council. Grants awarded April 1 through June 30 included Elders non competing continuation \$108,550, EPA Performance Partnership amendment \$15,000, CAL EPA Environmental Justice \$10,000, Scott Valley Bank \$2,000, Head Start Amendment to full years funding \$287,963, and Plumas County AIDS project \$15,000.

Accounting Staff Contact Information

Laura Olivas, Bookkeeper

Karuk Tribe of California
P.O. Box 1016
Happy Camp, CA 96039
Phone (530) 493-1600
Fax (530) 493-2342



Laura Mayton, Chief Financial Officer, has been employed with the Karuk Tribe of California for the past four years. She is responsible for overseeing the entire financial operations of the Karuk Tribe. She brings extensive accounting experience to her position. Laura is a Karuk Tribal Member. She grew up in Happy Camp. She graduated from Happy Camp High School and later Humboldt State University, where she received her Bachelor's degree in Business Administration. After graduation she studied and became a Certified Public Accountant. She was involved in Tribal Government as the Tribal Treasurer.

Laura can be reached at (530) 493-1600 ext 2013 or lmayton@karuk.us.

Jamie Orge, Accounts Payable, has been employed with the Karuk Tribe of California for the past twelve years. She is responsible for making sure that all Tribal bills are paid and that all 1099's are completed (filed to the government and mailed to qualifying vendors). Jamie grew up in Seiad Valley. She is a graduate of Happy Camp High School. She and her family enjoy getting away on the weekends to the outdoors.

Jamie can be reached at (530) 493-1600 ext 2015 or jorge@karuk.us.

Tamara Barnett, Payroll, has been employed with the Karuk Tribe of California for the past nine years. She is responsible for making sure that all Karuk Tribe of California employees get paid, pay employment taxes, file payroll records (W-2, 941's, EDD), and pay retirement for employees (tribal contribution and voluntary contributions). Tamara grew up in Happy Camp. She is a graduate of Happy Camp High School. Tamara enjoys spending time with her family and friends, and loves to play sports. She is a big supporter of children and will devote her time and money to help ensure that Happy Camp youth have a chance to participate in life.

Tamara can be reached at (530) 493-1600 ext 2011 or tbarnett@karuk.us.

Cecilia Arwood, Travel, has been employed

with the Karuk Tribe of California for the past five years. Cecilia is responsible for making all Travel arrangements for Tribal employees and reconciling the travel upon completion. Cecilia is a Karuk Tribal Member. She is a graduate of Happy Camp High School. Cecilia enjoys spending her time watching her numerous nieces, nephews, and cousins participate in various activities. Cecilia can be seen supporting and enjoying the various local events. Cecilia participates in Tribal Government by "volunteering" her time to Election and TERO Committees. She can always be seen enjoying local events that occur in the area. Cecilia can be reached at (530) 493-1600 ext 2057 or carwood@karuk.us.

Michael Thom, Accounts Receivable, has been employed with the Karuk Tribe of California for the past three years. Michael is responsible for processing all money that the Tribe receives and data entry of Accounts Payable. Michael is a Karuk Tribal Member. Michael grew up in Somes Bar and graduated from Riverside. Michael enjoys spending time with his family, playing/calling Bingo, catching an occasional Poker Tournament, and seeing what other Tribes are doing with their gaming operations (a.k.a. Gambling). Michael takes an active interest in Tribal Government. He has been Tribal Vice-Chair and he currently serves on the KCDC Board. If you have a question for Michael he can be reached at (530) 493-1600 ext 2014 or mthom@karuk.us.

Laura Olivas, Bookkeeper, has been employed with the Karuk Tribe of California for the past year. She is responsible for Tribal loans, working with the CFO and the Grant Administrator, helping Managers and Supervisors if they have problems/concerns over their budgets. Laura is a Pit River Tribal Member of the Atsugewi Band. She grew up in the Yreka area. She graduated from Yreka High School and later CSU, Sacramento, where she received a Bachelor's in Business Administration. Laura enjoys spending time with her nephews and niece, traveling, hiking, sports (GO LA Lakers, SF 49ers, Sacramento Monarchs, and Tennessee Lady Vols), and being involved in her Tribal Government.

Laura can be reached at (530) 493-1600 ext 2026 or lolivas@karuk.us.

**For current Tribal events,
jobs or news, go to
www.karuk.us**

10th Annual

Karuk Tribal Reunion

Carrie Davis, Co-Coordinator



On Saturday, June 24, 2006, what I believe to be, one of the hottest days of the summer, the 10th Annual Karuk Tribal Reunion was in full force. Hundreds of people came from all over the United States for this event. The Karuk Tribe provided water stations full of ice cold bottled water. During the time frame of 10am to 2pm, the Karuk Tribe had distributed 700 bottles of water to reunion guests. We would like to give special thanks to the maintenance crew who worked very hard making sure water bottles were refilled and all water baskets always had ice.



The Reunion started out with a 5K/2 mile Fun Run/Walk. This was followed a few hours later by the Opening Prayer given by Alvis Johnson, a song by Leaf Hillman, and a welcome address by Arch Super. The Karuk Tribal Council did the Full Blood Recognition. The 8 Full Bloods are Charron Davey Davis, Margaret Vera Houston, Lucille Albers, Anthony Joe Jerry, Sr., Lafayette Robert Jerry, Sr., Violet Ruth Super, Nancy Lee Super, and Charles Robert Thom. They were all given the Karuk Tribal Flag and Pole. Next, the Council did the Recognition of the 47 Tribal Elders by giving them all a key chain made by The Happy Camp High School Indian Club.



During the Karuk Reunion, we also held the 2nd Annual Karuk Tribal Health Fair. This event was very successful. We even had



representatives from the California Rural Indian Health Board (CRIHB). The Karuk Tribal Health Program staff had several booths encouraging good health habits. Activities included an obstacle course for children, emergency preparedness information was given, substance abuse program information was handed out, games for children to play, blood sugars were taken, blood pressures were also taken and information was given out. These were only some of the activities that were provided.



We had Pinochle, Cribbage, and Texas Hold'Em card games going at the same time. The winners of the Pinochle Tournament was: **1st Place-** Shirley Martinez; **2nd Place-** Sis Attebury; **3rd Place-** Jeanne Burr. The winners of the Cribbage Tournament were **1st Place-** Anthony Jerry; **2nd Place-** John Lollich; **3rd Place-** Daniel Goodwin. The Texas Hold'Em Tournament was played for cash.





The Horseshoe tournament had a good turn out. Everyone had a lot of fun and played great games. I would like to thank Loren Offield for all his hard work organizing this event.



The Information Technology Department gave away equipment that was no longer needed at the tribe. This was done on an as is basis.

The Enrollment Department was very busy making Tribal Id cards. I hope you all were able to take this opportunity to get your Tribal Id Cards.

Other Booths included a welcome booth, dime toss, snow cones, jump house, jewelry, arts, and crafts, funny photos, balloons, etc.



In addition to all the booths, we had a demonstration bush dance. This was very a very important event for many people who were able to attend. Several of our membership are not able to make the ceremonies because they live so far away. By doing a demonstration dance, it allows many members and their children to see their culture. To the dancers we would like to give you all a very well deserved thank you.

On a hot summer day, what is better than a watermelon eating contest? I am not sure of that answer, but I did get a lot of contestants who only entered to get a piece of watermelon. It was easy to tell who these people were because they went for the biggest pieces. This was a lot of fun. I would like to thank everyone who helped me with this activity. You all know who you are.



Dinner was free to the public and was served at 4:00 pm. The menu consisted of Traditionally Cooked Salmon (cooked by Earl "Scrub" Aubrey), Acorn Soup (cooked by Jimmy Goodwin), Buffalo, Baked Potatoes, Hot Vegetable, Garden Salad, Rolls, and Desserts.

The evening ended with a dance at the Happy Camp River Park Pavilion. The music was provided by the Merv George Band.



The next morning the Karuk Tribe of California provided a going home breakfast. I would like to thank cooks Lynn Parton, Brad Parton, and Arlene Carstenson. It was a lot of work!



In preparing for the Tribal Reunion it takes dedication from staff. I would like to thank all the staff who helped make the reunion happen.

I know that when you are preparing an event for several hundred people it is not easy. However, it is almost impossible to do when a "once every three years' survey" (JCAHO) shows up unannounced, two days before the reunion. Well that happened this year, and I would like to thank the Karuk Tribal Health Program for doing a great job on the survey as well as the reunion. Way to go!



Florraine Super- Coordinator; and Sara Spence- Coordinator of Booths and Vendors, thank you for all your help.

I hope to see you next year at the 11th Annual Karuk Tribal Reunion. This is a big event for the Tribe and if you have any suggestion or positive criticism please let us know. Please mail to – Attn: Tribal Reunion. Thank you, *Carrie Davis, Co-Coordinator*





Fun Run Begins the Tribal Reunion Festivities!

The winner of the 3 mile run was Jim Berry with a time of 24:21 (that's 8 min 7 seconds/mile!!!). Thanks for all your help. *Dr Solus*

April Spence

Annalyn Sanders

Katie Kurz

Erma Marshall

Gabriel McCoy

Kristen King

Jessaca Lugo

Karen Santana

Debera Kawkeka

Todd Gilbert

Patti White

Donna Zook

Lisa Aubrey

Edward Peters

Malaya Rider

David Eiesenberg

Gerry Canning

Don Solus

Jim Berry



FACE PAINTING IN KARUK COUNTRY

AT THE
KARUK TRIBAL REUNION



Many Thanks To The Following Businesses For Their Raffle Donations & Support!

River Country Rafting- 6 person day trip

Disposal Service- 3 months residential can service

Frontier Cafe- \$25 gift certificate

Forest Lodge Motel, LLC- One night stay for two people

Parry's Market- two gift certificates- \$50 value for each

Napa Auto Parts- 100' tape measure, flashlight, and knife and cutting tool set

Double "J"- Fishing pole & T-shirt

Evans Mercantile- T-shirt & coffee mug

Pizza House- Two separate large pepperoni pizza prizes

Gold Nugget Printing- note pads



10th Annual Karuk Tribal Reunion

Enrollment/Census Department Update

Marsha Jackson, Enrollment Clerk

There are currently 3,456 members enrolled and 1,954 Enrolled Descendants. In February we upgraded our department, both the enrollment database and id machine. In the change over we were not able to pull the old pictures off of the old ID machine. The ID's have a new look now, so please get your id card renewed if you haven't done so since February of 2006. To get your new card you can call our department at (800) 505-2785 x 2039/2028 and request an ID card form, you can email us at mjackson@karuk.us or dvoyles@karuk.us



Marsha Jackson taking photo for Tribal ID Card

or you now have the option to print it from our website at www.karuk.us. Also available on the website is the enrollment application for you to print out and mail in. Please be sure to **print, sign and mail** in the appropriate paper work. If you have any questions regarding this, please do not hesitate to call our office.

The Enrollment office is constantly taking the census of our enrolled members. If you are 18 or older and haven't had a census taken in 2-3 years or have never had your census taken, please contact our office so we can make sure to get you counted. If you are interested in completing a census, you may print it out from our website, you can call us and complete it over the phone or you can ask us to mail you a copy for you to fill out and mail back. We use this census information to apply for grants and other government monies. We do not disclose personal information. It is all for statistical purposes. The census reporting is used by many different departments within the Karuk Tribe; Education Department, Housing, LIHEAP, Grant Writing and many more. If you would like to know more about what the census is used for please contact us.

Our office hours are Monday thru Friday 8-5 and closed from 12-1 for lunch. Our office processes Enrollment Applications, Census, DMV and sales tax exempt forms (for those who live on BIA trust land), family trees, Tribal ID's, and fishing license forms.



Marsha Jackson, Census Specialist & Delores Voyles, Enrollment Officer

New CASA Program Manager

A previous employee of the Karuk Tribe of California has returned. Barbara Houle is now the CASA Program Manager and is stationed in Yreka, California.

Her credentials include an Associate of Arts (social work, law), Bachelor of Science (Criminal Justice), and a Master in Business Administration. She also has many years of experience in Tribal Court settings. As a legal advocate she handled many different cases such as adoption, divorce, criminal, civil, ICWA, garnishments, probate, and restraining orders. She has also worked with many different attorneys over the years.

Barbara moved with her family to Hoopa, California, in 1956. She grew up, married and eventually moved away in 1970, returning again in 1995.

In 1996 she went to work for the Tribe as an Assistant Planner, and in 1998 she became the Childcare Director.

Barbara is happy to be back and looks forward to the challenges that may come her way.



Barbara Houle

Court Appointed Special Advocate

Looking for Volunteers/ Cultural Practitioners

Corina Alexander, Program Supervisor

The Naa Vura Yee Shiip Program is overseen by the Karuk Community Development Corporation which is owned and chartered by the Karuk Tribe of California. Developed under a grant from the Office of Emergency Services, Naa Vura Yee Shiip is a culturally appropriate, comprehensive treatment and preventative program targeting young Karuk victims of crimes ages 3-17. The program provides services to help develop healing through culture, build self-esteem by strengthening tribal identity and increases cultural knowledge. These services are provided in a variety of cultural education and enrichment activities, including classroom projects, field trips and Karuk Ceremonies.

Our program provides culturally sensitive therapeutic services to children in Happy Camp, Orleans and Yreka. Individual and Group opportunities will be available in each area. The program consists of Elders, Cultural Therapists, Practitioners, Volunteers and staff with the knowledge to implement the goals set for each child, along with the Licensed Clinical Social Worker.

The Naa Vura Yee Shiip Program welcomes anyone with cultural knowledge to become Cultural Practitioners with the program to work with kids who have been victims of crime.

Volunteers are also needed to help kids with projects, set-up classes and help supervise field trips.

Training for Volunteers/Cultural Practitioners

40 hour training will be provided in the following areas:

Crisis Intervention; Child Abuse Dynamics; Mandated Reporting;

Victim Witness Services; Criminal and Juvenile System;

Indian Child Welfare Act.

If you are interested in taking this training and becoming a volunteer or Cultural Practitioner, please contact Corina Alexander, Program Supervisor at 530 841-0729 or P.O. Box 1148, Happy Camp, CA 96039.

Grants Department

Hester Miller, Grant Writer/Resource Developer

Greetings from the Grants Department. Our summer is a busy one so far with several grants already submitted and many more in the works.

During May, we completed and submitted the 2006 Indian Community Development Block Grant for a Cultural Center in Orleans. The Cultural Center will have conference space, an education classroom, a computer room, and office space for KTHA and Behavioral Health. In June, the renewal application for the Indian Health Program was submitted. We also finished the FEMA draft Hazard Mitigation Plan, which will assist in repairing damage from the December 2005 storms as well as any future declared disasters. If you would like to read the plan, please contact Rick Hill or Hester Miller in the Grants Office at 530.493.1600, ext. 2021; we would appreciate your comments.

We are working on several proposals that will be due in August. They are: funding for the Senior Center's kitchen; an evaluation study proposal regarding Oak Knoll, east of Happy Camp, which would provide a transitional living facility to Tribal members and area residents; the Healthy Vision Community Award; and the third year renewal application for our HRSA grant, which supports our Health Program and clinics.

In the fall, we plan to begin work on projects that will renovate the Happy Camp Clinic and provide improved resources for Tribal archives.

Karuk Language Program

ayukîi araaras. hûut kich iimkun? iimkun araráhih kuchúuphiti hum?

Hello people. How are you all? Are you all talking in the people's language?

Congratulations to the Gehr family who recently welcomed a baby boy to their family basket. pamúthvuuy uum Logan Ifipan Gehr. We are all very excited for their family.

Susan is still with her family enjoying the new one. While Susan is on leave, you can direct phone calls, emails, and correspondence to:

Phil Albers Jr.

800 505-2785 ext. 2203

palbers@karuk.us

páy uum vaa payêem pánukupiti.



*Karuk
People's
Center*

The literature review on distance education best practices is complete. The review includes reviews on documents covering distance education for Native North American, Hawaiian, Alaskan, and other Indigenous languages and programs. It also covers reviews on different language programs and schools that utilize various distance education delivery models. This information will help the Karuk Language Restoration Committee to select a model for our Karuk Language Distance Education Course.

The review has been distributed to the KLRC via the KarukLanguage@topica.com listserve. For a copy, contact me at the Language office and I will be happy to forward you the full review.

The Language Program has recently distributed the Karuk Language Distance Education Survey. The survey targets distance education delivery models, Tribal teacher certification, and fluency level assessments. This survey is being distributed to forty other language programs, and several programs that utilize distance education.

These results will be compiled and analyzed for the KLRC. Based on these results, the KLRC will review the information and create policy for the Karuk Language Program.

Language Terms and Phrases:

Topic: Food

xuntápan – acorn

xuun – acorn soup

ikyavarahákaamha – to gather many acorns

iknátar – rock for smashing acorns

áama – salmon

ikúuykirihi – to barbecue (salmon)

chi nu'am – lets eat!

Language Terms and Phrases: Spring Issue

Topic: Babies and Parenting

ararápiit – newborn baby

yupsítanach – baby

ákah – father

táat – mother

tháxtuuy – baby basket

piknáakva – to burp

hûut ti'îin? – what's the matter with you?

yith nu pi'pôorih – let's change your pants

xáyfaat téexráratih – stop crying

REMINDERS**

The Karuk Dictionary is now online!! Look up words in either English to Karuk or Karuk to English. The “Semantic Domain” option allows you to look up words in a certain category, such as fishing or basketry.

<http://dictionary.karuk.org>

The Karuk Language Program is located in the People's Center in Happy Camp, CA. Our office is open and visitors are welcomed. There are two Karuk Language community classes, times and locations are:

Happy Camp, Karuk Language Office – Tuesdays @ 12:00 PM

Orleans, Panamniik Center – Thursdays @ 3:30 PM

For more information, contact the Language Program:

Karuk Language Program
Karuk Tribe of California
64236 Second Ave. • P.O. Box 1016
Happy Camp, CA 96039
www.karuk.us



*David Arwood sharing
story of grandmother
Grace and Great
Auntie Madeline*

our 2006 Indian Housing Block Grant award which adds \$500,000 to the loan fund.

On June 23rd, the KTHA hosted a gathering to rededicate the Elder Memorial flower garden in Happy Camp. The garden was originally dedicated honoring Karuk Tribal Elders in memory of Madeline Charley Davis and Grace Charley Davis. Leaf Hillman welcomed family members and guests, Charron "Sonny" Davis gave the ground blessing, Alvis "Bud" Johnson concluded with the dedication. The dedication was



Members of the Davis family and a few friends in the garden

Housing News

Sami Difuntorum, Executive Director

attended by numerous family members, community members, and friends. The KTHA appreciates the time, energy, and talent contributed by many people in the design and implementation of this project including Fred Burcell, David Arwood, Laurie Bowers, Hawkeye Harrison, Lori Arwood, Ralph Starritt, Jeff and Suzanne Peters, and Steve Mitchell.



*Karuk Elder Charron
"Sonny" Davis blessing
the flowers and plants*

The K T H A is extremely pleased to announce that Lisa Haas graduated from the P.O.S.T. Training course at College of the Redwoods. Lisa currently serves as the Security Director for the KTHA, based in the Yreka community.

History Fair Winners Go to State!

Sinead Talley, Chelsea Preston, Erica Ammon, Ashley Myers & Francisca Tripp

On March 9, 2006, five Orleans Junior High students from the Karuk Tribe claimed 1st and 2nd place in their categories for Humboldt County History Fair. The topic this year was: Taking a Stand; People, Ideas, and Events. The projects entered had to closely relate to this topic and the winners all chose topics related to tribal history and culture. Around 750 students from throughout the county entered and it was a great honor to be awarded.

Chelsey Preston, Erica Ammon, and Ashley Myers won 1st place in the Junior Exhibit division with their project; Basketweavers; Making a Difference, on the subject of CIBA (California Indian Basketweavers Association). They interviewed Laverne Glaze, Stan Pfister, Holly Hensher, and Maria Strauss. The girls thank them!

Francisca Tripp and Sinead Talley won 2nd place in the junior documentary division. Their PowerPoint presentation was titled: The Language of Our People Restored: How the Karuk Tribe Took a Stand in Not Losing Their Language. They interviewed Violet Super, Charlie Thom, Vina Smith, Jim Ferrara, Phil Albers, Elaina Supahan, Jeanerette Johnny, Alvis "Bud" Johnson, Susan Gehr, Terry Supahan, Marge Houston, Junie Donahue, André Cramblit, and Laverne Glaze. They sincerely thank all of them!



*Sinead Talley, Chelsea Preston, Erica Ammon,
Ashley Myers & Francisca Tripp*



CASA-Court Appointed Special Advocate for Children

Make a Donation

Your donation helps the Karuk CASA continue its life-changing work by supporting the recruitment, training, screening, and supervision of caring volunteer advocates who will speak up for child abuse and neglect victims.

If you share in CASA's mission to prevent abuse and violence, please show your support by making a financial contribution.

Become a friend of CASA
Barbara Houle

Please visit your CASA office at:

Karuk CASA • Barbara Houle
212 Lane Street, Yreka CA 96097
530-842-4924

Crime against the Karuk Arrara...

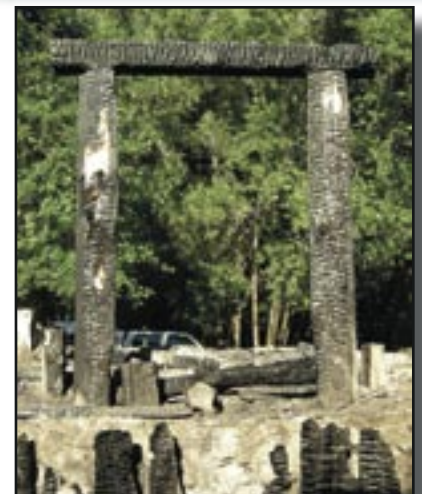
REWARD! **WeTip**
UP TO
\$10,000

Arson at Katiimin in Somes Bar, California

Saturday, July 1, 2006, a suspicious fire occurred at 1:20 a.m., at the sacred dance house at Katiimin in Somes Bar, California. The Karuk Tribe of California and Siskiyou County Detectives and Arson Investigators are asking for the public's help in solving this crime.

Anyone who has information regarding this fire or any suspicious activity at or around that location can call WeTip anonymously. Calls are taken 24 hours a day, 365 days a year.

All calls are anonymous, not just confidential. Rewards of up to \$10,000 are offered when information leads to an arrest and conviction. If you have any information regarding this crime or any other crime, contact WeTip at 1-800-47-ARSON.



24 Hours a Day

365 Days a Year

1-800-47-ARSON

1 8 0 0 4 7 2 7 7 6 6

You will remain completely anonymous!!

Se Habla Español

www.wetip.com

Five Generations of Titus Women



Left to Right: Great-Great Grandmother Arlene Titus (Mrs. Paul Titus) of Happy Camp, California; Great Grandmother Cheri Short, Grandmother Dawn Chapman, Mother Jessica Kenard and baby Alexis of Oakridge, Oregon.

Welcome Luncheon!

Anthony Ballard, Substance Abuse Counselor

Chuck Lent, LCSW



Everyone Welcome to Attend

August 18, 2006

1:30 pm - 3:30pm

Lunch Will Be Provided

Panámniik Center, Orleans, California

**FREE
Admittance**

NCIDC Staff Presented With Thank You Plaque

Dion Wood, TERO Director



*Leaf Hillman, Joyce Jones & Florence Conrad
Leaf & Florence present Joyce with plaque*

“Vice-Chairman Leaf Hillman and Tribal Council Member Florence Conrad present Joyce Jones, Director of the Northern California Indian Development Council office in Yreka (center) with a plaque as a small symbol of gratitude for Joyce’s many years of dedication and service to the Arraras of the Karuk tribe. Joyce, along with her Technical Assistant, Rose Kerr have both battled for, and served Karuk tribal members through the NCIDC office in Yreka for over two decades. A plaque was commissioned for Rose as well. Our Thanks (Yootva) to the Creator go out for Joyce and Rose and our Thanks (Yootva) go out to them as well! May the Great Spirit continue to honor and bless Joyce and Rose in all their endeavors!”

Win A Pendleton Blanket And Improve Education For Tribal People In Your Community!

Please visit this website link and tell us about your educational needs and interests for a chance to win a Pendleton Blanket.

<http://www.surveymonkey.com/s.asp?u=38612255492>

Please participate in this survey!

The Survey of Distance Education in American Indian Communities is an effort by the National Indian Justice Center (NIJC) to learn more about California Indians and distance education. The information you provide will not be sold or used inappropriately but it will be used to help tribal communities statewide obtain resources for education and telecommunications. We appreciate your help. Upon completion of the survey, your name will be entered into the raffle drawing. The winner will be chosen on September 22, 2006, California Indian Day!



College of the Siskiyous

Adult Distance Learning Classes at Happy Camp High School

Located in Room 11 at the High School, adjacent to the Computer Center

Fall, 2006

To enroll, call 888-397-4339

Classes begin 8/21/06

Monday	Tuesday	Wednesday	Thursday	Friday
9 am to 9:50 am ENGL-44A American Literature 1		9 am to 9:50 am ENGL-44A American Literature 1		9 am to 9:50 am ENGL-44A American Literature 1
10:00 am to 10:50 am English 1A College Composition		10:00 am to 10:50 am English 1A College Composition		10:00 am to 10:50 am English 1A College Composition
12:00 pm to 12:50 pm Math 4 Pre-Calculus	12:00 pm to 12:50 pm Math 4 Pre-Calculus	12:00 pm to 12:50 pm Math 4 Pre-Calculus	12:00 pm to 12:50 pm Math 4 Pre-Calculus	12:00 pm to 12:50 pm Math 4 Pre-Calculus
	2:00 pm to 3:15 pm ECE 4 Infant Development	1:00 pm to 1:50 pm Math 56 Elementary Algebra (Partially Online)	2:00 pm to 3:15 pm ECE 4 Infant Development	
4:00 pm to 5:15 pm ECE 26 Multicultural Activities for ECE	4:00 pm to 5:15 pm ECE 20 Parenting	4:00 pm to 5:15 pm ECE 26 Multicultural Activities for ECE	4:00 pm to 5:15 pm ECE 20 Parenting	
6:00 pm to 9:00 pm English 1A College Composition	6:00 pm to 9:00 pm ECE 1 Intro. To Early Childhood Education	6:00 pm to 9:00 pm ECE 7 Child, Family & Community	6:00 pm to 9:00 pm FCS 11 Nutrition	

Learn
More

\$\$

Earn
More!

Help Rebuild The Happy Camp Outdoor Sports Court!

Goals:

- Total resurfacing
- Tennis nets and posts
- Tennis & handball practice wall
- Basketball backboards & hoops
- Line painting
- Drinking fountains
- Coin-op lighting
- Seating

... and more!

Sports Court Outdoor Rebound Effort

Come help out the effort to take
our courts from:



The SCORE Project is a community-wide effort to restore the High School tennis and basketball courts for everyone to enjoy!



Your donations of money, materials, labor and expertise will be essential to the success of this court. This is a community wide effort with the help of grants, the high school district, local businesses & organizations, and community members from Seiad through Happy Camp to Orleans.

To donate, send checks or other types of donation descriptions to:
SCORE, P.O. Box 100, Happy Camp, CA 96039. Please make checks payable to Happy Camp Family Resource Center.

This is a non-profit effort and receipts for your donations can be given for tax deductions.

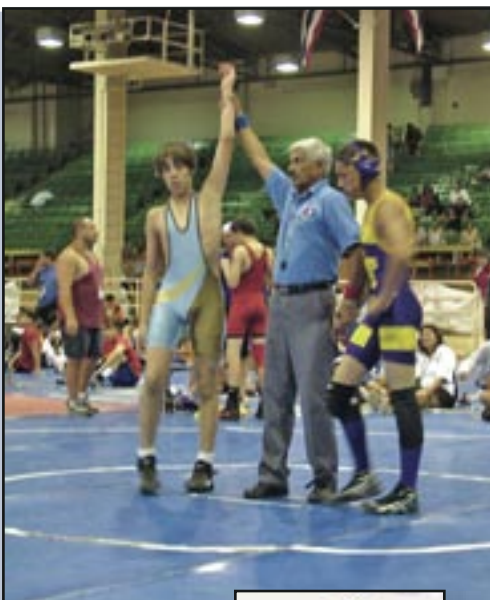
Karuk Sports Page

Page 22

Daniel Merrill North American Indigenous Games Medalist!

Daniel Merrill recently competed at the North American Indigenous Games (NAIG) in Denver, Colorado. He won the 125 lb. weight division for cadets, 14-15 year olds, in wrestling.

CONGRATULATIONS DANIEL!



*Branden Davis,
Eagle Point, OR*



Sean, Kevin, & Brenden Berry, Yreka, CA



*Aaron,
Minnie
& Tyler
Hockaday,
Yreka, CA*



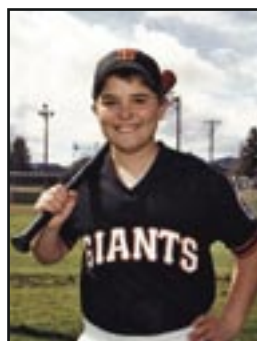
*Michael
Attebury*



*Rosa
Rodriguez*



*Maria Rodriguez
Allen Attebury,
Yreka CA*



Phil Albers Wins Cage Fight

Cage fights were held on June 23, 2006 in Yreka, CA. Everything was a great success. We had 15 fights, including one girl fight. Eight fighters were from the Yreka area.



I fought Josh Rogers for the 205 lbs Title. Right away Josh started swinging, eventually we locked up and pushed each other all over the cage. I broke free and started chopping him down with leg kicks. After a body kick with my left leg, I immediately followed with an overhand right and knocked Rogers to the ground. I thought the fight was over, but he regained posture and the first round ended. We locked up early in the second and I countered his take down and took mount. Shortly after I set him up

with strikes to the face and won by arm bar in the second round. There are talks of a rematch at a later time.

Other fighters from the area were Dale "The MadMan" Mendes (Orleans) who won in 15 seconds with a rear-naked choke advancing to 2-0, and Frankie Donahue (Hoopa) who won in the first round with a rear-naked choke in his cage fight debut 1-0. Other Pikship Fighters include Bubba "The Púravaan" King, Cody "RedSavage" Donahue, Cogey McCovey, Luke Mace, and many in preparation all along the river.

For information on fighting or training contact Phil Albers (541) 261-8005, or palbers@gotsky.com. A special thanks go to the Karuk Tribal Council for the support and determination to make this event happen, CASA for providing concessions, my parents Rhonda and Phil Sr., and my brother Herman for their dedication and work on the production of the show, and my wife Elly Supahan for being so special and understanding.



yôotva, iimkun vúra tapas áraaras.

Phil "iykáran" Albers

palbers@gotsky.com

www.brassnux.com



*Nate Shinar Davis,
Happy Camp, CA*



Ashley Bernal,



*Jeremy Benal, &
Grace Bruschi,
of Crescent City, CA*



*Samuel, Frank,
Madeline &
Jacob Davis,
Happy Camp, CA*



Yupsítanach (Baby) Page

Page 24



Jenna Leeann Parry

Born: January 4, 2006 at 5:30 pm at Rogue Valley Medical Center in Medford, OR

Weight/Length: 5 lb 4 oz, 19 in long.

Parents: Bob & Trista Parry of Happy Camp

Maternal Grandparents: Jody & Judy Waddell of Happy Camp & Vickie & Shawn Slade

Paternal Grandparents: Bill & Sylvia Parry of Happy Camp

Tanner Drake Lugo

Born: March 30, 2006 @ 8:40pm

Place: Mercy Medical Center, Redding, CA

Weight/Length: 6 lbs 15.2 oz, 20 inches long

Parents: Craig and Jessaca Lugo, of Redding, CA

Maternal Grandparents: Skip and Linda Davis, of Happy Camp, CA

Paternal Grandparents: John and Vicki Desmond, and Steven Lugo, of Redding, CA

Sibling: Big Brother Kason Davis Lugo



Jacob Clyde Moreno

Born: November 19, 2005 @9:18am in Anchorage AK

7lbs 0oz 18 3/4inches long

Parents: Steven Craig and Gina Anne Moreno of Anchorage AK

Paternal Grandparents: Edward and Sharon Moreno of Stillwater MN

Maternal Grandparents: Clyde Randles Gammon and Dorothy Rose Robello



of Sparks NV

Paternal Great Grandparents: Late William and Hazelle Carroll of St Paul MN

Maternal Great Grandparents: Late James Randles and Late Caroline (Aubrey) Gammon of Seiad Valley, CA

Happy 1st Birthday Alyssa!!

Love always,

**Your Auntie Liz &
Cousin TyRee**





Blake Alexander Harrison

Born: 11-23-05

Weight: 7lbs 4oz

Place of Birth: Bend, OR

Parents: Wendy & Marvin Harrison, Sr.

Paternal grandparent: Wynoma Harrison, Seiad Valley, CA

Maternal grandparents: Fred And Marsha Lywandowsky, Igo, CA

Paternal great-grandparent: Dollie Lee, Redmond, OR

Brother to: Tema Assof, Eugene, OR, Marvin Harrison Jr., Springfield, OR and Marissa Hammond, Bend OR

Schuldzie Chulcina “Yahnaa” Bailey

Born: June 27, 2006 at Fairchild Medical Center, Yreka, CA

Weight/Length: 8 lb. 1 oz. 18 1/2”

Parents: Schuldzie Lily Bailey & Jaime Barreto

Maternal Grandparents: Geraldine Peters & Richard Louis Bailey, Sr.

Maternal Great-Grandmother: Lucille Albers

Aunts: Hermanett Albers, Delila Super, Teeter Bailey, Rel Bailey

Uncle: Richard Bailey

First Cousins: Arron, Tyler, Minnie, & Hazel Hockaday, Jolie Ann Super, Cyliss & Carnell Bailey.



Logan Ifipaan Gehr

mu’ákah - Greg Gehr

mutáat - Susan Gehr

mu’átish - William káru Robin Gehr

mukiit káru mukúut - Wanda Smith, Bob káru Mary Smith

mu’iipma - 4/29/06 at 9:12pm

ifyaa u’ máatheen - 6 pounds, 15 ounces

ifyaa vâaram - 20.5 inches



Exam room in Karuk Tribal Dental Clinic, Happy Camp

of Approval™.

“Achieving accreditation demonstrates Karuk Tribal Health has voluntarily sought an independent



Karuk Tribal Health Clinic, Happy Camp

“We seek accreditation for our organization because we want to be the best,” says Lessie Aubrey, Acting Director. “We view obtaining Joint Commission accreditation as another step toward excellence.”

“Our staff is very supportive of the process. It gives them a feeling of prestige to work in an accredited organization,” says Mrs. Aubrey. “They also appreciate the educational aspect of the survey and the opportunity to interact with the Joint Commission team.”

An independent, not-for-profit organization, the Joint Commission is the predominant standards-setting and accrediting body in health care. Since 1975, the Joint Commission has developed state-of-the-art standards for outpatient ambulatory care organizations. Nearly 1,200 freestanding ambulatory care organizations maintain Joint Commission accreditation.

For more information, contact: Lessie Aubrey, Acting Director 530-493-1600 ext; 2042.

Karuk Tribal Health Program Awarded Accreditation From Joint Commission

Happy Camp, June 23, 2006– By demonstrating compliance with the Joint Commission on Accreditation of Healthcare Organization’s national standards for health care quality and safety, the Karuk Tribal Health Program has earned the Joint Commission’s Gold Seal



Karuk Tribal Health Clinic, Yreka

evaluation of its compliance with state-of-the-art performance standards,” says Michael Kulczycki, executive director, Ambulatory Care Accreditation Program, Joint Commission.



Karuk Tribal Health Clinic, Orleans

Quarterly Newsletter

www.karuk.us

Karuk Tribe of California



**Fall
2006**

P.O. Box 1016 • 94230 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 565-2781

Tribal Enrollment Is Currently At 3,442 Enrolled Members

Contents


Newsletter Articles



If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, **October 15 for the fall issue**, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.



Seminar taught by Dave Donica
Jefferson Economic Development Institute

“Go to the Top of the List” - Search Engines and E-commerce

Date: Wednesday, August 23, 2006
Time: 6-9:00 pm
Price: Free
Location: Happy Camp Community Computer Center
 25 Fourth Avenue, Happy Camp, CA 96039
(530)493-5213

Instructor: David Donica, *Jefferson Economic Development Institute*

Learn a few simple tricks and tips that will help you get your e-commerce web site near the top of the search engine list - and keep it there.

- Tips for Search Engine Marketing
- How to choose Keywords & Phrases
- Linking your site to others
- Web site design do's and don'ts
- Paid versus free marketing
- How Search Engines work

Pre-registration is required. Workshop limited to 12 participants. Call 493-5213 to Register!

Department of Quality Management and Compliance

Norlyn Peters, Quality Manager and HIPAA Privacy Officer

Hi, I am the Quality Manager & HIPAA Privacy Officer for the Karuk Tribal Health Program. I have been here for seven months now working with Lessie Aubrey, QM Director and Acting Executive Director of the Karuk Tribal Health Program.

Since I starting working here, Lessie and I have been preparing for the unannounced JCAHO Survey. It was a lot of work, but it paid off when JCAHO showed up on June 22, 2006 for our unannounced survey. The two surveyors were here for two days and at the end of the second day they told us we passed and that we were reaccredited for the next three years. They commented that we were one of the best Health Programs that they have seen and that they really enjoyed the two days they spent with us.



Norlyn Peters

The Karuk Tribal Reunion and Health Fair was held on Saturday, June 24, 2006, the day after the JCAHO Surveyors left. Our department had an obstacle course for the kids to promote healthy children and gave out squirt guns to them when they finished it. It was extremely hot that day, so the kids and the parents seemed to enjoy the squirt guns.

On May 30, 2006 we put boxes in all our clinics for the 2006 Patient Satisfaction Survey. We plan on gathering them up sometime next month for the results.

Our Biannual Health Staff Meeting was held on June 14, 2006 in Yreka at the Siskiyou County Museum. It was a mandatory meeting for all health staff and substance abuse staff was also invited. The California Preparedness Education Network presented three modules with three different speakers during the course of the day. The first module presented was Disaster Preparedness for Primary Healthcare Providers; the second module was Emerging Infectious Diseases; and the third module was Avian Influenza: From Birds to Poultry to Humans. All three modules and speakers were informative and interesting.

Annual HIPAA Security and Privacy training was given by Patti White, Security Officer and myself.

Executive Director Awards were presented by Lessie Aubrey to the people who helped her with the Periodic Performance Review. Awards were presented to Dr. Todd Weaver, Dr. Don Solus, Dr. Mike Willett, David Eisenberg, Alissa Johnson, Claudia Ross-McLeish, Lois Gonzalez, Patti White and Suzanna Hardenburger for their hard work.

Karuk Senior Program

Babbie Peterson, Senior Center Supervisor

The Senior Center Program is located in Orleans and Happy Camp **at this time**. With funding from the Older American's Act we provide nutrition programs at both sites – we also have funding from the Tribal Council to meet unmet funding needs, and donations by local organizations and people who stop by for lunch. Senior services are an important concern of our Tribal Council, Health and Human Services Department, our membership, and our whole community.



*Babbie Peterson, Bonnie Alvarez
& Donna Zook*

- We care about the health and well being of our whole community and welcome everyone. By serving the whole community allows us the opportunity to expand services and service funding opportunities.

Many of our services are limited to Native American populations at this time, such as our Caregiver Support Program, home visits, transportation for elders who have no other source of transportation or have health needs that limit their ability to drive – but we work to collaborate with other local organizations and agencies to link all seniors to services they need. Meals are available to all seniors in the community and their spouses of any age; also any handicapped children who live in their home with them qualify. All others are required to pay \$5.00 per meal and are only served after our clients are served to make sure we will have enough food to feed the people that we are funded to feed.

We encourage senior involvement by asking seniors to write articles about what they feel is important to them, be involved with bike rodeo activities that the CHR program does, working with our schools as volunteers, doing story telling or sharing their knowledge of local plants and animals of our area for local events and school field trips. The article below is the beginning of that process – Please welcome their participation and input to our program. Our Program thanks them for their energy and sharing their wisdom with us each day.

Happy Camp Senior Center News

Roberta Everett – Happy Camp Senior Center Nutrition Program Volunteer

Calling one and all seniors, 60 and above, to come and enjoy the senior meal program held at the Karuk Community Center. This site used to be known as the old Elementary School Multi-purpose room for those who have lived here for a number of years. Come and meet with many other seniors and enjoy the nutritious and delicious meals prepared by two great cooks, Bonnie Alvarez and Donna Zook. They are there to make your visit to the senior meal program all that it should be.

Lunch is served daily Monday through Friday from 12 noon until 12:30. Bread and milk are served with all meals. A great salad bar is available three days a week on Wednesday, Thursday, and Friday. There is a donation of \$2 per senior each day for the meal.

Fun is had by one and all on numerous special days. Birthdays are celebrated every month with cake and ice cream. Special meals are planned for holidays and other noteworthy occasions. There have been other unique events scheduled too. The seniors became artists one day when Beth Buchanan brought everything for painting with watercolors.



Luau luncheon at the Happy Camp Senior Center



Standing: Bonnie Alvarez & Beth Buchanan hosting an art workshop at the Senior Center in Happy Camp

Stop by and pick up a menu or check out one of the bulletin boards in town and look over the menu that is prepared primarily with senior nutrition and good taste in mind. We'd all enjoy seeing you!



Chelsea Gayle Receives Hutton Scholar Award

Submitted by Florence Conrad

WASHINGTON D.C.- Siskiyou County resident Sarah Chelsea Gayle received the prestigious Hutton Scholar Award. In May 2006 the Chief of the USFS and the American Fisheries society invited Karuk descendent of the Conrad family Sarah Chelsea Gayle to Washington DC to receive an award as a Hutton Scholar. Chelsea worked at the US Forest Service in Orleans as a Fisheries Biologist Trainee.

She was one of 65 participants nationwide and was the only one chosen for the Hutton Award.

Chelsea has lived in Somes Bar all her life. She is now attending College of the Redwoods in Eureka, California under a full scholarship from the Ford Family Foundation. She is working toward a degree as a fisheries Biologist. Chelsea's family is very proud of her!

[The Hutton Junior Fisheries Biology Program is a summer mentoring program for high school students sponsored by the American Fisheries Society. The principal goal of the Hutton Program is to stimulate interest in careers in fisheries science and management among groups underrepresented in the fisheries professions, including minorities and women. Application to the program is open to all sophomore, junior, and senior high school students regardless of race, creed, or gender. Because the principal goal of the program is to increase diversity within the fisheries professions, preference will be given to qualified women and minority applicants. Students selected for the program are matched with a professional mentor in their area for a summer-long, hands-on experience in a marine or freshwater setting. A scholarship of \$3,000 is awarded to each student accepted into the program.]

Carol Thom Graduates from COS

Submitted by Jessica Thom



Carol Thom graduated in May of 2006 from College of the Siskiyous in Weed

We all are very proud of your accomplishments and love you! Keep it up!

Love, all of us!!!!

Karuk High School Graduates Head for College!

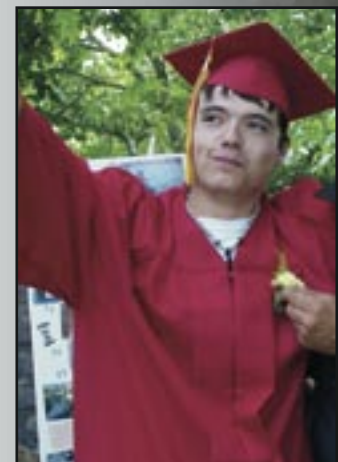
Charles Shaun Lindsay, Jr.



Charles Shaun Lindsay Jr. graduated from Etna Union High School on 6/9/2006. Shaun is the son of Evelyn Thom Lindsay and Charles Shaun Lindsay Sr. He received the Scott Valley Scholarship and Robert Butch McCallister Scholarship. He will be attending the College of the Siskiyous in the Fall.

Gregory Guy "Dobby" Hobbs

Gregory Guy "Dobby" Hobbs graduated from Yreka Union High School on 6/10/2006. Gregory is the son of Patricia Ainsworth Hobbs and Guy Hobbs. He will be attending College of the Siskiyous in the fall, majoring in music.

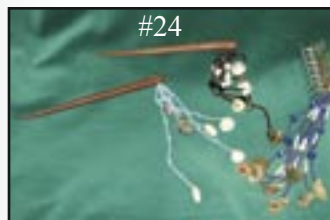
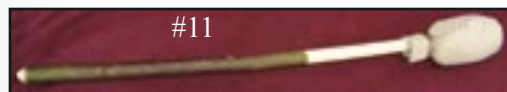


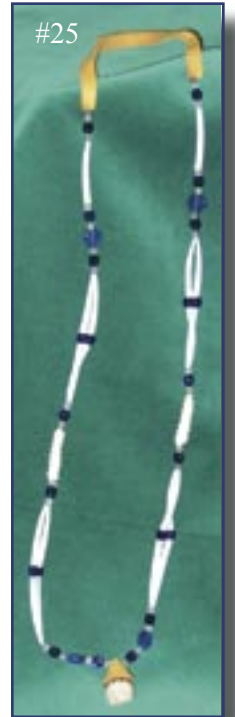
Follow the Smoke Basketweavers Gathering Raffle

The Follow the Smoke Basketweavers Gathering was held July 10-14, 2006. Raffle tickets were sold previous to the gathering in an effort to raise funds to support next year's event. We would like to thank all of the individuals who made and donated items to be raffled off for this fundraiser and to everyone who bought tickets to support our gathering; we earned \$2,435 toward next year! Yootva!

The winners of the beautiful prizes were...

1. Freda Walker, Baby Basket Earrings made by Synthia Figueroa
2. Janet Golio, Necklace by Lena Hurd
3. Kristen Carothers, Porcelain Doll by Glenda Hockaday
4. Walter Spinks, Doll Basket by Debbie McConnell
5. Frank Reece, Creek Willow Duck Basket by Virginia Melendrez of Baja, California/Mexico
6. Clifford McLaughlin, Kachina Doll by John and Jenny Larson
7. Karen Pearson, CD by Basketball Bob Attebery
8. Maymi Preston, Basket Covered Salt & Pepper Shakers by LaVerne Glaze
9. Clarence Hostler, Herb Basket by Dolly Elston
10. Paula McCarthy, Elk Hide Drum by Sam Super
11. Nick Angeloff, Deer Hide Drum by Leon Hillman and Drumstick by Michael Thom
12. Ama Fox, Fish Trap by Josh Saxon-Whitecrane
13. Marissa Calleway, Senica Basket
14. Tera Wilson, Sipnuk Basket by Deanna Marshall
15. Bonnie Alvarez, Trip to Seven Feathers
16. Andrew Difuntorum, Quilt by Renee Stauffer
17. Carol Cameron, Tobacco Basket by Paula McCarthy
18. Helen Smith, Dreamcatcher Gourd by John and Jenny Larson
19. Toz Soto, Bowl Gourd by John and Jenny Larson
20. Toni McLane, Hand-Twisted Dogbane String w/Abalone Pendant by Beth Pendelton
21. Toni Brend, Sipnuk Basket by Verna Reece
22. Gay Baxter, Basket Necklace by Laura Sanders
23. Nancy Bailey, Redwood Acorn Paddle by Brian Colegrove
24. Nell Sakota-Anderson, Hair Sticks by Alexis and Ashley Allgier
25. Nancy Super, Basket Necklace by Jennifer Goodwin
26. Kathy McCovey, PaiPai Basket by Daria Mariscal





Sam Super with Hand Made Elk Hide Drum

Cost Cutting Tips for College Students

From the Education Department

Submitted by: Education Program Coordinator, Jennifer Goodwin



Book It: How to Find Cheaper Textbooks

Your arms strain under a stack of brand new hardcover books while the prices flash on a monitor: chemistry, \$75; American literature, \$95; calculus, \$125. You look at the rest and think, "How am I supposed to pay for this?"

The price of textbooks has risen at twice the rate of inflation over the last 20 years according to the Government Accountability Office. Even used books don't soften the blow. What's a student with a bruised bank account to do?

Net Yourself a Used Textbook

Amazon <http://www.amazon.com/>, Abebooks <http://www.abebooks.com/> and eBay <http://www.ebay.com/> are familiar resources. Other Web sites (like Campusi, <http://www.campusi.com/>) list available titles from many different used book sellers, organized by price. Before you buy online:

- Check the International Standard Book Number (ISBN) to verify you're getting the book you want.
- Factor in shipping time and cost. Don't fall behind because your book got lost in the mail.
- Wait until the end of the semester. Lower demand means more favorable availability and price. Don't know what books will be on the syllabus? Ask your professor.

More websites for low cost books are:

- Textbook Revolution at <http://textbookrevolution.org/>
- Swap Simple at <http://www.swapsimple.com/>

For more information on college cost cutting, go to www.fastweb.com, by Chris Dieh

Congratulations to all of the 2006 GRADUATES!

Hot Weather Safety

The following information is from the Karuk Tribal Health Program and the American Geriatrics Society.



Steven Burns, MD

Hot weather is more likely to cause health problems in older adults than in younger ones. About 200 Americans die of health problems caused by high heat and humidity every year. And most of them are 50 or older.

Thanks to some of the physical changes that happen as we age, older adults can't cool down as well as younger ones. Just as important, older people may not feel hot when the temperature is dangerously high. They are also less likely to feel thirsty, even when they are almost dehydrated, which means that their bodies have lost dangerous amounts of water.

Heart disease, diabetes and some other diseases that are common among older adults can make it even more likely that they'll have problems when it's hot. So can certain drugs, including water pills, allergy and sinus medications, and drugs for depression and nerve problems.

Staying Safe When It's Hot Outside

Temperatures don't have to be that high to cause health problems in older adults --temperatures in the low 90's can be very dangerous for older people. Because older adults may not feel hot, even when it's dangerously warm, they

and the people who care for them should check the temperature often during the summer. When temperatures hit 90 degrees Fahrenheit, caregivers should check on older adults, and older people:

- Should turn on the air conditioner or go where it's air-conditioned - a shopping mall, grocery store, senior center, movie theatre, museum, or library, for example. (Fans aren't enough.)
- Should Not walk long distances, lift heavy objects, or do other strenuous things.
- Should drink lots of water and other clear drinks that don't contain alcohol or caffeine (these can "dry you out"). Remember: If your urine is a light yellow color, you're drinking enough water. If it's darker yellow, you need to drink more.
- Should take cool showers, baths, or sponge baths.
- Should wear lightweight, light-colored, loose-fitting clothing. Clothes made of light-weight cotton are a good choice.
- Should wear hats.
- Should stay out of the sun.



How to Spot and Treat Health Problems Caused by Heat

It's important to recognize when hot weather is making you sick, and to get help. Here's a list of health problems caused by heat, and what you need to know about them:

Dehydration

What it is: A loss of water in your body; this can be deadly.

Warning signs: Weakness, headache, muscle cramps, dizziness, confusion, and passing out.

What to do: Call your doctor or 911. Meanwhile, drink plenty of water and, if possible, "sports drinks" such as Gatorade, which contain important salts called "electrolytes" that your body loses when you're dehydrated.

Heat stroke

What it is: A very dangerous rise in your body temperature; it can be deadly, too.

Warning signs: A body temperature of 103 or higher; red, hot and dry skin; a fast pulse; headache, dizziness, nausea or vomiting, confusion, and passing out.

What to do: Call 911 immediately. Move to a cool, shady place, take off or loosen heavy clothes, drink water or drinks such as Gatorade. If possible, douse yourself with cool water, or use cold, wet compresses to help lower your body temperature.

Heat exhaustion

What it is: Illness caused by too much heat and dehydration

Warning signs: Heavy sweating or no sweating, muscle cramps, tiredness, weakness, paleness, cold or clammy skin, dizziness, headache, nausea or vomiting, and fainting.

What to do: Without delay, move to a cool, shady place, and drink plenty of cool fluids, such as water, or drinks such as Gatorade. If you don't feel better fast, call 911.

Heat syncope

What it is: Fainting caused by high temperatures

Warning signs: Dizziness or fainting.

What to do: Lie down and put your feet up, and drink plenty of water and cool fluids such as Gatorade.



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Summer 2006

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Robert Grant, Sr.,
Member at Large

Alvis Johnson,
Member at Large

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& KTOC Staff*

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Happy Camp*

Change of Address
If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.



Karuk Tribe of California

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Happy Camp, CA 96039-1016

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Karuk Tribe of California



Fall 2006

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Tribal Enrollment Is Currently At 3,475 Enrolled Members

Karuk Tribe's Newest \$900,000 Grant Brings College Educational Opportunities to Local High School Grads and Communities! *Page 8*

Karuk Tribe of California 2006 Election Results!

The Karuk Tribe of California held their annual Tribal election on Tuesday, November 7, 2006 for the positions of Vice Chairman and Treasurer. Both of these positions are for four year terms, ending 2010.

The candidates for the position of Vice Chairman were Incumbent, Leaf Hillman of Orleans, Babbie Peterson of Orleans, Corina Alexander of Yreka, and Robert Super of Yreka. The candidates for the position of Treasurer were Incumbent, Leeon Hillman of Happy Camp, Hermanett Albers of Yreka, and Charron Sonny Davis of Yreka.

Voters cast their ballots either by absentee or at one of the three polling locations located in Yreka, Happy Camp, and Orleans. There were a total of 339 valid ballots counted in the election. The following numbers are the official results pending any disputes that may be filed by a candidate.



*Vice Chairman Elect
Leaf Hillman*



*Treasurer Elect
Leeon Hillman*

Vice Chairman

Leaf Hillman	145
Babbie Peterson	98
Corina Alexander	48
Robert Super	46

Treasurer

Leeon Hillman	152
Hermanett Albers	93
Charron Sonny Davis	90

Robert Hugh Grant, Sr.	2
Governor & Tribal Chairman	2
Happy 60 th Anniversary Bud & Arlene Titus!	3
Happy 51 st Anniversary Pete & Nancy Super	3
Notes from the Secretary	4-6
Introducing Martha Gerace-Schrock, ED, HHS	6
Quarterly Staffing Update	7
KCDC Summer Youth Workers	7
ANA Awards SEDS Grant to KTOC	8
Special Thanks to Suzanne Burcell	9
Grants Department Update	9
Happy Camp and the Karuk Tribe	10
Karuk Language Department Helps Freshman Class	10
William Bright Awarded Honorary Membership	11
DNR Watershed Restoration Program	12
State Allocates 10 Million to Save Fisheries	13
Brazille & Noble Family History Available	13
Karuk Fire Program News	14
DNR Environmental Education Activities	15
Own Your Own Home!	16
Dave Eisenberg - 25 Years With KTOC!	17
Naa Vura Yee Shiip Program Update	18
Carissa Bussard/Waylon Lenk/Tribal Kids Abroad	19
Senior Center News	20
Nikiya Lester/Irene Miranda/Head Start News	21
Bigfoot Jamboree Demonstration Brush Dance	22
Newsletter Article Submission Information	22
Kagan/Nate Davis/Lester Aubrey Bags Elk	23
The Nurses Corner	24
COS Distance Learning Spring Schedule	25
Low Income Assistance Program	26-27
Seeking Relief From Emotional Pain?	27
Reduce Heating Costs	27

Congratulations to the newly elected Council Members!

Robert Hugh Grant, Sr.

Arch Super, Tribal Chairman

We were saddened to hear the passing of our Tribal Council Member, Robert Grant Sr. on August 31, 2006. He had worked his Member at Large Council position up to the last day that he was able to endure his strength. He was proud to be the Tribal leader that his family, friends and relatives voted him to be. The Tribal Council expresses their respect and honor to Robert Grant, Sr.

Robert is the son of the late William Hugh Grant and the late Dorothy May (Albers) Super. He was born in July 1944. He was born and raised in Siskiyou County, his entire life.

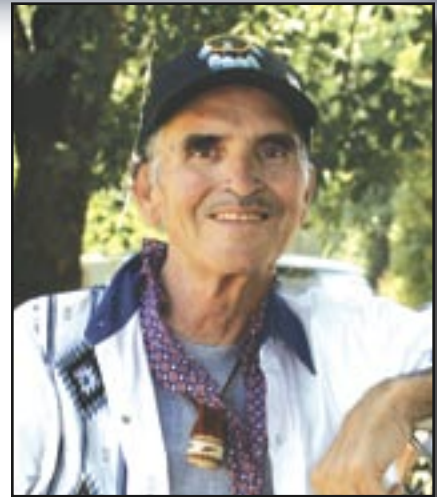
Robert was an avid bowler. He enjoyed very much being part of his children and grandchildren's participation in sports and Tribal/cultural activities. He enjoyed hunting, fishing, and attending cultural ceremonies with his wife and family. He was also a great drum maker.

Robert is survived by his wife Judy (Super) Grant of Yreka; two sons and spouses, Robert Jr. and Linda., Rodney and Michelle; and son Richard, all of Yreka; two daughters, Roxanne of Yreka and Roberta of Medford, Oregon; brothers, Hugh Grant, Albert Oakhurst, Clinton Super and Earl "Sam" Super; in-laws Peter and Nancy Super, Eugene and Lorelei Super, Elberta (Super) and Anthony Jerry, Nellie (Super) and Calvin Laffoon, and Patricia Super. He leaves grandchildren and great grandchildren, numerous nieces and nephews and many cousins and other relatives.

Robert is preceded in death by his parents, his grandparents Hugh William Grant and Mae (George) Grant; and Herman Henry Albers and Grace (Jerry) Albers.

Services were held at Girdner's Funeral Chapel in Yreka. Robert was laid to rest with his mother Dorothy May Super and step-father Earl Super in the Family Fort Jones Indian Cemetery.

We, Arch and Florraine Super, will miss our uncle very much. The Tribal Council sends our deepest condolences to Robert's wife and children. He will always be remembered in our thoughts and hearts.



***Former Council Member
Robert Hugh Grant, Sr.***

Chairman Arch Super Meets With California Governor Arnold Schwarzenegger

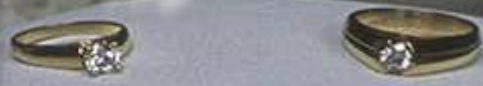


Chairman Arch Super meets with Governor Arnold Schwarzenegger, along with 25 other Tribal leaders to discuss wishes and concerns for gaming compacts. Governor Schwarzenegger seemed to listen and asked questions of the Tribes. Many of the Tribes have similar issues and also many different issues because of location of Tribal lands, reservations and trust land. The Tribes hope to meet with the governor on a regular basis, so that he knows the challenges non-gaming Tribes face.

Paul "Bud" & Arlene Titus

Happy 60th Anniversary!

Page 3



Bud Titus and Arlene (Cook) were married in Medford, Oregon, July 13, 1946. Bud always worked in the timber industry, mostly as a faller. They have had six children, twenty-two grandchildren, over thirty great-grandchildren, and three great-great-grandchildren.



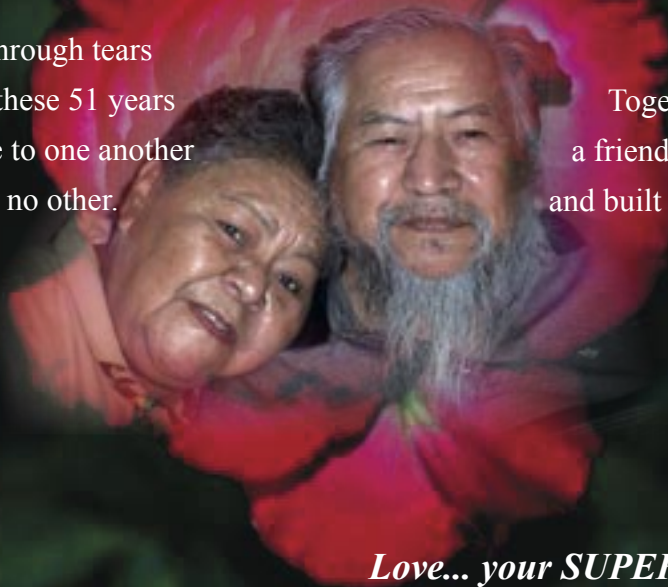
Happy Anniversary!

Pete & Nancy Super

Submitted by Elizabeth Super

Through joy and through tears they've remained these 51 years a precious treasure to one another sharing a love like no other.

Together they have found a friendship, raised a family, and built a beautiful marriage.



Love... your SUPER Family!

Karuk Tribal Newsletter • Fall 2006

Notes from the Secretary:

Florrine Super, Council Secretary

Ayukii, Yootva for taking the time to read my article. I have now served three years as your secretary. How the time has flown by. I hope I have accomplished my goals by reaching the membership and offering communications on what your council, staff, and tribal committees have been doing to serve you and/or other members. I value your input and welcome suggestions on upcoming newsletters, website, events, or tribal programs.

It Takes A Whole Village To Raise A Child -- The Karuk Tribe has been working in partnership with individuals, families, groups and organizations. Our job is to develop and promote community resources that nurture healthy children, healthy families and healthy communities. To do this, we are active in obtaining Title IV-E (which sets forth standards for federal payments for foster care and adoption assistance), Recruiting Foster Families, and Sponsoring Youth Leadership Conferences.

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Indian Child Welfare Committee (ICW):

The Karuk Tribe's ICW Committee Mission is *to preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.*

I wanted to share part of our Children's Code to show we do have a plan and guidelines when we or the county removes a child from their home. Section 1- B of our Children's Code shows the guidelines our ICW workers follow when placing a child.

KARUK TRIBE OF CALIFORNIA - CHILDREN'S CODE

SECTION 1. PURPOSE AND PLACEMENT PREFERENCES

B. Tribal Placement Preferences

In the event a child falling under the Tribal Court's jurisdiction is placed outside the child's home and such placement can secure the best care, guidance, and control for the child, the Tribe hereby establishes the following placement preferences, in the order of preference:

- (1) *A member of the child's extended family, according to tribal laws, customs and traditions.*
- (2) *Another member of the child's Tribe.*
- (3) *Another Indian family.*
- (4) *An institution for children approved by the Tribe or operated by an Indian organization that has a program suitable to meet the child's needs.*
- (5) *A non-Indian foster home located on or near Tribal lands and licensed or approved by the Tribe.*
- (6) *A non-Indian foster home located off Tribal lands and licensed or approved by the Tribe.*

Within each placement preference category, preference shall be given to a placement on or near Tribal lands. The Tribal Court shall apply these placement preferences in all proceedings pursuant to this Code and no deviation from these preferences shall be made without a finding of good cause.

While we try to keep children with their parents, we also try to keep them with family members if possible. If you would like to see our Children's Code you can contact our Court Administrator.

Karuk Tribe Foster Home:

I did some research on the internet and found some useful information. The children who come into your home will present both challenges and opportunities. The challenge is parenting children who have begun their lives under difficult circumstances. But the opportunity is that they are children for whom the love and care of adults can make a huge difference.



Florrine Super



Foster parenting is about changing lives one child at a time. It is about believing and investing in the future. We hope you will consider making that investment.

You can expect many rewards such as: *The chance to help children feel good about themselves, challenging experiences, the chance to learn and use special knowledge and skills, making a difference in a child's life, and the satisfaction in doing a meaningful and exceptional job--protecting children from harm.*



Dispelling some myths:

There are many myths about what it takes to qualify to be a foster parent. The truth is, you can be single or married, you don't have to own your own home, you don't have to make a lot of money, and there is financial and other assistance available for foster care. (http://www1.dshs.wa.gov/ca/foster-parents/be_FosterIntro.asp)

Part of the ICW Committee's responsibility is to start and oversee our own Karuk Tribe Foster Home and oversee foster parents who offer their home to Tribal children.

If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply, you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare at www.karuk.us

Youth Leadership:

We had a successful Second Annual Karuk Youth Leadership conference held on October 14, 2006 in Yreka, California. A full report, including pictures, will be given in our next newsletter!



Daniel Pratt Sr. giving a presentation at the Stop Domestic Violence Against Native Women Conference held in Minnesota

Elections:

As per our Election Committee Ordinance, I had to withdraw myself as the Chair of the Election Committee.

SECTION 5. QUALIFICATIONS OF ELECTION COMMITTEE MEMBERS

C. Election Committee members shall withdraw from any and all functions of their positions during any election in which a conflict of interest exists. Such members shall resume their duties only when there is no longer a conflict of interest. Nepotism shall be considered a conflict of interest and shall include election matters involving a Spouse or Cohabitant, Parents, Siblings, Children, Grandparents, Grandchildren, Fathers-in-Law, Mothers-in-Law, Sons-in-Law, Daughters-in-Law, Step-Parents and Step-Children.

Register to vote today! Go to www.karuk.us for a registration form, or contact your Karuk Election Committee at: PO Box 815, Happy Camp, CA 96039.

Low Income Assistance Program (LIAP):

LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal is to help those who don't qualify for LIAP but are very much in need so the council has obligated some funding to help those who need assistance. It has helped a lot of elders and families with children.

Website: Revisions

Our information technicians have been keeping our website updated on upcoming Tribal activities. We hope you are able to get good information that keeps you informed. If you have any suggestions please contact me.

Head Start: Children are our Future

Our Head Start Classrooms are now open. We have full classes with a waiting list. It looks like we will have another successful year. Here are some hot issues regarding the Head Start Act Reauthorization. Tribes are asking for support on the following issues:

- Support the positions of the National Indian Education Association and the National Indian Head Start Directors Association;
- Increase Indian Head Start funding to 4% of total Head Start funding in real dollars achievable now, not in hypothetical future dollars;

Notes from the Secretary... Continued on Page 6

Introducing the New Executive Director of Health and Human Services

Sara Spence, Human Resources Manager

I am pleased to announce that the Tribal Council has approved hiring Martha Gerace-Schrock as the Executive Director of Health and Human Services. She started on Tuesday, September 5, 2006!

Martha has a broad and dynamic background with a wonderful mix of experience that is an excellent compliment to the Karuk Tribe of California and our programs.

She comes to us from the Tanana Chiefs Conference in Fairbanks, Alaska where she has worked for the past nine years in the roles of Health Director and Quality Management Director. Prior to employment with the Tanana Chiefs Conference she held the position of Chief of Ambulatory Care with Tuba City Indian Medical Center in Tuba City, Arizona for six years.

She holds a Masters of Business Administration (MBA) from Arizona State University, as well an undergraduate degree from the University of Georgia in Health Vocational Education, she is also a Registered Nurse.

Martha has served as Adjunct Faculty with several colleges for seven years and taught classes in Strategic and Tactical Planning, Quality Management Systems, Health Policies and Politics, Fundamental of Supervision, Customer Service, Recent Trends and Advances in Healthcare, Administration and Organization of Health Care Facilities, Health Care Delivery Systems, and Introduction to Personnel.

She has also held positions in the Florida State Medicaid Program for HMO development and as a Nursing Consultant.

She has relocated to the area with her husband Gary; we look forward to a wonderful future for her with the Karuk Tribe!



*Martha Gerace-Schrock,
Executive Director of Health
& Human Services*

Notes from the Secretary... Continued from Page 5

- *Expand and maintain the Tribal Colleges and Universities Head Start Partnership Program;*
- *Support Native language immersion and culture programs;*
- *Require HHS to consult with Tribes and experts on program standards and measures;*
- *Provide greater flexibility to Indian Head Start programs to meet cost sharing requirements;*

I encourage you to write to your congressmen to support the Tribe's request. For more information on these issues contact your Head Start Director.

New Karuk Booster Club: Still in the Development Stage!

We are looking for membership! The council has formed a new committee. We have youth who throughout the year who request money for sporting events. The council has allotted money with the intent that the Booster club will replenish this fund as they receive donations and hold fundraisers. Also, this committee will be responsible for honoring those Tribal Members who have accomplished goals in college and pro sports.

Some Booster Club Goals:

- Help in the recruitment of individuals who share our vision.
- Recognize each individual and value his or her role as a Karuk athlete.
- Empowering young Tribal Members to be champions in life through excellence in sports.
- Organize fundraisers to help pay for tournament entrance fees and sport camps.

Sports build character, instills discipline, provides leadership, enhances self esteem, promotes physical fitness and teaches teamwork... all of which can be used throughout life.

****Proceeds from the cage fights have been allocated to this cause!**

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information.
Florraine Super

Quarterly Staffing Update



*Sara Spence,
Human Resources Manager*

There are currently 151 employees on staff! This report covers mid-July through early October 2006.

Sara Spence Martha Gerace-Schrock was hired into the position of Executive Director of Health and Human Services on 8/28. We are very pleased to have her here and she is proving to be a valuable addition to the staff!

Lisa Schamehorn resigned her position as Sales Shop Clerk at the People's Center Gift Shop on 7/12. Due to not having a full time Director at the Center (we are seeking proposals for this task) we have not rehired the position at this time and are maintaining part time hours at the Gift Shop.

Elizabeth Reidiger resigned her position as Medical Assistant at the Yreka Clinic on 8/4 and Angelina Bailey was hired on 8/15 to fill this vacancy.

Monty Mollier resigned his position as Maintenance Worker on 9/15 and has transferred to the Housing Authority Maintenance Department. Jacob Tripp was hired on 9/25 to fill this vacancy.

Barbara Houle has submitted her resignation from the position of CASA Program Manager effective 10/19 and Cheyenne Davis will be taking her place. Cheyenne previously worked as a Summer Intern in the CASA Program.

Junalynn Ward left her position as Clinic Aide in the Happy Camp Clinic on 8/3 and Susanna Greeno was hired to fill this vacancy on 9/19.

Eileen Tiraterra has been hired as an On Call Courier to fill in as needed for Geraldine Peters doing the lab/clinic mail runs between Orleans, Happy Camp, and Yreka.

Jessica Thom resigned her position as Registered Dental Assistant at the Yreka Clinic on 10/4 and at this time the position will not be re-filled.

We have switched gears in the Yreka Clinic and are recruiting for a second Family Nurse Practitioner at this time. We continue to search for a Clinic Physician for the Yreka Clinic and we are also recruiting for a Registered Nurse/GPRA Coordinator to be hired in the Happy Camp Clinic this December through the HRSA Grant that was awarded. We are offering a signing bonus for the RN position!

For more information on employment with the Tribe, benefits, how to apply, etc. visit our website at www.karuk.us/jobs/

Summer Supplemental Youth Employment & Training Program



*Rosie Bley, Director
Happy Camp Community Computer Center*

Bernard and Bernadette Lowry were two Happy Camp High School students who completed summer work through the Northern California Indian Development Council (NCIDC) Supplemental Youth and Training Program, in partnership with the Karuk Tribe of California. The Supplemental Youth Employment and Training Program (SYP) is a component of the Workforce Investment Act service provided by NCIDC. This program is designed to provide a meaningful work experience for American Indian youth between the ages of 16 and 21.

Bernard Lowry, Jr. worked at the Karuk Community Development Corporation (KCDC) and assisted with data entry, filing, inventory, building maintenance, landscaping, cleaning and repair. He was always there with a smile to assist with other job duties as needed.



Bernard Lowry, Jr.

Bernadette Lowry worked as the Happy Camp Community Computer Center (HCCCC) Youth Technology Assistant. Bernadette learned new technology skills such as cleaning and maintaining internal and external computer components, troubleshooting basic computer issues, installing software, data entry, and how to effectively work with the public. She assisted beginning computer users and visitors as needed with technology and Internet issues. She performed daily maintenance in the center and organized files, books, and software.



Bernadette Lowry enters information into HCCCC database

Now that the program has been completed for the season, the KCDC and the HCCCC wish Bernard and Bernadette well with their studies and thank them for their help. We would also like to thank Joyce Jones of NCIDC and Dion Wood, the Tribe's TERO Director for giving us the opportunity to work with them.



ANA Awards \$900,000 For Karuk Paths To Prosperity

HAPPY CAMP—The Administration for Native Americans (ANA) has awarded \$900,000 to the Karuk Tribe of California for Karuk Paths to Prosperity, a three-year social development project that will enhance educational and employment opportunities in the remote mid-Klamath River communities of Happy Camp (Siskiyou County), Orleans (Humboldt County) as well as Yreka (Siskiyou County). Historically Karuk people have suffered at least two catastrophic disruptions of social and economic systems, including the loss of traditional village subsistence life ways in the late 1800s economies in targeted labor to provide living



Happy Camp Community Computer Center, located on the Happy Camp High School Campus, on the corner of Fourth Avenue and Washington Street

of young adults and their children from Siskiyou County as a whole. Population projections by the State of California suggest that without effective interventions, Siskiyou County's population under 19 years of age will decrease by another 19% by the year 2020, while the population over 50 years of age will increase by 30%. The Karuk



College of Siskiyous Distance Learning Classroom, located on the Happy Camp High School campus adjacent to the Happy Camp Community Computer Center

Tribe noted in its ANA grant application, "We are mindful that without the help of our strong and energetic youthful populations, our growing elderly and disabled populations also are at risk."

With ANA's provision of \$300,000 in each of the next three years, the Karuk Tribe will utilize available computer technology to increase public awareness of the wide array of occupational opportunities that exist within the ancestral territory—and then support individual community members in pursuing essential vocational and professional training through distance learning programs. Through Karuk Paths to Prosperity, the Tribe's Human Resources Department will create a public-access web site that features 100 different jobs ranging from entry-level clerical positions to paraprofessional health, education, family services and natural resources positions, to licensed professional and executive management positions. By converting three community computer centers to distance learning centers—or "virtual college campuses"—the Karuk Tribe will help high school students, unemployed/underemployed community members and Tribal employees to access postsecondary education that previously required relocation outside the ancestral homelands. The new ANA Grant will fund new equipment acquisition, computer center staff, and annual operating expenses. In addition, a new Student Services Coordinator at each distance learning center will provide project participants with career counseling, academic advising, financial aid advising, mentoring and job placement services. Over the next three years, at least 50 Tribal members

and, more recently, the collapse of natural-resource-driven the early 1990s. A 2005 survey revealed that 89% of the force now lives in poverty, despite the Tribe's best efforts wage employment and pursue culturally appropriate, sustainable economic development. Among the underlying causes of poverty is low educational attainment, attributed to both financial and geographic barriers. Karuk Paths to

Prosperity aims to remove the barriers to postsecondary education and create a renewed sense of hope among Karuk people for a future of their own choosing and their own making.

Since Happy Camp's last sawmill closed in 1994, many displaced timberworkers have moved away in search of a better life. A 2005 community survey revealed there is a pervasive belief among remaining residents that our children have to leave this area to find employment because there is no future here. Whether fact or fiction, this perception has resulted in an alarming out-migration

Community Computer Center in Orleans



Panámníik Center in Orleans located on Highway 96, which houses the Community Computer Center

Special Thanks to Suzanne M. Burcell

Rosie Bley

I would like to give a special thank you to my friend and mentor Suzanne Burcell for all the help she has given me and others throughout her career. Personally, the last twelve years of her friendship has changed my life. Whether I needed encouragement, a shoulder to lean on, or business advice, she was there no matter how busy she was. When I followed that advice, I was successful in my endeavors. The scope of the ANA grant was her vision, and she worked hard for the last year and a half to put the necessary pieces in place to make it a project worth funding. She devotes every ounce of her strength to help people help themselves, Native Americans and non-native alike. She is proud to be a member of the Karuk Tribe and I am proud to call her my friend. **Thank you Sue.**

ANA Awards \$900,000... Continued from Page 8

are expected to earn paraprofessional certificates or Associate's Degrees from accredited community colleges, as a result of which 35 (70%) will realize significant gains in employment, such as initial job placement, increased time base or compensation, or promotion.

The Karuk Tribe of California is pleased to acknowledge the following community partners without whose cash and in-kind contributions the Karuk Paths to Prosperity project would not be possible: Siskiyou Union High School District, Happy Camp High School, College of the Siskiyous (interactive videoconferencing facility in Happy Camp), Happy Camp Community Computer Center, Karuk Community Development Corporation, Community Computer Center of Orleans, Orleans Elementary School, Karuk Tribal Housing Authority and Siskiyou County Regional Occupational Program. Key personnel in the Karuk Community Development Corporation and Happy Camp Community Computer Center will participate in an ANA grantees' workshop in mid-November, and the Karuk Paths to Prosperity project is expected to be fully operational by December 2006. For more information, contact Project Director Jim Berry at 530/493-5376, or Project Coordinator Rosie Bley at 530/493-5213.

Grants Department Update

Hester Miller, Grantwriter, Resource Developer

The Grants Office got started on its seasonal cleaning in August when we relocated within the Happy Camp Administration Building. We are now located across the hall from Sara Spence.

We are anxiously awaiting news regarding proposals submitted for a Cultural Center in Orleans and funding for an evaluation study at the Oak Knoll facility east of Happy Camp. This summer we completed the State Indian Health Program renewal application; a FEMA Hazard Mitigation Plan, which will allow the Tribe to receive funding for 2005 winter storm damage and any future disasters; the third year renewal application for our HRSA grant, which supports our Health Program and clinics; the Healthy Vision Community Award; and the Ash Institute Award through Harvard University, which seeks to recognize innovations in government.

Rick Hill is taking the lead on working with Program Directors to develop out-year and long-range planning for departments. Both Rick and Hester look forward to using these plans to: 1) more efficiently schedule grant writing to avoid short deadlines and 2) be more responsive to the needs of the Tribe and Tribal Council's priorities.

Currently, proposals and letters of inquiry are being submitted to secure the remaining funds necessary for the Happy Camp Community Senior Center's kitchen, as well as additional funds to evaluate developing a transitional living facility

at Oak Knoll. We have been assisting DNR and the Land Department with submitting grants, and this fall & winter will be working on grant opportunities for archives, education, and natural resources, among others.



Happy Camp and The Karuk Tribe

Laura Mayton, CFO

The Karuk Tribe and the community of Happy Camp have a long history. The Karuk Tribe has done many good things to help the community over the years, yet many residents of Happy Camp still do not view the Tribe in a positive way. Although I doubt that this article will change anyone's view about the Karuk Tribe, I hope that it will give people a better understanding of the many things that the Karuk Tribe has done for Happy Camp.

- ◇ In 2002, when Happy Camp Health Services was on the verge of closing their doors, the Karuk Tribe assumed operations of the medical clinic in Happy Camp and continued to provide services to all patients. The Tribe helped Happy Camp Health Services by paying their final payroll and by paying them \$2,000 per month to rent the building. Happy Camp Health Services is now financially solvent, and the Karuk Tribe is providing quality health care to the community.
- ◇ The Karuk Tribe has a Senior Nutrition Program which serves all senior citizens regardless of race. Recently the Tribe rented out the multipurpose room, where the Senior Nutrition Program feeds people, to the CDF Fire Crew. During the time the building was rented out, the Senior Nutrition program continued and seniors ate in the People Center. The Tribe collected \$15,000 in rent for use of the building. All of this money will be used to buy new kitchen equipment for the Senior Nutrition Program when it is relocated to the beautifully remodeled former Headway building.
- ◇ The Karuk Community Development Corporation which is owned by the Karuk Tribe has operated the Happy Camp Community Computer Center at the high school for many years. The center serves not only high school students but the entire community. Funding for the center has at times been difficult to find and the Tribe has used discretionary money to help keep it open. Thanks to the hard work of Sue Burcell and Rosie Bley, the Tribe has been awarded a three year ANA grant for \$300,000 per year. A large part of this grant will be used to continue operation of the Happy Camp Community Computer Center.
- ◇ The Tribe operates a Head Start program in Happy Camp which serves both Native American and non Native American children.
- ◇ The Tribe has received several large grants which were passed through to the Happy Camp Community Services District to upgrade the town's water system.
- ◇ The Tribe donated \$10,000 to help the Happy Camp Volunteer Fire Department.

Karuk Language Department Assists High School Freshmen

*Rosie Bley, Regional Occupation Teacher
Happy Camp High School*

Six kids in Ms. Dorrie Ekman-Macdonald's



Phil Albers teaching freshmen students how to understand the names of plants

freshman science class are creating a book of local plants found in our area with the assistance of USFS Biologist Erin Rentz. As a desktop publisher and ROP Teacher, I am assisting with the technology aspect of creating the book. The complete class of thirty took a field trip up Indian Creek and gathered specimens

for the six to photo and document. Included in the plant descriptions are the Karuk names and historic Tribal uses of the plants. Unfortunately some plants were not identified because they were not in the Karuk ancestral territory generations ago. The students contacted Phil Albers, Language Specialist, and were invited to the language office to learn a few different ways on how the Karuk people may have named plants. One way is to have part of the new name include something relating to what kind of animal feeds on it. You might then add something else which refers to the look or feel of that particular plant.

The kids thoroughly enjoyed walking over to the Language Department and will use what they learned to try their hand at identifying some plants, then will give the descriptive names to Phil to see if he understands what they are.

We'd like to give a special thank you to Phil for taking the time to share his knowledge with us.

- ◇ For many years the Tribe has paid Tribal employees who respond to emergencies for the Happy Camp Ambulance during work hours.
- ◇ The Tribe has contributed to many local events including a variety of sports, sober graduation, history day, Thanksgiving and Christmas dinners, and scholarships.
- ◇ The Tribe has contributed to many local organizations including schools, sports organizations, and The Family Resource Center.

The Karuk Tribe has done many things for the community of Happy Camp. My hope is that someday more of the community will appreciate the Tribe's contributions and support the Karuk Tribe in return.

Tribal Council Awards Honorary Tribal Membership to William Bright, uhyanapatánvaanich

Susan Gehr, Karuk Language Program Director

In September, we received word that William 'Bill' Bright had a very advanced and aggressive form of brain cancer. Our thoughts go to Bill and to his family, including his daughter Susie, his granddaughter Aretha, his wife Lise and his stepson Joe.

Bill Bright first came to Karuk country in the spring of 1949 when he was a mere 21 years old. He came to us to conduct fieldwork on our language. He worked with several of our elders. He was homesick, and the grandmothers took kindly to him. In addition to being willing to answer all his questions, they baked him cakes, cookies and pies. Nettie Ruben even bestowed a name on him: uhyanapatánvaanich 'little word-asker.'

He returned in 1950 to continue his work on our language. In 1955, he was awarded a Ph.D. from the University of California, Berkeley. His dissertation was a grammar of the Karuk language. Two years later, in 1957, the University of California's Publications in Linguistics Series, published that work now lovingly known in the Karuk community as "Bill's Book" – The Karok Language.

Throughout the years, he returned many times to our lands, willing to help anyone who asked. He helped Julian Lang with his plays and performances. He helped Terry Supahan, Sarah Supahan and many others with proofreading of hundreds of pages of curricula for Head Start, elementary, high school and community-based classes. He worked with Jim Ferrara on transcribing several collections of John P. Harrington notes.

Fifty-two years after the University of California published Bill's book, the Karuk Tribe began working on The Karuk Dictionary. Bill not only gave his blessing to allow the entire dictionary section of his book to be incorporated into the new dictionary, Bill worked on the project himself for three solid years.

When Bill first came to us, the tape recorder had not yet been invented. When he worked on the recently published Karuk Dictionary with Susan



Left to right: Violet Super, Vina Smith and William Bright

Gehr, they used the internet and remote desktop software to trade drafts of the dictionary database back and forth.

Bill said yes to so many of our calls for help on the documentation and restoration of our language. He did so almost entirely on a voluntary basis. Moreover, he did so with great respect for us. Though we might have called The Karok Language "Bill's Book," he never hoarded the rights to his work on Karuk. Representatives from many tribal language programs told us how fortunate we were to have Bill working on our language. We agree.

On his many visits to Karuk country, he attended many of our ceremonies. He enjoyed visiting with everyone there. Our fluent speakers loved to talk with Bill. They said that he spoke like a real Karuk elder from long ago.

Many universities and membership organizations issue honorary degrees or honorary memberships to someone who has made outstanding lifetime contributions to their society who might not otherwise qualify as a member. Bill has generously shared his time, his energy, his knowledge and his good nature with us for over fifty-seven years. For these reasons, the Tribal Council bestowed upon him the first honorary membership in our Tribe.

When he heard that we had made him a member, he was thrilled. It meant a lot to him. Word of his membership reached him just in time, as on October 15, he passed away at a hospice near his home in Boulder.

THE SWEEP PROGRAM NEEDS YOUR HELP!!!!

We are accepting equipment donations for the SWEEP program. Some of the SWEEP participants work in yard maintenance for elderly, disabled or for people who cannot supply these items to clean their yards. Due to budget restraints were unable to provide these items to the participants. Any donations are appreciated. You can bring the items to the Karuk Tribal Administration Office or call 1-800-505-2785 ext 2030 (Dion) or 2025 (Lisa) or 2045 (Colleen) Here are some examples of what is needed: Weed Eaters, Shovels, Lawn Mowers, Pruning Shears, Pruning Saw, Hand Clippers, Ladders, Rakes.

Karuk Tribe Department of Natural Resources

Watershed Restoration Program

The Karuk people have a vested interest in restoring ecological and economic vitality to our Ancestral Territory. The Klamath and Six Rivers National Forests are within Karuk Ancestral Territory. Past management decisions effect water quality, forests, fisheries, and cultural sites important to the Tribe. Our fish species are culturally valuable, and the restoration of riparian, aquatic, and upslope habitat is crucial for their survival.

In 1999, the Karuk Tribe Department of Natural Resources created the Watershed Restoration Program. This Program began as collaboration between the Tribe and Klamath and Six Rivers National Forests. The strategy of the watershed division is to systematically implement prioritized watershed restoration action plans in partnership with the National Forests while providing living wage jobs to Tribal members.

The Karuk Tribe of California is dedicated to the long term restoration of natural, cultural resources and the resulting improvement of the long-term economy of the region. In 1999 Karuk Tribal census data showed 87

partnership with Federal and State agencies, as a means of supporting economic and environmental renewal of this region. Building partnerships has been the vehicle to increase our capacity to play an integral role in ecosystem management and economic revitalization within Ancestral Territory



Before

The Karuk Watershed Program was primarily designed to address persistent and catastrophic road caused erosion and subsequent deposition of sediment into fish bearing streams. Sedimentation is one of the major threats to the spawning habitat of fish species. Road decommissioning projects have high potential to restore and protect the Klamath River watershed through on-the-ground improvements and a substantial reduction in sediment loads.

The mission of the Karuk Department of Natural Resources is to protect, promote, and preserve the cultural/natural resources and ecological processes upon which the Karuk People depend. As a byproduct of our mission, improved watersheds and fisheries are seen as a significant component for rebuilding the economy of the region.



During

percent of our members as unemployed or living under the national poverty level.

In contrast, the Karuk Watershed Restoration Program pays all of the restoration team members a living wage when compared to national standards. Team members are trained in heavy equipment operation and other natural ecosystem restoration techniques including erosion control and the importance of planting native species. This training provides valuable skills which prepare them for other employment opportunities.

To fulfill the goals of restoration and economic sustainability, the Karuk Tribe has established an effective



After Road Stream Crossing Excavation

The Karuk Tribe Department of Natural Resources

Fisheries Program

State Allocates \$10 Million to Help Save Our Fisheries

The Upper Mid Klamath region of the Klamath River currently plays a crucial role in the health of our fishery. Currently, inputs of water to the Klamath mainstem in this region are suffering from excessive temperatures and other elevated measures of water quality including pH and ammonium. This has led to annual juvenile fish kills of outmigrating smolt from Iron Gate Hatchery, Bogus Creek, Shasta River, Scott River and other tributaries. Bringing this section of river back to a healthy condition is dependent upon current efforts in the tributaries of the Upper Mid Klamath, as well as the Scott and Shasta Subbasins to decrease agricultural impacts, and on the fate of the four Klamath River dams that currently block fish passage to the Upper Klamath Basin, breed fish diseases, and alter historic flows.



High valasity culvert barrier blocking fish passage to four miles of habitat on Fort Goff Creek

Even if dam decommissioning becomes a reality, it will be years before the first dams are removed. To this end, the State of California has allocated \$10 million to fund projects primarily in the Scott and Shasta watersheds that will result in imitate benefits to the

fishery. The Klamath River Restoration Grant Program will prioritize instream barrier removal, fish passage improvement, water quality improvement, fish screening, flow improvement, and water conservation projects.

The Karuk Tribe Department of Natural Resources is currently working on two projects for submission to this grant program. The Mid Klamath Fish Passage and Rearing Enhancement Project will enlist specialized engineers to create project-ready designs for five prioritized sites in the Middle Klamath subbasin. These projects include replacing a culvert barrier, with a bridge on Fort Goff Creek, creating a fishway around a permanent barrier on Rock Creek and open up nearly 10 miles of fish habitat, enhancing refugia at the mouths of Tom Martin and O'Neil Creeks for oversummering juvenile salmonids, and improving adult and juvenile fish passage at the mouth of Ti Creek.

The Klamath River Tributary Fish Passage Improvement Project aims to improve juvenile and adult fish passage at creek mouths affected by fish passage issues at creek mouths. These tributaries are directly associated with the mainstem Klamath, Salmon, and lower Scott River. This project would implement manual modifications of these barriers to allow for fish passage during low flow periods. These modifications will be implemented by community volunteers under the guidance of Karuk Tribal Fishery Biologists.

The Department of Natural Resources is dedicated to working on projects that improve fish runs in the Klamath River and its tributaries. If you would like to participate in next year's creek mouth enhancement efforts, or if you have any questions, please contact the Karuk Fisheries Program at 530-627-3116.

Brazille & Noble Family History Available

Vickie Minden, Shasta Lake City, CA

For those who are related to the Brazilles and Nobles, I would like to inform you of a book which mentions and has photos of the history of both families. It is called *Nellie E. Ladd-Mining Camp – Photographer of the Trinity Alps 1859-1922*, by Valerie Budig-Markin. It has a wealth of information of the Brazille and Noble families. You can purchase this book on Main Street in Weaverville, California, across from the Courthouse, or from NatureGraph Publishers in Happy Camp, who published the book. You can also order it online from Naturegraph Publishers by going to www.naturegraph.com. You will enjoy the photos of both families and the rich history as described in this book.



Karuk Fire Program News

Molli White, DNR Fisheries Manager

The Karuk Tribe Fire Program and the Karuk Department of Natural Resources would like to thank the 2006 Karuk 1 Fire Crew and the Karuk Cultural Advisors for their commitment to preserving and protecting Tribal interests within the Karuk Ancestral Territory.

The Karuk 1 (K1) handcrew operates as a 20 person Bureau of Indian Affairs (BIA) sponsored wildland fire crew. This year was marked by valuable individual development as well as professional growth within the crew as a whole. K1 worked the entire wildland fire season nearly non-stop, earning top evaluations on each assignment.

Karuk 1 began the season on a short assignment to the Grease fire in Plumas National Forest. Shortly after their return the crew was called out on the South Fork Fire on Indian Creek near Happy Camp. Suppression efforts were successful and Karuk 1 was dispatched to the Goff Fire, also near Happy Camp. These fires would later become part of the Happy Camp Complex. A complex is a series of fires that either join or are adjacent to each other. Currently, the Happy Camp Complex is 95% contained and has burnt over 6,160 acres. The crew of Karuk 1 received exemplary evaluations on each portion of the Happy Camp Complex. One crew rating stated, "The Karuk 1 crew worked in a very safe and effective manner. Their attitude was outstanding..."

After completing their work on the Happy Camp Complex, K1 was dispatched to the Orleans Complex. Again, their work habits and aggressive approach to firefighting earned them an excellent evaluation with the Incident Commander thanking them explicitly for their hard work and easy-going attitudes. The Orleans Complex is also 95% contained and has to date influenced over 15,700 acres of forest.

Karuk Cultural Advisors work with, monitor and advise on inter-agency suppression activities in Karuk Ancestral Territory. This year we trained and mobilized over seven advisors on the three major complexes within Karuk Ancestral Territory. These individuals are qualified to recognize and identify culturally significant areas, thereby reducing the incidence of negative impacts to important archeological sites and Tribally sensitive resources. The Karuk Fire Program leads the advance in protecting, promoting and enhancing cultural and natural resources through the use of Advisors.

Overseeing all aspects of Karuk Tribe and US Forest Service interactions are the Tribal Representatives. This is a very select group whose responsibility it is to maintain government to government communications, train Cultural Advisors and ensure the protection of the Tribe's interests.

In addition to the handcrew and Cultural Advisors, the Fire Program has also mobilized a newly acquired 12 inch mechanical chipper and four person operator crew. This crew and chipper are utilized to reduce the volume of cut and piled fuels left by fire suppression activities. This is important as it reduces the chances of future catastrophic wildfire events.

Finally, we would like to reiterate our appreciation of Tamara Barnett for the time and effort expended in the administration of the fire program reimbursement process. Also invaluable to the program is the staff at KCDC, who tirelessly attempt to ease processing of firecrew supplies and payroll.

Karuk 1 offers entry level and experienced positions to Tribal members over the age of 18. If you are interested in applying for employment with the 2007 crew of Karuk 1, please contact Harold Tripp or Molli White at (530) 627-3446 x3010. We look forward to the expansion of the Karuk Tribe Department of Natural Resources Fire Program and welcome your involvement.



Top Row, From Left: Rafey Logan, Josh Rose, Tuffy Tims, Brian Padilla, Wayne Rose, Harold Tripp, Nikolas Super, Brett Rhodes, Shane Spence, Vyron Frank, Barry Hockaday, Terry Davis- Bottom Row, From Left: James Courts, Johnny Erickson, Jetty Thom, Fred Trimble, Neimiah Jerry, Taylor Super, Kenji Okazaki- Not Present: Laurence Williams, Jordan Aubrey, Gabriel Montgomery, Leland Donahue, John Lollich

The crew of Karuk 1 would like to thank Harold Tripp, Firecrew Coordinator, for his never-ending commitment to the success of our firecrew. All of us thank you for the opportunities, training and employment offered to us by Karuk 1.

Karuk Tribe Department of Natural Resources

Environmental Education Program

Salmon Survey Training

Jeanette Quinn, Environmental Educational Coordinator

On October 6, 2006 twenty-six students from Forks of Salmon Elementary, Junction Elementary and Orleans Elementary Schools attended the Fall Salmon Spawning Survey Training at Oak Bottom Campground on the Salmon River Road near Somes Bar. The event was coordinated and hosted by the Salmon River Restoration Council (SRRC). During the morning session,

station leaders from the US Forest Service, Mid Klamath Watershed Council, CA Department of Fish and Game (DFG), and SRRC taught students how to identify fish they might see during the surveys, collect data and mark redds (where fish lay their eggs), process fish carcasses, read a survey map, and be safe during the surveys. In the afternoon students hiked down to the Salmon River for the Carcass Chopping Contest. Representatives from the participating agencies and schools competed in chopping a fish carcass in



Monique Gurule, Orleans Elementary School, practices tagging a fish carcass.

half with a machete. Contestant performances were judged by the audience "applause-o-meter." Next, students put on neoprene waders and felt-bottomed boots to practice White Water Safety. Nat Pennington and Shannon Flaugherty, SRRC, showed students how to cross a stream and maneuver in and around the water safely while doing surveys.

Steve Robinson, US Forest Service, discussed safety issues with students and reviewed with them what they had learned throughout the day.

The Fall Salmon Spawning Survey Training is an extremely important annual event. Students who attend are eligible to participate in surveying for Fall Chinook Salmon on local streams, where they collect real data for the DFG. In addition to collecting data during the surveys, students learn about fish life cycles and anatomy, habitat requirements, and water quality issues.

2007 Environmental Education Projects

In addition to the Fall Salmon Surveys, the Environmental Education Program will include Native Forest Plants/Ethnobotany Studies/Noxious Weed Awareness during the 2006-2007 year. Noxious Weed Awareness is a new component of the Environmental Education Program and is being included because of the proliferation of non-native plants such as scotch broom and star thistle, which crowd out native plants in the area.



Shannon Flaugherty (standing, right), SRRC Education Coordinator, shows Forks of Salmon and Junction Elementary students Halley Souza, Cheyenne Barstow (front left and right), Majestah West, Rony Reed and Daniel Hacking (back left to right) how to read a topographical map at the Salmon Survey Training.

If you would like more information about the Department of Natural Resources' Environmental Education Program, please contact Jeanette Quinn, Environmental Education Coordinator, 530-627-3446 or jquinn@karuk.us.

All photos courtesy Jeanette Quinn



Shirley Preston, Indian Education Site Representative (Title IX) at Orleans Elementary School, chops a fish carcass during the Carcass Chopping Contest. Recaptured, tagged carcasses are chopped to prevent counting the same fish more than once during surveys.



Karuk Tribe Housing Authority

Do You Want To Own Your Own Home?

By Eddie Davenport, Loan Officer

The KTHA loan program is for those Native Americans who make less than 80% of the median income as determined by HUD. The guidelines are based on the number of persons in the family and the total income of those persons. The "Head of Household" must be a Tribal member.



Here are the guidelines according to HUD:

Number of People in the Household	Annual Adjusted Gross Income (80% of Median income – 2006)
1	\$33,400.00
2	\$38,150.00
3	\$42,900.00
4	\$47,700.00
5	\$51,500.00
6	\$55,300.00
7	\$59,100.00
8	\$62,950.00

There are some basic qualifying guidelines to determine how much of a house you can buy if your income falls below the amounts listed above. A reasonable income guideline is that the amount that is paid for the home loan, including property tax and hazard insurance, should not exceed one-third, or 33%, of the gross monthly income of the borrower. Therefore if you make \$3,000 per month, your mortgage payment should not exceed \$1,000 per month.

Without other debts, then, using the annual incomes in the table above, the maximum loans available to those at 80% of the median income would look like this:

Number of People in the Household	Maximum Loan Amount based on no other debts and good credit.
1	\$137,700
2	\$157,300
3	\$177,000
4	\$196,600
5	\$212,000
6	\$228,000
7	\$243,700
8	\$259,600

If you have had thoughts about buying a property in Siskiyou or Humboldt Counties (the Karuk Tribe service area), now might be a good time to fill out an application and let us see how you might qualify. KTHA will loan 100% of the purchase price, so if you find a property that fits, we can help you own it! The program has other guidelines as well (such as first-time home buyers purchasing for their own personal residence), so give me a call and I'll send you the application and the guidelines for the Home Loan Program.

Eddie Davenport
Loan Officer
(530) 493-5434 ext. 105



David Eisenberg - A Celebration of 25 Years With the Karuk Tribe!



David, Joseph and Ben - 1983

a nurse practitioner, and the Tribal Health office in Happy Camp was located across the street from Larry's (now Parry's) Market.

In 1980, David came to Happy Camp when his wife Pat got a job as the nurse for the Happy Camp Clinic. David worked



*David's first job as a nurse
Samuel Merritt Hospital - 1979*

as a substitute teacher for the elementary and high school, and later as a nurse at Rogue Valley Memorial Hospital every other weekend. In May of 1981, David got a job as a firefighter on Engine 305 for the Happy Camp USFS. In September, the Karuk Tribe advertised for a Public Health Nurse. "I was still working for the fire crew and asked my boss if I could go to the interview" David recalls. "He said sure, just take your radio in case we have a fire. I was in the middle of the interview when the fire tone went off. I told them I was the right person for the job, but I had to leave. I jumped into my truck, we went to a fire, stayed on the fire line all night, and when I got back in the morning, Pat told me they had offered me the job. I went to a conference a few days later with a terrific case of poison oak, and have been with the Tribe ever since."

The first outreach staff consisted of Mildred Donahue in Orleans, Carol Purcell at Forks of Salmon, Linda Reynolds in Yreka and Lessie Aubrey in Happy Camp, who was also the CHR supervisor. One of the first home visits David made was to Daisy Jacobs who was living at Ferry Point. David has worked for eight health directors (Bill Smith, Aaron Peters, Greg Gehr, Suzanne Burcell, Alan Burgess, Wes Valentine, Larry Jordan and Martha Schrock.)

David and his wife Pat have two sons, who attended Seiad Elementary and then Happy Camp High School. Joseph attended UC Berkeley is now married and starting his third year of Medical School at UC San Diego. Ben graduated from UC Santa Cruz last June, got married the next day, and they had their first child on April 8, 2006.

In these past twenty-five years, David has seen the Tribe grow and expand. He feels it has been an honor to be able to serve the Tribe and the Happy Camp community. When asked about future plans David replied "I don't think I'll make it to the second twenty-five years, but the first go-round sure has been fun!"

Left: David receiving award from Leaf for being voted as one of the Most Fun People To Work With in 2004

Right: David & wife Pat performing a scene from Fiddler on the Roof in 2003



*Capping Ceremony
UC San Francisco 1978*



David Eisenberg - October 2006

Naa Vura Yee Shiip Program Update

Corina Alexander, Naa Vura Yee Shiip Program Director

Naa Vura Yee Shiip program is funded through Office of Emergency Services. The Program provides culturally sensitive therapeutic services to children between the ages 3-17.

Naa Vura Yee Shiip Program has completed its forty-hour training for Volunteers/Cultural Practitioners. It was held two weekends and the volunteers learned a lot about the following subjects: Crisis Intervention/Safety Issues, Substance Abuse, Domestic Violence, Child Abduction, Victim Witness Compensation, Psychotherapeutic Treatment, Tribal Court, State Court, Indian Child Welfare Act, Cultural Awareness, Yreka and Happy Camp Resources Centers, and Tribal Government.

We would like to thank the following people for their presentations to educate our new volunteers so they can work with our Tribal children in supervision and cultural projects to promote healing in traditional ways.

David Eisenberg, *Public Health Nurse of the Karuk Tribe of California*

Tanya Busby, *Substance Abuse Counselor of Karuk Tribe of California*

Robert Super, *ICW Case Worker, of KTOC*

Robert Dunn, *District Attorney Chief Investigator for County of Siskiyou*

Coleen Chiles, *Victim Services Coordinator for County of Siskiyou*

Carla Charraga, *Legal Service Coordinator for Domestic Violence Center*

Mike Edwards, *Social Worker III, of Karuk Tribe of California*

Barbara Norman, *Attorney at Law, of KTOC*

April Attebury, *Court Administrator/Mediator of KTOC*

Joe Snapp, *B.S. CSAC III, Substance Abuse Program Director of KTOC*

Tammie Pipkin, *T.E.I., Parent Volunteer Coordinator of Healtherapy, Inc.*

Pat Hobbs, *FRS Supervisor of Healtherapy Inc.*

Michelle Gorman, *Executive Director of Family Resource Center Yreka*

Nadine McElyea, *Family Services Coordinator of Family Resource Center*

Sara Spence, *Human Resources Manager of the Karuk Tribe*

Phil Albers Jr., *Cultural Practitioner*

Hermanett Albers, *Cultural Therapist, KCDC*

Arch Super, *Chairman of the Karuk Tribe of California*

Because of these people, our Tribal children will be able to receive one-on-one treatment when needed and support during group projects.



Mike Edwards, Social Worker III, making his presentation



Santana Grant getting fingerprinted by Sara Spence



Tamara Alexander and Phil Albers, Jr. relaxing after 40 hour training.

State Indian Health Program Review

Representatives from the State Indian Health Program, Sacramento, visited the Karuk Tribal Health Program on October 11 and 12, 2006 to perform a program review.



Karen Tracy, RN, MSN

Karen Tracy, RN, MSN, performed her review at the Yreka Clinic, and reviewed policies and procedures, meeting minutes, performance improvement data and observation of the staff at work. Her part of the review involved the medical and dental departments, and the community services program.

Andrea Zubiate visited the Administration Office to perform reviews regarding the Board of Directors (Council), and administrative policy and procedures. She reviewed board minutes, Accreditation Continuous Quality Improvement minutes, and medical meeting minutes, as well as policies, and procedures, accomplishments, performance improvement activity in every department, and personnel and credential files. In addition, she reviewed staff and board trainings.

The State Indian Health Program found our material to be in good order, and thanked us for our hard preparatory work, which Andrea said made her work much easier.



Carissa Ann Bussard Attends UC Berkeley

Submitted by Rana Bussard

Karuk Tribal Descendent, Carissa Ann Bussard, recently completed her six week mark at UC Berkeley. Carissa graduated from Yreka High School in June 2006 with top honors including being co-valedictorian of her class. She is currently studying English, Mathematics, and Astronomy. Although Carissa hasn't declared a major, she is leaning toward the field of Education. Carissa is the great-granddaughter of Minnie Hockaday. Carissa's parents (Steve and Rana Bussard), family, and friends wish her the best of luck in her future at UC Berkeley.

Waylon Lenk Studies in Germany

Submitted by Marty Lenk

Waylon Lenk, a Tribal descendant from the Emma Pearch and Elsie Young families of Orleans, is now attending the University of Munich in Germany.

He has been a student at Lewis & Clark College in Portland for the past two years and as part of the Studies Abroad program will be in Germany until next July. He is double majoring in Theater Arts and German Studies.

When not in school, Waylon's home is in Ashland Oregon, with his parents Marty & Karen Lenk. While he may be a world away, part of his heart is always on the Klamath River. If friends would like to contact him, his email address is wcl@karuk.net. Or mail (it costs more than a regular letter) him at:

Waylon Lenk
Willi-Grafstrasse 7/158
80805 Muenchen
Germany



"TRIBAL KIDS TRAVEL ABROAD"

Submitted by Sandi Tripp



This summer, Phil Tripp and Starla Davis traveled with a group of Happy Camp teens to Germany, Italy, France, Monaco and Switzerland.

Photo from left to right: Phillip Tripp, Sandi Tripp, Linda Davis and Starla Davis



Babbie Peterson & Toni McLane moving donated copy machine to the Senior Center.

donations, free use of buildings and utilities are considered cash match - as well as money donations. Our programs are always thankful for donations to help us continue to provide great services to the communities in our service area.

We would like to thank Parry's Market for their donation of \$1,000 to the KTOC Senior Center Program; Linda Ost, R.D. from Dunsmuir, CA, for volunteering her time at our Karuk Tribal Reunion at the Health Fair; and Carol Jones from Mountain Caregiver Resource Center in Montague, CA for volunteering her time at the Health Fair. Linda Ost works with Head Start and the senior centers to approve menus and provide nutrition education. Carol Jones works with caregivers in Happy Camp and offers support groups once a month in Happy Camp. We would like to thank the TERO Department for our banner that we can use at health fairs and for the chest freezer as a backup to the small freezer we have now. We can now limit our trips for frozen vegetables! Thank you!

We would like to thank the CHR Department for attending the Senior Health Fair in Yreka and the Caregiver Support Fair in Willow Creek - Kristen King did blood Pressure monitoring and glucose testing - Also the Dental Department was so generous to provide wonderful handouts of tooth paste, tooth brushes, floss, and denture kits - plus educational handouts - Thank you Vickie



Kristen King, Community Health Rep. (CHR)- doing blood pressure and glucose checks at the Senior Health Fair in Yreka



Senior Center News

Babbie Peterson, Senior Center Supervisor

High School Graduate Connie Bond Gives Lap Blankets to Karuk Tribe Senior Center Program Elders



Connie Bond made lap blankets for local seniors as her senior project. She gave them to the Karuk Tribe of California's Senior Center Program to give out at the Orleans' site. All Seniors who come to lunch and all home bound seniors who are delivered lunches received one of these beautiful quilts as a gift from Connie. Connie was a participant in the Ford Family Foundation Leadership Program in Happy Camp and also received a Ford Family Foundation Scholarship. She is now attending college in Chico.

JoAnne Rosenbach, senior center cook - hands out quilts to seniors as they come to Panamnik Center to enjoy a great mid-day meal!



Ester Cervantes showing the elders the different colors and designs that Connie sent to us.

JoAnne Rosenbach and Ester Cervantes, cooks assistant from the Humboldt County Cal Works Program - hand out quilts to seniors just as fall starts cooling our weather - they now have warm lap blankets!

Nikiya Nayeli Lester



Born: September 17, 2006

Weight: 7lbs. 8oz.

Length: 8 1/2in

Parents: Rick and Amiee
Lester of Eureka, CA

Proud Grandparents:
Antone and Deborah Aubrey
of Happy Camp.

Happy 4th Birthday to Karuk Happy Camp Head
Start Student Mekhia Gabriel on November 14!

Happy 45th Birthday to Grandpa Antone Aubrey!
(Grandfather to both Mekhia and Nikiya mentioned above)

Happy 20th Birthday



Irene Miranda!

And congratulations on
your new addition to the
Miranda family and the
Karuk Tribe!

*Love you always,
Mom, Billy, Marcus, Maria,
and Devon.*

Head Start News

Toni McLane, Head Start Program Director

We are off to a "head start" this year in our Head Start Centers. We are having a good year with enrollment numbers. Currently we have full classes with twenty children in Happy Camp, and a need for children to be put on a waiting list. In Yreka we have twenty children in the morning class and twenty children in the afternoon class. The Yreka Center has a waiting list of seven children. We are always happy to take more applications for three and four-year old children. Please contact us should you know of any three or four-year old children who could use some social and child development activities and would like to make new friends. We are very pleased that our centers have a reputable standing in the Happy Camp and Yreka areas. These communities have responded well to our Head Start Program with the curriculum, language, literacy, Karuk language & culture, kindergarten readiness, special needs services, parent involvement, safety, hygiene, and health practices we implement. Stop and visit our centers. We appreciate visitors and volunteers. The Yreka Center has a little touch of garden. Nena Creasy has given the outdoors a lift with some beautiful plants. Thanks Nena. Thanks to Yreka Parent Nick Alexander for filling the Yreka sandbox and Javier Lopez for filling the Happy Camp sandbox. Thanks to all the Head Start staff for making our school year a success.

Head Start Staff Update

Toni McLane, Director

Sylvia Parry, Program Services Coordinator

Donna Goodwin Sanchez, Health & Education Coordinator

Linda Davis, Happy Camp Teacher/Center Supervisor

Javier Lopez, Happy Camp Teacher Assistant

Nell Sakota Anderson, Happy Camp Cook

Linda Thompson, Happy Camp Bus Driver

Cathy Scott, Yreka AM Teacher/Center Supervisor

Marlene Rodriguez, AM Teacher Assistant

Maria (Nena) Creasy, PM Teacher

Tara Quinn, PM Teacher Assistant

Betty Robinson, Cook

Justine Jerry, Cook Assistant, Bus Monitor

Rana Bussard, Bus Driver

The Happy Camp Center has the privilege of having a staff member with decorating talent. Linda Thompson takes time at the beginning of each month to place a theme in the foyer glass cases. The children, families and staff enjoy the scenes each month. Thank You Linda.



Bigfoot Jamboree Parade - Demonstration Brush Dance

Sunday, September 3, 2006

Submitted by Dorcas Harrison



Karuk dancers provide a demonstration Brush Dance at the Bigfoot Jamboree Parade held annually on Labor Day Weekend. Every year, local Tribal Members & descendants decorate a flatbed trailer with local plants and foliage to demonstrate the Brush Dance for parade watchers.



Deborah Aubrey would like to give a special mention to her husband Antone R. Aubrey, Jr., who worked hard in the hot sun, weed wacking & making sure there was no litter along Highway 96 and Second Avenue so it looked nice for the Big foot Jamboree and parade.

Thank you Antone!

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, **January 15** for the winter issue, and April 15 for the spring issue. These dates will be the same every year



Happy Second Birthday Kagen

Mommy Loves You!

Jeanie Super



Local Athlete Attends Basketball Camp

Submitted by Linda Davis

Nate Davis Attended the NBC Camp for Basketball over the 2006 summer at Simpson College in Redding, CA.

This was a complete skills basketball training camp and one of the most popular camps. They have been hosting training camps since 1971. Over 50,000 athletes have attended for the last three years. The coaches emphasize solid fundamental basketball skills taught using the latest cutting edge techniques, such as the following:



Nate Davis

- Ball handling
- attack move off the drive
- attack moves from triple threat
- attack moves from the post
- shooting with confidence
- defensive keys to domination
- precision passing
- mental toughness and intensity
- getting open
- court movement and spacing
- rebounding secrets
- team offense and defense
- teamwork

Karuk Tribal Member Bags Elk

Submitted by Lessie Aubrey & Carrie Davis

Each year hunters in Siskiyou County must purchase a chance to be drawn for an Elk tag, but for one Tribal member his chance became a reality. After waiting to be drawn for over twelve years, Lester Aubrey of Happy Camp finally received his tag this year, and downed his Elk three days before the season ended.

Lester was quite surprised at the size of his Elk saying "one man couldn't even move one leg by himself". In fact it took the help of Keith Aubrey, Earl (Scrub) Aubrey, Davey Davis, TJ Day, Dwayne Myers, and two of his sons, Allan and Sequoi, to help cut it up and pack it out, which took over six hours.

We're not sure of the total weight, but just the meat alone weighed 586 pounds. The antlers had six points on one side and seven on the other side. Lester was quite thrilled with his accomplishment.

We are very proud of you too, Lester.



Pictured: Lester Aubrey and his elk

The Nurse's Corner

Methcillin Resistant Staph Aureus Spreads in Siskiyou County!

Judy Blind, FNP

MRSA is spreading rapidly in Siskiyou County, in the United States and throughout the world.

It is serious, It is dangerous. And we need to protect ourselves and our families. MRSA stands for "methcillin resistant staph aureus." Translated that means it is a dangerous form of a bacterium (Staph Aureus). It can be dangerous because it spreads very easily – just from skin to skin contact, and more easily from contact with wounds, mucous, blood and from contaminated surfaces (like floors, sinks, counters or towels).

It is also dangerous because the Staph Aureus Bacterim is becoming more and more "resistant" to our antibiotics and many no longer kill it. Fortunately we still have antibiotics that eliminate MRSA most of the time, but not all of the time. Even worse, some people who are exposed never get sick, but they become carriers; that is, they can spread it to others around them. It can be difficult for someone who is a MRSA carrier to get rid of the infection, even when they use multiple antibiotics.



MRSA sore



MRSA infection on back

What does a MRSA infection look like? Often it starts out looking like a pimple or boil which gets larger over a week or so. At this point antibiotic treatment generally cures it. Sometimes antibiotics do not work and the MRSA infection becomes so severe that it spreads throughout the whole body. This can be life threatening. Deaths from MRSA are increasing every year. Those at special risk are the very young, the very old and people who are ill or under emotional and or physical stress.

Even healthy athletes can be at increased risk – especially in contact sports, where there is skin to skin contact (football, wrestling, basketball, hockey) and the risk is higher in sports where there are wounds or injuries which result in bleeding, sweat and mucus secretion (like boxing, cage fighting and martial arts).

In our Karuk clinics we have seen dozens of MRSA cases in the last year. And in some cases it has spread to other family members, even when there has not been any obvious wounds or injuries.

What can we do to protect ourselves? Sometimes we don't realize the power of simple actions.

Avoid contact with the open wounds of another person. Take a shower and wear clean clothes every day. If someone is being treated for MRSA, don't share toothbrushes, towels or other objects that come in contact with their skin until their wound is healed. And most importantly, wash your hands!

Wash before preparing food, before eating, and after using the restroom. Use plenty of soap and water and scrub your hands well. Be very careful to avoid touching any surfaces, towels or anything else that may be contaminated with blood, mucous or drainage from wounds. If you do – Wash your hands!

MRSA is an important issue and by working together with your health provider we can keep it under control.



MRSA infection on leg

College of the Siskiyous

DISTANCE LEARNING

Call (888) 397-4339 or <http://www.siskiyous.edu>

College Videoconferencing Classes are now available at
Happy Camp High School with access through the
Happy Camp Community Computer Center

Spring 2007 Distance Learning

Happy Camp

Take classes online or from one of our regional
videoconferencing locations.

Happy Camp



Videoconferencing:



*Etna High School / Happy Camp HS (at the Community Computer Center) / Tulelake High School
Yreka Campus / Weed Campus (classes offered to individual sites as enrollment allows)*

ECE 3	Child Guidance & Management	TTh	3:00P - 4:15P
ECE 6	Child Development	T	6:00P - 9:00P
ECE 14	Materials and Curriculum	W	6:00P - 9:00P
ECE 24	ECE Practicum	M	4:00P - 6:00P
ECE 33	Marriage and Family	Th	6:00P - 9:00P
ENGL 1C	Adv. Comp./Critical Thinking	MWF	10:00A - 10:50A
ENGL 1C	Adv. Comp./Critical Thinking (except Yreka)	M	6:00P - 9:00P
ENGL 44B	American Literature II	MWF	9:00A - 9:50A
ETHN 1	Ethnic Studies	MWF	8:00A - 8:50A
FCS 11	Nutrition	W	2:00P - 5:00P
FR 1	French I (Weed & Yreka only)	ED	1:00P - 1:50P
MUS 31	Music Appreciation (Weed & Yreka only)	M	6:00P - 9:00P
WEE 1	Work Exp. Orientation (March 3 only)	Sat	8:00A - 5:00P

Online and Hybrid (combination online and on campus):

ADJ 17	Community Relations	Begins 1/17/07
ADJ 24	Introduction to Corrections	Begins 1/17/07
ART 32	Digital Imaging	Begins 1/17/07
BA 1B	Managerial Accounting (one session/wk. on campus)	Begins 1/22/07
BA 15	Human Relations in Business	Begins 1/17/07
BA 81D	Conflict Management	Begins 2/21/07
BA 81E	Decision Making / Problem Solving	Begins 3/28/07
BA 81F	Ethics and Values	Begins 2/26/06
BA 81H	Stress Management	Begins 1/24/07
BA 81J	Time Management	Begins 3/26/07
CSCI 1	Intro to Computer Science	Begins 1/17/07
CSCI 12	Web Programming (two sessions/wk. on campus)	Begins 1/17/07
CSCI 16	Introduction to Internet	Begins 1/17/07
CSCI 28A	Web Publishing I	Begins 1/17/07
CSCI 28B	Web Publishing II	Begins 1/17/07
CSCI 37B	Computer Game Design II (two sessions/wk. on campus)	Begins 1/17/07
ECE 25	Supervision of ECE	Begins 1/17/07
ECE 60	Pre-School Literacy I	Begins 1/17/07
ECE 61	Pre-School Literacy II	Begins 1/17/07
EDUC 52	Introduction to Online Learning	Begins 2/15/07
EDUC 53	Effective Online Teaching	Begins 2/26/07
EDUC 54	Online Course Management	Begins 4/16/07
ENGL 1A	College Composition	Begins 1/17/07
ENGL 1C	Adv. Comp./Critical Thinking	Begins 1/17/07
GUID 1	Collegiate Orientation	Begins 3/1/07
HEA 10	Health in Action	Begins 1/17/07 and 3/26/07
HIST 2	Topics in U.S. History	Begins 1/17/07
HIST 17A	U.S. History to 1877	Begins 1/17/07
HUM 1	Introduction to Humanities	Begins 1/17/07
MUS 33	Survey of Jazz & Pop	Begins 1/17/07
PEMA 30	Principles of Physical Fitness & Wellness	Begins 1/12/07 and 3/26/07
READ 10	College Reading	Begins 1/17/07

Limited Enrollment—Register Early!

Visit <http://www.siskiyous.edu/schedules.htm> for current class schedule.

Online Registration available on our website, <http://www.siskiyous.edu>.

For more information, contact the Welcome Center at (530) 938-5555 or toll free at (888) 397-4339.

Low Income Assistance Programs (LIAP)

Lisa Aubrey at 1.800.505.2785 or 530.493.1600 Ext. 2025

Low Income Heating Energy Assistance Program (LIHEAP):

This program provides energy assistance to eligible tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area. For those of you who live outside the service area, try energyassistance@ncat.org or the LIHEAP programs administered by tribes at: www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at: www.acf.hhs.gov/programs/liheap/states.htm

Reduce Heating Costs

Due to the rapidly escalating costs of home heating oil, propane and kerosene you may be paying twice as much to heat your house as you did just a few years ago. Here are a few money saving tips from the Karuk LIHEAP department.

Don't heat areas of your house you don't use regularly, such as guest rooms. Close heating vents or turn back thermostats in those areas and close the doors for a painless reduction in heating costs.

Don't turn your thermostat up above the desired temperature. It won't heat up any more quickly and will make your furnace work harder. Also, while it makes sense to turn the heat back when you're sleeping or not at home, turning it down too low can actually cost you more because the contents of the house have to be re-heated in addition to the air.

It's tempting to stand under a hot shower on a cold morning for as long as possible, but cutting your shower time in half can save up to 33% on your hot water heating costs.

In winter, open the blinds and curtains on the sunny side of the house (the south-facing side) when the sun is shining and close them as soon as the sun goes down to retain the solar heat. Close curtains on the shady side of the house (north-facing side).

- ✦ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).
- ✦ **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining and incentive payment. An applicant can be on the program for two years or 48 payments.
- ✦ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.

Live outside the Tribal Service area?

Call The National Energy Assistance Referral (NEAR)

1-866-674-6327

Monday through Friday,

Community Services and Development (CSD):

This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a tribal member. For those of you that live outside of the service area try

www.acf.dhhs.gov/programs/ocs/csbg/index.htm

Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agency in the service area. An applicant must not receive any comparable public assistance.

Seeking Relief From Emotional Pain? Help is Available

Joseph E. Snapp, B.S. CSAC II

I think almost everyone has had some injustice done to them at some time in their life and that causes emotional pain. It may have been acts of abuse; physical; emotional; or sexual, or maybe they were neglected in some manner. There are many kinds of neglect. Not having your feelings validated is one kind. That means that when you fell down and scraped your knee, and your caregiver said, "...oh that doesn't hurt." Maybe they said "Shut up or I'll give you something to cry about." Maybe there was not always enough to eat because your parents drank up the money. Maybe you didn't get new shoes or have nice clothes to wear and other kids at school teased you.

These are just a few examples of the traumatic lives our tribal members have experienced. That kind of

trauma builds a deep-seated rage in people. Most people handle those feelings by burying them deep inside, and for the most part they stay buried. Whenever people drink alcohol, however, those feelings come out and they usually come out in explosions of rage when you least expect it. Not everyone turns to drugs and alcohol to cover those feelings of injustice or to overcome their low self-esteem, but many people do.

For those of you who do use alcohol and drugs to cover up pain or to give you the courage to face life in its harsh reality, ask yourself if it is really working for you. Does drugs and alcohol actually give you the relief that you are seeking and do they really solve any problems?

The KARUK TRIBE now has three substance abuse counselors; Anthony Ballard in Orleans; Tanya Busby in Happy Camp; and myself, Joe Snapp in Yreka. Also there are two therapists available for people who want to make personal growth and heal from their traumatic past. They are; Chuck Lent, LCSW, in Happy Camp and Orleans; and Jessie Drake, LCSW, in Yreka.

ATTENTION!!!! Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you.

Let's save on energy and our budgets.

Starting this month, teachers of 4th grade classes in Wyoming and teachers in California, Oregon and Washington can request safety presentations to be given to their 5th grade classes by calling Pacific Power at 1-800-375-7085.

Oregon customers can also purchase ENERGY STAR compact fluorescent light bulbs for .99 to \$1.99 through a special offer from Energy Trust of Oregon now through December 31st. For a list of participating retailers, visit www.energytrust.org/residential/ehp/swat.html. *Eight bulbs max per customer and is not valid with any other utility offer. (Bi-Mart Medford, Grants Pass) (Fred Meyer, Medford)

Housing Improvement Program (H.I.P.):

This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need to:

1. Be a member of a federal recognized American Indian tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Proof of Ownership or Lease
6. No prior HIP assistance





Mission Statement

The mission of the Karuk Tribal Council is *to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

Karuk Tribal Council

Fall, 2006

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Vacant
Member at Large

Newsletter Production:

Desktop Publishing:

Rosie Bley

Editor:

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Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

Printed By:

*Mosaic Press LLC,
Happy Camp*

This seat will be filled in the coming election scheduled for March 7, 2007

Karuk Tribe of California



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Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Karuk Tribe of California



Winter 2007

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

Tribal Enrollment Is Currently At 3,482 Enrolled Members



Karuk Tribe's Newest \$605,000 Grant Brings 4,000 Square Ft. Community Center In Orleans To Support Tribal Services And Tribal Housing Needs!



Page 8 >



Above: Council Member Sonny Davis being sworn in



Above Leon Hillman & below Leaf Hillman, being sworn in



On December 28, 2006, newly appointed Council Member, Charron "Sonny" Davis was sworn into office as a Member at Large. Sonny was appointed by the Tribal Council as he was the only candidate on the ballot for the March 2007 Special Election. His term of office will be through November 4, 2008. Congratulations Sonny!

On November 17, 2006 re-elected Council Members Leaf Hillman, Vice Chairman and Leon Hillman, Treasurer were sworn both sworn into office as well. Their terms are through November 2, 2010.

The Tribal Council is now a full nine members once again. The next Tribal Election will be Tuesday, November 6, 2007 for the offices of Chairman, Secretary, and Member at Large, all with four year terms; the full Notice of Election with details and deadlines will be posted on the Tribal Election Website when available at

<http://karukadm.securesites.net/election/elections.php>



Fully Seated Council

L-R, Roy Arwood, Sonny Davis, Leon Hillman, Florence Conrad, Leaf Hillman, Arch Super, Robert Goodwin, Alvis Johnson, Florrine Super.



Karuk Tribal Council: L-R, Back Row: Roy Arwood, Sonny Davis, Leon Hillman, Florence Conrad, Robert Goodwin. L-R, Front Row: Alvis Johnson, Florrine Super, Leaf Hillman, Arch Super

Chairman's Corner

Arch Super, Tribal Chairman

Ayukii, Faati aapunmuti pa ararahih? Tanixxuti, koovura pa araaras pananu chuupitiheesh pa araarahih. Kukkuum tani piip pa araarahih uum pananu aaniv. Chi nuu itapeesh pananu araarahih. Hello, What do you know, the Indian language? I think all the Karuks, we be talking our Indian language. Again I say, the language is our medicine. Let's be learning our Indian language.



AUGUST ** Hector Garcia and I had traveled to Sacramento, CA to meet with Governor Arnold Schwarzenegger. The meeting was set for the Governor to meet with Tribal Leaders. He had personally met with 25 Tribal Leaders. He listened to the concerns and desires of the Tribes to be granted compacts for Gaming. It appeared that he listened and took our cases into consideration, but only time will tell. ** Some Administrative staff and I met with Mr. James Crouch, Executive Director of the California Rural Indian Health Board (CRIHB) to discuss their role in assistance and services to the Karuk Tribe. We are members of CRIHB and therefore, get training services for Tribal staff and also, they are able to advocate for more federal and state dollars for our Health Programs. ** Tribal Council has had a couple of meetings regarding the desecration of the Katimiin ceremonial grounds. The investigation has been under way, but has been taking a long time to get anywhere and we hope to find the individual(s) responsible for this ungrateful act of hate and dishonor. If anyone has any information or leads, Council members, Leaf Hillman and Florence Conrad have been put in charge to gather and collect any and all information.

SEPTEMBER ** In September, we were saddened by the passing of our Council member, Mr. Robert Grant, Sr. He fought the battle of Cancer for almost a year. He had worked his position of Member at Large for as long as he could. He had been very strong, dedicated and worthy to the position that he was proud to have been elected to. His family, the Tribal Council, friends and relatives will miss him immensely. We send our respect and honors to Robert Grant, Sr. ** Hector Garcia and I traveled to Palm Springs, CA to meet with the California National Indian Gaming Association (CNIGA) to request that they take up the Title VI E (Foster Care) project to state legislators. CNIGA is a consortium of California Tribes that have pull with the State and Federal offices. They had mainly taken up Gaming issues, but venture into other issues as well. ** I had gone to Las Vegas with Lessie Aubrey to train

Inside This Issue...

Notes From the Secretary	4-5
Administrative Programs & Compliance Update	6-7
A New Community Center in Orleans!	8
Department of Grants Management Update	8
Housing News	9
Excuses	9
Quarterly Staffing Update	10
Community Computer Center in Orleans	10
Education Program Update	11
Becoming An Online Learner Course Now Available	11
Karuk Paths to Prosperity, ANA Grant Update	12
HC Community Computer Center Renovation	13
Meet Your New Student Services Coordinators	14
Start Your Own Business!	15
Warren Buffet & the Economics of Dam Removal	16
Newsletter Article Submission	17
DNR Watershed Restoration Program	18
The Nurses Corner - Vaccinations	19
Harrison Kids Earn Awards	19
Violet Ruth Super	20
Ashley Johnson, Harley Moore, Hobart Harrison	21
Contract Health Services	22
Maria Miranda, Patient Eligibility Worker	23
S.C.O.R.E. Fundraiser - Cowboy Poetry Festival	23
Family Caregiver Course Signups	24
Senior Center News	24
Baby Page	25
Karuk Childcare Program	25
Santa's Pre-Christmas Visit	26
Employee Holiday Party Photos	27

and review our Contract Health Services (CHS) rules, regulation and procedures. Our Tribal Directors and Supervisors do a very good job at informing the Tribal Council on making solvent decisions with our services and programs.

OCTOBER ** Council member Florrine Super, TERO Director Dion Wood and I went to a Child Care Financial Training in Anchorage Alaska. The training was very good for us to re-iterate our knowledge and better understanding of how our Child Care Program is running and should be running. As I had mentioned previously, our staff workers do a very good job at delivering information on all programs and services that the Tribe has to offer our Members. I believe our Council Members become more confident with the discussion and decisions they make when they increase their knowledge of our programs and services, one on one. ** Hector Garcia and I met with Diane Feinstein staffer in San Francisco. We discussed Forest Management Practices in the areas of Seiad Valley, Happy Camp and Orleans. ** April Attebury, Judge Charles Henry and I went to a Tribal Judicial Conference in Seattle WA. April was able to review some of the

technology that some of the other Tribal Courts are using. We were able to get reports and resources from other Courts.

NOVEMBER

**** Hector Garcia and I** met with the Executive Director and Chairman of the Yurok Tribe to discuss issues that each Tribe is working with to share information for stronger address to State, Federal and other governments that we communicate with. **** Susan, Greg Gehr and I** attended the funeral of our Karuk language linguist Mr. Bill Bright in Boulder, CO. Mr. Bright had worked many years on and with our language. Books, CD's, and Computer/Internet access we attributed to his work. The Karuk Tribe greatly appreciates the work he has done for the Tribe. We send our respect and honor to Mr. Bill Bright and his family. **** During the last several months I** have been working very closely with both the California Trust Consortium and Affiliated Tribes of Northwest Indians for a settlement of the Cobell lawsuit. It is for that reason that I recently traveled to Washington, D.C. I discussed Cobell with members of the Senate Committee on Indian Affairs. If this lawsuit is settled as planned, there will be many benefits for our Tribe, with additional funding for self-governance programs. **** We had started a "Chuupha Unuhyaach" (talking Circle) in Yreka. I met with Tribal Members to inform them of what the Tribe is doing, what and how our services and programs work. It is a very positive get together for our membership. We hope to start our Circles in Happy Camp and Orleans before too long. ** Hector Garcia and I met with the Executive Director and Chairman of the Hupa Tribe just as we did with the Yurok Tribe, to discuss issues that each Tribe is working with to share information for stronger address to State, Federal and other governments that we communicate with.**

DECEMBER

**** We have our** quarterly meetings with the Northern California Tribal Courts Coalition (NCTCC). April Attebury, Judge Charles Henry, Florrine Super and I attended the meeting at Smith River. The collaboration and communication with the Coalition keeps Court Services informed and



strong. **** We were saddened by the passing of our full blood elder, Violet (Johnny) Super. Violet was also one of the last fluent speakers of the Karuk language. She had contributed a lot of work to the restoration of our language. The Tribal Council sends our respect and honor to her and her family. ** Council members, Robert Goodwin and Florrine Super; attorney Stephanie Dolan and I attended a meeting with the California State Department of Social Services to review and discuss our Agreement with the State and the Tribe in regards to our Title IV-E Foster Care Program. We are hoping to get it finalized within the next three months. Please feel free to get in touch with the Tribal Office for more detailed information. ** Council member Robert Goodwin, Hector Garcia and I met with Barbara Boxer's staffer in Sacramento to make a request that a meeting be set up in Happy Camp in order to secure additional funding for our Department of Natural Resources. It was agreed that we will have that meeting in Happy Camp, probably in March. This is the first time that a member of Barbara Boxer's Office has set up to meet with us in Happy Camp.**

JANUARY

**** The Yurok Tribe had given a presentation on the Yurok Tribal Park Plan. Our Council was able to get some detailed information on their endeavor. We will stay in touch on the development and have input. ** Hector Garcia and I met in Redding with a Staffer for United States Congressman, Wally Herger, in order to discuss the Karuk Tribe's health program and to seek increased funding for our program. ** Our Gaming Committee met with our attorney. We are waiting for the NIGC to review our proposal. It looks like the review will be finished by the end of January. Further reporting should be delivered in the middle of March 2007. We have been waiting a very long time and it doesn't seem like we are getting any closer. We can only keep trying.**

It is very important that our elected representatives understand the Karuk viewpoint. I will continue to inform State and Federal Officials as to the Tribe's position, and I will continue to push for funding that will keep our Tribe strong. I will also continue to keep the membership informed as to what is going on with all of the issues, whether it is Housing, Health or our children's issues.

OVERALL

Tribal business has been staying busy. I always encourage our Tribal Membership to write, email, call or come and see your Tribal Council with any issues and concerns. Whatever way we can address these issues and concerns, we will always try. If you have a specific director, Council Member or Staff Member that you wish to get in touch with, please do so.

Yootva, (thank you) Suva nik. (see you later)

Notes from the Secretary:

Florrine Super, Council Secretary

Ayukii, I hope everyone had Happy Holidays. The Karuk Tribe is still working on different projects and here's my report on my committees.

I would like you to meet my family. The picture is from our 2006 family Christmas party!



Top row: Lariel, Donald, Pete. Second row: Arch, Robert, David, Gary. Front row: Florrine, Nancy (Nunni táat), Pete (Nunni ákah)

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Head Start: Children are our Future

Karuk Head Start Staff deserves a big Yootva! Because I have family and friends who attend the Yreka Center, I stop by the classrooms at least once a week. I enjoy watching the children learn new things!

Some of the things that are taught are: Language (songs and conversation), vocabulary, social skills, behavior management, and Kindergarten readiness. Our head start stands out from other head starts because the teachers communicate and create partnerships with kids and parents, our staff helps families with resources to meet their needs, and the staff combines our Karuk Language curriculum with our regular pre-school system. It's one of the most complete and comprehensive pre-school programs in the county. Please contact me or your local Karuk Head Start for more information on their program.

Indian Child Welfare Committee (ICW):

The Karuk Tribe's ICW Committee Mission is to *preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.*

Our ICW Committee had a member resign, so we had to recruit a new member. One big question that came up is what the responsibilities of a member are. Here are some of the general duties:

- (1) Advise the Tribal Council on child welfare matters and recommend policies and procedures for implementing federal and Tribal child welfare law;
- (2) Monitor child welfare proceedings involving Tribal members in the state or other Tribal courts;
- (3) Be advised of pending state court proceedings as provided in the Indian Child Welfare Act and make recommendations regarding intervention in such proceedings and transfer of jurisdiction from state court to Tribal jurisdiction;
- (4) Make recommendations to authorize the filing of relevant child welfare petitions pursuant to these Policies;
- (5) Make case management recommendations to the ICW Program worker regarding the care, custody and supervision of Tribal children under Tribal jurisdiction, including recommendations as to case plan, guardianship, and termination of parental rights;
- (6) Certify and/or license and monitor group, shelter, foster and adoptive homes and child placing agencies; and
- (7) Engage in further activities as to protect and improve the welfare of the children of the Karuk Tribe of California, and to other Native American children as determined by the Council.

Karuk Tribe Foster Home:

This is the same information as last newsletter but it is good information for those interested in becoming a foster parent.

The children who come into your home will present both challenges and opportunities. The challenge is parenting children who have begun their lives under difficult circumstances. But the opportunity is that they are children for whom the love and care of adults can make a huge difference.

Foster parenting is about changing lives one child at a time. It is about believing and investing in the future. We hope you will consider making that investment.

You can expect many rewards such as: The chance to help children feel good about themselves, Challenging experience, Chance to learn and use special knowledge and skills, Make a difference in a child's life, and Satisfaction in doing a meaningful and exceptional job--protecting children from harm.

Dispelling some myths:

*There are many myths about what it takes to qualify to be a foster parent. **The truth is:** You can be single or married, You don't have to own your own home, You don't have to make a lot of money, and There is financial and other assistance available for foster care. (http://www1.dshs.wa.gov/ca/fosterparents/be_FosterIntro.asp)*

If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply, you must complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare at www.karuk.us

Youth Leadership:

I'm sorry to report I do not have the Youth Leadership Conference report ready for this newsletter. Due to technical difficulties, I did not have the pictures from the conference available. Please look for the next newsletter for a detailed report.

Also, we will begin to plan for the 2007 Youth Leadership Conference which will be held in Orleans.

Elections:

I will no longer report on Karuk Elections, although the committee will continue to keep you informed. Please look for their article.



*CASA Community Event:
2006 Halloween at
AmeriHost.
Talina & Aliyse*

Low Income Assistance Program (LIAP):

LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator with processing application efficiently and in a time manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need. So the council has obligated some funding to help those who need assistance. It has helped a lot of elders and families with children.

Website: Revisions

Our Information Technicians have been keeping our website updated on upcoming Tribal activities. We hope you're able to get good information that keeps you informed. If you have any suggestions please contact me.

New Karuk Booster Club: Still in development Stage!

We are looking for membership! The council has formed a new committee. We have youth who throughout the year request money for sporting events. The council has allotted money with the intent of the Booster club replenishing this with fundraisers. Also, this committee will be responsible to honor those Tribal members who have accomplished goals in college and pro sports.

Some of the Booster Club goals:

- Help in the recruitment of individuals who share our vision.
- Recognize each individual and value his or her role as a Karuk athlete.
- Empowering young Tribal members to be champions in life through excellence in sports.
- Organize fund raisers to help pay for tournament entrance fees and sport camps.

Sports build character, instill discipline, provide leadership, enhance self esteem, promote physical fitness and teach teamwork, all of which can be used throughout life.

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive Tribal information. Florrine Super



*Phil Albers Sr,
Sargent of Arms for
2006 Election*

*Michael Thom
(Chair of Election
Committee) & April
Attebury (member
at large - Election
Committee) during
the 2006 election.*



Administrative Programs & Compliance Update

Erin Hillman

Director of Administrative Programs & Compliance

Page 6

In my summer 2006 newsletter article I reported to the Tribal Membership positive developments in the area of community collaborations. It involved the intended transfer of the building owned by the former provider of clinic services, the Happy Camp Health Services (HCHS) Board, from whom we currently rent space to provide health care in Happy Camp. Many important events have occurred since then and I am providing an update to that report.

Some background first, in 2002, when Happy Camp Health Services was in financial crisis, the Tribe was asked to step in and assume operations and provide health care to Happy Camp and the surrounding community. Since then the Tribe has operated the clinic and improved the quality and availability of health care. The Tribe wished to continue our clinic improvements by upgrading and expanding the building where clinic services are provided. However, in order to spend Tribal resources responsibly, the building ownership would have to be transferred to the Tribe. When the Tribe assumed operation in 2002 a transfer of ownership was discussed, but it was believed it was not legally possible because of HCHS articles of incorporation and bylaws. Since then legal opinions obtained by both the Karuk Tribe and HCHS informed us it would be a legal transfer but there was a specific process to follow.

There were many obstacles to overcome for the transfer first approved by the HCHS Board in November 2005 and then again in April, 2006. During the months following the April 2006 vote, Tribal Representatives worked very hard with the Board to assist in the legal process and to inform the community about the benefits of transferring the building to the Tribe. Council Member Robert Goodwin worked with Laura Mayton, Barbara Snider, Sara Spence and I on a joint presentation for the public that outlined the planned expansion and upgrades for the building, tribal capacity, tribal track records in grants applications and management, and the financial plan, emphasizing the funding resources immediately available to repair the substandard facility necessary repairs that have not been addressed by the building owners. Unfortunately, a letter containing negative and untrue statements was passed out to the public at that meeting and may have been the cause of misunderstandings about the intent of the transfer. Though we did our best, when the HCHS membership voted, our efforts were voted down by 4 votes, 41 opposed to 37 in favor with 1 abstention.

For years the Tribe has considered the possibility of moving our clinic services to the site in Happy

Camp where we house our administrative and dental services. So, upon receiving notice of the vote by HCHS membership, left with a substandard building and unable to justify using Tribal resources to upgrade and repair a building that is not our own, the Tribal Council voted to move forward. In "Plan B", Health Administrative Staff will be moved from the existing dental wing and the building will be adapted to house our health clinic/ dental clinic and services will continue to the community in the same quality manner as it has at the current location. This move is planned to be complete by September 30, 2007. This plan puts us in an excellent position to apply for grant funding for expansion. Owning the land and building provides us with eligibility to access many major funding sources.

The Tribe continues working with those in our community. In late December 2006, the Happy Camp Sanitary District (HCSD) had run out of resources in their efforts to repair a slide threatening to washout a home into Indian Creek. Indian Creek is a Klamath River tributary that runs besides the Tribal Administration building, and the home was in danger of sliding into the water, hitting a bridge directly across from our offices and plugging up the creek. Flooding became a real possibility. Tribal Member Davey Davis, Maintenance Supervisor, coordinated with HCSD to gather representatives from Tribal government, Indian Health Services, Cal Trans and the County to address the issue. A meeting was held with interested parties at the tribal offices and Tribal Grant Writer, Hester Dillon assisted HCSD by writing a letter to the county for declaration of a local disaster to obtain resources to repair the washout. Siskiyou County and Cal Trans have since dedicated resources for the repairs.

After many stops and starts, the Yreka roads construction project is complete. Northern California paving wrapped up the project in October and since then has contracted with the Karuk Tribe Housing Authority (KTHA) to install speed humps for traffic control in areas where children cross to playgrounds. Remember to watch your speed in all areas of our housing, children are small, at certain times of the day it's very hard to see them.

On the front page of this newsletter you will see our announcement and corresponding report from Grant Writer Rick Hill regarding the award of \$605,000 for the 2006 Housing and Urban Development Indian Community Development Block Grant (HUD ICDBG) for a collaborative project with KTHA. The funding is for the construction of a community facility and housing

office in Panamnik (Orleans) California. Our request for bids (RFP) for Environmental Assessment services closed on January 3 and our RFP for Architectural and Engineering services for this project closes on January 17.

Progress is speeding up on the 2004 HUD ICDBG project. After three rounds of competitive bidding for contractors and one redesign, the contract has now been awarded for construction of a KTHA office and Tribal Community Facility in Yreka California. The 5000 square foot facility will be built by Larry Neel and Company, a local contractor from Etna, California. Larry has worked with the Tribe before on several projects, back doors and stairs in Yreka Housing Community, Panamnik Center in Orleans, three HIP homes in Happy Camp and the KTHA Administrative offices. On January 12, Larry Neel, Tribal Construction Managers Fred Burcell, KTHA Construction Manager Richard Black, KTHA Inspector Steve Mitchell, KTHA Executive Director Sami Difuntorum and I met for a pre construction conference. During this meeting we hammered out details regarding administrative and construction issues. Site work is scheduled to begin the week of January 29, 2007. The new building is scheduled for occupancy in November 2007. The Head Start Program in Yreka will then move into the vacated current housing offices, thereby giving that program a better space to operate in.

During the first quarter of Fiscal Year 2007, the following grant applications were reviewed by this office and submitted:

Rose Grant	Department of Natural Resources	\$5,000
Panta Rhea Foundation	Department of Natural Resources	\$10,000
State- Community Services & Dev	Grants/ Resources Department	\$30,000
DFG (Fish & Game)- Fort Goff	Department of Natural Resources	\$1,668,248
DFG- Fish Passage Improvement	Department of Natural Resources	\$90,012
DFG- Fish Habitat Enhancement	Department of Natural Resources	\$695,000
Weinberg Foundation	Grants/ Resources Department	\$30,000
CA Coastal Commission	Grants/ Resources Department	\$9,997
Economic Dev. Department	Grants/ Resources Department	\$60,000
Cheney Foundation	Grants/ Resources Department	\$30,000
Indian Health Services- dental	Grants/ Resources Department	\$20,000
BIA Watershed Project	Department of Natural Resources	\$112,138
State Water Resources	Department of Natural Resources	\$9,999
Energy & Mineral Dev. Prog.	Grants/ Resources Department	\$105,926
EPA Watershed Restoration	Department of Natural Resources	\$150,000



*House referenced at left, in danger of sliding into Indian Creek
Photo courtesy David Eisenberg*

Grant Awards received:

HUD Indian Community Development Block Grant	\$605,000
US Fish & Wildlife Irongate/ Fall Chinook	\$28,885
Administration for Native Americans "Karuk Paths to Prosperity"	\$300,000
Environmental Protection Agency (EPA) GAP/ 106/319	\$697,358
Child Care 2007 Partial Award	\$52,401
Low Income Home Energy Assistance Program (LIHEAP)	\$31,713
Department of Health & Human Services Indian Diabetes	\$157,554
Health Resources Services Administration (HRSA)	\$638,321
California Community Services & Development	\$57,664
California Water Resources Control Board	\$9,999
California Water Resources Control Board	\$25,000
Rose Foundation	\$5,000

A New Community Center in Orleans!

Rick Hill, Department of Grants Management

In late November the Tribe was notified it was awarded the 2006 Indian Community Development Block Grant, (ICBDG) for \$605,000 from the U.S. Department of Housing and Urban Development (HUD). With this award and Karuk Tribal Housing Authority (KTHA) also contributing funding, the Tribe will build a Community Center in Orleans to support, language, basketry and other cultural activities, education, computer learning, counseling services, and Tribal housing needs. The 4000 square ft. facility will provide a meeting space, offices, KTHA maintenance workshop with an office, a classroom that can be used for cultural arts, language, basketry programs, tutoring, and after school activities, a small computer lab, and a kitchenette.



Proposed building model



*Proposed floor plan,
subject to change*

At an ICBDG workshop I was able to talk with other Tribal grant writers who have many years of success. The federal grant processes is now more complex than ever and the level of competitiveness is also much greater. Some of the better off Tribes contract with professional grant writers who have loads of experience and success. The HUD organization continues to require more detailed compliance and grant information so Congress can measure what they are spending their money on including formulating project logic models. The impacts of Katrina and the Iraq war, recipient accountability, and competition all affect the availability of federal funding. Tribal projects must be carefully planned to rally with an agencies highest objective.

The Tribe is fortunate to receive this funding. It is crucial that the Tribe meets all federal funding requirements, reporting, and financial and project management accountability to remain in good standing with funding agencies or you are not considered. HUD's-ICBDG programs also require meeting specific demographic criteria. The Karuk are particularly geographically and economically disadvantaged which helped the ICBDG grant scoring. Having a persuasive case is not enough; you must score high in all the criteria requirements. The new community center in Orleans will not only meet the Tribe's needs but benefit the economic and community infrastructure of the mid Klamath vicinity.

Department of Grants Management Update

The Grants Office received good news this fall when we learned that our Indian Community Development Block Grant for a community center in Orleans, submitted by Rick, was approved. We've also received favorable feedback from an inquiry submitted by Hester to the Cheney Foundation for kitchen appliances and exercise equipment to be used in the Karuk Community Senior Center in Happy Camp. We are hopeful they will conduct a site visit this spring. The third year renewal application to HRSA, which provides funding to Health and Human Services, was also approved.

Rick has completed program reviews throughout the Tribe and put together a draft Strategic Plan that he and Hester expect to review with the Tribal Council in February. The Grants Office hopes the Plan will provide Tribal Council, program directors, staff, and prospective funders with a clear understanding of each programs' goals so that objectives may be more easily achieved throughout our government.

We are currently awaiting word on a number of submitted proposals and working on others. Recently submitted proposals include: a grant to the Economic Development Administration, a grant in support of the People's Center's planning processes, a grant in support of our basketweavers, a grant for a renewable energy feasibility study, and a Whale Tail grant to the California Coastal Commission. Upcoming submissions are: funding toward an FCC application in furtherance of radio stations in Happy Camp and Orleans, an EPA Wetlands grant that will assist DNR with their work, a Tribal Youth Program grant that will enhance the work being done by the Tribal Court and Yav Pa'anav Wellness Forum, and a Lowe's Toolbox for Education grant that will provide funding for cultural activities at Orleans Elementary School.

As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

HOUSING NEWS

Sami Jo Difuntorum, Executive Director

I am extremely pleased to announce that all Elder units in the Yreka community are now occupied. We had been waiting for approval from the City of Yreka for over one year. In November, the City finally permitted occupancy of the final four units.

In collaboration with the Karuk Tribe of California, the Karuk Tribe Housing Authority (KTHA) has awarded a construction contract for our new administrative office and community center in Yreka to Neel and Company of Etna. We anticipate construction to begin by mid-February. The total project length is estimated at nine months.

The former Headway building in Happy Camp is undergoing extensive renovation. We have employed a crew to do most of the work as a training project. They have done a fantastic job, and they have learned skills that will help them to obtain employment in the construction industry. Crew members Rick Offield, Gary White, Ward Johnson, T. J. Day, Grant McElyea, Jacob Black, Tim Evans, Dan Keiser, Brad Parton, Kevin Peters, Preston Willson, Richard Black, Steve Mitchell, and Andrew Difuntorum have remodeled Headway into a very attractive building and saved the Housing Authority an estimated \$300,000.



Ann Escobar, KTHA Tenant Relations Officer and Employee of the Year, Josh Saxon, former KTHA Operations Manager & Sami Jo Difuntorum, KTHA Executive Director

The KTHA bids farewell to Operations Manager Joshua Saxon. Josh has worked for the KTHA for two years and is now relocating to Arizona. As Operations Manager for the KTHA, Josh was in charge of all tenant based programs. I appreciated the opportunity to work with him and his dedication to providing housing and housing services to Tribal members. The KTHA Housing Committee and staff will miss you and wish you all the best.

The KTHA Employee of the Year is Cyd Ann Escobar, whom many know simply as "Poopsie". Ann has worked for the KTHA for eleven years in the Yreka office in the position of Tenant Relations Officer. Ann has always provided exceptional customer service to our community members and is a valuable asset to the KTHA. You can always count on Ann to have a positive attitude and go the extra mile for our residents. Congratulations and Good Job!

Excuses

Joe Snapp, Substance Abuse Counselor

In the last article we talked about how life's traumatic experiences may have driven us to drink or drug. When we start drinking or drugging for these reasons, it lays the groundwork for the foundation upon which a long list of excuses is built.

Say a family member has died, so I say that I need a drink or something to help me cope with these feelings or I'll go crazy. Maybe I just lost my job, so I say that I need something to help me cope with these feelings of inadequacy.

After a period of time, the excuses become less and less profound. Like, I got up on the wrong side of the bed. I need to smoke a joint to take the edge off so I can deal with the kids or face the day.

Well, the harsh reality of it is that yes, life is hard, but 90% of the population does get up in the morning and go to work five days a week, 52 weeks out of the year without a drink or smoking a joint to motivate them. They process their problems in a healthy way by talking about them without being under the influence of some drug. There is a solution to every problem and help is available.

In Yreka, call Joe at 842-9200 ext. 132

In Happy Camp, call Tanya at 493-5133

In Orleans, call Anthony at 627-3452 ext. 3019



Quarterly Staffing Update

Sara Spence, Human Resources Manager

Happy New Year! There are currently 152 employees on staff! This report covers mid-October through early January 2007.

Mary Matchett resigned her position as Social Services Administrative Assistant on 10/6 and Laura Longstaff was hired to take her place.

Janey Goodwin was hired on 10/25 as the DNR Clerical Technician I and Julia Woodman was hired as the DNR Clerical Technician II on 12/4.

Verna Reece was hired on 11/14 to staff the People's Center Gift Shop until arrangements can be made for the Center as we are still recruiting for a People's Center Coordinator to manage that Center.

Angelina Bailey resigned her position as Medical Assistant in the Yreka Clinic on 11/22 and June Donahoo was hired to take her place.

Dora Bowland resigned her position as Clinic Receptionist in the Orleans Clinic on 12/4 and Irene Miranda was hired to take her place.

Clarence Barger was transferred into the position of Yreka Community Health Representative on 12/13 and Mary LaMarr was hired to take his place as the Yreka Clinic Transporter.

Mike Edwards resigned his position as Social Worker III for the Yreka area on 12/15 and interviews have been scheduled to fill that position.

Karen Daniels was hired on 12/21 as the RN/GPRA Coordinator in the Happy Camp Clinic. This was a new

position added with Year Three of the HRSA Grant.

Katheryn Willett was hired on 12/28 to serve as the backup RN in the Orleans Clinic as needed.

Bari Talley has been hired as the Student Services Coordinator for the Orleans Community Computer Center through the newly awarded ANA Grant: Karuk Paths to Prosperity that was announced in the last newsletter. James Burcell is the Student Services Coordinator for the Happy Camp Community Computer Center through the same grant. Look for future articles regarding this grant and the opportunities it provides to Karuk Tribal Communities!

Cristina Townsend resigned her position as Fiscal Assistant at the Karuk Community Development Corporation and after a lengthy search; Pam Burcell was hired on 1/8/07 to fill that vacancy. Paula McCarthy and Tamara Barnett continue to assist with KCDC Financial Affairs until Pam is up and running!

We have switched gears in the Yreka Clinic and are recruiting for a second Family Nurse Practitioner at this time. We continue to search for both a Clinic Physician and Clinic Dentist for the Yreka Clinic.

It seems there are always positions becoming available and I encourage you to visit our website for up to date information on employment with the Tribe, benefits, how to apply, etc. at www.karuk.us/jobs/



Community Computer Center in Orleans

Panamnik Center

P.O. Box 426 • 459 Asip Road
Orleans, CA 95556
(530 627-3081 • btalley@karuk.us)

**Your Orleans "Center"
for Technology Learning!**



Goals:

- Provide a safe learning environment to all citizens
- Provide a safe after-school environment for youth
- Free access to computers, internet and quality technology education
- Support schools, teachers and students
- Encourage and support academic improvement
- Access to distance learning programs
- Encourage leadership qualities

*Serving Orleans, Somes Bar,
Weitchpec & Forks of Salmon
Communities since 1999*

The **Mission** of the Community Computer Center *is to increase local community capacity through education, while providing a safe and secure learning environment and access to technology.*

Higher Education

We currently have 51 Tribal Members going to college full-time, with 7 other applications pending. These students are taking 12 or more units and are attending college in California, Oregon, Washington, Nevada, Oklahoma, Hawaii, Montana and Arizona. 6 of the 51 are working towards Nursing degrees and we also have students taking classes for Business Management, Automotive Technology, General Education, Psychology, Social Work and Accounting as well as 28 other different majors and study interests. All of these students have benefited from our higher education grant award and a large percentage of these students have also received the housing rent voucher, which assists with paying for their rent from August to May.

The Higher Ed. Grant is renewable for up to 6 years, but please note that at this time we are unable to assist students seeking a masters or doctorate degree and are unable to assist descendants or part-time students. If you are interested in more information and for printable applications for the Grant Award Program or the Housing Rent Voucher Program please visit the Karuk website at www.karuk.us. Feel free to contact the Education Office anytime at (530) 493-1600 extension 2034 or 1-800-50-KARUK extension 2034. Applications for the 2007-2008 school year are due August 1st, 2007. You may reach Jennifer Goodwin, Education Program Coordinator, at jgoodwin@karuk.us.

We encourage our Tribal Members to obtain their goals in education and are here to assist you to the best of our ability!

Education Program

Jennifer Goodwin, Education Program Coordinator

In the evening, on November 14, 2006 in Yreka California, we held a small ceremony to congratulate our adult education Graduates of 2006. Those who Graduated included Lorelie Jerry, Jeanne Super, Elizabeth Bunce, Rebecca Super and Lorelei Super. Carol Hopkins was their teacher and fearless leader that guided these students to their goal of receiving their High School Diploma. Friends and family were invited to the Community room at the Karuk Tribe Housing Authority for food, drinks and cake. The Education Department honored each of the graduates with a glass framed Graduation Certificate signed by the Tribal Chairman, Arch Super, as well as the entire Education Committee. Our Education Committee Vice-Chairperson, Joyce Jones and Arch Super were also in attendance to congratulate the students.

Among the Graduates was Lorelei Super, who after a few years decided to go back to school and at the young age of 62 Graduated! Lorelei contacted me before the event and asked if I would make a certificate so they could present it to Carol Hopkins to thank her and show their appreciation. So the students presented that to her as well. Once again CONGRATULATIONS to all of the 2006 Graduates from pre-school to college!

And a quick update, four of the five Grads listed above are now enrolled in College classes!

Thinking of Taking Online Classes? We Will Help You!

“Successful Online Learning” Starts 2/19/07

Funded by The Administration for Native Americans, Social and Economic Development Grant

Begins February 19!

*Joan Van Duzer, Instructional Technologist
Humboldt State University*

Ever wondered what studying online might be like? Many colleges and universities have begun offering many courses online, making it possible to complete a college degree without leaving home. Will it work for you?

The Karuk Paths to Prosperity Project is sponsoring a 4-week fully-online course, “Successful Online Learning,” to help students prepare for success as online learners. Fully funded by an Administration for Native Americans, there is no registration fee and no required textbooks. Students may access the course over the Internet 7 days a week, and 24 hours a day with any computer connected to the Internet. Free Internet access and support is also provided at the Happy Camp Community Computer Center Monday through Friday, 1:30 pm to 5:30 pm and Saturday from 1:00 pm to 5:00 pm.

In addition to identifying personal strengths and challenges for success as an online learner, participants will learn what it's like to join an online learning community and use common tools used for online coursework.

Lessons will begin on Monday, February 19 and continue through Friday, March 16. Students should expect to commit approximately 7 to 10 hours each of the four weeks of the course for reading assignments and activities. Because there are no class meetings, course work can be done on a flexible schedule around work and family responsibilities.

Contact Rose Bley or Kelly Worcester at the Happy Camp Community Computer Center, (530) 493-5213 or rbley@karuk.us before February 12 to sign up and to receive additional information on how to begin.

“See” you online!

Karuk Paths to Prosperity

A Comprehensive Community Capacity Building Project

Funding Made Possible by
The Administration for Native Americans

Rosie Bley, HCCCC Director & Project Coordinator

The Administration for Native Americans (ANA) has awarded \$900,000 to the Karuk Tribe of California for Karuk Paths to Prosperity, a three-year social development project that will enhance educational and employment opportunities in the remote mid-Klamath River communities of Happy Camp, Orleans and Yreka.

With ANA's provision of \$300,000 in each of the next three years, the Karuk Tribe will utilize available computer technology to increase public awareness of the wide array of occupational opportunities that exist within the ancestral territory—and then support individual community members in pursuing vocational and professional training through distance learning programs. Through Karuk Paths to Prosperity, the Tribe's Human Resources Department will create a public-access web site that features 100 different jobs ranging from entry-level clerical positions to paraprofessional health, education, family services and natural resources positions, to licensed professional and executive management positions. By converting three community computer centers to distance learning centers—or “virtual college campuses”—the Karuk Tribe will help high school students, unemployed/underemployed community members and Tribal employees to access postsecondary education that previously required relocation outside the ancestral homelands. The new ANA Grant will fund new equipment, computer center staff, and annual operating expenses.

How can this help community members?

1. College courses and degrees are now available locally without having to “go away” to college.
2. Student Services Coordinator staff working with the Tribe's education and TERO departments are now available in Happy Camp and Orleans to assist you with:
 - academic advising
 - course selection
 - career counseling
 - financial aid advising
 - mentoring
 - course technical assistance
3. Computer Center staff is starting “Becoming An Online Learner” classes on a continuous basis to assist you with how to navigate and troubleshoot any problems you may have with distance learning courses.
4. New computers, tables, chairs and equipment are now available at the Happy Camp Community Computer Center for distance learning use with high speed Internet access.
5. COMPASS college placement tests are now available at the Happy Camp Community Computer Center to place you into the right college course, regardless of what your current education level is.
6. Web site featuring different job positions at the Karuk Tribe is now being created and will soon be placed online with detailed descriptions of what each job is and what is required of the person in that position, low and high rate of pay, training/education necessary to qualify for each job, and which community the positions are located. This is a gradual process and by the end of the three year grant, 100 jobs will be placed online.



Karuk Paths to Prosperity Key Personnel

*From left to right: **Bari Talley**, Student Services Coordinator, Orleans; **Gerry Canning**, IT Technician for Karuk Tribe; **Rosie Bley**, HCCC Director & Project Coordinator; **Kelly Worcester**, HCCC Technician/Instructor; **Jim Berry**, KCDC CFO & Project Director; **James Burcell**, Student Services Coordinator, Happy Camp; **Sara Spence**, Karuk Tribe Human Resources Manager*

(These services will be available in Yreka in years 2 and 3 at the new Housing Building)

7. Student Services Coordinators are available to help you plan your education around the job you wish to make a career of (descriptions which will be available at the described web site).

If you've dreamed of having a particular job, services are now available to help you make your dream come true without having to move away to go to school. If you would like a change in careers, we can help you acquire the education necessary to make that change. For more information, visit the Happy Camp Community Computer Center/ Distance Learning Center at 25 Fourth Avenue, Happy Camp, 530-493-5213 or email Jim Burcell at jimburcell@karuk.us. Those of you who live downriver can go to the Community Computer Center in Orleans at Panamniik Center, 39051, Highway 96, Orleans, CA, 530- 627-3081, or email Bari Talley at btalley@karuk.us

**Happy Camp Community Computer Center
Before Renovation**



After Renovation!



Below & Right: Jim Burcell & Kelly Worcester busy renovating.



Below: Bob Bley, volunteer, building custom equipment shelf



*Left: Volunteers Mercedes Worcester & Andrew Bley building desks.
Above and right: Computer Center renovation completed. A much more efficient use of space and technology!*



Meet Your New Student Services Coordinators!

They Are Here To Help You Plan A New Future!

James Burcell: *Happy Camp Community Computer Center/COS Distance Learning Classroom*

My name is James A. Burcell. I was born in Chico, California and I am a Karuk Tribal Member. I was reared in Siskiyou County and graduated from Weed High School.

My grandfather, Harry, and great uncles, Bill, Fred, Al, and Lawrence live in Scott Valley. They taught me to hunt, fish, and respect the outdoors. I spent as much time as possible each summer with my grandfather and grandmother in Etna, California.



COS Distance Learning Classroom next to the Happy Camp Computer Center

My love of hunting, fishing and the outdoors drew me to Alaska after the Army and a tour of duty in Vietnam. I graduated from the University of Alaska, Fairbanks with a Bachelors Degree in Business Administration and from the University of Alaska, Anchorage with a Masters Degree in Public Administration.

Education played a big part in my career success in Alaska. After approximately 35 years in Alaska, my wife and I retired and left that part of the country to avoid the cold, dark, snowy winters. We've since relocated to Happy Camp to help others learn and earn through the Karuk Paths to Prosperity ANA grant funded distance learning program.

I'm the eldest in a family of five sisters and one brother. I've currently got two sisters living in California, a sister living in New York, a sister living in Alaska, a sister living in Arizona, and a brother living in Alaska. I've got two children and five grand children living in California.

I feel I'm home again in Siskiyou County. I'm excited about the opportunity to help others.



Jim Burcell, Student Services Coordinator for Happy Camp

Bari Talley: *Community Computer Center in Orleans*

Bari Gayle Morehead Talley's career emphasis has been education, art, and working for the Native American community. In addition to her commitment to the River Schools, she does freelance illustration and desktop publishing. She is a Karuk tribal member whose art has been published in The Little Acorn and News from Native California. She earned her degree at The Evergreen State College in Olympia, Washington, and was hired at the Longhouse Cultural and Education Center on campus where she organized art fairs, symposiums and workshops. After her third daughter was born, the family moved to Orleans so that they could raise their daughters on the River. Her husband, Curt, is an ocean-going tugboat captain who is away working about half the year. Her parents are Barry and Janet Morehead of Orleans, who married in 1959 in Happy Camp where Janet was attending Happy Camp High School and Barry was on the road survey crew for the Bureau of Public Roads. At that time, Janet's parents, Eleanor (Sanderson) and Fred Wilder were living at the Forest Service housing across from the old high school cafeteria.



Bari Gayle Morehead Talley

On a personal note: *Why the long name? I was named after my dad, Barry Morehead, so I was a junior— We used to get a kick out of calling each other's office and saying, "this is Bari Morehead, may I speak to Barry Morehead?" or vice versa. The Gayle came from my mom, Janet Gale "Wilder" Morehead, although she spelled it differently so I too wouldn't be a strong wind; I was/am called "Bari Gayle" by some, mostly family. I couldn't bear to give up any of those names when I married my husband, Curt, so I tacked Talley on the end so I would have the same last name as my three daughters, Sinead, Geena & Josa.*



Volunteer Carole Kehrig & Bari

FREE Classes Are Now Available To Start Your Own Business!

Courses made possible by the California Consumer Protection Foundation



Rosie Bley, Director
Happy Camp Community Computer Center



The Happy Camp Community Computer Center is hosting a series of classes to assist you with planning and starting your own business. These courses are in partnership with the Jefferson Economic Development Institute and Suzanne M. Burcell, MBA, Director of Indian Teacher & Educational Personnel Program at Humboldt State University.

We are happy to announce the following classes and the dates they will be held:

I) Planning Your Small Business:

Classes are scheduled for March 10 & 24 and April 7 & 21, from 9:00 am to 4:00 pm (Every other Saturday – four, 6 hour classes)

Thinking of starting a business or micro-enterprise? The Karuk Community Development Corporation is now offering a comprehensive, 24-hour pre-business planning course from 9:00 a.m. to 4:00 p.m. on alternating Saturdays beginning March 10th at the Happy Camp Community Computer Center. Taught by Karuk Tribal member Suzanne Burcell, author of *The Indian Business Owner's Guides* (now in its 3rd edition), this course will assist you in assessing potential markets for your products or services, forecasting sales, determining the start-up costs and feasibility of your business, preparing a business plan with financial projections, and identifying sources of financing. For more information, contact Ms. Burcell at 707/826-5195 or 530/629-3921, or Rosie Bley, at 493-5213.

II) Break-through Pricing:

Class is scheduled for Saturday, March 24 from 10 am to 2 pm

****It will be offered again Saturday, August 4 from 10 am to 2 pm.***

Class participants will address issues such as understanding your breakeven costs and how to set a price, the psychology of raising prices, understanding the thoughts and feelings behind setting prices and how you can accept more.

We are planning two separate opportunities for this class... once early in the year and one later in the year so those who were not previously ready for this phase will still have the opportunity to learn how to price their goods or services at fair market value and be able to make a living.

This class will be taught by Rene Getreu of Jefferson Economic Development Institute at the Happy Camp Community Computer Center.

III) E-Commerce Made Simple:

Class is scheduled for April 17-18 & 24-25 from 5:30 pm to 8:30 pm. (Tuesdays & Wednesdays for two weeks)

This is a seminar designed to assist participants learn about creating a simple process for selling products or services over the Internet. We are planning two separate opportunities for this class... one early in the year and one later in the year so those who were not previously ready for this phase will still have the opportunity to learn necessary E-Commerce techniques. This class will be taught by instructor, David Donica of Jefferson Economic Development Institute at the Happy Camp Community Computer Center.

IV) Making Your Money Work for You!

Classes are scheduled for May 2-3, 9-10, 16-17 & 23-24 from 5:30 pm to 8:30 pm (Wednesdays & Thursdays, two days per week for four weeks)

This is a training class that assists participants build financial skills such as budgeting, saving, credit repair and enhancement, investing, and financial goal-setting. This is a 24-hour class. Come ready to learn! This class is great for either personal goals or for setting up the financial building blocks for business startup or expansion. This class will be taught by Rene Getreu of Jefferson Economic Development Institute at the Happy Camp Community Computer Center.

For more information, call 493-5213, go to the Tribe's website at www.karuk.us, the HCCCC website at www.happycampcomputercenter.org, Jefferson Economic Development Institute web site at <http://www.e-jedi.org/>, or email Rosie Bley at rbley@karuk.us

Warren Buffet and the Economics of Dam Removal

S. Craig Tucker, Ph.D.

Karuk Tribe Department of Natural Resources

With the arrival of the new year the relicensing of the Klamath Dams continues. We hope that the multiyear process will come to an end in 2007 with an agreement to remove the lower four dams and upgrade fish ladders on the upper two dams. This will have profound benefits for struggling stocks of salmon by opening over 350 miles of historic spawning habitat in the Klamath mainstem as well as dozens of tributaries. In addition, we expect dramatic water quality improvements as the dams allow river water to warm to temperatures lethal to salmon in the summer and host massive blooms of toxic algae.

In previous articles, we have pointed out that the dams provide no flood control, generate little power, and that relicensing them will cost more than their removal. So why would anyone fight to keep them? To understand the answer to this question we must consider who owns the dams, how regulated energy companies make money, and the pervasive pioneer ideology of rural non-native westerners.

Who owns the dams?

The dams are owned by Portland based PacifiCorp. PacifiCorp serves over 1.6 million customers in Oregon, California, Utah, Montana, Washington, Wyoming, and Idaho. PacifiCorp is not a publicly traded company with stocks. Instead it's a subsidiary of larger corporations.

When we began our campaign to Bring the Salmon Home, PacifiCorp was owned by the multinational energy giant Scottish Power, head quartered in Edinburgh, Scotland. Two years (and two visits to Scottish Power shareholder meetings) later, Scottish Power sold PacifiCorp to Mid American Energy Holdings Company, based in Des Moines, Iowa. Mid American is owned by Berkshire Hathaway. The CEO of Berkshire Hathaway and biggest shareholder is the renowned billionaire investor Warren Buffett. With a personal worth of over \$48 billion (yes that's billion with a 'b') Buffett is the second richest man in the world, second only to Bill Gates. Class A shares of Berkshire stock costs over \$100,000 each and class B shares are worth over \$3,500 each.

Buffett is the arguably the most successful investor in American history. If you had invested \$10,000 with Berkshire Hathaway when Buffett took over in 1964, your investment would be worth over \$50 million today! Recently Buffett announced plans to give over \$30 billion to the Bill and Melinda Gates foundation to help the poor.

Buffett has two sons, Howard and Peter, who are very interested in Native American issues. Peter is a



musician and composer. He composed some of the music in 'Dances with Wolves.' Peter went on to compose the score for the 8 hour PBS documentary '500 Nations.'

Peter's latest work is called 'Spirit Dance' (see spiritdance.com). It's a stage performance featuring traditional Native American song, dance, and regalia.

Buffett's son Howard is a world renowned photojournalist. He serves on the board of the World Wildlife Fund and sponsors several grants for work in Africa.

Together, Howard and Peter sponsor Ecotrust's Indigenous Leadership Award. Ecotrust is a non-profit organization based in Portland, Oregon that works on building 'Salmon Nation' and has ties to several Northwest tribes. In an ironic twist, Karuk Vice chair Leaf Hillman was a finalist for the Buffett award in 2005. The Buffetts did not attend the awards banquet.

To date, we have been unsuccessful in our attempts to contact and arrange meetings with any of the Buffett family to discuss the dams. If any Tribal members have suggestions or contacts, please let us know.

How regulated utilities make their money

Keeping the dams will be expensive. Some of the dams are very old and will require expensive upgrades and complex fish ladders to comply with modern environmental laws. In fact, studies from the California Energy Commission and the US Department of Interior conclude that dam removal would be over \$100 million cheaper than relicensing. So why shouldn't we expect PacifiCorp remove the dams themselves?

Regulated utilities can only generate a profit through certain kinds of expenses. The generation and transmission of power is billed to customers at cost. However, capital improvements such as construction

of new power plants or upgrades to existing ones are passed on to ratepayers with an additional percentage tacked on for profit. Thus, if you assume that the company can convince the Public Utility Commission to allow it, the cost of relicensing plus an additional 10%-12% will be passed on to rate payers and provide a margin of profit for shareholders. In other words, PacifiCorp could force ratepayers to pay the price for ladders and other upgrades and in turn provide a kick back to Warren Buffet and his cronies.

If PacifiCorp chooses this strategy, the Karuk Tribe will be testifying before the Public Utilities Commission to convince them to disallow such shameful business practices.

Ideology, the final hurdle

As we have explained in previous newsletters, the dams provide no flood control benefits, produce little energy, and the reservoirs host massive blooms of toxic algae each summer. As Karuk Vice Chairman Leaf Hillman puts it, "These dams do nothing well except kill fish and breed toxic algae." Still, there is some local opposition from Siskiyou County residents to dam removal. Why would anyone (other than Warren Buffet) want to keep these antiquated fish killing dams around?

The greatest opposition to dam removal is not a lack of scientific facts, lack of a moral arguments, or even money – its ideology. The belief that all dams help farmers, are important to America's infrastructure, and represent the fulfillment of a divine directive to go forth and conquer the wilderness are all part of this dam hugging ideology. This ideology threatens to undermine what could be the biggest economic boost this region has seen since Europeans arrived. The economic analysis

is clear: removing the Klamath dams will bring jobs to the region and improved water quality will increase property values.

More importantly dam removal would begin a healing process not only for the river, but for the deep wounds left by the attempted genocide of Karuk People as well as the Basin's other Native populations. Salmon is often described as the foundation of Karuk culture. Dam removal would shore up that foundation and allow the Tribe to once again have a salmon based economy in both traditional and contemporary terms.

The fate of these dams, will likely be decided this year. It is the hope of the Karuk Tribe that the current settlement negotiation involving all the major stakeholders in the basin including neighboring Tribes, fishermen, farmers, environmentalists, and the company, lead to dam removal and allow us to make major strides in repairing not only the Klamath salmon fishery, but bring economic and cultural stability to the residents of the Klamath Basin, both native and non-native.

Quarterly Newsletter www.karuk.us

Karuk Tribe of California

P.O. Box 1016 • 44236 Second Avenue • Happy Camp, CA 96039 • (530) 493-2000 • (800) 505-2785

Tribal Enrollment Is Currently At 3,442 Enrolled Members

Contents **Newsletter Articles**

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be included, although your name may be withheld from the article itself with Council approval.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and **April 15** for the spring issue. These dates will be the same every year.



Karuk Department of Natural Resources

Watershed Restoration Program

Some may ask what we accomplish during the wet time of year when we are not actively restoring our watersheds. To answer that question we would like to give you a bit of background on our program infrastructure and on the logic behind the reasons for a Watershed Restoration Program.

In 1996, the Karuk Tribe along with other land management agencies began consultation and coordination efforts to deal with declining road management budgets and decreased road maintenance that was leading to degenerated road systems throughout the Ancestral Territory. In order to properly deal with these issues; in 1999 the Karuk Tribe established the Watershed Restoration Program. While past timber harvesting has brought economic benefit to our communities the network of roads remaining have a detrimental impact on our environment.

The high road densities and granitic rock and decomposing granite soil types in our area are highly sensitive to accelerated erosion. These conditions are of great concern due to the elevated risk of sediment production which in turn causes chronic resource impacts on rivers, streams, and riparian areas and to tribal trust species. Approximately 63% of the watershed we are working in is composed of this soil type. When

forest roads are not regularly maintained we experience road failure. Road failure is defined by active landslides that occur as small to large features



Diverted flow from failed culvert

throughout the area. These landslides are recognized as shallow debris flows or deep-seated landslides and slumps. With the most active landslides occurring in wet and weak soils that are extremely sensitive to road cuts and changes to drainage systems. Risk of landslides increase following catastrophic wildfire, past timber harvest practices or road construction activities. Sediment delivery to streams from this landscape can be high, even if fully vegetated. Problems of road drainage and transport of water and debris--especially during floods--are a primary reason roads fail, often with major structural, ecologic, economic, or other social consequences.

Roads have three primary effects on water movement across the landscape:

- Intercept rainfall directly on the road surface, road cutbanks, and subsurface water moving down the hillslope;
- concentrate flow, either on the surface of the road or in an adjacent ditch or channel,
- divert or reroute water that the landscape would otherwise take if the road were not present

According to data collected; by 1944, there were approximately 188 miles of roads in the nearby Salmon River watershed; by 1989, the miles of road on these federally managed lands had increased to 762 miles or 3,639 acres (de la Fuente and Haessig 1991). It is further recognized that road related landslide rates are 60-800 times greater than undisturbed soils. In 1993, the United States Forest Service Reported that more than 90% of the human caused sediment is associated with roads; and, in the Salmon River Watershed, roads account for 43% of the model-estimated surface erosion. It is clear from the information that restoration work should focus primarily on road-related activities designed to reduce sediment impacts from eroding road prisms. Controlling sediment production by "erosion-proofing" roads (through decommissioning and upgrading) has the

potential to provide the biggest "bang-for-the-restoration-buck" in terms of reducing sediment yield.



Resulting road damage from failed culvert



The Karuk Tribal Watershed Restoration Program is a year round program but is primarily implemented during the summer or dry months of the year. So in conclusion, to answer the question of what we accomplish during the wet time of year when we are not actively restoring our watersheds. We are busy planning, surveying, designing road decommissioning prescriptions and securing funding for future projects. Forging lasting partnerships with various agencies and private funders is vital. Our Watershed Restoration Program is fully funded through various grants and agreements and all but a few of our grant proposals compete on a national scale with other worthy proposals. While state and national focus may shift through various administrations, our ability to secure funds demonstrates the importance of our restoration activities. If you have any question regarding this Karuk Tribal Department of Natural Resources Program, please feel free to contact Earl Crosby, Watershed Restoration Coordinator at 530-469-3454 or ecrosby@karuk.us.

The Nurse's Corner

Vaccinations - Not Just for Kids

David Eisenberg, CHN



When we think of immunizations most of us think of young children or teenagers getting their shots at the doctor's office. But immunizations can protect adults too. Experts say that vaccines could prevent 70 percent of flu deaths, 60 percent of the cases of invasive pneumonia and 90 percent of the cases of Hepatitis B.

The body has a good system to react to invaders - the immune system. When the immune system comes in contact with an invader (an antigen) it does the best it can.

But after the immune system has been exposed to an antigen, it " remembers " it and can fight it more effectively if it invades again. This memory is called immunity. It is because of this immunity that disease like measles or chicken pox strike only once.

Vaccination is the practice of exposing a person's immune system to weak or inactive antigens to produce immunity. The antigens do not cause disease, and allow the body to produce protection against the invading organisms.

Vaccinations for Adults

Influenza (Flu)

This is a very contagious disease. The symptoms include fever, chills headache, sore throat dry cough runny nose and body aches. People over 65 and those with chronic diseases should get a flu shot every year.

Pneumococcal Disease

This condition is caused by bacteria which cause pneumonia and other serious conditions. Pneumococcal disease kills 40,000 people a year in the US. People over 65 and those with chronic diseases should have the vaccine at least once.

Hepatitis B

This is a serious disease of the liver caused by a virus. It is spread by contact with blood or other body fluids of an infected person. Workers who may be exposed to blood on the job, men who sex with men, or people who have sex with more than one partner in six months, or users of injectable street drugs should be vaccinated against Hepatitis B. The vaccine has a good overall response rate of 90%.

Vaccines are an important part of preventative health for everyone, not just kids.



This woman is not pregnant. She has Hepatitis B which exacerbated liver cancer. She died four months later. Photo Courtesy of U.S. Centers for Disease Control and Prevention

Harrison's Receive Awards at Happy Camp Elementary School

Submitted by Dorcas Harrsion

Great Job Kids!



Gerald



Kevin, Ben

Elizabeth & Brenda



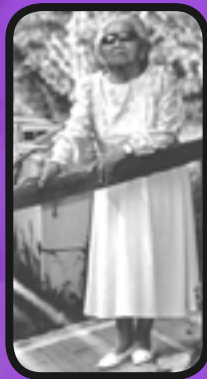
Chuik

In Loving Memory...

Violet Ruth Super



Violet Ruth "Vasihtíniich" Super passed away as a result of a fire that destroyed her home on the evening of November 29, 2006 in Orleans California. She was born on her family's Indian Allotment known as "Butlers Flat" in Siskiyou County on December 3, 1917 and lived all her life along the Klamath and Salmon rivers. She was a full-blooded Karuk and her family (Johnny) was from the villages of Katimiin, Ike's and Amikiyaarem. She was a fluent speaker, teacher and strong advocate of the Karuk language. She lived her life full of vim, vigor and vinegar, always young at heart.



She was preceded in death by Elvis Presley; her Grandparents, Red Cap Jenny, Red Cap Johnny and Susie Charles; Parents Bob and Mary Johnny; husbands Leonard Super and Orel "Heem" Hillman; four brothers, Martin, Dave, Dan and Theodore Johnny; sisters Agness, Caroline, and Hazel Johnny; nieces Hazel Wilder-Ward and Roselynd Norris-Tungate; and special cousins Ramona Tripp-Starritt, Lillian Bennett, and Elizabeth Rueben Snapp. She is survived by cousins Josephine Peters; Burl and Frank Grant Sr.; nieces Jeanerette Jacups-Johnny, and Marlene Crumpacker-Wilder, and several generations of nieces and nephews and all those who met, knew and loved her by simply calling her Auntie.

Services were officiated by David Tripp and held at Orleans Elementary School on December 8, 2006, and followed by a community meal. Interment was Saturday, December 9, 2006 at Evergreen Cemetery in Yreka with a community memorial and meal which followed at the Yreka Karuk Tribal Housing Community Room on Yellowhammer Road.

Young Lives Cut Too Short...

The Klamath River claimed the lives of three, much loved locals on December 3, 2006

We Will Miss You!



Ashley Johnson



Hobart Harrison

Harley Moore



Hobart Harrison's family would like to take this time to express our deepest heart felt thanks to everyone who made themselves available for us and helped us through one of our most difficult times.

Thank you
The Harrison Family

Contract Health Service Program

Anna Myers, CHS Supervisor

What Is Contract Health Service?

Contract Health Service (CHS) is a federally funded program administered through Karuk Tribe of California. Karuk Tribal Health assists **eligible** Indian clients with payments for **approved** medical and dental services. Following are some criteria listed below.

Eligibility for Contract Health Service:

One requirement to be eligible for CHS program is Indian Verification which includes:

1. A member of a federally recognized California tribe or a descendant of CA. Indian with a Certificate Degree of Indian Blood (CDIB) living within the Karuk Tribe of California service area.
2. Any Indian in California who is included on one of the California judgment rolls,
3. Or their descendents (A copy of the judgment roll that includes the individual's name must be provided).
4. Non-Indian woman pregnant with an eligible Indian's child is eligible during her pregnancy through six weeks postpartum.

How To Use Contract Health Service:

1. Patient must have a referral from one of the Karuk Tribal Health medical or dental providers for assistance with an outside service. **Pre-authorization is required for all non-emergency services and follow-up care.**
2. Emergency room visits must be reported to CHS within 72 hours after the services are rendered to be eligible for CHS coverage. Any ER visit will be reviewed and prioritized for payment by CHS staff, which means an alternate resources or a denial from Medi-Cal which is a **Federal Regulation...** Elders (60 and above) are allowed 60 days to notify CHS staff of an ER visit.
3. Any client requesting CHS must fill out an annual family intake for Medi-Cal if they have no other insurance, this also is a Federal Regulation to help CHS funds cover the entire fiscal year.
4. Client must mail CHS all bills and insurance explanation of benefits (EOB) that they have received within 60 days of the outside service. Please maintain close contact with CHS clerk for coverage updates.
5. **CHS is only paying for services in level I and II at this time.**

The following service are not covered at this time.

3. Level III:

- a.) Nutritional Supplements
- b.) Home Health Services
- c.) Durable Medical Equipment
- d.) Traditional Indian Health
- e.) Therapy Services: occupational and Speech
- f.) Orthodontic, periodonic care
- g.) Hospice Inpatient care

4. Level IV:

- a.) Drug and Alcohol Treatment Services
- b.) Inpatient Care
- c.) Outpatient Surgery, Ambulatory Surgery
- d.) Skilled Nursing Facility
- e.) Inpatient Care

5. Level V:

- a.) Dialysis
- b.) Transplants

6. Level VI:

- a.) All other excluded services

Remember Refusal to Apply for Alternate Resources Will Result in a Denial of Payment!

Karuk Tribe of California CHS Program: If after CHS staff has determined patient has no alternate resources; CHS will pay the approved service. The disadvantage of having no insurance is that not all services are covered. Since Karuk Tribal Health receives limited funds for CHS there may not be available funds as the fiscal year approaches. CHS does not cover surgery or inpatient stays at the hospital. Funds are limited and these services could exhaust the money in a short time.

For Those with Insurance: All correspondence from a client's private insurance, Medicare, medi-cal, etc. explaining how they processed the claim, **must be sent to the CHS office within 60 days.** If a client fails to comply with these requirements, CHS may deny payment.

Maria Miranda, Eligibility Worker for Tribal Health

Lessie Aubrey, Department of Quality Management and Compliance



Maria Miranda, Patient Eligibility Worker

Maria Miranda is the eligibility worker for the Karuk Tribal Health Program. Her main duties are to enroll patients in alternate resource programs like MediCal, Medicare Part D, CMSP, and Healthy Families. All patients, regardless if they are Native American, are eligible to apply for alternate resource programs through Maria. The benefits our patients experience is greater access to care and services.

Remember, not all our patients receive IHS benefits, so enrolling in an alternate resource program entitles them to health care they may not have expected. When an Indian patient becomes eligible for an alternate resource, it allows the Tribe to save its limited funds to help other Indians, who may not be eligible for other programs.

Maria has worked as the eligibility worker for eighteen months now and during that time has successfully enrolled 337 patients in an alternate resource. This does not include the number of patients who were non-compliant or who were denied.

One reason for non-compliance is because they don't or can't come up with the required documentation, or they let their time for enrollment elapse. It is imperative that the patient follow through on the required paperwork in a timely manner to become enrolled.

The CHS program is a payor of last resort, and will require eligible patients for CHS to apply for MediCal. Maria is very helpful in this area and I encourage you to use her services.

Maria is located in the Yreka Clinic and you can reach her there by calling 842-9200, and on Thursdays she travels to the Happy Camp Clinic at 493-5257. Her schedule is subject to change so calling her at the Yreka Clinic is the best way to schedule an appointment with her.

S.C.O.R.E Fundraiser COWBOY POETRY FESTIVAL

Featuring Bill Roberts & Friends

Live Western Music by Susan & Jesse

Date: Saturday, February 24, 2007

Time: 7:00 PM

Price: \$5.00 per person

Place: Grange Hall in Happy Camp

Information: (530) 493-5213

*Coffee & water are free, desserts/
snacks will be for sale at the event.*



Cowboy Poet, Bill Roberts
*Photo by Nancy Shaeffer,
courtesy Peggy Goshgarian*

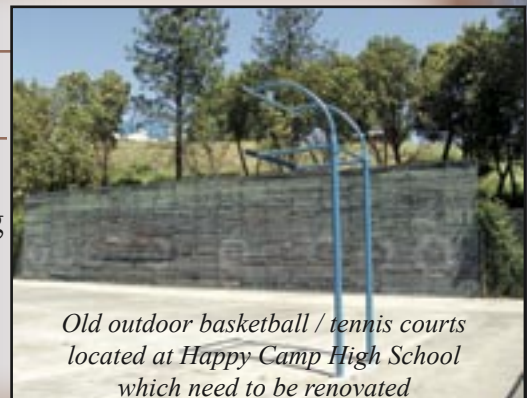


*Susan & Jesse
Photo courtesy Gerry Canning*

This event is to raise money for S.C.O.R.E.

S.C.O.R.E. (Sport Court Outdoor Rebound Effort) is a community-wide project to rebuild Happy Camp's existing tennis/basketball court for everyone to use and enjoy.

To donate: Mail check to S.C.O.R.E., P.O. Box 100, Happy Camp, CA 96039.



*Old outdoor basketball / tennis courts
located at Happy Camp High School
which need to be renovated*

Sign Up for Family Caregiver Course

Babbie Peterson, Senior Center Supervisor



Participants & Instructor of Orleans Caregiver Class

Our program is currently setting up our next course for Family Caregivers. This course is designed to help families acquire the caregiving skills they need to provide safe, confident home care. Classes include detailed instruction on how to care for someone on bed rest, personal care, safe wheelchair use, medication management, infection control, fall prevention, fire safety, and more. If you would like to join us for these supportive, information-packed classes please contact our office to give us the following information:

Name, address, phone number, and email address if you have one.

This information will also allow us to see which community in our service area has the greatest need for the classes. We can adjust our schedule and make arrangements for guest speakers in those communities and also send you information about the training once a date and location has been set. This is a 19 hour training that will be spread out over several days; upon completion you will receive a certificate of completion for the National Caregiver Training Program.

To sign up- or for more information, call 530-627-3056 and leave a message with your information, or mail your information to:

Karuk Senior Center Program
P.O. Drawer 249
Orleans, CA 95556



Siskiyou County Area Agency on Aging invited the Karuk Senior Center Program to have a booth at the Senior Health Fair at the Yreka Community Center.

Fort Jones Senior Fair - the Karuk Senior Center was invited - we had an informational table with program information and handouts.



Humboldt County Area Agency on Aging: The Karuk Senior Center was invited to provide an Information Booth for their Caregiver's Fair in Willow Creek

Happy Camp Senior Meal site having a Luau.

Orleans Senior Meal site.



Katherine “Katie” Achêevish Lommen



Born: August 21, 2006, Portland, OR

Parents: Kathy & Steve Lommen

Brothers: Max, Mason & Luke Lommen

Grandparents: LeRoy & Doni Wilder, Aileen Wilder, Jory & Kerin Lommen

Great Grandmother: Eleanor Wilder

Aunties & Uncles: Janet & Barry Morehead, Lillian & Werner Rentz, Pat & Willard Johnson

Jordan Christopher Bartlett

Born: October 26, 2006

Weight: 7 lbs, 11 oz.

Parents: Bridget Chante Brown and Chris J. Bartlett



Yupsítanach (Baby) Page

Karuk Tribe Child Care Program

Dion Wood, TERO & Childcare Program Director

The Karuk Tribe of California has received our 2007 grant award for the Child Care and Development Program (the Child Care Program) and is able to maintain the current level of services in addition to accepting new applications for this childcare subsidy program for low-income families with tribally enrolled children. This is a two-year block grant and the tribe's plan for the next two years must be submitted by July first of this year. The program is required to hold public meetings to include within the plan, so look for more information in early summer!

Beyond supporting the costs for care for Indian children in child care settings within the ancestral territory, the Karuk Tribe's Child Care program also contributes to enhancing the “quality” of services that families receive through this federally funded program.

The Child Care program is often asked for references for Care Providers so if you live within the tribe's service area and are interested in being on a referral list for any one of our communities, please contact the program director for more information. You will be asked to take a TB test and must be willing to have First Aid / CPR including child and infant CPR certification. Background checks may be required depending on parental choice. Please call 1-800-505-2785 extension 2030 if you have any questions.



Alanna Hope Hillman, daughter of Josh and Jeri Hillman. Josh is currently serving in the US Army

Santa Visits Indian Country

Photos courtesy Michael Moore



Tribal Employees, Friends & Families

At the Employee Holiday Party

Photos courtesy David Eisenberg



Left: Maria Miranda
& Liz Super



Right: Dr. Burns &
Claudia Ross-Mcleish



Kristin King & Robert
"Basketball Bob" Attebery



Greg, Susan & Logan Gehr



Phil Sr., Ellie, Phil Jr., & Kids



Above: Elke
Head, Lisa
Aubrey, April
Attebury &
Bessie Munson

Right: Marsha
Jackson



Below: Michael
Moore

Right:
Preston
Willson &
Verna Reece



Left: Erin Hillman &
Sandi Tripp



Right: Babbie
Peterson



The Whole Gang!



Mission Statement

The mission of the Karuk Tribal Council is *to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

Karuk Tribal Council

Winter, 2007

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Charron 'Sonny' Davis
Member at Large

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Desktop Publishing:

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Editor:

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Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

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Karuk Tribe of California



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Happy Camp, CA
96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Karuk Tribe of California

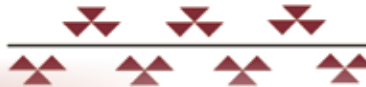


P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

Tribal Enrollment Is Currently At 3,485 Enrolled Members



NOTICE OF ELECTION



Karuk Tribe of California

NOTICE IS HERBY GIVEN that on Tuesday, November 6, 2007, the Karuk Tribe of California will conduct a Tribal Election. Polling places will be open from 7:00 am to 7:00 pm at the following locations:

- ~ **The People's Center** next to the "Old Elementary School Gym" 64236 Second Ave.
- ~ **Yreka Karuk Conference Room**, 1519 South Oregon Street
- ~ **Orleans Community Center**, 39051 Hwy 96

TO BE ELIGIBLE TO VOTE: All members of the Karuk Tribe who are eighteen years of age and over who have registered with the Karuk Voter's Registration Office shall have the right to vote.

CANDIDATE ELIGIBILITY REQUIREMENT AND PETITIONS: will be available on Monday, June 18, 2007 at the Tribal Administration Building in Happy Camp, The Karuk Medical Clinic Buildings in Yreka and Orleans and the Karuk Tribe Housing Authority Offices in Yreka and Happy Camp.

Nominating petitions, proof of residency, fingerprints and \$50.00 filing fee must be returned to the Voter's Registration Office located in the Tribal Administrative Office in Happy Camp no later than August 7, 2007 at 5:00 pm.

Subject Matter of Elections:

Council Positions:



Chair Person	4 YEAR TERM	2007-2011
Secretary	4 YEAR TERM	2007-2011
Member At Large	4 YEAR TERM	2007-2011

ABSENTEE BALLOTS: Requests for absentee ballots must be submitted in writing with a return address to:

VOTER'S REGISTRATION OFFICE
PO BOX 815
HAPPY CAMP, CA 96039

All requests for absentee ballots must contain his/her signature and be verified by one of the following three methods:

- 1) by notary public
- 2) by two eligible voters of the Karuk Tribe of California
- 3) by providing a copy of State, Federal or Tribal I.D. card with signature

It is highly recommended that absentee ballot requests be received by the Voter's Registration Office in a timely manner for those members who live outside the aboriginal territory, due to the amount of time it takes for the mail to reach Happy Camp. No phone calls or faxes will be accepted according to the Tribal Election Ordinance, Section 16 B.

For more information we encourage you to call the Voter's Registration Office at (800) 50-KARUK or (530)493-1600, ext. 2014 or 2057.



June 23, 2007

Details on Page 7

Chairman's Corner

Arch Super, Tribal Chairman

Ayukii, Yaxa, pananukyaavichvansas takun chuuputi pa ararahih. Tanixxuti, koovura pa araaras pananu chuupitiheesh pa ararahih. Kukkuum tani piip pa ararahih uum pananu aaniv. Chi nuu itapeesh pananu ararahih. *Hello, look, our workers they are talking the Indian language. I think all the Karuks, we be talking our Indian language. Again I say, the language is our medicine. Let's be learning our Indian language.*

This quarter of Tribal business has been the usual busy. Most business has been with inter-office operations. I work on a daily basis with staff, program directors and open door policy with our General Membership. I continue to encourage Tribal Membership to call, email or stop by to see your Tribal Leadership. Direct contact/communication goes a long way. We definitely like to hear of the things that you would like to see in the editions of the Tribal Newsletters.

Northern California Tribal Courts Coalition

(NCTCC) – Our Karuk Tribal Court continues to meet quarterly with a group of local Tribal Courts. The group consists of tribes such as Hupa, Yurok, Klamath, Redding Rancheria, etc. Our Administrators, Judges and Tribal Councils share, support and continue to strengthen our Tribal Court Systems.

Klamath-Trinity School District - Staff and Tribal Council are trying to work with the Klamath – Trinity School District to ensure a budget for the Indian Education Program in Hupa. The Program includes Native languages for the Hupa and Yurok tribes and we are also trying to include the Karuk language for our members and descendants in that area. Education Coordinator, Jennifer Goodwin; Compliance Specialist, Erin Hillman; Council; Florence Conrad and I have attended a couple of meetings to advocate for the Karuk language and the continuance of the Indian Education Program for that district.

Karuk CASA Program – Our CASA program continues to strive for the advocacy of our Tribal Members and Descendants of the Karuk Tribe. Kayla Super is the new CASA coordinator. The program has meetings with staff and Tribal Council to ensure services and resources. Support and input to the Karuk CASA Program is always well appreciated. Keep an eye out for ongoing activities and fund raisers.

Talking Circle – a group of Tribal Members in the Yreka area have had three Talking Circles (Chuupha unuhyaach). The attendees consisted of around 20 Tribal Members and a couple of Tribal Council Members. The forum had been set up to have a talking circle with questions, concerns and interest in the Karuk Tribal Government

and Operations. Participation has been good and we hope to continue and also extend to the Happy Camp and Orleans areas. We encourage Tribal Members to call the Tribal Chairman and Tribal Council with your thoughts on a Talking Circle.



Chairman Super in Washington DC

Education Committee – We have meetings every other month with the Education Committee. The Education Committee works with the Education Coordinator, Jennifer Goodwin on the budget and planning of Higher Education for all Tribal Members. The Program has helped a lot of Members. We encourage Education participants to write summaries to the Karuk Newsletter and also if members have questions about the programs, please write or email us.

BIA / Probate – Our Self Governance office has been working with the State and Federal BIA offices to implement a Probate Code and Department to operate in our Tribal Administrative Office in Happy Camp. Then we would be able to do our own Probates locally. It would be another big step that the Karuk Tribe has taken to continue Self Governance for the Karuk People.

KTHA Planning Session – the Tribal Council and the Karuk Tribal Housing Authority had their annual Planning Session for the Operation of Tribal Housing, the session was held in Canyonville, OR. The session discussed budget, policies and implementation for Social Services, Peacemaking and Tribal Courts role with the Tribe and Tribal Housing. If Members have questions, concerns and ideas with Tribal Housing, please get in touch with us.

Signing Title IV-E Agreement - The Karuk Tribe had a special Signing Event with the California Department of Social Services. The Tribe has been working with the State of California for the past three to five years on getting the Title IV-E agreement developed and signed. Title IV-E is the Foster Funding sources that are passed through the State offices. Through our Self Governance status and knowledge and operations of Indian Child

Inside This Issue...

<i>The Chairman's Corner</i>	2-3
<i>Historic Agreement Between KTOC & State</i>	4
<i>Karuk Community Loan Fund</i>	5
<i>Department of Grants Management Update</i>	5
<i>Housing News</i>	6
<i>Featured Housing Unit/Paula McCarthy's Home</i>	9
<i>11th Annual Karuk Tribal Reunion</i>	7
<i>Quarterly Staffing Update</i>	8
<i>Live & Work in Beautiful Northern California</i>	8
<i>Karuk Paths to Prosperity Website</i>	9
<i>Happy Camp Student Services Coordinator</i>	9
<i>Online Karuk Language Classes</i>	10
<i>Master & Apprentice Grants Awarded</i>	10
<i>Education Department Update</i>	11
<i>Congratulations Susan George!</i>	11
<i>5th Annual Mark Titus Softball Tournament</i>	11
<i>Troy Tibbett, Jr., & Meeko Sanchez</i>	12
<i>Baby Pages</i>	13-15
<i>Fall COS Distance Learning Schedule</i>	16
<i>Successful Online Learning Course Available</i>	17
<i>GPRA / Newsletter Article Submitting</i>	18
<i>The Nurses Corner</i>	19
<i>Second Annual Fun Run</i>	19
<i>Summer Youth Work Program Opportunity</i>	20
<i>Klamath Knot Art Walk</i>	20
<i>Bill Bright Memorial Gathering</i>	21
<i>Telephone Access Information</i>	21
<i>Grant Children Birthday Fun</i>	22
<i>Hello Mr. Ince! / Quilting in Orleans</i>	23
<i>Housing Raffle Winners</i>	23

Continued from page 2...

Welfare, we were able to get this funding to come directly to the Tribe. We are the first Tribe in the State of California to accomplish this endeavor. Many thanks go to our staff, attorneys, members, and Tribal Council that have been involved with the process.

BIA Budget Meeting - Our Self Governance Director, Mr. Hector Garcia and I attended the quarterly BIA budget meeting that was held in Washington DC. The agenda for the Budget Consortium was for Law Enforcement for Tribes. The Karuk Tribe does not have Tribal Law Enforcement, so we were able to express our issues with monies for Natural Resources and for the Federal Government to allow the Karuk Tribe to maintain it's own Forest Management. Reports on this meeting can be reviewed in our Self Governance Office. We were also able to do some communicating with Senator Feinstein's and Boxer's offices; the Department of Interior, Arch Wells; Congressmen Herger's office; the newly appointed Assistant Secretary, Carl Artmen; Senator Byron Dorgan; NIGC office, John Hay; on issues with Tribal Housing, Dam issues, Fee to Trust land issues, Tribal Gaming, Economic Development. The direct contact with the Federal Offices and Staffers enhance the communications with the Karuk Tribe. It's easier if these Federal Offices remember the Karuk Tribe.

Gaming report - We met with the NIGC attorney John Hay while in DC. Unfortunately, we are currently at a stand still. Our last proposal is still on his desk. Mr. Hay has been away from his desk quite often for the past three months. He did state that he had another attorney that will be reviewing our

proposal. He did not have a date that he could predict determination. The only thing we know at this time, is that our possibilities for a positive determination is not denied. We just have some more time that we have to wait. We will keep the membership informed.

OVERALL Tribal business has been staying busy. I always encourage our Tribal Membership to write, email, call or come and see your Tribal Council with any issues and concerns. Whatever way we can address these issues and concerns, we will always try. If you have a specific director, Council Member or Staff Member that you wish to get in touch with, please do so.

Yootva, (thank you)

Suva nik. (see you later)

Notes from the Secretary:

*Florraine Super, Tribal Secretary,
is on Maternity Leave.*

Tribal Secretary Florraine Super is awaiting the happy event of the birth of her baby. Notes from the Secretary will resume after her Maternity Leave.



PRESS RELEASE

State Reaches Historic Agreement On Child Welfare Services With The Karuk Tribe Of California

FOR IMMEDIATE RELEASE

March 14, 2007

Happy Camp, CA: The Interim Director of the California Department of Social Services (CDSS) joined leaders of the Karuk Tribe of California in the tribe's ancestral territory town of Happy Camp today, to announce an agreement which will provide funding to the tribe for eligible child welfare services involving Karuk children and families under the jurisdiction of the Children's Division of the Karuk Tribal Court.

This agreement, the first of its kind in California, will allow the Karuk Tribe to independently provide funding for services including foster care, independent living and adoption assistance payments. These services traditionally are provided by individual counties with the use of Federal Title IV-E funding.

"This historic agreement recognizes and supports the sovereign right of the Karuk people to provide for the welfare of their children," said Cliff Allenby, Interim Director of the CDSS, "We hope this is the first in a long line of child welfare agreements with tribes across the State."

Governor Schwarzenegger's proposed budget supports the agreement with the Karuk Tribe through provisions which would allocate State Funding to the tribe to finance child welfare services. The state funding will ensure that child welfare services allocations in counties affected by the agreement will not change in the coming fiscal year.

"The signing of this historic agreement is a testament of the commitment of the Karuk Tribe to access funding for child welfare services," added Interim Director Allenby, "Accessing funding for foster care and adoption services is critical to implement appropriate and effective child welfare services in Indian nations."

The Karuk Tribe established its court in November 2003 and has since focused primarily on hearing child welfare cases involving tribal families. Arch Super, Chairman of the Karuk Tribe of California, noted: "It is a major accomplishment to finally be able to access the same funding that counties receive to support the Karuk Tribe's child welfare program and foster families."

The Karuk Tribe, the second largest Indian tribe in the State by population, is located in Northwestern California. Traditional lands lie just south of the Oregon

border and extend generally west from Interstate 5. Currently, tribal lands encompass approximately 1,100 acres in both Siskiyou and Humboldt Counties.

The agreement was signed today by Chairman Super and CDSS Interim Director Allenby. Also present were members of the Karuk Tribal Council, staff of the CDSS that have been involved in the negotiations of the agreement, and other invitees.



Front Row Left to Right: Elizabeth Sandoval (State Attorney), Alvis Johnson (Council Member, Karuk Tribe), Arch Super (Chairman, Karuk Tribe), April Attebury (Karuk Tribal Court), Cliff Allenby (Director, CA DSS), Sonny Davis (Council Member, Karuk Tribe).

Back Row Left to Right: Francine Bremer (State Attorney), Teresa Contreras (Bureau Chief, Child Welfare Policy & Program Develop., CA DSS), Daniel Pratt (Social Worker III, Karuk Tribe), Stephanie Dolan (Karuk Tribal Attorney), Kevin Gaines (Deputy Director, Local Gov't & Community Relations, CA DSS), Leeon Hillman (Treasurer, Karuk Tribe), Florence Conrad (Council Member, Karuk Tribe).

Council Members Not Pictured: Leaf Hillman, Florraine Super, Roy Arwood, Robert Goodwin.



Arch Super, Chairman, Karuk Tribe
Cliff Allenby, Director, California Department of Social Services

Karuk Community Loan Fund

James Berry, CFO, Karuk Community Development Corporation

On April 5th, the Karuk Community Loan Fund, Incorporated, held its first official board meeting. In the presence of Karuk Tribe Housing Authority Board Member, Verna Reece, the following individuals were sworn in as Board Members of the Karuk Community Loan Fund, Inc: James Burcell, Robert Goodwin, Edwin Davenport, Ellen Johnson, Tina Britton-deCoux, and James Berry. James Cook was absent, but will be sworn in at a later meeting.

The following members were voted in as the Executive Officers of the corporation:



Swearing in of KCLF Board

James Burcell, President

Robert Goodwin, Vice President

Edwin Davenport, Secretary

Tina Britton-deCoux, Treasurer

The new board will be establishing new lending guidelines and formally setting new sub-committees. Once operating, the Karuk Community Loan Fund will be able to offer real estate loan products to tribal and community members in the service area. Eventually at a later

date, the Loan Fund will also be able to offer business loan products.

The Board of the Karuk Community Loan Fund, Inc. looks forward to the opportunity of providing its services to the Tribe and community.

Karuk Community Loan Fund, Inc., Board of Directors

L-R: James Burcell, President; Robert Goodwin, Vice President; James Berry, Member; Tina Britton-deCoux, Treasurer; Ellen Johnson, Member; Edwin Davenport, Secretary.



Karuk Tribe Grants Department Update

The Grants Office has had a busy winter planning for and beginning to write two large grants that will be submitted this spring. The first, our five year Health Resources and Services Administration (HRSA) grant, provides staffing and general support for the Karuk Tribal Health Program. The grant is due May 4 and has been Hester's primary project of late. Meanwhile, Rick has been working on an Indian Community Development Block Grant (ICDBG) that is funded by the Department of Housing and Urban Development (HUD). This year's block grant will provide funding for the expansion of clinic and administration space in Happy Camp. Rick is taking the lead on this grant, which is due June 1.

Hester is in the process of updating our funding request to the Cheney Foundation in hopes of obtaining support for a generator to operate the clinic and administration offices in Happy Camp.

Rick and Hester have met with Tribal Council regarding Rick's draft Strategic Plan and developed next steps for receiving input from the Tribal Membership. The plan is currently available on the Tribe's website. Please let our office know what you think of it. We will also have copies of the plan at the Tribal Reunion on June 23 for you to review and comment on.

Other projects we have been working on include: a grant to the Economic Development Administration, a Native American Graves Protection and Repatriation Act (NAGPRA) grant, an Institute of Museum and Library Services (IMLS) grant for the People's Center, and a grant to support our talented basketweavers.

If you have questions, please stop by the grants office or give us a call at 493-1600, ext. 2021.

Housing News

Sami Jo Difuntorum, Executive Director

I am pleased to announce the Karuk Tribe Housing Authority (KTHA) has selected an Operations Manager. Cyd Ann (Harrie) Escobar, whom many know simply as "Poopsie" has accepted the position. She has worked for the Karuk Tribe Housing Authority for eleven years in the Yreka office in the position of Tenant Relations Officer. Ann has twice received the KTHA Employee of the Year award for her exceptional customer service. We are all very excited that Ann has chosen this career path and have full faith that she will do an outstanding job.

In March, the Karuk Tribe Housing Authority conducted our tenth annual planning meeting. Highlights of the upcoming program year include:

Direct Loan Program – KTHA loans money to low income first time homebuyers in Humboldt and Siskiyou Counties at 4% interest. We currently have 17 loans obligated to Karuk Tribal members totaling \$ 1,318,770.65. We still have money to loan! If you are interested, please contact Eddie Davenport at (530) 493-5434 for more information. There is no cut off date for applying, we accept applications all year.

During the next construction season, we hope to build more homes on Tribal land for homebuyers. We plan to build in Orleans, Yreka, and Happy Camp. If you are interested buying a home on Tribal land, call any of our offices for details. There is no application deadline, you can apply any time.

During the 2006/2007 school year, we provided \$106,568 in rental assistance to thirty-two Karuk Tribal members attending college or universities. This program is a grant and can help with rent up to \$400 per month. For information on applications, please contact Jennifer Goodwin at 530 493 1600 or Lori Arwood at 530 493 5434. Complete applications must be received by August 1 each year in order to be considered.

KTHA has funding available for home replacement grants. We are able to provide limited grants to Tribal members in Humboldt and Siskiyou Counties to purchase replacement homes. For more information, please contact Sami Difuntorum at (530) 493-5434. We have provided replacement homes for three Tribal members and have three more in progress. We accept applications for this program all year.

The KTHA currently manages 172 units of affordable housing on Tribal land. We have three Tribal housing communities in Orleans, Happy Camp, and Yreka. We hope to purchase property and build more Tribal homes in communities such as Forks of Salmon and Somes Bar.

Featured Housing Unit

The Karuk Tribe Housing Authority will be featuring a Housing unit in each Tribal Newsletter. This will allow you to see the homes that K.T.H.A. has been providing for our tribal members.

Our first feature, is the home of Paula McCarthy, she currently resides within the Happy Camp Elders Community. She has lived within the KTHA community since June 2001. She has mentioned that the homes are very nice and she enjoys her home very much. Her and her family are glad she is part if the KTHA community. Paula lives close to the many places that she continually volunteers: the K.C.D.C. Office, the People's Center, and the Administration Office. Paula has worked with the Karuk Tribe in many capacities: she began working for the Karuk Tribe when we were in the process of being federally recognized. She has served on the Karuk Tribal Council for 11 years, she has worked for the Karuk Tribe in the Health/ Administration offices for 8 years, and she is currently a KTHA Housing Board member and has been for 8 years. She is also part of the very important cultural aspect of the Karuk Tribe the Basket Weavers Gathering Program. Thank you Paula; for allowing KTHA to share this information with our tribal members and most of all Paula for being part of the Karuk Tribe Housing Authority Community and a Housing Board member.

Be sure to look for the next KTHA feature.



KTHA's Featured home - Paula McCarthy's



11th Annual Karuk Tribal Reunion

June 23, 2007

Happy Camp, California

Page 7

- Games for Kids & Adults
- Demonstration Dances
- 5K Fun Run / 3K Fun Walk
- Open Horseshoe Tournament
- Open Outdoor Volleyball Games
- Vendors
- Card Games
- Health Fair
- Staff Information Booths
- Honor Our Full-Blooded Karuk Tribal Members & Elders



Event Schedule Coming Soon to
www.karuk.us

Contact Information:

(800) 50-KARUK or (530) 493-1600
64236 Second Avenue or P.O. Box 1016
Happy Camp, California 96039

Motel/Campground Information:

- ◇ Klamath Inn Motel (530) 493-2860
- ◇ Klamath River RV Park/Campsites (530) 493-5377
- ◇ Bigfoot RV Park & Cabins (530) 493-2884 or www.thehappycamp.com
- ◇ Klamath River Resort Inn (530) 493-2735 or www.klamathriverresortinn.com
- ◇ Forest Lodge Motel (530) 493-5296 or www.forestlodgemotel.net
- ◇ Elk Creek Campground/RV Park (530) 493-2208 or www.elkcreekcampground.com



**Traditional Salmon and Acorn Soup Dinner
will Be Served at 3:30 PM**

This is a drug and alcohol free event.

The Karuk Tribe of California and its insurers are not responsible for thefts, accidents, or injuries.

Karuk Tribal Newsletter • Spring 2007

Quarterly Staffing Update

Sara Spence, Human Resources Manager



Happy Spring! There are currently 137 employees on staff! This report covers early January through early April 2007.

Janey Goodwin resigned her position as DNR Clerical Technician and has relocated to Yreka. Julia Woodman was hired on 12/4 to help out in that department.

Michelle Stark resigned from her position as Dentist in the Yreka Clinic on 3/30; we continue to recruit for this vacancy.

Dorothy Bridenstine resigned from her position as Registered Dental Assistant and Diana Lemos resigned from her position as Registered Dental Hygienist in the Yreka Clinic on 3/30; we are not recruiting for these vacancies at this time.

Austin Hauki was hired on 1/10 to fill in as Receptionist for the Happy Camp Clinic.

Gwen Rosenberg was hired on 2/7 as a part time Medical Assistant to help out at the Happy Camp Clinic.

Kimberly Guevara was hired as Administrative/Medical Records Supervisor of the Yreka Clinic on 3/14.

Kayla Super was hired as the Court Appointed Special Advocate Volunteer Coordinator on 4/2. She is taking the place of Cheyenne Davis who vacated this position to accept the Social Worker III position for the Tribe's Social Services Program in Yreka.

Annie Villa was hired as the Tribal Court Administrative Assistant on 4/10. She will be providing support to April Attebury who was recently promoted to Tribal Court Administrator/Associate Judge.

We continue to recruit for the hard to fill provider positions of Clinic Dentist, Dental Director, Clinic Physician and Family Nurse Practitioner for the Yreka Clinic. If you or anyone you know has a California license in one of these fields and are interested in the position(s), please let us know!

Live and work where the scenery surrounding you is breathtaking...

"Join a health care team that is committed to patient care in a setting of continuous quality improvement. We provide ample salaries, benefits, training opportunities, vacation, and the opportunity to work with a multi-disciplinary team to further the health of Native Americans and the population of our communities".

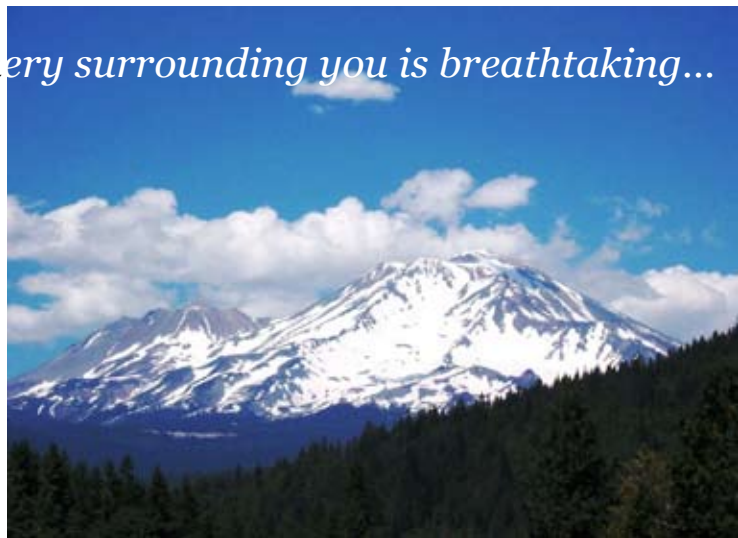
- Steve Burns, Medical Director

Featured Positions...

- ~ Dental Director
- ~ Clinic Physician(s)
- ~ Family Nurse Practitioner(s)
- ~ Dentists



Location: Yreka, California (pronounced Y-reeka), has been designated as 48th in the top one hundred small communities in the United States. Yreka is a quiet little city located in an area rich in history and generous in natural resources; the valley is abundant in its intrinsic beauty and enjoys the diversity of all four seasons. Close at hand are recreational opportunities featuring; golf, tennis, fishing, white water rafting, gliding, hiking/backpacking, camping, hunting, water skiing, bowling, snowmobiling, snow skiing (at two nearby ski parks), racquetball, bicycling and motorcycling.



All Interested Candidates:

- ~ Visit us online at www.karuk.us
- ~ Call Human Resources (530) 493-1600
- ~ Email: sspence@karuk.us

Karuk Tribe of California

www.karuk.us

Want Jobs?

The more you learn, the more you earn!

Sara Spence, Human Resources Manager

As you may recall from the last newsletter, the Administration for Native Americans (ANA) awarded the Karuk Tribe a \$900,000 grant for Karuk Paths to Prosperity, a three-year social/economic development project that will improve educational and employment opportunities in the remote communities of Happy Camp, Orleans and Yreka.

One of the projects included in this grant was the development of a website that can be accessed by the public to see all of the Karuk Tribe's job listings and to be updated over the next three years with interviews with these employees regarding their positions.

Gerry Canning, IT Assistant Manager and myself have worked together to establish this website and it is now available for review and feedback. To access the



site, visit www.karuk.us and then click on Departments & Programs on the left hand side of the page; then click on Paths to Prosperity.

Once you access the page; there is information about the grant included and several links at the bottom of the page. The hierarchical job list takes you to a page listing all jobs within the Karuk Tribe's departments. Positions that are underlined on this page have position descriptions available by clicking on the title of the job. If there is an Interview link next to the job title; an interview with the employee who holds that position has been posted for visitors to read.

We ask that you please take the time to visit the site and email me at sspence@karuk.us with feedback you have – good or bad. Please be honest so we can make necessary improvements.

Visit Your New Happy Camp Student Services Coordinator!

He's Here To Help You Plan A New Future!

- **Do you wish to get out of your current job and into something more rewarding?**
- **Do you need a change in careers?**
- **Would you like to earn more money at work?**
- **Do you feel you have talents which would be of better use in another position?**
- **Are you not sure how to "land" that job you have been dreaming of?**
- **Are you afraid of trying and failing?**

Jim Burcell, Tribal Member and Student Services Coordinator, is now available to assist you in finding your way to a better career. He is also here to find the right college courses you may need to get that job, available locally without having to "go away" to college.

Jim will work one-on-one with you to help make your dream a reality. YOU CAN DO IT, and he is here to help you through any rough spots. All you need to do is try.

Student Services Coordinator staff in Happy Camp and Orleans are working with the Tribe's education and TERO departments to assist you with:

- Tribal job search according to your talents

- career planning
- navigating the Paths to Prosperity and Tribal website
- academic advising
- college course selection
- career counseling
- financial aid advising
- mentoring
- course technical assistance



Jim Burcell, Student Services Coordinator for Happy Camp

COMPASS college placement tests are now available at the Happy Camp Community Computer Center to place you into the right college course, no matter what your current education level is.

The new web site featuring different job positions at the Karuk Tribe is now posted at <http://www.karuk.us/test/index-pp2> with detailed descriptions of what each job is and what is required of the person in those positions, low and high rates of pay, training/education necessary to qualify for the job(s), and which community(s) the positions are located. The web site is being continually updated and by the end of the three year grant, 100 jobs will be placed online.

Give Jim a call at 530-493-2655 or 530-493-5213 or stop by the Computer Center Distance Learning Classroom at 25 Fourth Avenue in Happy Camp. You will be glad you did!

Online Karuk Language Classes

Susan Gehr, Language Director

We are in the middle of developing an online Karuk Language Class. When it is ready, we will post registration information to the tribal website and on the Karuk Language email list. You can subscribe to that email list by sending a message to KarukLanguage-subscribe@topica.com

We're preparing our first lesson for publication online. Our first lesson will cover some conversation basics and have links to a pronunciation guide where you can hear samples of the basic sounds of the Karuk language.

To view a sample of our first lesson, go to <http://class.karuk.org/>

We hope this class will provide an introduction to the Karuk language and encourage you to use the language in your daily life. No class can by itself create a new generation of future speakers. But we hope to inspire you to continue learning and speaking the language beyond what any class can cover.

The best way to learn a second language is the way we learned our first language – by living in a community of native speakers of the language. With the Karuk language and many other Native American languages, there is no community where only the native language is spoken. But as long as there is one living speaker of the language, it is possible to create an environment where one is immersed in the language: the master-apprentice method.

In 1993, the Advocates for Indigenous California Language Survival (AICLS), designed and implemented the Master Apprentice Language Learning Program (MAP). This core program of AICLS trains pairs of people to work together for successful language teaching and learning.

An elder and a younger tribal member who are committed to learning the language receive training in one on one immersion techniques. The trained team members are then paid stipends so that they can devote the 10-20 hours per week necessary to do the work.

Key to the program is the concept that the team live their daily lives together in the language. The teams keep journals and AICLS mentors monitor them by regular phone and site visits. For more information and program applications, visit <http://www.aicls.org/>



Master & Apprentice Grant Awarded to Two Orleans Women

Article submitted by Julie Sanders

Two Orleans women received a "Master and Apprentice" grant awarded by the Alliance for California Traditional Arts (ACTA). The grant is given to a master artist to train a selected apprentice. Master Weaver LaVerne Glaze and Apprentice Laura Sanders recently completed their acorn baskets.

An ACTA representative twice visited LaVerne and Laura in Orleans to record the progress of their weaving. Now that the baskets are complete, they will be displayed in a showcase during the California Indian Basketweavers Gathering this June in Nice, California.

The Alliance for California Traditional Arts awarded 97 different grants to artists from Siskiyou County to San Diego County. More information about ACTA can be found on the web at www.actaonline.org.



Karuk Tribal Member and master-weaver, LaVerne Glaze, and Karuk descendent Laura Sanders

Education Department

If you are a Tribal Member needing financial assistance while attending College, please take note that the last day to apply for the Education Grant Award and Housing Rent Voucher for the 2007-2008 school year is August 1, 2007. Applications may be requested by calling Jennifer Goodwin, Education Program Coordinator at 1-800-50-KARUK extension 2034.

**Applications and forms
are now available on the
Karuk Website!**



Congratulations Susan George!!

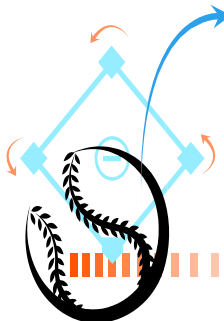
On January 27th, 2007 Susan George, a Karuk Tribal Member, graduated with honors from Simpson University with a Bachelor of Arts in Organizational Leadership. She graduated with a 4.0 grade point average. Susan is the daughter of Kay George of Etna, and the late Rachael George.

The Karuk Tribe is very proud of you!

5th Annual Mark Titus Memorial Co-Ed Softball Tournament

July 27-29, 2007
Happy Camp, California

Anyone Interested Contact
Tamara Barnett
(530) 598-2254 or
mtmemorial@yahoo.com



Entry Fee:
\$200 by 7-13-07
\$250 after 7-13-07

Awards For:
1st, 2nd, 3rd & Sportsmanship
Cash for Male/Female MVP

All proceeds fund scholarship for local High School Student

Celebrating Karuk Youth!



Troy Tibbett, II

Karuk Tribal Member Troy Tibbett II, 19 years old, Grandson of Tribal Member Henry Aubrey, Happy Camp and son of Kristen Aubrey (Tribal Member), and Troy Tibbett both of Eureka, graduated from Eureka High School in 2006. Interested in law enforcement he participated in the Humboldt County Sheriff Departments Explorer program during his senior year before joining the United States Navy. Now an Aviations Bomb Specialist Tibbett did his boot camp in Chicago Illinois at Great Lakes Naval Base, and attended A School in Pensacola Florida, graduating number four (4) in his advanced training class. Troy is a traditional drum maker and enjoys participating in the brush dances. He is stationed in San Diego California.

Help us celebrate our Tribal Veterans, if you have a family member serving in the military or has past history of service; please contact me at 800-505-2785 to submit your story to the Karuk Newsletter.

Yootva, Erin Hillman

Sanchez Selected to Evergreen All League Basketball Team

Submitted by: Meeko's mom, Donna Goodwin-Sanchez

Karuk Tribal member Michael "Meeko" Sanchez was selected to the Evergreen All League Basketball Team for the 2006-2007 season. He averaged 17.4 points per games and 8 rebounds in League play. Meeko recently played in the Final Mike Attebery Memorial Basketball Tournament averaging 22 points per game receiving all-tourney recognition.

Meeko's motivation in basketball is focused on teamwork, discipline, spirit, and he sticks with his team all the way.

We look forward to Meeko's senior year at Happy Camp High School as a student athlete.



Yupsítanach (Baby) Pages



Dewey Sregon George Jones, Jr.

Born: 3/18/07

Parents: Irene Miranda & Dewey Jones

Grandparents: Rebecca & the late Jesse Miranda, Harold & Noreen Jones

Great grandparents: Eugene & Lorelei Super, Anthony & Elberta Jerry, Jimmie and the late Josephine James

Seany Carter Hawk

DOB: November 28, 2006

Parents: Janey Goodwin & Sean Hawk

Grandparents: Jimmie Goodwin & Kristy Goodwin & Norman Goodwin

Great Grandparents: Jo Elaine Aubrey & Earl Aubrey



Sophia Lee Abono

Born: 1/21/07

Parents: Sarah & Paul Abono

Joins Big Sister: Alyssa

Grandparents: Donald & Susan Super

Great Grandparents: Pete & Nancy Super

Landon Joshua Hughes

We have a new arrival to our family. He is a special gift from God!!!

Born: October 22, 2006 at 12:45pm.

He weighed 7 lbs. 1 oz. and was 20 inches long.

Proud parents: Josh and Geana Hughes.

Maternal grandparents: Hoop and Rachel George

Paternal grandparents: Vernadine Hughes and Steve Rohn.





Autumn Raye Goodwin

DOB: February 11, 2007

Parents: Daniel J. Goodwin & Ashlee R. King

Paternal Grandparents: Robert N. Goodwin & Barbara Goodwin

Maternal Grandparent: Karen King

Great Grandparents: Kathi Jones & Norman Goodwin & Jimmie Goodwin



Isabell Jean Snapp

Born: 1/22/2007

Weight: 8 lbs. 1 oz.

Parents: Kasey O'Brien and Babe Snapp of Etna

Grandparents: Don and Dodie O'Brien of Sawyers Bar and Steve and Lois Snapp of Troy, MT.

Aaxkunish Iithka Landen Goodwin "Red Feather"

DOB: August 1, 2006

Parents: David R. Goodwin & Amber Ariza

Paternal Grandparents: Robert N. Goodwin & Barbara
Goodwin

Maternal Grandma: Junalynn Ward

Great Grandparents: Jimmie Goodwin & Norman
Goodwin



LaVine Hendrickson

Born: March 26, 2007, 7:50 PM

LaVine weighed in at 7 pounds 5 ounces and 20 inches long.

Parents: Justin and Chena Hendrickson

LaVine joins big brother Michael, cousins Tucker and Gage Welter, and Aunt Yukon.

Maternal grandparents: Lee and Nell Anderson of Happy Camp

Maternal great-grandparents: Molly Sakota, and the late Earl Sakota of Happy Camp

Paternal grandparents: Charlie and Karen Brown of Happy Camp

Paternal great-grandparents: Frank and Edith Hendrickson of Brookings, OR



Jesse Alec Goodwin, Jr.

Born: September 3, 2004

Parents: Jesse A. Goodwin Sr. & Isha M. Goodwin

Paternal Grandparents: Robert N. Goodwin & Barbara
Goodwin

Maternal Grandma: Cynthia Robertson

Great Grandparents: Jimmie Goodwin & Dolly Elston &
Norman Goodwin



**Happy Third Birthday
TyRee!**



Classes available in Happy Camp!

Fall semester begins the week of August 20, 2007

Free Counseling
Available in Happy Camp!

College of the Siskiyous

<http://www.siskiyous.edu/>

Videoconference Courses:

OA 45 – Medical Terminology:

- This course covers medical terms as related to specific body systems and is designed for pre-nursing students, health care clerical support staff, nursing assistants, and others desiring a basic knowledge of medical terminology. **Thurs, 6:00 PM - 9:00 PM**

ECE 1 – Introduction to Early Childhood Education:

- This course is designed to introduce students to the philosophies and formats of early childhood education. **Tues/Thurs 4:00 PM - 5:15 PM**

ECE 4 – Infant Development:

- Infant Development is designed for the parent and/or care giver. The course covers infants from conception to 36 months. **Wed 3:00 PM – 6:00 PM**

ECE 6- Child Development:

- The development of children from prenatal through the adolescent years with an emphasis on motor skills, intellectual, personality, and social development of the young child. **Tues/Thurs 1:00 PM - 2:15 PM**

ECE 26 – Serving Children & Families in Multicultural Society:

- This course presents and explores Principles and Methods of working with diverse groups of young children and their families. **Mon 3:00 PM – 6:00 PM**

ECE 28 -The Young Child With Special Needs:

- This course offers a survey of a range of atypical development that may affect the course of physical, cognitive and psychosocial development in the young child. **Tues 6:00 PM to 9:00 PM**

ECE 33 Marriage & Family:

- This course is a study in the importance and function of the modern family-- historical and present day American, and other family systems. **Tues/Thurs 2:30 PM - 3:45 PM**

ECE 40 – School Age Day Care:

- This course focuses on growth, development, and behavior of school age children. These concepts will be discussed and analyzed to assess practical applications to school age day care programs. **Wed 6:00 PM to 9:00 PM**

Sign up early for guaranteed enrollment!

Call Jim Burcell or Bob Smith at 493-2655
or COS toll-free at 888-397-4339

*Classes held at the Happy Camp Community
Computer Center Distance Learning Classroom on
the Happy Camp High School Campus, Room 11.
25 Fourth Avenue • Happy Camp, CA*

ECON 1A- Principles of Macroeconomics:

- This introductory course focuses on aggregate economic analysis. Topics include market systems; economic cycles including recession, unemployment and inflation; key economic measurement tools; money and financial institutions; monetary and fiscal policy and international trade and finance. **Mon/Wed/Fri 9:00 AM to 9:50 AM**

ENGL 1A: College Composition:

- A composition course focusing on unity, clarity, coherence and vitality of expository communication within the sentence, paragraph, and essay. **Mon/Wed/Fri 10:00 AM to 10:50 AM**

ETHN 1- Ethnic Studies:

- This interdisciplinary course will introduce the student to the diverse institutional, cultural, and historical issues relating to the past and present life circumstances of Afro-Americans, Native Americans, Asian Americans, and Hispanic Americans. **Mon/Wed/Fri 8:00 AM to 8:50 AM**

FCS 11 – Nutrition:

- The function of carbohydrates, fats, proteins, vitamins, and minerals required by the body and their relation to health is studied along with a study of digestion, absorption of food, endocrine glands, diets for pregnant mothers, children, teenagers, and older adults. **Tues/Thurs 9:30 AM to 12:00 PM**

MATH 56 – Elementary Algebra:

- An introduction to algebra including properties of and operations on real numbers, linear equations, linear systems, exponents, polynomials, factoring, rational expressions, radicals, quadratic equations, parabolas and variation. **Wed 1:00 PM to 1:50 PM**

PSY 1 – General Psychology:

- This is a basic course introducing psychology as the scientific study of behavior. **Tues/Thurs 8:00 AM to 9:15 AM**

Thinking of Taking Online College Classes?

Are You Just Not Sure It's For You....?

Give It A Try With Our Help!



Free! Successful Online Learning

Starts Monday July 23rd
From your Internet Connected
Computer at home!

*Facilitated by Joan Van Duzer, Instructional Technologist,
 Humboldt State University, in partnership with the
 Happy Camp Community Computer Center Staff*

DATE: ***STARTS*** July 23rd - ***ENDS*** August 17th

WHEN: July 23rd Any time of the day at your convenience!

PLACE: Any internet connected computer... at any time!

To Register, call (530) 493-5213

Ever wondered what studying online might be like? Many colleges and universities have begun offering many courses online, making it possible to complete a college degree without leaving home. Will it work for you?

The Karuk Paths to Prosperity Project is sponsoring a 4-week fully-online course, "Successful Online Learning," to help students prepare for success as online learners. Fully funded by an Administration for Native Americans, there is no registration fee and no required textbooks. Students may access the course over the Internet 7 days a week, and 24 hours a day with any computer connected to the Internet. Free Internet access and support is also provided at the Happy Camp Community Computer Center Monday through Friday, 1:30 pm to 5:30 pm and Saturday from 1:00 pm to 5:00 pm.

In addition to identifying personal strengths and challenges for success as an online learner, participants will learn what it's like to join an online learning community and use common tools used for online coursework.

Lessons will begin on Monday, July 23rd and continue through Friday, August 17. Students should expect to commit approximately 7 to 10 hours each of the four weeks of the course for reading assignments and activities. Because there are no class meetings, course work can be done on a flexible schedule around work and family responsibilities.

Contact Rose Bley or Kelly Worcester at the Happy Camp Community Computer Center, (530) 493-5213 or rbley@karuk.us before July 23rd to register and to receive additional information on how to begin.

"See" you online!

Funded by The Administration for Native Americans, Social and Economic Development Grant
Serving Native and Non-Native Americans Alike



Hello. My name is Karen Daniels. I am a Registered Nurse and have been hired by the Karuk Tribe as the GPRA Coordinator/Diabetes Educator.

What is GPRA? It stands for Government Performance and Results Act which is a federal law requiring yearly reports to Congress. It measures how well we deliver health care services to our clients. GPRA emphasizes preventive medicine and annual screening examinations. Your health record remains completely confidential. No names or any personal information is ever reported.

What are some of the quality measures we check ? For example:

- Are diabetics getting annual blood tests, foot exams, eye exams, and routine blood pressure checks?
- Are women 21-64 getting a Pap test at least every 3 years?
- Are women 52-64 getting a mammogram at least every 2 years?
- Are men and women 51-80 being checked for colorectal cancer?
- Are children receiving the immunizations they need by the age of three years?
- Are adults 65+ and patients with diabetes receiving an annual flu shot and at least 1 pneumonia shot in their lifetime?
- Are all patients being screened for and counseled regarding alcohol and tobacco use?

Your health is very important to us:

- Ask you health care provider if you are due for any tests.
- Tell your provider about health habits such as smoking or alcohol usage.
- Bring all your medications to each visit with your provider or an accurate list of your medications including dosages and how often you take them.

GPRA

Karen Daniels, GPRA Coordinator/Diabetes Educator

- Tell your provider about tests, procedures, immunizations or surgeries that you received at other locations.

It is important that you keep your scheduled appointments with your provider and ask questions if there is anything you do not understand. We want to provide good care for you and your children.

If you have questions or concerns about your health, please do not hesitate to contact me or your health care provider.

*Your partner in good health,
Karen Daniels RN*

Quarterly Newsletter www.karuk.us

Karuk Tribe of California

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 493-1600

Tribal Enrollment Is Currently At 3,442 Enrolled Members

Contents

Newsletter Articles



If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be included, although your name may be withheld from the article itself with Council approval.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

**Next
Newsletter
Deadline is
July 15!**

The Nurses Corner

New Vaccine for Women and Girls

David Eisenberg, PHN

HPV (Human Papilloma Virus) is the most common sexually transmitted disease in the United States, with approximately 20 million people currently infected. Each year about 6 million men and women become infected with HPV and as many as half of the individuals are between the ages of 15-24 years of age. There are more than 100 different types of HPV and more than 30 of these viruses are sexually transmitted. HPV is responsible for 70% of cervical cancer and 90% of genital warts.

Most people, who have a genital HPV do not know they are infected, have no signs or symptoms, yet they can give the virus to their sex partner. Some types of HPV may cause abnormal Pap tests and may also lead to cervical cancer, while other types may cause abnormal Pap tests or genital warts.

The surest way to eliminate risk for genital HPV infection is to refrain from any genital contact with another individual. For those who chose to be sexually active, a long-term mutually faithful (one partner) relationship with an uninfected partner is most likely to prevent genital HPV infections.

There is currently an HPV vaccine available and is recommended for 11-12 year-old girls, but can be administered to girls as young as 9 years of age. The vaccine is also recommended for 13-26 year-old females who have not yet received or completed the vaccine series. The vaccine should be administered before the onset of sexual activity.

The HPV vaccine has been found to be safe and it has caused no serious side effects. The vaccine should be administered in a series of 3 injections over a 6 month period.

Even if a woman has the HPV vaccine, it is very important to continue to receive regular Pap tests. They should also continue to practice safe sex (abstinence, monogamy, using condoms, etc.).

Your health is very important to us. If you would like more information or would like to receive the HPV vaccine, Please contact your nearest Karuk Tribal Clinic

Your partners for good health:

David Eisenberg RN

Alyssa Johnson RN

Judy Blind FNP

Kathryn Willett RN

Claudia Ross RN

Karen Daniels RN

Amy Coapman FNP



Start Off The Tribal Reunion By Joining Us In The Second Annual Karuk Fun Run!

The festivities begin at 9am at the flag pole in front of the Tribal offices on June 23. We have a 3K walking course and a 5K run.

There will be a chance for raffle prizes for all who participate. So come join the fun!

For more information please contact David Eisenberg, PHN

530 - 493-1600 ext 2115 or deisenberg@karuk.us

Karuk Tribe of California

2007 Summer Youth Employment Opportunities

The Karuk Tribe of California's Tribal Employment Rights Office (TERO) announces the 2007 Summer Youth Employment Opportunity Program! Jobs will be available in Yreka, Happy Camp, and Orleans Offices.

Applications and position descriptions will be available starting Monday, May 14, 2007 at 8 AM at all Tribal Offices and must be returned **no later than Monday, May 21, 2007 at 5 PM.**

There will be two groups of six youth hired to work for two and 1/2 weeks each at \$7.50 per hour during two blocks of the Summer.

Block 1 of six youth will start on Monday, June 18, 2007

Block 2 of another six youth will start on Monday, July 9, 2007

All High School Age Youth Are Eligible To Apply (*Tribal Preference Will Apply*)

If you have any questions, contact Dion Wood at 493-1600, extension 2030, or email at dwood@karuk.us.

Happy Camp ART Walk

Sponsored by

The Klamath Knot Arts Council

Celebrating the Arts from Happy Camp!

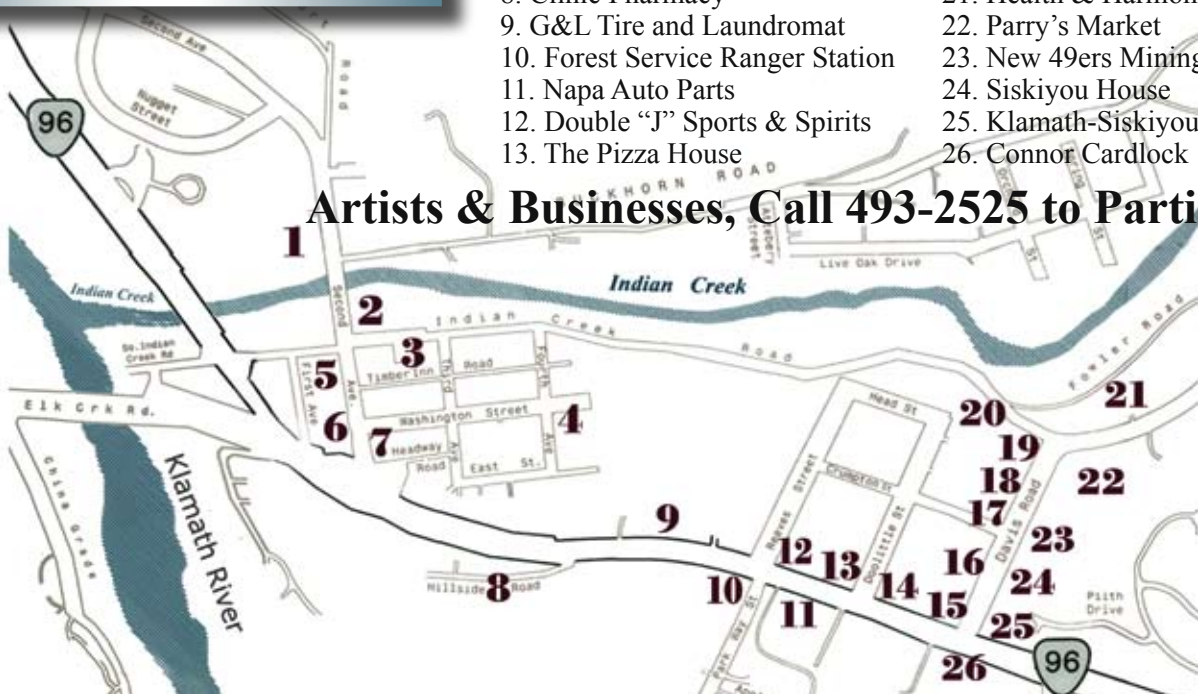
Saturday, June 30

4:00 PM to 7:00 PM

Participating Businesses...

- | | |
|-----------------------------------|---------------------------------|
| 1. Karuk People's Center Museum | 14. Scott Valley Bank |
| 2. Klamath Knot Arts Council | 15. Bigfoot Towing |
| 3. H.C. Family Resource Center | 16. Al's Auto & Glass |
| 4. H.C. Computer Center | 17. Jade Springs Development |
| 5. Evan's Mercantile & Feed | 18. HC Chamber of Commerce |
| 6. Frontier Cafe and Saloon | 19. Happy Camper Thrift Shoppe |
| 7. Ron's Car Care | 20. Ray the Sign Painter |
| 8. Clinic Pharmacy | 21. Health & Harmony |
| 9. G&L Tire and Laundromat | 22. Parry's Market |
| 10. Forest Service Ranger Station | 23. New 49ers Mining Co. |
| 11. Napa Auto Parts | 24. Siskiyou House |
| 12. Double "J" Sports & Spirits | 25. Klamath-Siskiyou Art Center |
| 13. The Pizza House | 26. Connor Cardlock |

Artists & Businesses, Call 493-2525 to Participate!



ARTWALK – We're excited to sponsor our first community-involved Arts Project on Saturday, June 30th from 4 to 7 PM. Businesses throughout Happy Camp are participating by welcoming the public into their place, exhibiting art by local artists, and offering refreshments to their guests. Each business will be supplied with maps to hand out – the maps will give the locations of all 26+ businesses and information about themselves and their featured artist(s). Out-of-town promotions will include newspaper articles, postings, and maybe even Radio and TV !

It's all FREE and designed to offer artists a fun, social opportunity to exhibit their craft!

We encourage all artists to participate ~ please contact your favorite business or call our voicemail 493-2525 and we'll make arrangements for you. **If you want on the map and would like to participate, call 493-2525 by June 14.**

Memorial Gathering for Bill Bright

Saturday, May 19th 2007

12 PM, at the Karuk Cemetery, Orleans

Bill Bright, friend and linguist of the Karuk people and the first honorary Karuk tribal member, passed away on October 15, 2006.



poetry, memories, quiet times, and good company.

If you have any questions, please contact Andre Cramblit andrekar@ncidc.org

Burial will be 12 pm at the Orleans Cemetery on School House Road in Orleans.

Potluck and community gathering immediately following at the Orleans Karuk Community Building at 39051 Highway 96, Orleans.

Park in the Karuk Community Building lot. There is limited parking on SchoolHouse Road available for elders and others who cannot walk the short path from the Community Building.

Looking forward to your stories, songs,

Do You Need Special Telephone Equipment?

Michelle Radcliffe, CTAP Outreach Specialist

- Do you have difficulty hearing using a standard telephone?
- Do you have difficulty reaching the telephone before it stops ringing?
- Do you have difficulty seeing the numbers on a standard telephone, dialing telephone numbers, or remembering telephone numbers?

If you answered yes to any of these questions, you can benefit from the specialized telephone equipment of the California Telephone Access Program (CTAP). CTAP provides equipment at no cost to California residents who have difficulty hearing, seeing, moving, speaking, or remembering. You could also benefit from the services of the California Relay Service (CRS), which connects people who are Deaf or speech-disabled (Speech To Speech/STS) with people who are hearing. Why is there no cost for our equipment or services? CTAP and CRS are both state-mandated programs that are funded through a small surcharge that appears on all California residents' monthly telephone bills (California Relay Services and Communication Devices Funds).

HOW CAN I GET TELEPHONE EQUIPMENT AT NO COST? IT'S EASY!



- Reside in California and have existing telephone service in your home.
- Complete an application and have your doctor or other Certifying Agent (as listed on the application) sign it to certify that you have a temporary or permanent disability that makes using a standard telephone difficult.
- Return your application by mail or return it in person to your local service center.

THERE IS NO COST OR INCOME REQUIREMENT

Michelle Radcliff is the Outreach Specialist in your area who can visit your facility, at no charge, to provide information, a staff in-service, training, or presentation about these Programs. To request a brochure, a presentation, or more information, contact Michelle at (530) 226-9412. She will also be at the Karuk Tribal Reunion, June 23, 2007.

Certification Forms are also in the coupon section of the Yellow Pages!

Grant Childrens' Birthday Fun!

Submitted by Joseph Grant



*Chinese Acrobats,
Performing and
visiting with the
kids on Joseph's
birthday.*

*Joseph Grant, II
7/20/06*



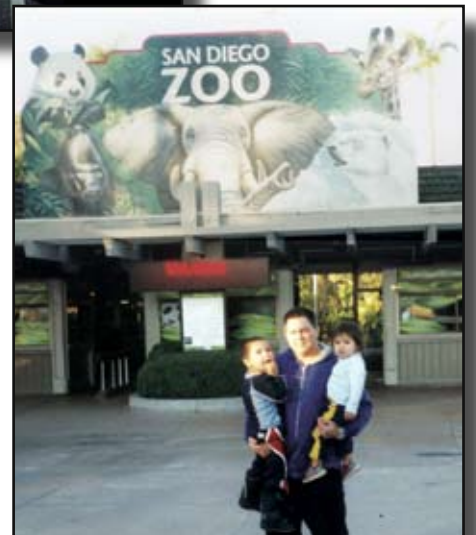
*Fun on Julia Grant's
Birthday, 1/11/07*

*Left: Over the border in
Mexico*

Above: At the A's

*Right: Visiting the San
Diego Zoo*

*Below Right & Left:
Mission Santa Barbara*



Hello to Mr. Ince!



Hello Edward! Since you don't get out much and we wanted to see more of you, we thought we'd see you in the newsletter!

Edward Ince is a 93 year-old much loved Tribal Elder

Quilting at Orleans



There were all ages - from all kinds of backgrounds - beginners as well as really good quilters all working together. We have quilting class the first Saturday of each month at Panamnik Center from 9:30am to 4:pm. The larger group (Orleans/Willow Creek) have three day gatherings about every 6 months the last one was February 2, 3, & 4th at the Karuk Community Room in Orleans, the next one will be in October at the Catholic Church in Hoopa (at this time it is scheduled for 26, 27, & 28th of October).

KTHA Raffle Winners

Lisa Haas, Yreka Housing Security Officer

The Karuk Tribe Housing Authority would like to thank everyone who supported our recent employee fund raiser. The raffle winners and their prizes are:

Lunch at Casa Ramos-**Rhonda Albers**

Dinner at Casa Ramos-**Nick Alexander**

One night stay at Hilton Garden Inn, Redding-**Dee Cook**

25.00 in product at Rays Food Place-**Chris Miller**

Two 50.00 Feather Falls Casino Food Vouchers-**Aaron King and Sheila Robinson**

Sunday Champagne Brunch for Two-**Dave Nelson**

50.00 Coffee Basket from Win River Casino-**Charlene Naef**

75.00 Coffee Basket from Win River Casino-**Michael Moore**

Two 50.00 Gift Certificates from Parry's Market-**Chip Thom and Nick Alexander**

Rogue River Mail Boat Jet Trip for Two-**Chris Miller**

Paint Ball excursion for two at Ballers Haven in Medford-**Albert Horton**

One night stay and dinner for two at Seven Feathers-**Dion Wood**

Two tickets to the Oregon Shakespeare Festival-**Roy Arwood**

Dinner for two at Red Lobster-**Richard Bailey Jr.**

50.00 Timbers Restaurant Gift Certificate at Rolling Hills Casino-**Sunday Wilson**

One night stay in the Whirlpool Suite at Amerihost Inn-**Chris Miller**

Two lawn seats at the Britt Festival-**Dion Wood**





Mission Statement

The mission of the Karuk Tribal Council is *to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

Karuk Tribal Council

Spring, 2007

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Charron 'Sonny' Davis
Member at Large

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*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

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Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Karuk Tribe of California



Summer
2007

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785 (800-50Karuk)

Tribal Enrollment Is Currently At 3,487 Enrolled Members

Inside This Issue:

Chairman's Corner	2
Karuk Artifacts at Smithsonian	3
Notes From the Secretary	4-5
Administrative Programs & Compliance Update	6
Grant Submissions - Council Meeting Updates	7
KTHA Community Building Ribbon Cutting	8
Grants Department Update	9
Junalynn Ward, New LIAP Clerk	9
Justina Harrison, Summer Youth Worker at HCCC	9
Staffing Update - HCHS Indian Club	10-11
Eighth Grade Graduates	12
COS Distance Learning Fall Offerings in HC	13
DNR Environmental Education	14-15
Head Start Recruitment & Baby Page	16-17
11th Annual Karuk Tribal Reunion	18-21
DNR Mussell Study - Pleasure Seeking	22
Kayla Super Joins CASA	23
In Loving Memory, Michael Bushnell	23
Spring Basketweavers Gathering	24
Leslie Alford, Certified Professional Coder	25
Low Income Assistance Programs	26
Education Department News	27
Enrollment Department Needs Your Help	28-29
Contract Health Services	30
Tribal Court & CASA New Location	31
The Nurses Corner	31

**Thank You
Firefighters!**

**Lightning storm
surrounding Happy Camp, just
after midnight July 11, 2007. Photo
taken on Slater Butte by Karuk
Tribe IT Manager, Chris Kleeman ©**

Chairman's Corner

Ayukii, hooy koovura pa araarahih. Chimi nu chuupiti pa araarahih. Tanixxuti, koovura pa araaras pananu chuupitiheesh pa araarahih. Kukkuum tani piip pa araarahih uum pananu aanav. Chi nuu itapeesh pananu araarahih. *Hello, where is the language. I think all the Karuks be talking our Indian language. Again I say, the language is our medicine. Let's be learning our Indian language.*

APRIL - The Annual Basket Weavers Gathering was held on April 21st and 22nd. It was reported that the Gathering was a very good success. Administrative Staff and volunteers did well organizing the event.

MAY - Our Self Governance Director, Hector Garcia and I attended the Annual Self Governance Conference in Garden Grove, CA on May 7th – 9th. The theme was for tribal government to be working together to enforce our government power and strength. We were also able to meet with government officials who work in the Washington DC offices. Meeting with these officials strengthens communications with the Karuk Tribe and the federal government.

I attended the quarterly BIA Budget Advisory Committee meeting in Silver Springs, Maryland on May 20th – 23rd. The committee discussed the funding budget of the President's "Public Safety Initiative" which involves the construction of prisons, jails and detention centers. Since the Karuk Tribe doesn't have any of these facilities, we will continue to meet with the committee to see what funding would be available to us.

JUNE - I attended the Karuk Tribal Housing Testimony for the NAHASDA reauthorization in Washington DC on June 4th – 6th with the KTHA Director, Sami Jo Difuntorum and KTHA Committee Member, Charlene Naef. We met with authorization staffers and got some good direction and advice for our Testimony. Sami Jo did a very good job at presenting our Testimony. I also visited the Head Start Office and Department of Interior while in DC to discuss Head Start funding and our Tribal lands being put into trust.

We had the Ribbon Cutting on June 18th for the new KTHA Community Center. The Center will be open by August. Our Senior Meal Program will be housed in the Community Center. Also our monthly Tribal and Health Board meetings will be held there.

Hector Garcia and his Self Governance Assistant, Carrie Davis attended the Annual

Arch Super, Tribal Chairman

Funding Agreement (AFA) meeting in Arcata on June 19th. Our funding is the same as the past year. The JOM and HIP programs are being cut from our budget. We will move forward to get these two programs funded through our budgeting process. We also discussed our roads management monies with the administrators. Funding will be coming through within a month or so of the meeting.

I attended a US Census / Tribal Government Consultation in Charlotte, NC on June 26th. The US Census 2010 is advocating for necessary information from US Tribes on the process and input on the upcoming Census for 2010. The Census has dire effects on the Tribes applications for Federal Funding. Tribal consultation is crucial.

Daniel Pratt from Social Services and I attended a National Alliance TANF Conference in Seattle (Fife) WA on June 10th – 12th. The conference discussed the responsibility of the states. Most states are not keen to the fact of Tribes taking over TANF programs. We strategize with dealing and communicating with the states. Also, the Feds are keeping a close eye on TANF programs with Tribes and states.

Our Health Director, Martha Schrock and I attended a TANF Case Managers Training in Davis, CA on June 16th – 20th. We have been the process of negotiations to implement a TANF program with the Karuk Tribe. The TANF program would bring a new department within the Tribe, create more jobs and allows us to work directly with our members who are on the county TANF program.

OVERALL Tribal business has been staying busy. I always encourage our Tribal Membership to always write, email, call or come and see your Tribal Council with any issues and concerns. Whatever way we can address these issues and concerns, we will always try. If you have a specific director, Council Member or staff member you wish to get in touch with, please do so.

Yootva, (thank you),
Suva nik. (see you later)

*KCDC CFO Jim Berry,
Chairman Arch Super & Self
Governance Director Hector
Garcia at the Happy Camp
Community Computer Center*



Arch Super



Karuk Artifacts at Smithsonian's Natural Museum

*Leon C. Hillman,
Tribal Council Treasurer*

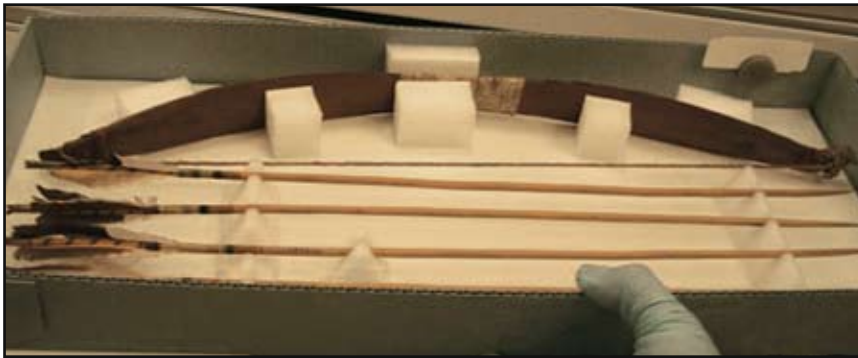


While on vacation visiting my sons in May, I had the opportunity to view the Karuk Tribe's baskets and artifacts which are stored at the Smithsonian's National Museum of the American Indian Cultural Resource Center in Suitland, Maryland. John Beaver, Cultural Protocols Specialist, and Cara Fama, Research Specialist, spent the afternoon with us. We were provided the opportunity to see baskets, caps, household items, weapons and regalia that has been collected

and donated to the Smithsonian over many years. I was introduced to Jim Pepper Henry, Director of the Community and Constituent Services Department, and spoke to him about projects we are undertaking at our own Peoples Center. We also met with Fred Nahwooksy, formerly our own Peoples Center Director who is now working for that department as the Community Exhibitions Program Coordinator. We picked his brain about projects available to the Karuk Tribe through the Smithsonian. Some of the projects we discussed were community exhibitions, internship opportunities, museum training, and virtual museums. I wanted to share a few of the pictures I brought back with me. I hope you enjoy them!



*John Beaver, Smithsonian's Cultural
Protocols Specialist and
Tribal Treasurer Leon Hillman*



*Karuk Artifacts at
the Smithsonian's
National Museum of
the American Indian
Cultural Resource
Center in Suitland,
Maryland*

*Right: Leon
and son Nick
with a Karuk
regalia box*



Notes from the Secretary

Florrine Super, Council Secretary



Ayukii, I am back from maternity leave. I'm happy to announce the birth of my son Damian Ivan Emmett Super born on May 9, 2007. Now it's back to business.

My report will be brief as I am currently getting back into all my committees again. Contact me if you need further information.

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Head Start: Children are our Future

I attended the Yreka Head Start Celebration. It was a nice event. Sad to see the five-year-olds leave but happy to know they will be ready for kindergarten.

Our staff does a great job with the budget they receive but there's a time when you can no longer stretch the dollars so I wanted to share the following information with you.

Indian Head Start is successful because it addresses health, education, family and community needs in a holistic manner similar to traditional Native learning styles.

Dear Friends:

This Legislative E-Update has been sent to Head Start Directors, the NHSA Board, Head Start State and Regional Association Presidents and Executive Directors, and Parents. Please share it with your network.



Fiscal Year 2008 Funding Update

The House Appropriations Committee met yesterday and approved a \$75 million increase for the Head Start and Early Head Start programs in Fiscal Year 2008.

The Senate Appropriations Committee met in June and approved the \$200 million increase for the Head Start and Early Head Start programs in Fiscal Year 2008.

Next Steps

The House will consider a \$75 million increase and the Senate will consider a \$200 million increase.

Urgent Action Needed!

Please continue to contact your U.S. representatives

and U.S. senators to express your appreciation for the increase and explain why additional funds are needed. Ask them to increase Head Start and Early Head Start funding by at least \$750 million in Fiscal Year 2008. Be sure to give specific examples of results of past budget cuts and success stories.

Call the Capitol switchboard at 202-225-3121 to be connected with your member of Congress

Head Start Reauthorization Update

Next Steps

A Conference Committee will meet to resolve the difference in the House and Senate bills. We know that the Senate has already appointed all of the members of the Health Education, Labor and Pensions Committee to the Conference Committee. The House leadership is in the process of appointing their members.

Urgent Action Needed!

Contact the members of the Senate Health, Education, Labor and Pensions Committee, especially if they are from your state and let them know you support the Support the Policy Council language in H.R. 1429. This language maintains the current shared governance structure of Head Start, except for the hiring and firing of the program director.

NHSA Letters to the Hill

Urgent Action Needed!

If you have already sent a letter to Congress on the www.saveheadstart.org web site please encourage others to sign onto the letter in support of Policy Council. As of July 9th, 3,730 letters have been sent to Congress. Help us meet our goal of 5,000 letters!

NHSA delivered letters with positive Policy Council fiscal examples to:

- Senator Bill Nelson, Florida
- Senator Gordon Smith, Oregon
- Senator Mike Enzi, Wyoming
- Senator Lamar Alexander, Tennessee
- Representative Donald Payne, 10th District, New Jersey



- Representative Danny Davis, 7th District, Illinois
- Representative Dale Kildee, 5th District, Michigan

NHSA delivered a copy of an organizational sign-on letter to all members of Congress similar to the one posted on the www.saveheadstart.org web site.

With these simple steps, we can create a wave of attention and support for Indian Head Start's issues and for your **local Karuk Head Start**.

Indian Child Welfare Committee (ICW):

The Karuk Tribe's ICW Committee Mission is *to preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.*

I am so happy the tribe has signed the Title IVE agreement. I supported our staff on completing this project. YOOTVA to our staff who work hard and dedicated their time towards helping our tribe take care of our own children.



Karuk Tribe Foster Home:

FOSTER PARENTS NEEDED!

If you would like to offer your home and family and become a foster family, Please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare at www.karuk.us

Youth Leadership:

The tentative date set for this year's Karuk Youth Leadership Conference is October 6, 2007 in Orleans, California. Look for flyers and applications at your local tribal office and on the Karuk website. We are still working on the agenda but the information will be announced soon.

Low Income Assistance Program (LIAP):

LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator by processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult

applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need, so the council has obligated some funding to help those who need assistance. It's has helped a lot of elders and families with children.

New Karuk Booster Club: Still in development Stage!

We are looking for membership! The council has formed a new committee. We have youth who throughout the year request money for sporting events. The council has allotted money with the intent of the Booster club replenishing this account as they fundraise. Also, this committee will be responsible for honoring those Tribal members who have accomplished their goals in college and pro sports.

Some of the Booster Club goals:

- Help in the recruitment of individuals who share our vision.
- Recognize each individual and value his or her role as a Karuk athlete.
- Empowering young Tribal members to be champions in life through excellence in sports.
- Organize fund raisers to help pay for tournament entrance fee and sport camps.

Sports build character, instills discipline, provides leadership, enhances self esteem, promotes physical fitness and teaches teamwork, all of which can be used throughout life.

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information. Florraine Super



KTOC Council Secretary Florraine Super, new CASA Coordinator Kayla Super, and new CASA Specialist Robert N. Goodwin working at their CASA booth

Administrative Programs & Compliance Quarterly Update

Erin Hillman, Director

In February, severe weather caused an eight-day power outage (nine days for some residents) in Orleans California, severely impacting many Tribal Members. Rock slides blocked Highway 96 effectively leaving the community isolated without access to services. Karuk was not the only Tribe affected by this severe weather, Hoopa and Yurok communities were impacted by these storms as well and several Tribal communities were basically on their own during this event.

In response to this situation and to the lack of coordination in services by county agencies, Tribal representatives from Siskiyou, Humboldt and Del Norte counties formed a Tri County Tribal Emergency Consortium. Each Tribe brings to the table resources that can aid other Tribes in the event of a natural disaster. We hope to develop mutual aid agreements for emergency response during disasters. For example, when one Tribe is affected by a natural disaster downriver, a Tribe located upriver may have equipment and emergency personnel that can come to their aid and vice versa.

In addition to developing mutual aid agreements between the Tribes, the consortium shares ideas for better services and has created a unified voice to bring attention to our local concerns with county governments. Our goal is to create better communications and collaborations between the Tribes and county services as well as other agencies involved in emergency preparedness and response. We have begun this by participating in the Humboldt County Local Natural Hazard Mitigation Plan. Our goals are the same, to better provide assistance to our people and our surrounding communities in the event of a disaster.

On June 14, 2007 prospective bidders for the Happy Camp water system upgrade project attended a pre bid meeting with HCCSD (Happy Camp Community



Left to Right- Construction Manager Fred Burcell and IHS Engineer Barry Jarvis go over the details of the Happy Camp Project with potential bidders- photo by Erin Hillman



Subcontractors working on walkway in front of new Yreka KTHA Building- photo by Fred Burcell, KTOC Construction Manager

Services District), Tribal Construction Manager Fred Burcell and Indian Health Services (IHS) Engineer Barry Jarvis. The project has since been awarded to Outback Construction. The project combines funding and staff resources from the Tribe, IHS and HCCSD. Outback Construction will be replacing a portion of the aging and deteriorating water system along Second Avenue in Happy Camp.

Construction on the newly built Yreka KTOC/ KTHA offices and community building is wrapping up. For the most part Contractor Larry Neel and his subcontractors are 6-8 weeks ahead of their progress schedule. Barring any unforeseen circumstances, the first council meeting to be in the new building will be held on August 23. The building will house Karuk Tribe Housing Authority and Tribal staff and includes rooms dedicated for a computer lab, cultural room and elders meeting room.

The most recently funded project for Orleans is in process. The Environmental Assessment (EA) was completed by Winzler and Kelly Consulting Engineers and has been out for public comment. At the time of this writing (7.15.07) the EA has been presented to HUD for its own comment period. At the end of fifteen days, our office will request a release of funds and the construction project can then be put out for bid. The Architect, Joan Briggs of Willow Creek, is finalizing construction documents to be complete and ready at that time.

The California Department of Community Service and Development requires that agencies receiving its block grant funding prepare a Community Action Plan every two years. This plan must describe how the Tribe delivers services to low income, underserved and vulnerable populations. One requirement of the plan is the completion of a Needs Assessment Survey. The Needs

Continued on next page.....

Assessment Survey was circulated within the Tribes' service territory and received responses from 35 families. In addition to providing required information about Tribal Members needs, the survey gathers important demographic information and opinions that are used for other grant applications. A draft of the Community Action Plan was posted on the website and made available for review at the Tribal Reunion. The final document was submitted to the State on June 30. If you would like more information on the plan, you can still view the document on our website at www.karuk.us.

Grant Submissions January through June 2007

Natural Resources Department:

US Fish & Wildlife	\$ 111,000
Bureau of Indian Affairs	\$ 74,652
Humboldt Area Foundation	\$ 15,000
Panta Rhea Foundation	\$ 10,000
Panta Rhea Foundation	\$ 50,000
Oregon State University	\$ 5,000
Bureau of Reclamation	\$ 426,696
Environmental Protection Agency	\$ 510,000
US Fish & Wildlife	\$ 9,610
CA Environmental Justice	\$ 20,000
Klamath Intertribal Fish & Water Commission	\$ 233,000
US Fish & Wildlife	\$ 25,000
Environmental Protection Agency	\$ 50,000
Resource Advisory Committee	\$ 10,882

Health Program:

CA State Indian Health	\$ 248,223
Plumas County	\$ 15,000

Grants and Resource Development Department:

Department of Energy	\$ 97,940
Cal Arts Program	\$ 2,435
National Parks Service-NAGPRA	\$ 75,000
Indian Health Services	\$ 50,000
First Nations Development Institute	\$ 5,000
Institute of Museum & Library Services	\$ 50,000
Indian Community Development Block Grant	\$ 605,000
Health Resources & Services Administration	\$ 3,191,605
Department of Justice	\$ 300,000
LIHEAP- Reach	\$ 50,000
Cheney Foundation	\$ 30,000

Karuk Community Development- Computer Center:

Administration for Native Americans (ANA)	\$ 300,000
---	------------

Karuk Language Program:

Administration for Native Americans (ANA)	\$ 131,558
---	------------

Tribal Court:

CASA	\$ 15,000
Title IVB	\$ 32,936
CASA	\$ 20,000

Council Meeting Updates



Newly Completed Yreka facility built in time for the August Council meeting

As new buildings are completed and existing buildings are renovated; the locations and rotation for Tribal Council meetings will be changed slightly. Here is the updated schedule for the rest of the year:

August 23 – Yreka – Newly completed facility located at 1839 Apsuun.

September 27 – Happy Camp – Location will be “Old Headway” building at the corner of Second Avenue and Highway 96.

October 25 – Orleans

November 29 – Yreka Newly completed Yreka Facility.

December 27 – Happy Camp

The rotation will continue in this pattern into 2008; Orleans, Yreka, Happy Camp, on the fourth Thursday of each month.

Ribbon-Cutting Ceremony Held at the New Karuk Tribe Housing Authority Community Building

Sami Jo Difuntorum, KTHA Executive Director



Ribbon Cutting Ceremony at former Headway Market, now KTHA Community Building. Left to right in picture back row. Bob Goodwin, Leaf Hillman, Richard Black, Steve Mitchell, Andrew Difuntorum, Joan Briggs, Preston Willson, Rick Offield and Leeon Hillman. Front row left to right. Charlene Naef, Verna Reece, Paula McCarthy, Sami Difuntorum, Sonny Davis, Alvis Johnson and Arch Super

June 18, 2007 was the official "Ribbon-Cutting" ceremony for the Karuk Tribe Housing Authority Community Building located at Second Ave and Highway 96 (the former "Headway" market).

Extensive and complete remodel of the building includes a beautiful copper roof, many "solar tubes" that let in natural light, a new kitchen and restrooms, and big rooms that will have many functions. The building will be used for the senior meals program as well as other community functions.

Leaf Hillman presided at the opening ceremony which was attended by Tribal Chairman Arch Super as well as many of the Tribal Council members and members of the Housing Authority Board of Directors. **Leaf dedicated the building to Andrew Difuntorum and the Crew that worked for many months to make this major remodel project a beautiful success.** Leaf mentioned that by using our own crew for the remodel we saved over \$300,000 in

construction costs that had been bid by other contracting firms. Everyone agreed that the building is beautiful and well suited for the many needs of the Tribe and the community.

KTHA Featured Housing Unit

Sami Jo Difuntorum, KTHA Executive Director

The Karuk Tribe Housing Authority will be featuring a Housing unit in each Tribal Newsletter. This will allow you to see the homes that K.T.H.A. has been providing for our tribal members.

Our second feature, is the home of Carol Thom. She currently resides on Muh Chee Shee Street within the Yreka KTHA Community. She has lived within the KTHA community for 5 years. Carol has been working as a caregiver for Siskiyou County elderly for about 10 years. She is currently caring for a Tribal Elder in the Grenada area. Carol recently graduated with an Associate Degree and feels she could not have been successful without the Karuk Tribe Housing Authority providing an affordable home. She enjoys gardening. As you can see she enjoys caring for her yard. Some of the plants she has in her yard were shared with her from Fanny Fisher's yard. Carol was a caregiver for Fanny for about four years. She enjoys working with Elders and they share with her their knowledge and past memories.



Carol Thom in front of her Yreka KTHA community home

Thank you Carol; for allowing KTHA to share this information with our Tribal members. Your yard looks great!

Be sure to look for the next KTHA feature.

Grants Department Update

Hester Dillon, KTOC Grantwriter

This spring, the Grants Office submitted two large grants: a five-year Health Resources and Services Administration (HRSA), which provides staffing and general support for the Karuk Tribal Health Program, and an Indian Community Development Block Grant (ICDBG), which is funded by the Department of Housing and Urban Development (HUD) and will provide funding for the expansion of clinic and administration space in Happy Camp. Hester and Rick, respectively, took the lead on these applications.

Our office recently learned a Native American Graves Protection and Repatriation Act (NAGPRA) grant Hester submitted to the National Park Service in the amount of \$75,000 was funded. With this funding, the People's Center will be able to continue repatriating objects to our Ancestral Territory and providing related training to Tribal Council Members & staff.

Rick successfully secured funding from the First Nations Development Institute for the Karuk Youth Regalia Project. This funding, totaling \$5,000, will provide regalia necklace materials to the Indian Club (grades six through twelve).

Rick has been working on securing additional FEMA dollars for hazard mitigation activities and will be developing fire-safe educational materials with this funding. Hester submitted requests to the Cheney Foundation, as well as the Blue Shield Foundation, for funding to acquire and install a generator to operate the clinic and administration offices in Happy Camp. Hester also submitted a grant to support the Low-Income Assistance Program.

We continue to work on the following: a generator funding request to the Ford Foundation, the clinic remodel in Happy Camp, a Tribal Transit grant with the Land and Transportation Department, the Tribe's draft Strategic Plan, applications to the FCC for radio licenses in Orleans and Happy Camp, and various department requests as they arise. We are also exploring the Community Connect Broadband Program, which could provide broadband to the Orleans area.

If you have questions, please stop by our office or give us a call at 493-1600, ext. 2021.

~Ayukii Huutkich~

Junalynn Ward, LIAP Clerk



Most of you may know me but for those who don't, I would like to introduce myself, Nanithvuy uum, Junalynn Ward. I am a Karuk Tribal member and I am the newest team member of the Karuk LIAP Department.

I have worked in various different positions within the Karuk Tribe over the years and I am always glad to be a part of assisting our arraras in their times of need.

I have been in this position for approximately three months, and in that time I have been learning a lot about the process and procedures of the department.

If you have any questions about the programs or are in need of assistance please call us for an application. We will do our very best to assist you in your area of need. If our program is not able to help, we can always network and try to find someone who can.

Our office hours are 8:00-12:00 -1:00-5:00

Lisa Aubrey Program Administrator (530) 493-1600 x 2025

Junalynn Ward, LIAP Clerk (530) 493-1600 x 2045

Justina Harrison, Karuk Tribe Summer Youth Worker at the Happy Camp Community Computer Center



Bottom Left: Justina assisting user with photo layout and printing.

Left: Justina building a working computer with various donated parts from scrap machines.



only wish we had more funding to hire her permanently. Staff at the computer center would like to give a big Yootva to the Karuk Tribe for our assistant! Yootva to Justina too for doing such a great job!

Quarterly Staffing Update

Sara Spence, Human Resources Manager

This update covers the months of April through July 2007. We currently have 147 employees on staff.

Holly Hensher was hired as the Integrated Solid Waste Program Coordinator at the Department of Natural Resources on April 16. This is a new position created with grant funds.

Eileen Tiraterra was hired as the Accounts Receivable Clerk in the Happy Camp Business Office on April 18. She is being trained to replace **Muriel (Mooch) Frederick** when she retires this September.

Bianca Alvarado was hired as the Department of Natural Resources Clerical Technician at the Orleans Office on April 25. She works part time in that office to help out as needed.

Diana Poeschel was hired as a Billing Clerk in the Happy Camp Business Office on April 30. She takes the place of **Tara Trent** who resigned on May 4.

Elizabeth Super resigned her position as Medical Receptionist at the Yreka Clinic on April 27; she transferred to the Karuk Tribe Housing Authority's Yreka Office as Tenant Relations Officer. **Alana Brown** has been hired to take her place at the Yreka Clinic and started on May 1.

Junalynn Ward was hired as the Low Income Assistance Program (LIAP) Clerk in the Happy Camp Administration Office on May 2. She assists **Lisa Aubrey** with assistance requests for that department.

Joseph Hostler was hired as the Water Quality Program Assistant on May 7. He assists **Susan Corum** with water quality projects throughout the area.

Arron (Troy) Hockaday was hired as Temporary Groundskeeper/Maintenance Worker in the Happy Camp area on May 22 to work with the crew through the end of the summer as needed on various projects including the exciting Clinic Remodel taking place in the Administration/Dental Complex.

Angela McLaughlin, Ben Saxon, and Dennis Donahue Jr. were hired to staff the seasonal Watershed Restoration Crew working in the downriver area on May 30. This crew is supervised by **Earl Crosby**.

Gwen Rosenberg resigned her position as Part Time Medical Assistant in the Happy Camp Clinic on June 6. She will be returning to school to pursue her medical education. Her position was not filled; the workload was

absorbed into the current Clinic staff.

Dr. John Wood, DDS was hired as the Dental Director in the Yreka Clinic on June 11. He is taking the place of **Dr. Todd Weaver, DDS** who is leaving the Tribe to begin his own private practice.

Annie Villa left her position as Tribal Court Administrative Assistant on May 11 and **Robert N. Goodwin** was hired to replace her on June 12. He will assist **April Attebury** in the Tribal Court Program.

Jacob (Jake) Tripp left his position as Maintenance Worker/Groundskeeper on May 14 and **Monty Mollier** was hired to replace him on June 25.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ check it out if you are looking for work or tell a friend if you know of someone who is looking!



Sara Spence



www.karuk.us

**Jobs
Education
Career Building**

www.happycampcomputercenter.org

Funded by the Administration for Native Americans in partnership with the Karuk Tribe of California, Siskiyou Union High School District and College of the Siskiyous

The Happy Camp High School Indian Club Visits College Campuses

Jennifer Goodwin Education Coordinator



Left to Right: Bonnie Fitzpatrick-Eastlick, Brandon Alexander; Justina Harrison, Regis Jerry, Aja Conrad (hiding behind Regis), Amy Wyckoff, Sammi Jo Goodwin, Ashley Goodwin, Craig Reece, David Ward, Sequoi Myers, Starla Davis, Jaclyn Goodwin, Jennifer Goodwin, Jualynn Ward, Miranda Rasmussen & Veronica Selvage

The Happy Camp High School Indian Club field trip was held May 17th – 20th, 2007. The kids were excused from school so we left on that Thursday to travel to Chico State University to explore the campus and gather information. It was finals week for the college students at Chico State so a guided tour was not possible. That evening we drove to Sacramento CA and stayed the night there. Then on Friday we met up with Jaclyn Goodwin,

a Tribal member who is attending UC Davis. Jaclyn is a former Indian Club member and Club Chairperson and she gave us a tour the UC Davis campus. We held fundraisers throughout the year to raise funds for the trip and the Tribal Council also helped with a generous donation to help pay for gas. On Saturday we went to Six Flags, Discovery Kingdom in Vallejo, CA and had a blast. Then we traveled back home on Sunday. We had a group of 17 people attend the trip, including students and chaperones.

Above left is a picture of the Indian Club group on our trip, taken next to the "quad" near the cafeteria on the UC Davis campus.

CASA-Court Appointed Special Advocate for Children

Please Make a Donation

Your donation helps the Karuk CASA continue its life-changing work by supporting the recruitment, training, screening, and supervision of caring volunteer advocates who will speak up for child abuse and neglect victims.

If you share in CASA's mission to prevent abuse and violence, please show your support by making a financial contribution.

Please visit your CASA office at:

Karuk CASA • Kayla Super
1519 South Oregon Street
P.O. Box 609, Yreka CA 96097
530-842-4924



Become a friend of CASA
-Kayla Super

Happy Camp Eighth Grade Graduates

Daniela Sanchez
8th Grade Salutatorian



Tribal member Daniela Sanchez was class salutatorian for the Happy Camp Union Elementary School 8th Grade class.



Daniela Sanchez and Kevin Harrison are both proud of their big accomplishment.

Daniela is the daughter of Donna Goodwin-Sanchez and Juan Sanchez. Kevin is the son of Dorcas and Joe (Hawkeye) Harrison.

Happy 23rd Birthday Maria Miranda!

*Love,
Enne & baby Dew
&
Leslie & Family*



Yreka Eighth Grade Graduates



Pictured L-R: Arron Hockaday, Augie Arwood and Christopher Thom

Three Karuk tribal members graduated from the eighth grade on Friday, July 13th at 11:00 AM in the Jackson Street School library. These students, Arron Hockaday, Augie Arwood and Christopher Thom, earned their degree by attending summer school and now become eligible to enter high school this fall.

Arron Hockaday's parents are Arron Hockaday, Sr. and Hermanette Albers; Augie Arwood's parents are Achviivich Arwood and Raven Bush; and Christopher Thom's parents are Everett Thom and Sylvia Yniguez.

COS Distance Learning Fall 2007

Classes begin August 20, 2007

COMPASS college placement tests available at Happy Camp Community Computer Center by appointment. Call 493-5213

Registration for classes is open now. Register online at www.siskiyous.edu or call COS at 888-397-4339

Happy Camp Videoconferencing

ECE 1	Introduction to Early Childhood Education	TTH	4:00P - 5:15P
ECE 6	Child Development	TTH	1:00P - 2:15P
ECE 4	Infant Development	W	3:00P - 6:00P
ECE 26	Multicultural Activities for ECE	TTH	1:00P - 2:15P
ECE 28	Special Needs	T	6:00P - 9:00P
ECE 33	Marriage and Family	TTH	2:30P - 3:45P
ECE 40	School Age Day Care	W	6:00P - 9:00P
ECON 1A	Principles of Macroeconomics	MWF	9:00A - 9:50A
ENGL 1A	College Composition	MWF	10:00A - 10:50A
ENGL 36	Children's Literature	M	6:00P - 9:00P
ETHN 1	Ethnic Studies	MWF	8:00A - 8:50A
FCS 11	Nutrition	TTH	9:30A - 12:00P
MATH 5A	Calculus./Analytical Geometry	TTH	12:00P-12:50P
MATH 56	Elementary Algebra (Partially Online)	W	1:00P - 1:50P
OA 45	Medical Terminology	TH	6:00P - 9:00P
PSY 1	General Psychology	TTH	8:00A - 9:15A

In the COS Distance Learning Classroom at the Computer Center

Online Classes

ANTH 1	Introduction to Cultural Anthropology	Begins 8/20/07
ADJ 17	Community Relations	Begins 8/20/07
ART 32	Digital Imaging	Begins 8/20/07
BA 6	Introduction to Business	Begins 8/20/07
BA 18	Legal Environment of-Business	Begins 8/20/07
BA 28	Leadership Development	Begins 10/29/07
BA 81D	Conflict Management	Begins 9/5/07
BA 81G	Managing Organizational Change	Begins 11/26/07
BA 81H	Stress Management	Begins 10/24/07
BA 81I	Team Building	Begins 10/1/07
CSCI 16	Introduction to Internet	Begins 8/20/07
ECE 15	Administration of Early Childhood Education	Begins 8/20/07
ENGL 1A	College Composition	Begins 8/20/07
ENGL 12	Folklore	Begins 8/20/07
FCS 11	Nutrition	Begins 9/24/07
GUID 1	Collegiate Orientation	Begins 8/20/07
GUID 1	Collegiate Orientation	Begins 9/17/07
HEA 10	Health in Action	Begins 8/21/07
HIST 17A	U.S. History to 1877	Begins 8/20/07
HIST 17B	U.S. History since 1877	Begins 8/20/07
HUM 1	Introduction to Humanities	Begins 8/20/07
MATH 53	Intermediate Algebra	Begins 8/20/07
MATH 56	Elementary Algebra	Begins 8/20/07
MUS 33	Survey of Jazz and Pop	Begins 8/20/07
OA 58	Practical Accounting	Begins 8/20/07
READ 10	College Reading	Begins 8/20/07
READ 19	Speed Reading	Begins 8/20/07
SOC 1Aa	Introduction to Sociology	Begins 9/24/07

Department of Natural Resources

Environmental Education Program

Jeanette Quinn, Environmental Education Coordinator

Noxious Weeds. On May 17, 2007 students from Jefferson High School and the Community Day School (CDS) in Happy Camp walked to the river access area at the mouth of Indian Creek and pulled Marlahan Mustard (Dyer's Woad), a noxious weed. Dave Payne, US Forest Service, directed the weed pulling and hauled the weeds away to be burned. Students from Happy Camp Elementary School (HCES) also helped pull Marlahan Mustard at Indian Creek on May 21 and 31, 2007 (See Stream Field Trips on the next page). The 6th/7th grade class and Community Day School class pulled three truckloads of Marlahan Mustard! According to Erin Rentz, US Forest Service Biological Technician, each mustard plant can have about 1,800 seeds. Thanks to some hard working students, the river access at Indian Creek should have far fewer noxious weeds in coming years.



Sixth/Seventh grade girls from Happy Camp Elementary School with the pile of Marlahan Mustard they pulled during their field trip to Indian Creek.

Native Plants.

On April 2 and May 23, 2007 Orleans Elementary School (OES) students visited the Native Plant Demonstration Garden in Orleans. During the April 2 field trip, Jillienne Bishop and Crescent C a l i m p o n g , AmeriCorps, taught students about aquatic invertebrates

at Chinich Creek, and Jeanette Quinn took students on a tour of the garden to learn plant names. After these two activities, students played an aquatic invertebrate game with the two AmeriCorps workers. During the May 23 field trip, students rotated through three stations: Garden Maintenance, led by Clayton Barker, AmeriCorps; Plant Names, led by Chook-Chook Hillman, Klamath Outreach Coordinator, and Jeanette Quinn; Art & Writing, led by OES teachers and staff. Under Clayton Barker's direction, students pulled weeds and cleaned up trails. Jeanette Quinn pointed out plants in the Garden and Chook-Chook Hillman taught students the Karuk names for the plants. Teachers and staff helped students with art and writing by having them make leaf rubbings or write creatively about a topic of their choice.

On April 3, 2007 students from Junction Elementary School (JES) visited the Native Plant Demonstration Garden to help with trail maintenance, weeding and

to tour the Garden to learn plant names. Erin Rentz, US Forest Service, and Jeanette Quinn led the plant identification hike, while Charles Wickman and Jacob Pounds, AmeriCorps, supervised trail maintenance and weeding.

Students, teachers and staff enjoyed being outside to learn about the Native Plant Demonstration Garden, as well as helping with maintenance there.

Thanks to all the student volunteers from Junction and Orleans who helped with improving the Garden!



Upper grade boys from Junction Elementary School learn Karuk plant names during their field trip to the Native Plant Demonstration Garden in Orleans.

Buzzing Bees. On May 2, 2007 Jeanette Quinn visited the K-2nd grade class at OES to teach them about carpenter bees (also called wood bees). Although carpenter bees can become problematic due to the damage they often cause to wooden structures, these native bees are important plant pollinators in our area. Students learned the life cycle, nesting habits and anatomy of the bees. For a hands-on activity, students attempted to make a hole in a piece of wood with a hand drill so they could see how much work it is for carpenter bees to make their nesting tunnels by chewing through wood. On May 17, 2007 Jeanette Quinn visited the kindergarten class at HCES to present the same lesson. Students at both schools were surprised to learn that male carpenter bees can't sting because they lack a stinger, and that female bees can sting, but won't unless provoked.

Watershed Fair. Students from JES and Forks of Salmon Elementary School (FSES), teachers and community members participated in the annual Watershed Fair at FSES on May 4, 2007. After watching a slide show presentation by Michael Hentz and a play by FSES students at the Community Center, everyone rotated through stations: Native Tea Party, Karuk Salmon Bake, Fish, Fish Prints, and Gold Panning. Participants sampled teas made from native plants, learned how to bake salmon



Brandon Tripp (left) and Rony Reed (center) pan for gold under the direction of Tom Siewert (right) at the Watershed Fair at Forks of Salmon Elementary School.

the traditional Karuk way, identified live fish, made fish prints on T-shirts, and panned for gold at the stations.



Taylor Markin, Junction Elementary School, displays her fish print T-shirt at the Watershed Fair at Forks of Salmon.

Stream Field Trips. On May 21, 2007 the HCES 6th/7th grade and CDS classes walked to the mouth of Indian Creek for a Stream Field Trip. Students rotated through five stations during the day: Aquatic Invertebrates, led by Alex Corum, Karuk Fisheries; Birds, led by Dave Payne, US Forest Service; Noxious Weeds, led by Jacob Pounds and Charles Wickman, AmeriCorps; Stream Velocity, led by Grant Johnson, AmeriCorps; and Water Quality, led by Luana Hillman, Karuk Water Quality. On May 31, 2007 the 5th graders from HCES also visited Indian Creek for a Stream Field Trip. Students rotated through five stations throughout the day: Aquatic Invertebrates, led by Charles Wickman, AmeriCorps; Birds, led by Dave Payne, Forest Service; Noxious Weeds, led by Jacob Pounds, AmeriCorps; Scavenger Hunt, led by Grant Johnson, AmeriCorps; and Water Quality, led by Luana Hillman, Karuk Water Quality. Students enjoyed getting in the creek to catch aquatic insects, going on bird

watching walks, competing to see who could pull the most noxious weeds, calculating stream flow, searching for items during the scavenger hunt, and learning how to use instruments to check water quality.



The fifth graders from Happy Camp Elementary School enjoy the last few minutes of their field trip to Indian Creek.

On June 18, 2007 Jeanette Quinn assisted Shannon Flaugherty, Education Coordinator for Salmon River Restoration Council, and Andrea Butler-Crosby, lower grade teacher at JES, with a field trip for her class. Students used kick nets and buckets to collect aquatic invertebrates at George Geary swimming hole on the Salmon River. Students were very excited to catch, examine and identify invertebrates such as dragonfly nymphs, midges, caddis fly larvae and stonefly larvae.



Andrea Butler-Crosby, Junction Elementary School teacher, helps students catch aquatic invertebrates at George Geary swimming hole on the Salmon River.



Luana Hillman (left), Karuk Water Quality, teaches 6th/7th graders from Happy Camp Elementary School to use water quality instruments during their field trip to Indian Creek.

Students learned that aquatic insects are indicators of a stream's water quality because many species are intolerant of pollution.

For more information about the Environmental Education Program, please contact Jeanette Quinn, Environmental Education Coordinator, 530-627-3446 (msg.) or jquinn@karuk.us.

Recruiting for Head Start

Toni McLane, Head Start Director

Head Start is currently recruiting for 3 & 4 year old children for the 2007 – 2008 school year. Applications are available at the Happy Camp Administration Office, Yreka/Karuk Housing Authority, Happy Camp Head Start Administration Office, Happy Camp Health Clinic or call 493-2226 to have an application mailed to your address.

Head Start Children & Family Fun Activities Give Your Child a Head Start in Life!



Kodi Ugene “Ikkxaramkunish Chuufish” (Black Eagle) Brink



D.O.B.: 2/08/2007

Wt.: 7lbs 15.9oz.

Length: 19"

Born at 11:52 p.m.

Birthplace: Fairchild Medical Center in Yreka, CA

Father: Jerry Brink a.k.a. Rabbit

Mother: Roxie Souza

Siblings: Krista Reynolds, Tashawna Brink, Jozlynn Brink

Proud Grandmas: Blanche Moore and Angie Souza

Damian Ivan Emmett Super “Ishnur” (Thunder)

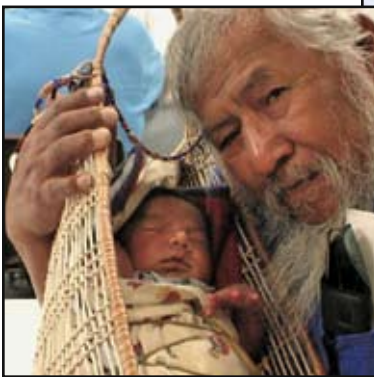
Florraine and Richard Super of Yreka proudly announce the birth of their son Damian on May 9, 2007 at Mercy Medical Center in Mount Shasta.

Damian weighed in at eight pounds even and was 20 inches long.

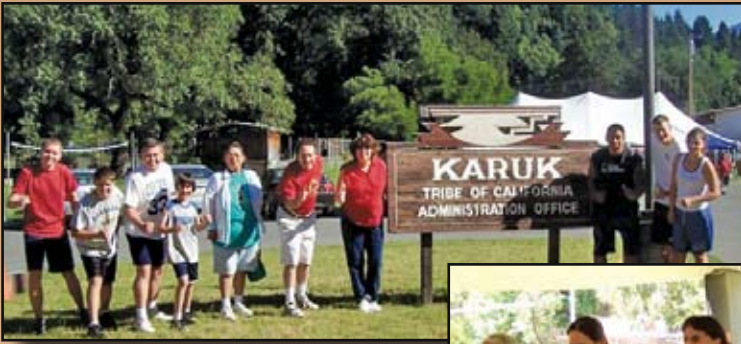
Maternal grandparents are Peter and Nancy Super of Grenada, Calif. and uncles are Pete, Don, Larry, Arch, Robert, David and Gary Super.

Paternal grandmother is Geraldine Stevens of McKinleyville, Calif.

With special thanks to coaches Ann “Poopsie” Escobar and Kayla Super.



Welcome to the 11th Annual



Karuk Tribal Reunion June 22 & 23, 2007

Fiscal Department Booth

Jaime Orge, Finance Department

The last few years the finance department had a huge success with the personalized photo postcards during the Tribal Reunion. But this year we thought we would focus more on children activities. We felt this would be a great way to get the children to interact with each other and have fun at the same time... (and to give the parents a break, too).

We wanted to have fun with our booth, so we went Hawaiian. Thanks to Michael Thom, Terry Tripp and Myra Lewis (with their art expertise) they were able to create a hut with palm trees and tropical birds. They also made and painted all the props to match our theme.

The ball toss was exceptionally busy. Each child was given 3 balls to try and toss it into a milk can. Believe it or not, it was a challenge. Something that looked so simple was actually a difficult task to accomplish. The children would not give up. They must have tried this game over and over.

Dart throwing brought in all types of age groups. To our surprise, the littlest youngsters could actually make a bulls eye !!! We tried to make it a challenge for those who were experts. They had to take a step back each time a bulls eye was made. The kids couldn't wait to get back in line to try and do it again.

Everyone who participated received a piece of candy and those who actually won received a toy from the prize box. We hope you all had fun, the smiles on your face made it worth while.





11th Annual Reunion Memories





Klamath River Mussel Study 07

The Karuk Tribe Department of Natural Resources has initiated a research project that will enable us to study yet another important component of our traditional diet; the Klamath River Mussel (KRMS).

The collaborative efforts of Ron Reed, Karuk Tribal Cultural Biologist and Dr. Kari Norgaard, Assistant Professor in Social Environmental Studies at Whitman College in Walla Walla, Washington, has provided the structure for Whitman College students Aaron David and Emily Davis, Biology/Environmental Studies majors and Brice Crayne Chemistry/Environmental Studies major to join in this unique collaborative Study. Participants in this study are the Karuk Tribe, Whitman College, the Umatilla Tribe located in Washington, and the US Fish and Wildlife Service (USFWS). The Umatilla Tribe pioneered the freshwater mussel project in the Pacific North West. David Wolf from the Umatilla has been a great help in providing project design. He has not only provided project design and leadership but took it upon himself to come down to the Karuk Country to participate first hand. Because of this, the project has taken off with great vision. For this effort the Karuk Tribe would like to formally thank the



Umatilla Tribe and David Wolf for their great effort and vision for this project. The USFWS will be participating initially as a collaborative member but hopefully will be a contributing funder in 2008.

During the multi year Klamath River Mussel Study we will be investigating a very important component of our traditional food base, and a natural water filter feeder. Initial research indicates that one mussel will filter (purify) one liter of water per hour. Fresh water mussels also have a unique relationship with salmon and pacific lamprey (eel). The salmon, steelhead and resident trout distribute the mussel to its habitat. Initial research also suggests that the "baby eels" (Pacific Lamprey) preferred habitat that is associated with the mussel shoals or grouping of mussels. Those relationship issues with the fish and the "eels" will be the objective cornerstone in future studies. Early data collection efforts have identified mussels' shoals that have numbered in the tens of thousands. This summer the collaborative will be focusing on baseline information such as species identification, distribution, habitat requirements and tissue sampling for mercury and other metals and contaminants.

Pleasure Seeking

Joseph E. Snapp, B.S. CSAC III

Everyone likes to have a good time, but someone needs to do the work of making the world turn and this speaks to having balance in our lives around all matters.

Pleasure is one of those words that are open to perception. You've heard the expression, "beauty is in the eyes of the beholder". When we seek pleasure without regard to the consequences it has on the people around us, it becomes a selfish or egotistical act. People generally have this attitude when their needs were not met sufficiently while they were growing up. No matter why your needs were not met, you can make a decision to live your life in a healthy way.

The drug companies, the tobacco companies, and the alcohol companies are all spending billions of dollars to encourage us to seek pleasure or relief by using their products.



The media, through movies, music, television and even sports are glamorizing violence. Even the cop shows justify the use of violence.

The result of this propaganda is seen in our youth walking around in baggy pants, wearing gang style bandanas on their heads, getting drunk, taking drugs and beating up their girlfriends.

Many of our youth today are not aware that what makes an Indian man an Indian, is what is on the inside, not the outside.

Karuk Tribal CASA Program

Kayla Super has joined the Tribal Courts Administration as the CASA Volunteer/Outreach Coordinator. Since hired Kayla has completed her 30 hour training to be a CASA under the Siskiyou County CASA Program, received a certificate of participation in the National Train the Facilitators Training, and attend the National CASA Conference in Orlando, Florida. In addition to her dedication of being a positive influence for Tribal youth, Kayla keeps herself involved in Tribal ceremonies and tradition.



*Kayla Super, CASA
Volunteer/Outreach
Coordinator*

The Karuk Tribal CASA Program is continuously recruiting volunteers to better serve our children who are victims of abuse and/or neglect. A recruiting/training event is currently being planned for this upcoming fall. If you are interested please contact Kayla as soon as possible as the deadline for applications is August 31, 2007 for those interested in attending the community event.

Office Hours • Mon-Thurs • 8am-5pm



Kayla Super
P.O. Box 609
Yreka, CA 96097
Ph. (530) 842-9228
Fax (530) 842-9227
ksuper@karuk.us

SUMMER IS HERE!!

The LIAP Dept. would like to share some tips on keeping safe and cool for this hot summer season!

Extreme Heat can be dangerous so it is very important to pay attention to local weather forecasts and to be prepared.

Heat Storms are categorized as temperatures that exceed 100F over a large area for three days in a row.

A heat wave is 48 hours or more of high heat 90F or higher and a high humidity percentage. (80 %+)

Heat related illnesses are:

- Heat cramps
- Heat Exhaustion and
- Heat Stroke

Persons at High risk are:

- Seniors
- Persons with jobs that require physical exertion
- Infants & Young children
- Person with medical conditions such as diabetes, respiratory problems heart disease, obesity and alcoholism

For more information about these tips to keep you safe in summer heat please call:

1-800-PGE-5000 or visit their website:

http://www.pge.com/res/seasonal/coolingcenters/summer_safety.html

Have a safe and enjoyable summer!

KTOC LIAP Staff



In Loving Memory... Michael Lloyd Bushnell

Born March 9, 1971, of Nashville, TN, Died April 11, 2007, at Vanderbilt Medical Center. Michael was 36 and a native of Goldendale, WA

He is survived by his wife Alison; his mother and step-father Linda and John Painter of Goldendale, WA; his father, Mike Bushnell of Scotia, CA; Sisters, Annette Delk (Michael) of Nashville and Trudi Thlering (Hans) of Alameda, CA; Brothers, Clint Bushnell of Goldendale, WA, and Shawn Bushnell of Hesperia, CA. He is also survived by niece and nephew, Kirstie and Wyatt Bushnell. In addition, he is survived by his loving great aunt, Roberta Page of Fortuna, CA; aunt Denise Seelye of Fortuna, CA; uncles John Bushnell of Arcata, CA; Jerry Bushnell of Redding, CA and Gary Page of Eureka, CA., as well as many cousins and close friends.

Michael loved the Lord, Jesus Christ, and his family takes comfort in the fact that Michael is at peace with his father in Heaven.

He was employed at FedEx Freight and YMCA of Green Hills.

A celebration of Michael's life was held at Bellevue Community Church on Saturday, April 14, 2007. In lieu of flowers, donations may be sent to Restore Ministries of the YMCA of Green Hills, Friends of Radnor Lake on Nashville, TN, or River Gorge in Washing State, or your favorite charity.

Karuk Tribal 4th Annual Spring Basket Weavers Gathering

Junalynn Ward

A great time was had by all at our 4th Annual Basket weavers Gathering.

Weavers and their families traveled from near and far to join us.

There were one hundred and sixty-three people in attendance.

On Friday we had a delicious dinner, and afterwards we sat around weaving and visiting. For the entertainment portion of the evening we had Bingo, with prizes being donated by the basket weavers and their families. We would really like to thank all who made donations. Without you, our Bingo would not have been as successful.

Jennifer Goodwin was the Bingo MC; she kept everyone in stitches with her inane sense of humor. There were a lot of winners at Bingo, fun was had by all.

Justin Farmer won a tool set for traveling the farthest to join us.

We had sunny skies the first day, and on the second day

Mother Nature blessed us with some rain. This did not deter five brave souls from going out on the River with Capt. Robert Goodwin manning the boat! He navigated the basket weavers through the rain to different areas to stop and gather basket materials.



Beargrass



*Cindy Figueroa, Starla Davis,
and Verna Reece*

None were worse for wear; although they did all seem to be content to be back on dry land! Aayyy!

We had numerous visitors to our People's Center, some to look at the beautiful baskets, dresses and other cultural artifacts, others to buy some of the informative reading material and beautiful one of a kind jewelry.

Sunday morning, the last few of us joined together for a delicious breakfast and to say Suva-nik to our friends.

We hope you enjoy the pictures and we hope to see you for the Fall 2007 Gathering.

The Karuk Basket Weavers Gathering is a project of the People's Center and is sponsored by the Karuk Tribe of California, Institute of Museum & Library Services, State of California Community Services & Development Block Grant, Karuk Tribal Employment Rights Committee, and the Karuk Education Department

We wish to thank the following people. Without their dedication to this project, it would not have been possible:

Dolly Elston



Verna Reece, Paula McCarthy, Jennifer Goodwin, Junalynn Ward, Cecilia Arwood, Erin Hillman, David Arwood, Robert N. Goodwin, Susan Gehr, Phil Albers Jr., Dion Wood and Michael Thom, Andre Cramblit (for getting the word out) and The Karuk Tribal Council; Arch Super, Leaf Hillman, Florraine Super, Leeon Hillman, Florence Conrad, Robert Goodwin, Bud Johnson, Roy Arwood, and Sonny Davis.

I will leave you with the nice prayer by Vina Smith and Phil Albers:

chími nuvík. káru vúra xára nuvíikeesh. vaa vúra nanu'áraara kúupha. hitíhaan vaa nukúupheesh. kári xas koovúra nu'ítap pa'áraara

Continued on next page...

Leslie Alford, Data Entry Clerk/Certified Professional Coder

Patti White, Database Administrator/RPMS Site Manager



Leslie Alford is the Data Entry/Patient Registration Clerk assigned to the Yreka Clinic. Her main duties are entering the patient visit data into the Health Program database, coding the procedures and services performed by the health care providers, and coding the diagnosis listed by the provider. She also enters the Yreka patient demographics from the patient registration forms into this system and updates patient information as needed.

Leslie has worked off and on for the Karuk Tribe since 1998. She has been in her current position since April 2006. Since that time Leslie has taken and passed the Academy of Professional Coders class. She received notification in March that she had been designated as a Certified Professional Coder (CPC) as of December 2006. As an Academy certified coder she is recognized as a professional who is dedicated to "Upholding a Higher Standard" in the medical coding field.

At the June 6th Yreka Medical Staff Meeting, Leslie was given a plaque and honored for this achievement.

In the past year and a half she has brought the data entry current for this location. She also fills in other positions and always willing help where needed.

Congratulations on your accomplishments Leslie!

Continued from previous page...



Beargrass

kúupha. vaa káru koovúra pa'áraaras kunkúupheesh. xas pukára vúra pipshinváriveeshara. tákoo.

Let's weave soon. And we will weave for a long time. That is our Indian way. We will always do this. And let's all learn our Indian ways. That way all our Indians will do that way. And nobody will forget. That's all.

yôotva yôotva



Jennifer Goodwin

The photographs are of Verna's Reece's Basket Making Class gathering bear grass on Baldy Mountain and Benjamin Creek where the Forest Service has burned for the basketweavers. They wish to thank Alan Vandiver, Sue Daniels, and her crew for their work. Great Job! Not pictured: Paula McCarthy, Juna Ward & Erin Hillman

THE SWEEP PROGRAM NEEDS YOUR HELP!!!!



We are accepting equipment donations for the SWEEP program. Some of the SWEEP participants work in yard maintenance for elderly, disabled or for people who cannot supply these items to clean their yards. Due to budget restraints were unable to provide these items to the participants. Any donations are appreciated. You can bring the items to the Karuk Tribal Administration Office or call 1-800-505-2785 ext 2030 (Dion), 2025 (Lisa) or 2045 (Junalynn). Here are some examples of what is needed:

Weed Eaters	Hand Clippers
Shovels	Lawn Mowers
Pruning Shears	Rakes
Pruning Saw	Ladder

Low Income Assistance Programs (LIAP)

1.800.505.2785 or 530.493.1600 Ext. 2025 or 2045

Low Income Assistance Programs:

- **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Karuk Tribal member or descendant. For those of you that live outside of the service area try www.acf.dhhs.gov/programs/ocs/csb/index.htm or www.csd.ca.gov/providers.html
- **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible tribal households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.
- For those of you that live outside of the service area try The National Energy Assistance Referral program (NEAR) at 1-866-674-6327 or www.energynear.org The LIHEAP programs administered by tribes at www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at www.acf.hhs.gov/programs/liheap/states.htm. For Oregon residents you can contact www.oregonheat.org for social service agencies and utilities working to keep the homes of low income Oregonians warm and safe.



ATTENTION!!!! Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you. Let's save on energy and our budgets.

Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agency in the service area. An applicant must not receive any comparable public assistance.

- **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home). Benefits will be adjusted depending on income received.
- **Skills, Work, Education Enhancement Program (SWEEP):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining an incentive payment. An applicant can be on the program a maximum of two years or 48 payments.
- **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.
- **Housing Improvement Program (H.I.P.):** **This program provides grant assistance funding to repair or the replacement of your home. This program is only funded once a year. The deadline for HIP applications is August of every year. To qualify you need:**
 1. Be a member of a federal recognized American Indian tribe or Alaska Native village
 2. Be income eligible
 3. Reside in the service area
 4. Send a disability/handicapped statement
 5. Proof of Ownership or Lease
 6. No prior HIP assistance





Develop Your Scholarship Game Plan

Information collected from fastweb.com

Having a game plan as you apply for scholarships makes the task much easier. Check out these tips below and remember to feel free to contact the Education Office at any time.

1. Plan to apply for as many scholarships as possible

Some students make the mistake of thinking that they maximize their chances of winning by pouring all of their energy into one or two scholarships.

But applying for scholarships is partially a numbers game. A variety of factors outside of your control affect the outcome of any given award. Only by applying for large numbers of scholarships can you minimize such factors, and maximize your chances of winning.

Even if the scholarship prize is only a couple of hundred dollars, I still recommend entering the contest. This might not sound like much in the context of an entire college tuition bill, but the extra cash can help cover the cost of books for a term, or other college expenses.

In addition, winning smaller awards provides you with additional credentials that you can include in applications for larger scholarships.

2. Develop a suite of generic reusable materials

When applying for large numbers of scholarships, creating a suite of generic reusable materials saves a great deal of time and energy. By having this suite to draw from, you will be able to focus less on just completing application requirements, and more on customizing and fine-tuning the material you've already prepared.

More than just a reduction in your workload, reusing and rethinking old materials can mean vast improvements as you repeatedly refine and edit the same work. By employing this strategy, you gain the opportunity to fine-tune your materials with every submission. And take it from me—your tenth draft will be far better than your first.

To create this suite of generic materials, first seek to develop standard essay responses to perennial scholarship application themes—such old favorites as college plans, career goals, and future contributions to society.

Next, survey the scholarship landscape and isolate common themes and requirements (whether it is a similar essay question or a comparable extracurricular activity worksheet). Attempt to bridge multiple applications with every sentence you write or form you prepare.

Also, go back into your archive of old scholarship applications (you'll develop one quickly) and try to recycle essays and other past materials. Don't just recopy such passages verbatim; instead, try to rethink, improve, and hone everything to fit the criteria of each new contest.

3. Leverage schoolwork and class time

If you have to do the schoolwork anyway, why not make it count toward your scholarship quest? For example, if you're asked to write an essay on a book of your choosing, you may want to select *The Fountainhead* by Ayn Rand. This way, you'll have a submission ready to go for the annual essay contest on this famous novel. If you're assigned a self-reflective essay, pick a personal topic that fits in well with scholarship applications you're pursuing. Moreover, teachers can serve as a helpful source of early feedback for these potential scholarship submissions.

This technique isn't restricted merely to classroom assignments. Most schools offer some type of independent study credit, in which you can pursue your own project under the guidance of an adviser. At many schools, you're even allowed to use a class period during the day to pursue this work. Use the time to complete self-initiated projects that add to your record and improve your chances of scholarship (and college admission) success.

4. Learn from past scholarship winners

In playing the scholarship game, it's extremely useful to have a roadmap of what it takes to win. To obtain this roadmap, make a point of reviewing past winning applications, essays and other materials. Many times, you can request sample winning entries from the organization administering the scholarship program.

In addition, it's useful to interview past winners of scholarships you plan to enter. Ask them about their unique qualifications, the approach they took in filling out applications, and any insights they have about particular scholarship contests you're planning to enter. Many scholarship contests will provide a list of past winners upon request. The best way to master the scholarship game is to learn from those who have played it well.



Karuk Tribal Enrollment Department Needs Your Help

Hello, my name is Marsha Jackson. Dolores Voyles and I work in the Enrollment Department. Our Department collects and maintains mailing lists for our Membership and Descendants. We work with all other departments to ensure that information like this newsletter, is shared with you or sent directly to you.

It is a struggle to maintain an accurate list when individuals move out of the area or change addresses and do not forward the correct information to our department.

We currently have over 400 inaccurate addresses. When this happens, we are losing contact with you and in turn you are losing information that is pertinent to your decisionmaking within the Tribe, or your participation in events with the Tribe.

If you happen to recognize a name from the list below, please ask them to phone or contact the Enrollment Department so we can update their information.

Thank you,

Marsha Jackson (800) 505-2785, Ext. 2039 • Dolores Voyles (800) 505-2785, Ext. 2028

Acorn, De Etta Eleanor	Bley, Anita Lynette	Crenshaw, Jennifer Lea	Fry, Ronald Jay
Adams, Luwana Fay	Bologna, Darren Michael	Croy, Leslie Marvin	Garcia, Antonia Sepulveda
Ainsworth Jr., Thomas Patrick	Bothwell, Frederick C.	Cummins, Barbara Lee	Gilbert, Linda Lou
Ainsworth, Roger Dean	Bothwell, Warren John	Curran, Crystal Ann	Gillespie, Robert Lee
Ainsworth, Tamara Patricia	Brazille Jr., Carl Henry	Dacosta, Mercedes Luisa	Golden, Jennifer Mary
Albers, Konni Jean	Brazille, Grace Colleen	Davis, Amanda Christine	Gomes, Maurice Francis
Alford III, Jasper Wilfred	Brazille, James Henry	Davis, Anjanette Irene	Gonzalez, Cindy Jean
Alford Jr., Terry Lee	Brazille, Jeff Allen	Davis, Dr. Levi E.	Gonzalez, Joshua
Alford, Delbert Warren	Briggs, Natasha Marie	Davis, George Hampton	Gonzalez, Michael Jacinto
Allen, Kimberly Ann	Brink, Jefferson Duran	Davis, Richard Alton	Goodwin Jr., Norman Carter
Alt, Anisha	Brown Jr., Clifford Monroe	Davis, Twila Jean	Gossage, Sybil Louise
Antone, Gail Garfield	Brownfield, Ricky Wayne	Degross, Sidney Montano	Goucher, Tammy Fayette
Antone, Natalie Grace	Brown-Thunder, Simone Marie	Derham, Charles Lawrence	Grant, Michael Brandon
Antone, Noah George	Burcell, Harold Ernest	Diaz, Amber Noel	Grienauer, Lisa Marlene
Antone, Russell Gregson	Burcell, Jeanne Lynn	Donahue Sr., Edwin Gail	Griffith, Barbara Gail
Appolonio, Johnnie Marie	Burcell, Thomas Charles	Donahue, Asa Dimon	Griffith, Justin
Areson, Tami Mae	Burkus, Lori Jean	Donahue, Leland Jasper	Griffith, William Donald
Ashinhurst, Shannon Marie	Bushnell, Jerry Dale	Donahue, Leland Jasper	Guevara Jr., Carlos Armando
Attebery, Leonard Ray	Butterfly Jr., James Eugene	Donahue, Sonia Victorine	Guthro, Geoffrey Neal
Attebury, Ashly Nicole	Calvery Jr., Terry Joe	Dooley, Michael Thomas	Guthro, Joann
Attebury, Cornelius Ray	Calvosa, Christopher Raymond	Dooley, Pawnee Brandy	Guthro, Samuel Joseph
Attebury, Kelly Ray	Calvosa, Joseph Michael	Dulaney, Dr. Joseph Anthony	Hackenberg, Ronald Joseph
Attebury, Lyla Rose	Camarena, Benjamin Arthur	Eagle, Daniel Raymond	Haley, Christina Marie
Attebury, Schashone Dawn	Camarena, Michelle Alice	Eagle, James Leonard	Harlson, Patricia Leann
Aubrey, Julie Ann	Canfield, Nacole Julia	Eagle, Patrick Rollin	Harrie, Cindy Lou
Aubrey, Lorann May	Canham, Phyllis Edwina	Eagle, Robert Dewey	Harrison Jr., Justin Carl
Aubrey, Violet Ann	Carbone, Nicole Anne	Effman, Wesley Robert	Hase, Rhonda Lynn
Aza, Cheryl Denise	Carbone, Vincent Anthony	Enick, Albert Edwin	Headrick, Julie Fae
Aza, Vincent Eugene	Carr, Shirlee May	Erwin, Betty June	Hensher, William Joseph
Bailey, Angelina Arleen	Carr, William Paul	Evenson, Thomas Edward	Herrera, Christopher Steven
Bailey, Charmin Sioux	Carstensen, Alan Dale	Facey, Shauna Pauline	Hobbs, Randy Dale
Bailey, Leah Beth	Carter, Douglas Roy	Ferris, Damon	Hockaday Jr., Barry Lee
Baker-Miller, Pamela Lynn	Cartier, Debra Louise	Ferris, Sally Fae	Hodgin Jr., Thomas Kevern
Barger, Valerie Lee	Caulder, Mary Jane	Field, Ben Lawrence	Hodgin, Douglas Eugene
Barrera, Jaime Jon	Cavanaugh, Jill Lorraine	Field, Edward Dale	Hodgin, Julie Mae
Bartlett III, James Arthur	Ceraolo, Anthony	Field, Jennifer Lynn	Hodgin, Mary Jean
Bartlett, Katherine Elaine	Chase Jr., Leo	Fitzgerald II, Daniel Grant	Hoffer, Laverne
Becerra, Cheree Nicole	Cheatham, Naomi Dawn	Fitzgerald, Paul Michael	Hoffman, Donna Marie
Becerra, Sheila Larae	Combs, David Lorin	Fitzgerald, Stanley Lawrence	Hoffman, James P.
Bell, Daniel Leigh	Combs, William Harold	Fountain, Charlene Tricia-Mae	Hogue, Wilma Kae
Belzer, Lawrence Ralph	Conrad III, Willis	Freiberg, Karin Liane	Honeyball, Robert Matthew
Belzer, Randall Scott	Conrad, Eloise L.	Freitas, Deeann Debra	Houston, Charles Wayne
Bennett III, Leslie Clarence	Cook, Josephine Alice	Fry Jr., Monte Ray	Howell, Dennis
Bennett Jr., William Porter	Cooper, Rise Pearl	Fry, Cynthia Marie	Hughbanks, Buffey Lee
Bennett, Mariah Rochelle	Corriea, Jerry Merrill	Fry, Daniel Lee	Husa, Cheryl Lynn
Bennett, Tammy	Courts, Cherry	Fry, Judith Marie	Huston, Valentina Candice
Birkhofer, Jewelye Georjean	Cramer Sr., George Dee	Fry, Marion Darrel	Ichelson Jr., David Leon
Black, Gregory John	Cramer, Edwin Gary	Fry, Richard James	Iverson, Michelle Denise

Jackson, Shirley Ella
 Janusz, Anna Marie
 Jenkins, Judy Darlene
 Jerome, Karen Clara
 Jerry, William Hugh
 Johannsen, Geneva Leila
 Johnson, Elaine Rose
 Johnson, Fred
 Johnson, Jericho Lee
 Johnson, Roger Dale
 Johnston, Dallas
 Jones Jr., Robin Dean
 Jones Sr., Vincent James
 Jones, Barr Brian
 Jordan, Vanessa Dalene
 Jorgenson, Sandra Estella
 Jorgenson, Shelley Marie
 Justice, Candy Jo
 Justice, Edith May
 Justice, Russell Lee
 Katz, Israela
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 Kellems, Larry A.
 Keller, Cecil Edward
 Kennelly, Marilyn Elizabeth
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 Kent, Rene Marie
 Kincaid, Ira Clay
 King, Daniel Aaron
 King, Rebecca Ann
 Kuchera, Willie Mildred

Kuhlmann, Trina Dawn
 Lacher, Kathryn Ann
 Ladd, Lottie Marie
 Lambear, Sarah
 Lampert, Mari Anne
 Lang, Jube
 Lawe, Sierra Corina
 Leary Jr., Clarence Marion
 Leith, Elaine Yvette
 Lenk, Angela Christine
 Liegl, Micah Erin
 Lillie, Edith Fay
 Lippincott, Bradley Keith
 Lippincott, Gregory Scott
 Lippincott, Robert Keith
 Loveland, Chandra Leigh
 Macias, Evelyn Darlene
 Maffucci, Laurie Ann
 Mann, Debra Lynn
 Marmon, Melissa Lynn
 Martin, Sheena P
 Martinelli, Dixie Lynn Hatcher
 Mastel, Eva Mae
 Masten, Allison Marie
 Masters, Richard Woodrow
 Masters, Vincent Damon
 Mata, Sharlene Kay
 Matteoli, Ronald
 Matteoli, Shawn Francis
 McAllister, Randall David
 McCoy, Lorelle Marie
 McElhinny, Jeana Noel
 McGarva, Dorie Rose
 McNeal II, Daryl Dean
 McNeal Jr., Elman
 McNeal Jr., Robert Elmer
 McNeal Jr., Robert George
 Mcneal, Albert Grant
 Mcneal, Curtis Dale
 Mcneal, Jeremiah Bert
 Mcneal, Michelle Susan
 McNeal, Steve M.
 Mcneil Jr., George Martin
 Mcneil, Elisha Rochelle
 Mcneil, Jason Matthew
 Merrill, David James
 Merrill, Glen Leroy
 Merrill, John Glenn
 Merrill, Thomas Owen
 Merrill, Timothy Irvin
 Miles, Leslie Irene
 Miller, Donald Marvin
 Miller, Lonnie Kui
 Mitchell, Beverly Jean
 Montague Jr., James John
 Montague, Louise Pearl
 Montague, Michael Merle
 Montemayor, Maria Alicia
 Moody, Starlite Meri
 Moran, Kathy Joyce
 Moran, Misty May
 Moran, Smokey Mountain
 Morris, Brian Jay
 Morton, Angel Yvonne
 Motsenbocker, Marsha
 Murphy, Keith Alan
 Murray, Brian Lee
 Murray, Maria Frances
 Music, Michael Alfred

Myers, Candice Renee
 Nelson, Christopher Leon
 Nelson, Darrell Victor
 Nelson, Eric Duane
 Nelson, Robert Andrew
 Neuner, Lisa Robin
 Nichols, Mariana Marie
 Norton, Barry Lynn
 Norton, Tamara Lynn
 Nova, David Lazaro
 Oakhurst, Albert Jeffery
 Officer, Jason Gordon
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 Offield Sr., Loren Burton
 Offield Sr., Michael Lee
 Offield, Brian Edward
 Offield, Jessica Renee
 Offield, Thomas Matthew
 Onstott, Janet Lee
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 Pantiga, Kristopher Martin
 Passmore, Melody Mae
 Patterson III, William Dean
 Patterson, Patrick Lee
 Patton, Randall Kane
 Pearson, Loretta
 Peasnell, Peggy Sue
 Pepper, Daisy Sue
 Pepper, Ninamic` Pufic`
 Perez, Eric Juan
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 Peters, Priscilla Louise
 Pierce, Gary Alan
 Pike, Ursula
 Pilcher, Sharon Rosezane
 Poe, Joshua Michael
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 Rails, Gary Paul
 Randolph, Elaine Adell
 Reynaud, John Patrick
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 Robinson, Gary Leon
 Robinson, Nicole Lee
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 Rodriguez, Jorge Luis
 Rodriguez, Susan Aileen
 Rohn, Rochelle Renee
 Romero, Dennis Leon
 Rose, Carla
 Rose, Ginger Bell
 Rose, Misty Blue
 Rose, Robert William
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 Ruiz, Eric J.
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 Russell, James Ray
 Russell, Shawn Charles
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 Sanchez, Erica Pilar
 Sanderson, Anthony John
 Sanderson, Stephen Floyd
 Schilt, Jacob Elias
 Schlegel, Celina April
 Scott, Garen Phillip
 Sears, Jeffrey Wayne
 Seaton, Charles Richard
 Semas, Sandra

Serrano, Kim Rae
 Sharpe, Ronald Allen
 Shinar, Radie Marie
 Shropshire, Starr Marie
 Shulka, Ramona Lynn
 Sicard, Kelly Marie
 Sligar, Michael William
 Smith Jr., Loren H
 Snapp, Glen Stephen
 Spaulding, Jeramy Winston
 Stachel, Lysa Marlene
 Starchman, Holly Diane
 Starritt, Brian Lee
 Steele, Lee Anna
 Stevens, Christine Eileen
 Stratos, Jason Anthony
 Super Sr., Troy Alan
 Sutton, Cody Brandon
 Harrison
 Swearingen Jr., Orin Ford
 Talifson, Haley Michelle
 Taylor, Kristina Diane
 Thacker, Lorna Jane
 Thom Jr., Ronald Lee
 Thom Sr., Nelson Pete
 Thomas, Adrienne Alison
 Thomas, Audra Marie
 Thomas, David Christopher
 Tickner, Mikell Christopher
 Tripp Jr., Merlin Wayne
 Tripp Sr., Nathan Wayne
 Tripp, Daria June
 Tripp, Ian Daniel
 Tripp, Trudy Lee
 Turner, Shawna Sabrina
 Vanwinkle, Debra Louise
 Varnell, Johnathan David
 Venecia Sr., Valentin Isidro
 Waggle, Christina Ann
 Wantt Jr., Archie Albert
 Warren, Jon Jared
 Wells, Eileen Marie
 Werder, Brandi Lee
 Werder, Bryan Edward
 Werder, Jeffery Dean
 Werder, Robert Hans
 White, Tamsen Taryn
 Whitmore, Clarence Edmond
 Wilder, David A
 Wilder, David Leo
 Wilder, Frederick Prescott
 Wilder, George Llewellyn
 Wildhaber, Ellen Elaine
 Williams, Barbara Mae
 Williams, Dana Monique
 Williams, Dannette Jean
 Wilson Jr., Frank Oriss
 Wilson, Monica
 Wingo Sr., Clyde Eugene
 Wirick, Nicole Jeanie
 Wood, Carl Lee
 Wood, Clayton Earl
 Wood, Doris Joann
 Wray, David Lee
 Wray, Floyd Eugene
 Wray, Wanda Ann
 Zimmerman, Richard Dean
 Zimmerman, Ronald Arden

Newsletter Article Submissions

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

Article deadline:
 October 15 for the fall issue.

Karuk Tribe of California - Karuk Tribal Health Program

Contract Health Services (CHS) Department

Anna Myers, CHS Supervisor

What Is Contract Health Service?

Contract Health Service (CHS) is a federally funded program administered through Karuk Tribe of California. Karuk Tribal Health assists **eligible** Indian clients with payments for **approved** medical and dental services.

Below are some of the eligibility criteria for our clients:

To be eligible for CHS services, clients must provide proof of Native American Verification which includes:

1. A member of a federally recognized California tribe or a descendant of CA. Indian with a Certificate Degree of Indian Blood (CDIB) living within the Karuk Tribe of California service area.
2. Any Indian in California who is included on one of the California judgment rolls,
3. Or their descendents (A copy of the judgment roll that includes the individual's name must be provided).
4. Non-Indian woman pregnant with an eligible Indian's child is eligible during her pregnancy through six weeks postpartum.

How To Use Contract Health Service:

1. Clients must have a referral from one of the Karuk Tribal Health medical or dental clinics for outside services (services not provided in our clinics). **Pre-authorization is required for all non-emergency services and follow-up care.**
2. Emergency room visits must be reported to CHS within 72 hours after the service is rendered to be eligible for CHS coverage. Any emergency room visit will be reviewed and prioritized for payment by CHS staff, which means an alternate resource or a denial for an alternate resource may be required. This is a federal regulation that must be adhered to,
3. Elders, 60 years of age and older, are required to report emergency room visits within 60 days of the emergency room visit,
4. Any client requesting CHS must fill out an annual family intake for alternate resources if they have no other insurance. This will assist clients in obtaining insurance coverage, and assist CHS in covering services for clients for an entire fiscal year,
5. Clients must mail CHS all bills and insurance explanation of benefits (EOB) that they have received within 60 days of the outside service if so rendered.
6. CHS asks that clients maintain close contact with CHS staff for coverage updates.

Refusal to Apply for Alternate Resources:

- If clients refuse to apply for alternate resources, any and all CHS coverage will be denied for payment,
- If CHS staff receives documents proof of a clients ineligible status for alternate resources (MediCal denial letter, etc.) then CHS will authorize payment for approved services.

REMEMBER;

1. The disadvantage of having no alternate resources is that not all services will be covered by the CHS program, and our goal to assist all clients in the best service possible,
2. Since CHS has limited funding, there are levels of care that are approved levels of care, meaning that certain services although necessary, are not covered through CHS (such as surgery, inpatient care at a hospital and other services),
3. There may not be enough funding to last an entire fiscal year, so close contact with CHS staff is imperative.

CHS Staff;

- o Anna Myers, CHS Supervisor: (530) 493-1600 ext. 2156
- o Lucille Tiraterra, CHS Clerk: (530) 493-1600 ext. 2151
- o Cheryl Titus, CHS Clerk: (530) 493-1600 ext. 2155

We are all available to talk with you and assist you with your needs at any time. Please feel free to contact our offices with any questions or comments you may have. We encourage you to keep in contact with us.

Tribal Court & CASA Have Moved!



New office location in Yreka Karuk Clinic Building

1519 South Oregon Street, Yreka CA

They share offices with Social Services

Monday-Thursday 8am-5pm

Tribal Court 530-842-9228

CASA-530-842-4924

All messages will be returned!

The Nurses Corner

Skin Cancer - Saving Your Skin From Sun Damage

David Eisenberg, PHN



Melanoma

Why is the sun so bad for my skin ?

The sun's rays causes damage to the skin. This leads to early wrinkles, skin cancer and other skin problems. Being in the

sun often over time, even if you don't get a sun burn can lead to skin cancer.

About 10,000 people a year in the US die from skin cancer.

Where is skin cancer most likely to occur ?

Most skin cancers occur on parts of the body that are repeatedly exposed to the sun. These areas include the head, neck, face, tips of the ears, hands, forearms, shoulders, back, men's chests and the back and lower legs of women.

What are some of the risk factors for skin cancer ?

- Having fair skin, red or blond hair
- Light colored eyes
- Multiple moles, freckles or birthmarks
- Sunburning easily
- Having a serious sunburn
- Family members with skin cancer



Basil Cell Carcinoma

What does a normal mole look like

A normal mole is solid tan, brown, dark brown or flesh colored. The edges are well defined. It's smaller than 1/4 inch in diameter and has a round or oval shape. It should be flat or dome - like.

How can I tell if my mole isn't normal?

Look for any change in a mole you have, or in the appearance of a new mole. Most normal moles appear by age 30. Any moles that appear after age 30 should be watched carefully and brought to the attention of your health practitioner.

How can I prevent skin cancer?

The key is to avoid being in the sun or using sunlamps. If you are going to be in the sun, wear a wide brimmed hat to protect your face neck and ears. Clouds and water do not protect you - 60% - 80% of the suns rays can get through clouds and reach swimmers at least one foot below the surface of the water.

Should I use sunscreen?

If you can't protect yourself by staying out of the sun or wearing the right kind of clothing, use sunscreen (at least 15 SPF) to help protect you. Sunscreen is important, but does not make you completely safe.

For more information - contact any one of the Karuk Medical Clinics



Mission Statement

The mission of the Karuk Tribal Council is *to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

Karuk Tribal Council

Summer, 2007

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Charron 'Sonny' Davis
Member at Large

Newsletter Production:

Desktop Publishing:

Rosie Bley

Editor:

Sara Spence

Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

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Karuk Tribe of California



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Happy Camp, CA 96039-1016

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Happy Camp, CA

96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Karuk Tribe of California



FALL 2007

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

Tribal Enrollment Is Currently At 3,507 Enrolled Members



Inside This Issue...

The Chairman's Corner	2
Notes from the Secretary	3
New Yreka Facility	4
Karuk Clinic Opens!	5
Dept. of Prog. & Compliance	6
Housing News	7
People's Center Newsflash!	8
Paths to Prosperity	9
Progress, Joe Snapp	9
KCLF Awarded \$118,700!	10
Grants Dept. Update	10
Language Dept. Update	11
Staffing Update	11
Lauren Preston Filmmaker	12
Yreka Residents Thanks	12
Karuk Dressmaking Class	13
Gift From Marilee Cross	13
Birthdays/Anniversaries, Etc	14
Karuk Head Start	15
Money to be Claimed?	15
HC Elementary Thanks	16
Collaboration Was The Key	17
Drive By Flu Shots	18-19
Start A New Business	20
COS Classes in January	21
Karuk Students Honored	22-23
Basketweaver Gathering	24
Basketweaver Raffle Winners	25
Military News	26
Steven Douglas Kingsbury	27
Yapinstatch Page	28
Sammie Goodwin	29
Karuk Sports Pages	30-31
CHS Services	32
SCORE Update	33
Federal Student Aid	34
Student Grants	35

2007 Election Results

The Karuk Tribe of California held their annual Tribal Election on Tuesday, November 6, 2007 for the positions of Chairperson, Secretary, and one Member at Large seat. All of these positions are for four year terms, ending in 2011.

The candidates for the position of Chairperson were Incumbent, Arch Super of Yreka, Robert N. Goodwin of Yreka, Alvis Johnson of Happy Camp, Ronald Reed of Somes Bar, Harvey Shinar of Yreka, and Harold Tripp of Somes Bar.

The candidates for the position of Secretary were Incumbent, Florraine Super of Yreka, and Arron "Troy" Hockaday of Yreka.

Incumbent, Florence Conrad of Somes Bar ran unopposed for her seat as Member at Large.

Voters cast their ballots either by absentee or at one of the three polling locations in Yreka, Happy Camp, and Orleans. There were a total of 401 valid ballots counted in the Election. The following numbers are the official results pending any disputes that may be filed by a candidate.

The elected Council Members will be sworn into their seats by November 21, 2007.

Newly Elected Council Members!



Arch Super, Chairman



Florraine Super, Secretary



Florence Conrad, Member

Chairperson		Secretary		Member at Large	
Arch Super	185	Florraine Super	251	Florence Conrad	319
Alvis Johnson	102	Troy Hockaday	129		
Harold Tripp	38				
Robert N. Goodwin	27				
Ronald Reed	21				
Harvey Shinar	19				

Chairman's Corner

Arch Super, Tribal Chairman



Ayukii, hooy koovura pa araarahih. Chimi nu chuupiti pa araarahih. Tanixxuti, koovura pa araaras pananu chuupitiheesh pa araarahih. Kukkuum tani piip pa araarahih uum pananu aanav. Chi nuu itapeesh pananu araarahih. ***Hello, where is the language. Let's be talking the Indian language. I think all the Karuks be talking our Indian language. Again I say, the language is our medicine. Let's be learning our Indian language.***

JULY - Social Services worker, Daniel Pratt and I attended a ***TANF Consultation*** that was held on July 9th thru 12th in Seattle, WA. We have been in the process of bringing in a TANF program to our tribe and the ongoing and updated information is important for Tribal Council and the individuals that are pursuing this program. Also in conjunction with our TANF venture, Health Director Martha Schrock and I attended a ***TANF Intake Training*** on July 16th thru 20th in Davis, CA. It is important that we collect the training and materials to forward to the Directors, Supervisors and Workers, who will be working for our large TANF Program.

AUGUST - I had attended our quarterly ***BIA Advisory Committee Budget meeting*** which was held in Polson, MT on August 8th thru 10th. The past years' Presidents initiative "Safe Communities" was to allocate funding for tribes to enhance Prisons, Detention Centers and Law Enforcement. We are alerting the committee to filter the carry forward monies from last year to the California Tribes who don't have law enforcement and facilities. We will continue to urge the Secretary of Indian Affairs, Mr. Carl Artman, to assist our Tribe. During the month of August, it had been a challenge with the ***Tribe and the Happy Camp Health Services*** in our venture of leasing, buying and relocating the Tribe's Health Clinic. Overall, we ended up moving our Tribal Health Clinic down to the Tribal Administration facilities. We plan to do a grand opening and look forward to prospering with our Tribal Health Program.

SEPTEMBER - We attended the ***FEMA Emergency Readiness Training*** in Emmitsburg, MD. The planning staff consisted of CFO, Laura Mayton, DNR Director Sandi Tripp, Grants Writer, Hester Dillon, Compliance Director, Erin Hillman and myself. The training was grand. The Tribe will be working on our own Emergency Readiness Program, readiness for fires, floods, severe weather, etc. We want to be ready for our members and communities. Our Tribal Council and other Directors and Supervisors of the Tribe did more of the Trainings and Conferences this month.

OCTOBER - Our Chief Finance Officer, Ms. Laura Mayton and I attended a ***Finance and Economic Development Conference*** in Las Vegas, NV on October 10th thru 14th. The Conference gave us good information on ideas of working with our Casino and/or working without a Casino. This information will be shared with the Tribal Council and we hope to come up with some innovative ideas. Council Members, Ms. Florraine Super, Roy Arwood and I attended the ***Bi-Annual CRIHB meeting*** in Jackson, CA. The meeting was very informative and gives us updates on services and legislations that CRIHB is dealing with.

OVERALL Tribal business has been staying busy. I encourage our Tribal Membership to always write, email, call or come and see your Tribal Council with any issues and concerns. Whatever way we can address these issues and concerns, we will always try. If you have a specific director, Council Member or Staff Member that you wish to get in touch with, please do so.

Yootva, (thank you)

Suva nik. (see you later)



Notes from the Secretary

Florraine Super, Council Secretary



Ayukii, I can not believe four years have gone by already. It has been an honor serving as your Karuk Tribal Secretary. Thank you for your votes. I am happy to be able to serve another four years. I plan to continue my current activities plus add more cultural classes to all three communities and get more education to people regarding diabetes.



Ivan "Ishnur" Super

It was nice speaking to tribal members during my campaign. Thanks for all your input regarding how to make the Karuk Tribe a stronger and more efficient tribe. Please stay in touch so we can make sure your ideas get addressed.

Side note: Ivan "Ishnur" Super, my son, is getting bigger and cuter than ever. He will be 6 months on November 9th and in October he weighed 23 lbs.

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Karuk Youth Leadership Conference a Success!

The Third Annual Karuk Youth Leadership Conference was held in Orleans, California over the October 6th weekend. This event, which was attended by 120 or more youth supporters and made this the highest attended youth conference.

This year's conference offered a very valuable experience for today's youth. It provided our youth with the opportunity to learn the following activities: Conflict Resolution, Speaking with and hearing their elders, Culture (Demonstration brush dance and card games, beading necklaces and hair sticks and carving paddles.), and Language Immersion. For fun they attended an evening teen dance. Coinciding with the dance was a karaoke contest.



The conference gave the youth an opportunity to meet with Tribal leaders, Tribal Staff, and community members. During the conferences prizes were given out for those who shared their stories and won the ice breakers activities. The Karuk Tribe gave out cameras, CD players, card games, Karuk Stickers, and other small prizes. The Karaoke winners won DVD movies and the grand prize was a portable stereo. (Portable stereo was donated by Chairman Arch Super.) Also, all youth and volunteers received a conference T-shirt.



My goal was to instill pride in their heritage in hopes it will also motivate and inspire them to strive to attain leadership positions in the future.

Elders were involved this year. They shared their stories of where they went to school and how it was going to school in their day. The elder's received flash lights for volunteering their time.

I would like to thank all those who helped before and during the conference. With your help we had a very successful youth Conference. Yootva, Yootva, Yootva! I want to thank council members Arch Super and Florence Conrad for attending this year's conference. We had a lot of volunteers and I would like to mention a few who went beyond the call of duty: Bari Talley, Holly Hensher, Mike Edwards and Chuck Lent. Also, Robert Super and Mike Edwards carved 25 mini paddles for the youth to carve.



Indian Child Welfare Committee (ICW):

The Karuk Tribe's ICW Committee Mission is to preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.

Our committee has continued with our regular duties. We have had a few strategic planning meetings. We've had some good ideas come from these meetings. Ideas include: involving our culture to reunite families and create a CD and brochure to share what we do and give to other tribal members, agencies, and potential foster parents. We also revisited our policies and procedures and website to make sure it was updated.

NOTES continued on next page...

Notes from the Secretary, continued...

Karuk Tribe Foster Home:

FOSTER PARENTS NEEDED!

If you would like to offer your home and family and become a foster family, Please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare-
www.karuk.us

Head Start: Children are our Future

Head start has full enrollment. All is going well with our head start program. We will have a practice Head Start review in October. I'm also attending the National Indian Education Association (NIEA) Conference. My goal is to see how other tribal Head Starts fund their programs without gaming money. Also, get together with other tribes to let funding agencies know we need more funding to run an efficient program.

Low Income Assistance Program (LIAP):

The LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need. So the council has obligated some funding to help those who need assistance. It has helped a lot of elders and families with children.

Karuk Booster Club:

Need Help With School Activities?

The Karuk Booster Club is here to help support Karuk enrolled members and enrolled descendants with sports and extra-curricular activities. We support children who are involved in school and community programs! We are here to help all the extra-curricular activities our Karuk children are involved in. Please contact Chairman Arch Super, Secretary Florraine Super, or Member at Large Roy Arwood for more information.

Contacting your Karuk Tribal Secretary:

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information. *Florraine Super*

Newest Yreka Community Facility Opens

Erin Hillman

Arch Super and Verna Reece along with other representatives of the Council and Housing Committee cut the ribbon to officially open the new Yreka building. The ribbon cutting ceremony and open house was held on August 23 to mark the opening of the Karuk Tribe Community Facility/ Karuk Tribe Housing Administrative offices in Yreka. The August Council meeting was held directly after the event in the new community room. Tribal members and guests who had formerly been subjected to overcrowded conditions in the old "Room C and D" of the offices on Yellowhammer Drive enjoyed the large, new space.

The construction of the facility was jointly funded by the Department of Housing and Urban Development Indian Community Development Block Grant and the Native American Housing Assistance and Self Determination Act. Tribal and Housing employees have worked closely together over the last two years to see this project to its completion. Larry Neel and Co., who employed some Tribal members for the construction completed the 5000+ square foot building three months ahead of schedule.

Staff will begin moving into the facility as soon as the computer technology and communications equipment has been installed. Other features of the facility include a computer lab, a cultural/ basket weaver's room, an elder's room, elders exercise room, two offices for Community Health Representatives, a full kitchen and 33' x 44' multipurpose room for community events and meetings. See full view photo of building on page 7.



L-R Robert Super, Robert Goodwin, Paula McCarthy, Verna Reece, Roy Arwood, Arch Super, Florraine Super, Bud Johnson.

Karuk Community Health Clinic Now Open in Happy Camp

Judy Blind, FNP



Karuk Community Health Clinic

Karuk Tribe of California Administration Complex now houses the Karuk Community Health Clinic. The location of the clinic is circled in the photo to the left.

The Karuk Tribal Health Program/Happy Camp Health Services Clinic previously located on Park Way in Happy Camp closed on September 19, 2007 and the newly renovated Karuk Community Health Clinic, now located at 64236 Second Avenue (the main Tribal Complex) opened on Tuesday, October 2, 2007.

This was accomplished thanks to a lot of time and work by the staff of the Karuk Tribe including the entire Maintenance Crew, Rick Hill, the clinic staff; especially Karen Daniels and Claudia Ross-McLeish, and many, many others too numerous to mention here. Thank you one and all!

We are slowly settling in and enjoying the new building. X-rays are still not available but hopefully can be offered again in the future.

A Community Open House is scheduled for Monday, November 19, 2007 and in the meantime the clinic is open and ready to take care of your health care needs!

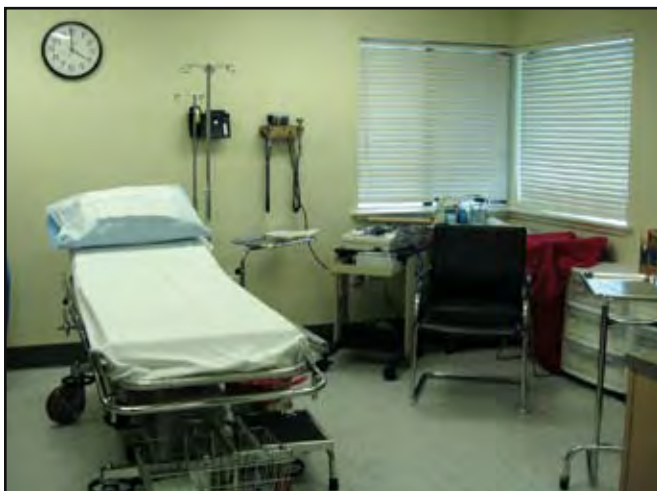


Waiting room in the Karuk Community Health Clinic

Grand Opening Celebration Scheduled

Steve Burns, MD

Karuk Community Health Clinic Emergency Room



On Monday, November 19, 2007 the Karuk Tribe of California will be celebrating the opening of the new Karuk Community Health Clinic serving the health needs of the Mid-Klamath River Region.

There will be a free community meal at 12 PM; a prize raffle; tours of the new clinic; and live entertainment with the heart-gladdening, toe-tapping music of Country Music artist Brad Burns, Karuk Rap Music artist "Basketball Bob" Attebery, and the magical keyboard talent of Eddie Davenport. There will also be a Mini Winter Health Fair.

Don't miss this fun celebration!

Department of Administrative of Programs and Compliance

Erin Hillman, Director

In the last three months my office has been very busy. The preparations for the ending of fiscal year 2007 occupied a majority of my time in late August and early September. My work continues to be very focused on grants management until all required grant reports and drawdown's are finished.

On October 26, the second bid opening for the Orleans Community facility will have taken place; the first round yielded only one bidder for the project whose proposal was in excess of the budget, requiring us to re advertise. This is a joint funded and managed project between the Karuk Tribe Administration and Housing Authority to build three buildings totaling 3600 square feet with offices for Housing Personnel, Language, Health, classroom and meeting space.

In July, we welcomed onboard Dave Wroblewski, our new Peoples Center Director. Dave has an extensive background in Archeology holding his Masters Degree from the University of Nevada Reno; he has over 25 years of professional experience in his field. Dave has worked for Tribal Governments, Federal agencies, academic institutions, museums and cultural resource management firms in Northern California. Upon being hired he immediately got to work researching grant opportunities for the Peoples Center. He has submitted several letters of inquiry and grant applications. You can find out more about Dave in his section of this newsletter.

In September, four Tribal staff and the Chairman attended four days of FEMA sponsored training at the Emergency Management Institute in Emmetsburg Maryland. The focus of the training was to provide job aids to assist Tribes to respond to an emergency in their community. We attended this course to gather information to help us update our Emergency Response Plan, plan for mutual aid agreements, and define departmental roles when responding to an emergency. FEMA provides a free room, cafeteria style dining at a reduced cost and reimburses eligible participants, like Tribes, for their travel expenses.

In addition to receiving instruction on various aspects of the Tribes responsibility, at the end of the training we performed a "Table Top Exercise". We used a pretend Tribe (Roaring River) and their Emergency Response Plan (ERP) to respond to a hypothetical situation where their community was being flooded, one of the fire departments was on fire, 35 people were stranded; the casino had 2500 people in it and various other calamities. During the exercise we had to go through the motions of setting up our Emergency Operations Center, and role play in different positions: Emergency Manager (me), Volunteer Coordinator (Hester Dillon) Resource Manager (Eula- from Gila River), Public Safety Manager (Arch Super), Public Information Officer (Sandi Tripp) and Public Works Director (Laura Mayton). We used the pretend ERP to answer questions on planning aid documents for each section of the course. Valuable lessons were learned as the ERP used had many flaws. We will be thinking about these lessons learned when we are revising our own.

In other recent developments, we have been awarded from the State of California funding for disaster preparedness and emergency planning. The goal of this project is to develop a more effective preparedness program for the protection of life, property and natural resources of the Tribe. We will be using the grant to evaluate and revise our Tribal Emergency Response Plan, provide disaster preparedness training to staff, and implement an outreach program to Tribal members.

From July through September 30, sixteen (16) grant applications were submitted by the Tribe for a total of \$1,856,913. Twenty five (25) grants were awarded to the Tribe for a total of \$1,950,173. Sixteen (16) contracts and six (6) agreements were reviewed and approved, and five (5) expired grants had been closed out. We currently have 83 active grants.



Newly completed KTHA/KTOC Community/Administrative Building

Karuk Tribe Housing Authority News

Sami Jo Difuntorum, Executive Director

I am pleased to announce that our homebuyer direct loan program has been a huge success. KTHA loans money to low income first time homebuyers at 4% interest. We currently have 21 loans obligated to Karuk Tribal members totaling \$1,700,276.41. We do not have any funds available for the remainder of this program year, but you can apply any time. If you are interested, please contact Eddie Davenport at 530 493 5434.



Happy Camp Senior Center (Former Headway building)

For the 2007/2008 school year, we awarded \$119,875.00 in rental assistance to thirty-six Karuk Tribal members attending college or universities. This program is a grant and can help with rent for eligible students. For information on applications, please contact Jennifer Goodwin at 530 493 1600 or Lori Arwood at 530 493 5434. Complete applications must be received by August 1 each year in order to be considered.

KTHA has funding available for home replacement

grants. We are able to provide limited grants to Tribal members in Humboldt and Siskiyou Counties to purchase replacement homes. For more information, please contact Sami Difuntorum or Steve Mitchell at 530 493 5434. We have provided replacement homes for four Tribal members and have three more in progress. We accept applications for this program all year.

It has been a very busy and productive construction season with two projects being complete: construction of new KTHA/KTOC office in Yreka; and completion of the remodel of the former Headway building. We are currently in the bid process for another collaborative project which will be built in Orleans.

Many thanks to the hardworking KTHA construction staff – Lori Arwood, Steve Mitchell, and Richard Black. They have spent countless hours processing paperwork, purchasing, monitoring, and collecting price quotes. Their dedication and skill is evident in the quality of our projects.

During the 2008 construction season, we hope to build more homes on Tribal land for homebuyers. We plan to build in Orleans, Yreka, and Happy Camp. If you are interested buying a home on Tribal land, call any of our offices for details. There is no application deadline; you can apply any time by contacting Ashlee King at 530 493 5434.

A special word of thanks to Arlene Hansell. Arlene was the KTHA custodian in Happy Camp until her recent retirement. We wish Arlene all the best.

Karuk Tribe Housing Authority Featured Home

Sami Jo Difuntorum, Executive Director

The Karuk Tribe Housing Authority will be featuring a Housing unit in each Tribal Newsletter. This will allow you to see the homes that K.T.H.A. has been providing for our tribal members.

Our third feature, is the home of Suzanna Greeno & Jeff Peters. Suzanna & Jeff currently reside on Jacobs Way within the Happy Camp KTHA Community. They have lived with their family within the KTHA community for about 2 years. Children of the home pictured are Florence & Julia Peters.

Thank you; for allowing KTHA to share this information with our tribal members. Your yard looks great!

Be sure to look for the next KTHA feature.



*KTHA Featured Home:
Suzanna Greeno & Jeff Peters home*

NEWSFLASH FROM THE PEOPLE'S CENTER

We are working towards creating a structured Cultural Resource Management Program at the People's Center:

A Cultural Resource/Archaeology Program Discussion

TUESDAY NOVEMBER 27, 2007 from 11:00AM to 12 Noon

AT THE PEOPLE'S CENTER

The People's Center Lecture Series #2

DESCRIPTION:

This talk is designed for all interested people who have never had any formal training in the disciplines of archaeology and cultural resource management. This will be an informal group discussion and will begin with a brief talk on what archaeologists do, job/career opportunities in the cultural resource field, and an overview of archaeology in general.

The purpose of this activity is to identify people interested in the peoples and cultures of the Klamath River and the world beyond, and to identify people who would be interested in becoming Archaeological Monitors and Archaeological Surveyors. Also needed are people who might be interested in the administrative activities necessary to help make the Karuk Tribal Cultural Resources Program a success.

WE NEED YOUR IDEAS REGARDING WHAT YOU THINK WE NEED TO DO TO BE SUCCESSFUL!!

Ask yourself the following questions:

1. Are you interested in being a Tribal Archaeological Monitor?
2. Would you like to participate in Archaeological Monitoring, Archaeological Surveys and other

Archaeological Projects in Siskiyou County and Humboldt County?

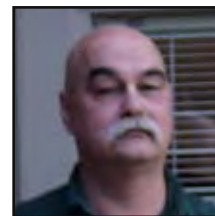
3. Would you like to participate in Archaeological Projects throughout the United States, particularly in California, Nevada, Oregon and Utah?
4. Are you interested in being one of the support staff who works behind the scenes to ensure that the crews in the field are successful with their project activities?

If you answered YES to any of the above questions, then this Program may be for you!

BRING US YOUR IDEAS!

The moderator for this discussion will be David E. Wrobleski, M.A., Director, The People's Center.

Interested individuals should call David at 493-1600, ext. 2202 between 9am-5pm Tuesday through Saturday to express your interest.



David Wrobleski

The People's Center On PBS Television Show "California Gold"

David Wrobleski, People's Center Coordinator



Susan and Huell in the language lab preparing for the interview

The Public Broadcasting Program CALIFORNIA GOLD, hosted by Huell Howser, recently produced a show about some of the sights to see in The State of Jefferson (Northern California). As a part of this show, they filmed a segment on September 12th at The People's Center. This show featured interviews with several Tribal members, including Verna Reece, Bud Johnson, Paula McCarthy, Susan Gehr, and Jeanerette Jacobs-Johnnie. Be sure to check the listings for when this show will be aired on Public Television.



Verna, Paula, and the host, Huell Howser with some of their Native Basketry creations



Tribal Employees in COS Medical Terminology course at the Distance Learning Center adjacent to the Happy Camp Community Computer Center

Karuk Paths to Prosperity

To Earn More, You Need to Learn More

By Helping Ourselves, We Help Our People!

Karuk Paths to Prosperity:

<http://karuk.us/test/index-pp.php>

Current Jobs Available at the Karuk Tribe

<http://karuk.us/jobs>

Hierarchical Job List with links to position descriptions & Job Interviews of Duties

<http://karuk.us/test/index-pp2.php>

Happy Camp Community Computer Center

<http://www.happycampcomputercenter.org/>



What is Karuk Paths to Prosperity?

- Career Planning Assistance
- Electronic Job Search Database
- Tribal Job Descriptions Available
- Local Educational Opportunities Via Distance Learning
- **Official COMPASS College Placement Testing Site at Happy Camp Community Computer Center**
- Continual "Successful Online Learning" Course
- One-On-One Assistance For College Planning & Applications
- College Test Proctoring Site
- Student Advocacy
- Currently Serving Happy Camp & Orleans (soon in Yreka!)

For More Information, call:

Jim Burcell in Happy Camp COS Distance Learning Classroom at: 530-493-2655

Rosie Bley at the Happy Camp Community Computer Center at: 530-493-5213

Bari Talley in the Community Computer Center in Orleans at 530-627-3081

Funded by the Administration for Native Americans Social & Economic Development Grant

Progress

Joe Snapp, Substance Abuse Counselor

Have we as a tribe made progress since our beginning? Some would argue that we may be sliding backwards in the area of health care benefits at least. Overall though, I think that we are making progress. We have over a hundred employees working in many programs. Our health, social services, and substance abuse programs are equal to any other in the state.

The impediments to tribal progress include economic development, lack of education, and substance abuse problems.

Waiting for a casino is not the answer to economic security. We have a vehicle for economic sustainability in our health and dental clinics. All we need to do is expand them and make them productive. There are many other small business ventures that could be implemented to support tribal programs for relatively small investments, services that we are paying outside businesses to provide.

We have many intelligent tribal people and we need those people in our leadership positions to be role models, but educated intelligent people are much more effective.

When there are jobs available and the opportunity for education or job training present, substance abuse issues seem to disappear.

Karuk Community Loan Fund Awarded \$118,700 Grant From Community Development Financial Institute Fund

Eddie Davenport, KCLF Board Secretary

The newly formed Karuk Community Loan Fund (KCLF) was recently awarded a grant from the Community Development Financial Institute (CDFI) Fund through the United States Department of the Treasury in the amount of \$118,700.00. This will be used to set up an office, hire an Executive Director/Loan Officer and proceed to get the doors open! Hopefully KCLF will be operational by the end of this year and ready for loan applications. The initial lending will be for first-time homebuyers with lending guidelines subject to The Native American Housing Assistance and Self Determination Act (NAHASDA) and Karuk Tribe Housing Authority (the source of the initial funding).

KCLF was initially conceived and sponsored by the Karuk Tribe Housing Authority (KTHA) under the direction of Sami Jo Difuntorum, Executive Director. KTHA sponsored the initial corporation and has given a grant to start operations. KTHA has also promised \$500,000 in initial loan funds to KCLF.

KCLF seated its Board of Directors in April, 2007 after a year of work by a Task Force in setting up operational guidelines. The new Board of Directors includes Jim Burcell, President; Bob Goodwin, Vice President; Tina DeCoux, Treasurer; Eddie Davenport, Secretary; and board members Jim Berry, Jim Cook, and Ellen Johnson.

For more information, call Eddie Davenport, KTHA Loan Officer 530-493-5434 ext. 105.



KCLF Board Pictured L-R: Jim Burcell, Bob Goodwin, Jim Berry, Tina DeCoux, Ellen Johnson, Eddie Davenport - **Not pictured:** Jim Cook

Grants Department Update

Hester Dillon, Grantwriter

The Grants Office has received great news this summer and fall regarding funding:

- \$24,500 from California Department of Community Services and Development to be used for Tribal emergency response planning and development, submitted by Rick.
- \$300,000 over (4) four years from the Department of Justice for Tribal Youth Programs, submitted by Hester.
- CalTrans 5310 funding for a handicapped-accessible van to transport elders, submitted by Rick.
- \$5,000 First Nations Development Institute grant for the Karuk Regalia Project through the Indian Club, submitted by Rick.
- \$75,000 over 18 months from the National Parks Service for NAGPRA, which will support the People's Center, submitted by Hester.
- \$42,714 over (2) years from the Institute for Museum and Library Services, which will support culture classes, the Basketweavers' Gathering, and the People's Center, submitted by Hester.
- \$30,000 from the Blue Shield Foundation in support of a generator for the Happy Camp campus.
- \$50,000 REACH grant for the Low-Income Assistance Program (LIAP) to be used for energy conservation education at Junction Elementary School, as well as targeted individual assistance.
- \$97,941 from the Department of Energy for an energy conservation and renewable energy assessment grant, submitted by Hester.

Our current and recently completed projects include: strategic planning, a public transportation grant, basketry & culture classes grants, and FCC applications for radio stations in Orleans and Happy Camp. We also continue to look for generator and other emergency services funding.

As always, if you have questions, please stop by our office or give us a call at 493-1600, ext. 2021.

Karuk Language Program News

Susan Gehr, Language Director

The first online language class went well. It had full enrollment. Our second class will start in December or January, and we'll announce it on the tribal web site and on the Karuk Language e-mail list. If you aren't on that e-mail list already, it's easy to join – just send an email to KarukLanguage-subscribe@topica.com.

Learning a language is a lot of work - even when it's your own ancestral language. It's helpful to look for ways to make language learning more enjoyable. For this, we look to our language learning heroes – our babies. Little ones love stories and songs. While they're focused on how much fun the singing is, they can be hearing and producing Karuk vocabulary, grammar and culture in context.

"Winter Night Song" was translated into Karuk by Auntie Violet Super and Sarah Supahan with help from Bill Bright. In Karuk tradition, wintertime is story time. Stories are told by the fire, and our stories teach us lessons about living well. You can sing this song with your family. If you need some help with the pronunciation, go to the Karuk tribal website. On the front page there will be a link to a sound file of the song.

Winter Night Song

(Sung to the tune of Silent Night)

ikxáram uskaaxti,
Silent night,

ishyav ikxáram.
winter night

pá'ah vúra impúukach.
The fire is warm.

pá'ah vúra imkatáxra.
The fire is bright.

Pi'êep kunkpíkvaahvanaati, pa píkvaah.
Stories are told of long ago.

Papikváh kiníkshuuphiti káru nu'ífti.
Stories which help us to learn and to grow.

Nupikrôokti káru tanu'ítap.
We remember and learn.

Nupikrôokti káru tanu'ítap.
We remember and learn.

Quarterly Staffing Update

Sara Spence, Human Resources Manager

This update covers the months of August through October 2007. We currently have 142 employees on staff.

Mike Edwards was hired as the Yreka Social Worker III on 8/8; he is filling the vacancy created by **Cheyenne Davis**' resignation 7/31.

Frances Snapp (wife of Joe Snapp) was hired as the Yreka Clinic Transporter on 8/21; she is filling the vacancy created by **Mary LaMarr**'s resignation on 8/2.

Ed Kremer was hired on 9/4 to be on stand-by as the On Call Nurse in the Orleans Medical Clinic. He will be called in if the current nurses **Alissa Johnson** and **Kathryn Willett** are unavailable.

Michelle Charlesworth was transferred to the Yreka Elder's Field Worker position on 9/24 to fill the vacancy created by **Sheila Robinson**'s resignation on 8/16.

Drew Difuntorum was hired on 9/14 to work as a Temporary Maintenance Worker on the Happy Camp Crew until they are caught up on all of their projects. He will be continuing on that crew for awhile as **Arron Hockaday** left his position on the crew on 10/10 to take another position.

Jacob Tripp was hired on 9/24 to work as a Laborer on the Watershed Crew in Somes Bar.

Grant Johnson was hired on 9/25 to work with **Susan Corum** as a Water Quality Biologist on various projects.

Philip Albers Jr. left his position with the Language Program on 9/30; they are in the process of filling a new vacancy for that Program to teach Karuk Language Distance Education Courses.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ check it out if you are looking for work or tell a friend if you know of someone who is looking!

Hoopa High Student Filmmaker Honored by the American Indian Film Festival

Submitted by Sarah Supahan



*Lauren Chelsey Preston
Photo courtesy Karuk photographer
"Nisha Supahan Photography"*

As a Hoopa Valley High School sophomore, Lauren Chelsey Preston's film, *Karuk Weaving Movie*, was accepted into the 32nd Annual American Indian Film Festival held in San Francisco. It will be shown to the public November 6 during the 11:00 am program at the Landmark Embarcadero Center Cinema.

For an end-of-semester school project, Preston - a basket weaver herself - wanted to demonstrate the process of making a traditional Indian basket while explaining the process in the Karuk language. Preston filmed a local basket maker beginning a basket and then demonstrating the process of weaving the sticks together, adding the third weaver, and beginning the creation of a design. In addition, she filmed the master weaver adding more sticks to make the basket larger. The film ends with a display of several finished baskets.

Preston learned the language in order to narrate the video herself. At the request of the festival organizers, English subtitles were added prior to the submission of the film.

As a freshman, Chelsey created the film for her Karuk Language Course. The class was an independent study course provided last year through the Klamath-Trinity Indian Education Program. Currently, Chelsey is enrolled in an advanced Karuk course taught by a local instructor at the high school. The Karuk Language Course, along with classes teaching the Hupa and Yurok languages, has been certified by the University of California and meets the requirements for two years

of Languages other than English for University admittance.

The Klamath-Trinity Joint Unified School District plans to utilize the film to educate future students in basket-making and Karuk Language instruction.

Many Thanks From Residents of Yreka Housing

Babe Biggins, Ron Brown, Dottie DeLay, Shirley Corbett

We would like to take this opportunity to extend out gratitude to members of the Yreka Karuk Neighborhood Watch for being concerned and assisting their elders. These thoughtful people are: Phil Albers, Sr., Suzie Cost; Kim Guevara; Lorelie Jerry (Lorelei's Son Chris Super) and Lisa Haas.

Our homes in the elder complex have had a monumental problem all year; we were surrounded by very tall, thick and dry weeds. They presented a potential fire hazard as well as being unsightly. After numerous requests, then finally angry complaints to housing, they were finally cut down. But, as weeds do, they soon grew back and were just as dry and hazardous and uglier than ever! This was worrisome and depressing as we were unable to take care of the problem ourselves. Fortunately, these individuals recognized the situation and took pity. They voluntarily grouped together and went to work. Armed with heavy-duty weed eaters and rakes, they made their way through dust, dirt, and stickers to make a clean sweep, eliminating the weeds.

Thank you all. Your efforts were sincerely appreciated!

Karuk Dressmaking Class

Jennifer Goodwin

The Karuk Tribe received a grant from the Institute of Museum and Library Services to make a traditional dance dress and a maple bark skirt. Wilverna or Verna Reece and myself, Jennifer Goodwin were the teachers for this project. We started the project in the early fall of 2005 and both dresses were completed two-years later, in the fall of 2007. Dress Class was held at the People's Center Museum in Happy Camp every Thursday from 5:30 – 7:30. This class was open to the public for women and girls, from young people through elders. There were folks that would stop in from time-to-time and help work on the dresses, like Rita Thom and her daughter Aliyseciana, but for the most part Junalynn Ward, Synthia Figueroa and Paula McCarthy were the most regular participants that worked on the dresses with us.



Maple Bark Skirt

The maple bark skirt was made from the bark of maple trees. It is gathered, split, scraped and weaved on to a waistband. This type of skirt was worn by women as everyday dress. The other skirt however, the dance dress, was made only to be worn in the ceremonies. The materials used in this dress was buck skin, abalone shells, beargrass, pine nuts, glass beads, clam shells, and deer hoofs. This dress is on display at the museum in Happy Camp, if you'd like to take a closer look. Then taken down and used in our ceremonies during the dance season.

This grant was also utilized to help with the expenses of putting on the bi-annual basketweavers gathering. Yootva!

*L-R: Sydney & Frankie Snider.
Frankie is wearing the dress
for the Ish Kayish Brush
Dance in Happy Camp. This
was the first time Frankie and
the dress had ever danced so
they premiered together!*

*Gaby Ward, wearing
the dress for the Brush
Dance Float at the
Bigfoot Jamboree
Parade.*

*Verna Reece, dressmaking
teacher, with dress made
during class*



The Spirit of Giving is Alive in Siskiyou County!

Erin Hillman



On August 27, at the Council meeting in Yreka a special thing happened. Mount Shasta resident and Native American Marilee Cross unexpectedly presented a check in the amount of \$500 to the Karuk Tribe. Marilee had been approached by Way to Go Productions to play the part of a dysfunctional person in a movie being filmed in Siskiyou County "Dreams Awake" this summer. She snickers when she describes the way she politely refused the part but offered instead to assist the company in scouting for local area talent to play in the movie. In lieu of being paid by Way to Go Productions she asked that a check be made out the Karuk Tribe in order to make a donation to a "worthy cause". Yootva Marilee, Yootva!



*Happy 14th Birthday
Bobbi Sue Goodwin!*

We Love You!

Your entire family!



**Happy Birthday
Kayla Bridwell!**

Submitted by Sharon Denz

Kayla Bridwell's 25th birthday is November 9th! She has worked for the Yreka Dental Clinic for over three years. She is married to Mike and they have a handsome 3 year old son named Colby. She is a constant source of joy to our family. We are proud of her accomplishments. We love you Kayla!!!

Muriel "Mooch" Frederick recently retired from the Karuk Tribe Medical Billing Department after years on the job.

Happy Retirement Moochie!

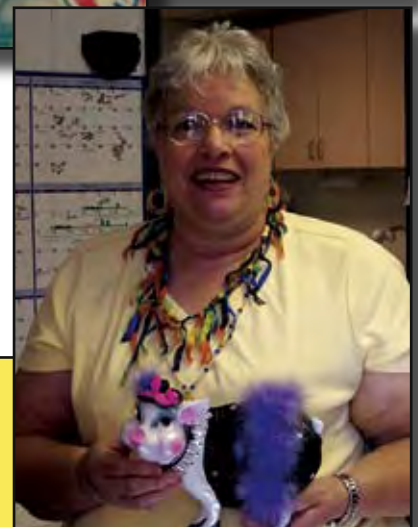
***Happy 50th Anniversary
Jay & Margie Davis!***



Jay Davis graduated from Happy Camp High School in 1955 and is a member of the Karuk Tribe. He is the son of Sadie McAuley and brother of Arnold Davis. Margie graduated from Happy Camp High School in 1957. Happy Anniversary to the both of you!

**Happy Birthday Enne & Nubs!
You Guys Are The Best!!!**

*Your loving
family... Maria,
Rebecca and
Devon*



Karuk Head Start



Happy Camp Head Start News

Toni McLane, Director

The Head Start staff welcomed an adorable group of students this school year. 18 are enrolled with two pending, which

gives us full enrollment of 20 in October. Elke Head is our new Happy Camp Teacher Assistant; she is doing a great job with the children. Jimmie Goodwin is working with the senior outreach program and is working with the children and aiding our staff. It's nice to have a grandma figure at our center. We all work together and are having a great time with the boy's and girls. We are looking forward to a great school year.



Yreka Head Start

Yreka Karuk Head Start AM Class

Teacher: Marlene Rodriguez

Teacher Assistant: Tamera Alexander



Yreka Head Start PM Class

Teacher: Atara Melo

Teacher Assistant: Josie Jerry



Do You Have Money Waiting To Be Claimed?

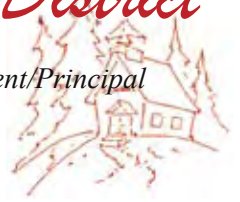
Established by the American Indian Trust Fund Management Reform Act of 1994 (Public Law 103-412), the Office of the Special Trustee for American Indians (OST) was created to improve the accountability and management of Indian funds held in trust by the federal government. As trustee, the Department of the Interior has the primary fiduciary responsibility to manage both Tribal trust funds and Individual Indian Monies (IIM) accounts, as well as the resources that generate the income for those accounts.

OST has been visiting the Northern California Tribes in an attempt to locate individuals with funds ready to be disbursed whose whereabouts are unknown.

To see if OST is holding money for you, your friends, or family call them at (888) 678-6836 or visit their website at <http://www.doi.gov/ost/iim/index.html> to search for names.

Happy Camp Union Elementary School District

Casey Chambers, Superintendent/Principal



Dear Karuk Tribe of California,

On behalf of the Board of Trustees, the staff, and the students of Happy Camp Elementary School, I would like to send my sincerest gratitude for the many gifts the tribe has given our school this year.

Many teachers attended the Writing Workshop "Teaching Writing to Karuk Students" on June 27th and 28th. Jennifer Goodwin, Karuk Tribe Education Program Coordinator, did an excellent job not only bringing in top quality presenter Tom Fox, the director of the Northern California Writing Project, but also putting together a panel of local tribal members who gave wonderful insight into the cultural needs of our Karuk students. The two day workshop did a lot to assist our teachers with meaningful writing instruction. It also provided a much needed bridge to fill communication gaps between the schools and the tribe. We all benefited greatly from the experience.

In August, the Karuk Tribe, in partnership with the Happy Camp Family Resource Center and Siskiyou County Office of Education, assisted our school with our very first KinderCamp. This was a wonderful week of introduction to our newest young students and their families. Our goal was to provide quality enrichment activities for the kindergartners, as well as allow them extra time to settle into their new environment without the added distraction of the presence of the entire student body. Thanks to the creative activities provided by teacher Patty Dee and assistant Sue Hillman, those goals were easily met.

Research shows that student achievement significantly rises when parents are involved in their

child's education. Our KinderCamp went a long way in fostering an open, caring relationship between the parents and the school. We began our week together with a Family Breakfast and ended with a Family Barbecue, both provided by the Family Resource Center. Norm Bowers, a family counselor from Remi Vista, gave a presentation on parenting, and everyone enjoyed sharing and learning from one another. Sending a child off to school is one of life's big events, and our KinderCamp helped ease that transition for all.

Our school would like to send a big thank you to Dion Wood, Karuk Tribe of California Program Director. Dion was a huge



advocate for KinderCamp, and his program's generous financial support allowed it to happen. We also enjoyed huge support from Toni McLane and everyone at Karuk Headstart. Toni's program not only helped financially

by donating supplies and prizes, but their enthusiasm and support helped make KinderCamp a success.

The Writing Workshop and KinderCamp are just two examples of how powerful community collaboration can be. We thank the tribe for the time, energy and financial help they have given, and look forward to a continued close relationship.

Sincerely, Casey Chambers

Captured!



Autumn Goodwin was nabbed by Bigfoot during the Bigfoot Jamboree Parade in Happy Camp on Labor Day Weekend when the Sasquatch escaped from its cage. Autumn, true to her Native heritage, showed no fear of the big furry creature who caught her.

Collaboration was the Key

Submitted by Patty Dee, Siskiyou County Office of Education



The Karuk Tribe sponsored the first ever “Kindercamp” the week of August 12-17 at Happy Camp Elementary

School. Through the collaborative efforts of Happy Camp Elementary School, Karuk Head Start, Siskiyou County Office of Education, Happy Camp Family Resource Center and Remi Vista. The transition based program provided incoming kindergartners with a positive first time elementary school experience. The concept of “Kindercamp” grew out of a conversation with Dion Wood of the Karuk Tribe Child Care Program, Patty Dee, SCOE Early Childhood Education Coordinator and Casey Chambers, Principal of Happy Camp Elementary School and became a reality through the inclusion of other committed community partners.

Patty Dee taught the week long program and the children were given instruction on school bus safety rules, where to get on and off the bus, as well as knowing the location of the classroom, lunch room bathroom, library and of course the play ground. Sue Hillman, play group coordinator for the Happy Camp Family Resource Center provided and prepared a breakfast snack for the children before school as well as help in the classroom. Cliff Stockton, Happy Camp FRC Board Member was also a visible asset in the classroom and provided a “big brother” experience for the children.

The curriculum for the week was designed to prepare the children for the small group, large group and independent learning experience with focused kindergarten activities including fine motor (penciling and scissoring), worksheets, colors, shapes, literacy,

book making, math, science, cooking and outdoor play. Additionally, the children were able to experience Karuk Oral Legends daily with a special visit from Jennifer Goodwin, Education Coordinator for the Karuk Tribe leading the children on a “puufich” hunt (Karuk work for Deer). Another wonderful way to bridge the transition to kindergarten was a surprise visit from the Karuk Head



Start Teachers, Toni McLane, Donna Goodwin-Sanchez and Sylvia Parry who were able to visit with their former students.

The last day of Kindercamp was a wonderful closing to a great week and included a time for parents to meet with Norm Bowers from Remi Vista who spoke on challenging behaviors, along with the generous donations of school supplies to fill backpacks from Karuk Head Start (soccer balls too) and the Happy Camp FRC. The parents and children enjoyed a delicious breakfast at the beginning of the week and a barbecue lunch on Friday, provided by the Happy Camp FRC (Thank You Dorcas!)

This is one example on how to bridge the transition from preschool to kindergarten through collaborative efforts.



Drive By Shooting in Happy Camp! Hundreds Affected!

David Eisenberg, PHN

Don't worry, this shooting was a good thing, because it protected men, women and children against the flu. This shooting was a cooperative effort between the Karuk Tribe, Siskiyou County Public Health, Happy Camp Fire Department and Siskiyou County Schools to provide Flu Vaccine to the residents of Happy Camp.



This event was part of the Karuk Tribe of California's ongoing commitment to plan and prepare for a wide range of emergencies / events that could threaten the health and welfare of our communities.

On Monday November 5, 2007 over 260 people received their flu shot in a drive-through clinic. The clinic also doubled as an emergency preparedness drill. The idea was to provide a needed service in a short amount of time. On this day, it was flu vaccine, but it was practice for other situations that could affect the Happy Camp Community. This was a very successful event and demonstrated that the Karuk Tribe, working with its community partners, is a leader in preventative health care.



Back Row L-R: Lillian Lokey, Flo Lopez, Lynn Corliss, Clarence Barger, Robert Attebery
Front Row L-R: Sandy Lindley, Kristen King, Karen Daniels, Michelle Charlesworth
Not Pictured: David Eisenberg, Pat Eisenberg, Kirk Eadie, Frank Henderson, Jodie Henderson, Whitney Fitzpatrick, Charlie Fehley

Most of know the saying "an ounce of prevention is worth a pound of cure". That is the whole concept behind getting a flu shot every year. The flu is a contagious respiratory illness caused by influenza viruses. It can



cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccination each year.

Every year in the United States, on average, 5% to 20% of the population gets the flu, more than 200,000 people are hospitalized from flu complications, and about 36,000 people die from flu.



Some people, such as the elderly, young children, and people with certain health conditions are at high risk for serious flu complications. Flu viruses spread mainly from person to person through coughing or sneezing of people with influenza. Sometimes people may become infected by touching something with flu viruses on it and then touching their mouth or nose.



“An Ounce Of Prevention Is Worth A Pound Of Cure”

Most healthy adults may be able to infect others beginning one day **before** symptoms develop and up to five days after becoming sick. **That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick.**

October or November is the best time to get vaccinated, but you can still get vaccinated in December and later. Flu season can begin as early as October and last as late as May.

The viruses in the flu shot are killed (inactivated), so you cannot get the flu from a flu shot. Some minor side effects that could occur are: soreness, redness, or swelling where the shot was given, low grade fever, or aches. If these problems occur, they begin soon after the shot and usually last one to two days. Almost all people who receive influenza vaccine have no serious problems from it.

You can get a flu shot at any one of the Karuk Tribal Clinics - Yreka, Happy Camp or Orleans.



Date: January 15, 2008
Through May 2

Time: 6:00 - 9:00 PM

Every Tuesday Night

Place: Happy Camp High
Distance Learning Room 11
Adjacent to Computer Center

Course: BA 86

Instructor:
Stephanie Moore

Pre-registration
is required, call toll free
at 888-926-6670

College of the Siskiyous

Happy Camp Distance Learning

JEDI ENTREPRENEURIAL TRACK

It's Your Business

How to start or expand your business

- Create a business that reflects your values, dreams and goals
- Develop research, marketing and business planning skills
- Learn how to manage business finances
- Use technology to market your business

Are you looking to start a business or increase your profitability? This course examines 12 steps to creating a prosperous business, helps you shape your business idea, and takes your business to a new level of excellence! Topics under discussion will be: target the right customers, develop a business budget, price for profit, develop a marketing plan, understand your cash flow and write a business plan.



Stephanie Moore,
JEDI Instructor



Pre Registration is Required!

Call JEDI Toll Free at 888-926-6670 to register or
go to www.siskiyous.edu, or call
Happy Camp Distance Learning Classroom at 530-493-2655

College of the Siskiyous

Distance Learning Classes at Happy Camp High School

Located in Room 11 at the High School & Computer Center

SPRING 2008 - For more information, call Jim or Bob at 493-5213 or COS at 888-397-4339

Monday	Tuesday	Wednesday	Thursday	Friday
8am to 9am ENGL 1A College Composition		8am to 9am ENGL 1A College Composition		8am to 9am ENGL 1A College Composition
10am to 11am ENGL 1C Advanced Composition Critical Thinking		10am to 11am ENGL 1C Advanced Composition Critical Thinking		10am to 11am ENGL 1C Advanced Composition Critical Thinking
11am to 12pm BA 6 Introduction to Business		11am to 12pm BA 6 Introduction to Business		11am to 12pm BA 6 Introduction to Business
1pm to 2pm ECON 1B Principles of Microeconomics		1pm to 2pm ECON 1B Principles of Microeconomics		1pm to 2pm ECON 1B Principles of Microeconomics
	1:30pm to 2:45pm ECE 5 Human Development		1:30pm to 2:45pm ECE 5 Human Development	
2 pm to 4 pm GEOG 1 Physical Geography		2 pm to 4 pm GEOG 1 Physical Geography		
	4:45pm to 5:45pm ECE 20 Parenting		4:45pm to 5:45pm ECE 20 Parenting	
6pm to 9pm ECE 8 Observing & Assessing	6pm to 9pm BA 86 It's Your Business II	6pm to 9pm ECE 9 Child Nutrition, Health & Safety	6pm to 9pm ECE 3 Child Guidance & Management	

GER 40
Conversational
German
Monday Nights
6pm to 9pm
In the Computer
Center!

College of the Siskiyous

Videoconferencing Courses Available for Spring 2008 in the Happy Camp Distance Learning Classroom

ENGL 1A: College Composition: A composition course focusing on unity, clarity, coherence and vitality of expository communication within the sentence, paragraph, and essay. Mon/Wed/Fri, 8:00 AM to 9:00 AM. Prerequisites: ENGL 52 or qualification through assessment; READ 10 or qualification through assessment.

ENGL 1C: Advanced Composition - Critical Thinking: Instruction in close reading and continued application of the elements of logic in composition. Emphasis on critical thinking in argumentation. Includes analysis of the writing process and principles of rhetoric. Mon/Wed/Fri, 10:00 AM to 11:00 AM. Prerequisites: ENGL 1A.

BA 6: Introduction to Business: This course provides an introduction to the world of business, including discussions of marketing, management, entrepreneurship, finance, human resources, business ethics and the global marketplace. Various types of business entities will be introduced and explored in the context of today's dynamic business environment. Mon/Wed/Fri, 11:00 AM to 12:00 PM

ECON 1B, Principles of Microeconomics: An introductory course, offers insights into choices made by individual consumers and firms. This core lower division business course emphasizes the following topics: supply and demand; scarcity; comparative advantage; elasticity; cost theory; market structures; factor markets and market failure. Mon/Wed/Fri, 1:00 PM to 2:00 PM. Prerequisites: MATH 53 or qualification through Assessment.

GEOG 1: Physical Geography: Introduces the major physical systems that comprise Earth's environment:

the atmosphere, ocean, and geosphere. In addition, it explores interactions among these systems and examines how spatial variations in the physical environment influence the distribution of life on Earth. Mon/Wed, 2:00 PM to 4:00 PM

ECE 20: Parenting: An examination of several contemporary theories of effective parenting, intrafamily relationships with emphasis on parent-child relationships, and environmental influences affecting children's cognitive, emotional, and social development. Tues/Th, 4:45 PM to 5:45 PM

ECE 5: Human Development: The study of human development throughout the life span with emphasis on personal, family, and society interactions. Study includes development of stages from birth to death, especially adolescence to old age. Tues/Th, 1:30 PM to 2:45 PM.

ECE 8: Observing and Assessing: Desired Results and Developmentally Appropriate Environments: This course is designed to prepare students to observe and authentically assess young children in order to plan and implement developmentally appropriate early education curriculum and program. Mon, 6:00 PM to 9:00 PM.

BA 86: It's Your Business II: Create a business that reflects your values, dreams and goals. Learn how to manage business finances. Use technology to market your business. Participants will be given all the tools and concepts necessary to complete a business plan for a small business. Thurs, 6:00 PM to 9:00 PM

ECE 9: Child Nutrition, Health and Safety: This course is designed to prepare early educators and parents to identify aspects of nutrition, health and safety fundamental to optimal growth and development during childhood. Wed, 6:00 PM to 9:00 PM.

ECE 3: Child Guidance and Management: This course presents theory, principles and practices basic to positive child guidance. Thurs, 6:00 PM to 9:00 PM

**Registration Begins
November 9, 2007
Classes Begin the week
of January 15, 2008**

*COMPASS Placement Tests are Available Free at
the Happy Camp Community Computer Center*

Call 888-826-6670 to register!

College of the Siskiyous Conversational German Course

Taught by German Native Anjelika Brown in the Happy Camp Community Computer Center

GER 40: Everyday Conversational German: This interactive class focuses on everyday German, and students will learn to prepare and engage in simple conversations about their interests, families, and travel plans, and will understand the necessary theory to enhance their communicative competence. Monday nights- 6:00 PM to 9:00 PM

Register NOW to Secure Your Enrollment! Call 888-826-6670

Carissa Bussard Thanks Northern California Indian Development For Scholarship

To express my gratitude in receiving a scholarship from the Office of Northern California Indian Development, I would like to introduce myself. My name is Carissa Ann Bussard. My parents are Stephen and Rana Bussard, and my grandparents, from my mother and father's sides respectively, are Kenneth and Shirley Hockaday and Betty Bussard. I currently attend the University of California Berkeley in my second year. While still undeclared, I intend to declare at the end of this current semester for a major in English and a minor in mathematics.



Carissa Bussard

I have maintained a 3.75 GPA as of currently and am involved in many campus activities. Some of these activities include RHA, which is the Residence Hall Assembly. RHA is a subgroup of NACURH, the National Association of College and University Residence Halls. This is the largest student run organization in the nation. I was also inducted as a member of NRHH, or the National Residence Hall Honorary, last spring, signifying my standing within the top 1% of students living in the Residence Hall System of UC Berkeley. I am also a member of the National Dean's list for the 2006-2007 academic school year.

I plan on pursuing a career in education upon completion of my undergraduate degree. I hope to earn my teaching credentials and teach either English or mathematics at the high school level. In my spare time I love to read, watch movies, and experience the various cuisines and people of UC Berkeley. I hope that in the future I am able to obtain all of my goals and dreams, and you have helped me along my way. Again, thank you so much, I am so grateful for your help in my pursuit of education and my dreams.

Education Is The Key To Tribal Excellence!

**Become More Than You Ever Thought Possible For Yourself,
Your Family And Your Tribe**



Kristy Bussard

Kristy Bussard's Academic Accomplishments

Submitted by: Raná Bussard

Karuk Tribal Descendent, Kristy Bussard, has been very busy and the school year has hardly begun. Kristy is the great-granddaughter of Minnie Hockaday (Grant) of Happy Camp.

Kristy has been honored by becoming a member of the National Society of High School Scholars. This organization recognizes students who are a step above their peers. Kristy attended California Girl's State at the Fresno State University campus in July. This was a week long activity that introduces girls to their roles in governing bodies, whether it is at the city, county, or state level.

Kristy was chosen to represent Yreka High School by the McCloud Women's American Legion Auxiliary.

Also this summer, Kristy toured the campus at Sacramento State. Kristy has been nominated to be the Rotary Honor Student for the month of November. She will attend a Rotary Luncheon and be given a plaque for her academic achievements at school. Kristy has not quite decided where she will go to college, but she knows her main course of study will be biology. Kristy's parents, Steve and Raná Bussard, her grandparents Ken and Shirley Hockaday, and Betty Bussard, are all very proud of her accomplishments and we wanted to share them with all of you.

Karuk Youth Honored

Dolly Elston



Pihneftuuf & grandmother Dolly Elston

Pihneftuuf Elston, is a registered Karuk member but he also carries the blood of the Hoopa, Yurok, Wintun and Apapago tribes. This young teen is a hard working person both in and out of school with his eyes on the future. He is well mannered, respected by all who know him and has never been in any kind of trouble anyplace. Raised by his grandmother, Dolly (McNeil) Elston in a very spiritual home setting and regular church attendance where he helps teach in Sunday school when needed and attending all church functions is a credit to his wonderful attitude and spirit.

In Elementary School he was a Study Buddy to younger kids and helped in activities as well as being active in sports. Because of his computer abilities (which were mostly self taught) he was chosen by his class to create the slide show for eighth grade graduation and also was honored to show

it at a Tribal Council meeting.. Pihneftuuf excels in school and is an honor roll student. Present grades are all A's and one B. He plans on playing basketball again this year.

Pihneftuuf has been involved with the scouting program for five years working his way through the ranks until he is now the Senior Patrol Leader in the Boy Scouts of America. This is a wonderful program for boys of all ages and gives the kids a chance to live a clean active life and have opportunities they may otherwise never have a chance to experience plus building good strong qualities in them. He has been on snow trips, fishing, camp outs, hikes, community service, fund raising, learned outdoor survival, first aid and numerous other things. In June of 2006 he was chosen to be an honored guest speaker at a Scout Conference in Medford, OR. He was only fourteen at the time but was invited to be on staff at the Boy Scout Camp Makualla at Crescent Lake, OR. for seven weeks. While there he taught Indian Lore, Leather craft, worked in the kitchen and managed the camp store. He was put on the payroll even though it is reserved for ages 15 and up. Upon returning he was honored at a retirement banquet in Medford, OR, for his hard work and dedication to the Scouts.

The summer of 2007 Pihneftuuf was hired by the Karuk Tribe in the youth program and worked in the Administration Department where he handled multiple jobs. He then went to Scout Camp again for seven weeks where he took on the same duties as before and upon his return, went back to work for the Tribe. In the past two years he also worked for a friend doing gardening. His plans for the upcoming summer are to go on the school German Trip and is already quite fluent in the German language, he wants to work as much as possible at Camp and prayerfully, with the Tribe if time permits. You can make a career out of scouting as you progress in rank and it is a good clean life instilling good qualities in youth to help them become better citizens... but this boy has had a dream since third grade of becoming a California Highway Patrolman after college. GO Pihneftuuf !

Down Hill And Up Again

Dolly Elston



*Pimnunihs Itspihun
Cenname*

Drugs and alcohol are the chief cause of ruined lives, families, homes, molestation, rape, neglect, murder, robbery, beatings, desertion, and the list goes on. Marijuana is one of these drugs and yet the world is running rampant with it. Here in what we call "Indian Country" it is no different and a big reason there are so many listless people around just wasting their lives. People buy, sell, use and all to bring destruction or even death to themselves or others or to live "high on the hog" from the profits of illegal sales.

At the tender age of 21, Pimnunihs Itspihun Cenname, AKA "Pim", was lured into drinking alcohol which then led to a robbery by an acquaintance. This person certainly was not a friend as friends do not encourage you to do things that will harm you or get you in trouble. Because of the weakness for alcohol and peer pressure Pim has seen seven years of prison life. Some would say, "Well, that is the end of his life." Not so ! Pim has used his time wisely and is determined to have a good future and has worked hard to accomplish that. He has been the leader of the Sweat for a very long time, has held down various jobs inside the prison, has put himself through school and graduated getting his GED and has taken College courses in small business administration. He nearly has a straight "A" record. He definitely plans to have his own business and has some very good ideas.

I have continually corresponded with Pim and visited him throughout the years and there is nothing but a positive attitude coming from him and much spiritual growth. He also wants the opportunity to speak with young people to try and steer them in the right direction. I know he will do well upon his release in November of 2007. Pim is a hard worker and I believe he will do justice to any job he undertakes and has a big interest in heavy equipment operation. He is a person who is not going to let one mistake ruin the rest of his life and he is only going to spiral upwards. Good luck Pim !

4th Annual Fall Basketweaver's Gathering

Submitted by Paula McCarthy

The Karuk Tribe held the 4th Annual Fall Basketweaver's Gathering, September 21-23, 2007 in Happy Camp, California. There were over 100 attendees at the gathering and fun was had by all!



Above: Denna Dodds with the burden basket she won made by Verna Reece

Below: Lena Carmody cooking acorn soup in the basket she made.



The gathering was made possible with grant funding from the Institute of Museum and Library Services (IMLS), State of California Community Services and Development (CSD), the California Arts Council, and the Karuk Tribal Council.

This event would not have been possible without the volunteer work of many individuals including Junalynn Ward, Erin Hillman, Jennifer Goodwin, Verna Reece, Paula McCarthy, Cynthia Figueroa, Lena Carmody, Robert N. Goodwin, Blanche Keller, Edward Peters, the Karuk Tribal Maintenance Crew and many others.

Bryan Colegrove, Daniel Goodwin, Kenneth Brink and Carroll (Tuffy) Tims volunteered their time to cook the fish for the gathering; Lena Carmody prepared the acorn soup in a new cooking basket she recently made; Blanche Keller and Robert N. Goodwin prepared the meals for the gathering.





*Baby rattle by
Jennifer Goodwin*

2007 Basketweaver's Gathering Raffle Results

Submitted by Paula McCarthy

The 2007 Fall Basketweaver's Gathering Raffle was a great success. \$1,684 was made in profits as all of the prizes were donated. This funding was used to pay for expenses not able to be funded through the grants that were awarded for the event.

- Bonnie Alvarez won the T-Shirts donated by Natural Resources.
- Martha Sakota won the doll basket made by Paula McCarthy and the small handle basket made by Debbie Blair.
- Bryan Colegrove won the CD donated by Basketball Bob Attebery.
- Denna Dodds won the burden basket made by Verna Reece.
- Dinah Sulipeck won the shell necklace made by Shirlee Lincoln.
- Bryan Colegrove won the keychain made by Junalynn Ward.
- Pat Doak won the earrings that were donated.
- Don Wilhite won the acorn paddle made by Fred Burcell.
- Margo Kerrigan won the small doll basket made by Cynthia Figueroa.
- JoAnn Page won the keychain made by Junalynn Ward.
- Daniel Titus won the picture collage with Pomo basketmaking materials.
- Frank Reece won a set of awls which were donated.
- Bob Wolfe won the boomerang (throwing stick) which was donated and the medicine basket necklace made by Jennifer Goodwin and T-shirts donated by Natural Resources.
- Susan Hill won a set of awls which were donated.
- Lovey Guyer won the leather rattle which was donated.
- Evie Lindsay won the T-Shirts donated by Follow the Smoke.
- Alvis Johnson won the spoon earrings donated by LaVerne Glaze.
- Basketball Bob Attebery won the earrings that were donated.
- Lisa Greenberg won the beaded necklace donated by Junalynn Ward.
- Mike Dodds won the earrings that were donated.
- Elizabeth Metcalfe won the T-Shirts donated by Natural Resources.
- Susan Sharpe won the necklace and earrings made by Erin Hillman.
- Florrine Super won the small fish trap made by Bryan Colegrove.
- Kim Hyde won the drum made by Phil Albers Jr.
- Debbie Post won the medallion hairpiece made by Lena Carmody.
- Paula McCarthy won the acorn spoon donated by Dan Carmody.



*Shell necklace by
Shirlee Lincoln*



*Above: Doll basket by Cynthia Figueroa
Below: Fish trap by Brian Colegrove*



*Below: Small handle basket
by Debbie Blair
Right: Burden basket by
Verna Reece*

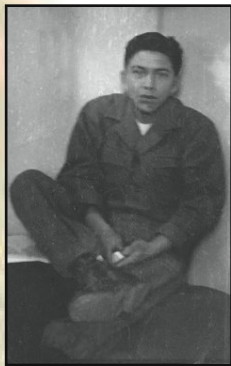


*Medicine basket
necklace by
Jennifer Goodwin*



*Above right: Acorn paddle
by Fred Burcell
Right: Drum by Phil Albers
Below: Medallion hairpiece
by Lena Carmody
Below right: Acorn spoon
by Dan Carmody*





Kenneth Franklin Pepper, Sr.

When you speak to Melissa Pepper about her Grandfather, you hear the pride in her voice. And it is with thanks to Melissa that we are able to tell you a little bit about Private First Class Kenneth Pepper.

Born in 1930, Kenneth Franklin Pepper Sr. is originally from the Ti Bar area and is one of Chester Clyde Pepper and Daisy Alphas's seven children. His brothers and sisters include Robert, Benny, Vina, Mary, Butch and Ruth. Like so many of our people, at the age of thirteen he was sent to Sherman, and one summer when he went to visit his sister Vina (Smith) in Santa Rosa he decided not to return to the school.



Kenneth Pepper, Sr., in Korea (in back of truck on left)

he drove supply trucks. He left the service on May 21, 1953 and came back to the States. He settled down in Bell Gardens California and made his career as a USDA Food Inspector. During his years as a USDA Inspector, Ken took his job seriously, providing safety inspections for chicken plants in California.

Pepper continues to be an active member of the Native American community, at one time he was the President of the Native American Men's Club in Los Angeles. He loves going to Pow Wows and to bowl, and although he suffered a stroke, he regularly

attends the Las Vegas Indian Classics Bowling Tournament.

Ken Pepper Sr. and his late wife Inez raised two children, Kenneth Jr. and Mary Alice (Campbell); he now has seven grandchildren and six great grandchildren.

And for your service to your country, we thank you-Yootva.

Kenneth Pepper, Sr., (center); just back from Korea with sisters Vina Smith (right) & Ruth Wingo (left)



Military News

Featuring Kenneth Franklin Pepper, Sr.

Erin Hillman



Above: Kenneth Pepper, Sr., (standing right)

Below: Kenneth Pepper, Sr., (left)

Both photos are in Korea



Kenneth Pepper, Jr., (left) & Kenneth Pepper, Sr., (right) at Sugar Loaf in June 2007

Steven Douglas Kingsbury

July 15, 1954 - August 31, 2007

Submitted by Steven's Sister, Karen Daniels

May You Find Eternal Peace

Karuk Tribal Descendent Steven Douglas Kingsbury, died at 1:26 AM on August 31, 2007 at his home in Seiad Valley, CA. He was cremated and his remains are buried in Fort Goff Cemetery next to his father.

Remembering Steve...

Steve was a wonderful storyteller. He told us of his adventurous life. He told us with deep affection about his parents and his sisters and stories of his grandfather who believed in very stern lessons. He told us with pride of his Native American heritage and the times, as a young child, when he lived in Humboldt County in a logging community and how his early interest in the outdoor life began in that beautiful forested area. He talked about his rebellious youth and his life as a young soldier in Germany. We heard of his travels— which were many and richly enjoyed. And we know of his three beautiful and fearless children. He spoke with great sadness of his father's early death and of how Myron Kingsbury was a well respected man. He told us of pranks he played on people— maybe the best of which was the story of *Rattlesnake In A*

Bag. In many of his stories Steve made fun of himself.

Now his rough voice is silent. He is asleep in the heart of a beautiful forest. ***We will miss him forever.***

Yapinstatch Page

Aaron Francis McAllister

Born: 10-6-07

Weight: 9 lbs 15 oz Length: 21 3/4 inches

Parents: Randall David McAllister & Ashley Ann Bones McAllister Yuba City, CA

Grandparents: Jeff and Shirlee McAllister of Loleta ,CA

Grandmother: Ivonne Bones Blue Lake ,CA

Great Grandparents: Aaron King Jr. and the late Barbara June Davis King of Yreka CA

Great Grandparents: Frank & Josie McAllister Chehalis WA



Jasmine June McAllister

Born: 8-12-07

Weight: 5 lbs 12 oz Length: 18 1/2 inches long

Parents: Crispen King McAllister & Ashley Nicole McAllister of Mesa AZ

Grandparents: Jeff and Shirlee McAllister of Loleta Ca

Grandmother: Nikki Drexler of Mesa ,AZ

Great-Grandparents: Aaron King Jr. and the Late Barbara June Davis King of Yreka CA



Ian Lawrence
Lovelace

August 1, 2007
7 Pounds, 14 Ounces
5:12 p.m. 21 Inches

Amanda and Larry Lovelace



*Submitted by Ian's
great-grandmother, Ella
Benedict of Hoopa*

Sammie Morning Star (Ta'Mah'iit Ata'yraam) Mast

Submitted by Ben Goodwin

Sammie Morning Star (Ta'Mah'iit Ata'yraam) is the daughter of Tribal Member, Laura Jean Goodwin and the granddaughter of the late Douglas, Lloyd Goodwin, Sr., and Donna Rae Hays, of Grants Pass, Oregon. Sammie can trace her ancestors all the way back to the 1700's.

Sammie's great-great-great grandmother, Kate Brooks, AKA Kate Caffee, AKA, Kate Lane, owned and operated the Wells Fargo Stage Stop in Happy Camp with husband, Jeremiah Lane. Kate was born and raised in an Indian Village near Happy Camp. Sammie's great-great-great-grandparents, Jim AKA, Sim-Shaw and Julia Jim, AKA, Che-va-nook, were both full-blooded Karuk, born and raised at Cham-Na-Ku-Nee Village, near Orleans. Nut-tuck-ich-pahaw-ish-con and Big Mary, AKA Macayarum Mary, was born and raised at Macayarum Village across from Katimin. So, you can say that Sammie has some very strong roots in the heart of Karuk Country and the bloodline lives on! No matter how far away, Sammie carries her culture with her!

On to her accomplishments. Sammie grew up in Woodland, CA, and attended local schools and graduated from Woodland High School in 2005. During this time she served one year on the student council and basketball team. She was involved with peer helping and served fifty hours on various community service projects and fundraisers. Throughout elementary and high school, she volunteered her time to tutor elementary school children. The summer after she graduated from 10th grade, she enrolled in summer school at Woodland/Yuba Community College and enrolled again the following summer.

Once she finished high school, she continued her education full time at Woodland/Yuba Community College. Her course study included: Accounting, Physiology, Early Childhood Education, World Civilization, Spanish and Physical Education. She maintained a 3.5 GPA and made the Deans List for the fall of 2007. Her current classes are Psychology, English, Humanities and Introduction to Sociology. Her goal is to go on to achieve a four-year degree, perhaps obtaining a CADAC Degree (Certified Alcohol & Drug Addiction Counselor). Next semester she plans on attending American River College in Sacramento, CA. Sammie was awarded a \$300 educational scholarship from the Concilio of Yolo County. Sammie is a descendent of the Karuk Tribe and not eligible for funding from the Tribe.


Sammie wants to help children and all people who suffer from dysfunctional families, addictions and any other type of psychological illness, not just for Native Americans, but for all who suffer. One of Sammie's role models is her uncle Douglas L Goodwin, Jr., and like him, she hopes to take her education and knowledge back to the Karuk people or anyone she can reach. Her uncle Doug graduated from Woodland/Yuba Community College and obtained his General Contractor License. After working in the construction industry for over ten years, he returned home to Happy Camp, to give back to his people.

Other role models include her grandfather, the late Rick Gonzales, Sr., who founded the Mexican American Concilio of Yolo County. Mr. Gonzales was respected throughout the community and when the Social Services Center was relocated to a brand new facility it was dedicated to and renamed the Rick Gonzales Sr., Employment and Social Services Center of Yolo County. Sammie's great uncle, Rick Gonzales, Jr., has taken over his late father's role as president of the Concilio.

Sammie's mother has worked throughout her daughter's life as an Administrative professional and currently resides in Woodland with Sammie's younger sister, Sarah. Her mother and stepfather, John F. Mast who is a Supervisor in the public works department at the City of Davis, raised Sammie. Sammie's father, Mark Gonzales

was one of the original drummers of a very well known local area band, Rocky and the Revellettes.

Sammie recently attended a Sweat Lodge Ceremony to support her Uncle Ben. I am proud to say our Heritage, Language and Culture live on through Sammie and the spirits of our Karuk Ancestors live on. Sammie family is very proud of her and loves her very much and encourages her education and goals.



GREAT AMERICAN SMOKEOUT!

November 14, 2007

Join us for some real fun
Wednesday November 14 from 6-9 PM
to help reach your goal on the day of
The Great American Smokeout
RSVP or just drop by 2942 F Street, Eureka
Quit for a dayQuit for life!

Specialist Busby Races For Diabetes Research

Erin Hillman



August 29, 2007- As a thank you for their sponsorship, Tribal Member US Army Specialist Kenneth "Buzz" Busby presents to Tribal Council Members the jersey he wore while participating in "Tour de Cure" for the American Diabetes Association.

Buzz raised over \$900 for diabetes research, a cause that is very personal to him. His grandmother Wynona Harrison suffered from the disease and currently an uncle is also afflicted. During the two day event on June 9-10, 2007 in Carey, North Carolina, he rode 150 miles as part of the annual fundraiser. Buzz was part of Team Lee, a group from Fort Lee Virginia where he is currently based.



L-R: Council members Sonny Davis, Arch Super, Robert Goodwin; Army Specialist Buzz Busby; and council member Alvis Johnson

David J. "DJ" Titus

Submitted by DJ's Grandmother Patti White



Karuk Tribal Member DJ Titus is an 18 year old senior at South Medford High School this year. He is a linebacker for the Panthers varsity football team and doing an outstanding job. DJ, Defensive Captain for the Panthers, has twice notched at least 20 tackles in a game this season and leads the team with 57 solo tackles and 83 overall (at the time of this writing).

DJ plays with great intensity and has innate athleticism and ability and has a knack for making tackles. DJ is quoted with saying "If they're going to send me to the ball, I'm going to give everything I've got to try to make the hit."

His coach, Bill Singler has been quoted as saying "(Titus) has really come to the forefront for us, it's his moment". He was named player of the game by a Medford radio station in a game at home on October 5, 2007 and was featured in an Medford newspaper article for prep football on October 18, 2007.



DJ is the son of Tony (tribal member) and Jennifer Titus, Grandson of Frieda Titus (tribal member) of Medford, Oregon and Grandson of Rob and Patti White (tribal employee) of Happy Camp.

We look forward to his continued success this football season and to his accomplishment throughout his senior year.



DJ Titus

As With 1920's Marathon Runner Johnny "Mad Bull" Southard, It Must Run In The Family!



*Sean Berry, running in the
Ashland Invitational*

*Brenden Berry, Yreka Rams
Cross Country*



Sean Berry, son of Tribal Member and Karuk Community Development Corporation CFO Jim Berry, is a sophomore at Yreka High School and a member of the Varsity Cross Country Team. This is Sean's second year on the Miners' Cross Country Team and his first year on the varsity squad. The Yreka Miners were the Northern Athletic League Champions this year and competed against Lassen, West Valley (Cottonwood), Central Valley, Corning, and Anderson High Schools. The Miners are heading to the Northern California Sections that will be held at West Valley High School this year. The team will hopefully earn a spot in the State Finals in Fresno.



*Yreka Miners Cross Country Team,
Northern Athletic League Varsity Champions.
Sean Berry at top left*

Brenden Berry, Jim's youngest son, is a ten-year-old member of the Yreka Rams Cross Country Team. Brenden medaled in two cross country league meets this year. He is one of the youngest members on the Rams Cross Country Team which range from fifth grade to eighth grade runners. The Yreka Rams were undefeated in the Siskiyou County Athletic League this year.



Brenden Berry, running in the Ashland Invitational



Johnny "Mad Bull" Southard

Sean and Brenden's great uncle was Johnny "Mad Bull" Southard. Johnny was the winner of the first Redwood Empire – Indian Marathon in 1927 that covered a distance of 462 miles from the City Hall in San Francisco to the Grants Pass City Hall in Oregon. Johnny averaged over 60 miles a day over approximately seven days. Sean and Brenden can thank their uncle for being an inspiration to their love of running!

Karuk Tribe of California - Karuk Tribal Health Program

Contract Health Services (CHS) Department

Anna Myers, CHS Supervisor

What Is Contract Health Service?

Contract Health Service (CHS) is a federally funded program administered through Karuk Tribe of California. Karuk Tribal Health assists **eligible** Indian clients with payments for **approved** medical and dental services.

Below are some of the eligibility criteria for our clients:

To be eligible for CHS services, clients must provide proof of Native American Verification which includes:

1. A member of a federally recognized California tribe or a descendant of CA. Indian with a Certificate Degree of Indian Blood (CDIB) living within the Karuk Tribe of California service area.
2. Any Indian in California who is included on one of the California judgment rolls,
3. Or their descendents (A copy of the judgment roll that includes the individual's name must be provided).
4. Non-Indian woman pregnant with an eligible Indian's child is eligible during her pregnancy through six weeks postpartum.

How To Use Contract Health Service:

1. Clients must have a referral from one of the Karuk Tribal Health medical or dental clinics for outside services (services not provided in our clinics). **Pre-authorization is required for all non-emergency services and follow-up care.**
2. Emergency room visits must be reported to CHS within 72 hours after the service is rendered to be eligible for CHS coverage. Any emergency room visit will be reviewed and prioritized for payment by CHS staff, which means an alternate resource or a denial for an alternate resource may be required. This is a federal regulation that must be adhered to,
3. Elders, 60 years of age and older, are required to report emergency room visits within 60 days of the emergency room visit,
4. Any client requesting CHS must fill out an annual family intake for alternate resources if they have no other insurance. This will assist clients in obtaining insurance coverage, and assist CHS in covering services for clients for an entire fiscal year,
5. Clients must mail CHS all bills and insurance explanation of benefits (EOB) that they have received within 60 days of the outside service if so rendered.
6. CHS asks that clients maintain close contact with CHS staff for coverage updates.

Refusal to Apply for Alternate Resources:

- If clients refuse to apply for alternate resources, any and all CHS coverage will be denied for payment,
- If CHS staff receives documents proof of a clients ineligible status for alternate resources (MediCal denial letter, etc.) then CHS will authorize payment for approved services.

REMEMBER;

1. The disadvantage of having no alternate resources is that not all services will be covered by the CHS program, and our goal to assist all clients in the best service possible,
2. Since CHS has limited funding, there are levels of care that are approved levels of care, meaning that certain services although necessary, are not covered through CHS (such as surgery, inpatient care at a hospital and other services),
3. There may not be enough funding to last an entire fiscal year, so close contact with CHS staff is imperative.

CHS Staff;

- o Anna Myers, CHS Supervisor: (530) 493-1600 ext. 2156
- o Lucille Tiraterra, CHS Clerk: (530) 493-1600 ext. 2151
- o Cheryl Titus, CHS Clerk: (530) 493-1600 ext. 2155

We are all available to talk with you and assist you with your needs at any time. Please feel free to contact our offices with any questions or comments you may have. We encourage you to keep in contact with us.



Above: Old poles
Below: Filling holes



Tribal volunteer Ron Parton on lift raising heavy poles/backboards

SCORE - People Working Together For The Benefit Of River Communities

Rosie Bley, SCORE Volunteer

It all began several years ago with the Happy Camp High School Parent Advisory Committee (PAC) wanting to repair and rebuild the old outdoor sport court on the Happy Camp High School campus. Logistical and money constraints stalled repair, Siskiyou Union High School District and the PAC raised funds, though it was not enough to use effectively, so they had to put the project on hold.

Because of our remote location, there are no health clubs, no indoor, outdoor or public swimming pools, nor tennis courts or golf courses available without driving an hour and a half to get to one. The only basketball court is located inside the small high school gym, and is available only when permission is granted and school staff is willing or able to supervise.

In 2004, the Ford Family Foundation brought the Ford Leadership Institute to our area and invited many potential leaders to learn to make a difference in the community by working together for the benefit of everyone. The first class in town had a project to put in playground equipment at the River Park. A second leadership class in 2006, consisting of Tribal and non-Tribal, elders, students, newcomers to the area and long time residents, came together and decided to take up the high school outdoor sport court project. The Ford Family Foundation provided more classes, challenging participants to fundraise \$7,000, with the foundation funding \$5,000 toward the sport court.

The Happy Camp High School Student Council is also involved by running the funds through the school, with students learning how to manage the funds with the help of high school administration. The second round of Ford Leadership classes has been completed but the learning continues.

Thanks to generous donations and assistance by businesses like the Karuk Tribe, Karuk Housing Authority, Siskiyou Union High School District, Happy Camp Family Resource Center, Siskiyou Telephone, Happy Camp Booster Club, Happy Camp Community Services District, Clinic Pharmacy, NAPA Auto Parts, Naturegraph and McCulley Logging; local cowboy poets; many individual donations, and **hundreds** of hours of event planning and fundraising by volunteers, we are moving closer to our goal of a nice court in Happy Camp for use day or night.

So far, holes under the ground surface due to poor drainage have been filled; the ground has been patched, basketball poles, backboards, tennis poles and nets have been purchased, replaced and installed. We still have a long way to go yet... we need the old cement resurfaced and painted, the tennis wall replaced, a water fountain reinstalled, coin operated lighting replaced, etc., but we are working toward realizing the dream of completion.

If you would like to be a part of this worthwhile project, send your donation or a description of how you can help, to SCORE, P.O. Box 100, Happy Camp, CA 96039.

Tribal youth Drew Difuntorum (left) & David Ward (right) helping Nathan Donnelly (center) install backboards.



New backboards & tennis poles are up!



Above: Old Backboard
Below: Tribal member Jeano Wright & Michael Cook



Education Department

Free Application for Federal Student Aid

Submitted by Jennifer Goodwin

FAFSA: Step by Step



What is it? FAFSA stands for Free Application for Federal Student Aid. The federal government uses this form to determine your eligibility for financial aid, which includes: grants, work-study, scholarships and loans.

Why fill it out? The FAFSA is used to determine how much aid you're eligible for. Think of it this way: **FAFSA – EFC- Financial Need – Financial Aid**

EFC stands for **Expected Family Contribution**. Your family must contribute this amount in the coming year to your college costs, according to the government's calculation.

How does it work? Your prospective college will try to meet your financial need through aid made up of funds from federal, state, school and private sources. This may include loans, grants, scholarships and student employment.

FAFSA Process: 1-2-3

Three steps to apply for federal aid:

Step 1: Assemble forms needed to complete the FAFSA

You'll need the following to fill out the form:

- Social security number
- Current bank statements
- Drivers license (if any)
- Current mortgage and investment records (if any)
- Alien registration card (if not a U.S. citizen)
- 2006 federal tax return (estimates are ok on tax questions)
- 2006 untaxed income records (if any)
- 2006 W2 forms and other record of money earned
- Parents' 2006 income tax return (if considered dependent)



Step 2: Complete the FAFSA

- Complete FAFSA on the Web: www.fafsa.ed.gov .
- In order to maximize your amount of aid, fill out the FAFSA as soon as possible after January 1st.
- Once finished, print the FAFSA summary as well as the "Submission Confirmation" page. If completing the paper version, make sure to make a copy for your records.

Step 3: Review your Student Aid Report (SAR)

The SAR is proof that your FAFSA was received. You should receive your electronic SAR in 1-3 days if you signed with your PIN (paper: 2-3 weeks).

What if I find errors on my SAR?

- Report errors immediately to your financial aid office. You can also make corrections online at: www.fafsa.ed.gov .
- If you don't receive your SAR in 3-4 weeks, call 1-800-433-3243 (1-800-FED-AID).

PIN: Your Key to Online Identification

The Personal Identification Number (PIN) is the code that the U.S. Department of Education uses to identify you online.

A PIN allows you to do the following on a FAFSA:

- Check the status
- Make corrections
- Fill out an online renewal form next year
- Electronically sign to speed up the process



To obtain a PIN, eligible students and parents can visit www.pin.ed.gov (students and parents can each receive their own PINs). Click on “Apply for PIN” near the top of the page. Allow four hours for PIN instructions to be sent via e-mail.

Do not reveal your PIN to anyone. The PIN allows anyone to electronically sign federal student aid documents and access your confidential information.

~FAFSA Tips~

- **Fill out the FAFSA as soon as possible after January 1st and each successive year once you’re in College:** Early submission maximizes chances of receiving aid.
- **Fill out a “FAFSA on the Web” worksheet:** Click “Before Beginning a FAFSA,” then “Print a Pre-Application Worksheet.” Use the Print-out as a guide before committing answers online. **DO NOT enter online answers directly from the paper FAFSA! Web vs. paper FAFSA questions are in a different order!**
- **Sign the application:** If you are filing as a dependent, make sure your parents sign too. You can use your PIN if signing electronically.
- **Save your FAFSA online if you can’t finish it in one session:** Click the “Save” button at the bottom of each step to save info for 45 days.
- **Don’t leave a field blank.** If a question doesn’t apply, enter “0”.

Quarterly Newsletter www.karuk.us

Karuk Tribe of California

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-1600 • (800) 505-2785

Tribal Enrollment Is Currently At 3,442 Enrolled Members

Fall 2006

Contents Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, **January 15 for the winter issue**, and April 15 for the spring issue. These dates will be the same every year.

***Remember that the FAFSA is FREE! If you need help, ask your financial aid office or call the FAFSA Help Desk at: 1-800-FED-AID. You can always call your Karuk Education Program Coordinator for help too, at 1-800-50-KARUK extension 2034.**

-Information collected at FastWeb.com

Grant Awards for Spring 2008

Higher Education Grant Award applications through the Education Office for the spring 2008 semester are **due January 31, 2008**. If you would like to request an application call Jennifer (the number is listed above) or you can send a request through e-mail to jgoodwin@karuk.us or you can download the application on the Karuk website.



Mission Statement

The mission of the Karuk Tribal Council is *to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

Karuk Tribal Council

Fall, 2007

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Charron 'Sonny' Davis
Member at Large

Newsletter Production:

Desktop Publishing:

Rosie Bley

Editor:

Sara Spence

Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

Printed By:

*Mosaic Press LLC,
Happy Camp*

Karuk Tribe of California



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Happy Camp, CA 96039-1016

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Permit No. 2
Happy Camp, CA
96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.



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January, 2008

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Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
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Karuk Tribe of California

Quarterly Newsmagazine
January, 2008

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*Tribal Enrollment Is Currently At
3,508 Enrolled Members*

Inside This Issue...

The Chairman's Corner	2-3
Newly Elected Council Members Sworn In	3
Notes From The Secretary	4-5
Karuk Booster Club	6
Karuk Community Loan Fund	6
KTOC Financial Update	7
Housing News	8
Featured Housing Unit/Hockaday Home	8
In Loving Memory: Paul "Bud" Titus	9
Free Legal Clinic	10
Yootva Sam Super!	10
Orleans Students Learning Video Transfer	10
Gathering Language Tools	11
Quarterly Staffing Update	11
Happy 97 th Birthday Hazel Joyner!	11
Low Income Assistance Programs	12
Winter Energy Saving Tips	13
Successful Online Learning	14
New Lifestory Writing Course	14
Get Well Wilson Donahue	14
Start or Grow A Business Workshops in HC	15
Employment, Career Planning & Jobs	15
"Thanks For Being There" Poem	16
The Nurses Corner	16
Student Celebration Dinner	16
Karuk Children	17
Education Grants & Rent Vouchers	18
Seven Myths About Online Education	19
The Nurses Corner	20
Dr. Curtis Hanst	20
Featuring Frank Merrill	21
Contract Health Services	22
HC Community Christmas Party	23

Karuk Country

Photo courtesy Gerry Canning



The Super Tribe

Back: Larry, Don, Pete Jr.
Middle: Arch Robert, David, Gary
Front: Florraine, Nancy, Pete Sr.



Chairman's Corner

Arch Super, Tribal Chairman

Ayukii koovura pa araaras (Hello, all the tribal people). We would like to thank our Family, Friends and Relatives for the support and votes into office of the Karuk Tribe, 2007-2011. We are very happy, excited and honored to be given another opportunity to serve our Tribe. We look forward to working with the Tribe, Council and Members. We encourage Members to call upon your tribal leaders at all times. Yootva puxxich (thank you for much).

OCTOBER - Council members, Ms. Florraine Super, Roy Arwood and I attended our **California Rural Indian Health Board (CRIHB) quarterly meeting in Jackson, CA.** The meeting

consisted of the Indian Health Care Improvement Act; Legislative Priorities; Obesity Planning Grant; and Executive Directors Reports. CRIHB helps our Tribe move legislation. Mr. Michael Thom also gave a Committee report. Mr. Scott Quinn, our Roads and Land Manager and I **assisted an Elderly Tribal Member in Etna** on some Land issues. We like to assist as much as possible and encourage tribal members to call upon your Tribal Council. I attended a meeting with the **Oroville Tribe and the Department of Indian Health Service** to discuss a Youth Rehabilitation Treatment Center planned to be constructed near Oroville.

The Center would be a place that we could arrange for your youth to be placed. Susan Corum, fisheries Biologist from the Karuk Department of Natural Resources and I attend **a Consultation with the Regional Water Quality Board.** Susan and I presented a statement on the Tribe's stand on the Toxic Algae contamination.

NOVEMBER - Mr. David Wroblewski, Peoples Center Coordinator, held a meeting to bring Tribal Council and Staff up to date on the plan for the **Cultural Resource Management Program.** This is an exciting venture to start a Tribal Business with a Cultural Monitor Group. It looks like the group could be established very soon. NCIDC held the 26th **Annual Inter-Tribal Gathering & Elders Dinner** on the 10th of November in Happy Camp. The Gathering was a success, as it has been in the past. Our staff and volunteers did a great job. We held a **Ribbon Cutting Grand Opening of the Seniors Lunch Program** at the remodeled Headway Building. Tribal Council and the KTHA Committee Members were in attendance. The building is very nice and the seniors have a nice place to eat and congregate. The building also houses our monthly Tribal Council Meetings and Health Board Meetings. I attended a meeting of the **California Child Welfare Council.** Ms. April Attebury is the delegate for this Council and I'm her alternate. She was unable to attend. We are collaborating with many agencies for the State Offices and other agencies that deal directly with Child Welfare. We are seeking the best avenues for taking care of diverse issues of Child Welfare. The Tribal Council and Staff and the



Community celebrated the opening of the new Karuk Community Health Clinic in Happy Camp. We had a very good turn out. The Tribe entertained and fed people in attendance. Everyone is welcome to stop by and see the

Clinic, any time you're in town. We started our **Talking Circle (Chuupha Unuhyaach) in Yreka** again. We had in attendance a small group of Tribal Members / Elders / Housing Residents. Vura yav Chuupha Unuhyaach (the Talking Circle was just fine). We did an official **Swear In of the Re-elected Council Members, Ms. Florraine Super, Ms. Florence Conrad and myself** on November 21st and a celebration Swear-In at the Tribal Council Meeting in Yreka on November 29th. We will continue our Chuupha Unuhyaach in January and we hope to start Chuupha Unuhyaach in Happy Camp and Orleans.

DECEMBER - I attended the quarterly **Tribal Budget Advisory Committee (TBAC) Meeting** in Washington DC. The meeting is with other Tribal Leaders in the regions throughout the United States. We discussed and semi negotiated our Federal dollars budget. Unfortunately our budgets are strongly set by the Office of Management Budget, but we do have some pull as individual tribes and with our tribes pulling together. I met with **Mr. John Hay, Attorney with the National Indian Gaming Commission**, in DC. He stated that our Gaming Proposal would be delivered to the Department of Interior (DOI) for the determination of our land in Yreka to be eligible for Gaming. He stated that we should hear from the DOI at the end of the year. As before, we cross our fingers. We held our **Annual Employee Christmas Party in Happy Camp**. We had a very good turn out. We like to give the "workers of the Tribe" this annual activity incentive. Ms. Carrie Davis, Self Governance / Roads / Lands Assistance and I **met with Wal Mart in Yreka to accept the \$1000.00 check that they granted to the Karuk Tribe and Happy Camp community for this year's annual Christmas Party**. Carrie and Ms. Tamara Barnett,

Tribal fiscal deputy, were instrumental in the grant award. **The Karuk Booster Club met to review the program.** We have assisted a couple of tribal basketball teams and trips. In the Yreka area, the teams (the War Eagles and Native Strong) will be doing some community services for the elders and other projects that might need some an assisting hand(s). I have signed up with the **Happy Camp Computer Center (funding through the Tribe)** to take Leadership Development, Extension college online training, and in the summer and fall, I will sign up for classes towards an AA, BA degree. A couple of our staff have been taking classes to enhance their education and skills. We do encourage tribal members and employees to check out the ongoing programs in education.

JANUARY - Self governance director, Mr. Hector Garcia and Council Members, Sonny Davis, Roy Arwood and I attended a **Government (Feds) to Government (Tribes) Training that was sponsored by the Affiliated Tribes Northwest Indians (ATNI) in Portland OR**. The training was very good at informing us on our readiness to deal with the Feds on Appropriation, Budget, and Legislation. Council Member, Ms. Florraine Super, Ms. Florence Conrad, Roy Arwood and I attended the **quarterly CRIHB meeting in Sacramento**. CRIHB keeps our Tribe informed and lets us know of positions that the Tribes and CRIHB should take and also the services that CRIHB has for the Karuk Tribe.

OVERALL - We have been staying busy. More and more tribal members are getting in touch with me and other Tribal Council Members, I always continue to encourage doing so by writing, email, calling or coming and see us with any issues and concerns. Whatever way we can address these issues and concerns, we will always try. If you have a specific, director Council Member or Staff Member that you wish to get in touch with, please do so.
Yootva, (thank you) Suva nik. (see you later)

Coming Soon -
Talking Circles (Chuupha Unuhyaach),
Yreka, Happy Camp, Orleans
Chairman's webpage on www.karuk.us website
Proposed revisions to the Karuk Tribe Constitution

Newly Elected Council Members Sworn In



Arch Super

All three of the re-elected Tribal Council Members (Arch Super, Florraine Super, and Florence Conrad) were sworn into office on November 20, 2007 in Happy Camp.

There was a small celebration at the Council Meeting November 29, 2007 in Yreka with cake and ice cream to congratulate the Council Members as well!!!



Florence Conrad



Florraine Super

Notes from the Secretary:

Florrine Super, Council Secretary

Ayukii, Hope everyone enjoyed their Holidays! Since being re-elected, I have started working on my campaign promises. First of all, I have put Elder top priority and started working on implementing cultural classes in the Yreka area. I have included these two issues in my quarterly report. I hope my information is helpful and keeps you up to date.

Side note:

Ivan "Ishnur" Super, my son, is getting bigger and started to get his teeth in. He will be 8 months on January 9th and in December he weighed 25 lbs.



TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Elders- Honor our Elders, They show us the way in life.

The Elder's have been my top priority. Our Council has always supported our Elder's and I want to make sure we are doing the best that we can. I have been talking with all the directors and putting Elder's on our committee agendas so we can discuss and come up with a plan to make sure our Elder's are getting the support they need. Once we get a plan and see programs supporting our Elder's, I will report back to you.



Cultural Classes—Now Available in Yreka!

Cultural classes will be available to all those who are interested in learning and/or teaching. Classes will provide tribal and cultural awareness by storytelling, history lectures, dances and arts and crafts (basket making, drum making, regalia, and jewelry). They will begin February 17, 2008 from 3pm to 6pm located at the new



Housing / Tribal building in Yreka. We will continue to have classes every Sunday until May. Contact me for further information!

Yav Pa Anav -- Programs meet at the table.

Yav Pa Anav is an intra-department committee. Our goals are to strengthen the Karuk tribal system of care and improve communication with tribal departments and tribal members. Some of the departments involved are Social Services, Housing, Elder's workers, LIAP workers, Head Start, Health, and Council members. We are all excited to move this program forward. So far we have worked on identifying accomplishments, barriers/challenges, and goals for 2008.

2007 Accomplishments: Established Vision, Mission, and Goals; Approved intradepartmental MOU; Designed Resource Guide for Employees, Designed and approved referral and information forms; Revised Housing policy; Strengthened Yav pa anav members; and Used Yav pa anav as a model for grant application.

Indian Child Welfare Committee (ICW):

The Karuk Tribe's ICW Committee Mission is to preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.

Our committee has continued with our regular duties such as keep our families together, engaging our traditional beliefs in our ICW and CASA case plans, and working with other tribal and county departments to better serve our members.

Karuk Tribe Foster Home:

Preserve Our Culture.... Open your heart to an Indian child

We are looking for Karuk foster families or people who can: Ensure the child maintains their connection with the Karuk Community by using culturally appropriate services. Understand the importance of the child's bond with their natural and extended family. Meet the needs of your own family while sharing your family with the child(ren) placed in your home.

If you would like to offer your home and family and become a foster family, Please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare- www.karuk.us.

Cultural Sub-Committee for ICW:

We started a Cultural Sub-Committee. We want to see more traditional activities put into our clients case plan. I believe since we have jurisdiction over our children we need to make sure we make our case plans unique to our beliefs.

We are looking for people in all areas, where we may have jurisdiction over Karuk children, to share their traditional knowledge with our children. Please contact our social services if you'd like to participate in this concept.



State ICW

Workgroup Meeting:

We met with other tribes, tribal organizations, and county agencies to discuss Indian Child Welfare matters. This is a very informative meeting that keeps us updated on Senate Bills, other statewide workgroups, and trainings for both tribes and county agencies. Some of the issues were Division 31 Update-the workgroup wanted information on upcoming changes regarding SB678 and BIA ICWA Regulations-Issues important to this topic is that one of the BIA representatives stated at the consultation that the BIA would only respond to ICWA Notice and Inquiry for Dependency cases, not Probate Guardianships or WIC section 602 cases and they would be stationed in New Mexico. If you would like more information on current ICW issues please contact your social services office or me.

Head Start: Children are our Future

Santa visited both the morning and afternoon classes. Each child got a gift that was donated from a local organization.

New Staff in the Yreka Classroom. Welcome back Nicole Finch. Nicole is the afternoon teacher for the Yreka Center.

Vina Smith and I visited the morning and afternoon

class and taught the children some Karuk language. We taught the children clothing. They picked it fast. It was great spending time with them and seeing them learn our language.

Low Income Assistance Program (LIAP):

The LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator with processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need. So the council has obligated some funding to help those who need assistance. It's has helped a lot of our elders and families with children.

Karuk Youth Leadership 2008

I will begin planning in February for the 2008 Youth Leadership. This year's conference will be held in Happy Camp. If you have ideas please let me know.



Contacting your Karuk Tribal Secretary:

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information. *Florrine Super*





Sammi Jo Goodwin

Karuk Booster Club

We need your support so we can support our kids in sports!

The Karuk Booster Club helps support Karuk enrolled members and enrolled descendents with sports and extra-curricular activities. We support children who are involved in school and community programs!

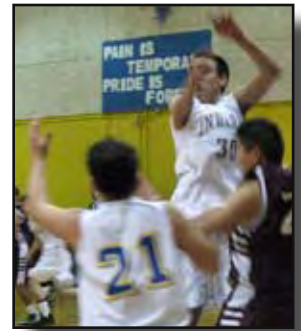
Upcoming Fundrai\$ers... We need your \$upport!

February 1-3, 2008 - 50/50 Raffle – Yreka Basketball Tournament

February 29, 2008 – Indian Taco Feed
(Yreka New Tribal/Housing building)

March 29, 2008 – Bingo (Yreka Greenhorn Grange)

We are here to help all the Extra-curricular activities our Karuk children are involved in. Please contact Chairman Arch Super, Secretary Florraine Super, or Member at Large Roy Arwood for more information.



Phil Tripp & Meeko Sanchez



Kevin Harrison

Karuk Community Loan Fund, Inc. is Busy Opening Its Doors!

The Karuk Community Loan Fund has been awarded a grant from the CDFI Fund, U.S. Treasury, for Technical Assistance for its first full year of operations. The newly seated Board of Directors includes Jim Burcell, President, Robert Goodwin, Vice President, Tina Britton deCoux, Treasurer, Jim Cook, Ellen Johnson and Jim Berry. Eddie Davenport has been hired as the Executive Director/Loan Officer.

“We have heard from the IRS, and the agent is recommending approval of our 501(c)3 non-profit status. We are hoping for official word within the month,” reports Eddie Davenport. “Our grant from the CDFI Fund should also be received by the end of January.”

The Karuk Community Loan Fund (KCLF) will have its office in the newly remodeled building on Second Avenue that also houses the Senior Meals program and the large Council meeting space (formerly the old Headway building) in Happy Camp. The office is just in the process of being set up for operations.

KCLF is part of a nation-wide expansion of Community Development Financial Institutions (CDFIs) that are certified by the U.S. Treasury. As a loan fund, KCLF will establish loan guidelines that are more flexible than “conventional lenders”. The purpose of a CDFI is to help those individuals who have not had the opportunities of conventional bank financing. CDFIs are financial institutions that invest in individuals and bring affordable housing and services by way of affordable loans and training to those economically disadvantaged people. KCLF will be able to help native and non-native

people in Siskiyou County and will service people outside of Siskiyou County as far as 300 miles away, including Southern Oregon. This will help individuals who are currently outside the Karuk area and have not been helped by the programs that have previously been offered.



The Karuk Community Building which houses an office for the KCLF is located at Highway 96 & Second Avenue in Happy Camp

KCLF initially will offer home purchase loans for Tribal members. As additional funding is raised it will expand into home improvement loans, refinance, debt consolidation and then into business and micro-enterprise loans. The programs will evolve as we develop the funding and the guidelines to ensure affordable loans that will help people succeed. KCLF will not have any grant programs. KCLF is a loan fund with loans that must be paid back. KCLF will strive to help individuals with loan programs that will help them achieve home ownership and a better quality of life.

Karuk Tribe of California

Financial Update

Laura Mayton, CFO

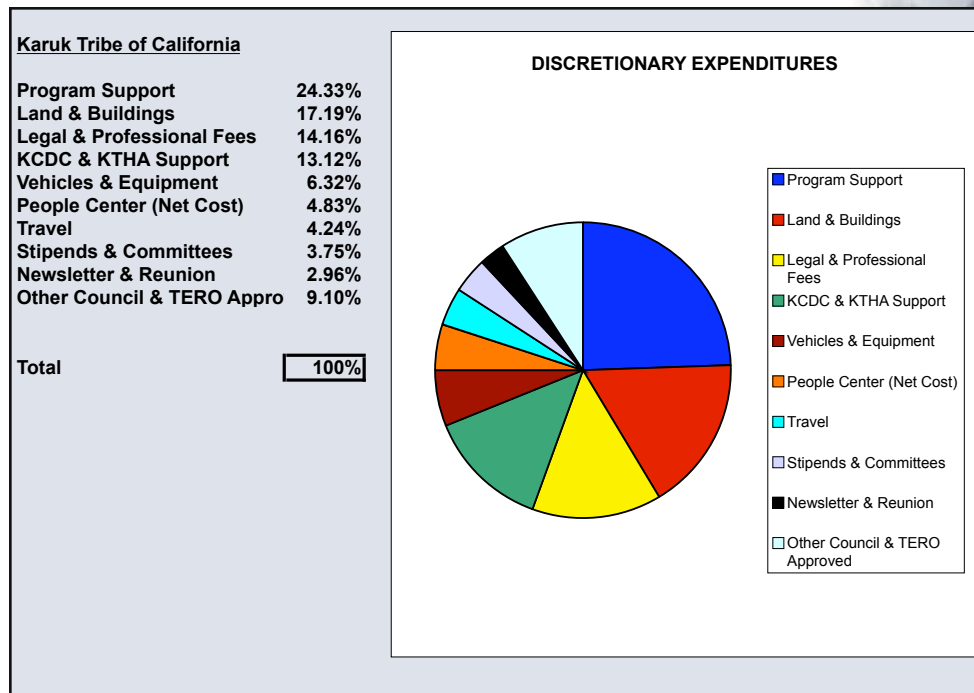
The Karuk Tribe operates the following three legal entities which are 100% owned by the Tribe:

- Karuk Tribe of California
- Karuk Tribe Housing Authority
- Karuk Community Development Corporation

The combined net asset value of these three entities is in excess of forty million dollars. The operating budgets for these three entities totals about twenty million dollars per year, and they employ about 200 people.

The Tribe provides a variety of services to qualified members and descendants, and in some cases to others who live the Tribe's service area. These services include but are not limited to the following:

- Medical and Dental Health Care
- Mental Health Services
- Drug and Alcohol Addiction Services
- Indian Child Welfare Services
- Low Income and Elders Housing
- Home Grants and Loans
- Energy Assistance
- Food Vouchers
- Education Benefits Including Cash Aid and Housing Assistance
- Culture Classes
- Head Start and Child Care Services
- Variety of Computer Center Services and Programs
- Seasonal Work for Firefighters
- Loans



Most of the funding that the Tribe receives is from the federal government, the State of California and private foundations. The money received from these sources has to be spent according to the guidelines specified in the grant documents.

The Karuk Tribe of California also receives one million one hundred thousand dollars per year from the Revenue Sharing Trust Fund which is funded by Gaming Tribes to help Non Gaming Tribes. This money is classified as discretionary and does not contain restrictions regarding how the money is spent. The Tribal Council has the discretion to spent this money as they see fit.

Some Tribes distribute the Revenue Sharing Trust Fund money to its members. The Karuk Tribe does not. The Tribal Council has decided not to distribute these funds because they are needed for Tribal operations and because with 3,510 Tribal members the amount per person would only be a little over three hundred dollars per year each. In addition to the Revenue Sharing Trust Fund Revenue the Tribe has a small amount of discretionary funds received from TERO fees and from interest income.

The graph shows how the Tribe has been spending this discretionary income.

I am pleased to announce the addition of Erica Mitchell to our Karuk Tribe Housing Authority (KTHA) staff. Erica is our new loan officer. She administers the KTHA loan program that provides funds to low income first time homebuyers at 4% interest. Erica works in the Happy Camp office and can be reached at emitchell@karuk.us or (530) 493-5434. There is no cut off date for applying, we accept applications all year.

The KTHA currently manages 172 units of affordable housing on Tribal land. We have three Tribal housing communities in Orleans, Happy Camp, and Yreka. We maintain a waiting list because we have many people who are in need of affordable housing. If you are interested in submitting an application, please contact Ashlee King at aking@karuk.us or (530) 493-5434. We accept rental applications all year.

For those who do not live near Tribal housing, we have had a lot of snow recently. If you have snow removal occurring near your Tribal residence, it is most likely our KTHA maintenance department. Our Tribal housing maintenance staff has done a fantastic job of keeping our roads plowed and driveways clear. Even though it takes them away from their regular job duties, they gladly assist our many residents. Many thanks to the KTHA maintenance staff for keeping our community roads open.



During the next construction season, we hope to build more homes on Tribal land for homebuyers. We plan to build in Orleans, Yreka, and Happy Camp. If you are interested buying a home on Tribal land, call any of our offices for details. There is no application deadline, you can apply any time.

KTHA has funding available for home replacement grants. We are able to provide limited grants to Tribal members in Humboldt and Siskiyou Counties to purchase replacement homes. For more information, please contact Sami Difuntorum at sdifuntorum@karuk.us or (530) 493-5434 x113. We have provided replacement homes for four Tribal members and have three more in progress. We accept applications for this program all year.

For the 2007/2008 school year, KTHA awarded \$119,875 in rental assistance to thirty-six Karuk Tribal members attending college or universities. This program is a grant and can help with rent up to \$400 per month. For information on applications, please contact Jennifer Goodwin at (530) 493-1600 or Lori Arwood at larwood@karuk.us or 530 493 5434. Complete applications must be received by August 1 each year.

In August 2007, KTHA developed recycling guidelines for all of our offices to reduce the amount of material that is taken to landfills. We are using two sided copy for most correspondence, board packets, leases, and other documents; and the paper is no less than 30% post consumer recycled material. Hats off to Elsa Goodwin for her efforts in finding recycled office products for use by KTHA staff and Committee Members. We are developing recycling incentives for our residential communities. Stay tuned for updates.

Karuk Tribe Housing Authority - Featured Housing Unit

Ann Escobar, Operations Manager

The Karuk Tribe Housing Authority will be featuring a Housing unit in each Tribal Newsletter. This will allow you to see the homes that K.T.H.A. has been providing for our tribal members.



"Red" & Glenda Hockaday on the porch of their Yreka Elder's Community home

This feature is the home of Ronald "Red" and Glenda Hockaday. They currently reside in the Yreka Elders Community. They have lived within the KTHA community for about three years. "Red" is a Karuk Tribal member who was born and raised in Happy Camp. He has worked in the woods, construction and in mills. He moved to Arizona, retired and came home to Yreka. "Red" enjoys hunting and Glenda likes to make porcelain dolls and I must say they are very nice. They like their home.

Thank you "Red" & Glenda; for allowing KTHA to share this information with our tribal members.

Be sure to look for the next KTHA feature.

In Loving Memory...

Paul “Bud” Titus

1927 - 2008



The Karuk Tribe lost another Elder on January 24, 2008 when Paul “Bud” Titus, lifelong native of Happy Camp, died of a massive heart attack at Rogue Valley Medical Center in Medford, Oregon.

Bud was born on November 5, 1927 to Albert “Bab” and Jeanne (Storrs), one of thirteen children, at their home in Happy Camp. He was the firstborn in a set of twins, weighing less than two pounds. He and his sis were kept warm and alive by sleeping in a shoebox in the warming oven of their wood burning cook stove.

Although “scrawny” at first, Bud was always a “scrapper” - playing football and baseball for the high school teams when he was in the 8th grade - still weighing less than a hundred pounds.

Many years passed before the track and field records that Bud held were broken.

Because of his athletic prowess he was awarded the very first Happy Camp High School letterman’s sweater when he was a senior.

Being an avid athlete did not detract from his musical talent. Although the trumpet was the only instrument Bud played in school, he, within a very short time, could create music on any instrument he picked up. He later played drums in a dance band but is most remembered for his dancing ability, whether it be the waltz or today’s crazy style, he kept up with the best.

On July 13, 1946 Bud married Arlene Cook, his high school sweetheart, and together they raised six kids.

Bud was a career timber faller who took great pride in both his work and in teaching his kids and grand kids “tricks of the trade.” His wife Arlene spent three seasons working with him also.

Bud loved the outdoors; fishing, hunting and gold panning. He also enjoyed the card games with family and friends.

The greatest love of Bud’s life, other than his wife of 61 years, was all of the little people who fell under his loving spell.

Bud was widely known for his sense of humor and his ability to tell stories and jokes for hours... but he also had a very private and dignified side. He was very proud to be a Native American, but more so proud of the values taught by his parents which he exhibited throughout his life. He was always there with a helping hand to anyone and everyone who needed it.

Preceding him in death were his parents; brothers Sam, Rusty, David and Bucky; sisters Gerry Hobbs, Shirley Martinez, Moynah Waddell and Patty Whitman, and youngest daughter Terry Lee.

His survivors include his wife Arlene, a brother Willard; sisters twin Pauline Attebery, Jeanne Burrer and Sharon Crocker; loving sister-in-law Jimmie Goodwin; sons Philip and Paul (Chopper); daughters Merry Garrison, Cheri Shortt and Leslie Greeno.

Paul Phillip Titus - Son of two, brother of twelve, father of six, grandfather of twenty-two, great grandfather of more than thirty, great-great grandfather of five, “Uncle Bud” to hundreds and a friend to many, will be missed by all.

A memorial service was held at the Kingdom Hall on Indian Creek, followed by a celebration of Bud’s life at the Karuk Community Center on Saturday, February 9, 2008.

On a warm and beautiful spring day, Bud and Terry Lee’s ashes will be scattered in the mountains they loved.



Free Legal Clinic for Tribal Members & Employees

Barbara Lee Norman, Attorney/Peacemaker

Ayukii Tribal members and KTOC employees,

Warm and Happy New Year wishes to all of you. I will be hosting Saturday legal clinics in Orleans, Yreka, and Happy Camp over the next several months. Your Tribal Council is providing this wonderful opportunity for you to consult with an attorney regarding legal questions that you might have or to assist you in drafting your Will. Elders are strongly encouraged to take advantage of this free legal service. Wills are very important and are the best way in which to make your intentions known to your loved ones.

Look for future notices and flyers setting the dates of the clinics in your community. This opportunity is available to both Tribal members and employees. I will be holding both group discussions and private consultations. I look forward to meeting you and assisting you in the near future. Feel free contact me and schedule your Saturday appointment in advance.

Yootva,

BARBARA LEE NORMAN

House Counsel for the Karuk Tribe

Attorney/Peacemaker

bnorman@karuk.us (530) 842-9200 Ext. 128

Yôotva Sam Super!

Karuk Tribal Council

Earl "Sam" Super presents Tribal Council Members with beautiful drum necklaces in thanks for the support they have shown him over the years.



Orleans Students Take Field Trip to Happy Camp Community Computer Center to Learn Video/DVD Transfer & Editing



Above: Kelly Worcester teaching students video transfer.

In December, Jeanette Quinn brought Orleans students to the HCCCC for a pre-arranged class to learn video transferring & editing. The video they were transferring was from a field trip to Irongate Hatchery and Bogus Creek Fish Counting Facility on 10/17/07. That field trip was part of a project called "Journey to the Sea," sponsored in part by a Whale Tail grant from the California Coastal Commission. The field trip to the Computer Center to transfer the video footage had a service-learning component: they'll be making a DVD to show to classmates and the community.



Right: Jeanette Quinn, Will Coragliotti, Alyssa Allgier, Sarah Kirste, Sinead Talley & Kelly Worcester. Will is at the controls learning video transfer

Gathering the Tools to Speak Our Languages

Susan Gehr, Language Director



The Karuk Tribal Language Program has joined forces with the Live Your Language Alliance (LYLA). LYLA's members include local tribal language advocates, including representatives from the Hupa, Karuk, Tolowa, Wiyot and Yurok tribes. We all are working towards reviving and documenting our languages, and we are all facing similar challenges.

To help us in our work, we are organizing a three-day workshop to bring to this area the language teaching & documenting experts. This workshop will take place March 17 – 19, 2008 at Humboldt State University. The full title of the conference, Shut up and Speak: Gathering

the Tools to Live Our Languages, is meant to spur people on to drop any lingering excuses for not doing what they can do to speak their language to the best of their ability today.

Workshops are being planned to help tribal language learners and their master speakers; language teachers and a variety of language specialists including program directors, people documenting languages, curriculum developers, people needing linguistic training.

If you are interested in gathering the tools to speak your language, you can get the conference information by contacting Marnie Atkins at (707) 672-4621 or marnie.atkins@gmail.com or visit <http://karuk.us/> after January 21st.

Quarterly Staffing Update

Sara Spence, Human Resources Manager

This update covers the months of October 2007 through January 2008. We currently have 143 employees on staff.

Muriel Frederick retired from her position as Accounts Receivable Clerk in the Happy Camp Business Office on 9/28. She had worked for the Tribe for over 17 years! Her position was filled by **Eileen Tiraterra**.

Hazel Whiting was hired on 10/4 to fill the position of Medical Records Clerk in the Yreka Medical Clinic; she is filling the vacancy created by **Michelle Charlesworth's**

transfer to the Elder's Worker position.

Tonia Pedro was hired on 10/15 to fill the position of Medical Receptionist in the Happy Camp Community Health Clinic.

Jolena Jerry resigned her position as Yreka Dental Clinic Receptionist on 11/2; **Chip Thom** was hired on 11/13 to fill this vacancy.

Arlene Titus and **Martha Sakota** were both hired on 11/6 to work as On Call Couriers to fill in for **Geraldine Peters** when necessary.

Misti Gayle was hired on 11/30 to fill the newly created Renewable Energy Intern position as well as be the On Call Natural Resources Receptionist when there is a need.

Sharon Cook was hired on 12/17 to work as the Sales Shop Clerk/Program Assistant in the People's Center in Happy Camp; she will be filling the position created by **Verna Reece's** resignation.

Alissa Johnson left her position as Registered Nurse in the Orleans Medical Clinic on 12/20; we are currently recruiting to fill this vacancy.

Bonnie Alvarez left her position as Happy Camp Senior Nutrition Site Cook on 12/28; **Troy Hockaday** filled the vacancy on 1/28.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ check it out if you are looking for work or tell a friend if you know of someone who is looking!



Happy Birthday Hazel (Humphries) Joyner!

This beautiful lady celebrated her 97th birthday among friends on November 14, 2007.

We wish her many more years to come!



Low Income Assistance Programs (LIAP)

1.800.505.2785 or 530.493.1600 Ext. 2025 or 2045

Low Income Assistance Programs:

- ◆ Community Services and Development (CSD): This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Karuk Tribal member or descendant. For those of you that live outside of the service area try www.acf.dhhs.gov/programs/ocs/csb/index.htm or www.csd.ca.gov/providers.html
- ◆ Low Income Heating Energy Assistance Program (LIHEAP): This program provides energy assistance to eligible tribal households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.
- ◆ For those of you that live outside of the service area try The National Energy Assistance Referral program (NEAR) at 1-866-674-6327 or www.energynear.org The LIHEAP programs administered by tribes at www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at www.acf.hhs.gov/programs/liheap/states.htm. For Oregon residents you can contact www.oregonheat.org for social service agencies and utilities working to keep the homes of low income Oregonians warm and safe.
- ◆ REACH: Is under the LIHEAP program which helps with energy assistance and washing machines (3).

ATTENTION!!!!

Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you. Let's save on energy and our budgets.



Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agency in the service area. An applicant must not receive any comparable public assistance.

- ◆ General Assistance: This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home). Benefits will be adjusted depending on income received.
- ◆ Skills, Work, Education Enhancement Program (SWEEP): This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more employable while obtaining an incentive payment. An applicant can be on the program a maximum of two years or 48 payments.
- ◆ Adult Services: Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.

THE SWEEP PROGRAM NEEDS YOUR HELP!!!!

We are accepting equipment donations for the SWEEP program. Some of the SWEEP Participants work in yard maintenance for elderly, disabled or for people who cannot supply these items to clean their yards. Due to budget restraints were unable to provide these items to the participants. Any donations are appreciated. You can bring the items to the Karuk Tribal Administration Office or call 1-800-505-2785 ext 2030 (Dion), 2025 (Lisa) or 2045 (Junalynn). Here are some examples of what is needed:

I'd like to thank tribal member Mr. Dave Nelson who donated a much needed weed eater.

Weed Eaters	Hand Clippers
Ladder	Pruning Shears
Rakes	Pruning saw
Shovels	Lawn Mowers

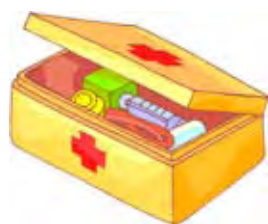
Or anything else you might want to donate.....



Winter Energy Saving Tips

Simple things you can do:

- ❖ Turn your thermostat down several degrees when leaving the house for the day or extended periods of time. One easy way to do this is to purchase a programmable thermostat. You can also save by turning the thermostat down a couple of degrees all the time - check out our Turn the Tide program for more info...
- ❖ Make sure your water heater is in good condition and keep the water temperature between 115-120 degrees. Even consider getting a tankless water heater that only heats the water you need.
- ❖ Limit your time spent in the shower to cut down on hot water usage. You can also install aerators to save on the amount of water you use while showering - this will cut down on the amount of hot water you use.
- ❖ Try and use cold water as often as possible when doing the laundry and line or rack dry your clothes..
- ❖ Make sure to turn off the lights when you are not in a room.
- ❖ Shut the doors to rooms you don't use on a regular basis.
- ❖ Call your energy company to come out and check for leaks and do a proper assessment.
- ❖ Call your utility company to lock into a year-round rate. Not all companies offer this - but it's worth checking.
- ❖ Keep baseboards and radiators clean and unrestricted by furniture and carpet or drapes.
- ❖ Use the smallest oven or burner when cooking, or a crock pot, or use the smallest pan possible.
- ❖ Don't peek into the oven as your are cooking.
- ❖ Defrost foods in the refrigerator before cooking.
- ❖ Use compact fluorescent light bulbs in standard fixtures. Find out how much impact this simple step can have on Turn the Tide...
- ❖ Replace or clean your furnace filters monthly. This could save up to 5% on your heating bill



Be Prepared For Disasters

Junalynn Ward, KTOC LIAP Clerk

Learning from such disasters as Katrina, and how it devastated a whole community, makes us realize that it is necessary to plan and be prepared for disasters that may strike at anytime.

Disasters seem to be in the news around the country, such as devastating fires, flooding, and earthquakes.

We all could use some tips to help us know that we are doing everything in our power to guarantee that our families are well protected.

The information covers water and food storage, medical kits, and first aid just to name a few of the necessities that we need.

We all have a responsibility to make sure we are well informed.

I'm doing some research on the internet, and obtaining some discs and references from Claudia Ross- McLeish I attained some very advisable information so please use this research to assist you in your planning and help you and yours be well protected, if the need ever arises.

A quiz for you to test your knowledge and preparedness skill is located at www.preparedness.com

The following are several written materials that information is obtained on the World Wide Web or by book.

- "With Common Sense Planning, You Can Survive Hard Times" by Jackie Clay
- "Common Sense Preparedness Just Makes Sense" - Nov. Dec. 1997 Backwoods Home Magazine
- "Medical Kits For Self-reliant Families" - Nov. Dec. 1999 Backwoods Home Magazine
- "Making the Best of the Basics" Family Preparedness Handbook 10th Edition by James Talmage Stevens

So to you and yours, I share this information with the hope that you can use it to your families benefit.

Successful Online Learning - Sign Up by April 14th

Let's face it: In today's world, education is the key to making good money, raising one's self esteem, achieving personal growth, teaching our future generations that they CAN reach their potential, and building our tribe's capacity for the benefit of tribal people. This is why the Karuk Tribe of California through funding by the Administration for Native Americans, is providing an online course, free, for the káruk va'áraar to grow and to fulfill our dreams. Take the first step toward this goal. Help is available for those who need it.

- * Course can be taken from any Internet connected computer, any time of day or night
- * Course can be taken at the Happy Camp Community Computer Center if you have no computer
- * Course is sanctioned by our Tribal Council - Talk to your supervisor about coursework during your workday.
- * Help is available via phone, email or in person at the Happy Camp Community Computer Center.

Sign up now for the April 21st course!

Call (530) 493-5213, or email hcccc@karuk.us to enroll!

Funded by The Administration for Native Americans, Social and Economic Development Grant

Announcing a New Course in Happy Camp!

LIFESTORY WRITING - WRITING FOR RECOVERY

Cost \$9*

*"Writing becomes an act of compassion toward life...
we are healed by our stories."*

- Terry Tempest Williams, Writer

English 599 Life Story Writing - Writing for Recovery Sect. # 9097

Tuesdays, 1-3 PM, March 4 – May 20, 2008

At the Klamath Knot Art Council

Learn about the ways you can tell your life story. This class is great if you want to write for family and friends, for publication -- or for just yourself! Increase your self-awareness and creativity while sharpening your writing skills.

For any questions about classes, contact Donna May at 841-0911

*** You may be eligible for a fee waiver ("BOG")**

- if you receive AFDC, SSI, General Assistance, or
- if your 2007 income meets the standards below, per family member

1 = \$14,700 2 = \$19,800 3 = \$24,900 4 = \$30,000 (For each additional family member add \$5,100)

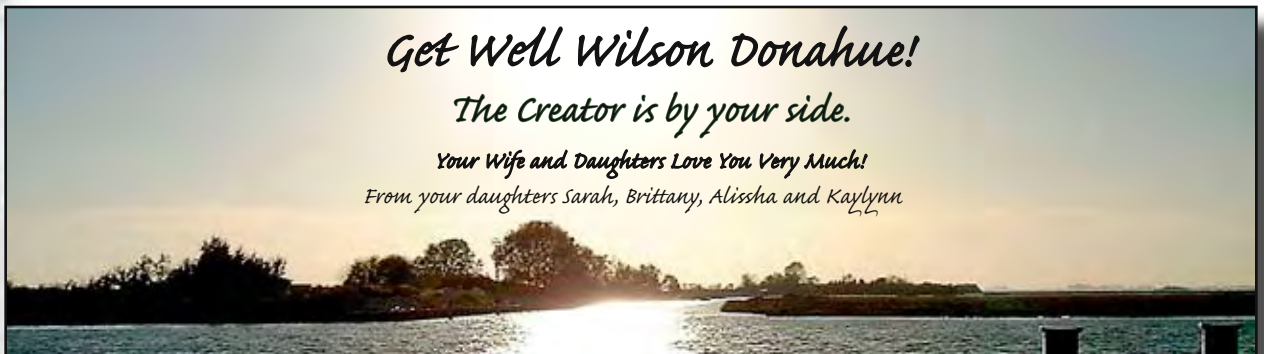
**For registration information, call COS Yreka, 842-1245,
or register online at www.siskiyous.edu, then click on Navigator icon on right**

Get Well Wilson Donahue!

The Creator is by your side.

Your Wife and Daughters Love You Very Much!

From your daughters Sarah, Brittany, Alisha and Kaylynn



Grow Your Small Business Workshops in February & March at the Happy Camp Computer Center!

Fundamentals of Effective Website Development

Taught by Jefferson Economic Development Webmaster & Business Consultant Kim Solga

February 20, 21, 27 & 28 (Wednesdays & Thursdays)
This is a four-day class

5:30 to 8:30 PM

There's much more to a web site than just posting it on the Internet! This popular workshop helps you plan your website for great success. It assists participants to clarify their marketing strategies and how building a website could support it, creating a website structure, design "dos" and "don'ts", the right hosting company, how to register a domain name, search engine tips and shopping cart options. Participants will leave with a plan to begin to build or hire someone to help you build a site.

How to Sell Online: Increasing Your Customer Base

March 5, 6, 12, & 13 (Wednesdays & Thursdays)
This is a four-day class

5:30 to 8:30 PM

How can you increase your online business income? A successful website is more than pictures and technology. Explore ways you can sell online to generate more sales and build a positive customer experience that increases customer loyalty and sales. Discover the latest online selling strategies.

Go To The Top Of The List-Search Engine Optimization

Thursday, March 20 - ONE NIGHT ONLY!

Taught by Jefferson Economic Development Webmaster & Business Consultant Kim Solga

5:30 to 8:30 PM

How do you get a website up and running? Clarify the intent of your site, pick and register a domain name, find the right web hosting service, structure your site effectively, optimize for search engines and more. This is a one-day condensed class, going fast and furious so be ready to pack it in!

Call 493-5213 now to enroll!

Harnessing the Marketing Power of the Internet: New Tools for Success

Thursday, March 27 - ONE NIGHT ONLY!

Taught by Tom Chandler, Jefferson Economic Development Marketing Consultant

5:30 to 8:30 PM

Internet Marketing evolves almost on a daily basis. This workshop will survey old and new online technologies and how you can apply them to create "sticky" web experiences, return buyers, higher profits and engaged customers. An intense-but fun-workshop!

For Employment Information/Career Planning and Job Opportunities With the Karuk Tribe of California, go to:

www.karuk.us/jobs - Current job information

<http://www.karuk.us/test/index-pp.php> - Paths to Prosperity

<http://www.karuk.us/test/index-pp2.php> - Career Planning

The Career Planning link above is a hierarchical map on employment positions within the Karuk Tribe of California. Links at <http://www.karuk.us/test/index-pp2.php> include summary's, full job descriptions, qualifications and requirements, duties, salary ranges, etc. on positions currently held at the tribe. Selected positions also have links to interviews held with people who work in those positions—describing their duties and responsibilities. There will be a minimum of 100 job descriptions and interviews posted by 2009. Use this website to plan your career by working toward acquiring the skills or education to fill these positions or others like them. Increase your employability for personal growth, while building the capacity of our community.

Funded by The Administration for Native Americans, Social and Economic Development Grant

On February 29, 2004, Tribal Member Sandra M. Spead submitted a wonderful poem to the Karuk Tribe of California to show her appreciation for all that they have done for her throughout the years. We would like to memorialize this poem in the Newsletter for everyone to enjoy.

Thanks for Being There

By: Sandra M. Spead

The world is moving faster now; we're on a changing course.
But you have helped me deal with life; you've been a stable force.

When I have had to follow; new directions, you were there.
When the world was hard on me; you always seemed to care.

When nothing held together; made the slightest bit of sense.
You have always helped restore; my inner confidence.

Everyone needs someone; who's reliable and true.
Through the moments I've endured; I'm grateful there was you.

Student Celebration Dinner

Rosie Bley, Karuk Paths to Prosperity Coordinator

On Friday, November 9, 2007, students and family members, Karuk Paths to Prosperity staff and invited College of the Siskiyous (COS) staff came together for a lovely catered dinner at the Grange Hall in Happy Camp. This dinner was held to celebrate student achievements toward their education while living in rural Karuk country. Suzanne Burcell spoke a few words congratulating those who participated in distance learning courses, and Jim Burcell talked about the goals of Karuk Paths to Prosperity.



After the event, Computer Center, COS and Tribal staff/officers went to the COS Distance Learning Classroom next to the Computer Center to show visitors the layout of the room and to collaborate further to bring college courses to Happy Camp and outlying areas.

CONGRATULATIONS TO ALL STUDENTS!

Pictured Standing Left to Right: Anne-Marie Kuhlemann, COS Distance Learning Technician; Patrice Thatcher, COS Career/Technical Education Instructor; Nancy Shepard, COS Videoconference/Distance Learning Specialist; Bob Kupaa Smith, COS DL Evening Class Proctor; Erin Hillman, KTOC Director of Admin Programs; Jim Burcell, ANA Student Services Coordinator; Rosie Bley, Happy Camp Computer Center Director; Kelly Worcester Happy Camp Computer Center Teacher/Technician; Leon Hillman, KTOC Council Member & Karuk Community Development Board Member





Jordan Michael Meyer

Born 06-08-2007

Son of Tribal Members Jeffery Meyer and Jennifer Shinar

Iimnih Mirena Lily Bailey

Introducing My Newest Niece!

By Delila Cortez

Born: 12-28-07 **Weight:** 7lbs 5oz **Length:** 18 ¾ in. long

Parent: Schuldzie Lily Bailey

Grandparents: Geraldine Peters of Happy Camp and Richard Bailey Sr. of Montague

Great Grandparent: Lucille Albers of Yreka

Iimnih also joins her sister Schuldzie Chulcina Yanna Bailey

Congratulations Schuldzie!

Love, Delila, Jolie-Ann
and Joshua



Colby Bridwell

Happy 4th Birthday

January 14th

From your family.

We love you!



Jackson Street School Student, Brenden Berry Honored

*Siskiyou Daily News, Wednesday, January 23,
2008 Siskiyou Daily News Photo/Heather Dodd*

Brenden Berry is the son of Karuk Community Development Corporation CFO and Tribal Member Jim Berry.

Brenden's fifth-grade teacher, Lauri Miller, reported the following about Brenden: "I have thoroughly enjoyed having Brenden as a student. He is a quiet, conscientious young boy who is athletic and likes to laugh.

He is kind and helpful to his peers at all times. He is positive and encouraging when helping other students. I have never heard a cross word from him when dealing with his peers.

Brenden is a good decision maker, and I can count on him unconditionally. Brenden is a quiet leader, leading by example. His fellow students are drawn to him."





~Education Department Information~

Submitted by: Jennifer Goodwin, Education Program Coordinator

Higher Education Grant Award & Student Rent Voucher Program Information:

- Applications for both programs will be available on the Karuk website after April 1st, 2008
- Applications for both programs can be requested by calling the Education Department at 1-800-50-KARUK extension 2034
- Both applications are due on or before August 1st, 2008 at 5:00 p.m. for the 2008-2009 school-year
- You must be a full-time student in order to qualify
- Students are limited to a six-year maximum participation in the program(s)
- Higher Education Grant Award Eligibility Requirements:
 - Must be an enrolled Tribal member (no funding is available to Tribal descendants at this time)
 - Must be pursuing an AA, AS, BA, or BS degree (no funding is available to graduate students)
 - You must maintain a 2.0 Grade Point Average
 - You must remain in good standing with the educational institution you attend
 - Students are not eligible for the Grant Award if they are in default with the Tribe for any loan
 - You must reapply each school-year
- Only when funds exist will applications be accepted for spring enrollment



Grant payments are sent directly to the school only after all of the following paperwork is completed: Completed & signed application, Financial Needs Analysis, a copy of your class schedule, grades from the previous semester/school-year (if you received funding from this program before) and your Karuk Tribal enrollment verification (copy of Tribal ID card or verification letter from the Karuk Enrollment Department).

Student Rent Voucher Program Eligibility Requirements

- ✧ Must be a Karuk Tribal Member or a Karuk Tribe Housing Authority Resident
- ✧ Must be low-income (in accordance with Federal income guidelines)
- ✧ Must be continuing your education attending college/university or vocational school full-time (no funding is available to graduate students)
- ✧ Only one voucher will be awarded per household
- ✧ Students are not eligible if in default with the Tribe or with Housing
- ✧ You must maintain a 2.0 Grade Point Average
- ✧ Rent Voucher payments cannot be used to pay rent to parents or family members
- ✧ Rent Voucher payments cannot be used to pay rent to the Karuk Tribe Housing Authority

*Upon approval, rental assistance is paid in two installments for the year, one in the fall and one in the spring. Grades and class schedules must be submitted as required. Student Rent Voucher payments are paid directly to the landlord. Complete applications include: Completed & signed application, proof of income, lease agreement, class schedule, grades (if you received funding from this program before), statement of living situation (roommates, family setting, dormitory etc.) and Landlord name, address and phone number.

Applications can be mailed to:

Karuk Tribe of California

ATTN: Jennifer Goodwin

P.O. Box 1016

Happy Camp, CA 96039

Or e-mailed to:

jgoodwin@karuk.us

Or faxed to: (530) 493-5322

Both programs will provide assistance only when funds exist and shall not be obligated to continue when program funds are exhausted.



Seven Myths About Online Education

(This information was gathered from fastweb.com) Submitted by Jennifer Goodwin

Myth #1. Online Courses are Easier

Online courses may give you more flexibility than traditional classes, but they require just as much work. Like brick-and-mortar institutions, the quality of classes varies between online degree programs. Since much of the work with online courses is completed independently, students need to be disciplined. "In reality, it takes a very dedicated student to succeed online," says Nathaniel Kennedy, director of marketing for [Argosy University online programs](#).

"The weight of learning the material rests squarely on your shoulders ... you have to be pretty motivated," says Lisa Hardman, an online student at Arapahoe Community College in Littleton, Colorado.

Taking coursework online is not a shortcut to a degree, either. "You get the same quality of education you'd get at a campus setting, but doing it at your own pace," Kennedy says.

"Online courses are more time consuming. I spend the majority of my time trying to figure out my online course," Hardman says. Some online institutions offer accelerated programs, but most institutions let you work at your own pace. Earning an online degree may take more time than a traditional degree.

Myth #2. There's No Personal Attention and Communication with Other Students

Many online institutions go to great lengths to make their programs more personal. "We try to provide the same sort of comfortable and familiar academic experience that you would experience at one of our campus locations, but to do that through an online setting," Kennedy says. Some programs use discussion forums, weekly conference calls, and academic and career counselors to let their students know that they are not isolated at their computer screen. Students usually get personalized feedback from their professors. Like any educational environment, students must make an effort to work closely with their professors.

Myth #3. Online Schools aren't as Good

Like all schools, the quality of online education varies from institution to institution. You can earn a degree online from a well-regarded school like [Harvard University](#) or enroll in a lesser-known program that may not be as challenging. To [judge the quality of an online program](#), check its [accreditation](#), see what support services are available, ask if you can take a sample class, and talk to other students and professors.

Myth #4. The Credits You Earn Online Won't Transfer to Traditional Colleges

If you earn your degree at a regionally-accredited online institution, your credits are the equivalent to credits earned at a brick-and-mortar school and will be accepted by most schools. Transferring credit becomes more complicated if you earned them at a program accredited by the [Distance Education and Training Council](#) (DETC). Some schools accept credits from DETC-accredited programs and some do not. Credits from programs that are not accredited will not be accepted for transfer.

Myth #5. Employers Don't Take Online Degrees Seriously

As the number of people earning online degrees grows, more employers are recognizing their value. A [2005 survey](#) shows that 85 percent of employers find online degrees to be more acceptable than they were five years before. Earning an online degree can also show employers that you are motivated and disciplined to work. Online programs have gone from a novel new way to get a degree to a common education program. "As more and more universities offer online degree programs, more employers will recognize and embrace someone who got their degree online," Kennedy says.

Myth #6. You Must be a Computer Whiz to Take Online Courses

While you must have a basic understanding of how to work a computer to get started with online courses, you don't need to be a tech prodigy to succeed. "Anybody who can do email can do online courses. It's not too difficult to figure out," Hardman says. Most online institutions realize that students may not initially have a lot of technical know-how and offer support to make taking courses online less intimidating. From tech support hotlines to introductory computer courses, check out what technical support services an online institution offers.



Myth #7. You'll Never Set Foot on a College Campus

Many online learners complete their degrees without ever setting foot on a brick-and-mortar college campus, but others choose to combine campus and online courses. Online courses can help busy students at traditional colleges add more flexibility to their schedules. Students who attend online courses at traditional colleges usually have the same access to campus resources as students on campus. "Being an Argosy student, no matter if you're online or at a campus-based location, you are an Argosy student and become part of a community of learners and can go to any of the campus locations and access any of the campus resources that a traditional student can," Kennedy says.

The Nurses Corner

Staying Warm in a Cold World

David Eisenberg PHN

Despite all the talk of global climate change, and how the world may be warming, all of us that live along the Klamath River know it can still get pretty darn cold. So even though we don't have the extended freezing temperatures of say, Minnesota or North Dakota, cold weather can raise some serious health concerns. We can protect our health by planning for the effects of cold weather at home or while traveling.

Emergency Supplies

Blankets	Matches	First Aid Kit	Flashlight
Extra Batteries	Can Opener	Smoke Detector	Battery Powered Radio
Dry Firewood	Fuel for heater	Fuel for generator	

Prepare Your Home for Winter - Keep Several Days of the Following on Hand

- * Food that does not need refrigeration:
bread, crackers, cereal, canned foods
dried foods (baby formula if needed)
- * Water stored in clean containers or bottled water (5 gallons per person)
- * Medicines that any family member may need
- * Insulate your water lines to prevent freezing - or let a faucet drip

As we grow older, our ability to detect temperature changes decreases. If you are over 65, have an easy to see thermometer in an inside location and check the temperature frequently.



Photo courtesy Gerry Canning

Prepare Your Car for Winter

Service the radiator in the fall - check antifreeze level

Replace worn tires, check the tire pressure - Have a Car Survival Kit:

Blankets	First Aid Kit	Windshield Scraper	Cell Phone
Booster Cables	Road Maps	Tool Kit	Compass
Paper Towels	Tow Rope	Tire Chains	Folding Shovel
Matches	Flashlight/Batteries	Water/Canned Food	Can Opener

If You Are Stranded in Your Car

- Tie a bright colored cloth to the antenna - to signal rescuers
- Move anything you need from the trunk to the passenger area
- Wrap your entire body (head included) in extra clothing, blankets, newspapers
- Stay Awake. - Keep your arms and legs moving - Huddle with other people for warmth
- Run the motor and car heater for 10 minutes every hour - crack the window to let in outside air (Make sure the tail pipe is not blocked by snow)

Dr. Curtis Hanst Now at Yreka Clinic



Hello, I'm Dr. Curtis Hanst, the "new guy" at the Yreka clinic. I've been here for the past five months and have greatly enjoyed meeting many of you.

I am an active duty officer in the Indian Health Service. I have been in that position for the last nine years, and I spent that time upriver in Chiloquin with the Klamath Tribes. I'm a native of California. I was born and raised in Santa Barbara, and went to college at Stanford University in the Bay Area. It's good to be home!

I did my medical training in the Army and spent many years serving in various places including Germany for four years. I am board certified in Family Practice and love taking care of patients of all ages. I've met some awfully cute kids since getting here and only got a few to cry. Remember it is the mean nurses who give the shots!

I have a wife and four children. My oldest son is in the Navy and he will be leaving for Iraq this month to work with special operations as a computer technician. Please keep his safety in your prayers! My oldest daughter is an exchange student in Italy at a school with kids from 80 countries. I would like to visit her there. Her school is near Venice where they all ride around town in those long boats. My wife and youngest two are still with me and all of us like our new home in Yreka.

Please feel free to come by for a visit and get to know your new doc - but remember it's usually a bad sign if you know your doctor too well. Nobody wants to be sick enough to do that!

Where are our Tribal Members?

Featuring Frank Merrill

My name is Franklin Lee Merrill; I was born September 21, 1938 on Grouse Mt. near Hoopa, CA on a hunting trip. My parents are Lee Bert Merrill Sr. and Inez Jerry Merrill. My great grandparents are Frank Merrill and Elizabeth Conrad, grandparents are Luther Hickox and Jessie Mae Merrill, great grandparents Bernard Jerry and Lucy Albers and grandparents William Jerry and Lottie Albers. I lived on Bill Jerry's place and also Luther Hickox's mine across the River from the Jerry's.

We moved to Oregon in 1949, where I went to grade and high school. I was in the Navy from 1955 to 1959, in the sub-service USS Redfish and discharged in 1959. I got married to my wife Dixie Pennock and we have been married for forty-five years. We have four children, Teresa Page, Lisa Merrill, William Merrill, and Robert Merrill. From our four children, we have eight grandchildren and four great grandchildren. After being discharged from the service I worked in the logging and mill industry until 1970.



In 1970 I returned to school.

I graduated from Lane Community College in 1972 with my Associate's Degree. I continued my education at the University of Oregon, and graduated with my Bachelor's Degree in community service and public affairs in 1974. I attended Portland State College to work towards my Masters for two terms.



In 1990 I was hired at Lane Community College as a coordinator for the Native American Program. I continued working for Lane for fourteen years. I have built one of the biggest Native American student programs in the higher education system in Oregon. We started with fifty students and have grown to six hundred and fifty self-identified students. We have had over fifty plus Karuk Tribal Members pass through this college.



I have been sharing my culture over the years to schools and pow-wows throughout all of Oregon. I have been instrumental in trying to get a longhouse built on the Lane Community College campus. This would be the first longhouse ever to be put on the community college campus. I have also become an Elder and spiritual leader in my community. I have been asked to do many things such as bless families and drum at funerals; I have also visited ill people in hospitals and nursing homes.

I would like to thank the Tribal Council and whoever else was involved in making it possible for me to attend the grand opening of the Smithsonian National Museum of the American Indian.

NOTE: Frank Merrill was invited to attend the grand opening of the Smithsonian Museum as he was placed on the Honor Wall.



Last powwow, fresh start

Frank Merrill sees his retirement from LCC's Native American program as a new beginning
City/Region, C1



Karuk Tribe of California - Karuk Tribal Health Program

Contract Health Services (CHS) Department

Anna Myers, CHS Supervisor

What Is Contract Health Service?

Contract Health Service (CHS) is a federally funded program administered through Karuk Tribe of California. Karuk Tribal Health assists eligible Indian clients with payments for approved medical and dental services.

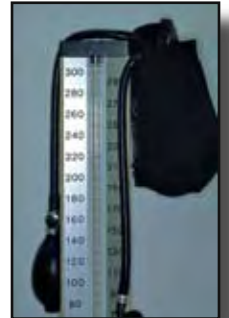
Below are some of the eligibility criteria for our clients:

To be eligible for CHS services, clients must provide proof of Native American Verification which includes:

1. A member of a federally recognized California tribe or a descendant of CA. Indian with a Certificate Degree of Indian Blood (CDIB) living within the Karuk Tribe of California service area.
2. Any Indian in California who is included on one of the California judgment rolls,
3. Or their descendents (A copy of the judgment roll that includes the individual's name must be provided).
4. Non-Indian woman pregnant with an eligible Indian's child is eligible during her pregnancy through six weeks postpartum.

How To Use Contract Health Service:

1. Clients must have a referral from one of the Karuk Tribal Health medical or dental clinics for outside services (services not provided in our clinics). Pre-authorization is required for all non-emergency services and follow-up care.
2. Emergency room visits must be reported to CHS within 72 hours after the service is rendered to be eligible for CHS coverage. Any emergency room visit will be reviewed and prioritized for payment by CHS staff, which means an alternate resource or a denial for an alternate resource may be required. This is a federal regulation that must be adhered to,
3. Elders, 60 years of age and older, are required to report emergency room visits within 60 days of the emergency room visit,
4. Any client requesting CHS must fill out an annual family intake for alternate resources if they have no other insurance. This will assist clients in obtaining insurance coverage, and assist CHS in covering services for clients for an entire fiscal year,
5. Clients must mail CHS all bills and insurance explanation of benefits (EOB) that they have received within 60 days of the outside service if so rendered.
6. CHS asks that clients maintain close contact with CHS staff for coverage updates.



Refusal to Apply for Alternate Resources:

- If clients refuse to apply for alternate resources, any and all CHS coverage will be denied for payment,
- If CHS staff receives documents proof of a clients ineligible status for alternate resources (MediCal denial letter, etc.) then CHS will authorize payment for approved services.

REMEMBER;

1. The disadvantage of having no alternate resources is that not all services will be covered by the CHS program, and our goal to assist all clients in the best service possible,
2. Since CHS has limited funding, there are levels of care that are approved levels of care, meaning that certain services although necessary, are not covered through CHS (such as surgery, inpatient care at a hospital and other services),
3. There may not be enough funding to last an entire fiscal year, so close contact with CHS staff is imperative.

CHS Staff;

- o Anna Myers, CHS Supervisor: (530) 493-1600 ext. 2156
- o Lucille Tiraterra, CHS Clerk: (530) 493-1600 ext. 2151
- o Cheryl Titus, CHS Clerk: (530) 493-1600 ext. 2155

We are all available to talk with you and assist you with your needs at any time. Please feel free to contact our offices with any questions or comments you may have. We encourage you to keep in contact with us.

Happy Camp Community Christmas Party

Carrie Davis, Event Organizer

Page 23



The Karuk Happy Camp Community Christmas party was a very big success. It was held on December 15, 2007. We had a very large turn out of about 300 people. During the first hour we gave out goodie bags for the children, had the color contest, face painting, photos with cut-outs of Santa, and a Snowman. Santa showed up just as the color contest was ending and all children 0-13 received gifts. After Santa had talked with all

the children, dinner was served.

Everyone had a great time and I would like to take this time to thank all the people who made this happen. First I would like to thank the Karuk Tribal Council for providing a place to have the party as well as financially supporting this event. I would also like to thank the Karuk Tribal Membership because without you, we would not have a tribe.

This year unlike any of the others we were given a donation of \$1,000.00 from the Yreka Wal-Mart. I would like to thank Wal-Mart for the financial help, as well as their employee Shane for all his hard work.



I would also like to thank all the people who worked hard to make this happen. Tamara helped me purchase the gifts, food, and decorations. She also worked with me on wrapping gifts, making flyers, getting raffle gifts, and color contest prizes. I would also like to thank her family for their help and for supporting her efforts. I would like to thank our special guest who came all the way from the North Pole, Santa Claus. Next I would like to thank Santa's Elves; Erin Hillman, Barbara Snider, and Sara Spence who helped Santa hand out

gifts to the children. In addition, Erin had a large line of kids lined up for face painting during the first hour. Barbara worked hard snapping pictures until the last of the film was used up, then she helped Tanya Busby who was in charge of the check-in table. She worked with Tamara making sure that people were

informed of what events were taking place. It is always nice to be greeted with a big smile and these two are hardly seen without one. This year the Boy Scouts and Cub Scouts assisted as the community service part of their program. They felt helping the Karuk Tribe was a way of earning patches and showing the Tribe how they appreciate what the Tribe does for the community. The boys were a big help and we would like to thank them for all their

hard work. I would also like to thank our cooks, Blanche Moore, Carolyn Moehring, Norma Jean Goodwin, and Jerry Brink. Yootva to everyone who came and spent the day with us!



Karuk Tribal Newsmagazine • Jan. 2008

REVISIONS TO TRIBAL CONSTITUTION

For two years, the Tribal Council has been hard at work preparing revisions to the Constitution so that they may be presented to the membership for a vote in a Special Election. Key proposed changes include greatly expanding Tribal jurisdiction to better protect our resources and reinstating District Elections, consistent with the intent of the Karuk governing body before adoption of the current BIA Constitution.

Your feedback and participation in these important changes are needed!

The Tribal Council will be posting the proposed changes on the website by the end of this month and community meetings have been scheduled for Happy Camp, Yreka, and Orleans.

Once the final changes are available, you may pick up copies of the current Constitution and proposed changes at one of the Tribal Offices or if you live out of the area you can call the Administration Office (800-505-2785) and request that the information be mailed to you. All of the Offices will have access to this information.

All eligible voters are encouraged to attend the meetings and give their valuable input.

The community meeting dates, times, and locations are as follows:

- ◆ Monday, March 10, 2008 at 5 PM at the Orleans DNR Community Room
- ◆ Monday, March 17, 2008 at 5 PM at the Happy Camp Headway Building
- ◆ Monday, March 24, 2008 at 5 PM at the Yreka Housing Administration Office

Dinner will be served at all three meetings at 5 PM!

Keep Up To Date with Tribal Council Activity



Fully Seated Karuk Tribal Council

The Tribe recognizes that many Tribal Members currently live outside of the communities that are served by the Tribe. For this reason the Tribal Council maintains a page of the website devoted to Council Meetings.

You can access the page by going to www.karuk.us and clicking on Council & Staff and then clicking on Meeting Information.

You will find the entire meeting schedule for the year, information on how to get on the Agenda if you wish to speak to the Council and meeting minutes for all Tribal Council and Health Board Meetings held since December of 2003.

Visit the site and keep up to date!

For more information, go to:

www.karuk.us then click **Council & Staff** then click **Meeting Information**

Karuk Tribe of California

Quarterly Newsmagazine
April, 2008

Post Office Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039
(530) 493-1600 • (800) 505-2785 (800-50Karuk) • www.karuk.us



SPECIAL ELECTION ISSUE!

Notice of Special Election Karuk Tribe of California

NOTICE IS HEREBY GIVEN: that on **Saturday, July 19, 2008**, the Karuk Tribe of California will conduct a Special Tribal Election. Polling places will be open from 9 AM to 6 PM at the following locations:

- ✓ **Happy Camp: Tribal Administration Conference Room, 64236 Second Avenue;**
- ✓ **Yreka: Health Clinic Conference Room, 1519 South Oregon Street; and**
- ✓ **Orleans: Community Center, 39051 Highway 96.**

TO BE ELIGIBLE TO VOTE: you must be an enrolled member of the Karuk Tribe, who is eighteen years old, or older as of July 19, 2008, and has registered with the Karuk Voter's Registration Office (you may register to vote before the election or at the polling place on Election day).

SUBJECT MATTER OF ELECTION: **SIXTEEN (16) CONSTITUTIONAL AMENDMENTS**

COPIES OF PROPOSED CHANGES: will be available on Monday, May 12, 2008 at the Tribal Administration Building in Happy Camp, the Medical Clinics in Yreka and Orleans, and the Karuk Tribe Housing Authority Offices in Yreka and Happy Camp.

ABSENTEE BALLOTS: requests for absentee ballots must be submitted in writing with a return address and must be received no later than July 4, 2008. Mail all requests to:

**VOTER'S REGISTRATION OFFICE
POST OFFICE BOX 815
HAPPY CAMP, CA 96039**

All requests for absentee ballots must contain the requestor's signature and the requestor's identity must be verified by one of the following three methods:

1. by a notary public; or
2. by two eligible voters of the Karuk Tribe of California; or
3. by providing a copy of a State, Federal, or Tribal ID card with a signature.

It is highly recommended that absentee ballot requests be received by the Voter's Registration Office in a timely manner for those members who live outside the aboriginal territory due to the amount of time it takes for the mail to reach Happy Camp. No phone calls or faxes will be accepted according to the Tribal Election Ordinance, Section 16, B.

For more information we encourage you to call the Voter's Registration Office at: (800) 50-KARUK or (530) 493-1600, extension 2014.

Statement from the Tribal Council of the Karuk Tribe of California Regarding Proposed Constitutional Amendments

Ayukii,

The Tribal Council has been hard at work on proposed revisions to the Constitution for over two years now and is pleased to have finally brought those revisions forward for a Special Election to be held on Saturday, July 19, 2008 in conjunction with the Tribal Reunion.

Key proposed changes include greatly expanding Tribal jurisdiction to better protect our resources and reinstating District Elections, consistent with the intent of the Karuk governing body before adoption of the current BIA Constitution.

We are also proposing to clarify some ambiguities that exist in the current Constitution, which was written in the late 1970's by the BIA, as well as proposing some internal election process changes, to return the governing of the Tribe closer to the way we governed ourselves before the current BIA Constitution.



The Council has worked on these revisions for over two years and two separate rounds of community meetings have been held in Yreka, Happy Camp, and Orleans in September 2005 and March 2008 to gather input and feedback from the membership.

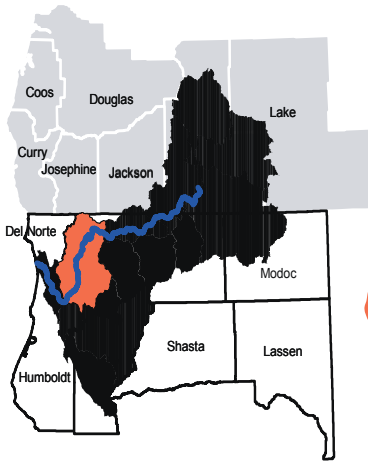
Included in this Newsletter is the final proposed strikethrough version showing all changes along with a Legislative Analysis that goes through each change individually so that the membership can have all information necessary to make an informed vote on July 19, 2008.

Yootva!

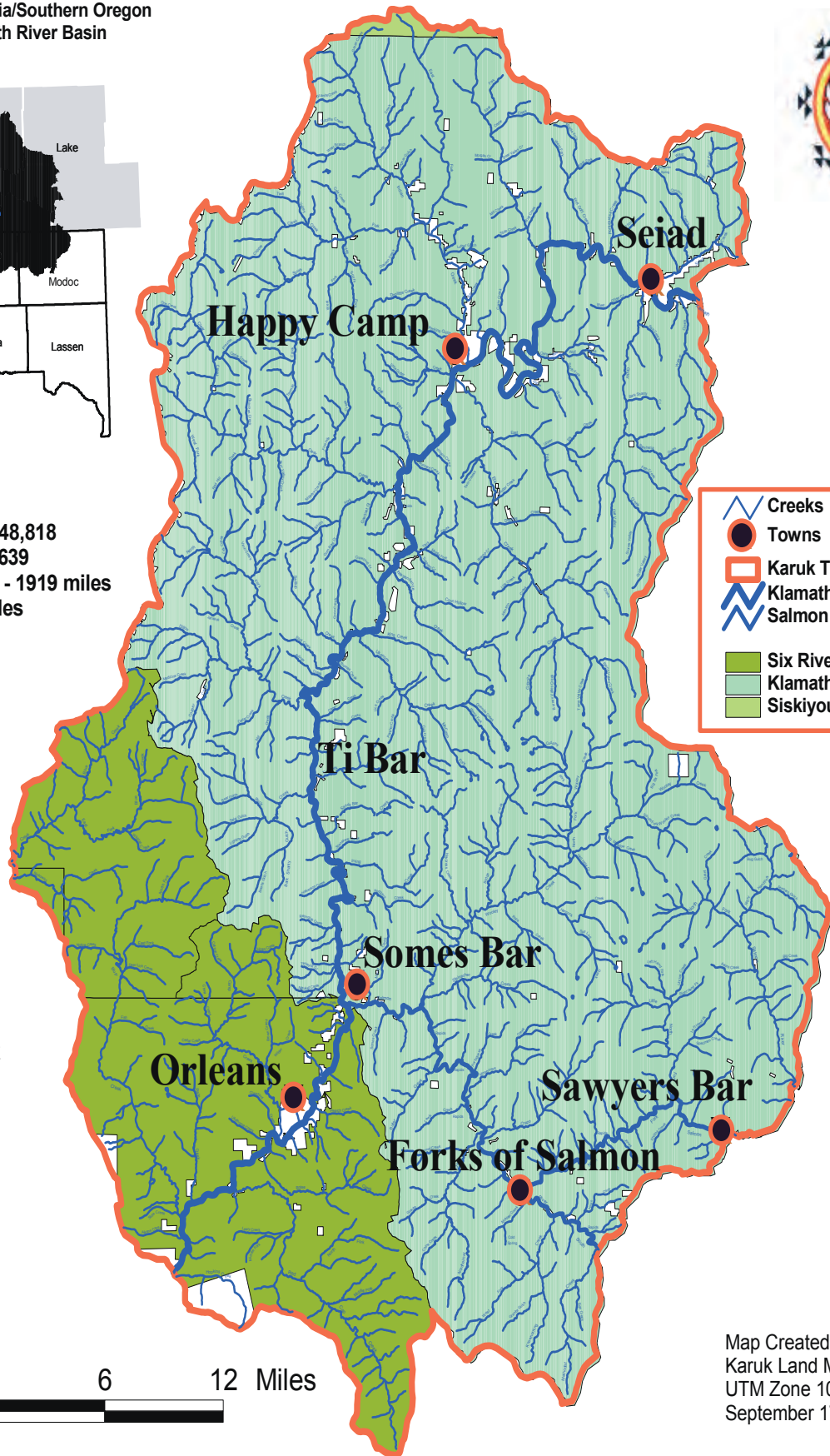
<u>Page #</u>	<u>Table of Contents</u>
3	Karuk Aboriginal Territory Map
4-12	Constitution with Strikethrough Edits
12	Voter Registration Form
13	Karuk Voting District Map
14-15	Original Resolution Describing Karuk Aboriginal Territory 1985
16-30	Proposed 16 Constitutional Amendments
31	Karuk Tribal Reunion Information for July 19, 2008
Insert 1	Absentee Ballot
Insert 2	Sample Ballot

KARUK ABORIGINAL TERRITORY

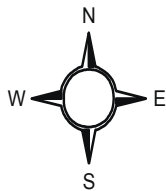
Northern California/Southern Oregon
With Klamath River Basin



Total Acres - 1,048,818
Square Miles - 1639
Creeks & Rivers - 1919 miles
Roads - 1825 miles



- Creeks
- Towns
- Karuk Territory
- Klamath River
- Salmon River
- Six Rivers National Forest
- Klamath National Forest
- Siskiyou National Forest



6 0 6 12 Miles

Map Created by Scott Quinn
Karuk Land Manager
UTM Zone 10, NAD 1927
September 17, 2004

KARUK TRIBE OF CALIFORNIA CONSTITUTION OF THE KARUK TRIBE

PREAMBLE

We the Karuk Tribe being a sovereign native indigenous people, in order to form a representative tribal government, to promote the general welfare of all Karuk people, to establish equality and justice for our Tribe, to preserve and restore our common bonds, tribal traditions and ancestral rights, and to secure for ourselves and our descendants the power to exercise the inherent rights of self-government, do hereby establish and adopt this Constitution. ~~of the Karuk Tribe.~~

ARTICLE I – ABORIGINAL TERRITORY, TRIBAL LANDS AND COUNCIL DISTRICTS

Section 1. Aboriginal Territory. The Aboriginal Territory of the Karuk Tribe is depicted in the map of the Karuk Aboriginal Territory* on file in the Karuk Tribal Offices as described in Resolution 85-R-13*, and includes all submerged lands, and the beds, banks, and waters of all the waterways within the territory and the Tribe's usual and customary ceremonial, hunting, fishing, and gathering sites.

Section 2. Tribal Lands. Karuk Tribal Lands consist of its Aboriginal Territory, service areas, and all lands subsequently and hereafter acquired by and for the Tribe, whether within or outside of the Tribe's Aboriginal Territory.

Section 3. Council Districts. In order to have a representative government, representatives shall be elected from geographic districts within the Tribe's territory, as more fully set forth in the Tribe's Election Ordinance and the Karuk Voting District Map*. These Council districts are as follows:

1. The Orleans (Panámniik) District, which shall draw its membership from the towns and surrounding areas of Orleans, Weitchpec/Hoopa, Somes Bar, Forks of Salmon/Sawyers Bar, Weaverville, Crescent City, Klamath, McKinleyville, Arcata, Eureka, Fortuna, and Rio Dell.
2. The Happy Camp (Athithúfvuunupma) District, which shall draw its membership from the towns and surrounding areas of Happy Camp, Seiad Valley, Klamath River, Scott Bar, O Brien, Cave Junction, Brookings and Grants Pass.
3. The Yreka (Kahtishraam) District, which shall draw its membership from the towns and surrounding areas of Yreka, Montague, Fort Jones, Etna, Hornbrook, Ashland, Talent, Phoenix, Medford, and Central Point.

*Constitution of the Karuk Tribe
Draft Proposed Amendments April 4, 2008
Page 1 of 9*

* Karuk Aboriginal Territory Map, Page 3

* Resolution 85-R-13, Page 14

* Karuk Voting District Map, Page 13

Continued on next page...

ARTICLE II - JURISDICTION

The laws of the Karuk Tribe shall extend to: ~~all persons and property located within the Tribes aboriginal territory subject to its jurisdiction.~~

1. All Tribal members;
2. All persons who are eligible to be enrolled as Tribal members or descendent Tribal members with the Tribe, for the purposes of certain Tribal programs and Indian Child Welfare matters, wherever located;
3. All persons throughout and within Karuk Tribal Lands who consent to the Tribe's jurisdiction;
4. All activities throughout and within Karuk Tribal Lands, or outside of Karuk Tribal Lands if the activities have caused an adverse impact to the political integrity, economic security, resources or health and welfare of the Tribe and its members; and
5. All lands, waters, natural resources, cultural resources, air space, minerals, fish, forests and other flora, wildlife, and other resources, and any interest therein, now or in the future, throughout and within the Tribe's territory.

ARTICLE III - MEMBERSHIP

Section 1. The membership of the Karuk Tribe ~~of California~~ shall consist of the following persons who are not enrolled as a member of any other Tribe:

- (a) Any person of one-eighth (1/8) degree or more of Karuk Indian blood whose name appears on the roll prepared pursuant to the Act of May 18, 1928, as amended by the Act of May 24, 1958, and the Act of September 21, 1968, for the distribution of judgement funds to Indians of California.
- (b) Any person of one-eighth (1/8) degree or more Karuk Indian blood ~~born to~~ members after the date of the rolls specified in Subsection (a) above who meets the membership criteria set forth in the Karuk Tribe's Enrollment Ordinance.

Section 2. Nothing in this Article shall prevent a person who has inherited an allotment or land use assignment on another Indian reservation and who is otherwise eligible for enrollment under this Article from being enrolled as a member of the Karuk Tribe.

Section 3. The Tribal Executive Council shall ~~adopt an~~ maintain a Tribal membership roll, along with an enrollment ordinance governing Karuk Tribal enrollment criteria, including membership and descendency criteria, future membership, and loss of membership. and the adoption of members into the Tribe.



*Constitution of the Karuk Tribe
Draft Proposed Amendments April 4, 2008
Page 2 of 9*

Continued on next page...

Section 4. The Tribal Executive Council shall prescribe regulations governing the compilation and maintenance of a Tribal membership roll and the making of corrections to such membership roll.

ARTICLE IVH- RIGHTS OF MEMBERS

Section 1. Subject to the limitations imposed by this Constitution and by other duly enacted Tribal laws and policies, all members of the Karuk Tribe shall enjoy equal political rights and opportunities to participate in the tribal government, its economic resources, assets and all the rights that are conferred upon a Karuk citizen. ~~nor shall any members be denied the right to petition the Tribal Executive Council, or the tribal courts for redress of grievances against the tribal government, No member shall be denied the right to petition the Tribal Council as the exclusive and final forum for redress of grievances against the Tribal government. Nothing in this Constitution is intended as, or shall be construed as, a waiver of the Tribe's sovereign immunity from unconsented suit. and No member shall be denied freedom of speech, religion or the right to peaceful assembly assemble, or otherwise be deprived of life, liberty or property without due process, which is notice and an opportunity to be heard.~~

ARTICLE IV - TRIBAL EXECUTIVE COUNCIL

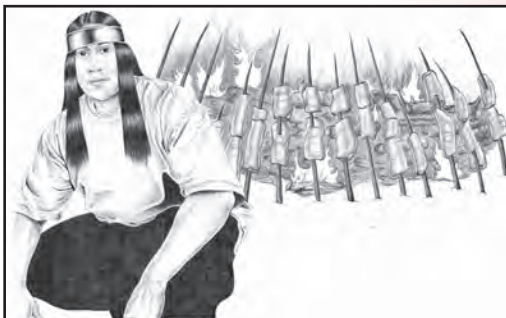
Section 1. The governing body of the Karuk Tribe shall be the Tribal Executive Council, which shall consist of nine (9) members elected at large from the Tribe: ~~six (6) Council Members~~, [“consisting of two (2) representatives elected from each of the three (3) Council Districts,” if the Council Districts option is voted for] and three (3) officers (the Chairperson, Vice-Chairperson and Secretary/Treasurer), elected from anywhere within 100 road miles of the Tribe's Aboriginal Territory. All terms of office shall be for four (4) years.

Section 2. ~~The Council shall consist of a chairman, vice-chairman, secretary, treasurer and five (5) council members elected at large from the Tribe.~~

ARTICLE VI - DELEGATION OF AUTHORITY TO THE TRIBAL EXECUTIVE COUNCIL

The members of the Karuk Tribe hereby delegate to the Tribal Executive Council the authority and responsibility to exercise by resolution or enactment of Tribal laws all the inherent sovereign powers vested in the Tribe as a Sovereign Aboriginal People. The Tribal Council shall exercise the following powers, subject to any limitations imposed by applicable law, and any express restrictions upon such powers contained in this Constitution.

1. To negotiate and contract with federal, state, Tribal and local governments, private agencies and consultants.
2. To purchase, lease or otherwise acquire land, and to receive gifts for the benefit of the Tribe.



*Constitution of the Karuk Tribe
Draft Proposed Amendments April 4, 2008
Page 3 of 9*

Continued on next page...

3. To prevent the sale, disposition, lease, or encumbrance of Tribal lands, interest in lands, or other Tribal assets without the consent of the Tribe.
4. To establish and manage Tribal enterprises and the economic affairs of the Karuk Tribe, including but not limited to: establishing boards, commissions and other tribally chartered entities to regulate housing, employment, gaming and other economic enterprises; approval of planning, programming, and development projects of all Tribal lands and assets; and other necessary financial and business activities.
5. To establish and oversee Tribal committees which have authority delegated by the Tribal Council for specific Tribal functions.
6. To license and regulate, including assessing applicable taxes and fees, the conduct of all business activities within Tribal jurisdiction.
7. To manage, develop, protect and regulate the use of Tribal land, wildlife, fish, plants, air, water, minerals, and all other natural and cultural resources within Tribal jurisdiction.
8. To provide for the preservation and unity of Karuk families, and the protection of Karuk Tribal children, while maintaining each child's cultural identity and relationship to the Tribe.
9. To enact laws and codes governing conduct of individuals and prescribe disciplinary action for offenses against the Tribe; to maintain order; to protect the safety and welfare of all persons within Tribal jurisdiction; and to provide for the enforcement of the laws and codes of the Tribe.
10. To establish Tribal courts and administrative bodies, and to provide for the courts' jurisdiction, procedures, separation of the judicial branch of government, and a method for selecting judges.
11. To take all actions that are necessary and proper for the exercise of the powers delegated to the Tribal Council or to any person or committee under the supervision of the Tribal Council.

ARTICLE VII - ELECTIONS AND NOMINATIONS

Section 1. All members of the Tribe who are eighteen years of age and ~~over~~ older who meet the eligibility criteria and have registered to vote with the Tribe pursuant to the provisions set forth in the Tribe's Election Ordinance, shall have the right to vote.

Section 2. All eligible voters must register to vote pursuant to the Tribe's Election Ordinance in order to vote. All registered voters are eligible to vote for all Council Member positions. Of the six (6) at large Council Member positions, two (2) shall be elected by candidates running from each of the three (3) Council Districts, described in Article I, Section 3 of this Constitution. Any eligible Tribal member may run for any of the three (3) Officer positions provided that he or she

resides within 100 road miles of the Tribe's Aboriginal Territory and otherwise meets the Tribe's candidate eligibility criteria. Should there be no eligible candidate running in any given District for any given election where a District seat is open, another candidate from outside that District may be elected to fill the vacancies, pursuant to the Election Ordinance.

Section 2-3. Any member of the Tribe who has, at least sixty days before the election, presented to the ~~secretary or her designated representative~~, Election Committee a petition signed by at least twenty ~~voting~~ enrolled members of the Tribe who are eighteen years of age or older, and who has maintained a legal residence for a period of six consecutive months before the election within 100 road miles of the Tribe's Aboriginal Territory ~~the territory of the Tribe as defined in a resolution adopted by the Interim Tribal Executive Council for that purpose~~, shall be declared by the Council to be nominated and to be a candidate for the office indicated in such petition. It shall be the duty of the ~~secretary~~ Election Committee to post the names of all qualified candidates in a public place at least ten days prior to the election.

Section 3. ~~At the first election under this constitution, the chairman and the two (2) members receiving the highest number of votes shall be elected for a term of four (4) years. The vice-chairman and the two (2) members receiving the second highest number of votes shall be elected for a term of three (3) years. The Secretary, the Treasurer and the remaining one (1) member receiving the third highest number of votes shall be elected for a term of two (2) years. Thereafter, the term of office shall be for four (4) years.~~

Section 4. Candidates for Tribal Council must pass a criminal background check. Potential candidates who have been convicted of a felony involving murder, manslaughter, rape, assault with intent to kill, burglary, child or elder abuse, assault resulting in serious bodily injury, theft, fraud or embezzlement, during his or her term of office or within ten (10) years prior to the election, shall be ineligible to run for office or serve on the Tribal Council. However, persons who have completed their sentence for such conviction at least ten (10) years before the date of the election in which they intend to run for office may file as candidates. Potential candidates who have been removed from the Tribal Council office for gross misconduct, terminated from employment with the Tribe for theft, fraud or embezzlement, or who have been convicted of a crime requiring registration as a sex offender, shall be ineligible to run for office or serve on the Tribal Council.

Section 4. 5. Annual elections shall be held on the first Tuesday in November. All tribal elections shall be by secret ballot. Elected Tribal council members and officers shall be sworn in and take office at the next Tribal Council meeting following certification of the election results, no later than thirty (30) days after the election. ~~within fifteen days after the general election.~~

Section 5. ~~The first election of the Tribal Executive Council under this constitution shall be held within 60 days following ratification of this constitution.~~

Section 6. ~~The Interim Tribal Council shall amend its Election Ordinance enact an election ordinance within 60 30 days following ratification of this Constitution to incorporate the changes to this Constitution and to provide further guidelines on procedures governing elections.~~



ARTICLE VIII - DUTIES OF OFFICERS

Section 1. Duties of Tribal Executive Council Officers. Newly elected officers shall assume their respective offices and duties ~~at the first meeting~~ following their swearing-in. Council Members appointed to serve on a committee or board shall keep the Council informed of their activities.

Section 2. Chairpersonman. The Chairpersonman shall preside at all meetings of the Tribal Executive Council. The Chairpersonman shall assume general supervision of all officers and employees and committees of the Tribal Executive Council as directed by the Council.

~~The Chairpersonman, together with the Secretary of the Tribal Executive Council, shall sign on behalf of the Tribe all official papers resolutions and other formal Tribal enactments and documents on behalf of the Tribe, as required.~~

Section 3. Vice-Chairpersonman. In the absence of the Chairpersonman, the Vice-Chairpersonman shall act as Chairpersonman and when so presiding shall have all rights, privileges and responsibilities of the Chairpersonman.

~~The Vice-Chairpersonman shall be the ex-officio member on committees appointed by the Tribal Executive Council and shall keep the Council informed of their activities.~~

~~The Vice-Chairpersonman shall perform such other duties as the Chairpersonman, with the consent of the Tribal Executive Council, may direct.~~

Section 4. Secretary/Treasurer. The Secretary/Treasurer shall act as Chairpersonman pro-tempore in the absence or incapacity of the Chairpersonman and Vice-Chairpersonman ~~in order to elect an acting Chairpersonman for the meeting at which the Chairpersonman and Vice-Chairpersonman are absent.~~

At the direction of the Tribal Council, the Secretary/Treasurer shall be responsible for assuring that all Council correspondence is properly written and mailed, all public notices are issued, the minutes of the Tribal Council meetings are properly recorded, published and distributed, and that all petitions, ordinances, applications and other papers are received and prepared for the Council's action. The Secretary/Treasurer shall affix his or her signature to official documents as required and shall certify the enactment of resolutions and ordinances. The Secretary/Treasurer shall maintain a roster of Council members and serve as the Registrar for registered voters.

~~The Secretary of the Tribal Executive Council shall be responsible for all correspondence, issuing public notices, the recording, publication and distribution of the minutes of the Tribal Executive meetings, receiving all petitions, ordinances, applications and other papers and prepare them for the action of the Council.~~

~~The Secretary shall maintain a roster of Council members, eligible voters and perform such other duties as may be assigned by the Tribal Executive Council.~~

At the direction of the Tribal Council, the Secretary/Treasurer shall be responsible for safeguarding tribal assets, which includes ensuring adequate internal controls are in place, communicating with Fiscal staff to ensure that audits are completed annually, corrective action is taken on any audit findings, fiscal and personnel policies are maintained and kept current and financial reports are presented as needed and performing such other duties as may be assigned by the Tribal Council.

Section 5. ~~Treasurer. In the event the Chairman, Vice-Chairman and Secretary shall be absent or incapacitated, the Treasurer of the Tribal Executive Council shall act as Chairman, pro-tempore in order to elect a Chairman for the meeting at which the Chairman, Vice-Chairman and Secretary are absent.~~

~~The Treasurer of the Tribal Executive Council shall be responsible for accepting, receiving, receipting for and preserving and safeguarding all funds in the custody of the Tribal Executive Council, whether same be tribal funds or special funds for which the Council is acting as trustee or custodian. The Treasurer shall be responsible for seeing that all funds are deposited in such bank or elsewhere as directed by the Tribal Executive Council and shall preserve a faithful record of such funds and shall report in writing to the Council annually and at such other times as requested by the Council.~~

~~The Treasurer shall not pay out or otherwise disburse any funds in his/her possession or custody of the Tribal Executive Council except when properly authorized to do so by the Council.~~

Section 5. In the absence of an Officer, Council business may be conducted when a quorum is present, provided that a reasonable attempt has been made to notify all Council members of the meeting time and the business to be conducted. The Council member who has served the longest (has seniority) on the Council shall preside over such meetings.

Section 6. The Tribal Council shall maintain and adhere to a Code of Conduct governing internal protocols relevant to service on the Tribal Council.

ARTICLE IXVIII - VACANCIES AND REMOVAL FROM OFFICE

Section 1. If a member of the Tribal Council or any official shall dies, resigns, fails to maintain a residency within 100 road miles of the Tribe's Aboriginal Territory, permanently leaves the Tribe's territory or is convicted of a felony involving murder, manslaughter, rape, assault with intent to kill, burglary, child or elder abuse, assault resulting in serious bodily injury, theft, fraud or embezzlement, or is convicted of a crime requiring registration as a sex offender, a felony or of a misdemeanor involving dishonesty in any Indian, State or Federal court, the Council shall declare the position vacant and elect to fill the unexpired term pursuant to the Tribe's Election Ordinance.

Section 2. If it is discovered that a member elected to the Tribal Council was convicted of one of the crimes set forth in Section 1 that was not discovered during the candidate screening process,



*Constitution of the Karuk Tribe
Draft Proposed Amendments April 4, 2008
Page 7 of 9*

Continued on next page...

the Council shall declare the position vacant and fill the unexpired term pursuant to the Tribe's Election Ordinance.

Section 23. The Council may by an affirmative vote of two-thirds (at least six Council members) expel, or suspend pending investigation, any member for neglect of duty or gross misconduct, provided that the accused member shall be given full and fair opportunity to reply to any and all charges at a designated Council meeting, and provided further, that the accused member shall have been given a written notice of the charges against him/her at least five days before the meeting at which he or she is to appear. The Tribal Council shall enact and maintain fair hearing procedures to ensure that the accused has a full and fair opportunity to respond, including bringing witnesses and evidence on his or her behalf.

Section 34. Upon a petition of at least two thirds (2/3) of the registered ~~one-third (1/3)~~ of the eligible voters of the Tribe, it shall be the duty of the Tribal Executive Council to call a special election for the recall of any member or members of the Council named in such petition. In the event that a majority of those voting in such election approve a council member's recall from office, the office shall be declared vacant and the Tribal Executive Council shall ~~proceed in the usual manner to hold an election to fill said office~~ direct the Election Committee to hold a special election to fill said office, pursuant to the provisions of the Tribe's Election Ordinance.

ARTICLE IX - REFERENDUM

Section 1. Upon a petition of at least one-third (1/3) of the eligible voters of the Tribe or upon the request of a majority of the members of the Tribal Executive Council any enacted or proposed ordinance or resolution shall be submitted to popular referendum and the vote of a majority of the qualified voters in such referendums shall be conclusive and binding on the Council, provided that at least 30 percent of the eligible voters shall vote in such election.

ARTICLE XI - PRIOR ENACTMENTS

Upon approval of this constitution, all prior actions of the ~~Interim~~ Tribal Executive Council are hereby ratified and confirmed as a valid exercise of the Tribe's inherent Sovereign powers.

ARTICLE XII - AMENDMENTS

This Constitution may only be amended if proposed amendments are approved by a vote of the Tribal membership. Amendments to this Constitution may be ratified and approved in the same manner as this Constitution: proposed by submitting either of the following documents to the Tribal Election Committee along with the proposed amendments:

1. A resolution in which a quorum of the Tribal Council members have voted in favor of the proposed Constitutional Amendment; or
2. A petition signed by at least one third (1/3) of the Tribe's eligible voters.



Upon receipt of either of these two documents, the Election Committee shall call and conduct a special election pursuant to the provisions set forth in the Election Ordinance. The specific language proposed as an amendment to the Constitution, along with language changes of any other parts of the Constitution that will be affected by the proposed modification and a brief explanation of the reason for the proposed changes, shall appear on the ballot materials sent to all eligible voters.

The amendment(s) shall take effect if adopted by the majority of those voting in the election held for that purpose, provided that at least fifty percent (50%) of the registered voters voted in the election.

CERTIFICATION

I, the undersigned, as Chairperson of the Tribal Council of the Karuk Tribe, do hereby certify that the Karuk Tribal Council is composed of nine (9) members of which _____ were present constituting a quorum at a Special meeting duly noticed and convened on _____, 2008, and that Resolution Number 08-R-_____ was duly adopted by a vote of _____ for, _____ against, and _____ abstaining, voting in favor of the proposed changes to the Constitution of the Karuk Tribe, and that said resolution has not been rescinded or amended or modified in any way; and that the Karuk Tribe held an election on the _____ day of _____, 2008; and that these Constitutional Amendments were adopted by a majority vote of those voting in the election and that at least fifty percent (50%) of the registered voters voted in said election.

Dated on this _____ day of _____, 2008

Arch Super, Chairperson

Karuk Tribal Council

Attest: _____

Florrine Super, Secretary

Karuk Tribal Council

Please cut here, sign and return to Voter Registration Office

Karuk Tribe of California Voter Registration Form

--	--	--

Last Name

First Name

Middle

Tribal Roll Number: _____

Birth Date: _____

Residence Street Address:

Town:

State:

Zip Code:

Mailing Address (if different):

Town:

State:

Zip Code:

Usual Polling Place:

Orleans

Happy Camp

Yreka

Absentee

please circle one

OATH:

I solemnly swear that I am a Karuk Tribal member and over eighteen years of age.

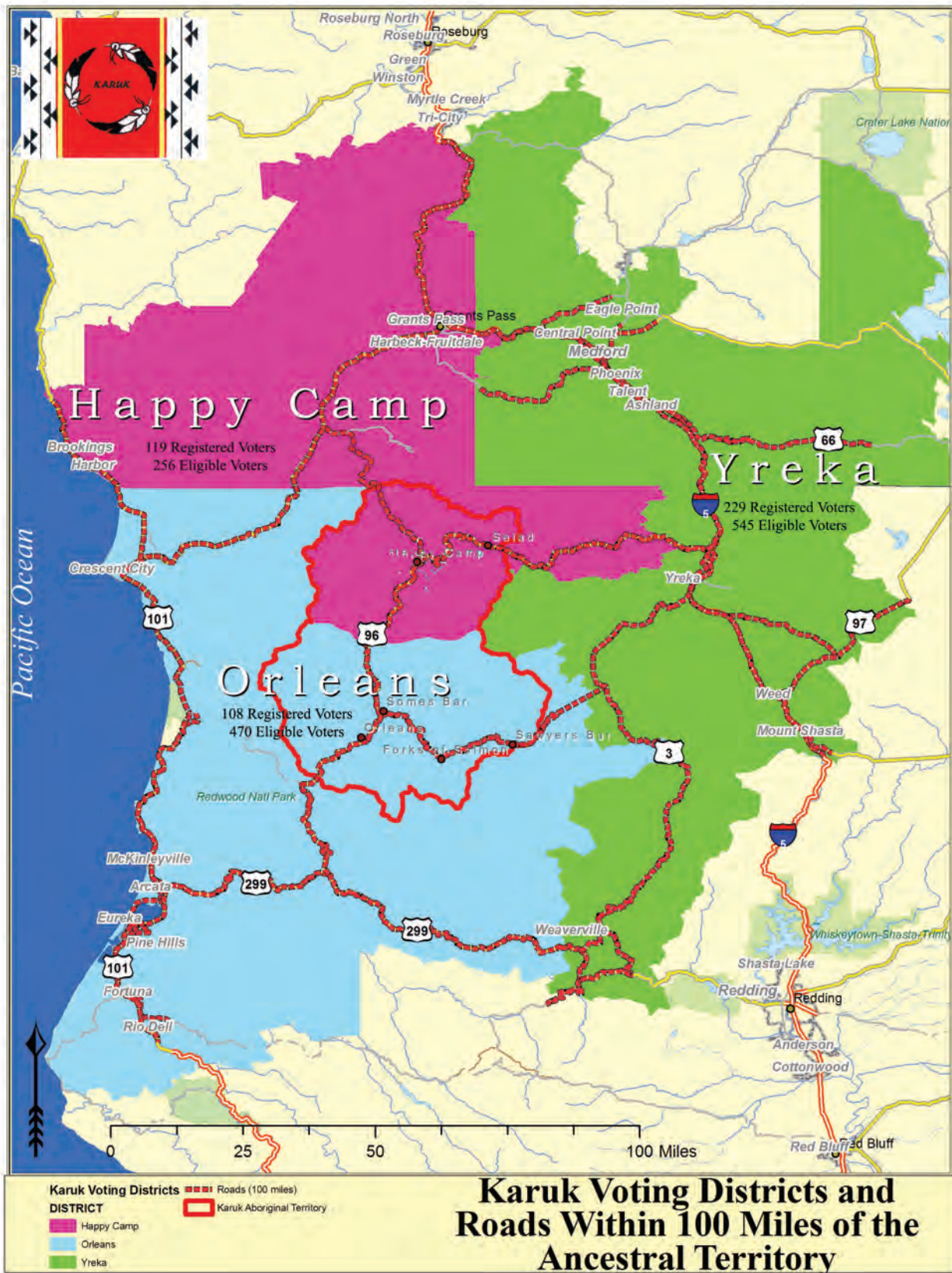
I swear that I reside at the address indicated above.

Signature of Voter

Date



Karuk Voting Districts



103 INDIAN CREEK ROAD
P. O. BOX 1098
HAPPY CAMP, CA 96039

CENTRAL OFFICE 916-493-5305
COMMUNITY DEVELOPMENT DEPT. 916-493-53

RESOLUTION OF THE

KARUK TRIBE OF CALIFORNIA

RESOLUTION NO: 85-13
DATE APPROVED: APRIL 17, 1985

AUTHORIZATION BY THE KARUK TRIBE TO MAKE KNOWN AND ESTABLISH THE TERRITORY OF THE TRIBE.

WHEREAS, the Karuk Tribe is a Sovereign Tribe and People recognized to have a government-to-government relationship with the government of the United States of America; and,


WHEREAS the Interim Tribal Executive Board is presently the formally constituted Governing Body of the Karuk Tribe entrusted with the responsibility of determining policy for the Karuk people; and,

WHEREAS, Article VI, Section 2 of the Constitution of the Karuk Tribe delegates to the Interim Tribal Executive Board the authority to determine the Tribe's territory for purposes of determining residency of candidates for the Karuk Tribal Executive Council; and,

NOW, THEREFORE LET IT BE RESOLVED, that the residency requirement for the Karuk Tribal Executive Council consists of all aboriginal territory as defined by the Tribal Indigenous Map, and the legal description of said territory as described in Attachment A.

CERTIFICATION

I, the Chairman, hereby certify the foregoing resolution, which was approved at a special meeting, where a quorum was present, on the 17th day of April, 1985, was duly adopted by a vote of 3 for; 0 against; and 1 abstain, and said resolution has not been rescinded or amended in any way. The Interim Tribal Executive Board is composed of six members of which 4 voted.


Paul Gary Beck, Chairman


Date April 17, 1985

TERRITORY

The legal description of the indigenous territory is more particularly described as follows:

Tanner Mt. section 15, easterly to section 36, turn southerly to Pyramid Peak to Goff Butte then southerly to Rattle Snake Mountain in section 16 to Kangaroo Mountain, from Kangaroo Mountain go northeast on the Oregon-California border to Cook and Green Pass, south on the eastern ridge of East Fork of Seiad Creek to the ridge on the southeast side of Seiad Creek to the Klamath River, up the eastern ridge of Grider Creek all the way to Grider Valley, section 14, and south to Kings Castle section 34, south to Black Marble Mountain section 14, turning southeast on the ridge to Summit Meadow corner of section 33, turning southerly Shelly Meadows section 23, turning south along easternly ridge of North Fork of Salmon River, down the North Fork of the Salmon River till Blue Ridge Lookout, section 11, turning southerly to Yoakumville section 29 crossing the south fork of the Salmon River sections 29 and 30 up to Hoettling Ridge to section 30 turning west at Youngs Peak, northwest to Salmon Mountain section 8, turning south on Devils Backbone to section 12, turning northwest on section 11 to Packards Saddle ridge to Hopkins Buttes section 33, turning northwesterly to Shelton Butte crossing Klamath River at section 19 and 24 to Burrill Peak, sections 21 and 22, turning northwesterly to Bee Mountain section 3, turning north to Onion Mountain section 5, turning northeasterly on section 3 to section 27 turning north on Lonesome ridge to section 10, continue northwest to Doctor Rock and Peak 8, then northeasterly to Sawtooth Mountain, section 10, to Harrington Mountain on the ridge to Prescott Mountain section 36 north to Bear Mountain to section 12, turning northwesterly to section 36 turning northwesterly to section 25, turning easterly to Twin Peak, turning at section 30 to the northeast to Rocky Knob Mountain, turning north on section 20 to Youngs Peak section 4, turning east to section 11, turning northerly to Lookout Mountain section 35, turning east to section 31, turning northerly to Little Greyback section 5, turning north section 32, turning northeasterly to section 15, turning on section 14 to Dolan Mountain; turning on section 8 east to Tanner Mountain to section 15, the point of beginning. (This description was made in using the Klamath National Forest Map of California and Oregon, 1978). Map is attached hereto as Exhibit 1.

The Tribal Council is proposing the following sixteen (16) amendments to the Constitution to be voted on by the general membership on **July 19, 2008**.

The original sections of the Constitutional articles are in normal type, the proposed deletions are lined out, and the proposed additions or changes are underlined:

PROPOSED CONSTITUTIONAL AMENDMENTS

Proposed Constitutional Amendment 1a:

Shall the Tribe change its name to the Karuk Nation?

A YES VOTE would change the name of the Tribe to the Karuk Nation

A NO VOTE would keep the name of the Tribe as the Karuk Tribe of California

For the Amendment:

The Karuk Tribe is a sovereign nation with a government-to-government relationship with the United States. Having the word “California” in the Tribe’s name has the appearance of lowering the Tribe’s status to make it dependent on a state.

Any inconveniences would be temporary and outweighed by the benefits of changing the Tribe’s name.

The Tribe has checked with the BIA – ***there will be NO interruption in services, funding, or federal recognition if the membership votes to change the Tribe’s name.***

Against the Amendment:

New letterhead, logos, business cards, signs, etc. will have to eventually be created with the new name. The complete change over will take several months, cost money, and may cause some confusion at first; the Tribe will need to formally tell everyone, from the BIA to the local counties, of the new name.

Proposed Constitutional Amendment 1b:

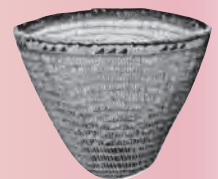
Shall the Tribe change its name to the Karuk Tribe?

A YES VOTE would change the name of the Tribe to the Karuk Tribe

A NO VOTE would keep the name of the Tribe as the Karuk Tribe of California

For and Against the Amendment (see above, 1(a))

Note: If you want to vote to change the name of the Tribe, only vote YES for ONE of the proposals 1(a) OR 1(b), not both.



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Proposed Constitutional Amendment 2:

Shall the name of the Tribe's governing body be officially changed to the "Tribal Council"?

A YES VOTE would change the name of the governing body of the Tribe from the "Tribal Executive Council" or "Interim Tribal Executive Council" to the "Tribal Council."

A NO VOTE would make no changes to the name of the governing body of the Tribe.

This is a technical amendment. Most people already refer to the Tribal Executive Council as the "Tribal Council," and the "Interim" Tribal Council only referred to the very first Tribal Council under the current Constitution. No comments have been received opposing this amendment.

Proposed Constitutional Amendment 3:

Shall the Preamble be changed as proposed?

A YES VOTE would change the Preamble to add the word "Preamble" and make other minor changes as follows:

PREAMBLE

We the Karuk Tribe being a sovereign ~~native~~ indigenous people, in order to form a representative tribal government, to promote the general welfare of all Karuk people, to establish equality and justice for our Tribe, to preserve and restore our common bonds, tribal traditions and ancestral rights, and to secure for ourselves and our descendants the power to exercise the inherent rights of self-government, do hereby establish and adopt this Constitution. ~~of the Karuk Tribe.~~

A NO VOTE means the Preamble would stay as it is.

For the Amendment:

This is another technical amendment. Adding the word "Preamble" at the beginning would make it clear that this is the beginning of the Constitution and would make it look similar to most other Tribal Constitutions and the U.S. Constitution. The other minor changes make the paragraph easier to read, and some prefer "indigenous" to "native."

Against the Amendment:

No comments were received opposing this amendment.

Proposed Constitutional Amendment 4:

Shall Sections 1 and 2 of Article I be added to define the Tribe's Aboriginal Territory and Tribal Lands?

A YES VOTE would add the following two new sections:



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ARTICLE I – ABORIGINAL TERRITORY, TRIBAL LANDS AND COUNCIL DISTRICTS

Section 1. Aboriginal Territory. The Aboriginal Territory of the Karuk Tribe is depicted in the map of the Karuk Aboriginal Territory on file in the Karuk Tribal Offices as described in Resolution 85-R-13, and includes all submerged lands, and the beds, banks, and waters of all the waterways within the territory and the Tribe's usual and customary ceremonial, hunting, fishing, and gathering sites.

Section 2. Tribal Lands. Karuk Tribal Lands consist of its Aboriginal Territory, service areas, and all lands subsequently and hereafter acquired by and for the Tribe, whether within or outside of the Tribe's Aboriginal Territory.

A NO VOTE would not have these new sections.

For the Amendment:

The current Jurisdiction section in the Constitution ("*The laws of the Karuk Tribe shall extend to all persons and property located within the Tribes aboriginal territory subject to its jurisdiction*") is unclear and vague; the Tribe should clearly define all the areas where Tribe intends to claim territorial jurisdiction.

Against the Amendment:

No comments were received opposing this amendment.



Proposed Constitutional Amendment 5:

Shall Council Districts be added as proposed in new Article I, Section 3 and Article VII, Section 2?

A YES VOTE would change the Constitution as follows:

The new Article I, Section 3, would read as follows:

ARTICLE I – ABORIGINAL TERRITORY, TRIBAL LANDS AND COUNCIL DISTRICTS

Section 3. Council Districts. In order to have a representative government, representatives shall be elected from geographic districts within the Tribe's territory, as more fully set forth in the Tribe's Election Ordinance and the Karuk Voting District Map. These Council districts are as follows:

1. The Orleans (Panámniik) District, which shall draw its membership from the towns and surrounding areas of Orleans, Weitchpec/Hoopa, Somes Bar, Forks of Salmon/Sawyers Bar, Weaverville, Crescent City, Klamath, McKinleyville, Arcata, Eureka, Fortuna, and Rio Dell.
2. The Happy Camp (Athithúvuunupma) District, which shall draw its membership from the towns and surrounding areas of Happy Camp, Seiad Valley, Klamath River, Scott Bar, O'Brien, Cave Junction, Brookings and Grants Pass.
3. The Yreka (Kahtishraam) District, which shall draw its membership from the towns and surrounding areas of Yreka, Montague, Fort Jones, Etna, Hornbrook, Ashland, Talent, Phoenix, Medford, and Central Point.

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Also, the new Article VII, Section 2, would read as follows:

ARTICLE VII – ELECTIONS AND NOMINATIONS

Section 2. All eligible voters must register to vote pursuant to the Tribe's Election Ordinance in order to vote. All registered voters are eligible to vote for all Council Member positions. Of the six (6) at large Council Member positions, two (2) shall be elected by candidates running from each of the three (3) Council Districts, described in Article I, Section 3 of this Constitution. Any eligible Tribal member may run for any of the three (3) Officer positions provided that he or she resides within 100 road miles of the Tribe's Aboriginal Territory and otherwise meets the Tribe's candidate eligibility criteria. Should there be no eligible candidate running in any given District for any given election where a District seat is open, another candidate from outside that District may be elected to fill the vacancies, pursuant to the Election Ordinance.

A NO VOTE would keep elections the same, without Council District representation.

For the Amendment:

Before the BIA introduced the current Constitution, the Tribe was organized into three Council districts, to make sure that the three main communities were represented. The Tribal Council proposes to return the Tribe's government system back to how it used to be before the BIA stepped in.

Having balanced representation (Council members from each district) on the Tribal Council may help to make sure that the unique concerns of each district are understood and represented on the Council.

If the membership votes to put back the Council District system, Article V, Section 2, spells out how each district has two (2) seats on the Council (but any eligible Tribal member may run for a District seat if no eligible District candidate runs).

Against the Amendment:

It will take some time and coordination to phase in the Council Districts (amending the Election Ordinance, having members register to vote in their district, etc.)

Some Tribal members thought the Districts would be dividing the Tribe.

There was also some concern that members not living in any of the Council Districts would not be represented. However: 1) all members, *wherever* they are located would still get to vote for *all* Council seats, and can vote by absentee ballot if they do not live nearby; and 2) members not in any of the Districts may still run for one of the officer positions as long as they live within 100 road miles of the ancestral lands.



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Proposed Constitutional Amendment 6:

Shall a new Article II be added regarding the Tribe's Jurisdiction?

A YES VOTE would expand the current Jurisdiction section as follows:

The laws of the Karuk Tribe shall extend to: ~~all persons and property located within the Tribes' aboriginal territory subject to its jurisdiction.~~

1. All Tribal members;
2. All persons who are eligible to be enrolled as Tribal members or descendent Tribal members with the Tribe, for the purposes of certain Tribal programs and Indian Child Welfare matters, wherever located;
3. All persons throughout and within Karuk Tribal Lands who consent to the Tribe's jurisdiction;
4. All activities throughout and within Karuk Tribal Lands, or outside of Karuk Tribal Lands if the activities have caused an adverse impact to the political integrity, economic security, resources or health and welfare of the Tribe and its members; and
5. All lands, waters, natural resources, cultural resources, air space, minerals, fish, forests and other flora, wildlife, and other resources, and any interest therein, now or in the future, throughout and within the Tribe's territory.

A NO VOTE would keep the Jurisdiction section as currently written.

For the Amendment:

The current Jurisdiction section in the Constitution (*"The laws of the Karuk Tribe shall extend to all persons and property located within the Tribes' aboriginal territory subject to its jurisdiction"*) is unclear and vague.

Spelling out all the areas where the Tribe may claim jurisdiction does not legally expand the Tribe's jurisdiction. However, it would help non-Tribal people to see that the Tribe is interested in and has the ability sometimes to participate in the activities that are happening within its ancestral territories.

Examples: having a say in protecting cultural or natural resources that are impacted by other peoples' activities within the Tribe's ancestral territories (dams, construction, pollution, etc.)

Also, spelling out that the Tribe has jurisdiction over children who are eligible for membership or registered descendency helps the Tribe protect its children.

Against the Amendment:

Some people (especially non-Tribal people) see this as the Tribe trying to "take over" in areas where it doesn't have jurisdiction.

Some members do not want to offend the counties, state, private entities and other Indian Tribes who might think the Tribe is trying to be involved in areas that the Tribe does not belong.



Proposed Constitutional Amendment 7:

Shall Article III on Membership be changed as proposed?

A YES VOTE would change this Article to read as follows:

Section 1. The membership of the Karuk Tribe of California shall consist of the following persons who are not enrolled as a member of any other Tribe:

- (a) Any person of one-eighth (1/8) degree or more of Karuk Indian blood whose name appears on the roll prepared pursuant to the Act of May 18, 1928, as amended by the Act of May 24, 1958, and the Act of September 21, 1968, for the distribution of judgement funds to Indians of California.
- (b) Any person of one-eighth (1/8) degree or more Karuk Indian blood ~~born to members after the date of the rolls specified in Subsection (a) above who meets~~ the membership criteria set forth in the Karuk Tribe's Enrollment Ordinance.

Section 2. Nothing in this Article shall prevent a person who has inherited an allotment or land use assignment on another Indian reservation and who is otherwise eligible for enrollment under this Article from being enrolled as a member of the Karuk Tribe.

Section 3. The Tribal Executive Council shall ~~adopt an~~ maintain a Tribal membership roll, along with an enrollment ordinance governing Karuk Tribal enrollment criteria, including membership and descendancy criteria, future membership, and loss of membership. ~~and the adoption of members into the Tribe.~~

Section 4. ~~The Tribal Executive Council shall prescribe regulations governing the compilation and maintenance of a Tribal membership roll and the making of corrections to such membership roll.~~

A NO VOTE would keep this Article as currently written.

For the Amendment:

This is a technical amendment. The way this section is currently written, people may not be members of the Tribe even if they are 1/8 Karuk blood if their parents are not enrolled Karuk members.

The Tribal Council does not need to "establish" a membership roll or ordinance because it already maintains these items.

Against the Amendment:

No comments were received opposing this amendment.



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Proposed Constitutional Amendment 8:

Shall Article IV on Rights of Members be changed as proposed?

A YES VOTE would change this Article to read as follows:

Section 1. Subject to the limitations imposed by this Constitution and by other duly enacted Tribal laws and policies, all members of the Karuk Tribe shall enjoy equal political rights and opportunities to participate in the tribal government, its economic resources, assets and all the rights that are conferred upon a Karuk citizen. ~~nor shall any members be denied the right to petition the Tribal Executive Council, or the tribal courts for redress of grievances against the tribal government,~~ No member shall be denied the right to petition the Tribal Council as the exclusive and final forum for redress of grievances against the Tribal government. Nothing in this Constitution is intended as, or shall be construed as, a waiver of the Tribe's sovereign immunity from unconsented suit. ~~and~~ No member shall be denied freedom of speech, religion or the right to peaceful assembly assemble, or otherwise be deprived of life, liberty or property without due process, which is notice and an opportunity to be heard.

A NO VOTE would keep this Article as currently written.

For the Amendment:

The current Constitution does not clarify that the Tribe is a sovereign government that has sovereign immunity from being sued.

“Sovereign immunity” is the right of all sovereign (self-governing) governments, from the United States, to state entities to Tribal entities. The immunity (protection from being sued) may be only be waived by the Tribal Council, in writing.

This section makes sure that concerns of Tribal members are heard (everyone is entitled to due process, that is also spelled out in the federal law the Indian Civil Rights Act) and also makes sure the Tribe is protected from unnecessary lawsuits that cost the Tribe money it does not have.

Against the Amendment:

No comments were received opposing this amendment.

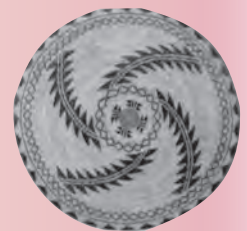
Proposed Constitutional Amendment 9:

Shall Article VI on Delegation of Authority to Tribal Council be changed as proposed?

A YES VOTE would change this Article to read as follows:

**ARTICLE VI - DELEGATION OF AUTHORITY TO THE
TRIBAL EXECUTIVE COUNCIL**

The members of the Karuk Tribe hereby delegate to the Tribal Executive Council the authority and responsibility to exercise by resolution or enactment of Tribal laws all the inherent sovereign powers vested in the Tribe as a Sovereign Aboriginal People. The Tribal Council shall exercise the following powers, subject to any limitations imposed by applicable law, and any express restrictions upon such powers contained in this Constitution.



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1. To negotiate and contract with federal, state, Tribal and local governments, private agencies and consultants.
2. To purchase, lease or otherwise acquire land, and to receive gifts for the benefit of the Tribe.
3. To prevent the sale, disposition, lease, or encumbrance of Tribal lands, interest in lands, or other Tribal assets without the consent of the Tribe.
4. To establish and manage Tribal enterprises and the economic affairs of the Karuk Tribe, including but not limited to: establishing boards, commissions and other tribally chartered entities to regulate housing, employment, gaming and other economic enterprises; approval of planning, programming, and development projects of all Tribal lands and assets; and other necessary financial and business activities.
5. To establish and oversee Tribal committees which have authority delegated by the Tribal Council for specific Tribal functions.
6. To license and regulate, including assessing applicable taxes and fees, the conduct of all business activities within Tribal jurisdiction.
7. To manage, develop, protect and regulate the use of Tribal land, wildlife, fish, plants, air, water, minerals, and all other natural and cultural resources within Tribal jurisdiction.
8. To provide for the preservation and unity of Karuk families, and the protection of Karuk Tribal children, while maintaining each child's cultural identity and relationship to the Tribe.
9. To enact laws and codes governing conduct of individuals and prescribe disciplinary action for offenses against the Tribe; to maintain order; to protect the safety and welfare of all persons within Tribal jurisdiction; and to provide for the enforcement of the laws and codes of the Tribe.
10. To establish Tribal courts and administrative bodies, and to provide for the courts' jurisdiction, procedures, separation of the judicial branch of government, and a method for selecting judges.
11. To take all actions that are necessary and proper for the exercise of the powers delegated to the Tribal Council or to any person or committee under the supervision of the Tribal Council.

A NO VOTE would keep this Article as it is currently written.

For the Amendment:

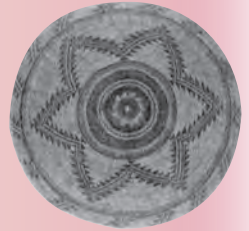
The way it is currently written, (*"The members of the Karuk Tribe hereby delegate to the Tribal Executive Council the authority to exercise by resolution or the enactment of tribal laws all the inherent sovereign powers vested in the tribe as a Sovereign Aboriginal People"*) the Tribal Council's delegated authority is too vague; the Council's powers and responsibilities (what the Council already is elected to do) should be better defined.

Also, it helps the Council, advocates, grant writers, etc. working on behalf of the Tribe to point to the Constitutional authority/interest the Tribe has in certain areas.

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Against the Amendment:

Although most people preferred having the list, some members worried someone could find a “loophole” in one of the powers and use it against the Tribe. Some members wanted certain areas to have to come to the people for a vote.

Proposed Constitutional Amendment 10:**Shall Article VII on Elections and Nominations be changed as proposed?**

A YES VOTE would change Article VII, Sections 1, 3, 5, 6 and 7 as follows:

Section 1. All members of the Tribe who are eighteen years of age and ~~over~~ older who meet the eligibility criteria and have registered to vote with the Tribe pursuant to the provisions set forth in the Tribe's Election Ordinance, shall have the right to vote.

Section 2-3. Any member of the Tribe who has, at least sixty days before the election, presented to the ~~secretary or her designated representative~~, Election Committee a petition signed by at least twenty ~~voting~~ enrolled members of the Tribe who are eighteen years of age or older, and who has maintained a legal residence for a period of six consecutive months before the election within 100 road miles of the Tribe's Aboriginal Territory ~~the territory of the Tribe as defined in a resolution adopted by the Interim Tribal Executive Council for that purpose~~, shall be declared by the Council to be nominated and to be a candidate for the office indicated in such petition. It shall be the duty of the ~~secretary~~ Election Committee to post the names of all qualified candidates in a public place at least ten days prior to the election.

Section 3. ~~At the first election under this constitution, the chairman and the two (2) members receiving the highest number of votes shall be elected for a term of four (4) years. The vice-chairman and the two (2) members receiving the second highest number of votes shall be elected for a term of three (3) years. The Secretary, the Treasurer and the remaining one (1) member receiving the third highest number of votes shall be elected for a term of two (2) years. Thereafter, the term of office shall be for four (4) years.~~

Section 4. 5. Annual elections shall be held on the first Tuesday in November. All tribal elections shall be by secret ballot. Elected Tribal council members and officers shall be sworn in and take office at the next Tribal Council meeting following certification of the election results, no later than thirty (30) days after the election. ~~within fifteen days after the general election.~~

Section 5. ~~The first election of the Tribal Executive Council under this constitution shall be held within 60 days following ratification of this constitution.~~

Section 6. The Interim Tribal Council shall amend its Election Ordinance enact an election ordinance within 60 30 days following ratification of this Constitution to incorporate the changes to this Constitution and to provide further guidelines on procedures governing elections.

A NO VOTE would keep these sections as currently written.

For the Amendment:

These proposed changes to these sections are mostly technical amendments to conform to current Tribal election procedures.

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Against the Amendment:

No comments were received opposing this amendment.

**Proposed Constitutional Amendment 11:**

Shall Article VII (Criminal background checks) and Article IX (Removal for certain crimes) be changed as proposed?

A YES VOTE would add a new Section 4 to Article VII, and change Section 1 of Article IX as follows:

Section 4. Candidates for Tribal Council must pass a criminal background check. Potential candidates who have been convicted of a felony involving murder, manslaughter, rape, assault with intent to kill, burglary, child or elder abuse, assault resulting in serious bodily injury, theft, fraud or embezzlement, during his or her term of office or within ten (10) years prior to the election, shall be ineligible to run for office or serve on the Tribal Council. However, persons who have completed their sentence for such conviction at least ten (10) years before the date of the election in which they intend to run for office may file as candidates. Potential candidates who have been removed from the Tribal Council office for gross misconduct, terminated from employment with the Tribe for theft, fraud or embezzlement, or who have been convicted of a crime requiring registration as a sex offender, shall be ineligible to run for office or serve on the Tribal Council.

ARTICLE ~~IX~~^{VIII} - VACANCIES AND REMOVAL FROM OFFICE

Section 1. If a member of the Tribal Council ~~or any official~~ shall dies, resigns, fails to maintain a residency within 100 road miles of the Tribe's Aboriginal Territory, ~~permanently leaves the Tribe's territory~~ or is convicted of a felony involving murder, manslaughter, rape, assault with intent to kill, burglary, child or elder abuse, assault resulting in serious bodily injury, theft, fraud or embezzlement, ~~or is convicted of a crime requiring registration as a sex offender, a felony or of a misdemeanor involving dishonesty in any Indian, State or Federal court,~~ the Council shall declare the position vacant and ~~elect to fill the unexpired term pursuant to the Tribe's Election Ordinance.~~

A NO VOTE would keep these Articles as currently written, including having no Constitutional requirement for criminal background checks for candidates.

For the Amendment:

The current Constitution does not address criminal background checks for potential candidates.

Article IX, Section 1, is about a crime committed while the Council Member is serving his or her term. If you think the current "felony or of a misdemeanor involving dishonesty" is too vague, as it could include any misdemeanor, including fish and game violations, you would vote "Yes."

Against the Amendment:

If you want the Constitution to continue to not address criminal background checks for potential candidates running for office, you would vote "No."

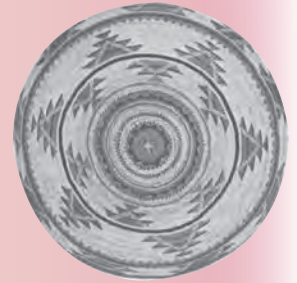
During community meetings, the feedback was unanimous (everyone agreed) that Article IX Section 1 was too vague and needed to be changed. Everyone wanted to better define what crimes would make a

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Council Member have to leave and a new election called. However, consensus was not reached as to the disqualifying crimes and time limits. The proposed language reflects what seemed to be the will of the majority of those who provided feedback.

Proposed Constitutional Amendment 12:

Shall Article VIII on Duties of Officers and Article V on Tribal Council be changed as proposed (combining Secretary/Treasurer)?



A YES VOTE would change this Article to read as follows:

ARTICLE VIII - DUTIES OF OFFICERS

Section 1. Duties of Tribal Executive Council Officers. Newly elected officers shall assume their respective offices and duties ~~at the first meeting~~ following their swearing-in. Council Members appointed to serve on a committee or board shall keep the Council informed of their activities.

Section 2. Chairpersonman. The Chairpersonman shall preside at all meetings of the Tribal Executive Council. The Chairpersonman shall assume general supervision of all officers and employees and committees of the Tribal Executive Council as directed by the Council.

~~The Chairpersonman, together with the Secretary of the Tribal Executive Council, shall sign on behalf of the Tribe all official papers, resolutions and other formal Tribal enactments and documents on behalf of the Tribe, as required.~~ **Section 3.** Vice-Chairpersonman. In the absence of the Chairpersonman, the Vice-Chairpersonman shall act as Chairpersonman and when so presiding shall have all rights, privileges and responsibilities of the Chairpersonman.

~~The Vice-Chairpersonman shall be the ex-officio member on committees appointed by the Tribal Executive Council and shall keep the Council informed of their activities.~~

~~The Vice-Chairpersonman shall perform such other duties as the Chairpersonman, with the consent of the Tribal Executive Council, may direct.~~

Section 4. Secretary/Treasurer. The Secretary/Treasurer shall act as Chairpersonman pro-tempore in the absence or incapacity of the Chairpersonman and Vice-Chairpersonman ~~in order to elect an acting Chairpersonman~~ for the meeting at which the Chairpersonman and Vice-Chairpersonman are absent.

At the direction of the Tribal Council, the Secretary/Treasurer shall be responsible for assuring that all Council correspondence is properly written and mailed, all public notices are issued, the minutes of the Tribal Council meetings are properly recorded, published and distributed, and that all petitions, ordinances, applications and other papers are received and prepared for the Council's action. The Secretary/Treasurer shall affix his or her signature to official documents as required and shall certify the enactment of resolutions and ordinances. The Secretary/Treasurer shall maintain a roster of Council members and serve as the Registrar for registered voters.

~~The Secretary of the Tribal Executive Council shall be responsible for all correspondence, issuing public notices, the recording, publication and distribution of the minutes of the Tribal Executive meetings, receiving all petitions, ordinances, applications and other papers and prepare them for the action of the Council.~~

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The Secretary shall maintain a roster of Council members, eligible voters and perform such other duties as may be assigned by the Tribal Executive Council.

At the direction of the Tribal Council, the Secretary/Treasurer shall be responsible for safeguarding tribal assets, which includes ensuring adequate internal controls are in place, communicating with Fiscal staff to ensure that audits are completed annually, corrective action is taken on any audit findings, fiscal and personnel policies are maintained and kept current and financial reports are presented as needed and performing such other duties as may be assigned by the Tribal Council.

Section 5. ~~Treasurer. In the event the Chairman, Vice-Chairman and Secretary shall be absent or incapacitated, the Treasurer of the Tribal Executive Council shall act as Chairman, pro-tempore in order to elect a Chairman for the meeting at which the Chairman, Vice-Chairman and Secretary are absent.~~

~~The Treasurer of the Tribal Executive Council shall be responsible for accepting, receiving, receipting for and preserving and safeguarding all funds in the custody of the Tribal Executive Council, whether same be tribal funds or special funds for which the Council is acting as trustee or custodian. The Treasurer shall be responsible for seeing that all funds are deposited in such bank or elsewhere as directed by the Tribal Executive Council and shall preserve a faithful record of such funds and shall report in writing to the Council annually and at such other times as requested by the Council.~~

~~The Treasurer shall not pay out or otherwise disburse any funds in his/her possession or custody of the Tribal Executive Council except when properly authorized to do so by the Council.~~

Section 5. In the absence of an Officer, Council business may be conducted when a quorum is present, provided that a reasonable attempt has been made to notify all Council members of the meeting time and the business to be conducted. The Council member who has served the longest (has seniority) on the Council shall preside over such meetings.

Section 6. The Tribal Council shall maintain and adhere to a Code of Conduct governing internal protocols relevant to service on the Tribal Council.

A YES VOTE would also change Article V as follows:

ARTICLE IV - TRIBAL EXECUTIVE COUNCIL

Section 1. The governing body of the Karuk Tribe shall be the Tribal Executive Council, which shall consist of nine (9) members elected at large from the Tribe: six (6) Council Members, ["consisting of two (2) representatives elected from each of the three (3) Council Districts," if the Council Districts option is voted for] and three (3) officers (the Chairperson, Vice-Chairperson and Secretary/Treasurer), elected from anywhere within 100 road miles of the Tribe's Aboriginal Territory. All terms of office shall be for four (4) years.

A NO VOTE would make no changes to these sections.

For the Amendment:



These changes are proposed because the staff and Council duties have changed a lot since the late 1970's when the current Constitution was adopted. The Tribe has fiscal and administrative employees who have the training and experience to handle many of the duties that used to be handled by the

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Tribal Council officers. This change combines the Secretary and the Treasurer into one position, given that the Tribe now has administrative and fiscal staff to handle the traditional jobs that the Treasurer and Secretary once performed.

These changes also clarify that even if an officer is absent, Tribal Council business may be conducted as long as a quorum is present, and introduce the need for the Council to develop and adhere to a Code of Conduct for meetings, ethics, etc.

Against the Amendment:

Some mild concern was expressed that it might be a lot of duties for these officer positions to be combined.

Proposed Constitutional Amendment 13:

Shall Article IX, Section 2 (Removal - past crimes) be added as proposed?

A YES VOTE would add a new section to Article IX as follows:

Section 2. If it is discovered that a member elected to the Tribal Council was convicted of one of the crimes set forth in Section 1 that was not discovered during the candidate screening process, the Council shall declare the position vacant and fill the unexpired term pursuant to the Tribe's Election Ordinance.

A NO VOTE would keep Article IX as it is currently written.

For the Amendment:

This is a "gap-filler," technical amendment. This section has to do with a previous (pre-election) crime that is only *discovered* while the Council Member is serving his or her term. This is a new section, breaking the current Section 1 into two separate sections.

Against the Amendment:

No comments were received opposing this amendment.



Proposed Constitutional Amendment 14:

Shall Section 3 of Article IX (Removal for gross misconduct) be changed as proposed?

A YES VOTE would change this section to read as follows:

Section 23. The Council may by an affirmative vote of two-thirds (at least six Council members) expel, or suspend pending investigation, any member for neglect of duty or gross misconduct, provided that the accused member shall be given full and fair opportunity to reply to any and all charges at a designated Council meeting, and provided further, that the accused member shall have been given a written notice of the charges against him/her at least five days before the meeting at which he or she is to appear. The Tribal Council shall enact and maintain fair hearing procedures to ensure that the accused has a full and fair opportunity to respond, including bringing witnesses and evidence on his or her behalf.

Continued on next page...

A NO VOTE would keep this section as it is currently written.

For the Amendment:

The Tribal Council should have the option of suspending (pending investigation) another member for serious, gross misconduct of duty, in addition to being able to expel that member.

The Tribal Council must adopt and follow fair hearing practices for such circumstances.

Against the Amendment:

No comments were received opposing this amendment.

Proposed Constitutional Amendment 15:

Shall Section 4 of Article IX (Recall) be changed as proposed?

A YES VOTE would change this section as follows:

Section 34. Upon a petition of at least two thirds (2/3) of the registered one-third (1/3) of the eligible voters of the Tribe, it shall be the duty of the Tribal Executive Council to call a special election for the recall of any member or members of the Council named in such petition. In the event that a majority of those voting in such election approve a council member's recall from office, the office shall be declared vacant and the Tribal Executive Council shall proceed in the usual manner to hold an election to fill said office direct the Election Committee to hold a special election to fill said office, pursuant to the provisions of the Tribe's Election Ordinance.

A NO VOTE would keep this section as currently written.

For the Amendment:

Changing the numbers would make it easier for the membership to recall a Tribal Council member (see below chart).

Against the Amendment:

No comments were received opposing this amendment.

As of last count, there are approximately 3,014 eligible voters, and 550 registered voters.

	Current Constitution	Proposed Change
Recall	Petition from 1/3 of eligible voters (approx. 1005 signatures needed.)	Petition from 2/3 of registered voters (approx. 367 signatures needed.)

Continued on next page...



Proposed Constitutional Amendment 16:

Shall Article XII on Amendments to the Constitution be changed as proposed?

A YES VOTE would change this Article as follows:

ARTICLE XII - AMENDMENTS

This Constitution may only be amended if proposed amendments are approved by a vote of the Tribal membership. Amendments to this Constitution may be ratified and approved in the same manner as this Constitution. proposed by submitting either of the following documents to the Tribal Election Committee along with the proposed amendments:

1. A resolution in which a quorum of the Tribal Council members have voted in favor of the proposed Constitutional Amendment; or
2. A petition signed by at least one third (1/3) of the Tribe's eligible voters.

Upon receipt of either of these two documents, the Election Committee shall call and conduct a special election pursuant to the provisions set forth in the Election Ordinance. The specific language proposed as an amendment to the Constitution, along with language changes of any other parts of the Constitution that will be affected by the proposed modification and a brief explanation of the reason for the proposed changes, shall appear on the ballot materials sent to all eligible voters.

The amendment(s) shall take effect if adopted by the majority of those voting in the election held for that purpose, provided that at least fifty percent (50%) of the registered voters voted in the election.

A NO VOTE would keep this Article as currently written.

For the Amendment:

The way it is currently written, it is vague as to how the Constitution may be amended. ("in the same manner as this Constitution")

The process spells out that any amendment to the Constitution must be put to a vote by the Tribal membership.

The Election Committee would have to call a special election to amend the Constitution if it receives a Tribal Council resolution or membership petition.

Against the Amendment:

No comments were received opposing this amendment.

As of last count, there are approximately 3,014 eligible voters, and 550 registered voters.

	Current Constitution	Proposed Change
Constitutional Amendment	Simple majority	Petition from 2/3 of registered voters (approx. 367 signatures needed.)



12th Annual Karuk Tribal Reunion

Saturday, July 19, 2008

Happy Camp, California

Return to the River!

koovúra ishkhéesh áraaras kumpávyiiheesh

(English translation—All the River Indians/People will be coming back!)

Full Schedule of Events coming to www.karuk.us soon!



- Poker Tournament
- Demonstration Dance
- 5k Fun Run—3k Fun Walk
- Bike Rodeo
- Acorn Soup Competition
(Contact Jennifer Goodwin)
- Horseshoe Tournament
- Volleyball Tournament
(Contact Arch Super)
- Food and Craft Vendors
- Traditional Card Games
- Health Fair
- Cribbage Tournament

Salmon

Dinner at 3:30

*Open To
The Public!*

Contact Information

(530) 493-1600

(800) 50-KARUK

64236 Second Avenue

Post Office Box 1016

Happy Camp, Ca 96039



Make your reservations now!

- Klamath Inn Motel (530) 493-2860
- Klamath River RV Park/Campsites (530) 493-5377
- Bigfoot RV Park & Cabins (530) 493-2884 (www.thehappycamp.com)
- Klamath River Resort Inn (530) 493-2735 (www.klamathriverresortinn.com)
- Forest Lodge Motel (530) 493-5296 (www.forestlodgemotel.net)
- Elk Creek Campground & RV Park (530) 493-2208 (www.elkcreekcampground.com)



This is a drug and alcohol free event.

The Karuk Tribe and its insurers are not responsible for theft, accidents, or injuries.



Mission Statement

The mission of the Karuk Tribal Council is *to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

Karuk Tribal Council

Winter, 2007

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Charron 'Sonny' Davis
Member at Large

Newsletter Production:

Desktop Publishing:

Rosie Bley

Editor:

Sara Spence

Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

Printed By:

*Mosaic Press LLC,
Happy Camp*

Karuk Tribe of California



Post Office Box 1016

Happy Camp, CA 96039-1016

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U.S. Postage
PAID
Permit No. 2
Happy Camp, CA
96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

APPLICATION FOR AN ABSENTEE BALLOT

Karuk Tribe of California Election

To obtain an absentee ballot, complete the information on this form and forward it to Karuk Tribe of California, Voter Registration Office, PO Box 815, Happy Camp CA 96039 or fax it to: (530) 493-5322

Please Print

Full Name as it appears on your Tribal ID Card

Residence Address (Do NOT use PO Box Number)

Mailing Address for Ballot (if different from residence address)

Telephone Number

THIS APPLICATION WILL NOT BE ACCEPTED WITHOUT THE PROPER SIGNATURE OF THE APPLICANT AND A COPY OF YOUR TRIBAL IDENTIFICATION CARD.

I certify under penalty of perjury that the name and residence address and information I have provided on this application are true and correct.

Signature of Voter

Date

It is your responsibility to keep your address current with the Voter Registration Office.

Date Received

You have the legal right to mail or deliver this application directly to the Voter Registration Office. The address is:

**Attention: Election Committee
Karuk Tribe of California
PO Box 815**

64236 Second Avenue

Happy Camp CA 96039

(530) 493-1600

Toll Free (800) 505-2785 Ext. 2014

Applications must be received in the Voter Registration Office no later than Friday, July 4, 2008 at 5 PM.

**** NOT A LEGAL BALLOT – FOR VOTER CONVENIENCE AND NOTES ONLY ****

SAMPLE BALLOT

KAURK TRIBE OF CALIFORNIA

SPECIAL ELECTION TO AMEND THE CONSTITUTION - JULY 19, 2008

	BALLOT QUESTIONS	YES	NO
1(a).	Shall the Tribe change its name to the Karuk Nation ?	<input type="checkbox"/>	<input type="checkbox"/>
1(b).	Shall the Tribe change its name to the Karuk Tribe ?	<input type="checkbox"/>	<input type="checkbox"/>
2.	Shall the name of the Tribe's governing body be officially changed to the " Tribal Council "?	<input type="checkbox"/>	<input type="checkbox"/>
3.	Shall the Preamble be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
4.	Shall Sections 1 and 2 of Article I be added to define the Tribe's Aboriginal Territory and Tribal Lands ?	<input type="checkbox"/>	<input type="checkbox"/>
5.	Shall Council Districts be added as proposed in new Article I, Section 3 and Article VII, Section 2?	<input type="checkbox"/>	<input type="checkbox"/>
6.	Shall a new Article II be added regarding the Tribe's Jurisdiction ?	<input type="checkbox"/>	<input type="checkbox"/>
7.	Shall Article III on Membership be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
8.	Shall Article IV on Rights of Members be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
9.	Shall Article VI on Delegation of Authority to Tribal Council be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
10.	Shall Article VII on Elections and Nominations be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
11.	Shall Article VII (Criminal background checks) and Article IX (Removal for certain crimes) be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
12.	Shall Article VIII on Duties of Officers and Article V on Tribal Council be changed as proposed (combining Secretary/Treasurer)?	<input type="checkbox"/>	<input type="checkbox"/>
13.	Shall Article IX, Section 2 (Removal - past crimes) be added as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
14.	Shall Section 3 of Article IX (Removal for gross misconduct) be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
15.	Shall Section 4 of Article IX (Recall) be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>
16.	Shall Article XII on Amendments be changed as proposed?	<input type="checkbox"/>	<input type="checkbox"/>

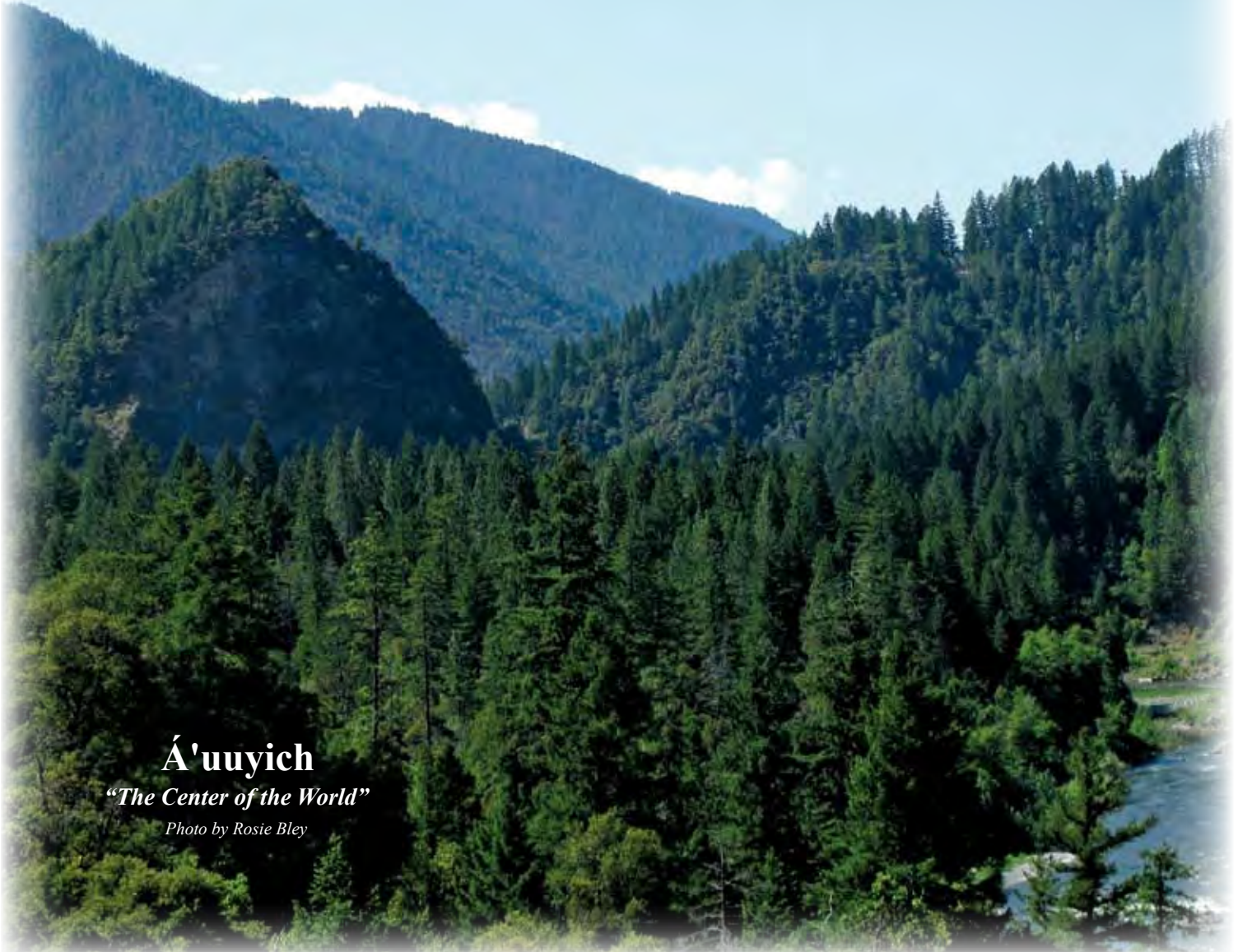


Karuk Tribe of California

Quarterly Newsmagazine
August 2008

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3507 Enrolled Members



Á'uuyich

"The Center of the World"

Photo by Rosie Bley

Inside this Issue...

- 2..... Tribal Employment Opportunities
- 3..... Karuk Tribe Notice of Election
- 4..... Robert Smith Donates Inheritance
- 5..... Smithsonian/KTOC Video Project
- 6 & 7 Spring 2008 Basketweavers Gathering
- 8..... Karuk Community Loan Fund Wins Gathering Hazel
- 9..... Language Department News Youth for Change
- 10 ... Housing Department News Dear Friend, Edward Peters
- 11..... Babbie Peterson/Senior Program Honored
- 12/14 DNR Environmental Education
- 14 ... Components of Health
- 15 ... Grants Department Update Final Free Saturday Legal Clinics
- 16 ... Karuk Student Regalia Project
- 17 ... News from the People's Center
- 18 ... Karuk Staffing Update
- 19 ... Meet Eric Cutright IT Manager Karuk Dental News
- 20 ... Dredge Mining
- 21 ... Sergeant Preston Ray Wood Bernard Lowry, Jr. Joins Army
- 22 ... David Eisenberg, PHN Retires
- 23 ... In Loving Memory, Andrew Difuntorum
- 24 ... Karuk Paths to Prosperity
- 25 ... Meet Your New Student Services Coordinators
- 26/27 Education Department News & Student Loan Information
- 27 ... Ashawnee Teresa Marie
- 28 ... College of the Siskiyous Distance Learning Fall Schedule
- 29 ... Save Old Town Park!
- 30 ... Ishi Croy Carl Blossomegame Wins Laptop!
- 31/33 Graduates: Waylon Lenk, Phil Tripp, Alma Mendoza, HCES 8th Grade Class, Yvette Bley Derek Ames, Bobbisue Goodwin
- 34 ... Baby Page
- 35 ... Birthdays & Kudos

For Current Employment Opportunities, go to
<http://karuk.us/jobs>

Karuk Tribe Of California | Employment Opportunities

http://karuk.us/jobs/

Karuk Tribe Of California
Employment Opportunities

Home - Archived Newsletters - Employment Opportunities
Links & Resources - Contact Information

Job Listings - Requests for Proposals
Overview - Contact Information - Salary & Benefits

Job Listings

NEW JOB SEARCH OPTION AVAILABLE: If you are interested in having your email address added to a distribution list that will be notified each time a new position is posted on this website; please [click here to email Sara Spence](#)

The following positions are available at this time and more detailed information is provided in the PDF file specified.

Position	Location	Salary	Closes	Information
Senior Center Cook	Happy Camp	\$8-9, DOE	8/4/2008 at 5 PM	Job Description
Construction Foreman	Happy Camp	\$18-28, DOE	8/4/2008 at 5 PM	Job Description
Ankuur Smoke Shop Sales Clerk II	Yreka	\$8.50-9 per hour	8/8/2008 at 5 PM	Job Description
Ankuur Smoke Shop Sales Clerk I	Yreka	\$8.50-9 per hour	8/8/2008 at 5 PM	Job Description
Ankuur Smoke Shop Manager	Yreka	\$11-13, DOE	8/8/2008 at 5 PM	Job Description
Administrative Assistant	Happy Camp Housing Office	\$9-15, DOE	8/4/2008 at 5 PM	Job Description
Head Start Teacher	Happy Camp	\$11-12.14, DOE	7/31/2008 at 5 PM	Job Description
Head Start Director	Happy Camp	\$35-41,000, DOE	7/31/2008 at 5 PM	Job Description
Language Program Coordinator	Happy Camp	\$35,360-41,600, DOE	8/22/2008 at 5 PM	Job Description

NOTE: All positions have closing dates unless otherwise specified. No applications will be accepted beyond the closing date under any circumstances. All employment applications must specify which position they are for, no applications will be accepted for "any"

Karuk Tribe of California

Notice of Election

NOTICE IS HEREBY GIVEN that on **Tuesday, November 4, 2008**, The Karuk Tribe of California will conduct a tribal election. Polling places will be open from **7:00 A.M. to 7:00 P.M.** at the following locations:

- Karuk Community Building “Old School Gym” 64236 2nd Avenue.
- Yreka Karuk Health Clinic Conference Room, 1519 South Oregon St.
- Orleans Community Center, 39051 Hwy 96.

TO BE ELIGIBLE TO VOTE: All members of the Karuk tribe who are eighteen years of age and older, and who have registered with the Karuk Voters Registration Office shall have the right to vote.

CANDIDATE ELIGIBILITY REQUIREMENTS AND PETITIONS: will be available on **Monday, June 16, 2008** at the Housing Authority Offices in Yreka and Happy Camp, the Karuk Medical Clinic Buildings in Orleans and Yreka, and the Tribal Administration Building in Happy Camp. Nominating petitions and proof of residency must be returned to the Tribal Administration Office in Happy Camp **no later than 5:00 P.M. Friday, August 1, 2008.**

SUBJECT MATTER OF ELECTION:

MEMBER AT LARGE	4 YEAR TERM	2008-2012
MEMBER AT LARGE	4 YEAR TERM	2008-2012

ABSENTEE BALLOTS: requests for absentee ballots must be submitted in writing by a Registered Voter of the Karuk Tribe, and sent to:

**Karuk Voters Registration Office
P.O. Box 815
Happy Camp, CA 96039**

All requests for absentee ballots must contain his or her signature, and be verified by one of the following three methods:

- 1) A notary public
- 2) Two eligible voters of the Tribe
- 3) Providing a copy of a State, Federal or Tribal signed I.D. card.

It is highly recommended that absentee ballot requests be received by the Voter's Registration office in a timely manner for those members living outside of the tribes aboriginal territory, due to the length of time it takes mail to reach Happy Camp. No phone call, or fax requests will be accepted according to Section 16B of the Tribal Election Ordinance.

For more information call the Election Committee at **1-800-50Karuk or (530) 493-1600, ext 2014.**

To confirm your voter registration, call the Karuk Enrollment Department at ext 2028. Registration is permanent unless you do not vote in a regular tribal election.

Robert Smith Donates **Rual Ince Inheritance** to Karuk Tribe

Robert Smith, a Karuk Tribal member who comes from the Ince family of Happy Camp, was contacted out of the blue by an attorney settling the estate of Mr. Rual Ince, one of his relatives.

Rightfully cautious about giving out personal information in these days of identity theft, Robert initially didn't reply. At the 2007 Tribal Reunion, Robert was talking to one of his cousins about what to do. If it was legitimate, he felt reluctant to take the money because he never knew his relative. His cousin, who had also been contacted, suggested that he reply, and that if he didn't want the money, he should donate it to the Tribe.

So Robert replied and when the estate was settled, he was shocked to receive a check for \$10,000. True to his word, he began making arrangements to donate his inheritance to the Tribe. At the January 24, 2008 council meeting in Orleans, Robert presented his donation to the tribe.

His donation will support tribal tutoring programs, scholarships, tribal foster families, and a native plants interpretive project.



Left to Right: Council Vice Chair Leaf Hillman and Chairman Arch Super accepting Robert Smith's generous donation to the Karuk Tribe

Yôotva Robert!



Ivan & Florraine Super

Please see the next issue of the Tribal Newsmagazine for Chairman Arch Super

and Secretary
Florraine Super's
reports.



Artwork by Tribal Member Tobie Valin

Smithsonian National Museum of the American Indian Multi Media Project

*Erin Hillman, Director of
Administrative Programs & Compliance*

Page 5



Vice Chairman Leaf Hillman points out an important landmark for Karuk People to Mark Christal

Over the last two years, we have worked to build our relationship with the Smithsonian's National Museum of American Indians (NMAI) - Cultural Resource and Community Services Department. On Friday, the 14th of December 2007 the Tribe was contacted by former Peoples Center Director, Fred Nahwooksy with a proposition. Now working with the Smithsonian National Museum of the American Indian in Washington DC, Fred had recommended the Tribe for participation in a pilot project with NMAI's Multi Media Department.

The Director of the Multi Media Department, Mark Christal, had conceived a pilot project that would connect our Tribe with the Smithsonian's Collections Department by way of video conferencing equipment to view items from the Karuk collection stored at their Cultural Resource Center in Suitland Maryland. The entire videoconference was to be recorded on both ends, in Suitland and in Happy Camp, and further developed into a DVD.

The DVD created from the project will be used to showcase an option to Tribes to use existing technology to view their collections that are in the archives of the Smithsonian from a distance. This could be extremely valuable to Tribes that do not have the funding available to travel to Washington DC.

A small group of Tribal Members that included elders, cultural practitioners, council members, and basket weavers were assembled to participate in the experiment. The Tribe was asked to select 20 or so items from the Smithsonian's inventory of Karuk items for study, and subsequently selected 35 focusing on ceremonial items. The list was submitted to the collections department. Several items were listed as unavailable for viewing, but the Smithsonian offered substitutions. Subsequently, all items listed as "unavailable" were accounted for, as they are on display in the museum in Washington DC or New York.

Mark Christal traveled to Happy Camp on March 19.

On March 20, Karuk staff from the Happy Camp Community Computer Center, Kelly Worcester and Rosie Bley coordinated the videoconference feed between the group in Happy Camp and Suitland Maryland. Calmly dealing with technical difficulties that threatened the entire project, Kelly Worcester turned out to be a lifesaver, quickly restarting lost connectivity several times.



Mark Christal, NMAI, gets ready to film video conference

The filming concluded with a post conference interview session where members of the tribal group were able to express their feelings about what they saw. The entire group expressed their appreciation for being a part of the project, but the feelings were bittersweet. In describing his own reaction to the videoconference, Vice Chairman Leaf Hillman stated that it is very hard to see Karuk items in the museum like this; they are "family".

Tribal Member Kathy McCovey demonstrates how to peel willow sticks for baskets.



Spring 2008 Basketweavers Gathering A HUGE SUCCESS!

by Paula McCarthy & Dave Wroblewski

The Karuk Tribe held the 5th Annual Spring Basketweaver's Gathering, April 25-27, 2008 in Happy Camp, California. There were DOUBLE the amount of people who came to the Fall 2007 Gathering with over 200 attendees... and fun was had by all!

The gathering was made possible by grant funding from the Institute of Museum and Library Services (IMLS), the Karuk Tribal Council, and raffle earnings raised by the weavers throughout the year. Special thanks to the Tribal Council for their contributions.



Paula McCarthy teaches Israeli woman the art of Karuk weaving



Verna Reece has their full attention!

Paula and Verna were in their element as they demonstrated their skills, and were ably assisted by Jennifer Goodwin, Brian Colegrove, and many others.

Robert N. Goodwin organized the Demonstration Brush Dance.

This event would not have been possible without the volunteer work of many individuals including Junalynn Ward, Erin Hillman, Jennifer Goodwin, Verna Reece, Paula McCarthy, Dave Wroblewski, Cynthia Figueroa, Lena Carmody, Robert N. Goodwin, Edward Peters, the Karuk Tribal Maintenance Crew and many others (sorry if I missed your name). Kathleen Davis and Donna Zook prepared the meals for the gathering.

Yootva to Robert A. Goodwin and Leaf Hillman for taking our gathering participants out on the River to gather. Robert took participants out on his personal jet boat and Leaf utilized the Tribe's jet boat for this activity. Everyone had a great time on the boats!

We are going to be having another raffle this fall to continue to raise monies to support these gatherings that take place twice each year. Photos of some raffle items are included at the end of this article. The 5th Annual Fall Basketweaver's Gathering will be held October 10-12, 2008 this year.



The 2008 Spring Basketweavers Gathering was a memorable event which gets better every year!





*Gathering along the river bank for willow shoots
at the Spring 2008 Basketweavers Gathering*



*Leaf Hillman and Robert A. Goodwin provided the boat to take
the weavers out to gather*



*A demonstration Brush Dance held at the gathering
was organized by Robert N. Goodwin*

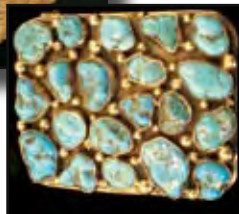


Raffle Prizes Donated so far for the Fall Basketweavers Gathering

Open Ended Basket by Verna Reece



*Small Stick
Basket by
Cynthia
Figueroa*



*Turquoise Belt
Buckle donated by
People's Center*

Large Tray by Paula McCarthy



KARUK COMMUNITY LOAN FUND Wins Another One!

Eddie Davenport, KCLF Executive Director



The Karuk Community Loan Fund has funds available to Tribal members for first-time home purchase as well as home improvement loans. Now we have just been notified that we will have some funding for small businesses in Siskiyou County!

If you have a small business that you have been thinking of expanding, or if you are working on your "business plan" because you have an idea that you would like to put into reality, then this may be a time to contact the Karuk Community Loan Fund!

Guidelines for the Home Purchase Loan: Applicants must be Tribal members and be able to repay a mortgage within qualifying and credit guidelines; must be first-time homebuyers and buying for their own primary residence. Buyers income must be below 80% of median income for the area. Home must be within Siskiyou or Humboldt Counties. Interest rates are currently **4% fixed**. For more information, call Eddie Davenport, Executive Director, at (530) 493-2558.

The Home Improvement Loans are also for Tribal members, located in Siskiyou and Humboldt Counties. This loan is to help low income (below 80% of median income), who are homeowners to repair or improve their homes. Qualifying and credit guidelines must be met. Interest rate on these loans is 6% fixed. Call Executive Director Eddie Davenport for more information and for assistance in the application and approval process.

The Business Enterprise loan funds are available for all members of the community! These loans are to help the people of Siskiyou County in developing or expanding small businesses. Please call Eddie Davenport for more information.

Let Karuk Community Loan Fund help you with your small business, home purchase or home improvement loan needs! We understand that many people have credit issues and we are willing to help you work to improve your credit profile. We can also help you with the application and help you with budgeting or other finance issues.

Call Eddie Davenport in Happy Camp at 530-493-2558.



Gathering Hazel

By Angela McLaughlin & LaVerne Glaze

After years of jumping through legal hoops, Mr. Ben Riggins performed a fuels reduction burn on a portion of his beautiful property resulting in a much needed burn of hazel for local Karuk Basketweavers.

The weavers spent a beautiful day on April 13th gathering hazel on Ben's property. Enjoying the companionship, weavers clipped and peeled hazel sticks, and enjoyed a spring picnic. LaVerne Glaze gave a brief how-to on hazel gathering which was followed by information from Frank Lake on sample tags that were placed throughout the area for his hazel burn study. This project has been in the making since the year 2000, with a crew hired by Mid Klamath Watershed Council, Following the Smoke volunteers, Orleans Fire Safe Council and USFS.

All the weavers harvested quality hazel and we'd like to thank Ben Riggins for the opportunity and generosity he has shown us. This is the first hazel burn in many years and it certainly put a big smile on the faces of the weavers.

Side Note: Basket Classes are taught by LaVerne Glaze in Orleans at the Karuk Panamniik Center (Elders Building) on Sundays at 11:00 AM. Brian Colegrove teaches men's open weaving at that time also. Bring your materials and come join us!



Language Program News

Susan Gehr, Language Program Director



Page 9

The Karuk Language Program has put in a grant application to the Administration for Native Americans to fund the Karuk Master / Apprentice Documentation Project. If selected for funding, this project would start in October 2008. When we know if our application was funded, we will announce it on the tribal website and at tribal council meetings.

The goal of the Karuk Master / Apprentice Documentation project is to document elder and fluent speakers using younger learners to record spoken language that will be used to update the dictionary, capture variations in the Karuk among the different villages, and share spoken Karuk via video podcast.

Through this project, we are going to realize a wider body of knowledge of the language, such that interested community members could become fluent speakers of the language. We are also going to have a more complete picture of the Karuk language since different Karuk villages have different ways of saying things, and some villages are underrepresented in existing materials.

Beginning in the first year and continuing through the entire three-year project, the Karuk Language Department will train five Karuk apprentices in best video documentation, transcription and analysis techniques with Karuk elder speakers. The apprentices will collect audio and video of fluent Karuk speakers. By the end of the three years, the project will transcribe, analyze and share files for the Karuk Dictionary and a video podcast series.

If you are interested in coordinating the project, see <http://www.karuk.us/jobs/pdf/Language.pdf> before August 22 for a job description.

If you are interested in participating in the project, as a master speaker or as an apprentice, please contact Susan Gehr, Language Program Director, at sgehr@karuk.us or (800) 505-2785, ext. 2205.

Youth For Change

Do you have what it takes to better your community?

Let's hear your voice and ideas!

Do you want to see more youth involvement and activities for youth?

Are you between the ages of 10-17?

Are you a Tribal Member or eligible for enrollment and residing within the tribes service areas?

If you have answered YES to all these questions then contact Alma Mendoza, Youth for Change area Representative, Yreka office at (530) 842-9228

The Vision of "Youth for Change" is to develop a community of empowered tribal youth desiring to take control of their destiny, utilizing culture and traditional support systems.

Sami Jo Difuntorum, Executive Director

THE KARUK TRIBE HOUSING AUTHORITY is in the planning stage for building three - lease with purchase option units in YREKA, CALIFORNIA. Units will be one and two bedroom with alternative energy components. Interested low income Tribal members who are first time homebuyers should contact Ashlee King (530) 493-5434 to complete an application. For further information on the lease purchase program call: Ann Escobar (530) 842-1644

Construction season is underway. The KTHA Construction crew is busy painting the exterior of Happy Camp elder housing. They are doing a fantastic job.

KTHA is accepting bids for the installation of eco-grid driveways at the Yreka Elder community. We hope to begin and complete the work in August.

The KTHA has funds available for home replacement grants. For more information, contact Erica Mitchell (530) 493-5434.

The KTHA welcomes two new staff members. Brandon Arwood joins our Yreka maintenance crew and Muriel (Ward) Frederick is our new fiscal clerk in Happy Camp. We will be hiring for the following positions by mid-August: Seasonal Landscape – Orleans; Administrative Assistant – Happy Camp. The KTHA welcomes newly appointed Housing Committee member Dennis Hobbs. We are in the process of filling one vacancy on the committee.

**Karuk Tribe Housing
Authority Waiting List**
**If you have applied for housing,
you need to make sure your
application is current.**
**Please check your status by
contacting:**

ASHLEE KING
(530) 493-5434
P.O. BOX 1159,
HAPPY CAMP, CA 96039

KTHA thanks former committee members Paula McCarthy and Verna Reece for their many years of dedicated service to the KTHA. Paula served as the Housing Committee Treasurer for four years and Verna was the Vice-Chairperson of the Housing Committee for the past four years. Both have extensive knowledge and experience in the area of Tribal housing and donated many hours to serve Tribal members.

For a Dear Friend

Edward Peters

More and more as time goes by, I count my richest treasures, one of which is the friends who've come and stayed a while with me.

Edward was a friend and co-worker; He greeted us with his friendly smile and he was our extra pair of helping hands.

I hope I have learned the worth of good friends and was one to Edward.

I keep my Happy Memories of him and remember him in a good way.

From a Friend... Vickie Walden



December 8, 1955- June 1, 2008

U.S. Administration on Aging Honors Babbie Peterson, Karuk Tribe Senior Center Program



From the Washington D.C. office Meg Graves, Caregiver Support Program and Yvonne Jackson, Ph.D., Director of the Office for American Indians and Native Hawaiian Programs, at the U.S. Administration on Aging- Babbie Peterson Karuk Tribe receiving award for the Karuk Tribe.

Each of the eight tribal Title VI programs that were chosen from the 240 Tribal senior programs were responsible to speak to the gathering and provide a power point about their respective programs.

FOR IMMEDIATE RELEASE

April 30, 2008



SHAKOPEE, Minn. - The directors of 240 tribal senior programs funded by Title VI of the Older Americans Act were given special recognition on Wednesday, April 30, by the U.S. Administration on Aging, Office for American Indian, Alaska Native and Native Hawaiian Programs. The Karuk Senior Center Program directed by Babbie Peterson, was among those that were honored.

Awards were presented by Yvonne Jackson, Ph.D., director of the office, at a training and technical assistance forum at Mystic Lake Casino Hotel that also celebrated the 30th anniversary of the legislation that created Title VI. Dr. Jackson thanked the program directors for their hard work and obvious dedication to serving their tribal elders. Directors were honored based on years of service.

Adopted by Congress in 1978, Title VI of the Older Americans Act recognized tribal sovereignty and acknowledged that existing nutrition and supportive services programs were not reaching the elderly poor who lived on reservations. Today, the Title VI program provides funding for programs that can include hot lunches at senior centers, home-delivered meals to the housebound, health screenings, exercise classes, transportation, chore services, intergenerational activities and caregiver support.

The 2008 training and technical assistance forum and anniversary celebration events were attended by over 300 participants including Title VI directors and staff members, tribal elders, and representatives of federal agencies, the American Association of Retired Persons, the National Association of Area Agencies on Aging, and other organizations.

More information can be found at www.olderindians.org

Free Food Handlers Class Offered by Indian Health Service Through Karuk Tribe to the Happy Camp Community

Babbie Peterson, Senior Center Director



Martin Smith from Indian Health Service provided a food handlers class to 19 people at the Senior Center Nutrition Site in Happy Camp on April 9, 2008. This class was open to community members as well as Tribal Staff at no charge.

Head start, council cooks, and senior nutrition staff attended the class in Yreka in March. The Happy Camp senior nutrition staff furthered their food safety training by attending the national training for food handlers provided at College of the Redwoods on April 15th. The course is titled ServSafe and is the national model for food safety training by

the FDA and USDA. This class provides food handlers certification, which is good for five years upon passing the course. Our Orleans site staff are already certified.

Department of Natural Resources Environmental Education Program

by Jeanette Quinn, Environmental Education Coordinator

“Action-packed” is the word that comes to mind as I look back at my calendar and reflect on the projects that I worked on with teachers and students from January through June 2008! Here’s a summary of all the fun activities we did to learn about stewardship of our environment.

Native Forest Plants & Ethnobotany Studies/Noxious Weed Awareness. In January and February I visited classes at Happy Camp Elementary School (HCES), Jefferson High School and Happy Camp High Community Day School (JHS/CDS), and the Life Science class at Happy Camp High School (HCHS) to teach students about stream ecology and the importance of plants to aquatic food pyramids. Students learned about energy flow in a stream and built an energy pyramid on the chalkboards of their classrooms.

In February I visited classes at Junction Elementary School (JES) and HCES to teach students the names and ethnobotany of 12 native trees and shrubs by having students try to match leaves with bark or wood.

I visited the classes at HCES to take students on plant identification walks around the school and down to River Park in Happy Camp in March. Students took pictures, collected leaves, and observed plant characteristics during the walks. Students who visited River Park also learned about three non-native, invasive plants crowding out native species in one area: periwinkle (*Vinca major*), Scotch broom, and Himalayan blackberries.

In April I visited JES and taught students about anatomy of angiosperms (flowering plants). All students dissected at least one flower and viewed the parts, such as stamens, ovaries, and ovules, under a microscope. I also assisted JES students on a Plant/Weed Walk between their school and the

Salmon River Outpost in Somes Bar. Shannon Flarrity, Salmon River Restoration Council (SRRC) Education Coordinator, lead the walk and provided tools for pulling Marlahan mustard, a noxious weed, along Highway 96. Students pulled the mustard from the southbound shoulder of the highway, clearing about a half-mile stretch. Students also observed and learned about native plants along the way. I also assisted Faye Bright, HCES After School Program Coordinator, students, community members, and AmeriCorps volunteers with garden cleanup and planting native plants in the One Acre Garden located behind the school in April.



In May I went on a nature hike with students from JHS/CDS on the Town Trail in Happy Camp. Guests Tanya Chapple and Cedar Atwood, AmeriCorps volunteers, talked to

students about plants, birds, and ecology.

I coordinated three field trips to the Native Plant Demonstration Garden (NPG) in Orleans in June so that students could participate in an art contest, which is part of a service-learning project for developing plant identification and interpretive signs in the NPG. Students from OES and JES visited two sites during the field trips: Chinich Creek for identifying and drawing aquatic insects, and the lower loop trail for identifying and drawing native plants and noxious weeds.

Alex Corum and Melissa Kleeman, Karuk Fisheries, Jillienne Bishop, Mid Klamath Watershed Council (MKWC) Education Coordinator, and Shannon Flarrity, SRRC Education Coordinator, all helped with the Aquatic Insects station. I led the Plant Identification station.

Whale Tail Project, Orleans Elementary School (OES): *Journey to the Sea*. In February students learned about estuary ecology. Students learned about energy flow and the aquatic food pyramid of an estuary. Grades K-2 looked at pictures of an estuary and organisms that are part of that kind of ecosystem, then received coloring pages of some of the aquatic organisms, such as phytoplankton and crabs. Third-eighth graders helped build an energy pyramid on the whiteboards of their classrooms in order to visualize energy flow in an estuary ecosystem. I also visited classes to give a PowerPoint presentation entitled,



"Eelgrass and Coastal Ecology" in March. Students learned the importance of eelgrass (which is actually a flowering plant, not a grass) to many organisms, including endangered Coho salmon.

In March I took three students to Happy Camp Community Computer Center, where Kelly Worcester taught them how to edit video footage from a field trip to Irongate Hatchery and Bogus Creek Fish Counting Facility. Students then made a DVD to fulfill service-learning requirements for this project. The DVD will be available for other classes, schools, and the community to use.

The 3rd-6th graders took a field trip to Wolf Creek Camp, located near Orick, CA in May. Students visited three study sites: Prairie, Stream, and Ancient Forest. On the way home we viewed Requa and the mouth of the Klamath River. I discussed the importance of the estuary to salmonids and other organisms with students. We also stopped at the beach and Visitor's Center in Orick for lunch and to learn more about coastal habitats on the way home.



The 6th-8th graders visited the Lanphere Dunes Preserve in Arcata in May. Personnel from Friends of the Dunes led the specially arranged tour. Students tracked and identified animals that live in the

Dunes, learned about threatened and endangered species that live there, and identified noxious weeds that impact coastal environments. The 3rd-8th graders visited Humboldt State University's Marine Laboratory in Trinidad. Students enjoyed viewing the various tanks representing marine/coastal habitats and visiting the Touch Tank to see and feel sea urchins, anemones, and starfish. Students also went to Trinidad State Beach for a picnic lunch, to spend time looking for shells, seaweed, and other marine life.



Other Projects. In February I visited kindergartners at HCES to teach students about the salmonid life cycle. Students viewed preserved specimens of fish from egg to fry stage, then read a brief story in a coloring book about the salmon life cycle.

Bob Claypole, assisted by his wife Patti, gave



three presentations at OES and two at JES in March. The Claypoles also gave five presentations to K-3rd and 5th-8th graders at HCES, and high school students at JHS/CDS and HCHS in April. Mr. Claypole, author of *The Klamath River Bird Finder*, local birder, and naturalist, showed K-4 students interesting artifacts such as bird nests, pieces of trees used as woodpecker granaries, and sticks a beaver had chewed on. Mr. Claypole presented a slideshow of birds, plants, fish, and local habitats to 5th-8th graders. Students of all ages found the presentations fascinating.



In April I assisted AmeriCorps volunteers with fish dissections in the 6th, 7th, and 8th grade science classes at HCES and in the Life Science class at HCHS. Students learned salmonid anatomy, lab safety, and how to properly dissect a fish. Matt Cavin, AmeriCorps volunteer for MKWC, taught students about salmonid anatomy, lab safety, and how to properly dissect a fish. Cedar Atwood and Shauna Oster, AmeriCorps volunteers at the Happy Camp Ranger District, assisted with instructing and supervising students during the fish dissections. The Environmental Education Program provided dissection kits and trays. Chris Magarian's Special Day Class at HCES made fish prints in April.

Stream & Water Quality Studies. In April I assisted with a field trip to Aikens Creek for OES 6th-8th graders. The trip was coordinated by Matt Cavin and Tanya Chapple. Matt and Tanya supervised pulling of Scotch broom and planting of native trees. I supervised the Aquatic Invertebrates station, where students collected samples of invertebrates from different areas of Aikens Creek, then identified and tallied the species they found. Students were able to examine some of the invertebrates they found under a stereo microscope.

The 4th/5th graders at HCES learned about the water cycle when I gave a presentation on that topic in May. After the presentation, the class visited Happy Camp Sanitary District's Wastewater Treatment Facility for a tour with Dave Greenberg. Students learned that Happy Camp's wastewater is treated with

Continued on next page...

Continued from previous page...

microorganisms, not chemicals, before the water goes back into the water cycle.

The kindergartners at HCES took a field trip to River Park, where they visited two stations, Juvenile Fish Identification and Bird Watching, in May. Daniel Goodwin and Sonny Mitchell, Karuk Fisheries, showed students live specimens of fish (native and non-native) they had trapped in Indian Creek, identified the fish, and told students other interesting facts about the fish.



Dave Payne, US Forest Service, led students on bird identification walks around the park. Shauna Oster and Cedar Atwood, AmeriCorps for Happy Camp Ranger District, assisted with supervision at the stations.

The 6th and 7th graders and the CDS class from HCES took a field trip to the mouth of Indian Creek for the annual Stream Field Trip in May. Students rotated through five stations: Aquatic Invertebrates with Cedar Atwood; Birds with Dave Payne; Noxious Weeds with Michael Hentz (US Forest Service); Juvenile Fish Identification with Daniel Goodwin and Sonny Mitchell; and Stream Geology/Geomorphology with Shauna Oster. Students enjoyed catching and identifying aquatic insects, competing to pull the biggest pile of Marlahan mustard, learning about fish in Indian Creek, and creating their own streams while simulating erosion and hydrology.



JES 4th-8th graders took a field trip to Sandy Bar Creek in June. The Karuk Fisheries crew showed students how to check the fish traps at the mouth of the creek and then tag, brand and collect data on the fish. The Fisheries Crew also demonstrated seine netting and helped students process the fish they caught.

A huge THANK YOU to all the AmeriCorps volunteers, MKWC personnel, SRRC personnel, Karuk Fisheries personnel, Bob and Patti Claypole, and everyone else who contributed time and expertise to the Environmental Education Program!

For more information about the Environmental Education Program, e-mail Jeanette Quinn at jquinn@karuk.us, or call 530-627-3446.

Components of Health

Joseph E. Snapp, BS, CSAC III

In the recovery world we define a healthy person as being complete in four life areas. They are the mind, body, spirit and soul. When a person has neglected any of these quadrants in their life, they are incomplete and it causes disharmony in their life. They are not at peace with themselves.

The body is the physical part of life and it is easy to understand how disease or chronic pain can disrupt a person's life. Tobacco, drugs and alcohol can and do cause major physical problems for people and these problems can be helped by stopping the use of these harmful substances.

The mind is the component that helps people process information and allows them to make sound decisions. Again, tobacco, drugs and alcohol interfere with the brain's ability to function properly. It can take six months or more for the mind to clear up after abstaining from heavy substance abuse.

The spiritual component is a belief in a higher power or a creator and it is inherent in all people. This belief often gets pushed to the dark corners of our mind when we abuse drugs and alcohol because of guilt and remorse. The first step of recovery is to recognize that we are powerless over our lives and must rely on a higher power to help us recover.

The soul is about a person's basic belief system, or how they view the world. Young people tend to take on the belief system of their caregivers until they reach an age of questioning and can make up their own belief system.

The spiritual realm is of particular importance to tribal people at this time of social conflict. We have adolescents who want to participate in Tribal ceremony but are uncomfortable because they have caregivers who say that they shouldn't participate at this ceremony or that one because this spiritual leader believes that the ceremony should be conducted this way and another spiritual leader believes that the ceremony should be conducted that way. Another generation will soon be lost to the world of addiction unless our leaders begin to take steps to unite Tribal ceremony and spirituality.



Artwork by Tribal Member Tobie Valin

Grants Department Update

Hester Dillon, Grantwriter

Page 15

The Grants Office has had a busy & productive spring and summer is flying by.

In the past three months, we've submitted grants to:

- Housing and Urban Development for the Indian Community Development Block Grant Program, which will add office space to the Administration Building in Happy Camp for Tribal programs such as Elders, Low Income Assistance, Education and, when operational, Tribal Temporary Assistance to Needy Families (TANF);
- Substance Abuse and Mental Health Services Administration (SAMHSA) for the Circles of Care Grant Program, which will provide technical

assistance and infrastructure development to our Behavioral Health Program;

- The Blue Shield Foundation for program development and staff training within the Karuk Tribal Health and Human Services Program; and
- Part One of our two part Health Resources and Services Administration (HRSA) Grant in support of the Karuk Tribal Health and Human Services Program.

We were recently funded by both the National Park Service (NPS) and the Stewardship Council. The NPS grant will provide a traditional cultural property assessment and report preparation so that Tishannik (in Panamnik) may be considered as a

nominee to the National Register of Historic Places. The Stewardship Council grant will support culture camps for Karuk youth to destinations in the Marble Mountains as they learn about their Ancestral Territory.

Preparedness packets, including a Fire/Flood Safe Emergency Preparedness brochure, will be distributed at the Tribal Reunion. If you were unable to attend the Reunion and would like a brochure, please contact our office and we will mail one to you. Brochures will also be available at each of our clinics, the Department of Natural Resources, and the Tribal Administration Office in Happy Camp.

Upcoming projects include: strategic planning finalization; a Tribal transit grant; and various grants to support the Karuk Tribal Health and Human Services Program.

As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

Karuk Tribal Newsmagazine • August 2008



Tribal Attorney, Barbara Norman, will be offering a **FREE** Saturday Legal Clinic for Tribal Members, Descendents, and Employees in Yreka, Happy Camp, and Orleans. This is the LAST round of clinics to be offered so don't miss out!! Services will be limited to free assistance with Wills, Advanced Healthcare Directives, Simple Trusts, and Powers of Attorney. It is HIGHLY RECOMMENDED that you schedule an appointment in advance, however, walk-ins will be welcome!

Tribal Members
Tribal Descendents
Tribal Employees

FINAL FREE Saturday Legal Clinics

Yreka: August 2nd
10am to 5pm
New KTHA Admin. Office

Happy Camp: August 16th
10am to 5pm
Old Headway Building

Orleans: August 30th
10am to 5pm
Orleans Panamnik Center
(Senior Nutrition Building)

Call Barbara Norman to Schedule an Appointment At:
(530) 842-9200, Extension 128; or
(530) 925-1100



Karuk Student Regalia Project

Jennifer Goodwin, Cultural Consultant

With assistance from the Grant Writers Office, the Karuk Education Department secured a \$5,000 grant from the First Nations Development Institute through the Native Youth and Culture Initiative. The purpose of the Regalia Project was to buy supplies to make 32, multi-strand, dance quality necklaces. The focus of the project was to involve high school aged youth through weekly classes that were held at the Karuk People's Center in Happy Camp. The project started in June 2007 and ended in June of 2008. Youth from Yreka,



Orleans, Somes Bar and Happy Camp participated. Wilverna (Verna) Reece and Jennifer Goodwin were the cultural consultants on this project.



The necklaces made their dance debut at the bi-annual Basketweavers Gathering in the spring of this year. The kids and dancers wore them in the Demonstration Brush Dance that was held on Saturday evening of the Gathering. They

have since danced in the Brush Dance at the Ish-Kaysh pit. When the necklaces are not in use they are placed on display in the Karuk Museum for safekeeping. The necklaces have also been useful in cultural presentations and teaching in the local schools.



Our most faithful helpers/volunteers include: Paula McCarthy, Mercedes Dacosta, Sharon Cook, Synthia Figueroa, Junalynn Ward and occasional baked goods/snacks were provided by Jimmie Goodwin and Ruth Bain.



NEWS FROM THE PEOPLE'S CENTER

Dave Wroblewski, People's Center Director

Page 17

MEN'S KARUK CULTURAL CLASS



MEET EVERY TUESDAY
6PM AT THE PEOPLE'S CENTER
IN HAPPY CAMP
COME LEARN WITH US

STORIES, SONGS, ART, FOOD & FUN!
FOR FURTHER INFORMATION CALL
493-1600 EXTENSION 2202

Men's Cultural Class

We are continuing to hold our Men's Cultural Class every Tuesday evening at 6 pm and we are now averaging 10-20 participants each class. Come on out and enjoy the fun and the barbecue! For details, call 493-1600, ext. 2201 between 9am and 5pm.

Jack Thompson with the Conservation Assessment Program paid us a two day visit and spent his time evaluating our museum and gift shop. He will be giving us a report entailing what we can do to make our museum an even better place to visit.

*Left: Brian Colegrove Teaching
Eel Basket Making at the Men's
Cultural Class*

To See What I Have Seen

On Display Now

"To See What I Have Seen", a photographic essay of the Karuk People is on display in the museum from now through September and includes 80 historic photographs and posters dating from 1895 to the present. The photographs are of people and places along the river throughout photographic history. We also have pictures of Happy Camp and the surrounding area dating from 1940 to the 1960s. Come by and see if your relatives are in any of the photographs!

Sales at the gift shop remain brisk, so stop in and see Sharon for all of your jewelry and hand-made items. We have Happy Camp jade too.

All is well at the Center and we look forward to your next visit.

A PEOPLE'S CENTER EXHIBITION:

TO SEE WHAT I'VE SEEN



A PHOTOGRAPHIC ESSAY OF THE KARUK PEOPLE

FROM THE ARCHIVES OF THE SISKIYOU COUNTY MUSEUM,
THE PLABODY MUSEUM, THE THORBE HEARST MUSEUM AND
THE PEOPLE'S CENTER

HAPPY CAMP, CALIFORNIA, JUNE THROUGH SEPTEMBER

Karuk Tribe Staffing Update

Sara Spence, Human Resources Manager



This update covers the months of January through June 2008 as we did not have a regular Newsmagazine last quarter. We currently have 165 employees on staff.

Holly Hensher resigned her position as Integrated Solid Waste Program Coordinator on 1/14 to transfer to the position of Naa Vura Yee Shiip Program Cultural Coordinator at KCDC. **Misty Rickwalt** was hired to fill her position on 2/13.

Byron McLane was hired on 1/28 as ANA Yreka Student Services Coordinator by KCDC. Byron is working part time at the new Yreka Housing / Tribal building in the newly constructed Mini Computer Lab.

Bonnie Alvarez left her position as Happy Camp Senior Nutrition Center Cook on 12/28. **Arron "Troy" Hockaday** was hired on 1/28 to fill the vacancy. **Jeanne Burrer** was hired as the Senior Nutrition Center Meal Delivery Driver for Happy Camp and joined the staff there on 1/16. **Leona Peters** was also added to the staff on 5/14 to be the On Call Cook at the Happy Camp Center.

Karen Daniels reduced her schedule as GPRA Coordinator to part time; **Vickie Simmons** was hired on 2/4 to also work part time as the GPRA Coordinator through a job share to fill that full time position.

Robert N. Goodwin was hired on 2/6 as the Language Program Clerical Assistant working part time.

Alissa Johnson returned to her position as Registered Nurse in the Orleans Medical Clinic on 2/19; she works part time along with Ed Kremer and Kathryn Willett in that Clinic.

Emma Lee Johnson was hired on 3/2 by KCDC for the Computer Center/Distance Learning Classroom in Happy Camp as HCCC/Student Services Coordinator. This position was created to fill the two part-time vacancies left by **Jim Burcell** and **Rosie Bley**, who each reduced their schedules from full to part-time, which created the full time vacancy.

Daniel Pratt left his position as Social Worker in the Orleans community on 3/3 to begin working full time as the TANF Executive Director to get that program up and running for the Tribe; **Pamela Risling** was hired on 3/3 to fill his position in Orleans.

Laura Ward resigned her position as Medical Assistant/Medical Records Clerk at the Happy Camp Clinic on 3/3 to transfer to the position of Patient Eligibility Worker/Administrative Assistant for the Behavioral Health Program. **Tonia Pedro** was transferred from her position as Clinic Receptionist to fill her vacated position

on 2/18. **Jayne Guiducci** was hired to fill the Receptionist position until her resignation on 3/10. **Virginia Moehring** was hired to fill the position of Receptionist on 3/24.

Elizabeth "Lisa" Rugg was hired on 3/14 as the new Family Nurse Practitioner in the Yreka Clinic; she has gradually increased her schedule to full time as she has transitioned over from her previous employment.

Eric Cutright was hired on 3/17 as the Informational Technology Director; **Chat Tiraterra** joined the IT Staff as the Electronic Health Record Technician on 3/31; they join the current staff of Chris Kleeman, Gerry Canning, and Patti White.

Claudia Ross-McLeish left her position as Registered Nurse in the Happy Camp Clinic on 3/27; the RN position was eliminated from the clinic and **Jodi Henderson** was hired as our newest Medical Assistant on 6/20.

Chip Thom resigned his position as Yreka Dental Receptionist on 4/11. **Kasey O'Brien** was hired to fill the position on 4/28.

Edward Peters tragically and unexpectedly left us on 6/1 in a bicycle accident that took his life; he had worked for the Karuk Tribe for over thirteen years and is missed on a daily basis. **Thomas Poeschel** has been filling in at the Clinic until the position is filled.

Karen Alford was hired on 6/19 as the Temporary Yreka Elder's Field Worker; she will be filling in for **Michelle Charlesworth** who is out of the office on maternity leave – congratulations Michelle!

Blanche Keller retired from her position as Custodian at the Happy Camp Administration Office on 6/27; due to budget constraints we are utilizing the services of our On Call Custodian, **Donna Zook**, until October 1, 2008 and the beginning of the new fiscal year when we plan to fill the position.

Gabriel McCovey, Ulysses McLaughlin, Nolan Colegrove, Philip Coleman, and Angela Allgier have all been hired for the 2008 Watershed Program Field Season to work on projects.

John Bardonner, DDS joined the staff at the Yreka Dental Clinic on 6/30 as the Dental Director; he will be working with John Wood, DDS and Robert Hendrixson, DDS to provide dental care to the Yreka community.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/

Meet Eric Cutright - Director of the Karuk Tribe's Information Technology Department



Eric Cutright is a quiet man who enjoys classical music, camping, board games, and computers. Eric, with his wife, Tiana, moved to Happy Camp in March to accept the role as Information Technology Director for the Karuk Tribe. They moved most recently from Nampa, Idaho. When asked how he likes the area, Eric responds "I moved from the desert to the forest, and it is beautiful here."

Eric was raised in the small town of Island City in northeastern Oregon. With his parents and sisters, and later with the boy scouts, he traveled through most of Eastern Oregon on camping and fishing trips, and he has many fond memories of his time in the wilderness. Eric attended the College of Idaho where he graduated with honors in both Music and Computer Science.

After getting married in the summer of 2002, Eric and a friend from his home town started a computer service and repair business in Boise, Idaho. First with his partner, and then later on his own, Eric covered an area of 1000 square miles weekly while traveling to wherever his clients needed assistance. Eric closed down his business to accept the position with the tribe. He likes to comment about his career change, "I desired a more regular schedule, and perhaps to start a family, and Idaho was not the right place."

In his spare time, Eric likes to travel, visit with family and friends, and most of all, practice his music. He plays the euphonium, piano, and trombone, and also likes to write music when he gets the chance. Eric enjoys puzzles, especially riddles and logic challenges. His motto at both work and home is, "Serve others, and remember to have fun."



Ayukii from the Karuk Dental Department

Vickie Walden, Dental Manager

Important Notice from the Karuk Yreka Dental Clinic

Time Change for Walk in Emergencies!

**Starting July 28th we will welcome
WALK-IN patients only at
8:00 AM- Monday through Friday**



Welcome Dr. Bardonner!

We would like to welcome our new ikyaaviichvans (worker)
John Bardonner DMS.

Dr. Bardonner was hired as Dental Director on June 30, 2008.

Dredge Mining

S. Craig Tucker, PHD, Klamath Campaign Coordinator

The Karuk Tribe along with allies in the commercial and recreational fishing communities are calling on Governor Schwarzenegger to restrict the controversial gold mining technique known as suction dredge mining. As we are in the midst of the worst fisheries collapse in California history all groups impacting our fisheries must be called on to make sacrifices.

According to Brian Stranko, CEO of California Trout, "In April, the state and federal government took unprecedented emergency actions to completely close California's coast to recreational and commercial salmon fishing, something that is causing severe economic harm to businesses and communities. This is why it is inappropriate and unacceptable for state government to allow recreational suction dredge mining operations to continue to harm fish, particularly endangered species like coho salmon."

Suction dredges are powered by gas or diesel engines that are mounted on floating pontoons in the river. Attached to the engine is a powerful vacuum hose which the dredger uses to suction up the gravel and sand (sediment) from the bottom of the river. The stream bed passes through a sluice box where heavier gold particles can settle into a series of riffles. The rest of the gravel and potentially toxic sediment is simply dumped back into the river. Depending on size, location and density of these machines they can turn a clear running mountain stream or river segment into a murky watercourse unfit for swimming.

Dredging disturbs spawning gravels and kills salmon eggs and immature lamprey that reside in the gravel for up to seven years before maturing. In a system like the Klamath where salmon can be stressed due to poor water quality, having a dredge running in the middle of the stream affects fish's ability to reach their spawning grounds.

It is important to note that there is a lot of mercury settled on the bottom of these rivers from gold smelting operations from the 1800's. Dredging reintroduces mercury to the stream creating a toxic hazard for fish and people. The call for a moratorium on dredging would not prevent miners from mining their claims with other less destructive techniques such as panning and metal detection.

Given the severity of the fisheries crisis, we hope that the Governor will agree to a provision added by the Legislature to the 2008 Budget Bill that would establish a temporary moratorium on suction

dredge mining in areas that represent the most important habitat for salmon and trout while the Department of Fish and Game revises (DFG) its regulations in compliance with a 2006 court order.

For the governor, it should be an easy choice. There are over 2.2 million Californians purchase fishing licenses every year while only 3,000 suction dredge permits issued. This means that in California, fish are more valuable than gold.

According to the American Sportfishing Association, licensed anglers in California contribute \$4.9 billion annually to the state's economy. This includes 43,000 jobs amounting to \$1.3 billion in wages and salaries annually. Commercial salmon fishing contributes \$255 million and 2,263 jobs to the California economy.

For the Karuk Tribe the threat is even greater. According to Karuk Vice-Chairman Leaf Hillman, "Suction dredge mining is nothing more than recreational genocide. The first gold rush killed more than half our people in 10 years. This modern gold rush continues to kill our fish and our culture."

Currently, Tribal members are unable to harvest enough salmon to meet basic subsistence need or to provide for ceremonies. At the same time miners are allowed to rip and tear our river bottoms to shreds.

In coming weeks the Governor will have to consider the groups' proposal to limit mining as part of the 2008 Budget Bill to provide interim safeguards while DFG conducts a two-year effort to overhaul statewide regulations covering instream mining.

Local dredge mining



Local War Hero's Grandson Follows in Footsteps

Submitted by: Margene W. Pons (Grandmother)



Sgt. Preston Ray Wood, son of Darrel and Marti Wood of Price, Utah and Shelly and Mike Sly of Springfield, Utah, and grandson of SFC William M. Wood Jr. of Happy Camp, received his Special Forces, Green Beret in a ceremony on July 11, 2008 at Fort Bragg, North Carolina. This rare event marks a 3rd Generation Special Forces Green Beret Family, the Nation's Best. There to witness this special event was his wife Aria, his parents, and his Aunt and Uncle; Darlene and Rick Colston from Huntsville, Alabama.

Preston has completed 21 months of intense training after completing airborne qualifications. He will be assigned to a Special Forces Group.

Preston's father, Former Sgt. Darrel Gene Wood was a Green Beret member of the 10th Special Forces Group stationed at Fort Devens, Mass.

SFC William (Bill) Wood joined the 5th Special Forces in October 1961. He was sent to Vietnam with an "A" Team and was on his 2nd tour of duty when he was killed in action on February 14, 1966. He received the Nation's 2nd highest medal, the Distinguished Service Cross for his valor in a fire fight while protecting his platoon.

Preston is a Karuk Tribal descendent and is the nephew of Dion Wood, Karuk Tribe TERO Director, of Happy Camp.

Bernard Lowry, Jr. Joins the Army

Bernard "J-R" Lowry, Jr, is the son of Bernard Lowry, Sr, of Happy Camp and Karen Sue Tripp-Lowry, of Orleans.,

JR left for Portland, OR, then for Fort Jackson, South Carolina for nine weeks of boot camp on July 28, 2008. After boot camp, he will travel to Fort Gordon, Georgia, for 22 weeks of intensive training and plans to be an Information Technology Specialist.

JR is a Karuk tribal member from his mother's side— and of the Lumbee Indian Tribe (North Carolina) from his father's.

We wish JR the best! He has been a regular at the Happy Camp



Community Computer Center for years and his many friends will miss him... **especially** during LAN Gaming Night! He was nearly unbeatable!

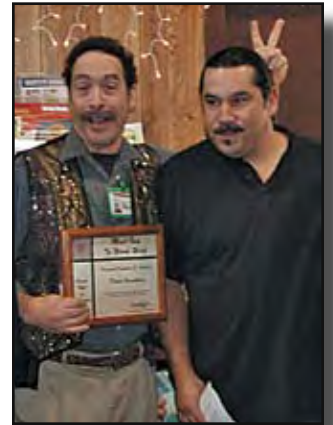
Friends Andrew Bley, Yvette Bley & JR clowning around the night before JR left for the Army- also there but not in this picture was Regis Jerry

David Eisenberg Retires after 27 Years!



It has been said that all good things must come to an end. And so it is with the current author of the Nurses Corner. After 27 years as the Public Health Nurse for the Karuk Tribe of California, David Eisenberg PHN has announced his retirement, effective July 11th 2008.

“The Tribe has come a long way since I first started. We started out with a small clinic in Ft. Jones, and now we have three locations that provide excellent care to Native Americans and other members of our community.”



David receiving his “Most Fun To Work With” award from Vice Chair, Leaf Hillman

The first outreach staff consisted of Mildred Donahue in Orleans, Carol Purcell at Forks of Salmon, Linda Reynolds in Yreka and Lessie Aubrey in Happy Camp, who was also the CHR supervisor. One of the first home visits David made was to Daisy Jacobs who was living at Ferry Point. David has worked for eight health directors (Bill Smith, Aaron Peters, Greg Gehr, Suzanne Burcell, Alan Burgess, Wes Valentine, Larry Jordan and Martha Schrock).

Since moving to Happy Camp with his wife Pat in 1980, David has been part of the Happy Camp Fire Department; Happy Camp Volunteer Ambulance; Instructor for College of the Siskiyous; RN for Siskiyou Home Health; ER nurse for Fairchild Medical Center; CPR instructor for the American Red Cross and American Heart Association; board member of Seiad Valley Elementary School; president of Happy Camp Health Services, Inc.; Scout Master of Troop 42; and voted as most fun to work with by his co-workers at the Karuk Tribe of California.



David, Joseph & Ben - 1983

David and Pat raised two sons who attended Seiad Valley Elementary School and Happy Camp High School. Joseph attended UC Berkeley and this June graduated from medical school and will be starting his residency in Family Practice in Long Beach. His brother Ben graduated from UC Santa Cruz and will be starting Law School in the fall of 2008 at UC Berkeley.



***Right:** David & wife Pat performing in Fiddler on the Roof in 2003*

***Below:** David giving a flu shot to a patient in the “Drive By” Flu Shot Clinic in 2007*



Pat and David are now the proud grandparents of three beautiful grandchildren and now have two wonderful daughters-in-law as part of the family.

David, Pat, the two horses, the dog and the cat are all relocating to the Rogue Valley.

“It has been a great honor to have worked for such a fine organization. I have had the pleasure of working with so many good people over the years. I wish you all continued success in providing quality health care to the Karuk People.”

***Below:** Always the big kid... David working the wall painting booth at the Tribal Reunion in 07*



Publisher’s Note: *David, we will miss your wonderful sense of humor, your expertise, and the unselfish way you cared and gave of yourself in so many ways for the benefit of your “neighbors” along the river. May you and Pat thoroughly enjoy your retirement. Thank you both for always being there for us and we wish you all the best!*



In Loving Memory
Andrew Difuntorum

April 10, 1959 - May 13, 2008



Andrew was born in Clovis, New Mexico and passed away at his home in Happy Camp, California, surrounded by family and friends.

He is survived by his wife, Sami Difuntorum; sons Ralph Pohlman, James Pohlman and Drew Difuntorum; his daughter Candice Difuntorum; grandson Nicolai Pohlman; his father Ed Difuntorum & partner Eloise; his mother Carmen Difuntorum; brothers Alex and Ronnie Difuntorum; sister Regina Finuliar; and numerous nieces, nephews and cousins.

At the time of his passing, Andrew was a Karuk Community Development Corporation board member. He was greatly loved and is sorely missed!

**Memorial Services in Happy Camp, CA,
were led by Leaf Hillman**

**Graveside Services in Macdoel, CA,
were led by Rick Boomgarden**

Pallbearers: Ralph Pohlman; James Pohlman; Drew Difuntorum; Leon Hillman; Al DeCoux; Ray Williams

Honorary Pallbearers: Ronnie Difuntorum; Terry Hindle; Alex Difuntorum; Howard Wynant; Dan Bechtel

Simple Man

By Gary Rossington & Ronnie Vanzant

And be a simple kind of man.
Be something you love and understand.
Be a simple kind of man.
Won't you do this for me son,
If you can?
Forget your lust for the rich man's gold.

All that you need is in your soul,
And you can do this if you try.
All that I want for you my son,
Is to be satisfied.

Boy, don't you worry... you'll find yourself.
Follow your heart and nothing else.
And you can do this if you try.
All I want for you my son,
Is to be satisfied.

Karuk Paths to Prosperity

A Comprehensive Community Capacity Building Project

Funding Made Possible by

The Administration for Native Americans

The Administration for Native Americans (ANA) has awarded \$900,000 to the Karuk Tribe of California for Karuk Paths to Prosperity, a three-year social development project that will enhance educational and employment opportunities in the remote mid-Klamath River communities of Happy Camp, Orleans and Yreka.

With ANA's provision of \$300,000 per year for 2007, 2008 and 2009, the Karuk Tribe will utilize available computer technology to increase public awareness of the wide array of occupational opportunities that exist within the ancestral territory—and then support individual community members in pursuing vocational and professional training through distance learning programs. Through Karuk Paths to Prosperity, the Tribe's Human Resources Department will create a public-access web site that features 100 different jobs ranging from entry-level clerical positions to paraprofessional health, education, family services and natural resources positions, to licensed professional and executive management positions. By converting three community computer centers to distance learning centers—or “virtual college campuses”—the Karuk Tribe will help high school students, unemployed/underemployed community members and Tribal employees to access postsecondary education that previously required relocation outside the ancestral homelands. This grant funded new equipment, computer center staff, and annual operating expenses.

How can this help community members?

1. College courses and degrees are now available locally without having to “go away” to college.
2. Student Services Coordinator staff working with the Tribe's education and TERO departments are now available in Happy Camp, Orleans and Yreka to assist you with:
 - academic advising
 - course selection
 - career counseling
 - financial aid advising
 - mentoring
 - course technical assistance
3. Computer Center staff mentored “Successful Online Learning” classes are available on a continuous basis to assist you with navigating and troubleshooting any problems you may have with distance learning courses. To enroll, go to: <http://www.happycampcomputercenter.org/sol.htm>

4. Up to date computers are available at the Happy Camp Community Computer Center for distance learning use with high speed Internet access.
5. The new Yreka Housing building has a new mini computer lab available for housing residents to use for the Successful Online Learning course or online classes.
5. COMPASS college placement assessments are now available at the Happy Camp Community Computer Center to place you into the right college course, regardless of what your current education level is.
6. Continually updated web site featuring different job positions at the Karuk Tribe is now online with detailed descriptions of what most jobs at the Tribe are, what is required of staff in those positions, low and high rates of pay, training/education necessary to qualify for each job, and which community the positions are located. By the end of the three-year grant, 100 jobs and descriptions will be placed online. <http://karuk.us/test/index-pp2.php>
7. Student Services Coordinators are available to help you plan your education around the job you wish to make a career of.
9. Current jobs are listed at <http://karuk.us/jobs/>

If you've dreamed of having a particular job, services are now available to help you make your dream come true without having to move away to go to school. If you would like a change in careers, we can help you acquire the education necessary to make that change.

For more information, visit or call the location nearest you:

1. **Happy Camp:** Happy Camp Community Computer Center/Distance Learning Center: at 25 Fourth Avenue, Happy Camp, 530-493-5213. You may also email Emma Lee Johnson at emmaleejohnson@karuk.us, or Jim Burcell at jimburcell@karuk.us.
2. **Somes Bar/Orleans:** Go to the Community Computer Center in Orleans at Panamniik Center, 39051, Highway 96, Orleans, CA, 530-627-3081, or email Bari Talley at btalley@karuk.us.
3. **Yreka:** Go to the new Housing Authority building mini lab at 1836 Apsuun Street or call 842-1644 Ext. 7004 and ask for Byron McLane.



Meet Your New Student Services Coordinators



Emma Lee Johnson

Computer Center/Student Services Coordinator, Happy Camp

Hello everyone, my name is Emma Lee Johnson. I was born and raised in Seiad Valley, California. I graduated from California State University Chico with a Bachelors degree in Organizational Communication Studies and minor in Conflict Resolution. I completed the majority of my general education utilizing distance learning technology.

I am excited to be back on the river, serving my community. I enjoy the outdoors, working in the garden and spending time with family and friends. My parents are Wally and Jennifer Johnson. I am the middle of three sisters. I look forward to helping others.

Please feel free to contact me. I can be reached Monday – Friday 9:00 a.m. – 5:00 p.m. or by appointment at (530) 493-5213 or emmaleejohnson@karuk.us.

The Happy Camp Community Computer Center and Distance Learning Center is located at on the high school campus across the street from the fire hall and sheriff's substation at 25 Fourth Ave, Happy Camp, CA 96039.

Byron McLane

Student Services Coordinator, Yreka

My name is Byron McLane. I am a Karuk Tribal member and I grew up in Happy Camp. I have two sons, Zach 12 and Tyler 9. My mom was Mary Jo Hockaday, my dad is Frank McLane and I have two brothers, Bill and Bob McLane. My grandparents are Minnie Hockaday and the late Cowboy Hockaday.

After graduating from Happy Camp High School I attended College of the Siskiyous. I then received my Bachelors degree in Physical Education from California State University Chico. I now live in Mt. Shasta and serve the Yreka area.

In addition to my position as a Student Services Coordinator, I am an entrepreneur owning my own landscaping business. I also enjoy refereeing basketball for small schools in the north state.

I look forward to serving everyone to the best of my ability. I can be reached at the Yreka Housing Authority new building, Yreka Mini Computer Lab, Monday – Friday 12:00-5:00 p.m. at (530) 842-1644 Ext: 7004 or by cell at 530-598-4796.

The Yreka Mini Computer Lab open hours are Monday-Friday 8:00-12:00 and 1:00-5:00p.m. located at 1836 Apsuun Street Yreka, CA 96097.



All Student Services Coordinators partner with the Karuk Tribe's Education Department to bring Tribal members and descendants maximum assistance in college and career planning.

Newsmagazine Articles

If you have news, articles or events you would like placed in this newsmagazine, please submit your information to Sara Spence, News Articles, PO Box 1016, Happy Camp, CA 96039. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be included, however you may request that your name not be published or appear in the newsmagazine.

Article deadlines are: July 15 for the summer issue, **October 15 for the fall issue**, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

Education Program

Submitted by: Jennifer Goodwin, Education Program Coordinator

CONGRATULATIONS to all of the Graduates in 2008! From pre-school to Graduate school we realize how important education is and are here to assist you with your educational needs as best we can. There are a number of services offered by the Education Program both inside and outside of the service area. If you have questions or concerns please feel free to contact us at anytime.

Some of the Services Offered are:

- Assistance with navigating through the educational system from Head Start to College level, including financial aid
- Scholarships for College and University students for Tribal Members and Descendants
- Tutoring services
- Referrals to other programs
- Advocating for children and parents which could include school meetings or through the IEP (Individualized Education Plan) process

Be sure to check the Karuk website for educational news, information and/or scholarship announcements. We will be adding a new list of scholarships from all sorts of funders that may be just right for you!

Student Loan Information

The Basics of Borrowing: Loans 101

If you're a current or future college student, chances are good that you're considering a student loan. Before you make any decisions, it pays to understand the basic principles behind borrowing.

All loans consist of three components: The interest rate, security component and term.

The Interest Rate

The interest rate is the lender's charge for the use of their money. The interest rate is usually a small percentage of the amount loaned.

There are two different types of interest rates: fixed or variable (aka adjustable).

Fixed rates are just that: fixed and unchanging. If your fixed interest rate is 7 percent, it will be 7 percent for the life of the loan.

Variable rates can change over time and are usually based on a standard market rate, such as the prime interest rate (which is the lowest rate of interest a bank can provide at a given time and place, offered to preferred borrowers). For instance, you may take out a loan with a variable rate at prime +2. This means that you'll pay two percent more than the prime rate, regardless of what it is.

Interest rates for popular student loan programs like Stafford and Perkins Loans have low interest rates. Plus, the government pays the interest on subsidized Stafford Loans and Perkins Loans while you're in school.

The Security Component

All loans are either secured or unsecured. This refers to whether you are putting up assets, often referred to as collateral, to guarantee your loan.

If you have a secured loan, it means you have guaranteed your lender will be repaid one way or another by giving them a claim on something you own. If the loan goes unpaid, the lender can seize the collateral to recoup their investment. This guarantee gives lenders a great deal of security and allows them to charge low interest rates.

Unsecured loans do not require any collateral from the borrower. The bank therefore has no protection if the loan goes unpaid. Unsecured loans almost always have higher interest rates than secured loans. Lending institutions sometimes require that an additional person co-sign for unsecured loans, or vow to repay the loan if the borrower fails to do so.

Student loans have an advantage in that no collateral is required but they still have low interest rates.

The Term

The term of a loan is the length of time that the borrower has to pay back the loan. Most personal loans have terms of one to five years. Many student loans have 10-year repayment periods. Typically, the longer the term, the higher the interest rate. The term is the maximum length of time the borrower has to repay their loan; loans can always be paid off before the term is up.

Student Loan Information, continued....

A Case Study

To see how all the pieces fit together, let's take a look at a sample loan.

Karen takes out a \$10,000 loan with an interest rate of 8.25 percent and a 10-year term. Because this is a secured loan, Karen uses her 1967 Ford Mustang as collateral.

Karen's loan breaks down as follows:

Loan Balance: \$10,000

Loan Interest Rate: 8.25%

Loan Term (in years): 10

Minimum Monthly Payment: \$122.65

Total Payments: \$14,718.49

Total Interest Paid: \$4,718.49

The minimum monthly payment that Karen needs to make to complete her loan within the 10-year term is \$122.65. After 120 payments of \$122.65, Karen will have paid off her entire loan and \$4,718.49 in interest.

Keep in mind that Karen can always increase her

monthly payments. This will shorten her loan's term and result in less interest paid. For instance, if Karen decides to pay \$250 each month, her repayment plan breaks down as follows:

Loan Balance: \$10,000.00

Loan Interest Rate: 8.25%

Monthly Loan Payment: \$250.00

Number of Payments: 47

Total Payments: \$11,734.15

Total Interest Paid: \$1,734.15

By upping her monthly payment, Karen shortens the term of her loan to 47 months, or just under four years. She also reduces the total amount of interest she pays to \$1,734.15.

Let's say that, instead of upping her monthly payments, Karen skips a few. In fact, let's say she stops paying the loan altogether. That's bad news for Karen. Because this is a secured loan, Karen may be kissing her Mustang goodbye.

So when you consider taking a loan, pay special attention to the basic terms to anticipate how much you'll pay and how long you'll be in debt.

If you want to calculate how much your loan will cost you (and how much you'll need to make to keep pace with your payments), check out FinAid's Loan Payment Calculator.

(Information found at FastWeb.com, by: Mike Pugh)



Ashawnee Teresa Marie (Red Tail Hawk) Mendoza

Born: January 29, 2003

Enrolled Member: Santa Ysabel Band of Diegueno Indians – also from Rincon Luiseno Band Mission Indians, and Karuk Tribal Descendent.

Mother: Marcie Alberta Bain (Karuk)

Father: Eric James Mendoza

Maternal Grandparents: John (Karuk) & Ruth Bain of Happy Camp

Paternal Grandparents: Elmer "Bud" Mendoza (Rincon Luiseno Band Mission Indians & Diegueno) and Alicia Mendoza.

College of the Siskiyous

DISTANCE LEARNING

Go the Distance!

Fall 2008 Schedule!

Call (888) 397-4339

<http://www.siskiyous.edu>

or 493-5213

Happy Camp Videoconferencing—Fall 2008

BA 53	Business Mathematics	MW	1:00P-2:15P
ECE 1	Introduction to Early Childhood Education	T	5:00P-8:00P
ECE 4	Infant Development	MW	3:30P-5:00P
ECE 5	Human Development	W	5:00P-8:00P
ECE 7	Child, Family and Community	Th	5:00P-8:00P
ECE 24	Early Childhood Education Practicum	M	5:00P-7:00P
ECE 26	Serving Children & Families in a Multicultural Society	T/Th	3:00P-4:15P
ENGL 1A	College Composition	MWF	8:00A-8:50A
HIST 9B	World Civilizations Since 1450	MWF	11:00A-11:50A
MATH 90	Mathematics for the Totally Confused	T/Th	1:30P-2:20P

Online Classes—Fall 2008

ADJ 17	Community Relations	Begins 8/18/08
ANTH 1	Introduction to Cultural Anthropology	Begins 8/18/08
ANTH 7	Indians of California	Begins 8/18/08
ART 32	Digital Imaging	Begins 8/18/08
BA 6	Introduction to Business	Begins 8/18/08
BA 14	Principles of Business Management	Begins 8/18/08
BA 81B	Communication	Begins 10/8/08
BA 81C	Attitude in the Workplace	Begins 10/29/08
BA 81E	Decision Making / Problem Solving	Begins 9/17/08
BA 81J	Time Management	Begins 8/27/08
COMM 6	Advanced Film & Television Writing	Begins 8/18/08
CSCI 1	Intro to Computer Science (two sessions/wk on campus)	Begins 8/18/08
CSCI 7	Programming I (two sessions/wk on campus)	Begins 8/18/08
CSCI 16	Introduction to Internet	Begins 8/18/08
CSCI 37A	Computer Game Design I (two sessions/wk on campus)	Begins 8/19/08
ECE 15	Administration of Early Childhood Education	Begins 8/27/08
ECE 60	Preschool Language and Literacy Curriculum I	Begins 9/4/08
EDUC 90	Orientation to Online Learning	Begins 8/18/08 & 11/11/08
ENGL 1A	College Composition	Begins 8/18/08
ENGL 1C	Adv. Comp./Critical Thinking	Begins 8/18/08
ENGL 12	Folklore	Begins 8/18/08
FCS 11	Nutrition (two classes beginning this date)	Begins 9/8/08
GEOL 13	Environmental Geology	Begins 8/18/08
GUID 1	Collegiate Orientation	Begins 8/18/08 & 10/6/08
GUID 2	Career and Life Planning	Begins 8/18/08 & 10/20/08
HEA 10	Health in Action	Begins 8/18/08
HIST 17A	U.S. History to 1877	Begins 8/18/08
HIST 17B	U.S. History Since 1877	Begins 8/18/08
HUM 1	Introduction to Humanities	Begins 9/15/08
MATH 56	Elementary Algebra (one session/wk on campus)	Begins 8/18/08
MATH 81	Pre-Algebra (one session/wk on campus)	Begins 8/18/08
OA 58	Practical Accounting	Begins 8/18/08
READ 10	College Reading	Begins 8/18/08 & 10/27/08
SOC 1A	Introduction to Sociology	Begins 8/18/08



2nd Avenue TODAY

Let's **SAVE** this!

A group of Happy Campers are raising funds to purchase the half-acre park known as the Old Town Park, located along Second Avenue and Washington Street. This property is currently owned by private parties willing to sell it to "the Town" for continued use as a park. Plenty of improvement funding will become available once the land is publicly owned!

Before an ambitious transformation in the late 90's, the property was host to a pile of rubble and blackberries, a reminder of the tragic 1975 fire that destroyed the Del Rio Movie Theater, Timber Inn Café & Bar, and Russell's Dance Hall. Old Town Park represents fond memories.

This lovely park, located in the heart of old Happy Camp, is covered with lawn, a few benches and picnic tables, trees and shrubs, a miner's antique water canon, and a sign- all donated, planted, maintained and cleaned by unpaid volunteers. The Happy Camp Community Services District installed and maintains the sprinkler system.

The Happy Camp Community Services District (a Special District providing town water, lighting & parks) will become the new land owner and will assume all future maintenance responsibilities.

All purchase contracts have been signed, deposits are in Escrow, and a special savings account is open through Scott Valley Bank. This account is named "Old Town Park" and is solely for buying the park property.

With public ownership we can add great improvements such as drinking fountains, lighting, public restrooms, and a small performing stage. Let's make a big difference and create new excitement for our residents and visitors alike! Your contributions will make this a real success.



PLEASE, HELP HAPPY CAMP BUY THIS PROPERTY



Please Donate! The Fundraising Goal is \$ 45,000 by May 1, 2009 EVERY Dollar counts!

All Donations are Tax- Deductible

A receipt will be mailed for each donation, so be sure to include your name and address. You will also receive a newsletter updating fundraising progress, future possibilities, and the recognition of friends and neighbors who have donated to our community treasure.

Donations may be made **Payable To:** **HCCSD** (Happy Camp Community Services District)

Memo to:

OLD TOWN PARK

P.O. Box 1129

Happy Camp, California 96039

THANK YOU For Your Help

Beth and 18 friends of the park

Questions? Call Beth Buchanan @493-2249

NOTE - As of July 15,08 we've raised \$3,750.00





ISHI CROY

One of our Native Youth with a dream...

Ishi's dream is to attend college to further his education and play football at USC or Oregon State.

Ishi is twelve years old, is in the sixth grade, and has a current GPA of 3.5. He attends Valley Center Upper Elementary school in North San Diego County. When not playing sports throughout the year you can find him catching rattle & gopher snakes, turtles, lizards, horned toads, riding his quad, or fishing at the river with his buddies. Last year he decided to become an entrepreneur and sell sage bundles. He collected sage around the mountains of the Indian Reservation we reside on, and did an excellent job of bundling and selling them to earn money to buy himself a lizard. Ishi has taken on a new adventure this past school year by joining Band and has chosen to play the drums. As school ends and summer begins, Ishi will finish out his baseball season for Valley Center Little League and begin playing softball for the Rincon Tribal Youth Team, as well as continuing football conditioning and speed training camp until football seasons starts in August.

FAMILY

Parents:

Marcie Bain & Eric Mendoza (Step-Dad) of Rincon Indian Reservation

Harold Croy, Jr. & Barbara Cook (Step-Mom) of Yreka, California

Grandparents:

John & Ruth Bain of Happy Camp, California

Harold & Daylene Croy of Yreka, California

Charlene Croy of Eureka, California



WHAT ISHI IS THANKFUL FOR? I am thankful for my family, my home, and my PS3.

A little something from Mom: Ishi I am so proud of you and I know that you will make it to USC. I believe in your spirit and the drive that you have. You are kind hearted, loving, respectful and I could not ask for a better son. Stay in sports and be involved with your community. Your dedication and hard work will bring you all your dreams and more. **I LOVE YOU!** Mom

Carl Blossomegame Lucky Title 7 Laptop Winner!

Carrie Davis and Jennifer Goodwin

On June 6, 2008 at Happy Camp Union Elementary School District end of the school year assembly, Carl Blossomegame was the lucky winner of a brand-new laptop computer!

The laptop computer was raffled off as an incentive for students to attend the Title 7 afterschool program for tutoring services. Any student in the program who had an 80% or higher attendance was entered into the raffle.

All other student participants in the Title 7 Program received acknowledgment and were given an award and a gift certificate for the annual book fair held at Happy Camp Elementary School.

*Very happy laptop winner,
Carl Blossomegame*



The Title 7 grant is applied for by the school and it requires a parent committee that includes school staff, parents of Native children and community members. It is very important to have parents involved to work together to provide the needed programs for our Tribal students. If you or someone you know would like to participate on this committee, please call Jennifer Goodwin at 530-493-1600 x2034 or Casey Chambers at 530-493-2267.

Current committee members are: Tamara Barnett, Casey Chambers, Carrie Davis, Jennifer Goodwin, Michael Thom, Barbara Snider, Junalynn Ward, Dion Wood, Jeri Holmes, and Cecilia Arwood.

Congratulations Waylon Lenk!

Waylon Lenk, a Tribal descendant from the Emma Pearch and Elsie Young families of Orleans, has graduated with a Bachelor of Arts degree from Lewis & Clark College in Portland. He double majored in German Studies and Theater Arts.

He studied his junior year at the University of Munich in Germany and took many opportunities to visit other parts of Europe. He also visited his father's family in Germany, in the village where the family has lived for 500 years.

His parents, his sister Neva, grandparents, aunts and uncles were all there to see him receive his diploma and to receive the Excellence in Acting Award at his May graduation.

Waylon will spend this next year at his home in Ashland getting more experience in Theater and researching graduate schools to continue his Theater studies.



Congratulations Phil!

Submitted by Sandi Tripp and Jennifer Goodwin

Friends, family and the Karuk Tribe Education Department would like to congratulate Tribal Member Phillip Tripp, son of Harold and Sandi Tripp, for his recent scholarship award through the Ford Family Foundation. This scholarship is an academic or GPA based award and provides for 90% of all unmet needs for four years of undergraduate studies and also provides the student the opportunity to apply for continuation funding for two years of graduate studies.

Phillip will be attending Humboldt State University and plans to major in Fisheries Biology.



Congratulations Alma!

Graduated from Yreka High School

June 7, 2008

Alma Mendoza will be attending Southern Oregon University in the fall to study Pediatric Nursing and Photography. We are very proud of all your accomplishments you have made in the last four years. You bring inspiration to many people. You are a smart and strong young woman who will conquer all your goals. We love you.

Love, Your Mom, Sister and Brothers.



Congratulations to the Happy Camp Elementary School Eighth Grade Graduating Class of 2008!

Tamara Barnett



From left to right top row: Louise Kezer, Krista Reynolds, John Gomes, Alan Gibson, Corey Barnett, Santelle Minium and Tera Orge Middle Row: Crystal Jones, Rio Lloyd, Brittany Ettleman, Ethan Cook, Brian Hayes and Ashley Dias Bottom Row: Florence Peters, Justin Wright, Cassandra Polmateer, Niko Nodalo and Amber Curtis

I would like to congratulate all of the 2008 Happy Camp Elementary School Graduates. Way to go

guys! You should be very proud of yourselves. Each and every one of you has the potential to do wonderful things in your lives. Good luck next year in high school.

I would also like to thank the community of Happy Camp. You were here for our kids and without you we wouldn't have been able to go on our end of year trip or have a graduation dance. Thank you so much for your support and generosity in all of our fundraising.



Laura Ann McAllister is a Karuk Tribal Member. She is the daughter of Jeffrey McAllister, Sr. & Shirlee McAllister



John, Yvette and Carol Foote-Bley at Yvette's June 2008 Graduation in Canton, NY



Yvette and cousin Andrew Bley

Yvette Bley Graduates and Returns to Karuk Country!

Tribal Member Yvette Bley came back to her home town in Happy Camp after living in New York since she was three-years old. Yvette graduated in June from Hugh C. Williams High School in Canton, New York. She is thrilled to be back in Happy Camp where she was born and to attend the Tribal Reunion for the first time. She feels the familiar happiness of being back on the river.

Yvette's parents are John and Carol Foote-Bley and Anita George

(Bley). Her maternal grandfather was Neal Evans (Moose) George of the downriver George, McNeal, Kearney & Steve families, and her paternal grandfather is Jim Bley, formerly of Happy Camp, now long-time resident of Brookings, Oregon.

Yvette plans to go to college and major in business, but has not decided whether to stay in Happy Camp, work, and take distance learning courses, or move to Beaverton, Oregon, to go to school and live near her mom and brother Alex.

Whatever you decide Yvette, we wish you the best and know you will do well!

Love, Aunt Rosie



Derek Allen Ames

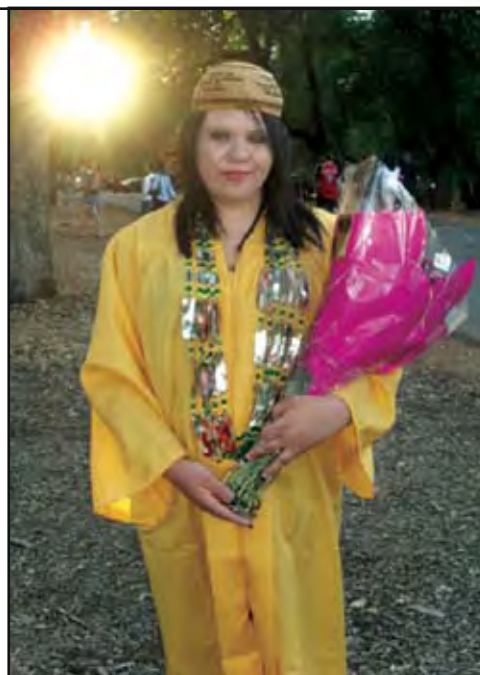


Derek graduated from Yreka High School on June 7, 2008.

Derek is the son of Randy and Tina Ames of Lake Shastina, California. He is the grandson of Daisy Fry of Grants Pass, Oregon and the late Ivan L. Fry, and grandson of Jack Ames and the late Esther Ames of Coos Bay, Oregon. Derek is a descendent of the Karuk Tribe and his mother Tina, is a Karuk Tribal Member.

Congratulations Derek, we love you and are proud of all of your accomplishments!

Love, Mom, Dad, and family



Congratulations Bobbisue Goodwin!

From your entire family and all of your friends.

Tribal member Bobbisue Maureen Goodwin Graduated from 8th Grade on June 5th, 2008 from Sequoia Middle School located in Redding, CA.

We are proud of you!



Walter Hayes Morton III

Born: February 3rd, 2008

Weight: 6 pounds 12 ounces

Length: 18 inches

Parents: Karuk Tribal member Wally Morton and Hoopa Tribal member Brandy Morton

Grandparents: Walt Sr. & Carol Morton and Gary & Kathy Colegrove.

Siblings: Tristan age 12 and Nanya age 11



Tyler Lane Kozal

Born: January 9, 2008

Parents: Michael and Jennifer Kozal

Brother and Sister: Joshua Lee and Emily Rose Kozal

Maternal Grandparents: Robert and Brenda Gossett

Great Grandmother: Clara Linderman Broyles

Tyler is pictured in a baby basket his grandmother Brenda rode in as a baby. The basket was made by Mrs. Davis around 1960.



Lane Nelson Powell

Born: January 30, 2008

Weight: 8 pounds, 8 ounces

Length: 21.5 inches

Parents: Barry and Jennifer Powell of Redding

Paternal Grandparents: Odus and Delma Powell of Burnt Ranch

Paternal Great Grandmother: Louise (Tripp) Rails, deceased

Paternal Great Great Grandparents: William (Pop) & Bessie Tripp, (deceased)

Maternal Grandparents: Gary and Karen Madsen of Willow Creek

Maternal Great Grandmother: Luella Pointer of Shasta

Maternal Great Grandmother: Aune Madsen (deceased)

Paternal Uncle and Aunt: Vernon and Tammie Powell of Redding

Maternal Uncle and Aunt: Al Acosta and Stacey Madsen of Los Angeles



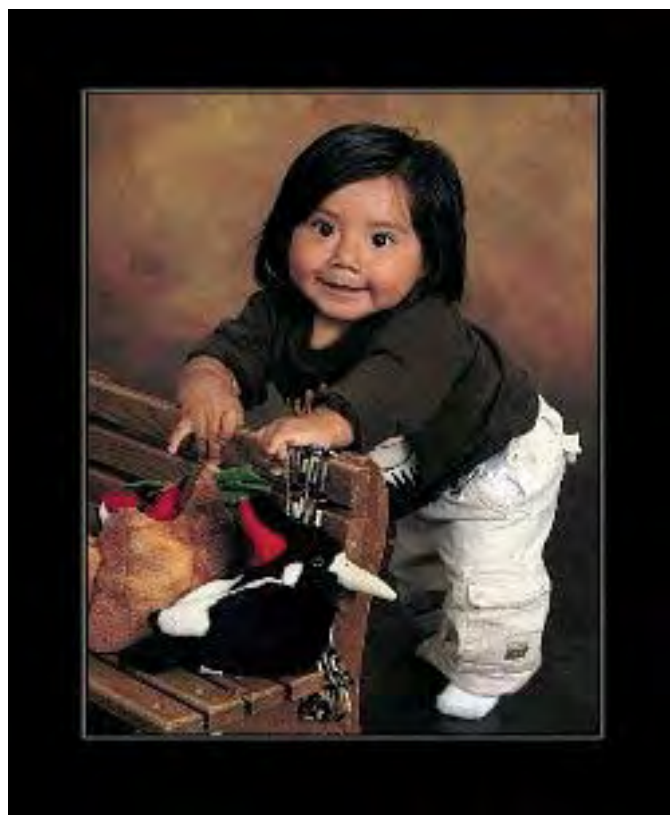
Happy Birthday Olivia Lopez!

5 Years Old
April 18th 2008
Love, your Family

Happy First Birthday Ivan Emmett Super!

May 9th 2008

*With Love... from your Mom Florraine, Dad
Richard, Grampa and Grandma Pete & Nancy*



Amanda Rose We Are Proud of You!



Submitted by LaVien Lang

Amada Rose Lang is a “proud” Karuk Tribal Member. In Amada’s eleven years of life she has advanced quickly. She has overcome many life issues; and even though she faced leaving her home and friends in Yreka Karuk Housing to make a sudden gripping move to Fortuna, California – she has not let that affect her advancement in education, and in learning her Native American heritage.

Since second grade, she has had straight A’s, at a 4.5 grade point average. Since fourth grade, she’s received letters from the Ford Family Foundation to already encourage her to apply for scholarships at a young age. She accomplished the DARE certificate that educates kids to stay off drugs and alcohol. She’s now an honor roll student, and at the top of her class.

Amada has also learned to do fine Indian jewelry and Indian regalia. She’s proud to be a Karuk Tribal Member and hopes one day to be a pediatrician in the medical field.

Happy Birthday Dewey Jones!

1 Year Old
March 18th 2008
Love, your Family





Mission Statement

The mission of the Karuk Tribal Council is *to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

Karuk Tribal Council

Summer, 2008

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Charron 'Sonny' Davis
Member at Large

Newsletter Production:

Desktop Publishing:

Rosie Bley

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*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

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96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Fall 2008

Karuk Tribe

Post Office Box 1016
64236 Second Avenue
Happy Camp, CA 96039

3,520 Tribal Members

(530) 493-1600
(800) 505-2785
(800-50Karuk)

www.karuk.us

Karuk Tribe's Quarterly Newsmagazine

12th Annual Karuk Tribal Reunion

See Pages 14-17



Fifth Annual Fall Basketweavers Gathering

See Pages 10 & 11



CHAIRMAN ARCH SUPER'S CORNER

Ayukii koovura pa Karuk araaras (Hello all Karuk people and relatives). If xara xas tanupmah karu nuchuupha pa araarahih. (I have not seen you in a long time and I have not talked the language in a long time). Huut ni iin (What's the mater with me). Chimi kiik itaptiheesh pa ararahih (Let's learn the language) Yootva.



JUNE: Our Self Governance (SG) Director Hector Garcia and SG Assistant Carrie Davis have been working with the newly organized group the "California Association of Tribal Governments" (CATG). The association was organized to support SB 62 and save the 1.1 million to the non-gaming tribes and tribes with small casinos. The association will also work on California specific issues with California tribes. Information on the CATG can be obtained through our Self Governance office.

JULY: I traveled to Washington DC to a Temporary Assistance to Needy Families (TANF) Technology Training, which was sponsored by National TANF. This training was in preparation for our Tribe's TANF program, the training introduced different systems that are working for Tribal and County TANF programs. While back in DC, I met with the National Indian Gaming Commission (NIGC) attorney John Hay. I was checking on our long awaited Gaming proposal. Mr. Hay stated that the NIGC and the Department of Interior (DOI) were debating the current laws of Gaming. NIGC would like to see any eligible Tribe given the right to Indian Gaming and DOI would like to put tighter rules for allowing Indian Gaming. Mr. Hay suggested that we wait for the two government offices to come up with a consensus and conclusion on Gaming law. At that point, he would push our proposal forward. We hope to hear in early January 2009.

AUGUST: Our Boosters / CASA Club had a busy venture with the Indian Taco Booth at this year's County Fair. With the extreme help of the Club officers, Council members, Sonny Davis,

Florrine Super and Arch Super and all volunteers and vendors, our fundraiser was a success. Everyone worked Super hard. We would like to thank very much, everyone involved. We look forward to a successful year in 2009. The Boosters / CASA Club supports and advocates for the youth of the Karuk Tribe. Our Boosters / CASA Club co-sponsored, with the Quartz Valley Indian Reservation a softball team, in the COS softball course over the summer. Our team took first place in the Co-ed division.

I traveled to Verona NY for the quarterly Tribal Budget Advisory Committee (TBAC) meeting. The Tribal Regions of the US discuss the affairs of the Federal BIA budget. Our Federal and State budgets have no increases, but have the opposite decreases in funding for Tribes throughout the US. The Karuk Tribe is in Region IV and we plan to submit a proposal to TBAC for carry over funding of the BIA budget. Tribal Staff and Self Governance will work on that proposal.



Summer Softball Team

Back row: Sarah (Super) Abono, Sherile Grant, Genevieve Markussen, Michelle (Tickner) Miller, Jeana Thom, Victoria Conrad, Kayla Super, Tribal Secretary Florrine Super

Front row: David Lawe, David Super, Uvaramii Croy, Tribal Chairman Arch Super, Don Super, Marques Super & Chris Black

SEPTEMBER: I attended a "Real Estate Law" Training with the California Fee to Trust (F2T) Consortium in Coarsegold, CA, which was sponsored through the BIA Region IV. The California F2T Consortium helps our Tribe put our lands into Trust. They have been very successful in expediting and putting many of our parcels in trust. Land Manager, Scott Quinn and I are members of the consortium. The training information on Real Estate Law, I found that Scott is well in tune and is doing the required work. We had a government to government meeting with the Caltrans District 2 in Orleans. Land Manager and Assistant, Scott Quinn and Sandi Tripp and I were in attendance. We discussed road and land issues with Caltrans. We have and will continue to work with Caltrans on cooperative projects, assistance and communications.

OCTOBER: The Karuk Tribe is striving to sponsor and offer a Karuk Tribal Smoke Shop small business in Yreka. It is currently in development and we hope to see it thrive within the next couple of months. The Smoke Shop business can be a booming business and bring some economic development to the Tribe. We wish for its success and encourage everyone to spread the word.

The Tribe has been busy with the everyday operations. We are seeing a big impact on the state of the economy within the United States. Our budgets and funding from the Federal and State budgets are looking slim for the upcoming year. We will do our best to continue as many services and assistance as our budget allows us. As always, I encourage tribal members to call, write, email or come and see your elected officials if and when you have questions and concerns.

Yootva... Arch Super

Inside This Issue...

- 2 - 3 *The Chairman's Corner*
- 3 *CASA Volunteers*
- 4 - 5 *Notes From The Secretary*
- 6 - 7 *Fires in Karuk Country*
- 8 *News From the Grants Department - Yreka Smoke Shop Now Open*
- 9 *Karuk Tribe Special Election Results - July 19, 2008*
- 10 - 11 *5th Annual Fall Basketweavers Gathering*
- 12 - 13 *KTHA National Indian Day Celebration - Quarterly Staffing Update*
- 14 - 17 *12th Annual Karuk Tribal Reunion*
- 18 - 19 *DNR Environmental Educational Program*
- 20 *Thomas Edward McCulley, William Pepper, Kristy Rae Bussard*
- 21 *In Loving Memory of Curtis Ray Hillman*
- 22 - 23 *College Distance Learning Opportunities for Spring 2008*
- 22 *Karuk Tribe Employment Opportunities - Karuk Paths to Prosperity*
- 24 - 25 *Babies and Children's Pages*
- 26 *Summer Gone by Ran Beck*
- 26 *Become a Foster Parent - Source Reduction and Precycling*
- 27 *Karuk Tribe Child Care Program*
- 28 *Low Income Assistance Program*
- 28 *Tracie Lima Joins the Karuk Tribe Department of Behavioral Health Services*
- 29 *SAMHSA Grant Award to the Karuk Tribe Yav pa anav (The medicine is good)*
- 29 *Are You Ready for the Cold Winter Months?*
- 30 *No Cost Car Seats and Helmets*
- 31 *Contract Health Services Information*

CASA-Court Appointed Special Advocate for Children

What is a CASA Volunteer?

CASA volunteers stand up for the rights and best interests of children who might otherwise be forgotten. As appointed representatives of the court, CASA volunteers are empowered to make a lifelong difference in the lives of abused and neglected children. Our vision is that every child who needs a volunteer will have one. With your help, we can reach that goal.

Make a Donation

Your donation helps the Karuk CASA continue its life-changing work by supporting the recruitment, training, screening, and supervision of caring volunteer advocates who will speak up for child abuse and neglect victims.

If you share in CASA's mission to prevent abuse and violence, please show your support by making a financial contribution.



Be the Difference

Please visit your CASA office at:

Karuk CASA
1320 Yellowhammer
Yreka CA 96097
530-842-4924

Notes from the Secretary:

Ayukii, Here's is my quarterly report.

Side note: Ivan "Ishnur" Super, my son, is walking and running now. He will be 1½ on November 9th and in October he weighed 31 lbs.



TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Elders- Honor our Elders, They show us the way in life.

As stated previously, I have our Elder's Issues on several different committee agendas such as our LIAP Committee, Council Planning Agenda, and our Yav pa anav Committee. This has worked well for us as we make sure we discuss and plan for our elders and their concerns. We have set aside staff and funds to work on houses to make sure our elders have a safe living environment. We have provided air filters during the fire season. I will continue to report as we continue to support our elders.



Cultural Classes—Summer break is over... Class has begun again.

Cultural classes will be available to all those who are interested in learning and/or teaching. Classes will provide tribal and cultural awareness by storytelling, history lectures, dances and arts and crafts (basket making, drum making, regalia, and jewelry). Class started October 5, 2008 from 3pm to 6pm located at the new Housing / Tribal building in Yreka. We will continue to have classes every Sunday until December. Contact me for further information!

Parents get involved! We need transportation for children! We also need to get the word out so all those who are interested can take advantage of these classes.

Yav Pa Anav -- Programs meet at the table.

Yav Pa Anav is an intra-departmental committee.

Our goals are to strengthen the Karuk tribal system of care and improve communication with tribal departments and tribal members. Some of the departments involved are Social Services, Housing, Elder's workers, LIAP workers, Head Start, Health, and Council members. We again have worked on identifying accomplishments, barriers/challenges, and goals for 2008.

2008 Accomplishments:

Completed the Behavioral Health/Social Services Resource Guide. Had regularly scheduled meeting times for Yav pa anav. Created a smaller *inner* work group to handle specific complex individuals and/or families. The intra-agency referral form is being used. Departments are working together. Obtained the Circles of Care grant. Yav pa anav was an integral part (stepping stone if you will) of obtaining that grant.

Indian Child Welfare Committee (ICW):

The Karuk Tribe's ICW Committee Mission is to preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.

Our committee has continued with our regular duties such as keeping our families together, engaging our traditional beliefs in our ICW and CASA case plans, and working with other tribal and county departments to better serve our members.

Head Start: Children are our Future

I would like to welcome our new staff to the Happy Camp Office! So far this school year, I was able to visit the morning and afternoon classes at the Yreka Center. Vina Smith and I taught the children some Karuk words. It's always rewarding to see them learn.



The National Indian Education Association Conference, Feb, 08 in Senator Feinstein's office discussing Head Start funding

Low Income Assistance Program (LIAP):

The LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator with

processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need. So the Council has obligated some funding to help those who need assistance. It has helped a lot of our elders and families with children.



Karuk Booster Club: We need your support so we can support our kids in sports!

The Karuk Booster Club helps support Karuk enrolled members and enrolled descendents with sports and extra-curricular activities. We support children who are involved in school and community programs!



Upcoming Fundraisers – We need your support!

Please go to the website to look for upcoming events or email boosterclub@karuk.us



☆☆☆☆☆ **Yootva to all those who helped at the Siskiyou Golden Fair – Indian Taco Booth!** During the fair you did something wonderful. You put aside your work, family and friend time, other commitments-- and you made a difference. Thank you so much for all of your hard work. You were a huge part of making this project a success.



Karuk Youth Leadership 2008

Sorry our Youth Leadership was not advertised in our NewsMagazine. I will have a report in our next issue. Our Youth Leadership has been scheduled for November 8, 2008 in Happy Camp.



Contacting your Karuk Tribal Secretary:



If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information.

Florrine Super



Fires in Karuk Country

Erin Hillman,

Director of Administrative Programs & Compliance

On June 20, 2008 California was hammered by lightning storms which triggered over a thousand wildfires. The Karuk Ancestral territory became the backdrop for several fires within the Klamath and Six Rivers National Forests. At one point homes on the Salmon River were threatened but were then protected by the hard work of firefighters. Then came the smoke.



Bill Tripp, pointing out lightening started fires on July 11

Soon, the communities of Orleans, Somes Bar and Happy Camp were experiencing hazardous air quality conditions, which threatened the health and wellbeing of their residents. Northern California Indian Development Council donated several HEPA air purifiers which were distributed to the most vulnerable tribal members in the area, elders, small children and those with respiratory or heart conditions.

On July 16, the Tribal Council declared a state of emergency on tribal lands and set out to achieve several objectives, including assessing unmet needs, the procurement and distribution of HEPA air purifiers, opening cleaner air centers for the public and coordinating equipment to monitor air quality.

The declaration by the Council was forwarded to Humboldt and Siskiyou Counties, the Governor of California and the office of the President of the United States. On July 21, 2008, representatives from Hoopa, Yurok and Karuk tribes met with over thirty county, state and federal officials to bring attention to the situation and make the case for a county declaration. The next day, Humboldt County Board of Supervisors agreed and submitted their declaration of emergency to the Governors Office. Siskiyou County Board of Supervisors did not declare an emergency until September 2.



Wingate Bar on August 8

Meanwhile, the Tribe purchased and distributed an additional fifty (50) HEPA Air Purifiers to those at risk for health related issues caused by the overwhelming concentration of smoke in the area. Many were distributed through our clinics in Yreka, Happy Camp and Orleans. Others were distributed by Tribal Staff and Council Members. The Senior Nutrition Sites in Happy Camp and Orleans were equipped with facility sized air purifiers on loan from NCIDC and designated Cleaner Air Centers. These centers were open to all members of each community.

The Tribe set out to secure air quality monitoring equipment in each of the communities of Orleans, Somes Bar and Happy Camp. There was a shortage of air monitoring equipment in California due to the sheer numbers of fires. But, on July 29 a monitor became available. North Coast Unified Air Quality District placed it in Orleans and data was transmitted electronically to their offices. A monitor that had been placed in Happy Camp by the Siskiyou Department of Agriculture at the onset of the fires was not able to transmit data to their offices in Yreka remotely. Staff volunteered to take turns manually reading the monitors each day and submitting the information by email. The county was then able to set up and monitor air in Somes Bar, and DNR Staff performed the daily readings for that monitor.

Responding to an emergency puts an unexpected and costly strain the tribal budget. Through out this event the tribe sought funding to cover the costs and was in constant contact with state and federal agencies on the matter. National Congress of



Wildlife affected by smoke. July 21



Somes Bar on July 11

Fires Continued...

American Indians (NCAI) Deputy Executive Director, Robert Holden took the cases of the three tribes, Karuk, Yurok and Hoopa to a higher level. He forwarded a summary of our unanswered request for assistance to the White House Office of Intergovernmental Affairs and spread the word in the native community of our situation. In late August the San Manuel Band of Mission Indians called the Karuk Tribe to notify our Chairman that their Business Committee had voted to donate \$25,000 toward relief efforts. And then, in September, the Tribe received notification that Indian Health Services would reimburse the Tribe for costs associated with our response.

We've learned a great deal. There's no one-size-fits-all solution to an emergency. Within the communities of Yreka, Happy Camp, Somes Bar and Orleans and up the Salmon River, air quality measurements could vary dramatically on any given day. As a consequence, so would the level of response needed by the communities. When it came to relying on outside agencies for assistance we found we are at the end of the list.

We aren't alone; many tribes are not given the same opportunity as other county and state agencies to build capacity for responding to disasters. The situation is unacceptable. Internally, we are working toward increasing knowledge and preparedness level of Tribal Staff and Council. We have adopted the Karuk Tribe Emergency Response Plan and are training staff online and at facilities like the Emergency Management Institute. Externally we are working together with other Tribes in northwestern California to form a Tribal Emergency Management Agency or TEMA. The NWTEMA is currently working on finalizing its bylaws, and meeting bi monthly to discuss common concerns.

We will continue to voice our concerns at regional and national levels. In October, I, along with staff from the Hoopa Tribe will participate as panel members for a session titled "Smoke related Emergency Response Issues and Resolutions" at the 16th Annual Region 9 Tribal EPA Conference. Also in attendance will be representatives

from other Tribes, FEMA, State Office of Emergency Services and the Department of Homeland Security.

This conference is an opportunity for us to educate these agencies and others about the impact of events that occurred this summer. Our recent experience has made it clear that our Tribal communities expect us and need us to respond to disasters in our area. But currently the state and federal government fail to provide Tribes with the tools to do so, and it appears to be a long road ahead toward resolving the issue.



Coon Creek on July 21

Tribal Communities Come Together in a Crisis

A special thanks goes out to all the people who worked to make things happen during the smoke emergency; Joyce Jones from NCIDC who tirelessly distributed HEPA air purifiers in our area, Melodee and Florence Conrad who went above and beyond their normal duties to make sure the Tribes air purifiers were distributed in the Orleans, Somes Bar and Salmon River areas, Florrine Super for taking the time to track down air purifiers to purchase, Dr. Michael Willett of the Orleans Clinic for adapting to a level of bureaucracy, providing information at a split seconds notice when he really just wants to take care of his patients, Dr. Burns and Suzanna Greeno of the Happy Camp Clinic for the same, Babbie Peterson for organizing cleaner air centers in Happy Camp and Orleans, Barbara Snider for keeping track of loaned out equipment, Sara Spence for ordering air purifiers and acting as our Public Information Officer, Rick Hill and Earl Crosby (and Sara too) for reading air monitor data and transmitting it to Siskiyou County Pollution Control and Leslie Alford in the Yreka Clinic for managing the distribution of air purifiers there. If I have failed to mention anyone, please accept my sincerest apology.

News From the Grants Department

Hester Dillon, Grantwriter

The Grants Office remains busy and productive. We've recently been awarded grants from:

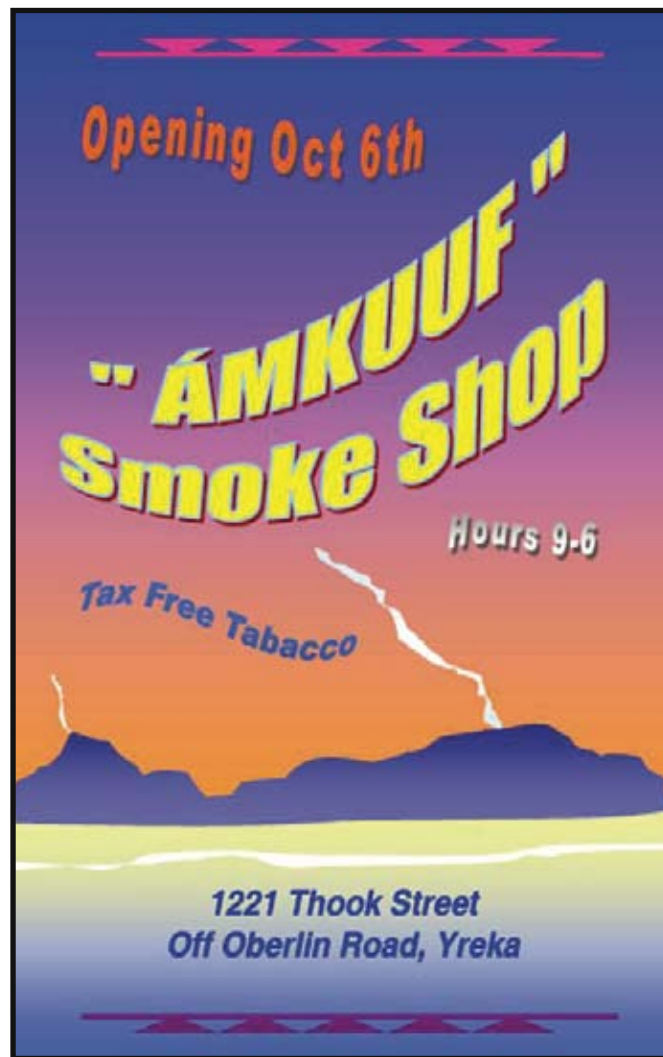
- Rural Housing and Economic Development - \$300,000 – These funds will provide for a new modular building to house KCDC as well as assist the KTHA loan program. Sue Burcell wrote this grant for KCDC and Rick provided assistance.
- Substance Abuse and Mental Health Services Administration - \$347,957.48 – This grant will provide infrastructure assessment, community participation, and planning over a three-year period with respect to culturally-appropriate behavioral health and substance abuse services for Tribal children, youth, and families. Submitted by Hester.
- Blue Shield Foundation - \$40,000 – This grant supports the Karuk Tribe's Health and Human Services Program. This funding will likely be used to leverage generator costs for the Happy Camp Generator Project. Submitted by Hester.
- Bureau of Justice Assistance - \$148,821 – This grant supports the operation of and personnel at the Tribal Court. Rick assisted April Attebury in submitting her proposal; Rick and Hester provided narrative feedback.
- Our construction permit for a radio station in Orleans was approved by the FCC.

Grants submitted during the past few months:

- National Endowment for the Arts Folklife grant, \$26,118 in support of the People's Center. Submitted by Rick.
- Year Two, Part 2 of the HRSA Non-Competing Continuation Application, \$644,321 in support of the Health and Human Services Program. Submitted by Hester.
- Sierra Health Foundation grant, \$40,000 in support of the Happy Camp Generator Project, submitted by Hester.
- Head Start third-year continuation funding grant, \$453,999, in support of annual operation of Head Start Programs in Happy Camp and Yreka. Hester and Rick worked with Head Start staff and Jim Berry at KCDC to complete and submit this application.

- CalTrans 5311 (f), \$10,513, Public Transportation planning and feasibility study grant to evaluate transit between Orleans and Happy Camp.
- Special Diabetes Program for Indians (SDPI), \$157,544, annual grant that enhances care for diabetic patients.
- Seventh Generation Fund Mini-Grant, \$500, in support of materials for the Yreka Cultural Class Classroom. Submitted by Hester.

We continue to work on the following projects and grants: a biomass grant, youth program funding, renovation funding for the Yreka Head Start Program, strategic planning, Congressional appropriations, generator funding for Happy Camp, emergency preparedness, and radio stations in Orleans and Happy Camp. As always, if you have questions, please stop by the office or give us a call at 493-1600, ext.. 2021.



Special Election To Amend The Constitution - July 19, 2008

RESULTS

The following results have been certified by the Election Committee and posted in accordance with the Election Ordinance. A total of 161 ballots were cast (17 in Yreka, 87 in Happy Camp, 23 in Orleans, and 34 by Absentee), 1 was invalid for a total of 160 valid ballots counted.

Copies of the newly revised Constitution are available on the Tribe's website at www.karuk.us/ or by contacting the Administration Office at (800) 505-2785 and requesting that a copy be mailed to you.

	AMENDMENTS	YES	NO
1(a).	Shall the Tribe change its name to the Karuk Nation ?	46	111
1(b).	Shall the Tribe change its name to the Karuk Tribe ?	84	67
2.	Shall the name of the Tribe's governing body be officially changed to the " Tribal Council "?	117	39
3.	Shall the Preamble be changed as proposed?	95	59
4.	Shall Sections 1 and 2 of Article I be added to define the Tribe's Aboriginal Territory and Tribal Lands ?	107	48
5.	Shall Council Districts be added as proposed in new Article I, Section 3 and Article VII, Section 2?	91	66
6.	Shall a new Article II be added regarding the Tribe's Jurisdiction ?	100	54
7.	Shall Article III on Membership be changed as proposed?	91	65
8.	Shall Article IV on Rights of Members be changed as proposed?	94	62
9.	Shall Article VI on Delegation of Authority to Tribal Council be changed as proposed?	83	71
10.	Shall Article VII on Elections and Nominations be changed as proposed?	91	61
11.	Shall Article VII (Criminal background checks) and Article IX (Removal for certain crimes) be changed as proposed?	84	63
12.	Shall Article VIII on Duties of Officers and Article V on Tribal Council be changed as proposed (combining Secretary/Treasurer)?	88	66
13.	Shall Article IX, Section 2 (Removal - past crimes) be added as proposed?	90	63
14.	Shall Section 3 of Article IX (Removal for gross misconduct) be changed as proposed?	95	57
15.	Shall Section 4 of Article IX (Recall) be changed as proposed?	92	61
16.	Shall Article XII on Amendments be changed as proposed?	94	59

5th Annual Fall Basketweaver's Gathering

Paula McCarthy

The Karuk Tribe held the 5th Annual Fall Basketweaver's Gathering, October 10-11, 2008 in Happy Camp, California. There were about 150 attendees at the gathering!

The gathering was made possible with funding from the Institute of Museum and Library Services (IMLS), a generous contribution from People's Center Coordinator, Dave Wroblewski, and raffle and t-shirt sales earnings raised by the weavers throughout the year and during the gathering. Thanks to the Tribal Council for their support, without them the event would not be possible!

This event would not have been possible without the volunteer work of many individuals including Junalynn Ward, Erin Hillman, Jennifer Goodwin, Verna Reece, Paula McCarthy, Dave Wroblewski, Lena Carmody, Amber Ariza, Mercedes DeAcosta, Martha Jensen, Michael Thom's night-watchmen services, the Karuk Tribal Maintenance Crew, and many others (sorry if I missed your name). Kathleen Davis and Donna Zook prepared the meals for the gathering.

Yootva to Leaf Hillman and Bryan Colegrove for taking our gathering participants out on the River to gather. Leaf again utilized the Department of Natural Resource's jet boat for this activity. Everyone had a great time!

We are going to be having another raffle next Spring to continue to raise monies to support these gatherings which take place twice each year, photos of the gathering and some of the raffle prizes are included with this article. The 6th Annual Spring Basketweaver's Gathering will be held around April 2009.

With all of this good news we do have some bad news to report unfortunately. We have had ten gatherings in all and never had any problems with theft or vandalism in all of those years, however, someone felt the need this year to take all of the root that Lena Carmody had gathered to take home with her. This was an appalling act and we cannot believe someone would do that!

The whole purpose of these gatherings is for the weavers who live out of the area to be able to do their gathering and take the materials home with them because they are not readily available near their homes. It is hard work to gather and someone took all of Lena's roots she had gathered.



Right: Erin Hillman & Florraine Super gathering Willow roots

Below: Brian Colegrove & Leaf Hillman in the boat. They transport people to the areas to gather Willows



Fall Basketweaver's Gathering Raffle Winners

- Thelma Reece- Acorn Strainer/Try, Seed Beater, Abalone Earrings
- Deanna Marshall- Foot Basket, Necklace (red & white)
- Amber Arizz - Seed Beater, Turquoise Belt Buckle
- Zona Ferris- Hair Piece
- Alisa Dodds- Acorn Paddle
- Loli Ward- Hair Stick
- Amelia R. - Necklace
- Denna Faye Dodds- Rattle
- Dave Wroblecki- Glass Bowl, Quilted Blanket
- Jenna Seeley- Drum Necklace
- Dan McCarthy- Necklace by Erin Hillman
- Tim Wilhite- Crochet hat by Jeanette Procter
- Florraine Super- Smoked Salmon
- Leaf Hillman- Fish Trap
- Bryan Colegrove- Beaded Cane
- Jeffrey Wilkins- Follow the Smoke Sweatshirt, Quilted Blanket
- Slate Boykin- Deer Horn & Deer bone Awls
- Florence Conrad- Basket Necklace by Laura Sanders
- Sheila Robinson- Medicine Bundle by Mercedes
- Pam W. - Turquoise Turtle Necklace



KTHA Native Day Celebration

Lisa Haas, Security Director, Karuk Tribe Housing Authority



KTHA hosted a Native Day Celebration on September 27, 2008 in the Yreka Community. What an incredible event it turned out to be! The event started off with a demonstration brush dance organized by Franklin Thom. He gathered kids from the community along with a few adults. He did a great job singing and teaching the kids to dance. The kids were so cute. I started the BBQ festivities with Heidi Arwood and Edwardo Escobar. They basically took it over. Edwardo fought the cold BBQ'er and Heidi fought with a long line of people and the hot dog buns. They were such a big help. Lisa Rugg from the Yreka Clinic set up a table and offered to stick needles into people to check blood glucose. It was great to see people taking her up on the challenge. Kayla Super, Jeanne Super, Rita, and Gina Thom offered beading with beads sent from Dion Wood's program in Happy Camp. This was a big hit with the kids and adults alike. Sandra Garcia, LaToya Super (who also helped with numerous other activities), and Amber Ariza did a fantastic job painting wild things on kids' faces. Jeanne Super also took pictures of the wood cut outs where people put their faces in. Many thanks to Marlene Rodriguez for being the *Lady with the Keys* at my beck and call.



Clarence Barger serenaded everyone with his music. Everyone was amazed at his talent!

He was also able to organize (via a California State Program), parents to watch a video to get helmets and car seats for their kids. They had to take a test and of course they all passed, even though the video given to him was in Spanish. Bien Clarence.

We also had a raffle. Susan Gehr donated seven Karuk Dictionaries, Amerind donated first aid kits, and KTHA donated Wal-Mart gift cards. Ann Escobar and Lorelie Jerry (Nubs) organized the raffle and what a job that was! The celebration turned out a lot of people and everyone got a raffle ticket. Nice job ladies.



Ann came up with a great idea for the kids to win a \$20 gift card from Wal-Mart. Heidi Arwood and I filled pie pans with whipped cream. We hid candy corn inside. Suzie Cost and I cut a ton of blindfolds for this event. The object

was for the kids to stick their faces into the whipped cream pie and whoever grabbed the first six candies would win the gift card. Tass Croy, Jr. won the big prize. The kids were covered in whipped cream. It was great walking away and not having to clean them up. My sincere apologies go to the parents.

Glenda Hockaday displayed her beautiful handmade native dolls for everyone to admire. Red, her husband, was the bodyguard to the dolls.

Suzie, Nubs, and I sold about a million snow cones. They are always a popular item at every event.



Quarterly Staffing Update

Sara Spence, Human Resources Manager

Page 13



During the last hour the Yreka Fire Department showed up with two fire trucks. One of their trucks was their newest addition that has a 75-foot ladder. The Fire Department let me climb that huge ladder. I made it to the top... barely. They also let the kids hold the hose and squirt the other kids, ultimately cleaning the whipped cream off their faces.

Officer Dougherty showed up with the DARE car and talked with the kids. The fire department and the DARE car had a siren contest, which woke up anyone who might have been napping within a five-mile radius.

That night, we had a dance. It was a chore to find a stereo but we finally did. Phil Albers Sr. and Eric Willems went out of their way to find speakers but they just weren't loud enough. Michelle Patterson came through with an incredibly loud stereo. Anyone who lives on Thook Street knows her stereo very well. To finish it all off, Matt Super, Devin Haas



and Michelle's daughter Lasandra Suehead, DJ'd the dance. The kids, teens and adults all gathered to shake their afups. What a great time everybody had! Yootva to all who helped. A big Yootva to Phil Albers, Sr., Harold Croy, Jr., and Brandon Arwood who brought over all the tables and chairs. If I have forgotten anyone I apologize. I am sure I will hear about it. BUT, I really do appreciate everyone's help to make this event a huge success.

Next year we hope to make it bigger and better. Any ideas and suggestions are always welcome.

Lisa Haas 598-9880



This update covers **July through October**. We currently have 157 employees on staff. There was a decline in the past quarter due to layoffs which were necessary to balance the budget for this Fiscal Year. Several positions were removed from the budget and those duties will be absorbed by existing staff.



Arron "Troy" Hockaday left the Senior Nutrition Program on 7/24. **Renae Parton** was hired on 8/15 to fill the vacancy.

Susan Gehr and **Robert N. Goodwin** both left the Language Program on 9/29 which was the end of the three-year grant period. **Ruth Rouvier** was hired on 10/27 as the Program Coordinator. Susan will continue on as a Contractor with the Language Program.

Lisa Schamehorn was hired on 8/13 to fill the Custodian position at the Happy Camp Community Health Clinic.

Karen Alford was transferred from the Temporary Yreka Elder's Field Worker position to the Temporary Yreka Medical Receptionist position on 10/13; she will fill in for **Alana Brown** who will be out on leave until December.

Donna Zook has filled the Administration Office Custodian position which was vacated by **Blanche Keller's** retirement in June 2008; she began full time on 10/1. She will continue to serve as the backup Courier driver as her schedule allows.

Marsha Jackson resigned from her position as Enrollment/Census Specialist on 9/9 her position has been filled by **Amanda Rhodes** who started on 9/30.

David Eisenberg retired from his position as Public Health Nurse on 7/11 after 27 years! His position has been offered to **Toni Lynn Downey** who is scheduled to start on 11/3.

Hazel Whiting resigned from her position as Medical Records Clerk in the Yreka Clinic on 9/3; her position was filled by **Frances (Irene) Snapp** on 10/20; Frances was previously the Yreka Clinic Transporter.

Yvette Bley was hired on 9/13 to work one day per week in the People's Center Museum Gift Shop on Sundays; she will also fill in for fellow Sales Clerk **Sharon Cook** as needed.

Kayla Bridwell resigned from her position as Dental Assistant in the Yreka Clinic on 9/9; the position has not been filled at this time.

Tracie Lima joined the Yreka Social Services Office as the newest Licensed Clinical Social Worker (LCSW) on 11/3; she will be serving the patients of **Jesse Drake** who left the Tribe on 10/2.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!

12th Annual Karuk Tribal Reunion!

The Karuk Tribal Reunion was a great success! Just about all tribal departments were represented. The Karuk Health Fair, booths, dances, a fun run, Karuk Language games, crafts, volleyball and horseshoe games were well attended. Also children's activities were everywhere! It was a nice day and everyone had fun!



Karuk Tribal Health Fair





**Youth for
Change
& CASA**



Karuk Paths to Prosperity



Karuk Community Loan Fund



Face Painting booth



**Gift bags were given to
Tribal Members**



Learning the Karuk language



**Fantastic
prizes
were
raffled!**



DARE Bike Rodeo





Children's
Crafts



More Tribal Reunion Fun!



Demonstration Dances





Native American gift items for sale



Children's
Jump
House



Water Fun!





Summer Activities. On August 7, 2008 I assisted with Mid Klamath Watershed Council's

(MKWC) Summer Youth Program by teaching a lesson about noxious weeds. The event took place along Camp Creek. Participants learned how noxious weeds have arrived and spread in the area, then played a game demonstrating how quickly noxious weeds can invade and crowd out native plants in an area. I also assisted Nancy Bailey, MKWC, and Tanya Chapple, AmeriCorps volunteer at MKWC, in August by providing award certificates for winners of the Art Contest which ran May-August 2008. Art Contest winners received award certificates in the following drawing categories: Zach Huddleston, Best in Show; Aquatic Insect Category: Seair Gale, 1st place, Kateara Sanderson, 2nd place, Fernando Rendon, 3rd place, Stephanie (last name?) and Ryan Reed, honorable mentions; Noxious Weed Category: Daniel Woodman, 1st place, Autumn Allgier, 2nd place, Seair Gale, 3rd place; Native Plant Category: Tyler Conrad, 1st place, Summer Goodwin, 2nd place, Brianna Conrad and Ben Woodman, 3rd place, Shan Davis, honorable mention. Congratulations to the winners and thank you for contributing your artwork to the Native Plant Garden! Student drawings will be incorporated into interpretive signs and other projects in the Native Plant Garden in Orleans.



under a stereo microscope. Participants learned that macro invertebrates are



Department of Natural Resources Environmental Education Program

by Jeanette Quinn, Environmental Education Coordinator



important indicators of water quality and discovered from their collections that the water quality of the Salmon River is excellent.

Fall Salmon Spawning & Carcass Surveys. The Fall Salmon Spawning & Carcass Surveys are highly important events in the Environmental Education Program. Students (usually grades 6 through high school) who attend a mandatory training are eligible to participate in surveying for Fall Chinook Salmon on local streams, where they collect real data that is turned in the California Department of Fish and Game. The California Department of Fish and Game uses the data to estimate the current and future populations of Chinook salmon. The data collected during these



surveys is useful in determining fish allocation to different groups, such as commercial fishermen, tribes and sports fishermen. In

addition to collecting data during the surveys, students learn about salmonid life cycles and anatomy, habitat requirements, and water quality issues. The Fall Salmon Spawning & Carcass Surveys are a cooperative work in which Karuk Tribal Fisheries, other local agencies, community members, and students participate.



The surveys are an excellent opportunity for students to work with professionals from various agencies and gain hands-on experience in the field. This type of experience can be very beneficial in helping students gain fisheries related employment in the future.

Thirty-seven students from Happy Camp Elementary School and Happy Camp High School attended a Fall Salmon Spawning & Carcass Survey Training in Happy Camp on October 1, 2008. Station leaders





included personnel from Karuk Fisheries, Yurok Fisheries, US Forest Service, AmeriCorps volunteers, Salmon River Restoration Council (SRRC), and Mid Klamath Watershed Council (MKWC). Students rotated through seven stations to learn about processing carcasses, collecting scale and tissue samples, filling out data sheets, identifying and



flagging redds, salmonid life cycles, safety procedures in and around the water, and gear maintenance, where they also tried on neoprene waders and felt-soled boots.

On October 9, 2008 fourteen students from Orleans Elementary School attended a Fall Salmon Spawning & Carcass Survey Training at Oak Bottom Camp Ground on the Salmon River Road near Somes Bar. The event was coordinated and hosted by SRRC. During the morning session, station leaders from the US Forest Service, MKWC, California Department



of Fish and Game, and SRRC taught students at six stations about processing carcasses, collecting scale and tissue samples, filling out data sheets, identifying and flagging redds, salmonid life cycles, safety procedures in and around the water. Students also learned about gear maintenance from me and tried on neoprene waders and felt-soled boots at a seventh station.

Students in Happy Camp will be surveying a short section (called a reach) of Indian Creek and Orleans students will be surveying a reach of Camp Creek during October and November 2008.

Native Forest Plant/Ethnobotany Studies. On October 13, 2008 Junction Elementary School students and Forks of Salmon preschoolers gathered xuntápan (tanoak



acorns) at Butler's Flat on the Salmon River. Students learned how to distinguish good acorns from bad ones and gathered enough acorns to

fill several baskets and buckets. The acorns will be dried and used to make acorn soup for an Indian Day celebration in the future.

2 0 0 8 - 2 0 0 9
Environmental Education Projects. In addition to the Fall Salmon Spawning & Carcass Surveys, the Environmental Education Program will include Fish Biology & Water Quality Experiments, Native Forest Plant/Ethnobotany Studies/Noxious Weed Awareness & Removal, and Climate Studies & Global Warming during the 2008-2009 year. Climate Studies & Global Warming is a new project that I am looking forward to implementing. Students will be learning what natural resources create greenhouse gases when utilized, how these gases contribute to changes in weather and climate, how these changes impact the environment and ecological systems, and ways to reduce greenhouse gas emissions.

For more information about the Environmental Education Program, e-mail Jeanette Quinn at jquinn@karuk.us, or call 530-627-3446.



Thomas Edward McCulley



Graduated from Del Campo High School with a 3.75 GPA on June 7, 2007. Graduated from California Regional Fire Academy of Sacramento on September 7, 2008. Currently enrolled at American River College in the EMT-Paramedic Program. Is a Certified Heating and Air Technician. Hobbies include: Semi-pro Motocross, Wakeboarding, and Jet-skiing. Also his dog Champ.

Proud Parents are Annette and Brian McCulley of Sacramento. Grandmother is Donna Nance of Yreka. Grandfather is Thomas McCulley of Sacramento (Retired Firefighter).

We wish you all the best and for your career to become a big success come true!

Your Loving Family and Friends, The McCulleys and Nances.

William Pepper Retires from the US Army

In June 2007, William Pepper retired from the US Army after serving 23 years. His service includes US Army Active, US Army Reserves, California Army National Guard, and California Army National Guard Active. William worked as a radio operator for four years and then he was a supply specialist for the last nineteen years before his retirement.



Moses and William Pepper

William is a member of the Karuk Tribe and is the son of Robert Pepper and Eliza Thomas. He has two brothers and one sister; Earl (Scrub) and Lester Aubrey and Noni Fraley. Vina Smith of Yreka is his aunt.

While serving in Germany he met his late wife Banyoka. They have a son, Moses, who is now 13 years old. William and Moses live in Southern California, in the Los Angeles/Orange County area.

William loves to travel the Klamath River and visit the Pepper Family site in T-Bar. From there he travels on up to Happy Camp and Yreka to visit his family members. William and Moses just recently vacationed in Happy Camp for two weeks at the home of Lester and Lessie Aubrey, and had a wonderful time fishing at Kelly Lake, and swimming in Elk Creek. William and Moses also enjoyed the Arrow Shoot down river, near Somes Bar.

Kristy Rae Bussard Graduates High School

Submitted by Raná Bussard

Karuk Tribal descendent, Kristy Rae Bussard, graduated from Yreka High School on June 7, 2008. Kristy had the honor of being one of the three valedictorians of her graduating class. Kristy is the daughter of Steve and Raná Bussard; granddaughter of Ken and Shirley Hockaday and Betty Bussard; and great-granddaughter of Minnie Hockaday. Kristy worked very hard her Senior Year in high school and was rewarded with being one of the top students in her class. Kristy has an enormous love of animals and plans on studying zoology at Oregon State University at Corvallis in the fall. She plans on attending as many sporting events as possible and experiencing college life to its fullest. Her family wishes her all the luck and love in the world!



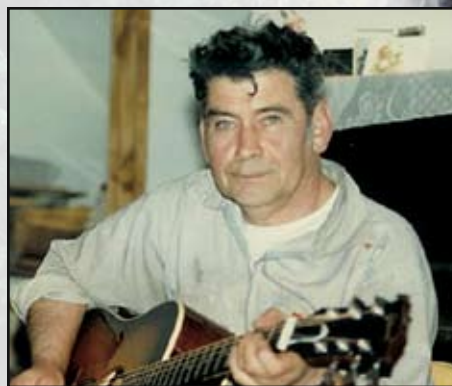
In Loving Memory... **Curtis Ray Hillman, Sr.**

November 8, 1931 - September 11, 2008



Sue & Curt Hillman

On September 17, the state flag above the California State Capitol Building was flown at half mast in his honor. In a statement released by the Governors Office, Schwarzenegger said, "Maria and I were deeply saddened to learn of the passing of Curtis Hillman, Sr. His death highlights the dangers these courageous men and women face while fighting our state's wildfires, and Californians are forever indebted to his dedication and sacrifice. We send our thoughts and prayers to Curtis' family and friends during this difficult time." The flag was presented to Curt's widow by Representatives of the Six Rivers and Klamath National Forest at a celebration of his life on September 20.



Curt was born in Orleans on November 8, 1931, and was the youngest of eight children of Grant Ulysses and Mattie Hillman. He joined the United States Army and served his country in Germany from 1951 to 1953. He met his wife Sue in 1962.

He will be remembered by all who met him for his sense of humor and the unique sound of his laughter. He loved life and lived it to its fullest, playing his guitar and visiting his friends and family often. Curt was known for his strong work ethic, and as hard as he played, he loved to work twice as hard.

Curt Hillman is survived by his wife, Susan, a brother Grant Hillman of Orleans and five children; Charlene Naef and husband Danny of Weaverville; Curtis R. Hillman Jr. and girlfriend Serena of Arcata; Leon Hillman and wife Erin of Happy Camp; Shelly Niewinski and husband Jeff of Weaverville, and Skooter Hillman of Happy Camp.



College of the Siskiyous

Distance Learning Classes at Happy Camp High School

Located in Room 11 at the High School & Computer Center

Spring 2009 - For more information, call Emma Lee at 493-5213 days,
Bob in the evenings at 493-2655, or COS at 888-397-4339

Enroll Early! Courses Fill Up Fast!

Monday	Tuesday	Wednesday	Thursday	Friday
8am to 8:50am ETHN 1 Ethnic Studies	8am to 9:15am SPCH 1 Public Speaking	8am to 8:50am ETHN 1 Ethnic Studies	8am to 9:15am SPCH 1 Public Speaking	8am to 8:50am ETHN 1 Ethnic Studies
11am to 11:50am BA 6 Introduction to Business		11am to 11:50am BA 6 Introduction to Business		11am to 11:50am BA 6 Introduction to Business
1pm to 1:50pm ECON 1B Principles of Microeconomics		1pm to 1:50pm ECON 1B Principles of Microeconomics		1pm to 1:50pm ECON 1B Principles of Microeconomics
3:00 pm to 6:00pm ECE 14 Materials & Curriculum	3:30pm to 5:00pm ECE 3 Child Guidance & Management	3:00 pm to 6:00pm ECE 9 Child Nutrition	3:30pm to 5:00pm ECE 3 Child Guidance & Management	
6pm to 9pm ECE 33 Marriage & Family	5:00 pm to 8:00pm ECE 6 Child Development		5:00pm to 8:00pm ECE 8 Observing & Assessing	
6pm to 9pm GER 40 Conversational German	<p>Conversational German course, GER 40 (left) is taught with the teacher on site. Earn general ed. credit or fulfill a foreign language requirement transferable to CSU and UC. This is an action packed, fun filled course taught by German Native Angelika Brown!</p>			

Conversational German course, GER 40 (left) is taught with the teacher on site. Earn general ed. credit or fulfill a foreign language requirement transferable to CSU and UC. This is an action packed, fun filled course taught by German Native Angelika Brown!

Karuk Tribe Of California | Employment Opportunities

http://karuk.us/jobs/

Most Visited ▾ Dealer Resource Verizon Wireless SVB Capital One Direct Card Access -...

Karuk Tribe
Employment Opportunities

Home - Archived Newsletters - Employment Opportunities
Links & Resources - Contact Information

Job Listings - Requests for Proposals
Overview - Contact Information - Salary & Benefits

Job Listings

The following positions are available at this time and more detailed information is provided in the PDF file specified.

Position	Location	Salary	Closes	Information
Certified Substance Abuse Counselor I	Orleans	\$14-17, DOE	10/30/2008 at 5 PM	Job Description
Patient Eligibility Worker	Yreka	\$9-10, DOE	10/27/2008 at 5 PM	Job Description
Maintenance Supervisor	Happy Camp	\$30-36,000, DOE	10/27/2008 at 5 PM	Job Description
Registered Nurse (RN)	Orleans Clinic	\$40-45,000, DOE	Open Until Filled	Job Description
On Call NR Clerical Technician I	Orleans	\$8-9.50, DOE	Open Until Filled	Job Description

NOTE: All positions have closing dates unless otherwise specified. No applications will be accepted beyond the closing date under any circumstances. All employment applications must specify which position they are for, no applications will be accepted for "any" position.

Done



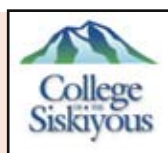
When You Learn More, You Earn More!

The road to personal, economic and tribal prosperity is education. The Administration for Native Americans' grant is available to help Karuk Arrara achieve prosperity through higher education without leaving our ancestral lands. A college education is the path to being competitive both personally and professionally in the world today.

Through Karuk Paths to Prosperity, we are given the opportunity of viewing details of current tribal jobs. Go to <http://www.karuk.us/test/index-pp2.php> and look at the underlined jobs. When you find one you would like, call our staff to assist with distance learning courses to acquire those jobs. They pay more and also help the Karuk Tribal people build capacity within the Tribal organization. For Karuk job descriptions and interviews of people in those positions, go to <http://karuk.us/test/index-pp2.php>.

To learn more about distance learning opportunities in all three Karuk locations, go to www.happycampcomputercente.org, or call our student services coordinators. In Yreka call Byron McLane at 530-842-1646 ext 7004, in Happy Camp call Emma Lee Johnson at 530-493-5213, and in Orleans call Bari Talley at 530-627-3081.

Online and Hybrid Courses



ADJ 22	California Statutory Law	Begins 1/12/09
ANTH 5	Introduction to Archaeology	Begins 1/12/09
ANTH 9	Indians of North America	Begins 1/12/09
ARAB 1	Beginning Arabic I (one session/wk. on Yreka campus)	Begins 1/16/09
ART 32	Digital Imaging	Begins 1/12/09
BA 1B	Managerial Accounting (one session/wk. on campus)	Begins 1/12/09
BA 18	The Legal Environment of Business	Begins 1/12/09
BA 28	Leadership Development	Begins 3/30/09
BA 81A	Customer Service	Begins 4/8/09
BA 81D	Conflict Management	Begins 2/18/09
BA 81F	Ethics and Values	Begins 4/29/09
BA 81H	Stress Management	Begins 1/28/09
BA 81I	Team Building	Begins 3/23/09
BIO 91	Biology Preparation (please observe starting date)	Begins 12/19/08 – 1/9/09
COMM 5	Film and Television Writing	Begins 1/12/09
CSCI 1	Intro to Computer Science (two sessions/wk. on campus)	Begins 1/12/09
CSCI 7	Programming I	Begins 1/26/09
CSCI 12	Web Programming	Begins 1/12/09
CSCI 16	Introduction to Internet	Begins 1/12/09
ECE 12	Science Experiences for Young Children	Begins 1/12/09
ECE 25	Supervision of Early Childhood Education	Begins 1/12/09
EDUC 90	Orientation to Online Learning	Begins 1/12/09 & 4/20/09
ECE 61	Preschool Language and Literacy Curriculum II	Begins 1/12/09
ENGL 1A	College Composition	Begins 1/12/09
ENGL 1C	Advanced Composition / Critical Thinking	Begins 1/12/09
ENGL 18	Creative Writing	Begins 1/12/09
FCS 11	Nutrition	Begins 1/12/09
GEOL 20	Geology of California	Begins 1/12/09
GUID 1	Collegiate Orientation	Begins 1/12/09 & 3/2/09
GUID 2	Career and Life Planning	Begins 1/12/09
HEA 10	Health in Action	Begins 1/12/09
HIST 17A	U.S. History to 1877	Begins 1/12/09
HIST 17B	U.S. History Since 1877	Begins 1/12/09
HUM 1	Introduction to Humanities	Begins 1/12/09
MATH 53	Intermediate Algebra (one session/wk. on campus)	Begins 1/12/09
MATH 56	Elementary Algebra (one session/wk. on campus)	Begins 1/12/09
MATH 81	Pre-Algebra	Begins 1/12/09
MUS 34	Diversity in American Music	Begins 3/23/09
OA 24	Beginning Spreadsheets (two sessions/wk. on campus)	Begins 2/24/09
OA 33	Electronic Calculators (two sessions/wk. on campus)	Begins 2/24/09
OA 58	Practical Accounting (two sessions/wk. on campus)	Begins 1/13/09
PEMA 30	Principles of Physical Fitness and Wellness	Begins 1/12/09 & 3/9/09
PHIL 10A	Ancient Philosophy	Begins 1/12/09
POLS 7	World Politics	Begins 1/13/09
READ 10	College Reading	Begins 1/12/09 & 3/30/09
SOC 1A	Introduction to Sociology	Begins 1/12/09

Deyshante Nichole Alexander



On January 28, 2008 at 4:20 am Deyshante Nichole Alexander was welcomed into the world by her parents Nick and Kiarra Alexander, as well as her 3 sisters Kyanna 10, Malliyah 5, and Hannah 3. She was born in Yreka, CA at Fairchild Medical Center. Deyshante weighed 8 lbs 10 oz. She is now almost 9 months old and all over the place. Deyshante is a perfect addition to the family... very peaceful and interactive. She is the best baby a family could ever hope for!!



Nalani Shriver

JeAna Marie Thom

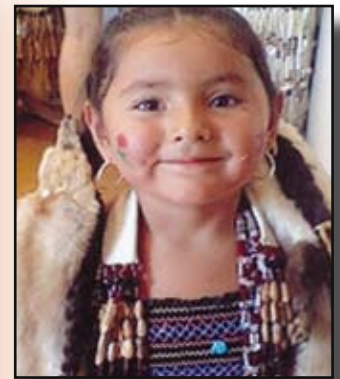


Born: February 15, 2008 at 3:09pm

Weight/Length: 7lbs 1oz 19 in long

Where: Fairchild Medical Center, Yreka, CA

Welcome to the world! -- Love mom Jeana Thom & Family



*Nalani welcomes her little sister JeAna Marie Thom
Nalani loves being a big sister!*

Meghan Grace Charlesworth

Born: 8-18-08 in Mt. Shasta

Weight: 10 lbs 5 1/2 oz

Length: 22 inches long

Parents: Michelle & Jason Charlesworth



Mom Michelle and big sister Madison who is 5 years old

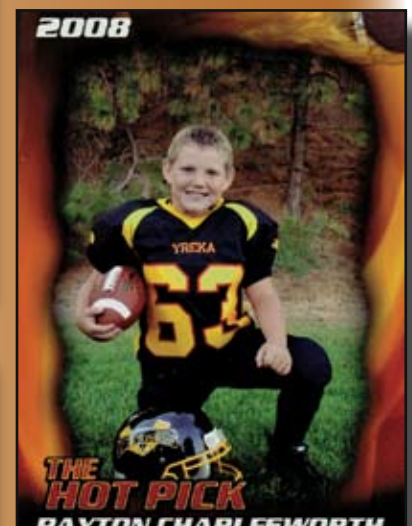


Meghan, Madison and Payton are the great grandchildren of Charlie RedHawk Thom



Happy Birthday Payton Charlesworth!

Payton turned 8 yrs old on 8-8-08!!!!



Summer Gone

*Ran Beck, Sr.
2007*

The warm summer days are calmly slipping away,
The breeze on the river is favoring a chill.
The foliage is turning a bright golden orange,
You no longer hear the Mocking bird trill.

The splashing of water by frolicking swimmers, giving way to whispers of a breeze
caressing the lonely willows.
The sky filling with pretty white clouds, floating along like down filled pillows.

An occasional shriek of the great blue heron taking flight, leaving you alone as it
flies out of sight.

Clusters of white foam drifting by the rivers edge, so oblivious to the changing
season and what lies ahead.

Good bye summer, soon the sunny days will give way to rain, drenching the ground
without refrain.

All the pretty flowers will then be gone, but memories of summer last, will linger
on.



Ishi Croy

#88, 12 Years Old
Valley Center Pop Warner
Junior Midget Division
Fighting Jaguars

Ashawnee Mendoza

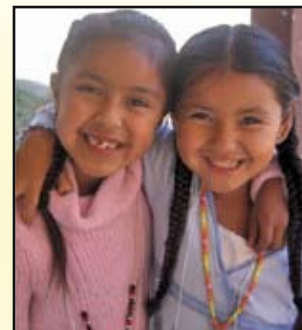
#25, 5 Years Old
Valley Center Pop Warner
Flag Division
Jag Cubs



Become A Foster Parent!

Our Youth Deserve to Know Who They Are!

We are seeking Tribal members who are already certified to be foster parents or are interested in becoming certified foster parents. Contact Mike Edwards at the Karuk Tribal Health Social Services. (530)842-9200 ext. 102 or stop by 1519 South Oregon Street, Yreka CA.



Because We Care About Our Children... Our Future!

Source Reduction & Precycling

ISWM Coordinator, Misty Rickwalt

What is Source Reduction?

Source Reduction simply means reducing the amount of trash you generate...by thinking before you act.

We are facing the challenge of having too much trash. Most likely, you're aware of this and are doing your part to recycle. Believe it or not, you are reducing your impact on our environment by being responsible about your trash disposal. By recycling, you are lengthening the life of our land-fills, saving natural resources and conserving energy.

Now it's time to go one step further and think about how to reduce waste in the first place by going to the source.

For example, if you reach for a sponge before you go for the paper towels, you are already reducing waste at the source, or practicing what is called source reduction.

Precycling

Practicing the art of source reduction is as easy as reusing your grocery bags, or replacing paper napkins with cloth ones. These little changes are part of a practice called "precycling." Precycling is one of the best habits a person can adopt as part of an effective and simple source-reduction plan.



Precycling simply means that each time you reach for an item in the grocery store, department store, fast food restaurant, or wherever, you consider how your purchase and its packaging will affect the environment.

Packaging

By purchasing products with less packaging, you'll reduce the amount of trash you create. By choosing packaging you can recycle, you'll have even less to throw away. The more you precycle, the less trash you produce, and the less resources you consume. In other words, reduce waste at the source by precycling!

Be picky about packaging...buy products you know you can either recycle here in our community or reuse at home. Purchase minimally packaged items-avoid multilayered and unnecessary fancy packaging.

Avoid Disposables

Avoid disposables...don't buy products purposely made to be used once or only a few times and thrown away (Disposable batteries, diapers, cameras, razors). Instead invest in reusable long-lasting alternatives.



Buy in Bulk

Buy in bulk...whenever practical, purchase the largest size available. Not only will you be practicing source reduction, you will save money, too!

Source reduction by precycling means:

- Buying products in containers you can recycle in your community, like glass, aluminum or paper
- Avoid single-serve convenience food items, like cup of soups and snack packs
- Avoid plastic packaging
- Bring your own mug instead of using paper cups
- Bringing your own grocery bags to the store

Karuk Tribe Child Care Program

Dion Wood, TERO Director



The Tribe's Child Care Program has been funded for the next fiscal year which is October 2008 – September 2009. This is a federally funded program administered through a block grant process. States and Tribes are required to submit a child care plan every two years to receive funding. This program is designed to assist income eligible native American families with children ages 0 -13 who reside within the Tribe's service area. The child care program works for tribal members in several areas. The list below describes some examples of how we utilize our funds.



1. Subsidy program: Parents choose their own provider and the program pays for the care provided. (Over 80% of our Child Care funds goes to subsidy payments)
2. Health and Safety: Child Care providers can request Health and Safety items to insure the proper care for children.
3. Education/Advocacy: The Child Care Program Director is involved in Local, State and National organizations to advocate for the needs of tribal families and for more funding for this program.
4. Collaboration: The Child Care Program is flexible enough to collaborate with other early childhood programs who serve tribal children. This includes Head Start, elementary schools, after school programs, cultural programs, language program, etc..



To apply for assistance, please contact Dion Wood at the Administration Office in Happy Camp at extension 2030. You will be provided an application and a list of documentation that is required to determine eligibility. If you have any questions or concerns or if you have ideas or suggestions of how the program can better serve the membership please contact Dion. Yootva!

NCIDC Donation Received

Submitted by Raná Bussard



Left to Right: Joyce Jones, Rosie Kerr, Carissa Bussard, and Philip Albers Sr.

the cost of rising airfare, Carissa approached NCIDC's office for help. Joyce, Rosie, and Philip graciously gave Carissa a donation that more than covered her airfare expense. We wish Carissa the best of luck with her studies at the University of Durham in Durham, England. Thank you so much for your generosity in making this experience attainable.

Karuk Tribal Descendent, Carissa Bussard and her family would like to express their extreme appreciation and thanks to the Karuk Tribe and the office of the Northern California Indian Development Council (NCIDC) for their donation. Carissa is the daughter of Steve and Raná Bussard; granddaughter of Ken and Shirley Hockaday and Betty Bussard; and great-granddaughter of Minnie Hockaday. She is enrolled with the study abroad program through the University of California at Berkeley. When faced with

Tracie Lima Joins the Karuk Tribe Department of Behavioral Health Services



The Karuk Tribe Department of Behavioral Health Services is pleased to announce the recent appointment of Tracie Lima as our Licensed Clinical Social Worker in the Yreka Clinic. Ms. Lima comes to us from Siskiyou County Behavioral Health. She will be offering a full spectrum of counseling services. We are very pleased to have her come to work the Karuk Tribe.

Low Income Assistance Programs (LIAP) 1.800.505.2785 or 530.493.1600 Ext. 2025

Apply Now for the Low Income Assistance Programs!!!!!!

- ☒ **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be income eligible and a Karuk Tribal member or descendant. For those of you that live outside of the service area try www.acf.dhhs.gov/programs/ocs/csbgi/index.htm or www.csd.ca.gov/providers.html
- ☒ **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible enrolled Karuk Tribal households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.
- ☒ **For those of you that live outside of the service area** try The National Energy Assistance Referral program (NEAR) at 1-866-674-6327 or www.energynear.org The LIHEAP programs administered by tribes at www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at www.acf.hhs.gov/programs/liheap/states.htm. For Oregon residents you can contact www.oregonheat.org for social service agencies and utilities working to keep the homes of low income Oregonians warm and safe.



ATTENTION!!!!!! Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you. Let's save on energy and our budgets.

Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agency in the service area. An applicant must not receive any comparable public assistance.

- ☒ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home). The applicant must reside in the service area and be an enrolled Federally Recognized Tribal Member. Benefits will be adjusted depending on income received.
- ☒ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.



Exciting News for the Karuk Tribe!

SAMHSA

PRESS RELEASE

Date: 9/18/2008

Media Contact: SAMHSA Press Office

Telephone: 240-276-2130

SAMHSA Awards More Than \$6 Million to Support Children's Mental Health Systems in American Indian/Alaska Native Communities .

The Substance Abuse and Mental Health Services Administration (SAMHSA) today announced the award of eight grants totaling more than \$6 million over three years to fund infrastructure development for children's mental health systems in American Indian/Alaska Native (AI/AN) communities. Known as the Circles of Care, the program's purpose is to provide tribal and urban Indian communities with tools and resources to plan and design a holistic, community-based system of care to support mental health and wellness for their children, youth and families.

"These grants will increase the capacity and effectiveness of behavioral health systems serving American Indian/Alaska Native communities," said Eric Broderick, D.D.S., M.P.H., acting administrator of SAMHSA. "As a result, Circles of Care grantees will be equipped to reduce the gap between the need for behavioral health services and the availability and coordination of services for children and families."

The eight awards are funded up to \$305,875 per year in total costs for up to three years. Just over \$2.1 million is available for the first year of funding. Continuation awards are subject to the availability of funds and progress achieved by awardees.

The grant program supports the goals and mission of the Indian Health Service (IHS), another agency within the U.S. Department of Health and Human Services. "We are pleased that these grants emphasize the coordination of children's mental health services with primary care," said IHS Director Robert G. McSwain. "The Indian Health Service is proud to support its partnership with SAMHSA by providing technical assistance to the grantees in order to increase their capacity to improve mental health services for American Indian/Alaska Native children and families."

Yav pa anav (The medicine is good)

Karuk Tribe, Happy Camp, Calif. -- \$116,157 for the first year to strengthen communities by increasing the access to and availability of culturally appropriate behavioral health, wellness offerings, and primary care services. For additional information about this grant and other SAMHSA programs, please visit http://www.samhsa.gov/Grants/2008/sm_08_012.aspx and www.samhsa.gov.

SAMHSA is a public health agency within the Department of Health and Human Services. The agency is responsible for improving the accountability, capacity and effectiveness of the nation's substance abuse prevention, addictions treatment, and mental health services delivery system.



ARE YOU READY FOR THE GOLD WINTER MONTHS?



Simple Things You Can Do:

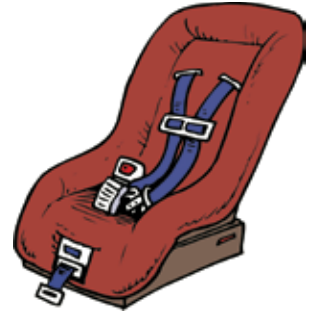
- ✦ Turn your thermostat down several degrees when leaving the house for the day or extended periods of time. One easy way to do this is to purchase a programmable thermostat. You can also save by turning the thermostat down a couple of degrees all the time.
- ✦ Make sure your water heater is in good condition and keep the water temperature between 115-120 degrees. Even consider getting a tankless water heater that only heats the water you need.
- ✦ Limit your time spent in the shower to cut down on hot water usage. You can also install aerators to save on the amount of water you use while showering - this will cut down on the amount of hot water you use.
- ✦ Try and use cold water as often as possible when doing the laundry and line or rack dry your clothes..
- ✦ Make sure to turn off the lights when you are not in a room.
- ✦ Shut the doors to rooms you don't use on a regular basis.
- ✦ Call your energy company to come out and check for leaks and do a proper assessment.
- ✦ Call your utility company to lock into a year-round rate. Not all companies offer this - but it's worth checking.
- ✦ Keep baseboards and radiators clean and unrestricted by furniture and carpet or drapes.
- ✦ Use the smallest oven or burner when cooking, or a crock pot, or use the smallest pan possible.
- ✦ Don't peek into the oven as your are cooking.
- ✦ Defrost foods in the refrigerator before cooking.
- ✦ Use compact fluorescent light bulbs in standard fixtures.
- ✦ Replace or clean your furnace filters monthly. This could save up to 5% on your heating bill
- ✦ Wear a sweater



Car Seats & Bicycle/Skater Helmets At No Cost With Training

Funded and Coordinated by Siskiyou County Childhood Injury Prevention Program

- ♥ Parent(s) need to attend a 30 minute car seat safety video education class
- ♥ Parent/child need to watch a five minute helmet safety video
- ♥ Car seats/helmets are "NO COST"
- ♥ Who's eligible? Children, parent(s) and pregnant women on Medi-Cal, WIC, CHDP or Healthy Families
- ♥ Helmets are for children through age 17
- ♥ Supply is limited!



Size	Head Circumference	Description	Quantity Requested	Quantity Given
Toddler (XXS)	9 1/4" - 20 3/4"	ProRider 5 Vent Toddler Helmet Blue BM-5BLU-XXS		
SM (XS)	20" - 21"	ProRider BMX Helmet Red XS JG-BMX-RED-XS		
		ProRider BMX Helmet Midnight Blue XS JG-BMX-BLU-XS		
		ProRider BMX Helmet Black XS JG-BMX-BLK-XS		
Medium (SM)	20 1/2" - 22 1/2"	ProRider BMX Helmet Midnight Blue SM JG-BMX-BLU-SM		
		ProRider BMX Helmet Red SM JG-BMX-RED-SM		
		ProRider BMX Helmet Black SM JG-BMX-BLK-SM		
Large (L/XL)	22 3/4" - 24 1/2"	ProRider BMX Helmet Black L/XL JG-BMX-BLK-LXL		
		ProRider BMX Helmet Red L/XL JG-BMX-RED-LXL		
		ProRider BMX Helmet Midnight Blue L/XL JG-BMX-BLU-LXL		

Colors you want may not be in stock

For more information and to set up an appointment, call one of the First 5 Proposition 10 Community Teams in your area:

- Butte Valley/Dorris/Macdoel - Doris @ 398-4082
- Dunsmuir - Emily / Debi @ 235-4005
- Happy Camp/Klamath River/Seiad Valley - Dorothy @ 493-5117
- McCloud - Geeia/Kathleen @ 964-3250
- Montague/Big Springs/Hornbrook/Gazelle/Grenada/Little Shasta/Copco Lake - Nancy/Tanya @ 459-3481
- Mt Shasta - Emily/Bliss @ 926-1400
- Scott Valley area - Heather/Maria/Tara @ 468-2450
- Tulelake - Elizabeth or Minerva @ 667-2147
- Weed - Jodi/Dawnia @ 938-2426
- Yreka - Eda/Elizabeth @ 842-1313



Contract Health Services (CHS)

(530) 493-1600 Ext. 2156, 2151, 2155

***IHS CONTRACT HEALTH SERVICES (CHS) IS NOT AN ENTITLEMENT PROGRAM
AND NOT EVERYONE IS ELIGIBLE.***

KNOW YOUR STATUS BEFORE OBTAINING SERVICES.



CHS Eligibility Requirements:

1. Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

IHS/CHS coverage is for emergent, life-threatening situations only!

Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

Referral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. **A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE.** A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

Alternate Resource:

CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

Pregnant/Prenatal Care:

According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.



Mission Statement

The mission of the Karuk Tribal Council is *to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

Karuk Tribal Council

Fall, 2008

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Charron 'Sonny' Davis
Member at Large

Newsletter Production:

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Rosie Bley

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Written By:

*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

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Happy Camp, CA
96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Post Office Box 1016
64236 Second Avenue
Happy Camp, CA 96039

Karuk Tribe

Winter 2009

(530) 493-1600
(800) 505-2785
(800-50Karuk)

www.karuk.us

Karuk Tribe's Quarterly Newsmagazine

3,544 Tribal Members

Inside This Issue...

Page 2: Chairman's Corner
Page 3: Notes From the Secretary
Page 4: Notice of Election
Page 5 & 6: Administrative Programs & Compliance
Page 7: Stand & Be Counted - Grants Department Update
Page 8: Housing Authority News
Page 9: Karuk Community Loan Fund News
Page 10: 2008 Election Results - Documenting the Karuk Language
Page 11: Dam Removal Bill in Oregon
Page 11: Private Bernard Lowry
Page 12: Tribal Employment Rights Ordinance
Page 13: Karuk Tribe Childcare Update & Donation Correction
Page 14 & 15: DNR Environmental Education Activities
Page 16 & 17: Karuk Head Start News
Page 17: Higher Education Grant Application Due Date
Page 18: Karuk Paths to Prosperity

Page 19: Quarterly Staffing Update
Page 20: Karuk Community Christmas Party
Page 21: In Loving Memory of Stephen Fields
Page 21: Nakima Frye - By Misti Titus
Page 22: Karuk Senior Center Program
Page 23: Attention Native American Korean War Veterans
Page 23: Seniors Valentine's Day Dinner
Page 24: Welcome to the World - Gracie Goodwin & Bryan Berry
Page 24: Christina "Attie" Attebery Weds David Kennely
Page 25: Yootva Hoopa Tribal CCC & Karuk Watershed Crews!
Page 25: Cutting the Costs of College
Page 26: Dental Disease from Conception and Beyond
Page 27: Contract Health Services to Tribal Members



Photo overlooks Happy Camp. Pictured is the Klamath River and Indian Creek taken from the top of the "Happy Camp Town Trail" by the Tribe's IT Technician, Gerry Canning. The Karuk Tribe's Administration Offices and Karuk Community Health Clinic are located in the center loop between the river and creek.

Chairman Arch Super's Corner



Chairman Arch Super

Ayukii koovura pa Karuk araaras (*Hello all Karuk people and relatives*). **Tanixxuti koovura pa Karuk araaras takun chuupeesh pa ararahih kari xas takun tapkuup** (*I'm thinking all of the Karuk people/relatives are talking the language and then they are using it.*) **chimi itapeesh pa ararahih koovura pa araaras** (*Let's be learning the language all of the people/relatives*).

November Jim Burcell from KCDC and I attended an Economic Development Summit held in Trinidad and Arcata. It was put on by the Humboldt State University. It was good to share information and ideas with other Tribes and professionals. Scott Quinn, Sandi Tripp, and I attended a Consultation meeting with the BIA and the Department of Transportation (DOT) in Brooks, CA. There was discussion on the formulas that are used for claiming road mileage for Tribes. Tribes are finding it very important to get together as one big voice to direct their issues to the BIA and DOT. Self governance director, Hector Garcia and I attended a meeting with the Tribal Alliances for Sovereign Indian Nations (TASIN) in Anaheim, CA. We introduced the newly formed California Association of Tribal Governments (CATG) to TASIN. The TASIN organization consists of big Money Tribes with a big voice. We informed them that CATG was a growing organization of many California Tribes and that we would work together to voice the California issues and concerns to the state offices. TASIN was very receptive and supportive of the goals and desires for CATG. Ramona Taylor for the Tribe's DNR Department and I attended the Energy Project Program Consultation held in Denver, Colorado. Tribes across the nation are working on Energy projects with solar, water and wind. The projects are sources of economic development for Tribes. We are hoping that our Tribe might venture in an Energy Project Program. In November, a new council member was voted into office.

Mrs. Verna Reece will be serving a four-year term on the Tribal Council for 2008-2012. She and incumbent Alvis Johnson were elected into office. The Council will work diligently to get Verna adapted to Tribal Council.

December I traveled to Washington DC for our quarterly Tribal Budget Advisory Committee meeting (TBAC). Our federal funding has been very tight in the past year. We are still getting the same report from the officials in the DC offices. Tribes throughout the US are trying to

negotiate ways to get funding to Indian Country. A lot of funding is sought through the Advisory Committee and also through individual Tribes. Self-governance assistant Carrie Davis and I held a meeting with some members of the CATG. Since the CATG started in August of this year, there have been meetings to continue to build membership. We hope to build our membership with all Tribes of California, which is over one hundred.

January I traveled to the Susanville Indian Rancheria to meet with their Tribal Council. Members of their council wanted additional information about CATG. It was very nice to be in the presence of another Tribal government. Council member Ms. Florrine Super, Tribal Court Director April Attebury and I attended our regular meeting with the Northern California Tribal Courts Consortium (NCTCC) in Hoopa. We worked with our Tribal court codes and policies for court processes and procedures. Carrie Davis and I had meetings with CATG in Palm Springs and Sacramento. We have 30 plus Tribes from the North, South and Central California. CATG is getting well organized and will be strong. Tribal Council had a meeting with our attorneys, Luebben, Johnson and Barnhouse. This firm works on our Land Rights issues. We met to go over the plan and direction and budget with some of our land rights issues. Tribes continue to fight for land and river wellness and rights.

February Tribal Council, self-governance and support staff are currently working on our Annual Funding Agreement (AFA). Our AFA is usually the same as far as our BIA budget, but we hope to add additional sources within the BIA.

We are still doing Talking Circles in Yreka. We just started our meeting up again in the month of December and we will continue to have them monthly. We hope to start Talking Circles in Happy Camp and Orleans. It is community generated, so if our communities get in touch with us, we can start one in each community. For Casino and Gaming update, our Gaming Attorney reported that a pending application for gaming for one of the Tribes got a bad determination. That decision may affect our last application. Tribal Council is hoping to try some new approaches to getting to a better point. It has been a challenge. I hope to have a better report within the next month or two. As always, I encourage Tribal members to call, write, email or come and see your elected officials if and when you have questions and concerns.

Notes from the Secretary

Florrine Super, Council Secretary

Ayukii, I hope everyone had a good New Years. I've been busy staying on top of all the issues that relate to the committees that I sit on. My main activities are Elder's Activities, Cultural Activities, and Youth Activities.

Side note: Ivan "Ishnur" Super, my son, is loving life. He likes to dance and sing. He will be one year and 10 months old on March 9th.

TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Karuk Youth Leadership 2008

Our Karuk Youth Leadership Conference was held November 8, 2008 in Happy Camp CA. The following issues were presented: Youth for Change (Youth Advisory Elections), tobacco education, understanding youth views, exposure to, peer interaction with, and prevention recommendations regarding drugs and alcohol. Tribal member Ron Reed was our keynote speaker on Tribal issues- "You must be the change you want to see in

the world" and how it affects Karuk Country. We also had Humboldt State University present college information. During the conference we had cultural activities such as a demonstration brush dance, language and regalia making. To end the day we had a teen dance.

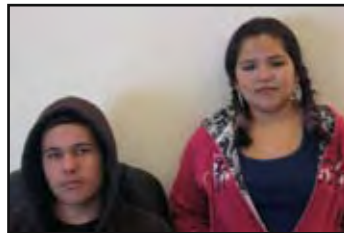
Our 2009 Conference will be in Yreka and we will soon begin our planning process.

Contacting your Karuk Tribal Secretary:

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send your email address to fsuper@karuk.us with a note saying you would like to receive Tribal information. Florrine Super



*Council Secretary
Florrine Super*



*Youth Leadership Council Members
Skyler McNeal and Laura Croy*





Karuk Tribe

Notice of Election



NOTICE IS HEREBY GIVEN that on **Tuesday, November 3, 2009**, The Karuk Tribe will conduct a Tribal election. Polling places will be open from **7:00 A.M. to 7:00 P.M.** at the following locations:

- * Happy Camp Karuk Community Building “Old School Gym” 64236 2nd Avenue.
- * Yreka Karuk Health Clinic Conference Room, 1519 South Oregon St.
- * Orleans Community Center, 39051 Hwy 96.

TO BE ELIGIBLE TO VOTE: All members of the Karuk Tribe who are eighteen years of age and older, and who have registered with the Karuk Voters Registration Office shall have the right to vote.

CANDIDATE ELIGIBILITY REQUIREMENTS AND PETITIONS: will be available on **Tuesday, June 16, 2009** at the Housing Authority Offices in Yreka and Happy Camp, the Karuk Medical Clinic Buildings in Orleans and Yreka, and the Tribal Administration Building in Happy Camp. Nominating petitions and proof of residency must be returned to the Tribal Administration Office in Happy Camp **no later than 5:00 P.M. Friday, July 31, 2009.**

SUBJECT MATTER OF ELECTION:

- (1) Member At Large (Orleans District)**
4 Year Term 2008-2012
- (1) Member At Large (Yreka District)**
4 Year Term 2008-2012

ABSENTEE BALLOTS: requests for absentee ballots must be submitted in writing by a Registered Voter of the Karuk Tribe, and sent to:

Karuk Voters Registration Office
P.O. Box 815
Happy Camp, CA 96039

All requests for absentee ballots must contain his or her signature, and be verified by one of the following three methods:

- 1). A notary public
- 2). Two eligible voters of the Tribe
- 3). Providing a copy of a State, Federal or Tribal signed I.D. card.

It is highly recommended that absentee ballot requests be received by the Voter's Registration office in a timely manner for those members living outside of the Tribes aboriginal territory, due to the length of time it takes mail to reach Happy Camp. No phone call, or fax requests will be accepted according to Section 16B of the Tribal Election Ordinance.

For more information call the Election Committee at **1-800-50Karuk or (530) 493-1600, ext 2014**

To confirm your voter registration, call the Karuk Enrollment Department at ext 2028. Registration is permanent unless you do not vote in a regular Tribal election.



Administrative Programs & Compliance

Erin Hillman, Director

In my last newsletter article, during a transfer of information, the third paragraph had been accidentally deleted. For those of you who read it you may have been wondering what council action I was referring to in my fourth paragraph. Here it is for those who may have noticed.

“On July 16, the Tribal Council declared a state of emergency on Tribal lands and set out to achieve several objectives, including assessing unmet needs, the procurement and distribution of HEPA air purifiers, opening cleaner air centers for the public and coordinating equipment to monitor air quality.”

The correct version of my fall newsletter article can be found on the Tribes website.

On December 31, 2008 the Karuk Tribe closed out the Indian Community Development Block Grant funded by the Department of Housing and Urban Development (HUD) for the construction of the Panamnik Community Cultural Center located in Orleans.

The final report submitted to HUD Southwest Office of Native American Programs or SWONAP for short, describes the journey taken by the Tribal Administrative Programs office and the Housing Authority to complete the construction of the 4000 square foot multi use facility.

We were awarded the grant written by Rick Hill, in November of 2006 several months after the originally proposed start date of July 2006. Because of the delay of the award, the first order of business was to submit a revised implementation schedule. This was done and the Karuk Tribe received approval for the revised implementation schedule.

The Tribe then prepared and advertised for Environmental Assessment Services. We received 5 bids and selected Winzler and Kelly who rated the highest and had the lowest price. A draft Environmental Assessment was received and the comment period was advertised in June 2007 and the Request for Release of Funds was submitted on June 29. The environmental clearance date was established as July 18, 2007.

At the same time the Tribe prepared and advertised the RFP for Architect Services. The Tribe received 3 bids. The lowest price, most qualified proposal with the best record for service in Tribal projects was selected. Joan Briggs from Willow Creek

California designed the facility. The Tribe requested design elements to bring to the project more of a feeling of the Tribes culture to the facility- subtle elements and profiles to give the impression of the building coming up out of the ground as it is approached from the west. Joan came back to the Tribe with an acceptable design for the facility. The Housing Authority and Tribal Council were given the opportunity to review the designs and in April 2007 approved the concepts. After receiving approval for the design concept, the construction documents were developed and finalized for bid in June 2007.

The Tribe went out for bid in August. The first bid closed on September 21. The first round of bidding realized one bidder significantly over budget. The project was redesigned, deleting the geothermal heating system which was determined to be cost prohibitive for the project. The second bid was re-advertised and two bidders responded, both in excess of the budget. The Karuk Tribe Housing Authority increased its contribution to the project because the square footage dedicated to the Housing Authority had increased as a result of the design changes.



The low bidder, Timberworks from Mt. Shasta sat down with Tribal managers and the bid and project was evaluated (value engineered). The Tribe and Contractor were able to bring the cost within the budget for construction. Timberworks provided proof of insurance and project bonding and was checked and cleared

from the Debarred Contractors list. The contract was presented to the Karuk Tribe Housing Authority and Karuk Tribal Council for approval. Both approved the contract award and notice was given to the contractor to begin work.

Construction began in early February 2008, gaining on the construction schedule until wildfires broke out in California in June. Air quality issues and subcontractors leaving the project due to fire related emergencies impacted the schedule. A request for a revised implementation schedule was submitted and approved by HUD SWONAP staff.

On September 30, 2008, the progress schedule from Timberworks showed that the project was 96.27% complete. On October 31, Timberworks representatives, Housing and Tribal Inspectors, Contract managers and the architect met to do the final walk through on the project.

In accordance with the application for the project, we were required to report on all outputs and outcomes for this project.

Continued on next page...

Administrative Programs and Compliance, continued...

These measurable outputs and outcomes included:

- **Construction of 4,000 sq-ft facility- Achieved.**

The construction of the facility was completed as of October 31, 2008. The building was designed to use passive solar energy to cut down on operational costs. Staff moved into their offices during the month of December 2008.

- **Tribal Housing Program Support Services-Achieved.**

Until now the Karuk Tribe Housing Authority has had no space for storage of equipment and supplies to support the maintenance of its 33 housing units. The support needs for the housing community had been unmet. In the original application, 35% of the floor space was dedicated to use by the housing authority. Through innovative design, the architect increased the usable space for the Housing Authority to close to 50%. The Housing Authority now provides Tenant Relations Services to its community in these offices and Housing Authority Maintenance has the room necessary to store equipment and supplies in quantities that are more cost effective. It is no longer a problem to secure equipment for projects for long periods of time, saving valuable staff resources to implement the projects instead of transporting equipment.

- **Education and Computer Services- Achieved.**

The construction of the new facility has provides space for 20 students of the elementary school to access after school tutoring and computer lab services. The tutoring services are funded through the Education and Child Care program funding of the Tribe. Computer lab services are still in the planning stages.

- **Behavioral Health and Human Services-Achieved.**



Since the initial application for funding for this project was submitted the Tribe has successfully negotiated funding and developed its own TTANF (Tribal Temporary Assistance for Needy Families) program. This new program brought on an additional staff of two to the Orleans community. The need for additional space became even more critical. The open office space made available by the move of the social services program to the new facility allowed the TTANF program to provide services in the Orleans Clinic. The alcohol and drug abuse program is also located in the clinic, providing the optimum environment for collaboration with TTANF.

Prior to the construction of the Panamnik Community Cultural Center, there was no dedicated meeting or instructional space for the Karuk Language Restoration Program. With the newly constructed center open to the community, this unmet need has been addressed.



The Karuk Language Preservation and Revitalization Program have embarked on a three year project that pairs elder fluent speakers of the language with language apprentices. Apprentices will learn best video documentation, transcript and analysis techniques in order to record the elder fluent speaker over the project period. The office, community room and class room in the facility are being used to accomplish these tasks. This project will increase skills of Karuk apprentices, the apprentices and elders will have employment and intergenerational contact and the Karuk Language Preservation and Revitalization Program will have increased its capacity. The Karuk Language classes now have a permanent, centralized place for local residents to participate.

The Panamnik Community Cultural facility is located adjacent to the Orleans Elementary School. The Tribe is now able to bring many services like cultural classes, tutoring, behavioral health, drug and alcohol counseling, basket classes and gathering to a location that facilitates a closer working relationship between the Tribe and the Elementary school whose enrolled student population is comprised of 46 Native Americans- or 55% of the total enrolled.

So far, baskets weaving classes, Language Program trainings, and Housing Authority Committee and Karuk Tribal Council meetings have been held in the new building(s). The next time you are in Orleans, feel free to check them out.

Attention Karuk Members and Descendants!

I would like to urge everyone to be sure and be counted when the 2010 United States Census is taken. The numbers they get in the United States Census is the best way to let the Government know how many Native Americans and descendants there are. Our power is in our numbers. That's how they figure out who gets funding for everything from highway improvements to school staffing. The government uses this census information to plan for the future of our country. Please... it is very important for our people to fill out your census information!

There will be three spaces to put down what kind of Indian you are so please include your Karuk membership or descendency. You can also include two other Tribes if that's what you are. If you don't put it down they won't know.

Sincerely,

Arch Super, Karuk Tribal Chairman

Stand and be Counted!



US Census

For Your Tribe and Your Families!

Grants Department Update

Hester Dillon, Grantwriter

The Grants Office remains busy and productive. We've recently been awarded grants from:

- Year Two, Part 2 of the HRSA Non-Competing Continuation Application, \$644,321 in support of the Health and Human Services Program.
- Sierra Health Foundation grant, \$40,000 in support of the Happy Camp Generator Project.
- Head Start third-year continuation funding grant, \$453,999, in support of annual operation of Head Start Programs in Happy Camp and Yreka. Hester and Rick worked with Head Start staff and Jim Berry at KCDC to complete and submit this application.
- CalTrans 5311 (f), \$10,513, Public Transportation planning and feasibility study grant to evaluate transit between Orleans and Happy Camp.
- Special Diabetes Program for Indians (SDPI), \$157,544, annual grant that enhances care for diabetic patients.

Grants submitted during the past few months:

- Proposal to the Institute of Museum and Library Services, \$5,000, in support of the People's Center.
- Indian Health Services in support of federal economic stimulus allocations for the Happy Camp clinics' HVAC system.

- Proposal to Jenny's Heroes, \$25,000 in support of the Happy Camp Generator Project. Secured funds for this project now total \$80,000.
- Proposal to Sierra Health Foundation, \$25,000, in support of safety-net services to low-income individuals.
- Environmental Protection Agency in support of federal economic stimulus allocations for Happy Camp community water system improvements.
- Proposal to General Mills Champions for Healthy Kids, \$10,000, in support of health education and physical fitness activities for Happy Camp Elementary School students.
- Proposal to the Ben B. Cheney Foundation, \$55,590, in support of the Yreka Head Start renovation project.

We continue to work on the following projects and grants: youth program funding, renovation funding for the Yreka Head Start Program, strategic planning, Congressional appropriations, generator funding for Happy Camp, emergency preparedness, and radio stations in Orleans and Happy Camp. As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

Karuk Tribe Housing Authority News

Ann Escobar, Tenant Relations Officer

I am pleased to inform Tribal members that the Karuk Tribe Housing Authority "KTHA" was featured in the December edition of the AMERIND quarterly newsletter. The article featured a question and answer session with the KTHA Executive Director Sami Difuntorum. KTHA was recognized for the

Harvard Project Honoring Nations Award 2008 for Environmentally Responsible Building and Community Design. I would also like to take this time to thank Sami for her continued hard work and time she spends on trying to get more funding for the KTHA. Sami is well known throughout Indian Country for her

knowledge and expertise of the Native American Housing and Self Determination Act "NAHASDA". She was one of the few selected to testify to the US House Subcommittee on the reauthorization of NAHASDA. In September the bill was passed, "This means that Indian housing has passed a major milestone on the road to reauthorization. Passage of this bill in the House helps ensure that Tribes and their housing authorities are provided the urgently needed tools to continue the efforts to improve the housing conditions that our people face every day," Sami serves on various boards nationally; she is currently on the Board of Directors to the Native American Indian Housing Council (NAIHC) representing Region 7 (California and Nevada). The NAIHC is composed of 265 members, representing 428 Tribes, and is the only national Indian

organization representing Native American housing interests. Sami is a board member on the Southwest Indian Housing Association and represents Native American housing for all of California. Sami not only represents the Karuk Tribe on a national level but she speaks for all Native Americans. These are only of few areas that Sami excels in. She has dedicated a lot of her own time and knowledge to help Indian Country in



Newly Built Panamnik Center in Orleans

the Housing area. Sami has been working for the Karuk Tribe Housing Authority for 14 years and continues to work on the growing needs of housing for not only our Tribal members but for the housing needs of all Native Americans.

YOOTVA SAMI JO DIFUNTORUM!!

The KTHA currently manages 187 units of affordable housing on Tribal land, with plans to build more houses in all three of the housing communities in Yreka, Orleans and Happy Camp. KTHA would like to encourage Tribal members who are in need of affordable housing to submit a Housing application. There is no application deadline, you can apply at any time. KTHA has several housing based programs available.

Again KTHA is in the process of building three - Lease with Purchase Option units in Yreka and three in Orleans. The Yreka units will be one and two bedrooms with alternative energy components; Orleans units will be one two-bedroom and two three-bedroom units and will also have alternative energy components. Interested low income Tribal members who are first-time homebuyers are encouraged to apply.

Below: New Karuk Housing Authority building in Yreka



The KTHA Staff is currently restructuring. We have consolidated all of the Housing Program applications. All Housing program applications should be submitted to Ashlee King. Ashlee has returned from maternity

Continued next page...

Karuk Tribe Housing Authority News, continued...

leave. Congratulations on the new addition to your family Ashlee! Ashlee will be handling all applications for housing assistance needs (ie, Student Rent Voucher Program, Elder Voucher Program, Low Income Rentals, Lease with Purchase Option, Low Interest Home Loans, Home Replacement Grants, etc.). If you would like more information on any of our Housing Programs please feel free to contact Ashlee at (530) 493-5434 ext: 108.

The Karuk Tribe Housing Authority and the Karuk Tribe have been working together to build community based buildings. There are now community buildings in all three KTHA communities. Our construction manager and inspector have been busy with on going construction projects. A big thanks to the construction team for all their hard work and dedication to get these projects completed. Yootva and Suvanik!

KARUK TRIBE HOUSING AUTHORITY WAITING LIST

If you have applied for housing, please ensure that your application is updated with any changes that may occur. It is very important that you keep your contact information up to date at all times. You may check the status of your application by contacting;

Ashlee King
(530) 493-5434 ext: 108
P.O. Box 1159
Happy Camp, Ca 96039



Above: The Karuk Tribe Housing Authority completely renovated the old Headway building in Happy Camp. It now houses the Senior Center, Council Chambers, Tribal TANF and Karuk Community Loan Fund offices

Karuk Community Loan Fund

Home Purchase, Home Improvement or Business Loans

The Karuk Community Loan Fund has funds available to Tribal members for first-time home purchase as well as home improvement loans. We will also soon have some funding for small businesses in the down river area.

If you have a small business that you have been thinking of expanding, or if you are working on your "business plan"

because you have an idea that you would like to put into reality, then this may be a time to contact the Karuk Community Loan Fund!

Guidelines for the Home Purchase Loan: Applicants must be Tribal members and be able to repay a mortgage within qualifying and credit guidelines; must be first-time homebuyers and buying for their own primary residence. Buyers income must be below 80% of median income for the area. Home must be within Siskiyou or Humboldt Counties. Interest rates are currently 4% fixed. For more information call Eddie Davenport, Executive Director – 493-2558.

The Home Improvement Loans are also for Tribal members, located in Siskiyou and Humboldt Counties. This loan is to help low income (below 80% of median income), who are homeowners to repair or improve their homes. Qualifying and credit guidelines must be met. Interest rate on these loans is 6% fixed.

The Business Enterprise loan funds are available for all members of the community! The loans are to help people in the down river area to assist in developing or expanding small businesses.

Let the Karuk Community Loan Fund help you with your small business, home purchase or home improvement loan needs! We understand that many people have credit issues and we are willing to help you work to improve your credit profile. We can also help you with the application and help you with budgeting or other finance issues.

Call Eddie Davenport at KCLF in Happy Camp at
530-493-2558.

Karuk Tribe

OFFICIAL Election Results – General Election – November 4, 2008

There were a total of 223 ballots cast in the election, none of them were deemed invalid.

Alvis Johnson

36 Yreka
48 Happy Camp
25 Orleans
27 Absentee
136 Total Votes



Wilverna Reece

24 Yreka
36 Happy Camp
23 Orleans
28 Absentee
111 Total Votes



Earl Aubrey

25 Yreka
34 Happy Camp
7 Orleans
16 Absentee
82 Total Votes



Hermanett Albers

42 Yreka
17 Happy Camp
6 Orleans
9 Absentee
74 Total Votes



Documenting the Karuk Language

Ruth Rouvier, Language Program Coordinator



(L-R) Laura Grant, Shan Davis, Sonny Davis, Julian Lang, Emilio Tripp, Gabe Montgomery, seated is Lucille Albers

January was an eventful month for the Karuk Language Program, as we began our new Master-Apprentice Documentation project funded by the ANA. The goal of this three-year project is to train Karuk Apprentice language learners in best language documentation practices and working with Master speakers. The Apprentices will work to create, transcribe and analyze audio/visual Karuk language materials, and use the materials to expand the Karuk Dictionary and the body of documented Karuk language. They will also share what they learn with other Tribes to help them document their languages.



(L-R) David Goodwin, Bud Johnson

Nearly 30 people attended out first training on January 24-25 in Orleans, learning about the Master-Apprentice method of language learning and how to make high-quality audio and video recordings of the Karuk language. Trainers Laura Grant, Kate Hedges and Leanne Hinton of the Advocates for Indigenous California Language Survival did a wonderful job teaching the Master-Apprentice teams and other attendees how to do language documentation and revitalization. Tribal Linguist Susan Gehr and Karuk Language Restoration Committee member Jim Ferrara were indispensable in making sure everything ran smoothly.

The weekend was crowned by a phenomenal KLRC meeting, with over 15 attendees who provided excellent input for future Language Program activities. Among the ideas discussed were holding regular Speakers' Gatherings to give Elders a chance to practice speaking Karuk, putting William Bright's book "The Karuk Language" online, and starting a Karuk language class at College of the Siskiyous. Stay tuned for updates.

Please join one of our community language classes!

Happy Camp: People's Center. Wednesdays, 5-6 pm.

Yreka: Yreka Cultural/Elder's Room, 1836 Apsuun. Sundays, 1-2 pm.



(L-R) Rita Thom, Aliyse Ciana Aguilar, Vina Smith

Dam Removal Bill Introduced in Oregon

S. Craig Tucker, Ph.D., Klamath Campaign Coordinator

The Karuk Tribe's push for removal of the lower four Klamath Dams continues to make progress. Last November, dam owner PacifiCorp signed an Agreement in Principle with California, Oregon, and the United States to surrender the dams for removal in 2020. Currently, a bill, SB 76, is moving through the Oregon legislature that would generate \$200 million from PacifiCorp ratepayers to apply to dam removal costs.

This comes after nearly five years of protests, lawsuits, and participation in building a science based record that demonstrates that dam removal is necessary to restore fish runs on the Klamath.

The Tribe pushed for a more aggressive timeline for removal but even if PacifiCorp surrendered the dams today, most analysts believe it would take nearly a decade to get the necessary permits, go through necessary environmental reviews, and do engineering and scientific studies to determine the best strategy for physically removing the structures. Under the terms of the proposed agreement, these studies will proceed as PacifiCorp operates the dams and slowly sets money aside for their eventual removal.

The alternative to an agreement would be to try to convince the Federal Energy Regulatory Commission to order the dams removal which would be unprecedented.

"We believe that a negotiated agreement with PacifiCorp provides us with the greatest certainty for dam removal," according to Vice Chairman Leaf Hillman.

Still the Tribe faces several hurdles before dam removal is certain. First off a final binding agreement is due by the end of June. The terms of the final agreement will likely call for legislation in Oregon, California, and at the federal level will be required to fulfill all of the terms of the agreement.

The fact that the Oregon legislation has already been introduced and approved by a Senate subcommittee is promising. "We think that passing legislation in Oregon will not only ensure that a large sum of money will be available for dam removal but it will give us some political momentum we can take to Sacramento and Washington, D.C.," says Hillman.

The dam removal agreement is part of an even larger agreement signed by the Karuk, Yurok, and Klamath Tribes along with several farm groups in the Upper Basin, conservation groups, states and federal agencies. This larger agreement, known as the Klamath Restoration Agreement or KBRA, provides a water sharing plan, plan to reintroduce salmon and other anadromous fish to areas upstream of the dams, and funds to support Tribal natural resource departments and affordable power for irrigators. The success of the KBRA hinges on dam removal.

In describing how the KBRA and a dam removal agreement are interconnected Hillman says, "if there's no dam deal, there's no damn deal."



Karuk Tribal members and other dam removal supporters stage protest at Pacificorp' Portland offices last September

US Army Private, Bernard "J.R." Lowry, Jr., Three Time Graduate!



Karuk Tribal Member "J.R." Lowry is one of our local Happy Camp High School graduates of 2008 and a favorite of many in Happy Camp.

JR recently graduated from boot camp at Fort Jackson, South Carolina in October of 2008.

He graduated school again in Fort Gordon, Georgia and is now an Information Technology Specialist. J.R. is heading to South Korea in March where he will serve in the Signal Corps.

We wish you the best JR!!!

Tell us how you are doing occasionally too!



Tribal Employment Rights Ordinance ~ T.E.R.O.

Dion Wood, T.E.R.O. Director

What is going on with TERO?

The Tribal Employment Rights Commission consists of six Tribal Members. Their job is to oversee the activities of the TERO Department. Recently the TERO Commission has changed. Tribal members Dave Nelson and Alvis Johnson are no longer part of the Commission. We want to express our “Yootva’s” to these two for all the time and effort they put into TERO. They are missed. The Tribal Council appointed Babbie Peterson and Verna Reece as the two newest TERO Commissioners. At this writing they are attending ‘New TERO Commissioner Training’ in Seattle, Washington where they will learn about the pressing issues involving TERO as well as their duties as Commissioners. We are pleased to be working with them!

Present Commissioners are:

Donna Goodwin-Sanchez ..Chair

Cecilia Arwood.....Vice-Chair

Elsa Goodwin.....Secretary

Dolores Voyles.....Member at Large

Babbie Peterson.....Member at Large

Verna Reece.....Tribal Council Representative

**T.
E.
R.
O.**

The TERO Ordinance provides authority for a fee of 1% to be charged to all contracts over \$2500.00 that the Tribe is party to. This generates a small discretionary fund that the Commission uses to assist other programs or to benefit the membership. The TERO Commission is known for supplying fabulous raffle prizes at the Tribal reunion but beyond that, TERO has provided summer youth jobs in each community, provided start-up funds for the Tribal Smoke Shop, held special trainings, and purchased a vending machine for the Happy Camp Admin Office, to name just a few things. We are always looking for ways to make things better.

TERO also maintains a “skills bank” that lists Tribal members and their skills so that we can refer someone or inform them of a new job opening. We can assist with GED testing fees and adult tutoring. We have also given work related loans to help Tribal members get what they need so they can work. We want to help you remove your obstacles in getting work or to better yourself. TERO also maintains a listing of Indian owned businesses in the region.

If you have any questions about TERO or would like a copy of the TERO Ordinance please contact the TERO Office at 800 505-2785 extension 2030.

Hold On To Your Dreams

Dion Wood, T.E.R.O Director

The Tribe is financially dependent on grants from the Federal Government. In these uncertain economic times we never know which programs and funding sources may be reduced or changed. Because the Tribe is not self-sufficient, we must continue to jump through the hoops of regulations and mandates from Washington DC.

As individual Tribal members, however, we can walk our own path. A long, long time ago-- just as today-- our way of life encompassed education, spirituality, religion and culture. Our way of life provided the meaning that we all seek, and it satisfied our needs. In those times, dreaming was accepted as an important part of daily life and, today, is still deserving of that respect. Dreaming can be a powerful way for our spirits to materialize what is good for us. Day Dreams and Night Dreams, though essentially different, can be equally powerful. In Day Dreams, we are consciously focusing on an idea and putting energy into it. When enough energy is collected, we are moved into actions that are intended to materialize or make real the original idea. A powerful sequence! With Night Dreams, our conscious mind is put to the side and our subconscious takes over. The theater of the dream time is full of fantastic symbols and images that relate to the consciousness of the daytime! If we are attentive, we can learn and become motivated by our dream time messages.

But why all this talk of dreams? In these changing times we must become increasingly flexible in the ways we earn money. To be able to work, some of us may have to learn completely new skills. We must be more self-sufficient and able to rely on our own ingenuity and creativity. If we hold on to our dreams of what we want for ourselves as individuals as well as a Tribe of people, our dreams will guide us through the uncertain times and will take us to where we need to be. People who follow their dreams are usually happy, passionate, enthusiastic and focused. They will often go to any lengths to achieve their dreams. No sacrifice is too great!



The Karuk Tribe receives limited Adult Vocational Training funds for our Tribal members and offers grants of up to \$1000 that are paid to a school of your choice, once eligibility is determined. These funds are dedicated to vocational training courses that will certify you in a new skill that will immediately qualify you for work. A few examples are: Truck Driving School, Heavy Equipment Operator School, and Beauty School. Since the Tribal Vocational Grant usually falls far short of the total cost of the desired vocational course, the Tribal member, in order to be considered eligible, must demonstrate an ability to cover the full tuition. For application information or any questions regarding the Karuk Tribe Adult Vocational Training program contact Dion Wood at 800 505-2785 extension 2030.

Karuk Tribe Child Care Program Update

Dion Wood, Childcare Coordinator

The Tribe's Child Care program has been funded for another year with Federal Child Care and Development Funds (CCDF). Both States and Tribes are eligible to receive CCDF funds for child care. We are granted funds based upon the number of potential eligible federally recognized Indian children that reside within our service area. Our service area is both Siskiyou and northeast Humboldt Counties in California.



Last year the Tribe received approximately \$99,000 in CCDF funding, and 89% of those funds were paid out in direct subsidies for care for children whose parents are either working, in training or in school. The Tribe, throughout the past year, served over 25 low-income families.

In addition to paying subsidies for child care services, the Karuk Child Care Program is active in state and national organizations as a voice for Tribes in the early childhood arena. It is unfortunate but true that federal and state government agencies must constantly be reminded of their trust obligation to Tribes. It is an ongoing, daily battle.

The Child Care program is continually seeking ways to expand services and raise the quality of care that the program provides. There are many State resources available for child care, and the Tribe is working with Karuk Head Start and the Siskiyou County Child Care Council to maximize them. Currently we are collaborating on opening a Toy Lending Library in Happy Camp that will be similar to the one Siskiyou County maintains at their main office in Weed, CA. The Toy Lending Library will be located at the Head



Start offices in Happy Camp. Families will be able to check out different resources for activities and games and for just plain ol' playin' with! We are excited to have the expertise of the county to assist us in this project. Thanks to Siskiyou County Child Care we will have a nice inventory tracking system and the general layout of the library designed for us. It will be a great new resource for Happy Camp that will be available to the entire community and surrounding communities. We hope to be able to do the same for our members in Yreka in the near future. The planned opening date for the Toy Lending Library is June 1st.



At the March, April and May Tribal Council meetings, (one in each community) the Child Care Program Director, as part of his report, will hold a public hearing on how the Tribe administers our child care program. This will be the perfect time to make recommendations or suggestions on how to improve or change the program. Of course we must work within existing regulations, but child care and development funds are flexible for Tribes and can be used in a variety of ways to address child care needs. Some Tribes operate child care centers; others operate subsidy programs; some do both. Some Tribes "braid" funding with Head Start to be able to extend services to a full day or for before and after school programs. The Child Care Program wants to hear your vision for child care and wants to know how it can serve you better. If you cannot attend the public hearings at the upcoming Council meetings feel free to contact Dion Wood at extension 2030 at the Tribal office in Happy Camp.



CORRECTION from last newsletter: Donation was previously stated as being from Northern California Indian Development Council. That was incorrect.

Donation Received from Inter Tribal Pow-Wow

Submitted by Raná Bussard

Karuk Tribal Descendent, Carissa Bussard and her family would like to express their extreme appreciation and thanks to the Karuk Tribe and the Inter Tribal Pow-Wow committee for their donation. Carissa is the daughter of Steve and Raná Bussard; granddaughter of Ken and Shirley Hockaday and Betty Bussard; and great-granddaughter of Minnie Hockaday. She is enrolled with the study abroad program through the University of California at Berkeley. When faced with the cost of rising airfare, Carissa approached the Inter Tribal Pow-Wow committee office for help. Joyce, Rosie, and Philip graciously gave Carissa a donation that more than covered her airfare

expense. We wish Carissa the best of luck with her studies at the University of Durham in Durham, England. Thank you so much for your generosity in making this experience attainable!

Left to Right: Joyce Jones, Rosie Kerr, Carissa Bussard, and Philip Albers Sr.

Department of Natural Resources Environmental Education Program

by Jeanette Quinn, Environmental Education Coordinator



(l-r) Alan Curtis, Shelby Rhodes, Jessica Conrad, Justin Markin prepare to survey Indian Creek.

Fall Salmon Spawning & Carcass Surveys: Students from Denise Bearding's Life Science class at Happy Camp High School surveyed a short reach of Indian Creek on October 17, 2008. These students also surveyed a short reach of Elk Creek on November 14, 2008.

Happy Camp Elementary School 7th/8th grade and Community Day



HCHS Life Science Class with Denise Bearding and Cedar Atwood (AmeriCorps) surveying Indian Creek.



Eric cooling off after surveying Camp Creek

School students surveyed a short reach of Clear Creek on October 24 and 31, 2008. 6th/7th grade students surveyed a short reach of Indian Creek on November 21, 2008.



(l-r) Alex Eadie, Sean Hein, John Rhodes, Brenda Aubrey, Abbie Long surveying Indian Creek

Orleans Elementary School 6th-8th grade students surveyed a 2.5 mile reach of Camp Creek on October 22 and 29, November 19, and December 3, 2008. On November 19 students counted 127 returning Chinook spawners in Camp Creek, a record number of live fish seen during a student survey of Camp Creek.

I collaborated with US Forest Service Fisheries personnel, Cedar Atwood and Shauna Oster, AmeriCorps volunteers, and Jillienne Bishop, Mid Klamath Watershed Council Education Coordinator, to take students on the salmon survey field trips. Cedar Atwood led the high school and elementary students



(l-r) Jillienne Bishop, MKWC Education Coordinator; Hannah Mapatis, Monique Gurulé surveying Camp Creek.

from Happy Camp in dissecting Chinook carcasses (one per class) that they found while surveying.

Native Plants & Noxious Weeds Studies: On November 17, 2008 I assisted Matt Cavin,

US Forest Service Fisheries personnel, Cedar Atwood and Shauna Oster, AmeriCorps for Mid Klamath Watershed Council, with a field trip for Shelly Slusser's 3rd-5th grade class at Orleans Elementary School. Students visited the Native Plant Demonstration Garden in Orleans to pull English ivy (a noxious weed), participate in a plant treasure hunt, and play a noxious weed game.

Climate Studies & Global Warming: On February 5, 2009 I visited the 5th/6th, 7th grade, 8th grade, Special Day, and Community Day School classes to teach the students about climate change, greenhouse gases and ways to reduce greenhouse gas emissions. Students



Natessa Donahue checking the water temperature before surveying Camp Creek



Ashley Allgier collecting a scale sample from a Chinook carcass found on Camp Creek; Jillienne Bishop, MKWC Education Coordinator, assisting



John Rhodes with a female Chinook carcass found during an Indian Creek survey



Marina Cosce and Yaamitch Erickson at the Native Plant Garden

determine carbon dioxide emissions for an average American family. They also learned ways to reduce those

learned about the greenhouse effect, natural resources that emit greenhouse gases when utilized, and how these gases contribute to weather and climate change. Students made a Global Warming Wheel Card, which they used to



Galen Treesong-Cullum cutting overgrown pepperwood shoots in the Native Plant Garden

emissions, such as by walking or riding a bike whenever possible instead of using a car to reach a destination.

On February 6, 2009 I visited the 3rd grade and Primary Community Day School classes at Happy Camp Elementary School. Students learned the same concepts as the 5th-8th graders, but played a game, "The Greenhouse Effect and

Global Warming," instead of making a wheel card to learn about the greenhouse effect and global warming. Two students representing the Sun and the Earth stood about 30 feet apart. Other students representing heat traveled from the Sun to the Earth to demonstrate how the Sun warms the Earth. Students representing greenhouse gases then trapped

some of the "heat" as it reflected off the Earth into the atmosphere. Students realized that the greenhouse effect is necessary to warm the Earth at this point. Next, additional greenhouse gases trapped more heat around the Earth. Students then understood that too much heat being trapped in the Earth's atmosphere leads to increased global temperatures and extremes in weather events.

On February 9, 10 and 12, 2009 I visited the 3rd-5th grade, 6th-8th grade and K-2nd grade classes (respectively) at Orleans Elementary and taught the same lessons as above, "The Greenhouse Effect and Global Warming" game with K-5th graders and the Global Warming Wheel Card with 6th-8th graders.

For more information about the Environmental Education Program, e-mail Jeanette Quinn at jquinn@karuk.us, or call 530-627-3446.



Kayla Wilson removing the top of a Chinook's skull to retrieve the otoliths ("ear stones" used for balance, orientation and hearing)



A jack (immature male) Chinook salmon returning to spawn in Camp Creek



HCES students playing "The Greenhouse Effect and Global Warming" game



HCES Community Day School students making Global Warming Wheel Cards



Ryan Mollier and Andrea McLane doing the plant treasure hunt in the Native Plant Garden



Jacob Gonzales cutting out a Global Warming Wheel while learning about Climate Change



All photos by Jeanette Quinn



Karuk Tribal Head Start News

Patty Brown, Director



Patty Brown, Karuk Tribal Head Start Director

It is an honor to serve the children, families and communities of Happy Camp and Yreka as the new Karuk Tribal Head Start Director. Prior to accepting this position I served as the Early Childhood Education Coordinator for Siskiyou County Office of Education as well as the position of Director of the Yreka State Preschool, while providing oversight and technical assistance for Big Springs State Preschool, Hornbrook State Preschool, and Discovery Child Development Center at College of the Siskiyous. I have been involved in the Early Childhood field for the past 16 years as an assistant, teacher, site supervisor, director, workshop presenter, and advocate for quality in Early Childhood Education.

Karuk Tribal Head Start began the transitional phase with the retirement of former director, Toni McLane, Program Services Coordinator Sylvia Parry, and teacher, Linda Davis. I would like to recognize these wonderful ladies for their dedication and the many years of service they provided to the children and families of Karuk Head Start. The staff sends wishes for a well deserved retirement.

Donna Goodwin-Sanchez is to be commended for the tremendous responsibility and support of the program through this transitional phase. She continues to play a vital role in the program. Her new well earned job title is Deputy Director.

Tia Tiraterra is the new teacher at the Happy Camp site. She brings her Montessori experience to the classroom. Returning Happy Camp staff includes Nell Sakota/Cook, Denise West/bus driver, and Elke Head/Assistant Teacher. We welcome the addition of Americorp worker Sarah Macabier, a parent who is working as a bus and classroom aide this year. The returning Yreka staff includes Marlene Rodriguez, Site Supervisor/Teacher, Nichole Finch/Teacher, Tamara Alexander/Assistant Teacher, Josie Jerry/Assistant Teacher, Rana Bussard/Bus Driver, Betty Robinson/Cook, and Barbara Brunette/Bus aide, and Cook's aide. We also welcome Jeanne Super as the Americorp worker for Yreka as a bus and classroom aide.



All teachers and assistants are currently enrolled in Early Childhood Education College Courses to enhance their teaching skills and strategies to further imbed high quality in and out of the classroom environment. In addition to college classes, the staff attend ECE workshops and trainings provided free of charge through the Local Planning Council Training calendar, in collaboration with the CARES program and Siskiyou Child Care Council. These trainings provide valuable research based information from UC Davis, CPIN (California Preschool Instructional Network) as



well as meaningful and applicable trainings with local professionals.

Marlene Rodriguez and I attended input sessions for Region 2 to preview and evaluate the second edition of the Preschool Learning Foundations in Visual and Performing Arts, Health and Physical Fitness. This was a unique opportunity to be involved as a Tribal representative for input in regard to cultural sensitivity.



Tamara Alexander from the Yreka center is currently working with the Language Restoration project. We are looking forward to her support in early language acquisition in the Head Start Program.

Collaboration with Dion Wood and the CCDF Grantee program has produced exciting new opportunities for our children and families. We are currently working on a kindergarten transition program in Happy Camp and in Yreka as well. More information to come.

Karuk Head Start, CCDF and Siskiyou Child Care Council are collaborating on a new Resource Library in Happy Camp. For more information see Dion Wood's article on page 13.

Karuk Head Start News, continued next page...

Higher Education Grant Award Application Due Date For the 2009-2010 School Year:

Monday, August 3, 2009 at 5:00 p.m.

Education Program Coordinator: Jennifer C. Goodwin



Application information can be obtained by visiting the Karuk website or by calling the Education Office at 1-800-50-KARUK or (530) 493-1600 Ext. 2034.

We'd like to hear about your educational journey through college and print it in the next newsletter. Please send your submissions to:

Karuk Tribe, Education Dept.

P.O. Box 1016

Happy Camp, CA 96039

Or you can submit by e-mail to jgoodwin@karuk.us.

**Pictures are also welcomed and appreciated.
YOOTVA!**

Please feel free to contact the Education Office at any time.
We are here to assist you to the best of our ability.

Wishing you Much Success in all of your Educational
Endeavors!



Karuk Head Start News, continued from previous page...



We are moving forward with the renovation for the Yreka Head Start Program.

We are working with other partners in the county as well and I serve as a representative at Ya Pav aanay, the Dental Task Force, Local Planning Council, SECT (Siskiyou Early Childhood Team), College of the Siskiyou Early Childhood Advisory Group, and CARES program.

I am proud of the Head Start staff for their fine example of teamwork, support, commitment and dedication to the children and their families. To quote one of the teachers "we are raising our future leaders".

We are currently enrolling for the fall of 2009, so if you know anyone that has young children and would like a wonderful preschool experience, please contact Karuk Tribal Head Start at 493-2226 or 842-9225.



Karuk Paths to Prosperity

Education is the key! Take classes without leaving Tribal Territory!



Left: Excel for Business class in Happy Camp

- Videoconferenced Courses
- Online Courses
- Face to Face Courses



Right: COS Medical Terminology college course videoconferenced in Happy Camp

UPDATE!

- Our local high school students can now enroll at College of the Siskiyous (COS) FREE! (\$7 health fee not included)
- Our children enrolled in high school can now take college courses and receive high school AND college credits toward their degrees for the same class.
- Adults... Take a college course in your spare time. We can help you navigate college enrollment, assessment and counseling requirements.

Call the Happy Camp Community Computer Center for more information!
(530) 493-5213

- Counseling assistance with/COS & one-on-one
- Videoconferenced, online or on-site course assistance
- COMPASS college assessment tests
- Class and college searches
- College enrollment & paperwork
- Scholarship assistance
- Learn to take online courses with our FREE Successful Online Learning class. One-on-one help is available. Successful Online Learning courses are offered three times per year.



Above: Early Childhood Education videoconferenced course in session in Happy Camp



Left: Beginning Computer Classes at the Happy Camp Community Computer Center

Right: COS Conversational German class taught face-to-face in Happy Camp



Happy Camp - (530) 493-5213 • Orleans - (530) 627-3081 • Yreka - (530) 842-1644 Ext. 7004

~ **Funded by the Administration for Native Americans** ~



Quarterly Staffing Update

Sara Spence, Human Resources Manager

This update covers October through February. We currently have 152 employees on staff.

Kayla Bridwell resigned from her position as Dental Assistant in the Yreka Clinic on 9/9; her position was filled by Cindy Culp on 10/16.

Deborah (Donita) Hill was hired as the Registered Dental Assistant for the Yreka Clinic on 11/3; this is a new position to that Clinic.

Toby Reusze was hired as the Substance Abuse Counselor for the Yreka Area on 11/3; this too is a new position. Toby will also be facilitating DUI Classes for the Tribe, so contact her in Yreka for more information. We will bring these classes to Happy Camp so individuals do not have to travel to meet their court required schooling!

Martha Schrock resigned from her position as Executive Director of Health and Human Services on 12/3; her position was filled by longtime employee, Lessie Aubrey on 12/4. Lessie's position as Director of Quality Management, Compliance, and HIPAA was filled by Karen Daniels on 1/5; Karen was previously the part time GPRA Coordinator for the Tribe.

On 12/1 the Karuk Tribe finally started up their own Temporary Aid to Needy Families program (KTTP) resulting in many staffing changes as follows:

Daniel Pratt started as the KTTP Executive Director of the program on 12/1 and Alphonso Colegrove started as the KTTP Development Manager on 12/8.

Elsa Goodwin started as the KTTP Administrative Assistant on 12/1; her position as Clerical Assistant at KTHA was filled by Dorcas Harrison.

Cecilia Arwood started as the KTTP Fiscal Technician on 12/8; her position as Finance Assistant was filled by Linda Zink.

Lisa Aubrey started as the KTTP Family Services Specialist for Happy Camp on 12/8; her position as Low Income Assistance Program (LIAP) Administrator was filled by Robert Attebery who was previously the Community Health

Representative for the Happy Camp Community.

Pamela Risling started as the KTTP Site Supervisor/IT Coordinator in Orleans on 12/8; her position as Social Worker was filled by Kimberlee Dodge on 11/17.

Clarence Hostler started as the KTTP Family Services Specialist for Orleans on 12/8.

Anthony Ballard started as the KTTP Family Services Specialist for Yreka on 12/8; his position as Substance Abuse Counselor for Orleans was filled by Mace DeLorme on 12/1.

Maria Miranda started as the KTTP Family Services Assistant for Yreka on 12/8; her position as Patient Eligibility Worker at the Yreka Clinic was filled by Kasey O'Brien; Kasey's position as Dental Receptionist for the Yreka Clinic was filled by Keri Kerr, Keri previously worked in the Tribe's Amkuuf Smoke Shop in Yreka which is managed by Hermanett Albers and staffed by Lloyd Bridenstine.

Janelle Jackson-Reed started as the KTTP Receptionist in Yreka on 12/8.

Sharon Denz was re-appointed to her position as Patient Assistance Worker on 1/20 due to the overwhelming need for that program to continue serving Tribal and community members.

Robert N. Goodwin was hired as the Tishawnik Project Clerk on 2/2 to work with contractor Dave Wroblewski on that project.

Robert A. Goodwin was hired as the Self Governance Coordinator on 2/16; many of you already know Robert Goodwin, a Tribal Member who has been involved with the governance of the Tribe for the past seven years as a Member at Large on the Tribal Council. He is excited to take on this new role for the Tribe while at the same time saddened to step down from his role on the Council as it has been a very fulfilling commitment for him.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!

**For continually updated job openings go to:
www.karuk.us/jobs**

Newsmagazine Article Submissions

If you have news, articles or events you would like placed in this newsmagazine, please submit your information to Sara Spence, News Articles, PO Box 1016, Happy Camp, CA 96039. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be accepted, however you may request that your name not be published or appear in the newsmagazine.

Article deadlines for 2009 are: **May 15** for the spring issue, August 15 for the summer issue, and November 15 for the fall issue.

Karuk Community Christmas Party

Carrie Aubrey-Davis



The Karuk Community Christmas Party was held on December 13, 2008. Tamara Barnett and I have been doing this party for the last 7 years and this year we had the biggest turn out so far. There were over 400 people in attendance and approximately 180 children received a gift from Santa. It was fun for all who attended, but very busy. People came all the way from Montague, Yreka, Siead Valley, Hoopa, Some Bar, Orleans, Ti-Bar and Happy Camp.

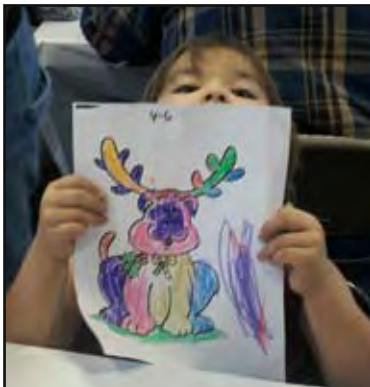


I would like to take time to give a thank you to all the volunteer help: Tamara Barnett, Blanche Moore, Cheyenne Moore, Reo Lloyd, Jena Weeks, Barbara Snider, Donna Zook, Lessie Aubrey, Virginia Moehring, Laura Mayton, Danny Titus, John Barnett, Brittany Barnett, Madeline Davis, Michael Thom, Shelby Rhodes, Keith Aubrey, Sandra Aubrey, Troy Hockaday, Corey Barnett, Erin Hillman, Sara Spence, Pihneftuuf Elston, Ryan Wilson, Alex Eddie, Norlyn Peters.



I would also like to give a big thank you to all the organizations that provided the financial help: Karuk Tribe, San Manuel Tribe, Happy Camp Disposal, Parry's Market, Costco, Siskiyou Distributing, Barona Band of Mission Indians and Scott Valley Bank.

It takes a lot of work to get this party organized, decorated, purchase gifts, and all the cooking. I am sorry if I missed anyone. Everyone worked hard and did a great job; just look at all the photos!



In Loving Memory

Karuk Tribal Member

Steven Lee Fields

Born: October 10, 1968
Grants Pass, OR

Passed away on:
January 17, 2009
Grants Pass, OR



Steven is survived by his mother Kathleen Kennedy Fields, of Cave Junction; his brother Edward Fields, of Cartagena, Spain; and many aunts, uncles and cousins.

Nakima Frye 1988 - 2008

To a friend, a brother, and a homie who we call our Cuddie Frye.

May he be in our hearts forever and fly as an eagle in the sky.

Fly my cuddie fly, fly as we continue to cry.

We cry because your gone, but you're in our hearts just as you've been all along.

All your family and your cuddies are trying to be strong, but no matter how hard we try this pain will never be gone.

Fly my cuddie fly, fly as an eagle in the sky.

Your Indian pride, your love, and your soul will always be remembered and stored in our hearts and will NEVER be torn apart.

We will miss your warm embrace, and the way you loved your Indian race.

Fly cuddie fly, fly as we remember you by Cuddie Nakima Frye.



Written by: Misti Jade Titus

Karuk Senior Center Program

Babbie Peterson, Senior Center Supervisor



In December we had many community celebrations for Christmas – what a festive time. We not only had a white Christmas but were

able to celebrate in all of our communities with community gatherings where we shared meals and were blessed with gifts of friendship. At the senior centers we had community support from the Tribal Council, community volunteers, the Happy Camp Family Resource Center, and Tribal staff. Thanks to all who made this a truly fun time for everyone!

We brought in the new year with other positive community partnerships – including the National Day of Service on Martin Luther King, Jr. Day – we had two AmeriCorps volunteers in Happy Camp that came into the senior center through the coordination of our TERO director Dion Wood and the AmeriCorps Program in Eureka.

THANK YOU Crystal and Danielle! They cleaned our range and hood system, while I cleaned the dish washer and mopped floors. They are new to Happy Camp and are doing



their 1700 hours of service with the U.S. Forest Service. We asked them to attend other activities during their stay and hope to introduce them to many in our community.

Florence Conrad, Tribal Council Member at Large and I attended a meeting in Sacramento on February 4, 2009 that addressed new policies and standards for senior centers in California.

We are happy to be sharing the Headway building with the Karuk TANF program – and look forward to working with them. We have talked about workers being placed with our program – as always we WELCOME volunteers!

Don't think volunteers just wash dishes and sweep floors!

- if we had volunteers we could have people that greet people as they come into the centers
- we could have people that keep the library open in Orleans
- we could have a volunteer activity coordinator

- the possibilities are endless ~ If you have a great idea and want to volunteer to lead a program ~ let us know

Currently we have

- quilters,
- basket weavers,
- acupuncture/detox gatherings with a pot luck,
- AA meetings,
- culture classes

I hope I haven't left anyone's activities out – but there are a lot of things going on in our Tribal Communities – both paid and volunteer programs that share space in our buildings we welcome people to attend all activities.

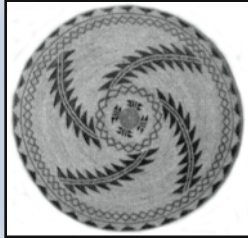


Yreka Christmas Party

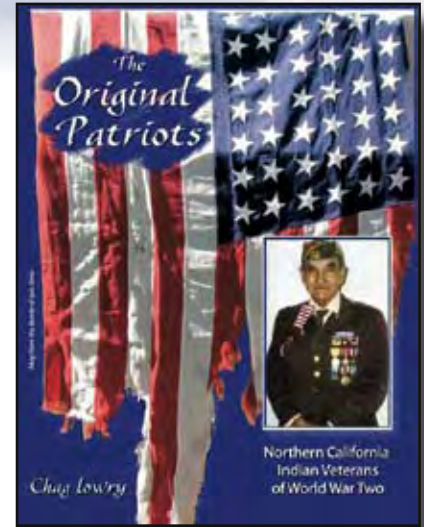


Attention Native American Veterans of the Korean War!

Chag Lowrey, author of the book "The Original Patriots, Northern California Indian Veterans of World War Two" is looking for information on Northern California Indian Veterans of the Korean War. If you would like to talk to Chag about the Korean War or get a copy of his book, please contact him at 707-407-8932 or at the address below.



Chag Lowry
 Director, Original Voices
 411 12th Street
 Eureka, CA 95501
www.originalpatriots.com



Senior Center Valentine's Day Dinner

Babbie Peterson, Senior Center Supervisor

On February 14, 2009 the Karuk Senior Center Program in collaboration with the Happy Camp Family Resource Center, Siskiyou County Mental Health, and numerous community volunteers, had a senior Valentine's Dinner at our Happy Camp meal site. We served over 70 seniors and guests for a festive evening with music by Todd Gilbert. It was a wonderful time to visit with friends and share a meal.

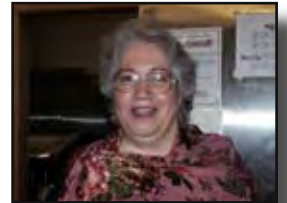
We are looking at doing this once every three months depending on funding. The funding for this event is from the Siskiyou County Mental Health Service Act that is brought to the community of Happy Camp through the Family Resource Center. For more information about that program you can contact the Family Resource Center at 530-493-5117.

The Karuk Tribal Senior Center funded the meal.

Our program receives funding from the Older American's Act Title VI for both sites and Title III -PSA-2 Area Agency on Aging (Siskiyou County-Happy Camp site), the Modoc-Siskiyou Community Action Agency (for Siskiyou County - Happy Camp site) and The Union Health Labor Foundation (for Humboldt County- Orleans site), the Karuk Tribal Council, and community donations.

We depend on the support of our communities to make our program work for the elders.

We THANK EVERYONE involved for making our program a success to the level of being recognized at the State and National level as an exemplary program. It is only by the support of community members and hard work by a lot of programs and organizations that we are able to collaborate with that has brought us to that level. We hope that people will be taking a more active role in starting activities that are of interest to seniors and run by seniors in our building or at the Family Resource Center. Working together for a better future in the Mid-Klamath Region.



Ashlyn Grace Goodwin “Gracie”



Born: Sept. 26, 2009

Weight: 9 lbs 5 ounces

Parents: Daniel “Coon” Goodwin & Ashlee King of Happy Camp

Big Sister: Autumn Raye Goodwin 2 yrs. of Happy Camp

Paternal Grandfather: Robert N. Goodwin of Yreka

Paternal Grandmother: Barbara Goodwin of Redding, CA

Maternal Grandmother: Karen King of Happy Camp, CA

Great-Grandparents: Jimmie Goodwin, Happy Camp, CA; Kathi Jones, Grants Pass, OR; Norman Goodwin, Somes Bar, CA

Robert Bryan Berry



Born: August 6, 2008 at 1:30 a.m.

Weight: 5 lbs. 6 oz.

Length: 17 inches

Parents: Jim and Maria Berry, Yreka, CA

Grandmother: Alberta Southard-Berry

Christina “Attie” Michelle Attebery Weds David Kennelly

Ben and Helen Attebery are pleased to announce the marriage of their granddaughter, Christina “Attie” Michelle Attebery to Christopher David Kennelly on Sunday, July 27, 2008. The couple was married at the Ormond Ocean House in Ormond Beach, Florida.

Tori, Leonard, Attie, Helen & Bob Attebery



David & Attie Kennelly

Attie is a Karuk Tribal Descendent. She is the daughter of Leonard Attebery and Sandy Ryan.

Robert “Basketball Bob” Attebery, Attie, and her father, Leonard Attebery



Yootva!!! To Hoopa Tribal CCC Crew & Karuk Tribal Watershed Crew

Paula McCarthy

The Karuk Basketweavers would like to publicly thank and acknowledge the work done by the Hoopa Tribal CCC Crew and the Karuk Tribal Watershed Crew at the Ishkayish Ranch in Happy Camp. The crew members worked very hard to cut and burn the willows so that we may gather sticks at the Ranch for basketweaving.

The crew members included Crew Boss: Tim Bussell, and Crew Members: Brailyn Frye, Allyssa Hathaway, Eileen Miranda, Rico Caddo, Dennis Paxson, and Duane Billy among others. The Watershed Crew Members included: Gabriel (Cogie) McCovey, Ben Saxon, and Kevin Wilder.



Thank you to all who helped for your hard work and thanks to Earl Crosby for allowing us to utilize the crew during your off time.



Cutting the Costs of College

Laura Olivas, Finance Department

In today's economy a lot of parents are concerned about how they are going to pay for their everyday living, but there are a fair share of parents/guardians who are also concerned about how they are going to afford sending their children to college. This is a concern for parents also those who are considering returning to school due to the downturn in the economy. Here are a few ideas to consider to reduce the high cost of getting a higher education.

1. Miscellaneous expenses:

- a. Take advantage of local transit, which can in some cases be purchased at a discounted rate or even include as part of the tuition fees.
- b. Ride share
- c. Dust off that bike and take it with you to college

2. Books

- a. Share texts with other students
- b. Sell your used books
- c. Buy used books online
 - i. Craigslist.org
 - ii. Half.com
 - iii. CampusBookSwap.com



3. Free Campus events to help you unwind, yet won't hurt the pocket book.
4. If you excel in a subject or maybe a person in the class is having difficulty maybe offer to help them for a nominal fee or maybe they can help you.

These are just a few ideas to help with "hidden" cost of attending college. There are lots of places to look for help with tuition and ways of reducing the cost of school.

Dental Disease: Conception & Beyond

By Donita Hill RDH & John Bardonner DMD

There are three key factors that influence a person's susceptibility to dental disease such as Cavities, Gingivitis and Periodontitis.

1. The tooth's own resistance to disease. Resistance starts with healthy development of the tooth structure for strong, thick enamel and the salivary glands for saliva production.

Our teeth and salivary glands start developing between the 4th and 5th week after conception.

By the 19th week after conception, the enamel is already forming on all baby teeth and will continue to develop throughout the entire first year of life. Enamel formation of permanent teeth begins at birth and is usually complete by age 16 years. For healthy, disease resistant enamel and proper function of the salivary glands, adequate amounts of the following nutrients are essential throughout our life span.

- ✓ **CALCIUM:** Dairy, Kale, Turnip, Mustard & Collard Greens.
- ✓ **PHOSPHORUS:** Meats, Milk, Whole Grains, Nuts & Legumes.
- ✓ **MAGNESIUM:** Dark Green Leafy Vegetables, Legumes & Whole Grain Cereals.
- ✓ **PROTEIN:** Cooked Eggs, Meat, Soy Products & Legumes.
- ✓ **FLUORIDE:** Fresh Fruits & Vegetables, Meat, Eggs & Cereals.
- ✓ **VITAMIN A:** Milk Fat, Liver, Egg Yolk, Dark Green Leafy Vegetables, Yellow, Orange & Red Vegetables & Dark Yellow & Orange Fruits.

Saliva plays a key role in disease prevention due, in part, to its antibacterial properties which helps to reduce plaque formation and buffering action on plaque acids and remineralization of the enamel with Calcium, Phosphorus and Fluoride ions.

2. Food choices we make and our eating habits. Since some foods appear to be more cavity causing than others, it is important to make good food choices.

Eating foods that have an increase in plaque formation between meals has been scientifically linked to an increase in dental disease.

3. The amount and type of bacteria present on the tooth surface. Streptococcus Mutans and Lactobacilli species are the primary bacteria responsible for dental disease in humans.

HOW TO PREVENT DENTAL DISEASE

1. NUTRITIONAL COUNSELING:

Not eating sticky, sweet snacks or sugar sweetened drinks with meals and limiting between meal snacks to healthy food

such as fruits, nuts, xylitol sweetened gum and dairy products can significantly reduce dental disease.

2. ORAL HYGIENE INSTRUCTIONS:

Oral hygiene care should start at birth and continue throughout life. It is important for parents to begin cleaning their infant's gums and teeth shortly after birth by gently massaging with a soft tooth wipe, preferably containing xylitol, or infant tooth brush. Never give a baby anything but water in a bottle when the child uses it to go to sleep and never put any sweetener on a pacifier. Parents should continue to assist with their child's oral hygiene care until approximately age 6 when the fine motor skills required for brushing have developed.

Teens and adults also require instruction in sulcular brushing for prevention of gum disease and flossing in order to clean the 40% of the tooth surface that is missed with brushing alone.



3. DENTAL SEALANTS:

Dental sealants are necessary because the surface of the teeth have deep pits and fissures that harbor bacteria. Sealants are acrylic-like material that helps to shield the chewing surfaces of the back teeth from decay-causing bacteria. By age of six, children should have sealants applied to their permanent molars. Also, molars and premolars of teens should be sealed as they appear.

4. FLUORIDE:

Fluoride is a mineral that is vital to healthy tooth structure. Fluoride can be given systemically in the form of infant drops or tablet supplements in combination with vitamins or separately to aid in healthy development of teeth at a molecular level prior to the tooth's eruption into the oral cavity. It may also be applied to the surface of the teeth once eruption has occurred and, in this manner, aides in the remineralization of the tooth's surface. Topical fluoride applications may be used at home as rinses, gels or lozenges if prescribed by the Dentist. Professionally applied foams or gels can be applied every six months immediately following cleaning at the Dentists. Professionally applied Fluoride Varnish can also be applied every 3 months at the Dental office and this procedure has been shown to reduce new carious lesions by up to 70%.

5. XYLITOL:

Xylitol is a naturally occurring sugar substitute with anticariogenic properties. It is a sugar alcohol derived mainly from birch and other hardwood trees. Numerous bacteria inhabit the oral cavity and these bacteria are the cause of most Dental Disease. Sugar is one of the major energy sources for these bacteria to metabolize and proliferate thus causing a highly

Contract Health Services (CHS)

(530) 493-1600 Ext. 2156, 2151, 2155

IHS Contract Health Services (CHS) is Not an Entitlement Program, and Not Everyone is Eligible!

Know Your Status Before Obtaining Services.

CHS Eligibility Requirements:

1. Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

IHS/CHS coverage is for emergent, life-threatening situations only! Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

Referral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. **A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE.** A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

Alternate Resource:

CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

Pregnant/Prenatal Care:

According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.

Dental Disease: Continued from previous page.....

acidic environment in the oral cavity that weakens enamel and makes it vulnerable to attack by bacteria, thus leading to decay. An acidic environment also contributes to gum disease.

Xylitol, although it looks and taste the same as sugar, has exactly the opposite effect on oral health. Xylitol is not metabolized by the mouth bacteria and as a result no acids are produced in the oral cavity to cause dental disease, such as decay and gum disease. So, xylitol helps keep an alkaline environment in the oral cavity that is inhospitable to the mouth bacteria that cause dental disease and leads to a major reduction in their numbers. The use of xylitol has been shown to reduce carious lesions by up to 80% when 8 grams are consumed per day. Most of the products that contain xylitol also will cause an increase in saliva which also plays a key role in Dental Disease prevention.

Xylitol can be purchased in many products, such as tooth wipes for infants (Spiffies Tooth Wipes), tooth gels for

infants (Spry Tooth Gel and Spry Pacifier with Infant Tooth Gel), toothpaste (Epic Fluoride & Xylitol Toothpaste & Spry Fluoride & Xylitol Toothpaste), mints (Spry & Epic) and gums (Icebreakers Ice Cubes [1.15 gm per cube], Epic [1.06 gm per piece] & Spry [0.72 gm per piece]).

An interesting note is that children do not have Streptococcus Mutans in their oral cavity (causes tooth decay) when they are born. It is passed on by others as a result or transference of food and objects from another mouth to the infant. If the mother begins to take products with xylitol in the correct amount 3 months prior to delivery, a study shows that the infant will not acquire the bacteria as quickly, thus resulting in a prolonged period of time before decay begins, even if the child's parents do not pursue any dental preventive measures.

Please contact the Yreka Dental Clinic or the Happy Camp Dental Clinic if you would like help in achieving a cavity free child and a better oral environment for prevention of Dental Disease in your own mouth.



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Winter, 2009

Arch Super, 2007-2011
Chairman

Leaf Hillman, 2006-2010
Vice-Chairman

Florrine Super, 2007-2011
Secretary

Leeon Hillman, 2006-2010
Treasurer

Roy Arwood, 2005-2009
Member at Large

Florence Conrad, 2007-2011
Member at Large

Alvis Johnson, 2008-2012
Member at Large

Wilverna Reece, 2008-2012
Member at Large

Vacant,
Member at Large

Newsletter Production:

Desktop Publishing:

Rosie Bley

Editor:

Sara Spence

Written By:

*Karuk Tribal
Members,
Descendents,
Families,
& Tribal Staff*

Printed By:

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Happy Camp*



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96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.

Spring 2009

Karuk Tribe

Post Office Box 1016
64236 Second Avenue
Happy Camp, CA 96039

(530) 493-1600
(800) 505-2785
(800-50Karuk)

www.karuk.us

Karuk Tribe's Quarterly Newsmagazine

3,555 Tribal Members



13th Annual Karuk Tribal Reunion August 29, 2009 At the River Park!

*River Park, Happy Camp
Photo by Rosie Bley*

Inside This Issue...

Page 2: Thirteenth Annual Karuk Tribal Reunion
Page 3: Sonny Davis Appointed to Council
Page 3: Census Request
Page 4: Karuk Community Loan Fund News
Page 4: Amkuuf Smoke Shop in Yreka
Page 5: Karuk Tribal TANF Program
Page 6: Grants Department Update
Page 6: Happy Birthday Lillian Bennett
Page 7: Quarterly Staffing Update
Page 7: Used Monitor Heater Sale
Page 8 & 9: Language News & Events
Page 10-12: DNR Environmental Education Activities
Page 13: Gloria Cooper (McNeal-George) Turns 70
Page 13: COS Information
Page 14: Happy 50th Anniversary to the Moreheads!
Page 15: Brooke Grant - Miss Indian World
Page 15: Benedict Elected NCHA Vice President
Page 16: Hoopa TCCC in Happy Camp
Page 17: Karuk Senior Center Program
Page 18: In Loving Memory of Roger Ainsworth

Page 18: Immunize Our Children
Page 19: Cycle Oregon Coming to Happy Camp
Page 19: Spring, a poem by Clint A. Bushnell
Page 20: In Loving Memory of Cassie Spence
Page 20: Rural Connections, 2009
Page 21: In Loving Memory of Corbett Beck
Page 21: FOREVER, by Frank Davis
Page 22: Joe Snapp Earns Masters Degree
Page 22: Bradley Heredia Graduates
Page 23: Education Department
Page 23: Shelby Cook Graduates
Page 24: Starla Davis Graduates
Page 24: Colter Cook Graduates
Page 24: Congratulations Cheyanna Ohlrich
Page 25: Education Department Grants and Rent Vouchers
Page 25: Julia and Grant Peterson
Page 26: Where Does Time Go?
Page 26: Successful Online Learning
Page 27: Congratulations Branden, Jacob & Courtney
Page 27: Contract Health Services

13th Annual Karuk Tribal Reunion

Saturday, August 29, 2009 - Happy Camp River Park

Schedule Coming Soon at www.karuk.us/

"Hold Onto Our Heritage"

Chimi (let's) ikriivka (hold onto) koovura (all) pa'arakuuphaveenati (our Indian ways)



Activities Will Include:

Poker Tournament: Contact Doug Goodwin
Demonstration Brush Dance
5k Fun Run- 3k Fun Walk
Acorn Soup
Horseshoe Tournament (Contact Robert A. Goodwin)
Volleyball Tournament (Contact Arch Super)
Food Booths (Indian Tacos, Hot Dogs, Cheeseburgers)
Crafts, Jewelry, Art Vendors
Traditional Card Games
Health Fair
Cribbage Tournament (Contact Ellen Johnson)
SALMON Dinner at 3:30 PM
Daytime Entertainment - Evening Dance!
Obstacle Course & WATERSLIDE for the Kids AND Adults!



Contact Information:

Sara Spence
(530) 493-1600 Ext. 2010
sspence@karuk.us

OPEN TO THE PUBLIC - All Vendors Welcome (NO CHARGE)!

Please Join Us for Food, Fun, and Sun - Bring Your Own Chair/Umbrella- It will be **HOT!**

This is a drug and alcohol free event. Violators will be asked to leave the premises.

Sonny Davis Appointed to Tribal Council



The Tribal Council is pleased to announce that in accordance with Section 27 of the Karuk Tribe's Election Ordinance, Charron "Sonny" Davis, has been appointed to fill a partial term on the Tribal Council as Member at Large.

Sonny has previously served on the Tribal Council and they are glad to have him back! He is filling the vacancy created by Robert A. Goodwin's resignation to take the role of Self Governance Coordinator.

His partial term will expire on November 3, 2009. Sonny was sworn in at the May 28, 2009 Tribal Council Meeting held in Yreka.

Newsmagazine Article Submissions

If you have news, articles or events you would like placed in this newsmagazine, please submit your information to Sara Spence, News Articles, PO Box 1016, Happy Camp, CA 96039. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be accepted, however you may request that your name not be published or appear in the newsmagazine.

Article deadlines for 2009 are: **August 15** for the summer issue, and November 15 for the fall issue.

Important Information Regarding Your Newsletter and Vital Census Request from the Enrollment Department!

Ayukii Tribal Members and Descendants.

Amanda Rhodes, Enrollment Census Specialist

The enrollment office sends one newsletter per household due to so many bad addresses and returned mail. It is very important to provide our department with accurate addresses.

ATTENTION ENROLLED MEMBERS ONLY: We would appreciate collecting census data from enrolled members. Your cooperation and assistance in this effort is extremely important at this time as the effectiveness of our funding applications will depend on the documentation regarding the needs of our people. (**NOTE: This information is held in strictest confidence and will be used in reports required by the funding agencies).**

The census process will be conducted until it is complete. At this time we do not have the kind of participant household information necessary to apply for needed funding for services. Please actively participate in this process and assist in the development of this greatly needed information resource.

Thank you, Amanda Rhodes



Dolores Voyles & Amanda Rhodes

If you have any questions, please contact Amanda or Dolores at 1-800-505-2785 Ext. 2039 or 2028

News From the Karuk Community Loan Fund

Eddie Davenport, Executive Director

The Karuk Community Loan Fund has completed four loans with two more waiting to be funded! These loans are all to Tribal members, however we have the ability with some of our funding to serve descendents and non-tribal people as well. KCLF has helped with home purchases and home improvement loans and has loan funds available now to help small business development or expansion in the down-river area. If you have had thoughts of starting your own business or need some funds for expanding your business, please give us a call to see if we can help you!

Our newest program is to help those people who just need a few dollars to get over a bad spot. KCLF is putting together a program to make small loans, up to \$500, that might help some people who are employed but come up short due to an emergency expense. Instead of borrowing money on your credit card or going to the "payday lenders" that charge over 100% interest and huge fees, KCLF wants to help. According to the guidelines the borrower must be employed and the repayment on the loan must be made as an automatic deduction from your paycheck. The repayment schedule is to repay the small loan within six months. For other information or details, call Eddie Davenport, Executive Director, at 530-493-2558 or email to edavenport@karuk.us.

KCLF has also been successful in helping the Orleans Computer Center with grant to bring high speed internet to the Orleans area! This is a tremendous accomplishment that was spearheaded by Bari Talley, Student Services Coordinator in Orleans. We congratulate Bari on her success and look forward to help her with more projects that will help the Orleans area!



KCLF is continuing to work toward bringing in additional funding for its loan programs and to help community development and financial programs that help all people in Siskiyou County and the surrounding areas. The KCLF service area includes Northern California and Southern Oregon, so as funding permits we are able to help people who are outside of the Karuk Tribal area of Siskiyou County and Humboldt County. KCLF must adhere to the requirements of each grant or loan program that it receives, however, so some of its funding is only available in certain areas. KCLF will continue to strive to serve all people in our service area as funding permits. We are still new and growing, so please continue to write, call or email if you have a financial need or question. We are here to help you!

Eddie Davenport, Executive Director 530-493-2558. Email address is edavenport@karuk.us



Amkuuf Smoke Shop in Yreka



The KCDC Board has been hard at work reviewing options of economic development within our communities. Although it is a tough economy currently, we continually seek opportunities to employ Tribal Members and open businesses.

We currently have one Smoke Shop in Yreka,

California. We are open for business and have been very successful.

Stop in and support our Tribal business. It is located at 1221 Thook Street, Yreka, CA.

If you have any feedback or suggestions, please send them to Ellen Johnson at ejohnson@karuk.us



Karuk Tribal TANF Program *Temporary Aid to Needy Families*

Cecilia Arwood, TANF Program Fiscal Technician



Karuk Tribal TANF Staff

Standing left to right:

*Anthony Ballard, Clarence Hostler Sr., Daniel Pratt Jr.,
Alphonso Colegrove, Lisa Aubrey,
Pamela Risling*

Front row left to right:

Cecilia Arwood, Elsa Goodwin, Janelle Jackson Reed

Not pictured: *Maria Miranda on Family Medical Leave*

Mission Statement:

To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety and to become loving, responsible parents in a culturally relevant way.

Happy Camp Office

Location: 64101 Second Avenue.

Phone: 530-493-2040

Fax: 530-493-2230

Entrance: Corner of Third Avenue and East Street, Happy
Camp, CA 96039 (Behind the old Headway Market)

TANF Program Executive Director: Daniel Pratt, Sr.

TANF Program Development Manager Alphonso Colegrove

TANF Program Administrative Assistant Elsa Goodwin

TANF Program Family Services Specialist Lisa Aubrey

TANF Program Fiscal Technician Cecilia Arwood



*Happy Camp TANF entrance on the
corner of Third and East Avenue in Happy
Camp (behind the old Headway Market)*

Yreka Office

Location: 1836 Apsuun, Yreka, CA 96097

Phone: 530-842-4775

Fax: 530-842-4702

TANF Program Family Services Specialist Anthony
Ballard

TANF Program Family Services Assistant Maria
Miranda

TANF Program Family Services Assistant Janelle
Jackson Reed



Orleans Office

Orleans Office Location: Orleans Medical Clinic,
39051 Highway 96, Orleans, CA 95556

Phone: 530-625-3680

Fax: 530-625-3459

TANF Program Site Supervisor Pamela Risling

TANF Program Family Services Assistant Clarence
Hostler, Sr.



Grants Department Update

Hester Dillon, Grantwriter

The Grants Office remains busy and productive. Over the last four months we've submitted:

- Congressional Appropriations Concept Papers for three projects: Renewable Energy, Stewardship, and the Happy Camp Health & Wellness Center
- Proposal to United Healthcare, \$314,175, in support of Health and Human Services' transition to an Electronic Health Record.
- Proposal to the Department of Energy, \$3,337,000, in support of renewable energy systems on Tribal homes in Orleans, Forks of Salmon, and Yreka.
- Proposal to the Administration for Native Americans (ANA), \$1 million dollars, in support of the Computer Centers in each community.
- Proposal to the Health Resources and Services Administration (HRSA) Increased Demand for Services (IDS) funding, \$143,613, in support of increased dental reception staffing in Happy Camp and rehiring a Community Health Representative in Happy Camp.
- Proposal to Indian Health Service (IHS), \$17,000, in support of medical equipment, as well as information on generator and related electrical needs for the Orleans/Happy Camp medical facilities.
- Proposal to Learn and Serve, \$78,412, in support of computer assembly and education support for the Orleans Computer Center.
- Proposal to USDA Rural Development, \$50,000, in support of KCDC's efforts to: identify emerging

forest job opportunities, develop information to assist Tribal and non-Tribal businesses in obtaining 8a status, strengthen local economic development opportunities between local agencies and organizations, and develop a KCDC Forest Community Business Plan for Forest Service NEPA-ready lands & other localized community business opportunities.

We are working on the following projects and grants:

- A potential partnership between KCDC and the California Emerging Technology Fund (CETF) to provide job training and education opportunities.
- Strategic Planning.
- Information collection for this year's Housing & Urban Development (HUD) Indian Community Development Block Grant (ICDBG) application.
- HRSA Capital Improvement Program (CIP) funding.
- Preparations for the upcoming HRSA Facility Investment Program (FIP).
- Preparations for the annual HRSA Non-competing Renewal application.
- Renovation funding for the Yreka Head Start Program.
- Generator funding for Happy Camp.

As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

Happy 91st Birthday Lillian Bennett!



Karuk Tribal Member Lillian Bennett from Forks of Salmon just celebrated her 91st birthday in March! Lillian is a loving sister, mother, grandmother, great-grandmother and great-great-grandmother. The family would like to send her their warmest birthday wishes!



Quarterly Staffing Update

Sara Spence, Human Resources Manager



This update covers February through May (plus some miscellaneous updates I missed in previous articles). We currently have 156 employees on staff.

Kimberly Guevara resigned her position as Medical Records Supervisor at the Yreka Clinic on 12/29/08; the vacancy was filled by Michelle Charlesworth who previously worked as the Elder's Field Worker for Yreka.

Clint "Tudor" Guy, Jr., resigned his position as Maintenance Worker on 12/30; his position was filled by Daniel Goodwin who previously worked for the Fisheries program for many years.

Alissa Johnson resigned her position as Clinic Nurse at the Orleans Clinic on 4/20 and Ed Kremer transferred to On Call Clinic Nurse; their combined position was filled by Rosalie Carlson.

Bianca Alvarado changed status to On Call Receptionist at the Department of Natural Resources on 3/8 and Tawnia Johnson was hired to job-share the Receptionist position along with Debbie Hemus.

Candace Atto was hired on 2/5 to work part time in the Contract Health Services Office along with fellow clerks Cheryl Titus and Lucille Tiraterra. Cheryl also works part time as the Dental Clinic Receptionist in Happy Camp. Michael Sanchez also joined the team

in CHS working part time as well beginning 4/21.

Luana Hillman rejoined the Water Quality program for the season on 5/4.

Sharon Cook resigned her position as People's Center Gift Shop Clerk on 5/1 and Dessie Busby and Christopher Denton have been hired to take her place. They will job share so that Paula McCarthy and Wilverna Reece who have so generously devoted so many volunteer hours to the center can get back to their basketweaving.

Dr. Mark Goodwin will be joining the staff at the Yreka Clinic on 7/6 as the newest Clinic Physician; he will assume the full time position which has been held by IHS Commissioned Corp Officer, Dr. Curt Hanst over the past two years.

Rick Hill has reduced his hours to part time 4/20 and we are currently advertising for a Grant Writer to fill that void. He will be devoting 50% of his time to Karuk Community Development Corporation (KCDC) economic development grants.

Toni Lynn Downey has given notice that she will be resigning her position as Director of Community Outreach/Public Health Nurse/Safety and Infection Control Officer on 5/29; we are in the process of advertising and filling that vacancy.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!

Used Monitor Heater Sale!

For the next thirty days the Karuk Tribe Housing Authority will be accepting applications for the determination of eligibility to purchase our surplus of used monitor heaters. Applicants must be Native American, with preference first given to elders. They will be sold as-is. They will not be delivered, installed, repaired or maintained by KTHA.

NO EXCEPTIONS!

We also have used swamp coolers available for free.

Above eligibility requirements apply.

For more information regarding income guidelines, eligibility and prices contact:

Tina Sherburn
493-5434 Ext. 111
csheburn@karuk.us



Language News and Events

Ruth Rouvier, Language Program Coordinator

It has been a very busy spring for the Language Program. There is tremendous enthusiasm and support for Karuk language restoration and we are excited to harness this energy! With the Karuk Master-Apprentice Documentation project off to a great start, the Language Program has begun working on several new projects to strengthen the Karuk language in the community and in schools and colleges.

Speakers' Circles are an opportunity for Karuk speakers and learners to practice the language. The idea is to bring together as many of the Elder speakers and Karuk learners as possible, and give them a comfortable space to talk and listen in Karuk. The first Karuk Speakers' Circle was held in Yreka on March 28, in conjunction with the Youth Leadership Council Training. Elder speakers and Karuk learners gathered to tell stories, as well as discuss the importance of the Karuk language and share a potluck with the Youth Council. The second Speakers' Circle took place on April 18 at the Spring Basketweavers Gathering in Happy Camp, and drew a large crowd of Karuk learners eager to listen to the Elders. Since the Circles have been so popular, we plan to make them a regular event. If you would like to host or attend a Speakers' Circle, please contact the Language Program.



The Karuk Language Restoration Committee is working with College of the Siskiyous to offer a Karuk Language Class through Distance Education. This means that students can take the class at any of the COS video classrooms throughout the county. For more information about Distance Education at COS, please visit <http://www.siskiyous.edu/distancelearning/>. Students will earn college credit for the class, and

registration is free for high school students! We hope to have this class ready to go for the Fall semester.

In the meantime, please join one of our Community



Language Classes! We now have weekly classes taught by Karuk speakers in Orleans, Happy Camp and Yreka. These classes are free and open to all.

The Language Program and the KLRC have also been working closely with other tribes throughout California to put more American Indian language teachers in public schools. Many American Indian language speakers and teachers do not have the degrees required by the California Commission on Teacher Credentialing to qualify for a teaching credential. Without credentialed language teachers, it is difficult and expensive for public schools to offer American Indian language classes. State Assemblyman Joe Coto, working with the Santa Ynez Band of Chumash Indians, has introduced a bill to the Legislature, AB 544, Teaching credential: American Indian languages, that would address this problem. As of May 13, the preamble to AB 544 states:

"This bill would require the commission, upon recommendation by a tribal government of a federally recognized Indian tribe in California, to issue an American Indian languages credential to a candidate who has demonstrated fluency in that tribal language, and met other requirements. The bill would authorize the holder of an American Indian languages credential to teach the American Indian language for which the credential was issued in California public schools in

Language News and Events continued next page...

Karuk Community Language Class Schedules

Orleans: Panamnik Senior Center library, Thursdays, 4:30-6 pm

Happy Camp: People's Center. Wednesdays, 5-6 pm

Yreka: Yreka Cultural/Elder's Room, 1836 Apsuun. Sundays, 1-2 pm



New Electronic Health Record System

Amy Coapman, Yreka FNP

During the week of April 25th, the Tribe hosted a team of Information Technology experts from the Indian Health Service who were here to help set up our new Electronic Health Record (EHR). We have been moving toward EHR for about 2 years, procuring equipment, redesigning work processes, hashing out details and installing hardware, and now the time has come to begin actually using computers to manage patient data.

The EHR Implementation Team consists of a core group of employees who are responsible for overseeing its use and staff training and support. These key people are Eric Cutright, IT Director, Patti White, RPMS Site Manager and Database Administrator, Amy Coapman, FNP, Clinical Applications Coordinator, Chris Kleeman, IT Manager, and Chad Tiraterra, EHR Technician. This team has been meeting regularly over the past two years to lay the foundation for the new EHR system.

As of this writing, medical assistants at the Yreka and Happy Camp clinics are using the record to enter vital signs and allergy information, and Lisa Rugg, FNP in Yreka is using EHR to document all her patient care. Dr. North and Dr. Hanst in Yreka will begin using EHR in the next two weeks, then Dr. Burns and Judy Blind in Happy Camp will join in later in May. Dr. Willett and his staff in Orleans will come on board in June. So far, Lisa is very pleased with the ease of use and the instant availability of patient data as well as with the security of the records. All documentation is protected by two passwords, and internal controls prevent the viewing of health records by anyone not authorized to do so.

With this implementation, the Karuk Tribe joins ten other Tribal Programs in California who are using the IHS EHR product. We expect to learn from their past experiences as well as share our own successes through the coordination of our Area Office in

Sacramento. Each clinic has a handout for patients which explains EHR and how it works, and we invite you to drop in and see how this technology will enhance and improve our ability to serve our patients throughout our three clinics.



IHS training Karuk Tribe medical staff on the new Electronic Health Record (EHR) system at the Happy Camp Computer Center

Language News and Events continued...

preschool, kindergarten, grades 1 to 12, inclusive, and in adult education courses, and would make the holder of that credential eligible for a professional clear teaching credential upon completion of a specified period of time and application and consultation as specified.”

Putting Tribes in charge of determining who has the knowledge and skills to teach their ancestral languages and ensuring that these teachers are fairly compensated for their work will be a great victory for American Indian language revitalization. KLRC member Terry Supahan and Self-Governance Director Bob Goodwin testified in support of the bill before the Assembly Education Committee on April 29, after which the Committee voted unanimously in favor of the bill and a bipartisan group of eight Committee members signed on as co-authors to the bill.

This level of support is encouraging, but it is too early to celebrate—there is still much to be done. The bill has a long journey through more legislative committees, as well as votes of the full Assembly and Senate, before it becomes law. To read the full bill and follow its progress through the Legislature, go to <http://www.leginfo.ca.gov/bilinfo.html> and search for “544.”

The Language Program is here to meet the needs of the Karuk community. If you have ideas or requests, or would like to participate in any of our current projects, please call Ruth at (800)505-2785 extension 2205. Yôotva!

Department of Natural Resources Environmental Education Program

Jeanette Quinn, Environmental Education Coordinator



Jeanette Quinn

Climate Studies & Global Warming: During the second half of February I focused on teaching students about climate change and global warming. I visited students at Happy Camp Elementary School, Junction Elementary School, Jefferson High/Community Day schools. Students learned about the greenhouse effect, natural resources that emit greenhouse gases when utilized, and how these gases contribute to weather and climate change.

The K-2nd graders learned about the Greenhouse Effect by playing a game, "The Greenhouse Effect and Global Warming." The 3rd-8th grade students made a Global Warming Wheel Card, which they used to determine carbon dioxide emissions for an average American family.



Students in Happy Camp Elementary School's Rockets Program learned how important trees are to the environment because they remove carbon dioxide from and release oxygen into the atmosphere. Students went on a tree identification walk near the school to see trees that help remove carbon dioxide from the atmosphere and provide oxygen for us.

High school students learned about climate change, greenhouse gases and ways to reduce greenhouse gas emissions by viewing part of the documentary *An Inconvenient Truth*.

All classes learned ways to reduce greenhouse gas emissions, such as by walking or riding a bike whenever possible instead of using a car to reach a destination.



Fish Biology & Water Quality Experiments: Orleans Elementary School K-3rd graders walked to the Community Room at the Department of Natural Resources in March. Aaron David and Emily Davis, AmeriCorps volunteers for Mid Klamath Watershed Council, gave a PowerPoint presentation on Freshwater Mussels of the Klamath River and showed students samples of freshwater mussel shells. Students learned the importance of



these mussels to the health of the river and to the salmon. Students also visited an Aquatic Invertebrates station along Chinich Creek in the Native Plant Garden. Aaron and Emily led students in identifying macro invertebrates found in the creek. Students used a dissecting microscope, magnifying lenses and color identification cards to determine the species of the invertebrates.



In May I gave a PowerPoint presentation, "Chemical Elements and Our Environment," in the 3rd-5th and 6th-8th grade classes at Orleans Elementary School. Students learned the history of the periodic table of the elements, an overview of atoms, and how atoms can make up molecules, such as water. Students also learned that chemical elements like phosphorus naturally occur in the environment. However, the element phosphorus, in the form of phosphates from fertilizers and animal waste, can impact the environment negatively, the Klamath River in particular, when introduced in excessive amounts. Students then learned about toxic algal blooms of *Microcystis aeruginosa*, one result of excess phosphates and increased water temperatures in the river system. *M. aeruginosa* releases a liver toxin, microcystin, into the water when the algae die.

This toxin can cause liver failure and tumors in people and animals. Students were shocked and concerned to learn that *M. aeruginosa* has been found not only in Irongate and Copco reservoirs, but in the Klamath River at Weitchpec.



I gave another PowerPoint presentation in May, "Sea Creatures and Our Environment," in the K-2nd grade class at Orleans Elementary School. Students viewed photos of whales, dolphins, Coho and Chinook salmon, and other animals that live in the sea. Students learned that many of the pictured animals are listed as endangered or threatened. Students also learned that human activities such as over hunting of whales, pollution (which contributes to global warming and climate change) and destroying habitats have led to many sea animals becoming threatened or endangered. "Dead zones," areas in the seas where oxygen levels have dropped too low to support



life, are increasing rapidly around the world. Students learned that these dead zones contribute to the threatening or endangerment of many sea creatures, including salmonids.

Mrs. Holmes's 3rd/4th grade class at Happy Camp Elementary School learned about the water cycle in May. I gave them a brief overview of the water cycle in their classroom and then went with them on a field trip to Happy Camp Sanitary District's Waste Water Treatment Plant. Students learned how the waste water begins treatment in grinders, then proceeds to ponds where microorganisms digest the waste, and infiltrates back into the ground water, where it can go back into the water cycle. Special thanks to David Greenberg and Thomas Healy for giving us a tour of the plant and teaching us what happens to Happy Camp's waste water!



Noxious Weeds: In March I visited classes at Happy Camp Elementary School, Orleans Head Start, Orleans Elementary School, and Junction Elementary School to teach students about plants.

Students at Happy Camp Elementary School, Orleans Elementary School and Junction Elementary School learned about 12 native trees and shrubs by doing the Leaf and

Bark Matching Activity. Students learned about the diversity of species, as well as tree/shrub identification and names. Junction students also went on a tree and shrub identification walk along Conrad Creek to reinforce what they learned during the Leaf and Bark Matching Activity.



Orleans Head Start children did a leaf rubbing activity. They looked at leaves and bark from madrone, manzanita and pepperwood, then made leaf rubbings. The Orleans Head Start children also learned

about Seeds and Seed Cases in another lesson. Students looked at samples of seeds and cases they come in, such as pine cones, maple wings, locust pods, and fir cones. Students then looked outside for seeds in the play area.



Guest presenter Jillienne Bishop, Mid Klamath Watershed Council Education Coordinator, gave a PowerPoint presentation on watershed restoration and noxious weed removal to the 6th-8th grade class at Orleans Elementary School. Jillienne then had the students separate into groups and identify noxious weeds that are problematic in our area and answer questions about detecting and removing the weeds.

Orleans Elementary School K-3rd graders participated in a field trip to the Native Plant Garden in Orleans (see Fish Biology & Water Quality Experiments



Continued next page...

Continued from page 11



in previous section). Emily Seer and Rusty White, AmeriCorps volunteers for the Forest Service in Orleans, led students in pulling English ivy, a noxious weed, at one station. The ivy pulling was part of an on-going effort to rid the Native Plant Garden of noxious weeds so that natives will be able to thrive there.



In May I assisted Shannon Flarity, Salmon River Restoration Council Education Coordinator, by leading a station, "Trees of Our Watershed," at the Watershed Fair at Junction Elementary School. Students from Forks of Salmon Elementary and Junction Elementary schools tested their identification skills by matching leaf samples with pieces of bark or branches from native trees and shrubs of our area. The Watershed Fair included special guests Dean



McBroom, who shared his knowledge of elk in a PowerPoint presentation, and John Hammon, who brought his red tailed hawk, Jessie, to show and teach students about. Students also participated in a scavenger hunt and rotated through five stations: Elk Up Close, Hawk Up Close, Fish Prints and Animal Tracks, Smell Your Way Home and Fish Identification, and Trees of our Watershed. After visiting the stations, students played Hooks and Ladders, and then wrapped up the day by receiving raffle prizes.



Other Projects: In March I assisted Mr. Rickel, 7th and 8th grade Science teacher at Happy Camp Elementary School, with owl pellet dissections in his two classes. Students dissected the owl pellets, then sorted and classified the bones (rodent, bird, mole, etc.), and glued the grouped bones onto paper. I also taught an introductory lesson on owl pellet dissection in Mr. Bley's 5th/6th grade class. Students viewed a video on barn owls and learned about food chains/food webs and pellet formation.



In April I visited students at Junction Elementary School to present a lesson on Wood Bees (also known as carpenter bees). Students learned the life cycle, identification and other features of wood bees. Students also learned that wood bees can be pests, as they tunnel into wood to lay their eggs, but are important native pollinators. To get an idea of what it's like for the wood bees to tunnel into wood, students attempted to make a hole in a board with an old fashioned hand drill. Congratulations to Brandon Tripp for drilling all the way through the board!

For more information about the Environmental Education Program, e-mail Jeanette Quinn at jquinn@karuk.us, or call 530-627-3446.



Gloria Cooper (McNeal-George) Turns 70

Submitted by Leslie Cooper



Karuk tribal members Amber Diaz & Michelle Vargas with cousins, the (Joyce George) Flores family.

George children, was delighted to see the families of four of her late siblings (Germaine Antone, Joyce Flores, Gail and Neal George).

Niece Myrtle Antone Markgraf was instrumental in gathering family members. Myrtle who traveled from Eugene, OR for the party says "I was pleased and excited to be a part of this loving effort to help locate family members in honoring my Dear Aunt Gloria. I was able to re-connect and re-establish relationships, and meet new additions to our clan. I shared history and pictures of great aunts and grandparents with the younger generation members. The personal benefits were overwhelming. This was a great honor."



Gloria is stunned as daughter Leslie unveils Grandma Emily's quilt.

Gloria was surprised again later in the day when she was presented with a quilt, fashioned from a double wedding ring quilt top, hand pieced by her grandmother Emily Evans-McNeal, circa 1930's. The quilt top was handed down to Gloria's daughter Leslie by aunt Virginia (McNeal) McIntyre in the early 1980's. It was lovingly finished for this occasion by childhood friends and fellow Humboldt natives, the McCall Family (Chickasaw). The quilt is titled "Humboldt Beginnings".



Grandma Emily Evans McNeal



Gloria and her grandchildren Chris, Amber, and Lanna, and daughter Gloria.

Take College Courses Here on the River Through College of the Siskiyous

For more information contact Emma Lee Johnson at 493-5213, Bob Smith at 493-2655 or the COS Distance Learning Office at 938-5520. Go to <http://www.siskiyous.edu> to plan for fall courses.



Course counseling; Videoconferenced, online or on-site course assistance; COMPASS college assessments to place you in the right class; Assistance with college enrollment & paperwork.

Site updated continually as positions become available!

Jobs!

www.karuk.us/jobs

Requests for Proposals are also located at this site!

50th Wedding Anniversary Congratulations to Janet & Barry Morehead!

Submitted by daughter, Bari Talley



Married on March 23, 1959, in Happy Camp at the Log Cabin Church, with family and friends in attendance, the couple celebrated their honeymoon at Oregon Caves.

Over 50 years later, they are still happily married and enjoying their time together. Having fun together and having a great family has been part of their successful equation.

Janet is the daughter of the late Fred & Eleanor (Sanderson) Wilder of Orleans. Janet's siblings include Patricia Johnson, Lillian Rentz and LeRoy Wilder.

Barry is the son of the late Foy & Connie Morehead of Boyd, Texas. The Morehead couple recently took a road trip to visit Barry's sister, Judy Dickey, and family in Boyd as part of an anniversary trip to revisit some of the many places they've had pleasure in spending time.

Barry came to Happy Camp in the late 50's while working for the Bureau of Public Roads, which later became the Federal Highway Administration (FHWA). Within a couple weeks of their wedding, Janet & Barry moved to San Francisco—the first of many moves during Barry's career with the FHWA. Before retiring in Orleans after 38 years, they lived in Washington, Alaska, Idaho, Colorado, Maryland, Virginia, California, Texas, and Arizona.

They always planned to retire home to Orleans where they gained lots of construction experience since then--first building their large garage apartment to live in and for storage while building their house. Then they got to do it all over again after a house fire in 2002.

Now, Janet enjoys cooking, mushroom hunting, basketweaving, language classes, gardening, book club, swimming, crosswords, and taking part in community activities. Barry enjoys reading, Sudoku, watching movies, tractor work, and volunteering at the school as a math tutor.

Immediate family members include their children: Jeff (and Meredith) Morehead and Bari (and Curt) Talley of Orleans, Jennifer (and Thomas) Malace of Detroit, Michigan, and Lisa (and Florian) Neuner of Garmisch-Partinkirchen, Germany. Enjoyed most of all are the grandchildren: Sophie, Lena, Sinéad, Annie, Geena, Josa, Luis, Jackson, Noah, Lillian, Avery, and Sam.

Brooke Grant

2009-2010 Miss Indian World

Hupa / Yurok / Karuk / Chippewa from Hupa, CA



*Submitted by Grandmother Barbara Ferris
Article from indiancountrynews.net*

Brooke Grant, from Los Angeles and Hoopa, California and member of the Hoopa, Yurok, Karuk, and Chippewa tribes, was crowned Miss Indian World at the 26th Annual Gathering of Nations, the most prominent Native American powwow in the world.

Grant received the honor out of 25 Native American women representing their different tribes and traditions who competed in the areas of tribal knowledge, dancing ability, and personality assessment.

"I am honored to represent all Native American and Indigenous people as Miss Indian World. This is the first time a woman from my tribe has been crowned and I am very proud of my accomplishments. I look forward to the future and to accomplish my goals as Miss Indian World," said Grant, the newly crowned Miss Indian World.

"The Miss Indian World title is one of the most prestigious honors among Native American and Indigenous people. The winner will bring together native and indigenous people throughout the world by providing a cultural link between tribes," said Derek Mathews, founder of the Gathering of Nations.

Grant, who is 22 years old, will travel to many native and indigenous communities around the world on behalf of the powwow. She is currently a senior at Mount St. Mary's College in Los Angeles, California and is the daughter of Lisa Grant and the late Newt Grant.

Benedict Elected Next National Cutting Horse Association's Vice President

Veteran cutting horse trainer and stallion station owner Chris Benedict, 49, Weatherford, Texas, emerged as the National Cutting Horse Association's next vice president after 3,341 votes were counted on June 10.



Benedict outpolled veterinarian Jerry Black, 62, Oakdale, Calif., 1,752 to 1,589 with ballots from NCHA members were counted under supervision of the accounting firm Whitley Penn LLP. He was to assume his new duties when the NCHA Convention started on June 22 at the Hilton DFW Lakes Hotel in Grapevine, Texas.

Benedict, a career winner of \$847,842 through early 2008, according to Equi-Stat records, and his wife Vicki, won and operate DLR Stallion Station in Weatherford, home to several of the cutting industry's leading sires.

Interviewed by Quarter horse News during the election campaign, Benedict said he felt he was at a point in life where he can give back to a sport that's treated him well. He also said he believes his experience can help him work along with other NCHA officials to decide what aspects of cutting might need changes and which shouldn't be changed.

"There's a certain amount of tradition that goes along with cutting," Benedict said. "I'm all for change. Change is great. But you still have to keep a certain amount of tradition."

Promoting cutting and staying connected with members from all aspects of it, from new members to seasoned showmen and stallion owners, is his goal, Benedict said.

"Being so involved with all aspects of it, I have a problem with people saying they're going to get involved and then not spending the time," Benedict said. "There are a lot of good things I think that are in the works with Bronc [Wolloughby] and Chubby[Turner]. I think we need to continue. I'm at a point right now that I have the time to dedicate and I'm excited about it."

Chris is the son of Karuk Tribal Member Ella Benedict.

Hoopa Tribal Community Civilian Corps (TCCC) in Happy Camp Serving Our Tribal Community



Yvette Bley, TCCC Team Member



Our first mission in Happy Camp was to clear the blackberry bushes from the elementary school baseball field, the blackberry bushes from around the bridge at the River Park, and burn at the Marble Mountain Ranch for the Elders to go and collect sticks for basketry, clear brush and fell trees from behind the Happy Camp Karuk Head Start, and to play with the kids.



Yvette Bley

I had a great time on our "Spike" in happy Camp! I look forward to returning home after my term in TCCC is done and going to the River Park for Big Foot Days and being able to say, "I helped my TCCC team clean up around the bridge for my community." And be proud of our hard work. I had a lot of fun being able to help my community and the Elders on this Spike and I look forward to doing it again and in other communities.



Yvette Bley, Karuk Tribe



Dedication to the Karuk Tribe

The team would like to dedicate and acknowledge the Karuk Tribe and the Elders for letting us stay at the gym and providing us with tools like the pitchforks and supplies like gas and mixes. We would also like to give our gratitude for the generosity of the pizza and homemade cookies!

Charlotte Plentychief, Standing Rock Sioux Tribe



Would You Like to Join the Tribal Community Civilian Corps?

If you are 18-26 years old, a United States Resident, federally recognized Indian or descendent of a federally recognized Indian, willing to travel to regions across the west, are ready for job skills and training, and can dedicate your life for ten-months to living with other corps members at the TCCC facility, call 866-255-TCCC.

For more information, go to <http://www.hoopa-nsn.gov/departments/tccc.htm>

Karuk Senior Center Program

Babbie Peterson, Senior Center Supervisor

I just returned from our National Training for the Older American's Act – Title VI. It is always so good to share ideas of what other sites are doing – and sharing what we are doing in our communities. We are right on track with the national models, with collaborations with other tribal and community programs. When we look at the services that our tribe and other community

are after hours activities that include the Community Service Club's monthly meetings, the 'by the river



Making home-bound meals in Happy Camp

organizations provide within our communities – it is truly extraordinary. It isn't just health fairs, senior meals, CHR's, Elder's Workers, and tribal housing.

For example, in our small community of Orleans we have three community centers – two are owned and operated by the Karuk Tribe – the Panamnik Center and the Panamnik Community Center, and the other is the Panamnik Building. I know that sounds confusing – but I look at it as the name of the town – and there are lots of towns that have business that start out with the name of the town, as you can tell in any phone book.



Nurse Ed Cramer

At the Panamnik Center you will find the Orleans Senior Center, the Orleans Community Computer Center, and the Panamnik Center Library. Also there

stitcher's' quilting guild monthly gatherings, the Acupuncture people's Wednesday evening gathering (they also do traditional Chinese and Western Herbal Medicine and massage), the AA group meetings on Saturday and Monday evening, and Monday after school youth culture classes.

At the Panamnik Community Center you will find tribal offices – and after hours there are Karuk Language Classes and Basket Weavers gatherings.



At the Panamnik Building (next to the Post office) there are Mid-Klamath Watershed Council offices and many after hour community events from movies to café events.

The emphasis at our national meeting is to celebrate what you have in your community that is open to all people. Share resources; invite other organizations to provide services and activities for the seniors in your community. Join in on activities that are already in your community. One organization can not afford to do everything in these times of economic hardships. Have youth programs working for elders. Get volunteers to have activities. Start a community garden. Celebrate!



Caregiver Class in Happy Camp

In Loving Memory

Roger Dean Ainsworth



Roger Dean Ainsworth was born in Yreka, CA on March 9, 1966. He was 43 years young.

Roger loved his family, especially his cousins. He loved gathering and going to the Falls with them, bringing home áama, acorns, mushrooms, pufich, eels, mor's, special "rocks" and best of all his smiling eyes.

He also loved his best friend, David Ward, from way back and all his bros; Steve Bridenstine, Frank Cook, Tunner Conrad, Robert Pimentel, Franklin Thom, Harold and Homer Bennett, Joe and Darren and Erik Rose, Donnie and Sonny Peters, Robert Southerland, and Keg Super.

Some people called him two "Ringer Rog".

His favorite football team was Green Bay Packers, and his favorite Nascar Driver "Stoney Tuwart". Rog loved wood cutting, hunting for everything, and AC/DC "loud". He loved watching Bonanza.

Ti Bar was always his favorite place; Rog cared for all living things. He taught me so many lessons in life.

Thank you Rog for being "Rog". Everyday I think of the good times. How we grew up together, what a blessing to know Rog. We love U. Thanks again Roger for all the beauty you brought to our lives.

Your Balance, Kathy Rose & The Rose Family (Karuk/Shasta).



Immunize Our Children

Vickie Simmons, GPRA Coordinator

As children, my brother, sisters and I were taken by my mother to community vaccination clinics. I remember standing in long lines watching the other kids receive their shots and carefully studying their faces for a reaction. Good reactions gave me confidence, bad reactions had me shaking in my shoes. My smallpox shot remains evident on my upper left arm to this day. I tell you this at the risk of giving away my age since routine smallpox vaccinations were discontinued in 1972.

I had the chickenpox and have the scars to prove it. I missed attending my sister's 8th grade graduation because I had the measles. And when I was in third grade I had a severe case of the mumps and subsequently lost the hearing in my right ear. I'm sure you have similar stories to tell of childhood diseases.

Because newer vaccines have been created since I was a child my son won't have scars from chickenpox. He won't miss any important events because of

measles. And I am especially thankful that he won't lose his hearing from mumps. I had my son properly vaccinated. Won't you consider updating your children's vaccinations today?

Per the American Academy of Pediatrics, Native American children are at greater risk for certain diseases. Our vaccination percentages are much lower than they should be. David Sprenger, M.D. with the Indian Health Service says that making sure your children are current on all immunizations is one of the best ways to prevent a number of very serious illnesses that can result in hospitalization and even death. He also reminds us that vaccines are free under the Vaccines for Children Program for those who have no health insurance.

Discuss updating your children's vaccinations with one of our clinic providers soon!



CYCLE OREGON is COMING to HAPPY CAMP!

Eddie Davenport

Cycle Oregon is a non-profit organization that organizes a week-long bicycle ride each year that attracts thousands of participants; this year from 42 states and 11 countries. Over 22 years they have raised millions of dollars and contributed generously to host communities all around Oregon. This fall will be their first ride into California. The ride assembles in Medford, OR. They will ride from Medford to Yreka on



September 13th for their second night. On Monday, September 14th, 2009, this tremendous group of bicyclists and support staff will ride from Yreka for an overnight stay in Happy Camp. Then on Tuesday, September 15th, they will ride up Indian Creek Road, over Grayback, to Cave Junction and on to Lake Selmac for their third day of the ride.

There are over 2,000 bicycle riders signed up for this event plus 600 on a waiting list! They will be accompanied by approximately 40 big trucks with their gear and all the support equipment. Cycle Oregon will arrive with their main stage for the entertainment, all their own food and a dining tent that covers a quarter acre of land, 6 trucks with showers and toilets for their riders, all the tents and duffle bags with all the rider's gear. They even bring a "beer garden", their own Ben & Jerry's Ice Cream Truck, a trailer for massage and yoga, and a support staff of about 300 people who will travel in motor homes to be here. This may be bigger than any "fire camp" Happy Camp has ever seen!

Now for the OPPORTUNITIES for Happy Camp! There are many, many support positions for local volunteers. Cycle Oregon is willing to pay for local people to support their ride – in fact they want to spend money in Happy Camp to help the economy of this town! Many people have already stepped up to help coordinate the tremendous program that Cycle Oregon has for Happy Camp. We have hospitality coordinators, site coordinators, food coordinators (for serving and clean up), entertainment coordinators and baggage coordinators to help the staff with the arrival and overnight stay of our guests.

Two marketplaces are in the works for local people to sell their wares. We plan to have spaces available in the Old Town Park on Second Avenue and also at the River Park. The bike route goes down Indian Creek road past the High School and the computer center, going right past the Old Town Park. Some of the activities will be at the River Park as well. "Local" means: 50 river miles from Happy Camp, and including Salmon River.

As you may imagine, Monday Sept 14th will be a good day to stick around town and avoid travel in the direction of I-5. Likewise, next day - the 15th will be the time to avoid a drive over Grayback. Please schedule September appointments with this in mind.

For more about the opportunities and money to be earned during this 24-hour event, call Eddie Davenport at the Karuk Community Loan Fund – 530-493-2558; or call Beth Buchanan at Mosaic Press – 530-493-2249.

Spring

Clint Alan Bushnell

Spring is renewal,
Mother earth at its best.

The new grows and prospers,
And the old can rest.

Winter is over,
And the snow melts away.

The great Rivers swell,
And the fish find their way.

New life is born,
To replace what was lost.

From hunting or fishing,
Or the great winter's frost.

Our mother starts over,
And turns green for miles.

The sun warms our faces,
And our Grandfather smiles.

Page 19

Karuk Tribal
Newsmagazine
Spring 2009

www.karuk.us

In Loving Memory

Cassie Linn Spence

November 17, 1994 - March 10, 2009



Cassie Linn Spence passed away on March 10, 2009 in a fatal car accident on the Klamath River. Cassie was born in Redding, Calif. on November 17, 1994 to Brian and Sherri Spence.

When Cassie was born, her eyes were so blue they seemed to glow in the dark, like a full moon's reflection in the water. Cassie could spin in circles and never get dizzy. She loved jade rocks and spending time at the creek trying to find them. Her favorite animals were cats, but she cared for all animals the same. She didn't like bugs! Her favorite color was green. She loved her cell phone but most of all she loved to talk. Cassie was scheduled to be Valedictorian of her 8th grade graduating class this June.

She loved her family and friends, and had many of them. Cassie touched many people with her beautiful blue eyes and a smile that could warm anyone's heart.

Cassie is survived by many loved ones including her mother and father, Sherri and Brian Spence; her sisters, Ashley and Sabrina Spence; her brother Jack Spence; her step-brother Michael Cook; her grandmas, Terri Moehring, Sharon Moehring, Lucille Walden and Dorothy Beck; her aunts, Virginia and Chris Moehring, Michelle Cortes, Elaine Spence, Amanda Burdette, April Spence, Tamara Barnett and Crystal Moehring; her uncles, Shane and Bob Spence, Rick Garcia, Shawn Pine, Michael, David Brian and Jimmy Moehring and Bowdy Minium; her cousins and friends, Seth Pine, Megan and Santelle Minium, Dorcas, Blackhawk, Ben, Brenda and Chukie Harrison, Lu-lin and Shaggy Spence, Brenda Lee Aubrey, Miranda Moehring, Bridget Koons and Elvis Douglas.

Cassie's memorial service was held on Friday, March 13, 2009 at 2 p.m. at the Karuk Community Center in Happy Camp. Pastor Stan Poeschel officiated the service and one can visit her memorial graveside located in the Ferry Point Cemetery. Cassie was a Karuk Tribal descendant.

May you rest in peace Cassie Linn Spence, our "Baby Blue Eyes."

Rural Connections 2009

Bari Talley, Community Computer Center @ Orleans



*Rosie Bley, Emma Lee Johnson &
Bari Talley in Redding*

as a high priority project because it will provide service to unserved Karuk, Hupa and Yurok tribal areas, as well as provide necessary backhaul for the region. At the California Emerging Technology Fund Rural Connections 2009 workshop, it was recommended by Sunne McPeak, CEO, that interested folks contact their state legislators to let them know how important broadband is to your lives.

At that meeting, Connie Stewart, Executive Director of the California Center for Rural Policy at Humboldt State University, thanked Orleans /KCDC for help in getting the SB1191 legislation passed, which allows Community Services Districts to provide broadband to communities where no one else is providing service. She also mentioned that Orleans Elementary students had written letters to their legislators expressing the need to have equal educational opportunities (this was a couple of years ago). Those comments stimulated more letters by Orleans Elementary 4th & 5th students. Also, I have been invited to collaborate on Redwood Coast Rural Action projects—a working website designed to keep interested parties apprised of latest developments in this field. Is broadband and cell service coming Orleans? We'll keep you posted on progress!

Rosie Bley, Emma Lee Johnson and I, from the Happy Camp and Orleans Computer Centers, attended a Rural Connections 2009 meeting in Redding hosted by the California Emerging Technology Fund (CETF). Redwood Coast Connect (RCC), is our regional representation for California's effort to access broadband stimulus dollars. Great news! They have included a State Route Highway 96 fiber optic line



*Connie Stewart of Redwood
Connect & Bari Talley*

In Loving Memory Corbett Augustus Beck

AUGUST 8, 1946 — JANUARY 27, 2009



Corbett Beck

THERE WAS A KIND SOUL WHO SAT
BY THE SIDE OF THE ROAD AND
WAS A FRIEND TO MAN...

EARTHLY RICHES WERE TO BE
SHARED, BE IT A FIVE DOLLAR BILL
OR A PACK OF SMOKES, HE GAVE
FROM THE HEART.

PROUD HE WAS OF HIS NATIVE
AMERICAN HERITAGE.



*Aunt Ruth Beck with Mildred (mom), Ruby,
Mary, cousin Gary, & Corbett Beck -1952*

HE SAW THE WORLD THROUGH ARTIST'S EYES. ALWAYS IN AWE OF THE CREATOR'S GLORIOUS HANDIWORK:
ORANGE SUNSETS ON THE OCEAN, SOFT ROLLING LINES OF DUNES ON THE SHORE. THESE AND MORE HE
CAPTURED WITH HIS TALENTED SKETCHES AND PAINTINGS.

IN THE EARLY '60'S HE MET HOBART BROWN WHO OPENED THE RED BARN ART GALLERY IN EUREKA WHERE
FOR YEARS HE DISPLAYED AND SOLD HIS PAINTINGS.

CORBETT FACED THE WINDS OF LIFE WITH SIMPLE HONESTY AND WALKED THE GOOD
ROAD TO THE DAY OF QUIET.

HE PASSED AWAY IN HIS HOME TOWN OF EUREKA. PRECEDED IN DEATH BY HIS
PARENTS; AARON A. BECK AND MILDRED BECK; HIS SISTERS RUBY BECK AND JACKIE
CARMICHAEL.

HE IS SURVIVED BY MANY NIECES AND NEPHEWS AND COUSINS INCLUDING; TINA
CARTER, TAMMY SYLVEST OF EUREKA; DAVID BOATWRIGHT, MARTIN SWENSON,
WALTER SWENSON OF HOOPA, AND ALL THEIR FAMILIES.

HIS LAST SURVIVING SISTER, KARUK TRIBAL MEMBER MARY BECK-BARKER, LIVES IN SACRAMENTO, CA.

"YOU ARE LOVED AND MISSED, BROTHER DEAR — SÚVA NÍK NUOMÁNEESH"



Aaron & Corbett Beck -1960



Forever

by Frank Davis, Age 8

O- The Old Times Never Last
O- The Old Times Never Last

The long country picnics
on a Sunday afternoon.
The simple laughter in the streets at night
And the children playing grown up as
each day they get closer to being an adult

But God will always last

O- The Good Times Never Last
O- The Good Times Never Last

Like the kids who play baseball in the green grass,
Swimming in the cold river on a hot summers day,
Or the simple things like sharing a joke with friends.

But God will always last

O- The Old Times Never Last
O- The Good Times Never Last

But God will last forever.

Follow Your Dreams

Submitted by granddaughter Sherry Cox

Joe Snapp was born on December 6th 1944 in Yreka California to Charles and Elizabeth Snapp of Etna. Growing up in the small community of Etna and having the strong influence of his parents helped him to become the man he is today. He went to school with the same small group all the way through high school and has stayed in contact with them for all these years by meeting every five years. His mother and father being very in touch with their heritage instilled these strong roots within Joe. Elizabeth was one of the first in this area to start a book of the Karuk language.



As time went on Joe developed his love for mechanics which was the first degree that he earned. Then after having to have two back surgeries he had to make a career change. He chose to help his people with the struggles of overcoming drugs and alcohol and the affects that it has on their lives. Seeing the devastation of these affects and the hurt on his tribe encouraged him to go above and beyond. He has showed this by working with his people at The Karuk Tribe of California for sixteen years and furthering his education for seven. Along with all of that he has encouraged his three children, nine grandchildren and seven great grandchildren to follow their dreams just as he has. All of this could not have been done without the help and support of his wife Irene Snapp of forty-seven years. Joe Snapp earned his master's degree in social services this June.

Congratulations! **Bradley Jon' Heredia** 2009 Graduate Valley Center High School



L to R: Chairman-Bo Mazzetti, Julian Welmas, Bradley J. Heredia, John Charles Kolb III, Marlena Dusek, Dancy Panther Turner and Vice-Chairwoman-Stephanie Spencer.

Bradley along with hundreds of other Southern California native youth were honored for their accomplishment as graduating students of CLASS of 2009 at the SCTCA Graduation Celebration on May 14th, 2009 held at Barona Valley Resort & Casino. Brad was presented with his Eagle feather by Tribal Chairman Bo Mazzetti and Vice-Chairwoman Stephanie Spencer of the Rincon Nation of Luiseno Indians.

Bradley will be attending Kaplan College in the fall to receive an AA Degree in Criminal Justice. He was accepted into Kaplan this past winter. He plans to study the forensic side of the field as he has always enjoyed science and the hands on laboratory work.

Bradley

You should be very proud of your accomplishments. Receiving a High School diploma takes hard work and dedication. This past year you made a brave and hard decision and I am Thankful everyday that you stand tall. I encourage you to go out and accomplish all your dreams and make them reality. I believe in you son and I will always be proud of you.

Love, Mom

We're all proud of you!

Mother: Marcie Alberta Bain (Karuk)

Step-Dad: Eric J. Mendoza (Luiseno)

Maternal Grandparents: John (Karuk) & Ruth Bain

Father/Step-mom: Brad & Luz Heredia

Paternal Grandparents: Mariano & Rita Heredia



L to R: Eric Mendoza; Step-dad (Luiseno), Marcie Bain; Mom (Karuk), Bradley J. Heredia (Karuk), Shaneal Villegas (Luiseno) and Grandpa Bud Mendoza (Luiseno)

Ayukii from the Education Department

Jennifer Goodwin, Education Coordinator

The Education Department and the Education Committee we would like to extend our heart felt CONGRATULATIONS to all of the 2009 graduates! We are proud of your academic achievement for the 2008-2009 school-year, from Head Start through Graduate school. We are delighted with your hard work, dedication and commitment to your educational and academic goals.

We would like to celebrate you and your achievements by honoring you with a gift for the completion of your educational goals and reaching graduation. Please contact the Education Office for more information at 1-800-50-KARUK or (530) 493-1600 Ext. 2034.

Yootva (thank you) educators, teachers, staff and administrators for your hard work and dedication to the education of our children. And last, but defiantly not least, thank you parents, grandparents, families and relatives for your encouragement, love and support of your children. You play the biggest and most important role in the education of our kids!

Make sure to check us out on the web... Over the next several months we will be working on the Tribal Education webpage located at the www.karuk.us site. There will be educational news and regular updates, Karuk scholarship information and referrals to an array of other scholarships and funding resources. We are also working on a "message board" type of communication system so that college students can share experiences and tips in navigating the college experience.

As always, please feel free to contact us at anytime with questions, concerns or suggestions involving any of your educational issues. Call, e-mail or write us our contact information is listed here.

Jennifer Goodwin, Education Program Coordinator

Karuk Tribe Education Dept.
P.O. Box 1016
Happy Camp, CA 96039
jgoodwin@karuk.us
(530) 493-1600 Ext. 2034

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**Soon to be filled is the seat for the Somes Bar/ Orleans area.*

Congratulations Shelby Ann Cook on your Graduation!

Shelby is graduated with a 3.2 G.P.A. from North Bend High School on June 5th, 2009. Shelby's played 4 years of varsity softball for her high school as well as 4 years of volleyball. She was also a volunteer coach for softball, volleyball and basketball in her home town. The entire family is so proud of her for her family values, great personality and her future goals. In the fall Shelby will attend Southern Oregon Community College in Coos Bay, Oregon, where she will pursue a degree in Nursing and she also wants become an Anesthesiologist.

"We love you Shelby and want you to be the best you can be. Anything you set your mind to you can achieve. So go out there and make us proud! Congratulations!"

-Mom, Dad, Grandma, Grandpa and the rest of the family





Starla Rose Davis

Starla Rose Davis will graduate from Happy Camp High School on June 5, 2009. Starla is the daughter of Skip and Linda Davis of Happy Camp, the granddaughter of Hazel Gendron of Shasta Lake, CA and the late Arnold Davis, as well as Jo and Roy Brannon of Happy Camp and the late Pricilla "PJ" Ainsworth. Starla's sisters Jessaca Lugo of Redding, CA and Jenny Holden of Shasta Lake, CA, as well as the entire family are extremely proud of her accomplishments.

Last fall, Starla attended the Imaging Model Development Modeling Agency in Medford Oregon, and in the fall of 2009 Starla will attend Marinello school of Cosmetology in Redding California.



Colter Cook



We are proud to announce that Josephine Aubrey's Great-grandson Colter Cook is graduating Magma Cum Laude with a G.P.A of 3.64 from Maria Carrillo High School in Sonoma County, California. Colter will be attending California State University Chico in the fall! Good job son!

Proud Parents: Andy & JuliLong,
John & Diana Cook

Cheyanna Ohlrich



Karuk Tribal Member Cheyanna Ohlrich is a sophomore at the College of the Siskiyous in Weed, California. Chey graduated from North Bend High School, in Oregon, in the fall of 2008.

Cheyanna plays second base for the COS Eagles Softball team with a batting average of .400, 8 home runs and 48 RBI's so far this year, has earned All-Northern California honors and was a first team All-Golden Valley Conference player. The Eagles softball team is ranked number 1 in the state and Cheyanna has earned All-American consideration. She has signed a Division I scholarship with the University of South Carolina and will be leaving her family and friends to start at USC in the fall of 2009.

On behalf of her family, we'd like to express to Cheyanna how proud we are of her accomplishments in education, sports and her life! Keep up the hard work and perseverance.

Higher Education Grant Award & Student Rent Voucher Program Information

Submitted by: Jennifer Goodwin, Education Program Coordinator

- ◆ Applications for both programs are available on the Karuk website and may be downloaded and printed
- ◆ Applications for either program can be requested by calling the Education Department at 1-800-50-KARUK extension 2034
- ◆ Both applications are due on or before Friday, July 31st 2009 at 5:00 p.m. for the 2009-2010 school-year
- ◆ No applications will be accepted after the posted deadline – NO EXCEPTIONS
- ◆ You must be a full-time student in order to qualify for either program
- ◆ Students are limited to a six-year maximum participation in the program(s)

Higher Education Grant Award Eligibility Requirements:

- ◆ Must be an enrolled Tribal member (no funding is available to Tribal descendants at this time)
- ◆ Must be pursuing an AA or BA degree (no funding is available to graduate students)
- ◆ You must maintain a 2.0 Grade Point Average
- ◆ You must remain in good standing with the educational institution you attend
- ◆ Students are not eligible for the Grant Award if they are in default with the Tribe for any loan
- ◆ You must reapply each school-year
- ◆ Only when funds exist will applications be accepted for spring enrollment

Julia and Grant Peterson

This photo, taken in February 2009, is Julia and Grant Peterson when Grant came back to base from a six-month deployment.

He is stationed in Groton, CT on the submarine, USS Pittsburgh. Grant is the son of Dwayne and Babbie Peterson. Babbie is the Senior Center Supervisor for the Karuk Tribe.



Thank you for your service Grant!

*Grant payments are sent directly to the school only after all of the following paperwork is completed: Completed & signed application, Financial Needs Analysis, a copy of your class schedule, grades from the previous semester/school-year (if you received funding from this program before) and your Karuk Tribal enrollment verification (copy of Tribal ID card or verification letter from the Karuk Enrollment Department).

Grant Award applications may be mailed to

Karuk Tribe Education Department

ATTN: Jennifer Goodwin
P.O. Box 1016

Happy Camp, CA 96039

Or e-mailed to: jgoodwin@karuk.us

Student Rent Voucher Program Eligibility Requirements

- ◆ Must be a Karuk Tribal Member or a Karuk Tribe Housing Authority Resident
- ◆ Must be low-income (in accordance with Federal income guidelines)
- ◆ Must be continuing your education attending college/university or vocational school full-time (no funding is available to graduate students)
- ◆ Only one voucher will be awarded per household
- ◆ Students are not eligible if in default with the Tribe or with Housing
- ◆ You must maintain a 2.0 Grade Point Average
- ◆ Rent Voucher payments cannot be used to pay rent to parents or family members
- ◆ Rent Voucher payments cannot be used to pay rent to the Karuk Tribe Housing Authority

* Grades and class schedules must be submitted as required. Student Rent Voucher payments are paid directly to the landlord. Complete applications include: Completed & signed application, proof of income, lease agreement, class schedule, grades (if you received funding from this program before), statement of living situation (roommates, family setting, dormitory etc.) and Landlord name, address and phone number.

Student Rent Voucher applications may be mailed to:

Karuk Tribe Housing Authority

ATTN: Ashlee King
P.O. Box 1159

Happy Camp, CA 96039

Or e-mailed to: aking@karuk.us

Both programs will provide assistance only when funds exist and shall not be obligated to continue when program funds are exhausted.

WHERE DOES THE TIME GO?????

Jamie Orge, Accounts Payable Manager

Doesn't it seem like time goes by faster the older you get? It's already May 2009... where did 2007 and 2008 go? Am I in a time-war?

I can remember being a kid and the day would never end. I couldn't wait for school to get out so I could start my summer vacation! My birthday couldn't come quicker and when will Christmas be here? I remember laying in the sun all day in a bikini, watching MTV until my parents couldn't stand it anymore, looking through magazines to see what the latest fashion was, weight conscious, wondering how many calories were in a "pickle". Or sitting next to the phone wondering who was going to call me next.

Well..... that has certainly changed! Time has passed so quickly, I didn't even realize it. I'm now 40... there is no such thing as a "summer vacation" and my pocket book could care less about Christmas. It just means that another year has passed and a new one is around the corner. The bikini days are OVER and I wear sunblock 50. I might have time for the 10:00 News updates regarding murders, robberies or foreclosures... how depressing is that? Fashion is totally out of the question.... I put my hair in a bun and call it good. The weight issue – if it comes with fries, I'll take it! And last, if the phone rings.... leave a message.

.....if only we could go back in time..... being a kid was just so simple!

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Kelly Worcester, *Teacher/Technician*
Email: kworcester@karuk.us
530.493.5213

Orleans: Community Computer Center, Orleans
Bari Talley, *Facilitator/Student Services Coordinator*
Email: btalley@karuk.us
530.627.3081

Yreka: Karuk Housing Mini Computer Lab
Byron McLane, *Student Services Coordinator*
Email: bmclane@karuk.us
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Branden Davis

Congratulation on making it through High School, Good luck with college, We love you and are always here for you,
Carrie, Sam, Frank, and Madeline

Brandon is the son of step-mom Carrie Davis and father Davy Davis



Jacob Gonzales

We are so proud of you!
Enjoy High School.

We love you so much,
Carrie, Sam, Frank, and Madeline
Jacob is the son of step-mom Carrie Davis and father Davy Davis

Courtney Culver

Congratulation for making it through the 8th grade!

Love, Aunt Carrie, Sam, Frank, Madeline and your sister Amanda



Courtney is the daughter of Lisa Aubrey and Richard Culver

Contract Health Services (CHS)

(530) 493-1600 Ext. 2156, 2151, 2155

IHS Contract Health Services (CHS) is Not an Entitlement Program, and Not Everyone is Eligible!

Know Your Status Before Obtaining Services.

CHS Eligibility Requirements:

1. Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

IHS/CHS coverage is for emergent, life-threatening situations only! Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

Referral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. **A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE.** A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

Alternate Resource:

CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

Pregnant/Prenatal Care:

According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.



Karuk Tribe

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Let us know if you've changed your Address!

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number so we may be able to continue sending Tribal news and other correspondence



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Spring, 2009

Arch Super, 2007-2011

Chairman

Leaf Hillman, 2006-2010

Vice-Chairman

Florrine Super, 2007-2011

Secretary

Leeon Hillman, 2006-2010

Treasurer

Roy Arwood, 2005-2009

Member at Large

Florence Conrad, 2007-2011

Member at Large

Alvis Johnson, 2008-2012

Member at Large

Wilverna Reece, 2008-2012

Member at Large

Charron 'Sonny' Davis, 2009

Member at Large

News magazine Production:

Desktop Publishing:

Rosie Bley

Editor:

Sara Spence

Written By:

*Karuk Tribal
Members,
Descendents,
Families,
& Tribal Staff*

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Karuk Tribe

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(800-50Karuk)

www.karuk.us

Karuk Tribe's Quarterly Newsmagazine

3,574 Tribal Members

13th Annual Karuk Tribal Reunion



Inside This Issue...

Page 2 & 3: Chairman's Corner
Page 3: Census Information
Page 3: Newsletter Article Submission
Pages 4 & 5: Notes From The Secretary
Page 6: Administrative Programs & Compliance
Page 7: Karuk Wins Victory Over Dredge Miners
Page 8: Housing Authority News / Lease or Purchase Housing
Page 9: Karuk Community Loan Fund News
Page 9: Quarterly Staffing Update
Page 10: Karuk Language Revitalization Support
Page 11: Future of Public Transit Along the Klamath
Page 11: Karuk Voices, Oral History Project
Page 12: Grants Department Update
Page 13: Special Recognition Award to Suzanne M. Burcell
Page 13: National Congress of American Indians and Karuk
Page 14 & 15: DNR Environmental Education
Page 16: Volunteering Time
Page 16: Senior Center News
Page 17: Election Committee Reminder
Page 17: Eligible Voters Be Informed!
Page 17: Karuk Social Services Update
Page 18-21: KARUK TRIBAL REUNION
Page 22: Heather Peterson Marries Troy Argo
Page 22: Maria Lopez Marries Vincent Sanchez
Page 23: Best In The West - Matt Whitehouse
Page 23: Siskiyou Sensation - Aja Conrad
Page 24 & 25: Head Start News
Page 26: Newborns - Future Head Start Students
Page 26-28: GRADUATES!
Page 29: In Loving Memory - Eugene & Lorelei Super
Page 30: Contract Health Services Eligibility Requirements
Page 31: Questions and Answers About Swine Flu & You



"Hold Onto Our Heritage"
Chimi (let's) ikriivka (hold onto) koovura (all)
pa'arakuuphaveenati (our Indian ways)

Chairman Arch Super's Corner

Ayukii koovura pa Karuk araaras (Hello all Karuk people and relatives). Hitihan nitaptiheesh pa Karuk ararahih. (all the time I'm learning the Karuk language). Hitihan tani tapkuup koovura pa Karuk araaras takun itaptiheesh pa Karuk ararahih, yootva. (all the time, I like all the Karuk people, they are learning the Karuk language, thank you.

May I had rallied with Mr. Craig Tucker (Klamath Coordinator), Mollie White (DNR staff) and some other representatives on the river for the Dam Settlement in Omaha Nebraska. The rally was a peaceful informative demonstration to stockholders of Berkshire Hathaway. Flyers and two testimonial speeches were given to the stockholders. The past two and three years of negotiations and demonstrations have been very good for the stand taken on Dam Removal.

Robert Goodwin (Self Governance Director) and I attended our quarterly BIA / Tribal Budget Advisory Council (TBAC) in Arlington, VA. Our budgets with the federal government are still on the cut backs. President Barack Obama is still in the process of appointing new staff to the official office of the Indian Affairs. We can only hope and encourage the federal government to continue to fulfill their trust responsibilities to tribal nations.

June Tribal Council and the KTHA Committee held a joint training session in Redding. The session was productive to create a defined understanding of the rules, regulations and responsibilities of the KTHA and the Tribe.

We had our regular meeting with the Northern California Tribal Courts Consortium (NCTCC) in Klamath. April Attebury (Court Administrator) and our in-house attorney, Ms. Stephanie Dolan was in attendance. The consortium is continually striving to support and enhance each courts operation.

I attended the annual meeting/banquet for the Northern California Tribal Transportation Coalition (NCTTC) in Eureka with Mr. Scott Quinn (Lands/Transportation Director) and Ms. Sandi Tripp (Assistant L/T). The banquet was great, food was grand and the area representatives and work we do with the coastal region is very good for our tribal relations with other governments and agencies.

The California Association of Tribal Governments (CATG) held its quarterly meeting in Sacramento, Mr. Robert Goodwin and Ms. Carrie Davis (Assistant SG) were in attendance. CATG has many issues that they focus on that involve decision makers for the State of California. The association is working with twenty five other California tribes to voice our concerns to the State legislators.



Scott Quinn, Robert Goodwin, Carrie Davis and I attended a consultation hearing with the Federal and State BIA regarding the Carcieri vs Salazar, in Sacramento. The Carcieri case involves the Narragansett Tribe in Rhode Island, putting land into trust; being a recognized tribe according to the 1934 Indian Regulation Act (IRA); and the State of Rhode Island challenging any Indian Gaming venture with the Narragansett Tribe. The case is now involving all tribes throughout the US. The case is complicated and it will be followed and addressed with the Karuk Tribe and many other tribes that can be affected with this Carcieri case.

July We have put together a committee to work with and enhance the Tribal Web page. If there are any ideas and suggestions among tribal members, please feel free to get in touch with the administration office.

The Tribal Council and the KTHA committee held a continued Board training in Crescent City. Our interaction and relations will be more clearly communicated.

Craig Tucker, Robert Goodwin, Councilman Sonny Davis, Roy Arwood and I have attended the Klamath Basin Restoration Agreement (KBRA) Meetings in Chiloquin, Oregon. We are trying to complete the draft of the Agreement in Principle (AIP). There is a plan with the tribes on the river, the Klamath Tribe, Karuk, Yurok, possibly the Hoopa, some of the farmers and other interest groups. The issue is very controversial with some members of the tribe, some of Siskiyou County, PacifiCorp and other anti-dam removal opponents. As we move forward with this issue, time will only tell our fate. If anyone ever has questions, please get in touch with our offices.

August Tribal administrative staff and DNR staff met with Region 5 Forester in Orleans. We are working with our Use Permit with the Forest Service for the Katimiin area, including the work station and the tribal ceremonial site. We are looking for some possible land transfer into the Tribes name. We will seek more land around the area from the federal government. We would like to manage the area, including A'uuyich (Sugar Loaf) and Ishi Pishi. With consultation and negotiation with the Tribe and the Forest Service we hope to get additional land base and services.

Scott Quinn, councilmen Sonny Davis and I attended the Indian Reservation Roads Program Coordinating Committee (IRRPCC) meeting in Reno Nevada. The committee strives to insure the funding source for tribal roads. Our local tribes are working very hard for lands, transportation and roads.

Overall, tribal business and relations have been very busy in the past few months. We would like to work on our Talking Circles in Yreka, it seems to be very informative for our communities. We hope to start again in September and we will continue to have them monthly. We hope to start Talking Circles in Happy Camp and Orleans. It is community generated, so if our communities get in touch with us, we can start one in each community.

For Casino and Gaming update, Robert Goodwin and I met with the National Indian Gaming Commission Gaming Attorney, Mr. John Hay. We still have the issues with the NIGC and the Department of Interior (DOI) agreeing on the fate of Indian gaming. DOI is still limiting tribes in gaming. It will be up to our tribe to make contact with DOI and solicit our need for economic development and support for the Karuk Tribe. It is always a challenge, but we will continue to put our best foot forward.

As always, I encourage tribal members to call, write, email or come and see your elected officials if and when you have questions and concerns.

Site updated continually as positions become available!

Jobs!

www.karuk.us/jobs

Requests for Proposals are also located at this site

Attention Karuk Members and Descendants!

We want everyone to be sure to fill out their 2010 United States Census forms when it comes time. They will either send them or come to your house to fill them out. If your household has mixed races and Karuk members put Karuk Indian first in the head of household spot because that's what they go by is what you list first. The government uses the census information to plan for the future of our country. Remember Karuk First on your 2010 US Census. If you know someone that is Indian and not enrolled tell them to put down Indian in the first spot because you don't have to be enrolled or even be in a recognized Tribe to be counted as American Indian. If you have any questions about the 2010 US Census please call Dolores at 1-800-505-2785 ex: 2028.

Sincerely, Arch Super, Karuk Tribal Chairman

Newsmagazine Article Submissions

If you have news, articles or events you would like placed in this newsmagazine, please submit your information to Sara Spence, News Articles, PO Box 1016, Happy Camp, CA 96039. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be accepted, however you may request that your name not be published or appear in the newsmagazine.

Article deadlines are: **November 15, 2009** for the fall issue, February 15, 2010 for the Winter Issue, May 15, 2010 for the Spring Issue and August 15, 2010 for the Summer Issue.



Notes From the Secretary

Florrine Super, Council Secretary



Ayukii, Here is my report from Karuk Country. Since the beginning of the year we have continually looked into our budgets, programs, and staff. We will strive to provide quality services with less money. Staff and council have taken on more job duties so services are not disrupted. Here is how the following programs are continuing to service our membership:

***Side note:** Ivan "Ishnur" Super, my son, is learning so much. He turned 2 years old on May 9th.*



TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Karuk Youth Leadership Conference

Tentative Date: October 23-24, 2009

Where: Yreka CA

For more information contact me or the Karuk Youth Leadership Council

Karuk Tribe Senior Tribal Youth Advisory Council -- 14 years +

CHAIRPERSON: Aja Conrad

VICE CHAIR: Skyler Mc Neal

SECRETARY: Laura Croy

TREASURER: Lashanda Siaz

MEMBER AT LARGE: Tyler Conrad and Winona Croy



Karuk Tribe Junior Tribal Youth Advisory Council -- 10 years – 13 years

CHAIRPERSON: Carlos Rodriguez

VICE CHAIR: Rueben Escobar

SECRETARY: Cierra Brinker

MEMBER AT LARGE: Chris Super and Thunder Thom

Elders- Honor our Elders, They show us the way in life.

Council hears from their elders. It was nice to see some of our Karuk elders attend our Yreka Council Meeting. It was great to hear their concerns. If we don't hear from them we don't know what we are doing well or not so well. After discussion with our elders, our goal is to work with housing staff to provide assistance to those who need help with their yards and other housing concerns. I am happy to be part of the planning to make sure their concerns are handled.

I am also working on providing a more comfortable elder's room so they can gathering and enjoy each other's company. This is located at the new Yreka Community building.

Our Language program has provided talking circle so they can speak and hear our Karuk Language. Those who participated seem to really enjoy this activity.

We will continue to work on different programs that involve our elders.



Cultural Classes—Now Available in Yreka from 1pm-3pm

Cultural classes will be available to all those who are interested in learning and/or teaching. Classes will provide tribal and cultural awareness by storytelling, history lectures, dances and arts



and crafts (basket making, drum making, regalia, and jewelry). Contact me for further information!

****Yootva (Thank you) Sonia (Donahue) Black** for covering for me while I was traveling for work.



Karuk Tribe Foster Home:

Preserve Our Culture....Open your heart to an Indian child.

We are looking for Karuk foster families or people who can: Ensure the child maintains their connection with the Karuk Community by



using culturally appropriate services. Understand the importance of the child's bond with their natural and extended family. Meet the needs of your own family while sharing your family with the child(ren) placed in your home.

If you would like to offer your home and family and become a foster family, Please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare-www.karuk.us

Karuk Booster Club: We need your support so we can support our kids in sports!

The Karuk Booster Club helps support Karuk enrolled members and enrolled descendents with sports and extra-curricular activities. We support children who are involved in school and community programs!

We are here to help all the Extra-curricular activities our Karuk children are involved in. Please contact Chairman Arch Super for more information.

Volunteers do not necessarily have the time; they just have the heart. ~Elizabeth Andrew

Bringing good people and good causes together is what Karuks do! Arch and I, as Booster Club committee members, offer our sincerest thanks to those who donated their time at the 2009 Siskiyou Golden Fair Indian Taco Booth. We receive no government funding to help our youth in



sports and we rely on the generosity of our membership and friends of the tribe. YOOTVA!

Contacting your Karuk Tribal Secretary:

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information. Florrine Super.

November 3, 2009

VOTE

Two - Council Members at Large

For more information, go to

www.karuk.us

Administrative Programs & Compliance News

Erin Hillman, Director of Administrative Programs & Compliance

With the passing of the American Recovery and Reinvestment Act (ARRA), many opportunities have been presented to the Tribe for funding. In total, the Tribal Administrative and Health Programs submitted a total of \$1,711,8562 in fifty one (51) separate proposals. Of the proposals that have been submitted, so far twenty two (22) have been funded for a total of \$1,985,862. Of these applications, ten (10) were for ARRA funding (\$7,498,525) and of those seven were funded for \$1,898,525. The programs that funded the Tribe include Health Resources Services Administration (HRSA), Department of Justice (DOJ), Head Start, Indian Health Services and the Bureau of Indian Affairs. We will be notified in November on two of the larger grants we submitted, one for a new health clinic and the other, a third wing for our administration building. Keep your fingers crossed!

For one of our smaller grants, a Community Action Plan is required every two years. We submitted our Community Action Plan on time to the State of California Department of Community Services and Development for federal funds that are passed through the state. The Karuk Tribe uses this funding for safety net services and programs like tutoring, culture and basket weaving classes, the youth leadership conference and the senior nutrition program.

Many of you responded to our request for completion of a survey that was mailed to Tribal Members in April, eighty five to be exact. That is an impressive number if you consider that we weren't able to offer any incentive and that usually our response to this type of survey is around 30-50 people. This survey is a very important component of the Community Action Plan. If you would like a copy of the final document, it is available on the Tribe's website at www.karuk.us. Many thanks go out to those that responded and also to Sue Burcell, a Tribal Member and the Associate Director of the Indian Economic and Community Development Office at Humboldt State University who proof read and edited our draft plan.

The annual audit went well for this department. There were no compliance findings on any reports or drawdown's of the grant programs. Currently we are administering 65 grants and contracts for funding that supports Tribal programs.

In August we welcomed Jaclyn Goodwin, Tribal Member and recent graduate of University of California at Davis as our newest grant writer. Jaclyn works two days per week, training under Rick Hill and Hester Dillon. She has a Bachelors Degree in Communications and a minor in Native American studies. She grew up in Happy Camp and graduated from Happy Camp High School. She will be replacing Rick Hill as the part time grant writer on October 1st when he makes his move to

the Karuk Community Development Corporation. In her first six days working here, she submitted her first grant proposal to support a Language Program project.

Jennifer Goodwin, Education Coordinator has moved into the big wide world of higher education, literally. Jennifer's last day of employment with the Tribe was August 3. She began her journey toward a bachelor's degree at Shasta College on August 17. Although we will miss her smiling face and the great contributions she made to the Tribe as the Education Coordinator and as a basket weaver, we are very proud that she has made this decision to further her own education. We look forward to the day that she returns to the River.

On March 19, I attended the Regional Collaboration and Tribal Partnerships conference, hosted by the Hoopa Tribe. Representatives from state and federal agencies, including CAL EMA and FEMA participated as well as Robert Holden from NCAI (National Congress of American Indians), and Nadine Bailey from State Senator Sam Aanestad's office, United Indian Health Service, Northern California Indian Development Council (NCIDC) and Hoopa and Yurok Tribes all came together to develop the tribal and non tribal collaborative partnerships necessary to create, expand, and sustain homeland security regionalization initiatives. We spent about half of the day reviewing a presentation by the Western Community Policy Institute on disaster preparedness and then broke out into mixed groups to review threats and risks, policies, vulnerabilities, critical infrastructure and key resources on Indian lands. Later in the afternoon we separated into groups that were defined by our state, federal or tribal affiliations.

As a part of the Tribal group, we told the outside agencies things that they did not know about us but should, how our tribal governments are structured and give them a general idea of the types of resources we have available in an emergency. In turn the agencies gave us similar information.

Through this fire season we have continued to communicate with Hoopa and Yurok Tribe emergency services departments. We all attended planning meetings with United Indian Health, Humboldt County Public Health and North Coast Unified Air Quality Control district in Arcata and by conference call to get a head start on preparations for fire season. Fortunately, this years fire season in our area has not been as active as 2008, but if this changes we are prepared to provide assistance to our communities.

Karuk Wins Legislative Victory Over Dredge Miners

S. Craig Tucker, Ph.D., Klamath Coordinator

On August 6, 2009, Governor Schwarzenegger signed a bill to temporarily ban the destructive form of recreational gold mining known as suction dredging. The Karuk Tribe collaborated with Senator Pat Wiggins on writing the bill and led a coalition effort to shepherd it through the legislature.

With its signing, the bill places an immediate moratorium on all suction dredge mining until the California Department of Fish and Game develops and implements new suction dredge regulations that are protective of fisheries and water quality. The bill attracted broad bi-partisan support and passed both houses of the legislature with a 2/3 majority.

"We've been working to protect our fisheries from destructive mining practices for 150 years," said Bob Goodwin, Karuk Self Governance Coordinator. "This law requires the state use the best available science in determining where and when hobby miners can operate their dredges without harming our fisheries. Until then, no dredging will be allowed in California."

The Tribe hopes that at the end of the rule making process, the size of dredges will be limited and critical habitats and spawning areas for threatened species will be off limits while allowing dredgers access to areas less vital for the survival of at-risk species.

This recent struggle over dredge mining started in 1997 when Coho salmon were added to the state and federal endangered species list. At that point California Fish and Game Department regulations required that mining rules be re-examined. They were not. In 2005, the Karuk Tribe sued the Department which admitted that a rule change was in order.

"In 2006 we actually proposed some modest restrictions limited to the Klamath Basin. The Department agreed, but the New 49ers and other local mining groups intervened and blocked implementation of the settlement," explains Goodwin.

The judge did order the Department to go through a public rule making process consistent with the California Environmental Quality Act (CEQA) by June 2008. However, the Department failed to comply with the court order.

"We kept trying to get the money in the Department's budget, but the New 49ers kept lobbying against it. We had little recourse

other than legislating the ban to protect our fishery," concluded Goodwin.

Dredging is also a public health issue because it remobilizes toxic mercury left behind by 19th century gold miners. According to Elizabeth (Izzy) Martin, Executive Director of the Sierra Fund, "Dredges suck up mercury buried in river sediment and remobilizes that mercury in our river and streams. This creates a significant health threat to subsistence fishermen, pregnant women and children as well as wildlife."

Although the moratorium does spare rivers from dredges, other forms of mining are unaffected and miners will still have access to their claims.

What is a Dredge?

Suction dredges are powered by gas or diesel engines that are mounted on floating pontoons in the river. Attached to the engine is a powerful vacuum hose which the dredger uses to suction up the gravel and sand (sediment) from the bottom of the river. The material passes through a sluice box where heavier gold particles can settle into a series of riffles. The rest of the gravel is simply dumped back into the river. Often this reintroduces mercury left over from historic mining operations to the water column, threatening communities downstream and getting into the human food chain. Depending on size, location and density of these machines they can turn a clear running mountain stream into a murky watercourse unfit for swimming.





The Karuk Tribe Housing Authority construction department is busy, busy. We received 1.2 million dollars in non-competitive funds through the American Recovery and Reinvestment Act of 2009 "ARRA". With these funds we have installed vinyl clad windows on units in three communities; and removed monitor stoves and electric wall heaters in 63 apartments. The new heating/cooling system consists of energy efficient heat pumps and includes solar water heating systems.

KTHA received notice that we were successful in our first competitive "ARRA" grant. We will receive 2.9 million dollars that will also be used for energy efficient upgrades in our Orleans and Happy Camp units. We will replace the existing heating and cooling systems with energy efficient heat pumps. We are also installing tankless water heaters in the single family homes in three communities and installing metal roofs on the 17 single family homes in Happy Camp.

KTHA is using Indian Housing Block Grant funds to install ramps in the Happy Camp Elder community; rehabilitate the former Karuk Building Center; and paint the exterior of the 20 single family homes in Orleans.

KTHA contracted to build three single family homes in Yreka, California. The homes include solar water heaters, wood laminate floors, and a few other upgrades. All three homes are complete.

KTHA initiated contract to build three single family homes in Orleans, California. The homes will include ground source heat pumps and some interior finish upgrades.

In addition to the numerous construction projects, KTHA awarded \$160,000 in student rent voucher assistance to 43 students.

Many thanks to the KTHA construction department: Richard Black, Steve Mitchell, and Tina Sherburn for their dedication and hard work.



Above and Right: Living room and kitchen of one of the new homes in Yreka Housing



View from behind one of the new homes in Yreka Housing

Call for Lease/Purchase of Karuk Housing

The Karuk Tribe Housing Authority has just completed construction on three new homes in the Yreka area. Two of the homes have two bedrooms and two bathrooms; the third is a one bedroom, one bathroom. All three have vaulted ceilings, beautiful wood laminate flooring throughout with slate entryways, oak cabinetry, energy efficient stainless steel appliances in the kitchen, front loading washing machines, solar water heaters and central heat and air with ceiling fans in the bedrooms and living room. All three of the homes have large yards and fabulous views. These homes will be made available to Tribal Members for lease/purchase. The Housing Authority is also currently constructing three more homes in the Orleans area. For more information call Ashlee King @ 493-5434 ext. 108.

Right: Executive Director Sami Jo Difuntorum, Operations Manager Ann Escobar, and Construction Manager Richard Black in front of one of the Yreka homes.





Looking to Start or Expand a Business? Need a Short-Term Emergency Loan?

KARUK COMMUNITY LOAN FUND has money to loan that may be able to help you!

KCLF has innovative programs to help low and medium income people, both Tribal and non-Tribal. Currently we have Business loan capital available for the Klamath River area as we are trying to assist those in the down-river area of Siskiyou County with funds to start or expand their business. We have already made one loan and have three other business owners working on their loans. Money is limited, so if you have any interest in starting or expanding your business, call KCLF for more information.

The Emergency Loan Program (ELP) is to help people with a small loan if they have an emergency that's a little more than they can handle. Guidelines include automatic payroll deduction from the employer and a payback schedule not to exceed six months. Other guidelines apply. If you are in a tough spot and need a hand to get over the hump, give us a call – maybe we can help!

KCLF held a class at the Happy Camp Community Computer Center on August 6th that focused on credit, qualifying for a loan and other money matters. If you missed the class but would be interested in attending one, give us a call!

KCLF is planning a class soon on Business Planning and Development that will include start-up,

marketing and management basics. If you have thoughts about starting a business and would like to discuss what steps to take to make it happen, call KCLF. KCLF has purchased a special software package that includes QuickBooks Simple Start and Learning Accounting Essentials. We have a limited number of them available. Topics include basic fundamentals of accounting and bookkeeping including using QuickBooks Simple Start which will help you with setting up accounts, billing and invoicing, paying bills, and managing your business. We will make these special packages from Intuit QuickBooks available to those who attend our classes. Call if you are interested so we can set up a class at a convenient time.

Here are some websites to help with financing, debt, taxes, and other good stuff:

- ◆ Taxes: Irs.gov (to calculate withholding, track refunds or tax tips and deductions)
- ◆ Turbotax.intuit.com (tax preparation software)
- ◆ Annualcreditreport.com (the only free credit report site recognized by the Federal Trade Commission)
- ◆ Nolo.com (for templates and instructions on many legal issues)
- ◆ savingforcollege.com (research college plans)

Eddie Davenport, Executive Director, 530-493-2558

Quarterly Staffing Update

Sara Spence, Human Resources Manager



This update covers May through August (plus some miscellaneous updates I missed in previous articles). We currently have 152 employees on staff.

Rick Hill reduced his hours to part time on 4/20 and Jaclyn Goodwin was hired on 8/3 to begin working in that office. 10/1 Rick will transfer to KCDC full time and Jaclyn will increase her hours to 4 days per week. More information on Jaclyn can be found in this edition.

Toni Lynn Downey resigned from her Public Health Nurse position on 5/29 and existing employee Karen Daniels has assumed those duties.

June Ochoa resigned from her position as Medical Assistant at the Yreka Clinic on 6/26; that position was replaced with a Licensed Vocational Nurse and Donald Banhart started in that capacity on 6/30.

Jennifer Goodwin resigned from her position as Education Program Coordinator on 7/31 and we continue to recruit for that position. Pihneftuuf Elston has been helping out part time to keep on top of everything in that office.

April Gayle was hired on 8/11 to help out at the DNR Front Desk and to provide custodial services part time.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!

Support Grows for Native Language Revitalization

Ruth Rouvier, Language Program Coordinator



If you live in Orleans, Happy Camp or Yreka you may have heard about the Youth Karuk Language Classes. These classes were held once or twice a week in each community. Tamara Alexander, the Language Program's Summer Youth Assistant, taught most of the classes in Yreka and Happy



Camp, with guest appearances by Jennifer Goodwin and David Arwood in Happy Camp. Phil Albers taught the class in Orleans. The final count for Orleans isn't in, but nearly 85 youth attended class at least once in Happy Camp or Yreka. The classes were very successful, and the Language Program would like to especially thank Carrie Davis, Dion Wood and Jennifer Goodwin, and all the parents who attended class with their children. Yôotva!

We also had a great turnout at the Speakers' Circle at the Tribal Reunion. Many out-of-town guests stopped by to listen or participate, and everyone had a good time chatting and telling stories. A few of the adult children of Karuk speakers told stories about hearing their parents and grandparents speaking Karuk when they were young, and thinking that Karuk must let you say very funny things because everyone was always laughing!



The Language Documentation Project continues to grow. We now have eight Apprentices working with six Master Speakers, with project participants hailing from Fortuna, McKinleyville, Happy Camp, Fort Jones, Weed, Yreka and Talent, Oregon. The distances involved make for some complications, but it is worth it to have such a great group of language activists.



At our July workshop, Terry Supahan led a series of discussions about the reasons for doing language documentation, and overcoming the challenges involved in



language revitalization. Later, Don East of Yreka Community Television and Orion Canning taught the teams and other community members how to make high-quality recordings. To help with this, soon each team will receive a fancy new wireless microphone, which will allow the Master Speakers greater mobility during recording sessions. Six of these microphone systems, one for each team, were donated to the Language Program by Shure, Inc., a major microphone manufacturer. We are extremely grateful to Shure, and especially to Davida Rochman, for this donation.



The next Karuk language workshop, conducted by Professor Andrew Garrett of UC Berkeley, will be held September 26-27 in Happy Camp.

In other news, AB 544, the American Indian Language Teacher Credential bill that I wrote about in the last newsletter, is almost law. It passed by unanimous vote in both the California State Assembly and the Senate, and was delivered to Governor Schwarzenegger's desk on September 2. By the time you read this, it should be official! This will make it much simpler for public schools to hire teachers of American Indian languages. Tribes, linguists and language educators will need to work together closely to make sure the teachers have the training they need to be successful in the classroom and make the most of the great opportunity.

The Future Of Public Transit In The Klamath River Corridor



Is this in our future?

If increased public bus service were available throughout the Klamath River Corridor, would you or a family member use it? That's the question Karuk Tribal officials have been posing during community meetings, on-line discussions, and direct mail surveys. It's all part of a Caltrans-funded Transit Feasibility Study slated for completion later this fall.

While overall reaction to the project has been positive, Tribal Transportation Manager Sandi Tripp, believes many members still have yet to be heard from. "It's clear from the community meetings and surveys that there are many unmet transportation needs in Happy Camp, Orleans, and Soma Bar. Such needs could be as simple as trips into town for grocery shopping; inter-community runs between Orleans and Happy Camp; or long runs into Yreka, Medford, or Eureka. The bottom line is that unless area residents tell us about their needs and preferences, the likelihood of designing a successful transit program is limited."

The project team has met with representatives of the Yurok Tribe and K-T Net, operator of a public bus linking Weitchpec and Willow Creek, and S.T.A.G.E. the public transit service operated by Siskiyou County. Although each bus service differs somewhat in their approach, all are united on one point; a clear need to improve public transportation options throughout the Klamath River Corridor.

KT-Net currently works with the Yurok Tribe and provides transit service that connects their ridership to a public transit service connection in Willow Creek that then travels to the coast two times daily. There is high probability that the transit service that currently stops in Weitchpec can be expanded to begin providing service to riders in the Soma Bar and Orleans areas.

The S.T.A.G.E. operates a twice weekly public transit service linking Happy Camp with Yreka. According to a S.T.A.G.E. spokesperson, ridership has been growing significantly in recent months, with some trips even including standees. This confirms the viability of local bus service. This service is likely to expand to more trips per day and days per week.

The project team knows that if you live along the River, travel is a fundamental aspect of daily life. Whether it involves accessing key services such as healthcare or education, or traveling out-of-the-area for shopping, limited transportation options impact our daily lives. In addition to basic quality of life issues, reliable and affordable transportation options can open up an array of employment and training opportunities.

To learn more about the project or to provide comments contact Sandi Tripp at (530) 627-9355 or access the on-line mobility needs survey at www.karuk.us.

"Karuk Voices" Oral History Project

Ruth Rouvier, Language Program Coordinator



Jeanne Burrer

"Every community has a memory of itself. Neither an archive nor an authoritative record ...but a living history, an awareness of a collective identity woven of a thousand stories." (Center for Digital Storytelling, <http://www.storycenter.org/index1.html>)

Beginning in October, up to twenty Karuk youth will learn how to make an Oral History video and then work with Tribal Elders to record their stories and memories. At the end of the project in May 2010 these young people will share their recordings with the community, and deposit them with the People's Center so that they will be available for future generations.

Tribal Elder Jeanne Burrer and filmmaker Mark Oliver will be working with the Language Program and the Youth Leadership Council on this project. The first training will take place in mid-October. If you would like to be involved in the project, please contact Ruth Rouvier at (530) 493-1600, ext. 2205.

Grants Department Update

Jaclyn Goodwin, Grantwriter



Ayukii, my name is Jaclyn Goodwin. I am excited to announce that I was recently hired as the part-time grant writer for the tribe. In June 2009 I graduated from the University of California Davis with my Bachelor of Arts in Communication and a minor in Native American Studies. I am currently taking a grant writing course online through Humboldt State University with Sue Burcell. I look forward to helping our tribe with new funding opportunities and learning more from the vast channel of knowledge we have within the tribe.

The Grants Office remains busy and productive. In the past few months the Tribe has been awarded grants from:

- The Health Resources and Services Administration (HRSA) Increased Demand for Services (IDS) funding in the amount of \$143,613, which will assist in maintaining staffing for the Health and Human Services program.
- HRSA Capital Improvement Program (CIP) funding in the amount of \$386,815, which will provide a Happy Camp-based IT Data Center to support each of our communities, as well as medical records storage renovation and clinic expansion in Yreka.
- The Blue Shield Foundation in the amount of \$40,000, which will provide uncompensated care reimbursement, staff training & development, IT infrastructure, and medical supplies to the Health and Human Services program.
- ARRA funds and other Maintenance & Improvement funding from the Indian Health Service (IHS) in the amount of \$365,000, which will renovate the HVAC systems in the Happy Camp medical and dental clinics.
- IHS funding in the amount of \$17,000, which will provide additional medical equipment to support the Health and Human Services program.

Grants submitted since the last newsletter:

- HRSA CIP grant in the amount of \$386,815, discussed above.
- Indian Community Development Block Grant (ICDBG) to the U.S. Department of Housing and Urban Development in the amount of \$605,000. This year's grant, if funded, will provide program space for the Education Department, Low-Income Assistance Program, and Tribal TANF program.
- HRSA Facility Investment Program (FIP) grant in the amount of \$4,910,343.35. This grant, made possible through ARRA funding, was written to build a new health clinic and wellness center in Happy Camp. If funded, the Tribe's medical, dental, and behavioral health services will be centralized in one location. Additionally, fitness space and wellness programs will be offered to patients.
- Two proposals to Karuk TANF to support eco-cultural youth outdoor & camping activities. One proposal, in the amount of \$5,000, will cover the unmet balance needed to carry out a grant already received through the Stewardship Council. The other proposal, in the amount of \$15,000, will support eco-cultural youth camping activities that teach traditional life skills, outdoor education, and promote positive behavior.
- Northern Sierra Rural Health Network application; funding will be allocated through a formula to Provider Members, which include the Karuk Health and Human Services program. Funding distributed will reimburse a portion of health care services provided in 2008 to indigent consumers.
- Shasta Regional Community Foundation grant in the amount of \$9,999.01. This grant, if funded, will support the acquisition of digital media equipment that will be housed at the Yreka Computer Center and utilized by many programs, including: Language, Paths to Prosperity, Youth Council, and Education.

We continue to work on the following projects and grants: youth program funding, strategic planning, generator funding for Happy Camp, emergency preparedness, and radio stations in Orleans and Happy Camp. As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

Special Recognition Award Presented to Karuk Tribal Member Suzanne M. Burcell at the Karuk Tribal Reunion

Photo courtesy Gerry Canning



*Council Chairman, Arch Super and
Suzanne Burcell*

the years has made outstanding contributions to the Tribe as an employee, consultant and as an individual.

In June of 1995 she became the Founding Executive Director of the Karuk Community Development Corporation. During that time her vision and grant writing abilities provided the stability for that entity to blossom.

She then moved on to become the Karuk Tribe's Chief of Staff for two years where she worked diligently to promote professional development activities for Tribal staff and wrote several grants including the HUD Indian Community Development Block Grant, funding that built the Peoples Center Museum.

Although she left the Tribe in 2000, she has

Erin Hillman presented a plaque on behalf of the Karuk Tribe to Suzanne Burcell at the Karuk Tribal Reunion.

"We wanted to take this opportunity to recognize one of our Karuk Tribal Members in the audience who over

continued to provide support and guidance to the Karuk Community Development Corporation and other Tribal staff, providing valuable training to our grant writers as they continue the pursuit of a better future for our Tribal Members.

In the past few years she has written numerous grant applications for the Tribe that have been funded, including an Administration for Native American SEDS grant that funded three years of support for the Happy Camp Computer Center, a Rural Housing and Urban Development grant that will fund a new facility for offices, and funding for the Karuk Community Loan Fund, a financial institution that offers loan opportunities that counteract predatory lending practices, makes loans more obtainable for Tribal Members and provides financial education.

Now, as the Associate Director of the Indian Economic and Community Development Office for Economic, Community and Business Development at Humboldt State University, Sue is always encouraging, never discouraging. She continues to support the higher education goals of Tribal Members.

For this and everything else that she does in her spare time, and so she knows that her contributions do not go unnoticed, we present this plaque to Sue Burcell with our gratitude for her years of service. "

National Congress of American Indians & Karuk Tribe

Carrie Davis, Self Governance Assistant

National Congress of American Indians (NCAI) was founded in 1944. NCAI has been working to inform the public and Congress on the governmental rights of American Indians and Alaska Natives. NCAI has over 250 member Tribes from throughout the United States. The Karuk Tribe has been a part of NCAI for several years and has used this organization to be informed on what legislative issues are affecting Native American Indians. NCAI has many different workgroups working on individual issues. I am proud to say that the Karuk Tribe has an active roll in a very important one. For the last few years Chairman Arch Super has been a voting delegate and



*L-R: Joe Garcia, NCAI President;
Carrie Davis, Self Governance
Assistant; Larry Echohawk, Assistant
Secretary for Indian Affairs*

now Robert Goodwin alternate voting delegate for the BIA Tribal Budget Advisory Council (TBAC). This is a work group that BIA staff and Tribal Chairpersons work together to determine where money is needed for Indian Country. They have to work on budgets 2-3 years in advance and it is not easy. Only one Tribal Chairperson is allowed to be a voting delegate from each region and Chairman Super has been the Pacific Regional Chairperson delegate for several years. When these two participate in these meeting they are not only speaking for the Karuk Tribe but for all the Tribes in the Pacific Region. This is not an easy job because all Tribes have issues that are different from each other. In August of 2009 I was sent to one of these meeting for the first time since both Chairman Super and Mr. Goodwin were not able to attend. It was at this time I was able to see first hand how the meetings work and what a great opportunity that we are given by having our Tribe participate in these meetings. I was able to speak with Joe A. Garcia, President of NCAI and Larry Echohawk, Assistant Secretary for Indian Affairs personally. I just want to give a big thank you to Mr. Super and Mr. Goodwin for their hard work in not letting the people making decisions for Indian Country forget the people back home.



Department of Natural Resources Environmental Education Program

by Jeanette Quinn, Environmental Education Coordinator

Fish Biology & Water Quality Experiments.

In July I assisted Jillienne Bishop, Environmental Education Coordinator for Mid Klamath Watershed Council, with two macroinvertebrate classes. The first class was for Happy Camp Family Resource Center's summer camp program for children aged 5-10. The event took place at River Park in Happy Camp. We collected macroinvertebrates from the mouth of Indian Creek in Happy Camp and the Klamath River (just above the mouth of Indian Creek) for a comparative study of



water quality. The second class was for Mid Klamath Watershed

Council's Summer Youth Program in Orleans. Jillienne collected macroinvertebrates from the Klamath River (near the Orleans Bridge) and students collected macroinvertebrates from Camp Creek in Orleans.



I gave the children a brief overview of



macroinvertebrate life cycles and Jillienne discussed pollution tolerance and water quality

indications of the macroinvertebrates for both classes. We then separated the children into two groups; one group examined



macroinvertebrates from the Klamath River and the other group examined macroinvertebrates from the respective creek. Children identified the insects with our help and then tallied the numbers of each species. The numbers and species of macroinvertebrates from

the creeks clearly indicated excellent water quality, while the numbers and species of macroinvertebrates from the Klamath River clearly indicated poor water quality.



Andrew Bley provided us with much needed assistance in setting up all our buckets and equipment for the macroinvertebrate class in Happy Camp.

Students who went to Camp Creek also enjoyed

snorkeling in the creek to identify juvenile fish.



Native Plants/Ethnobotany/Noxious Weeds. In July I also assisted Jillienne Bishop with Mid Klamath Watershed Council's

Summer Youth Program during a class on native plants in Orleans. Guest presenter Jocelynn Rudig shared native plant specimens with children and engaged them in learning about local native plants during the morning. In the afternoon children visited the Native Plant Demonstration Garden for a scavenger hunt,



tour of the Garden and watering transplanted native plants. Thanks to Fred Burcell and Monty Mollier, Karuk Tribe Maintenance, who oversaw the installation of water line into the Garden in mid-July, we were able to fill our watering buckets right in the Garden, instead of packing water all the way from the Clinic!



Other Projects. In May, just before school let out, I took Mrs. Magarian's Special Day Class students from Happy Camp Elementary School on a nature walk to River Park in Happy Camp.

Students listened for and watched birds in and around





the pond. Students also learned about plants and various other animals that live in the park.

At the end of May I taught an owl pellet dissection lesson in Mr. Bley's 5th grade class at Happy Camp Elementary School. Students dissected owl pellets to discover what types of animals the owls had eaten. Since owls have no teeth, they swallow large chunks of their prey (e.g. birds, frogs, mice, moles, shrews). The undigested portions of their meal (bones, feathers, teeth, fur) are formed into a pellet, which the owl regurgitates before its next meal. Owl pellets give a good example of the food chain and the ecology of owl habitat.



I also assisted Mr. Rickel, 7th and 8th grade Science teacher at Happy Camp Elementary School, with frog dissections for his two classes at the end of May.



Outdoor School. At the end of August, I assisted Junction Elementary with Outdoor School at Dillon Creek Campground. Students rotated through 3 stations each morning for 3 days, then ate lunch and went swimming in the afternoon before heading home. What a great way to begin the school year!

On the first day of Outdoor School I co-taught the Aquatic Insects station with Jillienne Bishop. We gave students a brief overview of aquatic insect life cycles and value as indicators of water quality, and then helped students collect samples of aquatic insects from Dillon Creek, which they compared with insects from the Klamath River. Students were able to view some of the insect specimens under the dissecting

microscope, including stonefly and caddis fly larvae.

On the second day of Outdoor School I was assigned the job of



Photographer, so I was able to visit all the stations to take pictures: Juvenile Fish ID and Habitat Restoration, Animal Tracks and Scat, and Shelter Building.

On the third day, I led the Native Plants station. Students first went on a scavenger hunt for plant parts, including leaves, fruit and bark. Next students made leaf rubbings with some of the leaves they collected. We also collected oak galls and viewed

the undersides of fern fronds through the dissecting microscope to see the sori (reproductive structures that produce spores) in detail.



For more information about the Environmental Education Program, e-mail Jeanette Quinn at jquinn@karuk.us, or call 530-627-3446.



SENIOR CENTER NEWS

Babbie Peterson, Senior Center Director



This past quarter has been really busy for us in the Senior Center Program – we signed up to get youth workers through a program with NCIDC – we had Ashley Myers work at our Orleans site and Dillon Myers work at our Happy Camp site for the summer – We Love Help!

This summer was time to re-apply for some of our grant funding – so that always takes a little time to get done – plus the year end of other grants requires reports on how the money was spent – how many people were served and what kinds of community partnerships we had to provide the services. I always love to brag about our CHR department – they do so much for all of our families no matter what age – They are my HEROS! We also have had partners with NCIDC, Happy Camp Family Resource Center, Debbie and Marsha from HICAP out of Redding – (Debbie came to our meal site in Happy Camp and Marsha came to the Health Fair), Senior Legal Service also out of Redding, The ‘by the river stitchers’ quilting guild at our Orleans site (we will be doing trash pick up for the Cycle Oregon event Sept. 14 & 15 - we could use any help we can get). The acupuncture group and AA group also at our Orleans site. I am sure I left someone out – but it is impressive to see our community organizations working together.



I am pleased to announce we have a new volunteer for our Happy Camp site; Mercedes Dacosta will be volunteering to be an activity coordinator. Please make her feel welcome when she comes around asking seniors in the Happy Camp area what types of activities they would be interested in doing. I am excited to see this happening at our Happy Camp site.

We have found with our program the most successful senior activities are lead by volunteers ~Thank you~ To all who do community service work!

Above is a quilt top by Babbie from the last Quilter's Retreat in Orleans last month - Quilters are doing fund raising to buy a long arm quilting machine. This is an example of activities in the senior centers that volunteers are doing.

Right: Another volunteer project is the Orleans Community Garden, by Kim & Mike Davis, who also deliver the harvest to seniors.



VOLUNTEERING TIME

Florence Conrad, Council Member

There are times when you volunteer your time and it never ends. Things are then taken for granted which wouldn't be that bad if you have time. There are people that stand up and help whenever needed. I know there are people that are always working hard to make things succeed. I don't need give out names, I'm sure. Just take a look around when things are happening. You will see these people are there to make a difference in a person's life or even a community. I personally would like to thank all of them for their time and effort to make our community

stand out. If you happen to see a person working hard trying to help out stop and thank them. I'm sure that they would appreciate it with a smile in return. I think if this happens more people would volunteer once they know that they are really making a difference. All three of our communities need some more people to step up and help their community. Again thanks to all people that volunteer their time to help out when needed.

Election Committee Reminder

We have two Tribal Council positions open which are one Member at Large position from Yreka and one in Orleans. We are waiting for background checks on these candidates before we can actually give candidate names for each area. If you are a registered voter please remember to request your absentee ballot by September 30th in order to get it out and back in time. We will still have three polling areas in the three Districts and you could also register at the polling place. We only have 592 Registered Voters. We have over 3,000 eligible voters if they register. Please exercise your right and make a difference and come and vote.

Thank you,
The Election Committee

Eligible Voters!!! Be Informed

Mercedes Dacosta, Concerned Tribal Member

Are you aware of the newly **amended election ordinance dated February 26, 2009** dividing us by voting districts? Should there be no eligible candidate running in any given district where a seat is open, another candidate may be elected to fill the vacancy.

In addition, **Section 10, item E** states “**Any registered voter** who does not vote in the previous years general election shall be required to re-register” **Editor’s Note: Members can register to vote at the polling place on election day if they did not vote the prior year. See article above regarding elections**

Section 16 item A, states “**Absentee ballots** shall be mailed to enrolled registered voters when so requested in writing by that voter. The requirements shall be the same as all enrolled, registered voters”.

These must be sent back in the envelope provided by the election committee to be valid.

Write to the Election Committee, P.O. Box 815, Happy Camp, California 96039, or call (530) 493-1600 and request a copy of the new ordinance.

Regardless of your district, register to vote. **United and Informed WE** Can Affect A Change.....

Also, I would like to appeal to voters to assist those (elders, those who cannot read, or drive etc.) in registering and getting people to the polls.

Love is Something you and I must have, because our spirits feed upon it. Chief Dan George Coast Salish 1899- 1981.



Karuk Social Services Update

Joseph E. Snapp, MSW, CSAC III, Director

Due to budget constraints, we have lost a counselor position in the Yreka area. Tanya Busby is now managing the Driving Under the Influence program as well as counseling.

The Driving Under the Influence program is now fully licensed to provide services in Happy Camp, Yreka and at the Quartz Valley Indian Reservation.

Mace DeLorme is providing domestic violence counseling in Orleans and Happy Camp as well as drug/alcohol counseling.

My tasks are to oversee all substance abuse programs; provide recovery groups; individual counseling; and domestic violence groups.

When comparing our program with other substance abuse recovery programs across the nation, evidence shows that we are severely understaffed. We simply do not have the manpower to effectively deliver evidence based recovery materials as they were designed to be facilitated. Recovery models now require providers to engage the clients in recovery activities four to five hours per day and three to four days per week.

We also have a large homeless population that includes substance abusers who have burned all of their bridges and parolees. A transitional living facility could help with this problem as well as economic development.



Beautiful Day, Great People,
Lovely Setting, Family,
Friends and Fun



*Photos on
this page
courtesy
Dion Wood*



13th Annual Karuk Tribal Reunion



Photos on this page courtesy Judy Bushy



Dunk Tank Paybacks

Photo courtesy Judy Bushy



Dousing a favorite (or least favorite) Karuk Tribal Member or employee means having some good clean fun!

Council Member Verna Reece looks nervous... We can see why below!



Above: Erin Hillman, Program Compliance Director is laughing at some kids lined up to douse her.

Below: I think the boys had the last laugh as Erin falls!

Photo courtesy Sara Spence



Above: Photo courtesy Babbie Peterson

Right: Photo courtesy Carrie Davis

Council Chairman Arch Super calmly waiting to cool off

Photo courtesy Dion Wood



Thank you to everyone who shared these great photos!



Does Council Member Florence Conrad look a bit worried...?

Photo courtesy Judy Bushy



Human Resources Manager Sara Spence seems to have had enough!

Photo courtesy Tina Sherburn

Drew Difuntorum drops like a pro!

Photo courtesy Tina Sherburn





Egg Toss



Just Staying Cool on the Waterslide!

Sign Ups for Fun Run



Watermelon Eating Contest



*Photos courtesy
Carrie Davis*





Heather Peterson Marries Troy Argo

Heather Peterson, daughter of Dwayne and Babbie Peterson of Orleans, CA-married Troy Argo, son of Scot Argo of Reno, NV and Annette Argo of Denver CO - on December 31, 2008 in Las Vegas Nevada. In attendance at the wedding were Heather's parents, Troy's parents, and brother.

Heather flew in from Japan the day before her wedding, the couple honeymooned in Vegas and she flew back to Japan and he flew back to Colorado.

Heather and Troy met in Yokosuka, Japan while in the Navy on the USS Blue Ridge. Troy returned home from his service in the Navy to Denver, CO in November, 2008 where the couple will make their home. Heather returned home June 2009.

They will both be finishing their education in Colorado - Troy is majoring in History, going for his masters degree and has plans to be a teacher, and Heather is majoring in Culinary Arts. They will both be finishing their education in Colorado.



"Two Hearts, One Love"

Maria & Vincent Sanchez



Mother & father of the bride,
Flo and Jose Lopez

Maria Lopez and Vincent Sanchez married on May 31, 2009 in Mt. Shasta, CA. They make their home in Redding, CA.

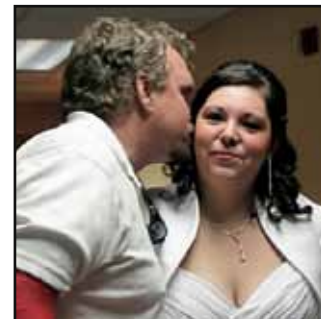
Vincent Graduated from Humboldt State University, with a degree in Social Work, he is currently working in Redding as a Facility Manager for Open Line Group Homes, Inc.

Maria is working for an assisted living facility, in Redding, CA as a Resident Assistant.

Photo at left: L-R Family Kids: Michael Sanchez, Robert Ray Goodwin, Javier Lopez, Maria Lopez-Sanchez, Veronique Sanchez, Daniela Sanchez, Jaclyn Goodwin. All are enrolled Karuk Tribal Members and registered voters (except the youngest who's not old enough to vote).



Maria and her brother
Javier Lopez



Uncle Bob Goodwin
kissing his niece Maria

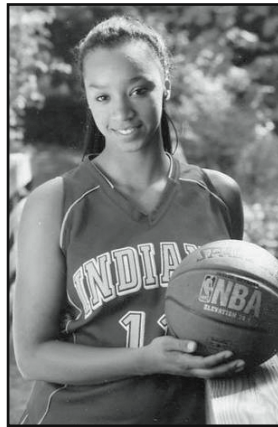
Best In The West! Matt Whitehouse



Matt Whitehouse was on a team called Nor Cal Outlawz that took first place in the state for the Men's E League Slow Pitch tournament that was in Sacramento, CA on 8/1/09. By winning that tournament their entry fee was paid so they could participate in the first, 2009 "E" Western National Championship Tournament that took place in Sparks, NV on 8/29-30/09. There were 36 teams that participated and the Outlawz played a total of six games and won first place and were undefeated. Their team picture will be in the ASA Hall Of Fame, located in Oklahoma, for one year. Matt earned All Tournament, Batting Championship, with a batting average of 720, and MVP, so his Dad and I can truly say that he is the Best In The West and we are very proud of him.

Russell and Pattigail Whitehouse

Siskiyou Sensation! Aja Conrad



*Siskiyou Daily News
Wed Jun 03, 2009
Happy Camp, Calif. -*

Happy Camp's Aja Conrad is one of the top senior athletes graduating from local high schools. Today's Siskiyou Sensation, Conrad's been a skilled

and highly honored athlete over the last four years at Happy Camp High School.

She's going out on top, earning valedictorian honors for the class of 2009 downriver. Bound for UC Berkeley, Conrad wants to study sports medicine.

- ★ Name: Aja Noel Conrad
- ★ Parents: Shawonna Conrad and Slate Boykin
- ★ My town: Somes Bar
- ★ Sports: Basketball (4 years), volleyball (4 years), softball (3 years), track (2 years)
- ★ Coaches: John Kufner, Nikki Hokanson, and Sal Tello
- ★ Favorite sport: Football
- ★ Sports Hero: Michael Jordan
- ★ Best athlete I've ever faced and why: Sanna Jarvinen from Butte Valley in basketball. She's

just a talented player; I actually played with her in the Chico All-Star game which was pretty fun.

- ★ Worst sports injury: I split my hand open between two fingers in the beginning of a basketball playoff game. I finished the game with about 20 points (14 after injury), 17 rebounds and five steals, and went to the hospital for five stitches afterwards.
- ★ Motto: "Hakuna Matata!"
- ★ Fav food: My mom's lemon chicken
- ★ Fav. high school memory: Going to the North Section Championship game in Chico for basketball
- ★ Most important thing learned in high school: Not to be "a procrastinating sloth."
- ★ Hero in life: My Gram-Cracker, Florence Conrad
- ★ If I could be a famous historical figure it would be: Albert Einstein because he was a genius, and he had cool hair.
- ★ Fav. downloads: Lots of music; I'm a big fan of Collie Buddz and all the Marley's
- ★ Future goals: Graduating from college (accepted at UC Berkeley) and becoming a doctor in Sports Medicine
- ★ Ten years from now: I'll be: Fixing up athletes
- ★ Clever parting words: "Shake and bake!"



Karuk Tribal Head Start News

Patty Brown, Head Start Program Director

A lot has happened since the last year. Our Happy Camp teacher, Tia, had a beautiful baby girl at the end of April. Many thanks to the Happy Camp staff for stepping up to provide a continued quality classroom experience for the children.

The year was filled with many opportunities for the teaching staff to participate in quality conferences and workshops to enhance and support their lesson planning and enrich the inside and outside of the classroom. All of the teachers and teacher assistants have received or are in the process of receiving early childhood teaching credentials. They are to be commended for continuing to take college courses and show dedication to their profession. We have an active



Policy Council who has worked hard to update information, procedures, and many grant proposals this year. Using a webcam approach this year has proved to be successful and has allowed Policy Council members the ability to meet simultaneously in Yreka and Happy Camp. We appreciate their commitment and vision for our program.

I attended a variety of conferences and workshops representing the Head Start program as well as collaborations with the early learning community in Siskiyou County. SECT Siskiyou Early Childhood Team is composed of agency leaders providing services to children and families; LPC- Local Planning Council provides support by offering stipends for college units and through the workshops and conferences in collaboration with and information. The



DTF-Dental Task Force includes Public Health, First 5, and other early childhood leaders to support the challenges and issues surrounding the lack of dental care for children and families, SCCC-Siskiyou Childcare Council provides support through offering workshops and educational materials for our children and will be lending support in collaboration with Dion Wood's CCDF program in establishing a resource and lending library for families at the Happy Camp and Yreka Head Start.

The Yreka staff attended the end of year Early Childhood recognition dinner held at the Miner's Inn on May 8 was a successful event honoring the child care providers in Siskiyou County. The theme was "Once Upon a Time" and participants were encouraged to dress



up as their favorite storybook character. The director was the mouse in "If You Give a Mouse a Cookie" The Yreka staff came as the "Wizard of Oz" and took first place for the theme.

Marlene was Dorothy, Nichole was the Wicked Witch of the West (green face and



all), Josie was the (laughing) Cowardly Lion, Tamara was the Tin Man, Rana was the Scarecrow, and Betty was "Aunty Em." They were a hit! Tamara told a story about how the "slug" came to be in Karuk and English. She was amazing and represented the Karuk Tribe well and we are very proud of her.

We ended the school year with well attended celebrations in Happy Camp and Yreka and appreciate the many families and extended family members who came to show their support. Summer continued to be a very busy time with completing grant opportunities and the Risk Management Meeting at the end of July. Office of Head Start, (Arch and Florrine by phone), tribal council, KCDC members, policy council representatives, Bea Fisher, our local specialist, Donna and myself were participants and found to be in compliance with no findings. This is a testimony to the hard work of all involved to make the Head Start program successful.



Dion Wood's program was the driving force behind the successful Kindercamp held at Happy Camp Elementary School August 17-22. Collaboration with the elementary school and staff, Head Start (Tia was the teacher and AmeriCorps aide Sarah) and books, backpacks provided by the local FRC worked together to create a wonderful model to transition new kindergarten children.



The entire staff attended a pre-service hosted by the Yurok Tribe in Klamath River at the end of August. This gave an opportunity to come together as a staff and with other Tribal Head Start programs to share ideas, learn and remember important information and prepare our minds to begin the new school year.

We welcome back our hardworking staff

Future Head Start Students



Taylor Renee Harrison

Born: April 22, 2009

8lbs, 6oz, 21 1/2"

Parents: Marvin Harrison Jr. and Bridget Harrison

Grandparents: Marvin Harrison and Kim Feverhelm

Trenton Layne Carpenter

Born: July 11, 2009

8lbs, 9 oz, 21"

Banner Thunderbird Hospital, Glendale, AZ

Parents: Travis & Jordana Carpenter

Grandmother: Rondi (Hockaday) Johnson of Glendale, AZ

Great Grandparents: Ronald (Red) & Glenda Hockaday of Yre



Julius Maurice Applewhite

Our family is proud to announce the newest addition to the Miranda Family!!!

Born: May 7, 2009

7 lbs 11 oz and 19 inches long

Julius joins big brother Devon and lil' cousin Baby Dew

Head Start News, continued...

members; Donna, Tia, Elke, Nell, Marlene, Nichole, Tamara, Josie, Rana, Betty, and Barbara and AmeriCorps Sarah and we say goodbye to Denise West, Happy Camp bus driver as she is moving on to pursue a new and exciting business opportunity. This means we are currently looking for a new bus driver. The position will remain open until filled with a qualified driver.

Current enrollment is full at both centers but we will continue to accept applications as families move. We are mandated to stay at full enrollment at all times.

Everyone at the Head Start centers is preparing for the new school year by getting the classrooms,

materials, orientations, and home visits ready. It takes a lot of hard work and effort to make sure that everything is in place to serve the children and the families and the staff is to be commended for their commitment to quality.

There is no question about the heartfelt appreciation I have for the continued support and acceptance of the transition and changes that came with a new administrator, organizational structure and new teacher. The year started off at an incredible pace with a sizable learning curve, and with the support, encouragement and direction of the Tribal Council, KCDC board, Fiscal department, Administration, staff and community I am confident that this new school

year will bring more quality and success for the Karuk Head Start program.





Danae Clark Earns Masters in Library and Information Science

Danae\Nicole Clark graduated in December 2008 with a Master's Degree in Library and Information Science from San Jose State University, and joined her class for commencement on May 16, 2009. Danae plans to become a children's librarian. In 2005 she earned her Bachelor's Degree in Sociology from Sonoma State University. Her parents are Dave and Diane Clark, and she is the Great-granddaughter of Jeff and Nellie Aubrey.

Waylon Lenk Begins Earning His Masters of Fine Arts Degree

Waylon Lenk, who earned a Bachelor of Arts last year with a double major in German Studies and Theater, will begin a three year program in August for a Masters of Fine Arts degree in Dramaturgy. He'll be attending Stony Brook University, on Long Island, New York. Waylon is currently living in Ashland, Oregon with his parents Karen Young-Lenk and Marty Lenk.



Neva Lenk Graduates from University of Oregon

Proudly wearing her ceremonial regalia, Neva Louise Clara Lenk has graduated from the University of Oregon with a Bachelor of Science Degree. She was part of the first graduating class of the new Department of Ethnic Studies. A week after graduation she started classes in the UO's College of Education where she will earn a Masters of Education degree and a teaching credential over the next 15 months of intense studies. Neva was awarded a Sapsik'walá grant through the Department of Indian Education to help her finance these advanced studies. Since the third grade, Neva has never faltered in her desire to become an elementary teacher and for the past 10 years, she has focused that goal toward teaching Native kids. Her parents are Karen Young-Lenk and Marty Lenk, of Ashland, Oregon.

Happy Camp Elementary Grads



*Brenda Rose Ann
Harrison receives her
8th grade diploma from
Tamara Barnett, HCES
Board Member.
Proud parents are
Dorcas & Hawkeye
Harrison*

*Eighth Grade
Graduates from Happy
Camp Elementary
School 2009.
Clayton Tuttle, Brenda
Harrison & Ben
Harrison*



Outstanding Karuk Students Honored With Gates Millennium Foundation Scholarships



Pateisha Juileanna Ferris

Pateisha Julieanna Ferris is the great granddaughter of Karuk Tribal Member Zona Ferris, the granddaughter of Dwayne and Patricia Ferris and Merv and Laura George, Sr. Her parents are Merv and Poppy George, jr.

Pateisha Ferris was honored by receiving a prestigious award from the Bill Gates Foundation and will be receiving full tuition to college. Pateisha Ferris was one of the 1000 students selected among more than 20,000 thousand applicants nation wide that had applied. The scholarship was established in 1999 by the Bill and Melinda Gates Foundation to promote academic excellence and provide financial support for outstanding minority students.

Pateisha was recognized for her academic performance, athletics, community involvement, and a strong commitment to her culture. Pateisha has participated in the Karuk Jump Dance since she was 2 years old by assisting her grandparents. She danced each year from the age of 11 and worked her way to Medicine Girl. She was also honored to represent the Hupa Jump Dance. She was an honor student in High School and was also honored by being awarded 2 HDN Stars in softball.



Karuk Tribal Member Aja Noel Conrad

Our family and friends are proud to announce the graduation of Aja Noel Conrad from Happy Camp High School class of 2009. She graduated with the honor of Valedictorian of her class. Aja has received the Gates Millennium Foundation Scholarship, Bank of America Scholarship, International Arts Award, Gibbons Family Scholarship and several other honors. She is currently attending the University of California, UC Berkeley. Our family is proud of her achievements and continues to be amazed by the strength and dedication that Aja has toward her goals in life. She is a beautiful woman full of spirit and ambition to follow her dreams.



Aja Noel Conrad
Happy Camp High School
Class Of 2009

ANNOUNCING
Graduation



Jaclyn Goodwin Graduates UC Davis

Jaclyn L. Goodwin, Karuk Tribal Member and daughter of Elsa and Robert A. Goodwin graduated from the University of California, Davis on June 20, 2009. She graduated with a Bachelor of Arts Degree in Communications with a minor in Native American Studies. During her four years at U.C. Davis she also worked on campus with the motor vehicle and licensing department to make extra money during the school year. She made the coveted "Deans List" 3 times during her studies and maintained a 3.44 GPA throughout her time at the school. She spent her summers working for the U.S.F.S as a fire fighter both on their Happy Camp Crew 2 hand crew, and on Engine 26.

Her parents are very proud of her. She was the valedictorian of both her 8th grade and 12th grade classes; she has always been a great student. She has always helped those around her and has been a great example for other Native students out there. She received recognition from the Tribal Council at the June Council meeting. She is very grateful for the education and housing assistance she received while going to school.

Jaclyn gives special thanks to our former Education Director, Jennifer Goodwin, she was there for her as a friend and a resource. While she worked to put herself through school, the Karuk Tribe was there for her and the amount of money they were able to provide ensured her success. It made things much easier to budget her summer earnings towards tuition and educational materials. She wants to be able to give back to the Karuk Tribe.

She recently accepted a very important assignment with the Karuk Tribe. She is now proudly one of the Tribe's grant writers. It is only a part time job now but she hopes that with training and experience, her value will prove itself. The Tribe does receive funding from many sources but the grants they receive give it the ability to provide resources to many Tribal members that wouldn't get help from any other source.

We, her parents, look forward to our daughter's continued success and we also thank the Karuk Tribe for helping our daughter, and us, with the financial support that today's education costs require.

Yootva!



The BIG 02's!

Happy 2nd Birthday Ivan Super

*2 years old on May 9, 2009
Lots of love from your mom, dad,
grandparents, aunts, and uncles.*



Happy 2nd Birthday Dewey Sregon

*We Love You Very Much!
Love, Your Family*



In Loving Memory

Eugene Super

July 21, 1942 - October 24, 2008



Eugene and Lorelei Super

Together Forever...

Our father, grandpa and great-grandpa went to be with the Lord on October 24, 2008. Grandpa Eugene was a loving, caring and funny man. He always had a joke to tell or something funny to say. He was always making you laugh.

He loved to hunt, fish and ride around in the woods. He worked at the mill with his dad Emmett Super for many years, plus was a logger, and he coached baseball. He had a way of making each and every one of us feel special even though there were so many of us. He encouraged all of his grandchildren to participate in sports and he was always our number one fan and never missed a game.

He was always sneaking a smoke every time Gram's back was turned, and if it was turned too long, it might even be a beer. Although Grandpa was so easy going, you never wanted to mess with him or not listen or you might get the mean finger. He taught his family never to take life too serious and to live it to the fullest. We will never forget his jokes and the fun times we shared with him. He will be forever in our hearts.

Lorelei Super

January 13, 1941 - August 9, 2009

Our family is sad to announce the death of the heart and soul of our family "Lorelei Super." Lorelei went to be with the Lord and her husband Eugene Super on August 9, 2009. Lorelei was loved by all who knew her. She was always willing to lend a helping hand whenever she was needed.

She worked for many years at the Forest Service in Yreka and served on Tribal Council and the Karuk Tribe Housing Authority Board. She was a devoted mother of four, grandmother to many and lots of great grandchildren... around 47 and counting. Wherever she seemed to go, she was always grandma to someone, whether they were related or not. She loved to fish, help with youth activities and watch her grandchildren and great-grandchildren grow. She was always willing to share her words of wisdom that became the patterns of our footsteps. She touched, inspired and made a great impact on many lives. She will be greatly missed by all and will live forever in our hearts. We will never forget that big smile and that red lipstick that became her mark.



Lorelei Super

Contract Health Services (CHS)

(530) 493-1600 Ext. 2156, 2151, 2155

IHS Contract Health Services (CHS) is Not an Entitlement Program, and Not Everyone is Eligible!

Know Your Status Before Obtaining Services.

CHS Eligibility Requirements:

1. Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

IHS/CHS coverage is for emergent, life-threatening situations only! Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

Referral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. **A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE.** A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

Alternate Resource:

CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the

patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

Pregnant/Prenatal Care:

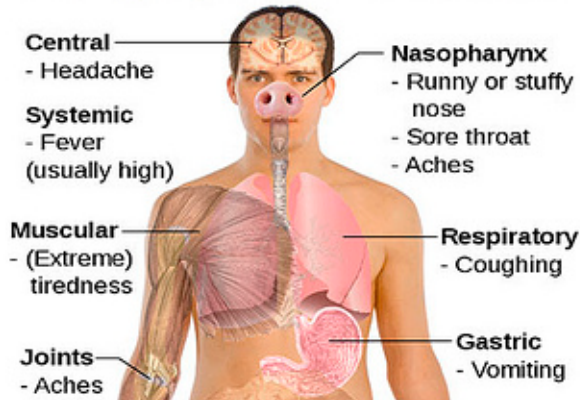
According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.

Happy 100th Birthday Thelma Dyer!



Questions and Answers About Swine Flu and You

Basic Symptoms of Swine Flu



Why so many names? Swine flu is similar to flu seen in pigs, but you cannot get it from pigs or from eating pork. It is also called novel flu. This means it is a new strain of influenza which has never been seen before. Finally it is called H1N1. This refers to its genetic makeup which determines how it makes people sick, how it is spread, and how a vaccine to prevent its spread can be developed.

How is it spread? It travels from person to person. The organism lives in respiratory droplets that are released when a person that is infected sneezes, coughs, or has a runny nose. The person infected usually comes into direct contact with these droplets in the air. This method of transmission can be effectively stopped by coming no closer than 5-7 feet to a person that has the flu. Masks are also effective.

You can also get infected if you touch droplets that have landed on surfaces and then touch your own nose or eyes. The droplets can remain infectious for several hours. This method of transmission can be stopped by washing your hands after coming in contact with infected surfaces. It is important to keep bedside tables and surfaces in the bathroom clean if there is someone with flu in the house.

It is not spread by water.

What are the symptoms? Fever and body aches are the most common symptoms. Other symptoms include cold-like problems – runny nose, sore throat, cough, headaches, chills and fatigue. Although the virus affects mainly the lungs and sinuses, many people also have diarrhea and vomiting.

How serious is it? Most people recover without needing medical treatment. It is less serious than the seasonal flu that is seen every winter. But there have been hospitalizations and deaths from this flu.

How is it different than seasonal flu? The most important difference is that the people who get seriously ill are usually children, young people, or pregnant women. The annual seasonal flu is most serious in the elderly.

What should I do if I get sick? Stay home until at least 24 hours after your fever stops. Avoid contact with others. Cover your mouth when you sneeze or cough. Wash your hands if you have touched your eyes or mouth. Alcohol-based sanitizer are as effective as soap.

Can flu be treated? In hospitalized cases, or certain high risk persons, medication can be used. Call the doctor's office for advice before coming in – during an epidemic they may just call in medication for you rather than running the risk of spreading the disease in the office. If you go to the office, they may ask you to wear a mask and stay distant from other patients.

Will there be a vaccination available? Most likely there will be one available soon and it will probably involve two shots. You will still need a different immunization for this winter's seasonal flu.

Special note: Children that have the flu should not take aspirin or over the counter products that contain aspirin (such as Pepto Bismol). Aspirin use in children with the flu can cause serious liver problems.





Karuk Tribe

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Let us know if you've changed your Address!

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number so we may be able to continue sending Tribal news and other correspondence



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Summer, 2009

Arch Super, 2007-2011
Chairman

Leaf Hillman, 2006-2010
Vice-Chairman

Florrine Super, 2007-2011
Secretary

Leeon Hillman, 2006-2010
Treasurer

Roy Arwood, 2005-2009
Member at Large

Florence Conrad, 2007-2011
Member at Large

Alvis Johnson, 2008-2012
Member at Large

Wilverna Reece, 2008-2012
Member at Large

Charron 'Sonny' Davis, 2009
Member at Large

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www.karuk.us

Karuk Tribe's Quarterly Newsmagazine

3,572 Tribal Members

OFFICIAL Election Results General Election, November 3, 2009

The following results are the official results of the November 3, 2009 General Election. There were a total of 239 ballots cast in the Election of which 13 were deemed invalid.

The Orleans District Candidate was deemed ineligible. A Special Election for the Orleans District Representative will be held entirely by mail-in vote.

See page 3 for more details.

Charron "Sonny" Davis

Yreka District



Yreka 32
Happy Camp..... 36
Orleans 23
Absentee 43
Total Votes..... 134

INSIDE THIS ISSUE

2.....Chairman's Corner
3.....Notice of Special Election
4.....Notes From the Secretary
4/5Administrative Programs & Compliance
6/7KCDC Awarded \$974,178 by ANA
7.....Grants Department News
8.....Klamath Dams Removal Agreement
9.....Thank You from Sonny Davis
9.....Karuk Carving Speaks Volumes
10/11...Karuk Housing Authority News
12/13 ..People's Center News
14/15 ..Language & History on the River
15.....Quarterly Staffing Update
16/17 ..DNR Environmental Education Activities
17.....Newsmagazine Article Submissions
18.....Happy 50th Anniversary Ben & Helen Attebery!
19.....Senior Center News and Events
20/21 ..Karuk Head Start News
21.....Happy Birthday Cháas
22/23 ..Ánupanach Page
24.....Computer Center Director Moves On
25.....Seventh Leading Cause of Death
26.....CHS Eligibility
26.....Nobody Said You Had to Like It!
27.....Child Safety

Daniel Hunt

Yreka District



Yreka15
Happy Camp.....10
Orleans15
Absentee42
Total Votes.....82

Chairman Arch Super's Corner

Ayukii koovura pa Karuk araaras (Hello all Karuk people and relatives). Yaxa, tapas yaas araara piit Obama (look, new Top Leader Obama). Koovura pa tapas yaas araaras, Obama karu mukyaavichvans, takunikyavicyvuit puxxich (all the tribal leaders, Obama and his workers, they are working hard. Xari xas vuraam taay nukyaavichvuti, ahooti karu. (and then a lot we work and travel).

August We had held our *13th Annual Tribal Reunion* in August. We had a very good turn out. The details of the reunion were displayed and reported in the last newsletter. We always encourage tribal members to come one, come all to our annual reunions. It's always good to see old friends, family and familiar faces.

September I attended the *Census 2010, Tribal Leaders Training, Consultation session in Oroville, CA* with Ms Amanda Rhoades,

Enrollment clerk. The session mainly informed us of the importance of being counted in the 2010 Census. There is a lot of funding through the federal government that is based on the count of Tribal Members. We ask everyone to participate in the 2010 Census. If anyone has questions and concerns, please feel free to get in touch with staff and/or the Enrollment Department. Erin Hillman, Contract and Compliance Officer and I attended a *CAL EMA (Emergency Management Agency) consultation in Corning, CA*. The consultation communicated services and resources to Tribes from State funding. KCDC and the KTHA staff and I have met with the *Siskiyou Biomass Utilization Group (SBUG)*. SBUG is working with County agencies and governments to consolidate services and possibly ban together as a large consortium to apply for funding that will benefit our local and county fire safety and future of our forest. We will continue to collaborate with SBUG to determine if the Tribe can assist or be involved in any manner.

October The *Gaming Committee* has met in the past couple of months. We do have a couple of ideas on the table. We will be meeting with the Department of Interior (DOI) in Washington DC to see if we can get our lands determination. There had been controversy with the DOI and the National Indian Gaming Commission (NIGC), now the discussion will be with the Tribe and DOI. We are also seeking other options for our venture with Gaming. We hope to report further details in the next newsletter. April Attebury, Tribal Court Administrator and I continue to attend the *Tribal Courts (NCTCC)* meetings within the consortium districts of Redding, Yreka, Happy Camp, Hupa, Klamath, and Smith River. Our Courts

continue to seek funding for the Consortium in which we were successfully awarded two grants for Violence Against Women. Robert Goodwin, Self Governance Coordinator, Scott Quinn, Lands/Roads Manager, Daniel Pratt and Alphonso Colegrove, TANF, Dion Wood, TERO Director and I attended the *Annual NCAI Conference in Palm Springs, CA*. There was a lot of tribal business, tribal leaders and staffers in attendance. We had legislative review and was able to meet with federal staff. It was important for us to continue to meet with legislators to move the Tribe's issue and agenda forward. We also had our annual *California Associations of Tribal Governments (CATG)* Meeting and met with Larry Echohawk, Assistant Secretary of Indian Affairs and his staffers. It was a great turn out with many California Tribes. It showed Tribal interest with my issues we have in California. Daniel Pratt and Alphonso Colegrove from TANF and I attended a

ACF/TANF 2009 Regional workshop in San Francisco, CA. The workshop was very good. There was a lot of administrative staff and tribal leaders in attendance. We were informed and educated about the intense and full service for TANF for tribal people. Tribal leaders did have a lot of questions about how TANF operates. They also had concerns about complete and improved services and funding for the TANF programs.

Florrine Super, tribal staff and youth supporters had an excellent turn out for this year's *Annual Youth Conference in Yreka, CA*. Some tribal Council, Elders and parents participated with our Youth on current youth issues and recommendation for education and information for the challenges our youth face in local society.

November The super event of the year was the Tribal invitation to meet *President Barack Obama in Washington DC*. Obama had promised to meet with tribal leaders on an annual basis and this was his first meeting with us. He had addressed the tribal leaders on his commitment to work with tribal issues and concerns. This initial invitation is the beginning of continued efforts to manage relations with tribal and federal governments. I look forward to working with President Obama's administrative staff throughout the coming year and hope to have great reports back to our membership. Tribal Council and Self Governance Coordinator Robert Goodwin held *Fishing Ordinance Public Hearings* in the communities of Orleans, Happy Camp and Yreka. Tribal Council had approved a Fishing



Chairman Super & Dolores Voyles, Enrollment Specialist



Election Committee of the Karuk Tribe

Karuk Voters Registration Office
P.O. Box 815
Happy Camp, CA 96039

Notice of Special Election

NOTICE IS HEREBY GIVEN: that the Karuk Tribe will conduct a Special Tribal Election. This Special Election will be conducted entirely by Absentee Ballot once candidates have been deemed eligible.

If you voted in the Regular Election on November 3, 2009, or if you are already registered you will automatically receive an Absentee Ballot by mail.

TO BE ELIGIBLE TO VOTE: you must be an enrolled member of the Karuk Tribe, who is eighteen years old, and has registered with the Karuk Voter's Registration Office (*you may register to vote before the election*).

SUBJECT MATTER OF ELECTION:

MEMBER AT LARGE (Orleans District) 4-YEAR TERM 2009-2013

ABSENTEE BALLOTS: If you are not currently registered to vote, contact the Voter's Registration Office and request necessary form(s). If you register to vote PRIOR to the mailing of the ballots, you will automatically receive a ballot. If you register to vote AFTER mailing of the ballots, you will need to request an Absentee Ballot.

All requests for absentee ballots must contain the requestor's signature and the requestor's identity must be verified by one of the following three methods:

1. by a notary public; or
2. by two eligible voters of the Karuk Tribe; or
3. by providing a copy of a State, Federal, or Tribal ID card with a signature.

It is highly recommended that absentee ballot requests be received by the Voter's Registration Office in a timely manner for those members who live outside the Aboriginal Territory due to the amount of time it takes for the mail to reach Happy Camp. No phone calls or faxes will be accepted according to the Tribal Election Ordinance, Section 16, B.

Send Absentee Ballot Request to:

**Karuk Voters Registration Office
P.O. Box 815
Happy Camp, CA 96039**

CANDIDATES: Candidate packets will be available on January 4, 2010 at 8am. Candidate packets will be due back to the Karuk Election Committee by February 1, 2010 at 5pm.

Chairman's Corner - Continued from previous page...

Ordinance for the Karuk Tribe. The ordinance is in semi-draft form, which means that we plan and encourage membership participation and input. A Natural Resources Committee will be selected and appointment to govern and manage Tribal Fishing Rights and we strongly encourage any tribal member that is interested in being part of the committee to apply. You are welcome at any time to get in touch with the Tribe for further details. The Fishing Ordinance is very important for us in pursuing fishing rights for the Tribe.

The Chairman and Tribal Council will be quite busy throughout the coming months with government to government relations with the Federal, State, County

and Local governments. There have been many changes with the ***Obama administration*** and there will be constant and continued meetings. The ***Klamath River Dam and Mining*** issues are ongoing and we encourage members to contact our staff for update information. The office of Vice Chairmanship is up in 2010 and we encourage members to seek and select candidates. It is very important to be registered to ***VOTE***. Your vote for Tribal Leadership is very important as well as voting for Local, County, State and National Leadership. It would be great to get as many votes from the Karuk Tribe to show that we have a voice. My office is an open door policy, please call, email, write or come and see me. We encourage and ***welcome Tribal Membership*** to be part of our monthly meetings and special events and services.

Notes From The Secretary

Florrine Super, Council Secretary



Please look in the next newsmagazine for a full report on news and events such as the 2009 Youth Leadership Conference from your Karuk Tribal Secretary.



Young Karuk Leaders



Administrative Programs & Compliance News

Erin Hillman, Director

September 30, 2009, the end of the fiscal year has now come and gone and we are busy preparing for the next audit. In my office we are organizing and reporting on 79 open grants. The Tribe has seen an increase in the number of grants since last year due in part to several awards of American Recovery and Reinvestment Act funding, or ARRA for short. I am happy to say that with the hiring of two new departmental staff members, I was able to transfer back the oversight responsibilities for several important grant awards to the proper departments.

In October we welcomed Helene Rouvier to the Tribe as the new Peoples Center Director. Helene was previously employed with the Wiyot Tribe as the Cultural Director and Tribal Historic Preservation Officer. Her background includes a Bachelors Degree in Anthropology (with honors) from UC Berkeley. She went right to work at the museum, diving into the grant files and organizing the archive room and inventory of the center. She is currently working on many projects including implementing the recommendations of the museum assessment report, cleaning cases, and inventory; grant deliverables and organizing a meeting of the People's Center Advisory Committee.

In other news, after months of searching for a replacement for Jennifer Goodwin, we have hired Tribal Member Emilio Tripp. Emilio's first day of full time work was on November 23. He is a 2009 graduate of Humboldt State

University with a B.S. in Cellular/Molecular Biology and Minors in Chemistry, Native American Studies and Art Studio. Emilio is a Karuk Language Apprentice in the Master/Apprentice program and the son of David and Jan Tripp of Somes Bar California.

With the Education Department Director position vacant Florrine Super, Roxanne Strangfeld, Robert Attebery and I took advantage of the opportunity to travel as chaperones for 16 Karuk students to Humboldt State University. On November 3 we drove to Arcata for the American Indian College Motivation Day on the campus the following day. The students who participated came from Yreka, Happy Camp, Somes Bar and Orleans; the majority of these students were on the Youth Leadership Council, others are part of the Indian club at Happy Camp High School. The students and Chaperones had a good time. All of the students represented our Tribe well on this trip. I am very proud of our young Tribal Members and am glad that I went on this trip with them.

Late September and early October was the time for a lot of travel for me. In September, the Chairman and I attended a two day Tribal Summit on Tribal Emergency Management and Homeland Security. This was the first meeting of its kind in California. All 109 Federally Recognized Tribes were invited. Many, but not all Tribes attended, along with agencies such as FEMA, Homeland Security, CAL EMA (California Emergency Management Agency), IHS, BIA, EPA, HUD, Intertribal Council of California, BIA, BOR, California Volunteers, Cal Fire and several law enforcement agencies.

The goal of the summit was to provide information on training and resources that are currently available to Tribes, to provide a forum for Tribes to speak to shortfalls in state and federal government resources and collaborations and to complete an Emergency Management Capabilities Assessment. This tool identifies the Tribe's knowledge of emergency management, National Response Framework (NRF), National Incident Management System (NIMS), preparedness, response, resources and challenges. The assessment information will be used for the development of a Tribal Emergency Management Framework.

The Tribal participation at the summit was honest and constructive as we sought to make state and federal agencies aware of the many challenges that Tribes face. Although there is still a considerable

amount of defensiveness coming from higher level State Representatives, at the staff level there is an encouraging willingness to work together.

Locally we are continuing to make progress in Siskiyou County. Also in September, Council Member Florence Conrad and I attended a one day FEMA workshop for Senior Officials sponsored by the Siskiyou County Office of Emergency Services. The workshop covered all hazards preparedness and the roles of leaders in pre incident planning, incident response and post incident responsibilities. Local law enforcement, public health and the county Board of Supervisors were involved in this workshop.

The last of September and early days of October I was dispatched to San Francisco and Washington DC. Robert A. Goodwin (Self Governance), Earl Crosby (Department of Natural Resources), Sami Difuntorum (Housing) and I met with staff members of Senator Diane Feinstein and Senator Barbara Boxer to educate them on issues affecting the Karuk Tribe in Fire Ecology, Renewable Energy and Health Care. Our travel then took us to Washington DC where we had several meetings over three days We met with staff members from each of the following: Senators' Feinstein and Boxer, Indian Health Service, Congressmen Wally Herger and Mike Thompson, Speaker Nancy Pelosi, the House Select Committee on Energy Independence and Global Warming, the USDA Forest Service and National Indian Gaming Committee. It is crucial that we continue to educate our legislative representatives about issues that affect our Tribe, decisions that impact our future are happening every day, and we cannot afford for these decisions to be made uninformed.

Last, but not least, I want to express my appreciation to Pihneftuuf Elston for providing assistance to the Education Department while we conducted our search to



*Pihneftuuf
Elston*

replace Jennifer Goodwin. Pihneftuuf is a Tribal Member who is a junior at Happy Camp High School. He came in every day after school to try to keep up on the paperwork and phone calls during one of the busiest times of the year for the Department- scholarship award time! In addition to dealing with his high school schedule, he is on the Indian Club and in his spare time he is taking Emergency Medical Technician (EMT) training, going out with the Happy Camp Volunteer Ambulance on their calls. Pihneftuuf is planning on becoming a California Highway Patrolman one day and I am certain that with his level of dedication he will be successful. Yootva Pihneftuuf!

ANA Awards \$924,178 Grant to KCDC for Training in Wildland Fire Prevention and Suppression

The Administration for Native Americans (ANA) recently awarded a two-year Social and Economic Development Strategies (SEDS) grant totaling \$924,178 to the Karuk Community Development Corporation (KCDC) to build the Karuk Tribe's capacity to prevent and fight wildland fires. The envisioned Karuk Wildland Fire Prevention & Suppression Workforce Development Project not only will prepare Tribal members for culturally appropriate, economically viable, and environmentally sustainable employment and contracting opportunities within the Karuk Ancestral Territory, but also will protect the health and safety of the 3,000-plus people who live along the Klamath, Scott, and Salmon Rivers. Over the past several years, many area residents have been forced to evacuate their homes due to the dangers of fire and smoke inhalation—and every year lives are lost in the sometimes futile efforts to contain fires burning out of control for lack of attention to forest fuels buildup.

The new workforce development project will attract workers of all ages whose aptitudes and interests are aligned with the Tribe's traditional land stewardship practices—Tribal and other community members who enjoy outdoor, physical labor that requires knowledge of the natural environment, as well as the natural and unnatural forces that threaten it. According to 2008 Wildland Fire Statistics, although California's 5,812 fires were just 7.26% of the total fires last year, the state's 1,339,839 acres burned were 25.5% of the total acres burned in the nation—the largest in California's history (National Interagency Fire Center, December 31, 2008). The smaller number of fires and larger acreage burned attest to the severity of these fires, which often burn out of control because the steep mountain terrain—combined with extreme smoke conditions—pose too great a threat for both on-the-ground and aerial firefighters.



than \$900 million to fight California wildfires in 2008, and state agencies contributed another \$1 billion. In addition to the loss of several firefighters' lives, the cost of fire suppression in National Forests within the Karuk Ancestral Territory in 2008 exceeded \$170 million and severely damaged ecosystem health. Although the human health costs of recent fires have not been determined, data from local health clinics indicate they are rising rapidly; in fact, data from Tribal health clinics indicate that 2008 visits for fire-related respiratory problems were 2.67 times 2007 visits, fire-related headaches also more than doubled, and other symptoms caused by poor air quality and low blood oxygen levels (e.g., malaise and fatigue) increased by 18.5%.

At this time, the need for a well-trained workforce to prevent wildland fires by reducing forest fuel loads (e.g., through brushing, thinning, and prescribed burns), as well as to fight wildland fires, far outstrips the available labor force. Working in partnership with the KCDC, the Tribe's Department of Natural Resources has developed a forest fuels reduction crew of about 20 members, who also fight fires seasonally under contract with multiple federal agencies. In addition to requiring rigorous training and certification for new crew members, fire prevention and suppression require ongoing training and certification of existing crews. With the recently awarded ANA-SEDS grant, the Karuk Tribe will be uniquely positioned to respond to federal and state contracting opportunities, restoring and preserving ancient land stewardship traditions while exercising its inherent right of self-governance.

Over the next two years, KCDC-operated Community Computer/Distance Learning Centers will assist some 100 Tribal members in becoming certified as Firefighter I or II. In addition to offering College of the Siskiyous (COS) courses on-site and via live-feed videoconference to Karuk and other trainees at the Centers in Happy Camp, Orleans, and Yreka, the Karuk Wildland Fire Prevention & Suppression Workforce Development Project will partner with the U.S. Forest



Statewide, the USDA Forest Service spent more

Grants Department News

The Grants Office has been busy wrapping up summer projects and planning for the months ahead. In addition to our current activities, in November our office moved back to the Administration Building; we are now located next door to Sara Spence in Human Resources.

In the past few months, the Tribe has been awarded a grant from:

- Northern Sierra Rural Health Network (NSRHN) through a formula allocation to Provider Members, which include the Karuk Health and Human Services program. We received \$1,875 in compensation to offset a portion of health care services provided in 2008 to indigent consumers.

Grants submitted since the last newsletter:

- Hester Dillon, with Lessie Aubrey, completed the Fiscal Year 2010 Year Three Non-Competing HRSA Community Health Centers renewal application in the amount of \$669,818. HRSA funding provides support to each of our communities through behavioral health, eligibility, and patient assistance staffing; medical & dental supplies; after hours care; lab expenses; and prescription costs.
- Hester & Jaclyn Goodwin assisted Vickie Simmons in submitting the Tribe's FY 2010 application to the Special Diabetes Program for Indians (SDPI) in the amount of \$157,554. If funded, this program will provide diabetic patients with prevention education and treatment assistance. In the coming year, additional pre-diabetic prevention activities are also planned that will expand to include the Karuk

language, elders, and Head Start children & families.

At the end of October, Jaclyn attended an Administration for Native Americans (ANA) Project Development Training in Sacramento. There are three program areas ANA provides funding for: Language Preservation, Social and Economic Development Strategies (SEDS), and Environmental Regulatory Enhancement. We are currently receiving funding for a Language Preservation grant and a SEDS grant; we are considering developing a proposal for Environmental Regulatory Enhancement. The training emphasized starting early on developing a project plan, and also really pin-pointing the problem to be addressed. This helps to create clarity throughout the proposal and also ensures that you have something to measure so you know whether or not your project is succeeding in its goal. Another highlight of the training was developing relationships and partnerships within the community and also with other agencies and people outside of the community. This is a key component to continued success because it encourages support, which is very important, especially when these funds are only for a short project period, usually 1-3 years. Jaclyn found the training very helpful and looks forward to using this information for future funding opportunities.

We continue to work on the following projects and grants: youth program funding, strategic planning, and radio stations in Orleans and Happy Camp. As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

Continued from previous page...

Service to provide local training for forest- and fire-related contractors who are required to be certified annually to work in the National Forests. The Karuk Tribe will recruit, train, hire, promote and retain its own members as employees on existing forest fuels reduction and firefighting crews and also will assist Tribal members in securing employment with other public (federal and state) agencies.

Working in partnership with federal and state agencies—and public school/community college districts—the Karuk Tribe also will assist community members in pursuing forest- and fire-related self-employment as contractors and private entrepreneurs. Technical assistance and small business financing will be provided to eligible businesses by the Karuk Community Loan Fund, a Native CDFI, which also supports private enterprise development in the mid-Klamath River region. By leveraging and expanding the services provided through the KCDC, its three Distance Learning Centers, the Tribal Employment Rights Office, TANF and Low-Income Assistance Programs, local public schools and community colleges, Karuk Community Loan Fund (a Native CDFI), and a host of other community partners, the Karuk Tribe will retrain/train its members to protect and preserve the beautifully forested mountains and river valleys within the Karuk Aboriginal Territory.

If you are interested in training preparatory to forest- or fire-related employment or contracting opportunities, contact Emma Lee Johnson at the Happy Camp Community Computer Center, 530-493-5213, or emmaleejohnson@karuk.us.



Klamath Dam Removal Agreement Finalized

S. Craig Tucker, Ph.D., Klamath Coordinator

On September 30, 2009, the Karuk Tribe and over two dozen other parties released the Klamath Hydroelectric Settlement Agreement which calls for the removal of the lower four fish killing Klamath River dams. All parties represented in the negotiations must now make a formal decision to sign the proposal by mid January.

After years of protests, lawsuits, and battles in various regulatory arenas, the Tribe, PacifiCorp, and over two dozen other parties began negotiating the KHSA in earnest in the fall of 2008. The KHSA provides a roadmap by which settlement parties will work together to navigate the regulatory processes posed by environmental laws such as the Endangered Species Act and National Environmental Policy Act, the same laws that dam builders must contend with. The KHSA targets 2020 as the date for dam removal which allows enough time to complete these necessary environmental reviews and collect \$200 million to help fund the removal from ratepayers – a bargain compared to the alternative costs of relicensing the project which would have likely exceeded \$500 million.

In addition, approval for dam removal requires a science based review by Secretary of Interior Ken Salazar to determine if dam removal is indeed safe and that it can be done for less than \$450 million – about twice the amount of previous rough estimates for removal. As noted above, \$200 million would be paid by PacifiCorp ratepayers and additional costs, not to exceed \$450 million, from a California Water Bond. Klamath dam removal funds are part of the Water Bond just approved for the November 2010 ballot by the state legislature. If the bond measure fails and dam removal costs are estimated to be greater than \$200 million, other funding mechanisms from California are possible.

The KHSA is one of two agreements that together form a blueprint for restoring the Klamath from its headwaters to the sea. The companion Klamath Basin Restoration Agreement, or KBRA, was released in January 2008 and provides for increased river flows by limiting agricultural water use in the Upper Klamath Basin and funds nearly \$800 million in fisheries restoration throughout the basin. In exchange, irrigators get increased water reliability and power rate assistance.

Together, these agreements describe the largest dam removal and watershed restoration effort ever attempted.

It is likely that the two agreements will be signed together in January and then proponents must pass federal legislation to authorize implementation. The

Karuk Tribal Council will be making a formal decision as to whether or not sign the agreements in December. Similarly, the Yurok, Hoopa, and Klamath Tribes are considering the agreements as are commercial and sport fishing groups, affected county governments, and a host of environmental groups. PacifiCorp, the United States Department of Interior, and the Governors of California and Oregon have signaled their willingness to sign already.

Although there are many remaining hurdles that must be cleared before the deconstruction begins, these agreements represent one of the most meaningful and tangible steps towards the restoration of Karuk aboriginal territory ever. The Karuk Tribe's Department of Natural Resources is committed to seeing this effort through to the very end and will continue to provide leadership in what has become a regional effort involving a diverse coalition of partners including neighboring Tribes, farmers, and fishermen.



JC Boyle Dam

Because the parties likely to sign on to the Agreements represent almost all of the Basin's key stakeholders, including the dam owner, most groups involved believe that dam removal is nearly assured despite the remaining hurdles. Still, Tribal members as well as others who care about the future of salmon will need to continue to contact their congressmen and urge support for the pending Agreements. We may not be finished with the protests and lawsuits either. After all, the walls of oppression never fall by their own volition and we won't stop until the Klamath flows freely.

For more information on the KBRA and KHSA or to find out how you can get involved in the effort, contact Klamath Coordinator Craig Tucker at ctucker@karuk.us. We will soon sponsor a website devoted solely to the agreements, a link to the new site will be found at www.karuk.us so keep an eye out for it!



Thank you

I would like to take a moment to acknowledge those close to my heart and express my deepest gratitude for the care and compassion shown to my family during a very hard time.

My sister, Marge Huston and nephew Roger Ainsworth passed away this past year. When word was received, our family was devastated and began planning accordingly. However, there were many people by our side that assisted us, that I would like to acknowledge.

I would like to thank David and Cecilia Arwood for all that you did, you gave so graciously from your hearts and I will always be thankful. I would like to thank Roy Arwood and JJ Reed for bringing Roger home to Ti Bar.

I would like to acknowledge a special family in Seiad Valley CA who my sister loved very much. Alonzo and Marsha Jackson will always hold a very special place in my heart.

To my immediate family; my wife -Kathleen Davis, my sons -Michael Davis and Davey Davis and to our extended Davis family, THANK YOU for all you did and continually do to support each other.

With all my heart, Charron "Sonny" Davis

Karuk Carving Speaks Volumes



Tribal member Larry Swearingen has created this carving in his spare time over several years. The carving is from cedar that is over 640 years old which was previously in a fire. Larry created this piece to bring history to form and story to make good medicine for a rare and well-aged piece of cedar. It stands 3' high, 3'7" wide and is 6" thick.

The carving is being offered first through the newsmagazine to tribal families for \$5,000 before being shown and sold through a gallery,

If you are interested in purchasing this carving, please contact Larry & Wanda at wandaswearingen@live.com.

Karuk Tribe Housing News

Ann Escobar, Tenant Relations Officer

The Karuk Tribe Housing Authority "KTHA" is pleased to announce that our Executive Director Sami Jo Difuntorum was invited to attend the Tribal Nations Conference held in Washington, DC on November 5, 2009. Sami was asked to speak on behalf of the Native American Indian Housing Council (NAIHC) which represents Native American housing and community development issues. (Attached is the news release that was sent out in Washington, DC.) Tribal Leader Verna Reece also attending the conference held in Washington, DC. Once again the KTHA Housing Committee and staff would like to thank Sami for her continued hard work and dedication to the KTHA. Sami is well known throughout Indian Country for her knowledge and expertise of the Native American Housing and Self Determination Act "NAHASDA". Sami not only represents the Karuk Tribe on a national level but she speaks for all Native Americans. She has dedicated a lot of her own time and knowledge to help Indian Country in the Housing area. YOOTVA SAMI JO DIFUNTORUM!!

Other good news from KTHA; KTHA has applied for competitive economic stimulus (ARRA) funds and was awarded \$2,936,850.00. With this money KTHA was able to use the funds for energy efficiency upgrades to KTHA units; installing metal roofs on 17 Happy Camp units, installation of 17 energy star heater pumps in 17 Happy Camp units, installation of 20 energy star heat pumps in Orleans units and 31 tank less water heaters in 31 Happy Camp units, 20 Orleans units and 30 Yreka units. KTHA has applied for a second grant proposal in the amount of \$2,607,560.00 which funds will be used for new construction if funded.

Our construction department has been very busy this year, we would like to take this time to give a big thank you to Sami Difuntorum, Richard Black, Steve Mitchell and Tina Sherburn for all their hard work and dedication for their time on the construction activities that have taken place, without the teamwork of these individuals our new construction projects would not have happened.

Some of the projects that they have put countless hours on are; HVAC placements in 63 rental apartments in Yreka, exterior painting of 20 units in Orleans, window replacements in all three communities, Happy Camp elders ramps, 3 new home construction in Yreka, 3 new home construction in Orleans, and the KTHA warehouse & Karuk Tribe Data Center rehabilitation in Happy Camp, these are

just to name a few of the projects that our Construction department has been working on. **VERY BUSY, KEEP UP THE GOOD WORK!**

☺

K T H A currently manages 187 units of affordable housing on Tribal land, with plans to build more houses in all three of the housing communities in Yreka, Orleans and Happy Camp. KTHA would like to encourage tribal members who are in need of affordable housing to submit a Housing application. There is no application deadline; you can apply at any time. KTHA has several housing based programs available.



KTHA has completed building 3 new Lease Purchase homes in Yreka and are building 3 Lease Purchase homes in Orleans. The Yreka units are one and two bedrooms with alternative energy components; Orleans units will be one two-bedroom and two three-bedroom and will also have alternative energy components. Interested low income Tribal members who are first time homebuyers are encouraged to apply.

Ashlee King handles all applications for housing assistance needs (i.e., Student Rent voucher program, Elder Voucher program, Low Income Rentals, Lease with Purchase Option, Low Interest Home Loans, Home Replacement Grants, Rehabilitation program, etc.). If you would like more information on any of our Housing Programs please feel free to contact Ashlee at (530) 493-5434 ext: 108.

Yootva and Suvanik!

KARUK TRIBE HOUSING AUTHORITY WAITING LIST

If you have applied for housing, please ensure that your application is updated with any changes that may occur. It is very important that you keep your contact information up to date at all times. You may check the status of your application by contacting;

Ashlee King
(530) 493-5434 ext: 108
P.O. Box 1159, Happy Camp, CA 96039

NAIHC Board Member Sami Jo Difuntorum Attends White House Tribal Nations Conference in Washington, DC

FOR IMMEDIATE RELEASE

Contact: April Hale at 202-454-0946 or ahale@naihc.net

NAIHC Attends White House Tribal Nations Conference in Washington, DC
Housing and community development recommendations presented.

WASHINGTON—November 5, 2009—The National American Indian Housing Council (NAIHC) Board Member Sami Jo Difuntorum attended the White House Tribal Nations Conference today in Washington, DC, to represent Native American housing and

community development issues. President Barack Obama fulfilled his promise to Indian Country by inviting a representative from every federally recognized tribe to attend the conference, and share their recommendations on issues important to Indian Country.

Offering nearly 45 minutes of his time this morning, President Obama expressed his dedication and commitment to upholding the U.S. treaty obligations with tribal nations. He said today's summit is not just lip service but rather the beginning of meaningful partnerships with tribes. To a chorus of applause that echoed through the Department of Interior auditorium President Obama said, "You will not be forgotten as long as I am in the White House."

"This is a historic time for all tribal nations. I am honored to present the housing needs to President Obama on behalf of Indian Country," said Difuntorum, also the executive director of the Karuk Housing Authority in California. "As many tribal members know, housing conditions in our communities are substandard. There needs to be a thorough assessment of the conditions and strategic solutions put forth on a national level, starting with the support of the Obama Administration."

NAIHC, the only national Indian organization solely advocating on tribal housing, recommends to the Administration that it create and oversee an interagency Native American Housing Task Force made up of Federal agencies and tribal entities to enhance the Federal programs and services in housing development of Native American communities.

"There is multitude of infrastructure needs when building homes on Indian lands – plumbing, electricity, roads – which require cooperation and communication with a number of different Federal agencies and departments," Difuntorum said. "We need to enhance the process to expedite housing development and quickly move Native American people into safe, affordable and healthy homes."

NAIHC also recommends that the Administration support all efforts to ensure that the Native American Housing Assistance and Self-Determination Act reaches its full potential for all Indian tribes. NAIHC urges that Indian housing and community development be included in any discussions on economic development in Indian Country.



*Sami Jo and Mellor Willie
- Executive Director of the
National American Indian
Housing Council*



*Sami Jo and Verna
Reece at the Open
House Reception at
the grand opening of
the National Congress
of American Indians
Tribal Nations Embassy*

www.karuk.us/jobs

Jobs!

Requests for Proposals are also located at this site!

**All positions are
posted at
www.karuk.us
first!**



People's Center News

Helene Rouvier, People's Center Coordinator

Yav peethivishasupah Happy Holidays

Ayukii Hello

I began work as your new People's Center Coordinator October 1st, and have been busy organizing records, cleaning the collections storage area, and managing the grants that fund Center activities. Now that I have my head somewhat above water, my first priority is to meet community members and to make the People's Center into something that works for you. So please feel free to contact me or stop by to chat. Or you can clip the following short questionnaire and send to me at: Helene Rouvier, P.O. Box 1016, Happy Camp, CA 96039. You may also email me at hrouvier@karuk.us



People's Center Community Feedback/Suggestions:

1. What programs and activities would you like to see at the People's Center?
2. Do you have ideas for exhibitions at the People's Center?
3. What needs to be improved at the People's Center?
4. What do you like at the People's Center?
5. How can the People's Center best serve all Karuk tribal communities?
6. Do you have ideas for improving the gift shop?
7. If you are interested in helping with the People's Center, please provide your name and the best way to contact you:



Several existing grants have tasks to complete. Documentation/consultation grant for NAGPRA is funding visits to museums for repatriation, testing of selected objects for contamination, and development of policies and procedures for returned items. Travel to southern California, San Francisco Bay Area, and possibly back east is expected to view collections before filing claims. These collections also include sacred items and those of cultural patrimony for Center collection and tribal use. (The wolfskin at the Phoebe Hearst Museum is one example.)

Continued from previous page...



The Museum Programming grant from IMLS funds classes and the semi annual basketweavers gatherings. With funding from this and other grants, I also plan to offer additional men's and women's culture classes. I am also looking into a separate IMLS museum services grant to cover the costs of cataloguing the collection, exhibit design and fabrication, and some new display cases. This grant could also provide training and equipment for such museum practices such as integrated pest management and climate control.

Karuk basketry is also supported by a Folk and Traditional Arts grant from the National Endowment for the Arts. This budget also directly funds the basket classes and gatherings.

Historic Preservation Grant allowed the Tribe to start the process of nominating Tishannik to the National Register of Historic Places. While most of the data and report have been completed, I reviewing and revisiting to make the case as strong as possible. We may want to nominate

for both its historical value, but also as a "traditional cultural property."

Of course, I am looking at several other grants to fund operations and salaries here at the People's Center. Of particular interest (and my tenure with the Wiyot Tribe) is the development of a Tribal Historic Preservation Office. This provides ongoing non competitive funding, but most important a strong tribal voice in any development that may affect cultural resources. Other grants support Karuk artists and community education.

Together with growing the "museum" in the People's Center, I would like to build a thorough reference library for Karuk research. This will include contemporary as well as historical books, tapes, etc. Materials could also be available for loan to Orleans and Yreka. Although space and funding will need to be addressed, these challenges can be resolved. Again, any and all suggestions are welcome. Notable recent publication (soon to be available at the gift shop) is "Medicine Trails: A Life in Many Worlds" by Mavis McCovey and John F. Salter.

Finally, the gift shop will soon host an on line store. We also seek to support and showcase (and sell) Karuk art. I encourage any artists to stop by and talk with Center staff.

Karuk People's Center and Museum



Language and History on the River

Ruth Rouvier, Language Coordinator

Karuk Voices

Elders, don't be surprised if a teenager comes up to you with video camera in hand and asks for an interview!



Travis Ward counts down before an interview

attended the first training in Happy Camp on November 1st. They learned about planning and conducting interviews, and practiced recording with a variety of video cameras and microphones.



Reuben Whiting is interviewed by his teammates

Over the next few months these young men and women will meet with elders and record their stories and memories, and then present their work at a Film Festival in the spring. In addition to critical financial support from Karuk Tribal TERO, and a generous equipment donation from College of the Siskiyous,



Eli Hensher-Aubrey practices filming in bright light

the project is being supported by parents as well as staff and volunteers from the Orleans and Happy Camp Computer Centers, the Naa Vura Yeeshiip program, Behavioral Health and Tribal Court.

The Karuk Voices youth filmmakers are also getting some help with this project from the Karuk Language Documentation participants, especially apprentices Crystal Richardson and Florraine Super. Crystal is sharing her knowledge of working with elders and creating documentary films that reflect a Native perspective, and Florraine is working with the Yreka youth to help them plan their interviews

and then supporting them as they edit their footage into finished films.

Language Documentation

Now in its second year, the Master-Apprentice Language Documentation project has fourteen participants in seven teams, with the newest team living outside of Portland! The participants have progressed tremendously since the project started. Apprentices have mastered a variety of recording devices



Trainer Laura Grant looks on as participants review their footage

and videography skills, and are now valiantly diving in to the confusing world of video editing. Masters and apprentices together have planned and produced a number of language videos, ranging from short demonstrations – “How to Peel a Banana” – to much longer pieces on gathering kishvuuf or willow sticks, and other traditional activities. They have also made audio recordings that Susan Gehr will soon begin adding to the Karuk Online Dictionary, which can be found at dictionary.karuk.org. Participants are becoming more comfortable speaking Karuk with each other, and I can count on hearing Karuk conversation at our gatherings, whether they be trainings, Speakers' Circles, meetings or language classes.



Master speakers Lucille Albers and Vina Smith chat in Karuk with Chairman Arch Super

Trainer Kate Hedges helps Florraine Super with her video project



Working Together

The Language Program is working with other tribal and community programs to bring language opportunities to a wider audience. Currently, we are working with the



Quarterly Staffing Update

Sara Spence, Human Resources Manager

This update covers August through November.

Keri Kerr resigned from her position as Yreka Dental Receptionist on 9/18; that position was assumed by Gina Allen on 9/10.

Alana Brown will be transferring into to the position of Medical Assistant at the Yreka Clinic; Rel Bailey was hired on 10/30 to fill the Yreka Medical Receptionist vacancy created by this transfer.

Helene Rouvier was hired on 10/1 as the People's Center Coordinator...this position has been vacant for quite sometime and we look forward to her contributions to the Center.

Robert Super was hired back on 10/3 as a part time Social Services Transporter. This is a new position added to the budget.

Roxanne Strangfeld was hired on 10/5 as the Youth Coordinator/Case Manager for the Tribal Court Program. This is a new position in that department which is grant funded.

Drew Difuntorum was hired on 10/8 to work

as a Roads Maintenance Worker with the Land and Transportation Department; we continue to recruit for the Lead Roads Maintenance Worker position.

Richard Schoen, DDS was hired on 10/15 as a Dentist in the Yreka Clinic. He is a new addition to the Dental team in that Clinic.

Yukon Sakota was hired on 10/20 as the Part Time Sales Clerk in the People's Center Gift Shop, she will work with the existing clerk, Chris Denton, in that shop.

Emilio Tripp was hired on 10/23 as the Education Program Coordinator; he worked part-time along with Pihneftuuf Elston until he assumes his role full time at the end of November.

Fabian Alvarado was hired on 10/27 as the Orleans Family Nurse Practitioner. He will be slowly assuming the role which will be vacated by Dr. Michael Willett in that clinic. Keep your eye out for a full write up on Fabian.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!

Continued from previous page...

Naa Vura Yeeshiip, Head Start and Education Programs and the Circles of Care to support language and cultural opportunities for Tribal youth. Future plans include integrating the Karuk language into diabetes prevention and awareness, working with natural resource experts to improve and expand the Online Dictionary, developing a language assessment for Karuk language teachers, and coordinating with the People's Center for conservation of language recordings and presentation of these materials in People's Center exhibits.

Language Classes in Happy Camp:

Karuk People's Center
Wednesdays at 4:00 to 5:30 pm

Language Classes in Yreka:

Yreka Tribal Housing Office
Tuesdays at 6:00 to - 8:00 pm



Department of Natural Resources Environmental Education Program

by Jeanette Quinn, Environmental Education Coordinator



Fish Biology & Water Quality Experiments. Orleans Elementary School 6th-8th graders took a field trip to the mouth of Camp Creek on September 17, 2009. Jillienne Bishop, Mid Klamath Watershed Council (MKWC) Education

Coordinator, organized the habitat restoration activity. I provided waders and boots for the students to work in the creek. MKWC personnel Charles Wickman and Will



Harling, along with AmeriCorps volunteer Emily Davis, worked with students to enhance the creek mouth habitat for



salmonids returning to spawn. Students built wing dams with rocks



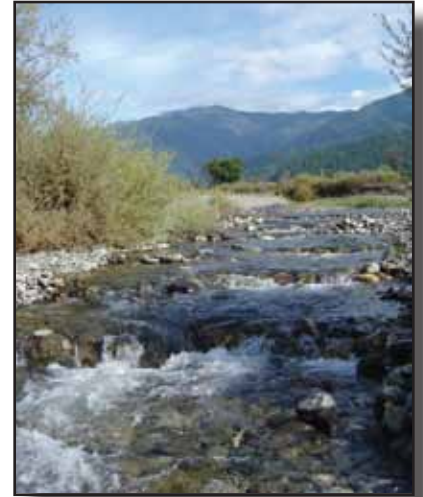
from the creek to raise the water level and planted willow cuttings to provide shade in the future.

On October 7, 2009 Jillienne Bishop and I chaperoned Orleans Elementary 6th and 8th graders



at the Fall Salmon Survey Training at Oak Bottom River Access on the Salmon River. Students learned data collection protocols and fish identification, as well as tried on gear for future surveys.

Orleans 6th and 8th grade students did salmon surveys on lower Camp Creek from the hatchery to the mouth of the creek. Jillienne Bishop and I led students on the surveys. We surveyed on October 21, 28, and November 4. It was exciting to see fish making redds near the mouth of Camp Creek where students had built wing dams to enhance the habitat. Good work, Orleans 6th-8th graders—thanks for putting environmental stewardship into practice!



Happy Camp students attended a Fall Salmon Survey Training on October 16 at the Forest Service office and the mouth of Indian



Creek. Sixteen high school and elementary students attended the training to learn data collection protocols and fish identification, as well as try on gear for future



surveys. Happy Camp High School students surveyed on October 23 and Happy Camp Elementary students surveyed on November 6. Students surveyed a quarter mile stretch of Indian Creek. Alan



Crockett, Forest Service, Crystal Castle and Danielle Murphy, AmeriCorps volunteers, assisted us by leading the surveys.



Native Plants/ Ethnobotany Studies/Noxious Weeds. I have been working with Ramona Taylor, Department of Natural Resources, and Nancy Bailey, MKWC, to improve the Native Plant Demonstration Garden (also known as the Daryl "Day Pay" Memorial Park) in Orleans.

Purposes of the Garden are to 1) increase awareness about traditional, ecological management practices (including use of fire), 2) increase awareness about traditional and current native plant uses, 3) promote collaboration, community involvement and research, and 4) provide a friendly

and restful environment for visitors.

One of the improvements in the Garden is more native plants. On November 3 Nancy Bailey and I coordinated a work party in the Garden. Volunteers from MKWC and the community planted about 20 species of native plants, including some new to the Garden, such as bear grass. We also started an experiment: propagating cuttings from prince's pine, a native plant with medicinal value. We hope to see some well-rooted prince's pine in the spring time!

Other Projects. My son, Casey, has been collecting insect "pets" and wanted to share them with his friends at pre-school. Since we had learned so much about the crickets and katydids we caught and kept in a "cricket house" (plastic box with vented lid), I had plenty of



information to teach a lesson on crickets and katydids at Orleans Headstart on October 20. Although they can be pests inside your house if they find things to chew on, they help the environment by eating decaying plant material. Another interesting fact is that they chirp by rubbing their wings together and their chirping is often dependent on the temperature.

For more information about the Environmental Education Program, e-mail Jeanette Quinn at jquinn@karuk.us, or call 530-627-3446.

Newsmagazine Article Submissions

If you have news, articles or events you would like placed in this newsmagazine, please submit your information to Sara Spence, News Articles, PO Box 1016, Happy Camp, CA 96039. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be accepted, however you may request that your name not be published or appear in the newsmagazine.

Article deadlines are: **February 15, 2010** for the winter issue, May 15, 2010 for the spring issue and August 15, 2010 for the summer issue.

June 6, 1959

Happy 50th Anniversary

Ben
& Helen
Attebery!

Ben and Helen
Attebery were
married at Angenet's
Rose Garden which
was next to Siskiyou
Market in 1959 (now
Evans Mercantile).

They celebrated their 50th
Wedding Anniversary
quietly at home with
an intimate dinner of
Shrimp & Lobster.

2009

Senior Center Program News and Events

Babbie Peterson, Senior Center Director

Quilters Fundraising Event With Cycle Oregon

We were very fortunate to have community volunteers help us at the Cycle Oregon Event – they were Kristen King, Anna Myers, Dillon Myers, Kenny Peugh, Dwayne Peterson, Tom



Volunteer Kristen King



Volunteer Anna Myers

Martha McLaughlin, Lorna Mathews, Jeanerette Jacups-Johnny, Erma Marshal, Nancy Simmons, René Stauffer, Bettessue Peugh, JoAnne Rosenbach, and Babbie Peterson.



Volunteers René Stauffer & Nancy Simmons

We are thankful for all the help at other fund raising events by the rest of our quilters. This has been a great experience working with the 'Green Team' at the Cycle Oregon event and learning about compostable cups, plates and eating utensils... an easy way to be earth friendly.

The quilting group that meets at the senior center

here in Orleans is working to get a long arm quilting machine that will be housed at Panamnik Center for the group to use. This is a volunteer activity that our Orleans Cook, JoAnne Rosenbach, has been doing for a number of years - opening up the center on one Saturday a month for people to come in to sew. We

also have volunteers in Willow Creek that open up the Willow Creek Family Resource Center once a month to sew. We have people from Happy Camp, Orleans, Weitchpec, Hoopa, and Willow Creek that come. They are mostly seniors - it is a fun group and I go when I can. The Orleans Volunteer Fire Department has let the group be umbrellaed under their non-profit so that we can write a grant to try to get funding to purchase the long arm quilting machine - which cost about \$10,000. To date, we have banked \$2,399.75 with our fiscal agent (the Orleans Fire Department) with money we have earned from the Cycle Oregon event and our own donations and fund raising.

Twice a year our group has a quilting retreat that starts on a Friday evening and goes until Sunday afternoon - with fabric vendors on site. Our next one is in February at Orleans. For more information on any of these activities, call Babbie at 530-627-3056.



New Years Eve Senior Ball!

The Senior Center Program is planning a New Years Eve Senior Ball. This gala event is being put on in coordination with the Happy Camp Family Resource Center with funding from the Mental Health Services Act, the Modoc-Siskiyou Community Action Agency, the Area Agency on Aging PSA-2, and The Older American's Act Title VI. This event will be held at the Karuk Community Room in Happy Camp (the gym) – more information will be available closer to the date. We hope seniors will come for dinner and dancing to 'Senior Era' music this New Years Eve in Happy Camp.

This is a drug and alcohol free event.

Happy New Year!

Karuk Head Start News

Page 20

Karuk Tribal Newsmagazine - Fall 2009

www.karuk.us

The air is crisp and the colors of fall are beginning to show signs of the coming winter. Time sure flies when you are filling it with daily responsibilities of our own families, home, and work.

The Karuk Head Start is off to a busy and productive year largely because of the hard work, efforts, and commitment of our staff. The teachers have been focusing on fine and gross motor skills, friendship, spatial awareness, as well as creative fall themed activities. Health, Safety, and Nutrition are a daily part of each center discussions. Happy Camp children enjoyed a "magical" experience with pumpkin seeds, a "magical bird" and a "magic chant" for pumpkins to appear-and they did! The Yreka children visited the pumpkin patch, Greenhorn Park, Meadowlark, and Adult Day Care.



Both centers have completed the required screenings (hearing, vision, dental) and assessments for each child. Home visits have been completed as well. Parent conferences are being held in Yreka currently and Happy Camp the first of December.

Culture and language is part of the daily activities for both centers. The children are learning new words and songs every day. Sonny Davis came to the Happy Camp center to practice language with the children and David Arwood visited and shared his drumming. They also ate Acorn soup, made by Jimmie Goodwin. Vina and Florrine visited the children and shared language and Franklin Thom is visiting once a week to provide language, sing, and drum. The children are enjoying it and are recognizing some of the Karuk language being used. Tamara shared regalia and basket weaving with the children in Yreka. I am impressed with the dedication of both center staff to incorporate culture in fun and meaningful ways. We welcome anyone who wishes to share Karuk culture with our children. Just call the center

to make arrangements with the teachers, Tia, Marlene, and Nichole.



Parent involvement continues to be successful this year. The teachers plan fun and inviting activities for the families to enjoy

their time with their child as well as listening to the needs of the family. Happy Camp had a family day at River Park, and a budget workshop provided by Eddie Davenport. Yreka is having a 4 part series on positive discipline. We will be providing additional information on the upcoming workshops and activities as soon as they are scheduled.

Bea Fisher, our local specialist, provided Program Governance, time management, and team work training in October for our staff. This was valuable information and an opportunity to understand our roles and responsibilities to the program. Sarah Abono-Vice Chair was also in attendance.

Both centers recently voted in new Policy Council members for the 2009/2010 school year. Two representatives from each class and one alternate will be providing input to many aspects of the program operations. Welcome letters will be sent out this week. We wish to thank Marsha Jackson-Chair, Sarah Abono-Vice Chair, Austin Titus-Secretary, Byron McLane-Yreka Community member for their dedication in supporting the grant opportunities and program decisions for quality improvements. We will be having our first meeting in Yreka in December.



We held our first Health Advisory Board meeting with Donna, Karen Daniels (Tribal Health), Patty Leal (Siskiyou Public Health) and myself to identify and discuss the needs of the children and families in our program. Many ideas were shared about how to meet compliance issues as well as provide practical solutions for service to the program. This was a successful beginning and we are looking forward to future collaborations with Tribal Health.

Continued from previous page...

The Director, Patty, has been busy planning for the many funded grant opportunities Karuk Head Start received this fall. The Quality Improvement grant funds will be used to upgrade the children's bathroom in Happy Camp to meet ADA requirements and fund post baccalaureate courses for the staff. The one time Permanent Base Funding grant will be used to hire a bus monitor/aide for the Happy Camp center, and expand the program from a four day program to a five day program. The extra day will be for four year old children with a pre-k school readiness focus. This will begin on January 4, 2010. The One Time Program Improvement grant funds will be used to purchase a new bus for the Yreka center as well as remodel the old housing building with the addition of a big new playground.



The Director also attended the State Tribal Work Group held in Sacramento in September as an alternate for Dion Wood. The meeting is to support the process of collaboration and equal opportunities for Tribes with the State of California Early Childhood Division. Additionally, the director was a presenter at the State of California Resource and Referral agency retreat this past October with Dion Wood, Regina Weston (SCCC), and Ann Bonnitto (CHIRB). Successful collaborations with other agencies were the focus of the workshop and well received by those in attendance.

The Director recently attended a meeting in Orleans with Dion Wood to discuss the issues and concerns of community members in regard to the lack of childcare. There was a lot of discussion on the needs and potential solutions.

The Head Start program and TANF program will be collaborating to provide TANF clients with opportunities and activities to support their

commitments and learning experience.

Our program remains at full enrollment, but are continuing to accept applications as we are mandated to stay at full enrollment at all times. The staff has done a great job of filling those spots when families move.

We are still looking to hire a bus driver for the Happy Camp center. Please contact Sara Spence for more information.



Happy Birthday Cháas!

Cháas Supahan T. Linwood turned 4 on August 15th and he wants everyone to know!
Happy Birthday!



Photography and Design by Nisha Supahan



Quinntin Alexander Kirchoff

Born: 10-31-09

Weight: 9lbs

Length: 21 inches

Proud Parents: Jenni-Rose Nelson and Tommy Kirchoff

Grandparents: Aaron Nelson and Wendy Comingdeer--Tom and Penny Kirchoff

Alieciah Rochelle Donahue

Born: 9-9-09

Weight: 8 pounds 15 ounces

Length: 21 inches long

Parents: Asa Donahue and Janelle Reed of Yreka

Paternal Grandfather: Dennis Donahue, Sr. of Somesbar

Paternal Grandmother: Angela Rose of Yreka

Maternal Grandparents: Ron and Robyn Reed of Somesbar



Tasia Violet Linwood

Nisha Supahan and Toby Linwood would like to announce the birth of their daughter Tasia Violet Linwood who is from the Karuk and Okanogan Tribes. "Violet" is after her Great Great Great Aunt Violet Super.

Tasia's Great- Grandmother is Jeanerette Jacobs Johnny and her Grandfather is Terry Supahan.

Photography and Design by Nisha Supahan

Naomi Nicole McAllister



Born: Onalaska, WA

Weight: 6lbs. 10oz.

Length: 19 1/2"

Father: Crispin King McAllister

Mother: Ashley Nicole McAllister

Paternal Grandparents: Jeff and Shirley McAllister

Naomi is in a baby basket weaved by her Great-Great Grandmother Grace Davis.

Keira Brianna Black



Parents: Ben and Katlin Black

Born: July 15th 2009

Weight: 6lbs 15 oz

Length: 19 1/2"

Paternal Grandparents: Floyd and Linda Black of Oroville, CA. and Debbie O'Dell of Chico, CA

Maternal Grandmother: Marie Black of Happy Camp

Happy Camp Community Computer Center Director Moves On



Rosie Bley

It is with a mixture of happiness and sadness that I have resigned as director of the Happy Camp Community Computer and Distance Learning Center after five years. I resigned to spend more time with my family, especially with my son Andrew, who is a high school senior and will be moving away to college when he graduates in June. I also wish to rebuild my home-based desktop publishing business, and to pursue my interest in becoming a more dedicated Christ follower.

I began as director of the computer center in 2004. The Computer Center's success during my tenure was mainly due to a committed and professional team of employees; partners Happy Camp High School, Siskiyou Union High School District, the Karuk Tribe, the KCDC, and College of the Siskiyous; and past and current funders California Consumer Protection Foundation, California Wellness Foundation, Learn & Serve America and the Administration for Native Americans.

What makes a truly exceptional organization are dedicated people. These include KCDC CFO Jim Berry; the Center's IT professional Kelly Worcester, (who hand-built all existing HCCCC Window's desktop machines and keeps the computers and network running); Chris Kleemen, the Tribe's IT professional, who has always been central to the Center's success; current acting director Emma Lee Johnson;



Above: Happy Camp Computer Center in 2004



2006 - Kelly Worcester and volunteer Andrew Bley assemble all custom built desktop computers for the Center as Mercedes Worcester & Jim Burcell look on.

our College of the Siskiyous evening proctor, Bob Kupaa Smith; former employees Jeanette Quinn, Gerry Canning, and Jim Burcell, AND the incomparable grantwriting skills, professional assistance and training by KCDC founding Executive Director and brainchild of the computer center,

Rosie Bley, Former Center Director



Suzanne Burcell, teaching a small business class at the Happy Camp Computer Center

Karuk Tribal Member Suzanne M. Burcell.

Also, as director I was very aware of how the Karuk Tribe went above and beyond to include all non-Native American community members along the river in grant funded services targeted for Tribal members and descendants.

The Happy Camp Community Computer Center continues to flourish in the capable hands of current staff. This is evident in the direction Emma Lee Johnson is taking the center by adding new partnerships with Siskiyou Training and Employment Program (STEP), Siskiyou Workforce Development Department, Karuk Tribal TANF, Yreka Adult



Above: Happy Camp Computer Center in 2009



Emma Lee Johnson

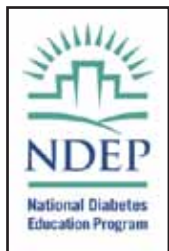
School who has a new addendum site located across the parking lot from the Center at Jefferson High, a renewed partnership with College of the Siskiyous and a new grant from the Administration for Native Americans for workforce development training (see pages 10 and 11).

I will continue to produce the Karuk Tribal Newsmagazine as long as the Tribe wishes me to. Also, I can sincerely say that working on this newsmagazine is one of the highlights of my career and I appreciate the opportunity to be a part of this labor of love.

Thank you to everyone who supported me in my role as center director. The Happy Camp Community Computer and Distance Learning Center is a vital resource to the community and I am confident it will develop into a model and innovative learning facility recognized by educators throughout the country.

Below: Happy Camp Computer Center in 2009





America's Seventh Leading Cause of Death

By the National Diabetes Education Program
Submitted by Vicki Simmons

The Facts About Diabetes



What is diabetes?

Diabetes is a group of diseases marked by high levels of blood glucose resulting from defects in insulin production, insulin action, or both. Diabetes can lead to serious complications and premature death, but people with diabetes can take steps to manage the disease and lower the risk of complications.

How many Americans have diabetes and pre-diabetes?*

- 23.6 million Americans have diabetes — 7.8 percent of the U.S. population. Of these, 5.7 million do not know they have the disease.
- Each year, about 1.6 million people ages 20 or older are diagnosed with diabetes.
- The number of people diagnosed with diabetes has risen from 1.5 million in 1958 to 17.9 million in 2007, an increase of epidemic proportions.
- It is estimated that 57 million adults aged 20 and older have pre-diabetes. Pre-diabetes is a condition where blood glucose levels are higher than normal but not high enough to be called diabetes. Studies have shown that by losing weight and increasing physical activity people can prevent or delay pre-diabetes from progressing to diabetes.

What is the prevalence of diabetes by type?

- Type 1 (previously called insulin-dependent or juvenile-onset) diabetes accounts for 5 to 10 percent of all diagnosed cases of diabetes.
- Type 2 (previously called non-insulin-dependent or adult-onset) diabetes accounts for 90 to 95 percent of all diagnosed cases of diabetes. Type 2 diabetes is increasingly being diagnosed in children and adolescents

What is the prevalence of diabetes by race/ethnicity?*

Non-Hispanic Whites

- 14.9 million; 9.8 percent of all non-Hispanic whites aged 20 and older have diagnosed and undiagnosed diabetes

African Americans

- 3.7 million; 14.7 percent of all non-Hispanic blacks

aged 20 and older have diagnosed and undiagnosed diabetes.

- Non-Hispanic blacks are about 1.8 times more likely to have diabetes as non-Hispanic whites aged 20 and older.

Hispanics/Latinos

- 10.4 percent of Hispanics/Latinos ages 20 or older have diagnosed diabetes.
- Among Hispanics/Latinos, diabetes prevalence rates are 8.2 percent for Cubans, 11.9 percent for Mexican Americans, and 12.6 percent for Puerto Ricans.

American Indians and Alaska Natives

- About 16.5 percent of American Indians and Alaska Natives aged 20 years and older who are served by the Indian Health Service have diagnosed diabetes.
- Diabetes rates vary -- among Alaska Native adults (6.0%) to American Indians in southern Arizona (29.3%).

Asian Americans and Pacific Islanders

- The rate of diagnosed diabetes in Asian Americans is 7.5 percent. However, prevalence data for diabetes among Pacific Islanders is limited.

How many deaths are linked to diabetes?*

- Diabetes is the seventh leading cause of death listed on U.S. death certificates.
- Cardiovascular disease is the leading cause of death among people with diabetes — about 68 percent die of heart disease or stroke.
- The overall risk for death among people with diabetes is about double that of people without diabetes.

Treating Diabetes*

- Diabetes can lead to serious complications, such as blindness, kidney damage, cardiovascular disease, and lower-limb amputations, but people with diabetes can lower the occurrence of these and other diabetes complications by controlling blood glucose, blood pressure, and blood lipids.
- Many people with type 2 diabetes can manage their blood glucose by following a healthy meal plan and exercise program, losing excess weight, and taking oral medication. Some people with type 2 diabetes may also need insulin to manage their blood glucose.

Contract Health Services (CHS)

(530) 493-1600 Ext. 2156, 2151, 2155

IHS Contract Health Services (CHS) is Not an Entitlement Program and Not Everyone is Eligible!

CHS Eligibility Requirements:

1. Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

IHS/CHS coverage is for emergent, life-threatening situations only! Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

Referral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. **A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE.** A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

Alternate Resource:

CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

Pregnant/Prenatal Care:

According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.

Nobody Said You Had to LIKE it!

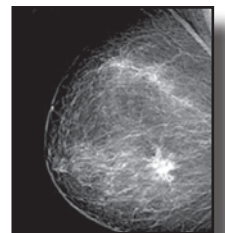
Vickie Simmons, GPRA Coordinator

Okay ladies, it's time to talk about paps and mammos. Nobody said you were going to like them, but they are necessary. The Indian Health Service's recommended minimum testing for women ages 21 to 64 years is to have one Pap screen every three years. Your health care provider may ask that you come in more frequently depending on your risk factor. Getting a regular Pap test may save your life. It can find early signs of cervical cancer. Caught early, the chance of a cure is high.

Mammography screenings are recommended for women 50 through 64 years of age every two years. Some women with a family history of breast cancer or

with a history of abnormal screening results may need mammograms at an earlier age. Your doctor would be able to help you with that decision. A mammogram plus a clinical breast exam are the best methods for detecting early breast cancer.

These tests can often be very unpopular and dreaded. But, the woman who performed my mammo this week said that she loves coming to work everyday, because she helps save lives. Make her day and make an appointment! It will be doing something good for you and your family.



looking back is where it's at!

Babies should use a rear-facing car seat until they are too heavy or too tall for their seat - at least 1 year old and 10 kg (22 lb) and walking on their own. It is safe if the child's knees are bent. Some seats can be used rear-facing until a child is 16 kg (35 lb).

Child Passenger Safety

Your child is important to us!

Kristen King, Community Health Representative in Orleans, and Karen Daniels, RN in Happy Camp, recently attended the National Child Passenger Safety Certification Training in Sacramento. They have successfully passed the course and are Certified Car Seat Technicians. Clarence Barger, Community Health Representative in Yreka, took his recertification class in Livermore and is also a Certified Car Seat Technician. What this means to our communities is that each of our major service areas has a person that can assist parents or other caregivers to safely install car seats and boosters in their vehicles.

The current recommendations are for you to keep your child in a rear-facing car convertible car seat to the maximum rear-facing weight limit on your particular car seat. California Vehicle Restraint Laws require each child in the vehicle to be properly restrained in a Child Passenger Restraint System in the back seat until at least 6 years of age or under 60 pounds. The National Highway Traffic

Safety Administration recommends that children 12 and under should ride in the back seat properly restrained for age, height, and weight.

The Karuk Tribe through the Outreach Department has a limited number of car seats and booster seats available for those Tribal persons who may not have one for their child.



Maclaren USA Recalls to Repair Strollers Following Fingertip Amputations

Firm's Recall Hotline: (877) 688-2326

CPSC Recall Hotline: (800) 638-2772

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, today announced a voluntary recall of the following consumer product. Consumers should stop using recalled products immediately unless otherwise instructed.

Description: This recall involves all Maclaren single and double umbrella strollers. The word "Maclaren" is printed on the stroller. The affected models included Volo, Triumph, Quest Sport, Quest Mod, Techno XT, TechnoXLR, Twin Triumph, Twin Techno and Easy Traveller.

Distributor: Maclaren USA, Inc., of South Norwalk, Conn.

Hazard: The stroller's hinge mechanism poses a fingertip amputation and laceration hazard to the child when the consumer is unfolding/opening the stroller.

Incidents/Injuries: The firm has received 15 reports of children placing their finger in the stroller's hinge mechanism, resulting in 12 reports of fingertip amputations in the United States.

Sold at: Babies"R"Us, Target and other juvenile product and mass merchandise retailers nationwide from 1999 through November 2009 for between \$100 and \$360. Manufactured in: China

Remedy: Consumers should immediately stop using these recalled strollers and contact Maclaren USA to receive a free repair kit.

Consumer Contact: For additional information, contact Maclaren USA toll-free at (877) 688-2326 between 8 a.m. and 5 p.m. ET Monday through Friday or visit the firm's Web site at www.maclaren.us/recall

To see this recall on CPSC's web site, including pictures of the recalled product, please go to:
<http://www.cpsc.gov/cpscpub/prerel/prhtml10/10033.html>





Karuk Tribe

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96039

Let us know if you've changed your Address!

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number so we may be able to continue sending Tribal news and other correspondence



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Fall, 2009

Arch Super, 2007-2011
Chairman

Leaf Hillman, 2006-2010
Vice-Chairman

Florrine Super, 2007-2011
Secretary

Leeon Hillman, 2006-2010
Treasurer

Florence Conrad, 2007-2011
Member at Large, Orleans

Alvis Johnson, 2008-2012
Member at Large, Happy Camp

Wilverna Reece, 2008-2012
Member at Large, Happy Camp

Charron "Sonny" Davis, 2009-2013
Member at Large, Yreka

Roy Arwood, 2009-2010
Interim Member at Large

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Desktop Publishing:

Rosie Bley

Editor:

Sara Spence

Written By:

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